

1st March 2018

\$1.20 inc GST

Vol 24 Issue 4

### Milestone Celebration for Farmers Centre

Gary Frost and Suzanne Reeves

Turning forty is a significant milestone and it was no different for Farmers Centre. The invitations were sent, the decorations were hung, the fridge was stocked and the party bags were sorted. Some divine intervention even brought some thunder and lightning with a smattering of rain.

Farmers Centre opened their business in Lake Grace in February 1978; 711 harvester sales for the 1977 harvest had gone through the roof so Farmers Centre decided to expand their Dumbleyung operations. Dealer Principal Barry Wells, accompanied by Gary Frost, visited Lake Grace in late 1977 to look for a possible site. They initially settled for the vacant block (Mobil Fuel Depot)

across the road from the current site, but no sooner had they returned to Dumbleyung that day when Cyril Rich (C.F RICH & Co.) was on the phone offering his premises. Barry was back out the next day and a deal was done; this was the beginning of a long association with Lake Grace and surrounding districts.

Gary Frost recalls those early years. John Miles (Service), Lloyd Miles (Parts) and myself in sales commenced our journey in February 1978 with the sole intention of offering the people of Lake Grace a viable parts and service centre and the sales flowed from that. John etched a solid name as one of the best machinery mechanics going around over the next ten years. When

John left, Rudi Hamburg stepped up to the plate and went about setting an even higher standard in our workshop. When Rudi transferred to Esperance

Continued page 31

Current Farmers Centre staff.

Ashley Drake-Brockman and Oakley Major (first year apprentice) are seated on the latest release quadtrac.

At front are Barry Jones (service manager), Gary Frost (manager), Jodie Jones (administration), Laurence Bourne (parts), Brodie Major (technician) and Gar (Jason) Davey (mechanic).

Missing: Trivan Davey (final year apprentice)



## **CONTENTS**

Page 1 & 31 Page 3 Page 4 Page 5 Page 7 Page 8 Page 9 Page 10 Page 11 Page 13 Page 14 Page 15	Farmers Centre Editorial About Town Queen's Baton Relay Lions Donate to Local Cause Getting to Know You Can Have Your Cake and Eat It Weather Police Report Networking ATO Media Release Artists Group	Page 17 Page 18 Page 19 Page 21-24 Page 26 Page 28 Page 29 Page 32 Page 33 Page 35 Page 36,37 Page 38	Elephant on the Move Cancer Symptoms LGDHS Swimming Carnival Shire Pages Commemorating 100 Yrs Anzac Puzzles & Stuff Learning Program Media Release Health Summit Media Release Cricket Wind-Up Autumn Garden Tips Road Trauma Statistics Is Poor Hygiene Hurting Your Business?
Page 15	Artists Group	Page 38	ls Poor Hygiene Hurting Your Business?
Page 16	Hospital Page	Page 41	Sculpture By the Sea

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## **CRC Opening Hours**

9:00am - 5pm

Closed from midday to

1pm for lunch when short staffed.

# Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

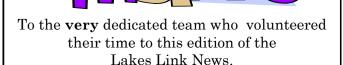
### Next Deadline

Monday 12th March

#### Next Edition

Thursday 15th March





Elsie Bishop Dick Phillips Annie Slarke Gwen Oliver

Michelle Slarke

Thank you also to our many contributors of articles.

#### DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
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- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

#### 310 copies printed and sold each fortnight

## **Editorial**

- Another fortnight has slipped past in the blink of an eye. March will be a busy month with plenty going on at the CRC and around town and winter sports cranking up. We begin the month with our stakeholder engagement evening with Peter Kenyon tonight; thank you to those who have RSVP'd, your support is appreciated. If we didn't have a CRC how big would the hole be in our community?
- There would be no community newspaper. Business would have to change the way that they advertise, there would be no articles or notes on local events; Lake Grace would lose their history.
- Dissemination of information through online methods such as social media and via the CRC website. Don't forget the very popular Lost Lake Grace Facebook page. The CRC is a central point for organisations in other communities to send stuff; will anyone pick this up, will our community miss out on opportunities because no one is gathering up this information?
- There would be no Centrelink access point; anyone needing assistance would have to travel to Albany.
   Don't count on Centrelink visiting Lake Grace as this has only happened in the past due to CRC campaigning.
- Don't forget ATO forms. When you need that tax declaration document, where do you go?
- Where would you get your printing and photocopying done? Not just your personal stuff like those one off jobs like funeral booklets but sporting fixtures and budgets, posters and flyers.
- What about when your internet isn't working or you don't have access to internet. Then there's that signed document that you need scanned and emailed.
- Perhaps you need something typed up or need help filling out a form. There could be a form that 'you just get off the internet' and you can't find it. What do you do then?
- Who is going to be the secretary/treasurer for Roadwise, LCDC and LDAG? All very worthwhile community groups that contribute to the landscape of our town.
- What about a venue to run your workshops in? Would the school or Shire step in to manage the bookings and the upkeep of the seminar room? Who knows?
- What about IT training? The government is under the illusion that only old people are computer illiterate and that when they fall off the perch problem solved.
   I know octogenarians who can do more on a computer than some 30-year olds. IT training (like any form of learning) is going to go on forever.
- What about other workshops such as accredited training to comply with legal requirements? Who will manage these? Then there's the fun stuff. Who's going to make time in their day to voluntarily organize these?
- Will we end up with another empty (or half empty) building? The list goes on and on....these are the

- things that you need to be thinking about.
- We're still needing numbers for the Chemcert workshops to go ahead; we need another two for the 2 day workshop and another five for the refresher course. Please spread the word.
- The HC and MC training and assessment in March is fully booked; thank you to everyone for showing such support. There are places available for the HR; this is an ideal opportunity for anyone to begin their truck driving journey by obtaining an unrestricted HR license. We won't be hosting another of these in Lake Grace until 2019!
- Also coming up in March is a dementia info session; this would be insightful for families and service providers. You don't have to RSVP, just turn up on the day.
- Local police are also organising a gopher workshop, great for anyone currently using one, thinking of getting one etc. plus their families. There will also be some discussion on scams. This will happen sometime in April.
- Lake Grace CRC hosted a two day CRC training workshop last week; it was great to get together with other CRC's and compare notes. Thank you to Michelle Dunham and Danielle Robertson for managing the shopfront.

Suzanne Reeves

## DRUGS IN THE WORKPLACE

What are your rights and responsibilities as an employer? What protections can you put in place?

## Wednesday 11th April 10am at the CRC

Facilitated by Lake Grace LDAG and the Lake Grace CRC this workshop will host representatives from:

- Worksafe discussing OSH responsibilities
- ♦ WA Police legal responsibilities
- ♦ Local Business what's happening?
- ♦ Holyoake counselling and support

Please call the CRC on 9865 1470 or email lakegracecrc@westnet.com.au to reserve your place.





### What's Happening?

 Belated Happy Birthday to Casey Pinney who celebrated her 18th on the 29th February.
 Pictured below is Casey at 6 weeks of age.



Congratulations to Amanda and Chris Trevenen who welcomed a baby boy, Leighton William, (pictured below) on Sunday 4 February 2018. Weighing 3.62kg and 51.5cm long, he is a little brother for Savannah, Paige and Jaycob and the tenth grandchild for Chris and Lee Trevenen.



- Belated farewell to Doug and Val Whiting who have relocated to Corrigin.
- Sympathy to the family and friends of past resident John Beattie who passed away 15th February 2018
- Congratulations to past resident Deanna Ashley who received a Community Hero Award when she and a friend saved the life of a young motorist when they were first on the scene following her horrific accident
- Sincere sympathy to Nick and Laure-Ann Maalouf on the loss of Nick's mother who passed away in Lebanon on 27th February.

## Happy Birthday



29th February
1st March
2nd March
2n

6th March Corey de Vree

Jessica Duckworth

7th March George Chircop 8th March Stephanie Clarke-Lloyd Fiona Chatfield

Alex Clifford
9th March Tracey Earnshaw
10th March Kyren Moore
11th March Fergus Downey

11th March Fergus Downey Richard Jones 12th March Marg Bushby

Rex Walker Abby Bairstow (1)

13th March Imogen Taylor John Callope

14th March Belinda O'Neill

## **Anniversaries**



2nd March Nikki & Andrew Lewis

## Thankyou

Ann, Gordon, Judith, Maureen and families would like to thank everyone who sent cards and flowers and attended Phil's funeral. Your love and support at this difficult time is very much appreciated.

Special thanks to
Lake Grace Hospital
for taking great care
of Phil over the past
13 months.



## **Queen's Baton Relay**

Danielle Robertson

The Queen's Baton Relay for the Commonwealth Games passed through Albany on Thursday 22 February on its way to the Gold Coast for the Games opening ceremony on 4 April 2018.

Lake Grace local Anna Taylor had the honour of being selected to carry the baton for part of the relay after being nominated by her husband Royce. The nomination came in recognition of her long standing relationship with the Lake Grace Hockey Club and now Lake Grace-Kukerin Hockey Club. Anna has coached both senior and junior hockey and spent a lot of time developing the junior players. She has held office bearer positions for a number of years and has represented WA in Masters Hockey four times.

Anna was passed the baton by Alice Rule OAM and ran from the Town Square to the start of Albany Highway at the top of York St where she passed the baton to former Hockeyroo Ashleigh Nelson.

Anna was supported by a small but enthusiastic contingent of her hockey club, family and friends.

The Queen's Baton Relay is a Games tradition that celebrates the Commonwealth's diversity and inspires community pride.

ne bc h tub

O27

O26

Go(clost)

Above: Former Hockeyroo, Ashleigh Nelson receiving the Baton from Anna.

The relay started on 13 March 2017 and carries a message from Buckingham Palace written by HRH Queen Elizabeth II. The baton has been on a 388 day journey around all 70 countries of the Commonwealth.

The message, which calls the athletes of the Commonwealth to come together in peaceful and friendly competition, will be read by a representative of Her Majesty, believed to be Prince Charles, at the opening ceremony.



Above - Anna Taylor receiving the Queen's Baton from Alice Rule OAM at Albany's Town Square.



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Members \$150 Non Members \$175

## **Lions Donate to Local Cause**

Genni Curtin

The YouthCare Council recently took receipt of a donation from the Lake Grace Lions Club. A very generous donation of \$400 will be put toward the many programs that YouthCare runs.

The YouthCare Council is a group of local people behind your school Chaplain and their aim is to oversee the activities and fundraising that support the school and community.

Funds raised locally for Youthcare are only used in the local district. Funds are used primarily to bring educational programs into LGDHS and surrounding schools. These programs focus on empowering and encouraging young people to make positive life choices.

The committee is always looking for suitable programs with an aim to promote resilience, respect, positive self-esteem, acceptance, kindness, forgiveness and loving other people. Examples of groups we have brought to schools in the Lake Grace area are Fine Edge Theatre Group, Auslife and Scripture Union. Activities also revolve around the Christmas and Easter Presentations. All activities are provided at no cost to students or the schools.

Right: Lions Club member Neville Moulden presents the cheque to LGDHS Chaplain Genni Curtin and YouthCare Chairman Walter Perry Occasionally, funds can also be used when there are needs identified within the community through disadvantaged situations.

The local YouthCare committee and your Chaplain also actively support the School Drug Education and Road Aware (SDERA) program and the healthy lifestyle days conducted by the school.





## Getting To Know....

By Rosie Timperley

1. Name: Annie Argent

2. Occupation: Stay at home mum, tractor/header driver

- 3. What do you like to do in your time off to relax? Cook. I love to cook as it's my de-stress.
- 4. How did you come to live in Lake Grace? I was living 3000km away up in The Kimberly and decided I needed to be closer to Perth for family reasons. So I drew a circle around Perth that was around 300kms and Lake Grace was in it.
- 5. What are you looking forward to the most in 2018? My brother's wedding.
- **6.** Which actress would play you in a movie? Someone short!
- 7. If you won \$10 million in the lottery and chose to give some to charity, which one would you choose and why? Too many to choose but it would have to be one for kids as my children are my world.
- 8. What's one thing you can't do no matter how hard you try? Fold fitted sheets, they are just wrapped around my arm and thrown in the cupboard.
- 9. Where would a dream holiday destination for you be? The beach. The most relaxing place in the world.
- 10. What is your pet hate? Dog hair and sticky fingers! Which we have both of in our house.



## **CCL Hardware**

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#### You Can Have Your Cake and Eat It

Suzanne Reeves

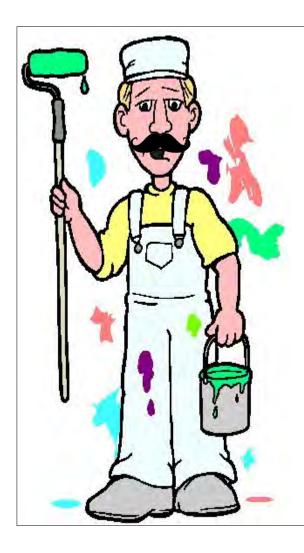
Local police were on the lookout prior to Christmas for drivers that were ticking all the boxes; the reward for getting their attention was a Lions Christmas cake. A Lake Grace Roadwise initiative, there were seven cakes to be given out to seven motorists; a gift from our community to encourage drivers to stay safe.

Police attention brings a range of emotions to the fore with some drivers demonstrating some initial grumpiness before the surprise moment of receiving a cake. Drivers were rapt with the gesture, for the family pictured it brought back memories of having Lions Christmas Cakes in a previous life, something that they hadn't had for many years.

Travelling to Esperance for Christmas, the traffic stop was a pleasant interlude for this family; and a life lesson that being stopped by the police doesn't necessarily spell bad news.



Above: Senior Constable Tara Spencer with some happy recipients of a Lions Christmas Cake



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### What's Happening at the Lake Grace CRC...

Auschem Risk Management - 6th and 7th March. For people who have not yet undertaken training or who have been lapsed for an extended period. Cost \$484.80.

Auschem Reaccreditation - 8th March. A one day course for previously trained operators. Cost \$434.90.

**Dementia** - Alzheimer's WA, sponsored by the WA Country Health Service, is embarking on an Australian first and looking to undertake a regional roadshow education program with a view to create a greater understanding of Dementia across the generations in WA. Thursday 15th March, 10am. FREE.

HR/HC/MC Training & Assessment - Monday 19th and Tuesday 20th March. Costs as per advert on page 10.

Drugs In the Workplace - Wednesday 11th April

Albany Legal Centre - Monday 16th April. 9:30am. TBC. More information to follow.

If you are interested in any of the above please phone the Lake Grace Community Resource Centre on 9865 1470.

#### What's Happening at the Pingrup CRC...

#### Governance Training for Community Groups - .

Covering Governance planning, financial management and managing priorities for Community Groups. Cost \$200 per person. - Tuesday 6th March - Pingrup Hall -9:30am - 3pm

Messages of Behaviour - Workshop for parents on understanding and managing behaviour and emotion regulation in children - Wednesday 7th March - Nyabing Pavilion – Free Event – 10:30am – 12:30pm.

Communication - Workshop for parents on communicating with their children – Tuesday 13<sup>th</sup> March - Pingrup CRC - Free event - 10:30am - 12:30pm.

AusChem Accreditation - Dates TBC

Photography Workshop - Dates TBC

Wisdom of Wealth for Women - April. TBC

Farm Dog Training Workshop - TBC

Agrimaster - TBC

If you are interested in any of the above please phone the Pingrup Community Resource Centre on 9820 1101.



Date	Min	Max	Rain
14/02	13.0	29.5	
15/02	13.4	34.7	
16/02	15.8	42.0	
17/02	20.0	33.1	4.2
18/02	19.0	37.4	
19/02	19.3	30.3	
20/02	14.4	24.2	
21/02	14.5	27.0	
22/02	17.4	32.2	
23/02	17.5	25.0	
24/02	11.8	26.6	
25/02	14.4	26.0	
26/02	17.9		9.6
27/02			

South of Kalbarri & Kalgoorlie Watering Days			
Last digit of your lot or	Your 2 scheme watering days are:		
1	Wednesday and Saturday		
2	Thursday and Sunday		
3	Friday and Monday		
4	Saturday and Tuesday		
5	Sunday and Wednesday		
6	Monday and Thursday		
7	Tuesday and Friday		
8	Wednesday and Saturday		
9 Thursday and Sunday			
0	Friday and Monday		
You may water only once each day either before			

9am or after 6pm.



# **POLICE NEWS**

LAKE GRACE POLICE STATION 56 STUBBS STREET, LAKE GRACE. 6353 Phone: 9890 2000 Fax: 9865 1429

Email: Lake.Grace.Police.Station@police.wa.gov.au

Personnel: Sgt Dave Ellis, SC Tara Spencer.S/C Cameron Hobson

G'day all,

Well, February has been a pretty busy month for us here at the station. In particular we have had three incidents in Newdegate of note and I want to bring them to your attention primarily to appeal for information but also to raise awareness of a couple of associated issues.

There have been two burglaries in Newdegate in the past month and although relatively minor in what was taken (a packet of cigarettes from the pub and some steak from the Tennis Club) they prove that we still need to be vigilant at all times and members of the public need to call Police if they observe anything suspect in the town. It is no good calling us five days later or sending an email to the station mailbox long after the event. We patrol Newdegate regularly, but as you know we are based in Lake Grace and we are not always on duty, so we respond as quickly as we can. We rely on you for information and it assists us greatly when you call in and let us know about something, no matter how trivial you think it is. It all goes to building a picture of what is going on in our towns.

In the absence of CCTV cameras the community becomes our eyes and ears when we are not around and it puts the crooks on the back foot when they know the community is watching. So far, we have not had any leads on the two burglaries, but you can call us here at the station or Crime Stoppers if you don't feel like calling us directly and the information will find its way to us.

I appreciate that some may feel there is a limited capacity to provide a constant Police response due to our small numbers. However, I can assure you we provide extensive coverage to the area on weekends and during hours of darkness, in line with our agency standard. The station remains open most days during the daytime for enquiries so we can provide that service also. I remain contactable directly during my hours of duty and also via Albany 24 hours a day and seven days a week to provide a response to anything that might happen. As mentioned in previous newsletters the calls you make to Police either via 000 or the station number of 9890 2000 will be triaged and assessed for urgency. I know some are frustrated that calls to the station are diverted to Albany when we are off duty, but it is the only way to provide a swift response to your call from the nearest Police vehicle able to respond. We are often recalled to duty from home and the officers here have been recalled several times in the past few weeks - the bags under our eyes will attest to this!

We are aiming to conduct some Police Community Surgeries in Newdegate, Lake Grace and Pingrup in

the coming weeks and we will let you know when they are in the upcoming newsletters. They will be informal in style and most likely we'll have some cakes and coffee at your local CRC for anyone that wants to drop by. Thanks to Hope and Suzanne for extending invitations to us.

Tara and Cameron are putting the final touches to the Gopher driver training day planned for Lake Grace and we will release a date once we have it locked in. We also aim to incorporate a short information session on current scams and bogus calls doing the rounds and how to deal with them – aimed largely at our senior citizens but anyone is welcome to come along.

As always we can be contacted at the station on **9890 2000** and in the case of an emergency dial **000** as per normal. If you get Albany Station a message can be left for us with them – please be patient!

Till next time

Sergeant David Ellis

## Lake Grace Transport

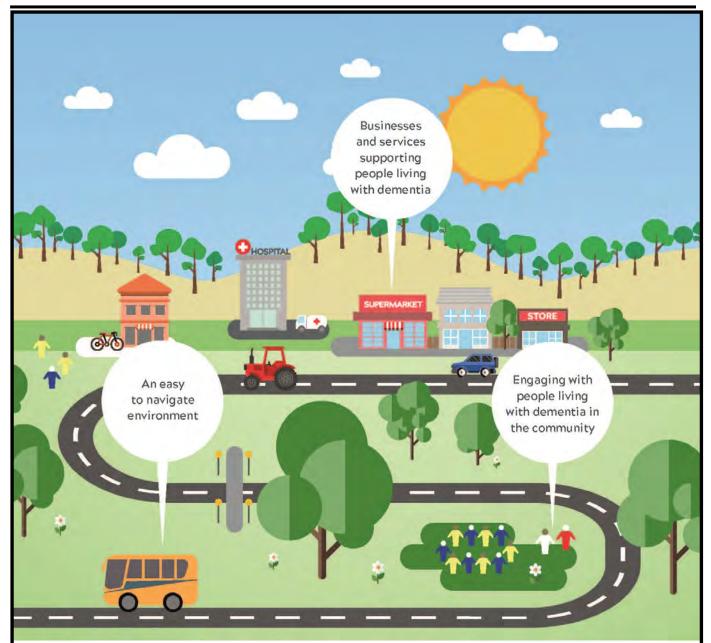
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#### What is a Dementia Friendly Community?

In a Dementia Friendly Community, people living with dementia are empowered to have a high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.

To achieve a dementia friendly community, we need to work together towards:

- Engaging with people living with dementia to shape the community around their needs and aspirations
- » Providing volunteering opportunities
- Supporting businesses to provide accessible services for people living with dementia. Including staff who understand and know how to communicate effectively.
- » Accessible community activities that are welcoming and inclusive for all
- » Environments that are enabling and easy to navigate

#### Thursday 15th March 2018 10am

Lake Grace Community Resource Centre

For more information call us on 1300 66 77 88 or email DFC@alzheimerswa.org.au or visit alzheimerswa.org.au No registrations required and event is FREE to attend.

## Networking

Suzanne Reeves

Staff and committee from CRC's surrounding Lake Grace converged for a workshop on reporting; not the most scintillating of subjects but nevertheless well received. Attended by groups from Pingrup, Newdegate, Dumbleyung, Kulin, Hyden, Pingelly and Lake Grace it was an ideal opportunity to discuss our centres and define the issues facing our communities while celebrating the success stories.

Held over 22<sup>nd</sup> and 23<sup>rd</sup> March, the workshop was

facilitated by DPIRD (Department of Primary Industries and Regional Development) Project Officer Max Betteridge, the reporting session talked about Theory of Change and the importance of planning events from a grassroots level. Also present from DPIRD were Project Officers Celia Loot and Steve Nikola, who is the Regional Coordinator for Lake Grace.

The last segment was an interactive session managed by Celia where CRC's talked about their options if funding was reduced or cut. Could

they create other opportunities? Would they have to look at cutting services? Would opening hours and staffing levels have to be looked at? Staffing raised further concerns as it would be difficult to retain staff if they only had limited working hours, the threat of funding cuts has already seen a huge loss of knowledge from CRC's as staff have taken up other opportunities rather than jeopardise their own financial future.



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## **Australians on Notice to Keep Their Receipts**

Media Release

The Australian Tax Office (ATO) is warning taxpayers they will be paying close attention to claims for 'other' work-related expenses this year, and is reminding people to keep appropriate records.

Assistant Commissioner Kath Anderson said that last year 6.7 million taxpayers claimed a record \$7.9 billion in deductions for 'other work-related expenses'. "It's a significant amount of money and Australians expect us to ensure that people are not over-claiming."

This year the ATO is shining a spotlight on 'other' deductions. Legitimate 'other work-related expenses' can include home office, union fees, mobile phone and internet, overtime meals and tools and equipment.

"However, they are only deductible if they meet the three golden rules. Firstly, you must have paid for it and not been reimbursed, secondly, it must be directly related to earning your income and not a private expense, and thirdly, you must have a record to prove it."

Even though tax time is months away, taxpayers will be incurring expenses now. It's important to remember what you need to do to be able to claim a deduction.

"Many taxpayers make legitimate claims, but we are also seeing errors in some claims, and some taxpayers are making risky or outright false claims".

"Substantiation will be a key focus area for the ATO this year," Ms Anderson said. "It's important that you have a record of the expense and can demonstrate how you calculated your claims. Every year we disallow lots of claims because there is no evidence to prove the expense. Yet it's so easy to keep an electronic record."

"And remember, if your expenses are for both work and private use you can only claim a deduction for the work-related portion. We are seeing quite a few examples of people trying to claim the whole expense, including the private portion. Like some who incorrectly claim their entire phone and internet bundle, and others who claim an overseas study trip even though they had a holiday

Stay On Your Feet

**Free Seniors Program** 

Tuesday 10:00 AM At the Shire Hall



as part of the trip.

"These might not always be big amounts, but together they add up," said Ms Anderson. "Plus, no matter how small, it's not ok for someone to expect the rest of us to pay for their private expenses." Ms Anderson warned that the ATO has sophisticated systems and analytics to ensure wrongdoing doesn't fly under the radar. "If a claim raises a red flag in the system, we will investigate further. We have a range of strategies to make sure people pay the correct amount of tax, ranging from help and education through to audits and even prosecution for more serious cases."

"This year we have reached over 1 million taxpayers to support correct reporting and address noncompliance around work-related expenses. So far these activities have resulted in adjustments of over \$100 million."

Ms Anderson advised that to make tax time easier, taxpayers can use tools such as myDeductions in the ATO app to save and store accurate information about their deductions during the income year, which they can upload to their myTax return or provide to their tax agent.

# Pingrup Potters "30" Year Reunion

17 March 2018 Same day as Pingrup Races

Everyone is welcome

Make a day of it, come, catch up and celebrate with old friends and see what the Pingrup Potters have been doing.

Morning tea available from 10:30 - 1:00 pm

Then head off to the Races.

Spread the word and let others know about the day.

Further information message via: Facebook page - "What the Pingrup Potters are doing"

For more information call Bambi on 08 9865 1318 or Christine on 08 9864 9035.

## **Lake Grace Artist Group Notes**

Kerrie Argent

#### Our New Year Begins

After a busy 2017, 2018 is looking to be another very interesting and active year. With new exhibitions, workshops and happenings planned.

The year has started with two etching workshops led by Taryn Blight. Taryn taught us how to create etching plates without using chemicals. With a little more practise we should have this technique mastered, thanks Taryn.

Dale Rollerson textile artist and owner of The Thread Studio will be back in April Saturday 21st and Sunday 22nd to do another workshop, Old doors and Openings, This will be using multiple techniques to create a series of doors. A time to play, develop your sewing skills, try out lots of different mediums that can be used in textile art. This is for beginners as well as experienced, anyone with a sewing machine that wants to make time to play.

Check out the poster that is in the Lakes Link this fortnight. And book in if you are interested.

#### Spinning

Carol Griffin from Kulin will be leading the spinning group each week. These will be on the 1st and 3rd Tuesday of the month and the 2nd and 4th Wednesday of the month. These get-togethers are for beginners and experienced spinners; even if you are interested but don't have a spinning wheel call in and have a chat to the girls and checkout all the different wheels they have. You might get inspired...10am start. We are also looking at having workshops for macrame, painting, resin, and a textile workshop later in the year. Please "friend" us on face book to keep up with happenings.

#### **WAFTA**

West Australian Fibre Textile Association will be bringing its exhibition, 'Altered State', down to Lake Grace in October.

#### **Other News**

We are also negotiating a contemporary quilt exhibition 'Stitched and Bound', and another textile exhibition this year

Our annual exhibition in September is themed Botanical so if you are inspired and want to be part of this exhibition please do. This is a community exhibition which is open to all Lake Grace Shire residents. Works will need to be in by the 1st September, any size shape or medium as long as it can fit through our front doors or be installed in the street scape.

If you would like to be involved in our group please come along it is open to all who love art. Any medium, any gender, any practice and we welcome art supporters as well, for those that don't practise art but love to be involved. We get together the 1st and 3rd Tuesday of the month, 10am onwards, official meeting is the 3rd Tuesday of the month at 12.30pm (this is to allow those who work to still be involved come and have your lunch and see what is happening in the art world of

Lake Grace and beyond. We have lots of members from all around the state, all are welcome. And we always welcome new members or past members back.

For further information for workshops please contact <u>jeannemelville54@hotmail.com</u> Or further information on the art group <u>kerriearg@hotmail.com</u>.

If you are visiting Sculptures by the Sea at Cottesloe this year which opens on the 3rd of March, don't forget to visit Tania Spencer's fabulous piece of work in the front of the Indiana Tea Rooms at the beach.

Kerrie has a piece of work in Albany Town Hall at the moment in the Mix Artist exhibition 'Reservoir' themed around Water, this is on till the 10th March, then in Busselton in April. She will be there at the hall on the 7th 8th and 9th if you want to go and have a chat to her about her work.

Welcome to the new year of Art News.

Kerrie



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## LAKE GRACE HOSPITAL





Telephone: 9890 2222 Fax: 9890 2202

#### **HACC & MPS Activity Programs**

#### Chair Aerobics Every Tuesday @ 10.30am

At the Lakes Village Hall

Suitable for people with limited mobility who want to keep active!

#### **Wednesday Morning Tea & Activity**

Hospital Activity Room every Wednesday

Time: 10am—11.30am

For morning tea and an activity

#### Bus Outing Friday 9th March

Call the hospital to book on 9890 2222

#### Foot Clinic Tuesday 13th March

9.00am—12 noon Lakes Village Hall

All seniors welcome

NB: please supply your own manicure set

## 4th Friday Activity Friday 23rd March

Lakes Village Hall Time: 10am—1.30pm

RSVP by 20th March for catering

Ph: 9890 2222





#### **Child Health Clinic**

For all child health or immunisation enquiries please call Di Poultney at the Lake Grace Clinic on **ph: 9890 2246** 

## Physiotherapist - visiting fortnightly



Call Primary Health in Narrogin to make appointments **ph: 9881 0385** (also for Occupational therapists, speech therapists and dietitians who come to Lake Grace on a needs basis)

#### **SwimAbility**

(Hydrotherapy swim sessions at Narrogin indoor recreation centre)



We currently offer a fortnightly service taking people to Narrogin, in the HACC van, to attend SwimAbility exercise sessions.

This service is available to anyone who would like to participate (ideal for arthritis sufferers and rehabilitation post knee or hip surgery)

In order for us to continue providing this service we need to ensure there are enough people making regular use of this service to make it viable.

If you, or someone you know, is interested in attending please call the hospital for further information.

A nominal fee of \$10.00 per trip is charged.

Date of first trip for 2018 is Monday 26th March

#### Telehealth

Videoconferencing has become a wonderful new way for people in regional areas of WA to access specialised medical treatment.

Lake Grace Hospital regularly utilises Telehealth for both emergency department and outpatient consultations.

In the past four years the number of people in country WA using Telehealth facilities has trebled, saving people countless hours of travel time.

More than 30 different outpatient specialties are now available to country people via Telehealth, including diabetes, respiratory illness, wound and surgical follow-up, stroke and mental health.

Maybe you can ask if your next follow up consultation can be done via Teleheatlh videoconference?

## **Elephant On the Move**

Media Release

RAC is excited to provide, free of charge, a copy of the children's storybook "My Family, The Elephant and Me" to all primary school students in the Wheatbelt. We would also like to provide a small supply to all Community Resource Centres so that others can have access to a copy if they wish.

The story focuses on the importance of road safety, and follows a Wheatbelt family on a road trip to Jurien Bay. The little boy is excited for the trip; he's going to bring his toy elephant with him and he can't wait! Along the way, Dad makes some mistakes while driving and the Elephant gets very upset, reminding the family to "travel safe or not at all!"

Written and illustrated by Perth teacher and artist, Sean Avery, RAC hopes the book is read by teachers and parents to their children, ultimately changing the driving attitudes and road safety perceptions of all generations.

Included with the book is a read-along video by the author and the RAC Elephant in the Wheatbelt, as well as a suite of fun, educational activities for you to encourage road safety conversations with your students.

RAC's Elephant in the Wheatbelt was commissioned in

2015 as part of a five year road safety campaign to highlight the consistently high road death rates in the region.

Since his first appearance, The Elephant has travelled thousands of kilometres across the Wheatbelt raising awareness and encouraging communities to take responsibility for road safety in their towns.

His aim is to provide communities with lasting reminders of the simple things everyone can do to make a real difference to road safety in their community.

#### Your book delivery

The RAC team will be delivering to the Wheatbelt over the coming six months and each CRC will get a delivery at the same time that the schools in the area receive their copy.

We hope that you will be happy to stock the book for the community and we look forward to seeing you on our travels.

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## Don't Make Excuses for Your Symptoms

Find Cancer Early Fact Sheet

It's easy to make excuses for signs and symptoms you notice. But if you don't do something, you could be playing with your life - they could be signs of cancer. It's easy to make excuses and think signs and symptoms are because:

I'm just getting older. Often people blame changes to their body on the fact that they are getting older. Although getting old does cause changes, it is important to know your body and recognise any that are unusual or long lasting. Even if you're not worried, it is safer to tell your Doctor about any changes or symptoms you find

It's probably just...something else. If you notice an unusual change to your body or a possible sign or symptom don't make excuses for it! Sometimes people blame signs and symptoms on a condition they already have, or try to find a reason for them. Changes to your body can be caused by many different things but it is important to tell your Doctor about any persistent (long lasting) changes you notice. Your Doctor is trained to recognise signs and symptoms and they will want to know of any changes that happen to you.

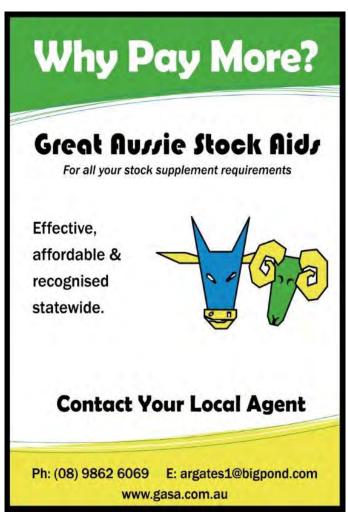
I'm working too hard. It is normal to feel tired or worn-out due to work commitments from time to time.

But if you find that you are constantly tired or lacking in energy it is important to let your Doctor know. Sometimes it's easy to blame a lack of energy on work or other commitments, but if you notice a big change in your energy levels, tell your Doctor

My old diet's finally working! Small weight changes over time are normal. But if you have noticeably lost weight, without recent dieting or exercising more, you should talk to your Doctor. Even if you're not worried about it, it's safer to tell your Doctor about any changes or symptoms you notice.

"I'll be right" Sometimes people ignore their symptoms or think that they will go away in time. But a change or symptom is your body's way of telling you that something isn't right. It is important to recognise any changes and tell your Doctor. Even if you're not worried about it, it's better to get it checked out and be on the safe side.

Don't fool yourself — tell your Doctor if you notice anything different with your body.



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## **Lake Grace District High School News**

## **Faction Swimming Carnival**

#### **CHAMPION**

#### Boys 9 Yr Alex Clifford Girls 9 Yr Morgan Chatfield

# Boys 10 Yr Jaspar Marshall Girls 10 Yr Mabel Dines Boys 11 Yr Luke Clifford Girls 11 Yr Holly Stanton Boys 12 Yr Trenton Medlen Girls 12 Yr Sara Bray

Boys 13 Yr Meikhi Humphries Ayden Jackson
Girls 13 Yr Arianah Bain Brianna Wynne

Boys 14 Yr Taj Major

Girls 14 Yr Shenae Harradine Boys 15Yr+ Lachlan Younger

Girls 15Yr+ Jaida Moore

#### **RUNNER-UP**

Alby Stanton Sheree Duckworth Payton Callope Lucas Robinson

Judd McKenzie Amber Pearce Cambell Chatfield Stella Dines Ayden Jackson Brianna Wynne

Jackson Callope

Cade Moore



#### **Open Events**

100m Freestyle Girl 12 & under Holly Stanton
100m Freestyle Boy 12 & under Trenton Medlen
100m Freestyle Girl 13 & over Arianah Bain
100 Freestyle Boy 13 & over Lachlan Younger



New Record: 19.41 9 Yr 25m Freestyle Alex Clifford



P&C Sportsmanship Award
Savannah Trevenen



Gabrielle Nenke & Jackson Callope



1st HAWKS 429 Points
2nd FALCONS 398 Points
3rd EAGLES 280 Points

## **Opportunity to Help**

Suzanne Reeves

The Lake Grace Opportunity Shop had its grand opening on 2<sup>nd</sup> May 2017 with an opportunity for attendees to enjoy some CWA hospitality with tea and scones while perusing the items for sale. The Op Shop was a niche that needed filling with residents of Lake Grace becoming more aware of the importance of recycling and that there were limited options available to rehome items that were simply too good to throw out.

In the 9 months since the Op Shop opened there has



Above: Kerry Slarke and Glenda Slarke spend the afternoon volunteering at the Op Shop

been plenty of activity, residents have been going through their cupboards decluttering while others have seen the opportunity to obtain new treasure. Donated clothing has been massive but the items that don't stay on the shelf for long are kitchenware and jewellery. Linen has also been popular.

Lake Grace CWA hosts the Op Shop and it is managed by a small group of volunteers, all anxious to do their bit to assist the environment and minimise landfill. Activ Industries from Albany has provided support needed to set up shop, and pay for utilities and insurance and others costs that crop up. In return, they receive the funds raised which are then used in the South West. There has been some criticism of the money flowing out of town; however, Activ industries were willing to help when no one else put their hand up. Since the shop opened nearly \$5,000 has been raised.

Activ Industries has been a presence for 65 years, supporting people living with intellectual and developmental disability. Currently they support more than 2000 individuals and their families across WA. This is an incredibly worthy cause to receive funds raised from the Lake Grace Op Shop.

The Op Shop is open Tuesday 1pm - 4pm and Friday 10am -1pm.



WITH THE BAND

## 40 KAYS OUT

Date: Saturday 3rd March

Time: 4:30pm-Midnight

Location: Boxwood Hill Sports Club

Cost. \$25 presale \$30 at the gate non refundable

1 dinner voucher included in ticket price. Kids under 16 free.

BSB. 306-056 Account. 0062689 (Please pre pay by Wed 28th Feb)

This is a community event to fundraise for the upgrade of our club and to all come together before the start of the sport season. Families are welcome with games and bouncy castle for the kids.

Come dressed in your best Hawaiian beachwear, bring your friends and get ready for fun, games, music, raffles and more. Prizes for Best Hawaiian shirt and more competitions.

BYO beach chairs and bring swags, tents, campers etc. to stay the night.

For more information or for tickets please contact Dimity- 0448 233 985 Jarrod - 0427 812 242



# Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599

Email: shire@lakegrace.wa.gov.au

## CEO's Corner

#### Flooding Event

The contractors are still targeting priority areas within their sections. The light grade that is required over most roads is not being undertaken until we have the required moisture in the road surface. This will ensure that we don't have to come back if the road doesn't come up as required.

Since repairs commenced in December 2017, we have currently paid \$1,353,300 out to our contractors. We are currently negotiating with Main Roads WA to have our second claim approved. This claim is the first since contractors commenced restoration works.

As this work is being carried out, the Shire would like to remind road users to be courteous and slow down within the areas crews are working, this will allow them to do their job in a safe manner and complete it sooner. For current road closures please refer to the Shire's website www.lakegrace.wa.gov.au or Facebook page for a list of roads that are closed within the Shire.

#### **Council and Management**

- As a Local Government legislative requirement, the Annual General Meeting of Electors was held in early February.
- Last week the WA Local Government Grants Commission conducted a public hearing for the Financial Assistance Grants allocations.
- The Local Government Act 1995 Review is currently taking place and due by 9 March. Council has undertaken a number of workshops to make recommendations to WA Local Government Association (WALGA).

#### **Road Works**

The construction crew is in the final stages of preparing the 4km unsealed section of Holt Rock South Rd for sealing. The Shire of Kondinin has been working on Magenta Rd in preparation for sealing. Our team along with Kondinin will finish preparing Magenta Rd this week. Next week we will have a Stabiliser Machine on Magenta Rd, to ensure that we have the correct compaction prior to sealing.

As part of the preparation for our sealing works, we have undertake a trial of strip widening on Newdegate-Pingrup Rd and Magenta Rd.

Our 2017-18 sealing program has commenced this week, starting on Mallee Hill Rd. We are on schedule to complete the proposed program.

The Lake Grace Maintenance Grader:

 Graded Griffin Reward Rd and trimmed trees on back slopes.

- Maintenance grading on West Kuender Rd and Biddy Camm Rd
- Cleared trees on the intersection of Fisher and North Burngup Rds.
- Maintenance grading on Fisher Rd
- Maintenance grading on Jenks Rd and some back slopes work.

Lake King Contractor has completed maintenance grading of school bus routes on Old Newdegate Rd and Hatters Hill Rd. Other grading has occurred on Milsteed Rd, Tilbrook Rd and Magdhaba Tr. The Newdegate maintenance grading contractor, has not undertaken any works through February 2018.

#### Parks and Gardens

The town maintenance crew has carried out mowing of lawns, whipper snipping and weeding in front of the Swimming Pool. Cleared the vacant lot adjoining the new units in Bennett Street. Cleared fallen trees from behind Lake Grace Men's Shed and Day Care Centre. Maintenance at the town oval has being carried out, and the retic fixed. After some much needed rain the ovals have bounced back and are in a good condition. The Shire has been doing some renovations to the football and hockey ovals. The ovals were de-thatched and top dressed. These works will allow the grass to come back in time for the start of the relevant season.

#### **Building & Maintenance Team**

This fortnight the Shire's team has:

- · Replaced and painted shire office storeroom doors
- Carried out maintenance on Shire office archive room
- Cleaned and painted disability toilet ceiling and did maintenance to Lake Grace Medical Centre roof
- Carried out maintenance on Playgroup screen doors
- Carried out maintenance at Lake Grace Pavilion
- Fixed door locks and replaced windows at Newdegate Tennis Club
- Installed news doors at Varley Pavilion.

Contractors have commenced demolition of the old Lake Grace Tennis Shed, the old septic tanks at the site will also be decommissioned as part of the project. They have also commenced demolition of the house located at 33 Absolon St. This site has been identified for future housing needs.

Denise Gobbart
Chief Executive Officer

#### Shire of Lake Grace Community News Cont.

#### **Cat Registration** I YEAR REGISTRATION Concession Full Sterilised \$20.00 \$10.00 Unsterilised \$50.00 \$25.00 **3 YEAR REGISTRATION** Full Concession Sterilised \$42.50 \$21.25 Unsterilised \$120.00 \$60.00 LIFETIME REGISTRATION Full Concession Sterilised \$100.00 \$50.00 Unsterilised \$125.00 \$250.00

#### **Dog Registration Fees**

**BREEDERS FEE \$100** 

I YEAR REGISTRATION					
	Full	Concession	Working dog		
Sterilised	\$20.00	\$10.00	\$5.00		
Unsterilised	\$50.00	\$25.00	\$12.50		
:	3 YEAR RE	GISTRATION			
	Full	Concession	Working dog		
Sterilised	\$42.50	\$21.25	\$10.60		
Unsterilised	\$120.00	\$60.00	\$30.00		
L	IFETIME R	EGISTRATIO	N		
	Full	Concession	Working dog		
Sterilised	\$100.00	\$50.00	-		
Unsterilised	\$250.00	\$125.00	-		

### Doggy Poo Bags

There are a number of dog droppings remaining around the hockey oval disposal site. When walking your dog please pick up your dog waste. The bag dispensers and bins are provided at both ovals for people to pick up their own dogs poop.

People like dogs, not dog waste, please be considerate of this.

#### Shire Office Hours

There have been a number of people arriving at the Shire offices after closure. Please be reminded the office hours are:

Monday - Tuesday - Wednesday - Friday 8.30am - 4.30pm

Thursday 8.30am- 4.00pm

Staff are required to tally the licence and other takings for the day and this requires time. Staff may be contacted by phone between 8am - 5pm.



#### Restricted Burning Period

We are now in the Restricted Burning Period
1 February - 30 April (all dates inclusive)
Permits to burn are required for all burning

Permits to burn are required for all burning during this period.

Permits can be obtained by contacting one of the Shire's Fire Control Officer.

#### Caltrop in Town sites

Help stop the spread of caltrop by:

 spraying and/or removing any caltrop on your property or verge. Please do not put into your rubbish bin as this will contaminate our waste facility and the neighbouring farm lands.

To dispose of any removed caltrop plants please:

- place them into a marked and sealed plastic bag and keep them until winter when they can be safely burnt or
- Newdegate: place them in one of the two blue bins specially marked *Caltrop* on Lot 12 May St (vacant block) Newdegate or
- Lake Grace: take them to the specially marked caltrop wheelie bin outside of the main gate of Shire Depot, Absolon Street Lake Grace.



#### Shire of Lake Grace Community News cont.

#### **Office Opening Hours**

Monday - Tuesday - Wednesday - Friday 8.30am - 4.30pm

Thursday 8.30am- 4.00pm Staff can be contacted by phone between 8am - 5pm.

#### **Transport & Licensing**

All licensing payments are to be made in person at the Shire of Lake Grace Administration building.

#### Monday, Tuesday and Wednesday 8.30am - 4.15pm Thursday and Friday 8.30am - 4.00pm

As an agency we process the majority of transactions, including; renewals, transfers, number plate orders, boat registration renewals and new license applications.

Please ensure you arrive at the counter with sufficient time for your transaction to be completed by closing time, this is because it is necessary for staff to reconcile Department of Transport transactions each day. Please keep in mind that farm equipment and Learners Permit transactions can take up to 45 minutes or more.

#### **Driving Assessor**

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 6 April 2018 Friday - 2 March 2018 (to be confirmed)

Bookings are essential for all Practical Driver's Licence Assessments and we advise that there is a waiting list, so booking in advance is highly recommended.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information visit www.transport.wa.gov.au.

#### **Firearm Licence**

All firearm licensing including the payment of licence renewals is now done at the Lake Grace Post Office.

#### **Building Surveyor**

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

Tuesday 6 March 2018 Tuesday 20 March 2018

For an appointment contact Josiah on 0438 811 944.

Check out our Facebook page www.facebook.com/ShireofLakeGrace

#### **Environmental Health Officer**

For an appointment with the Shire's Environmental Health Officer, Will Pearce, please contact the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

#### **Tip Opening Hours**

#### Lake Grace

Monday & Wednesday 9am - 2pm Saturday & Sunday 9am - 4pm

#### Newdegate

Wednesday 9am - 1pm Saturday 9am - 1pm

Lake King & Varley
Open Every Day

#### **Waste & Recycling Pick up Dates**

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate	
5 March	12 March	
19 March	26 March	

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley. For more information on Waste Management visit the Shire's website.

#### **Library Hours**

Lake Grace Public Library School Place Absolon St Monday - Thursday 9am - 5pm Closed for lunch 12.30 - 1pm

#### School Holidays

Tuesday & Thursday 9am - 5pm Lunch 12.30 - 1pm

Newdegate Public Library Collier St Monday - Thursday 8.30am - 4.30pm Closed for lunch 12noon - 1pm Friday 9am - 2pm

**Lake King Library** Newdegate/Ravensthorpe Rd Tuesday and Thursday 8.30am - 3.30pm *Everyone welcome* 



Check out our website www.lakegrace.wa.gov.au

# Free Welding Workshop

Lake Grace Engineering in Collaboration with the Lake Grace Men's Shed will hold a Welding Workshop Saturday 10 March 2018

At Lake Grace Engineering
Lot 286 Absolon Street Lake Grace
Start 9am - 12noon

Open to Lake Grace Men's Shed members and general public Maximum of 20 – 25 people, will be working in groups of 4 Instructed by Lake Grace Engineering, Clint Earnshaw and staff Metal will be supplied by Lake Grace Engineering

#### Instructions will be on:

- \* Mig welding very thin to heavy gauge
- Setting up the welder correctly
- \* Welding pipes together
- \* Aluminum welding
- \* Cast Iron welding
- \* Plasma cutting
- \* Tig welding
- \* Silver Soldering

Shared BBQ lunch will follow



























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As Seen on GWN & Channel 7 "Home in WA"

## Commemorating 100 Years of ANZAC

Allan Zweck

WILLIAMS - SIDNEY: Born at Winford, Somerset, England, he joined the AIF at the age of 21 years and five months on 19/6/1915. He came to Australia two years previously at the age of 19 years, (1913), and gave his occupation as "farm hand". He gave his sister Miss Harriet Matilda Williams (as next of kin), who lived with a Mrs McNeil at Cottesloe. Later, Hariett Williams had changed her address to Box 2, Geraldton, where she was a housekeeper. Sidney had his medical at Wagin, two days prior to his application to join the AIF being accepted, and stated that he was connected to the Lake Grace district. He joined the 2<sup>nd</sup> Reinforcements of the 28<sup>th</sup> Battalion at Blackboy Hill on 21/6/1915, and his appointment as Private Sidney Williams was approved 19 July 1915. He was 5ft 5½ inches tall, and weighed 132lbs, had fair complexion, blue/grey eyes, and fair hair, with scarring along his left eyebrow and small scar on the inner side of his left thigh.

Private Williams underwent his training for the next ten weeks or more, and the only information about his embarkation is that it was in 1915, and at Fremantle. His movements then are not clearly understood, though it appears from an entry by a Commissioned Officer that on 12 November, he joined his battalion at Anzac, or it may be that he joined the battalion destined for Anzac. On 30 December, he was charged with the crime of "insolence" to a Non-Commissioned Officer, and was awarded 48 hours detention in the No.2 Field Prison. On 10 January, 1916, Private Williams disembarked the Ansonia at Mudros, on the Island of Lemnos, where he was part of the British Expeditionary Force. It appears he remained there until an embarkation on 16 March, to Alexandria, and five days later he disembarked at Marseilles, France. He was part of the Anzac section, 3<sup>rd</sup> Echelon, and the move to France was at a time when our troops were withdrawn from the Anzac Peninsular, to take up a position at the Western Front. Five months later, on 10 August, he was reported as missing, in France. It was 5 months later, on 4 January 1917, before a court of enquiry, when it was confirmed that he had been killed in action, between September 4-6, 1916. There were no further details to hand.

Private Sidney Williams is remembered with honour, at the Villers-Bretonneux Memorial, France. In due course, (some 4 to 5 years later), his war memorials and medals were sent to his sister, Miss Harriet Williams, who, by the time they were issued, had returned to England, to "Australian Cottage", Ridgehill, Winford, near Bristol, Somerset. She received his Memorial Scroll and Kings message, Memorial Plaque, and Victory Medal, under bond. This means, that she had to sign a declaration that if her younger brother wanted the medals, and memorials, she would hand them over, as the male siblings had first priority over them. Harriet had written requesting the Bronze medal, and later, she had to again write and inform that she had married, and she now called herself Mrs HJ Williams, the only change in her name being taking her husband's initials. Private Sidney Williams was of the Church of England faith,

and his regiment number was 1799.

Private Sidney Williams' name is not on the Lake Grace Honour Roll, however, in his enlistment papers, it is clearly recorded that he joined up at Wagin, and was connected to the Lake Grace district. Obviously, it is a name that has been missed from our Honour Roll, though information is, that he is on the Honour Roll at Geraldton, where his next of kin was living at the time of his death. It is possible that he had not been well known in our district, and after his death, no one locally knew or spoke of him, whereas, while his sister was living at Geraldton, his death would have been a topic of conversation, and he may have been recognised as a local person.

Thanks to Michelle Slarke, who answered an enquiry for a researcher in Geraldton, in connection with Sidney Williams in the "Can we help" column of the West Australian, that this matter was discovered.



60 Absolon Street, Lake Grace, WA 6353 Phone: 98651291, Mobile: 0437 204909

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Licence Inspections

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4WD Tyres and Truck Tyres

Computerised Wheel Alignments Air Conditioning (Regasing only)

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**Chainsaw Sharpeners** 

**Blue Steel Boots** 

**Car Accessories** 

Call Krissy now on 98651291 or Paul on 0437 204 909 to see how we can assist you!

## New AgTech Age on the Horizon

Media Release

Nine Western Australian agtech companies have been given the opportunity to take their technology development to the next level by participating in the State's first agtech-focused accelerator program.

The HARVEST Agtech Accelerator program will support companies developing new and innovative technologies with the potential to help WA's agriculture and food industries, providing solutions to support increased production, drive efficiencies and support food security and traceability.

A new precision farming approach, wind power as an alternative energy source for irrigation, using food technology to turn insects into food for human consumption and the use of drones are among the technologies chosen to be part of the program.

The program will be delivered by Agristart, with local and international experts to mentor and provide advice and valuable networks to participating companies.

The nine-week program will focus on accelerating the development of the business to prepare for commercialisation and investment, culminating with a

pitch event where each company will pitch their concept to a panel of experts.

The program is supported by the Department of Primary Industries and Regional Development.

## Comments attributed to Agriculture and Food Minister Alannah MacTiernan:

"We want to create an environment to support businesses to develop their ideas, technologies, business models and commercialise their products in global markets.

"Advancing technology and innovation is essential to support the State's food producers, processors and distributors to increase the value of our food production.

"Our local agtech companies have the opportunity to come up with innovative technology-based solutions to make our agriculture and food industry more efficient, and capitalise on opportunities in growing export markets."



Pingrupevents@gmail.com

## **Puzzles & Stuff**

Some words from the 15th February edition of Boggle

Answers to 15/02/2017 Sudoku

Pathogeny Heptagon	Hypo Nope
Pathogen	Note
Phonate	Oath
Phoney	Oper
Potage	Poet
Python	Pone
Agone	Pong
Agony	Pony
Atone	Toga
Genoa	Tone
Hogan	Tong
Honey	Tony
Oaten	Туро
Panto	Yoga
Phone	
Tango	
Thong	
Tonga	
Ahoy	

Atop Goat Goev

Hong Hope

8	6	7	1	4	2	5	9	3
1	9	4	3	6	5	8	7	2
2	3	5	9	7	8	4	6	1
3	4	8	5	9	1	7	2	6
6	5	1	8	2	3	9	4	8
9	7	2	6	8	4	1	3	5
7	1	9	8	3	6	2	5	4
5	2	6	4	1	9	3	8	7
4	8	3	2	5	7	6	1	9

8	2	1	9	7	3	5	6	4
7	5	3	4	1	6	8	9	2
6	4	9	8	2	5	1	7	3
1	9	6	5	8	4	3	2	7
2	3	5	7	9	1	6	4	8
4	8	7	6	3	2	9	5	1
9	7	4	1	5	8	2	3	6
5	1	2	3	6	7	4	8	9
3	6	8	2	4	9	7	1	5

K	S	R
Т	0	0
N	W	Ε

his week's Boggle					

## **Ballard Cleaning**

Pasture Seed and Canola Specialists

North Road Tincurrin

Ring Neil 9883 2005 or 0428 832 053



Canola cleaning and seed treatments at the best price

Gravity grading, the ONLY way to get the best quality seed for sowing

Bags, bulka bags or bulk

New bulka bags

1000 seed count and germ tests
Pasture seed, all species and varieties
Serradella de-hulling specialists
New destoner for removing sand and stones

Bookings by appointment

## **High School Entrepreneurial Learning Program**

Media Release

In this exciting collaboration, AgriFutures Australia and startup.business have joined forces to deliver an exciting education program called AgriFutures™ startup.business that teaches school kids in rural and regional Australia to solve the problems facing agriculture using innovation and an entrepreneurial mindset.

AgriFutures Australia will sponsor seven schools across the country to receive a \$7,000 education program that will take secondary students on an immersive journey into the entrepreneurial startup scene to help solve the problems facing agriculture in Australia.

The AgriFutures™ startup.business pilot program aims to show young people how the skills and mindset of entrepreneurs can allow them to create their own jobs. The Problem Based Learning (PBL) concept naturally reflects the way people learn and develop in real life. Presenting problems (not the solutions) to facilitate learning, will work in conjunction with skill development and awareness activities, presented in the form of modules.

"We learn because of our curiosity, because of the challenges we face, because of the things we do ... and as we learn we grow. That's why we've brought together entrepreneurs and academics to design a unique program of learning," said Jo Burston, serial entrepreneur and CEO of Phronesis Academy, the parent company of startup.business.

There are currently four jobs in agriculture for every university graduate studying an agricultural-related degree (Pratley, 2017). However, there are barriers to entrepreneurship in rural and regional areas that education in entrepreneurship aims to overcome. AgriFutures™ startup.business' unique approach enables students' passion for, and interest in, business to be integrated into large scale solutions for local problems.

"We are thrilled to launch the AgriFutures™ startup.business program with Jo and her team. A key objective of AgriFutures Australia is to attract capable people into careers in agriculture, and this program will

be a wonderful tool to expose high school students to different ways of approaching national rural issues, and importantly expand their horizons in terms of what a career in agriculture could look like," said AgriFutures Australia Managing Director, John Harvey.

To be eligible for the program, schools must be a secondary public high school and offer Commerce, Agricultural Studies or Geography to Year 9 or Year 10 students. Schools must also be located in a rural or regional area, and commit to delivering the program to a minimum of one class in Term 2 and Term 3 of 2018.

## Applications close on Monday, 12 March 2018 at 5.00pm AEDT.

startup.business was co-founded by Jo Burston and the late Dr Richard Seymour, former Programme Director of Entrepreneurship & Innovation at The University of Sydney, on the premise that entrepreneurship is important for us all, as it's been shown that entrepreneurial firms account for the clear majority of employment growth. The youth of today will probably end up working for entrepreneurial firms (if they don't go out and start their own). Startup.business brings entrepreneurial learning in action into classrooms, with programs designed for 10–17 year olds to equip the next generation to create real social and economic impact.

#### Contact:

For more information on startup.business, or to arrange an interview with Jo Burston, please contact **Liz Jackson**: <u>liz@phronesis.academy</u>

For more information on AgriFutures Australia, or to arrange an interview with John Harvey, please contact **Debbie van der Rijt:** 

debbie.vanderrijt@agrifutures.com.au



OPEN most days

Wednesday – Sunday Monday & Tuesdays 10am – 4pm CLOSED

Come & enjoy a tea/coffee with homemade cake Bookings not essential, but appreciated.

Phone: 0447 651 418 Facilities not air conditioned

# Katanning Vet Clinic



Phone: 08 9821 1471 Fax: 08 9821 1473

A/H Emergencies: 0427 017 462

3/114 Clive Street PO Box 841

Katanning WA 6317

www.kojonupvethospital.com.au kvc@kojonupvethospital.com.au



## Remembering

Lake Grace Year 9 Students - Shenae Harradine, Jaida Moore, Cade Moore, Connor Bray.

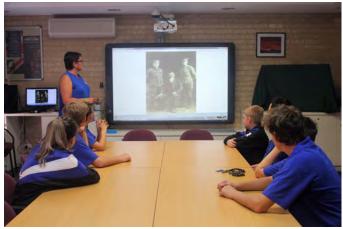
We would like to thank Mrs Reeves for taking time out of her day to show us images of her family before and after the war, while telling us what was going on in that time period, how that impacted their lives and the lives of others who were tragically cut short.

We also learned about the heroism of William Oliver, who was a stretcher-bearer. He removed his gas mask to give to another when mustard gas permeated the air,

leading to his health taking a drastic turn for the worse. His bravery will never be forgotten.

Below: Suzanne Reeves going through family memorabilia in relation to World War 1 with the LGDHS Year 9 students.





# Lake Grace-Pingrup Football Club



#### **Expressions of Interest**

from Community Groups or Individuals to run the Canteen for

Winter Sports Home Games for 2018

Submissions to be received by 28th March 2018
to: Lake Grace-Pingrup Football Club,
PO Box 73, Lake Grace 6353

Contact John O'Neill (President) for further details

e-mail: john.oneill@gsfs.com.au

mob: 0487 651 227

## FOX SHOOT 2018

<sub>Date:</sub> Friday 16<sup>th</sup> March

Time: Official count at 1:00am [please be there by 12:30am]

Place: Lake Grace Pony Club

[approx. 9kms from town on Newdegate Road, on left]

\$10 per shooter, [pay on the night]
Max 5 persons per vehicle
TAILS ONLY

Raffles and prizes to be own [bring some coin]

BBQ available – BYO – meat, refreshments [and swag if you want]

All proceeds to the Lake Grace Volunteer
Fire Brigade

Enquiries to:

■ Shane Giles [Curly] 0427 651 491 Grant O'Neill [Billy] 0428 248 012 ■ Kris Chatfield [Chaddy] 0427 987 440



## Milestone Celebrations for Farmers Centre (cont.)

in 2001, Gary Newton took over the role as service manager and acquitted himself admirably for such a young man in a high profile job. When Gary left in 2013, we acquired the services of Barry Jones who is still in this role today and Barry has raised the bar even higher. Barry Wells' philosophy was honesty, integrity and friendship. He would always say when you sell something, you make a friend which meant you became part of our family, the Farmers Centre family. Our clients have always been our priority and that is why the business has grown from humble beginnings to what it is today and we are very appreciative of the loyalty shown by so many of you. Machinery and farming methods have changed so much from 1978 to where we are today that it is sometimes hard to comprehend the main difference being pricing due mainly to the technology that has evolved over the past 40 years.

Barry has always been a firm believer in having good people around him to build his business into a successful proposition. We have been very fortunate to have had many fantastic staff members here in Lake Grace and this has been the main stay for growth and success since 1978. In total, ten apprentices have come and gone. Oakley Major who has just commenced his time with us at the start of February is number eleven. Whilst some of these young men are still in our employment, quite a few have moved on and etched their own path in life and have wives and young families of their own and I would like to think that we have hopefully had an impact in their lives in some small way. Lloyd Miles, Rudi Hamburg, Gary Newton, Daryl Wright, Daryl Hetherington, Arron King although located in other branches are all still employed at Farmers Centre today.

In closing, I would like to thank all my current staff for their help in preparing for our 40<sup>th</sup> Anniversary, to Nat Gambuti for organizing the catering and especially the fabulous cake, to Suzanne and Chloe from the Lake Grace CRC and finally to our clients, past and present, that came along and made the night so successful.

Unfortunately, Barry Wells was unable to be present on the night but his son Grant was on hand to thank Gary and Nola who have been the backbone of Farmers Centre in Lake Grace. On the night Farmers Centre

Below: Tom O'Neill, Annie Newton, Michelle Cameron and Allan Marshall.



had a great display of older and more recent machinery on display; this no doubt brought back some memories. Of course at every party there must be entertainment and that was provided by the quick with a joke, Garry Prater. Many of the staff who have worked at Farmers Centre over the years returned for the evening, enjoying a good catchup with former colleagues, some of whom they hadn't seen for years.

Below: John Miles, Lloyd Miles and John Gambuti.



Below: Bill Willcocks, Rudi van Hamburg and Chris Harvey.



Below: Bill Lloyd, Phil Clarke and Mark McDonald.



## **Health Summit to Address Obesity and Alcohol**

Media Release

The McGowan Government will convene a Preventive Health Summit this Friday (March 2) to encourage broader thinking and community engagement about ways to foster healthy lifestyles among Western Australians, in order to reduce and prevent obesity and harm from alcohol use.

Chronic diseases are the leading cause of disease and disability in Australia, and are placing the health system under growing pressure. At least 31 per cent of chronic diseases are preventable.

The Nutrition Monitoring Survey Series 2015 showed about two-thirds of Western Australian adults and nearly one-quarter of children aged five to 15 years are overweight or obese. The 2016 National Drug Strategy Household Survey also revealed nearly one-fifth of the Western Australian population aged 18 years and over, reported drinking at levels placing them at risk of lifetime alcohol-related harm.

The summit will share ideas from experts and the community about ways to improve the health of Western Australians, and reduce the burden of chronic and acute harm on the public hospital system and the broader WA community.

Health and Mental Health Minister Roger Cook will host the summit in conjunction with the Department of Health, the Mental Health Commission and Healthway.

To ensure people from across the State can participate, the summit will be streamed live and viewers will be able to ask questions.

Follow the summit at <a href="http://www.healthywa.wa.gov.au/">http://www.healthywa.wa.gov.au/</a>
<a href="preventivehealthsummit">preventivehealthsummit</a> and join the conversation on social media with the event hashtag
<a href="####WAPreventiveHealthSummit">#WAPreventiveHealthSummit</a>.

The outcomes of the Preventive Health Summit will help the State Government and the community achieve better long-term health outcomes for all Western Australians. It will also inform the Sustainable Health Review, established by the Government in June 2017, to help deliver a patient first, innovative and sustainable health system for all Western Australians.

## Comments attributed to Health and Mental Health Minister Roger Cook:

"The McGowan Government is committed to keeping Western Australians well and enjoying healthy lives.

"The Preventive Health Summit will specifically focus on what we can do to reduce and prevent obesity and harm caused by alcohol.

"As a Government we are proactively looking for

solutions to this problem, and I encourage members of the public, as well as industry, to watch the live broadcast of the summit and submit questions and comments for consideration.

"We can't do it alone though, and the summit itself will not fix the issues. I encourage the whole community to take responsibility for their own health and wellbeing by making healthy choices to reduce obesity and lower harmful alcohol use.

"This is a great example of multiple government agencies and the community coming together to benefit the health of Western Australians."

# World Day of Prayer - March 2018 **SURINAME**

All God's Creation is Very Good!



When: Friday, 2 March, 2018

Where: St. Anne's Anglican Church,
Lake Grace

## **Cricket Wind Up**

George Chircop

This years cricket wind-up was held at the magnificent Walkers Hill Vineyard and it was a great place to be. As the sun set, the players, partners and sponsors enjoyed a drink and an entree before entering the function room. The night commenced with Damon Pelham welcoming everybody. He reflected on the season we had and talked about the future of the club - which wouldn't survive if we didn't have the support from our local businesses. We toasted the people who couldn't make it and then it was time for our main course. The meal was amazing and a credit to Jared and Tania Bray.

Damon, Kael Gray and Matt Trevenen presented the following:

Batting Agg = Kane Pinney = 251

Batting Average = Kane Pinney = 35.8

Bowling Agg = Damon Pelham = 15

Bowling Average = Damon Pelham = 12

Captains Award = George Chircop

Clubman Award = George Chircop

Best Fielder = Matt Trevenen

Contributors Award = Chloe Pearson

Wes Mason Medal = Kane Pinney

Most DUCKS Award = Dylan Dowling = 3

Lamington Award - Most Runs Of An Over Was Awarded to = Bob Bolton & George Chircop 16 Runs

After the awards, it was time to enjoy the delicious dessert. The night was a great success. We all had a great time and it's time to thank all our sponsors.

RW & RM Taylor

Outback TV

Fred & Lettie Leo

**Elders** 

Peter Hudson Tyre Power

Kael Gray

Trevenen Building & Glass

**Great Southern Fuels** 

Walkers Hill Vineyard

Pelham Enterprise

**GS Mobile Mechanical Services** 

Tom O'Neill

DG & KJ Stanton

SBM Tyres

Ken Gray & Co

Lake Grace Roadhouse

IGA.

Lake Grace Communication and Computers

Lake Grace Meat Supply

**CCL Hardware** 

Lake Grace Leading Appliances

Sportsman Club

A massive thankyou goes to Andrew Walker for all of his work with the 100 year celebration; also to the Community Resource Centre for all their help and to the club committee members plus Chloe Pearson for her support this season. To my team mates - what a great bunch of guys to be around. You're all family to me - stick together and be there for each other and success will follow I promise. The 2017/18 season wasn't that successful on the field as results didn't go our way but off the field the success was strong and that's where it starts - a strong core of players and we will be back stronger next season. Its been an honour to put on the uniform and play alongside you guys, thanks for the chance. See you all next season.



## **Shop Smart Online to Avoid Fake Websites**

Media Release

Barbecues, mobility scooters and outboard motors may not seem to have much in common but all of these items have been advertised for sale on fake websites in recent months.

What they also have in common is that they were all being offered at prices that were simply too good to be true, and this kind of pricing should immediately raise a red flag with savvy online shoppers who've done their research.

In 2017, there was a significant spike in issues involving online shopping. Our figures show 73 Western Australians reported losses ordering products online that were never delivered. This was up 21 from the previous year, and five of those consumers lost \$10,000 or more.

This is an ongoing problem and our WA ScamNet team works quickly to get these dodgy websites and social media pages shutdown as soon as they verify reports of losses. But new versions quickly pop up.

So the best defence is awareness about how to spot and therefore avoid these fake websites. The scams tend to operate in a similar manner where the advertised goods are ordered, paid for and then simply not delivered.

Often the biggest tip-off that a retail website is a scam is the method of payment. Scammers will often ask you to pay using a money order, pre-loaded money card, direct bank deposit or wire transfer. But if you send your money this way, it's unlikely you will see it again or receive your purchased item.

One website that was recently shutdown was claiming to sell heavily discounted barbecues and accessories, with further reductions offered for payment by bank transfer. After selecting the items to be purchased, consumers were prompted to either log in or create an account.

At checkout, the site requested confirmation of payment with two options provided - via bank transfer which offered an additional 5% discount or by using a credit card where there was a 3% charge.

#### **FOR SALE**

2005 Ford Fairlane Ghia 6 speed auto, Silver, 10 months registration, 112,000km \$8,000 Phone Kingsley 0429 654 022



These fake websites are basically a front to steal money. Some tips for safer online shopping include:

- Be wary of 'great deals' served to you via an internet search or pop-ups. Scammers hope to catch you out when you impulse buy on the promise of a super bargain.
- Be suspicious of sites you haven't heard of before or that haven't been online for long (copyright 2018 at the bottom for example).
- Consider the risks if there is no physical address, phone contact details or ABN.
- Watch out for sites asking for insecure payment methods (direct bank transfer or wire transfer).
- Protect yourself by using known reputable sites and paying by a secure system (padlocked) with a credit card or PayPal, so you have an opportunity to seek a chargeback if you don't get what you paid for.
- Use the internet to search for reviews before buying from a website as this will often reveal consumer blog threads exposing scam sites (or a Consumer Protection warning).

Be aware scammers create copycat sites of real online businesses. Pixelated photos can be a sign of this

# Lake Grace Pingrup Junior Football Club



'Where Dreams Begin'

## **Expressions of Interest**

are sought for the positions of

# D Grade Coach 2018 Auskick Coach 2018

Written applications are due on or before Monday 5 March 2018

via email <a href="mailto:lgpjfc@gmail.com">lgpjfc@gmail.com</a> or post Lake Grace Pingrup Junior Football Club, PO Box 125, Lake Grace WA 6353.

Please contact:

President – Grant Marshall 0429 649 030 or Secretary – Taryn Borgward 0429 205 267 for further information.

## **Autumn Garden Tips**

https://www.homeimprovementpages.com.au/article/what should i plant in autumn

#### Flowering Autumn Garden

Autumn is a great month for planting. You can sow seeds for Spring flowers; plant winter vegies; and make a beautiful winter garden. The autumn months are perfect for ensuring your garden looks good in winter and is ready for spring and summer. Autumn is a good season for sowing flower seeds. If you live in a colder climate, you'll need to make sure they aren't affected by frost. In a temperate or subtropical climate, you just need to keep an eye on them and watch them flourish. You'll be glad you sowed your seeds in autumn when they flower in spring and summer. You can grow dozens of varieties of flowers in autumn. Some good ones to think about include:

- Alyssum produces beautiful white flowers. It is a spreading flower that grows to a height of about 120mm. You can plant alyssum in spring and autumn in a warm climate.
- Candytuft is another white flower that attracts bees and butterflies to your garden.
- Linaria will give you a riot of colour in summer. You can sow the seeds in autumn or early winter in temperate regions.
- Poppies do well if you sow them in autumn. Try
  Flanders for a red bouquet or Shirley for flower
  beds and borders. If you live in a warm climate, you
  can sow the seeds in early winter.
- Marigolds produce brilliant orange flowers. They're perfect as a border plant, garden edges or containers. You can sow marigolds in spring, early summer or autumn.
- Lobelia will give your garden blue flowers. Lobelia spreads out over a wide area. It grows best in temperate or warmer climates. Wait until spring if you live in a cooler climate.
- Snapdragon is a perennial flower. Sow seeds in spring, summer or autumn. You can grow snapdragons in pots or as a border or bed flower.
- Sweetpea is a climber you can sow in summer or autumn in warmer climates. Wait until spring if you live in a cool climate.
- Pansies come in a variety of colours. Find a spot where you get full sun and you will get more flowers. They also grow in partial shade, but you won't get as many flowers.

This is just a small sampling of the flowers you can sow

from seed in autumn. Your local nursery can help you choose the best seeds for planting in autumn in your climate.

#### Your Autumn and Winter Vegie Garden

You don't need to wait until spring to plant vegies. Many varieties grow well in autumn and winter and can give you a bumper crop of fresh home-grown vegies. Some leafy vegetables grow best in autumn and winter and you can also grow a variety of root vegetables. Herbs also do well in autumn. Kale is known as a "super food" because it is rich in iron and vitamins. Autumn is the perfect time to grow this cool season vegetable. Grow kale in your vegie garden or mix it in with your flowers and other plants. It is a beautiful plant and you can trim it as you need it.

Another vitamin-rich leafy vegetable is mustard greens. Mustard greens do best when you plant them in autumn. During the hot summer months, they can be prone to heat stress and can produce too many seeds.

The list of root vegetables you can grow in autumn is a long one. Three root vegies that love the cooler months are beetroot, carrots and radishes.

Some other vegies that grow well in autumn and winter include: bok choy, broccoli, cabbage, cauliflower, garlic, shallots and turnips.

Herbs grow perennially and are relatively easy to grow. If you live in a cooler climate, you might want to grow your herbs indoors. If you live in a temperate climate, you can grow herbs outdoors all year 'round and many even grow well in cooler climates. Grow them in pots or mix them in with your other plants.

Snails and slugs love moist conditions, so keep an eye out for them over the autumn and winter months.

When the rains come, nutrients will be leached out of the soil. To make sure your vegies are healthy and thrive, add compost and add potash to the soil to help with root development. Also make sure your soil is welldrained.



## **Road Trauma is a Global Problem**

Road trauma is a horrific event and something that we're all affected by; whether it be on the 6 o'clock news or within our circle of family and friends. The Road Safety Commission keeps a current tally on their website. Already in 2018 there have been 18 deaths; 18 families torn apart because of inattention, fatigue, alcohol, speed, seatbelts or just plain bad luck.

In 2013, Australia lost 1252 of their people through road trauma; however this isn't just an Australian problem; globally there were 1.25 million road traffic deaths in 2013. See below some of the statistics from around the world.

	Estimated number of road traffic deaths	Estimated road traffic death rate (per 100 000 population)
Country	2013	2013
Afghanistan	4 734	15.5
Albania	478	15.1
Algeria	9 337	23.8
Andorra	6	7.6
Angola	5 769	26.9
Antigua/Barbuda	6	6.7
Argentina	5 619	13.6
Armenia	546	18.3
Australia	1 252	5.4
Austria	455	5.4
Azerbaijan	943	10
Bahamas	52	13.8
Bahrain	107	8
Bangladesh	21 316	13.6
Barbados	19	6.7
Belarus	1 282	13.7
Belgium	746	6.7
Belize	81	24.4
Benin	2 855	27.7
Bhutan	114	15.1
Bolivia	2 476	23.2
Bosnia/Herzegovina	676	17.7
Botswana	477	23.6
Brazil	46 935	23.4
Bulgaria	601	8.3
Burkina Faso	5 072	30
CÃ'te d'Ivoire	4 924	24.2
Cabo Verde	130	26.1
Cambodia	2 635	17.4
Cameroon	6 136	27.6
Canada	2 114	6
Cen African Rep.	1 495	32.4
Chad	3 089	24.1
Chile	2 179	12.4
China	261 367	18.8
Colombia	8 107	16.8
Congo	1 174	26.4
Cook Islands	5	24.2
Costa Rica	676	13.9
Croatia	395	9.2
Cuba	840	7.5
Cyprus	59	5.2
Czechia	654	6.1
Dem Repub Congo	22 419	33.2
Denmark	196	3.5

	Estimated number of road traffic deaths	Estimated road traffic death rate (per 100 000 population)
Country	2013	2013
Djibouti	216	24.7
Dominica	11	15.3
Dominican Rep.	3 052	29.3
Ecuador	3 164	20.1
Egypt	10 466	12.8
El Salvador	1 339	21.1
Eritrea	1 527	24.1
Estonia	90	7
Ethiopia	23 837	25.3
Fiji	51	5.8
Finland	258	4.8
France	3 268	5.1
Gabon	383	22.9
Gambia	544	29.4
Georgia	514	11.8
Germany	3 540	4.3
Ghana	6 789	26.2
Greece	1 013	9.1
Guatemala	2 939	19
Guinea	3 211	27.3
Guinea-Bissau	468	27.5
Guyana	138	17.3
Honduras	1 408	17.4
Hungary	765	7.7
Iceland	15	4.6
India	207 551	16.6
Indonesia	38 279	15.3
Iran	24 896	32.1
Iraq	6 826	20.2
Ireland	188	4.1
Israel	277	3.6
Italy	3 721	6.1
Jamaica	320	11.5
Japan	5 971	4.7
Jordan	1 913	26.3
Kazakhstan	3 983	24.2
Kenya	12 891	29.1
Kiribati	3	2.9
Kuwait	629	18.7
Kyrgyzstan	1 220	22
Lao People's Dem. Rep.	971	14.3
Latvia	205	14.3
Latvia Lebanon	1 088	22.6
Lesotho	584	28.2
Liberia	1 448	33.7

## Road Trauma is a Global Problem (cont.)

	Estimated number of road traffic deaths	Estimated road traffic death rate (per 100 000 population)
Country	2013	2013
Libya	4 554	24.2
Lithuania	320	10.6
Luxembourg	46	8.7
Madagascar	6 506	28.4
Malawi	5 732	35
Malaysia	7 129	24
Maldives Mali	12 3 920	3.5 25.6
Malta	3 920	25.6 5.1
Marshall Islands	3	5.7
Mauritania	952	24.5
Mauritius	152	12.2
Mexico	15 062	12.3
Micronesia		
(Federated States of)	2	1.9
Monaco	0	0
Mongolia	597	21
Montenegro	74	11.9
Morocco	6 870	20.8
Mozambique	8 173	31.6
Myanmar	10 809	20.3
Namibia	551	23.9
Nepal	4 713	17
Netherlands	574	3.4
	272	6
New Zealand		15.3
Nicaragua	931	
Niger	4 706	26.4
Nigeria	35 641	20.5
Norway	192	3.8
Oman	924	25.4
Pakistan	25 781	14.2
Palau	1	4.8
Panama	386	10
Papua New Guinea	1 232	16.8
Paraguay	1 408	20.7
Peru	4 234	13.9
Philippines	10 379	10.5
Poland	3 931	10.3
Portugal	828	7.8
Qatar	330	15.2
Republic of Korea	5 931	12
Republic of Moldova	437	12.5
Romania	1 881	8.7
Russian Federation	27 025	18.9
Rwanda	3 782	32.1
Saint Lucia	33	18.1
Saint Vincent/Grenadines	9	8.2

	Estimated number of road traffic deaths	Estimated road traffic death rate (per 100 000 population)
Country	2013	2013
Samoa	30	15.8
San Marino	1	3.2
Sao Tome/Principe	60	31.1
Saudi Arabia	7 898	27.4
Senegal	3 844	27.2
Serbia	735	7.7
Seychelles	8	8.6
Sierra Leone	1 661	27.3
Singapore Slovakia	197 360	3.6 6.6
Slovakia	132	6.4
Solomon Islands	108	19.2
Somalia	2 664	25.4
South Africa	13 273	25.1
Spain	1 730	3.7
Sri Lanka	3 691	17.4
Sudan	9 221	24.3
Suriname	103	19.1
Swaziland	303	24.2
	272	24.2
Sweden		
Switzerland	269	3.3
Tajikistan	1 543	18.8
Thailand	24 237	36.2
The former Yugoslav	198	9.4
rep. of Macedonia	400	40.0
Timor-Leste	188	16.6
Togo	2 123	31.1
Tonga	8	7.6
Trinidad and Tobago	189	14.1
Tunisia	2 679	24.4
Turkey	6 687	8.9
Turkmenistan	914	17.4
Uganda	10 280	27.4
United Arab Emirates	1 021	10.9
UK of Great Britain and Northern Ireland	1 827	2.9
United Rep. of Tanzania	16 211	32.9
	34 064	10.6
USA Uruguay	567	16.6
	3 240	11.2
Uzbekistan		
Vanuatu	42	16.6
Vietnam	22 419	24.5
Yemen	5 248	21.5
Zambia	3 586	24.7
Zimbabwe	3 985	28.2

## Is Poor Hygiene Hurting Your Business?

Media Release - Directions

Workplaces are breeding grounds for germs, with poor workplace hygiene costing Australian businesses billions in lost wages and reduced productivity each year. The risks and the costs to your business, however, are much more than just staff off on sick leave. An international study conducted by the Centre for Economics and Business Research (CEBR) found that Australian workers were taking an average of nearly 2 sick days each per year as a result of poor workplace hygiene. More than two further days per person on average was lost as a result of avoiding unhygienic areas, like queuing for a clean cubicle or going out of the workplace for coffees to avoid unsanitary kitchens.

When it comes to hygiene, the issues go way beyond hand washing but let's start there. Research by Opinion Matters showed one in three employees admitted they don't wash their hands every time they visit the bathroom. Other research puts the figure much higher, at nearly half of all employees.

Other studies have also found that 40% of Australian office workers browse the internet while in the bathroom. For those office workers using their smartphones in the toilet, 55% used Facebook, 43% sent messages on WhatsApp, and 22% used the time to play internet games, with 1 in 10 admitting to playing Pokemon Go while on the toilet. When workers pick up their phone before washing their hands, they will invariably end up with invisible traces of faeces and urine on their smartphones, which are already high in bacteria from constant swiping. The phone becomes a reservoir for germs and bacteria that can recontaminate even washed hands.

The CEBR survey also showed that three out of four office workers believe poor office hygiene indicates their employer "doesn't care about them". It found 72% of employees are reluctant to recommend a business with poor office hygiene to job seekers, while for 70% poor office hygiene genuinely affected their overall job satisfaction.

It also seems that a lot of workers are stuck cleaning up after their colleagues, with 54% reporting they had spent time attending to the hygiene of communal office spaces, and they're not happy about it. Sound familiar?

Here are more workplace hygiene facts that you should be aware of:

- A workplace desk on average has 400 times more bacteria than a typical toilet seat.
- The most contaminated spots in the bathroom are not the toilets themselves but flush buttons, tap handles, and door handles; common spots for salmonella and campylobacter, which can both cause gastroenteritis.
- Nearly 80% of workers admit they will present for work with flu-like symptoms.

• Large numbers of office kitchens who do keep cups and utensils clean then put them away in rarely cleaned drawers or on dirty shelves, rim-edge down.

Workplace hygiene has the potential to negatively impact on not only the health and wellbeing of staff but also on your customer and supplier experience of your business as well. Even in industrial settings or cars (if you or your staff work on the road) the cleanliness of your workplace or your hygiene provisions (or lack of) can communicate unspoken and potentially detrimental messages about you and your business to your clients and stakeholders.

People can be a bit uncomfortable talking about hygiene, and different understanding of what are appropriate habits in the workplace can add to the problem, but creating a clear, communicated, hygiene standard in your workplace can address many of those issues. Here are six easy and cost-effective strategies for improving workplace hygiene:

- Spread the message about the importance of a clean workplace and good hygiene among your staff and regularly reinforce it. Discourage mobile phone use in toilets.
- Make hand sanitisers and cleaning products, including electronics sanitising wipes, easily accessible and make sure staff know where they are
- 3. Encourage staff to clean up after themselves in common areas such as kitchens, lunchrooms and meeting areas, and as soon as they have finished using them...not later in the day. This should include wiping down surfaces and cleaning up any spills. Management should lead by example on this one. Speak privately with any workers who are not maintaining appropriate standards. They may be unaware their practices are affecting their own and others' wellbeing.
- Ensure rubbish is regularly cleared and bins aren't overflowing.
- Include a section on 'care' as part of your vehicle management policies, especially for pool cars, to ensure they are kept clean and common contamination areas like steering wheels, door hands, and stereo buttons are regularly sanitised.
- Encourage legitimately sick employees to stay home. 'Soldiering on' might sound noble but not if workers infect all their colleagues. Presenteeism can be a bigger cost to your business than absenteeism, especially in small teams.

# Girls Gymnastics is Back!!



Gymnastics is an amazing developmental sport which provides the proper athletic foundations for all sporting endeavours. It helps increase flexibility, strength, speed, agility, coordination and balance.

Now is the time to enrol your child so they can experience the benefits gymnastics has to offer.

Gymnastics for girls will be held on Mondays and Wednesdays at the Lake Grace Hall in terms two and three. Session times will be dependent on enrolment numbers.

Due to having

#### NO COACHES FOR EITHER KINDERGYM OR BOYS GYM,

these will not be available this season.

For enquiries or for enrolment information, please contact The Secretary, Vynka Lay on 0429 651 072 or bvlay@bevanlayspreading.com by Thursday 22nd March.



SEASON OVERVIEW | MARKETING | INTERNATIONAL GRAIN MARKETS

## FREE EVENT

**FOOD & REFRESHMENTS PROVIDED** 

PRESENTED BY



#### SENIOR GRAIN BROKERS ALONG WITH EXPERT **GUEST SPEAKERS WILL BE VISITING:**

Yearlering, Dumbleyung, Broomehill, South Stirling, Ravensthorpe, Scadden and Moorine Rock

## **GUEST SPEAKERS**

Weather Data & Risk Management Richard Riddle



Lime **Burt Naude** 



Safe Farming Stephen Brown



**REGISTER DETAILS** 





🛮 (08) 9367 2866 🛮 🕲 bids@grainbrokers.com.au

grainbrokers.com.au/news

## Sculpture By the Sea

Suzanne Reeves

Organisers are very excited about their 14th annual exhibition on Cottesloe Beach. This year there will be 73 artists from 18 countries including Australia.

No exhibition is complete without one of Lake Grace's own in amongst it. Local artist, Tania Spencer, is celebrating her 7th entry into this popular exhibition. Her 2018 entry, 'Inspired by Rosie', is a tribute to her Nanna's penchant for crocheting lace doilies.

Tania honed her welding skills for this piece which is made up entirely of hand bent knitting and fabrication. In past exhibitions Tania has been the recipient of the major NAB prize, Kids Choice award and has also been awarded the Clitheroe Mentorship.

The exhibition runs from Friday 2<sup>nd</sup> March through to Monday 19<sup>th</sup> March; if you are in Perth during this time take the opportunity to head to the beach and get an injection of culture.

Right: Tania Spencer with her "3D lace doily" prior to transporting it for installation at the Cottesloe exhibition.



## Henderson's Earthmoving

BENDERING ROAD CORRIGIN

SPECIALIST DAM CLEANING - WET OR DRY

ROADED CATCHMENTS

**DRAINS** 

**BACKFILLING OLD DRAINS AND DAMS** 

TREE AND STUMP REMOVAL

**GENERAL GRADER WORK** 

**FLOAT HIRE – GRAIN CARTAGE** 

RING MAX - 0428 915528

#### **PUBLIC NOTICES**

#### **Sally Dickinson**

Counsellor for Southern AgCare. A free and confidential service. Contact 0427 192 155 www.southernagcare.org.au

#### **Dr Linda Haines**

Is available in Lake Grace on Thursday 12th and Friday 13th April. Ring 9865 1208 for an appointment.

#### **Cancer Support Coordinator**

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

#### Lake Grace Op Shop

46 Bennett Street (Old Church) **Open** 

Tuesday 1:00 - 4:00pm Friday 9:30am - 1:00pm

#### **First Aid Kits**

Are now available for purchase at CCL Hardware Lake Grace.

#### Lake Grace Lions Club

Meetings every 2nd (dinner meeting) and 4th Thursday of the month at the Men's Shed.

Next meeting: 23rd February.

## Holyoake Community Alcohol and Drug Service

Matthew Bejger Counsellor/Diversion Officer Ph: 08 9881 1999

#### **Expressions of Interest**

Lake Grace-Kukerin Hockey Club will be fielding a Men's team this season.

If you are interested in playing please see Dean at Lake Grace Meat Supply.

#### **Community Midwife**

Sandy Slee, the Community Midwife, will be coming to Lake Grace the first Tuesday of every month until further notice. Call Narrogin Primary Health on 9881 0385 to make an appointment.

#### **CWA Bookings**

Please be advised that if you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

# Crisis Care Numbers

Doctor's Surgery -9865 1208		Electricity Faults - 13 13 51		
Hospital - 9890 2222		Water Faults - 13 13 75		
Ambulance/Fire/Police - 000		<b>Directory Assistance</b> - 1223		
	<b>55 Central Men's Refuge</b> 9272 1333	Family Helpline 1800 643 000 / 9223 1100		
O427 192 155 Southern AgCare Counselling Poisons Information 13 11 26 Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au Lifeline Australia - 13 11 14		Kids Helpline 1800 551 800 www.kidshelp.com.au		
		Ngala 9368 9368 www.ngala.com.au		
		Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700		
		Beyond Blue - 1300 22 4636 www.beyondblue.org.au		
	Seniors Information Services 9321 2133 www.cotawa.asn.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au		
	Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au		
	Main Roads - 138 138	Rural Link - 1800 552 002		
	Mental Health Emergency Response Line - 1300 555 788	Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au		
	Alcohol & Drug Information Service - 1800 198 024 https://www.mhc.wa.gov.au/	Parent Drug Information Service - 1800 653 203		
	Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	Relationships Australia Fair Programme 9336 2144 https://relationshipswa.org.au 1300 364 277		

Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email		
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com		
Craft Group	Meet at the CWA Bu	Meet at the CWA Building Saturdays from midday onwards			
CWA	Suzanne Reeves	0427 651 310	lakegracecwa@gmail.com		
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com		
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com		
LIFT Lakes Information & Farming	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au		
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au		
Playgroup	Rhiannon Stubberfield	0428 301 380			
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au		
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com		
Toy Library	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au		
Lions	Arthur Slarke	0429 651 015	arthurslarke@bigpond.com		
Summer Sport					
Lake Grace Cricket Club	George Chircop	0417 950 437	swan_district@hotmail.com		
Lake Grace Bowls Club	Claire Pelham	0457 207 749	richie21claire@yahoo.com		
Lake Grace Tennis Club	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au		
Tarin Rock Tennis Club	Wendy O'Neill	9864 9040			

#### **CHURCH TIMES**

## Lake Grace Catholic Church

Sunday 4th March6 pmSunday 11th March8 am

For inquiries and request for home visitation, please contact Fr Joseph Sousa on 9865 1248.

## Anglican Church of Lake Grace

Sunday 4th March 9 am

Sunday 11th March No Service

Enquiries: Father Dave 0427 545 560

Wally Perry 0448 795 070

# Justices of the Peace

 Colin Connolly
 0427 858 066

 Ron Dewson
 9865 1224

 Amanda Milton
 0429 654 011

 Geoff Sabourne
 0429 651 171

## Lake Grace Shire Councillors

Dano Graco Simo Communitori					
Councillor	Telephone	Fax			
Jeanette de Landgrafft (Pres)	9872 0029	9838 9041			
Steve Hunt (Vice Pres)	9865 1650				
	0427 651 585				
Ross Chappell	0428 654 058	9865 4051			
Debrah Clarke	9865 4041	9865 4032			
Roz Lloyd	9871 1534	9871 1676			
Allan Marshall	9865 3022	9865 3012			
Murray Stanton	9865 1329	9865 1223			
Peter Stoffberg	0447 281 181				
Mikaela Spurr	0438 926 196				

# COMMUNITY CALENDAR

#### March

Fri 2 Fish & Chips @ Sportsman's Club
Op Shop Open - 9:30am to 1pm
Driving Assessor in Lake Grace
Bowls - Men's Country Week Begins

World Day of Prayer

Sat 3 Rubbish tip open Craft @ CWA Steak Tea @ Sportsman's Club

Steak Tea @ Sportsman's Club Boxwood Hill Pre Season Party

Sun 4 Rubbish tip open
Mon 5 Rubbish Collection
Recycling Collection

Tue 6 Men's Shed (morning)

Chair Aerobics at Village Hall

SOYF Exercise

Auschem accreditation @ LG CRC Governance Training @ Pingrup CRC Building Surveyor in Lake Grace

Wed 7 Rubbish tip open

HACC Activity & Morning Tea 10 - 1:30am Auschem accreditation @ LG CRC

Thur 8 Bowls Training

Auschem reaccreditation @ LG CRC

Fri 9 Fish & Chips @ Sportsman's Club HACC Bus outing

Sat 10 Rubbish tip open

Craft @ CWA

Steak Teas @ Sportsman's Club

Bowls - Ladies ILRR Fours @ Jurien Bay

Welding Workshop

Sun 11 Rubbish tip open

Tennis - Semi Finals

Bowls - Ladies ILRR Fours @ Jurien Bay

Mon 12 Rubbish Collection & rubbish tip open

Tue 13 Men's Shed (morning)

Chair Aerobics at Village Hall

HACC Foot Clinic

SOYF Exercise

Bowls - Newdegate Classic - Men's

Wed 14 Rubbish tip open

HACC Activity & Morning Tea 10-11:30am

Bowls - Newdegate Classic - Men's

Thur 15 Bowls Training

Dementia seminar @ LG CRC

#### **Coming Events**

16th March - Interschool Swimming Carnival in LG

16th March - Fox Shoot

17th March - Pingrup Potters 30 year Reunion

19th & 20th March - HR, HC & MC Licence Training

and Assessment

20th March - Building Surveyor in Lake Grace

26th March - Swimability restarts

28th March - Shire Council Meeting

6th April - Driving Assessor in Lake Grace TBC

16th April - Albany Legal Centre

18th April - First Aid Course in Lake Grace

21st April - Old Doors and Openings workshop

22nd April - Old Doors and Openings workshop

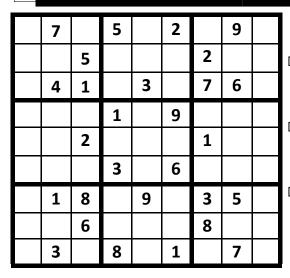
12th September - First Aid Course in Lake Grace

10th October - First Aid Course in Lake Grace

## Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.



#### Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

Medium

5			1				2
		9		4		6	
		8	6			7	5
						3	7
		4			8		
6	1						
2	9			8	5		
	4		5		6		
8				1			9