

22nd November 2018

\$1.20 inc GST

Vol 24 Issue 23

### A Century of Not Forgetting

Suzanne Reeves



Silhouettes of Service Men and Women in a 'field' of poppies.

The centenary of Armistice Day was always going to be an emotional occasion; with an incomprehensible 15 to 19 million combatant and civilian lives lost during the four years and four months that World War I lasted.

The assassination of an Austrian prince and his wife would be the precursor to a war involving nations from across the globe. The bloom of youth were to fight a kind of warfare that had never been experienced before, loss of life was coupled with over 20 million wounded. Many servicemen were left with catastrophic physical and mental injuries.

World War I was the motivator behind the early beginnings of plastic surgery due to horrendous shrapnel and burn injuries. It also brought about social change and the definition of gender roles was turned on its head.

With Lake Grace having twenty eight men on their World War I honour roll a joint project between the Shire of Lake Grace, Lake Grace District High School, Lake Grace Men's Shed and the Lake Grace Artist's Group was initiated.

Funding was received via an Armistice Centenary Grant from the Department of Veteran's Affairs. This funding was put toward visual displays including displays featuring individual World War I and World War II veterans. These displays were created by school students, printed and then framed

Silhouettes were also created; these are a representation of the branches of the armed services; encompassing all of those who have served.

Armistice Day fell on a Sunday with the service in Lake Grace well attended. Ross Chappell welcomed everyone before introducing cadet Jessica Chircop to recite the prayer. Further recitals were conducted by fellow cadets Cade Moore and Leila Lemin with the commemorative address being given by Suzanne Reeves (p.32 & 33). This was followed by the laying of wreaths and the recital of the Ode by Phyllis Dunham.

The flag was raised and with the ceremony having finished ahead of time the Last Post was played during the shared lunch at the Art Space.

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## **CRC Opening Hours**

9:00am - 5pm

Closed from midday to

1pm for lunch when short staffed.

## Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

#### **Next Deadline**

Monday 3rd December

#### **Next Edition**

Thursday 6th December



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Dick Phillips

Elsie Bishop

Gwen Oliver

Thank you also to our many contributors of articles.

#### DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
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- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

#### 300 copies printed and sold each fortnight

### **Editorial**

- A warning to everyone out there if you've got a job to do then don't leave it to the last minute! After being asked to do the commemorative address for the Centenary of Armistice Day ceremony I mulled over the content for a couple of weeks before sitting down the evening before to bring it all together. I was only half a page in when a pole top fire cut our power and put an end to that. So in the wee hours of Sunday morning I tucked my desktop computer under my arm and went in search of power. I nearly developed a nervous tic when upon arriving at the ceremony I noticed on the programme that I had 10 minutes to talk! Some sound coaching advice was given to talk slowly. Talking slowly is right up there with catching a ball in my repertoire of achievements....not going to happen. Needless to say poor planning and lack of time management meant that my performance lacked the polish of our fabulous cadets as I hadn't practised my lines!
- Please find in this Lakes Link a copy of the subscription form for 2019. As per usual we would appreciate subscriptions getting to us prior to the end of the year. We appreciate your support.
- Late Night Shopping is rapidly approaching, it's not too late to book a stall. It's a good opportunity for local groups and organisations to do some fundraising. Santa will be making an appearance. If you would like a stall please contact the CRC.
- Thank you to everyone who has been contributing to

- the can collection for our LDAG static display for Late Night Shopping. Keep them coming as if I get too many I already have a home for the surplus. We have had a few people step off our LDAG committee due to commitment overload; if you would like to dip your toes in the water and get involved in a civic group we would love to hear from you. We meet no more than six times per year.
- Are you listed in the local phone book? Would you like to be? Please send through your information so it can be included. This phone book is completely reliant on updates from the community.
- Our Lake Grace calendar is pretty much done and dusted, thank you to Danielle for giving it a makeover. It will be available for sale in the next couple of weeks.
- We're still taking names for Auslan, projected cost is over \$300 per person and it would be run over a weekend. We're nearly to the magical number of 10 so I will be able to look at organising a date.
- I am currently organising a **forklift workshop** for early next year, if you're interested or have staff that need this training we would love to hear from you. Participants must be 18+ years of age.
- Only two more papers left for 2018 so get your news in!!

Suzanne Reeves



FASHION FOR THE SALT OF THE EARTH

Christmas is just around the corner and we have a massive range of gifts for everyone

Christmas decorations are also here!

Layby available

If you are busy with harvest, we are happy to help you out

Happy Harvesting!

Vicki and Dot

Sand n Salt

Lake Grace

Shop 5, Lakeway Shopping Centre, 22/23 Stubbs Street, LAKE GRACE

Telephone 9865 1465



### What's Happening?

- Congratulations to Allan Holmes who celebrated his 80th birthday on the 19th November.
- Sympathy to the family and friends of Dr Bogdan Maslowski who passed away recently. Bogdan was the GP in Lake Grace Shire a few years back.
- It was celebrations last Friday night for Craig Reeves as he joined the '30 years achievers' for the Water Corporation. Those joining the club were invited along with their partners to a lovely evening at Frasers restaurant in Kings Park.

Be so happy that when others look at you they become happy too.

## Apprenticeship Opportunity

A position has become available for an Automotive

Electrical Fitter at Neu-Tech Auto Electrics in Lake Grace.

Applicants would need to have finished Yr12 and have a current A Class drivers license by 2018 year end.

Please send resumes to neutechlg@bigpond.com.au

For further details phone Ross on 08 9865 1164.

## Happy Birthday

22nd November 23rd November 24th November 25th November 26th November 27th November 28th November 29th November

Allan Marshall
Amber McPherson
Kim McPherson
John O'Neill
Wendy Abrahall
Konnah Holmes
Jean Seaman
Beau Bowron
Glenda Slarke

**Emmett Kuchling** 

30th November

Jodi Pearce Emma Naisbitt Bill Willcocks

4th December 6th December

## **Anniversaries**



1st December

Debbie & John O'Neill



Guess who's turning 75 on the 29th November

## Lake Grace

## Christmas Late Night Shopping

## Thursday 13th December

4:30pm - 7:30pm

Santa will arrive around 6pm

Food including sausage sizzle, curries and hot beef rolls will be available

Sand 'N' Salt will be open later than normal for your Christmas shopping.

Face painting for the children

Lions will have Christmas Cakes and pancakes for sale

Garage Sale Stall/s!!

Mini exhibition and Pop-Up-Shop In Regional Artspace

**Tupperware** 

Visitor Centre will have local products, Lucky Dips and Show Bags available

Caffe Arjo wil be open with pizza, coffee, milkshakes and smoothies available

Static Display from LDAG

Environmentally friendly bags and Lake Grace calendars. Bouncy Castle will be set up

Bendigo Bank will be present to answer any of your banking questions.

Walkers Hill Vineyard wines available for tasting

Pamper yourself ... Muddy Creek soaps, body scrubs, hand made goodies, gift hampers.

Soft drink and water stall

Live Music!



## **Getting To Know...**

By Rosie Timperley

- 1. Name: Kelly Hawtin
- Occupation: Stay at Home Mum / Essential Oil Hope Dealer
- 3. If you could go forward or back in time, which would you choose and why? I would stay in the present moment. I can't change the past or predict the future, but I can be in the moment and experience exactly what life has to offer right here right now.
- 4. What advice would you give to your younger self? Don't sweat the small stuff. Don't waste your life conforming to someone else's viewpoint of you or what expectations someone else has of your life, be the person you always wanted to be and most importantly fill your heart with love, joy and happiness. The abundance is within you and you already have everything you need.
- 5. If you could invite any three people in the world, alive or passed on, to dinner, who would they be? Cyndi O'Meara, Gabrielle Bernstein and Emily Wright
- 6. What is a pet peeve of yours? Dirty washing right next to the washing basket
- 7. What is something you are passionate about? Opening your mind and furthering your knowledge on every aspect. Don't take someone's word for it do your own research. I also am head over heels in love with my essential oils and I use these to support many aspects for health and wellbeing for myself and my family.
- 8. What is something you would love to learn? I would love to learn about the Wim Hof method of using cold therapy and breathing techniques to unlock a multitude of benefits. I hate the cold so this will be interesting.
- 9. What do you feel most grateful for in life? Good health, a warm bed and living in a small supportive community.
- 10. Do you feel that social media has contributed positively or negatively to society? Let's just say I'm glad I grew up in a time before iPhones. It's great to be a part of the social media revolution but it's also great to have a break.



OPEN most days

Wednesday – Sunday Monday & Tuesdays 10am – 4pm CLOSED

Come & enjoy a tea/coffee with homemade cake Bookings not essential, but appreciated.

Phone: 0447 651 418 Facilities not air conditioned



## Lake Grace Sportsman's Club

**Reschedule of AGM** 

Due to lack of numbers the AGM has been postponed to

Thursday 29th November 2018 at 6pm.

Nominations have been received for all positions, so there are NO jobs available, however numbers are needed for the AGM to go ahead.

## The Gift of Giving

Suzanne Reeves

Christmas came early for the volunteers who create blankets and soft toys for the Wheelchairs for Kids charity; it may seem like we are doing the giving but like most charitable ventures the reward for the volunteers is so great it's hard to measure. Twenty came along for the presentation by Bill Culbertson, a long term volunteer for Wheelchairs for Kids; everyone got to enjoy a fabulous morning tea put on by the CWA ladies.

Bill brings along a wheelchair, displays and copies of 'The Drill', the Wheelchairs for Kids' official magazine, for everyone to look at. The magazine includes stories about some of the children who have received the wheelchairs, demonstrating how a \$200 wheelchair has changed their lives and opened up a realm of possibilities for them and their families.

In 20 years over 42,000 chairs, accompanied by blankets and cuddle toys have been shipped around the world to 80 countries, Vietnam is by far the biggest recipient.

The wheelchairs are adjustable, all-terrain, fully cushioned with postural support devices. Occupational Therapists are there for the handover of the wheelchair to ensure that it is fitted correctly to the recipient.

Wheelchairs for Kids will be sending us a pattern and fabric for the backrest for the chairs, for those who aren't into the knitting or crochet then sewing might be more your thing. If you would like to be involved by all means contact the CRC.

Seventy four blankets were produced locally along with 20 cuddle toys, this was a phenomenal effort from our local ladies. Thank you to those who have donated yarn to be used for the blankets, some of the funding for this years blankets came from the CRC while the remainder came from a Bankwest grant so thank you Bankwest!

We are always looking for sponsors so if you would like to donate some money then we are only too happy to take it off your hands. Along with our donations of yarn we also received donations of wool; this wool will be turned into a blanket which will be raffled to raise more funds. Thank you also to Alison Culbertson who donated a large bag of yarn that will kick start 2019's production line.

The group will take a hiatus over the warmer months (though I'm sure the needles and hooks are still hard at work) but will come back together in April of next year. If you would like to be involved we would love to hear from you.



Above: Bill Culbertson from Wheelchair for Kids with Ann Franks and Colleen Kingston. Ann's niece, Margaret Franks and Colleen knitted and crocheted by far the most blankets; producing well over 10 blankets each.

## Lake Grace Community Christmas Tree

Thursday 13th December
To coincide with Community Late Night Shopping



Santa will be visiting on the lawn outside the Visitor Centre approx 6pm

Santa will try and deliver gifts for children
0 - 3 years first; please have your child's age on the
gift to ensure Santa remembers

If you would like to receive your gifts as a family please ask Santa to wrap the presents together and label with all children's names.

\*\*please remember Santa only has limited space in his sack\*\* 'Santa Drop - off' at Visitor Centre.

Enquiries Amanda Trevenen 0488 216 601

## "Come Fly a Kite" a Successful Day

Rosie Timperley

It's not often that windy days bring a smile to so many faces but that's exactly what happened on Saturday at the Lake Grace Pavilion where children were flying kites they made themselves for the 'Come Fly a Kite' day. The breezy day resulted in perfect conditions for the kites to fly high above the excited crowd of happy faces.

The Shire of Lake Grace received funding for the event from the Department of Communities Youth Engagement Grants Program. These are provided for local governments and community service organisations to implement projects that engage young people in creative ways and help achieve positive outcomes for local people.

The Shire applied for the grant in May 2018 and in October received the funding to hold two kite creating and flying kites

events. The Lake Grace one was held Saturday 17 November and Newdegate on Sunday 18 November. Catering for a sausage sizzle was organised by the Lake

November. Catering for a sausage sizzle was pair of excited kite-flyers.

Above: A whale hovers majestically above a pair of excited kite-flyers.

Grace Canberra Camp Fundraising Committee and in Newdegate, it was put together by the P&C.

Michael and Jan Alvares from Kite Kinetics in Leederville conducted the workshop, helping the children to create colourful and eye-catching displays. You can view their website at http://www.kitekinetics.com.au/

Kites have a very old history. Originating from China, they were invented in the 5th Century by BC Chinese philosophers Mozi and Lu Ban. Consisting of silk for the sailing material as well as a fine, high-tensile-strength silk for the flying line, bamboo made up the strong yet lightweight framework. Whilst modern times see kites as a recreational hobby, they have had varied roles in the past. Using them as a signaling mechanism in battles, helping meteorologists take aerial photographs, and even proving that lightning was electricity by the aide of a kite by Benjamin Franklin in 1752, they have certainly come in handy in the past. Nowadays they are not only a child's toy, but many adults enjoy flying them as well.

Who would have thought that an invention from many centuries ago would still be in use today as a plaything? If the 'Come Fly a Kite' day is anything to go by, kites will remain popular with young and old in to the foreseeable future.

James
Morgan holds
on tight to his
kite as it
zooms away
up in to the
sky!

Right: The kite making is underway for both the children and parents!

Left: George Chircop helps Ali-Rose Chircop put the finishing touches on her kite.





#### **News From CWA**

Suzanne Reeves

Another year is coming to a close for CWA and it has been a busy one. The blankets for Wheelchairs for Kids have been handed over and the members are mustering for a stall this week. Funds raised from the stall will go toward value adding to the playground behind the CWA.

CWA has owned the full quarter acre block that their building and the playground are situated on since the 1950s. Recognising that the town needed a playground for its children and that their building only took a portion of the block the Lake Grace branch formed a gentleman's agreement with the Shire.

Mr Colquhoun, who was the Shire Clerk at the time, engineered that the Shire would take responsibility for the playground and in return for the use of the land would reimburse the CWA for any water costs and land rates.

Although this arrangement would have been minuted at the time there has not been a formal MOU during that 60 years. Over the years the Shire has managed the playground, replacing equipment as needed. However times have changed and with a need for more checks and balances in place the Shire can't have a playground on land that doesn't come under their jurisdiction. On the flipside, CWA of WA don't feel that management of a playground is CWA core business.

With the playground being so central and so popular

the ideal solution is that the Shire and CWA work out a lease agreement for the area in question.

Lake Grace branch is always looking for projects so have elected to do some fundraising to value add to the playground in question. With much of the branche's fundraising efforts and projects being directed to other regions or countries it is nice to do something that will benefit the locals.

CWA are looking for input as to what needs doing in the playground, if you would like to be involved we would love to hear from you.

Other news is that the Senior Citizens luncheons will be going back to being a monthly event in 2019; a big thank you to Danielle Robertson, Fiona Chatfield and Annie Argent who have put their hands up. They will do this under the umbrella of one of the many groups they are involved in; if there's another group out there who would also like to be involved then please don't hesitate to contact us.

In 2019 Lake Grace branch will be trialling a free 'membership' for new members. There will be no membership as such but you will get to see what makes the branch tick, come to meetings and decide if you would like to remain involved. We will hold alternate meetings at 5pm to make the branch more accessible to everyone.



South of Kalbarri & Kalgoorlie Watering Days				
Last digit of your lot or house number	Your 2 scheme watering days are:			
1	Wednesday and Saturday			
2	Thursday and Sunday			
3	Friday and Monday			
4	Saturday and Tuesday			
5	Sunday and Wednesday			
6	Monday and Thursday			
7	Tuesday and Friday			
8	Wednesday and Saturday			
9	Thursday and Sunday			
<b>0</b> Friday and Monday				
You may wate	r only once each day either before			
9am or after 6pm.				

## Lake Grace Weather

Date	Min	Max	Rain
7/11	3.2	23.1	
8/11	5.6	28.4	
9/11	9.3	30.8	
10/11	13.1	31.4	
11/11	13.9	20.6	1.0
12/11	9.1	25.7	0.2
13/11	13.5	28.3	
14/11	13.1	29.0	
15/11	11.9	34.6	
16/11	14.1	29.7	
17/11	16.7	36.2	1.6
18/11	15.6	27.1	
19/11	11.5	21.4	
20/11	5.4		

## What's Happening at the Lake Grace CRC...

**Late Night Shopping -** Thursday 13th December, 4:30pm-7:30pm. Looking for stalls. Everyone welcome.

**ASIST** - Lake Grace - 19th & 20th March 2019. Newdegate - 3rd & 4th April 2019. Intensive mental health/suicide awareness 2 day workshop. Registrations are essential. Free. For more information please contact as per below.

Rural Minds - Varley - 25th February 2019. Lake Grace - 26th February 2019 (evening workshop). Newdegate - 27th March 2019. A relaxed 1/2 day workshop learning about wellbeing and resilience covering topics including anxiety & depression, acute stress, destructive thinking, suicide, relationships, financial stress, stigma and much more.

**HC/MC Training & Assessment** - March/April 2019. Costs TBA.

**Forklift Training & Assessment** - March/April 2019. Costs TBA.

**Microsoft Office** - One-on-one lessons available. \$15 per hour or \$30 for up to 3 hours (subsidised). Can train in Word, Excel, Publisher and Outlook. Please ring to organise a date and time.

**iPad/iPhone/Samsung Phone** - One-on-one assistance available. \$15 per hour (subsidised). Please ring to organise a date and time.

**Facebook** - One-on-one lessons available. \$15 per hour session. Ring to arrange a date.

If you are interested in any of the above please phone the Lake Grace Community Resource Centre on 9865 1470 or email lakegracecrc@westnet.com.au

## What's Happening at the Newdegate CRC...

MoveSmart - Every Thursday at 9am.

Join us for an hour long Pilates based exercise class. Come along for a cuppa and some morning tea to support this wonderful cause.

For more information please call 9871 1791

### **Seniors Week Celebrations**

Cheryl Chappell

Seniors Week 2018 is a special time of celebration for Western Australian seniors. During the week events and activities are held across Western Australia to acknowledge seniors and show our appreciation for their valued contribution to the community where they live.

The annual Shire of Lake Grace Seniors Day was held at Walkers Hill Vineyard on Wednesday 14 November. Upon arrival, the 37 people attending the day were invited to enjoy a cuppa with scones jam and cream.

Through the decades Australia has had many poets and today they heard two local poets in the P & K Challenge. Pat O'Neill was challenged by Kevin Seaman to reveal who is the better poet in Lake Grace. They each recited three poems, Endless Sleep and Turbulence to name two. The Bush Poets Pat O'Neill and Kevin Seaman volume of applause from the audience established the poet of the day with the final adjudicator's decision being that Kevin Seaman was the Poet of the Day by a nose.

Joe Trevenen then Donald Wallace took to the front and sang a few songs, Pat recited renowned local poem 'The Dunny' before lunch. The delicious buffet lunch of quiche, pie and salads was enjoyed by all. Sweets are always people's favourite course with a choice of cheesecakes and mud cake with cream.

Joe and Donald surprising everyone sang Happy Birthday to Kevin Seaman and Elsie Bishop whose birthday was the next day. This Seniors Day was Donald's debut singing to an audience outside close friends and family. He surprised many who have known him for years with his remarkable deep voice and guitar skills. Joe an accomplished local musician finished the day with songs from Johnny Cash and an old favourite 'Home Among the Gumtrees'.

Our appreciation to the following who helped fund the day; COTA for older Australians, Department of

## House to Rent



Available end of November. 88 Bennett St, Lake Grace \$200 per week

Enquiries to Michelle: Mobile 0448 472 556



Communities and the Shire of Lake Grace. Also thank you to the seniors in the Shire for attending and Tania and Jared Bray at Walkers Hill Vineyard for putting on such a fine spread. It was another well attended Seniors Day hosted by the Shire of Lake Grace.

### **Lake Grace Freight Depot**

We are agents for:



Toll Ipec



Startrack



Kalexpress / Quality



Freightlines Group (Esperance)



Stirling Freight

#### Depot open:

7am - 11am and 3pm - 6pm weekdays 7am - 10am Saturdays Closed public holidays

#### Any enquiries contact:

Rex - 0429 649 021 Tracy - 0447 759 246 rexwalker70@gmail.com

### **Bits & Pieces**

#### Kevin Seaman

If one recalls the final line in 'Bits and Pieces' last edition was "no jokes today the jokemans gone away". Well the good news is, just when you thought he might not be back so no more pithy jokes...he's back!!! And with him is a whole new stack of joke books.

Jokes about blondes, Irish, Poms, Australians just to name a few titles and one which should be 'R' rated for the female of the species. Its title is "The Women's Joke book!" "The horrible truth about what men are really like" compiled by Marcia Starr.

Now the 'R' rating does not stand for rude content (though some of the contents are very ribald) but 'R' should be restricted for the female species to peruse it's contents.

As all males of the species know, whether it is your wife, mother, sister or daughter they have enough verbal ammunition to bring a grown male to his knees, without a reason such as Marcia Starr filling their heads with verbal ideas on how to destroy any bit of authority we now have.

Some examples of some quips and quotes from the women's joke book...

Q: What do you give a man who has everything?

A: Penicillin

Two women talking on a bus.

"Anyhow, my dream come true would be to have two men at once."

"Really?"

"Oh yes, one in the kitchen cooking and the other doing the cleaning."

Women are called birds because of all the worms they pick up.

Q: How does a man cook dinner?

A: I don't know, he never has.

God must have been disappointed in Adam - he made Eve so different.

A man was urged by his mates to have his fortune read by Psychic Lil. Now the man was not a believer; in fact, he found the whole thing very stupid, but he crossed her palm with silver and she looked into the crystal ball. "Ah ha!" she eventually said. "I see you are the father of three children."

"Well you're wrong there," he smirked, "it's four children actually."

The fortune teller looked at him and smiled. "That's what you think," she said.

My husband boasts that he is a self-made man. Well, at least that relieves God of an awful responsibility.

Q: What's the difference between a man and a puppy!

A: Eventually a puppy will mature and stop whining.

Women like the simple things in life - like men.

She said "that's a nice suit you have on. I wonder if it will ever come back into fashion."

Q: Why are men and seagulls alike?

A: You should never look up to either of them.

He said, "I've got an idea."

"Beginners luck," she replied.

A spry old lady, driving along in her Bentley, spotted a parking space on the busy main street. She drove past, ready to back in, when an arrogant young man in a sports car quickly drove in before her.

"Sorry , madam," he said cheekily as he jumped out "You've got to be young and zippy to do that."

The old lady said nothing. She just continued to back into the space that had been there. Very soon there was the sound of broken glass and crunching metal as the Bentley hit the front of the sports car before continuing to drive right over the top of it.

"There, young man," she said, stepping majestically out of her car.

"You have to be old and rich to do that."

"Mummy, mummy!" cried the little boy. "In our lesson at school today, the teacher said I was descended from apes, gorillas and monkeys. Is that right?".

I don't know, sweetheart," she replied. "I never knew any of your father's family."

Well men I think you get the message. If there are any men or boys out there who are willing to join the club in an effort to have this publication "R" rated in Lake Grace give me a call.

PS: I am not going to put my phone number here as I don't want phone call in the middle of the night.

Jerry Hopkins

Laughter is the sunbeam of the soul
- Thomas Mann

### Musical Chairs at the Men's Shed

Suzanne Reeves; photo Arthur Slarke.

No one was left without a chair after the Lake Grace Men's Shed AGM which was held on Tuesday 23rd October, in fact a new chair was slipped in with the inclusion of two Vice Presidents rather than one on the executive.

While Phil Clarke has remained as President, Allan Duckworth will now share the Vice President's role with Kevin



Seaman. Robert Carruthers will continue managing the finances while Stephanie Clarke-Lloyd has been welcomed into the inner sanctum to fulfil the position of secretary.

The Men's Shed is looking forward to another productive year come 2019. Doors are open every Tuesday morning; everyone is welcome to come along and see what's on offer at the shed.

Photo: Fulfilling executive roles for the next 12 months are (I to r) Kevin Seaman, Robert Carruthers, Phil Clarke, Stephanie Clarke-Lloyd and Allan Duckworth.

## WE STOCK STEEL BLUE BOOTS



\$10 to Women with Breast Cancer for every pair of Pink or Purple boots purchased.

## GREAT GIFT IDEA FOR CHRISSY!!

Get a pair of PINK or PURPLE boots

for \$70





Lake Grace Branch 192-194 Stubbs St



## Primaries Lake Grace

#### **Christmas Trading Hours.**

Monday 24<sup>th</sup> December 8am to 2pm

Tuesday 25<sup>th</sup> December CLOSED

Wednesday 26<sup>th</sup> December CLOSED

Thursday 27<sup>th</sup> December 8am to 5pm

Friday 28<sup>th</sup> December 8am to 5pm

Saturday 29<sup>th</sup> December Closed

#### **New Year Trading Hours**

Monday 31st 8am to 2pm

Tuesday 1<sup>st</sup> CLOSED

Wednesday Open as normal

## The shop will be closed on Saturday mornings In January.

We would like to wish all our customers a Merry Christmas and a Happy New Year.





## LAKE GRACE HEALTH SERVICE



providing 24 hour Emergency Health Care Services and Community Care Services to Lake Grace and the surrounding district

Telephone: 9890 2222 Fax: 9890 2202

#### **Health and Activity Programs**

#### Chair Aerobics Every Tuesday 10.30am



Lakes Village Hall (suitable for people with limited mobility) FYI—Extended Care Nurse also attends most weeks

4th Friday Activity Day Friday 23rd November 10.00am—1.30pm Lakes Village Hall Year 1&2 children will be attending too



NB: Friday 14th December (Christmas party)

#### SwimAbility

Hydrotherapy sessions at Narrogin Leisure Centre Monday 26th November



and 10th December (Christmas windup)
- last trips before summer break!
Leaving 8.30am from Village Hall

## Foot Clinic





Call the hospital on ph: 9890 2222 during office hours for more information or to book

#### Physiotherapist—27th November

Contact Narrogin Primary Health to make an appointment ph: 9881 0385

#### **Podiatrist**



Scheduled to visit Lake Grace 22nd and 23rd November 2018

Call Julie Glynn: mob 0429 052 940

## Are you pregnant?

#### Would you like to receive more of your antenatal and postnatal care closer to home?



The Community Midwifery
Service can work with your chosen doctor or
birth hospital to provide quality, convenient
antenatal and postnatal care to help you have
a healthy pregnancy and baby.

#### The local community midwife can:

- Provide antenatal care in partnership with your doctor or birth hospital
- Provide pregnancy and childbirth education
- Help with options and booking arrangements at your chosen birthing hospital
- Provide postnatal care and breastfeeding support
- Liaise with your local Child Health Nurse regarding ongoing care for your baby
- Help with referrals to other health care providers, including social workers, dieticians, physiotherapists, specialist doctors, and the Patient Assisted Travel scheme.

Holly Brockway is visiting Lake Grace regularly - for appointments contact Holly at Narrogin Primary Health ph 9881 0385 or 0429 127 917

e-mail = holly.brockway@health.wa.gov.au (available Monday and Wednesday)

#### Child Health Clinic

For all child health or immunisation enquiries please call Di Poultney at the Lake Grace Clinic



ph: 9890 2246 (located in the Medical Centre)

## **Treating Snake Bite**

Rob Timmings nurse educator

That bite of summer has well and truly come this year and with that heat, comes snakes. Many sightings have been reported.

- 3000 bites are reported annually
- 300-500 hospitalisations
- 2-3 deaths annually.

Average time to death is 12 hours. The urban myth that you are bitten in the yard and die before you can walk from your chook pen back to the house is a load of rubbish.

While not new, the management of snake bite (like a flood/fire evacuation plan or CPR) should be refreshed each season.

Let's start with a Basic overview.

There are five genus of snakes that will harm us (seriously). Browns, Blacks, Adders, Tigers and Taipans.

All snake venom is made up of huge proteins (like egg white). When bitten, a snake injects some venom into the meat of your limb (NOT into your blood).

This venom can not be absorbed into the blood stream from the bite site. It travels in a fluid transport system in



your body called the lymphatic system (not the blood stream).

Now this fluid (lymph) is moved differently to blood. Your heart pumps blood around, so even when you are lying dead still, your blood still circulates around the body. Lymph fluid is different. It moves around with physical muscle movement like bending your arm, bending knees, wriggling fingers and toes, walking/exercise etc.

Now here is the thing. Lymph fluid becomes blood after these lymph vessels converge to form one of two large vessels (lymphatic trunks) which are connected to veins at the base of the neck.

Back to the snake bite site. When bitten, the venom has been injected into this lymph fluid (which makes up the bulk of the water in your tissues).

The only way that the venom can get into your blood stream is to be moved from the bite site in the lymphatic vessels. The only way to do this is to physically move the limbs that were bitten.

Stay still!!! Venom can't move if the victim doesn't move. Stay still!! Remember people are not bitten into their blood stream.

In the 1980s a technique called Pressure immobilisation bandaging was developed to further retard venom movement. It completely stops venom /lymph transport toward the blood stream.

A firm roll bandage is applied directly over the bite site (don't wash the area).

#### Technique:

Three steps: keep them still

**Step 1:** Apply a bandage over the bite site, to an area about 10cm above and below the bite.

**Step 2:** Then using another elastic roller bandage, apply a firm wrap from Fingers/toes all the way to the armpit/groin.

The bandage needs to be firm, but not so tight that it causes fingers or toes to turn purple or white. About the tension of a sprain bandage.

Step 3: Splint the limb so the patient can't walk or

## Are you a member of St John Ambulance?



Annual fees. \$91 - family; \$55 - single Over 18's aren't included in family membership.

Payment at LG Post Office

Non members are charged a high call out and km fee.

NB: Some health insurers do not cover all St John Ambulance charges.

## Treating Snake Bite (cont.)

bend the limb.

#### Do nots:

- Do not cut, incise or suck the venom.
- Do not EVER use a tourniquet
- Don't remove the shirt or pants just bandage over the top of clothing. Remember movement (like wriggling out of a shirt or pants) causes venom movement.
- DO NOT try to catch, kill or identify the snake!!!
   This is important.

In hospital we NO LONGER NEED to know the type of snake; it doesn't change treatment.

Five years ago we would do a test on the bite, blood or urine to identify the snake so the correct anti venom can be used.

BUT NOW...we don't do this. Our new Antivenom neutralises the venoms of all the five listed snake genus, so it doesn't matter what snake bit the patient.

Read that again- one injection for all snakes! Polyvalent is our one shot wonder, stocked in all hospitals, so most hospitals no longer stock specific Antivenins.

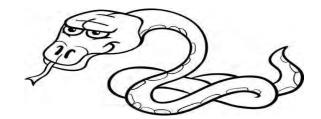
Australian snakes tend to have three main effects in differing degrees.

- Bleeding internally and bruising.
- Muscles paralysed causing difficulty talking, moving & breathing.
- Pain. With some snake bites there will be severe muscle pain in the limb, and days later the bite site can break down forming a nasty wound.

Allergy to snakes is rarer than winning lotto twice.

Final tips: not all bitten people are envenomated and only those starting to show symptoms above are given antivenom.

Did I mention to stay still?



## lake grace engineering

#### \*Hydraulic Hose Crimping & Fittings

\*Qualified Machinist for Lathe & Mill work including Hydraulic Cylinder repairs

\*General Steel Repairs & Fabrication

\*Stainless Steel Fabrication

\*Insurance Work

\*Aluminium Fabrication including boat repairs, boat trailers, canopies & toolboxes

\*Sandblasting & Spray Painting

\*Transport Equipment Fabrication & Repairs

\*New Agricultural Machinery (Seed/Super Bins, Chaser Bins, Augers & Comb Trailers etc)

Ph: (08) 98 651 845 / Fax: (08) 98 651 846

Email: adminlge@bigpond.com

#### Men and Cancer

Regional Men's Health - Brenden and the Team

Men in Australia are much more likely to be diagnosed with and die from cancer than women. In fact, according to the Cancer Council of WA the lifetime cancer risk is 1 in 2 for men and 1 in 3 for women. Men are over represented in all gender shared cancers including the most common - lung, bowel and skin. The experience of cancer in one form or another is never good, but it does beg the question, why the gender disparity? There is no simple answer, but we do know that men in general are less likely to visit their GP to report or act on any unusual symptoms or changes.

Cancer is a disease driven by changes in our DNA/ genes which causes a group of abnormal cells to divide and grow out of control. It usually occurs in a specific spot but can spread to other parts of the body. We are still some ways from finding a cure, but we do know that finding cancer early improves our chances of successful treatment and long-term survival. For the average bloke general things that warrant a chat with a GP could include:

- unusual lumps or a sore that isn't healing properly;
- unusual changes in our testicles changes in shape, consistency or a lump;
- A persistent cough or hoarseness, coughing up blood;
- · unexplained weight loss;



#### Lake Grace

Would like to wish everyone a very Merry
Christmas and a Happy and Safe
New Year.

The branch will close at 11am Friday 21<sup>st</sup>
December and reopen Monday 7<sup>th</sup> January 2019



For any enquiries during this time please contact
Debbie Carruthers – 0419 124 197
Justin Wright – 0427 936 345



- moles that have changed shape, size or colour, or bleed, or an inflamed skin sore that hasn't healed;
- blood in a bowel motion;
- persistent changes in toilet habits or urinary problems or changes.

It is important to note that these symptoms are likely to be related to more common, less serious health problems. However, we still need to discuss them to ease our concerns or pick up something early rather than later.

Unfortunately, it is often only when blokes find they are progressed with cancer that they actually start to think about modifying their behaviour and making healthy changes. So, what can men do to prevent or lessen our chances of developing cancer?

- Stop smoking lung cancer is the leading cause of cancer death in Australian men;
- Be SunSmart protect ourselves in the sun and take care not to burn;
- Stay in shape aim for a healthy body weight, watch our waistline;
- Move more be physically active for at least 30 minutes on most or all days;
- Eat for health A varied diet with lots of fruit/ vegetables and limit red meat;
- Limit alcohol no more than two standard drinks a day and try to have one or two alcohol-free days a week;
- Have a chat with our GP about our prostate especially if we are over 45 years;
- Use the Bowel Screen Kit when it arrives in the mail;
- Get to know our family history of cancer.

Remember it's our health, if we have any concerns or questions, we need to go and chat with a GP, don't wait and leave it till it's too late.

## Stay On Your Feet

**Free Seniors Program** 

Tuesday 10:00 AM At the Shire Hall





PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599

Email: shire@lakegrace.wa.gov.au

## CEO's Corner

#### Flooding Event

The contractors are nearing completion of outstanding works, it is anticipated that we will have the works, with the exception of culvert cleaning finished prior to December. The work outstanding is as follows;

- Western Sector Compaction behind culvert headwalls on Duckworth and Fourteen Mile Roads and place rock protection at culverts on Beenong North and Kent Roads.
- Southern Sector Rectification work on Old Ravensthorpe Road, Culverts on Old Ravensthorpe, Nield and Magenta Roads. Sealing of causeway on Magenta Road, this will be undertaken when the Shire's sealing program commences.
- Culvert Cleaning Western Sector is complete, works commencing on the Northern Sector.
- · Audits Eastern Sector nearing completion.

As this work is being carried out, the Shire would like to remind road users to be courteous and slow down within the areas that crews are working, this will allow them to do their job in a safe manner and complete it sooner. We continue to have reports of vehicles speeding through the road works.

#### Local Government Container Deposit Scheme Workshop – Wednesday 7 November 2018

On Wednesday 7 November, I participated in a Local Government Container Deposit Scheme Workshop, via video conferencing. The aim of the workshop was to provide an introduction to the Container Deposit Scheme, discuss the opportunities and to explore practical implications presented by the scheme for Local Government in WA. It was a great opportunity for local governments to strengthen their understanding of how the scheme will operate and how local governments may support and participate in the scheme. There were also speakers from the Department of Planning, Lands and Heritage, the WA Local Government Association and the Department of Water and Environmental Regulation.

#### Remembrance Sunday Service – 11 November 2018

Thank you to all of those involved in the organisation and coordination of the Remembrance Sunday Service held at the Lake Grace War Memorial on Sunday 11 November and to those who came along to pay their respects.

The display of figurines in honour of our servicemen and women, located on the lawn next to the Lake Grace Arts Space, is a fantastic tribute.

A special thanks to the staff and students of the Lake Grace District High School, the Lake Grace Community Men's Shed, the Lake Grace Artists Group, the Lake Grace Development Association, and community members for all of your hard work and efforts in putting this together.

#### Road Works

The Construction Crew and General Maintenance Staff have carried out the following work:

 Griffin Reward Road (SLK 0.80 – 3.80) – loading and carting of gravel, back slopes, rolling and gravel sheeting

The Lake Grace Maintenance Grader has carried out grading on the following roads:

- · Biddy-Camm Road
- Dunham Road
- Burngup North Road
- Crook Road

#### Additional works:

- Magenta Road (SLK 24.36 27.63) pegging and cleaning around pegs
- Installation of school bus sign on Kathleen Road
- North Lake Grace Karlgarin Road (SLK 9.6-11.6) pegging, erecting of signage and grading

The Lake King and Varley Maintenance Grader has carried out single cut grading on the following roads:

- Mulcahy Road
- Henderson Road
- Broombush Flat Road
- Winchcombe Road
- Holt Rock South Road
- Pickernell Road
- Ace Road

The Newdegate Maintenance Grader has carried out single cut grading on Biddy-Camm Road.

#### Parks and Gardens

The Town Maintenance Crew have carried out the following work:

- Lake Grace Recreation Ground mulching, mowing of ovals, whipper snipping, blowing and general clean up around ovals, repairs to retic, spraying of ants and moving and spreading of sand over ovals
- Lake Grace Swimming Pool pruning, raking, planting in the front garden, mulching and leaf blowing

Continued over ...

#### Shire of Lake Grace Community News Cont.

CEO Corner Cont.

- Town Street Maintenance clean up around town site, mowing of verges, slashing and filling of hole in the verge on Bennett Street
- · Lake Grace Cemetery works request
- Lake Grace Parks & Gardens Maintenance watering and weeding on Stubbs Street, emptying of bins and general weeding
- RSL Hall, Lake Grace general garden maintenance and mulching
- Lake Grace Railway Building general garden maintenance
- Lake Grace Public Hall Garden general garden maintenance and removal of railway sleepers
- 54A Bennett Street, Lake Grace repairs to watering system
- 65B Bennett Street, Lake Grace checking of watering system
- · Lake Grace Medical Centre weeding
- Lake Grace Village Hall repairs to sprinkler
- Shire of Lake Grace Administration Building Watering

#### **Building & Maintenance**

The Building and Maintenance Team have carried out the following work:

- · Varley Hall external woodwork repairs and painting
- 54a Bennett Street, Lake Grace minor maintenance
- · Newdegate Airstrip repairs to windsock pole
- · Lake King Hall investigation of faulty cool room
- Varley Pavilion replace damaged doors, install privacy screen and repairs to leaking toilets
- · Lake King Airstrip replacement of windsock
- Newdegate Medical Centre investigation of air conditioner malfunction
- Lake Grace Public Toilets repairs to faulty toilet cistern
- Lake Grace Hall investigation of air conditioner malfunction
- Newdegate Public Toilets faulty light switch repairs
- Lake Grace Shire Office repairs to automatic door and faulty light
- Lake Grace Medical Centre replacement of faulty external lights
   Denise Gobbart

Chief Executive Officer

### The Shire of Lake Grace Office will be closed from Tuesday 25 December 2018 and re-open Tuesday 2 January 2019 at 8:30am

Tuesday 25 December 2018 .......Office Closed
Wednesday 26 December 2018 ......Office Closed
Thursday 27 December 2018 ......Office Closed
Friday 28 December 2018 ......Office Closed
Monday 1 January 2019 ......Office Closed



Monday 24 December 2018 Monday 31 December 2018

**Christmas Lake Grace and Newdegate Tip Times** 

#### Lake Grace

Will remain the same:

Monday 9am - 2pm

Wednesday 9am - 2pm

Saturday & Sunday 9am - 4pm

#### Newdegate

Will be open on the usual days Wednesday 9am - 1pm Saturday 9am - 1pm



#### Please Note:

Licensing services will not be available during this time. Licensing renewals and transactions can be made by mail or via the internet at www.transport.wa.gov.au

For help or information call 13 11 56

#### **Emergency Contacts**

Shire Operations will close during the festival period from Tuesday 25 December 2018 until Tuesday 2 January 2019. A few staff will be on hand to manage watering of gardens etc and be on call to answer any emergency request.

Any request will be inspected and any major works required will be scheduled to be undertaken in the New Year.

#### Shire of Lake Grace Community News Cont.

#### **Ordinary Council Meeting**

The next Ordinary Council Meeting will be held:

Date: Wednesday 28 November 2018

Time: 3:00 pm

Location: Council Chambers
1 Bishop St Lake Grace

Members of the public welcome

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.

#### **Shire Messaging Service**

#### To receive:

- Harvest Ban Notices
- · Newdegate Pool or
- Lake Grace Pool

SMS messages, or if you no longer need them please let us know at the Shire on (08) 9890 2500.

#### **Prohibited Burning Times**

### NO BURNING ALLOWED FROM 1 NOVEMBER TO 31 JANUARY



#### Harvest Ban Zones

All fire zones in the Shire of Lake Grace will be on Channel 11 in an event of a fire.

- When a fire occurs on a property in a zone a Harvest and Vehicle Movement Ban will be imposed for the whole zone until the fire is deemed safe, and the Harvest and Vehicle Movement Ban is lifted.
- When a fire occurs on a property neighbouring a zone boundary both zones will have a Harvest and Vehicle Movement Ban imposed until the fire is deemed safe, and the Harvest and Vehicle Movement Ban is lifted.

#### **Power Outages**

Customers affected by power outages lasting 12 continuous hours or more, may be eligible for an \$80 service standard payment.

To find out if you are eligible go to: <a href="https://www.ternpower.com.au/power-outages/make-a-claim/">https://www.ternpower.com.au/power-outages/make-a-claim/</a>

#### Harvest Road Safety

Council has agreed to place a speed restriction on gravel roads again this harvest. The following notice will be distributed.

#### 80km Restrictions - Gravel Roads

All vehicles greater than 4.5 tonnes are restricted to a maximum speed of 80 km/hr on all gravel roads within the Shire of Lake Grace from 1 November to 31 December 2018 inclusive.

This is to assist with road safety and road preservation over the harvest period. Please be alert and considerate of other roads users.

Harvest brings more grain trucks on our gravel roads, take care, be aware of other roads uses and road signs.

Don't drive in the dust from the vehicle in front, slow down, there is no way of knowing what else is in that dust cloud.

All road users be aware of Shire maintenance vehicles on roads in your area throughout harvest.



- Do not speed. Abide by traffic management signs where roadworks are taking place.
- Shire road works locations are subject to change for emergency repairs, be aware at all times.
- Don't drive in dust when travelling behind vehicles. Keep a safe distance and safe road position behind vehicle in front to ensure vehicles travelling in opposite direction can see you.
- Vehicles seen driving without caution will be reported.

Always be aware of what is behind you and ensure that any traffic will not collide with you if you slow down in a dust cloud.

Be cautious, considerate and aware at all times.





Check out our website www.lakegrace.wa.gov.au

#### Shire of Lake Grace Community News Cont.

#### Office Opening Hours

Monday - Tuesday - Wednesday - Friday

8.30am - 4.30pm

Thursday 8.30am- 4.00pm

Staff can be contacted by phone between 8am - 5pm.

#### **Transport & Licensing**

All licensing payments are to be made in person at the Shire of Lake Grace Administration building.

Monday, Tuesday and Wednesday 8.30am - 4.15pm

#### Thursday and Friday 8.30am - 4.00pm

As an agency we process the majority of transactions, including; renewals, transfers, number plate orders, boat registration renewals and new licence applications.

Please ensure you arrive at the counter with sufficient time for your transaction to be completed by closing time, this is because it is necessary for staff to reconcile Department of Transport transactions each day.

Please keep in mind that farm equipment and Learners Permit transactions can take up to 45 minutes or more.

#### **Driving Assessor**

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 7 December 2018

#### Friday - 4 January 2019 to be confirmed

Bookings are essential for all Practical Driver's Licence Assessments and we advise that there is a waiting list, so booking in advance is highly recommended.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information visit www.transport.wa.gov.au.

#### **Building Surveyor**

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

Tuesday 27 November 2018

Tuesday 11 December 2018

For an appointment contact Josiah on 0438 811 944.

#### **Environmental Health Officer**

For an appointment with the Shire's Environmental Health Officer, Will Pearce, please contact the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

#### Tip Open Hours

#### Lake Grace

Monday & Wednesday 9am - 2pm Saturday & Sunday 9am - 4pm

#### **New degate**

Wednesday 9am - 1pm Saturday 9am - 1pm

Lake King & Varley

Open Every Day

#### Waste & Recycle Pickup

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

**Recycling** is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate	
26 November	3 December	
10 December	17 December	

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.

#### Office Opening Hours

Lake Grace Public Library School Place Absolon St Monday - Thursday 9am - 5pm Closed for lunch 12.30 - 1pm

#### School Holidays

Tuesday & Thursday 9am - 5pm Lunch 12.30 - 1pm

New degate Public Library Collier St Monday - Thursday 8.30am - 4.30pm Closed for lunch 12noon - 1pm Friday 9am - 2pm

**Lake King Library** Newdegate/Ravensthorpe Rd Tuesday and Thursday 8.30am - 3.30pm

Everyone welcome



Check out our Facebook page www.facebook.com/ShireofLakeGrace









# EYES DOWN FOR SKELETON WEED PLEASE REPORT ANY NEW FINDS TO LAKE LOCAL ACTION GROUP FOR SKELETON WEED INC 08 98 652 816 0455 112 476

HELP AVAILABLE THROUGH THE PROGRAM TO CONTROL AND ERADICATE

CODE THREE PADDOCKS ARE THIS SEASON ELIGIBLE FOR SEARCH ASSISTANCE

THE SEARCH CONTRACTORS WILL HAVE CONTACTED YOU IN REGARDS TO YOUR SEARCHING PLEASE REPLY TO THEM ASAP.

ANY QUERIES CALL THE NUMBERS ABOVE

THE 2017-2018 Report to Grain Growers for the Skeleton Weed Program is now available to view on the webpage below:

https://www.agric.wa.gov.au/skeletonweed

## Lego Club Laughs in the Library

Rosie Timperley

Laughter rings out in the Lake Grace Community Library on Tuesday afternoons as the Lego Club meets for an hour of fun. Previously held in the Art Space on the main street in town, the library is now home to the group of children who get together to put their imagination to work as they create different Lego toys.

It was three years ago that Annie Argent created the Lego club after her son Seth, after looking through his Lego magazine during the school holidays, asked if they could have a Lego group. With parents taking turns

in supervising and helping to organize the afternoon, the Lego Club has proven to be a popular and successful group. Sometimes the afternoons involve a theme whereby the children will make Lego toys that relate to houses or cars, or as is the case now, a Christmas related piece. Other times, free play will result in various different objects, including little Lego people and spaceships. Towards the end, one or two children will then talk about what they have made with their Lego and explain how it works.

Playing with Lego doesn't only provide fun for children - many benefits result from making Lego creations. There is of course the fine motor skills that develop as the little fingers coordinate the small Lego bricks. But there is also teamwork

required if playing with friends which develops social skills. There is focus, concentration, problem-solving and lateral thinking. There is also visualizing and planning the construction of three-dimensional objects which results in spatial skills. All of these benefits come about just by building colourful fun creations!

Meeting every Tuesday (except school holidays) straight after school from 3:30pm to 4:30pm, new members are always welcome in the Lego Club, which has no cost to join.



Below: Beau Trevenen, Taj Trevenen, Tyler Argent, Kyle Harwood, Zane Harwood enjoy the Lego toys.

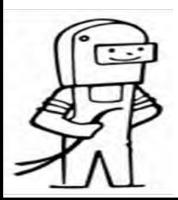
## IRONSTONE FABRICATIONS

ABN 71 529 174 979

**Mobile Welding Service** 

Fabrication Repairs Maintenance

## 24 hour service during harvest



### No job too big or too small

Lake Grace and surrounding areas Call Ben Argent for a free quote

Ph: (08) 9865 2317 Mobile: 0427 654 042

Email: annette.argent@bigpond.com

## eldersrealestate.com.au





#### For Sale or Lease

Perfectly located strata titled premises of 86 square metres retail space in Lakeway Shopping Centre could be used for variety of retail enterprises or set up for prime office location.

Asking Price \$50,000 +GST



4 Gumtree Drive, Lake Grace

3 bedrooms with built in robes, sleepout/sunroom, 1 bathroom, fibro & iron home, with roomy kitchen-living area, with air conditioning and tile fire.

\$150,000



#### 74 Stubbs Street, Lake Grace

3 bedroom, 1 bathroom, fibro and iron residence reverse cycle air conditioning. Set on a large square block within walking distance to town facilities.

Web ID 19257838 \$98,000



6 Clark Avenue, Lake Grace

Brick & tile 4 bedrooms with built in robes, 2 bathrooms, kitchen and dining room, formal lounge, family room, air conditioning & solar hot water system. Situated close walking distance to shops and facilities.

\$260,000

Elders Real Estate Lake Grace WA 6353 Ph 9865 3500 eldersrealestate.com.au Ron Dewson 0428 651 213 Garry Leo 0427 310 980

## **Bushfire Season Approaching**

Media Statement

Emergency Services Minister Francis Logan is warning Western Australians to take immediate action to prepare themselves, their family and their property for bushfires this summer.

The warning comes as wildfires in California, USA, have taken the lives of at least 50 people, with many more still missing and more than 9,200 homes and buildings destroyed.

Touring Perth's fire-prone eastern suburbs today, Mr Logan stressed to residents that preparation was the best line of defence against the inevitability of fire.

Last year 5,000 fires raged across Western Australia, burning a total of 4.5 million hectares of bush. This is equal to seven times the Perth metropolitan area.

The Minister joined local Bushfire Ready groups to inspect a well-prepared property in Bullsbrook.

To prepare your property start by trimming trees, cutting long grass, clearing gutters and removing any debris or rubbish from around your home. Put together an emergency kit ready to go in case you are evacuated or cut off during a bushfire including essential supplies such as an AM radio, spare batteries, torch, first-aid kit, woollen blanket, water and non-perishable food.

Regardless of whether you are staying or leaving, preparing an emergency kit can save precious time during an emergency as well as having a five-minute 'Fire Chat' with your family.

Visit <a href="http://www.firechat.wa.gov.au">http://www.firechat.wa.gov.au</a> to create your bushfire plan today.

## Comments attributed to Emergency Services Minister Francis Logan:

"Western Australians know all too well the devastating and potentially deadly impact fires can have.

"No one can afford to be complacent.

"Volunteer and career firefighters do an amazing job trying to protect communities during a bushfire but there will never be enough of them to knock on every door and save every home.

"People need to take action now to prepare themselves, their family and their property by having a five-minute Fire Chat and creating a plan using the Bushfire Preparation Toolkit.

"Take 30 minutes right now to plan what you will do during a bushfire because leaving it to the last minute could be deadly."



119 Federal St Narrogin 6312 9843 2186

www.narroginultrasound.com.au

Email: info@narroginultrasound.com.au

fb: Narrogin Ultrasound

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ACCREDITED SONOGRAPHERS



## **Lions Information Bay Revamp**

Arthur Slarke



We Serve

As was pointed out in the previous edition of the LLNs in the Shire Council notes, the Information Bay at Lions Park has had a facelift.

No new information or maintenance has been carried out, or had necessarily been required in the near 30 years since Lions established the IBay (Information Bay). However, the time had come for renewal, so Lions applied to the Lake Grace Shire for Community grant funding for the 2017 application period, this being Lions Clubs International Centennial year.

Being successful with the grant, Lions engaged local artist Michelle Slarke to freshly design and seek out current information for inclusion on both the Lake Grace townsite and the whole of Shire boards. For the latter, the Shire boundary has been adjusted in the intervening period.

The manufacturing of the signage was carried out by Jason Signmakers in Welshpool using digital printing and vinyl covering methods.

The main structural maintenance was contracted to Lawrie Dickins. This entailed removing the roof, stripping the sheeting, sandblasting and repainting the frame. Due to rusting on the overlap, the old tin sheets



were replaced with new full length sheets.

A good turnout of Lions members was present when it came time to prepare the upright structure for fresh paint. Finally the new information boards were stuck to frames for display on Saturday 27-10-2018. Well done lads!

#### A footnote:

Lions are looking for suggestions as to what could be displayed on the vacant rear side of the display boards.

This feature idea wasn't a part of the original project; however interest in the IBay could be enhanced by utilising the extra space. Lions could fit up the original boards exposing the blank side where paintings, photographs or other items of interest could be displayed most likely on a temporary rotating basis. Please pass on your suggestions to a Lion member. Thanks.



## LOCAL SPORTING CHAMPIONS FUNDING ROUND THREE IS OPEN

The Local Sporting Champions program provides financial assistance for coaches, officials and competitors aged 12-18 participating in state, national or international championships.

If successful, applicants will receive <u>\$500-\$750</u> towards the cost of attending their championships.

Applications are currently open until 11.59pm (AEDT) on **28 February 2019** for Round 3, 2018-19.

https://www.sportaus.gov.au/grants\_and\_funding/local\_sporting\_champions

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### **Puzzles & Stuff**

Some words from the 8th November edition of Boggle

Answers for the 08/11/2018 edition of Sudoku

Armistice	Recast
Ceramist	Remits
Meristic	Scream
Airiest	Smiter
Metrics	Stream
Mistier	Timers
Satiric	Traces
Armies	Acres
Carets	Arise
Caries	Cares
Cartes	Carts
Caster	Cites
Caters	Crams
Cities	Crest
Crates	Cries
Creams	Emits
Crimes	Items
lciest	Mares
Master	Mates
Merits	Meats
Mister	Races
Mitres	Raise
Racism	Rites
Reacts	Scare

6	3	5	4	1	2	9	8	7
7	4	9	5	8	6	1	3	2
8	1	2	3	9	7	4	5	6
5	7	6	1	2	9	3	4	8
1	2	8	6	3	4	7	9	5
4	9	3	8	7	5	6	2	1
2	8	1	9	6	3	5	7	4
3	5	7	2	4	1	8	6	9
9	6	4	7	5	8	2	1	3

3	4							
•	4	2	6	8	1	7	9	5
9	6	5	2	7	3	8	1	4
1	7	8	4	5	9	6	2	3
6	3	1	7	2	4	5	8	9
5	2	4	9	3	8	1	6	7
8	9	7	1	6	5	4	3	2
4	5	9	3	1	6	2	7	8
7	1	3	8	4	2	9	5	6
2	8	6	5	9	7	3	4	1

L	S	В
U	Α	
Р	Е	L

This week's Boggle

#### Trivia Questions

- 1. Who was the best selling female artist of the 2000's?
- 2. The Alaskan Malamute is a type of what?
- 3. What is the sleepiest animal in the world, sleeping around 22 hours each day?
- 4. Which animal can go without water for longer than camels?
- 5. What percentage of similarity is there between a human and a banana?
- 6. Which continent covers a larger area than Pluto?
- 7. Which planet is the only one not to have been named after a planet?
- 8. What colour is hippo milk?
- 9. What is the highest grossing Australian movie?
- 10. Which country invented the wine cask?

Ancwers t	o Trivia	<b>Ouestions</b>	(08/11)
Alisweis i	o mua	Questions	100/11

1. Pizza

6. Starboard

2. Helen of Troy

7. Tin and lead

3. None

8. Cool Hand Luke

4. Harp

9. Indian

5. Daffodil

10. Rudolph Hesse



## First Aid Courses

#### Lake Grace

Are you interested in **weekend courses?**There have been enquiries for this and we are looking for numbers for it to go ahead. If so, please call Ollie Farrelly on 0427 651 180

## **Making Smart Farming Ideas a Reality**

#### Media Release

Landholders and community groups can now apply for up to \$200,000 under round 2 of Smart Farms Small Grants.

Minister for Agriculture and Water Resources David Littleproud encouraged Landcare groups, NRM bodies, Indigenous organisations and community groups to throw their hat in the ring.

"The future of Aussie agriculture relies on sustainable farming and land management practices," Minister Littleproud said.

"Our farmers are looking for new practices and tools to stay sustainable and profitable. These grants support new projects to improve Aussie soil, biodiversity and vegetation. They will also help support water security and promote climate-smart farming.

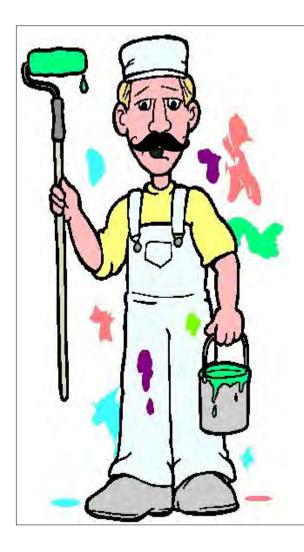
"Ultimately, this leads to more profitable agriculture, fishing and forestry industries. I know there's exceptional ideas out there, and these grants can make them a reality. The first round of funding was highly

competitive, attracting over 800 applications. I strongly encourage those who missed out in Round 1 to apply again."

#### Fast facts:

- Smart Farms Small Grants is a competitive grant funding opportunity.
- It supports projects to increase farming, forestry and fishing communities' knowledge and capacity to adopt sustainable agricultural best practice.
- Almost \$5 million in funding was awarded to 77 projects under Round 1.
- More than \$9 million is available for Round 2.
- The National Landcare Program's 2nd phase is investing more than \$1 billion over six years to 2023, with \$134 million for the Smart Farms Program.

More information is available online. Visit https://www.communitygrants.gov.au/ to apply.



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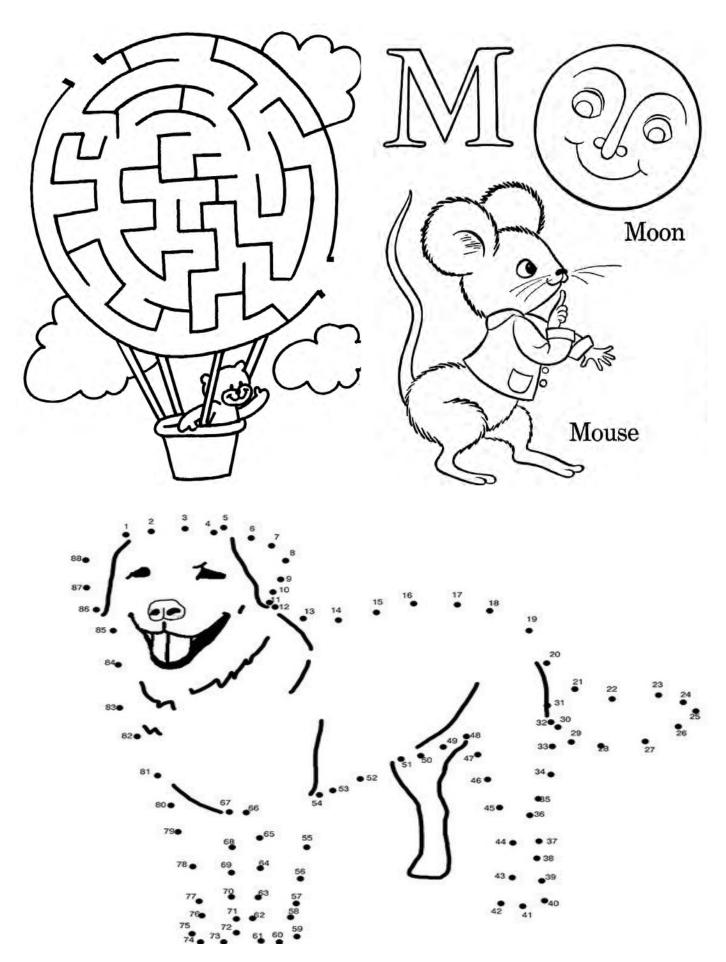
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## **Children's Activity**



## What Else Happened on 22<sup>nd</sup> November??

**1906** - SOS Started. International Morse code distress signal or SOS (... --- ... ) ( three dots, three dashes, three dots became the worldwide standard when it was included in the second International Radiotelegraphic Convention, in Berlin

**1935** - First Pacific Airmail delivery. The China Clipper took off from San Francisco, California on its way to Manila, Philippines in the first Pacific Airmail delivery.

**1963** - President John F. Kennedy is assassinated when he is shot by a sniper while riding in a motorcade through downtown Dallas.

**1977** - Concord Begins Flights To US. Scheduled service from Paris and London to New York's John F. Kennedy Airport begins following the ban on Concord due to citizen protest over sonic booms flying into JFK is lifted.

1995 - Toy Story. Toy Story produced by Pixar is released as the first feature-length film created completely using computer generated animation. The film was not only a commercial success it was given great ratings by critics and won a number of awards including an Academy Special Achievement Award in 1996 for the first feature-length computer-animated film

**2002** - Miss World Pageant. At least 100 people were killed at the Miss World Beauty Pageant in Nigeria. At least 200 of others were reported missing. The Miss World Beauty Pageant was meant to be a significant international event, and all the world was looking forward to it. It had been planned for weeks. Instead, the entire event was violently interrupted by Muslim and Christian mobs.

**2005** - Germany's First Woman Chancellor Angela Merkel, leader of the Christian Democrats (CDU), is sworn in as Germany's first woman chancellor.

**2005 -** Britney Spears releases her remix album of her hit songs, titled 'B in The Mix.' (Eat your heart out Miss Merkel.)

**2012** - Russia Lifts Ban on Beef From Britain. Russia has lifted a twenty-six year old ban on the importation of British beef and lamb after an agreement was made. It had been banned previously due to concerns over the initial BSE (Mad Cow Disease) outbreak in the country.

#### **Born This Day:**

Billie Jean King (1943) Long Beach, California.

Jamie Lee Curtis (1958) Los Angeles, California.



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### **Commemorative Address**

#### Suzanne Reeves

I would like to thank you for the privilege of being able to speak at this event marking 100 years of the end of what was supposed to be the war to end all wars. Every war has its terrors of what humanity can do to itself but I understand that this war left indelible scars that crossed generations.

For Australia, the First World War remains the costliest conflict in terms of deaths and casualties. From a population of fewer than five million, 416,809 men enlisted, of whom more than 60,000 were killed and 156,000 wounded, gassed, or taken prisoner.

This war entered every town and every household in Australia and unfortunately it never ended for some. I always wondered how those left at home managed with the uncertainty of knowing whether their loved ones were safe.

My great grandparents William (snr) and Martha Oliver and family moved from Wickepin to Lake Grace in 1914, in August of that year war broke out between Germany and England with Australia pledging their support for Mother England. Within six weeks William (snr) and Martha's second born son, Norman Leslie had enlisted; he was part of the doomed Gallipoli campaign. When Les, as he was more commonly known, was invalided back to Australia for medical treatment in late 1915 I'm sure the family breathed a sigh of relief.

That relief would have been short-lived though as he was considered well enough in early 1916 to be sent to the European battlefields. In May 1916 oldest son Alf also enlisted with third son William, my grandfather, following suit in December of that same year.

By mid 1917 all three of the Oliver brothers were a part of the European campaign; like an intricate chess game they always seemed to be moving in a different direction. The time lag in communications meant that both Alf and William were unaware their brother Les had been badly wounded in September and shipped back to England. Around this time William was shipped from England to France to take up duties as a stretcher bearer. Within a week Alf had been shot and was in an American hospital on the sea shores of France recovering. In a letter to his mother he talks about 'how nice it is to walk down to the beach and watch the ships come in'.

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The content of correspondence was quite ordinary, talking about the food, the weather and wondering how the crops were going. Alf sent humorous postcards to younger brother Tommy, telling him to work hard at school and asking after his puppies.

When I look at the studio photographs of the brothers taken before their European adventure, I see handsome healthy young men; bright eyed and looking forward to the promise of what life would bring. I doubt that farm life in Wickepin and Lake Grace prepared them for trench warfare and the unspeakable sights that I'm sure they never forgot.

War by nature is a despicable thing but it brought out incredible acts of bravery. There is the bravery of Les whose actions on the 26th September 1917 earned him the Military Medal but eventually cost him his life, perhaps that wounded comrade he brought back to safety survived and went on to lead a full life. There is the bravery of Alf who although he had a little stutter and went AWOL for an extra days leave returned to the front until the end of the war. There was the bravery of my grandfather who as a stretcher-bearer was unarmed but responsible for the lives of so many. When the Germans unleashed mustard gas, William put his gas mask on a patient, who had lost his mask rather than keep it for himself. Although this permanently damaged William's lungs, when the future isn't guaranteed the here and now would have been what was important.

There was also the bravery of the families back home, William and Martha had seven other children and a farm to run. It would have been difficult knowing that two of your sons had been wounded, but were on the other side of the world. The family received a telegram on 29th October stating that Les was dangerously ill and had been transferred to King George Military Hospital on the 15th. When Les succumbed to his injuries in early November it was devastating, shiny medals and accolades were of little comfort. With the lag in information he would have been buried before they knew he had died.

Did William snr and Martha take solace from the empathy displayed by fellow farmer Paddy McMahon when he planted three gum trees at Neendaling siding to represent the three Oliver brothers who had enlisted?

Of the three brothers Les was the only one to nominate his mother as next of kin. When she made enquiries to the Australian Imperial Force about his effects she was asked in return mail that although she was listed as next of kin for Les, they desired to know whether he had any closer blood relatives than herself, for instance was his father still alive? Martha dutifully returned William's information, knowing full well this was the only way she would get what she wanted.

Although the war ended in 1918 it was 1919 before William and Alf returned to Australia. Les of course never returned, buried in Brookwood Cemetery in Surrey England. He has plenty of company as Brookwood is a 202ha cemetery, the largest in England and is the final resting place for many Australian, Canadian and American soldiers. The military part of the cemetery is beautifully maintained, this I believe is

## **Commemorative Address** (cont.)

done by the American's who have an office and staff on site.

Alf brought home a Welsh bride whom he met while undertaking farm work in Wales following the end of the war. He returned to farming in Wickepin with his bride Olive, they never went on to have children. Alf passed away in 1954 and is buried in Karrakatta.

William came home sooner than Alf, possibly because of ill health. While serving in Europe he had met my Grandmother, a Welsh lass called Annie Cottle who was serving in Belgium as a cook for the officers. My understanding is that they met in Paris while on leave. After further courtship via correspondence and a quite unromantic proposal Annie sailed for Fremantle and she and William married in 1921.

In later photographs there was a hollowness in my grandfather's eyes, I'm sure he had good times but I don't believe the war ever left. My grandmother spoke quite graphically of the duties of a stretcher-bearer; I don't know how you mentally go from cropping and fencing to picking up pieces of a person out of the mud.

Farming in Tarin Rock William and Annie went on to have seven children, the farm is still owned by the family. William passed away in 1945 at the age of 53 from pneumonia and is buried in Lake Grace.

Listening to family anecdotes Martha Oliver never quite

got over the war and became quite reclusive. It was probably for the best that she passed away in 1938 and didn't have to live through World War II and the fact that her younger three sons enlisted and went off to do their bit.

In 2009 our family was contacted by a cousin in Canberra who was in possession of Alf and Les's service medals, these had been given to him by his grandmother; Alf and Les's younger sister Lucy Francis. His feeling was that with no descendants of his own the medals should be taken out of the drawer and returned to Lake Grace; they are now framed and hanging along with their brother William's in the Lake Grace RSL.

There was an enormous loss of potential with World War I with many of the Returned Servicemen having no time of financial and emotional stability. World War I was followed closely by the flu pandemic, the depression and then World War II. Of course the loss wasn't one sided; all combatants had families.

With the Oliver farm on the railway line my grandmother spoke of men walking from the railway line to the homestead desperate for shelter and food in return for work. They would do anything just to know that they could have a meal before moving on. These men were never turned away.

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### **AFLW: Football-obsessed Smith Relishing Move to Dogs**

Sarah Black (August 2018)

IT'S A BIG decision to make for a season that runs only two months, but Belinda Smith is crossing the country to continue her AFL Women's footy career.

Smith was delisted by Fremantle after two seasons but didn't have to wait long before the Western Bulldogs pounced. She signed as a free agent less than a week later.

"I got a call out of the blue," Smith told AFL.com.au.

"I had received a message from my club coach [at East Fremantle] earlier in the day, just asking if it was okay to give my number out, and I was like, 'Oh yeah, sure, whatever', not expecting anything."

But Smith had been on the Bulldogs' radar for some time. The 23-year-old had been one of Fremantle's best when the two clubs played in round one in 2017, with 17 disposals running off half-back.

"When we saw that Belinda was available, I was constantly drawn back to that performance against us in our first ever game as an indication of her talent," Dogs coach Paul Groves said.

"She has excellent speed and clean hands and can be very damaging around goal."

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Smith is the second-oldest in her family, growing up with three brothers in the tiny farming town of Pingrup, four-and-a-half hours south-east of Perth.

"I started playing footy when I was eight or nine and Dad was the coach at the time," Smith said.

"I was pretty obsessed from a young age. My brothers and I were always playing.

"The four of us were born within five years, so we were able to split the teams up pretty evenly. We're all very competitive."

Smith moved to Perth when she was in year eight to board at St Mary's Anglican Girls' School, where she was thrilled to find a football team.

Smith has been spending time up forward this season for East Fremantle in the WAWFL, finishing third in the league's goalkicking with 27. Her ex-Dockers teammate Kira Phillips will win the award, having booted a whopping 78 goals in 17 matches for the Peel Thunderbirds.

East Fremantle has qualified for the Grand Final and could meet Peel next week.

Smith loved her time at Fremantle, playing 12 of 14 matches in the first two seasons of the competition, averaging nine disposals and two rebound-50s a game.

"Being at Fremantle allowed me to become even more obsessed with football than I already was. Being surrounded by everyone with the same passion, all wanting to work hard and take in the little details was exciting.

"It was a higher standard than club football. You didn't have to do as much yourself," she said.

"Having the ability to watch the games back and having the coaches on hand allowed me to give football the time and effort I've always wanted to.

"I watch a lot of football – I need another hobby, to be honest.

"Whenever I have time on the weekends, I love watching a good game. I'm not as obsessed with the AFL as I was, I just love watching the girls play.

"I read a lot of articles about it and keep up to date."

Unfortunately, Smith's West Coast-loving family weren't quite as enthralled with her playing for the rival Dockers.

"Mum would give me little jabs, saying 'I don't like purple', or 'I don't look good in purple', just funny little things like that," she said with a laugh.

Smith is in the final year of a physiotherapy degree, working full-time hours on a work placement.

"At the moment, I'm at a hospital, but I'm also looking at

## Football-obsessed Smith Relishing Move to Dogs (cont.)

getting a private practice placement, to see what that's like," she said.

"It's a lot better than studying, I much prefer to be working, I'm just not earning any money. I generally rely on AFLW over the summer."

She's in the process of working out how to finish her degree across two states.

"Because I'm on placement now, the decision I had to make before signing with the Bulldogs was, 'Do I say no, stay in Perth and potentially not get picked up again, or do I do my placement over a year and a half and finish the degree a bit later?'.

"If I keep working hard and improving, I've got five to 10 years to play football competitively at this high level,"
Smith said

"I've got the rest of my life to work full-time and save money and all those boring things.

"The opportunity to go to a different club, especially one that went from sixth to premier, was too good to pass up.

"They obviously have a good program in place, really good people involved, and chatting to [Paul], I've got an opportunity to play forward as well."

Having had a small taste, Smith's looking forward to finding out what living in Melbourne is like on a full -time basis.

"I came over about a month ago for a visit and trained with the Bulldogs' VFLW side. I met seven or eight of the AFLW girls then, as well as (the Dogs' AFLW operations manager) Debbie Lee, which was great," she said.

"They sound like they hang out a lot. 'KB' (captain Katie Brennan) said they go to brunch heaps, which suits me as well. I love a good brunch."

"Have goals, create dreams, but do not let happiness depend on their achievement." - Manoj Arora

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## Lindsey Scott U/13 Junior Cricket Association

Derek Stanton

On Sunday 18th November the Lakes District Cricket Association u/13 cricket team hosted Narrogin for their second game of the season.

Lakes captain for the day was Josh Grahame.

Narrogin batted first and made a very good score of 4/149 from their 30 overs. Bowling figures for Lakes team - Harry Burns 1/16, Alastair Neild 1/14, Josh Grahame 1/5, and Griff Naisbitt 1/5.

In reply, Lakes batted strongly and gave a great run chase to be only 2 runs short of the target after their 30 overs, Lakes 9 for 148.

Batting scores - Josh Grahame 5, Hayden Leo 10 not out, Alastair Neild 16, Judd McKenzie 6, Harry Burns 6, Lucas Robinson 68 not out, Darcy Neild 0, Griff Naisbitt 2, Rylan Gooding 5, Alby Stanton 1, and Sam Doney 0.

It was a very tense game which was played in good spirits. Well done lads!

Thank you for everyone's help on the day with umpiring, lunches, morning teas, and your supporting / cheering the boys.

Next game is another home game in Lake Grace on

Sunday the 2nd December against Wagin.

Special mention to some people who have donated some gear to the juniors this year

- \* Sarah and Kevin Naisbitt for donating 2 x pairs of batting gloves and a helmet
- \* Lake Grace Cricket Club donated 6 x match day balls, 6 x practice balls and a pair of new wicket keeping gloves
- \* Kristie Stanton donated 2 x retractable stumps, a junior bat, and a pair of batting pads

Thanks also to Shaye Bowron and Kane Pinney who took the juniors for a Thursday afternoon training session for me.

The Lindsey Scott U/13 comp is a modified game where participation is the key. Shortened pitch, smaller ground, batsman retiring after facing an allocated amount of balls - normally 35, everyone has to bowl minimum of 2 overs including the wicket keeper.....all of these ensure everyone "gets a go!".



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### **Lake Grace Cricket Notes**

George Chircop

Lake Grace v Hyden- Round 6- 10/11/2018

This week's team - Matt Trevenen, Garry Leo, Jamie Eggers, Mitch O'Neill, George Chircop, Damon Pelham, Bailey McGlinn, Kael Gray, Mark Livall, Rob Enright, Kane Pinney.

It was a cloudy afternoon and the humidity was overbearing, Kane won the toss and elected to bat, which was a great choice. With the thunderstorm clouds approaching it looked very threatening.

Matt and Gary opened the batting and Matt was the aggressor making a quick score of 23 before getting out. Next in was Jamie and he got his eye in early. Gary got two boundaries then got out with a score of 8, Kane was next to the crease.

Jamie decided to take charge as he was starting to settle in, but Kane couldn't and only made 3 runs before getting out. Next up was young Mitch but he couldn't trouble the score and got out for a duck. After 15 overs we were 5 for 62 and it wasn't looking good for us, but with batsmen to come we had to hang tough.

Damo was next to come in and it was his first time batting for this season, so maybe he and Jamie could get a partnership going, Jamie got a few nice boundaries but got bowled after 21 runs. Young Bailey was promoted up the order to bat as he was in good

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touch at training. Damo started to get the score ticking as he and Bailey look to score quickly, Bailey hit a nice boundary and that was all he got as he got out on 4.

The score was 6 for 76 at drinks break. Next to the crease was Kael and with the team struggling we really needed Kael to step up and get some partnership going with Damo. Damo kept getting runs and a few boundaries, Kael backed him up and rotated the strike nicely. We had a great chance to put up a decent score if these two blokes can hang around, and they did just that, really knuckled down and took it to Hyden.

As the thunderstorms came over and it started to rain it was getting dark pretty quick, but with Damo now settled in and Kael giving great support the score was now 103 after 28 overs. Kael got his runs going with boundaries and the singles, if we could get past 150 we knew we could protect this score.

As the boys were building a great partnership Kael got run out on his score of 12, so now the score was 7 for 114. Next to bat was Mark and he is no mug with the bat, so Damo could keep on scoring and he knew he had the backup. Mark got off the mark and Damo kept the score going, Mark got a couple of nice boundaries and also rotated the strike so the score was looking better.

Damo reached his half century and the score was past 150. When Mark was on 14 he got out, and with only two batsmen to go there were 4 overs left we just needed to see out the remaining overs. Rob was next to the crease and we know he can swing the willow when needed, he also got off the mark with a single to give Damo the strike and he opened his shoulders with a few boundaries. Rob got a nice spin ball and he was out for 2.

The last batsman was George with only 5 balls to go, we just needed to get off strike so Damo could further his score. George got off the mark which gave him 3 runs so Damo had the strike with 2 balls to go, but couldn't get any more runs so after 44 overs our score was 9 for 175. Damo not out for 59 and George not out on 3.

So Hyden needed 176 of 44 over's with a run rate of 4 runs an over. After tea break we had to get switched on and get early wickets, which would be key to our victory.

Opening bowlers were Mark and Kane and they started with a blaze, Mark swinging the ball a mile and with Kane bowling the other end with extreme heat, it was just what we needed as the pressure started to build.

Kane got the first wicket which was also a maiden in his first over, with Mark bowling well and no runs getting scored Kane got his second wicket from as many overs thanks to a brilliant catch from Kael, so we had Hyden 2 for 3.

With the start we were looking for and the thunderstorms coming we knew we had to get through our overs before the storm hit us, Hyden slowly started to get runs, but wasn't going to plan as they were lucky

## Lake Grace Cricket Notes (cont.)

not to lose wickets as their shots weren't controlled. With our opening bowlers bowling so tight Hyden couldn't get going that's when Mark got his first wicket.

Next batsman for Hyden was our very own Lake Grace boy Jack Carruthers he came in hitting a monster six. The next ball from Mark got edged and Kane took off like superman and took the best slips catch I have ever seen what a welcome home for Jack, sorry but thanks for coming mate!

With Hyden 4 for 37 the pressure was truly building. Rob was given the ball and he took over from Kane not allowing the batsmen to get any kind of rhythm as he started with a maiden. Damo was given the pill as he was in form with a heap of wickets last week, but couldn't quite get his length right. Rob continued bowling tight and was rewarded with a wicket thanks to being caught behind by Gary Leo.

Hyden was struggling on 5 for 47 and with only a handful of batsmen left we had them right where we wanted them. Jamie was given the ball to bowl spin and he always gave good chances of wickets. His first ball got a wicket and then another wicket with his last ball, so Hyden was 7 for 59.

Next in line to bat was another Lake Grace boy Jackson Callope, he lasted the over from Rob but fell LBW to

Jamie. Next to bowl was George as he gets through his overs quickly.

As rain starts to fall his first over was tight only 1 run scored, Jamie's 3rd could be the last as he was spinning them well, but they got some lucky runs off him, George's second ball of his second over got him a wicket and Hyden was all out for 70 off 27 overs.

What a great game of cricket by our team. We really showed that our depth can come through when called upon. Every week we seem to get better and better, what a start to the season 5 wins with only 1 loss. Great effort boys let's keep it going and enjoy every minute on the field.

**Batting Score Wickets** 

Damon- 59 Not Out Jamie -3/8 off 3 over's

Matt- 23 Mark- 2/29 off 9 over's

Jamie- 21 Kane- 2/17 off 7 over's

Rob- 1/8 off 5 over's George - 1/1 off 1.2 over's

## FYFE TRANSPORT

Liquid Fertiliser Service

Consider us when ordering your liquids.

Phone

David 9865 1129

Liam 0417 915 314



#### **Lake Grace Bowls Notes**

Lynda Trawinski

#### October 13th

Lake Grace hosted Kukerin in the opening pennant game of the year. with a few rusty bowlers Kukerin showed us how to play winning on all four rinks. Score 0-8 aggregate 73-135.

#### October 27th

Lake Grace hosted Kulin a much better game for the men winning on one rink in a far more competitive game than round 1. Score 1-7 aggregate 85-98.

Ladies played their first pennant game. having 3 new bowlers playing alongside our usual ladies score 0-4 aggregate 29-57

#### October 28th

Today we played club championship pairs and the men's winners are Morrie Smith and Wayne Trawinski and the Ladies winners are Helen Hunt and Abbey Trawinski

#### **November 3rd**

Lake Grace hosted Newdegate in a game that ended close for both the mens and ladies. In an exciting finish the men went down in the overall by just 1 shot while only winning 1 rink score 1-7 Aggregate 100-101.

The ladies had a good hit out losing on both rinks but both being close games. score 0-4 aggregate 30-39.

#### **November 10th**

First road trip of the season to play Karlgarin on a day that delivered all types of weather; sun, wind and hail conditions were tricky for everyone but Karlgarin showed us how to play on their green winning every rink score 0-8 Aggregate 62-124

### Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

## CCL Hardware

8 Stubbs Street Lake Grace WA 6353 PHONE: 9865 1104

GO WHERE THE TRADIES GO



The proper hardware store

**Opening Hours** 

Monday - Friday: 7:30am - 5:30pm

Saturday & Sunday: 8:30am - 11:30am

#### Local Stockists of:

- Kleenheat Gas
- Nursery supplies & plants
- Bulk soils & mulches
- Tools, hardware, steel & timber

#### **PUBLIC NOTICES**

#### Sally Dickinson

Counsellor for Southern AgCare. A free and confidential service. Contact 0427 192 155 www.southernagcare.org.au

#### **First Aid Kits**

Are now available for purchase at CCL Hardware Lake Grace.

#### Lake Grace Op Shop

46 Bennett Street (Old Church) Tuesday 1:00 - 4:00pm Friday 9:30am - 1:00pm

#### Lake Grace Lions Club

Meetings every 2nd (dinner meeting) and 4th Thursday of the month at the Men's Shed.

#### **Community Bus Bookings**

Are to be done through the Lake Grace CRC.
Ring 9865 1470 or email
lakegracecrc@westnet.com.au

#### **CWA Bookings**

Please be advised that if you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

## Holyoake Community Alcohol and Drug Service

May Griffiths Counsellor/Diversion Officer Ph: 08 9881 1999

Holyoake's counselling service isn't just for the addict but is also for family and friends who are needing support. Funding is currently for one day in our area but due to lack of use in recent months we may lose this facility.

#### Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

#### Senior Citizens Christmas Luncheon

Will be held Thursday 6th December
At the Lakes Village Hall
\$30 each for a 2 course meal
RSVP to Suzanne Reeves 0427 651 310

#### **Community Midwife**

Holly Brockway, the Community Midwife, will be coming to Lake Grace regularly. Call Narrogin Primary Health on 9881 0385 or Holly directly on 0429 127 917 to make an appointment.

You may delay but time will not.

Benjamin Franklin

Determine never to be idle. No person will have occasion to complain of the want of time who never loses any. It is wonderful how much can be done if we are always doing.

Thomas Jefferson

## Crisis Care Numbers

ш				
l	Doctor's Surgery -9865 1208	Electricity Faults - 13 13 51		
	Hospital - 9890 2222	Water Faults - 13 13 75		
1	Ambulance/Fire/Police - 000	<b>Directory Assistance</b> - 1223		
	55 Central Men's Refuge 9272 1333	Family Helpline 1800 643 000 / 9223 1100		
	Sally Dickinson 0427 192 155 Southern AgCare Counselling	Kids Helpline 1800 551 800 www.kidshelp.com.au		
	Poisons Information 13 11 26	Ngala 9368 9368 www.ngala.com.au		
	<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700		
	<b>Lifeline Australia</b> - 13 11 14 www.lifeline.org.au	<b>Beyond Blue -</b> 1300 22 4636 www.beyondblue.org.au		
	Seniors Information Services 9321 2133 www.cotawa.asn.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au		
	Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au		
	<b>Main Roads</b> - 138 138	<b>Rural Link -</b> 1800 552 002		
	Mental Health Emergency Response Line - 1300 555 788	Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au		
Alcohol & Drug Information Service - 1800 198 024 https://www.mhc.wa.gov.au/		Parent Drug Information Service - 1800 653 203		
	Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999	Relationships Australia Fair Programme 9336 2144 https://relationshipswa.org.au 1300 364 277		

Freecall - 1800 447 172

Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
Craft Group	Meet at the CWA Bu	ilding Saturdays	from midday onwards
CWA	Suzanne Reeves	0427 651 310	lakegracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com
LIFT Lakes Information & Farming	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Lions	Arthur Slarke	0429 651 015	arthurslarke@bigpond.com
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au
Playgroup	Rhiannon Stubberfield	0428 301 380	lakegraceplaygroup@mail.com
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Visitor Centre Committee	Stephanie Clarke-Lloyd	0408 949 759	stephanie.l.clarke@bigpond.com
Summer Sports			
Lake Grace Cricket Club	George Chircop	0417 950 437	swan_district@hotmail.com
Lake Grace Tennis Club	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Tarin Rock Tennis Club	Lisa Pearce	0428 518 026	ml.pearce@bigpond.com
Lake Grace Bowls Club	Lynda Trawinski	0429 651 403	

### **CHURCH TIMES**

## Lake Grace Catholic Church

Sunday 25th November 10am Sunday 2nd December 6pm

For inquiries and request for home visitation, please contact Fr Joseph Sousa on 9865 1248.

## Anglican Church of Lake Grace

Sunday 25th November No Service Sunday 2nd December 9am

Enquiries: Father Dave

Father Dave 0427 545 560 Wally Perry 0448 795 070

## Justices of the Peace

 Colin Connolly
 0427 858 066

 Ron Dewson
 9865 1224

 Amanda Milton
 0429 654 011

 Geoff Sabourne
 0429 651 171

## Lake Grace Shire Councillors

Dane Grace Sime Coamemore							
Councillor	Telephone	Fax					
Jeanette de Landgrafft (Pres)	9872 0029	9838 9041					
Steve Hunt (Vice Pres)	9865 1650						
	0427 651 585						
Ross Chappell	0428 654 058	9865 4051					
Debrah Clarke	9865 4041	9865 4032					
Roz Lloyd	9871 1534	9871 1676					
Allan Marshall	9865 3022	9865 3012					
Murray Stanton	9865 1329	9865 1223					
Peter Stoffberg	0447 281 181						
	9865 2550						
Mikaela Spurr	0438 926 196						

## COMMUNITY CALENDAR

#### **November / December**

Fri 23 Op Shop open 9:30am - 1pm Fish & Chips @ Sportsman's Club Podiatrist in Lake Grace

**HACC Activity Day** 

Sat 24 Rubbish tip open Craft @ CWA

Steak Tea @ Sportsman's Club Ladies Bowls - ILRR Pairs @ Mt Barker Cricket - Karlgarin v Lake Grace

Social Tennis @ 3pm Sun 25 Rubbish tip open

Ladies Bowls - ILRR Pairs @ Mt Barker

Mon 26 Rubbish Collection Recycling Collection Rubbish tip open Swimability in Narrogin

Tue 27 Pilates Classes @ 6pm Op Shop open 1 - 4pm Men's Shed (morning)

SOYF Exercise 10am @ Shire Hall Chair Aerobics 10:30am @ Village Hall Building Surveyor in Lake Grace Lego Club @ Library 3:30pm LGDHS School Board Meeting Physio in Lake Grace

Wed 28 Rubbish tip open

Thur 29 Pilates Classes @ 6am and 9am Bowls Training @ 5:30pm LGDHS Volunteers Morning Tea LG Sportsman's Club AGM

Fri 30 Op Shop open 9:30am - 1pm Fish & Chips @ Sportsman's Club

Sat 1 Rubbish tip open Craft @ CWA Steak Teas @ the Sportsman's Club

Cricket - Newdegate v Lake Grace Men's Bowls - Kukerin v Lake Grace

Social Tennis @ 3pm Sun 2 Rubbish tip open

Jnr Cricket U/13 - Lakes v Wagin

Mon 3 Rubbish Collection Rubbish tip open LLN Deadline

LG Development Assoc. Meeting Tue 4 Lego Club @ Library 3:30pm Pilates Classes @ 6pm Op Shop open 1 - 4pm Men's Shed (morning)

SOYF Exercise 10am @ Shire Hall Chair Aerobics 10:30am @ Village Hall

Wed 5 Rubbish tip open

Thur 6 Playgroup 9:30 - 11:30am

Toy Library Open

Pilates Classes @ 6am and 9am

LLN published

Bowls Training @ 5:30pm

Senior Citizens Christmas Luncheon

#### **Coming Events**

7th December - Driving Assessor in LG

11th December - Foot Clinic

12th December - End of Year School Concert

13th December - Late Night Shopping 13th December - Students Last Day of School

14th December - HACC Christmas Party

#### 2019

25th February - Rural Minds (Varley) 26th February - Rural Minds (Lake Grace) 27th February - Rural Minds (Newdegate) 1st March - Advocare Information session in LG 19th & 20th March - ASIST Workshop (Lake Grace) 3rd & 4th April - ASIST Workshop (Newdegate)

	6	1		8	7		3	
			5			9		
3	4			1			7	2
7			8			3	4	9
6								1
8	5	4			3			7
4	9			6			2	8
		8			1			
	2		9	4		7	5	

#### Sudoku

☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.

☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.

☐ You can't repeat numbers in a row. column or 3x3 box and you can't change the numbers already in squares.

						6	3	
1			6		8			
		2				5		7
	3			8				
4			1		5			2
				3			8	
7		6				4		
			2		9			1
	1	5						