

# LAKE LINK NEWS

Produced at the  
LAKE GRACE COMMUNITY RESOURCE CENTRE  
School Place

PO Box 177 Lake Grace WA 6353  
Ph (08) 9865 1470 Fax (08) 9865 1471

Email: [lakegracecrc@westnet.com.au](mailto:lakegracecrc@westnet.com.au)

ABN: 19 498 730 152

Website: [www.lakegracecrc.net](http://www.lakegracecrc.net)

11th April 2019

\$1.50 inc GST

Vol 25 Issue 6

## Tough Love Leads to Success

Rosie Timperley



**Above: Peter Lyndon James, founder and CEO of Shalom House, Australia's strictest rehabilitation centre.**

The name Peter Lyndon James has become synonymous with the strictest and most successful men's drug rehabilitation centre in Australia - Shalom House, in which he is the founder and CEO. Situated in the Swan Valley in Perth, Shalom House is home to hundreds of men who have hit rock bottom with their drug addiction and have come to the point of wanting to turn their life around. These are men who, through the use of drugs, may have lost their job, their home, their friends, their family and quite simply, their reason for being.

Methamphetamine use, out of all drugs in particular, can lead to horrific outcomes. Paranoia, loss of

memory, false memories, hallucinations, violent anger outbursts and insomnia are just a small number of side effects attributed to the use of this drug. Families are torn apart, friendships destroyed, lives shattered. If there ever was a drug invented designed to cause widespread devastation, methamphetamine is doing a good job of that. Dealing with a friend or family member addicted to ice, or any drug for that matter, is heart-breaking. You are no longer helping the person he/she used to be - you are dealing with the drug. And this is a drug that has no apologies for the misery it leaves in its wake. No matter how much you may beg, cry and scream for the person you are trying to get off drugs, this rarely helps. But maybe a bit of tough love can do

*Continued page 16*

# CONTENTS

• Page 1,16	Tough Love Leads to Success	Page 17	What's in a Name - Hakuna Matata
• Page 3	Editorial	Page 18	104yo Woman Happy to Be Arrested
• Page 4	What's Happening	Page 19, 30	Police Page
• Page 5	Eulogy - Grace Thornton	Page 21 - 24	Shire Pages
• Page 6	Lake Grace DHS Board News	Page 26	Children's Activity
• Page 7	ASIST - An Opportunity to Save a Life	Page 27	Protecting Australian Farmers' Privacy
• Page 8	Getting To Know	Page 28	Puzzles n Stuff
• Page 9	Lake Grace Annual Fox Shoot	Page 32,33	Bits n Pieces
• Page 10	Weather	Page 34	Newdegate Basketball Results
• Page 11	LG Development Association	Page 35	Flu Vaccines
• Page 12	From the Archives	Page 37	Community Clubs
• Page 13	The Only Hospital For Miles	Page 38	Calendar
• Page 14	Now There's a Zucchini		

## LAKES LINK NEWS 2018 Advertising Rates

	Non Profit Org	Members	Non Members
Classified	FREE	FREE	\$1 per line
Public Notice	FREE	N/A	N/A
1/8 page	FREE	FREE	\$13.50
1/4 Page	\$13.50	\$16.50	\$19.50
1/2 Page	\$22.00	\$27.50	\$33.00
Full Page	\$37.50	\$50.00	\$60.00
Insert (d/s)	\$33.00	\$33.00	\$44.00
Thank You's	FREE	FREE	FREE
Editorial	FREE	FREE	FREE
Colour	\$165.00	\$165.00	\$200.00

*Conditions do apply.*

### CRC Opening Hours

9:00am - 5pm

Closed from midday to  
1pm for lunch when short staffed.

## Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

**Next Deadline**  
Thursday 18th April

**Next Edition**  
Friday 26th April



# Thanks

To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Dick Phillips    Gwen Oliver

Thank you also to our many contributors of articles.

#### DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

***300 copies sold each fortnight***

# Editorial

- Well the last of our **mental health workshops** is done and dusted. Thank you to those who came to our ASIST workshop last week, it was very well received by those who attended. We had attendees from Gnowangerup, Newdegate, Kukerin and Lake Grace. If you have heard how good it was and would like to take part in a workshop such as this then please let me know. Ordinarily this particular workshop would cost at least \$350 but due to grant funding we were able to offer it for free.
- Thank you to those who attended the **Peter Lyndon-James** talk, he was well worth listening to. I understand there's a bit of a stigma with people attending anything 'drug related' as they feel that people will think that there's a problem close to them. All I can say is put that aside as what he had to say wasn't just about illicit drugs, it was also about alcohol, cigarettes and food (yes he has two men in his programme who have an issue with over eating). It wasn't just about the person with the problem, it was also about us; those who enable the person by thinking we're helping them. Grab the opportunity to listen to people like Peter as everyone can take something away.
- **Crochet** started up again last week and we had nine participants. Please remember everyone is welcome, it doesn't matter if you can't crochet or knit, we'll be able to give you some lessons. Although it was our first get together for the year, some have already been busy over the summer months and the pile of blankets has already started to grow.
- All the best to our **winter sports teams** who will be starting their 2019 campaign this weekend with a home game. Look forward to receiving your notes!
- We have set up another **forklift workshop**, this one is set for the 11th and 12th June. If you're interested please get your name in, there won't be another one this year so once again, make the most of the opportunity.
- We're looking at another **Recognise and Respond** workshop; Holyoake have come to the party and are willing to run one on a weekend. If you would like to do this workshop PLEASE give us a call at the CRC. Well worth doing but we do need the numbers to be able to organise.
- Our next paper is due to come out on ANZAC Day, the deadline should have been Easter Monday! As you can see the planning for this paper is going to have to be on song...of course I have been told that I should have planned the publication dates a little better....but that's another story. So if you are wanting to put something in the next paper then please get it to us as soon as possible. Deadline will actually be Thursday 18th April.

*Suzanne Reeves*

## Lake Grace ANZAC Day Service

Will be held on Thursday 25th April

11am at the RSL Hall

We welcome people to lay a wreath, please let us know so that we can include you in the programme (contact the CRC).

A light lunch will follow, please bring a plate of finger food to share if you are able to.

Could attendees PLEASE NOT stand on the street.



## Crochet Workshops

From 10am to midday, Every Friday

Lake Grace Community Resource Centre

Learners welcome, some hooks available for purchase with a small range of wool to practise on.

Work on Wheelchairs for Kids blankets or blankets for the local hospital (yarn supplied).

Call 9865 1470 to book in.

If you prefer to work on your own project that is okay. Everyone welcome.



## What's Happening?

- Sympathy to the family and friends of Neil Baker who passed away Tuesday 2nd April. A loved father and father-in-law of Sue and Rolf, Kim and Karen, Paul and Alison.
- Condolences also to Corrine, Kathryn and Hayley following the death of Richard Naisbitt on Tuesday 2nd April. Richard has battled mesothelioma for five years.
- Congratulations to Mikaela and Matthew Spurr on the arrival of Cara Ruth. Cara arrived on the 4th April, weighed in at 2940g and is a welcome little sister for Ariya.



**Right:**  
**Ariya and Cara Spurr.**

## Happy Birthday

12th April	Cody Giles
13th April	Zhane Robertson Vicki Dewson Brendon Callope
14th April	Clancy Lay Dakota Pelham
15th April	Reece Lay
16th April	Jackie McGlinn
17th April	Matthew Argent Jodi Sabourne
18th April	Doug Dunham Adrian Duckworth Rosey Chircop
20th April	Clint Earnshaw Zara Clarke
21st April	Damian Trevenen Phillip Clarke
22nd April	Fred Leo Ashley Gambuti Maisey Lay
23rd April	Damon Pelham Bradley O'Neill
24th April	Beth Curtin (21) Jaspar Marshall
25th April	Alan Stubberfield



**Lake Grace Larrikans came third at the recent Seniors Games held in Hopetoun. Back: Joan de Vree, Phyllis Dunham, John de Vree, Walter Perry, Anne Bishop, Pauline Taylor. Front: Betty Naisbitt, Jean Seaman, Kevin Seaman, Faye Ormerod, Coleen Kingston and Marg Bushby.**

# Alice Grace Thornton

12/12/1942 - 29/1/2019

Alice Grace Thornton was adored by the Bunbury Community for her beautiful soul, kind words, and services to sport in the region. Known to everyone as "Grace", she passed away on Tuesday, January 29, aged 76.

Grace was born in Lake Grace's Inland Mission Hospital on December 12, 1942. She was the third daughter of Jim and Anna Thornton, and was raised on the family farm alongside her nine siblings. Grace enjoyed playing tennis and hockey at Lake Grace Primary School. While boarding at Northam High School, she developed an adoration for all things sport.

Grace proudly represented the school in softball, hockey and athletics. Following her return to Lake Grace, she was employed for six years as a telephonist at the Lake Post Office. She welcomed her son, Gavin, into the world in 1963, before moving with her mum and dad to Bunbury one year later.

Her love of sport truly blossomed in Bunbury. Grace played for Carey Park Women's Hockey Club and represented the Bunbury Women's Hockey Association at Country Week. She also earned her Western Australia A and All Australia AA badges for umpiring.

But she didn't stop there - going on to participate in badminton, softball, and darts. Grace also coached

teams in hockey and softball, whilst helping young hockey umpires to attain their badges. She first played darts in 1971 at the Rose Hotel. Keen to succeed, Grace eventually went on to serve as president of the Bunbury Ladies Darts Association.

Recognised for her commitment to sport in Bunbury, she was awarded five life memberships - Carey Park Women's Hockey Club in 1979, Bunbury Women's Hockey Association (1982), Bunbury City Softball Association (1992), Bunbury Ladies Darts Association (1996), and Tigers Softball Club (1997).

Gavin played for South Bunbury Junior Football Club in 1972, before working his way up to the League squad in 1980. His mother was on the sidelines for every League game and helped out in the kitchen on Friday nights.

Grace's dedication extended to many aspects of life, including gardening, dancing, bingo, and family. She will be remembered for her generosity, determination, and ambition - helping to put Bunbury's sporting culture on the map.

Grace is survived by her son Gavin, daughter-in-law Susan, grandchildren Ashley, Bryce, Kristin, Pieta, Amelia, and Rosie, and great grandchildren Oliver, Savanna and Evie.



**Your Fertiliser Dollar Buys More at Whitfert**

Proven fertiliser that doesn't cost the earth.....

.....that's Whitfert

CALL 1800 654 089

[www.whitfert.com.au](http://www.whitfert.com.au)

Phil Brooks

0428 282 726

Ken Ashworth

0418 931 469

Keith Ballard

0429 793 506



# Lake Grace DHS Board News

*Tania Bray (School Board Chair)*

Here we are at the end of 1<sup>st</sup> term. We have had 2 board meetings for this year which have been informative and well attended. As well as the mandatory school board roles and decisions we have been revising the Department of Education IPS Board training modules. These modules explain the role of school boards, foundations of an effective board and then go into the business planning and risk management and give our members a better understanding of The Role of a Board Member.

One of our main concerns as a board is 'transparency'. This is a focus area we are working on at present along with reviewing our business plan and making sure our student outcomes are on track to our goals in the business plan.

Another of our goals is to engage and be a presence in our local community. This is inclusive of the school board and our school. We aim to lift the profile of our school within the community and advise the community what is happening with our students.

One of the goals in our business plan is Building our Community. At the beginning of the school year staff had a brain storming session on how staff and students could provide opportunities to parents/carers and community members to be included and or help

throughout the school. One of these activities is the Yr 1/2 class visiting the Lakes Village on the last Friday of the month to play maths/literacy games and encourage social interaction. This has been very well received by all involved.

Early next term Cathy Willis and I or Leon Clarke will be visiting Kukerin and Newdegate schools to meet with students and parents for a Meet and Greet and to discuss the options that LGDHS can offer students.

At present our board members are:

Tania Bray (Chair)	Parent Rep	0447 651 418
Leon Clarke (Vice chair)	Parent Rep	0427 011 437
Cathy Willis (Principal)	Staff Rep	98 651 207
Tracey Earnshaw	Parent Rep	
Chad Stanton	Parent Rep	
Malcolm Harwood	Parent Rep	
Lauren Duckworth	Parent Rep	
Natalie Lival	Staff Rep	
Kristie Stanton	Staff Rep	
Mikaela Spurr	Community Rep	
Michelle Lay	Minute taker (non board member)	

Our board must consist of more parent/community representatives than staff representatives. Please note that Lauren Duckworth's representation changes to a staff rep if she has a teaching contract with the school – which was the case for 1<sup>st</sup> term. Michelle Lay is not a board member but attends meeting to take minutes and present the financial report.

We encourage everyone; if you have any questions or concerns or are interested in joining the school board please feel free to contact any of the school board reps. We are more than happy to discuss with you any concerns/ feedback you have.

Please enjoy a safe and fun school holidays and Easter break.

STUBBY'S ELECTRICAL PTY LTD T/AS  
**OUTBACK** TV  
 LIC NO EC 004197

For all your domestic, rural and industrial electrical installations and repairs.

Split system air conditioning installation and decommissioning.

Large range of Australian brand LED floodlights, downlights, hibays and fluorescent replacements.

Ditchwitch hire and cable location.

With over thirty years experience in Lake Grace and surrounding areas contact Stubby or Reid anytime.

**Stubby 0429 651 092 or Reid 0429 651 069**

**Office 9865 1092 all hours Fax 9865 1328**

LIC NO :EC004197

RTA NO :AU29828

**Katanning Vet**



Phone: 08 9821 1471

Fax: 08 9821 1473

A/H Emergencies: 0427 017 462

3/114 Clive Street

PO Box 841

Katanning WA 6317

[www.kojonupvethospital.com.au](http://www.kojonupvethospital.com.au)

[kvc@kojonupvethospital.com.au](mailto:kvc@kojonupvethospital.com.au)



# ASIST - An Opportunity to Save a Life

Suzanne Reeves

ASIST is a suicide intervention training workshop, giving the participant important skills that may assist them in saving someone's life. The two day workshop is used by professionals and the general public and was hosted by the Lake Grace Community Resource Centre last week.

Created by LivingWorks the workshop helps caregivers recognise when someone may be at risk of suicide. It then explores how to connect with them in ways that understand and clarify that risk, increase their immediate safety and link them with further help. Over 80,000 people in Australia have attended ASIST which is available in all states and territories.

With over 30 years as the world leader in suicide intervention training, LivingWorks Education has a long and storied history. Our history began in Canada in 1983 and has featured prominently in Australia since 1995.

With more nations and organizations becoming aware of the importance of suicide prevention efforts, LivingWorks' Suicide Intervention Workshop (SIW) continued to expand around the world. In 1995, Lifeline Australia received Commonwealth funding for a three-year field trial, and the program was subsequently

adopted nationwide under the auspices of Lifeline. Livingworks programs have subsequently featured in a range of national, state and territory initiatives throughout Australia and been adopted by many community organisations. A national network of over 250 trainers has continued to ensure a strong nationwide presence for LivingWorks programs in Australia.

In 1995, military services in Canada, Australia, and the United Kingdom also began to adopt the workshop. Other workshops that LivingWorks have developed include suicideTALK, safeTALK (has been held in Lake Grace and Varley) and suicide to Hope, esuicideTALK is available as online training. Lake Grace CRC had also hosted Rural Minds and Gatekeeper.

Due to accessing funding from the Mental Health Commission the CRC was able to offer all of this training free of charge; an opportunity that wasn't missed by the 71 who opted to get on board. A huge thank you to those who took part, who knows what a difference you may make down the track.

If you have missed out on these opportunities please give us a call at the CRC and we'll see what we can do.

## SAND'N'SALT



FASHION FOR THE SALT OF THE EARTH

Shop 5, Lakeway Shopping Centre,

22/23 Stubbs Street, LAKE GRACE

Telephone 9865 1465

Ladies Rack including all vigorella \$10.00

Mens work pants and Jeans \$29.00

\$20.00 bags and accessories box

Save the date

**Friday May 10**

Feet with Flair will be here and we are having a sundowner

More info closer to the date



*Pictures for advertising purposes only.*



# Getting to Know...

Rosie Timperley

1. Name: *Nicola Kuchling*
2. Occupation: *Part time Administration Support Officer at the Shire of Lake Grace*
3. How did you come to be living in Lake Grace? *I was back packing around Australia and had been in the country for 4 days before I got a job as a barmaid at the Lake Grace Hotel, where I met Anton and never left!*
4. Which actor or character would play you in a movie? *Drew Barrymore not that I'm anything like her but I just love her as an actress.*
5. What is one thing that really annoys you? *Anton clicks his toes together and it turns my stomach every time he does it.*
6. Do you feel social media is a positive or negative influence on society? *Both - I find it's a great way to catch up with friends and family from back in the UK but it also has a negative side as I find I have to constantly remind myself to put it down when I'm with my kids and focus on them.*
7. If you could go forward in time or back in time, which would you choose and why? *Neither - I am happy to stay here in the present. I love being able to watch my kids grow everyday.*
8. If you could only listen to the one musician again, which one would it be? *I love British artist Dido. I could listen to her songs/albums all day*
9. If you won \$10 million in the lottery and chose to give some to charity, which one would you choose? *The Royal Flying Doctor Service they are such a lifeline for our community.*



## FYFE TRANSPORT

### Liquid Fertiliser Service

Consider us when ordering  
your liquids.

Phone

David 9865 1129

Liam 0417 915 314





# Lake Grace Annual Fox Shoot

Grant O'Neill

This year we had a total of seven teams out supporting the event, not only to shoot as many foxes as we could but to also fundraise money for our Lake Grace Men's shed.

Held on Friday 29th March a total of 122 foxes were shot during the night from sun down to 12.30am with over \$1,200 raised.

Our winners were Kael Gray best driver ever to drive in a fox shoot (that's if you ask him) Ashton Gray, Perry Townsend, Damian Trevenen and Josh Parker. This team had a massive total of 40 foxes and six rabbits. Well done lads. I can assure everyone that none of these foxes were defrosted.

Second on the evening was Alex Duckworth, Rohan Trevenen, Reuben Smith, Adrian Duckworth and Tyson

Prater with a good effort of 29 foxes and one feral cat.

Third was Ken Medlen, Shane Giles, Dean Giles, Yogi Murray and Cody Giles with 26 foxes. Well done.

We would like to thank all our sponsors for the event your sponsorship is much appreciated.

"Never trust a fox. Looks like a dog, behaves like a cat."

— *Erin Hunter*

## Library School Holiday Times

OPEN TUESDAYS AND THURSDAYS

Open April 16, 18 & 23

Closed Thursday April 25, Anzac Day

Normal Hours Start Monday 29 April 2019

## CCL Hardware

8 Stubbs Street  
Lake Grace WA 6353  
PHONE: 9865 1104



**GO WHERE THE TRADIES GO**

**The proper hardware store**

### Opening Hours

Monday - Friday: 7:30am - 5:30pm

Saturday & Sunday: 8:30am - 11:30am

### Local Stockists of:

- ☐ Kleenheat Gas
- ☐ Nursery supplies & plants
- ☐ Bulk soils & mulches
- ☐ Tools, hardware, steel & timber

**South of Kalbarri & Kalgoorlie Watering Days**

Last digit of your lot or house number	Your 2 scheme watering days are:
1	Wednesday and Saturday
2	Thursday and Sunday
3	Friday and Monday
4	Saturday and Tuesday
5	Sunday and Wednesday
6	Monday and Thursday
7	Tuesday and Friday
8	Wednesday and Saturday
9	Thursday and Sunday
0	Friday and Monday
<b>You may water only once each day either before 9am or after 6pm.</b>	

Sunshine is delicious, rain is refreshing, wind braces us up, snow is exhilarating; there is really no such thing as bad weather, only different kinds of good weather.

- John Ruskin

## What's Happening at the Lake Grace CRC...

**Forklift Training & Assessment** - 11th & 12th June. Cost \$324.20 (non concession), \$187.80 (concession).

**HC/MC Training & Assessment** - 17th June 2019. Costs TBA.

**Load Restraints** - Date TBC. Cost \$206.40 (non concession, \$104.10 (concession). A one day course covering load restraint awareness, arranging loads, general principles, driving laden vehicles and an introduction to the Load Restraint guide.

**Microsoft Office** - One-on-one lessons available. \$15 per hour or \$30 for up to 3 hours (subsidised). Can train in Word, Excel, Publisher and Outlook. Please ring to organise a date and time.

If you are interested in any of the above please phone the Lake Grace Community Resource Centre on 9865 1470 or email lakegracecrc@westnet.com.au

## Lake Grace Weather



Date	Min	Max	Rain
27/3	16.5	34.9	
28/3	14.0	22.6	
29/3	10.0	22.9	
30/3	9.8	26.2	
31/3	12.2	30.7	
1/4	20.9	30.6	
2/4	16.1	22.1	0.2
3/4	15.0	19.9	
4/4	14.8	23.8	3.6
5/4	8.3	20.2	
6/4	6.6	25.5	
7/4	7.6	24.0	
8/4	9.4	23.6	
9/4	11.4		



**2" Transfer Pumps**  
**\$380**

**2" Fire Fighter Two-Stage Pumps**  
**\$570**

**2kw Silent Inverter Generators**  
**\$750**

Prices **include** GST and Freight to Lake Grace  
All products come with a 1 Year Warranty

### Other Products include:

Lawn Mowers  
Go-Karts  
Pumps (Transfer, Sewage/Trash, Chemical etc)  
Engines  
Welding Sets  
Plus other parts and accessories

Contact Richard for more information  
0427 817 891  
ratolakegrace@gmail.com

# Lake Grace Development Association

## Presidents Report 2018/19

*Helen Bennett*

While it may have seemed like a quiet year for the LGDA, many groups have been steadily working towards their goals.

All of the following groups come under the LGDA umbrella as we are incorporated and registered for GST.

On The Sheep's Back – Has still not reached its conclusion as it has been more difficult than we envisaged to actually cast the sheep.

Lake Grace Regional Health Advisory Group – Thank you to Deb Clarke and her team for keeping an ever-watchful eye on our health matters in the shire. This includes the Health Dept, St John's, Aged Care, Allied Health and helping to make sure we have a Doctor.

Community Cropping – One more year and the land is paid for and then a few good years to have a good bank balance, then we can start looking at projects. This is managed by an experienced no fuss group.

Community Bus – Now with a new committee of dedicated members to manage the bus this group just keep rolling along. Bookings are now lodged with the CRC and the group are looking for an occasional cleaner.

Lego Club – The library on a Tuesday is the place to be for this group and is a great alternative for anyone not that into their sport.

Living Communities – This group ran a very successful "Late-Night Shopping Night" in December. Great fun was had by all and I think it was one of the best.

Lake Grace and Districts Seniors – You have to be quick to catch this lot as they always have something going on. Some fabulous trips have been organized.

Lake Grace Regional Art Group – Thank you to this very talented lot for keeping us all connected to the art world and have had wonderful exhibitions throughout the year and also mentoring other artists.

Whether it is the above groups or the Townscape, Toy Library, 100 Year Committee, LIFT, Recreation Council Trust all contribute to our community to create a wonderful town to live in.

A new committee that has applied to be part of the LGDA is the New Hospital Garden Committee which is working towards planning and implementing a new garden for the hospital which has been left in very poor state after the hospital renovations. Some of you may remember the gardens were magnificent.

I would like to sincerely thank the following – Ross Chappell - Vice President who is always there to take over when needed, Paula Carruthers – Secretary and is amazing as she is always efficient and organized, Annie

Argent – Treasurer who is always onto the money with GST for so many groups. A big thanks to all who attend our meetings. Without these people the LGDA would not exist and our community would be all the poorer.

The Lake Grace Development Association meet the 1<sup>st</sup> Monday of the month (bi-monthly), 7.30 pm at the Men's Shed.

## Holy Week Notices

### Catholic Church on Bennett St.

- A. Father Abraham Chukwu, the Priest-in-Charge of Maria Regina Catholic Parish, wishes everyone a grace-filled preparation to the Holy, transforming and life-giving Solemnity of Easter. He wishes you and your family God's protection and blessing as we prepare to celebrate the mystery of Christ's Death and Resurrection that gives meaning to our lives. Feel free to contact Chukwu at any time on 0470 439 768
- B. To celebrate the Solemnity of Easter worthily and properly, there will be Sacrament of Reconciliation/ Confession on Saturdays 13th and 20th April starting at 10:00am.
- C. Palm Sunday of the Passion of the Lord starts: Lake Grace Catholic Church at 8:00am and at Kukerin Catholic Church 10:00am
- D. Thursday of the Lord's Supper. The Holy Mass starts at 7:00pm and followed by the adoration of the Blessed Sacrament until 12:00am.
- E. As usual, there will be 'Stations of the Cross' for everyone on Good Friday, 19th April 2019 at the Nolan Farm. Different ecclesial denominations and families attend this holy event and everyone is welcome.
- F. Easter vigil starts at 7:30pm





# From the Archives...April

## 1999 - Twenty years ago...

- The Lakes Link News celebrates its fourth birthday and buys a digital camera (only one in town) to celebrate!
- Fire Brigades from Lake Grace, Kulin and Dumbleyung hold a combined fun day.
- Lee Duckworth scores a hole in one for her first hit of the season at Lake Grace Golf Club's Opening Day.

## 2004 - Fifteen years ago....

- Lake Grace Tourism Promotions hold a White Cliffs and White Dam Discovery Walk.
- Unveiling of the Mosaic Garden Gallery and the AIM Museum Interpretive Pathway.

## 2009 - Ten Years ago....

- Pipeline between Lake Grace townsite and service tank at damsite renewed.
- Australian artist Rachel Coad (ex Lake Grace resident) makes her London debut with 'Pack'.
- Pat O'Neill receives Life Membership from the Tarin Rock Tennis Club.
- Lake Grace Artists Group hold their 25th exhibition.
- Ribbon is cut on a new public toilet in Lake King.
- Henk Doelman receives a Netherlands medal for his work with the Dutch Navy and the Resistance in World War II.
- Approximately 100 community members attend the ANZAC service in Lake Grace.

## 2014 - Five years ago....

- Five representatives from the Lake Grace Pingrup Football Club take part in the Mates 500 relay; a 1500km run from Merredin to Manjimup that raises funds and awareness for the Men's Health Initiative and the Prostate Cancer Foundation of Australia.
- Kerry Hitchins with the assistance of Nola Frost runs a six week sewing course.

- The Lakes Larrikins attend the Seniors Games in Merredin with Wally Perry and John de Vree winning a novelty event; creating the best centrepiece for the evening meal table.
- Lake Grace DHS start preparing for the school's centenary.
- Volunteer Fire Brigade officer Marcus Owen with Emergency Service cadets sets up a stand at the Plaza to provide information on smoke alarms and other fire emergency issues.
- WA Grain Group representatives attend the inaugural Australian Grain Conference in Singapore.
- Lake Grace Cricket Club welcomes new Life Members; Rod Walker and Greg Pinney.
- Lake Grace DHS is runner-up in the handicap division of the Interschool Swimming Carnival.
- Lake Grace CRC host a 'Healthy Clubs are Happy Clubs' workshop in collaboration with Department of Sport and Recreation.
- Driver Reviver van is out for Easter with 20 volunteers giving up 57 hours to their time to provide refreshment for 258 customers who stopped in.
- Guest speaker Keith Condor from the Paraplegic Benefit Fund talks to winter sporting groups about the dangers of drinking and driving.
- Lake Grace DHS and community host ANZAC ceremonies.



*Returned servicemen Len Elliott and Gordon Pelham with Terry Waldron MLA.*

# The Only Hospital For Miles

*Taken from Alternative Archive. Photos Rebecca Clark.*

Lake Grace Regional Artspace's opening of The Alternative Archive - The Only Hospital for Miles exhibition was a fitting testament to the conceptual rigour and aesthetic finesse of artists working within their region.

Eleven artists from Lake Grace, Dumbleyung and South Craginsh contributed works to the show, curated by Tania Spencer, Michelle Slarke and Kerrie Argent.

Visitors to the opening traveled from afar, including co-curators of the John Curtin Gallery survey exhibition to follow next year (Anna Louise Richardson and Chris Malcolm) and arts-lovers from Newdegate, Denmark, Narrogin, Northcliffe, Manjimup and Perth.

Helen MacDonald, a former nurse from the Australian Inland Mission Hospital at Lake Grace (the focal archive for the exhibition) spoke about her experiences of working life as a young nurse on the edge of the lake decades ago. Her anecdotes really brought the exhibition (and the hospital) to life. She reminisced with great humour about the cooks at the hospital having to balance steaming poultices for patient wounds on plates of cabbage warming before dinner and their ingenuity for keeping warm in the days before central (or any other kind of) heating.



**Helen MacDonald relates her experiences as a nurse working at the AIM Hospital.**



**Curators of the Lake Grace exhibition Kerrie Argent, Tania Spencer and Michelle Slarke stand back as Head Curator of the Alternative Archive project Anna Louise Richardson speaks.**

The Only Hospital for Miles unearths a slice of history from an important (yet slowly fading) chapter in regional Australia's story.

The Lake Grace community is exceptional in the calibre of artists emanating from one small and relatively remote regional centre. There is clearly a core of culture loving enthusiasts in the town that drive opportunities for artists and art lovers (I'm thinking of you Kerrie and Greg Argent and Tania and Darren Spencer, owners of The Lake Grace Regional Artspace).

The Shire of Lake Grace can be proud of their AIM hospital's heritage and the community that works so hard to cherish its legacy. I hope they are equally proud of their artists and the cultural legacy they create on a daily basis to enrich, connect and empower residents and visitors of their beautiful salt lake country.

There will be an Artist talk at 2pm on Sunday, this will be preceded by a tour of the hospital (1pm) and followed by afternoon tea.



**Helen Bennett takes a closer look at Jeanne Melville's artwork.**



# Now That's a Zucchini

Suzanne Reeves

Local gardeners were letting their zucchinis have the run of the veggie patch as they tried to get them to keep on growing.

CWA were hopeful of some entries and our local gardeners didn't disappoint. It was wonderful also to have a young gardener, Chase Kuchling, bring along his carefully tended zucchini. Apparently the pre-primary children last year germinated and grew their own zucchini seed, Chase took his home and popped it in the garden and voila!

There were plenty of stories of the one that got away but the winner on the day was Caroline Richardson with her massive 10.5lb (yes we went old school with the vintage scales) 24.5" whopper. Coming in runners-up positions were Mrs Michelle Slarke and Stephanie Lay who were just pipped at the post. The winner took home \$50 while the runners-up received \$25 each. A big thank you to Bendigo Bank who supplied the cash prizes.

For the children's division Chase Kuchling took home \$25 for biggest zucchini while Torah Robertson, who also received \$25 for the prize for the best table centrepiece using a zucchini.

As no one in the adult division elected to create a centrepiece using a zucchini the \$50 allotted to this was split into five \$10 prizes. Taking those home were Glenda Slarke with her butternut pumpkin that wanted to be a zucchini when it grew up, Suzanne Reeves with the smallest zucchini, Nat Gambuti with her lovely display of vegetables, Stephanie Lay with her fabulous yellow zucchinis and Elsie Bishop for her chilli plant.

It wasn't just all about the zucchini; we had a fabulous array of craft on display, thank you to the ladies who did this. Morning teas were also being served with tables set up outside to sit at, enjoy the refreshments and have a chat. There were also plants on sale, thank you to those who donated so much on the day. Four hundred and seven dollars and ten cents was raised that will be put toward the playground.

And yes this will be happening again next year so get ready to see if you can grow the biggest zucchini.



**Above: Zucchini on display.**



**Above: CWA President Margaret Carruthers with the children's winners Chase Kuchling and Torah Robertson.**

**Below: Part of the fabulous craft display.**

**Below Left: Caroline Richardson, Glenda Slarke and Suzanne Reeves with their produce.**





# It's Gymnastics Time Again!!



Gymnastics is an amazing developmental sport which provides the proper athletic foundations for all sporting endeavours. It helps increase flexibility, strength, speed, agility, coordination and balance.

Gymnastics will be held on Monday afternoons at the Lake Grace Hall in terms two and three.

Women's artistic Gymnastics (structured towards competition gym) for girls will be available for girls ages pre-primary and up.

Gym Fun (fundamental skills in a recreational programme) for boys will be available for boys ages pre-primary and up.

Due to not having coaches qualified to teach Kindergym, we are unable to offer Kindergym this season.

Session times will be dependant on enrolment numbers.

Fees for two terms are: First child \$190, second child \$170, third child \$155. Split payment plans are available on request.

In order to register their children for gymnastics, parents need to agree to the following conditions of enrolment:

- 1.All families need to be prepared to take on a club position as they are vacated.
- 2.Actively participate in and contribute to a maximum of two fundraisers per year.
- 3.All families are required to help with set up and pack up of equipment as rostered.

***For enquiries or for enrolment information, please contact the Secretary, Vynka Lay on 0429 651 072 or [bvlay@bevanlayspreading.com](mailto:bvlay@bevanlayspreading.com) by Friday 19th April.***

# Tough Love Leads to Success (cont.)

what emotions can't.

Peter Lyndon James knows this story all too well. Spending 26 years in drug addiction, or, as he likes to describe it, prison, he says, "Even when I was not in prison, I was in prison. I have a saying, "You can take the prisoner out of prison, but then you have to get the prison out of the prisoner."

Lake Grace was graced with Peter's presence on 27th March, when he spoke at the sports pavilion. Previously featured on television news program, 'Australian Story', Peter's cheeky smile which shone through was a contrast to his hard hitting and confronting life story which led him down the road to drugs. This was a talk that benefits everyone, even if one does not have any close ones addicted to drugs. It's an inspiring story as you hear how Peter turned his life around from criminal activity to guiding others towards a life free of addiction.

Peter's past has seen him lead a life of criminal activity and hard drug addiction. A troubled upbringing led to time spent in juvenile detention centres in his younger years. A life of crime soon followed along with the addiction and selling drugs and guns. The audience was captivated by Peter's down-to-earth and honest approach and were given some straight-to-the-point answers when asked his thoughts about drugs, living the life of the addicted and seeking help for addiction.

The title of Peter's talk, 'Tough Love' accurately describes his approach to helping men restore their life from drug addiction. All residents must give up cigarettes if they smoke, their phone, their car keys and they have to pay their own way - Shalom House is not funded by tax payers. A working rehabilitation centre, residents must agree to work from Monday through to Friday. Available jobs can vary from plumbing to gardening to painting along with many more options. As well as teaching job skills, Shalom House also teaches decision-making skills, problem-solving, communication and anger management.

A stand out difference between Shalom House and other rehabilitation centers lies in the fact that the person needing the help must contact Shalom House themselves if they wish to become a resident - referrals will not be accepted. This ensures that help is truly wanted by the person seeking it. Each resident agrees to a minimum of a 12 month stay as they work through the five stages of the program which begins with detoxing from the drugs cold-turkey style, then moving on to mapping out a plan for their future and beginning paid work with an employer who is aligned with Shalom House's beliefs and values. As quoted on <https://www.abc.net.au/news/>, Peter says: "I mean you have to be strict. I'm dealing with heroin, speed, benzos, anxiety, depression, alcohol. I'm dealing with liars and manipulators, I'm dealing with thieves."

Peter was not afraid in informing the audience that many loved ones may actually be enabling the drug addicted. This can be either through providing money, or housing them or even something as simple as

buying groceries. Most drug addicted people will not change until they hit rock bottom and realise they have no one but themselves to make the choice to change and heal their lives.

'Tough Love' is also the title of Peter's book which arms family and friends with ways in which to handle somebody on drugs. The following is an excerpt from the <https://toughlovebook.com.au/> website;

*"In our community and nation we have an epidemic on our hands. There's a unique drug on the street now that's destroying families at a rate like no other drug has ever done before. Meth (ice) not only binds a person up in addiction, but it changes them. The way they speak, the way they act and the way they treat those around them. Peter Lyndon-James helps people break free from life controlling issues, such as meth and other drugs, bringing them to the point where they want to change and make the decision to turn their life around so badly, that they will finally stop taking drugs."*

If you are looking for more information about Peter, Shalom House and his book 'Tough Love' the following links will be of help.

<https://peterlyndonjames.com.au/>

<http://www.shalomhouse.com.au/>

<https://toughlovebook.com.au/>

For intake requests, whether you're an addict that needs help or a family / friend that needs to know what to do, contact – 0473 883 914



**Amanda Lyndon James is a huge support for her husband Peter with the programs he manages.**



# What's In a Name?

## Hakuna Matata

Royce Taylor may have grown up in Tarin Rock but these days he's seeing how far he can get along the road toward Pingrup with his farms spread 11 to 28km south of Lake Grace.

Anna came up with the name after they saw the Lion King. The song was very catchy and a wonderful phrase as it means no worries for the rest of your days. Because its a problem free philosophy..Hakuna Matata!

The Taylor family started buying farms South of Lake Grace in the nineties; Peter Coad 1991, Sandy Thornton 1996, Brose (Andrew) Coad 2005 and most recently Ashfield 2018. The original family partnership split in 2000.

Royce runs the farm with his trusty and reliable workman Chris along with seasonal workers during seeding and harvest. Anna is a nurse and very proud to be the worst farmers wife in the world. Fletcher is chipping in more when home from school and taking a keen interest in the farm.

Farming has so many different tasks and you are never doing the same job for too long at any one time. I love being my own boss as it gives me the flexibility to do the community work that I really enjoy and other farming industry interests.

My most memorable event would have to be at harvest in 2013 when Fletcher made his own little chaser bin to tow behind his motorbike. He rode out into the paddock and got me to auger some grain into it so he could then tow it over to the field bin. He then proceeded to put some grain into a bucket, climb up the ladder on the field bin and empty the grain from the bucket into the field bin. It wasn't very efficient but he was having a ball.



**Ticking the box for fun Fletcher Taylor with his self made chaser bin.**

## *Exciting Job Opportunity*



## **PLANT OPERATOR / DRIVER / GENERAL HAND**

**Full Time and 3 Month Casual Positions**

The Shire of Lake Grace is seeking experienced Plant Operator / Driver / General Hands to join our Infrastructure Services Team. As the successful candidate, you will be responsible for various tasks and duties associated with the maintenance and renewal of the Shire road network. You will be required to operate semi side tippers for the carting of gravel and various materials. In addition you will have the ability to operate semi water carts and other plant and equipment associated with road construction.

The successful candidate must be reliable, team and safety motivated. You must hold a current unrestricted HC Licence with a valid WA White Card. You will have previous experience of operating semi side tippers and associated plant and equipment, such as rollers, loaders and tractors.

**To request an application Package for this position, please contact:**

**Cheryl Cavanagh, Executive Assistant on: 08 9890 2500 or [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).**

**The closing date for applications is: Monday 15 April 2019 at 4.00pm**

*The Shire of Lake Grace is an equal opportunity employer*



# 104yo Woman Happy to Be Arrested by Police

<https://www.abc.net.au/news/2019-03-21/104yo-bristol-woman-granted-greatest-wish-to-be-arrested/10923814>

A 104-year-old woman has been granted her "greatest wish" — to be arrested by the police.

Anne Brokenbrow was handcuffed at her residential care home in Bristol, in south-west England, and smiled as she was charged with being "an upstanding citizen".

The centenarian was then ushered into a waiting police

car and driven away with the sirens and blue lights blazing.

The mock arrest was organised on the International Day of Happiness by the UK charity Alive Activities, which aims to enrich the lives of older people.

Ms Brokenbrow said she wanted to experience what it was like to be on the wrong side of the law after living a model, law-abiding life.

She submitted her request as part of the Bristol Wishing Washing Line initiative.

The Stokeleigh Care Home said Ms Brokenbrow enjoyed every minute of the arrest.

"Anne's wish has now been fulfilled! We just hope it doesn't lead to a care home crime spree," Alive said on its Facebook page.

*Left: Anne Brokenbrow thrilled with her police arrest.*



## ONELIFE EXERCISE PHYSIOLOGY

### Exercise intervention can assist with:

- ◆ Injury rehabilitation
- ◆ Pregnancy/post-natal
- ◆ Lower back pain
- ◆ Falls prevention
- ◆ Post-surgery rehabilitation
- ◆ Pre-surgery rehabilitation
- ◆ Arthritis
- ◆ Poor posture
- ◆ Osteoporosis
- ◆ Diabetes
- ◆ Obesity

\* **Pilates group classes run 3 x weekly with private classes available by appointment**

To find out more information or to book an appointment please contact:

**Chloe Pearson** | Accredited Exercise Physiologist

📞 0439 324 434 ✉ [onelifexercisephysiology@outlook.com](mailto:onelifexercisephysiology@outlook.com)  
📍 50 Stubbs Street, Lake Grace WA 6353  
🌐 One Life Exercise Physiology

## Kukerin Dumbleyung Football Club

### D Grade Players Wanted!



Looking for any boys or girls interested in playing D Grade footy for us this season – majority of our games are on Sundays.

As long as you are not 14 before 1st October, you are eligible to play D Grade - 10 years and under wear yellow shorts.

Season starts Sunday 28th April  
Contact Damion Leo 0427 646 043



# POLICE NEWS

LAKE GRACE POLICE STATION  
56 STUBBS STREET, LAKE GRACE. 6353  
Phone : 9890 2000 Fax : 9865 1429

Email: [Lake.Grace.Police.Station@police.wa.gov.au](mailto:Lake.Grace.Police.Station@police.wa.gov.au)

Personnel: Sgt. Travis Taylor, SC Fiona Main.

My word, it has been a busy fortnight and the following one does not appear to be slowing down.

It all started with a visit from the **Coffin Cheaters Outlaw Motorcycle Gang** earlier the previous week. No matter what your personal opinion of these groups may be, Police policy is to ensure that trouble doesn't follow wherever they go. As a police officer I fully agree with this policy, especially when they travel and interact en masse – there's a good reason why they're called outlaw motorcycle gangs.

In this instance, a group of approximately 35 members of the gang descended on Newdegate and while there weren't any problems initially, their behaviour deteriorated later that evening resulting in Police being called to sort out several issues. The gang members moved on the following day to complete a week-long tour of the south-west but did so in the company of Police.

**Operation Bluesun** - which is the firearms check for those over the age of 60 - continues to be undertaken. Just when I think we are done, some of the outstations send me another 20 to check. We will also be visiting the folks at Pingrup (not our district) to assist Police from Katanning with these checks.

However, I must say that as a result of these checks I have enjoyed meeting many people from around the district and in town when I have called to visit. I've never drunk so much tea or eaten so much cake. The hospitality is wonderful.

I completed my **roadside drug twin wipe course** last week and should soon be receiving my first batch of twin wipes for use within our sub-district. Police will now be able to roadside test drivers for cannabis and methamphetamine (and derivatives) use. The law is pretty clear on drug driving and does not distinguish the different levels of impairment like drink driving (eg, excess 0.02 0.05, 0.08 and DUI) Therefore you only have to have traces of a drug in your system and it's all downhill from there.

Also just a quick reminder about **drink driving**: the allowable level for any person operating a heavy vehicle, a bus, taxi, Uber, is an L, E or P plater is ZERO.

**Funny story for you** - I recently assisted Kondinin Police with their Kondinin Kruisers event last week. At noon we had set up an RBT station just outside town where we stopped a woman from the Eastern States in a hire car. Gave her an RBT and her result was off the chart. She was flabbergasted and explained she did

have a few drinks but stopped at midnight the night before. As a result she was taken for an evidentiary breath test at the station which resulted in a totally zero reading from the "big" machine (that's the one that counts). After much confusion it was discovered that she was a compulsive user of a skin moisturiser that was basically made up of pure wood alcohol mixed with smellies. It was a pump pack spray and it completely interfered with the roadside test making it read positive. It was her first time in a police car and going through the back entrance of the police station (usually never a good thing) but she was most relieved that her trip back to her car was a bit better than her trip to the station. She now has several photos of the experience including the printout of the test to show her mates back East.

**Fuel stealing from a business premises in Newdegate** - A business premises in Newdegate was entered on Thursday 4 April around 10pm until 10.45pm. Approximately 2,000 litres of diesel fuel was stolen from a trailer tank. If anybody saw something suspicious that night around that time can you please call Lake Grace Police. CCTV vision was obtained and we're looking for a vehicle that is capable of making off with that amount of fuel.

## Events coming up:

- I recently received a copy of the **football fixtures** for 2019 and have tried to where I can to have staff rostered on to make an appearance at the games and mingle. We encourage everyone in attendance to have a good time and look after each other if a few drinks are to be had.
- **Easter/ANZAC Day public holidays** - Police from every station will be rostered on conducting visible traffic patrols everywhere at all times. Please take your time when travelling, have plenty of stops or swap drivers. We have only had one fatal crash (last week) in the entire Great Southern District so far for the April period. The Superintendent wants to keep it this way. So do I - one death is too many. And I hate doing death notifications. So keep a lid on the following:
  - ⇒ **Wear your belt** - I have seen people use their face to remove the front windscreen while the cold beers in the esky were strapped in the back seat.
  - ⇒ **Don't drive if you've had a few** or even better bring your swag just in case.

*Continued page 30*

# Bush Schools are Increasing in Australia

<https://www.abc.net.au/news/2019-04-07/how-bush-schools-are-increasing-in-popularity-in-australia/10962604>

Each week, students at a small regional school on the New South Wales mid-north coast spend a day in the bush, exploring, experimenting, creating and getting dirty.

Among those who get to create games around the gum trees is nine-year-old student Chelsey. "I like that we don't have to do work on a piece of paper and we can just explore nature," she said.

The students are part of a new bush school program at the Manning Adventist School, outside Taree, one of the latest Australian schools to embrace outdoor learning. The concept has its origins in Europe where 'forest schools' have been popular for decades.

Manning Adventist School teacher Dianne Hillsdon has obtained a UK Forest School teaching accreditation and leads the program as an accredited Forest School Leader level 3 teacher.

Each Tuesday after their morning lessons, the students leave the classroom and head outdoors to learn and play on the school's large bush block.

"Because children these days are stuck inside a classroom for a long time they are fairly inactive," Ms Hillsdon said.

"They get to exercise choice, they get to exercise freedom. A lot of them play in the mud which they've never done before. We have a group of boys interested in geology at the moment so they are finding rocks to dig around in, so it's very child-directed."

Eleven-year-old student Tasman said he loved bush school. "I love that everyone gets to be free about what they choose — whether it's mud kitchen, base camp, going on bush walks or walking on a tight rope," he said.

Ms Hillsdon said even just one day a week in the bush was resulting in positive changes in the students. Before relocating to the Manning, Ms Hillsdon successfully implemented a bush school program at a Melbourne school. "It's about looking after the whole child."

Ms Hillsdon said there had also been a noticeable drop in children's anxiety. "Children these days tend to have a higher level of anxiety than probably they've ever had before, so getting children out of the classroom situation is important," she said. "So obviously the anxiety of being in the classroom vanishes when they come into the outdoors."



*Come in and see us for all your  
meat supplies!*

Food for all the family

Custom kills

Cooked chooks available every day



Open Monday - Friday 8:30am - 5:30pm

Saturday 8:30am - 12pm

Located in Lake Grace Plaza

Contact Dean Sounness: 9865 1225



## S.B.M. Tyres

Lake Grace Newdegate Lake King  
9865 1301 0427 651 301

Hydraulic fittings, adaptors and hoses

Ryco and Fleetguard Filters

Auto and Agricultural V-Belts

Tyres for all vehicles

Toyota and Nissan batteries

Mechanical work

Wheel alignments

Truck tyres balancing

In paddock tyre service vehicle







PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599

Email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)



## CEO's Corner

### Lake Grace Pavilion – Break In

Again on the weekend the Lake Grace Pavilion was broken into. This is the second report I have had in the past couple of weeks. We ask that the community take notice of any unusual activity, and make a report to our local police.

### Strategic Community Water Supplies – Lake Grace Available Sources – Update for Farmers

During the week of 19 March 2019, the Department of Water and Environmental Regulation assessed all strategic supplies in the Shire of Lake Grace. The data collected has been summarised and presented into a report. This report can now be viewed on the Shire website.

### Yellow Ribbon National Road Safety Week 6 – 12 May 2019

Road safety is a vital concern within our community and the Shire of Lake Grace is proud to support the 2019 Yellow Ribbon National Road Safety Week event, which will run from 6 – 12 May 2019.

In order to show our support of this initiative, the Shire will be participating in a number of activities in the lead up to and also during the event and these will be promoted via our Shire website and Facebook Page.

For more information on this, please contact Cheryl Chappell, Community Service Officer on 9890 2500 or at [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

### Staff Changes

On Friday 29 March 2019, we said farewell to Gordon Franks, who had been employed with the Shire as a Plant Operator for six and half years. We thank Gordon for his contribution throughout the years, he will be greatly missed by his work team and fellow colleagues. If there was a question that needed to be asked, Gordon was the man. We wish Gordon and his family all the best for the future.

On Thursday 28 March 2019, Nicola Kuchling joined the Shire as our new part time Administration Support Officer. Nicola has previously worked for the Shire in both a Customer Service Officer and Finance Officer position and is therefore familiar with our systems and processes. It's great to have Nicola back on the team and we believe that she will offer a great level of support to our Customer Service Officer and our Corporate Services function.

### Road Conditions

Currently we have a number of roads with significant rutting, unfortunately with the lack of rain and availability of water sources there is little we can do, other than to brush the roads over with a light grade. As we know this won't last and will be frustrating for our road users. Our operators are just as frustrated as they cannot undertake a full grade until moisture is available.

### Road Works

The Construction Crew and General Maintenance Staff have carried out the following work:

- Pickernell Road – Loading and carting of gravel, sheeting, rolling, taking down of signage and returning to depot
- Shire Depot Operating and Repairs – workshop and yard duties
- Lake Grace Tip – pushing up at tip
- Lake King Parks & Gardens – changing of water tank
- Plant Maintenance

The Lake Grace Maintenance Grader has carried out grading on the following roads:

- Naisbitt Road;
- O'Neill Road;
- White Dam Road;
- Treloar Road;
- Griffin Reward Road;
- North Burngup Road – including some back slopes;
- Crook Road.

Additional works carried out by Maintenance Grader Operator:

- Clearing of grass from intersection at the start of North Lake Grace-Karlgarin Road and Door-Knock Road.

The Newdegate Maintenance Grader has carried out grading on the following roads:

- Old Ravensthorpe Road
- Taylor Road
- Neilds Road
- Creek Road
- Tarco Road

### Parks and Gardens

The Town Maintenance Crew have carried out the following work:

- Lake Grace Recreation Ground - covering cricket pitch with rubber mats, filling edges of mats with sand, repairs to sprinklers, raking

*Continued over...*



## Shire of Lake Grace Community News *Cont.*

### CEO Corner Cont.

- and weeding around oval, marking out ambulance parking area, mowing, slashing, blowing and spraying of ants;
- 10B Gumtree Drive, Lake Grace – clean up;
- RSL Hall Garden, Lake Grace – weeding and clean up;
- Lake Grace Medical Centre – mowing of lawn;
- Street Verge Maintenance – slashing;
- Lake Grace Cemetery - tidying up and general garden maintenance;
- Lake Grace Tip – manning of the tip;
- Town Street Maintenance - clean up at Apex rest stop and clean up fallen tree branches;
- Lake Grace Parks & Gardens - watering and weeding;
- Lake Grace Drainage - checking & clearing drains;
- Newdegate Cemetery – tidying up;
- Newdegate Tip - manning tip;
- Varley Parks & Gardens - cleaning verges and mowing;
- Lake King Parks & Gardens - raking & cleaning up at playground.

### Building Maintenance

The Building Maintenance Crew have carried out the following work:

- Newdegate Cemetery – preparation of gravesite for interment of ashes;
- Newdegate Recreation Centre – commenced repairs to damaged stadium floor;
- Lake Grace Hall – repairs to blind and unblocking of toilet;
- Lake Grace Recycle Yard – removal of signage;
- Lake Grace Public Toilets – installation of signs;
- Lake Grace Sports Pavilion – installation of signs;
- Lake Grace Doctors Surgery - repairs to front lock;
- 10B Gumtree Drive, Lake Grace – patch and preparation for painting, repairs to wardrobes and removal of carpet edging;
- 14 Blackbutt Way, Lake Grace – repairs to shower and sunken paving;
- Lake King Public Toilets – replaced damaged door;

- Lake King Hall – inspection at rear of hall;
- Staff Housing Inspections;
- Replacing of white posts.

*Denise Gobbart*  
Chief Executive Officer

### Shire of Lake Grace

## PUBLIC NOTICE

### 2019 COUNCIL MEETINGS

In accordance with section 5.25(g) of the Local Government Act 1995, residents of the Shire of Lake Grace are advised of the following Council Meeting arrangements for 2019.

Date	Time	Place
17 April 2019	1.30 pm	Council Chambers, Lake Grace
15 May 2019	1.30 pm	Council Chambers, Lake Grace
19 June 2019	1.30 pm	Council Chambers, Lake Grace
17 July 2019	1.30 pm	Council Chambers, Lake Grace
21 August 2019	1.30 pm	Council Chambers, Lake Grace
18 September 2019	1.30 pm	Council Chambers, Lake Grace
16 October 2019	1.30 pm	Council Chambers, Lake Grace
20 November 2019	1.30 pm	Council Chambers, Lake Grace
18 December 2019	1.30 pm	Council Chambers, Lake Grace

Council meetings are open to the public and members of the community are encouraged to attend to ask questions and make comment relating to Shire activities.

A minimum of fifteen (15) minutes is allowed at the beginning of each meeting for questions from the public.

The Council Agenda is available prior to the meeting and can be viewed on the Shire website:  
[www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

Minutes of Council Meetings are available at the Shire Office on request and can be viewed on the Shire website at [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

Contact Cheryl Cavanagh, Executive Assistant at the Shire Office for more information on tel: 9890 2500.

**Denise Gobbart**

Chief Executive Officer

### Ordinary Council Meeting

The next Ordinary Council Meeting will be held:

**Date: Wednesday 17 April 2019**

**Time: 1.30pm**

**Location: Council Chambers**

**1 Bishop St Lake Grace**

*Members of the public welcome*

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.



## Shire of Lake Grace Community News *Cont.*

### Places of Pride National Register of War Memorials

Before the end of the First World War, communities across Australia had already started erecting memorials to those who enlisted and those who died in service.

These memorials became a place for reflection, where friends and families could come together to mourn their loss and pay respects to the sacrifice of so many from their community.

Places of Pride, the National Register of War Memorials, is a new Australian War Memorial initiative. It will record the locations and photographs of every publicly accessible memorial across Australia.

Share your photos this Anzac Day - Share photos of your local war memorial and service this Anzac Day to help us build our nation's archive.

Visit [placesofpride.awm.gov.au](http://placesofpride.awm.gov.au) to register your account, explore and contribute to this exciting project.



National Road Safety Week is an annual initiative from the Safer Australian Roads and Highways (SARAH) Group, partnering road safety organisations and Government to honour those who have lost their lives or been injured on Australia's roads.

Every year, more than 1200 people are killed and another 35,000 seriously injured on Australian roads.

Remember the 1200

**at the Lake Grace Visitor Centre  
from 11am  
Monday 6 May**



Join us with a cuppa as we pause to remember the 1200 people who died on our roads last year

*Pledge to Drive so that You and Others Survive*

<https://www.roadsafetyweek.net.au/home/#home/pledge>

Traffic injury is the biggest killer of Australian children under 15 and the second-biggest killer of all Australians aged between 15 and 24.



### Varley ANZAC Service

Time: Marchers assemble at 5.25 Dawn  
Service at 5.30am  
Location: Memorial Wall  
Varley District Hall, Carstairs Rd  
Followed by breakfast at the Varley Hall

### Lake Grace ANZAC Service

Time: 11am Anzac Day Service  
Location: Lake Grace RSL Memorial Hall  
Stubbs Street, Lake Grace  
Followed by a shared lunch  
(bring a light lunch to share)

### Lake King ANZAC Service

Time: service 6.30am  
Location: Bicentennial Park (behind the Tavern)  
Varley Lake King Rd, Lake King  
Followed by breakfast behind the church

### Newdegate ANZAC Service

Time: 5.15am Dawn Service via ABC radio  
Location: Railway Station  
Sporting Precinct, Newdegate  
Followed by breakfast, tea and coffee





## Shire of Lake Grace Community News *Cont.*

### Office Open Hours

Monday - Tuesday - Wednesday - Friday

8.30am - 4.30pm

Thursday 8.30am- 4.00pm

Staff can be contacted by phone between 8am - 5pm.

### Transport & Licensing

All licensing payments are to be made in person at the Shire of Lake Grace Administration building.

**Monday, Tuesday and Wednesday 8.30am - 4.15pm**

**Thursday and Friday 8.30am - 4.00pm**

As an agency we process the majority of transactions, including; renewals, transfers, number plate orders, boat registration renewals and new licence applications.

Please ensure you arrive at the counter with sufficient time for your transaction to be completed by closing time, this is because it is necessary for staff to reconcile Department of Transport transactions each day.

Please keep in mind that farm equipment and Learners Permit transactions can take up to 45 minutes or more.

### Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

**Friday - 3 May**

**Friday - 7 June - to be confirmed**

Bookings are essential for all Practical Driver's Licence Assessments and we advise that there is a waiting list, so booking in advance is highly recommended.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information visit [www.transport.wa.gov.au](http://www.transport.wa.gov.au).

### Building Surveyor

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

**Tuesday 16 April 2019**

**Tuesday 30 April 2019**

For an appointment contact Josiah on 0438 811 944.

### Environmental Health Officer

For an appointment with the Shire's Environmental Health Officer, Will Pearce, please contact the Shire on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

### Tip Hours

#### Lake Grace

Monday & Wednesday 9am - 2pm

Saturday & Sunday 9am - 4pm

#### Newdegate

Wednesday 9am - 1pm

Saturday 9am - 1pm

#### Lake King & Varley

Open Every Day

### Waste & Recycle Pickup

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

**Recycling** is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
15 April 2019	22 April 2019
29 April 2019	1 May 2019

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.

### Library Open Hours

**Lake Grace Public Library** School Place Absolon St

Monday - Thursday 9am - 5pm

Closed for lunch 12.30 - 1pm

#### School Holidays

Tuesday & Thursday 9am - 5pm Lunch 12.30 - 1pm

**Newdegate Public Library** Collier St

Monday - Thursday 8.30am - 4.30pm

Closed for lunch 12noon - 1pm

Friday 9am - 2pm

**Lake King Library** Newdegate/Ravensthorpe Rd

Tuesday and Thursday 8.30am - 3.30pm

*Everyone welcome*



Check out our website  
[www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)



Check out our Facebook page  
[www.facebook.com/shireoflakegrace](https://www.facebook.com/shireoflakegrace)

# Calls for Funding for Local Digital Support Services

## Media Release

Linkwest, the peak body for community-led Neighbourhood and Community Resource Centres in Western Australia, is calling for the elected Federal Government to allocate funding for local digital support services in WA.

Linkwest CEO, Jane Chilcott, said with the default to digital services and the associated reduction in federal agency staff, Linkwest member Centres are spending increasingly more time helping people access federal services such as MyGov, MyAgedCare, MyHealthRecord, Childcare Rebate, the ATO and Medicare.

"Many of our most vulnerable members of the community are relying on our Centre staff for support to access these Federal Government services.

"This situation is further exacerbated in rural and regional WA where there is poor internet access, no public transport and the nearest agency office can be a four hours' drive," she said.

Ms Chilcott said the current Federal Government's budget handed down last week had not considered the needs of Western Australians experiencing 'digital stress'.

"We know from recent research that one in four of the

poorest households in WA do not have access to the internet. Many Australians, including the elderly, single parents, and the CaLD community face challenges in accessing Federal Government digital services for many reasons including low digital literacy and literacy and numeracy skills."

"This is an equity of access issue, with vulnerable and rural people being excluded from online services. We need Federal Government to invest in local community organisations that can provide a dignified face-to-face support service to those who need it, with the dual benefit of providing local jobs in regional areas," she said.

Currently Linkwest Centres across Western Australia receive funding from the State Government to provide support to access State Government online services and Ms Chilcott would like to see the Federal Government follow their lead by investing \$10 million per annum across the network.

"The ability to provide support to help people access federal online services is already available through the Linkwest network.

"Our Centres are well placed to provide this support in 150 local communities and respectfully request the elected Federal Government match this support."

## STEVE & KIM *Dipping & Crutching Contractors*

LAKE GRACE 0428 651 053

Always looking for more work for our 3 stand crutching cradle.

Fully staffed by experienced crutchers, wool handler and stockman. Contract rates, quick and efficient with our modern equipment.

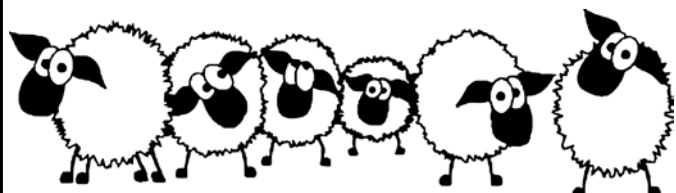
We have room available for bookings in our summer/autumn program during February, March & April.

Any queries on Plunge Dipping are welcome.

Book in.

Contact Steve 0428 651 053 or

overseer Lomas 0458 729 738



## OBORNE CONCRETE



Chemical Sheds \* Boomspray Pads  
House Pads \* Silo Pads \* Driveways  
Super Sheds \* Workshops

Tip truck and bobcat also available  
for any type of site works.

Small and Large Loads

Grant Osborne - Lake Grace

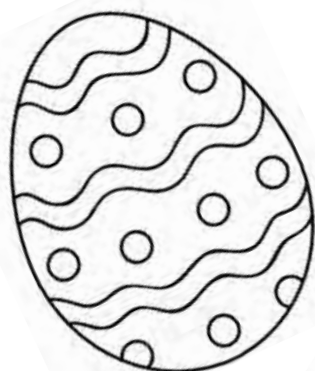
Mobile: 0427 651 367

oborne.concrete@gmail.com

facebook = Osborne Concrete

## Children's Activity

Help the rabbit find the egg!



Q. What do you get if you pour hot water down a rabbit hole?

A. Hot cross bunnies!

Q. Why shouldn't you tell an Easter egg a joke?

A. It might crack up!

Q. How does the Easter Bunny stay fit?

A. Eggs-ercise and hare-robics!



# Protecting Australian Farmers' Privacy

## Media Release

The Coalition Government will bring the Aussie Farms website under the Privacy Act, exposing it to potential penalties of more than \$400,000 if it breaches the Act. Attorney-General, Christian Porter, said the activities of Aussie Farms Incorporated created an unacceptable risk to hardworking farming communities and producers.

"The company publishes information about Australian farmers and agricultural producers including their names and addresses, exposing them to potential trespass, biosecurity hazards, and reputational damage," the Attorney-General said.

"Listing this activist group as an organisation under the Privacy Act, now means that the company will have to abide by the provisions of the Act."

Minister for Agriculture, David Littleproud, said he had repeatedly asked Aussie Farms to take the website down before someone was hurt or worse, but the group behind the website flatly refused.

"The farming families who grow our food deserve to be able to do so without fear of invasion on their property and harm to their children," Minister Littleproud said.

"The Aussie Farms website is intended to be an attack

map for activists and it is already working as one. The fact Aussie Farms refused to take the website down when invasions began happening on farms displayed on their map shows they intend for it to be used as an attack map for activists.

"Aussie Farms will now be required to comply with the Privacy Act, which includes laws against the misuse of personal information. I note the maximum penalty for an offence under the Privacy Act is \$420,000."



**OPEN**  
most days

Wednesday – Sunday  
Monday & Tuesdays

10am – 4pm  
CLOSED

*Come & enjoy a tea/coffee with homemade cake*  
Bookings not essential, but appreciated.  
Phone: 0447 651 418  
Facilities not air conditioned

**RICK  
WILSON MP**  
FEDERAL MEMBER FOR O'CONNOR

*Fighting for  
our farmers*



🏠 Shop 5, The Link Shopping Centre, St Emile Way, Albany WA 6330 ☎ 08 9842 2777

✉ rick.wilson.mp@aph.gov.au 🌐 rickwilson.com.au 📘 RickWilsonMP

Authorised by Rick Wilson MP, Liberal Party of Australia, Shop 5, The Link Shopping Centre, St Emile Way, Albany WA 6330.

# Puzzles & Stuff

Some words from the 28th March edition of Boggle

Answers for the 28/03/2019 edition of Sudoku

Defeatism      Miads  
 Mediates      Media  
 Ideates      Sited  
 Admits      Smite  
 Amidst      Tides  
 Defies      Timed  
 Demise      Times  
 Fiesta      Aims  
 Misted      Dais  
 Sifted      Dies  
 Admit      Fist  
 Aides      Said  
 Aimed      Semi  
 Aside      Side  
 Diets      Tied  
 Dimes  
 Edits  
 Emits  
 Ideas  
 Items

1	5	3	7	9	4	8	6	2
9	8	2	5	1	6	7	3	4
7	4	6	8	2	3	9	1	5
2	1	7	4	6	5	3	9	8
4	9	5	3	8	1	2	7	6
3	6	8	9	7	2	5	4	1
6	3	1	2	5	7	4	8	9
8	2	4	1	3	9	6	5	7
5	7	9	6	4	8	1	2	3

8	3	4	5	6	1	7	2	9
7	1	9	3	4	2	8	5	6
5	6	2	7	9	8	3	1	4
1	4	7	8	2	3	6	9	5
6	2	3	9	5	4	1	8	7
9	5	8	6	1	7	4	3	2
4	7	1	2	3	9	5	6	8
3	9	5	4	8	6	2	7	1
2	8	6	1	7	5	9	4	3

B	C	L
C	E	U
A	R	N

This week's Boggle (Every word must include the middle

---



---



---



---



---



---

## He's / His

*He's* is the short form of 'he is' or 'he has'.

For example: "Don't be scared - he's very friendly."

*His* is a possessive pronoun, it is used to show something belonging to or connected with a man, boy or male animal that has just been mentioned.

For example: "Mark just phoned to say he'd left his coat behind. He's very worried. Do you know if this is his?"

## Should've Would've Could've

Should've, Would've, Could've, are all contractions of Should **HAVE**, Could **HAVE**, Would **HAVE**

Should *of*, Could *of*, Would *of* does not exist.

Example -

Correct:

"I should have taken the dog for a walk."

Incorrect:

"I should of taken the dog for a walk."

You do not 'of' something. You 'have' it.

## Your / You're

**Your** is a possessive – it means something belongs to you. eg) your name, your car, your house

The word **you're** is short for "**you are**." eg) you're beautiful, you're smart, you're welcome

## Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

## New Cancer Symptom Website for Regional People

<https://www.findcancerearly.com.au/cancer-symptoms/>

On Sunday 24 March, Cancer Council WA launched the new *Find Cancer Early* website. The site aims to improve regional cancer survival outcomes as research shows regional Western Australians are 20 – 30 per cent more likely to die within five years of a cancer diagnosis than people living in Perth.

The new website has been designed to improve regional Western Australian's understanding of the early symptoms of prostate, breast, skin, bowel and lung cancer and encourage them to report any unusual changes in their body to their doctor, clinic nurse or Aboriginal health worker early.

Learn more about early cancer symptoms here: <https://www.findcancerearly.com.au/cancer-symptoms/>

### Harnessing the Power of Personal Stories

The stories and advice of regional champions who have experienced a prostate, breast, skin, bowel or lung cancer diagnosis has been gathered to help motivate regional people to *Find Cancer Early*.

Learn from Find Cancer Early champions or share your story here: <https://www.findcancerearly.com.au/local-stories/>

### Find Cancer Early

We know that people are more likely to survive cancer if it's found early. This website provides important information to help you identify potential early symptoms of bowel, breast, lung, prostate and skin cancer, and what you should do if you find them.

*Want your negatives scanned and saved?*



How about your slides?

The Lake Grace CRC is able to scan your negatives, slides and photographs.

They can then be saved to disc for future use or printed.

Enquiries to 9865 1470

## Lake Grace Freight Depot

We are agents for:



Toll Ipec

Startrack



Kalexpress / Quality



Freightlines Group  
(Esperance)



Stirling Freight

### Depot open:

7am - 11am and 3pm - 6pm weekdays

7am - 10am Saturdays

Closed public holidays

***For security reasons this depot will be locked***

### Any enquiries contact:

Rex - 0429 649 021 Tracy - 0447 759 246  
rexwalker70@gmail.com

## Peter Rundle MLA Member for Roe

### Narrogin Office

PO Box 378  
Narrogin WA 6312  
Ph 08 9881 1225  
Fax 08 9881 3082

### Esperance Office

107 Dempster St  
Esperance WA 6450  
Ph 08 9071 6555  
Fax 08 9071 6788

[Peter.rundle@mp.wa.gov.au](mailto:Peter.rundle@mp.wa.gov.au)

[www.peterrundle.com.au](http://www.peterrundle.com.au)

[@PeterRundleMLA](https://twitter.com/PeterRundleMLA)

[facebook.com PeterRundleRoe](https://facebook.com/PeterRundleRoe)



**THE NATIONALS**  
*for Regional WA*





# POLICE NEWS *(cont.)*

- ⇒ **Don't drive if you're tired** – I've heard sleeping is better than dying.
- ⇒ **Slow down** - you will still get there and possibly be richer for the experience.
- ⇒ **Stop at stop signs and traffic lights** - slowing down is not stopping, pretend you're going for your driver's licence test again.
- ⇒ **Mobile phone** - stick it in the boot where you can't be tempted to check how many likes you received for posting pictures of the last selfie you took.
- **Blazing Swan** - I have never heard of this event before, I obviously move in different circles. It's being held in Kulin over the Easter long weekend. Essentially it appears that the folk from Fremantle descend upon Kulin for the week to participate in a week's worth of free love, frivolity, music, tattoos, art, tofu and sprouts (I have heard clothes are optional). It's being held on private property and has numerous themed

camp categories such as "Bad Advice", "Steampunk Pancakes", "Camp S.H.I.T.G.I.F.T", "Aiding and A-Betting", "Fluff Box" and "Greasy Pirates" to name a few. There is also a temple being provided for the virgins amongst us. The weeklong event culminates in the burning of a large swan effigy at the end - not sure why but it does. Then everybody departs as if they have never been there, assuming they can remember where they parked their cars.

Senior Constable Fiona Main tells me she can't wait.....Look up the website and check it out, I'm frightened already!

Have a great fortnight and stay safe.

**Sgt Travis Taylor**

## Ajustabar HIRE

Lake Grace Engineering have AJUSTABAR machines available for HIRE in Lake Grace and surrounding areas

Please ring Tracey for further information, pricing and availability

Phone – (08) 98 651 845

Email: [adminlge@bigpond.com](mailto:adminlge@bigpond.com)





**Lake Grace**

**Stall Holders \$10**

*Market Day*

**At the Lake Grace Visitor Centre**

**Saturday 29th June**

**10am - 12 Noon**

**Sausage Sizzle**

**For more info and stall bookings  
Call Jo or Helen at the  
Lake Grace Visitor Centre**

# Bits & Pieces

Kevin Seaman

To those of you who are avid readers of B&P, you will have judged by now my feelings towards the cannibalisation of our English language, both the written and spoken versions. I.e; computer talk, text abbreviation and the constant slurring of words together as we speak and new words being put in to our language without meaning. But it appears the younger generation are adding new meaning to words. The Irish are also quite adept at giving new meaning to the old standard words. As indicated by the new release of the Irish Medical Dictionary, read the following and see what you make of it and its up to date meanings.

Artery - the study of paintings  
 Bacteria - back door of a cafeteria  
 Barium - what doctors do when a patient dies  
 Bowel - a letter like a,e,i,o,u  
 Caesarian section - a neighbourhood in Rome  
 Cat scan - searching for kitty  
 Cauterise - made eye contact with her  
 Coma - a punctuation mark  
 D & C - where Washington is  
 Dilate - to live longer  
 Enema - not a friend  
 Fibula - a small lie  
 Genital - not a Jew  
 G.I Series - a soldier ballgame  
 Hangnail - a coat hook  
 Impotent - distinguished, well-known  
 Labour pain - getting hurt at work  
 Medical staff - doctor's cane  
 Morbid - a higher offer  
 Nitrates - cheaper than day rates  
 Node - was aware of  
 Outpatient - a person who has fainted  
 Pap smear - a fatherhood test  
 Pelvis - a cousin of elvis  
 Recovery room - place to do upholstery  
 Rectum - dang near killed 'em  
 Secretion - hiding something  
 Seizure - roman emperor  
 Tablet - a small table  
 Terminal illness - getting sick at the airport  
 Tumour - more than one  
 Urine - opposite of 'you're out'  
 Varicose - near by  
 Vein - conceited

After that lot, I think a few funnies will fill the bill. Being budget week and the announcement of the new budget on top of the up and coming election, what could be more amusing to the average person. But one thing I gleaned from my time in the Rockingham Rostrum Coub was, 'If you wanted to stay on safe ground, not to discuss religious or political subjects with fellow

members." So back to the basics, that is, good old fashioned clean jokes.

## *The Origin of the Christmas Tree Angel*

One particular Christmas a long time ago, Santa was getting ready for his annual trip... but there were problems everywhere. Four of his elves got sick and the trainee elves did not produce the toys as fast as the regular ones so Santa was beginning to feel the pressure of being behind schedule.

Then Mrs Claus told Santa that her mother was coming to visit. This stressed Santa even more. When he went to harness the reindeer, he found that three of them were about to give birth and two had jumped the fence and were out, heaven knows where. More stress. Then when he began to load the sleigh, one of the boards cracked and the toy bag fell to the ground and scattered the toys.

So, frustrated, Santa went into the house for a cup of coffee and a shot of whiskey. When he went to the cupboard, he discovered the elves had hidden the liquor and there was nothing to drink. In his frustration, he accidentally dropped the coffee pot and it broke into hundreds of little pieces all over the kitchen floor. He went to get the broom and found that mice had eaten the straw it was made from. Just then the doorbell rang and Santa cursed on his way to the door. He opened

## *Lake Grace Transport*

Twice weekly freight service to and from Perth

- ♦ Secure depot in Perth to drop freight off. Depot is C/O BW James, 19-21 Hodgson Way, Kewdale.
- ♦ For all your wool and general freight
- ♦ Forklift to load wool on farm
- ♦ Accreditation to load at Midland Brick
- ♦ We also cart bulk grain, fertilizer, lime, gypsum and firewood

Your friendly local operator - nothing is a problem, only too happy to be of service.

For all your freight needs call:  
 Darren on 0428 651 339





## Bits & Pieces

the door and there was a little angel with a great big Christmas tree. The angel said, very cheerfully, 'Merry Christmas Santa. Isn't it just a lovely day? I have a beautiful tree for you. Isn't it just a lovely tree? Where would you like me to stick it?' Thus began the tradition of the little angel on top of the Christmas tree.

### *Parrot Learns a Lesson*

A guy named David received a parrot for his birthday. The parrot was fully-grown, with a bad attitude and an even worse vocabulary. Every other word was a curse word. Those that weren't curse words were, to say the least, rude.

David tried hard to change the bird's attitude and was constantly saying polite words, playing soft music - anything he could think of to try and set a good example. Nothing worked. He yelled at the bird and the bird yelled back. He shook the bird and the bird just got angrier and ruder. Finally, in a moment of desperation, David put the parrot in the freezer. For a few moments he heard the bird squawk and kick and scream! Then suddenly there was quiet. Not a sound for half a minute.

David was frightened he might have hurt the bird and quickly opened the freezer door. The parrot calmly stepped out onto David's extended arm and said, 'I believe I may have offended you with my rude language and actions. I will endeavor at once to correct my behaviour. I really am truly sorry and beg your forgiveness.' David was astonished at the bird's change

in attitude and was about to ask what had made such a dramatic change when the bird continued, 'May I ask what turkey did?'

### *What's My Name?*

Two elderly ladies had been friends for many decades. Over the years they had shared all kinds of activities and adventure. Lately, their activities had been limited to meeting a few times a week to play cards. One day they were playing cards when one looked at the other and said, 'Now don't get mad at me... I know we've been friends for a long time but I just can't think of your name! I've thought and thought but I can't remember it. Please tell me what your name is. Her friend glared at her. For at least three minutes she just stared and glared at her. Finally she said, 'How soon do you need to know?'

### *The Senility Prayer*

Grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones I do, and the eyesight to tell the difference.

K

## PAINTING

Reg. # 4709

Domestic, Commercial,  
Industrial, Farm &  
Heritage Specialty.

Clean, Precise and Quality work.  
Local references available.

For FREE Quotation  
and Booking  
Call Mick

0419 701 332



## McKenzie Rural Contracting

Specialists in;

- \* Rural fencing
- \* Sheep & Cattle yard construction
- \* Neeta Screen
- \* Security Fencing
- \* Small Excavator Hire
- \* Insurance Claims

Servicing Lake Grace & surrounding areas

WE TRAVEL ANYWHERE !

Free measure & quote

For all enquiries please contact us

Jeff : 0458 693 014

Symone : 0437 430 093

Email : [jmckenzie80@bigpond.com](mailto:jmckenzie80@bigpond.com)

Find us on Facebook to see our work

<https://www.facebook.com/mckenzieruralcontracting/>

# Newdegate Basketball Grand Final

*Tuscany Dew*

Lake Grace were lucky enough to have both men's and women's teams make it through to the grand final. It was a night of tough competition and fast paced basketball with the teams managing to pull off the win!

The ladies played off against the local Newdegate team Sapphires, and after a close call in the semi final, both teams were in with a shot. Only a few goals separated the teams at half time, but with Laura Ballard scoring a 3 pointer early in the second half Lake Grace took to the lead, and held onto it to seal the win.

Chloe Pearson was strong in both attack and defence, earning her the well deserved best on ground. Maggie Trevenen and Felicity Young were fast heading down the court and kept the Newdegate girls on their toes, with Elle Trevenen, Tuscany Dew, and Shaylah Medlen holding a tight zone in defence to force the turnovers Lake Grace needed.

At the final siren Lake Grace were up with a score of 28 to 18 giving them the win.

Awards were as follows.,

**Mens:**

**Season –**

Fairest & Best: Trivan Davey

R/ up fairest & best: Dean Rintoul

Highest goal scorer: Trivan Davey

Most fouls (the chook): Trivan Davey

**Grand final –**

Best on ground: Stephen Chappell

**Women's:**

**Season –**

Fairest & Best: Sheridan Kowald

R/ up fairest & best: Maggie Prater

Highest goal scorer: Sheridan Kowald

Most fouls (the chook): Casey Pinney

**Grand final –**

Best on ground: Chloe Pearson



Above: L to R: Laura Ballard, Flick Young, Chloe Pearson, Maggie Prater, Tuscany Dew, Elle Trevenen, Shaylah Medlen.

## - Opening Day 2019-

*Lake Grace Golf Club*

**Sunday 28th April**

**Names in by 1:15pm for a 1:30pm hit off**

9 hole event

3 person ambrose

*Sponsored by Fyfe Transport*

**Everyone Welcome!**

**BBQ Tea to follow.**



Above: Greg Amores, Bailey McGlinn, Stephen Chappell, Leon Clarke, Andrew Lewis, Josh Bellve.



## Flu Vaccine Program Brought Forward as Cases Surge

<https://www.abc.net.au/news/2019-04-08/flu-vaccine-program-brought-forward-as-numbers-spike/>

An unexpected surge in flu cases across the nation has prompted health authorities in South Australia to begin early distribution of free vaccines in an effort to curb the spread. There have been more than 26,000 confirmed influenza cases since the start of 2019, which is significantly higher than previous years.

New South Wales and Queensland have each had more than 7,000 since the beginning of January. But South Australia is leading the per capita trend, with almost 4,485 cases compared to 1,139 at the same time last year.

"Normally it's relatively quiet at this time of year for influenza, so this is a somewhat exceptional year," World Health Organisation flu specialist Professor Ian Barr said.

Distribution of the free vaccine for people aged 65 years and older has already started in South Australia, while distribution for children under five and all other eligible groups started on Monday.

"The winter demand management strategy — I've never heard of it being released before Easter," SA Health Minister Stephen Wade said. "About 90,000 South Australian children will have access to a free flu vaccination through the state program."

More than 1,000 influenza cases have been reported in South Australia in the past week alone.

"While it's not possible to predict the severity of a flu season, it's important the community remains vigilant," SA Health disease control expert Dr Louise Flood said.

### **Aged care outbreaks and deaths linked to flu**

For many sufferers, the flu causes moderate symptoms that ease after a few days, but for others it can lead to severe illness and sometimes even be fatal. A young child died in Victoria last month due to what health authorities have labelled one of the biggest summer outbreaks of flu the state had seen.

During January and February there were also seven deaths reported to NSW Health — all associated with influenza outbreaks at aged care facilities.

"We've had one death so far this year ... and we've had 12 outbreaks in aged care facilities," Dr Flood said about the situation in South Australia.

"I would urge everyone to contact their GP or immunisation provider to get a flu shot, especially those in high-risk groups such as young children, people aged over 65 and pregnant women, who can get vaccinated for free."

Dr Flood said people with existing medical conditions and Indigenous Australians are also considered at higher risk.

The federal Health Department said vaccines would be made available through the National Immunisation Program from mid-April, "subject to local distribution arrangements".

### **Researcher 'shocked' by summer start to season**

Immunisation Coalition chairman Professor Robert Booy, who is a researcher at the University of Sydney, said several states had begun rolling out their own vaccination programs.

"New South Wales has also been releasing free vaccination in recent weeks, so they too are doing it early," he said. "It is a shock, it definitely is a real surprise. We weren't expecting it."

Distribution of free vaccines to GPs and others providers is also currently underway in Victoria, while authorities in Queensland have also begun urging locals to get vaccinated.

Professor Booy said the early surge in cases began in the tropics at the start of summer, and may be being driven by global trends and tourism.

"It's gone all the way down the east coast of Australia and the numbers have continued to increase for the past three months," he said.

"We can only conclude that we're getting a lot of infection back from overseas."

"We had such a quiet flu season last year that we didn't build up much immunity to the new strains, so immunity to previous strains has waned."

## Community Consultation

### For Proposed

## Lions Lakeside Heritage Walktrail

You are invited to attend a community forum to discuss the proposed Walktrail to be established on the west side of Lake Grace lake immediately south of the Rest Area at the west of the lake.

**Where: Lake Grace Community Resource Centre**

**When: Tuesday 7 May**

**Time: 7pm**

The Lions Club of Lake Grace plan is to establish a Lakeside Heritage Walktrail from the car park. The trail will be an inclusive walk trail, with a bridge across the creek, and a viewing platform close or on the lake.

## PUBLIC NOTICES

### Sally Dickinson

Counsellor for Southern AgCare. A free and confidential service. Contact 0427 192 155  
[www.southernagcare.org.au](http://www.southernagcare.org.au)

### First Aid Kits

Are now available for purchase at  
 CCL Hardware Lake Grace.

### Lake Grace Op Shop

46 Bennett Street (Old Church)  
 Tuesday 1:00 - 4:00pm  
 Friday 9:30am - 1:00pm

### Lake Grace Lions Club

Meetings every 2nd (dinner meeting) and 4th  
 Thursday of the month at the Men's Shed.

### Community Bus Bookings

Are to be done through the Lake Grace CRC.  
 Ring 9865 1470 or email  
[lakegracecrc@westnet.com.au](mailto:lakegracecrc@westnet.com.au)

### CWA Bookings

Please be advised that if you wish to book the  
 CWA Hall then please contact the Lake Grace  
 CRC on 9865 1470.

### Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the  
 Cancer Support Coordinator for the Wheatbelt  
 Region. Call Barbara on 9621 1810 for  
 information, support and assistance.

### Holyoake Community Alcohol and Drug Service

May Griffiths Counsellor/Diversion Officer  
 Ph: 08 9881 1999

Holyoake's counselling service isn't just for the  
 addict but is also for family and friends who are  
 needing support. Funding is currently for one  
 day in our area but due to lack of use in recent  
 months we may lose this facility.

### Cleaner Wanted

The committee of the community bus are looking  
 for someone who would be willing to clean the  
 community bus. The person would only be  
 called upon occasionally and it would be a paid  
 position.

## Crisis Care Numbers

<b>Doctor's Surgery</b> -9865 1208	<b>Electricity Faults</b> - 13 13 51
<b>Hospital</b> - 9890 2222	<b>Water Faults</b> - 13 13 75
<b>Ambulance/Fire/Police</b> - 000	<b>Directory Assistance</b> - 1223
<b>55 Central Men's Refuge</b> 9272 1333	<b>Family Helpline</b> 1800 643 000 / 9223 1100
<b>Sally Dickinson</b> 0427 192 155 <i>Southern AgCare Counselling</i>	<b>Kids Helpline</b> 1800 551 800 <a href="http://www.kidshelp.com.au">www.kidshelp.com.au</a>
<b>Poisons Information</b> 13 11 26	<b>Ngala</b> 9368 9368 <a href="http://www.ngala.com.au">www.ngala.com.au</a>
<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 <a href="http://www.community.wa.gov.au">www.community.wa.gov.au</a>	<b>Wheatbelt Mental Health Service</b> Northam - (08) 9621 0999 Narrogin - (08) 9881 0700
<b>Lifeline Australia</b> - 13 11 14 <a href="http://www.lifeline.org.au">www.lifeline.org.au</a>	<b>Beyond Blue</b> - 1300 22 4636 <a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>
<b>Seniors Information Services</b> 9321 2133 <a href="http://www.cotawa.asn.au">www.cotawa.asn.au</a>	<b>Citizens Advice Bureau</b> 9221 5711 <a href="http://www.cab.wa.com.au">www.cab.wa.com.au</a>
<b>Family Court of WA</b> 9224 8222 / 1800 199 228 <a href="http://www.familycourt.wa.gov.au">www.familycourt.wa.gov.au</a>	<b>Youth Legal Service</b> 9202 1688 / 1800 199 006 <a href="http://www.youthlegalservice.inc.com.au">www.youthlegalservice.inc.com.au</a>
<b>Main Roads</b> - 138 138	<b>Rural Link</b> - 1800 552 002
<b>Mental Health Emergency Response Line</b> - 1300 555 788	<b>Suicide Call Back Line</b> - 1300 659 467 <a href="http://www.suicidecallbackservice.org.au">www.suicidecallbackservice.org.au</a>
<b>Alcohol &amp; Drug Information Service</b> - 1800 198 024 <a href="https://www.mhc.wa.gov.au/">https://www.mhc.wa.gov.au/</a>	<b>Parent Drug Information Service</b> - 1800 653 203
<b>Holyoake</b> Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	<b>Relationships Australia Fair Programme</b> 9336 2144 <a href="https://relationshipsaustralia.org.au">https://relationshipsaustralia.org.au</a> 1300 364 277



# Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
CWA	Suzanne Reeves	0427 651 310	lakegracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com
LIFT Lakes Information & Farming	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Lions	Arthur Slarke	0429 651 015	arthurslarke@bigpond.com
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au
Playgroup	Rhiannon Stubberfield	0428 301 380	lakegraceplaygroup@mail.com
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Visitor Centre Committee	Stephanie Clarke-Lloyd	0408 949 759	stephanie.l.clarke@bigpond.com
<b>Winter Sports</b>			
Lake Grace Golf Club	Mikaela Spurr	0438 926 196	golfclub@lakegrace.wa.au
Lake Grace Gym Club	Vynka Lay	0429 651 072	bvlay@bevanlayspreading.com
LG / Pingrup Hockey Club	Donna Skerris	0429 197 806	tameka_knill@yahoo.com
LG / Kukerin Hockey Club	Danie Drummond-Hay	0477 566 277	lgkhockeyclub@outlook.com.au
LG / Pingrup Football Club	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
LG / Pingrup Netball Club	Joely Slinn	0477 014 347	lgpnc@outlook.com
LG / Pingrup Jnr Football Club	Taryn Borgward	0429 205 267	lgpjfc@gmail.com

## CHURCH TIMES

### Lake Grace Catholic Church

Sunday 14th April 8am  
Please see page 11 for Easter Times

For inquiries and request for home visitation,  
please contact Fr Abraham Uchenna Chukwu  
on 9865 1248.

### Anglican Church of Lake Grace

Sunday 14th April 9am  
Sunday 21st April 9am

No services on the other Sundays

Enquiries: Father Dave 0427 545 560  
Wally Perry 0448 795 070

## Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	9865 1224
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

## Lake Grace Shire Councillors

Councillor	Telephone	Fax
Jeanette de Landgraft (Pres)	9872 0029	9838 9041
Steve Hunt (Vice Pres)	9865 1650 0427 651 585	
Ross Chappell	0428 654 058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Roz Lloyd	9871 1534	9871 1676
Allan Marshall	9865 3022	9865 3012
Murray Stanton	9865 1329	9865 1223
Peter Stoffberg	0447 281 181 9865 2550	
Mikaela Spurr	0438 926 196	

# COMMUNITY CALENDAR

## April

Fri 12 Op Shop open 9:30am - 1pm  
Fish & Chips @ Sportsman's Club  
Crochet @ CRC 10am-midday  
LGDHS ANZAC Service

Sat 13 Bowls Closing Day & Wind Up  
Rubbish tip open  
Craft @ CWA  
Steak Tea @ Sportsman's Club  
Winter Sports LGP v Jerramungup

Sun 14 Rubbish tip open

Mon 15 Rubbish Collection  
Recycling Collection  
Rubbish tip open

Tue 16 Playgroup 9:30am - 11:30am  
Op Shop Open 1-4pm  
Men's Shed (morning)  
SOYF Exercise 10am @ Shire Hall  
Chair Aerobics 10:30am @ Village Hall  
Building Surveyor in Lake Grace  
Physio visiting Lake Grace  
LGP/P Football training

Wed 17 Rubbish tip open  
Shire Council Meeting  
Souths Hockey training

Thur 18 Lakes Link News Deadline  
LGP/P Football training

Fri 19 Good Friday  
Stations of the Cross

Sat 20 Rubbish tip open  
Craft @ CWA

Sun 21 Rubbish tip open

Mon 22 Rubbish Collection  
Rubbish tip open  
Easter Monday

Tue 23 Playgroup 9:30am - 11:30am  
Op Shop Open 1-4pm  
Men's Shed (morning)  
SOYF Exercise 10am @ Shire Hall  
Chair Aerobics 10:30am @ Village Hall  
LGP/P Football training

Wed 24 Rubbish tip open  
Souths Hockey training

Thur 25 ANZAC Day  
Pilates Classes @ 9am  
Lakes Link News Published  
LGP Netball Training  
LGP/P Football training

### Coming Events

26th April - Seniors Activity Day  
27th April - Winter Sports @ Pingrup LG/P v Boxwood  
28th April - Opening Day LG Golf  
30th April - Term 2 starts at LGDHS  
30th April - Building surveyor in Lake Grace  
3rd May - Driving Assessor in Lake Grace  
6th May - Yellow Ribbon campaign  
7th May - Community Consultation for Lions Walk Trail  
14th May - LGDHS School Board Meeting 6pm  
14th May - Foot Clinic @ Village Hall  
20th May - LGDHS P&C Meeting  
7th June - Dumbleyung Speech & Drama Festival  
7th June - Driving Assessor in Lake Grace TBC  
11th June - LGDHS School Board Meeting 6pm  
11th & 12th June - Forklift Workshop  
17th June - HC/MC Training & Assessment  
29th - Visitor Centre Market Day

4		3			2			1
7		5						2
				7	8	9		
			2			1		
	2	4				3	6	
		6			5			
		8	7	2				
2						8		6
6			5			7		3

### Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

			9	5			2	
2	3							1
					8			
		2			7		9	
		4				5		
	9		4			8		
			8					
9							3	6
	6			1	5			