

# LAKE GRACE LINK NEWS

Produced at the  
LAKE GRACE COMMUNITY RESOURCE CENTRE  
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**19th November 2015**

**\$1.20 inc GST**

**Vol 21 Issue 22**

## Remembrance Day 2015

*Cheryl Chappell and Alison Dines*



***Year 3/4 students with the wreath of poppies at the Remembrance Day ceremony at the Lake Grace RSL.***

Every year on the eleventh day of the eleventh month at 11am Lake Grace District High School students commemorate Remembrance Day.

This year returned servicemen and women, community members and school students gathered at the RSL Hall in Stubbs Street. The service started with the School Cadets marching into position in front of the hall.

Year 10 students Emily Younger, Brad Clunie and Clayton Clunie conducted the service with confidence and precision, speaking about relationships with the allies during the war.

They remembered those Australian men and women who fought to set others free and those

who stood with courage to keep our families free during World War II.

Year 3/4 students quietly came forward and with help from the Lake Grace Regional Artspace, they respectfully attached poppies to the Remembrance Wreath. The Last Post was sounded followed by a minute of silence. Once Reveille had begun, School Cadet Charlee Earnshaw raised the Australian flag.

The FESA Cadets marched to the back of the hall in readiness to serve the returned servicemen and women morning tea which was supplied by Youthcare. Many people stayed to enjoy the company of others and to remember family and friends.

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### CRC Opening Hours 9:00am - 5pm

Closed from midday to  
1pm for lunch when short staffed.

## Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

### Next Deadline

Monday 30th November

### Next Edition

Thursday 3rd December



To the **very** dedicated team who have volunteered their time to this edition of the Lakes Link News.

Elsie Bishop

Gwen Oliver

Dick Phillips

Thank you also to our many contributors of articles.

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- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
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***345 copies printed and sold each fortnight***

# Editorial

- Our photography competition is still on display, feel free to come in and place your vote. Voting closes on Friday 27th November!
- Believe it or not the year is coming to a close so it's time to talk about subscriptions for 2016. The order form will be out in the next Link, there will be 25 Links next year rather than the standard 24 and I'm yet to find out if there are any changes in postal charges. I really appreciate it people can get their subs forms in by the end of December as it really helps with the organisation for the following year.
- Late Night Shopping is chugging along, we have had a good response to stalls but are always happy to have more. If you feel like painting faces (not mine), selling some baked goods (or other product) then give us a call and book your spot.
- As reported the CRC will be taking delivery of parcels for 'special delivery' at Late Night Shopping. Please keep the size of the item in mind (smaller is better) as the delivery bag can only stretch so far.
- We have our Lake Grace calendars available for sale at the moment for the fantastic price of \$20. All the photographs are local (no beach scenes) and make great Christmas gifts.
- Unfortunately our photo booth is on the blink at the moment, the old one was playing up and we had a replacement sent that doesn't want to play at all. Apologies for the problems this is causing.
- The CRC bowling team is holding it's own at Corporate Bowls; last fortnight we didn't even get within cooe of the kitty but we still seemed to score some points. According to our token male on the team (we didn't want to raise issues of gender equality etc.) we do need to talk less and bowls more! Good to see other teams up there enjoying the night.
- A big thank you to Alison and Trish for holding the fort while I flitted off to Melbourne for a couple of days. Although I didn't take in the UFC title fight, or take part in the Fun Run (definitely an oxymoron) it was definitely an eye-opener to see what other people queue for. Who knew that Kanye West releasing a new range of shoes would draw such a crowd - I was quite sure the teenagers I was talking to were pulling my leg but apparently not!
- Estelle Blackburn has kindly sent us a carton of her book 'Broken Lives'. If you would like a copy for yourself or perhaps as a Christmas gift they're \$25 and available at the CRC. An excellent read!

*Suzanne Reeves*

## Living Communities are hosting **Late Night Shopping** on Friday 11th December



The main street will be closed and we are looking for stalls. If you would like to set up on the evening then please call the Lake Grace CRC on 9865 1470 and book in.

Family Photographs (from 4pm). Call Peter Stoffberg on 0447 281 181 for bookings and if you have any queries.

### Stalls / Displays include:

4 Paws Pet Care  
Annie's Creations  
Walkers Hill Winery  
Across the Lake Wines  
Jamberry Nails  
Showbags

Doughnuts  
Your Inspiration At Home  
St John Ambulance  
Craft  
CASE IH toys  
Baked goods

Black & White Exhibition  
Body Shop products  
Enjo  
Precision Skin & Beauty Clinic  
eBee Creations (jewellery)  
Woodwork

Food will be available from Lake Grace Gym Club (curry & rice/hot beef rolls), Visitors Centre (sausage sizzle), Caffé Arjo (menu) and Lake Grace Hotel (menu).

Businesses that have confirmed they will be open are Sand 'N' Salt, Visitors Centre and Lake Grace Pharmacy (until 7pm).)



# Book Fair Reaps Rewards For Library

Suzanne Reeves

It was a busy fortnight at the Lake Grace Community Library as they held their annual book fair. Themed 'Under the Sea', the staff were under the pump as children came in to fill out their wish lists hopeful that Mum or Dad would be receptive to the idea.

Supplied by Ashton Scholastic there were hundreds of titles to choose from. By the end of the fair the library had sold books to the value of \$1,671. From this the library achieved a 30% commission which earned them 47 new titles for the library.

Library staff Lois Dickins and Linda Carruthers have chosen a great range of books to add to the young reader shelves; they include fiction and non-fiction plus some well-known authors such as Emily Rodda. There are also some board books, the ever popular Ripley's Believe it or Not and some titles that contain cute and cuddly characters like meerkats!

Both Linda and Lois thank the community for their support of the book fair, your support has contributed to adding to the Lake Grace Library resources.



**Library staff Lois Dickins and Linda Carruthers show off their new acquisitions for young readers.**



P R E C I S I O N

skin & beauty clinic

88 Stubbs Street, Lake Grace  
Western Australia 6353  
0488 090 939



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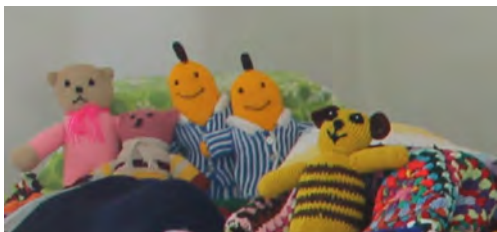
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Facials  
Waxing & Tinting  
Spray Tans

## What's Happening?

- Belated congratulations to Lindsay & Tahlia Willock who were married on Saturday 5th September. Their wedding was on the family farm amongst the pine trees. It was freezing but it didn't make a difference on their big day as so many family and friends travelled from all over Australia to make the day so very special! Lindsay and Tahlia thanked Grant and Trish Medlen from GPM Photographics for taking their photos and the Tarin Rock Tennis Club for serving the food.
- Bill Culbertson of Wheelchairs for Kids has informed us that some of the blankets and soft toys made by the clever band of women of Lake Grace are at this moment in a sea container waiting to be transported to the Port of Fremantle on their way to Kenya. Bill is sure that B1 and B2 will be welcomed with a big smile on their arrival there.



## Lawn Mowing & Gardening Services

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GPM Photographics

## Happy Birthday



20th November  
21st November  
23rd November  
24th November  
25th November  
26th November  
27th November  
28th November  
29th November

30th November

1st December

Trenton King  
Linda Hunt  
Allan Marshall  
Amber McPherson  
Kim McPherson  
John O'Neill  
Wendy Abrahall  
Konnah Holmes  
Jean Seaman  
Beau Bowron (21)  
Glenda Slarke  
Jodi Pearce  
Stephen Korosec

## Anniversaries

1st December - Debbie & John O'Neill





## Lake Grace Weather

- Terry Gladish



### November Extremes

Highest Monthly Rainfall	130.0ml	1971
Lowest Monthly Rainfall	0ml	2007
Highest Number of Rain Days	13	1965
Lowest Number of Rain Days	0	2007
Highest Daily Rainfall	70.4ml	11/11/1971

Date	Min	Max	Rain
4/11	11.2	30.5	
5/11	12.9	33.1	
6/11	14.3	26.2	.2ml
7/11	15.4	25.0	.6ml
8/11	14.1	28.8	.4ml
9/11	14.1	26.4	.2ml
10/11	14.4	29.2	
11/11	14.6	32.1	
12/11	14.9	32.0	
13/11	15.2	33.4	
14/11	15.5	37.4	
15/11	19.2	35.1	1.4ml
16/11	14.8	33.5	
17/11	15.3	36.2	
18/11	13.5		

## CCL Hardware

8 Stubbs Street  
Lake Grace WA 6353  
PHONE: 9865 1104



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We have them in stock or can source overnight.*

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Check out our Cocky Kits in-store for just \$199 incl or give us a list, we will quote it and make it.

Our Christmas sale is nearly here but you can still pop in to check out the barbies and outdoor items ready for summer living at Summer Sale pricing. Plus all the goodies like mozzie sticks and candles, BBQ utensils, mats, wipes and gas bottles. In store and on special.

# Community Crop Is In The Bin

*Suzanne Reeves*

It was a happy group of community croppers that waved the last semi-trailer of grain off to the bin last week as the 119ha of canola was harvested.

The community cropping group were rapt with the fantastic support shown to them by Gary Frost and Farmers Centre Lake Grace who supplied the header to take the crop off and also the support shown by David Fyfe from Fyfe Transport who carted the two semi loads of grain into the bin.

Yielding around 800-900 kg/ha the group are happy with the result with funds generated providing another loan payment for the land, covering the cost of inputs for the 2016 crop while also giving surplus for depositing in the bank.

Like many of the canola crops in the district there was some uneven germination and more rain in September would have been handy.

Aside from the efforts of the Farmers Centre team who were in the field for the duration of the rain-delayed harvest, other entities that contributed were the Marshall family who supplied field bins while Greg Carruthers and family supplied the tractor for moving the bins.

Community Cropping spokesman, John O'Neill said '2015 has been another successful year for the group and they look forward to when they will be able to inject funds raised from the cropping programme into community projects'.



*Gary Frost, David Fyfe and John O'Neill in the field*

## Christmas Remembrance

Friday Evening

27th November

5.30pm start

At the Lake Grace Cemetery



*Open section for your Songs - Poems - Stories*

*Following the service, Fish & Chips will be available at  
the Lake Grace Sportsman's Club*

*For enquiries or to add to the program please ring  
Jeanette Trevenen on 9865 1358 or 0427 099 964*

# From the Archives...November

## 1995 - Twenty years ago...

The Department of State Services is presenting an Information Technology Watch Forum about the internet, the 'network of networks' which has recently had a high profile in the media. Topics covered will include:

- Brief overview of the 'net'
- New growth areas such as World Wide Web
- Planning issues including security

The Sport Star of the Year Awards were held at the Lake Grace Sportsman's Club with the following results:

- Junior Sports Star - Won by Lauren Slarke who was nominated by the Lake Grace Swimming Club
- Sports Contributor - Won by Ron Pelham who was nominated by the Lake Grace Bowling Club
- Senior Sports Star - Won by Delys Murray who was nominated by the Lake Grace Netball Club

## 2000 - Fifteen years ago...

New medical centre opens with the dedication of the 'Dr Margaret Clarke Memorial Rose Garden' which borders the new centre.

Hospital fete was a huge success with almost \$3,000 raised for hospital amenities.

Medicare Easyclaim booth installed at the Telecentre.

### **It is almost here!**

Council wishes to advise that Telstra is soon to have in place its mobile service tower in North Lake Grace and Newdegate (Mallee Hill).

We are hopeful that the mobile phone service will be available prior to the new year.

Already we have received favourable comments that in-care service kits are receiving signals in the Lake Grace area and around Lake King.

## 2005 - Ten years ago...

Year 7 student Emily Taylor was awarded the Vi Barham award for Excellence.

Rural Street Addressing was introduced throughout the Shire.

The Visitor Centre was officially opened by Mary Nenke.

The pool season opened with a new shelter over the barbeque area.



*Jean Seaman and Leonie McIlree 'cooking up a storm' while being protected from the sun under the new shelter.*

## 2010 - Five years ago...

New dance/exercise craze Zumba hits Lake Grace with outstanding turnout of participants.

The Shire of Lake Grace and CRC started planning the construction of the new WaterWise garden with support from the Great Gardens team.

'Art in Motion', the Artist Group's month-long Wind Exhibition, closed with a kite-making workshop and flying lessons at the oval.



## Bits & Pieces

With the event of the brain slipping into thinking mode recently a thought struck me, 'With the implementation of computer talk infiltrating our everyday english diction what happened to those wonderful clichés our parents and grandparents used to use and were guide posts to how we conducted our lives.'

Here are a few to bring back memories to you oldies and an education to you youngsters.

- An apple a day keeps the doctor away
- Kindness costs nothing
- Never count your chickens before they hatch
- A bird in the hand is worth two in the bush
- (Grandfathers one) Wine, women and song keeps you young
- Self praise is no recommendation
- Look after your cents and the dollars will look after themselves
- Smile! It's contagious  
And one which I can recommend and love to live by is
- Laughter is the best medicine

With that in mind let's share some funnies that will bring a smile to make your day brighter.

Three women go down to Mexico one night to celebrate their college graduation. They get drunk, and wake up in jail, only to discover that they are to be executed in the morning, though none of them can remember what they did the night before.

The first one, a redhead, is strapped in the electric chair, and is asked if she has any last words. She says, "I just graduated from Trinty Bible College and believe in the almighty power of God to intervene on the behalf of the innocent." They throw the switch and nothing happens. They all immediately fall to the floor on their knees, beg for forgiveness and release her.

The second one, a brunette, is strapped in and gives her last words, "I just graduated from the University of Illinois, School of Law and I believe in the power of justice to intervene on the part of the innocent." They throw the switch and again, nothing happens. Again, they all immediately fall to their knees, beg for her forgiveness, and release her.

The last one, a blonde (you knew it), is strapped in and says, "Well, I just graduated from Ohio State University with a degree in Electrical Engineering and I'll tell you right now, you ain't gonna electrocute nobody if you don't plug this thing in."

A man was dining alone in a fancy restaurant and there was a gorgeous redhead sitting at the next table. He had been checking her out since he sat down, but lacked the nerve to talk with her.

Suddenly she sneezed, and her glass eye came flying out of its socket towards the man. He reflexively reached out, grabbed it out of the air and handed it back.

'Oh my, I am so sorry,' the woman said, as she popped her eye back in place. 'Let me buy you dinner to make it up to you', she says.

They enjoyed a wonderful dinner together and

afterwards they went to the theatre, followed by drinks. They talked, they laughed, she shares her deepest dreams and he shared his. She listened.

After paying for everything, she asked him if he would like to come to her place for a nightcap and stay for breakfast. They had a wonderful, wonderful time.

The next morning, she cooked a gourmet breakfast with all the trimmings. The guy was amazed. Everything had been so incredible! 'You know,' he said, 'you are the perfect woman. Are you this nice to every guy you meet?'

'No,' she replied... (Wait for it..... it's coming) 'You just happened to catch my eye.'

An Irishman was terribly overweight, so his doctor put him on a diet.

"I want you to eat regularly for 2 days, then skip a day, then eat regularly again for 2 days, then skip a day and repeat this procedure for 2 weeks.

The next time I see you, you should have lost at least 5 pounds."

When the Irishman returned he shocked the Doctor by having lost nearly 60 lbs! "Why, that's amazing!" the doctor said, "Did you follow my instructions?"

The Irishman nodded. "I'll tell you though, I t'aut I were gonna drop dead on dat 'tird day."

"From the hunger, you mean?" asked the Doctor.

"Nooo! From the damn skippin."

Two blondes were filling up at a petrol station and the first blonde says to the second, "I bet these awful petrol prices are going to go even higher."

The second blonde replies, "Won't affect me, I always put in just \$10 worth."

One day, Jill's husband came home from the office and found her sobbing convulsively.

"I feel terrible," she told him. "I was pressing your suit and I burned a big hole in the seat of your trousers."

"Forget it," consoled her husband. "Remember that I bought an extra pair of pants for that suit." "Yes, and it's lucky that you did," said Jill, drying her eyes. "I used them to patch the hole."

Two blondes were walking down the road and the first blonde said, "Look at that dog with one eye!"

The other blonde covered one of her eyes and says, "Where?"

A blonde decided to redecorate her bedroom. She wasn't sure how many rolls of wallpaper she would need, but she knew that her blonde friend from next door had recently done the same job and the two rooms were identical in size. "Buffy," she said, "How many rolls of wallpaper did you buy for your bedroom?" "Ten," said Buffy. So the blonde bought the ten rolls of paper and did the job, but she had 2 rolls leftover. "Buffy," she said. "I bought ten rolls of wallpaper for the bedroom, but I've got 2 leftover!" "Yes," said Buffy. "So did I."

A blonde bought two horses and could never remember which was which.

*Continued next page*

## Bits & Pieces...(cont)

A neighbour suggested that she cut the tail off one horse, which worked great until the other horse got his tail caught in a bush. The second horse's tail tore in the same place and looked exactly like the other horse's tail. So our blonde friend was stuck again.

The neighbour then suggested that she notch the ear of one horse, which worked fine until the other horse caught his ear on a barbed wire fence. Once again, our blonde friend couldn't tell the two horses apart.

The neighbour then suggested that she measure the horses for height. When she did that, the blonde was very pleased to find that the white horse was 2 inches taller than the black one.

An executive was interviewing a young blonde for a position in his company. He wanted to find out something about her personality so he asked, "If you could have a conversation with any person, living or dead, who would that be?" The blonde quickly responded, "The living one."

I hope I achieved the objective of making you happier and apologies to any of you wonderful blondes if you feel got at but like the Irish, New Zealanders and Aussies, I'm sure you have a sense of humour.

**K**

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for any type of site works.

Small and Large Loads  
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Ph/fax: (08) 9865 1367  
Mobile: 0427 651 367

*You are invited to Newdegate CRC*

## SHOPPING DAY

Join us for a day of retail therapy at the  
Community Resource Centre!

*Thursday 3rd December 2015*  
*9.30am - 4pm*

\$5 entry fee includes morning tea, afternoon tea, raffle ticket & a gift bag.

We're bringing some great new products & services to Newdegate!  
Get your Christmas shopping done early or spoil yourself with something special....and support small business!

. Feet with Flair . Enjo . Jeunesse . Herbalife . Thermomix .  
. Intimo . Your Inspiration at Home . Scentsy . Tupperware .  
. BodyShop . Christine Beauty Therapy for Women . Avon .  
. 4Paws Pet Care . Illuminate Bodycare . and many more



BEAUTY WITH HEART





# POLICE NEWS

LAKE GRACE POLICE STATION  
56 STUBBS STREET, LAKE GRACE. 6353  
Phone : 9890 2000 Fax : 9865 1429

Email: [Lake.Grace.Police.Station@police.wa.gov.au](mailto:Lake.Grace.Police.Station@police.wa.gov.au)

Personnel: Acting Sergeant Jacqui Gobby & PC Ben Wilson.

The answer is - Yes!

Lake Grace Police are still here and still doing what we do best...keeping our community safe.

As you may be aware, last Friday there was an incident involving two of our young local lads on their way to school. As unfortunate as it was to happen in our safe community, Constable Ben Wilson and I would like to thank the young lads who did the right thing by not confronting the threat and then notifying their parents and school principal quickly.

So you all know, the other young boys were passing through Lake Grace and like all young boys, got bored and decided to entertain themselves while waiting for their relatives. The choice of their entertainment was not the brightest of ideas I'm sure they could have had but...

It is unfortunate that these young boys have been raised in a very different and difficult society than what we are used to, yet we know it is still no excuse. What seemed normal behaviour for our visitors was, of course, not seen in the same way by our two school boys and the rest of the town.

I am pleased to say that the relatives of these three visitors were very upset with their behaviour, particularly as within minutes of them being in town they managed to bring the Police to the doorstep of their aunty. Not only were they dealt with and officially processed by Lake Grace Police by being issued with a written Juvenile Caution, they were sorely dealt with by their mother, aunty and sister.

As Police, we are used to knowing that this behaviour is not acceptable but not uncommon in bigger outlying areas and in the city. I would ask that the community please not judge the relative whose home they were visiting, it was not in their power or knowledge that they could have anticipated the choice these young boys made. I appreciate the quick response by our local community and it is this community spirit that keeps us safe and informed.

**"SIGH"**

...and alas I do continue with more adverse news, again pointed towards our younger generation. Nevertheless it is not only subject to them alone.

Lake Grace Police have been advised that young persons have been caught red-handed issuing their own

IGA discount on store items. The good old "5 finger" discount is a very serious offence and in fact carries a higher penalty than that of the three boys wielding a knife—yes, it is true!

STEALING carries a higher penalty than that of Carrying a knife in Public to Cause Fear. ....Stealing also has no statute of limitation.

This means if a person is caught stealing and the victim chose not to proceed with Police action, if said person was caught again, the original charge could be reinstated and thus will be charged with two counts of stealing.

Having a serious offence on your record can exclude you from being able to enjoy the luxury of overseas travel and greater employment prospects. If you really need that chocolate bar or tub of ice cream, save your pocket money or become industrious and offer to do odd jobs for a fair fee; I'll happily pay you \$20.00 to wash and vacuum my car! :-)

There is no need to steal! Think of the bigger picture of those you are stealing from. You may be thinking it was a big shop, they can afford it but can they? You're not just stealing from IGA the business, but that of each employee and patron who shops there.

Stealing increases insurance premiums that affect everyone down the chain—Yup, including you. That chocolate or ice cream bar you stole, the price just went up to cover the cost of all those ones that grew legs and disappeared...

Keep your integrity and live life to the fullest by being honest.

In closing, just a gentle reminder as we draw closer to the Christmas Silly Season to be vigilant with our road safety message to Buckle Up, Get off Ya Phone, Slow Down and Pick a Skipper. I would rather drive someone home (within the local area, okay?!) than have to inform your loved ones that you won't be home for Christmas.

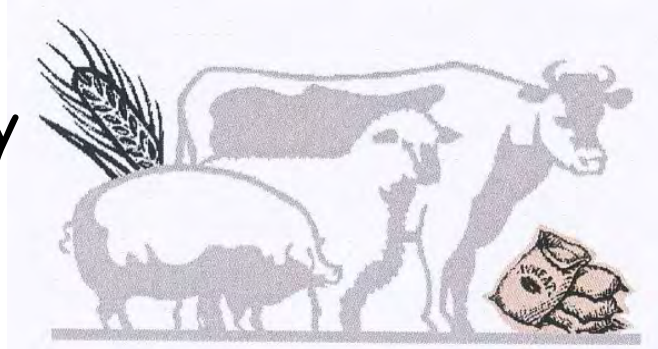
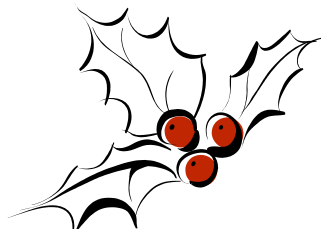
Keep Safe and Keep Smiling,

Acting Sergeant Jacqui Gobby  
Officer in Charge  
Lake Grace / Newdegate Police Sub-District



# Lake Grace Meat Supply

Phone: 9865 1225



## Christmas Pack List

Hams - whole	Pork leg roll \$15.99 kg
Hams - half	Pork loin roll \$19.99 kg
Whole turkeys \$18.45 kg	Cranberry lamb legs \$17.99 kg
Turkey Ballantynes \$159.00 ea	Turkey breast rolls \$25.99 kg
Pork legs rst \$12.99 kg	Turkey boned & rolled \$19.99 kg
Ducks \$25.00 ea	Turkins \$18.45 kg
Chicken roll \$16.99 kg	Pork boneless shoulder \$14.99 kg
Chicken Royale \$17.99 kg	Easy-carve pork leg \$15.99 kg

*Please ask for Christmas Seasoning or plain when you place your order.*

Ham orders need to be in as soon as possible to  
guarantee delivery!

All orders for other products will be accepted until

**11th December**

Phone: 08 9865 1225

Lake Grace Meat Supply

QUALITY GOURMET MEAT & SMALLGOODS

Lakeway Shopping Centre

# Feeling Ferrous

Suzanne Reeves

Local artist Kerrie Argent ran a ferrous workshop at the Regional Artspace over the weekend of the 7<sup>th</sup> and 8<sup>th</sup> November.

If you would like to know more about upcoming workshops being held at the Regional Artspace call Kerrie Argent on 9865 4042.

The workshop involved dipping paper into different solutions seeing what colours resulted; by 'dunking' the paper in a different order different colours evolved. How you dip also created a different effect. 'Found' rusty pieces, ferrous sulphate, copper, tea bags and caustic were added to the solution for different results.

Seven attended, for that Kerrie was grateful as she was able to give each student the time that they needed. Lake Grace's Regional Artspace has forged quite a reputation within the art community with participants coming from Wagin, Narrogin, Mt Barker and Lake Grace.

An end use for the paper is other art projects such as book binding and collage.

**Photo: Artists hard at work.**

**Image Kerrie Argent**



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**trevenenbuilding@hotmail.com**

# Pharmacy Festivities

Shashi Holla

Christmas customer night on 17<sup>th</sup> November 2015 at Lake Grace Pharmacy was a successful event. The event was the second in a row and was held between 6pm to 8pm with an attendance of around 50 people from Lake Grace.

There were lots of great retail promotions kick-started on the day which will continue till December 24<sup>th</sup>. Residents of Lake Grace enjoyed chatting with Pharmacy staff as well as amongst themselves with nibbles and drinks. Door prizes, gift samples and hampers were the part of the fun-filled activity on the night. Lake Grace Pharmacy appreciates the special presence of representative from Designer Brand on demonstration of DB products. Craig and Jan, retail consultants for the pharmacy, made a fabulous merchandising effort on the day to make the event more colourful. Now the Pharmacy has a whole new range of items that are perfect as Christmas gifts for this year. So it is worth visiting the Pharmacy for gift ideas.

Pharmacist Manager Shashi Holla assured all that Lake Grace Pharmacy is committed to continuing with quality pharmaceutical services and is planning to introduce new professional services next year. Lake Grace Pharmacy extends best Christmas and New Year wishes early to the community.



## Lake Grace Community Christmas Tree

**Friday 11<sup>th</sup> December**  
To coincide with Community Late Night Shopping

**Santa will arrive at the front of the RSL Hall at approx 6pm**  
*\*\* weather permitting - otherwise Santa will be inside the RSL Hall.*

Santa will try and deliver gifts for children 0 - 3 years first; please write your child's age on the gift to ensure Santa remembers.  
If you would like to receive your gifts as a family please ask Santa to wrap the presents together and label with all children's names.  
'Drop - off point' is the CRC. (\*\*please remember Santa only has limited space in his sack\*\*)

There will be dinner available at a variety of stalls at late night shopping.  
Please stay and share a meal or picnic on the lawn of the RSL Hall.



Enquiries:  
Amanda Trevenen 0488 216 601  
Kelly Callope 0477 013 498



## Pharmacy Festivities... (cont)

Shashi Holla

**Neha Holla, Sandhya Holla and Jan Banyard (Pharmacy Retail Consultant) enjoyed mingling with customers throughout the evening**



**Neha Holla, Sandhya Holla, Trish Medlen and Alison Dines soaking up the relaxed and friendly atmosphere.**



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# Memories

*Cheryl Chappell*

'How old do you need to be before you are a senior?' There is no one answer, but in most circumstances a Seniors Card is available to Australians aged 60 and over who are not working full-time.

Seniors Week is from Sunday 8th to Sunday 15th November with Seniors Day becoming an annual event for the Shire of Lake Grace. In 2014 it was held at Lake King. This year it was in Lake Grace. Next year? Well our thinking caps are on.

Tuesday 10th November saw 24 people on board the bus before 8.30am ready to leave for Bevan and Vynka Lay's farm about 5km from town.

Bevan and Vynka have a fantastic display of old tools, handmade tools, machines and vintage equipment for inside and outside use. As the seniors wandered around they talked about how their parents had this (milk separator) and how as youngsters they used to do the chores using that tool then as adults what they used to have in their home. "Memories" was the name of the day.

Morning tea was beautiful, supplied by Vynka and she spoiled us with homemade sausage rolls, sponge cakes and scones, jam and cream. Sitting under the veranda

was so pleasant with the cool breeze coming through and looking over the expanse of farmland.

A short walk to the bunker and there were more treasures to be found. This place is cool in summer and warm in winter, perfect for storing all kinds of preserves, also bringing back memories with the old wire bed with a kapok mattress.



**Above: Morning tea on the verandah**



**Above: Lee Holben, Charlie Lay and Elsie Griffin outside the bunker.**



**Above: Neil Bishop and Audrey Evans looking at the display during the morning**



**Above: Chatting at the bar are Betty Naisbitt, Phyllis Dunham, Allan Zweck, Bevan Lay and Neil Bishop.**



## Memories... (cont)

All too soon we were off to lunch at Walkers Hill Vineyard, with our expert driver Kevin Seaman at the wheel.

We were greeted by Tania Bray who supplied a superb lunch with everyone asking how to make the beetroot salad. It was noticed there have been changes made with lawn growing, an old truck becoming an outside bar and an old vehicle in the developing reception area.

Sitting back after lunch we all enjoyed Australian poetry read by Steve McPherson. His passion for poetry began while shearing in outback New South Wales when he first arrived from New Zealand. There were no radios in the sheds then and the Australian shearers would recite poetry while working. It was a fantastic way to complete the day, thank you to all those who made it a success.



*Above at back: Irene McGlinn, Hilda Oliver, Neil Bishop, Elsie Bishop, Glenda Slarke, Fay Omerod, Dorothy Reid, Audrey Evans, Shirley Altham, Elizabeth Carruthers, Joyce Gilson, Dot Kennedy, Elsie Griffin, Eileen Mather, Jean Seaman, Kevin Seaman, Lee Holben, Greg Meston, Phyllis Dunham, Lynnette Zweck, Betty Naisbitt, Cheryl Chappell, Annie Slarke, Val Whiting. Front: Tania Bray, Mary Naisbitt, Allan Zweck. Photos by Cheryl Chappell*

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# The Coronation Garden

Allan Zweck

Recently, our town gardener brought to the Men's Shed two plaques from the Coronation Garden. These plaques named the ladies who planted the palm trees to celebrate the Coronation of our last king, King George VI.

Mrs Helena Elliott, wife of the Shire President, and Mrs Elizabeth Harris, whose late husband did so much for the soldier settlers in the district, performed the honours. The stainless steel plaques are still in excellent condition and bear their names however; it was the wooden post they were fastened to that had rotted away. Volunteers from the Men's Shed have now repaired them. The story of the Coronation Garden is worthy of telling.

*The shops and buildings of Lake Grace were gay with flags and bunting in a very festive appearance. About 600 people assembled in front of the station for the dedication of the Coronation Gardens and then a procession of RSL members, children and decorated cars took them back to the Show Grounds where*

*festivities continued and carried on in the town well into the night.*

Local girl, Doris Betham wrote this beautiful story about the event in a letter to Aunt Mary, a Western Mail children's club.

*Dear Aunt Mary – I am going to tell you how Lake Grace celebrated the Coronation on May 12<sup>th</sup>. The festivities started at 11.30am with children's sports, tug-of-war, running, skipping and many other items, the results of which ended in many close finishes. At 12.30pm there was a picnic lunch on the Show Ground. Immediately after lunch all the children of the district formed up in fours' and marched through the town to the Railway Station. Here everyone was gathered to hear the Coronation Gardens dedicated and to listen to addresses by prominent citizens on the meaning of Coronation and the Crown and the Empire. The gardens will be two plots of lawn centred by palms and edged by shrubs. When completed they will be a great*

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## The Coronation Garden... (cont)

*improvement to our town and the lawn will prove very restful to the eyes in the hot summer months, won't they Aunty? After this, mugs and medals were presented to all children under the age of 15. In the evening there were pictures and a dance, so after a lovely day we all went home thoroughly tired but happy. With lots of love to you and the sick, DORIS BETHAM.*

Due to the longevity and record longest reign of our present beloved Queen Elizabeth II, most of the population of Lake Grace have not lived at the time of a Coronation of our Monarch and only a few locally would remember or lived at the time of the Kings Coronation, 12<sup>th</sup> May, 1937.

### Lions Christmas Cakes

Will be available soon. Small & Large.

Will be available at  
usual outlets.

Call Wally on  
0448 795 070.



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# Local Gymnasts Attend Club Level Championships

Vynka Lay

Last weekend two Lake Grace gymnasts, Troy Murray and Clancy Lay, as well as four boys from Kukerin, attended the "Go For 2&5 Gymnastics WA Foundation Finale & Club Levels Championships" at the State Gymnastics Centre in Leederville.

The team represented the Southern Regional Gymnastics Association. Over the previous six weeks, training was held weekly at the Dumbleyung Gymnastics Club (in Kukerin), under experienced coaches Paul Nenke and Greg Mycock.

Four of the boys, Clancy Lay, Jared Nenke, Ethan Mycock and Austin Astbury competed in MAG Level 3, while Troy Murray and Miells Astbury competed in MAG Level 2. With 43 gymnasts competing in Levels 1-6, all the boys did extremely well with Jared and Troy receiving Silver medals, and Clancy, Ethan, Austin and Miells receiving Bronze medals. Overall the team received a Bronze trophy, a great achievement for these country gymnasts who only train once a week.

It was fantastic to see our gymnasts take their skills one step further by competing in a city competition. They all worked very hard on building their upper body strength and mastering some increasingly difficult skills.

Thank you to Paul and Greg, and also to Amanda Nenke, (President of the DGA and the SRGA) for giving the boys the opportunity to attend this competition. We look forward to seeing the boys continue their gymnastics journey in season 2016.



**Standing L to R: Paul Nenke, Ethan Mycock, Austin Astbury, Greg Mycock (at back), Jared Nenke, Miells Astbury**  
**Sitting at front: Clancy Lay and Troy Murray**



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This is a permanent position and you will be taking care of children aged 6 weeks –6 years. A key part of the role is planning, implementing and evaluating high quality, flexible and innovative educational programs for children.

We offer an award rate salary, great working conditions and paid school holidays.

Job Description & Selection Criteria available by phone (08)9827 1454 or email [gnpfamsupp@westnet.com.au](mailto:gnpfamsupp@westnet.com.au)

Applications should address the selection criteria, marked "Confidential" and sent to:

The Director  
 Gnowangerup Family Support Association Inc  
 PO Box 271  
 Gnowangerup WA 6335

**Applications close 5pm, 4 December 2015**



# LAKE GRACE HOSPITAL – Multi Purpose Service

providing **24 hour Emergency Health Care Services**  
and **Community Care Services** to Lake Grace and the surrounding district

Contact details = Telephone: **9890 2222** Fax: **9890 2202**

## HACC & MPS Activity Programs:

### Chair Aerobics

Every Tuesday @ 10.45am

At the Lakes Village Hall

\*Exercises for people with limited mobility\*



### Morning Tea & Activity

Hospital Activity Room every Wednesday

Time: **10am—11.30am**

25th November—Puzzles

2nd December—Sing-a-long (Carols)

9th December—Bingo

All welcome to come and join in!

### Bus Outing

Friday 11th December 2015 (approx.

9.30am to 11.30am) Call the hospital to book

### SwimAbility

Trips to Narrogin for hydrotherapy exercise sessions at the indoor leisure centre:

Next trip will be on **30th November**

Last trip for 2015 will be on 14th December

Call the hospital to book a seat on the bus.

### 4th Friday Activity

Friday **27th November**

Activities / Games / Trivia

**“Summer Fun” Theme**

10.00 am—1.30pm

Lake Village Hall

RSVP for catering by 20th November



**Call 9890 2222 during office hours**

to get further information about HACC  
and Hospital services

## Physiotherapist:

Call Primary Health Narrogin to make appointments to see the visiting physio

Ph: 9881 0385 (attending fortnightly)

Chiropractor—next visit 25th November

Ph: 9821 7999

## Hospital Upgrade Progress

**The kitchen upgrade is finished and staff have moved back in!** (See photo below)

The next stage of works is progressing throughout the building, with work on the Emergency Department area currently being undertaken. NB: Entry is via the main entrance in the middle of the hospital. Do not use the old Outpatient entrance.

The temporary administration office is down the hall while work is going on in the main administration area.

Remember to:

- **Look for signs** to direct you, and
- **Use the INTERCOM outside the main entrance** to call for staff to assist you



## Remember to Act—Belong—Commit!

**act:** keep mentally, physically, socially and spiritually active: take a walk, say g'day, read a book, do a crossword, dance, play cards, stop for a chat...

**belong:** join a book club, take a cooking class, be more involved in groups you are already a member of, go along to community events

**commit:** take up a cause, help a neighbour, learn something new, take on a challenge, volunteer...

Being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health.



# Lake Grace District High School News

## Remembrance Day Service 11.11.15



### Volunteers Morning Tea

We would like to invite all who have kindly volunteered their time in any way at the school this year for morning tea at the school on Friday 20th November @10.30am. Please feel welcome to come along as we would like to show our appreciation for all that you have done for the school this year.



Friday 20th November

2015



Heart Foundation

Jump Rope for Heart

### Notices & Upcoming Events

- 16.11.15 Week 6—Student Council Election week
- 20.11.15 Volunteers Morning Tea
- 20.11.15 'Jump Rope for Heart'
- 24.11.15 Heath Black visit
- 25.11.15 Cadet Camp
- Morrison Cover winners will be announced at the next Assembly in week 8, 1st December.
- 16.12.15 School Concert Awards Night



# Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)



## CEO's Corner



### Newdegate Independent Living Units

Due to an inability of Eclat Building to deliver on contractual obligations at the Newdegate Independent Living Units, it has been necessary for the Shire to issue a notice of intent to reclaim the building site. The Shire will also on 23rd November 2015 issue a notice of termination of contract to enable the Shire to take control and make arrangements to complete works on the Units. The Shire's building team will undertake the required works with assistance of contractors.

### Farewell to Devon

Recently we farewelled Devon Stubberfield as a member of staff after over 20 years of service to the Shire. We wish Devon all the best in her future endeavours and thank her for her efforts over the period of her employment.

### Medical Practice

Welcome to our locum doctor, Dr Peter Coxhead and his wife Grace who have recently relocated to Lake Grace to provide interim medical services to the communities of Lake Grace and Newdegate. Peter will be with us for a month, ending 9th December 2015. The Shire has engaged First Health to manage the practice and provide the required locums until it secures the services of a permanent doctor.

### Remembrance Day Service

Councillors Walker, Stanton and Chappell attended the Remembrance Day service in Lake Grace last week. Well done to those involved from Lake Grace District High School and the Artist Group for providing what has been reported as a very well-run service.

### Local Government Extraordinary Election

Nominations for one representative for the Rural Ward for the Extraordinary Local Government Election closed at 4:00pm on Monday 16th November 2015.

As no nominations were received

Council will now appoint someone to fill the vacancy as per section 4.57 of the Local Government Act.

### Harvest Road Damage

It is that time of the year when our roads will be subject to high volumes of trucks carting grain. It is good to see another promising harvest. However, should you see evidence of road damage, severe corrugations, potholes etc, please contact the Shire office and report the location and type of damage.

*Neville Hale*

**Chief Executive Officer**

To Devon,  
Thank you for your many years of dedicated service as a staff member for the Shire.

Shire Councillors and staff wish you the best for your retirement.



## Premier's Australia Day Active Citizenship Nominations

**Nominations closing SOON**

**Friday 27 November 2015.**

Application forms are available by contacting the Shire of Lake Grace on 9890 2500 or [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)





# Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)

## Office Opening Hours

Monday - Tuesday - Wednesday - Friday  
8.30am - 4.30pm

**Thursday 8.30am- 4.00pm**

Staff can be contacted by phone between 8am - 5pm.

## Licensing Opening Hours

Monday, Tuesday and Wednesday 8.30am - 4.15pm  
Thursday and Friday 8.30am - 4.00pm

## Tip Opening Hours

### Lake Grace

Monday & Wednesday 9am - 2pm  
Saturday & Sunday 9am - 4pm

### Newdegate

Wednesday 9am - 1pm  
Saturday 9am - 1pm

### Lake King & Varley

Open every day



## Waste & Recycling Pick up Dates

Household Waste Collection is weekly and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is fortnightly and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
30 November	23 November
14 December	7 December

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.



**Check out our website**  
**[www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)**

## Driving Assessor

The Practical Driving Assessor will be at the Shire of Lake Grace Office on:

**Friday - 4 December 2015**

**Friday - January to be confirmed**

Please contact the Shire's Customer Service Officer for an appointment.

You can now book your PDA online. For more information visit [www.transport.wa.gov.au](http://www.transport.wa.gov.au)

## Building Surveyor

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

**Tuesday 1 December 2015**

**Tuesday 15 December 2015**

To make an appointment please contact Josiah on ☎0438 811 944.

## Dog Micro Chipping Deadline

From **1 November 2015** it is compulsory for dogs to be microchipped.

For more information visit the Department of Local Government and Communities' website at [www.dlgs.wa.gov.au/cats](http://www.dlgs.wa.gov.au/cats) and [www.dlgs.wa.gov.au/dogs](http://www.dlgs.wa.gov.au/dogs)



## Extraordinary Postal Election

An Extraordinary Postal Election will be held on:

**23 December 2015**

for the Rural electorate in the Shire of Lake Grace

## Harvest Ban Hotline

**STRICTLY NO CAMPFIRES**

**The Harvest Ban Hotline is 9487 1791.**

This hotline is updated whenever a harvest ban has been put in place.

Please contact the Shire Office on 9890 2500 if you wish to be notified of harvest bans using SMS.



## Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: shire@lakegrace.wa.gov.au

### Slithering Snakes

Now that the warm weather is upon us this brings the snakes and other reptiles out and about, foraging for food. Generally the snakes are just as scared of us as we are of them. Snakes are very mobile at the moment and generally will not stay in one location for too long.

The following steps can be taken to avoid and reduce the impact of snakes around where we live and work:

- Ensuring that your bird and chicken enclosures are regularly cleaned
- Controlling of any mice or rat problems
- Be aware and take care in bush land and grassy areas
- Walk and /or cycle on cleared areas only
- When out bushwalking, wear long trousers and boots or other enclosed footwear that preferably covers the ankles to reduce the risk of being bitten
- Keep a watchful eye on the ground about a metre ahead of where you are walking and avoid entering areas of long grass, rushes and undergrowth
- Spring clean around the house, property and or work place by keeping your yard clean of long grass (lawns mowed low) and items that provide cover such as stacks of timber, rocks, corrugated iron, compost heaps or discarded household items
- Dog owners are urged to take extra care when walking their beloved pets as dogs rarely survive a venomous snake bite unless veterinary treatment is given as soon as possible, not a luxury we have in our area.
- Ensure that there is little opportunity for snakes to enter your home by keeping doors shut, fitting weather seals to doors and blocking any gaps or cracks

### Jerry Cans During Bushfires

DFES has received numerous reports of petrol erupting from jerry cans when firefighters have opened them.

Three of these events resulted in the ignition of the released fuel, with one occurrence causing significant burns to a firefighter's hands and another resulting in a light tanker being destroyed by fire. Two other events resulted in fuel spraying into firefighter's eyes.

Due to the recurrence and potential severity of the outcomes, a procedure has been developed for refuelling static motors, such as the pump motors on fire tankers or generators, at incidents involving fire.

Refueling static motors at incidents operational personnel are directed to remove Jerry Cans from ALL Career and Volunteer Light Tankers on arrival at an Incident and place the Jerry Can at either;

- A control point;

- With your additional appliance responding to the incident (other than a Light Tanker); or
  - In a shaded area that will not be impacted by fire;
- Static motors are not to be refilled under any circumstances from a Jerry Can that has come off the rear of a light tanker once the petrol powered pumpset/ static motor has been running for any period of time.

**If the Jerry Can has been left on the appliance during operations, the Jerry Can must be allowed to cool for a minimum of 4 hours prior to opening.**

It may be necessary to attend a garage to refuel the petrol powered pumpset should the 4 hour cooling period not have expired. Oncoming crews must be advised of the number of hours before the crew can use the Jerry Can from the appliance.

Whilst operating at an incident you are directed to return to either the control point, your appliance, or another fuel location to refuel the petrol powered pump set.

Incident Management teams are to ensure that jerry cans are removed at the control point and this information disseminated to crews during briefings.

This is an interim measure to ensure the safety of crews. Other short term engineering controls are currently being considered for trial and an operational circular will be released in the near future to provide an update on these.

### Notice of Public Advertisement of Planning Proposal

*Planning and Development Act 2005*  
Shire of Lake Grace



It is hereby notified for public information and comment that the Shire of Lake Grace has received an application for Council's planning consent to erect a twenty-seven (27) metre high Doppler radar tower and incidental structures on a portion of Reserve 29080 Lake Grace – Newdegate Road, Newdegate.

The Department of Agriculture and Food WA (DAFWA), in association with the Bureau of Meteorology (BoM), are proposing the facility so as to provide real-time weather information for farm businesses and rural communities.

Plans providing details of the proposal are available for inspection at the Shire's Administration Centre, 1 Bishop Street, Lake Grace during business hours. Submissions on the proposal may be made in writing and lodged with the Shire's Chief Executive Officer at PO Box 50, Lake Grace WA 6353 by no later than **Friday 4<sup>th</sup> December 2015.**

**Neville Hale**  
**Chief Executive Officer**  
**Shire of Lake Grace**

## Lake Grace Swimming Pool

### Important Notice

Due to a plant room malfunction the pool will not be opening as planned and we are tending to this as quickly as possible.

We apologise for any inconvenience caused and will keep you informed as to the new opening date.

Keep an eye on the Lake Grace Pool and Shire Facebook pages for regular updates.

**To register for Newdegate & Lake Grace Pool SMS messages please contact the Shire of Lake Grace on (08) 9890 2500.**

## Newdegate Swimming Pool

### Opening Thursday 19th November

Pool Inductions will be run Tuesday 17th, Wednesday 18th and Thursday 19th November 10am –12pm.

Contact the school to book a day. Please bring with you a copy of your current First Aid Certificate if you have recently renewed. Payments are to be made to the Shire of Lake Grace.

## Hire of Shire Facilities

Please be aware when you hire any Shire facility that the facility needs to be left clean. Listed below are the requirements that need to be done before you leave:

- Clean all kitchen areas used - Wipe over all surfaces, with surface sprays.
- Clean microwaves and stoves; inside and out
- Empty all rubbish bins and place all rubbish in Sulo bins outside.
- Empty fridge and clean
- Wipe ovens and pie warmer.
- Wash all kitchen utensils and dishes and put away
- Sweep & mop or vacuum all floors (kitchen & function rooms).

Due to summer flies/blowies are in abundance so vacuum/sweep them up.

- All toilets flushed and rubbish placed in sulo bins **outside**.
- Tables and chairs **cleaned** and restacked in their designated places.
- Remove all decorations, including sticky tape from windows/walls.
- Remove all rubbish to the outside bins.

**Please note:** This needs to be checked whether you hire for an hour or a day.

## Harvest Road Safety

Harvest brings more grain trucks on our gravel roads, take care, be aware of other roads users and road signs.

Don't drive in the dust from the vehicle in front, slow down, there is no way of knowing what else is in that cloud.

**All road users be aware of shire maintenance vehicles on roads in your area throughout harvest.**

- Dust impairs vision, increasing the risks of accidents.
- Abide by road signs and do not speed.
- Vehicles seen driving without caution will be reported.

Always be aware of what is behind you and ensure that any traffic will not collide with you if you slow down in a dust cloud.

**Be cautious, considerate and aware at all times.**

## Rubbish Disposal Costs

As a consequence of the amended Licence conditions applied to the Shire's waste facilities it has been necessary to man the Lake Grace and Newdegate sites. The cost for disposal of some items are:

**NOTE:** Please use the tips in tip hours, dumping of rubbish outside of tips incurs a cost to all rate payers and a potential fine.

Used Oil per litre	.15c
Build/Commercial building waste per tonne	\$40.00
Bulk/ commercial building waste per trailer	\$30.00
Contaminated Soil (up to Class 2 threshold only) per tonne	\$100.00

## Planning and Development Act 2005

Local Planning Scheme Amendment Available For Inspection

Shire of Lake Grace Local Planning Scheme No.4 Amendment No.4



Notice is hereby given that the Shire of Lake Grace has prepared the abovementioned local planning scheme amendment for the purpose of:

Re-classifying Lot 92 (No 50) and Lot 93 (No 52) Stubbs Street Lake Grace within Reserve 27942 from Local Scheme Reserve 'Public Purpose – Agriculture WA' to 'Commercial' zone.

Documents and plans setting out and explaining the scheme amendment proposal have been deposited at the Shire of Lake Grace Administration Centre, No.1 Bishop Street, Lake Grace and at the Western Australian Planning Commission, No.140 William Street, Perth and will be available for public inspection during office hours up to and including **Friday, 29 January 2016**.

Submissions on the scheme amendment may be made in writing and lodged with the Shire's Chief Executive Officer at PO Box 50, Lake Grace WA 6353 by no later than **Friday, 29 January 2016**.

**Neville Hale**  
Chief Executive Officer  
Shire of Lake Grace



## Local Community Representatives Tour Lake Grace Health Service

### Media Release

Local community representatives have been given a sneak peak of the soon-to-be completed refurbishments taking place at Lake Grace Health Service.

Community representatives Debby Clarke, Mary Naisbitt, Ross Chappell and Amanda Milton were joined by members of the project team responsible for the upgrades and had a chance to see what work has been completed so far.

WA Country Health Service's Senior Project Manager Infrastructure & Planning (Wheatbelt), Graeme Leverington, said the building upgrades at Lake Grace Health Service were progressing according to plan and were due to be finished by mid-December.

"Already completed at the site is the new waiting area, new office, storage areas for medical records and pharmacy and the kitchen upgrade," Mr Leverington said.

"The old kitchen has been refurbished and includes brand new equipment including a combination thermal induction oven, gas hot plates, stainless steel work benches, commercial refrigerator and a new dishwasher."

Still to be completed is the refurbished emergency department, new reception, a short-term body holding facility, new toilets near reception and an ensuite in one of the wards.

Ms Clarke, who has long been an advocate of improving healthcare in Lake Grace, said it was good to have the opportunity to see the latest developments and the changes that have occurred since their original round-table discussion with the project team.

"It's great to see a significant investment being made into our health services in Lake Grace and it's heartening to be able to see that refurbishment plans are taking shape," Ms Clarke said.

The Lake Grace Health Service redevelopment is funded by the State Government's Royalties for Regions as part of the half a billion dollar Southern Inland Health Initiative being delivered by the WA Country Health Service.

The Southern Inland Health Initiative capital works program is more extensive and complex than any project previously undertaken by the WA Country Health Service, with new builds and upgrades to 37 hospitals and health services in the Wheatbelt, South West, Great Southern and Midwest.

In the Wheatbelt, Merredin, Northam and Narrogin hospitals are being redeveloped as well as upgrades to 23 small hospitals and health centres across the region, including the Lake Grace Health Service.



*Left to right: Project Director Infrastructure Delivery from Building Management & Works, Warren Vanalopulos, Site Supervisor from CPD Group, Andrew Larkin, Acting Health Service Manager from Lake Grace Health Service, Kerrie Argent, General Manager from CPD Group, Tony Mercer and community representatives; Mary Naisbitt, Debby Clarke, Ross Chappell and Amanda Milton.*

# FARM FENCING SERVICES

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# Emergency Services Volunteer Fuel Card

## Media Release

The *Royalties for Regions* Emergency Service Volunteer Fuel Card (ESVFC) will be rolled out in February next year, after a recent announcement of the application process timeline.

The Fuel Card, a Nationals WA election commitment, was announced earlier this year and will provide eligible brigades, groups and units (BGUs) with a \$2000 fuel card each year to support their services and volunteers.

Applications open on **Monday November 23** and will need to be submitted by **Sunday January 10**, with the first fuel cards to be sent out in February next year.

Nationals Members for the Agricultural Region, Hon Martin Aldridge MLC said the announcement came just in time for BGUs and residents preparing for the rapidly approaching fire season.

"The ESVFC is about providing emergency service volunteers, who often dip into their own pockets to help others, with a bit of support," Mr Aldridge said.

"This announcement is timely given summer is a particularly busy period for many of our regional volunteers."

Mr Aldridge, who has a wealth of experience in the emergency services sector, drove the ESVFC policy heading into the last election and has advocated for its swift introduction since his election in 2013.

He said the parameters around provision of the card would ensure the benefits ended up with volunteers.

"Responsibility for distributing the ESVFC amongst active, registered volunteers of the BGU will fall with the officer-in-charge," Mr Aldridge said.

"This ensures the fuel card will be fairly distributed to contributing volunteers."

The ESVFC is restricted to private or recreational fuel purchases only and must not be used to purchase fuel for an operational vehicle or vessel.

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# Honour for local Lions

Neville Moulden

Lake Grace Lions hosted our 201W2 District Governor (for Lions year 15/16) Allan Cooper and his wife Wendy for the annual visit at our dinner meeting held on 12th November 2015.

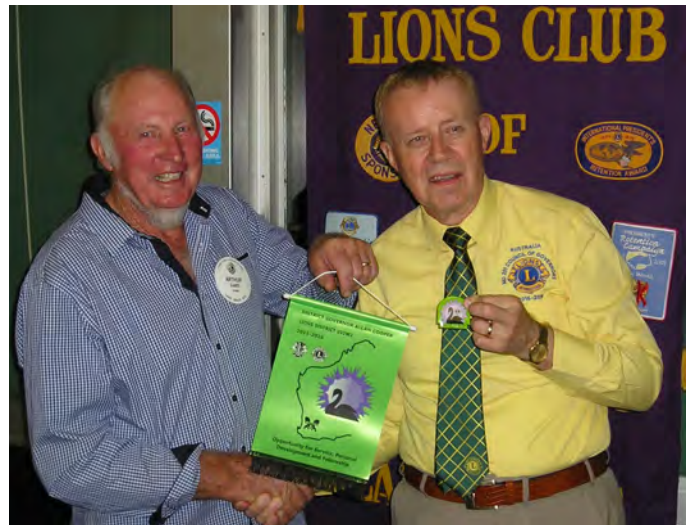
Traditionally this is a partners evening and a good crowd of seventeen locals gathered to welcome our guests.

The formalities of the meeting were kept to a minimum, giving Allan the chance to outline the theme for his term (Opportunity for Service, Personal Development and Fellowship) and to bring us up to date with developments within the organization since he took over the reins of office.

Allan also presented three of our members with service medals for years of service to the Lions Club of Lake Grace.

Chris Harvey received his service medal for 25 years, Maurice Nolan for 40 years & John deVree for 45 years.

This tribute to three of our loyal, hard working members brought a most enjoyable evening to a fitting conclusion following the exchange of Lions bannerettes.



**President Arthur Slarke receiving the 2015/16 District Governor Bannerette.**



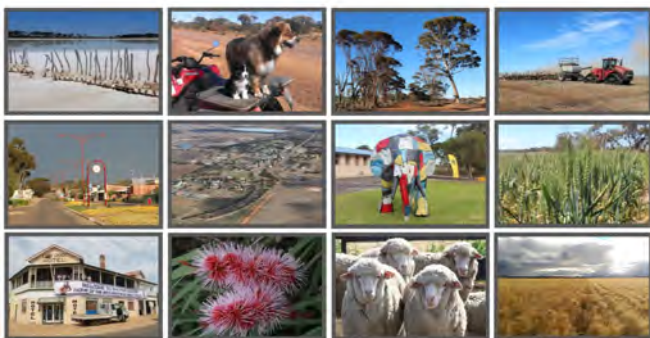
**Lion John deVree recognized for 45 years of service to the Club.**



**Lion Chris Harvey recognized for 25 years of service to the Club.**

Lake Grace 2016 calendars  
are available from the  
Community Resource Centre  
\$20 each.

*Personalise a calendar with your own  
photos (\$25 each); photos must be  
landscape and of good quality.*



*Lake Grace 2016 calendar*

# State NRM Community Capability Grants

Media Release

**Volunteer groups with an interest in caring for Western Australia's natural resources can now apply for grants to grow their capability through the State Natural Resource Management (NRM) program.**

Agriculture and Food Minister, Ken Baston, said new Community Capability Grants were now open to provide vital support to groups that are committed to protecting and enhancing the State's natural assets.

The State Government has allocated \$9.2 million over three years for the grants scheme, including \$7.36 million through Royalties for Regions.

The Community Capability Grants recognise the importance of having good organisational and institutional arrangements in place to support the efforts of volunteers and the not-for-profit organisations to which they belong.

The purpose of the Community Capability Grants is to support volunteers to improve their capability to undertake on-ground work and to improve the governance and management performance of their community-based organisations.

## Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

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### Contact:

Rita Marshall	0428 649 030
Anna Strevett	0429 654 023
Cobi Stanton	0429 900 870



# 'The Day I Meet You in the Emergency Department Will Probably be one of the Worst of your Life'

Ashleigh Witt

Ashleigh Witt is a doctor training to be a geriatrician at Western Health in Melbourne. This is her view on why everybody should know the dying wishes of their loved ones.

The day you meet me in the Emergency Department with your sick parent is likely to be one of the worst days of your life.

*"My name is Ash and I'm the medical registrar on duty. I'll be your mum's doctor tonight. Mum is very sick. Please sit down so we can talk about what's happening."*

This is usually how I meet people. It's 9pm in our chaotic Emergency Department and you've brought your mum in after she had a turn. The Emergency Department doctor has done some tests and has called me to admit her to the medical ward. Your mum is 89 and getting progressively frail. She has her share of medical conditions and a long list of tablets. Her memory is starting to fail. She might live alone, or with you, or in a nursing facility. Those details don't matter as much. She's your mum and she looks so sick. You're terrified you're about to lose her.

You tell me the story and I add those pieces of the puzzle to the Emergency Department doctor's handover and the blood results I've reviewed. I've also read about her previous admissions, outpatient clinic letters and correspondence from her GP.

I'll tell you she has pneumonia. The chest X-ray and the story of this worsening cough tell us that. From what we can see the infection has probably spread to her blood. This is called sepsis, but some people call it blood poisoning. Because of this sepsis, her kidneys are starting to fail and she's needing a lot of oxygen. She's becoming delirious. She is very sick. The next part of our discussion is about how aggressively we treat her.

If you and I are lucky, she is still conscious despite her illness and can tell us what she wants. If we are extremely lucky, you've talked about this before and have an Advanced Care Plan which you hand to me. This is my best scenario as it tells us exactly what she wants and takes away your anguish. Unfortunately though, the most common scenario is that she's too unwell to talk and you've never thought about it. She's been well enough and talking about death is so morbid.

*"I know that it's a hard discussion to have but it's best we do it now, rather than on the phone at 3am when she deteriorates."*

You see, as doctors, we have the ability to keep a person alive indefinitely. If your lungs fail, we can put a tube down your throat and have a machine breathe for you. If your kidneys fail, we can attach you to a machine that filters the toxins from your blood. We can even mimic the function of the heart. We can fill your veins with tubes and lines and attach you to life support.

If the patient in front of me is 21, we usually do all of those things. If the patient in front of me is 101, I probably would do none of those things and focus on their comfort. Every other patient falls somewhere along that spectrum, and tonight, I need you to tell me about your mum so we can work out where she fits.

If a person's heart stops, we can perform CPR. CPR requires me to put my weight onto your mum's sternum and push. To do this effectively, I will inevitably break some of her ribs. This sounds horrible but if we don't do that the heart doesn't pump blood to the body and without blood, we die.

A young heart might be likely to restart, whereas



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## 'The Day I Meet You in the Emergency Department Will Probably be one of the Worst of your Life'... (cont)

statistically, mum's 89-year-old heart won't and we would perform traumatic CPR until we made the call to stop.

When I am the medical registrar at a code blue that involves doing CPR on an elderly person, I usually go home after work and cry. We're causing so much trauma to a frail person's chest, when realistically every doctor in the room knows the outcome will be death - regardless of whether we do CPR for 10 minutes, 1 hour or 3 hours. The patient's ribs are cracked and their final moments are traumatic. They are surrounded by doctors, not their children. That's not a "good" or dignified death.

Why do we do it then? Because if you insist you want "everything" done, that's what doing everything means. If you don't write an advanced care plan telling us what matters to you, we do the default option. If we don't fill in this resuscitation form on admission (because it's a hard conversation, you can't decide now, mum gets too distressed by it) and your mum has a cardiac arrest, the default is to do CPR. (In Victoria, we can make a patient "not for CPR" for medical reasons but doing this when you insist you want CPR is pretty horrible too).

*"So for us to decide, I need you to paint me a picture*

*of mum. Tell me what she is like on a good day. How far can she walk? Has she lost her memory? How is her quality of life? Does she hate hospitals? Has she ever spoken about death or dying?"*

Some people want everything done and want tubes and life support and an admission to ICU. In my experience, when people understand what "everything" means, they don't want that at all.

*"Your mum is receiving strong antibiotics through the drip and the intravenous fluids will help her kidneys."*

We give everyone (including the 101-year-old from the nursing home) the same treatment in this regard (some people have heard a horrible myth that if you say no CPR, we don't do anything). In 24 hours time, many people will have improved significantly, however given your mum's other medical conditions there is a chance she doesn't get better, and a very real chance she will get worse.

*"I need you to tell me what you'd like me to do."* Our choices are to do the invasive things above and send

*Continued page 34*

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## 'The Day I Meet You in the Emergency Department Will Probably be one of the Worst of your Life'... (cont)

her to ICU, or to acknowledge that 89 is a remarkable age, and that if the antibiotics have not helped, it's time for us to let her go.

This second option is called comfort care or palliation. It means no more painful blood tests, no more invasive tests, no more discomfort. It means giving her pain relief and symptom control and her favourite foods.

It means not worrying about her cholesterol tablet or her vitamin D capsule. It means making sure everyone she would want present, visits. It means calling the priest if that's important to her. It means everyone getting a chance to say goodbye.

Palliation is hard for many doctors because we like to fix things. We like cures. We're excellent at saving lives, but struggle to accept we can't save everyone.

But death is natural. Death in old, frail people is very natural. We aren't supposed to live forever and having a peaceful death with family present is a wonderful thing. A good death is as important as a successful resuscitation.

*"I'll leave you to talk to your siblings while I fill out mum's admission paperwork and when you make a decision we can fill out the 'Goals of Care or Resuscitation' forms."*

*"If your mum does survive this pneumonia, I need you more than ever to talk about what her choices are. Please fill out an advanced care plan and give copies to your GP, specialists, family and the hospital."*

The day I meet you in ED will probably be one of the worst days of your life but if you've had this discussion, the knowledge that you're respecting mum's wishes will make your pain easier to bear, I promise. Please have this talk this week, regardless of whether your parents are 60 or 100. Your future self will thank you for it.

Advanced care forms can be found online.

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# Lake Grace Cricket Club (Inc.) News and Notes

Reid Stubberfield

Sunday the eighth of November saw Lake Grace play Hyden at home for the second time in two weeks. Hyden won the toss and decided to bat getting off to a handy start and were 2/79 at drinks. After drinks the wickets started to fall more regularly but Hyden kept scoring quickly with the tailenders taking sixteen runs off the last over to end up with 9/174 after their 44 overs. Trent King was the pick of the bowlers finishing with 2/21 and Matt Trevenen fielded brilliantly with two catches and a runout.

After a very impressive spread of afternoon tea Shaye Bowron (54) and Kane Pinney (55) started the chase. The boys batted brilliantly putting on a hundred run partnership and carrying their bats through to the drinks break but there must have been something in the water with both dismissed shortly after. With a great platform set it was left to Brayden Reynolds (32 no) and Kael Gray (15 no) to score the winning runs in the 36<sup>th</sup> over, leaving Lake Grace 3/180.

This weekend we travel to Karlgarin to play a twenty20 game against Karlgarin/Pingaring at 2pm. We then

have a two week break before our next home game on the 12<sup>th</sup> of December. We look forward to seeing you there and don't forget you can follow us on Facebook by joining the Lake Grace Cricket Club group.

## HYDEN 9/174

44 overs

J. Burns		b T. King	6
E. Mouritz	c M. Trevenen	b J. Eggers	41
J. Want	c G. Leo	b T. King	30
A. Turner	c M. Trevenen	b T. Gamble	15
P. Graham	lbw	b K. Pinney	0
S. Jones	c A. Marks	b R. Trevenen	15
G. Higgins		b S. Korosec	8
L. Gangell	c K. Pinney	b W. Millar	13
T. Golding	run out	M. Trevenen	4
J. Dziura	not out		5*
D. Donegan	not out		12*

**Bowling** W. Millar 1/44(8), T. King 2/21(9), K. Gray 0/10(4), A. Marks 0/17(3), J. Eggers 1/3(4), B. Reynolds 0/1(2), T. Gamble 1/28(5), K. Pinney 1/6(3), R. Trevenen 1/17(3), S. Korosec 1/9(3).

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# Lake Grace Cricket Club (Inc.) News and Notes (cont.)

<b>LAKE GRACE 3/180</b>	35.3 overs	
S.Bowron	b. P.Graham	54
K.Pinney	c E.Mouritz b A.Turner	55
S.Korosec	b P.Graham	10
B.Reynolds not out		32*
K.Gray not out		15*

**Bowling** J.Burns 0/21(6) J.Dziura 0/29(6)  
T.Golding 0/17(5) E.Mouritz 0/31(4)  
P.Graham 2/26(7) A.Turner 1/30(6) D.Donegan  
0/11(1) G.Higgins 0/5(0.3)

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**For more information or to join our growing list of Lake Grace Clients, contact Jill on 9276 1074 or email her at [psms@poolwiseliving.com.au](mailto:psms@poolwiseliving.com.au)**

**WE ARE HERE TO HELP**

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# The Wrong Bias

*Sonya McSwain*

The Lake Grace Men and Michelle travelled to Kukerin for an away game. They tell me it was a really good day and they didn't get beaten too badly. They did come home with a couple of points that they can add to their leader board table. The Ladies, they had the day off.

On Sunday 8th we had our Pairs Championships. There was quite a good turnout, and the winners who are the gridders were Michelle Lay and Claire Pelham for the Ladies and Steve Hunt and Kevin Eggers for the Men. Nothing like stating the obvious. I would like to thank everyone who came along for the Championship day, it was a really good day.

## The Calendar

### November:

Thursday 19th - Training 5.30pm

Saturday 21st - Round 5 - Lake Grace V Kondinin. 1.00pm

Sunday 22nd - Triples Championships. Names in by 9.30am Start at 10.00am.

Wednesday 25th - Corporate Bowls 6.00pm start.

Thursday 26th - Training 5.30pm

Saturday 28th - Round 6 - Kulin V Lake Grace. Be at the Club at Noon.

Sunday 29th - Social Day.



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(\*For landholders in the Avon River Basin, with remnant vegetation they wish to protect.)

### To find out more, contact:

Anika Dent on (08) 9670 3100  
adent@wheatbeltnrm.org.au



This project is supported by Wheatbelt NRM through funding from the Australian Government's National Landcare Programme.



wheatbelt natural resource management

[www.wheatbeltnrm.org.au/ferals](http://www.wheatbeltnrm.org.au/ferals)

[www.wheatbeltnrm.org.au/cagetraps](http://www.wheatbeltnrm.org.au/cagetraps)



## The Wrong Bias... (cont)

### December:

Thursday 3rd - Training. 5.30pm

Saturday 5th - Singles Championships. Names in by 12.30. Start 1.00pm.

Sunday 6th - Singles Championships continued if needed. Time to be advised.

Wednesday 9th - Corporate Bowls 6.00pm start

Thursday 10th - Training 5.30pm

Saturday 12th - League Pairs at Newdegate. Be on the green by 8.15 roll up for an 8.30 start.

Sunday 13th - League Triples at Newdegate. Be on the green by 8.15 roll up for an 8.30 start.

### The last bit....

- Please wear your uniforms and if you all could bring a plate of afternoon tea for the Triples and Singles Championships.
- The League Pairs and Triples, you need to wear your uniforms.

*Thankyou!*



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## Artists Needed for Public Art Projects at Narrogin Health Service

### Media Release

As part of the refurbishment of the Narrogin Health Service, expressions of interest are being sought from artists experienced in public art projects for two separate commissions.

The two artworks are commissioned under the State Government's Percent for Art Scheme which employs Western Australian artists to deliver exciting artwork for major new public buildings such as schools, police stations, and health services throughout Western Australia.

Art Coordinator Maggie Baxter a consultant to Building Management and Works at the Department of Finance said the two commissions could be awarded to the same artist or team of artists, or awarded separately.

"There are two opportunities, the first commission is for a sculpture marking the entrance to the hospital and the second for seating and functional art," Ms Baxter said.

"The entry sculpture should complement the new architecture of the building and act as a clear statement that Narrogin is a progressive town looking to a bright and expansive future."

"The seating and functional art will be both at the entrance of the hospital and connect through to a breakout courtyard near the new oncology centre."

Ms Baxter said there was no set theme for the commissions but the art should make a connection to the Town of Narrogin, surrounds and Noongar culture.

"Any interpretation is expected to be innovative, contemporary, and not overly representational," she said.

The Expressions of Interest (EOI) are being managed by the Department of Finance on behalf of the WA Country Health Service. For more information visit [www.tenders.wa.gov.au](http://www.tenders.wa.gov.au) or contact Maggie Baxter on 6460 1111 or [magb@iinet.net.au](mailto:magb@iinet.net.au).

The Narrogin Health Service redevelopment is funded by Royalties for Regions as part of the Southern Inland Health Initiative.

The Southern Inland Health Initiative's \$300 million capital works program is more extensive and complex than any project previously undertaken by the WA Country Health Service, with new builds and upgrades to 37 hospitals and health services in the Wheatbelt, South West, Great Southern and Midwest.

To find out more, go to [www.health.wa.gov.au/southerninland](http://www.health.wa.gov.au/southerninland).



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## Puzzles & Stuff

Some words from the 05/11/2015 edition of Boggle

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Garnet  
Gentry  
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Trepan  
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Entry  
Gater  
Grape  
Great  
Oaeon  
Pager  
Range  
Repay  
Taper

Teary  
Yearn  
Yenta  
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Peat  
Pear  
Pent  
Pert  
Prey  
Pyre  
Reap  
Tare  
Year

4	9	7	3	2	8	5	6	1
8	5	6	1	9	4	2	7	3
1	3	2	5	7	6	8	9	4
2	1	4	9	6	3	7	8	5
3	6	9	7	8	5	1	4	2
7	8	5	2	4	1	9	3	6
6	2	8	4	1	7	3	5	9
9	4	3	8	5	2	6	1	7
5	7	1	6	3	9	4	2	8

Answers to 05/11/2015 Sudoku

5	2	6	7	4	1	8	9	3
9	4	7	3	8	6	5	1	2
3	8	1	9	2	5	7	4	6
8	7	2	5	3	9	4	6	1
1	6	9	2	7	4	6	8	5
4	3	5	1	6	8	2	7	9
6	9	3	8	5	7	1	2	4
2	1	8	4	9	3	6	5	7
7	5	4	6	1	2	9	3	8

A	H	L
E	L	M
L	C	S

*This week's Boggle*

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# IRONSTONE FABRICATIONS

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Email: [annette.argent@bigpond.com](mailto:annette.argent@bigpond.com)





# Dumbleyung Toolibin Tennis

*Tamara Bartram*

Dumbleyung travelled by bus, driven by the ever reliable Carmen Bairstow to Tarin Rock for their second pennants game. A hot day for all but great tennis weather.

With both teams fielding a team of younger and tall players, the stage was set for some great tennis. A good win by Dumbleyung saw the final score

26 sets 179 games defeat Tarin Rock 8 sets 117 games with many close games and a few tiebreakers.

Congratulations to men's Captain Drew Roberts, of Dumbleyung, who has at last, after 5 years, achieved the ultimate score of winning 5 sets for the men for the day.

**Left: Dumbleyung Captain Drew Roberts with Tarin Rock's Captain Daniel Gooding.**

**Below: Ross Robinson, Jamie Dare, Drew Roberts, Todd Edwards**



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Elders

**19 Clark Ave Lake Grace**

3 1 1

**Good Starter Home**

3 bedroom, fibro and tile residence with recent renovations. Open style living areas. Is situated on an 809 sq metre block which is located in a quiet street with a rural outlook. The garage has power connected and has a concrete floor. All set for comfortable living.

**13 Bennett Street Lake**

2 1 1

Neat 2 bedroom cottage ideal first home buyers or to purchase as an investment property. Has been recently painted and consists of 2 bedrooms, lounge, kitchen, separate dining area and bathroom. This house has a reverse cycle air conditioner, 2 ceiling fans, gas stove and hot water system, easy to care for gardens, 1 garden shed on 308m<sup>2</sup> street fronting block.

**\$157,000 offers considered****\$115,000****64 Bennett Street, Lake Grace - For the Family**

Secure three bedroom brick and iron home on a large 1037m<sup>2</sup> corner block. This home has many features including dual air conditioning systems being an evaporative ducted system plus a reverse cycle split system air conditioning unit. Three good sized bedrooms, tile fire and extensive outdoor areas. Also a 9.6m x 4.7m security fenced below ground pool incorporating a spa bed, a standalone brick and iron games room with a bar which could be quite easily converted into a self contained granny flat. For the handyman there is a 9m x 6m colourbond garage/workshop, fully concreted and equipped with three phase power and for the wife there is a well established garden which is all reticulated.

**Ron Dewson Web ID 456249****\$220,000 – 230,000****Elders Real Estate, Lake Grace WA 6353 Ph 9865 3500****Ron Dewson 0428 651 213**

eldersrealestate.com.au

Elders

## PUBLIC NOTICES

### Lady Doctor

Dr Linda Haines will be in Lake Grace on the 3rd and 4th December. Please call the Lake Grace Surgery on 9865 1208 for appointments.

### Community Midwife

Sandy Slee the Community Midwife will be coming to Lake Grace the first Tuesday every month until further notice.

### Local Knowledge Needed

UWA History Professor, Andrea Gaynor, will be in Lake Grace on Monday 30th November and is keen to talk to locals to gather material for a book to be written.

This project aims to write an innovative history of selected areas of the mallee lands found in the four southern mainland states of Australia. This history will explore changing land uses in these regions from about 1830 until the present, including pastoralism, farming and other uses.

It will trace how people have shaped the environment, how the mallee in turn has shaped settlement, and the relationships that developed between people and nature. It will result in a book, academic articles, and a website that will collect and display the thoughts and memories of people associated with mallee lands.

If you are interested please call the CRC. Andrea will meet with interested parties at the CRC/Library.

### Lake Grace Sportsman's Club

Will be running a meat raffle, \$2 per ticket, sold at the bar. Run on Friday night and drawn on Saturday night.

### Sally Dickinson

Counsellor for Southern AgCare.  
A free and confidential service.  
Contact direct: 0427 192 155  
[www.southernagcare.org.au](http://www.southernagcare.org.au)

### Gopher Maintenance

Are any of the gopher drivers interested in a visit from Calibre Care in Albany to service their gopher?  
If so contact the CRC on 9865 1470.

### Senior Citizens Luncheon

Thursday 3rd December.  
Catered by LGDHS P&C  
Contact Vynka Lay to RSVP  
on 9865 1071

## CHURCH TIMES

### Anglican Church of Lake Grace

**Sunday 22nd November**  
No Service

**Sunday 29th November**  
**Lake Grace**

Enquiries: Father Dave      0427 545 560  
Terry Gladish      9865 1022

### Lake Grace Catholic Church

#### Sunday 22nd November

Lake Grace	9am
Kukerin	11am
<i>(Cambinata Yabbies Farm)</i>	

#### Sunday 29th November *(Cemetery Mass)*

Hopetoun	9am
<i>(combined church service)</i>	
Lake Grace (C/S)	9am
Kukerin (C/S)	9am

For inquiries and request for home visitation, please contact Fr Gayan Thamel on 9865 1248.



# Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
Camera Club	Nicole Argent	0428 315 773	knargent@bigpond.com
Craft Group	Meet at the CWA Building Saturdays from midday onwards		
CWA	Irene McGlinn	08 9865 1148	irenemcglinn@bigpond.com
Early Learning Centre (Daycare)	Chloe De Frenne	08 9865 2568	lakegraceelc@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au
Playgroup	Amy Jones	0400 206 321	lakegraceplaygroup@mail.com
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Amanda Trevenen	0488 216 601	amanda.harrower@hotmail.com
<b>Summer Sport</b>			
Lake Grace Bowling Club	Claire Pelham	0457 207 749	richie21claire@yahoo.com
Lake Grace Cricket Club	Shaye Bowron	0428 652 556	shayebowron97@gmail.com
Lake Grace Swimming Club	Anke Stoffberg	0439 903 411	stoffberg@westnet.com.au
Lake Grace Tennis Club	Kristie Stanton	0427 973 206	kristiehobley@hotmail.com
Tarin Rock Tennis Club	Kevin Naisbitt	0427 649 043	jenakora@bigpond.com

## Crisis Care Numbers

<b>Doctor's Surgery</b> - 9865 1208	<b>Electricity Faults</b> - 13 13 51
<b>Hospital</b> - 9890 2222	<b>Water Faults</b> - 13 13 75
<b>Ambulance/Fire/Police</b> - 000	<b>Directory Assistance</b> - 1223
<b>55 Central Men's Refuge</b> 9272 1333	<b>Family Helpline</b> 1800 643 000 / 9223 1111
<b>Sally Dickinson</b> 0427 192 155 <i>Southern AgCare Counselling</i>	<b>Kids Helpline</b> 1800 55 1800 www.kidshelp.com.au
<b>Poisons Information</b> 13 11 26	<b>Ngala</b> 9368 9368 www.ngala.com.au
<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 www.community.wa.gov.au	<b>Relationships Australia</b> <i>Fair Programme</i> 9336 2144 www.wa.relationships.com.au 1300 364 277
<b>Lifeline Australia</b> - 13 11 14 www.lifeline.org.au	<b>Beyond Blue</b> - 1300 22 4636 www.beyondblue.org.au
<b>Seniors Information Services</b> 9321 2133 www.cotawa.asn.au	<b>Citizens Advice Bureau</b> 9221 5711 www.cab.wa.com.au
<b>Family Court of WA</b> 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	<b>Youth Legal Service</b> 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au
<b>Main Roads</b> - 138 138	

## Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	9865 1224
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

## Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker ( <i>President</i> )	9865 1241	
Jeanette de Landgraft ( <i>Vice</i> )	9838 9062	9838 9041
Len Armstrong	9871 1334	9871 1317
Ross Chappell	9865 4058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Steve Hunt	9865 1650 0427 651 585	
Allan Marshall	9865 3022	9865 3012
Murray Stanton	9865 1329	9865 1223

# COMMUNITY CALENDAR

## November/December

Fri 20	Fish & Chips at the Sportsman's Club Hand patchwork workshop at CRC LGDHS Volunteers Morning Tea
Sat 21	Craft Group at CWA 12 noon onwards Rubbish tip open Meals at the Sportsman's Club Cricket - Karl/Pingar in v Lake Grace Pennant Bowls - Lake Grace v Kondinin
Sun 22	Rubbish tip open Bowls - Triples Championship
Mon 23	Rubbish Collection & rubbish tip open
Tue 24	Chair Aerobics 10:45am at Village Hall SOYF Seniors Program-10am @ Shire Hall Men's Shed 9.30am-12 noon Weight Watchers @ Village Hall
Wed 25	Rubbish tip open HACC Activity & Morning Tea 10-11:30am Corporate Bowls at 6pm
Thur 26	Playgroup (9:30am—11:30am) Toy Library (9:45am) at RSL Cricket Training Bowls Training
Fri 27	Hand patchwork workshop at CRC Fish & Chips at the Sportsman's Club Christmas Remembrance
Sat 28	Rubbish tip open Craft Group at CWA 12 noon onwards Meals at the Sportsman's Club Bowls - Kulin v Lake Grace
Sun 29	Rubbish tip open Bowls - Social Day
Mon 30	Rubbish Collection & rubbish tip open Recycling Collection Lakes Link News Deadline Swimability in Narrogin
Tue 1	Community Midwife in Lake Grace Building Surveyor in Lake Grace Chair Aerobics 10:45am at Village Hall SOYF Seniors Program-10am @ Shire Hall Men's Shed 9.30am-12 noon

Tue 1	Weight Watchers @ Village Hall LGDHS School Board meeting
Wed 2	Rubbish tip open HACC Activity & Morning Tea 10-1:30am
Thur 3	Dr Linda Haines in Lake Grace Shopping day at Newdegate Lakes Link News Published Cricket Training LGP Football Club AGM Bowls Training Pizza Night at Sportsman's Club Senior Citizens Luncheon LGDHS Yr 9/10 Dinner

### Coming Events

4th December - Dr Linda Haines in Lake Grace  
 4th December - Driving Assessor in Lake Grace  
 7th December - Intimo Christmas Sale Pop-up Shop  
 10th December - P&C carwash (camp fundraiser)  
 11th December - Late Night Shopping  
 11th December - HACC Bus Outing  
 14th December - LGDHS P&C Meeting  
 15th December - Building Surveyor in Lake Grace  
 16th December - LGDHS Concert Night  
 16th December - Shire Council meeting  
 18th December - Business sponsored Christmas Drinks  
 19th December - Pingaring 90th Christmas Tree  
 23rd December - Extraordinary Postal Election

### Lake Grace Sportsman's Club

Will be closed on  
 Friday 25th December 2015  
 Friday 1st January 2016

		5	4	3				8
	8		7			6	1	
2	7	1			6			
7		8		1			9	
	2		5		3		4	
	4			9		1		5
			1			9	8	4
	6	7			9		3	
9				5	8	2		

### Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

		4	3		2	7		
	3		9		1		2	
9				6				8
2		5				4		6
	4						1	
7		1				8		3
3				2				5
	2		6		8		4	
		9	1		7	3		