

# LAKE GRACE LINK NEWS

Produced at the  
LAKE GRACE COMMUNITY RESOURCE CENTRE  
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## Creativity Takes Courage

Suzanne Reeves



**Above: The Over 55s Artists working on their abstract art (LtoR): Cheryl Chappell, Jean Seaman, Kerrie Argent, Peter Lane, Margaret Clarke, Irene McGlinn and Joyce Gilson.**

There's a dedicated group of artists who are extending their creative skills every second Tuesday at the Village. Instructor, Kerrie Argent, continues to encourage her pupils to try new things as she meanders them through a whole range of artistic mediums such as pencil drawing, painting, stenciling, and things I've never even heard of.

Creativity is a form of putting your expression and opinion into your medium of choice, whether it be painting, writing or fashion, to name just a few; this in turn can open you up to public opinion which can be intimidating. The therapeutic side effects of creativity is amazing, while you're thinking about what colour to use you're not worrying about everything else in your life.

It's wonderful to see this art initiative still happening; the CRC financed the initial start-up in early 2022 because of concern that very few of the seniors activities had restarted after COVID. Anything related to the health department such as Stay On Your Feet were simply a no go. Leanne Young who was working at the CRC managed the programme at the time; once the COVID restrictions fell away on other activities Leanne kept the initiative going as a volunteer.

When Leanne moved away from Lake Grace it was wonderful that Kerrie Argent stepped up to take the role on; volunteering her precious time to encourage more people to enjoy one of her favourite activities..ART.

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# LAKES LINK NEWS

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Colour Full Page	\$200	\$165	\$165	\$150
Colour Half Page	\$120	\$90	\$90	\$80

*Conditions do apply.*

### CRC Opening Hours


9am - 5pm  
 Closed from midday to 1pm for lunch when short staffed.

## Deadlines and Editions

All articles, news and advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

**Next Deadline**  
 Monday 24th March

**Next Edition**  
 Thursday 27th March



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.  
 Thank you also to our many contributors of articles.

Lee Duckworth

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- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

**260 copies circulated each fortnight**

# Editorial

- A big thank you to Danielle, a Financial Information Services officer from Services Australia who presented at the Lake Grace CRC. The session was incredibly informative and plenty of food for thought for those present. The mobile service centre was incredibly busy throughout the day. This is a perfect opportunity to chat with an officer from Services Australia face-to-face and get all of those questions answered. If you missed this opportunity drop into the CRC and we can find out where they're going to be next.
- The CRC secured funding to screen 'Just A Farmer', a huge thankyou to the Shire for supporting us with this by providing the hardware for the screening and the technological backup. *"Just A Farmer" is a compelling drama that authentically portrays the impact of suicide on a rural Australian family, shedding light on critical mental health issues in farming communities.* Screening will be held at Walker's Hill Vineyard on Friday 28th March. Pizzas will be available for purchase from 5pm with the movie starting at 7:30pm. The movie is rated M so not suitable for children under 15 years of age.
- For anyone who was thinking of attending the next Harvest Festival committee meeting, the date has changed. We will be getting together again on Wednesday 19th March at 6pm in the dining room of the Lake Grace Hotel. This opens it up for anyone who can't make it during the day. If you would like to be involved then please come along, the more the merrier.
- Thank you to those who have supported this week's Auschem workshop. We won't be having another of these this year unless we have a huge amount of interest shown.
- We have had to put our Forklift workshop back as we were unable to secure a venue for the practical. This should go ahead in June. Please let us know if you would like to take part in this workshop as we only have one space left.
- Lego is going strong and Evelyn is currently working in partnership with the Shire to host Rhyme Time / Story Time - this will start on the 20th March. There's more information about this on page 8.
- Strap those walking shoes on as we're getting going. The Heart Foundation Walking Group will start on Wednesday 26th March, see page 9 for more information.
- Crochet is going strong with plenty at the CRC on a Friday morning to take part. The presentation of blankets will be held on Friday 11th April with Bill and Alison Culbertson from Wheelchairs for Kids coming to Lake Grace to have a chat about the charity and pick up the blankets that have been created. Everyone is welcome to come to this presentation and hear what great works they have done, this will be followed by a morning tea .
- Our Staying in Place programme is going strong and we're always on the lookout for more workers; we're currently looking for another cleaner and a nurse for occasional work. If you would like to know more about this then please drop into the CRC and have a chat with Tracey.
- Did you lose an earring while voting? It's a gold hoop with a pearl drop. Pop into the CRC and collect if this is yours.

Suzanne Reeves

## FREE Showerhead Swap

Join the thousands of WA households who have already made the swap.

Switching to water efficient showerheads could save you up to 20,000L of water each year. With our free showerhead swap programme, you can exchange up to two of your old, inefficient showerheads for new WELS 4-star rated models.



## Crochet Workshops

From 10am to midday, every Friday.

Lake Grace Community Resource Centre

Learners welcome, some hooks available for purchase with a small range of wool to practise on.

Work on Wheelchairs for Kids blankets or your own project

Call 9865 1470 if you have any queries. If you prefer to work on your own project that is okay. Everyone welcome.

## Apology

*We must apologise for the wording of an insert last fortnight. It should have read:*

Our sincere sympathy to Lesley Duckworth and Michelle Dunham on the loss of their much loved sister, Debbie Scott who after a very brave battle passed away from MND.

## Happy Birthday



14th March	Belinda O'Neill
16th March	Taj Trevenen
17th March	Kate Bairstow
18th March	Greg Pinney
	Tayah Medlen
19th March	Payton Callope
	Zoe Argent
20th March	Kevin Eggers
21st March	Don Fleay
	Mia Gooch
	Lucas de Vree
22nd March	Kelsea Roukens (10)
	Ella Gooding
23rd March	Caryn Kirk
	Courtney Withnell
	Cody Earnshaw
24th March	Isaac Withnell (10)
25th March	Theresa Naisbitt
26th March	Grant Marshall
27th March	Mark Newton
	Cameron Bushby
	Peter Stoffberg

## Anniversaries



16th March	Jared and Tania Bray
19th March	Annie and Lindsay Slarke
24th March	Rita and Allan Marshall
25th March	Lynette and Allan Zweck
26th March	Annie and Ben Argent

24th March	Isaac Withnell (10)
25th March	Theresa Naisbitt
26th March	Grant Marshall
27th March	Mark Newton
	Cameron Bushby
	Peter Stoffberg

# Ballard Cleaning

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### Bookings by appointment

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**The difference between ordinary and extraordinary**

**is that little bit extra**

# Word From the Shed

Suzanne Reeves

It's a very convivial atmosphere in the Shed and the men have been busy making a multitude of A-frame signs as part of the 'Keep The Sheep' campaign.

They have constructed a large rack of shelves to hold their store of wood and are working on some bollards for the Harvest Festival.

Aside from fixing furniture they are taking on projects as they're brought in - variety is definitely the spice of life.

The Men's Shed are going to hold an open day within the next month; this will be held on a Saturday and Wheatbelt Men's Health will be in attendance. This is an ideal opportunity for anyone to have a look at the shed and have a chat with the members.

**Right: Looking like butter wouldn't melt in their mouths are Ollie Farrelly, Michael Naisbitt and Ross Murray.**



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## Katanning Vet Clinic



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A/H Emergencies: 0427 017 462

3/114 Clive Street

PO Box 841

Katanning WA 6317

[www.kojonupvethospital.com.au](http://www.kojonupvethospital.com.au)

[kvc@kojonupvethospital.com.au](mailto:kvc@kojonupvethospital.com.au)



## Lake Grace CRC is a Services Australia Access Point



Services Australia Customers are able to:

- Access a self service terminal for their MyGov account (Centrelink, Medicare, ATO)
- Print off documents
- Use the telephone / fax
- Access Internet

*All free of charge for Services Australia Business*

VAM PADDOCK PRODUCTIONS PRESENTS

# JUST A FARMER

LEILA  
MCDUGALL

JOEL  
JACKSON

ROBERT  
TAYLOR

**Friday 28th March  
Walker's Hill Vineyard**

**Pizza, tapas and popcorn available.  
Kitchen open from 5pm**

**Movie starts at 7:30pm**

**Funded by Black Dog Ride  
and Lake Grace CRC**

DIRECTED BY  
SIMON LYNDON

PRODUCED BY SEAN & LEILA MCDUGALL



# Just A Farmer

Suzanne Reeves

Written by and starring Leila McDougall, *Just A Farmer* takes a hard look at some of the most challenging issues facing rural farmers – issues that McDougall knows too well from her life on the land. In an interview with the ABC, McDougall pointed out that “there are a lot of movies about farming that don’t reflect us the way we are,” and that, “as well as presenting an authentic view to the public and highlighting increasingly complex challenges facing farmers, it’s also educating farmers that they need to take the time to take care of their mental health and look after their physical health as well.”

From the Victorian bushfire catastrophe of Black Saturday in 2009, disastrous floods 2010-2011 and some of the worst fires ever recorded during the SE coast inferno 2019-20, we are tragically familiar with extreme conditions that can devastate rural communities. But there are other statistics that we are generally not so familiar with, and that’s where McDougall’s film wants to draw our attention.

Suicide rates among farmers in Australia are up to 94% higher than non-farmers. On average, one farmer dies by suicide every 10 days. In a *National Farmer Wellbeing Report* last year, it revealed that causes of severe depression certainly include the crippling aftermath of disasters, but are compounded by isolation, a sense of being overlooked and undervalued by government and public at large and a culture of stoicism, the stigma of mental health issues and lack of support services.

McDougall believed a feature film would attract wider attention than the more obvious documentary form. Filming on the low budget feature took place predominantly at Leila McDougall and husband Sean’s farm at Tatyoon, a village in western Victoria.

In *Just a Farmer*, McDougall’s character, mother of two and farmer’s wife Alison, embodies many of the tragedies that the writer/actress wants people to talk about. Early in the story, husband Alec (Joel Jackson) hangs himself after years of silently bottling up depression.



Apart from her devastating bereavement, Alison has another challenge to deal with, her father-in-law Owen’s alcoholism. Owen (Robert Taylor) expresses how common it is for alcohol to become the go-to ‘remedy’ in the absence of support networks. He shows how the booze leads to spiraling problems of further isolation and denial, ill health, struggle to maintain already heavy work loads and obvious safety issues with livestock and machinery.


Waking in the early morning, grieving, depressed or not, a farmer is still required to care for livestock, and the film offers an authentic insight about how when one bit of machinery breaks down, it leads to a frightening unravelling of all the other costly and crucial components of a working farm.

Funding provided by Black Dog Ride has enabled the Lake Grace CRC to show this movie; thanks to the Shire of Lake Grace for providing the screen, projector and technical expertise.

The movie will be shown at Walkers Hill Vineyard on Friday 28th March; pizza and tapas will be available from 5pm. Please come along but do take on board that the movie has an M rating and is not suitable for children under 15 years of age.

## Peter Rundle MLA

Member for Roe



<p><b>Narrogin Office</b> Ph: 9881 1225 83 Federal Street Narrogin WA 6312</p> <p><b>Esperance Office</b> Ph: 9071 6555 107 Dempster Street Esperance WA 6450</p>	<p><b>DEPUTY LEADER OF THE NATIONALS WA</b></p> <p><a href="http://www.peterrundle.com.au" style="color: white;">www.peterrundle.com.au</a>   PeterRundleRoe                  E: <a href="mailto:peter.rundle@mp.wa.gov.au" style="color: white;">peter.rundle@mp.wa.gov.au</a></p>
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# Better Beginnings in Lake Grace

Evelyn Oatridge [www.better-beginnings.com.au](http://www.better-beginnings.com.au)

I am very pleased to announce that Rhyme Time and Story Time will be making their way back to Lake Grace. This is something that has been brought to our attention as something that parents have been missing within the community in the last couple of years. Lake Grace was lucky enough to have Maggie Prater run these activities previously but, all good things must come to an end.

## What is Better Beginnings?

The Better Beginnings program began in 2004 across six communities in Western Australia, with just over 1000 total families involved and reading packs were provided through libraries and Community Child Health Nurses. In 2010, free reading packs became available through local libraries to children starting formal schooling at ages 4-5. Acknowledging a gap between the baby and kindergarten groups, toddler packs were introduced in 2016 encouraging singing and reading with your child.

An independent evaluation of the initial pilot program by Edith Cowan University demonstrated the program's positive impact on the attitudes, behaviours and practices of parents around early literacy. Their longitudinal evaluation of the Better Beginnings program demonstrates that

Better Beginnings is having a significant positive impact on early reading practices, attitudes and beliefs across Western Australia.

The Lake Grace CRC are working with support from the Shire of Lake Grace and the Lake Grace District High School to provide these free Rhyme-time and Storytime sessions, we encouraged all parents and caregivers with children ages 0-5 to come along to these mornings and join in on the fun.

We look forward to seeing you all there!

## Local Containers for Change ID Numbers

Don't want to collect for yourself but want to give to a local organisation, then here's your chance.

**Lake Grace Golf Club - C10455139**

**Lake Grace DHS - C10364782**

**Lake Grace Sportsman's Club - C10379797**

**Lake Grace Lions Club - C10477141**

**R.F.D.S - C10336670**

**Lake Grace Comm. Men's Shed - C11555914**

## AUSKICK & D GRADE FOOTBALL 1ST TRAINING

**THURS 20TH MARCH 2025**

**AUSKICK 4 - 5 PM**

**D GRADE 4:30 - 5:30 PM**

**DON'T FORGET YOUR WATER BOTTLE**

**SAUSAGE SIZZLE  
TO FOLLOW 1ST TRAINING**



**LAKE GRACE-PINGRUP  
FOOTBALL CLUB**



**Rhyme Time and Storytime**

**Every Thursday**

**20th March-24th April**

**9:30am-10:30am**

Suitable for ages  
0-5

Lake Grace Library,  
Bishop St & School  
Pl, Lake Grace WA,  
6353

Contact Evelyn on [Staff01@lakegracecrc.net](mailto:Staff01@lakegracecrc.net) for  
more information



# Heart Foundation Walking Group

Tracey McGougan

The CRC are starting a walking group in Lake Grace! We are doing this in conjunction with the Heart Foundation and it is suitable for all ages.

There are many benefits to walking which are not only health ones. Walking is a good place to start if you want an exercise that is low impact and is social. It has been proven that some form of exercise is better than none.

Getting out into the fresh air and forming friendships has such a positive influence on your mental health. Come join us for a leisurely amble. We will start off with some laps around the oval and progress to wherever people want to go.

We could form into a 'walking bus', walking the streets of Lake Grace or we could feature the tourist trails that are already here such as the mosaic pathway, the tree trail or the Story Trail.

When: Thursday 27<sup>th</sup> March

Place: Meet at the Tennis courts (north side)

Time: 5:30pm

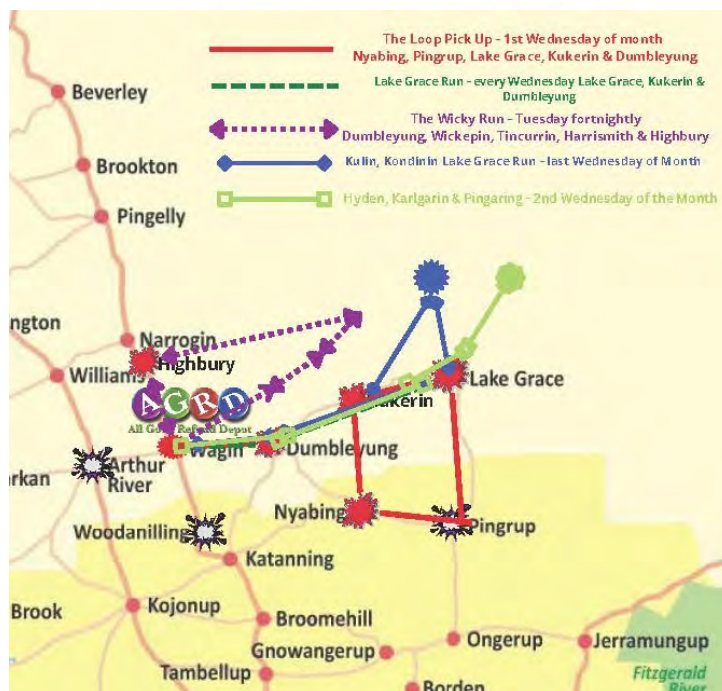
You can walk at your own pace and for however long you can. No restrictions.

Afterwards we will head over the road to the Sportsman's Club.

We will see you there.



All Good Refund Depot



We have regular pick ups from Lake Grace, Kukerin, Dumbleyung, Nyabing, Pingrup, Wickepin, Tincurrin, Harrismith, Highbury, Kulin, Hyden, Karlgarin and Pingaring.

Find out more about our drop points 0439 956 175.

Bulk pick ups can be arranged on farm anywhere along this route.

All Good Refund Depot is serious about stopping containers from going into landfill.

Pick ups from Lake Grace is **now weekly!** with check in stops at Kukerin and Dumbleyung.

Call us to find out more 0439 956 175 or email [allgoodbusiness@westnet.com.au](mailto:allgoodbusiness@westnet.com.au)

Proudly servicing Lake Grace and the extended lakes region since October 2020.

# Lake Grace Weather

Date	Min	Max	Rain
26/02	18.6	32.9	0
27/02	19.4	28.9	0
28/02	15.8	32.6	0
01/03	16.9	30.6	0
02/03	13.5	36.9	0
03/03	18.9	37.8	0
04/03	15.8	26.3	0
05/03	11.1	29.4	0
06/03	16.0	35.8	0
07/03	22.6	40.2	0
08/03	18.3	29.6	0
09/03	14.9	26.1	0
10/03	15.0	27.2	0
11/03	15.4	33.7	0

## Defibrillator Locations in Lake Grace

- **Liberty Roadhouse** - cnr Stubbs St/South Rd  
publicly accessible AED  
Open 7 days 6:00am - 8:00pm
- **IGA - Lake Grace Plaza** - Stubbs St  
publicly accessible AED  
Open 7 days 6am-7:45am 8:30am-5:30pm
- **St John Ambulance sub centre** - Stubbs St  
(accessible 24 hours a day)
- **Sporting Pavilion**  
publicly accessible AED when pavilion is in use
- **Lake Grace Police Station** - Stubbs St  
(accessible 24 hours a day)
- **Lake Grace Men's Shed** - Bennett St.  
(accessible 24 hours a day)
- **Lake Grace Swimming Pool** - Bishop St  
publicly accessible AED during opening hours
- **Lake Grace Sportsman's Club** - Stubbs St  
(accessible 24 hours a day)
- **Lake Grace Caravan Park** - Mather St  
accessible 24 hours a day)
- **Lake Grace CRC** - School Place  
(accessible 24 hours a day)
- **AFGRI** - Absolon Street  
(accessible 24 hours a day)
- **Lake Grace DHS - School Place**  
(accessible 24 hours a day)
- **Saltbush Inn - Griffiths St**  
(accessible 24 hours a day)

Dial 000 for emergencies.

If you are responsible for a defibrillator or have one in your building be mindful that the pads need to be in date and battery may be running low (may beep). If you have any questions contact Debbie Carruthers at the Lake Grace Sub Centre on a Tuesday or Friday on 0428 110 446.

## Community Crop Community Grants

Under the umbrella of the Lake Grace Development Association Inc.

*Funding now available*

- Small - under \$1,000
- Medium - \$1,000 — \$5,000
- Large - over \$5,000

Drop into the Lake Grace CRC or email them on [Central@lakegracecrc.net](mailto:Central@lakegracecrc.net) for an application form.



*Want your negatives scanned and saved?*



How about your slides?

The Lake Grace CRC is able to scan your negatives, slides and photographs.

They can then be saved to disc for future use or printed.

Enquiries to 9865 1470

# Photo Story



**21 Again!**

*The community bus had it's first outing for 2025 with a run out to Newdegate with Lake Grace bowlers on board. The bowls didn't work out too well but they enjoyed the ride.*

*In case you haven't noticed the bus is now sporting new numberplates - LG021. Now everyone will know where we're from.*

*Signage for the side of the bus is being worked on.*

**No Bull!**

*Seth Argent was in charge of leading the bull out on behalf of Denmark Agricultural College at the Wagin Woolorama for the bull showing competition. There was plenty of competition from other Ag Colleges and farmers. Those who earn a top 10 spot get to show at the Perth Royal Show. We in Lake Grace think that's one good looking bull Seth!*

*Not only were the students showing their bull but they were also part of a bull judging competition, an event that's divided into various age groups.*

*Photo Annie Argent*



**Happy Birthday Jack!**

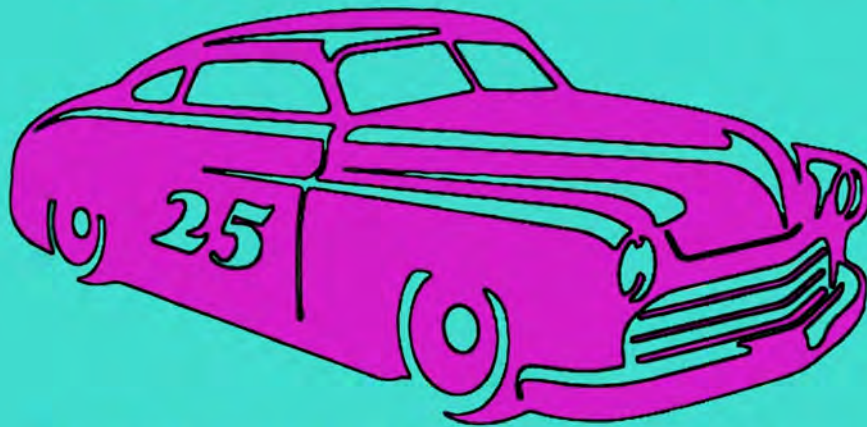
*It may have been activity day that is organised and run by the HACC girls at the Lake Grace hospital but it was also Jack Hewett's 90th birthday. Well done on becoming Lake Grace's newest nonagenarian.*

*Pictured are LtoR: Phyllis Dunham, Joyce Gilson, Marj Bushby, Margaret Carruthers, Joy King, Maxine Thornton, Teneeka Morgan, Kimberley Chappell, Jean Seaman, Val Boulton, Jack Hewett and Irene McGlenn.*

*Photo Kerrie Argent*

# LAKE GRACE CARS AND COFFEE

# LAKES *Without* BRAKES



ALL VEHICLES OLD, NEW AND  
SOMEWHERE IN BETWEEN

**23 MARCH 2025**  
**9AM-12PM**

**LAKE GRACE**  
**SPORTS PAVILLION**

Registration open 8am  
at the gate

Prizes to be won!

Sponsored by local  
businesses

All welcome to come  
out and enjoy the  
morning of cars, coffee  
vans, local cafes and  
the new Lake Grace All  
Abilities Playground.



Lake Grace  
Development  
Association

Event Link

1 Bishop Street, LAKE GRACE WA



# Lego Club: Term 1 2025

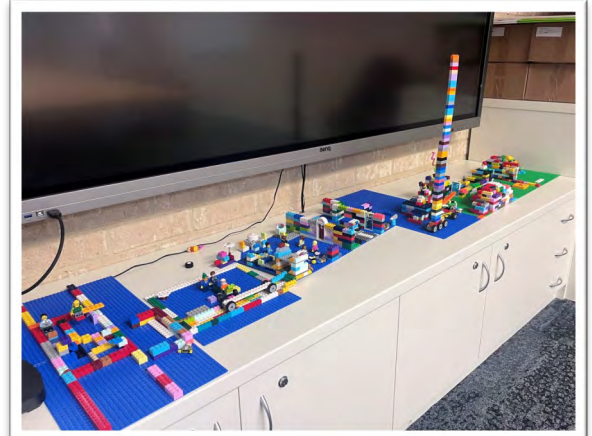
*Evelyn Oatridge*

What a great first term we've had at Lego Club!

It's been wonderful seeing some new faces join us on a Wednesday after school. This term Lego Club sessions have been open for all primary school students and the feedback has all been positive. I have been impressed with the creations every week, so far, we have built: something they saw or did over the summer holidays, farms, villages/towns, and finishing with the crowd favorite; free play.

As always, thank you to anyone who was able to come along and help and most importantly thank you to the children who come along and make these sessions possible.

Due to the success of these sessions, I am currently looking at holding a few Lego Club sessions or competitions over the April school holidays, if this something that would be of interest to you/your child then please contact me on [Staff01@lakegracecrc.net](mailto:Staff01@lakegracecrc.net)



120 FEDERAL STREET, NARROGIN | 21 RICHARDSON STREET, KATANNING

08 9881 1161

WWW.DAWSONSFUNERAL.COM.AU

# Good News Page

*Kevin Seaman*

Those of you who have been following the Good News Page over the last few years will realize I love a good poem. Poets such as Banjo Patterson, Henry Lawson, and Dorothea Mackellar, are favorites, just to name a few. They have written classics such as "The Man from Snowy River" and "My Country" and for those of you who don't know it, a copy of "My Country" by Dorothea Mackellar

The love of field and coppice,  
Of green and shaded lanes.  
Of ordered woods and gardens  
Is running in your veins,  
String love of grey-blue distance  
Brown streams and soft dim skies  
I know but cannot share it,  
My love is otherwise.

I love a sunburnt country,  
A land of sweeping plains,  
Of ragged mountain ranges,  
Of droughts and flooding rains.  
I love her far horizons,  
I love her jewel-sea,  
Her beauty and her terror  
The wide brown land for me!

A stark white ring-barked forest  
All tragic to the moon,  
The sapphire-misted mountains,  
The hot gold hush of noon.  
Green tangle of the brushes,  
Where lithe lianas coil,  
And orchards deck the tree tops  
And ferns warm the dark soil.

Core of my heart, my country!  
Land of the Rainbow Gold,  
For flood and fire and famine,  
She pays us back threefold-  
Over the thirsty paddocks,  
Watch, after many days,  
The filmy veil of greenness  
That thickens as we gaze.

An opal-hearted country,  
A wilful, lavish land-  
All you who have not loved her,  
You will not understand-  
Though holds many splendours,  
Wherever I may die,  
I know to what brown country  
My homing thoughts will fly.

There is another slant on 'poetry' that I am happy to say I am always amused by, the good old rhyming limerick!

Let's first define the difference between a poem and a limerick, a poem is written usually using a rhyming scheme that expresses a feeling, they can tell stories, record memories, express desires and share information. But a limerick is a poem that consists of five lines in a single stanza. Most limericks tend to be

humorous, and many are considered to be bawdy, suggestive or indecent.

The subject of a limerick is generally silly or trivial however this does not take away the pleasure of reading this kind of poetry. Here are some examples.

I sell the best brandy and sherry  
To make good customer merry;  
But at times their finances  
Run short as it chances,  
And then I feel very sad, very.

God's plan made a hopeful beginning.  
But man spoiled his chances by sinning.  
We trust that the story  
Will end in gods glory,  
But at present the other side's winning.

There was an old man of the Cape  
Who made himself garments of crepe  
When asked 'Do they tear?'  
Here replied, 'Here and there.  
But they're perfectly splendid for shape.'

There is a young artist named Whistler  
Who in every respect is a bristler;  
A tube of white lead  
Or a punch in the head  
Come equally handy to Whistler.

There was an old man of Nantucket  
Who kept all his cash in a bucket;  
But his daughter, named Nan,  
Ran away with a man,  
And as for the bucket, Nantucket

There was a young lady of Twickenham  
Whose shoes were too tight to walk quick in 'em.  
She came back from a walk  
Looking whiter than chalk  
And took 'em both off and was sick in 'em.

There was an Old Man with a beard,  
Who said, 'It is just as I feared-  
Two Owls and a Hen,  
Four Larks and a Wren,  
Have all built their nests in my beard!

There was a young man of Oporta,  
Who daily got shorter and shorter.  
The reason, he said,  
Was the hood on his head,  
Which was filled with the heaviest mortar.

I'd rather have fingers than toes.  
I'd rather have ears than a nose.  
And as for my hair,  
I'm glad that it's there,  
I'll be awfully sad when it goes.





**St John**

# Upcoming first aid course

## HLTAID011 - Provide First Aid

**Course type:** Accredited | **Duration:** 1 day in class + Online learning

**Price:** \$170.00

**When:** Tuesday 29 April - 8:30AM - 4:30PM

**Where:** LAKE GRACE SUB CENTRE, Stubbs Street, Lake Grace WA 6353



### Understand first aid

Learn about first aid theory and action plans



### CPR and defibrillation

Practise CPR skills and how to apply a defibrillator.



### Injury management

Treat and manage injuries in interactive training scenarios.



## Ready to make a difference?

Book a first aid course with us



**St John First Aid Training**

St John Ambulance (Western Australia) Ltd. RTO Code: 0392



St John Ambulance Western Australia Ltd - ACN 165 969 406; ABN 55 028 468 715

# Book Review: Fahrenheit 451 by Ray Bradbury

*Evelyn Oatridge*

Guy Montag is a fireman. His job is to destroy the most illegal of commodities, the printed book, along with the houses in which they are hidden.

Montag never questions the destruction and ruin his actions produce, returning each day to his bland life and wife, Mildred, who spends all day with her television "family." But when he meets an eccentric young neighbour, Clarisse, who introduces him to a past where people didn't live in fear and to a present where one sees the world through the ideas in books instead of the mindless chatter of television, Montag begins to question everything he has ever known.

Bradbury is excellent at writing Guy's whirlwind quest for knowledge and portraying the terror and fear that exists in this world in a way that has you worried you might also be punished for owning a book, his exploration into censorship and control of media is something that I think everyone should consider, despite being written in 1951 much of the material is still relevant to us today.



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**Brett Coxon**  
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# POLICE NEWS

LAKE GRACE POLICE STATION  
 56 STUBBS STREET, LAKE GRACE. 6353  
 Phone : 9890 2000 Fax : 9865 1429

Email: [Lake.Grace.Police.Station@police.wa.gov.au](mailto:Lake.Grace.Police.Station@police.wa.gov.au)

Personnel: OIC Wade Bambling, S/C Scott Oatridge, P/C Simon Blundell

**NEWS**

This past fortnight we have had a few matters closer to home to deal with.

We stopped a car recently where the driver provided a positive road side oral fluid sample (drug wipe).

The driver was required to accompany police back to the station to provide a further oral fluid sample for evidentiary analysis, but refused to do so.

The driver was charged with failing to comply with a requirement, they also received an on-the-spot prohibition notice banning them from driving for 24 hours.

The driver was further issued a defect notice and yellow sticker for their vehicle to due to a smashed windscreen.

We dealt with another traffic incident in town.

The driver performed a burn out whilst conducting a turn, losing control and crashing into a parked vehicle on the road.

The matter was reported to us and the driver was spoken to, they were charged with reckless driving (hooning) and summoned to court.

**Did you know?**

It is a criminal offence to fail to comply with a driver assessment, the penalty for refusing to provide a sample for drug testing, or refusing a breath-test can result in the same penalty as committing a serious drug or drink driving offence.



Stay safe and vigilant  
 Regards  
 Lake Grace Police.



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 Food for all the family  
 Custom kills  
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RTA: AU63451 REL: EW184051

# Election Results

1	Albany 9,814 km2 33,868 electors	Lib ahead 13.8% swing to Lib	22	Fremantle 196km2 116,905 electors	Ind ahead 27.2% swing from ALP
2	Armadale 40 km2 32,680 electors	ALP retain 16.8% swing to Lib	23	Geraldton 26,417km2 32,988 electors	Nat gain 22.9% swing to Nat
3	Balcatta 20 km2 30,541 electors	ALP retain 12.1% swing to Lib	24	Girrawheen 23km2 32,258 electors	ALP retain 10.8% swing to Lib
4	Baldivis 59 km2 31,087 electors	ALP retain 18.6% swing to Lib	25	Hillarys 25km2 33,245 electors	ALP retain 8.2% to Lib
5	Bassendean 26km2 32,644 electors	ALP retain 6.4% swing to Lib	26	Jandakot 62km2 30,582 electors	ALP retain 11.8% swing to Lib
6	Bateman 21km2 31,547 electors	ALP retain 4.1% swing to Lib	27	Joondalup 34km2 33,047 electors	ALP retain 19.7% swing to Lib
7	Belmont 66km2 31,049 electors	ALP retain 9.7% swing to Lib	28	Kalamunda 448km2 29,541 electors	Lib ahead 15.1% swing to Lib
8	Bibra Lake 37km2 32,053 electors	ALP retain 6.3% swing to Lib	29	Kalgoorlie 555,549km2 19,651 electors	ALP ahead 9.7% swing to Lib
9	Bicton 20km2 31,882 electors	ALP retain 6.5% swing to Lib	30	Kimberley 839,289km2 18,440 electors	ALP retain 9.8% swing to Lib
10	Bunbury 110km2 32,845 electors	ALP retain 14.5% swing to Lib	31	Kingsley 27km2 31,628 electors	ALP retain 13.8% swing to Lib
11	Butler 156km2 35,677 electors	ALP retain 17.5% swing to Lib	32	Kwinana 104km2 33,651 electors	ALP retain 11.6% swing to Lib
12	Cannington 40km2 31,312 electors	ALP retain 12.1% swing to Lib	33	Landsdale 65km2 32,307 electors	ALP retain 16.0% swing to Lib
13	Carine 24km2 32,608 electors	Lib gain 12.1% swing to Lib	34	Mandurah 42km2 31,445 electors	ALP retain 14.3% swing to Lib
14	Central Wheatbelt 97,953km2 32,155 electors	Nat retain 14.4% swing to Nat	35	Maylands 21km2 31,943 electors	ALP retain 8.8% swing to Lib
15	Churchlands 24km2 29,084 electors	Lib gain 3.4% swing to Lib	36	Midland 57km2 32,809 electors	ALP retain 16.0% swing to Lib
16	Cockburn 65km2 32,794 electors	ALP retain 9.5% swing to Lib	37	Mid-West 432,508km2 24,392 electors	Nat retain 5.5% swing to Nat
17	Collie-Preston 4,164km2 33,150 electors	ALP retain 17.4% swing to Lib	38	Mindarie 38km2 32,160 electors	ALP retain 16.6% swing to Lib
18	Cottesloe 33km2 33,150 electors	Lib retain 1.7% swing from Lib	39	Morley 20km2 30,910 electors	ALP retain 15.3% swing to Lib
19	Darling Range 1,395km2 31,150 electors	ALP retain 8.9% swing to Lib	40	Mount Lawley 18km2 29,695 electors	ALP retain 12.4% swing to Lib
20	Dawesville 66km2 31,293 electors	ALP ahead 12.1% swing to Lib	41	Murray-Wellington 4,352km2 30,395 electors	Lib likely 19.4% swing to Lib
21	Forrestfield 59km2 32,923 electors	ALP retain 17.8% swing to Lib	42	Nedlands 24km2 32,690 electors	Lib gain 7.5% swing to Lib

## Election Results *(cont.)*

43	Oakford 143km2 33,597 electors	ALP retain 14.9% swing to Lib	52	South Perth 19km2 30,403 electors	ALP ahead 9.3% swing to Lib
44	Perth 80km2 122,719 electors	ALP retain 7.5% swing to Lib	53	Swan Hills 849km2 33,397 electors	ALP retain 18.9% swing to Lib
45	Pilbara 220,327km2 29,731 electors	ALP ahead 16.3% swing from ALP	54	Thornlie 69km2 31,959 electors	ALP retain 10.3% swing to Lib
46	Riverton 23km2 31,245 electors	ALP retain 7.1% swing to Lib	55	Vasse 1,611km2 33,299 electors	Lib retain 9.6% swing to Lib
47	Rockingham 49km2 30,484 electors	ALP retain 26.5% swing to Lib	56	Victoria Park 25km2 30,734 electors	ALP retain 10.7% swing to Lib
48	Roe 120,414km2 28,297 electors	Nat retain 13.5% swing to Nat	57	Wanneroo 413km2 33,073 electors	ALP retain 15.8% swing to Lib
49	Scarborough 19km2 31,370 electors	ALP retain 5.7% swing to Lib	58	Warren-Blackwood 18,230km2 31,351 electors	Nat likely 4.5% swing to Nat
50	Secret Harbour 77km2 34,284 electors	ALP retain 17.7% swing to Lib	59	West Swan 120km2 34,451 electors	ALP retain 11.4% swing to Lib
51	Southern River 35km2 32,711 electors	ALP retain 9.3% swing to Lib			



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### Join the Lake Grace Gymnastics Club as a Gymnastics Coach Volunteer!

Are you passionate about gymnastics and looking for a rewarding way to get involved in your child's activities? The Lake Grace Gymnastics Club is excited to offer an incredible opportunity for you to become a Gymnastics coach volunteer!

#### Why Become a Gymnastics Coach?

- **Be Part of the Fun:** Immerse yourself in the excitement and joy of watching your child and other young gymnasts learn and grow in their gymnastics journey.
- **Professional Training:** Receive comprehensive training with support from our experienced coaches.
- **Flexible Advancement:** As your child progresses through different levels, you'll have the chance to advance your coaching role and continue contributing to their gymnastics development.
- **Community Connection:** Engage with other parents and members of the Lake Grace community, building lasting relationships and making a positive impact on our local youth.

#### What We're Looking For:

- Enthusiastic individuals who are eager to support and inspire young gymnasts.
- Commitment to attending training sessions and coaching with a positive, encouraging attitude.
- A willingness to work collaboratively with our current team of coaches.

#### Ready to Get Started?

Join us in shaping the future of gymnastics in Lake Grace. To express your interest or for more information, please contact Sarah Clarke at lakegracegymclub@gmail.com. We look forward to welcoming you to our coaching team!

*Lake Grace Gymnastics Club – Where every tumble leads to a triumph!*

# Shire of Lake Grace

ISSUE 04 2025

Lake Grace ○ Newdegate ○ Lake King ○ Varley ○ Pingaring



## Community Consultation

### Review of Local Emergency Management Arrangements and Community Risk

We can all agree that we are fortunate to call Australia home. Many of us enjoy a safe and prosperous community, with essential services such as water, energy, food, health, education, transport and communication systems contributing greatly to our daily lives.

Australia is no stranger to natural hazards and emergency events, with floods, bushfires and cyclones impacting communities every year. As a nation we have, for the most part, managed to cope with these events, and given the sheer size of our country, many people haven't been immediately affected. Some of us could also be forgiven for thinking these events won't occur in our community, leading unwittingly to (dare I say it) complacency.

It will come as no surprise that emergency events are becoming more frequent and intense. With communities relying heavily on essential services, and a growing and aging population, we are facing an increased risk of exposure and vulnerability to disaster events, leading to a greater likelihood of harm, loss and potential inability to cope with the impacts of such events.

The Shire of Lake Grace, as with all Local Governments, are required by law to

have a Local Emergency Management Committee (LEMC) and Local Emergency Management Arrangements (LEMA) in place. The Committee consists of representatives from agencies, community groups, businesses and organisations from within the shire. Their role is to oversee, plan, and test local emergency management arrangements.

The Local Emergency Management Arrangements outline the council's policies for emergency management, the roles and responsibilities of persons involved in emergency management within our shire, the coordination of emergency operations and activities relating to emergency management, a description of emergencies

*continued on page 2...*

## Next Council Meeting

**3.30pm, Wednesday 26 March**

A minimum of 15 minutes is set aside for public question time, giving community members an opportunity to ask questions relating to Shire activities. All welcome.

Upcoming agendas, and minutes from previous meetings are available for public viewing at: [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

the growing centre

## Shire of Lake Grace, the growing centre



## Review of Emergency Management Arrangements and Community Risk continued ..

that are likely to occur within the shire, and strategies and priorities for the management of the risks associated with these events.

The Shire of Lake Grace is a member of a Community Emergency Services Manager (CESM) program with the Shires of Kent and Dumbleyung, and the Department of Fire and Emergency Services, which sees CESM, Ryan Sutherland, carrying out the role across all three shires. As the three shires share similarities in demographics, environment, industry, emergency capability and risk, it has been agreed to form a joint Local Emergency Management Arrangement and Committee, and a full review of these arrangements is being undertaken.

During the review process, a specialist emergency management consultant, and the Shires of Lake Grace, Dumbleyung and Kent will work closely with their communities to ensure that our LEMA reflects and addresses our needs, risks and unique environments.

As we begin this review, the time has come for us to think about the hazards and emergencies that may impact us and to have these important conversations. As a community we need to identify what we value most, where we are vulnerable in the face of a natural hazard or emergency event, and how we prioritise our risk reduction efforts to minimise harm and loss across the shire.

You know your community best and your knowledge, experiences and input, whether big or small, is valuable and has a role to play in ensuring our long-term resilience. You do not need to have emergency management knowledge or experience. Whilst the Shire of Lake Grace has a LEMC, LEMA and Community Emergency Services Manager in place, the responsibility for the prevention, preparedness, response and recovery from disaster events lies with us all as a community. Your voice matters.

We invite **all community members from across the shire** to participate in an upcoming Community Risk Assessment Workshop in Lake Grace, **Tuesday 25 March 2025 starting at 6.00pm**. If you are unable to attend in person, there is the option to attend online. Further details can be found in this newsletter, and we welcome any questions or feedback you may have about our Local Emergency Management Arrangements, and this event.

Aimee Tumbull, Community Economic Development Officer  
Email: [cedo@lakegrace.wa.gov.au](mailto:cedo@lakegrace.wa.gov.au)

**A copy of the current Local Emergency Management Arrangements up for review can be found on the Shire's website:**  
<https://www.lakegrace.wa.gov.au/services/fire-emergency-management/emergency-management.aspx>

# COMMUNITY RISK ASSESSMENT WORKSHOP



This workshop will focus on identifying and rating our local emergency risks, including bushfire, flood, animal disease, rail/road incidents and other extreme weather events. Community members are invited to attend this workshop and provide feedback and input into how we manage these risks and minimise their impacts.



## Why should I attend?

The Shire of Lake Grace has recently entered into a combined Local Emergency Management Arrangement (LEMA) with the Shires of Dumbleyung and Kent. Together, the Shires are reviewing how our communities can prevent, prepare, respond, and recover from emergencies. We need your help to identify local risks, incident types and how we can minimise the impact of these risks on our communities.



## Can't attend in person?

Scan the QR code to attend online



**Tuesday, 25 March 2025**

Starting at 6:00PM - 7:30PM



**Lake Grace Sports Pavilion**

1 Bishop Street, Lake Grace WA 6353

For more information: ☎ 0436 668 242 ✉ [ryan.sutherland@dfes.wa.gov.au](mailto:ryan.sutherland@dfes.wa.gov.au)



Connect with us

Shire of Lake Grace, the growing centre

## COMMUNITY INFORMATION

### Lake Grace Swimming Pool

Tuesday to Sunday: 12 noon - 6.00pm  
**MONDAY - CLOSED** (except for early morning)  
 Early Morning Swimming:  
 Monday, Wednesday, Friday 5.30am - 7.00am

### Library Services

**Lake Grace Community Library**  
 School Place  
 T: 08 9865 1185  
 E: lakegracelibrary@hotmail.com  
**Newdegate Public Library**  
 Collier Street  
 T: 08 9871 1791  
 E: admin@newdegatecrc.com.au  
**Lake King Library**  
 Newdegate/Ravensthorpe Road  
 T: 08 9874 4147  
 E: lklib@lakegrace.wa.gov.au

### Town Planning & Building

Please contact the Shire of Lake Grace for all Town Planning and Building Surveying enquiries.  
 Email: shire@lakegrace.wa.gov.au

### Department of Transport

All licensing payments can be made in person at the Shire of Lake Grace Administration Building:

**Monday to Friday 8:30am to 4:00pm**  
*Please allow a minimum of 30 minutes prior to closing to enable completion of transactions.*

We process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications.

### Driving Assessor

Lake Grace holds one assessment day each month (subject to change). Bookings are essential for all Practical Driver's Licence Assessments as there is a wait list. Please contact the Shire office for bookings. For more information go to: [www.transport.wa.gov.au](http://www.transport.wa.gov.au)

### Environmental Health

Please contact the Shire of Lake Grace for all Environmental Health enquiries.  
 Email: shire@lakegrace.wa.gov.au.

### Waste Facilities

**Lake Grace**  
 Monday & Wednesday 9am - 2pm  
 Saturday & Sunday 9am - 4pm  
**Newdegate**  
 Wednesday 9am - 1pm  
 Saturday 9am - 1pm  
**Lake King and Varley**  
 Open every day

### Recycling Services

Household waste is collected each Tuesday in Lake Grace, Newdegate, Lake King & Varley. Recycling is a fortnightly service, alternating between Lake Grace and Newdegate:

Newdegate	Lake Grace
Tuesday 18 March 01 April	Tuesday 25 March 08 April


Shire of Lake Grace

Telephone: 08 9890 2500 (8.00am–5.00pm) | Email: shire@lakegrace.wa.gov.au

Administration Building, 1 Bishop Street, Lake Grace (8.30am–4.00pm Monday to Friday)

Postal Address: PO Box 50, Lake Grace, WA 6353

Website: [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

Connect with us 

# Scam Losses Slashed by \$1 Billion

*The Hon Michelle Rowland MP The Hon Stephen Jones MP*

The Albanese Government's targeted crackdown on scams has driven down annual reported scam losses by over \$1 billion in the last two years.

The ACCC today released the National Anti-Scam Centre's (NASC) latest [Targeting Scams Report](#) which found that scam losses in Australia fell by over 25 per cent to \$2 billion in 2024.

The reduction in losses over 2024 shows the efforts by government, industry, law enforcement, consumers and community organisations are reducing the financial impact of scams on Australians.

The Albanese Government has the most comprehensive anti-scam agenda anywhere in the world and is making Australia the toughest target for scammers.

The Government's investment of \$180 million since coming to office is having a significant impact on the ability for criminal scammers to target Australians.

The Government continues to deliver strategies to intercept and disrupt scammers. These efforts have meant less scam texts and calls, more fake websites removed, more warnings of suspicious activity, deployment of rapid taskforces targeting specific scams, and greater awareness among all Australians.

This program of work includes:

- Legislating the world leading **Scams Prevention Framework**, creating a whole of economy defence against scams, putting designated industries on the hook to protect Australians from harm.
- Establishing the **National Anti-Scam Centre (NASC)**, driving collaboration to combat scams, and leading taskforces that target particularly aggressive scams.
- Funding **ASIC's takedown service**, which has taken down over 10,000 investment scam websites and online advertisements.
- Establishing the **mandatory SMS sender ID register** to combat mass scam text messages hitting people's phones.
- **Modernising our payments systems** to ensure it remains safe and resilient, building more protections and security as a way of safeguarding Australians' payments.

While it is pleasing that losses have fallen, this is not job done. Losses remain too high, and every dollar lost by a consumer is a dollar too many, and it's not just the financial loss that causes such devastating harm.

Today, we also announce that we are strengthening the pathways for victims to seek compensation where wrongdoing has occurred.

Currently, scam victims can only raise a dispute with the Australian Financial Complaints Authority (AFCA) against the bank which sent the

consumer's funds (the *sending bank*). A new ministerial direction by the Assistant Treasurer will enable AFCA to investigate culpability of the *receiving bank* on behalf of a scam victim. This will empower AFCA to investigate the actions of every bank in the scam chain.

AFCA will work with industry and consumer groups over coming months to finalise the implementation of this ministerial direction.

## Local Containers for Change ID Numbers

Don't want to collect for yourself but want to give to a local organisation, then here's your chance.

**Lake Grace Golf Club - C10455139**

**Lake Grace DHS - C10364782**

**Lake Grace Sportsman's Club - C10379797**

**Lake Grace Lions Club - C10477141**

**R.F.D.S - C10336670**

**LG Community Men's Shed - C11555914**

Rather than your cans going into landfill then consider directing them to any of the above organisations. Recycling is better than nothing but remember that money goes to a business out of Lake Grace.



## BOOT DRIVE

**DO YOUR KIDS GROW OUT OF THEIR SPORTS SHOES IN ONE SEASON?**

**WE'LL LET'S SAVE SOME CASH BRING ANY FOOTY/HOCKEY/NETBALL FOOTWEAR TO THE BOOT DRIVE.**

**Thursday 13th March  
4pm just out the front of the Pavilion**

**THIS IS A CASH FREE EVENT, SIMPLY DONATING OLD SHOES WITH THE HOPE THAT THEY WILL FIT SOMEONE ELSE! WE ENCOURAGE YOU TO COME ALONG AND SEE IF YOU CAN FIND A PAIR OF SPORT SHOES FOR YOUR CHILD BEFORE YOU SPEND YOUR HARD EARNED CASH!**

**WE'RE CALLING IT A BOOT DRIVE BUT PLEASE BRING ANY HOCKEY STICKS THAT ARE ALSO TOO SMALL. IT ALL HELPS!**

### CONDITIONS

Donated footwear must be in good condition  
either 1 or 2 seasons use



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Perfect for tight spaces and smaller  
Excavation jobs! Attachments available:

TRENCHING BUCKET

DIGGING BUCKET

BATTER BUCKET

POST HOLE DIGGER

LARGE DIGGER HIRE – 11 TONNE

\$350/DAY (Minimum 4-day hire)

Ideal for bigger, tougher jobs! Attachments available:

PUSHING LEVELING BLADE

DIGGING BUCKET

BATTER BUCKET

TILT BUCKET

THUMB GRAB

**Looking to Clean out your dam or tackle a big or small excavation job? We've got you covered!**

Contact Paul Wheeler at Wheeler Properties/Hire Equipment for hire enquiries.

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[Wheelhouse47@hotmail.com](mailto:Wheelhouse47@hotmail.com)

60 Absolon Street Lake Grace WA, 6353

# Wisdom Warriors in Lake Grace

Tracey McGougan

We are revamping our Seniors Group and renaming it to the Wisdom Warriors.

Why? You ask.... Well, we are trying to encourage more members so that we can run more activities and liven up our group.

We are asking our community what they would like to see happen with this group.

Some of the ideas that already come in are:

- Dinner & Show in Albany (Overnight stay)
- Lunches/Dinners at Winery or Pub
- Visiting local places of interest – day trips
- Wildflower tours
- Movie nights
- Coffee/Tea catchups

We will need a Co-Ordinator to assist with the running of this group. If this is something that you might be interested in please feel free to contact myself, Tracey on 9865 1470.

Please let us know if you have any questions or ideas. We would love to hear them. No idea is dismissed.



## JOB OPPORTUNITY

### Community Engagement and Events Officer



#### 12 Months Maternity Leave Cover Full Time—Lake Grace

The Shire of Lake Grace is seeking a Community Engagement and Events Officer to join our Team on a full-time basis for 12 months maternity leave cover. Ongoing employment could be offered to the right person.

As the Community Engagement and Events Officer, you will work alongside the Community Economic Development Officer to engage with local youth, seniors and the wider community.

The right candidate will receive an above award rate salary plus 11.5% superannuation guarantee, leave loading, fortnightly RDO, uniform allowance.

To apply please complete the application package which can be downloaded from [www.lakegrace.wa.gov.au/employment](http://www.lakegrace.wa.gov.au/employment)  
Alternatively contact Community Economic Development Officer Aimee Turnbull or Executive Assistant Alex Adams on:

Tel: 9890 2500 or email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)

Closing date for applications is 4.00pm on Monday 31 March 2025.

*The Shire of Lake Grace is an equal opportunity employer*

# Puzzles and Stuff

Some words for 27th February edition

Answers for 27th February edition of Sudoku

- Lecturers
- Cluster
- Lecture
- Recluse
- Rescuer
- Securer
- Curler
- Lustre
- Recuse
- Result
- Rustle
- Secret
- Secure
- Select
- Creel
- Cruel
- Cruse
- Curer
- Curse
- Elect
- Elute
- Erect
- Lucre
- Reset
- Reuse
- Sleet
- Steer
- Truce
- Ulcer
- Celt
- Cert
- Clue
- Cues
- Else
- Leer
- Lest
- Lure
- Reel
- Rest
- Rues
- Rules
- Sere
- Suet
- Tree
- True
- User

4	5	8	6	1	3	9	7	2
7	2	3	4	9	5	6	1	8
9	6	1	7	8	2	4	5	3
2	8	4	9	5	1	7	3	6
6	1	5	2	3	7	8	9	4
3	9	7	8	6	4	5	2	1
5	4	2	1	7	6	3	8	9
1	3	9	5	4	8	2	6	7
8	7	6	3	2	9	1	4	5

1	8	2	5	4	7	6	9	3
9	3	4	1	6	2	7	5	8
7	6	5	9	3	8	2	4	1
4	5	8	2	1	3	9	7	6
6	9	7	8	5	4	1	3	2
3	2	1	7	9	6	4	8	5
8	4	6	3	7	1	5	2	9
5	1	3	4	2	9	8	6	7
2	7	9	6	8	5	3	1	4

A	R	G
T	I	P
N	E	N

This week's Boggle (Every word must include the middle letter)

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## Sunlight Disability and Aged Care

Aged Care Support Worker – Varley WA  
Casual Position (15 hours/week)

Are you passionate about making a difference in the lives of older Australians? We're seeking a dedicated support worker to join our team in Varley.

Position Details:

- Casual role: 15 hours per week
- Flexible days and times to suit you
- Pay rate: \$40.25 per hour

Travel allowance negotiable for candidates commuting from outside Varley

The Role:

As an Aged Care Support Worker, you'll provide essential support to help our clients maintain their independence and quality of life in their own homes.

How to Apply:

If you're ready to make a positive impact in your community, please send your CV to: [info@sunlightdisability.com.au](mailto:info@sunlightdisability.com.au) or visits [www.sunlightdisability.com.au](http://www.sunlightdisability.com.au)



# Lake Grace Cricket Club

## Captains Recap Saturday 22<sup>nd</sup> February

The penultimate game of the season saw Williams travel to Lake Grace to try and take away the four points from a winless Lake Grace side. After losing the toss, Lake Grace were asked to bowl first on a cooler day which the boys absolutely loved.

Our wicket keeper was thrown the ball to open the innings and managed to bowl 10 straight whilst only conceding 27 runs whilst skipper Dylan Brooks carried on his great season with another 2/17. Dropped catches and misfields were the order of our day again letting Williams get to a competitive 154 all out. First game all season we have been able to bowl a side out.

The Lake Grace openers strode out set to chase down the target, but the innings didn't get off to a bright start losing Jack Carruthers who retired hurt early on with a blow to the head.

Although from there Mat Trevenen put on a masterclass scoring an unbeaten century, playing some wonderful strokes all around the ground. Supported by Brayden Reynolds with 48 not out and finally breaking the Lake Grace boys' winless season and capturing our first 4 points.

Thank you again to all the boys that filled in for us, we wouldn't have been able to put 11 out on the park each week without you guys,

Mat Trevenen 102 *not out*

Brayden Reynolds 48 *not out*

Brayden Reynolds 3/30

Dylan Reynolds 2/17

## Captains recap Saturday 1<sup>st</sup> March

The final game of the 24/25 season had arrived for the Lake Grace boys, with Narrogin traveling to Lake Grace on what would potentially define the three finals series. With finals well and truly out of our reach, Lake Grace had nothing to lose, so we went out and threw everything we had at the game. Another coin toss win meant we

### AGM NOTICE:

**Lake Grace Development Association Inc.**

*Promoting Business, Educational, Social and Cultural Development within the Lake Grace Community*

**Annual General Meeting**

**Monday 7<sup>th</sup> April 2025**

**7.30pm Men's Shed Meeting Room**

**Bi-monthly General meeting to follow**

*NB: Annual Reports from all LGDA sub-committees required*

Any interested members of the community are very welcome!

were batting first and once again treated to another Mat Trevenen masterclass. To score 1 century in the season is a great effort, but to back it up for a second week in a row is unreal. The ball went everywhere again and was a sight to behold, congrats Matty. Aply supported by Shaye with a handy 28 meant Lake Grace were bowled out for 200.

Down to put last bowling innings for the year, and the boys left nothing in the tank. Dylan Brooks once again bowled with sheer pace and on another day would've taken an absolute bag of wickets. A couple of dropped catches early on would prove costly but in the not costly enough as two run outs and some fantastic bowling and fielding restricted Narrogin to 153 and gave Lake Grace our second win of the season.

We can't say thank you enough to our supporters and sponsors for the 24/25 season, it's been a tough year but the boys have hung tough and competed week in and week out.

Mat Trevenen 100

Shaye Bowron 28

Kalan Joyce 2/20

Kael Gray 2/23



**INTRODUCING**

**OUR COACHES**

**FOR 2025**

**D GRADE : ANDREW LEWIS**

**AUSKICK : TRENT KING**

**& TYSON BELL**

**IF YOUR INTERESTED IN PLAYING IN 2025,**

**CONTACT US AT [LGPJFC@GMAIL.COM](mailto:LGPJFC@GMAIL.COM)**



## Employment Opportunities

Have you been looking for work? Maybe you are after a change in industry.

Here are a list of jobs currently available in Lake Grace.

### Spencer Shearing

**Shearers and Shedhands—full time positions**

Contact Darren Spencer 0428 651 339.

### Lake Grace Hospital

**Part Time/Casual Cook**

Contact Lisa Pearce 9890 2222 for more information

**Patient Care Assistant**

Contact Lisa Pearce on 9890 2222 for more information

### Rosies Café - Casual Counter Staff

Students welcome to apply for school holiday work.

For more details phone Nut on 0448 528 352.

### Lake Grace IGA

**Permanent Staff**

**Casual Staff**

### Lake Grace Shire— Community Engagement and Event Officer— Maternity Leave Cover

Contact Community Executive Development Officer

Aimme Turnbull or Executive Assistant Alex Adams on 9890 2500 or for more information

### Sunlight Disability and Aged Care

Aged Care Support Worker

Varley— Casual 15hrs/week

Contact [info@sunlightdisability.com.au](mailto:info@sunlightdisability.com.au) for more information



### Sunlight Disability and Aged Care Quality Care Services Now Available in Varley and Greater Perth



Are you or your loved one seeking reliable, compassionate care services? Sunlight Disability and Aged Care is now welcoming new clients throughout Varley and surrounding Perth areas.

Our experienced team provides:

- Professional in-home care
- Disability support services
- Aged care assistance
- Respite care
- Personal care and companionship

Contact us today to discuss your care needs:

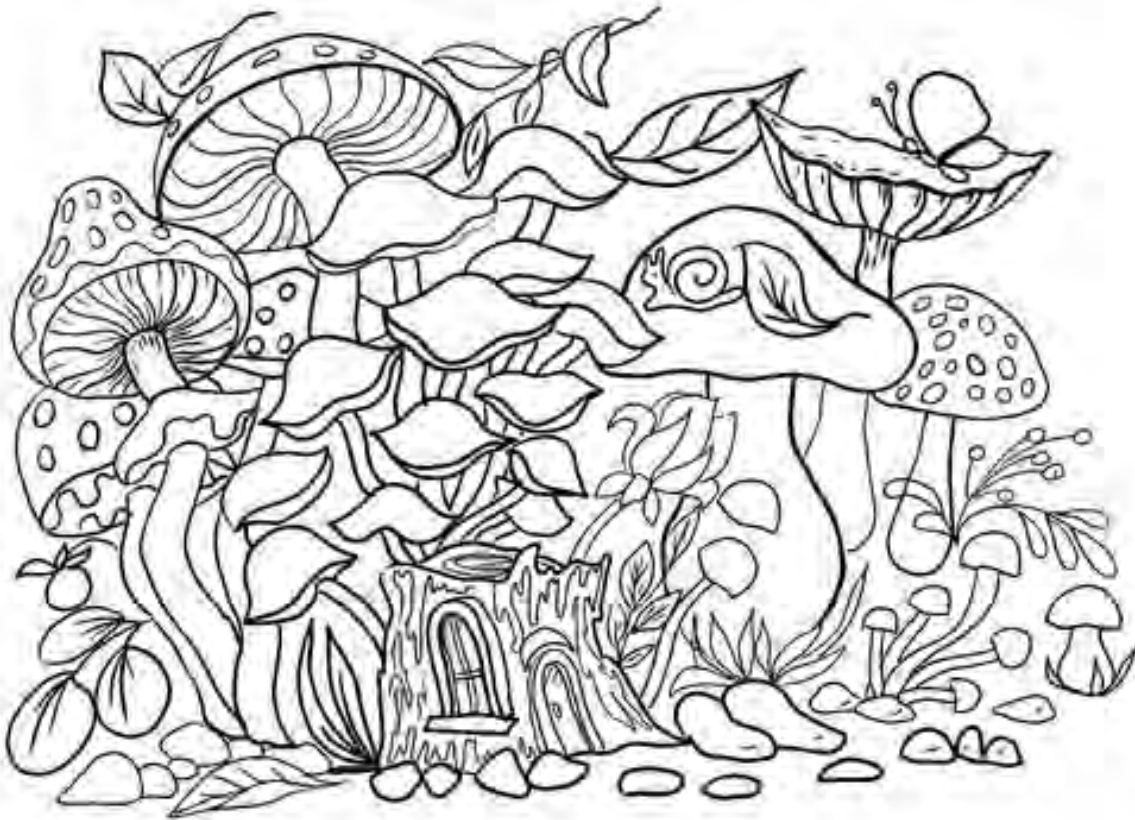
Phone: [0410 096 930]

Email: [[info@sunlightdisability.com.au](mailto:info@sunlightdisability.com.au)]

Serving Varley and all surrounding Perth areas.

Free initial consultation available

# Colouring In



*Print your  
photos at the  
Lake Grace CRC!*

- Print from Apple and Android smartphones
- Print direct from your social media on the screen
- Print from Compact Flash, SD, Micro SD, Memory Stick, MS Micro, xD, and USB port
- Panoramic Prints: supports 6x14" and 6x20" sizes
- 6x4" / 6x6" / 6x8" / 8x8" / 8x 10" / 8x12" sizes available
- Edit photo, add borders and text
- Create photobooks
- Greeting cards
- Calendars
- Collages

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**Electrician Servicing Lake Grace,  
Newdegate, Pingrup, Varley and  
Surrounding Areas.**

**Phone Alistair on  
0427 339 472  
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air-conditioning and solar power  
needs give Alistair a call.**

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Website: [www.tigersparkelectrical.com.au](http://www.tigersparkelectrical.com.au)

## Classifieds

### Rural West Financial Counselling

A free confidential, mobile, independent financial counselling service to regional small businesses and all primary production enterprises in WA. For more information contact Donna Spurgeon by email [Donna.Spurgeon@ruralwest.com.au](mailto:Donna.Spurgeon@ruralwest.com.au) or phone 0408 107 326. Alternatively you can contact the information line on 1800 612 004.

### Cancer Support Coordinator

Cancer Support Coordinator for the Wheatbelt can provide you with emotional support and assistance navigating through the range of services available over the phone or through video consult: call Monica Graham Tues-Thurs on 0428 747 845.

### Dr Linda Haines

Ring 9865 1208 for dates and times to make an appointment

### Community Bus Bookings

Are to be done through the Lake Grace CRC. Ring 9865 1470 or email [central@lakegracecrc.net](mailto:central@lakegracecrc.net)  
The community bus is owned and managed by the community, is available to any individual, group or organization to hire and costs \$1.50 per kilometre to use. All proceeds go toward the management and running of the bus and toward bus upgrades.

### Southern Agcare

This is a free and confidential Family and Individual Counselling Service. Please contact Southern AgCare main office for an appointment.  
Phone (08) 9827 1552 or [admin@southernagcare.org.au](mailto:admin@southernagcare.org.au) referral forms can also be found on our webpage [www.southernagcare.org.au](http://www.southernagcare.org.au)

### Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive.  
This is an ongoing revenue raising project which will contribute to the running of the Shed.  
Batteries can be left at the Men's Shed or you can contact Ollie Farrelly on 0498 479 968 if you require them to be picked up.  
Thank you for your ongoing support.

### CWA Bookings

CWA rooms are available for hire. There is a COVID Safety Plan in place that hirers will need to adhere to. Anyone using the rooms must fill in the log book. If you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

### First Aid Kits

Are now available for purchase at McKenzie Home Hardware Lake Grace.

### Pingrup Centenary Book

Pingrup CRC still have some of their wonderful Centenary books left.

They want to make sure that everyone that ordered one has got it and if there were anyone who would like one (or another one) to email us and we can organise getting it to you.

We'd hate for anyone to miss out.

Books are \$80

Postage for 1 book is \$18.95

Email: [pingrup100@gmail.com](mailto:pingrup100@gmail.com)  
Phone: 9820 1101

### Dumbleyung ADF Book

This hardcover book features 450 personal short stories collected and written about men and women from Dumbleyung and Districts who served in the Armes Services.

Books are \$80

Available at the Lake Grace CRC.

### Expressions of Interest

Are you and RN or Enrolled Nurse looking for some casual extra income?

The CRC and The Staying in Place program are looking for you.

If this sounds like something that you would be interested in please contact Tracey at the CRC on 98651470

### Lake Grace Shire Councilors

Councillor	Telephone
Cr Len Armstrong – Shire President	0429 843 785
Cr Steve Hunt - Vice Shire President	0427 651 585
Cr Deb Clarke	0428 654 041
Cr Ben Hyde	0428 752 042
Cr Roz Lloyd	0428 711 534
Cr Anton Kuchling	0427 206 030
Cr Ross Chappell	0428 654 058

## Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Kerrie Argent	0447 791 399	kerriearg@hotmail.com
CWA	Suzanne Reeves	0427 651 310	Lakegracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	LakeGraceelc@gmail.com
Lions	Chris Harvey	0429 651 275	lglionsec@gmail.com
Men's Shed	Wally Perry	0448 795 070	allwood93@yahoo.com.au
Playgroup	Claire Crosswell	0409 484 428	LakeGraceplaygroup@mail.com
Sportsman's Club	Mathew Hobbins	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Bobby Manson	0416 699 428	lgtoylibrary@outlook.com

### Summer Sports

Lake Grace Tennis Club	Jemma Bairstow	0439 851 505	lakegracetennisclub@gmail.com
Lake Grace Bowls Club	Dean Sounness	0415 452 400	
Lake Grace Cricket Club	Shaye Bowron	0428 652 556	

## Crisis Care Numbers

<b>Doctor's Surgery</b> -9865 1208	<b>Hospital</b> - 9890 2222	<b>Ambulance/Fire/Police</b> - 000	<b>Electricity Faults</b> - 13 13 51
<b>Rural Link</b> - 1800 552 002	<b>Main Roads</b> - 138 138	<b>Directory Assistance</b> - 1223	<b>Water Faults</b> - 13 13 75
<b>55 Central Men's Refuge</b> 9272 1333 enquiries@55central.asn.au	<b>Family Helpline</b> 1800 643 000 / 9223 1100	<b>Ngala</b> 9368 9368 ngala@ngala.com.au	<b>Lifeline Australia</b> - 13 11 14 www.lifeline.org.au
<b>Wheatbelt Mental Health Service</b> Northam - (08) 9621 0999 Narrogin - (08) 9881 0700	<b>Kids Helpline</b> 1800 55 1800 www.kidshelp.com.au	<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 www.community.wa.gov.au	<b>Citizens Advice Bureau</b> Perth- 9221 5711 www.cab.wa.com.au
<b>Beyond Blue</b> - 1300 22 4636 www.beyondblue.org.au	<b>Seniors Information Services</b> 1800 671 233 info@seniorscard.wa.gov.au	<b>Youth Legal Service</b> 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au	<b>Poisons Information</b> 13 11 26
<b>Suicide Call Back Line</b> - 1300 659 467 www.suicidecallbackservice.org.au	<b>Parent Drug Information Service</b> - 1800 653 203	<b>Family Court of WA</b> 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	<b>Council on the Ageing WA</b> 9471 0104 admin@cotawa.org.au
<b>Alcohol and Drug Information Service</b> 1800 198 024 https://www.mhc.wa.gov.au/	<b>Mental Health Emergency Response Line</b> - 1300 555 788	<b>Holyoake</b> Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	<b>Relationships Australia Fair Programme</b> 9336 2144 https://relationships.wa.org.au 1300 364 277

### Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	0428 651 213
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

### Church Times

Catholic Church	Anglican Church
16th February - Communion Service @ 8am	March 16th 10am Morning Prayer
23rd February - Communion Service @ 8am	Followed by morning tea
For inquiries please phone 9721 0500 - Bunbury Diocese	Enquiries: St Johns Albany 9841 5015 The Revd. Vicki Anne Webb 0429 323 025

# COMMUNITY CALENDAR

## March 2025

Fri 14 Fish and Chips @ The Sportsman's Club  
Auschem Workshop  
Crochet @ CRC 10am-midday

Sat 15 Rubbish tip Open (9am-4pm)  
Cricket- Preliminary Finals

Sun 16 Rubbish tip Open (9am-4pm)

Mon 17 Pool Closed

Tue 18 Rubbish Collection  
Men's Shed (Morning)  
Playgroup 9:30-11:30

Wed 19 Harvest Festival Committee Meeting @Pub 6pm

Thurs 20 Rhyme/Story Time 9:30am @Library  
SOYF @ Pavilion—10am  
Art Group Meeting@ 9:30am  
Auskick training: 4-5pm  
D Grade Footy Training: 4:30-5:30pm

Fri 21 Fish and Chips @ Sportsman's Club  
LGDHS Faction Swimming Carnival  
Crochet @ CRC 10am-midday

Sat 22 Rubbish tip Open (9am-4pm)  
Cricket Grand Final

Sun 23 Rubbish tip Open (9am-4pm)  
Lakes Without Brakes @Pavillion 8am

Mon 24 Rubbish tip Open (9am-2pm)  
Pool Closed  
Lakes Link News Deadline  
NAPLAN Finishes

Tue 25 Playroup (Open Day) 9:30-11:30am  
Rubbish Collection  
Recycling Collection  
SOYF @ Pavilion—10am  
Men's Shed (morning)  
Seniors Art @ Village Hall 10am-12  
Lake Grace Shire Risk Assessment  
Workshop - 6pm-7:30pm

Wed 26 Council Meeting  
Walking Group - 5:30pm @Tennis Courts

Thurs 27 Men's Shed (morning)  
SOYF @ Pavilion—10am  
Lakes Link News Published  
Rhyme/Story Time 9:30am @Library  
Auskick training: 4-5pm  
D Grade Footy Training: 4:30-5:30pm

### Coming Events

28th March- 'Just a Farmer' Movie Night @WHV  
28th March- Interschool Swimming Carnival  
3rd April- High School/Choir Assembly  
8th April- Seniors Art @Village Hall 10am-12  
11th April- Last Day of Term 1  
11th April - Youth Blue Light Disco  
11th April- Wheelchairs for Kids Presentation  
16th April - Lakes Youth Challenge Day  
17th April-Art Group Meeting @9:30am  
22nd April- Seniors Art @Village Hall 10am-12  
23rd April- Council Meeting  
29th April- St Johns First Aid Training  
6th May- Seniors Art @Village Hall 10am-12  
15th May- Palliative Care WA workshop @CRC  
15th May- Art Group Meeting @9:30am

### Livingston Medical Centre - March Hours

12/03 Newdegate 9am-2pm  
13/03 Lake Grace 9am-5pm  
14/03 Lake Grace 9am-3pm  
17/03 Lake Grace 9am-5pm  
18/03 Lake Grace 9am-5pm  
19/03 Newdegate 9am-2pm  
20/03 Lake Grace 9am-2pm  
21/03 Lake Grace 9am-3pm



	1	2				8		
	3		1	5		4		7
	5		9		3			6
				4	9	5		3
6			3		8			9
2		3	7	1				
	6		2		7			8
7		9		6	4			5
		4				2	7	

### Sudoku

- The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

		6	5		1	3		
		3				8		
1	5						2	7
3				7				2
		7	2		8	9		
8				9				4
9	8						5	6
		2				4		
		4	6		5	1		