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3rd June, 2004

\$1.10 inc GST

Vol 10 Issue 9

Westpac Bank to sell Lake Grace Branch





Left - Lake Grace Westpac Bank premises **Above** - Auction notice attached to Stubbs Street side of Westpac building

Westpac Bank's Lake Grace branch is to be sold. The buildings, which house thirteen country branches including Lake Grace, Katanning and Mount Barker, were last week advertised for public auction.

The buildings will be sold in Perth next Thursday, 11th June under a 'sale and leaseback' arrangement where Westpac can lease the building for a 5 year term with the option of another five years. The rent of Lake Grace branch is set at \$13,300 per annum.

Since its construction in 1925, the Lake Grace bank has undergone various name changes and mergers — The WA Bank, The Bank of New South Wales, Challenge Bank and now Westpac Bank.

In September 2000, Challenge Bank Lake Grace branch reduced its hours of operation from 33 to 20 hours per week. Notice of such changes to bank services and infrastructure sends shivers through rural communities. During the last decade, the downgrading of services and closures by major banks across the country saw banks in nearby Kulin and Wagin close. However, despite these changes, Lake Grace retained both its Westpac and BankWest bank branches.

Michelle Slarke

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Telecentre Opening Hours

Monday - Friday 9:00 am - 12:30 pm ; 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday, Friday 9 - 5 pm



Advertising Charges

All prices inclusive of GST

1/8 page \$ 8.80 1/4 page \$13.20 1/2 page \$22.00 Full Page \$41.25 Classifieds 85c /line

We would appreciate your advertisements and articles on disk or emailed if possible.

Please email all material to: lakelink@treko.net.au.

Deadlines & Editions

All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

Next Deadline: Monday 14th June Next Edition: Thursday 17th June

A very BIG thank you

To the dedicated team who have produced and compiled this edition of the Lakes Link News.

Dot Kennedy Danielle Robertson Michelle Lay



Thank you also to our many contributors of articles

DISCLAIMER

- 1 No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2 While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

The Digital Camera Course has been rescheduled for Friday 25th June. This is a 5 hour course, starting at 10:00am. It will cost \$50 per head and you will be required to bring in your camera (fully charged), cords, manual and software - in other words bring in everything that you received when you purchased the camera. The course will focus on taking quality photos and will then branch into downloading, storing, enhancing and printing.

- MONEY, MONEY. Once again the Narrogin BEC have training vouchers available, these must be applied for BEFORE training is undertaken, they are not retrospective. The first \$100 is fully funded, the second \$100 must be matched \$ for \$ by the participant. Participant pays for training and is then reimbursed. Strictly one voucher per ABN. Forms are available from the Telecentre or you can ring Lisa Shields on 9881 4908. I haven't yet had any takers on these vouchers that are being offered.
- The Telecentre is organising an opportunity for anyone to talk to a consultant from the ATO about GST and non-profit Community Organisations. This is an opportunity to discuss grants and GST (whether or not to include in your application), contracting staff/tradespeople/artisans, what to do if contractors aren't registered for GST...and the list goes on! If any individuals or business people would like to discuss anything related to taxation please contact the Lake Grace Telecentre so we can register your interest. No date has yet been set.
- Lake Grace District High School celebrates its 90th birthday this year. The P&C are looking for community members who would be interested in helping organise an event to celebrate this occasion. Please contact me if you have ideas or are interested in being part of the organising committee keep in mind this would be a short term project!!!

Suzanne Reeves

Learn to use your

Digital Camera

to its full potential



Friday 25th June
At the Lake Grace Telecentre
10:00 am start
\$50 per head

Ring Suzanne on 9865 1470

Thanks to Last Fortnight's Collators



Dot Kennedy
Michelle Lay
Danielle Robertson
Alex Reeves
Trish Cameron

On behalf of the Gooding family, being Philip, Nita, Sharon and Daniel, we would like to say a big thank you for all the support we have received.

The cards and kind wishes and prayers have helped us through this sad time, it has been truly overwhelming. The benefits of living in a caring community - we are forever grateful



Australia's Biggest Morning Tea

Nationally going from strength to strength, Australia's Biggest Morning Tea has cemented itself as a major fundraiser for the Cancer Council of Australia.

Now in its eleventh year ABMT can be as simple or as detailed as the host may choose - either way it is a reason for people to come together.

In 2004 the Lake Grace Anglican Ladies played host once again. Although numbers and donations were down in comparison to last year, it is still a significant endeavour in the fight against a disease

that will affect close to one in three Australian's during their lives.

So if ABMT slipped your memory this year, there's always 2005. Give generously as you never know if it's going to be you in the hot seat!

Well done to the Anglican Ladies for raising \$416.50 - the food was great. Leonie Carruthers won the beautiful camellia, which she then handballed to her Mother due to health reasons (the camellia's health that is).

Garden Club

Hello again. As promised there will be a Garden Club gathering at:

Where: CWA Hall

When: Wednesday 23rd June at 10:00am Subject: Watching an inspiring garden video

There will be a short talk on new release plants available in Spring.

Garden Club is open to everyone where we all have an interest in common. We can share hints and ideas.

So if you have some time to spare come along and be inspired. Any inquiries phone Julie Bushby on 9865 3017



What IS that?



See page 30



ABOUT TOW

Well done to Bill and Angela Walker who received 'the seal of approval' (just below a Bronze Medal) for their 2002 Shiraz that was submitted to the London Wine Festival.

0 If you happen to be going to the Fremantle Dockers vs Port Adelaide game on Saturday 19th June watch out for the half time entertainment. A huge contingent (nippers) from the Ongerup Football Association will be playing 'exhibition football'. Twenty two Lake Grace Nippers, ages 6-8 years old will be attending with Ray Bushby as their coach - so keep your eyes peeled for future stars.

0 Brayden Reynolds has been doing his bit for the Haxey Cricket Club, achieving 110 in 90 balls (15 fours, 1 six) on 22/23 May. With Grimsby reaching 226 for 5, the pressure was

on Haxey. When Haxey came in to bat there were some good contributions from the team, the glory however belonged to Brayden who blazed 110 to achieve a win in the last over of the match. following week Haxey played local rivals Outcast in the George Marshall Cup. Outcasts were all out for 76 with Brayden taking 3 wickets. Haxey went in to knock off the runs quickly and thanks to a 12 ball 42 from Brayden won the game in the 10th over.

Congratulations to Kim and John Burns 0 who welcomed a baby girl, Sophie Louisa on Thursday 20th May.

Medicare

Lodge your claims via direct line.....at the Telecentre!!!

Direct phone line with a real person on the other end

COPPY BIRTHDAY

4 June Rohan Trevenen 5 June Alistair Hunt

6 June Dave Beggs

7 June Florence Watts

10 June Oliver Farrelly

11 June Joe McEncroe

Michaela Hendry

Vicky Nolan

12 June Margaret Fisher

Isobel Watt 13 June

Gaillene Kennedy Skye Gambuti Michelle Dunham

14 June Shannan Gray

Geoff Sabourne

Wendy O'Neill

15 June Damon Joyce

> Rysha Bird Jacinta Holmes

Valda Morton 16 June

Anna Naisbitt

17 June Sarah Bushby

> June Smith Joel DeVree

Dot Kennedy

Fax, email or bring your *About Town* news into the Telecentre. If you would like to share your birthday or anniversary celebrations with us then please fill in the Celebrations book.

DON'T GET CAUGHT!!

Beware of Publishing companies ringing to ask for donations for worthy community orientated magazines. Persons requiring sponsorship must be able to give you a land address, not Post Office Box only. They also are required to give you a contact phone number - not 1300 or 1800 numbers only. Below is a list of known fraudulent magazines and publishers.

Name of Magazine

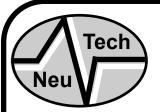
Crime Watch Community Health & Safety Review Crime & Emergency Safety News Cyde Safety Disadvantaged Children's Journal Drug and Crime Awareness Intense Heart Kids in Crisis Magazine National Firefighters Safety Gazette National Police Bulletin

National Volunteer Workers News On Patrol Police & Community Welfare 4 Youth Police Youth Protection Guide The Family Help 7 Welfare Guide The Volunteer Organizations Guide Volunteer & Rescue News Academy Book Schools Children's Road Guide to Safety National Emergency News Crime Prevention Review

Name & Address of Publisher

Colonial Publishing P/L, PO Box 734, Kingsford, Community PO Box 1914, Southport BC, Southport QLD Riverside Publishing, PO Box 343, Edgecliff, NSW ADCOM Publishing, PO Box 2126, Gosford, NSW Advent Publishing P/L, PO Box 3095, Redfern, NSW ADCOM Publishing, PO Box 882, North Sydney, NSW GPO Box 4752, Sydney, NSW PO Box 19796, Surfers Paradise, QLD GPO Box 2123, Sydney NSW Reply Paid 7699, GCMC QLD, 9726 Australian Publications & Advertising P/L 8/12 Blenheim Rd, North Ryde, NSW PO Box 5024, Mermaid Waters, QLD Spacelink Holdings, PO Box 830, Surfers Paradise Power Pacific Media Intl, PO Box 291, Brisbane, QLD Oceanic Publishing, PO Box 132, Cardiff NSW Asterosa P/L, PO Box 1499, Broadbeach NSW PO Box 867, Miami, QLD WR Services P/L, Railway St, Mudeeraba QLD Unit 1/20 Commercial Rd. Melbourne. Vic Precise Publishing Sydney NSW Power Pacific Group BP Publishing Pty/Ltd, PO Box 8430 Perth, WA, 6049

If you have been caught by these companies before or have more names to add to this list, please contact Yvonne Smith at WA Police Legacy Campaign Office on ph. 9289 4912 or fax 9289 4977. Alternately you could contact Department of Consumer & Employment Protection on 1300 304 054.



NEU-TECH AUTO ELECTRICS



FOR ALL YOUR ELECTRICAL NEEDS

Stubbs Street, Lake Grace Phone: 9865 1164 Fax: 9865 1543

Winter is here and by now you will have noticed the daylight disappears rapidly after 5:00pm.

Before the wet weather arrives drop into Neu-Tech Auto Electrics and upgrade your headlights with Xenon globes.

We also have in stock a range of budget priced "Ziel" spotlights, along with a wide range of Hella driving lights.

Increase your visibility and stopping distance and you decrease your chance of having night driving collisions.

See Ross or Bob at Neu-Tech and let us light up your life!!









Shop 5, Lakeway Shopping Centre, 22/23 Stubbs Street, LAKE GRACE

FASHION FOR THE SALT OF THE EARTH

Slazenger

Ladies tracksuits in great styles and colours.

Comfortable, smart and well priced basics.

Have you seen our great ranges for 8-14 kidswear from Lightning Bolt and Hang Ten?

Good prices - up to the minute styles!



Lakes District Well Women's Clinic

The next

Well Women's Clinic

will be held at the Lake Grace Medical Centre

Tuesday, 8th June

Free of Charge

To make an appointment,
Please phone

Jill Dykes on 9871 9024

Anna Taylor on 9865 1507



Bonjour from the land of beer, chocolate and frites!

Ashleigh Joyce on exchange in Belgium

For those Aussies who are slightly unaware of the word Frites, as I was when I first arrived, this is what we know as French fries!! ATTENTION! Be careful! Belgians are very sensitive to the word FRENCH fries!! Hence, evolves the typical Belgian culture of which I have learned, lived and loved for the past four months.

Et puis, (and then) I find myself here in the month of May, almost half way through the year 2004, a year that I had eagerly awaited for so long. Not necessarily knowing or planning to spend it here in Belgium, but with excited anticipation and a yearning to travel, see the world, and experience a culture totally different to my own, and one I was completely oblivious to. Honestly, it is only now that I realise how naïve I have been in thinking Europe would not be so different to Australia. It is really another world, and as much as I am loving the new experiences, and the wonderful opportunities I am taking advantage of, it also brings about an enriched appreciation for my own culture... Australia is really a beautiful place, and looked up to by the rest of the world, a destination on every person's wish list, which is really something to be proud of.

Anyway, even though I knew Belgium, being central to Europe, would be a climatic change, the actual shock of a day no warmer than negative ten degrees Celsius hits those originating from the warm part of the southern hemisphere quite severely. I was a little stressed when I left the Perth airport with an extra three kilos of luggage, but on arrival...was thankful and commenced to wear almost all of my clothes at once. It is funny how we think Europe to be the leaders in world fashion but I swear it is climatically influenced...they literally just throw on layers to keep warm, and Voila!! New seasons fashion. It was in my first three months that I saw a lot of snow, and went skiing. Snow is one of the most beautiful natural creations, but for those of us of which it is a whole new world, it can also be quite dangerous. I hold this memory as one of my fondest, but when I look back on it, could have potentially been quite disastrous. I excitedly went skiing with my third host family in France who invited me to come with them. I eagerly tried to remember the tips given to me when I first attempted skiing on my trip to New Zealand in 2002, and when I saw all these little kids, literally...knee high to a grasshopper!!, scooting pass me...I was a little puzzled at my lack of coordination. Determined to master it, I stopped checking out all the hunky boys on the slopes, and concentrated on the basics. By the second day my ongoing improvements led to an invitation to a more difficult slope, and lets just say, out of my comfort zone!! It was a disaster...Very hilarious for onlookers, but I literally spent more time face down in the snow, than actually skiing. Just for the girls; don't bother wearing mascara skiing because scientifically snow is frozen water, and mascara tends to run in water...and No, I didn't have waterproof mascara on! So I was basically a tool with panda eyes, but frankly loved every minute. I have also been to Paris, Berlin, Holland, Luxembourg and all over Belgium, for my

travels, and have collected a mountain of excellent memories! I am looking forward to the coming months which will include a lot more travelling, backpacking with exchangees from throughout the world on a Euro tour during June holidays.

School is another major aspect to my exchange year. I would be lying if I didn't say that the actual content is a little boring at times, and after two months I had to actually start doing maths and science, but there is also a positive to school (can you believe it !!), speaking to your friends...In French, and thinking and dreaming in French, has been an excellent language course for me!! I am taking a class with the "young'uns" and they are absolutely gorgeous...unfortunately I am only able to stay with them for another two weeks, so I am really going to miss the little letters in English, that you can see would have taken them a long time to write. I also have another class with 14 and 15 year olds, and to all my old teachers: I apologise for my sometimes attitude influenced comments!! I now see it is just a particular stage in one's life, and that it is a common period all over the world! In fact, one of the scariest things about exchange is that you can become completely absorbed into another culture, and recognise that everything surrounding you is completely different, to conclude that we are actually more or less the same, with ideological similarities but culturally segregated. As for the fashion at school, I definitely can say that tight, tight pants on guys is the 'go' in Europe...PLEASE do not let it hit Australia! I was warned about the alarming number of 'monobrows', but the tight pants came as a shock! As for the girls, it's pretty normal, although they do tend to wear a lot of black. For me and my school experiences, I am going to have to stop wearing bright colours because the teachers always notice when I accidentally get lost. Oh yeh, you would not believe how amusing gym class can be, I am sure you have all viewed clueless at some point, well you know the scene (yes I know it off by heart: very embarrassing) where they are playing tennis for phys ed, well that's exactly what it's like. I laugh almost every time I have sport, four times a week so that's a lot of laughing!

I have become the local tutor (free of charge) for all the English classes, although business has dropped a little since they started to get their homework wrong! Apparently, Australian English is not the most correct, but I believe (said with an English accent) 'our lingo rocks!'

If you have been wondering what I have been up to, no need to stress. I have not changed, managing to embarrass myself quite regularly like tripping up the stairs in front of my whole class, so basically I am the fool from Oz!! The positive being that because it is cold, I didn't need to worry about the bruises, pants all the way! Actually, Belgium is really beautiful. I loved it when it was covered in snow, but a lot better when it is green. Everything is divided by evenly cut hedges and the houses are all similar in size with the high steeped

Bonjour from the land of beer, chocolate and frites! continued

rooves. This is Belgium! Sometimes it seems almost like Pleasantville, but only in the eye of a foreigner. For them, it is normal. At night it is lit by many lights, even in the small villages which certainly is different to Kukerin's five or six light poles, but with this is of course pollution and the air here is nowhere near as clear! We are lucky for this, and I appreciate now how safe and clean Australia is compared to the rest of the world.

The food...franchimont, c'est SUPER DELICIOUS!! Say no more! There is a lot less fast food, and the time and preparation that go into every meal is somewhat different. Of course it depends on every family's circumstances, but in general, meal time is family time, and there is usually always more than one course. In fact, breakfasts are very small, and lunch and 'tea' (the forbidden language) are somewhat larger. Both of my host families were a little shocked at my need of a big breaky to kick start the day. Being the obedient exchange student that I must, I have since tried things that I never would even smell. I certainly didn't think four months down the track I would be an admirer of asparagus, brussel sprouts, chicon, and olives (I know dad would be impressed). However, I am yet to try 'grenouille' (frogs) and 'escargot' (snails) which I am told I will be trying very soon! Pray for me! So far so good, although I have wondered exactly what animal is in some of the mysterious looking sausages that are served. I have even cooked a meal for my host family's which consisted of omelette (random side serving), pumpkin soup, lamb stew, and pavlova. They absolutely loved the Australian kink to the meal, and now maintain a crazy idea that I can actually cook. Just ask my mother and she will verify that I am a disaster in the kitchen.

I have been to many different restaurants for different occasions, every third week Rotary have a dinner, and family birthdays, but although the menus are written in French, it is more or less fairly normal. It is not hard to recognise why exchange students gain the kilos when they are on exchange, especially in Belgium, but having being very busy, and playing lots of sport, have managed to avoid that situation thus far!

We have had many enjoyable activities to do with Rotary here, and keep very good contact with our clubs. Belgium, being so small in size, is the exchange capital of the world! There are so many of us and we are able to meet up every week, so not only am I learning about the Belgian and European culture, but also a spread of worldly stories. I am already planning my next destination (a part time job will come in handy!). Not to mention, a good sample of those beautiful South American men in a European country! I have been on weekends with Rotary where I have been invited to speak on Australia, in French, so I am not sure if my normally hilarious humour (he he) was lost in translation but nevertheless we had a lot of laughs! Rotary have also organised parties for us, and trips to Normandie, London and Berlin so it has been fantastic! This weekend we have a talent show to perform in front of about 300 people. I am actually a little nervous, but it too should be a great event. Lets just say our little piece ends with a traditional Australian dance, some war paint and not many clothes!

I have learnt that the best way to integrate is to become involved in the community. I am living in a relatively small village and have participated in a local hockey team, of which we never won a lot of games, but did we know how to have fun!



We went to France for a tournament, and to my surprise a lot of teams there spoke English, so I no longer felt like the minority. There were teams from England, France, Belgium, and Holland so that was a very exciting weekend. I believe we came out as one of the better teams also because we had a national Belgium player with us. Hockey is not the most popular sport over here, in fact I think the big ones are Ping Pong and bike riding, which I find amusing, so the level of seriousness and competitiveness in sports such as this does not compare to Australia, but this new experience has been one I will never forget and treasure always. I have also joined a fitness club to try and keep a little fit. At first the motivation was the HOT personal trainer, but now it is to ensure that those delicious Belgian chocolates don't start to show.

This has started to turn into a novel, so I will have to start winding it up. I hope you have enjoyed reading about my first four months as I have enjoyed reflecting on them! I am absolutely loving it here in Belgium and am having a ball so if anyone is touring Europe this year and would like to mark Belgium as somewhere they may travel, don't hesitate to contact me and I will show you some fantastic, hidden adventures. Its time to really put Belgium on the map, as for most it is just one of those countries that one passes through!

The people are some of the friendliest in the world, the atmosphere is always humble, and quite frankly the beer is the best! My host families are great, and I have enticed many to visit Australia, so much that I think our house will become a backpackers hostel in the not to distant future.

I am sorry for all my spelling and grammatical errors, but I really have been trying hard to learn French... donc, Gross Bisous à toute...

Until next time

Luv Ash.

Warning on Hazards in Seeding Season

WorkSafe has issued a warning on the safe operation of machinery and other hazards as the farming community begins seeding activities.

WorkSafe WA Commissioner Nina Lyhne said that the number of work-related injuries in the agricultural sector were a cause for concern, and the seeding season presented its own unique set of hazards.

"Alarmingly, a death of a worker, child or bystander occurs on a farm somewhere in Australia every three days," Ms Lyhne said.

"In WA, agriculture is second only to the mining industry in the number of work-related deaths recorded since 1988.

"The statistics we have for the agriculture industry are derived from worker's compensation claims, and because so many in the sector are self-employed, we can safely say that the high lost-time injury statistics we have are only the tip of the iceberg.

"The main areas of concern we have during seeding season are fatigue, guarding of machinery and chemical use."

Fatigue is a serious concern at all times, but seeding season is an extremely busy time, and farmers need to ensure they get adequate rest, especially when they are working with hazardous machinery.

Manufacturers of machinery are legally required to make sure dangerous parts are safely guarded so operators are protected from injury, and **WorkSafe** operators are under an obligation to leave guards in place when machinery is being operated.

Machinery guards should be designed in a practical way that protects the user but allows ready access for operation and maintenance.

Machinery such as augers and tractors that have rotating parts should have adequately guarded power take-offs, as they can catch loose clothing and drag workers into the moving parts.

The use of chemicals such as fertilizers, pesticides, and herbicides is widespread during seeding season.

Labels and material safety data sheets (MSDSs) should be consulted for information on hazards, personal protective equipment and safe handling, transport, storage and disposal for each chemical.

Ms Lyhne said that the many special hazards that existed on farms in seeding season meant that particular care needed to be taken.

"Long working hours and the use of chemicals and machinery such as augers and tractors can heighten the risk of serious injuries and fatalities," she said.

"I urge everyone in the agricultural sector to look at every activity performed at this time of year, consider what could go wrong to cause an injury, illness or even death, then take action to reduce or eliminate those risks."





COUNCIL NEWS AND NOTES

Shire of Lake Grace

PO Box 50 Lake Grace WA 6353 Phone 9865 1105 Fax 9865 1109 email hire@lakegrace.wa.gov.au

NOTES FROM THE MAY COUNCIL MEETING.

Councillor Reports

At the May Ordinary Meeting of Council, Cr Farrelly reported on the recent Central South Tourism Association meeting.

Cr Woods reported attendance at a meeting with lan Walker, local landholder, and lan Laing, private consultant contracted by the Department of Environment, to undertake a review on the condition of two Agricultural Area (AA) dams in the Magenta Area.

Cr Bennett reported on the recent Wheatbelt South Action Plan meeting and the Grantsmart Expo. The Grantsmart Expo offered the opportunity to meet with government funding agencies to realise potential funding sources for business or community projects.

Vi Barham Award

Council resolved to donate \$100 towards the Vi Barham Award.

Newdegate Tennis Club

The Newdegate Tennis Club approached the Shire of Lake Grace for assistance in raising \$10,000 in Specified Area Rates to re-surface the two back courts with a synthetic turf. The Tennis Club was successful with this request.

IN THE MAILBOX

RESIDENT/RATEPAYER SURVEY

for the

DEPARTMENT OF ENVIRONMENT AND WATER CORPORATION'S

AGRICULTURAL AREA (AA) DAM RATIONALISATION PROJECT

Have Your Say!

If you have not received a survey, copies are available at local Libraries, Telecentres and Post Offices or call Jeanette at the Shire

FIRE AT RUBBISH TIP



The recent fire at the Lake King Rubbish Tip site was caused by the placing of hot ashes into the trench.

Council reminds users **AGAIN**, not to place into the pits any material, such as hot embers, that may cause a fire.

COUNCILLOR'S CORNER

Please complete the survey on AA dams and give Council guidance on how we should proceed with the decision on what the community wishes to do with these dams.

On this or any other queries please call the Shire Office on 9865 1105 or myself on 9865 1180, mobile 0427 651 180.

Thank you.

Cr Ollie Farrelly

TATE TREE SERVICES

Tate Tree Services will be in the Shire of Lake Grace commencing 8 June, 2004.



Residents wishing to have trees pruned are requested to contact Joseph on 0427 912 939 to make arrangements.

HOT ASHES IN WHEELIE BINS

Hot embers in street bins are continuing to cause problems for Ted Pugh's rubbish pick ups. Last week's run found four bins in one street containing burning



PLEASE DO NOT

place ashes containing hot embers in your wheelie bin.

SCIENCE AND 梦宇的诗诗

Fli my ma wh yo

Fluorine - an elementary mystery: Fluorine is the main chemical of fluoride, which is in toothpaste and your water.

Every chemical element on earth tells a story written in the heavens. The nitrogen in our atmosphere and in your body's proteins blossomed in stars somewhat heavier than the Sun, like Capella, which cast their outer layers away as planetary nebulae when they died. The oxygen you breathe and the neon gas in storefront lights were cooked up in massive stars like Antares, which later spewed these elements into the galaxy by exploding as supernovae. Supernova explosions themselves forged much of the iron in your blood and the gold in your jewelry. Astronomically and chemically, fluorine (atomic number 9, for 9 protons in its nucleus) stands apart. For one thing, it's rare. Rank the elements by their cosmic abundances: its neighbours carbon (atomic number 6), nitrogen (7), oxygen (8) and neon (10) all make the top six, right after hydrogen and helium. But fluorine doesn't even appear in the top 20. It's like a shack between mansions. As well as toothpaste and fluoridated water, fluorine is in the beautiful mineral fluorite. Beside earth, fluorine is found on Venus, the Sun, Betelgeuse, Arcturus, Mirach and most K and M type stars, carbon stars and planetary nebulas such as the Egg Nebula and ngc 4361 planetary in the constellation of Corvus the crow. So this is how fluorine is made:- it starts when the heavy carbon isotope carbon-13 fuses with helium-4 and loses a neutron. The neutron then impacts nitrogen or aluminum to liberate a proton. These protons end up producing fluorine through a sequence that starts when nitrogen-14, a left over from hydrogen burning via the CNO cycle, meets helium to create radioactive fluorine-18. fluorine-18 atom is unstable and soon decays into the heavy isotope oxygen-18 by releasing a positron (a positively charged electron). Now the proton enters the action, transforming the oxygen-18 into nitrogen-15. The nitrogen-15 then encounters helium and finally forges fluorine. After a helium-shell flash in a red-giant star, the fluorine reaches the star's surface, where cooler temperatures prevent protons or helium-4 from destroying it. The star's wind then blows the element into space before the temperature rises enough for the helium to destroy it.

(from the Alchemy of the Heavens)



Ancient map is eerily right about eddies: An ancient map of the North Atlantic drawn over 450 years ago almost perfectly represents the ocean current and eddies that swirl today. The discovery has as tonished

oceanographers. "They're the earliest known description of large eddies in the ocean, their size location and spacing seem too deliberate to be purely artistic expression." The map is the ancient Carta Marina of the north east Atlantic, published in 1539 by Olaus Magnus, an exiled Swedish priest living in Italy. Oceanographers realized that its decorative whirls and eddies corresponded to eddies seen in thermal satellite images taken of the "Iceland-Faroes Front" where cold arctic water meets warm northbound water in the gulf stream. They think the artist gleaned his information from traders and mariners who sailed the North Atlantic. (Oceanography, vol 16, p 77)



Natural Selection deals an even hand to the richest and poorest: how heavy you were at birth could have been influenced by the country you were born in. A survey of baby weights in 130 countries has found that women in the richest and poorest countries are more likely to give birth to larger

babies than women elsewhere. This pattern could be due in part to natural selection, researchers say. In rich countries, people tend to die from noninfectious diseases such as atherosclerosis. Larger babies are less at risk of developing these conditions later in life. Bigger babies should also do well in poorer countries, they reason, as they are more likely to survive parasitic diseases that kill the most people late in life. However, in eastern European nations for instance, accidents and causes linked to general economic hardship are more common. factors affect people equally, regardless of their birth weight. Here mothers might do better by giving birth to more small babies rather than fewer large ones.

(Journal of Evolutionary Biology, vol 17, p 542)

Maurie Gilson

24 HOUR EMERGENCY SERVICE PH: 98651206



Hospital Ball— 30th October 2004

Reserve this date to put on the 'glad rags' and join us for a great night out.
The Last Stand is the band for this year!

HEALTH SERVICE

Colds & Flu

It's that time of year when there are many viral infections around. Here are a few tips on dealing with the symptoms, and when to seek medical attention:

If you have a "cold", let your own immune system fight the virus:

- Eat a balanced, healthy diet
- Keep the fluids up to prevent dehydration
- Use over-the-counter cold remedies to reduce symptoms
- Panadol or aspirin will reduce any slight fever

Influenza or "flu" is a more severe virus that causes the joints to ache, high fevers and generally requires greater care of the patient:

- Treat with all of the above, but in addition;
- Rest in bed
- Stay home from work/school don't spread your bugs around!

Seek medical attention if:

- Prolonged fever
 Chest pain
- Symptoms do not improve in 2—3 days

Angel Flight Australia

This is a new charity that co-ordinates nonemergency flights for financially and medically needy people. All flights are free and may involve patients or compassionate carers travelling to or from medical facilities anywhere in Australia.

Angel Flight pilots do not carry aeromedical staff or medical equipment so do not act as an alternative to the Flying Doctor (RFDS) or Air Ambulance. Angel Flight services are entirely free, and can be provided for: scheduled treatment where other forms of transport are physically and emotionally taxing; other non-emergency medical patients; patient carers; medical drugs; blood and blood products; anyone medically and financially disadvantaged.

Mission requests are made by health professionals eg. Medical practitioners, nurses, social workers.

Angel Flight pilots donate their flying skills and all expenses of each flight, serving the medically needy in every state of Australia.

Office of the

Public Advocate

PROTECTING VULNERABLE ADULTS

A free Telehealth (videoconference)
session to be held at the
Lake Grace Hospital
Monday 19th July 2004
10:00—12:00 noon

This session provides an introduction to the Guardianship and Administration system and how it operates to protect the rights and best interests of adults with decision-making disabilities.

If you are interested please contact the hospital on 98651206 to register for this session.

Blood Borne Infection in Sport

Some diseases may be caught through blood contact during sport. These include hepatitis B, hepatitis C and HIV/AIDS. The risk is highest if you play high contact sports. The risk of infection is small but it's a good idea to take a few simple safety steps.

For Players:

- If you get a cut or graze, treat it yourself, if possible. Tell an official straight away.
- Make sure any blood is cleaned up. Change or clean blood stained clothing straight away.
- Keep yourself and team areas clean.
- Think about getting vaccinated against hepatitis B.
- If you have a blood-borne disease, you don't have to tell anyone. However, it's a good idea to talk with your doctor before you play contact sport.

Coaches, referees and game officials must also be aware of the importance of protecting players and themselves from infection.

Strong CBH Voter Turnout

As your recently returned CBH Director I extend my thanks to all shareholders who participated in the Albany District Board election.

Voter turnout was very encouraging with over 45% participation, showing a keen local interest in the election.

I wish everyone a successful and safe 2004.



David Adams is congratulated by David Woolfe, CBH Company Secretary and Returning Officer for the Albany District Election, flanked by outgoing Chairman Allan Watson on the left and Robert Sewell new CBH Chairman.

AT Cicle US

David Adams



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PEC PERSPECTIVE

These are some of the 'things' that our busy P&C Committee have been up to:

P&C Chairs:

The P&C were successful in obtaining funding from the Department of Family and Community Services Volunteer Small Equipment Grants which enabled them to purchase 100 durable 'school blue' chairs from Sebel. These chairs will be used at parent assemblies and other functions where parents and community members are invited. Rather than store them in a shed between uses they are currently being housed in the Library. Thank you to Fyfe Transport for freighting the chairs.

New Initiatives:

P&C funded 50% of the following new initiatives - Secondary English/Society and Environment text books (\$2,402.95) and First Wave reading books (\$617.10). The remaining 50% of the cost was funded by the school.

Canberra Camp:

Won't be going ahead for 2004 as there were only six interested. For this to go ahead in 2005

parents would have to provide a sizeable non-refundable deposit before the end of the year.

Timetable Changes:

Have been brought into place with the most important change being that recess is no longer at 10:50 but brought forward to 10:30. This makes it easier for children in outlying areas that were having to go for some hours between breakfast and morning tea. These changes will be put into practise in Term three.

P&C Catering:

The P&C is having trouble obtaining enough interested persons to form a Catering Committee. Unless some more volunteers step forward, the P&C will not be taking on any more catering work.

90th Anniversary:

2004 is the 90th birthday of Lake Grace District High School. We would like to be able to hold some kind of celebration. CWA have mentioned that it is also their 60th anniversary of activity in Lake Grace. Community support would be needed for organising such an event.

Suzanne Reeves - Secretary

LAKE GRACE DISTRICT

Seasonal Employment 2004/2005

Applications are now invited for the following positions

Grain Samplers
Weighbridge Officers
Receival Point Operators



To assist at the following Receival points during the Harvest period:

Borden - Gairdner - Hollands Rock - Jacup - Jerramungup - Kojaneerup - Kuringup - Lake Cairlocup - Mindarabin - Ongerup - Pingrup - Wellstead - Buniche - East Hyden - Hyden - Karlgarin - Kukerin - Kuender - Lake Grace - Moulyinning - Newdegate - Pingaring - South East Hyden - Tarin Rock - Woolocutty

Applicants must be available no later than mid November 2004

Depending on seasonal conditions, some positions may commence earlier or later

Interviews will be conducted at:

Lake GraceDistrict OfficeJerramungupJerramungup Receival Point

Stubbs St, Lake Grace

South Coast Hwy, Jerramungup

Head Office CBH Social Room, Campbell St, West Perth.....Monday 19th July

Co-operative Bulk Handling Limited has introduced an Alcohol & Other Drugs Policy and ALL applicants will be tested at the interview stage and randomly during employment.

Copies of the 'Alcohol and Other Drugs Policy' is available upon request.

For an interview appointment and application form please phone the Lake Grace District Office on 9865 1106 during business hours.

Applications Close Wednesday June 30th 2004

Sleazy Con Artists Target the Elderly



Only days ago, a carpet conman who had targeted elderly Western Australians four years ago was apprehended by Queensland police. At the time of the offences, Queenslander David Stranaghan was operating a cleaning service in Perth. Working door to door, Stranaghan and an associate approached residents of WA retirement villages, offering to clean their carpets for "cheap rates". They then used stand over tactics to obtain payments as high as \$3,700 for less than an hour's work from elderly victims.

Reports of these predatory activities evoked a strong reaction with the WA public and the media, providing the Police Service and the Department of Consumer and Employment Protection with enough information to drive the conman out of WA in a coordinated operation within days of the first reports. He was later convicted on 24 charges and even though he was ordered to pay \$23,000 including \$6,800 in restitution to his victims, he evaded capture for four years!

This story highlights the importance of victims, their families and members of the public reporting unsavoury trading practices as quickly as possible.

Due to early intervention, authorities were able to prevent Stranaghan from continuing his activities and by doing so, protected an unknown number of potential victims.

Every year, our State is visited by con artists who deliberately target vulnerable people and it seems, without any pangs of conscience. Their scams involve a wide range of services in addition to "cleaning services" and can include roof painting, insulation, and asphalting or even pest control. All have been pedalled door to door to an unsuspecting public.

Most of these operators involve a basic deception that is presented by a friendly plausible story, followed by high pressure sales that are often concluded using threats or intimidation.

Don't allow yourself, your family or your friends to become victims. Anyone who thinks that they have been targeted and are concerned, should contact Consumer Protection on 1300 30 40 54. This number will put you in contact with your local regional office and is a free government service. Help us to help you!

Local 4Farmers



Agricultural Chemical Agent

Greg Argent

 $9h/F_{ax} = 9865 4042$

Mobile = 0428 654 043

Ring for all your chemical enquiries or needs

Pingaring Progress Association

will once again host our monthly Chiropractic Visit to our local Community Centre.....

Ian Squire

from Albany will be available for consultations on

Wednesday, June 16th

Please phone Rebecca at Ian's office 9842 2322 to make an appointment, specifying that it is for his PINGARING DAY

PHYSIOTHERAPIST

Rosemary Archer

B. App Sci (Physiotherapy)

- Sports Injuries Spinal Care
- Acupuncture Rehabilitation
- Women's Health Hydrotherapy
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Monday, Wednesday, Thursday & Friday (Open Monday evening till 7pm - appointment only) Health Fund and Veteran's Affairs Rebates Available

113B FEDERAL STREET NARROGIN PHONE 9881 3373 0409 107 051

Reminder on Loading and Securing of Loads

A work-related fatality last week has prompted a reminder from WorkSafe on the loading of trucks and the securing of loads.

A 28-year-old man was killed last Thursday at Muntadgin when he was struck by an 860kg hay bale that fell from the back of a truck he had just finished loading.

WorkSafe WA Commissioner, Nina Lyhne, said today that the incident served as a reminder that correct loading and adequate securing of loads was absolutely crucial in the workplace.

"Both drivers and workers who load vehicles have an obligation to be aware of their respective responsibilities in the safe and secure loading of a vehicle," Ms Lyhne said.

"Employees are responsible for ensuring the correct loading of a vehicle and the driver assumes the responsibility under the Road Traffic Regulations as soon as they enter onto a public road.

"Under WA's occupational safety and health legislation, an employer must provide information, instruction, training and supervision to employees in respect to load restraint." Load restraint came under the spotlight late last year when a member of the public was fatally injured when two five-tonne steel coils fell from a moving truck into the path of her vehicle. The coils were not correctly tethered to the truck.

A booklet called *The Load Restraints Guide*, developed by the Federal Office of Road Safety and the National Road Transport Commission, provides guidance and technical advice on how to restrain loads of various weights and sizes.

Copies of the booklet are available from Main Roads Western Australia, and it is recommended that all relevant workplaces have a copy.

"I urge employers in any workplace in which trucks are loaded to ensure they are familiar with all the applicable legislation and guidance material," Ms Lyhne said.

"The fatalities and other serious incidents we have seen in recent years highlight that the consequences of incorrectly loading and restraining heavy items can be absolutely tragic."

Further information on loading and securing loads can obtained by telephoning WorkSafe on 9327 8777 or on the website at www.safetyline.wa.gov.au.

Casual Interviewing Position

Roy Morgan Research is seeking highly motivated individuals to join their national team of Interviewers to work on an interesting social research survey.

This is a temporary position, lasting approximately 4–6 weeks, commencing in mid June. At the completion of this project there is the possibility of ongoing casual work.

The successful candidates will possess excellent **communication** skills, both verbal and written, their own **transport** and have the ability to work **independently**.

If you are motivated and have the confidence to conduct door to door interviews then contact us immediately.

To apply, please send a brief resume to Michele Legge **ASAP** on:



Email: perth@roymorgan.com

Fax: (08) 9221 1341

Postal: Suite 22, 7 Aberdeen St Perth WA 6000

OR, for further information, please call - **Phone:** (08) 9325 4899



Quiz Night

At the Lake Grace Sportsman's Club

Friday, 11th June 7:30pm start \$2 a head - 6 to a table

Fish & Chip meals available Meals from 6pm

Book your table at the Club NOW

CWA HAPPY HOLIDAY CAMPS

In the world-wide depression of the 1930s none were more innocent victims than the children of the inland areas.

CWA initiated a scheme to bring groups of these youngsters, aged from 6-14 years, for a fortnight's holiday by the sea. It truly was a mammoth task.

The first camp took place in 1937 and continued in the following years. Camps were held at Rockingham, Fremantle, Busselton, Albany, Christchurch Grammar, Claremont Showground, Fairbridge Farm, Bunbury and Port Denison.

The following account of a Rockingham camp is typical of the problems and procedures and the joy of achievement.

Presidents of Eastern and Western Division of CWA collected 78 children from as far a field as Kalgoorlie and Northern Branch lines and took them by train to the coast. Many had never seen the sea. For all it was a terrific adventure!!

Most children carried few belongings, a blanket perhaps and the all important chaff bag filled with straw, that would be their beds. (Northern Division used seaweed in mattress covers).

Mr Williams, a stalwart supporter, transported by truck the general equipment of pots and pans, a bag of wheat to grist for porridge, one old stove, the all purpose kerosene tins, boxes of food, an old gramophone and an ice cream churn.

This last was to provide one of the high peaks of the camp enjoyment. Many children had not eaten ice cream and vied with each other to churn the custard!!

There was no refrigeration and the preservation of food was a constant problem.

Cooking was largely done in the open but a friendly baker allowed Mrs Williams to cook in his bakehouse after he had taken out the bread and there she baked hundreds of pies at a time.

Factories and stores donated tea chests of broken biscuits and buckets of soup bones.

Branches and individuals were generous with gifts of food and clothing, adding bathers when needed and a few shillings which allowed the children the pleasure of spending in a city shop. It is noteworthy that most bought gifts for the family at home.

Two members of Parliament chartered a launch for a boat cruise on the river, picture proprietors gave free tickets and another highlight was a trip to the Zoo. Washing and ironing was a major undertaking. In some instances the laundering of the only set of clothes was done while the children were in swimming togs.

A small boy who had a birthday, was given special attention and a cake to cut. Another boy insisted it was his birthday too, so a second cake was produced which he cut with some ceremony. Later he admitted that it was not his birthday but his father's and he was sure that his Dad wouldn't mind him cutting his cake!!

One small homesick boy cried all the first day because he wanted to go home and all the last day because he didn't.

One year Mrs Ruth Ramm drove her truck from Wagin, laden with camp gear, luggage and children to holiday at Busselton. This was no mean undertaking for a woman on dirt roads as bad as they were in those days.

Each year more than 200 children were cared for at the several CWA holiday camps.

In 1949 the regular sequence was broken when a Poliomyelitis epidemic caused all arrangements to be cancelled. Camps continued at Busselton for some years.

Elsie Bishop

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NIGHT





Welcome to Night Watch for the fortnight from midnight Friday, 4th June, to midnight Friday, 18th June.

The main event this fortnight is the transit of Venus, on the 8th ,across the face of the Sun from 1.00pm to sunset at 5.09pm. All things being fair and reasonable I will have my telescope down at the Anzac Memorial building lawn in the centre of town. With my solar filter it is safe to observe this event but do not try without proper equipment as it will also be shown on TV. Venus is about the same size as the Earth and will give you a good idea of the size of the Sun.

The Sun is in the constellation of Taurus for all the fortnight.

On Thursday 10th, at 3.52am, the Moon will be at its last quarter phase in Pisces. With no rising, the Moon sets at 12.49pm.

The new Moon is, at 5pm on Friday 18th, in Gemini, rising at 7.29pm and setting at 5.18pm. Also on this day at 3.51am the Moon will be at Apogee (furthest), at 406,575 kms from Earth.

Mercury is in the early morning sky, low down in the north-west, rising around 5.45am and setting around six minutes later each morning until on the 18th when it rises at the same time as the Sun.

Venus, along with Mercury and the Sun, is in Taurus. When it crosses the face of the Sun on the 8th, Venus will be at inferior conjunction at 5pm and will slowly move into the morning sky.

The red planet, Mars, is in Gemini, setting around 7.31pm at magnitude +1.8 and will be 6° south of the bright star Pollux on the 15th, setting at 7.21pm. Mars is low down in the north west.

Jupiter, in the constellation of Leo, sets around 11.30pm at magnitude -2.0.

Saturn, in Gemini, sets around 7pm in the northwest at magnitude 0.1.

Uranus, in Aquarius, rises around 11.15pm, at 5.8 magnitude, and will be 4° north of the Moon on Wednesday 9th.

In Capricornus, Neptune, at +7.9 magnitude, rises around 9.36pm and will be 5° north of the Moon on Monday 7th.

The small rocky distant planet, Pluto, is in the sky all night and is in the constellation of Serpens at +13.8 magnitude. Pluto is at opposition on Friday 11th June.

Comet Linear is now in the constellation of Hydra, the snake, near the red/orange star Alphard. Linear is moving east towards Sextans, which is close to where Jupiter is north in Leo. Being now around magnitude +3.3 it now has now a long thin tail. Binoculars will be needed unless it brightens as comets are very unpredictable.

To find a distance say from the Moon to another object in the sky you can use your hand. With your hand extended your small finger is 1°, your thumb 2°, a clenched fist without the thumb is 10° and your fully spread hand is nearly 20°.

When the Huygens probe, (which will parachute onto Saturn's largest moon, Titan, early next year), is likely to splash down in an ocean of hydrocarbon oil. Until recently, Astronomers had been unable to peer through Titan's thick atmosphere of nitrogen and methane. They always suspected that there must be a source of methane, perhaps in liquid form, at the surface. Without such a hydrocarbon source, the methane in Titan's atmosphere would have vanished long ago, as it is steadily destroyed by ultraviolet light from the Sun.

Maurie Gilson, member of the Astronomical Society of WA 16 Clarke Avenue, Lake Grace Ph; 9865 1516 Visitors for information or viewing welcome anytime

Date	Sunrise	Sunset	Date	Sunrise	Sunset
5 June	7.01 am	5.09pm	12 June	7.04am	5.09pm
6 June	7.01 am	5.09pm	13 June	7.04am	5.09pm
7 June	7.02 am	5.09pm	14 June	7.05am	5.09pm
8 June	7.02 am	5.09pm	15 June	7.05am	5.09pm
9 June	7.03am	5.09pm	16 June	7.05am	5.09pm
10 June	7.03am	5.09pm	17 June	7.06am	5.09pm
11 June	7.03am	5.09pm	18 June	7.06am	5.09pm

Lake Grace Weather

- Terry Gladish

Temperature Extremes for June

Highest Maximum	24.3	07/06/1998
Lowest Maximum	9.0	20/06/1966
Highest Minimum	15.4	07/06/1985
Lowest Minimum	-1.4	22/06/1981

^{*} denotes record



Date	Min	Max	Rain
20/5	6.7 22.0		
21/5	11.4	16.2	
22/5	7.5	14.2	
23/5	0.7	15.0	
24/5	4.2	16.0	
25/5	6.6	17.7	trace
26/5	2.0	18.0	
27/5	1.0	19.3	
28/5	3.4	20.0	
29/5	4.6	20.6	
30/5	5.0	19.8	
31/5	7.8	9.6 *	7.0
1/6	5.1	13.2	3.0
2/6	1.3		

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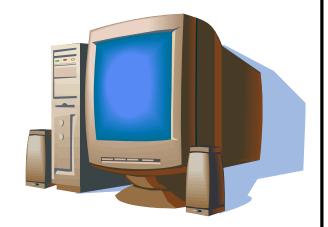
Lexmark Laser X215 Multifunction Unit: Print, Copy, Scan & Fax. Fantastic machine for the home office. Comes with 2000 page starter toner cartridge. We have 2 for sale.

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Very easy to operate.

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Hyundai Multi Region DVD-360A Player: Brand New.

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7 in 1 Card readers: Great for all your digital camera cards. You can also back up data to these.

Price: \$55.00.

Norton Internet Security 2004, Includes Norton Anti Virus: Protect your Computer from all threats and intruders.

Price: \$109.95



Baking With Pamela

In this edition I have included two recipes especially for all those busy people (note: I don't say women as I believe that men can sometimes make better cooks than their female partners. If you haven't tried it, guys, then start with the sausage rolls below) who, I hope are busy with their seeding programs

HINT: I often choose a generic brand when shopping however, for the recipes below I recommend you buy a good brand name for the pastry sheets and the cocoa powder. You will find a good quality pastry is easier to use and the better the cocoa powder, the more delicious your cake will be.

Chocolate Cake

For ease of making and economy this recipe is a winner. It is also a special favourite of mine, as it was given to me by a wonderful mentor and fellow teacher at Tuart Hill Senior High School in 1971.

Over the years it has become a family favourite and we still have a laugh about the time our three girls decided to bake Kim and I afternoon tea as a surprise. I might have taught them to cook at a young age, however I'd forgotten to educate them on some cookery terms. The recipe said to use shortening and as they couldn't find any in the cupboard decided to leave it out. We certainly ate the cake, which didn't rise very well, and it was hard going. I no longer use the term shortening but butter or margarine instead

Ingredients

125g S.R. flour (1 cup)
2 eggs
2 heaped tablespoons cocoa
1/2 cup milk
1 cup sugar
90g butter or margarine

- Preheat oven to 170°C. Grease and paper the base of a loaf, round, bar or patty tins.
- Sift flour and cocoa into a bowl with sugar make a well in the centre.
- Place milk and eggs in the well and beat for 3 min.
- Pour in melted butter and beat a further 2 min.
- Turn mixture into tin
- Bake until firm to touch, approximately 30 minutes
- Turn onto a wire rack to cool, then decorate with soft butter chocolate icing.

Soft Butter Icing - Chocolate

Ingredients

1 cup icing sugar 30 g butter 1 tablespoon cocoa Warm water to mix

- Sift icing and cocoa into a bowl with softened butter.
- Mix with a knife and then add warm water gradually from a teaspoon.
- Mix well until the right consistency.

Sausage Rolls

This recipe will either make six dozen small sausage rolls or three dozen large. I always make the whole packet of pastry up as sausage rolls freeze well.

This is an excellent way to be able to include vegetables into the meal.

Ingredients

1 packet (good quality) puff pastry sheets (6)

1kg sausage mince

1 kg vegetables (eg onion, carrots, turnips) – use whatever you have available, these are only suggestions

1 tablespoon chopped parsley or chives

1 cup dried breadcrumbs

egg for glazing

sesame seeds

- Preheat oven to 220°C.
- Place pastry sheets on bench. Cut each sheet into half (large rolls) or into three (small rolls).

- Put vegetables and herbs into a food processor and process until finely chopped, alternatively, grate and finely chop the parsley.
- In a bowl mix sausage meat, vegetables, parsley, pepper and breadcrumbs.
- Divide mixture into six and place meat down the centre of each pastry strip.
- Dampen inner edges of pastry and roll each roll from outside to the centre, tucking in the edges to make a tight roll.
- Glaze with beaten egg and sprinkle over sesame seeds
- Cut each roll, half way through into either three or four lengths (easier to bake and make the final cut when cooked. *This is a tip I got from my friend, "Young Pam"*).
- Place on tray and bake for approximately 20 minutes.
- When cold, pack into freezer bags with the number suitable for your own family.

WANTED Relief School Bus Drivers



All costs for obtaining an "F Class" licence will be reimbursed

Drivers preferred who live in Lake Grace or close (within 10km.)

If you are interested or wish to know more please ring

Brent or Jill Barrett-Lennard

on 9586 8119 or 0428 366 042 or 0429 366 042

or E-mail....brentjill@westnet.com.au

Lake Grace & Newdegate General Practice

Practice Manager Position

We are looking for an extraordinary person with GP Medical Reception experience to take on a Senior Role for this busy country practice.

In this diverse role, you will enjoy the variety of reception duties, meeting and greeting clients, dispensing medications and making sure the office and pharmacy runs smoothly.

Flexibility is essential and previous experience in computerized medical software (medtech) is preferred.

The ideal candidate for this role will demonstrate motivation, attention to detail and ability to be a team leader.

If you have previous medical experience and are looking for a full time position then please send your application to:-

D. De Boer PO Box 1539 Fremantle WA 6959 Experienced applicants only need apply. Applications close end of business June 4, 2004

For Sale By Public Auction

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70 Stubbs Street, Lake Grace

Commencing 10.00 am, Saturday, June 26, 2004

3 bedroom, fibro and tile residence.
Situated on a large block, close to town centre.
Has recently renovated kitchen.
Lounge has tile fire and ceiling fan.
New carpets throughout.
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DESPITE THE COST OF LIVING, IT'S STILL VERY POPULAR

ST JOHN AMBULANCE SUB CENTRE LAKE GRACE

Secretary of 22 Years Calls it a Day

The AGM was held last Thursday evening with approximately 15 people in attendance including our Regional Manager, Alan Wright.

President Mr Ollie Farrelly, did not seek re-election and Amanda Milton was elected President.

Mrs Shirley Elliott, who has held the position of secretary for 22 continuous years, a fantastic record of service and dedication to the organization, did not seed re-election and Meg Marshall is the new secretary, (who definately is not going to attempt to break or even get near Shirley's amazing record.)

Mr Terry Gladish was happy to offer himself for another year as treasurer and was duly elected. Terry has now been our loyal treasurer for 18 years.

Membership Benefit subs are to rise this year to bring them in line with St John's recommended rate of \$40/family and \$22/single. This will ensure our eligibility for lotteries grants.

Your subscriptions stay in the Lake Grace Sub-Centre and assist with running, maintenance and replacement costs of our local ambulance and building.

St John's membership covers you 24 hours per day anywhere within Australia with unlimited call outs and to any hospital. It is worth checking out the exact coverage details of your private health insurer to see if they offer this comprehensive cover. Most don't.

Last year Ambulance Officers attended 28 calls. Although this does not sound a lot it is on average one call per fortnight, all on a

voluntary basis, at all hours of the day and night.

On June 29th, Dr Harry Oxer, St John's medical director, will be in Lake Grace to speak on "Major Trauma in Remote Areas." This is an open invitation to anyone who would like to attend the evening. It will be held in the conference room at the Medical Centre starting at 7.30pm. This promises to be a very interesting and informative evening.

The last duty Ollie performed as President was to present Advanced Ambulance Care Certificates to Lois Dickens, Julie Bushby and Meg Marshall. Congratulations to them and for the time and effort given to re-qualify which involved two weekends at Newdegate.

Lake Grace is hosting a Primary Ambulance Care course over 4 weekends in September and October to train volunteers in ambulance care. If you are at all remotely interested in attending, for more information regarding the course please contact Meg Marshall or Amanda Milton.

Training nights are being held on a regular basis on the 1st and 3rd Thursdays of every month, starting at 7pm through to 8.30pm. If you would like to join in or come and have a look just rock up and you will be more than welcomed.

Just a reminder that to call an ambulance you now dial 000. You will be connected to an operator at Headquarters in Belmont and the call is then relayed through to Lake Grace.

Meg Marshall

WA Country Health Service Government of Western Australia Wheatbelt Health Region

Lake Grace Health Service

Enrolled Nurse ENNA Level 1-4: \$30 638.40 — \$32 884.80 per annum Permanent Fulltime: 76 hours per fortnight Located in Lake Grace

We are seeking a self-motivated and qualified Enrolled Nurse. Under direction of the Registered Nurse you will be required to provide nursing care in the areas of Accident and Emergency, Surgical, Medical, Mental Health and Gerentology. You will work in a supportive environment that encourages career development and a workplace that is flexible and family friendly.

Further Information can be obtained by contacting **June McEncroe**, **Health Service Manager** on 08 9865 1206.

An application package can be obtained from Alex Scholz on 9690 1672 or alex.scholz@health.wa.gov.au.

CLOSING DATE: 4.00pm on Thursday, 24th June 2004

No Late or Pro-forma applications will be accepted

The WA Country Health Service is an equal opportunity employer and supports flexible work practices

Telecentres What do you think?



Have a say on the Future of the Telecentre Network....

The Western Australian Telecentre Network offers shop front provision of information, services and training for small regional communities. In the last 12 years more than 100 of these community owned and operated Telecentres have been established in regional WA. The Department of Local Government and Regional Development is currently looking at future development opportunities for Telecentre's and their role in the community.

Community Technologies Australia have been appointed to conduct this futuring process and look at how the network can service the needs of regional WA into the future.

We are seeking your opinions and ideas on:

- What future do you see for the Telecentres?
- How does the Telecentre Network contribute to your area?
- Will they "look" the same in the future?
- What other services/information could they provide?
- What are the sustainability issues confronting Telecentres?

Email your comments to cta@dlgrd.wa.gov.au or phone Jackie Gill 0409 886 982, Gillian Sellar on 0417 953 489 or Jay Hardison 0400 744 440.

For more information visit www.dlgrd.wa.gov.au/futuring.htm or www.telecentres.wa.gov.au

Position Vacant (Maternity Leave) Newdegate Telecentre Coordinator / Town Librarian (Acting)

35 hours per week (subject to variation)

The Newdegate Telecentre Management Committee is seeking a person with sound computing and management skills to work as the Telecentre Coordinator and Town Librarian for the Newdegate Public Library .

The Telecentre is a non profit organisation which offers computing and office services, is an access point for Medicare Easy claim and Centrelink, produces Newdegate's Community Newsletter "The Gate Post" fortnightly, organizes Courses and many other services.

The Newdegate Public Library is co-located with the Telecentre and Newdegate Primary School Library. The Library is fully automated using "Alice" library automation software.

Interested applicants should contact the Telecentre for more information and for a copy of the Selection Criteria and duty statement. Phone 98711791 or Fax 98711 792.

Applications close 4pm June 25th 2004





NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE LAKE GRACE TELECENTRE



Technically Challenged?

Take heart, anyone among you who believes you are technologically challenged, you "ain't seen nuthin' yet". This is an excerpt from a Wall Street Journal article.

- 1. Compaq is considering changing the command 'Press Any Key' to 'Press Return Key' because of the flood of calls asking where the 'Any ' key is.
- 2. AST technical support had a caller complaining that her mouse was hard to control with the dust cover on. The cover turned out to be the plastic bag the mouse was packaged in.
- 3. Another Dell customer called to say he couldn't get his computer to fax anything. After 40 minutes of troubleshooting, the technician discovered the man was trying to fax a piece of paper by holding it in front of the monitor screen and hitting the 'Send' key.
- 4. Yet another Dell customer called to complain that his keyboard no longer worked. He had cleaned it by filling up his tub with soap and water and soaking the keyboard for a day, then removing all the keys and washing them individually.
- 5. A Dell technician received a call from a customer who was enraged because his computer had told him he was 'bad and an invalid'. The tech explained what the computer's 'bad command' and 'invalid' responses were and that they shouldn't be taken personally.
- 6. A confused caller to IBM was having trouble printing documents. He told the technician that the computer had said it 'couldn't find printer'. The user had then tried turning the computer screen to face the printer but his computer still couldn't 'see' the printer.
- 7. An exasperated caller to Dell Computer Tech Support couldn't get her new Dell Computer to turn on. After ensuring the computer was plugged in, the technician asked her what happened when she pushed the power button. Her response, "I pushed and pushed on this foot pedal and nothing happens". The 'foot pedal' turned out to be the computer's mouse.
- 8. Another customer called Compaq tech support to say her brand new computer wouldn't work. She said she unpacked the unit, plugged it in and sat there for 20 minutes waiting for something to happen. When asked what happened when she

pressed the power switch, she asked "what power switch?"

- 9. Another IBM customer had trouble installing software and rang for support. "I put in the first disk, and that was OK. It said to put in the second disk, and I had some problems with the disk. When it said to put in the third disk, I couldn't even fit it in..." the user hadn't realized that 'insert disk 2' implied to remove disk 1 first.
- 10. A story from a Novel NetWire SysOp.

CALLER: "Hello is this tech support?"

TECH: "Yes it is, how may I help you?"

CALLER: The cup holder on my PC is broken and I am within my warranty period. How do I go about getting it fixed?"

TECH: "I'm sorry, but did you say a cup holder?" CALLER: "Yes it's attached to the front of my computer"

TECH: "Please excuse me. If I seem a bit stumped, it's because I am. Did you receive this as part of a promotional at a trade show? How did you get this cup holder? Does it have any trademark on it?"

CALLER: "It came with my computer. I don't know anything about a promotional. It just has '4X' on it."

At this point the tech rep had to mute the caller because he couldn't stand it. He was laughing too hard. The caller had been using the load drawer of the CD-ROM drive as a cup holder and snapped off the drive.

- 11. A woman called the Canon help desk with a problem with her printer. The tech asked her if she was 'running it under Windows'. The woman responded, "No, my desk is near the door. But that is a good point. The man sitting in the cubicle next to me is under a window and his printer is working fine."
- 12. And last but not least...

TECH: "OK Bob, let's press the control and escape keys at the same time. That brings up a task list in the middle of the screen. Now type the letter "P" to bring up the Program Manager."

CUSTOMER: "I don't have a 'P'." TECH: "On your keyboard, Bob." CUSTOMER: "What do you mean?" TECH: "'P' on your keyboard, Bob." CUSTOMER: "I ain't gonna do that!"

Lake grace development association

The May meeting of the LGDA was a well attended and very informative one. Many gathered to hear our CEO, Mr Neville Hale run through the Principal Activities Plan and explain it in more detail. He was also able to update us all on current issues which we all found helpful. It was most interesting and we thank him for his time and input

Unfortunately we also farewelled Jenny Evans who has been with the Wheatbelt Development Commission for a lengthy time and has assisted us with many projects. We will miss her and we wish her well in her new venture in Jurien Bay.

Many projects are still progressing well.

On the Sheeps' Back is making good headway with Rhys (the artist) now working on sheep number 2. It is hoped that she may be here mid-July to do some casting of sheep, depending on progress made. The sponsor packages can be progressed now that contracts are worked out.

The Stationmaster's house is progressing and we are delighted to report that we were successful in obtaining a grant to help buy equipment and furniture to get the Visitors Information Centre established.

Congratulations to all the busy people who are applying for and being very successful in obtaining these grants for the benefit of all the community.

The Town Clock will be powered up soon.

The Tourism group have also been busy. A big group of people enjoyed the arranged walks day to the White Cliffs and the White Dam. More are planned during the wildflower season.

The committee who are looking into ageing accommodation options are investigating funding options (see survey results in this Lakes Link). The Shire have also been locating the essential services lines to ensure that preferred sites for the retirement units are appropriate.

Tania Spencer, Kerrie Argent and Michelle Slarke recently attended the Wheatbelt Cultural Forum in Merredin and reported that it was an interesting and worthwhile forum. A working group was established to support Country Arts and many local artists met and established links which will be great for future projects.

Many other topics were raised and discussed, too many for this brief overview of the meeting.

We encourage all of our community to attend one of our meetings. They are informative and a great venue to raise ideas or concerns and to become more informed about the many projects we are currently working on.

Have you ideas you'd like to share? We'd love to hear them.

The next meeting will be on the 14th June, 7.30pm at the Shire Chambers. See you there.

Jill Duckworth, Secretary LGDA.

YOUTH advisory council

Last Friday night the CSI night, supervised by Debbie Beggs and Cheryl Chappell, was very successful with about 15 members present for the evening.

Our next activity night will be Friday, June 11th, and will be 'Spotlight' on the town oval. Then a fortnight later soccer will be played also on the town oval (weather permitting). We are looking for supervisors for both activities as well as for Wednesday afternoons.

Any subs that are still outstanding are now due and are \$10 per family.

We are also in need of a Treasurer. Paula Carruthers has filled this position for the last 5 years and no longer has children residing in Lake Grace.

Should you need more information can you please phone Paula Carruthers on 9865 1172.

Thanks to Nora Battison for supervising last Wednesday. The supervisor for Wednesday the $9^{\rm th}$ of June is Debby Clarke.

Debby Clarke



HIGH SCHOOL NETBALL CARNIVAL

Friday the 21st of May, Albany hosted the 2004 CBH High School Netball Carnival. Teams as far as Narrogin participated. There were 44 teams in total. 16 teams in the girls 15 and under age group and 12 boys teams. In the 17 and under age group there were 8 girls teams and 8 boys teams.

Lake Grace District High School had one boys team and one girls team participating. The boys were coached on the day by Mrs Debbie Beggs and Mrs Judy Garlick was the appointed umpire.

Unfortunately all of the boys games were scheduled to play on the outdoor courts. With the 26mm of rain that was received in Albany on the day, the boys came in wet after each of their five games, as did their coach and umpire. The boys did well, with one win , one draw and three losses.

The girls were luckier when it came to playing, with 5 games scheduled to play indoors and only two outdoors. Instead of being wet all day the girls were only wet for the last game (and the trip home for those that did not bring a change of clothes). Their appointed coach was Kathy Humphreys and their umpire was Kerrie Argent. Their game results were one win and six losses.

Thanks to Mr Lane for driving the bus, Mr Elliott, and all of the Mums that umpired, coached and supported the teams.



L to R: Nicole Chappell, Jenna Trezise, Jayne-Marie Argent, Caitlyn Beggs, Lauren Bushby, Shona Garlick, Mrs Argent, Mrs Humphreys, Ta-Leah Humphreys, Danielle Drummond-Hay, Tarnie Bird, Lisa Clarke



Back L to R: Jamie Smart, Daniel Trevenen, Mr Elliott, Ashley Mahoney, Hayden Garlick, Gerard McArtney Front L to R: Mrs Garlick, Kyal Carruthers, Paul Curtin, Mathew Trevenen, Aaron Smith, Benn Tomkins, Joe Duckworth, Mrs Beggs

Debbie Clarke

Brag Bags and Monshy Jewellery

At the CWA Hall
Tuesday June 15th
2:30 - 4:30
Items on sale on the day
For enquiries ring Nola on 9865 1094

KUKERIN PRACTICAL PISTOL CLUB

We have received a few enquiries lately asking what we do at the club.

As the name suggests we are a practical pistol club (which involves speed and movement) , however we also shoot other disciplines.

We shoot rim fire rifle, field rifle, lever action and shotgun (clay pigeons).

Our most recent shoot was a clay pigeon shoot with the following results, the first run was 10 singles, the second run was 5 doubles, therefore the possible was 20.

Glen Cook	9	6	15
Doug Clarke	9	5	14
Steve Marris	9	5	14
Bob Dawson	8	6	14
Kristian Chatfield	8	5	13

Peter Stacey	9	4	13
Debby Clarke	5	6	11
John Cook	7	4	11
Bill Temby	6	5	11
Cameron McDougall	7	4	11
Gary Featherstone	5	4	9
Graham Dawson	4	3	7
Jason Robertson	5	1	6

Our regular members come from a wide area, Corrigin to Pingrup, Mandurah to east Lake Grace. Our club day is Sunday, however as most members are farmers we do not shoot every week during seeding and harvest. The sport is great for families and age is no barrier, so if you want to know more just contact any of the people above and they will help in whatever way they can.

Debby Clarke

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Advertise your business in the Voice today! Low competitive rates.

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1/4 page - \$5.00 § 1/2 page - \$10.00 § Full page - \$15.00

All adverts need to be in by 12 noon Tuesdays. Design your own or let Julie do it for you.

Telephone - 9875 1075 § Fax - 9875 1073

What IS that? from page 4

The answer is....a raised retroreflective pavement marker. The markers have been installed on Lake Grace townsite roads by Fire and Emergency Services Authority of WA (FESA) in a statewide program to better indicate the position of roadside water hydrants.



Bright blue during daylight and reflective at night, the markers are constructed of a series of glass reflectors embedded in a tough plastic body. This means they can sustain the weight of road vehicles without damage.

The markers are attached to the bitumen with tar and located off centre, to the side of the road closest to the hydrant.

The hydrants, which provide emergency water access to our Volunteer Fire and Rescue Service, are located 200 metres apart in residential areas.

Used throughout Australia and internationally, the markers will eventually replace the 'H' painted on the bitumen of town roads.

Michelle Slarke

Lake Grace Golf Club

Even though it was chilly and windy on Saturday 22^{nd} May, the diehard golfers fronted up for the second qualifying round, which was sponsored by Lake Grace Retravision. Thanks go to the Retravision team for their loyal support.

The Men's winner was Steve Hunt, with Mark Seaman runner-up. Ladies winner was the birthday girl Stephanie Lay (Captain's coaching paid dividends) with Michelle Lay runner-up.

Nearest the pins (holes 6 and 18) were both won by Nick Maalouf.

It was decided that since there had been enough rainfall over the course, that the reseeding programme (clover) should get underway. The fairways were ripped, seeded and rolled. Special thanks to John Bennett and Bevan Lay for their contributions. Thanks also to Steve Hunt and Mike Clark for their time and effort in rolling the course. Because of this, the course will remain closed until further notice. Fixtures may have to be reshuffled due to this interruption.

The clover has germinated and I'm sure this recent rainfall will do wonders.

Due to the course being closed, the local golf addicts have been satisfying their needs at neighbouring courses. Saturday, May 30th, a car load traveled to Kukerin. No trophies were brought home but everyone had a great time.

Sunday also saw local golfers sneaking off to Pingaring - no word on any conquests from that direction.

For the Ladies - Don't forget Newdegate's Open Day on Wednesday 16th June, Pingaring is hosting its Ladies Open Day on Thursday, 24th June. Names in to Michelle Lay, she'll be wanting company.

Not forgetting the Men - Nyabing Men's and Ladies Open Day is Saturday 26th June.

Don't forget Turkey Day Saturday, 19th June.

Craig Reeves

Feel Like Turkey??

Be in it to win it!

Come out and play Turkey

Day at the Lake Grace

Golf Club on

19th June

If you don't play like one there's a fair chance you could win one!
If you have any queries ring
Craig Reeves on 9865 1310

JUNIOR GOLF

Because of the present condition of the golf course the Lake Grace Juniors concentrated on their short game from in front of number 18 tee.

With the wind howling at their backs the green became a bit closer to the players and this made club selection even more crucial.

The winner and closest to the pin was Jason Lay who just continues to improve.

Once on the green, putting became the order of the day with some huge improvements shown, but none better than Ashley Morton who just kept putting them in.

Well done to both Jason and Ashley.

Winner of the Rhynie wheel was Aaron Dunham.

Welcome back to Liam Fyfe. It's always great to have Liam at our club.

There will be no Junior Golf over the long weekend (Sunday 6th June). The following week, June 13th, it'll be back to short game practice. Lets hope we get heaps of rain in the mean time.

Gary Frost

Paper & Card

Many colours in A4 and A3

We also have metallics and leathergrains



Priced from 5 cents per sheet

At the Lake Grace Telecentre

Lake Grace Gym Club

Kindergym

It has previously been advertised that Kindergym is for ages 3 - Kindergarten. As there have been a few requests for younger children to attend, Christine has agreed to accept two year olds at a Any two year old attending reduced rate. Kindergym will be charged reduced Club fees, making their fee \$38.00 for the year. This is made up of \$16 individual gymnast registration plus \$22 Club fees. Any children under two attending with their mother and older sibling will still need to pay \$16 individual gymnast registration for insurance. No uninsured children may be present during a gym session. We ask that you please use Daycare during this time if you do not wish to pay these fees. Please see Wendy, Donna or Michelle if you have any questions about the fees.

Kindergym Parents please note: Christine will be away on Wednesday, June 9. Due to the absence of any qualified Kindergym coach, there will be no Kindergym on that date.

Uniforms

The Club asks people who still hold leotards from last year , that have been hired, to please return them if they no longer fit so we can hire them out

Great Southern Stock Aids

ESTABLISHED 1988

Mineral Stock Lick for Sheep and Cattle

- > Tried & proven loose mineral mix
- Locally produced & competitively priced
- ➤ Contains RKB Ruminant Premix, including vitamins A, D & E
- > Available in bulk or bags
- Special mixes available upon request

Now Available from Landmark LAKE GRACE

Please contact Grant O'Neill

Ph: 9865 1126 Fax: 9856 1311

again. If you still wish to order a leotard for your daughter, please see Michelle Slarke. Michelle also has some old leotards available to hire or buy at a reduced rate.

Rosters

A new roster will be distributed shortly, taking us to the end of the season. Please watch the Lakes Link and school newsletter for your turn.

On roster for the next 2 weeks are:

Wednesday, June 9:

Set-up (2.15) D.Hendry, L. Hunt, T.Naisbitt J.Hardy.

Main Session/Pack up (3.30-5pm) J. Bushby, L.Hunt, T.Naisbitt, J.Hardy.

Please note: No Kindergym on June 9.

Wednesday, June 16:

Set-up (1.15) M. West, A.Nenke, Y.Downey. Main Session/ Pack-up: P.Cameron, J.Wyatt. Y. Downey.

Due to there being no Kinergym on June 9, Set-up will be at 2.15pm on that date only. Could parents for the main session please see the coaches before the session to receive instructions, and could all parents please help supervise in the foyer before the session starts.

Hall Pack-up.

Coming up is the Great Southern Football Carnival, to be held on June 25 –27. Gym Club will be required to move all equipment out of the hall into storage in preparation for this event. After gym on Wednesday, June 23 and again before gym on Wednesday, June 30 we will need all hands on deck to help move equipment. We especially need men to help. Please keep this in mind.

Cake Stall.

Gym Club will be running a cake stall at the Plaza on <u>Tuesday</u>, <u>June 15</u> beginning at 9.30 am. This is to raise funds for equipment. Please could each gym family endeavour to make as many cakes or other baked goods as possible for the stall, and to either bring them in or send them on the buses. Jeni would appreciate some help with running the stall on the day as well, so if you can spare an hour or two it would help enormously. Please contact Jeni Wyatt on 9866 8090 to arrange for the delivery of your cakes and to offer your help at the stall. Thank you all for your efforts.

Donna Hendry Secretary

LAKE GRACE HOCKEY CLUB

22nd May Bruce Rock v Lake Grace

B Grade 1-0 Lake Grace (half time 0-0)

Coach's Awards Caryn Kirk (2)

Letisha Marshall (1)

Goal scorer Tracie Buntrock

Bruce Rock took control early in the game and kept the ball down in their attacking end for much of the first half.

Caryn Kirk did a great job at right half-back with strong runs as the flier on the multitude of defensive short corners.

Penny Willcocks was brilliant at centre half-back making aggressive attacking runs and strong defense.

The full-backs, Wendy Abrahall, Leonie McIllree and Vanessa Ward played well with the knowledge that Coralie Pinney in goals was behind them all the way. Excellent goal keeping by Coralie kept Bruce Rock unable to convert throughout the game.

Letisha Marshall got the ball through the defence by keeping it on her stick and great running from Sheryl Walker through right inner saw the ball into our forward half.

A few more short corners were awarded in the second half and a great effort by all the girls had one end in a goal by Tracie Buntrock. Again. Well done Tracie.

Welcome back to hockey, Narelle Hutter after a kids break and Marcelle Howe who obviously remembered skills from the last time she played in Newdegate back when the sticks had bigger heads.

A Grade 2-0 Bruce Rock (half time 2-0)

Coach's Awards Christine Fyfe (2)

Fiona Chatfield (1)

A grade had a disappointing game. Many great efforts individually and goal opportunities that were so close but to no avail.

Bruce Rock scored quickly in the first fifteen minutes of the game which threw our confidence a bit, but we came back with determination and strong ball work. Getting the ball into our forward half on the stick proved to be a challenge but good strong hits from left full-back and left half-back saw it down our attacking end on occasion. Good positioning from Anna Taylor at right inner kept the spaces open to hit into and great running by Fiona Chatfield kept the ball in our possession frequently. Tina Keys was strong with her tackles and won the contest in most instances. A second

goal from Bruce Rock late in the first half saw our resolve escalate and we managed to keep their score to nil in the second half, where they had many

opportunities to score from the seemingly thousands of short corners awarded.

Club person Award this week went to Amanda Milton who drove the bus on short notice last week to the junior coaching clinic in Corrigin. Thank you Amanda.

29th May Lake Grace v Narembeen

C Grade 1-0 Lake Grace (half time 0-0)

Coach's award Chiara Nolan Special effort Gracie Kirk Goal Scorer Sheridan Fyfe

A determined effort from all the junior players this week. The kids spent the majority of the first half in attack but not until the second half did we score with a great field goal from Sheridan Fyfe. Well done Sheridan.

Tarnie Bird and Kristie Pinney ran hard through the centre of the field keeping the ball moving into our forward half. Gracie Kirk and John Hendry worked well together at right wing and right half-back respectively, keeping the Narembeen attack out of the game.

Well done to all the C grade players, our only winning team this week.

B Grade 5-0 Narembeen (half time 3-0)

Coach's Awards Alison Medlen (2)

Marcelle Howe (1)

Narembeen wasted no time in getting a goal, in the first five minutes of the game. Most of the play in the first half was in Lake Grace's defence, with a concentrated effort from the full backs, Marcelle Howe, Leonie McIllree and Wendy Abrahall, and Coralie Pinney in goals making Narembeen have to try really hard to score the goals that they did get.

Narembeen were very strong in their attack and scored three goals before half time, the last just before the break.

Lake Grace returned to the field after the break with resolve and kept Narembeen from scoring for at least twenty minutes into the half.

Penny Willcocks ran effectively through the centre of the field trying to get the ball moving out of defence and with Alison Medlen playing at right inner and with good support from Letisha Marshall

LAKE GRACE HOCKEY CLUB CONTINUED

hard full-back saw her leave the field late in the second half and gave Narembeen the chance to score their fifth goal before the final whistle.

An unfortunate final score but a great effort from all the girls.

A Grade 3-1 Narembeen (half time 2-0)

Coach's Awards Tina Keys (2)

Danielle Robertson (1)

Goal Scorer Jodi Pearce (1)

Narembeen won last week's game against Karlgarin/Hyden by a huge margin so we were expecting to have to put in the hard yards.

Fiona Chatfield ran hard at centre half-back and marked her player well, keeping her out of the game and making Narembeen reassess their line up. Karel Walker, playing her first A Grade game ran well out on the left wing and was effective many times receiving the ball out wide and bringing it down to the forward half. Narelle Hutter, also playing in the A Grade team this week played well at left half-back, sharing the position with Caryn Kirk to ensure there was always someone fresh on the field.

With two goals against us by half time we came back on the field to make sure that Narembeen would not walk away with an easy win. If they were planning on beating us, they were going to have to work for it.

Jodi Pearce played a first rate game and scored our only goal from a great ball from Anna Taylor on

a short corner in the second half which made Narembeen realise that we were not going to be the walkover that they may have thought. All set for the big comeback, with more opportunities to score not panning out, we were disappointed when Narembeen scored their third goal late in the half. Lake Grace ran hard against a faster, slightly better skilled team and all players should be happy with the effort put in if not the outcome.

Club Person Award this week went to Lois Dickens. Although not playing this year, Lois takes the time to umpire our A Grade games and is much appreciated by the club. Thank you Lois.

Congratulations to the winners of the Hockey Club Mothers Day Raffle, Mrs M Clarke (1st) and Leanne Mahoney (2nd).

Thank you to our sponsors, the Lake Grace Sportsman's Club for weekly coach's awards. Sabs Fish and Chips for club person award. Walkers Wines for game ball sponsorship.

The sign at Smith Park (renowned Hockey Club pit stop, about 15km out on the Kulin road) has gone missing. The sign was made as a memorial to Jack Smith who was a strong supporter of the Lake Grace Hockey Club and always left a fire set for the girls on away games. If any one knows it's whereabouts please return it as it has strong sentimental value to our club members.

Danielle Robertson

Lake Grace Hockey Club...cont



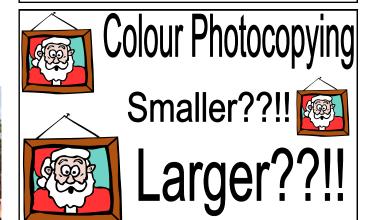
↑ Karel Walker on the run against Narembeen 29th May 2004







- ♠ Danielle Robertson (yes, I was buggered) with Amanda Milton in goals, marking up for a long corner.
- ← Strategic planning at half time.
- Coach Anna Taylor and Jodi Pearce giving game advice at half time.



\$5.80 per A4 page on glossy photocopier paper at the Lake Grace Telecentre

OFA - Netball

Well we've had a successful run over the past few weeks with both teams coming home with the win over Borden and Boxwood Hills. The Bessemer raffle tickets are out and this years' prizes are fantastic. Contact any of the netball players to get your ticket!

Round 4 - Lake Grace/Pingrup vs Borden

A Grade

Borden put up a fantastic fight in their game against the Lake Grace girls. In cool conditions the two teams had a great tussle with the swirling wind giving the shooters a hard time, making it a low scoring game.

We suffered an unfortunate blow with Michelle Clifton suffering a nasty hand injury at the end of the second quarter but the girls stuck together and held on to post a 6 goal win.

Lake Grace/Pingrup 36, Borden 30 Best Player – Diana Kuchling

B Grade

The team went in positive about posting their first win for the season but they had to work very hard for it. In a rather scrappy affair at times the Lake Grace/Pingrup team put together some great passages of play and held the ball up when it was needed.

This balance as well as some great defence all over the court helped them get over the line by two goals.

Lake Grace/Pingrup 33, Borden 31 Best Player – Michelle Lynch

Round 5 - Lake Grace/Pingrup Vs Boxwood Hills

A Grade

The Boxwood home court has had a bit of a hoodoo on the Lake Grace A's team for a few

years. This one proved to be no different. The match was a rather messy and physical encounter at times, and, with Boxwood off to a running start leading by 3 at the first break, a few minds were starting to get worried.

The team managed to put together a few strong runs through each quarter to cut back a goal each break allowing them to go into the final term only one behind. With a strong finish they managed to turn around the 1 goal margin and scrape in the win.

Lake Grace/Pingrup 24 Boxwood Hills 23

B Grade

With their confidence riding high from the previous week's win the girls went in strongly against Boxwood. All players were chasing hard for the ball and the shooters converted well. Tamara Wrightson and Kathy Humphreys ran the ball through the mid-court well and provided the goalies with plenty of options.

A fantastic team effort provided them their second victory for the season.

Lake Grace/Pingrup 34 Boxwood Hills 29



Lake Grace Pingrup Football Club Canteen Roster 2004

Junior parents please note that the child playing is listed and not specific parents. Please have someone to do the shift allocated to your child. If you are unable to do your shift it is your responsibility to find someone to replace you. If this is not possible please contact the Canteen Manager no later than 5pm the Friday afternoon of your shift on 0427 331 862.

Date: 6 June 2004

Lake Grace Pingrup vs Borden

9am -10.30am	Emma Fisher	Chris Trevenen	Owen Langley	Cassandra
10.30pm - 12pm	Michelle Exelby	Helen McWhirter	John Burns	Cassandra
12pm - 1.30pm	Magdalen Trevenen	Bodhi Clifton	Byron Campbell	Cassandra
1.30pm - 3pm	Theresa Naisbitt	Kane Pinney	Harrison Slarke	Cassandra
3pm - 4.30pm	Michelle Clifton	Noel Bairstow	Royce Taylor	Cassandra

OFA — FOOTBALL

Football - May 22nd 2004

Football - May 29th 2004

League:

Lake Grace/Pingrup 19 goals 16 (130) defeated Borden 10 goals 8 (68).

Best: James Eaton, Regan Bennett, Scott Houston.

Goal Scorers: Karl Fleay 6.

Boxwood Hills 16 goals 11 (107) defeated Ongerup 5 goals 9 (39).

Kent 17 goals 5 (107) defeated Jerramungup 6 goals 10 (46).

Newdegate 12 goals 9 (81) defeaed Gnowangerup 10 goals 15 (75).

Reserves:

Lake Grace/Pingrup defeated Borden by forfeit.

Boxwood Hills 18 goals 13 (121) defeated Ongerup 2 goals 2 (14).

Jerramungup 8 goals 13 (61) defeated Kent 6 goals 5 (41).

Newdegate 8 goals 6 (54) defeated Gnowangerup 5 goals 3 (33).

Juniors:

Lake Grace/Pingrup 17 goals 13 (115) defeated Borden 1 goal 3 (9).

Ongerup 15 goals 16 (106) defeated Boxwood Hills 2 goals 1 (13).

Jerramungup 10 goals 13 (73) defeated Kent 1 goal 4 (10).

Newdegate 10 goals 18 (78) defeated Gnowangerup 2 goals 2 (14).

League:

Boxwood Hills 17 goals 16 (118) defeated Lake Grace/Pingrup 3 goals 4 (22).

Best: Graeme Watson, James Eaton, Peter Read. Goal Scorers: All singles.

Borden 13 goals 11 (89) drew with Kent 13 goals 11 (89).

Newdegate 17 goals 17 (119) defeated Jerramungup 12 goals 8 (80).

Ongerup 19 goals 14 (128) defeated Gnowangerup 15 goals 9 (99).

Reserves:

Box wood Hills 24 goals 13 (157) defeated Lake Grace/Pingrup 1 goal 1 (7).

Kent defeated Borden by forfeit.

Jerramungup 9 goals 15 (69) defeated Newdegate 8 goals 13 (61).

Gnowangerup 14 goals 10 (94) defeated Ongerup 3 goals 2 (20).

Juniors:

Lake Grace/Pingrup 9 goals 10 (64) defeated Boxwood Hills 0 goals 3 (3).

Borden 8 goals 7 (55) defeated Kent 3 goals 12 (30).

Newdegate 9 goals 7 (61) defeated Jerramungup 2 goals 10 (22).

Ongerup 9 goals 13 (67) defeated Gnowangerup 2 goals 2 (14).

Lake Grace D Grade Football

It was a cold Saturday, 22nd May, at Lake Grace when we played against Borden.

The boys blitzed it in, though, with a 7 goal 11 points [53] win to 1 goal 3 points [9].

The "Fed by Ted" awards went to Ryan Smith for his ongoing attacking of the ball and to Thomas Dunham for his great marking and goal kicking.

Our recent match, this Saturday, 29th May, at Boxwood Hills, was a successful one. The scores were Lake Grace/Pingrup 9 goals 10 points [64] to

Boxwood Hills 3 points [3].

"Fed by Ted" awards went to Cameron Bushby for his fine tackling and to Michael Trevenen for his continual commitment to getting the ball to our forward line.

All the boys play with terrific team spirit. Often some of our boys play for the opposition and give their best, showing great sportsmanship. Well done boys!

Linda Hunt

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PUBLIC NOTICES

St John Ambulance

Lake Grace has come into line with the rest of the State If you need an ambulance and are ringing from a landline or mobile phone

Dial 000

If you ring the old number you will get a recorded message directing you to ring 000

FOUND

For Those Who Have Been Losing Sleep

The Dressmakers Mannequin and Long-Arm Stapler have returned



Lake Grace Shire Councillors

Lake Glace		our icilior s
Councillor	Telephone	Fax
Darcy Roberts (President)	9874 4013	9874 4068
Andrew Walker (Vice President)	9865 1241	9865 1921
Ian Woods	9872 0011	9872 0050
Royce Taylor	9865 1507	9865 1320
Helen Bennett	9865 1026	9865 1568
Ollie Farrelly	9865 1304	9865 1188
Allan Lansdell	9874 4033	9874 4033
Meighan Stewart	9871 2042	9871 2042

ANGLICAN CHURCH OF LAKE GRACE

Sunday 6th June

9:00 am Lake Grace

Sunday 13th June

8:00 am Lake Biddy 9:00 am Lake Grace

Enquiries:

Captain Derek McArtney 9865 1064
Deacon Michael Lloyd 9871 2041

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9865 1206
Ambulance	9865 1444
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention	
Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal	
Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Helen Byles-Drage	9865 1014
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	
Sat - Mon	9844 1459
Tues - Fri (Evenings)	0427 441459

Lake Grace Uniting Church

Sunday 6th June

10:00 am

Sunday 13th June

10:00 am

Enquiries:

Keith and Joan Fleming 9871 9025 Bob Burbridge 9865 4020

LAKE GRACE CATHOLIC CHURCH

Mass Time-Table

June 6th Trinity Sunday

Lake King 10:30 am Lake Grace 6:00 pm

Saturday 12th June

Pingrup 6:00 pm

June 13th Corpus Christi Sunday

Lake Grace 8:00 am

Inquires: phone 9865 1248

Gnostic Catholic Church of Jake Grace

Sunday 20th June 2004

Enquiries: 9865 1990

Justices of the Peace

ph 9865 1632 Mr Neil Bishop Mr Colin Connolly ph 9865 1010 Mr Ron Dewson ph 9865 1224 Mrs Shirley Duckworth ph 9865 1189 Mr Len Elliott ph 9865 1137 ph 9865 1217 (wk) Mr Lynn Parker ph 9864 9026 Mr Peter Taylor Mr Darcy Roberts ph 9874 4013

COMMUNITY CALENDAR

June

Fri 4	Fish & Chip Night	Fri 11	Quiz Night - LG Sports Club
Sat 5	Steak Night - LG Sports Club	Sat 12	Hockey - Kondinin v Lake Grace
	Hockey - Kulin Rock v Lake Grace		OFA - Newdegate v LG/Pingrup
	OFA - LG/P v Gnowangerup		Steak Night - LG Sports Club
Sun 6	Junior Golf - 10:00 am	Sun 13	Junior Golf - 10:00 am
Mon 7	Men's Darts	Mon 14	LLN Deadline
	Foundation Day		LGDA Meeting
Tue 8	Lakes Village Choir — Village Hall		Men's Darts
	11:30 am	Tue 15	Brag Bags & Monshy Jewellry
	LGS Club Committee Meeting		LG Gym Club Cake Stall - 9:30 am
	Venus eclipsing Sun - RSL Hall	Wed 16	Pizza Night at Rosies (take-away)
	Tate Tree Services in LG Shire		Hockey Training
	ABCDE Reference Meeting		Gym Club
Wed 9	Pizza Night at Rosies (take-away)		Ladies Darts
	Hockey Training		Ian Squire at Pingaring
	Fire Brigade AGM - 7:00pm	Thur 17	Lakes Link News
	Gym Club - NO KINDERGYM		Playgroup - 9:30 am
	Ladies Darts	Coming E	Events:
Thur 10	Playgroup - 9:30 am	24/25 Jun	ne - Dr Jane Spencer
	Card Making - CWA - 9:00am	25th June	e - Digital Camera Course
Fri 11	Fish & Chip Night - LG Sports Club	25th - 27	7th June - Great Southern Football
L	YAC - 'Spotlight' on the oval	Carnival	

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