

LAKE GRACE LINK NEWS

Produced at the
LAKE GRACE COMMUNITY RESOURCE CENTRE
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7th December 2017

\$1.20 inc GST

Vol 23 Issue 24

Have You Been Good??

Suzanne Reeves



Holding Lions Christmas cakes are Lake Grace Lion's President, Shashi Holla, with Senior Constable Tara Spencer.

Will it be the Grinch pulling you over in the lead up to Christmas or is it going to be the feel good 'Santa'? Keep your focus as you drive around Lake Grace as the Lake Grace Roadwise are running another rewards initiative where drivers who the police observe as doing the right thing will get a nice surprise with the presentation of a Lions Christmas Cake. Of course if you do the wrong thing you will be receiving a ticket!

So if you get pulled over in the ten days prior to

Christmas by Dave, Tara or Cameron; then leave the Grinch in the car and display your best public relations because you might be in for a nice surprise. If you are feeling less than positive about your chances of getting presented with a free fruitcake then they are available for sale at the Lake Grace Pharmacy.

Other initiatives that Lake Grace Roadwise are working on currently are some local road safety promotion, at this stage we have only completed an awareness

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LAKES LINK NEWS 2017 Advertising Rates

	Non Profit Org	Members	Non Members
Classified	FREE	FREE	\$1 per line
Public Notice	FREE	N/A	N/A
1/8 page	FREE	FREE	\$12.50
1/4 Page	\$12.50	\$15.00	\$17.50
1/2 Page	\$20.00	\$25.00	\$30.00
Full Page	\$35.00	\$45.00	\$55.00
Insert (d/s)	\$30.00	\$30.00	\$40.00
Thank You's	FREE	FREE	FREE
Editorial	FREE	FREE	FREE
Colour	\$150.00	\$150.00	\$160.00

Conditions do apply.

CRC Opening Hours

9:00am - 5pm

Closed from midday to

1pm for lunch when short staffed.

Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

Next Deadline

Monday 18th December

Next Edition

Thursday 21st December



Thanks

To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Elsie Bishop

Dick Phillips

Annie Slarke

Gwen Oliver

Thank you also to our many contributors of articles.

DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

310 copies printed and sold each fortnight

Editorial

- It's congratulations to Chloe Robertson who has finished her traineeship, six weeks ahead of schedule. Well done! Chloe will still be with us into the New Year before she jumps ship and heads off to other opportunities. Rosie Timperley will be our new trainee and will be starting in this role in 2018.
- Thank you to everyone who has been so prompt in getting their subscription forms back in, it will make life MUCH easier for us when we start gearing up for 2018.
- Late Night Shopping is almost upon us, thank you to everyone who has nominated for a stall, there's still room for more if anyone else wants to get in on the act. At this stage it's not a sure thing that the street will be closed but the Shire are working hard to make this happen.
- This is a last call out for school ball photos; these will be going in the next Links so if you want to be included please send in a photo along with details of where and when the ball was, which school and the names of anyone in the photo.
- Still looking for anyone wanting to do Microsoft Office training and smartphone training. We can do this in small groups or one on one.
- Thank you to everyone who has supplied photos for the harvest photo pages; it's great to get some local pics out for everyone to look at. We're always looking for more material for the About Town pages; doesn't have to be all about hatches, matches and dispatches and it can also be about other accomplishments.
- Our local calendars are also available for sale for \$22, great Christmas presents. Thank you to our local photographers who have donated their images to be included.
- We apologise for delays in the delivery of our last couple of Lakes Links but our printer must have got wind that it was going to be replaced in January and had a major meltdown. The Links then had to be printed through our other photocopier which unfortunately is 3 times slower (yes that's right) than the printer we normally use. Everything is now back to normal and we can all breathe a sigh of relief!
- Narrogin TAFE have just contacted me about running an Auschem course prior to seeding (7th and 8th March) in Lake Grace. We need at least 8 people for this workshop to go ahead. Now I know it's difficult thinking about 'other stuff' when you're trying to get harvest finished but we would need a display of interest before this can go ahead.

Suzanne Reeves



**Lake Grace
Xmas Closing
Close Friday Lunch Time
22 December 2017
Re-open 2 January 2018
For your Merchandise needs
during this period please
phone Brayden on
0419 124 197
Insurance phone Justin
0427 936 345**

Lake Grace Community Christmas Tree

Thursday 14th December

To coincide with Community Late Night Shopping



**Santa will be visiting on the lawn outside the
Visitor Centre approx 6pm**

Santa will try and deliver gifts for children
0 - 3 years first; please have your child's age on the
gift to ensure Santa remembers

If you would like to receive your gifts as a family
please ask Santa to wrap the presents together and
label with all children's names.

****please remember Santa only has limited space in
his sack** 'Santa Drop - off' at the CRC**

Enquiries
Amanda Trevenen 0488 216 601
Kelly Callope 0447 013 498

What's Happening?

Congratulations to Jeanette and Kevin Seaman as they welcome their first great grandchild. Alaina Iris was born on 4 December, weighing 4.75kgs.



Below: Joely Slinn takes Gilbert and Ruby out for a harvest inspection.



Happy Birthday



8th December	David Fye
	Brady McGlinn
10th December	Robert Carruthers
	Diedre Trevenen
11th December	Naomi Duckworth
	Zahlia Reynolds
13th December	Jasmine Newton
14th December	Steve Curtin
	Suzanne Reeves
15th December	Coralie Pinney
16th December	Tom Taylor
	Michael Gray
	Alison Medlen
17th December	Max Peters
18th December	Savannah Trevenen
19th December	Juanita O'Neill
	Aidan Pelham
	Bella Callope
20th December	Des Pelham
	Trenton Medlen
	Jaycob Trevenen

Microsoft Office Workshops



Word - Mail Merge

Monday 11th December

10am—11:30am

\$15 per person, 4 places available

Beginner Word - Wednesday 10th January

Beginner Publisher - Monday 15th January

Beginner Excel - Wednesday 24th January

Word - Tabs & Tables

Date TBA

\$15 per person, 4 places available

Word - Page Formatting

Date TBA

\$10 per person, 4 places available

For more information please call the Lake Grace CRC on 9865 1470.



Anniversaries



9th December	Paula & Greg Carruthers
12th December	Fred & Letty Leo

Stay On Your Feet

Free Seniors Program

Tuesday

10:00 AM

At the Shire Hall





Are you getting the best out of your mobile phone?

The **Lake Grace CRC** will be running some one-on-one mobile phone classes. Tutoring time will be for one hour for a subsidised cost of \$10.

Lessons can include:

- Apps (use of, downloading)
- Using Facebook
- Emailing from your phone
- Updating and accessing your contacts list
- Sending images via message or email
- Ignoring tempting spam
- Alarms, reminders and the calendar
- Deleting messages & emails

Lesson Dates and Times

Wednesday 29th November
1:30pm and 3pm

Tuesday 12th December
9:30am and 11am; 1:30pm and 3pm.



It is essential that you ring (or drop in) and book your lesson date/time at the Lake Grace Community Resource Centre - 9865 1470.

We need to know what kind of phone you have and what you want to learn (from the above list and if you have anything else in mind).

Peter Rundle MLA Member for Roe

Narrogin Office

PO Box 378
Narrogin WA 6312
Ph 08 9881 1225
Fax 08 9881 3082

Esperance Office

107 Dempster St
Esperance WA 6450
Ph 08 9071 6555
Fax 08 9071 6788

Peter.rundle@mp.wa.gov.au

www.peterrundle.com.au

[@PeterRundleMLA](https://twitter.com/PeterRundleMLA)

[facebook.com PeterRundleRoe](https://facebook.com/PeterRundleRoe)



THE NATIONALS
for Regional WA

Getting To Know...

Rosie Timperley

1. Name? Dean Sounness
2. Occupation? Butcher
3. How long have you lived in LG and where did you move from? Coming up four years in January. I moved up from Bunbury.
4. Do you have any big plans for NYE? My children are coming up to stay with me.
5. Which actor would play you in a movie? Daniel Day Lewis - if you have seen the movie 'Gangs of New York', you'll know why.
6. Do you prefer Summer/Autumn/Winter/Spring and why? Summer because of all the cricket on tv. What's not to love about a sport that goes for five days?
7. If you won \$10 million in the lottery and gave some to charity, which one would you choose and why? RFDS - support rural people.
8. What's one thing you can't do no matter how you try? Sing!
9. Where would a dream holiday destination for you be? Anywhere as long as it's longer than three days.
10. Do you think Facebook is a positive or a negative in today's society? It's good because you can keep in contact with friends and family but the negative side of it is that it gives people opinions that they just shouldn't have.



Christmas Pack Price List



Hams - Half	Pork legs \$12.99/kg
Whole turkeys \$12.99/kg	Boned and rolled pork leg \$15.99/kg
Turkey Ballotines \$159.00 ea	Easy carve pork leg \$15.99/kg
Chicken Royale \$17.99/kg	Boned and rolled pork loin \$19.99/kg
Ducks \$25 ea	Rolled pork shoulder \$12.99/kg
Turkey rolls \$19.99/kg	Cranberry lamb legs \$17.99/kg
Turkins \$17.99/kg	
Boned and rolled chooks \$16.99/kg	* All boned and rolled meats can be plain or seasoned.

Orders must be in by Friday 15th December to ensure delivery in time for Christmas.

Phone: 08 9865 1225

Lake Grace

Christmas Late Night Shopping

Thursday 14th December

4:30pm - 7:30pm

Santa will arrive
around 6pm

Display of craft in the
Regional Artspace

Bouncy Castle will
be set up

Food including sausage sizzle,
curries and hot beef rolls will be
available

Bessemer and Tupperware
for the home

Bankwest and Bendigo Bank will
be present to answer any of your
banking questions.

Sand 'N' Salt will be open
later than normal for your
Christmas shopping.

Visitor Centre will have
local products and stocking fillers
available

Across The Lake Wines available
for tasting

Facepainting and balloon craft.
Disco for the children (at the
school) from 3:30pm-4:30pm.

Will be some vintage cars on
display so come and check out!

Pamper yourself ...
KMH Essentials (oils & natural
products); Muddy Creek soaps
and handmade earrings

Don't forget your pets! Mikaela
Spurr will be on hand with a
range of pet products.

Summer Quenchers. Lake Grace
LDAG will have a range of
mocktails available.

Wheatbelt Men's Health will be
available, drop in for a pitstop.

Men's Shed will be open. Drop in
and have a look at some of their
recent projects.

Environmentally friendly bags.

Live Music!



Lake Grace Lions Club Remembrance Ceremony

Neville Moulden

A great turnout of 25 Lions, partners and guests gathered at the Lake Grace Lions park on Sunday morning the third of December 2017 to unveil a plaque on the Remembrance Wall to commemorate the passing of Lion Maurice Nolan.

Lion President Shashi Holla began proceedings by introducing John de Vree who kindly gave a short address to those present on Maurice's long and faithful service to the Lion's Club that spanned 42 years.

In attendance to complete the ceremony were Graham and Lilia Nolan who then removed the Lake Grace Lions bannerette to reveal the plaque behind.

Graham also spoke of Maurice's dedication to the Lions Club and what a big part it played in his life.

The Lions Club of Lake Grace would like to thank all those in attendance with a special mention to the Shire workforce for their efforts in the tidy-up of the park they carried out at short notice. Much appreciated.



Above: Lions President Shashi Holla , Graham Nolan and Lilia Nolan unveiled the plaque.



Left: Dedication ceremony is well attended by Lions , Lion Partners and Guests.

Below: A plaque in memory of Maurice Nolan is installed at Lions Park.





WALKERS HILL

Vineyard

OPEN
most days

Thursday – Sunday	10am – 4pm
Thursdays	1pm-4pm
Monday & Tuesdays	CLOSED

Come & enjoy a tea/coffee with homemade cake
 Bookings not essential, but appreciated.
 Phone: 0447 651 418

Electric Cars Power Up In Lake Grace

Chloe Robertson

The electric Tesla cars made by Tesla in America are just like any other car, only more energy efficient.

There is a screen in the centre of the car which connects to music by Spotify, phones, thumb drives or the radio, it also brings up maps and travel statistics. There is the option to connect your phone to the car by an app that can control the car the same way you would if you were inside it, you can honk the horn from hundreds of kilometres away. The car has its own wifi, which it needs to be connected to, to be able to use the app. You can also track the car through your phone, which is great if it is stolen.

This car is a Model S and it has a 110km range per hour meaning it can fill up 110kms worth of fuel in an hour. The car can travel over 450km in one charge.

There are Supercharger Stations in the Eastern states that are free charging stations, they can charge Model S and X in a matter of minutes instead of hours. The stations are located near restaurants, shopping centres and Wi-Fi hotspots and there are multiple Superchargers at stations. If you enter your destination into the trip planner, it will route you through convenient Supercharger Stations along the way. There are 1043 Supercharger Stations in the world with 7496 Superchargers. The first Supercharger Station in WA was set up in Bunbury, this is still the only Supercharger Station in WA. Tesla hopes that more independent businesses will follow in Bunbury's footsteps and set up Supercharger Stations.

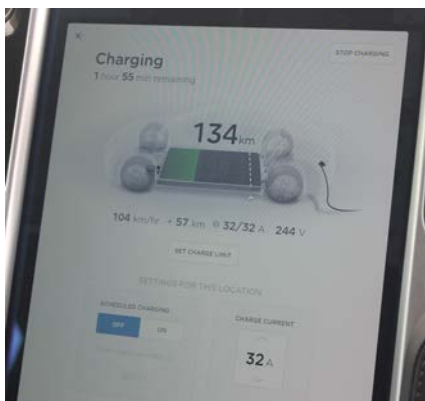
There are 7100 batteries in the pack of one car, which is 65mm tall and covers the bottom of the car from front

to back tyres. The batteries are in packs of 12 so if one battery dies then only those 12 in the pack are ruined, so only 12 are replaced not all 7100 of them.

South Australia is the most dependent wind-power state in the country, this is a problem because wind fluctuations cause fluctuations in power. South Australia experienced widespread load shedding (cutting off people's power as demand becomes greater than supply) last summer and also suffered a statewide blackout in September, this caused the Government to announce a \$550 million intervention into the energy market, including building a battery to supply more energy. Tesla won the tender from 91 expressions of interest from across the world to build the battery. It will be capable of an output of 129 megawatts of power at a time. This battery will hopefully reduce power outages and widespread load shedding during summer.

Tesla is now building trucks which can travel 800km in one charge, these are still being refined so are not out on the market yet.

Rob and Robin Dean would like to thank Peter Stoffberg at the Lake Grace Roadhouse for organising the installation of the chargers. It gives electric car owners more travel and destination options and will help bring more tourists through the town.



Left: Display showing how many km's left in power.

Below: Electric car being re-charged at the new Lake Grace station.



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Well equipped and can supply material. We service Lake Grace & all surrounding areas.

- * Dingo loader hire
- * Posthole digger
- * Trencher
- * Yard Clean-ups

For all enquiries please call:

Jeff - 0458 693 014

Symone - 0437 430 093

Keeping Safe - Everyone's Responsibility

Wheatbelt Men's Health

At this time of the year we are all busy, often feeling tired, our nerves can be a bit raw and sometimes we are just "over it". Everyone gets a bit tired and rundown, from kids at school to mums and dads at home or at work.

We all know there's lots of work to get done to get us through to the end of the year. This may include finishing the harvest, various stock work, that last FIFO swing before holidays, getting that last job finished and having kids end of year school events to attend. This can lead to us working beyond our limit.

We all have a varying capacity to both absorb those extra things thrown at us and our ability to get the job done, this can differ depending on an individual's work ethic. We should never assume "what I can do is the norm", then place that expectation on family members, employees or work colleagues.

Occupational Health & Safety (OHS) gives us a legislative framework to guide us, but it doesn't allow for the cultural context in which we blokes sometimes operate. The cultural context means our approach to risk taking (we are hard wired risk takers); our need to get the job done (task orientated/deadlines); and our approach to winning. These behaviours can cloud our judgement around keeping safe both in the workplace and in our personal life. We need to be aware and manage our behaviour otherwise we will invariably fail in our responsibility to stay safe.

Keeping safe needs to start somewhere, it is no different to our individual health. I always say that my health is my responsibility, it is not my Doctors, my workplace or my wife's. However, my wife is very good at giving me a good kick up the backside to get me to the Doctor to do my annual service visit, my dentist appointment or my skin check.

So, when it comes to keeping safe it is everyone's responsibility. It is up to all of us whether we are in the workplace, belong to a community group, or within our family setting to be vigilant about keeping safe.

Tips to keeping safe:

- Constantly remind ourselves about work protocols;
- As employers, have realistic expectations of our employees;
- Look out for work colleagues, be aware and respond to behaviour changes. Talk to them about it!
- Try and maintain a balanced life, we can only do so much before fatigue becomes an issue;
- Outside busy times, take time out;
- Enjoy what we do.

As another year winds down let's keep safe by staying focused on the job at hand, so we all can get to enjoy the upcoming holiday break.

Merry Christmas and we wish everyone a safe and festive New Year.

Owen and the Team Wheatbelt Men's Health

Email: menshealth@4blokes.com.au

Phone: (08) 96 902 277

Bouncy Castle for Hire

Cost: \$165 for the day

Contact Peter Stoffberg on 0447 281 181 or the Lake Grace CRC on 9865 1470 for more information.



Lake Grace Weather



Date	Min	Max	Rain
22/11	7.7	25.5	
23/11	8.9	28.1	
24/11	10.4	32.3	
25/11	14.7	28.5	
26/11	14.5	29.1	
27/11	15.2	31.4	2.0
28/11	14.6	26.5	
29/11	11.1	23.1	
30/11	10.7	20.5	
1/12	6.6	25.3	
2/12	10.2	29.9	
3/12	13.4	32.7	
4/12	19.0	21.7	0.6
5/12	13.9	27.3	10.2

Return of Royal Visitors

Michelle Slarke

The many eucalyptus trees flowering around Lake Grace have brought back some 'royal' visitors. The Purple-crowned Lorikeet have been visiting our town regularly taking advantage of our gardens and loudly announcing their arrival each time.

The Purple-crowned Lorikeet is a small pretty parrot around 17 centimetres long. It has bright-green upperparts with pale blue below. The 'crown' is a patch of purple on top of the head, set off by a red patch in front of the eye, a yellow patch above the beak and a yellow-orange cheek patch. Red can also be seen under the wings, while the under-tail is yellow.

Through brightly coloured, the birds are still difficult to see in the tree canopies. You will often hear them first, as they make a screeching call, when flying swiftly overhead or foraging high in a gum tree. They are very vocal, making a high-pitched zit-zit or tsit sound continuously when they fly, as well as twittering while they eat.

The birds are omnivores with a diet of pollen, nectar, blossoms and fruits as well as insects. When the eucalypts are in flower, Purple-crowned Lorikeets can be seen clambering noisily amongst the foliage, feeding on nectar from the flowers. They often feed in the

company of other nectar-feeding birds, such as honeyeaters like the Wattle Bird.

Purple-crowned Lorikeets breed from August to December in tree hollows, laying between 2 and 6 white eggs. This nomadic bird occurs only in parts of southern Australia, including southern Western Australia, ranging widely through inland mallee when in bloom. The birds prefer dry eucalypt forests, woodlands and shrublands, however they can also be seen in parks and gardens of towns and suburbs. Last summer flocks were often noticed near the west end of Lake Grace townsite, in the coral gums and other eucalyptus of the sportsground and nearby streets.

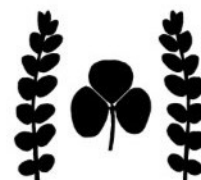


Ballard Cleaning

Pasture Seed and Canola Specialists

North Road Tincurrin

Ring Neil 9883 2005 or 0428 832 053



Canola cleaning and seed treatments at the best price

Gravity grading, the ONLY way to get the best quality seed for sowing

Bags, bulka bags or bulk

New bulka bags

1000 seed count and germ tests

Pasture seed, all species and varieties

Serradella de-hulling specialists

New destoner for removing sand and stones

Bookings by appointment

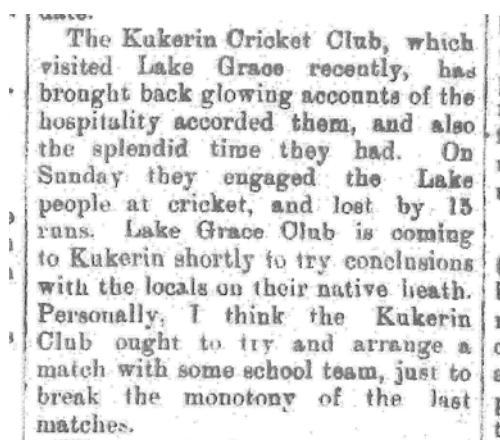
Lake Grace Cricket Club - 100 Years On

Andrew Walker

As the Lake Grace Cricket Club celebrates its Centenary this season, some snapshots of days gone by will feature over the summer. The first recorded match played by Lake Grace was on 24 February 1918, when they invited the newly re-formed Kukerin Club to a match which Lake Grace won by 15 runs. In the return match, Kukerin defeated Lake Grace by 70 runs at Kukerin.

TIMELINE OF EVENTS

1917 – 18 First recorded match played against Kukerin opposite Railway Station at Lake Grace



Above: Taken from a 1918 edition of the Wagin Argus newspaper.

1921 – 22 East of the Fence Association formed

1925 – 26 E. Rock scored first century in Lake Grace (111 v Railways – unofficial match)
Lake Grace Cricket Association formed
First Derby v North Lake Grace (15/11/1925)
First Premiership

1929 – 30 T. Langdon becomes first bowler to take 50 wickets in a season (51)

1930 – 31 H.E. Willock scores first century (102 v North Lake Grace.)

1933 - 34 H. Willock takes first Lake Grace hat trick (v Beenong.)
H. Willock claims 15/40 v Beenong.
H. Willock first bowler to take 9 wickets in an innings (9/18 v Burngup Pingaring)

1934 – 35 Unbroken 168 run opening partnership between P. Cook and H. Seddon v Burngup Pingaring

1936 – 37 118 run partnership for tenth wicket between E. Goodren and A. Watling v Lake

Biddy. Fall of wickets 5/35, 6/35, 7/36, 8/36, 9/40, 10/158

1946 – 47 Lake Grace dismissed for 7 v Newdegate

W. Holland takes 7/8 from 4.7 overs including 7 for 2 from 17 balls v North Lake Grace

1947 – 48 W. Holland first to take 4 wickets in 4 balls in match v Lake Biddy

1949 – 50 H. Cook first player to score a century in 1949/50. He also achieved the double in Country Week Cricket with a hat trick in 1938 and a century in 1947.

1955 – 56 H.E. Willock and J. McMahon Snr appointed as first Life Members in October 1955.

1958 – 59 Lake Grace lose their fourth Grand Final in five years to Newdegate.

1959 – 60 Lake Grace defeat North Lake Grace in Grand Final. Beginning of 8 premierships in 11 years.

1960 – 61 All rounder W. Walker scores three centuries and claims two hat tricks in record season

1962 – 63 Grand Final v Newdegate won by Lake Grace. 1120 runs scored in match.

1967 – 68 Lake Grace dismissed for 37 including 7 ducks in Grand Final v North Lake Grace. They recover to win the match by 2 runs.

1981 – 82 S. Reynolds returns Lake Grace's best individual bowling analysis – 9/13 v Newdegate.

1986 – 87 R. Walker scores a record 206 v Newdegate, the highest score by a Lake Grace batsman.

1988 – 89 First match on newly grassed surface of Lake Grace oval v Nyabing.

1990 – 91 C. Reynolds batting aggregate of 852, a record for the club.

1992 – 93 Celebrate 75 years of cricket in Lake Grace

2004 – 05 D.M Pelham claims 5/0 in six balls v Kukerin

2011 – 12 24 year premiership drought broken when Lake Grace defeat Kukerin in Grand Final

2015 – 16 M. Trevenen batting average of 92.28 (club record)

2017 – 18 Celebrate 100 years of cricket in Lake Grace

Jerramungup Lions Club Fishing Competition

Pauline Vallance

The Lions Club of Jerramungup is holding a fishing competition on 20th January in Bremer Bay to raise funds for their non-profit group.

Over the past 18 months, the Lions Club has provided funds for individuals and families affected by health issues and those that need financial assistance. It has been overwhelming and more funds are needed to be raised.

Although it is a small club, it supports people from Jerramungup, Ongerup, Bremer Bay and other towns. Prizes are available to win for young and old and for big and small fish. Starting at 7am and continuing until 4pm, the entry fee is \$5 and all are welcome. The entry fees can be paid at the Bremer Bay hall next to the CRC on the day. Come along and enjoy a BBQ, sausage sizzle and our famous donuts. This is a beach and river fishing competition and not boat fishing.

For more information please contact Pauline Vallance on 0428 483 632 or prado@westnet.com.au

HOLIDAY LIBRARY TIMES



OPEN



TUESDAYS and THURSDAYS

9:00 – 12:30 1:00 – 5:00

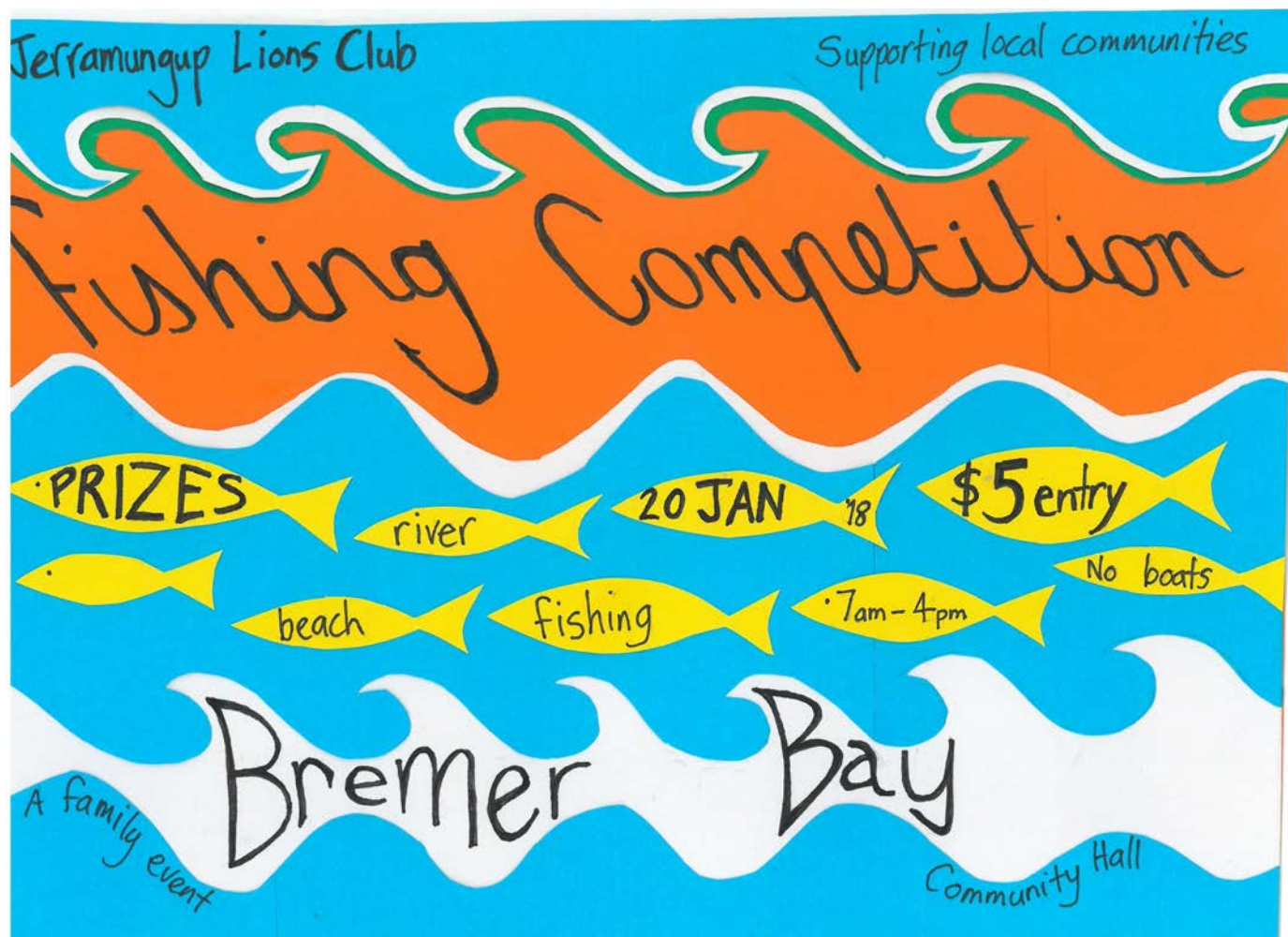
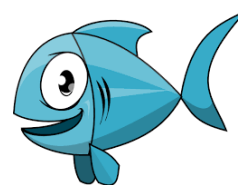
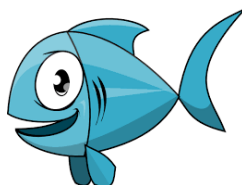
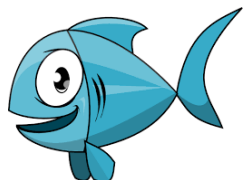
OPEN Tues 19 & Thur 21 Dec

CLOSED 22 Dec 2016 – 1 Jan 2017

OPEN January 2, 4, 9, 11, 16, 18, 23 & 25

Normal Hours Start

Monday 29 January 2018



Lake Grace CRC Annual Report 2016 / 2017

Suzanne Reeves & Paula Carruthers

This was the third year of the new funding model and all CRC's were faced with business as usual while having to prepare a tender for a slightly revamped model by mid-February of 2017. Training provided by Department of Regional Development prior to this and the relatively quiet period of January enabled Lake Grace to get their tender response in with a week to spare. It was pleasing that the tender, which came into effect on 1st October 2017, needed very few adjustments,

Lake Grace CRC had no trouble in meeting the requirements of their contract throughout the 2016/17 financial year and as per previous years went with the flow as new and unexpected opportunities arose which pushed planned ideas to the back burner. We juggled as we went and managed to meet all of our expectations.

Income was up from the previous year, partially due to the access of grant funding for furniture, IT equipment, staff training and stakeholder engagement. In line with customer needs income has fallen in some areas but increased in others; however, the CRC remains financially strong with a profit of \$27,896. Improvements to equipment and premises include a new colour photocopier, new carpet in work areas, new furniture in the main office, repairs to a storage cupboard and the addition of some extra power points.

The Lakes Link News faced the challenge of having to limit its pages to fit with weight restrictions and an increased cost in postage; this saw some of our subscribers unable to continue their relationship with us. Aside from this, the bottom line wasn't greatly affected and the Lakes Link News continues to be an important conduit of information for our community. The paper generated over \$26,000 in income through sales, subscriptions and advertising through the financial year. This income stream allows us to support our community by providing discounted rates of advertising for our non-profit groups. The printer has given us a few hiccups and in line with our asset management plan will be replaced in January. Volunteers continue to be involved as proof-readers and we are well supported by the local community providing information and articles to heighten the interest of the community newspaper.

The demise in 2015 of our regional newspaper, the Wagin Argus, has reinforced the importance of the Lakes Link News and the role that the Community Resource Centre plays in drawing together a balanced collection of news, information and entertainment that will appeal to their audience while also informing them. Content includes local editorial, relevant media releases, information from our police, hospital and school, funding opportunities and advertising. The Lakes Link News is relevant to all ages, all occupations and all genders, for some this is the only print media that they access. Our readers rely on the paper as their connection to the community, for one reader it was a lifesaver.

"My husband read an article on prostate cancer within the Links and upon going through the list of symptoms realised he had all but one. He promptly visited his GP and four days later was having surgery. If he hadn't extracted that nugget of information from the Lakes Link when he did there would in all likelihood have been a different outcome." Community Resource Centres are about connectivity, for Lake Grace the Lakes Link plays a major role in drawing our community together.

The Lake Grace CRC is staffed by Manager Suzanne Reeves, Book Keeper Rosie Timperley and trainee Chloe Robertson. All staff bring a range of assets to the workplace and are unfailing in their enthusiasm and commitment toward providing quality service whilst addressing the needs of the community. The CRC currently has nine committee members; Paula Carruthers (Chair), Danielle Robertson (VC), Tara Spencer (Sec.), Kelly Hawtin (Treas.), Ollie Farrelly, Mary Naisbitt, Allan Marshall, David Fyfe and Joely Slinn. We also have a Structured Workplace Learning student from Lake Grace District High School. This student was with us for 11 weeks and contributed to our community newspaper as well as handling day-to-day activities

Our Governance and Support grant was finalised with workshops in budgeting, roles of the committee and constitutions. Some funds were diverted from social media workshops to drug education. A full suite of JDF's for committee roles, sample policies and procedures as well as useful links has been included on the Lake Grace CRC website.

A representative from the 'Wheelchairs for Kids' Foundation came to Lake Grace in November to collect blankets that were created by CWA members, keen knitters and crocheters from within the community as well as the CRC Friday morning craft group. The CRC was able to hand over 20 blankets in yarn and fabric which were made by their group. This group started up again in April and have a good production line of blankets with some of those attending coming for the social opportunity while working on their own projects.

Other workshops, information sessions and community services the CRC has facilitated or been involved in have been:

- Women's Health evening while the 'Pink Van' was in Lake Grace
- Aromatherapy workshop
- Digiday workshop when the Department of Human Services van was in Lake Grace
- Ngala workshop for young mothers via video conferencing
- Litterpicks
- Albany Legal Service
- Volunteer Breakfast
- Quiz Night in partnership with the Lake Grace Sportsman's Club
- MC and HR training and assessment
- Forklift assessment

Lake Grace CRC Annual Report 2016 / 2017 (cont.)

- MYOB
- Late Night Shopping
- Small group and one-on-one training for Social Media, Word, Excel and downloading of photos from devices. This style of workshop is ideal because most clients are at different stages of knowledge and have quite different needs.
- Healthy Soils with Beyond Gardens
- ANZAC Day Service
- Suicide Awareness/Prevention with Wheatbelt Men's Health

Discussions have been held with both WAPHA and Holyoake regarding more training for our community on mental health and suicide awareness and prevention. As we move forward we are looking at accessing funding to provide introductory and first responder training.

Lake Grace CRC continues to fulfil the role of Secretary / Treasurer for the Shire of Lake Grace Roadwise group as well as for the Lake Grace Land Conservation District Committee. The Jam Patch project, an initiative run under the umbrella of the LCDC has finished but the group will continue to value add to the site. Meanwhile Roadwise and its many volunteers continue to operate the Driver Reviver van over pertinent public holidays while looking at other localised issues such as parking, pedestrian safety and speeding

within the town site.

The CRC hosted a Drug Awareness workshop in conjunction with Holyoake that was attended by over 70 people. From this, we have begun a Local Drug Action Group (LDAG), which is targeting awareness and support for the community via drug education and the promotion of what support facilities are available. This has been well received and we have a good range of members involved; Holyoake and the Mental Health Commission have been very supportive. As a group we are working toward providing a range of educational workshops for sporting groups, farming bodies and emergency services.

The Community Resource Centre endeavours to remain a pivotal part of Lake Grace and as we embrace new ideas and initiatives we will further cement our position within the community. The funding we receive continues to give the CRC opportunities to assist the community with tasks that are not always income generating but provide a real service to those who most need it.

CCL Hardware

8 Stubbs Street

Lake Grace WA 6353



GO WHERE THE TRADIES GO

The proper hardware store

Opening Hours

Saturday 23rd - 8.30am to 2pm

24th - 26th Closed

Regular opening hours as of Wednesday 27th

That time of year again for plants, gardening, Christmas lights and out door living

Come see us to help get your yard ready for Santa.

We have new pots, plants and seedlings in store.

Our Christmas light are running out fast!





Specialising in all low voltage electrical jobs for cars, trucks, boats and all agricultural machinery in Lake Grace and surrounding areas. A list of just some of the jobs we can provide:

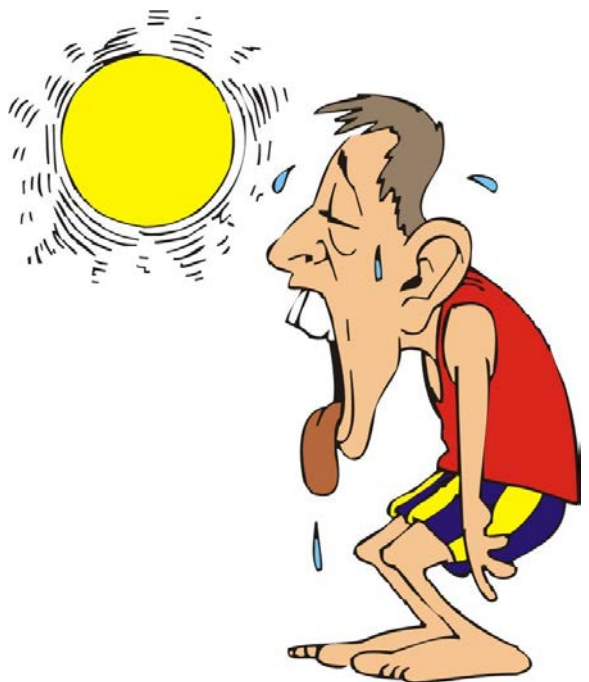
- Fit GPS auto steer systems, specialising in Trimble and Top Con brands. Swap auto steer systems between machines.
- Swap monitors from machinery
- Repair/Service boomspray electrics
- Install/Service A/C systems
- Test alternators and batteries
- Fit dual battery/solar systems to cars, caravans and camper trailers
- Fit/Supply trailer brake systems
- Supply/Fit camera kits eg. Reverse, Truck trailer or chaser bin auger
- Supply/Fit spotlights or worklights for cars, tractors, headers etc.
- Manufacture wiring harnesses
- Install 4x4 accessories eg. LED lights, power sockets, winches

We are now in Summer and the warmer weather is fast approaching! Now is the time to check the A/C in all of your vehicles. If you suspect it may not be working correctly please contact me. I can test/service all automotive A/C systems using quality replacement parts.

For any questions or queries please ring Aaron Carruthers on 0429 905 452

RTA NO: AU42693

LIC NO: L121418



Harvest Photos

Rosie Timperley

On a general scale, this season's harvest has been relatively trouble-free with the weather gods being kind and the farmers having a good run getting the crop off. Below shows some scenes of harvest in all it's glory. Thankyou to the photographers who sent them in.



Left: Damian Trevenen captures a stunning sight at Gray's farm High Valley, Tarin Rock.

Right and far right: Jason Taplin driving for Ed Naisbitt. Jason's dog Kojack taking centre stage.



Below: Dylan Robertson ready for a day of harvest at Tom O'Neill's.



Below: The sunset shining through the header and silo, photographed by Joely Slinn.



Harvest Photos (cont.)



Left: Misha Clarke captures a trio of headers on Kelvin Holmes' farm.

Below: Rick & Ged de Vree fill up the box with canola.



Below: Joely Slinn won't let an ankle injury stop her from driving the chaser bin.



Above: Misha Clarke captures a sunset harvest.

Right: Dylan Robertson finds a little quail inspecting the harvest.



Renewed Warning After Property Sale Scam

Media Release

Another loss from a cyber-attack that intercepted a property sale transaction has triggered Consumer Protection to issue a renewed warning to buyers, sellers, tenants and agents in WA to be extra vigilant.

In the latest case, the buyer of a Karrinyup property lost \$20,000 after cyber criminals sent an email purporting to be from his real estate agent requesting the deposit be paid into a bank account that was controlled by the scammers.

This latest alert follows a warning issued in September 2017 after three cyber-attacks resulted in almost \$590,000 being stolen in property-related scams. In one case, an 83 year old property buyer in Perth's western suburbs lost \$557,000 after the fraudsters intercepted email communications between her son, who was acting on her behalf, and their settlement agent.

Commissioner for Consumer Protection David Hillyard fears more money will be lost unless everyone involved in property transactions double checks information before sending money.

"Email accounts are frequently being hacked by scammers and messages are being sent that can look almost identical to the email address of a real estate or settlement agent," Mr Hillyard said.

"So we recommend that, before sending money, buyers or tenants should check the bank account details by calling the agency to verify they are correct. Do not use contact details contained in emails that ask for money to be deposited into a particular account as the calls could be diverted to the scammers.

"Agents should also inform their clients, including potential buyers or tenants, to phone them if they get an email requesting money be sent to a particular account in order to verify its authenticity.

"As the amount of money being transferred in property transactions can be substantial, the risks are also substantial, so a few minutes checking the validity of emails and bank account details, or reverting to arranging to make the payment through a bank cheque or arranging for the bank to make the payment, is a quick and simple way to ensuring the funds are going to the intended recipient rather than reward cyber criminals for their illegal activities."

Cyber-attacks and scam losses should be reported to WA ScamNet at Consumer Protection by email wascamnet@dmirs.wa.gov.au or by calling 1300 30 40 54.



St John Ambulance Benefit Fund memberships have recently been posted out omitting online banking details.

Please find below banking details.

St John Ambulance
306019
4188625

'Please' use your membership number and name in the reference.

Alternatively cash/cheques will be accepted at the Lake Grace Post Office.

Thank you
 and we apologise for any inconvenience.

OBORNE CONCRETE



Chemical Sheds * Boomspray Pads
 House Pads * Silo Pads * Driveways
 Super Sheds * Workshops

Tip truck and bobcat also available
 for any type of site works.

Small and Large Loads
 Grant Osborne - Lake Grace

Mobile: 0427 651 367
oborne.concrete@gmail.com
 facebook = Osborne Concrete



LAKE GRACE HOSPITAL



providing 24 hour Emergency Health Care Services

Telephone: **9890 2222** Fax: **9890 2202**

HACC & MPS Activity Programs



SwimAbility

Monday 11th December

Last trip for 2017

No trips in January or February

Call the hospital if you would like to join this hydrotherapy program



Foot Clinic

Tuesday 12th December

9.00am—12 noon

Lakes Village Hall

NB: please supply your own manicure set



HACC Christmas Party

Friday 15th December

Lakes Village Hall

Time: 10am—1.30pm

RSVP by 12th December for catering - 9890 2222

Bus Outing

Friday 8th December

Call the hospital to book



Chair Aerobics

Every Tuesday @ 10.30am

At the Lakes Village Hall

Suitable for people with limited mobility who want to keep active!

Wednesday Morning Tea & Activity

Hospital Activity Room every Wednesday

Time: 10am—11.30am

For morning tea and an activity with residents

Child Health Clinic

For all child health or immunisation enquiries please call Di Poultney at the Lake Grace Clinic on

ph: 9890 2246

Physiotherapist—every 2 weeks

Occupational therapists, speech therapists and dietitians are also available for local appointments on a needs basis.

Call Primary Health in Narrogin to make appointments
ph: 9881 0385.

Summer is here!



Everyone needs to take extra care in the heat:

1. **Practise Sun Safety**—use sunscreen, sun-protective clothing (a hat, long sleeved shirts) and sunglasses
2. **Prevent Dehydration**—drink water throughout the day especially when exercising or out in the heat; keep hydrated in airconditioned vehicles too!
3. **Practise Food Safety**—bacteria grow quicker in the warmer weather so it is even more important to keep foods refrigerated or in an esky; always wash hands thoroughly before preparing or serving food
4. **Protect Against Insects**—wear long, loose clothing and use insect repellent to keep the mosquitoes away

And for those who are also busy with harvest:

5. **Fatigue Management**—during this busy time of year make sure you get a good night's sleep and eat a healthy diet
6. **Prevent Injury**—please keep safe around the workplace!



Independent Living Centre (ilc.com.au) have experienced health professionals to help people choose and access equipment, technology and services for people with disability, older people, and their carers.



PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599

Email: shire@lakegrace.wa.gov.au



CEO's Corner

Flooding Event – February 2017

Over the past week the majority of contractors have had their final briefing and safety induction. Priority works have been identified through small community groups within most of the sectors. The initial works will be looking at significant routes for grain carting and school bus routes. Works will continue until the Christmas break being last day of work Friday 22 December and first day back Monday 8 January.

As this work is being carried out the Shire would like to remind road users to be courteous and slow down within the area crews are working. This will allow them to do their job in a safe manner and complete it sooner.

For current road closures please refer to the Shire's website www.lakegrace.wa.gov.au or Facebook page for a list of roads that are closed within the Shire.

80km Road Restrictions

With harvest in full swing we would like to remind all road users to exercise extreme caution on our road network. Many useable roads are still subject to damage including shoulder scouring, soft edges with single lane use only.

All vehicles greater than 4.5 tonnes are restricted to a maximum speed of 80 km/hr on all gravel roads within the Shire from 1 November to 31 December 2017 inclusive.

Road Works

During the past fortnight the construction crew have been on White Dam Road carrying out the final works with extension of culverts and the installation of headwalls. They have put in place the final gravel required to sheet the section of road being upgraded. The crew has now finished installing signs and guide post and general cleanups throughout the construction area.

The construction crew will be starting the drainage works on Magenta Road ready for next year's construction works to seal a further 3km from the existing seal which is expected to start mid to late January.

The Lake Grace Maintenance Grader operator has been working with the Construction team over the past weeks and has now returned to maintenance grading as required. The operator has carried out several customer requests, doing signage and the like. In the short time he has completed Holmes and Wallace Roads, and then will be moving to areas not affected by the February 2017 flood event.

The Lake King grading contractor has carried out works

on Pickernell Road, Kathleen Road, Broombush Flat Road between straight line kilometres (SLK) 0-10, Paulsen Road, Days Road, Ace Road, Finlay Road between SLK 0-6. They will be looking at doing the following roads in the future; far end of Biddy Camm Road from Brookton Highway to Fence Road, Hogan Road and Ladyman Road.

The Newdegate grading contractor, over the past fortnight has worked on Ardler Road with these roads being looked at in the coming weeks; north end of Old Ravensthorpe Road, Aylmore Road, Tuck Road, Breed Road with various backslopes and spurs.

Parks and Gardens

The town maintenance crew has carried out mowing of lawns, whipper snipping and weeding of the public and open space areas within the Lake Grace townsite. The crew has been to the cemetery, Apex Park and entry statements to carry out general garden maintenance. Maintenance at the town oval and medical centre has been carried out. The team has travelled out to Lake King and carried out mowing, weeding and spraying of public spaces, the Lake King Sports Pavilion and general maintenance at the Lake King cemetery.

They have also been helping out in Newdegate doing various jobs that have come in from customer requests.

Building and Maintenance Team

This fortnight, works continue on the Lake Grace Sports Pavilion:

- Kitchen cupboards have been installed;
- Roller door for servery is in;
- Range hood has been ducted through the roof and powered up; and,
- Screeds have been completed in the shower areas and floor tiling has commenced.

The Building Maintenance Team has carried out maintenance at:

- Lake King Public Toilets;
- Newdegate Sports Pavilion;
- Shire Administration Building;
- 10b Gumtree Drive, Lake Grace; and,
- 65a Bennett Street, Lake Grace.

Continued over ..

Shire of Lake Grace Community News *Cont.*CEO Corner *Cont.***Ordinary Council Meeting – Wednesday 22 November 2017**

Items of business considered by Council at the meeting included:

- authorised the Chief Executive Officer to use Western Australia Local Government Association's Preferred Supplier panel for the Request for Quotation 2017/02 for the supply of Bitumen and Sprayed Bituminous Surfacing;
- authorised the Chief Executive Officer to seek quotations for the supply of Aggregate and delivery of Aggregate for the 2017/18 Road Sealing Program;
- approval for development application to proposed new single house on Lot 101 (No.16) Wattle Drive, Lake Grace subject to conditions and advice notes;
- approval for the Shire to be the proponent for a grant application to Tourism WA's 2017/18 Regional Events Scheme and allocate \$15,000 towards hosting the event if grant application successful;
- that the present responsibilities of staffing under the November 2016 Agreement for the Lake Grace Library Resource and Community Resource Centre Management Committee remains;
- authorised the purchase of 1 Mocom Classic 17 Litre Dental Autoclave for the use by Dr Bryan Fleming our local dentist;
- appointed community nominations to Committees and External Organisations and adopted the Council Committees and Advisory Group 2017 Guide;
- appointed the Community Emergency Services Manager as a Bushfire Control Officer;
- nominated Cr Marshall for a position on the Wheatbelt Development Commission Board;
- appointed authorised persons to exercise power under the Local Government Act 1995, associated legislation and other Acts, on behalf of the Shire;
- authorised the Chief Executive Officer to negotiate with the Shire of Kondinin to undertake preparation work on Magenta Road; and,
- awarded the contract to Nature Play Solutions to construct the Newdegate Skate Park and All Ages Playground.

The minutes of the November 2017 Ordinary Council Meeting are available on the Shire's website at www.lakegrace.wa.gov.au.

Denise Gobbart
Chief Executive Officer



Invitation

The Shire of Lake Grace invites you to the official opening of the

Lake Grace Independent Living Units

Members of the Community

Date: Thursday 14 December 2017
Location: Cnr Lawson and Bennett Street, Lake Grace, WA
Time: 11.00 am - Morning tea to follow
RSVP By: Monday 11 December 2017
 Tash or Sharon at the Shire office.
 Phone: 9890 2500 or Email: shire@lakegrace.wa.gov.au



Supported by Royalties for Regions



The units are part of the 4WDL Regional Well Aged Housing Project between the Shires of Wagin, West Arthur, Woodanilling, Williams, West Arthur, Dumbleyung and Lake Grace and made possible with funding from Royalties for Regions.

Shire of Lake Grace Community News *Cont.***Office Opening Hours**

Monday - Tuesday - Wednesday - Friday
8.30am - 4.30pm

Thursday 8.30am- 4.00pm
Staff can be contacted by phone between 8am - 5pm.

Transport & Licensing

All licensing payments are to be made in person at the Shire of Lake Grace Administration building.

Monday, Tuesday and Wednesday 8.30am - 4.15pm
Thursday and Friday 8.30am - 4.00pm

As an agency we process the majority of transactions, including; renewals, transfers, number plate orders, boat registration renewals and new license applications.

Please ensure you arrive at the counter with sufficient time for your transaction to be completed by closing time, this is because it is necessary for staff to reconcile Department of Transport transactions each day. Please keep in mind that farm equipment and Learners Permit transactions can take up to 45 minutes or more.

Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 5 January 2018

Friday - February 2018 to be confirmed

Bookings are essential for all Practical Driver's Licence Assessments and we advise that there is a waiting list, so booking in advance is highly recommended.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information visit www.transport.wa.gov.au.

Firearm Licence

All firearm licensing including the payment of licence renewals is now done at the Lake Grace Post Office.

Building Surveyor

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

Tuesday 12 December 2017

Tuesday 2 January 2018

For an appointment contact Josiah on 0438 811 944.

Environmental Health Officer

For an appointment with the Shire's Environmental Health Officer, Will Pearce, please contact the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

Tip Opening Hours**Lake Grace**

Monday & Wednesday 9am - 2pm
Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm
Saturday 9am - 1pm

Lake King & Varley

Open Every Day

Waste & Recycling Pick up Dates

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
11 December	18 December
25 December	1 January 2018

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.

Library Hours

Lake Grace Public Library School Place Absolon St
Monday - Thursday 9am - 5pm

Closed for lunch 12.30 - 1pm

School Holidays

Tuesday & Thursday 9am - 5pm Lunch 12.30 - 1pm

Newdegate Public Library Collier St

Monday - Thursday 8.30am - 4.30pm

Closed for lunch 12noon - 1pm

Friday 9am - 2pm

Lake King Library Newdegate/Ravensthorpe Rd

Tuesday and Thursday 8.30am - 3.30pm

Everyone welcome



Check out our Facebook page

www.facebook.com/ShireofLakeGrace



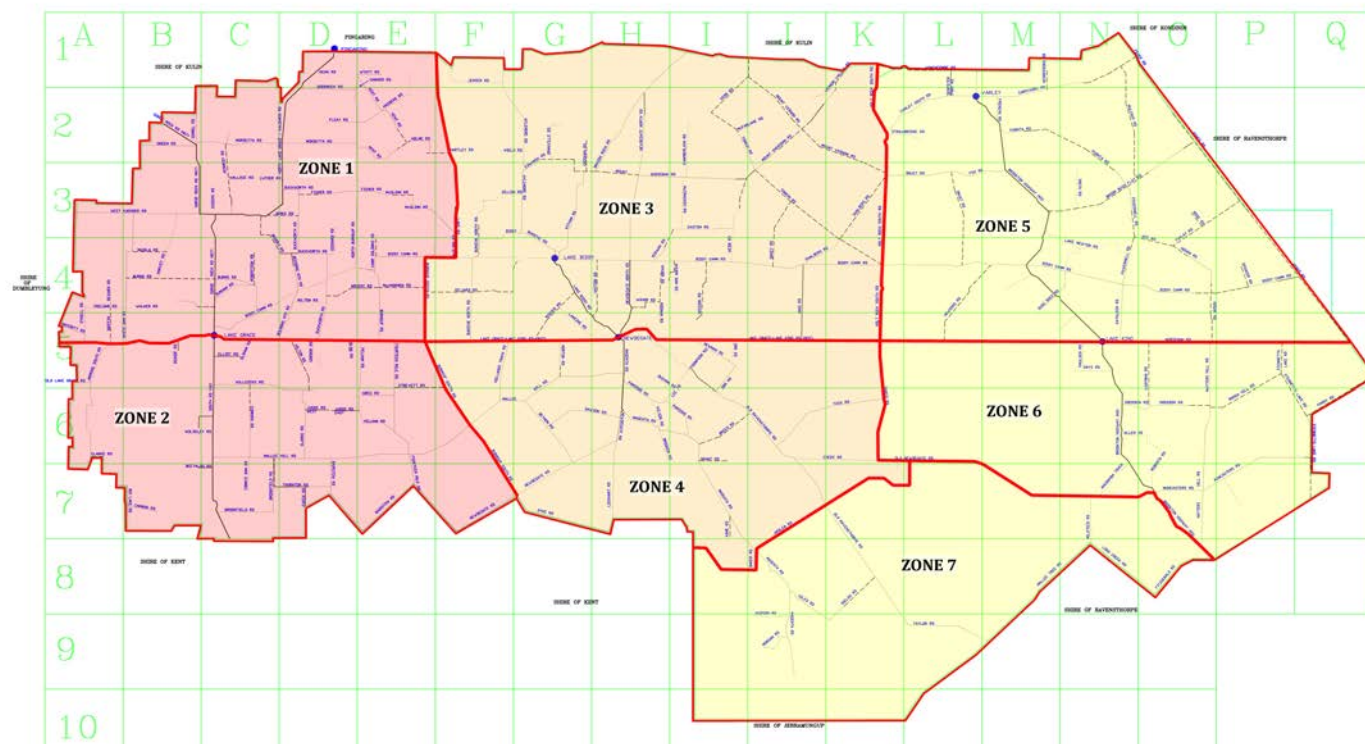
Check out our website

www.lakegrace.wa.gov.au

Bushfire Season

Shire of Lake Grace Fire Zone Maps

SHIRE OF LAKE GRACE FIRE ZONES



Zone Maps are available to view on the Shire website www.lakegrace.wa.gov.au follow the quick link 'Bushfire & Harvest ban Info'. Please ensure you know in which zone your property is located.

Caltrop in Townsites

Following the recent rainfall the townsites have experienced an outbreak of caltrop.

What You Can Do

You can assist by spraying and/or removing any caltrop on your property or verge, please do not put into your rubbish bin as this will contaminate our waste facility and the neighbouring farm lands.

Disposing of Caltrop Plants

To dispose of any removed caltrop plants please:

- place them into a marked and sealed plastic bag and keep them until winter when they can be safely burnt or
- take them to the Shire Depot, at Absolon Street Lake Grace, where there is a specially marked caltrop wheelie bin facility located just outside the main depot gate.

Power Outages

Customers affected by power outages lasting 12 continuous hours or more, may be eligible for an \$80 service standard payment.

To find out if you are eligible go to: <https://westernpower.com.au/power-outages/make-a-claim/>

Harvest Bans Zones

All fire zones in the Shire of Lake Grace will be on Channel 11 in an event of a fire.

- When a fire occurs on a property in a zone a *Harvest and Vehicle Movement Ban* will be imposed for the whole zone until the fire is deemed safe, and the *Harvest and Vehicle Movement Ban* is lifted.
- When a fire occurs on a property neighbouring a zone boundary both zones will have a *Harvest and Vehicle Movement Ban* imposed until the fire is deemed safe, and the *Harvest and Vehicle Movement Ban* is lifted.

Ordinary Council Meeting

The next Ordinary Council Meeting will be held:

1:00 pm Tuesday 19 December 2017

at Council Chambers, 1 Bishop St Lake Grace

Members of the public welcome

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.

Spike In Domestic Violence During Festive Season

Media Release

The State Government is urging people to seek assistance ahead of the upcoming Christmas and New Year period which is tragically characterised by a rise in family violence incidents.

Western Australia Police Force figures show a sharp rise in reported family violence incidents during the 2016-17 Christmas holiday period, when compared to the daily average. The figures show:

Last financial year, there were 65,134 family violence related tasks logged for police attendance. Each day, there was an average of 178 family violence related tasks. During the Christmas-New Year period, the daily average number of tasks increased by 26.8 per cent to 226;

Last financial year, there were 51,445 reported family violence incidents investigated by police. Each day, there was an average of 141 reported family violence related incidents. During the Christmas-New Year period, the daily average increased by 24.2 per cent to 175;

Last financial year, there were 22,604 police orders issued to protect victims. Each day, there was an average of 61 police orders issued. During the Christmas-New Year period, the daily average number issued increased by 35.6 per cent to 84;

Last financial year, there were almost 24,000 incidents recorded in which children were exposed to family violence. Each day, there was an average of 66 family violence incidents in which children were present. During the Christmas-New Year period, the daily average number of incidents increased by 22.7 per cent to 81.

The statistics have been released as part of the 16 Days in WA to Stop Violence Against Women campaign which aims to raise awareness about the issue. The campaign is the McGowan Government's contribution to the United Nations' annual '16 Days of Activism against Gender-Based Violence' campaign. It marks the 16 days between the International Day for the Elimination of Violence Against Women (also White Ribbon Day) on November 25 and Human Rights Day on December 10.

Comments attributed to Prevention of Family and Domestic Violence Minister Simone McGurk:

"It's tragic to learn the extent of family and domestic violence in our State. While we know reporting of incidents of family and domestic violence has increased in almost every jurisdiction in Australia - we also know that under 20 per cent of women who experience violence from an intimate partner don't report it to police.

"We hope by raising awareness of this issue through the 16 Days in WA campaign that we'll see police reporting numbers go up. We need to redouble our efforts to provide good services to make sure people come forward.

"We need to change the conversation in our homes, communities and workplaces to end violence against women - 16 Days in WA to Stop Violence Against Women gives us the opportunity to do just that. Everyone has the right to live free from this violence."

Comments attributed to Police Minister Michelle Roberts:

"Christmas should be a time of love and not fear. It's a sad fact that police respond to a significant increase in the number of family and domestic violence incidents at this time of year. I urge people to be sensible with their alcohol intake and be mindful of those things that make Christmas - peace, goodwill and giving joy to those we love. The McGowan Government is committed to reducing the scourge of domestic violence, keeping victims safe and holding violent perpetrators accountable."

Prevention of Family and Domestic Violence Minister's office - 6552 6600

Police Minister's office - 6552 6900



My name is Lindsay Tuckwell and I am a Kondinin Grain Grower. I intend to nominate for the CBH Board position in District 3. I look forward to talking to many growers in the coming months and welcome your call/email to discuss any issues you may like to bring to my notice. I am a strong advocate for CBH to remain a Cooperative. Nominations close on January 2, 2018 and voting papers will be sent out to all growers on 12 January. The poll will close 10am February 19 and then at the conclusion of counting the successful candidate will be announced. I urge every eligible grower to take part in the election as it is important you choose the representative you believe will do the best job.

Regards Lindsay
0427472759
ldtuckwell@westnet.com.au

Humour



Q: What do you call an elf who sings?

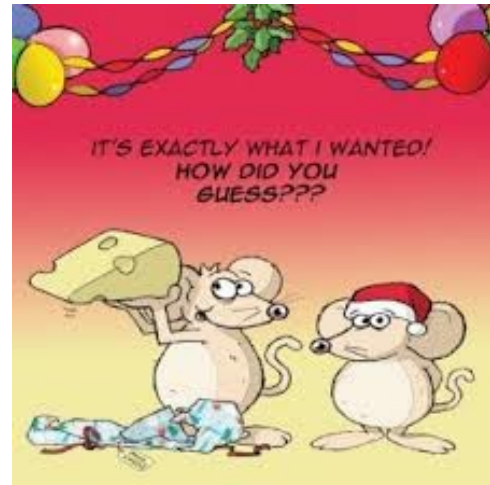
A: A wrapper

Q: What do you get if you cross a duck and Santa?

A: Christmas Quacker.

Q: What cars do elves drive?

A: A toy yota.



lake grace engineering

***Hydraulic Hose Crimping & Fittings**

***Qualified Machinist for Lathe & Mill work including Hydraulic Cylinder repairs**

*General Steel Repairs & Fabrication

*Stainless Steel Fabrication

*Insurance Work

*Aluminium Fabrication including boat repairs, boat trailers, canopies & toolboxes

*Sandblasting & Spray Painting

*Transport Equipment Fabrication & Repairs

*New Agricultural Machinery (Seed/Super Bins, Chaser Bins, Augers & Comb Trailers etc)

Ph: (08) 98 651 845 / Fax: (08) 98 651 846

Email: adminlge@bigpond.com

IRONSTONE FABRICATIONS



*Ben, Annie and Family
wish all our clients a
Fabulous Christmas
and a Happy New Year.
Keep safe over the holidays.*

SAND'N'SALT



FASHION FOR THE SALT OF THE EARTH

Shop 5, Lakeway Shopping Centre,
22/23 Stubbs Street, LAKE GRACE

Telephone 9865 1465

FASHION FOR THE SALT OF THE EARTH

Beautiful Xmas decorations are in store
Gift ware and new clothing has just landed
Jewellery for that special person and
beautiful handbags

For the fellows on the harvester or truck
that can't get in please give us a ring on
9865 1465 and we can help you with your
Xmas shopping, gift wrap and have it ready
for you to pick up.



Puzzles & Stuff

Some words from the 23rd November edition of Boggle

Answers to 23/11/2017 Sudoku

Dungarees
Grenades
Underage
Undersea
Angered
Dangers
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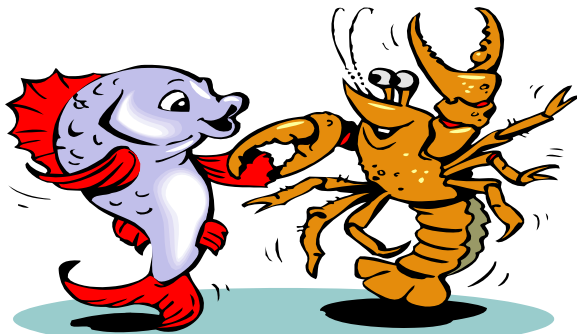
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Lake Grace Sportsman's Club Christmas Orders

If you require any bulk orders or have specific requests for the Christmas period we are happy to order on your behalf up until the 18th of December.

Do note we are happy to extend any requests to members throughout the year.

Kids/Family Christmas Club Party

9th December

At the Lake Grace Sportsman's Club

- * *Bouncy castle (4:30 - 6:30)*
- * *Games*
- * *Music and disco*
- * *Light snacks provided*
- * *Santa Claus*



Steak teas and meals available as normal

Everyone welcome

Lake Grace Sportsman's Club

Management and Committee would like to wish you all a Merry Christmas.



Have You Been Good?? (cont.)

campaign for children, parents and grandparents using the crosswalk at the school. Pedestrian movement between the buses has been an issue for many years and rather than wait for this to turn into a disaster we have elected to work on some positive public awareness and promotion. We hope to do similar kind of posters for mobile phone use and stop signs.

The Driver Reviver van will be out for Christmas, opening on Thursday 21st, Friday 22nd and Saturday 23rd; if you can spare a couple of hours we would love to hear from you.

Discussion was held about the nefarious crossroads down by the Roadhouse; it is very limiting as to what Main Roads can do when you add the railway line into the mix. Main Roads has not had any accidents reported there in the last five years; Roadwise members believe this is more to do with good luck than good management. Roadwise is consistently hearing about near misses and we would like anyone who has had a near miss to email lakegracecrc@westnet.com.au and tell us about it; we want to know type of vehicles involved and what direction the vehicles were travelling. We don't want hearsay, we want your story.

Other incidents to come up were motorists parking the wrong way and also parking on footpaths; please keep

in mind that if you block the footpath you are forcing parents with prams, children on bikes and gopher drivers out onto the street. There has also been a request for a gopher workshop, if you would be interested in this please let the CRC know. An interesting idea is an opportunity for a driving lesson (for free) if you're 70+; this isn't so much about teaching but more about confidence building and getting some advice from a licensed instructor on whether you're travelling well.

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Lake Grace Medical Centre

Dr Olay, Dr Abi and everyone at the Lake Grace Medical Centre would like to wish the Lake Grace and surrounds a Merry Christmas and a Happy New Year.

Christmas Holidays Closing Dates

Closing Friday 22nd December

Reopening Wednesday 3rd January 2018



Relief school bus drivers urgently required for 2018

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- F endorsement on car licence for light rigid
 - Working With Children check
 - First Aid certificate

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Bombers**



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Carruthers and Bairstow families

Which will help fund new uniforms for 2018

To Greg, Paula and Justin, and Karen, Noel, Luke and Jemma—our rural communities are stronger thanks to the support of families like yours.

2018 Dates Red Card Community Fox Shoots

Media Release

Red Card for Rabbits and Foxes is a popular community program conducted throughout the South West of WA, from north of Geraldton to Esperance. It is a community driven feral animal management program. It operates through a co-ordinated approach with a view to maximising effort during set punctuated timeframes, where feral animals are targeted simultaneously across the State with shooting and baiting.

The dates for the SSAA WA Autumn Community Fox Shoots are:

19 – 21 January 2018
16 – 18 February 2018
16 – 18 March 2018
13 – 15 April 2018

Five dollars for every fox and feral cat culled will be donated by the SSAA WA to The Regional Men's Health Initiative, up to \$20,000 annually. Next year we are gauging people's interest by holding two extra shoots - one in January and one in April. If there is a good response, we hope to continue with these dates forwarded into subsequent years.

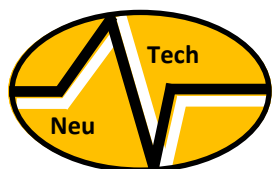
The Hotbaiting period, which specifically targets

rabbits and foxes, has been set for the period, 1 February to 30 April 2018. Landholders are starting to report an increase in rabbit numbers, so this autumn will be a crucial time in their control to capitalise on the boost from the March 2017 calici virus release.

Now is the time to start organising your baiting accreditation and permits so that you are ready to go in Autumn. To get your 1080 accreditation, go to <http://dafwa.moodle.com.au> and follow their instructions, either as a new user, or log on using previous credentials. Once you have completed your accreditation, you need to fill in a permit application form, which is available at www.agric.wa.gov.au

Once you have your permit, you need to notify your neighbours that you are going to be using 1080. Templates for these letters can be found in the 1080 manual www.agric.wa.gov.au/ published by Department of Primary Industries and Regional Development.

To register your event for Red Card for Rabbits and Foxes and for information on how to run a fox shoot, please go to the Red Card website, www.redcard.org.au or call Jacquie on 9670 3113.



POSITION AVAILABLE - AUTO ELECTRICAL FITTER

A position will become available from January 2018 for an Automotive Electrical Fitter at Neutech Auto Electrics in Lake Grace.

The trade apprenticeship is now back to a 48mth term, and applicants must be at least 17 years of age and hold a current C class drivers licence (car). Persons undertaking or having completed a pre apprenticeship or part way through an apprenticeship would also be considered. We are looking for a self motivated , reliable , trustworthy and intelligent person who is able to complete tasks in an efficient manner with a quality finish.

Please send resumes via email to neutechlg@bigpond.com and direct all queries to Ross on 9865 1164

Growing Up In Lake Grace Part X

John Dyke

A former resident of Lake Grace, John Dyke was born in King Edward Memorial Hospital in Subiaco, on 24 April 1935, to Noel Frederick Dyke and May Dyke. Dad had gone ahead to Lake Grace as Secretary to the Road Board. They had come to West Australia from Wales, UK, in 1926, paid their own way, and were sent to the South West, south of Bridgetown, to one of the Group Settlements, No's 126 and 127. The whole thing was a complete con between the British and Australian Governments, promising the new settlers a house, good land to cultivate, and the promise that within a few short years, working hard, they would be wealthy enough to return to the UK and have a good holiday. John and his wife Cheryl currently live in Albany. The following is the tenth part in a series detailing some of John's earlier adventures.

1601 and North Rankin

In 1983, after leaving Rottnest Island in 78, I got employment with SHRM a French catering company who were contracted to Woodside offshore Petroleum laying the pipeline from Dampier, 135 km offshore in a north west direction to where the North Rankin Platform was to be built. We were on-board the 1601 Pipe Laying Barge, a huge ship several hundred feet long. Each pipe about a metre wide, when welded would be slid over the rear of the barge down into the water. We had been welding four or five pipes a day, two of which would be rejected by the X ray machine and have to be re-welded by these so-called expert welders. We had only been operating for a few weeks when they all went on strike, wanting more pay. Woodside were in a bind as they had a deadline to meet, so they decided to put every man on a bonus for each pipe that went into the water and stayed there. Supervisor, \$22 per pipe, Welder \$18 and the lowest paid worker \$11 per pipe; at one stage we hit 40 pipes a day and this is on top of a very large salary as well, with the lowest paid on \$55,000 a year, and divers about \$95,000; remember this was 1983.

We were working two weeks on and two off but we still got paid whilst we were at home, without the bonus, what you might call a good job. After we had completed laying the pipes the next section of the job was to bury them in a deep trench all the way back to Dampier, this was to ensure that no ship's anchor would be caught on a pipe and destroy the delivery of gas from the platform to the Burrup Peninsular. At Burrup the gas was taken down to minus 60 degrees C and stored in massive tanks waiting to go on to a LNG tanker bound for Japan. Upon arrival in Japan it would be returned to room temperature. The process allows the gas to expand to triple its capacity, a very good system for both Woodside and Japan, cost wise. We were burying the pipes at about 60 or 80 a day, so once again those lucky enough to be on board were still getting the bonus for each pipe buried. There was still plenty of gas pumped south to Perth for domestic use. Then Woodside built Goodwin, another gas platform about 20 or 30 km west of Rankin, that gas came through Rankin into the Rankin Dampier pipeline.

On board we had a very large gym, very well fitted out. I was having a workout one day when this big guy about 6 feet two inches, bull neck and heavy shoulders comes into the gym and starts working out. He had a bit of a gut on him but it looked solid, he wasn't lifting very heavy stuff, about 200 pounds bench press but was going from one exercise to another with no rest time between. After an hour or so, he goes to the large punching bag, puts the gloves on and starts hitting with lefts and rights that would have taken your head off let alone a broken jaw. Another chap comes up to me and says, John do you know who that guy is and I reply no. He said that's Bob Dunlop the ex- Heavyweight Champion of Australia in 1969, Commonwealth games Heavyweight Champion in 1968 and if that's not enough the Empire Games Heavyweight Champion in 1969. Bob won 39 fights and lost six. His weight went from 167 lbs at the beginning of his career to 196lbs and a lot heavier when I met him. I was impressed and over the next few months Bob and I became good friends.

Talking to Bob about his career I asked him if he had ever thought of turning professional. Bob said he had 8 pro fight's , won all of them, and made a bucket of money and then thought it was time to give the game away, before I meet someone better than me. The only time Bob had second thoughts about winning was when he fought this huge guy, 6 feet 6 inches weighing about 330 pounds, he beat him and that was his last fight. Bob retired and took a job with the seamen working on the tugs. His old man was on the tugs and you can only get a job on the tugs if your Dad or another family member gets you a job, Bob declared he was there until he retired. Bob had two boys in their teens who he wouldn't let get into boxing, a mugs game he thought. Bob said they were both bright boys and would be off to University in a few years. One of the crew on Bob's tug that Bob used to train by hanging a large punching bag on a rope across the rear of the tug. One particular day he hit the bag so hard the rope snapped and the bag went over the side. Bob was born in 1945 and died in 2000 at the age of 54, still only a young man. According to the experts Bob was probably the fittest boxer in the game.

At a later date on the Rankin Platform I met another big guy whilst having lunch, he ducks through the open doorway (a standard doorway is 6ft 8 inches) and he sits down opposite me. We get talking and he tells me he is 7 feet tall, weighs 340 pounds and from the USA. An ex Gridiron player he was here for a few weeks doing a special wireline job for his company. That night I was having a workout upstairs next to the heli-deck where we had an excellent amount of equipment, this guy comes up and starts working out, then says to me is this all the weight you have for the bench press? I have a look and see he has 400 pounds loaded onto the bar, which has a big bend in it, the bar from memory weighed 25 pounds. I said yes, sorry about that, hardly anybody here can lift that amount. He went off on his break a few days later and the next I hear he is pulled over near the Raffles hotel for drunk driving by two

Growing Up In Lake Grace Part X

John Dyke

police officers. He flattens both of them and takes off, within a short time he is on the next plane out back to the USA never to be heard of again. Another guy I met from the USA was Roger Moore's brother, I can't remember his name. He lived in Seattle Washington, we used to meet about 5am each morning for breakfast. He was telling me he had been in the Royal Navy for many years, retired as a captain, but upon retirement from the Royal Navy they bump you up another rank which gave him a much higher superannuation in retirement.

Eric and I were in the planning office one morning when the radio room gives us a ring to say there is an F111 flying over in the next couple of minutes, if you want to see it you had better hurry to the Heli-deck. We rush up just in time to see the plane do a couple of barrel rolls as it goes over, within a matter of seconds it has disappeared over the horizon. So we stand there waiting and within a few seconds a speck appears from the east but he is down very low near the water and we are standing 150 feet up from the water on the heli-deck. Eric and I are both thinking the same thing, that he is going to lift up when he gets closer to the Platform and go straight over the top of us. At the last moment we realize he is going to pass us on the south side, so we run to the edge of the Heli-deck just in time and he passes the platform missing one of our four legs by not more than 30 feet. We could see the pilot sitting there clearly as he goes by 100 feet below, probably doing 700 or so k's per hour with a tug anchored about 100 yards south of us. We both figured he must have been on autopilot to have been able to do what he did. Had he hit the south leg of the platform we would have been blown to pieces as apart from the huge amount of gas on board being pumped to the mainland we would have had something like 30,000 barrels of condensate, a light oil which is sold off-shore, the cream on top of the cake.

When in Honolulu a couple of years back Cheryl and I did a tour over the Mighty Mo, the battleship that Japan surrendered on-board in 1945. They also have an aircraft museum with many ex-war planes, one of them being an F111, and for my own interest I stepped it out from end to end and came up with the remarkable

figure of 70 yards or metres, which is a staggering length of roughly 200 plus odd feet. My research told me that over the years, the F111 came out in many variations, shorter versions for aircraft carriers, and they carried a huge amount of bombs, were able to hit targets at night with precision using a Radar Bombing system. A speed of Mach 2.2, 1450 to 2,300 km/h at speed hugging terrain they would do Mach 1.2 which the one that went past the platform would have been doing and Mach 2.2 at high altitude. Gave 37 years of service, retired in 2010 and replaced by the FA18F Super Hornet.

During my 12 years off-shore we worked 2 weeks on and 2 weeks off, and if a cyclone came we would be all flown ashore as Lloyds of London would not insure the platform as the experts who did the testing of the seabed miscalculated the density of the seabed. When the piles were driven in to the seabed for the Platform to be supported they went deeper than expected, and the platform when built was sinking by a small amount, enough for Lloyds to say we won't insure you until you stabilise it to prevent any further sinking. So we would all go by helicopter to the Burrup Peninsula where there was a very large camp that had been used during the building of the onshore work required to support the future of the gas supply for Perth. We would sit out the cyclone and then fly back to the platform, a very expensive operation.

A large ship with several hundred men on board was sent out to the platform, it was attached to the platform for around one year. The purpose of it was to dig out a very large area at the bottom of each of the 4 legs of the platform and then to fill the hole with a special concrete called Epo-sand, very expensive. The water there is 350 feet deep, the cost to Woodside about 100 million. The job was completed in the year and Lloyds then insured the platform. We were then able to stay on-board for the next cyclone, and that turned out to be a monster. The winds were so strong that our weather gauge was destroyed at about 290 Ks per hour, the scaffolding at our 12 metre level from the seawater was completely torn apart, we had damage to our survival craft that hung 65 feet above the seawater by the giant waves. If you stepped outside of the internal accommodation area you would never be seen again, but inside those closed doors you would not know there was a storm going on outside, there was no indication at all internally that outside those doors was a raging cyclone, unless you looked out through a window of a door. The wind was so strong the tops of the waves were just blown away in a big mist, nothing would have survived that storm. The tugs that were normally with us delivering stores etc were long gone south to safer waters, the funny thing about it we all felt safe and just went about our normal duties. The most dangerous part of being offshore was the helicopter rides from Karratha to the platform.

Three helicopters went down during my time there, two men drowned when one went down and landed on its

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Growing Up In Lake Grace Part X

John Dyke

side. They could not escape, possibly by inflating their life jackets much too early. In their panic to escape, the inflated lifejackets would have prevented them from being able to swim down from the roof of the helicopter to access the open doorway. A lot of guys used to panic during our fire-fighting exercises when turned upside down in a simulated helicopter which would be lowered into a huge water tank 20 feet deep and then turned upside down. As an ex police diver I never had a problem with that as you only had to hold your breath for 45 seconds till the rest of them, usually 15 or 16 guys got out. Some of them were dangerous; they would kick and wrestle to get out the open door. I would stay strapped in until the last one was out then go quietly and hit the surface a few seconds later. The same thing would apply in a smoke filled room where you can't see anything and the smoke is very hot and burning your lungs, they panic. Not good people to be with in a bad situation.

Two other choppers went down, one sat on it's inflated pontoons until rescued; the other travelled many kilometres just above the water, it's main rotor blade was shaking. To get back to land on the ship alongside the platform they had to come up 200 feet from sea level to then come down again to land on the helideck. As they did so the helicopter began to shake violently and almost crashed which could have killed many on board, so the order went out from then on that if a

helicopter got into trouble it was to land immediately and sit on its pontoons until rescued.

A number of us were trained in Fire Fighting in case of a fire on the platform and also in survival. We were sent to Woodman's point south of Fremantle where they had good facilities and then at a later date we went to Sale in Victoria where a few kilometres south there were better facilities. The men working on the gas and oilrigs in Bass-Strait, train there, and it is a take-off and landing area for those same personnel going to and from work. A little later on we were sent to Montrose in Scotland where all of the oil companies had chipped in a few million each to build a magnificent facility for training purposes. The weather for the two weeks that we were there was perfect, fine and sunny each day with warm nights. Many restaurants and hotels and the steaks were just magnificent the best I have ever tasted, didn't matter where you ate they were all the same, Angus beef. They have a lovely golf course on the foreshore to the ocean. Montrose is a place you don't want to miss if you go holidaying in Scotland. A couple of hours by car south of Aberdeen, where they make the whisky.

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10 Amazing Benefits of Aromatherapy

<https://www.organicfacts.net/health-benefits/other/benefits-of-aromatherapy.html>

The health benefits of aromatherapy include its ability to reduce anxiety, ease depression, boost energy levels, speed up the healing process, cure headaches, boost cognitive performance, induce sleep, strengthen the immune system, reduce pain, improve digestion, and increase circulation.

Aromatherapy is a fascinating alternative medicine that involves the use of volatile plant materials, also known as essential oils, that can be inhaled by patients of a wide variety of health conditions. It is often used to improve mood, change cognitive states, and can also be utilized as a supplemental medicine.

Aromatherapy has been around in some form for thousands of years, but it wasn't well-known until the 11th century when steam distillation first made it possible to properly remove the essential oils from plant materials. Since then, cultures around the world have utilized aromatherapy for a wide range of functions. Perhaps the most common countries to find aromatherapy being practiced would be in India, France, England, and the United States, although it can be found in dozens of other countries as well. There is more to it than simply using essential oils; aromatherapy can be quite complex, involving carrier oils, absolutes, herbal distillates, vaporizer oils, and phytoncides.

These scientific elements would need an article on themselves to describe, so if you are getting involved in aromatherapy treatment, simply ask the administrator of the treatment for literature on the various components and applications. An important element of aromatherapy is synergy, which is the combination of numerous essential oils that can actually create a more powerful effect than the oils would have on their own. This is why blending essential oils is such an important area of study for alternative healers since the range of possibilities is almost endless. However, it is important to always do your consultation with trained aromatherapists, as some essential oils can trigger allergies, and can actually be toxic if mixed improperly. Furthermore, most aromatherapy treatments with essential oils are diluted in a carrier oil of some kind, to make the effects slightly less potent. If you use too

strong a concentration of essential oils in aromatherapy, it can result in a wide range of negative side effects.

While there is an infinite number of combinations that have been tested and used around the world, not all of them would be approved or recommended by normal Doctors. However, this doesn't mean they aren't legitimate or effective. That being said, you should pay close attention to your body and its reaction whenever you use aromatherapy as a therapeutic solution for a medical condition.

Perhaps the most widespread and popular use of aromatherapy is for stress relief. The aromatic compounds from many different essential oils are known as relaxants and can help to soothe your mind and eliminate anxiety. This is what most people who perform aromatherapy at home use it for since the mixtures are very simple and the research on this aspect of aromatherapy is very well-known and widely studied. Some of the best essential oils for stress relief are lemon oil, lavender, bergamot, peppermint, vetiver, and ylang-ylang essential oils. Certain studies have also shown that lemon oil can improve mood and reduce outbursts of anger.



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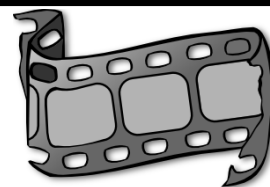
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Stroke Care Divide Costing Lives

Media Release

Inequalities in acute stroke care and services are costing lives and leaving thousands of Australians with unnecessary disability, according to a new Stroke Foundation Report released today.

Regional Australians are among those most impacted, the report revealed.

The 2017 Acute Stroke Audit, launched at Liverpool Hospital, revealed despite significant advancements in the treatment and care for stroke, patients are still being denied best practice care in Australia.

Stroke Foundation Chief Executive Officer Sharon McGowan said the Audit showed targeted investment and coordination of services was resulting in pockets of improved outcomes, however other services, many of them located in regional areas, are being left behind.

"There is significant opportunity for improvements across the country," Ms McGowan said. "We know what best practice care looks like with the release of updated Clinical Guidelines for Stroke Management 2017 best practice stroke treatment and care in September, we must now ensure all Australian patients with stroke have access to it.

"The current divide between the haves and have nots in metropolitan and regional areas is extremely concerning, particularly when we know regional Australians are 19 percent more likely to suffer a stroke than their city counterparts.

"Stroke strikes in an instant, attacking the brain – the human control centre. Stroke is a serious medical emergency which requires urgent attention, but with the right treatment at the right time many people are able to recover," she said.

Stroke Foundation Research Advisory Committee Member and leading stroke expert Professor Richard Lindley said the increase in comprehensive stroke centres from one in 2015 to six this year demonstrates what can be achieved.

"Liverpool Hospital demonstrates what can be achieved with a focus on quality stroke services, investment in planning and delivery, as well as patient outcomes," Prof Lindley said. As a comprehensive stroke centre the hospital is delivering best practice clot busting treatment (thrombolysis), clot removal treatment (endovascular thrombectomy) and care on a stroke unit 24 hours a day, seven days a week.

"These services save lives and ensure a better quality of life for stroke survivors.

"The travesty is that time-critical stroke treatment and high quality care are not available to all patients.

Surviving and living well after a stroke should not be determined by your post code. Australia has one of the most advanced trauma systems in the world, we need to apply the same thinking to emergency stroke treatment to ensure people living in regional and rural Australia have the best chance of making a meaningful recovery after a stroke," he said.



Monday & Friday: Lake Grace

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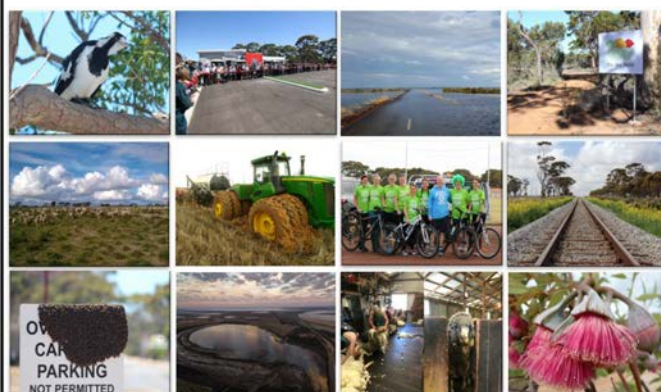
 0439858587

Lake Grace 2018 calendars are available from the Community Resource Centre. \$22 each.

Calendars are created and printed at the Lake Grace Community Resource Centre. All photographs are from the Lake Grace area.

Great Christmas presents!!

Please give advance notice if wanting 5 or more calendars as we only keep a few on hand.



Lake Grace 2018 calendar

Work Christmas Parties and Gifts

Media Release-ATO

We don't mean to sound like the Grinch, but when it comes to planning the work Christmas party, there's more to think about than finding out who's been naughty or nice.

You may want to consider if you'll need to pay fringe benefits tax (FBT) when rewarding your employees with gifts or parties this Christmas.

For your work Christmas party you'll need to consider:

- how much it costs
- where and when it is held - a party at work on a normal work day is treated differently to an event outside of work
- who is invited - is it just employees or are partners, clients or suppliers also invited?

When it comes to Christmas gifts, you'll need to consider:

- the amount you spend
- the type of gift - gifts such as wine or hampers are treated differently to gifts like tickets to a movie or

sporting event

- who you are giving the gift to – there are different rules for employees and clients/suppliers.

Fringe benefits tax and Christmas parties

Christmas parties

There is no separate fringe benefits tax (FBT) category for Christmas parties and you may encounter many different circumstances when providing these events to your staff. Fringe benefits provided by you, an associate, or under an arrangement with a third party to any current employees, past and future employees and their associates (spouses and children), may attract FBT.

Implications for taxpaying body

If you are not a tax-exempt organisation and do not use the 50-50 split method for meal entertainment, the following explanations may help you determine whether there are FBT implications arising from a Christmas party.

Exempt property benefits

The costs (such as food and drink) associated with

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Darren on 0428 651 339



GS MOBILE MECHANICAL SERVICES

60 Absolon Street, Lake Grace, WA 6353

Phone: 98651291, Mobile: 0437 204909

Are you prepared for Harvest?

Does your Truck need some maintenance or tyres?

GS Mobile Mechanical Services have two qualified and experienced mechanics available in Lake Grace ready to do any truck maintenance and repairs required to get your truck ready for harvest.

We also have quality **Steer, Drive and Trailer Tyres** available for supply and fitting.

Windscreen needs replacing? We can order and fit within 48 hours.

Header or Tractor needs an aircon regas? We can do regasing at Lake Grace or on your farm.

Truck not licensed? We can licence your vehicle.

For any pre harvest maintenance, header, tractor or truck tyre requirements, windscreen replacements, air conditioning re gasing, licencing or anything else you think we may be able to assist you with call Cheryl now on **98651291** or drop in to see the boys at 60 Absolon Street, Lake Grace.

Work Christmas Parties and Gifts (cont.)

Christmas parties are exempt from FBT if they are provided on a working day on your business premises and consumed by current employees. The property benefit exemption is only available for employees, not associates.

Exempt benefits – minor benefits

The provision of a Christmas party to an employee may be a minor benefit and exempt if the cost of the party is less than \$300 per employee and certain conditions are met. The benefit provided to an associate of the employee may also be a minor benefit and exempt if the cost of the party for each associate of an employee is less than \$300. The threshold of less than \$300 applies to each benefit provided, not to the total value of all associated benefits.

Gifts provided to employees at a Christmas party

The provision of a gift to an employee at Christmas time may be a minor benefit that is an exempt benefit where the value of the gift is less than \$300.

Where a Christmas gift is provided to an employee at a Christmas party that is also provided by the employer, the benefits are associated benefits, but each benefit needs to be considered separately to determine if they are less than \$300 in value. If both the Christmas party

and the gift are less than \$300 in value and the other conditions of a minor benefit are met, they will both be exempt benefits.

Tax deductibility of a Christmas party

The cost of providing a Christmas party is income tax deductible only to the extent that it is subject to FBT. Therefore, any costs that are exempt from FBT (that is, exempt minor benefits and exempt property benefits) cannot be claimed as an income tax deduction.

The costs of entertaining clients are not subject to FBT and are not income tax deductible.

Christmas party held on the business premises

A Christmas party provided to current employees on your business premises or worksite on a working day may be an exempt benefit. The cost of associates attending the Christmas party is not exempt, unless it is a minor benefit.

Lawn Mowing & Gardening Services

e: pksgardening1@gmail.com

- Mowing
 - Reticulation
 - Garden design
 - Soil testing
 - Pruning
 - General garden maintenance
- PLUS LOTS MORE!!**

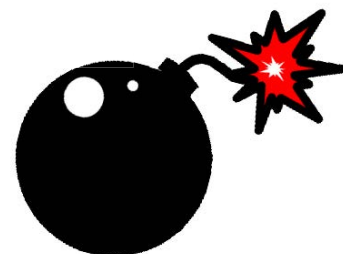
Peter Kain (PK) or Deb

p: 0427 020 561



Lake Grace Pingrup

Expressions
of Interest



**For 2018
Net-Set-Go
Coach**

The Lake Grace Pingrup Netball Club is taking expressions of interest for the Nettas coaching position for the 2018 season. This is a position that can be taken on individually or in partnership with someone.

For more information, or to register, contact the Club via email at lgpnc@outlook.com

PUBLIC NOTICES

Dr Linda Haines

Is available in Lake Grace on Monday 11th and Tuesday 12th December. Ring 9865 1208 for an appointment.

Sally Dickinson

Counsellor for Southern AgCare. A free and confidential service. Contact 0427 192 155
www.southernagcare.org.au

Holyoake Community Alcohol and Drug Service

Matthew Bejger Counsellor/Diversion Officer
Ph: 08 9881 1999

Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

Lake Grace Op Shop

46 Bennett Street (Old Church)

Open

Tuesday 1:00 - 4:00pm
Friday 9:30am - 1:00pm

First Aid Kits

Are now available for purchase at
CCL Hardware Lake Grace.

Business Sponsor Drinks

At the Sportsman's Club
22 December 6.30pm

New Years Eve Drinks Party

The Lake Grace Sportsman's Club will be hosting an event. Look out for further advertisements and details.

Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

Community Midwife

Sandy Slee, the Community Midwife, will be coming to Lake Grace the first Tuesday of every month until further notice. Call Narrogin Primary Health on 9881 0385 to make an appointment.

CWA Bookings

Please be advised that if you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

Crisis Care Numbers

Doctor's Surgery -9865 1208	Electricity Faults - 13 13 51
Hospital - 9890 2222	Water Faults - 13 13 75
Ambulance/Fire/Police - 000	Directory Assistance - 1223
55 Central Men's Refuge 9272 1333	Family Helpline 1800 643 000 / 9223 1111
Sally Dickinson 0427 192 155 <i>Southern AgCare Counselling</i>	Kids Helpline 1800 551 800 www.kidshelp.com.au
Poisons Information 13 11 26	Ngala 9368 9368 www.ngala.com.au
Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700
Lifeline Australia - 13 11 14 www.lifeline.org.au	Beyond Blue - 1300 22 4636 www.beyondblue.org.au
Seniors Information Services 9321 2133 www.cotawa.asn.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au
Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au
Main Roads - 138 138	Rural Link - 1800 552 002
Mental Health Emergency Response Line - 1300 555 788	Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au
Alcohol & Drug Information Service - 1800 198 024 https://www.mhc.wa.gov.au/	Parent Drug Information Service - 1800 653 203
Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	Relationships Australia Fair Programme 9336 2144 www.wa.relationships.com.au 1300 364 277

Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
Craft Group	Meet at the CWA Building Saturdays from midday onwards		
CWA	Suzanne Reeves	0427 651 310	lakegracecwa@gmail.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
LIFT Lakes Information & Farming	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au
Playgroup	Deb Carruthers	0438 895 101	
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Summer Sport			
Lake Grace Cricket Club	George Chircop	0417 950 437	swan_district@hotmail.com
Lake Grace Bowls Club	Claire Pelham	0457 207 749	richie21claire@yahoo.com
Lake Grace Tennis Club	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Tarin Rock Tennis Club	Wendy O'Neill	9864 9040	

CHURCH TIMES

Lake Grace Catholic Church

Sunday 10th December 8 am

Sunday 17th December 6pm

For inquiries and request for home visitation,
please contact Fr Joseph Sousa on 9865 1248.

Anglican Church of Lake Grace

Sunday 10th December
Morning Prayer 9am

Sunday 17th December
Service with Father Dave 9am

Enquiries: Father Dave 0427 545 560
Wally Perry 0448 795 070

Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	9865 1224
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Jeanette de Landgraft (<i>Pres</i>)	9872 0029	9838 9041
Steve Hunt (<i>Vice Pres</i>)	9865 1650 0427 651 585	
Ross Chappell	0428 654 058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Roz Lloyd	9871 1534	9871 1676
Allan Marshall	9865 3022	9865 3012
Murray Stanton	9865 1329	9865 1223
Peter Stoffberg	0447 281 181 9865 2550	
Mikaela Spurr	0438 926 196	

COMMUNITY CALENDAR

November

Fri 8 Fish & Chips @ Sportsman's Club
Op Shop Open - 9:30am to 1pm
HACC Bus Outing

Sat 9 Sportsman's Club Family Xmas Club
Rubbish tip open
Craft @ CWA
Steak Tea @ Sportsman's Club
Bowls - League Pairs @ Kulin
Cricket - Karlgarin/Pingaring v LG

Sun 10 Rubbish tip open
Bowls - League Triples @ Kulin

Mon 11 Rubbish Collection & rubbish tip open
Recycling Collection
SwimAbility

Tue 12 Men's Shed (morning)
Chair Aerobics 10:30am at Village Hall
SOYF Seniors Program -10am @ Shire Hall
Op Shop Open - 1pm to 4pm
Lego Club - 3:30 to 4:30pm
CWA Meeting 1.30pm
Building Surveyor in Lake Grace
Foot Clinic

Wed 13 Rubbish tip open
HACC Activity & Morning Tea 10 - 1:30am
LGDHS End of Year Concert

Thur 14 Bowls Training
Late Night Shopping
Opening of Independent Living Units
Last day of school

Fri 15 Fish & Chips @ Sportsman's Club
Op Shop Open - 9:30am to 1pm
HACC Christmas party

Sat 16 Rubbish tip open
Craft @ CWA
Steak Teas @ Sportsman's Club
Bowls - Pennants
Cricket - Newdegate v LG

Sun 17 Rubbish tip open

Mon 18 Rubbish Collection & rubbish tip open

Deadline for Lakes Link News

Tue 19 Shire Council Meeting @1pm
Men's Shed (morning)
Chair Aerobics 10:45am at Village Hall
SOYF Senior Program - 10am @ Shire Hall
Op Shop Open - 1pm to 4pm
Lego Club - 3:30 to 4:30pm

Wed 20 Rubbish tip open
HACC Activity & Morning Tea 10-11:30am

Thur 21 Lakes Link Published
Bowls Training
Toy Library

Coming Events

16th - 22nd December - Vacswim early start program
Newdegate
22nd December - Business Sponsored Xmas Drinks
31st December - NYE event @ Sportsman Club
2018
2nd January - Building Surveyor in Lake Grace
3rd January - Doctor's Surgery reopens
5th January - Driving Assessor in Lake Grace
3rd - 12th January - Vacswim in Lake Grace
20th January - Bremer Bay Fishing Competition
10th February - Lake Grace Cricket Club Centenary

		2				8		
1				4				5
	5		2		8		7	
7		8	9		2	3		1
			7		4			
2		6	1		3	7		4
	6		8		1		9	
9				3				7
		4				6		

Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

		2		9		6		
	6				2	4		8
					6		7	
3		5	8					
	9						2	
					7	5		4
	8		1					
1		7	4				3	
		9		6		8		