

# LAKES LINK NEWS

Produced at the  
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10th November 2022

\$1.50 inc GST

Vol 28 Issue 22

## Darcey on Fire at D'arcy Slater Cup

*Suzanne Reeves*

It could be all in the name, but I think it has more to do with natural talent and hours spent practicing with Mum, Karissa Pelham, as his sparring partner at the local tennis courts that has served Darcey Pelham well in his recent appearance at the D'arcy Slater Cup.

Held in Busselton from 23rd to 26th October the D'Arcy Slater Cup (boys) and Women in Tennis Foundation Cup (girls), was well attended with junior tennis players travelling from across the state to compete in the longstanding regional tournaments.

Attracting more than 90 junior tennis players from across the State, players from nine different zones, including Peel, Midwest, Upper Great Southern, Lower Great Southern, Great Southern, Southwest, Central Districts, Pilbara and Eastern Districts hit the courts to contest the U14 junior singles competition over four days.

Players also competed in the hotly contested zone based teams competition, with zones vying for the top gong in both boys and girls events.

Succeeding the events originally named as the Clough Cup (boys) and Goolagong Cup (girls), the D'Arcy Slater Cup and Women in Tennis Foundation Cup have retained a stronghold on the regional tournament calendar, owing to the competitive opportunity they bring to the aspiring athletes residing in regional WA.

Held in high regard throughout the regional zones, Tennis West CEO, Brett Patten says the tournaments continue to attract talented players from across the regions.

"The D'Arcy Slater Cup and Women in Tennis Foundation Cup have been longstanding events on our competition calendar for many years." "Our regional



**Nine year old Darcey Pelham has his eye firmly on the ball while playing at the recent D'arcy Slater Cup.**

players always compete at such a high standard, but we expect that this year will something extra special." "The one thing that stands out year after year is just how important it is to provide these competitive playing opportunities to the junior athletes who reside in regional WA."

"Western Australia has a host of talented players out in the regions and these tournaments are crucial to the ongoing development of these aspiring athletes."

Darcey Pelham is one of these talented players that needs to have the opportunity to pit himself against

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# LAKES LINK NEWS

## 2022 Advertising Rates

	Standard	Members	NFP	NFP Members
Classified	\$1 per line	FREE	FREE	FREE
Public Notice	FREE	FREE	FREE	FREE
1/8 page	\$14	FREE	FREE	FREE
1/4 Page	\$20	\$16.50	\$16.50	\$13.50
1/2 Page	\$35	\$27.50	\$27.50	\$22
Full Page	\$60	\$50	\$50	\$37.50
Insert (d/s)	\$50	\$35	\$35	\$30
Thank You's	FREE	FREE	FREE	FREE
Editorial	FREE	FREE	FREE	FREE
Colour	\$200	\$165	\$165	\$150

*Conditions do apply.*

## CRC Opening Hours

9:00am - 5pm

Closed from midday to 1pm for lunch when short staffed.

## Deadlines and Editions

All articles, news and advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

### Next Deadline

Monday 21st November

### Next Edition

Thursday 24th November



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.  
Thank you also to our many contributors of articles.

Dick Phillips    Annie Slarke  
Lee Duckworth

#### DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

***260 copies circulated each fortnight***

# Editorial

- Well the CRCs AGM is done and dusted for another year with the CRC returning a profit of \$5,608 for the year; money raised at the CRC does get put back into updating our equipment and covering costs of programmes that don't bring in funds but are necessary to the community (ie the Lakes Link brings in 10% of our income but possibly takes up about 25% of our time). The bulk of our income (41%) comes from our State Government contract, with grants (15%), Workshops & Training (10%), Lakes Link News (10%), Desktop Publishing (6%) and printing (6%). The remaining 12% is spread between other government contracts/funding, membership, bank interest, photo printing, sales of equipment and consumables as well as venue and equipment hire. The Lake Grace CRC does quite well financially but like most community organisations, does have to keep an eye on the dollars.
- Of course it's not just all about the \$. With an AGM there often comes a committee change...well we had to scramble for more chairs as the people kept coming. The CRC committee had been strong for many years but it is always wonderful to see an influx of new blood who will bring new ideas to the centre. Thank you to Yvette Downey who has been our Chairperson for two years and has now handed the reins to Maggie Prater who has stepped up to the Chair position. Our committee are as follows:
  - Maggie Prater—Chairperson
  - Yvette Downey—Vice Chairperson
  - David Fyfe—Secretary
  - Janine Watson—Treasurer
  - Ollie Farrelly
  - John O'Neill
  - Brett Hudson
  - Vicky Klein
  - Kiah King
  - Paula Carruthers
  - Vicki Smith
  - Georgia Gray
- Another decision made at the AGM was to increase the price of the Lakes Link; it will go to \$2 a copy (\$1.50 for email subscribers) in the New Year. For our subscribers the subscription form will be coming out in the next edition.
- We have been scheduling some workshops for 2023 and at this stage we have tentative dates for the following:
  - Working at Heights (Feb 2023) - \$100.92
  - Working in confined spaces (Feb 2023) - \$113.88
  - Forklift (Feb 2023) - Cost TBC
- Other workshops we are looking at for 2023 are:
  - Superannuation information session
  - Marketing with Social Media
  - CANVA
  - Truck Driver Training/Accreditation
- If you are interested in any of the training listed above then please give us a call and put your name down. 2023 will be here before we know it!
- The Lake Grace CRC will once again be taking part in the showerhead swap programme, if you missed out last time then you're getting a second chance. All we need is your water account number, if you're on farm and don't have one we will work something out.
- Like many businesses and organisations in Lake Grace we at time find ourselves short staffed. It definitely pays to ring and double check that we will be here before driving in.
- The Harvest Festival will be here before we know it, we have the food and music sorted...just need more stalls. If you can think of anyone that would be great to have, then let them know...Thursday 8th December!
- Last week we took delivery of our new photocopier for printing the Lakes Link. Our old photocopier was having a struggle after nearly 5 years of hard yakka and over 1.123 million prints—no wonder there were a few lines being left on the pages. I was a little worried when it was delivered that it wasn't going to fit in the designated spot but all good! The exciting thing about this printer is that it can do colour and mono all in the one print run. Previously we have had to insert the colour pages as we went, a little trickier and more back and forth and restrictive on the number of colour pages that we could do. However don't get too excited as colour is cost prohibitive, 11x the cost of mono, so we will be keeping colour to a minimum unless we get inundated with colour advertising. Previously these machines were well out of our budget range but like a lot of technology, prices seem to drop as it becomes more common place.

*Suzanne Reeves*

**Katanning Vet  
Clinic**



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[kvc@kojonupvethospital.com.au](mailto:kvc@kojonupvethospital.com.au)

Find us on:  
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# About Town

- All the best to Michelle Penney and Dean Sounness who are getting married this week-end—here's to a long and happy future together!

# Happy Birthday



10th November	Letty Leo Wade Humphrey
11th November	Holly King
13th November	Royce Taylor Darryl Palmer
14th November	Vynka de Vree
15th November	Kevin Seaman
17th November	Pippa Gittos
18th November	Debbie O'Neill
19th November	Kyle Harwood
20th November	Trenton King
21st November	Linda Hunt
22nd November	Emmett Kuchling
23rd November	Alan Marshall
24th November	Amber McPherson

## Grow Free Cart



'Take what you need,  
give what you can'

*Cart will be back out on the  
Visitor Centre verandah  
everyday.*

## ARE YOU LOOKING FOR AN EXCITING EMPLOYMENT OPPORTUNITY?

- ✓ Do you enjoy helping people?
- ✓ Would you like to be a part of growing a community organization and having an influence on the journey?
- ✓ Can you juggle like crazy when the need arises?
- ✓ Are you able to filter and disseminate information to the right people / place / organization through a range of mediums?
- ✓ Does the challenge of keeping up to date with new ideas, equipment and methods give you a buzz?



**Then the Lake Grace Community Resource Centre could be the place for you!**

The CRC is currently looking for a staff member who is passionate about community and has a long term view to growing their position within the organization while maintaining the current high standards and programmes already in place.

For more information contact Suzanne Reeves 9865 1470.

# New Fire Truck for Lake King

Matt Castaldini



On Tuesday 1 November the Shire of Lake Grace and the Lake King Volunteer Bush Fire Brigade hosted the Hon. Shelley Payne MLC on behalf of Hon. Stephen Dawson MLC Minister for Emergency Services to officially present the new Tatra 4.4 Broadacre fire appliance to the Lake King Bush Fire Brigade.

Funded by the Emergency Services Levy, the \$650,000 fit-for-purpose vehicle was specially designed with consultation from volunteers and the Department of Fire and Emergency Services (DFES). The new truck suits the needs of Western Australian firefighters carrying three crew members, 4,000 litres of water, and is fitted out with crew protection equipment and four-wheel drive capabilities. It is a welcome asset that will strengthen the emergency response in the eastern parts of the Shire, supporting the strong farmer response capability in the Lake King and Mt Madden areas.

The Lake King Volunteer Bush Fire Brigade supports a vast area in the Shire of Lake Grace and has attended multiple significant incidents over the past two years. The brigade played an important role in extinguishing a major bushfire that broke out in the Forrestania region in February 2020.

Thank you to all bush fire volunteers, including the Lake King Volunteer Bush Fire Brigade, who help to keep our community safe!

***Pictured above left to right: Shire CEO Alan George, Shire President Len Armstrong, CESH Matt Castaldini, Hon. Shelly Payne MLC, Captain Lake King BFB Jason Sugg, Deputy Shire President Ross Chappell, Chief Bush Fire Control Officer David Roberts, Lake King Volunteer Rob Winyard***



## Crochet Workshops

From 10am to midday, every Friday - starts 1st April.

Lake Grace Community Resource Centre - FREE

Learners welcome, some hooks available for purchase with a small range of wool to practise on.

Work on Wheelchairs for Kids blankets or your own project

Call 9865 1470 if you have any queries.

If you prefer to work on your own project that is okay. Everyone welcome.





## **CONTRACT PEA HARVEST - Kukerin and Lake Grace**

- 2166 CASE IH + 28ft pea plucker
- \$55/ha + GST
- Farmer supplies diesel & field bin(s)
- Limited spots available mid Nov to mid Dec

**Phone Mick 0427 646 105**



## **BALE STACKER—BOOKINGS FOR STRAW BALING**

Jadan 6 bale stacker from minimum \$4.50/ bale + GST pending  
bale - stack distance

**Phone Mick 0427 646 105**

# Sportsman's Club is Treading Water

Suzanne Reeves

The Lake Grace Sportsman's Club successfully held their AGM last week, having had to delay it from a fortnight earlier due to a lack of quorum. At their first AGM since 2018, Club President Steve Hunt reported that the Club is in dire straits and unless there is a radical change in their circumstances, they may be forced to shut their doors.

The Sportsman's Club came into being in February 1964 and was to be a total amalgamation of all sporting bodies. By their first meeting (two weeks later) they had over 300 members and over one thousand pounds in the bank. Unfortunately discord and tensions came to a head in late 1967 when the cricket, badminton, hockey, basketball, football and tennis clubs all withdrew leaving just the bowling club (the tennis club came back into the fold 6 months later).

The Clubhouse finally came to fruition in 1973 and due to a lack of space was extended in 1979. Through the 70s, 80s and into the 90s the Sportsman's Club flourished with patrons jockeying for seating.

The Club still doesn't lack membership, recording close to 300 members, however the members aren't going to the club so therefore income isn't being generated.

COVID caused big issues with cashflow however Job Keeper allocations meant that some of the financial stress was alleviated. Increased costs for freight and food products have added to the pain.

The drop in food and bar sales has been significant and volunteers have been working hard to keep things afloat, something that they cannot continue to do. They have elected to close some days of the week in order to cut costs but this then affects the license.

A committee was voted in, and some suggestions have been made but unless members start using the club it will not have a distant future.



## *What's Happening at the Shed?*

### **Celebrate International Men's Health Day at the Lake Grace Community Men's Shed**

**Saturday 19th November  
From 2pm**

- ◊ *Guest speaker (Wheatbelt Men's Health)*
- ◊ *Health checks available*
- ◊ *Refreshments available with the BBQ heating up from 4pm.*

**Families welcome! You don't have to be a member.**

**Have a tour of the Shed (25 Bennett St) and see for yourself what facilities are available to the men of Lake Grace.**

**FREE TO ATTEND AS FUNDED BY MEN'S SHEDS OF WA AND LOTTERYWEST**

RSVP with numbers (for catering purposes) to Ollie Farrelly on 0498 479 968 by Monday 14th November.





# Cardiovascular Awareness

Wheatbelt Men's Health (Inc.) Tel: (08) 9690 2277 [menshealth@4blokes.com.au](mailto:menshealth@4blokes.com.au)

## How's Your Pump and Pipes?

It's no surprise that when we combine disease associated with the *heart* (pump) and *blood vessels* (pipes) it's our biggest killer, largest health problem, and places a great burden on our economy and health system. This of course is without even considering the issues around grief, loss of function and care requirements that can also impact individuals and families.

Cardiovascular Disease (CVD) is a major cause of death in our country. It kills one Aussie every 12 minutes and is responsible for causing one in four (26%) of all deaths. Someone is hospitalised for CVD every minute and those living in regional and remote areas, generally have higher rates of death from CVD than other Australians (Heart Foundation Aust).

Why Pump and Pipes? If we think about a pump moving water through a series of pipes, over time sediment can slowly build up and slow the flow of water or even cause a blockage. Most blokes would understand this would result in the pump having to work harder which can cause it to eventually fail or blow a hose.

This is no different to coronary heart disease which

occurs through the build-up of fatty deposits (plaque) in the arteries that feed the heart. Narrowing reduces the supply of blood and oxygen to our heart and if this becomes too narrow it can cause angina (pain/discomfort in chest) or if a blood clot causes a complete block, then this can cause a heart attack. This is similar to when a clot occurs in blood vessels to the brain causing a stroke.

Warning signs for a heart attack may include a single or a combination of symptoms such as pain, heaviness or tightness in one or more areas of the upper body, shortness of breath, dizziness or a cold sweat.

If you think someone's having a stroke the Stroke Foundation has come up with an easy to remember checklist referred to as **FAST**:

- **F**ace – Has their mouth dropped?
- **A**rm – Can they lift both arms?
- **S**peech – Is it slurred, can they understand you?
- **T**ime – Is critical, call 000 immediately.

Factors that contribute to CVD include family history (which we can't change) but some of the other risks we can manage by making healthy lifestyle choices are:

- don't smoke;
- maintain a healthy diet;
- do regular exercise;
- reduce our alcohol intake (take a couple of days off a week);
- monitor our body weight;
- moderate our salt, sugar & fat intake; and
- look after our mental health & wellbeing.

It's important we acknowledge that a lot of CVD is preventable, however it's essential that we understand our individual risk factors that may impact on us developing diseases associated with our heart and blood vessels. The onset of other health issues such as diabetes, obesity, even erectile dysfunction can be an indicator that our pump and pipes could be under pressure.

So, just remember like any good piece of machinery, there are some basic *Operating Tips* to keep things running at optimal performance!

*Gauge your guts - Regulate your risks - Move more - Make a service visit... Talk with your GP*

## Over 55s Art Group

When: Every second Tuesday

Where : The Seniors Village Hall

Who: If you are over 55 and are feeling creative.

What: Having a go at the many different types of art.

Why: Relaxing, Fun, Great social get together, Free for Senior members, non members \$2. Materials supplied

Hope to see you there



Come in and see us for all your  
meat supplies!

Food for all the family

Custom kills

Cooked chooks available every day



Open

Monday - Friday 8:30am - 5.30pm

Saturday 8:30am - 12pm

Located in Lake Grace Plaza

Contact Dean Sounness: 9865 1225





# LGDHS: Quararup Camp

Shelley Stowers

Year 6 students accompanied by their teacher Shelley Stowers, EA Britt Newitt and parent volunteer Malcolm Harwood, spent three days in Albany at Quararup Camp. They had a wonderful time and from the expert guides, learnt all about the history of the area. Here they are predeparture, lined up in front of our community bus.



Ready and excited for camp!

## Harvest Festival

2022

....aka Late Night Shopping....

Thursday 8th Decem-

**We are looking for stalls,  
displays and activities....**

**if you have something in mind please give the  
CRC a call/email and register your interest. If  
any businesses are planning on staying open  
later then please let us know.**

Contact the Lake Grace Community Resource Centre  
on 9865 1470 or [lakegracecrc@westnet.com.au](mailto:lakegracecrc@westnet.com.au)



## Lake Grace Weather

Date	Min	Max	Rain
26/10	10.4	20.5	1.0
27/10	5.9	20.6	0.2
28/10	7.2	20.8	0
29/10	10.1	13.0	4.8
30/10	6.8	15.0	12.6
31/10	5.8	17.5	2.6
1/11	9.3	21.1	0
2/11	10.2	20.6	0
3/11	10.4	27.8	0
4/11	13.1	26.9	0
5/11	9.5	22.7	0
6/11	8.9	21.0	0
7/11	11.2	24.2	0
8/11	12.9	19.5	0.6

## Defibrillator Locations in Lake Grace

- **Liberty Roadhouse** - cnr Stubbs St/South Rd  
publicly accessible AED  
Open 7 days 6:00am - 8:00pm
- **IGA - Lake Grace Plaza** - Stubbs St  
publicly accessible AED  
Open 7 days 6am-7:45am 8:30am-5:30pm
- **St John Ambulance sub centre** - Stubbs St  
(accessible 24 hours a day)
- **Sporting Pavilion**  
publicly accessible AED when pavilion is in use
- **Lake Grace Police Station** - Stubbs St  
(accessible 24 hours a day)
- **Lake Grace Men's Shed** - Bennett St.  
(accessible 24 hours a day)
- **Lake Grace Swimming Pool** - Bishop St  
publicly accessible AED during opening hours
- **Lake Grace Sportsman's Club** - Stubbs St  
(accessible 24 hours a day)
- **Lake Grace Caravan Park** - Mather St  
accessible 24 hours a day)
- **Lake Grace CRC** - School Place  
(accessible 24 hours a day)
- **AFGRI** - Absolon Street  
(accessible 24 hours a day)
- **Saltbush Inn - Griffiths St**  
(accessible 24 hours a day)

Dial 000 for emergencies.

If you are responsible for a defibrillator or have one in your building be mindful that the pads need to be in date and battery may be running low (may beep). If you have any questions contact Debbie Carruthers at the Lake Grace Sub Centre on a Tuesday or Friday on 0428 110 446.



### Daily freight service to and from Perth

- For all your wool and general freight requirements
- Secure depot at:

**BW James,  
19-21 Hodgson Way,  
Kewdale**

- Forklift to load wool on farm
- Accredited to load at Midland Brick
- We also cart bulk grain, fertiliser, lime, gypsum and firewood

Your friendly local operator—nothing is a problem, only too happy to be of service.

For all your freight needs call:

**Darren 0428 651 339**

### SAVE THE DATE

## Wheel Chair for Kids Blanket Presentation

**Friday 2nd December at 10am  
@ the Lake Grace Community Resource Centre**

*There will be a morning tea provided along  
with the presentation*

## Lake Grace Shire Councillors

Councillor	Telephone
Cr Len Armstrong – Shire President	0429 843 785
Cr Ross Chappell – Deputy Shire President	0428 654 058
Cr Deb Clarke	0428 654 041
Cr Ben Hyde	0428 752 042
Cr Roz Lloyd	0428 711 534
Cr Anton Kuchling	0427 206 030
Cr Jeff McKenzie	0458 694 014
Cr Steve Hunt	0427 651 585



# The Cost of Vandalism

Suzanne Reeves

Vandalism is described as an action involving deliberate destruction of or damage to public or private property. A preceding adjective may be wanton or senseless but what needs to be remembered is the cost; not just financial but social also.

Lake Grace has been hit by some recent acts of vandalism that may have seemed like a lark to the perpetrator at the time but are costly and have long term ramifications for the image of our town.

The vandalism has ranged from damage to the playing surface of the oval, a broken window at the Shire office, graffiti, holes put in the bouncy pillow, sand put in the new public toilets and damage to roads. You couldn't blame the shire for feeling victimised.

It's not just the financial cost burden there's also the social cost and the impact to the Shire team who are consistently working at creating opportunities and improving assets for those who live here only to have them destroyed by someone with no thought for anything except their moment of gratification.

When the bouncy castle and public toilets were taped off, what kind of image was that creating for tourists that were dropping in to use the facilities or park up for the night? They could be forgiven for jumping to the conclusion that Lake Grace isn't a safe place.

What about the families that are using the bouncy pillow as a place to meet up and their children can let off steam? Would the children be feeling

threatened and that their needs aren't important?

If you were from Esperance and saw the slur graffitied on a water tank, would you be forming a negative opinion of Lake Grace?

When the perpetrator did the wheelies on the oval, did they have a passing thought for those who have donated their plant and time for sand carts? Or perhaps even for the injuries that can be caused to a sports person through an uneven playing surface? I doubt it.

What can we do about vandalism? Perhaps remind ourselves and our families the importance of looking after public and private property; have a conversation with our children about the recent vandalism and the negative feelings and costs that it has created. By having these conversations we can cement the difference between right and wrong and get Lake Grace back on track as a safe and welcoming community.



**Above: puncture holes in bouncy pillow.**

**Above right: wheel ruts on football oval.**

**Left: Broken window at shire office**

**Below: Graffiti on water tank.**





# The Good News Page

Kevin Seaman

Hi there constant reader! I hope you are enjoying and learning from the current format of good news page. Learning you say "What can we learn from it?" It has to be that yes, we can enjoy the happy stories of others around the world and for a few moments forget about the bad news stories which I said will never appear in any edition of the Good News Page in the future. So, let's see what we can do to get you happy today.

A patient at Paideia International hospital in Rome Italy underwent a 9-hour brain operation while playing a saxophone.

The team of surgeons, led by 'Dr.Christian Brogna, international expert in complex tumor surgery and "awake surgery", completely removed the brain tumor without compromising the patients neurological functions.

The doctor said his 35 year old patient, who has been identified only as C.Z., played the theme song from the 1970 movie "Love Story," and the Italian national anthem, at various times throughout the surgery.

C.Z. had told the medical team that preserving his musical ability was essential to him. It was also very useful to the surgeon, because his patient playing the sax during surgery allowed Brogna to map different functions of the brain as he operated.

"To play an instrument means that you can understand music, which is a high cognitive function. It means you can interact with the instrument; you can coordinate both hands, you can exercise memory, you can count – because music is mathematics – you can test vision because the patient has to see the instrument, and you can test the way the patient interacts with the rest of the team," he said.

The procedure was on Monday and C.Z. was discharged early Thursday morning, Brogna said he was proud that his patient had been able to go back to his normal life, and proud that with each operation, knowledge of this branch of medicine is advancing.

"Every awake surgery not only allows to obtain the maximum result in terms of removal of the pathology, but it is a real discovery. Each time it offers us a window into the functioning of the fascinating, but still in many ways mysterious organ, which is the brain," he said.

**It's a miracle:** Boy who spent first 1,000 days of life in hospital goes home. Francesco has seen nothing, but the inside of hospital walls his whole life, relying on a ventilator to breathe and tubes to help him eat. But on Tuesday, that all changed. "Were very, nervous, tense, scared, overwhelmed, happy, overjoyed. It's just a melting pot of emotions," said Francesco's father, Emanuele Bruno. Francesco has a rare form of skeletal dysplasia that specifically impacts his ribs, making it difficult for his lungs to grow properly.

"They told us when he was going to be born, he was only going to live for 30 minutes. It's really a miracle he's with us today," said his mother, Priscilla Bruno. For the last 1,000 days, Francesco's been in four hospitals in

three different states across the US. On Tuesday, he finally got to go home and be with his family. Francesco turns three in December.

## Young runner Encourages struggling opponent at finish line.

A young runner at a cross country meet in Liverpool, New York, stopped to check on one of his opponents after he heard him crying at the finish line. The Liverpool track team posted a photo of the heartwarming scene. Cooper Kohanski said he couldn't leave the finish line without checking on his opponent, Andrew Hawkinson, a runner from Baldwinsville.

"When I turned around, I heard a kid sobbing, which is common because it really does hurt so I wanted to make sure he was okay," Cooper told CYN Central.

It was Andrews first ever cross-country race.

"He said a lot of encouraging stuff. He said I did a good job, and I would be okay because I was out of breath. I couldn't really walk, I just needed to settle down. Once we got up, we had a fist bump which I thought was pretty cool," Andrew told the News station.

Andrew's mom said she was surprised to see her son being comforted by a runner from another team.

"It just really fed my soul, and I was just really impressed. I wouldn't have expected somebody from the other team to check on him," she said.

**The Oklahoma City Zoo announced the birth of four African Lion cubs**, marking the first lion cubs born at the Zoo in 15 years. The cubs were born on Monday at the zoo's Lion Overlook Habitat to 7-year-old Dunia. The cubs consist of three females and one male.

"We are incredibly excited to share the news 'about the recent additions to our African lion pride," said Tyler Boyd, OKC Zoo's curator of carnivores.

"Throughout her pregnancy, birth and now care of these four cubs, Dunia has been amazing and is showing excellent maternal care. This birth is vital to the African Lion population and has been a culmination of years of hard work, dedication and commitment by the Oklahoma City Zoo and its supporters, the SSP and Zoos carnivore team. We cannot wait to watch these cubs growing up and become fan favourites for years to come."

The Zoo said Dunia and the cubs are in great health. The quadruplets will remain behind the scenes until they are old enough to safely navigate their habitat.

And now as the good guys would say here's one for the road,

But! I am not really sure which category it fits into.

A good news story for the ladies or a bad news story for the men. I will leave it to you to be the judge.

## The Husbands Super Store:

Recently a "Husband Super Store" opened where

# The Good News Page *(cont.)*

women could go to choose a husband from many men. It was laid out over five floors, with the men increasing in positive attributes as you ascended.

The only rule was, once you opened the door to any floor, you HAD to choose a man from that floor; if you went up a floor, you couldn't go back down except to leave the place, never to return.

A couple of girlfriends went to the shopping centre to find some husbands.

## FIRST FLOOR

The door had a sign saying, "These men have jobs and love kids."

The women read the sign and said, "Well, that's better than not having a job or not loving kids, but I wonder what's further up?"

So up they went.

## SECOND FLOOR

The sign read, "These men have high paying jobs, love kids, and are extremely good looking."

"Hmm," the women said. "I wonder what's further up?"

## THIRD FLOOR

This sign read, "These men had high paying jobs, are

extremely good looking, love kids and help with the housework."

"Wow" said the women. "This is very tempting."

But there was another floor so further up they went.

## FOURTH FLOOR

This door had a sign saying "These men have high paying jobs, love kids, are extremely good looking, help with the housework and are very romantic."

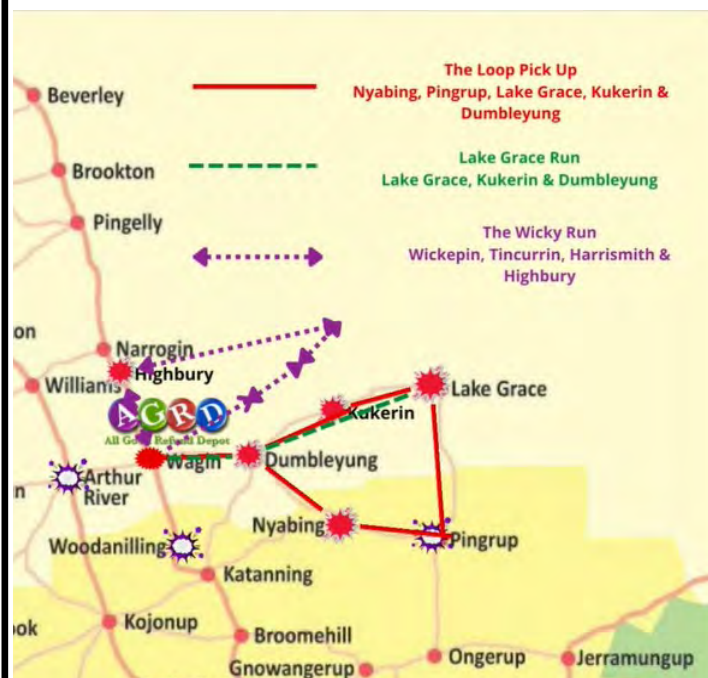
'Oh, mercy me,' they cried, 'Just think what must be awaiting us further on!'

So up to the fifth floor they went

## FIFTH FLOOR

The sign on that door said, 'This floor is empty and exists only to prove that women are impossible to please.'

K



We have regular pick ups from Lake Grace, Kukerin, Dumbleyung, Nyabing, Pingrup, Wickepin, Tincurrin, Harrismith & Highbury.

Find out more about our drop points

0439 956 175.

Bulk pick ups can be arranged on farm anywhere along this route.

[All Good Refund Depot](#) is serious about stopping containers from going into landfill.

The next pick up from Tincurrin, Wickepin, Harrismith & Highbury is the first Tuesday of the month.

Pick ups from Lake Grace with check in stops at Kukerin & Dumbleyung is fortnightly as advertised in the Links.

# First World War Diaries and Letters get Online

Eyewitness accounts of the end of the First World War, as recorded in diaries and letters, are now available online as part of a major digitisation project led by the Australian War Memorial.

These diaries and letters give an intimate insight to this globally significant day, as Australians gather to mark Remembrance Day and commemorate the Armistice of the First World War, which was signed at 11 am on 11 November 1918.

“The Memorial has a multitude of original letters and diaries that express how people felt about the signing of the Armistice and the war coming to an end,” Australian War Memorial Research Centre head Robyn Van Dyk said.

“Many of the letters and diaries on the Memorial’s website record how people reacted to hearing of the end of a very long and horrific war. Some also took part in and recorded various celebrations.

“Many wrote about their relief of not having to fight anymore, for others there was a hint of disbelief.

“Others reflected on the loss of friends and family.”

In one example, Lieutenant Sydney Trill wrote on the 11 November 1918: “It was officially announced late tonight that hostilities have ceased as from 11 a.m. today. We knew early in the morning, though. No one

displayed the slightest enthusiasm and it doesn’t matter a tuppenny dump to me now, whether it goes on or not, the war has done its worst for our family.”

Another example includes 18-year-old Australian Private Gallwey who wrote: “London has gone mad and I am intoxicated with joy.”

The First World War collections of diaries and letters are part of the Memorial’s four-year digitisation project.

“Digitisation makes these collections so much more accessible to everyone,” Ms Van Dyk said.

“There are over 14,000 collections that have been digitised including archival records, photographs, film, maps, art posters and objects, all now being progressively published.

“In the past, people had to travel to Canberra and request to view these items which were only able to be viewed from the Reading Room but now you can access these historic records from home and unlike paper you can zoom into the text and bring up the content in detail.

“Personal collections such as letters and diaries give us a deep insight into how many Australians felt, you get a sense of what it was like for those individuals.

“Thanks to this project more and more of these collections can now be accessed online.”

## We're hiring in Lake Grace

Follow your passion with a career in aged care. Catholic Homes has been providing aged care for over 50 years in Western Australia and are looking for people to join our Home Care team.

We are looking for caring and passionate nursing and support workers for our home care services in the Wheatbelt.

Our Care with Purpose people-centred care model promotes dignity, respect, privacy and independence.

As a not-for-profit organisation, we are inclusive and welcome all faiths and backgrounds. We offer competitive hourly rates, casual loading and full training. We have both permanent and casual roles available now.



If you would like to discuss further call 1300 244 000  
or email your CV to [homecare@catholichomes.com](mailto:homecare@catholichomes.com)



*care with  
purpose*





## LAKE GRACE-PINGRUP FOOTBALL CLUB Inc.

### Coaching Positions

**Coaches for the League and Reserves  
teams are required for the 2023 season.**

Please submit written applications by  
Friday 25<sup>th</sup> November 2022 to:

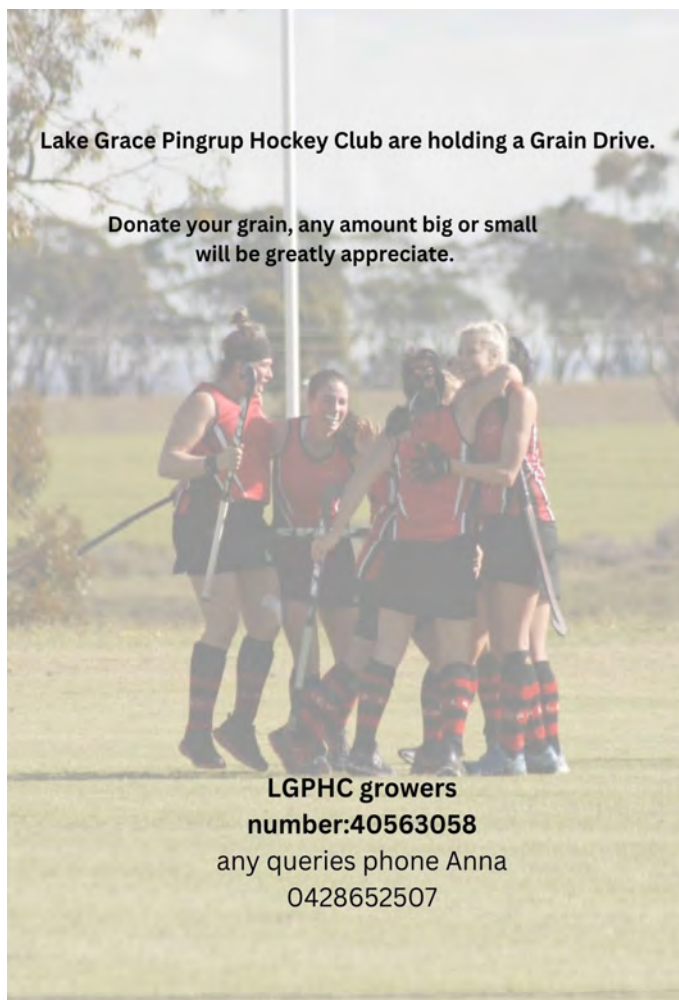
LG-P Football Club, PO Box 73, LAKE GRACE 6353  
Or e-mail to [lgpfootball@outlook.com](mailto:lgpfootball@outlook.com)  
Enquiries to Chris Poot - President  
ph: 0427 190 827

A Secretary is also required for the Lake Grace-  
Pingrup Football Club, this is a remunerated  
position. Enquiries to Chris Poot as above.

## Regional Roundabout

*Some events or training coming up in the Wheatbelt and Great Southern Region that may be of interest to you. If you are needing more information please call the CRC in the appropriate town, Google or give us a call at the Lake Grace CRC.*

- **Tony Galati, The Musical.** Williams. Friday 11th November 8pm to 9:30pm. ([artsnarrogin.com.au/event/tony-galati-the-musical/](http://artsnarrogin.com.au/event/tony-galati-the-musical/))
- **Thomas Dambo's Giants of Mandurah.** From November 12 2022. Magical and whimsical forest creatures Outdoor Sculpture handcrafted from recycled timber.
- **30th Narrogin revHeads.** November 18th-20th. Narrogin RevHeads turns 30. So they are celebrating this milestone the best way they know how, BURNOUTS. [www.facebook.com/NarroginRevheadsFoundation](https://www.facebook.com/NarroginRevheadsFoundation)
- **Nannup: Notoberfest (like Octoberfest but in November).** 18-19<sup>th</sup> November, The Nannup Hotel. Head on Down on the Friday for the Free Fringe Event, with live entertainment and free-flowing German-style beers. Then buy your tickets for the main event on Saturday 19th, 11am-4pm or 5pm – 10pm. <https://www.trybooking.com/CCZZX>
- **Katanning Farmers Markets.** Every third Saturday of the month. Saturday 19th November 8am to 12pm @ Katanning Agricultural Society Shearing Shed.
- **Newdegate CRC Christmas Shopping Day.** Wednesday 23rd November, 10am till 4pm @ Newdegate Sports Pavilion.
- **Narrogin Christmas Market.** Saturday 3rd December 8am to noon. Old Courthouse Museum Grounds.
- **Narrogin Farmers and Makers Christmas Market.** Saturday 10th December 8:30am to noon. Gnarojin Community Garden, 8 Hale Street, Narrogin



Lake Grace Pingrup Hockey Club are holding a Grain Drive.

Donate your grain, any amount big or small  
will be greatly appreciate.

LGPHC growers  
number:40563058  
any queries phone Anna  
0428652507

## Changes to Gambling Ads “Don’t go Far Enough”

The Nationals Leader David Littleproud has welcomed news that online betting companies will soon be required to ditch the phrase “gamble responsibly”, in favour of new tag lines about the consequences of losing a bet.

The changes, under the National Consumer Protection Framework, will instead use seven new tag lines, including “chances are you’re about to lose”; “Think. Is this a bet you really want to place?” and “What’s gambling really costing you?”

Mr Littleproud said while the changes were needed, more needed to be done.

“I believe changes to gambling ads don’t go far enough,” Mr Littleproud said.

“We need to have a conversation about whether or not gambling ads should be on at all – especially given that children are often watching sport, or families are together to support their favourite team when the betting ads come on.

“Children are exposed to gambling ads as soon as they start watching sport on television or online and that’s often from a very young age.

“I encourage public debate on this matter through the online gambling committee process.”

A committee into online gambling has a term of reference about the effectiveness of current gambling advertising restrictions limiting children’s exposure to gambling products and services, (e.g. promotion of betting odds during live sport broadcasts), including consideration of the impact of advertising through social media, sponsorship or branding from online licenced gambling operators.

Mr Littleproud said the House of Representatives Standing Committee on Social Policy and Legal Affairs was seeking written submissions until November 11.

“Protecting kids from online gambling requires action and now is the chance to do so.

“The reality is gambling addictions have devastating consequences on families. Changes to online betting ads need a common sense approach and a discussion about how to protect children from gambling.

“All Australians love their sport but we also want what’s best for our children. We need to find a balance that achieves a sensible outcome.”

The new tag lines, to be used across television, video, radio, print, social media and outdoor advertising and promotional materials, will come into effect next March.



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New Monuments \* Repairs & Restorations \* Bronze & Engraved Plaques



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120 Federal Street, Narrogin  
Tel: 9881 1161





# POLICE NEWS

LAKE GRACE POLICE STATION  
56 STUBBS STREET, LAKE GRACE. 6353  
Phone : 9890 2000 Fax : 9865 1429

Email: [Lake.Grace.Police.Station@police.wa.gov.au](mailto:Lake.Grace.Police.Station@police.wa.gov.au)

Personnel: Sergeant Joshua Egan-Reid, 1/C Scott Oatridge, PC Wade Humphrey.

## STATION NEWS

Scott's hand has now fully healed and he's back on deck. He's happy to be out from behind a desk after weeks of recovery.

## IN OTHER NEWS

We had an interesting job the other day that gave us a chuckle. Police received a call from a woman who had got lost and ended up on an unsealed road. She drove around for hours and only got more lost and eventually she ran out of fuel. She had plenty of supplies so wasn't in immediate danger.

Now the reason for her trip; she's a self-proclaimed Psychic. She had left Esperance after getting a vision that her home in Perth had been burgled and she wanted to check on her property.

We managed to find the woman on a dirt road near Nyabing and after giving her some fuel, we got her to follow us to Lake Grace, where we gave her directions to make sure she got to Perth safely. She was very adamant that she wanted to report the burglary to us, but after explaining we couldn't take that report from her vision, and politely declining her card for psychic readings she was sent on her way. Police have not received a burglary report from her since this time.



## CRIME NEWS

Following on from our last news article, the suspect for the burglary at the Lake Grace Shire office and stealing from the CCL hardware store was arrested and charged with all offences. He's currently on bail and will have his next appearance at court shortly.

We've had a spate of damage offences occurring in the Lake Grace area. We reported about the damage to the Lake Grace Shire office and Lake Grace sports field. Since those incidents we have had reports of damage to the toilets near the Lake Grace bouncy pillow and

damage to the pillow itself. We ask that anyone with any information about these offences please let us know.

In response to these offences we've installed several overt and covert cameras at various location around the public areas of the town. These should assist us should anything else occur.

A 47-year-old male from Newdegate has been charged with 'Impeded another person's normal breathing by applying pressure to neck'. This is a relatively new offence brought about due to the recognised high risk associated with strangulation. This offence filled in a gap, as previously without any serious injuries police could only charge with a 'common assault' the most minor of assault charges. The new offence has a term of imprisonment up to 5 years, or 7 years if committed in a circumstance of aggravation.

## TRAFFIC NEWS

Unfortunately, we had the unpleasant task of attending a fatal crash in Hyden on 29<sup>th</sup> of October. Our preliminary investigations indicate that speed and the driver's failure to wear a seatbelt were the primary factors in his death. The passenger was wearing his seatbelt and was able to not just escape serious injury but was in such a good condition afterwards that he walked several kilometres to get assistance. The driver on the other hand was ejected from the vehicle on impact and died at the scene.

If anyone has any dashcam footage of a lime green, Holden Commodore utility, in the Hyden area on the 29<sup>th</sup> of October please get in touch with us.

Lastly, we finally got the blood results back from a driver who crashed his truck and trailer back in July. As a result, he has been charged with a drink driving offence and summonsed to court.

Please take care and stay safe.

Regards

Lake Grace Police

### **Local Containers for Change ID Numbers**

Don't want to collect for yourself but want to give to a local organisation, then here's your chance.

**Lake Grace Golf Club - C10455139**

**Lake Grace DHS - C10364782**

**Lake Grace Sportsman's Club - C10379797**

**Lake Grace Lions Club - C10477141**

**R.F.D.S - C10336670**



LAKE GRACE REGIONAL ARTSPACE



# STITCHED AND BOUND

Presented by The West Australian Quilters Association Inc

**EXHIBITION** | Sun 13 Nov - Sat 26 Nov | Free

This biennial, juried exhibition displays the innovative work of West Australian textile artists challenging the concept of the 'quilt' medium. 45 works have been selected for their skillful combination of traditional and unconventional quilted forms, pushing boundaries and making statements using progressive materials, ideas and techniques.

**PUBLIC PROGRAM**

Discover new tips, interesting techniques and be inspired by talented textile artists.  
For the details of upcoming artist talks, workshops and more visit the website.

Lake Grace Regional Artspace  
25 Stubbs St  
Lake Grace

Opening event  
2.00 pm Sunday 13 November

Exhibition open  
7 days 10am - 4pm

 *stitched and bound* is touring to Lake Grace, Margaret River, Katanning, Geraldton and Carnarvon, scan for details



stitched and bound



Image: Judith Wilton, *Brush with Technology* (detail), 2022, hand dyed cottons, commercial cotton and synthetic fabrics, 140 x 72 cm.

# Book Review: *The German Wife* by Kelly Rimmer

Elizabeth Castaldini

"War is brutal, Lizzie. Even if the rumors are true, there's possibly a whole background and context that we can never understand."

Inspired by true events in the 1930's-40's in Berlin and Alabama, USA, Kelly Rimmer writes her story following two families in extremely different circumstances but equally horrific events across the decades. Then in the 1950's, these families are placed in the same town.

German born Sofie and her family are one of many families relocated to Huntsville under the US government for her husband to be a part of a breakthrough rocket science team. American born Lizzie had lived through the "Dust bowl" droughts of the 1930's-40's with her family and her brother had fought in WWII against the Germans.

The American families are wary at best of the new German families, and for Lizzie, trying to protect her brother and make the best choices for her family, feelings of rage and hostility are all she has for the Germans. Will Sofie's and Lizzie's experiences lead them to become friends in the end? Or are their histories too much of a barrier? This story is complex and heart wrenching, what choices would you have made being in the same situation? Most of us can only imagine.



## Wanted to Buy

Old petrol bowsers, enamel signs or any old signs, oil bottles, oil tins, and racks.

Vintage cool drink bottles, vintage motorbikes, vintage farm machinery, etc.

FREE appraisals 25 years experienced antiques dealer.

Will travel anywhere cash paid on the day.

Happy to buy one item or entire collections.

Phone or message Jim on 0439 912 272.  
Email [jimsmoker55@gmail.com](mailto:jimsmoker55@gmail.com)



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# Cancer Council WA: Lung Awareness Month

Cancer Council WA, 13 11 20

November is Lung Awareness Month.

## Did you know?

- Lung cancer is the third most common cancer affecting both women and men in Western Australia.
- In 2017, 637 Western Australian men and 472 Western Australian women were diagnosed with lung cancer.

## Common symptoms of lung cancer include:

- Coughing or spitting up blood (once or more)

Or, for more than four weeks:

- A new cough or change to your usual cough
- Repeated chest infections
- Becoming more short of breath, tired or lacking energy
- Losing weight without trying
- Pain in your chest or shoulder
- Finding it hard to breathe or swallow
- Not feeling hungry.

If you have coughed up blood, even if it was just once, it's important to tell your doctor, clinic nurse or Aboriginal health worker straight away.

If you have had any of the other symptoms for more than four weeks, tell your doctor, clinic nurse or health worker. It doesn't mean you've got lung cancer – often these symptoms turn out to be something less serious. But it's important to tell your health professional and get checked out to be safe.

If it is lung cancer, the earlier it's found, the earlier it can be treated.

## Sid's message – 'Slip Slop Slap Seek and Slide'

It's National Skin Cancer Action Week 21<sup>st</sup> – 27<sup>th</sup> November and with two in three Australians diagnosed with skin cancer by age 70, the action week is an important reminder to use sun protection and of the importance of early skin cancer detection for all Australians as we make our way into summer. It's important to use the five forms of sun protection:

**Slip** on sun-protective clothing,

**Slop** on SPF30 (or higher) broad-spectrum, water-resistant sunscreen,

**Slap** on a broad-brimmed hat,

**Seek** shade,

**Slide** on sunglasses.

A combination of these measures, along with getting to know your skin and regularly checking for any changes are the keys to reducing your skin cancer risk. Find out more about being SunSmart at [SunSmart - Cancer Council WA \(cancerwa.asn.au\)](http://SunSmart - Cancer Council WA (cancerwa.asn.au))

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**Stubby 0429 651 092 or Reid 0429 651 069**

**Office 9865 1092 all hours Fax 9865 1328**

LIC NO :EC004197

RTA NO :AU29828

 **WALKERS HILL**  
vineyard

**OPEN most days**

Wednesday – Sunday	10am – 4pm
Monday and Tuesdays	CLOSED

*Come and enjoy a tea/coffee with homemade cake*  
 Bookings not essential, but appreciated.  
 Lunch and evening meals available by booking.  
 Phone: 0447 651 418  
 Facilities not air conditioned



# Community Newsletter

PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599 Email: shire@lakegrace.wa.gov.au



## From the CEO

Several Councillors and the CEO had a meeting with Doctors Abi and Olay on Friday to discuss some issues regarding services to Lake Grace and Newdegate. There was frank and open discussion between both parties regarding some concerns recently voiced by the community and it was mutually agreed that some improvement is required.

The main concern was a breakdown in communication regarding doctor absences and the making of appointments amongst other things. There was a problem with the recent absences of Dr Olu for a period of 6 weeks. Drs Abi and Olay tried for 4 months to get a locum to town to cover the absence but were unable to attract anyone. Phone consults were still available however this fact was not communicated to the public enough.

Dr Olay was also experiencing some personal problems and was not available for some time. We have been assured that everybody is back on board with doctors in attendance 5 days per week.

The problem with HotDoc not working as expected will also be addressed. There was a concern raised by a resident regarding the results of blood tests not being advised. If you have a blood test done and you haven't received a call about the results there are 2 options available 1. Ring the surgery to make an appointment with the doctor, or 2. Blood test results are available on MyHealth on the MyGov website. These apparently are available once they have been opened by the doctor.

We were also advised that Dr Olu will have full hospital rights 8 weeks from now. He already has visitation rights for the aged care residents. It was generally agreed that the underlying problems concern a lack of communication and the Doctors have assured Council that they will take measures to improve.

Congratulations goes to the Newdegate Container Exchange for being awarded Volunteer Refund Point Operator of the Year at this year's Change Makers Awards.

From the media release on Monday 7 November;

*"Newdegate Container Exchange was awarded the Volunteer Refund Point Operator of the Year for providing the community with the opportunity to reduce landfill, for creating a fundraising stream for local clubs and not for profit organisations, and for providing opportunities for young adults with a disability to work at the refund point."*

Comments Attributed to Member for the Agricultural Region Hon Shelley Payne MLC *"The Containers for Change program has created additional fundraising opportunities for local communities while also reducing landfill," she said. "I am thrilled for the Bremer Bay Primary School P&C and the Newdegate Container Exchange who were both announced as winners at this weekend's Change Maker Awards. I would also like to acknowledge the Gnowangerup Heritage Group for being a finalist in the Volunteer Refund Point Operator category". "It is great to see local communities and organisations embrace this program."* Well done to all those involved.

### The Shire of Lake Grace Review of Councillor Representation is still underway until 25 November

This gives all residents and ratepayers the chance to have their say into the number of councillors representing YOU in the Shire. As part of the Local Government Act reforms announced on 3 July 2022 the Shire of Lake Grace needs to reduce the number of councillors down to between 5 and 7.

YOU need to decide which will give you the best representation for your community. A discussion paper and feedback form are available on the shire website or at the office.

*Alan George*  
Chief Executive Officer

## Coming Events

**Asbestos Awareness**  
1 - 30 November

**November**  
1 - 30 November

**National Recycling Week**  
8 - 14 November

**Remembrance Day**  
Friday 11 November

**Seniors Week -  
Mamma Mia**  
Friday 18 November  
Albany Port Theatre

**Social Inclusion Week**  
19-27 November

**White Ribbon Day**  
Friday 25 November

### Ordinary Council Meeting

An Ordinary Council Meeting will be held on  
**Wednesday**  
**23 November 2022**  
from 3.30pm at the  
Council Chambers,  
Administration Building.

The Agenda will be available on  
[www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)  
*Everyone Welcome*

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.



# Community Infrastructure Service

Shire works crews have been busy building tank pads in preparation for the installation of 2 x 500kl & 1 x 250kl steel tanks in Lake Grace, 2 x 250kl steel tanks in Varley. These projects are funded by the DWER Community Water Supply Funding Grant the Shire recently received for adding additional emergency water storage.

Works are scheduled to commence towards the end of November on preparing the Newdegate Rec Centre car park and the Lake Grace Rec Centre car park for sealing. Once the earthworks are completed the carparks will be flagged off until they are sealed in early December

Everyone is reminded to separate their waste when dumping at the rubbish tips as we are starting to get more and more general waste mixed with wire and scrap steel. ( see the picture below recently taken at Lake Grace tip )



Over the last few weeks the Newdegate Maintenance Grader has graded

- Lockhart Road
- Biddy Camm Road from Newdegate North Rd to Oakey Rd
- Beynon Road
- Dawson Road

Over the last few weeks the Lake King Varley maintenance grader has graded

- Hatters Hill Road
- Tilbrook Road
- Muncaster Road
- Banga Hill Road
- Ladyman Road
- Lake King Norseman Road

Over the last few weeks the Lake Grace maintenance grader has been grading back slopes on

- Strevett Road
- Greg Road
- Fourteen Mile Road
- Mallee Hill Road
- South Bunrakup Road

## Safety on Our Gravel Roads

With the harvest season underway, there are sections of gravel roads in the Shire that are already struggling under the weight and volume of frequent, fast moving heavy vehicles.

These roads are deteriorating despite the best efforts of our Roads Crew to keep them graded and up to scratch.

Please note there is now a recommended 80kph speed limit imposed on all Shire gravel roads until 31 December.

In the meantime, we will continue to do our best to keep them graded and in a smooth, safe condition. We would like to thank the community for your road reports so far and ask that you keep them coming.

Any road standard issues please contact Craig Elefsen, Manager Infrastructure Services, on 0448 089 092 or 9890 2500, or [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

*Craig Elefsen*

Manager of Infrastructure



## Community Information

### Office Open Hours

Monday - Friday  
8.30am - 4.00pm

Staff can be contacted by phone between 8am - 5pm

### Licensing Payments

All licensing payments are to be made in person at the Shire of Lake Grace Administration office, 1 Bishop Street, Lake Grace, *(please phone ahead to confirm availability)*

**Monday to Friday from 8:30am to 4:00pm**

As an agency, we process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications. With every transaction we perform, we try to offer the best service possible.

We do ask all licensing customers to be considerate, even though we are aware of people being 'locals' it does not exempt us from following the rules set by the Department of Transport.

### Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

**Friday - 2 December**

**Friday - 6 January 2023 (to be confirmed)**

Bookings are essential for all Practical Driver's Licence Assessments and we advise booking in advance as there is often a waiting list.

All bookings to be made at the Shire office on 9890 2500 until further notice.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information go to: [www.transport.wa.gov.au](http://www.transport.wa.gov.au).

### Libraries

**Lake Grace Public Library** School Place Absolon St  
Monday - Friday 9am - 5pm  
Closed for lunch 12.30 - 1pm

**Newdegate Public Library** Collier St  
Monday - Thursday 8.30am - 4.30pm  
Closed for lunch 12noon - 1pm  
Friday 9am - 2pm

**Lake King Library** Newdegate/Ravensthorpe Rd  
Tuesday and Thursday 8.30am - 3.30pm

### Building Surveyor

Building Surveyor, can be contacted through the Shire Office on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

### Town Planning & Building

The Shire's Town Planner consultant Joe Douglas, can be contacted via the Shire on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

### Environmental Health

The Shire's Environmental Health Officer, Brendon Gerrard. Can be contacted via the Shire on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

### Tip Times

**Lake Grace**  
Monday & Wednesday 9am - 2pm  
Saturday & Sunday 9am - 4pm

**Newdegate**  
Wednesday 9am - 1pm  
Saturday 9am - 1pm

**Lake King and Varley**  
Open every day

### Recycling Services

Household Waste Collection is a weekly service and collected each Tuesday for Lake Grace, Newdegate, Lake King & Varley.

**Recycling** is a fortnightly service and alternates between Lake Grace and Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
Tuesday 22 November	Tuesday 15 November
Tuesday 6 December	Tuesday 29 November

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

The recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility. If items which are not recyclable are found the content can't be recycled and the load will be directed to the landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminants in the recycling process. By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.

For more information on Waste Management visit the Shire's website [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au).



Check our Facebook page  
<https://www.facebook.com/ShireofLakeGrace/>



# Community Emergency Service



I would like to express my thanks to everyone who completed the Rural Fire Awareness training. Course file processing will now commence with certificates to be available once done. Participants should receive an email with a link to download their certificate.

If you have any issues with the download link we can retrieve certificates as required.

Since November 2021, we have trained 335 people in Lake Grace, 128 in Kent and 128 in Dumbleyung, totaling 591 which is a great result for our area.

## Facility Hire

**Please contact the Shire to book Shire facilities.**

You are required to read the COVID Safety Plan before using the facility.

People, groups, and clubs who hire public buildings are still required to:

- Complete the WA Government Safety Plan
- Register users of the facility
- Monitor entry and exits
- Disinfect surfaces, door handles, table chairs, showers, and toilets regularly.

**At the end of the event the requirements are:**

- Clean and return tables and chairs to the designated storage area
- Put all rubbish into the outside Sulo bins provided, including rubbish in toilets
- Ensure all stoves and lights are turned off
- Report any damages incurred while hiring the facility
- **Facility is to be left in the same condition as found upon arrival including the floors**
- All external doors are closed and locked

**Shire cleaners are responsible for the general cleaning of the facility. They are not responsible for cleaning up after a function.**

**Please clean and put away everything you use.**

### Reminder

November 2022 to 31 January 2023 - during this period you must not start a fire in the open air.

Any date changes will be published on the Shire of Lake Grace website at: [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

*Matt Castaldini*

Community Emergency Services Manager

## VAC Swim

### Lake Grace and Newdegate

Friday 16 December 2022 to Friday 23 December 2022  
(including Saturday 17 and Sunday 18 December 2022)



### Seen a Faulty Streetlight?

Western Power has automated streetlight fault reporting, making it easier to report faulty streetlights.

If a streetlight doesn't turn on, turn off or flickers, let Western Power know using the streetlight reporting tool at:

<https://westernpower.com.au/faults-outages/report-a-faulty-streetlight/> or call on 13 10 87

## Bus Stop Warning Signs

If you know of any unused bus stops or your bus stop is no longer used and still has sign up can you please notify the shire via email

[shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)  
or by phoning 08 9890 2500 to get these signs removed.



## Extended Power Outages

The \$80 payment is an acknowledgement of the inconvenience for customers who have experienced a long unplanned outage while waiting for repairs to be completed and restoration of power to occur.

Go to: <https://www.westernpower.com.au/faults-outages/make-a-claim/extended-outage/>





# Community Crop Community Grants

Under the umbrella of the Lake Grace  
Development Association Inc.

## Funding now available

Small - under \$1,000  
Medium - \$1,000 — \$5,000  
Large - over \$5,000

Drop into the Lake Grace CRC or email  
them on [LakeGracecrc@westnet.com.au](mailto:LakeGracecrc@westnet.com.au)  
for an application form.



Lake Grace  
Bowling Club

Fundraising for New Lights  
At the Bowling Green

GRAIN  
DRIVE

Grower/delivery number: 40565632

Any donation large or small greatly appreciated. All  
donors will be recognized on an honour board.

If you have any queries contact:  
Kelvin O'Neill on 0429 850 586  
Geoff Sabourne on 0429 651 171  
Steve Hunt on 0427 651 585



## Employment Opportunities around Lake Grace

Have you been looking for work? Maybe you are  
after a change in industry.

Here are a list of jobs currently available in Lake  
Grace

- **Lake Grace Post Office**  
**Part time / casual - counter service**  
Contact Jayne at the post office for more  
information.
- **GS Mobile Mechanical Services**  
**Heavy Duty or Light Duty Mechanic**  
**Trade Assistant / Tyre Fitter**  
Full Time Permanent Positions  
Contact - 9865 1291  
Email - [gsmobilem@bigpond.com](mailto:gsmobilem@bigpond.com)
- **AFGRI - Full Time Service Technician/s**  
Contact - [tbell@afgri.com.au](mailto:tbell@afgri.com.au)  
Tyson Bell 0427 890 058
- **AFGRI - Apprentice Technicians**  
Applications for apprenticeships welcome now  
Contact - [tbell@afgri.com.au](mailto:tbell@afgri.com.au)  
Tyson Bell 0427 890 058
- **Salt Bush Inn**  
**Casual Cleaner**  
For more details phone Andrew on 0447 592 954  
Email: [keyshandy91@gmail.com](mailto:keyshandy91@gmail.com)
- **Lake Grace District High School - Cleaner 15hrs  
per week.** Contact Michelle Lay on 9865 4500 or  
[Michelle.Lay@education.wa.edu.au](mailto:Michelle.Lay@education.wa.edu.au)

*Want your negatives  
scanned and saved?*



How about your slides?

The Lake Grace CRC is

able to scan your negatives, slides and  
photographs.

They can then be saved to disc for future  
use or printed.

Enquiries to 9865 1470

# Darcey on Fire at D'arcy Slater Cup (cont.)

others of similar calibre (and give Mum a break). At nine years of age he has another four years to play in this 13 years and under competition.

The four full days of tennis was a fun time with the children making lots of new friends.

Darcey represented the Great Southern Tennis Zone in both doubles and singles and was the only boy from Lake Grace and Tarin Rock clubs to attend. Ebony Westlake from Newdegate also attended playing in the Goolagong Cup.

The results of the Doubles Great Southern A team (Darcey's team) were:

Vs Upper Great Southern, won 4-1 4-0

Vs Eastern Districts, won 4-1 4-0

Vs Lower Great Southern, lost 2-4 2-4

South West B, won 1-4 4-1 10-7

South West A, lost 0-4 1-4

Mid West, won 2-4 4-2 10-7

Great Southern B, won 4-1 4-0

Central Districts, won 4-0 1-4 10-7

The results of Darcey's Singles:

Won 6-0 6-0 against Central Districts

Lost 0-6 4-6 against Eastern Districts

Won 7-5 6-3 against Central Districts

Won 6-1 6-2 against Central Districts

An excellent effort Darcey on many games well played, we look forward to hearing more about these tournaments in the future.

*Below: Darcey with advertising banner.*



## Rosies Café & Bakery

### Opening Hours

**Monday Tuesday & Friday**

7am - 3pm - kitchen closed @ 2:30pm

**Saturday** - 8am - 3pm - kitchen closed @ 2:30pm

**Sunday** - 8am - 3pm - kitchen closed @ 2:30pm

Phone: 6801 7090 / 0456 390 205

**Closed Wednesday and Thursday**



Are you a Men's shed member? Cost is only \$11 pa.

Membership renewals were sent out in July, if you haven't received a renewal notice then please drop into the CRC so that we can rectify the situation.

If you would like to be a member then drop into the shed on a Tuesday or Thursday morning and fill in an application form.

Want to know how to edit a Word document? Or maybe you have a question about how to use your computer?



Call us on 9865 1470 or pop in to arrange a 30 minute session with one of us to get you started.





# Lake Grace Sportsman's Club



**Barefoot BOWLS**  
Come along and have a bowl with family, friends & workmates!

**Come and support your local Bowls Club**  
Starting Thursday 24th November 6:30pm—7:30pm  
Teams of 4 @ \$5 per person  
Sausage sizzle to follow — \$2  
Prize money to be won  
Bowls are available to use  
*Shoes are optional*



**NEW MENU**  
*coming soon*  
**SOON**

Friday 25<sup>th</sup> November

- Garlic Breads
- Loaded Omelette
- Chicken Carbonara
- Spaghetti Bolognese



*Kids portions available*

Saturday 26<sup>th</sup> November

**BURGERS ARE BACK!!**

*Beef, Chicken, Lamb, Veggie or Fish*

Friday 2<sup>nd</sup> December

**PIZZA'S**

*Claire is coming in to create her pizza masterpieces – come and join us!*

Saturday 3<sup>rd</sup> December

- Spring Rolls
- Lasagna
- Chicken Parmigiana
- Thai Beef Salad



# Puzzles and Stuff

Some words for 27th October edition of Boggle

Answers for 27th October edition of Sudoku

- Sidelines    Lenis
- Idleness    Liens
- Diesels    Lined
- Endless    Lines
- Ensiles    Seels
- Lindies    Sleds
- Linseed    Slide
- Elides    Leeds
- Lenses    Niles
- Lessen    Deil
- Senile    Dele
- Leiden    Eels
- Lessie    Else
- Selden    Lids
- Delis    Lied
- Elide    Lies
- Lends    Line

4	6	8	1	9	2	5	3	7
7	5	9	4	6	3	2	8	1
1	2	3	7	5	8	6	4	9
2	8	4	5	7	1	3	9	6
3	1	7	6	2	9	8	5	4
5	9	6	8	3	4	1	7	2
9	3	5	2	1	7	4	6	8
8	7	1	3	4	6	9	2	5
6	4	2	9	8	5	7	1	3

4	3	5	1	7	2	8	6	9
6	8	7	4	9	3	5	1	2
2	1	9	5	6	8	4	7	3
7	6	8	3	1	9	2	4	5
5	9	2	6	4	7	3	8	1
3	4	1	8	2	5	6	9	7
1	7	6	2	3	4	9	5	8
9	5	3	7	8	6	1	2	4
8		4	9	5	1	7	3	6

D	U	E
L	O	I
Y	T	S

This week's Boggle (Every word must include the middle letter)

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class timetable 2022

**MONDAY**  
6am Ignite Strength  
6pm Bootcamp

**TUESDAY**  
6am Ignite BoxFit  
9am Ignite Fitness  
Mums and bubs

**WEDNESDAY**  
6am Ignite LBT  
9am Ignite Strength

**FRIDAY**  
6am Ignite Fire

**SATURDAY**  
8am Bootcamp  
(running on winter sports bye weekends)



GROUP FITNESS CLASSES

LAKE GRACE LESSER HALL  
PH: 0438895101  
f @IGNITEFITNESSOLUTIONS

Everyone is welcome to attend classes.




class timetable 2022

FOR MORE INFORMATION PLEASE CONTACT  
**DEBBIE CARRUTHERS**  
0438 895 101

CHECK OUT OUR INSTAGRAM  
 **IGNITE\_FITNESS\_SOLUTIONS**



# Junior Cricket

Annie Argent

Our junior cricketers have been having a blast with Cricket Blast every Thursday. Coach Aidan Liddelow has been putting the children through their paces. Practicing their skills one week and then having a game the following week.

The media may be reporting that Australians are falling out of love with cricket, but that isn't reflected in Lake Grace, with good numbers turning up to learn the skills of the 'gentleman's game'.

Each fortnight will feature a few of these junior players and their words of wisdom.

## Name – Heath Lewis

Age – 8

Who is your favourite cricketer of all time and why – Mitch Marsh he is a good WA player

Do you prefer Bowling  
Batting or Fielding – Batting

Who is your favourite local player – Grayballs (Kael Gray)

## Name – Mitchell Gooding

Age – 9

Who is your favourite cricketer of all time and why – Shane Warne because he was a great bowler.

Do you prefer Bowling, Batting or Fielding – Batting

Who is your favourite local player – Khalen Joyce

Why do you like cricket – It's a very fun sport

## Name – Levi Argent

Age – 10

Who is your favourite cricketer of all time and why – Mitch Marsh because he can bat and bowl and he is from WA.

Do you prefer Bowling, Batting or Fielding – Bowling

Who is your favourite local player – Damon Pelham

Anything extra you want to add – I like coming to cricket training on Thursdays because I get to play with my mates and Mr L (Aiden Liddelow) teaches us great skills.



**Above: Enjoying their time at Cricket Blast is Heath Lewis, Mitchell Gooding, Levi Argent and Corbyn Trevenen.**

## Name – Corbyn Trevenen

Age – 7

Who is your favourite cricketer of all time and why – Shane Warne because he is good at bowling

Do you prefer Bowling, Batting or Fielding – Batting

Who is your favourite local player – Uncle Kael Gray

I like cricket because it is fun.

## Scanning

The Lake Grace CRC can now scan up to A0

A0 - \$5      A1 - \$4

A2 - \$3      A3/A4 - \$2.50

*Discounts for members.*

Drop in with your maps, plans etc and we can do up a digital (or hard) copy for you.

9865 1470      Lakegracecrc@westnet.com.au



# Stitched and Bound Exhibition

Presented by the West Australian Quilters Association (WAQA), stitched and bound is a biennial exhibition featuring works by West Australian artists that challenge conventional quilting. The exhibition has been showcased at Midland Junction Arts Centre during October and has now travelled to Lake Grace Regional Artspace and is opening on the 13<sup>th</sup> November for a 2-week showing before embarking on a tour of 4 other regional galleries across the state.

This will be the thirteenth stitched and bound exhibition, the first of which took place in 1995. For each exhibition, the works are selected by a panel of 3 independent jurors. This year, jurors Leanne Bray, Janet Holmes à Court, and Lisa Walton, selected 45 works by 38 artists.

The exhibiting artists are Vicki Ames, Tracey Bareli, Delys Brady, Janette Campbell, Marilyn Clark-Murphy, Robyn Clout, Lesley Clugston, Myra Cornwell, Meg Cowey, Ruth de Vos, Tracy Destree, Julie Devereux, Jan Dunstan, Jan Fisher, Shelagh Fitzpatrick, Erin Ginty, Margery Goodall, Meagan Howe, Janine and Peter Judge, Lana Lefroy, Susan Mader, Denise Mallon, Julie McAllister, Cindy Morris, Carol Patrick, Jan Rowe, Frances Dorothy Schifferli, Carolyn Scott, Nadja Sevic, Susan Sheath, Caitlin Stewart, Jane Stone, Helen Sugars Duff, Philippa Thomas, Lesley Warren, Barbara Weeks, Louise Wells, Anne Williams and Judith Wilton.

The works combine traditional and non-traditional quilted forms using a variety of materials and techniques. They explore a diversity of themes, including the artists' personal histories, Western Australia's history and environment, and the COVID-19 pandemic.

Erin Ginty's work *Safety Blanket* explores her experience of living with chronic pain. Ginty accumulated packets of medication, which she then printed onto a fleshy coloured fabric that is reminiscent of bruising. She found the process of making the work and externalising her experience cathartic and meditative.

Margery Goodall's *Quairading Banksia* is part of a series responding to the destruction of West Australia's natural landscape. This work is inspired by the green-grey foliage and pink and yellow blossoms of the endangered *Banksia cuneata*. Also known as the matchstick banksia, this plant survives in small fragments of bushland in a region where 93% of bushland has been cleared.

Louise Wells' work *If the Walls Could Talk* investigates the history of Point King Lighthouse in Albany, of which only ruins remain. Between 1858 –1911, 3 lightkeepers and their wives raised 5, 8 and 10 children respectively in this 4-room cottage. At this isolated post, the families had to be both self-sufficient and resilient. Wells' work asks what these ruins could tell us about their lives.

Julie McAllister's *Wool Bales* examines the inextricable links between Australia's burgeoning wool export market and railway development in the late 1800s. This abstract work portrays their synergistic relationship. The metal zips juxtaposed with muted wool scraps represent the railways servicing pastoral communities. Judith Wilton, Brush by Technology (detail), 2022, hand dyed cottons, commercial cotton and synthetic fabrics, 140 x 72 cm.

WAQA provides the opportunity for West Australians interested in quilting to connect, socialise and share and preserve quilting knowledge. Their Contemporary Quilt Group is the natural home of anyone interested in art quilting, while members in 'Community Quilts' donate their time and skills to make quilts that are distributed to a wide range of charities. Whatever your interest in quilting you will find others in WAQA who share it. The Association and its members are frequently involved in community events, such as the Perth Royal Show. WAQA operates as part of Quilt Australia (formerly the Australian Council of Quilters) and works alongside other state quilting organisations.

WAQA's *stitched and bound* exhibition, which is on display at Lake Grace Regional Artspace from the 13<sup>th</sup>-26<sup>th</sup> November, highlights the creative potential of quilting and the dynamic new work by some of the state's leading textile artists. Come and see this exhibition and visit the WAQA website for updates on the tour of regional venues, that continues until June 2023.



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Website: [www.tigersparkelectrical.com.au](http://www.tigersparkelectrical.com.au)

# Bowls Notes

Lynda Trawinski

## 29th October 2022

Men played Kukerin play was abandoned due to weather points being split.

Ladies played their triples the winner before being abandoned well done Helen Hunt Jackie McGlinn and new bowler Aimee Egan-Reid.

## 5th November 2022

### Pairs Championships

#### Men

Congratulations to winners Geoff Sabourne and Malcolm Harwood and runners-up Alan George and Brendon Desmond.

#### Ladies

Congratulations to winners Jackie McGlinn and Michelle Lay and runners-up Helen Hunt and new bowler Trish Lewis.

Next week the men play and away game against Karlgarin while the Ladies play Kondinin at home.

## The Ladder after 3 rounds

#### Men

Kondinin	20 points
Kukerin	16 points
Kulin	12 points
Lake Grace	11 points
Newdegate	10 points
Karlgarin	3 points

#### Ladies

Kulin	12 points
Newdegate	8 points
Kondinin	4 points
Lake Grace	0 points

## CCL Hardware

8 Stubbs Street  
Lake Grace WA 6353  
PHONE: 9865 1104



**GO WHERE THE TRADIES GO**

**The proper hardware store**

### Opening Hours

Monday - Friday: 7:30am - 5:30pm

Saturday & Sunday: 8:30am - 11:30am

#### Local Stockists of:

- Kleenheat Gas
- Nursery supplies & plants
- Bulk soils & mulches
- Tools, hardware, steel & timber
- ONEGAS Welding Gas

*If you don't see it in store, please ask, we are happy to source and get in for you.*

# Temporary Wartime Golf Rules

**Richmond Golf Club  
Surrey, England  
1940**

1. Players are asked to collect Bomb and Shrapnel splinters to save these causing damage to the Mowing Machines.
2. In Competitions, during gunfire or while bombs are falling, players may take cover without penalty for ceasing play.
3. The positions of known delayed action bombs are marked by red flags at a reasonably, but not guaranteed, safe distance therefrom.
4. Shrapnel and/or bomb splinters on the Fairways, or in Bunkers within a club's length of a ball, may be moved without penalty, and no penalty shall be incurred if a ball is thereby caused to move accidentally.
5. A ball moved by enemy action may be replaced, or if lost or destroyed, a ball may be dropped not nearer the hole without penalty.
6. A ball lying in a crater may be lifted and dropped not nearer the hole, preserving the line to the hole, without penalty.
7. A player whose stroke is affected by the simultaneous explosion of a bomb may play another ball from the same place. Penalty one stroke.

**Lake Grace CRC is a  
Department of Human  
Services Access Point**



DHS Customers are able to:

- Access a self service terminal
- Print off documents
- Use the telephone / fax
- Access Internet

*All free of charge for DHS business*

We know your soil because we **dig deeper** into the data



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**Speak with Brett  
to learn more**



**Mobile:** 0427 766 506

**Email:** bcoxon@summitfertz.com.au



# Basketball Notes

Courtney Withnell

## Round 3 - 26th October

### Men

Mud Dogs 36 defeated Bush Chooks 35  
Warriors 33 defeated Old Stars 32

### Ladies

Hoops I Did It Again 37 defeated Bombettes 8  
Nothing But Fouls 32 defeated Hot Shots 10

## Round 4 - 28th October

### Men

Mud Dogs 37 defeated Old Stars 35  
Bush Chooks 36 defeated Warriors 8

### Ladies

Hoops I Did It Again 35 defeated Hot Shots 16  
Nothing But Fouls 45 defeated Bombettes 28

## Round 5 - 2nd November

### Men

Mud Dogs 47 defeated Warriors 37  
Bush Chooks 54 defeated Old Stars 27

### Ladies

Hoops I Did It Again 36 defeated Nothing But Fouls 31  
Hot Shots 63 defeated Bombettes 28



Above: Hot Shots and Bombettes shaking hands after their game.

Below: Matt Adams taking a shot and Lindsay Willock defending.



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5712240

## Classifieds

### Rural West Financial Counselling

A free service available to regional small businesses, primary producers, not-for-profits and community clubs. For more information contact Donna Spurgeon by email [Donna.Spurgeon@ruralwest.com.au](mailto:Donna.Spurgeon@ruralwest.com.au) or phone 0408 107 326. Alternatively you can contact the information line on 1800 612 004.

### Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

### CWA Bookings

CWA rooms are available for hire. There is a COVID Safety Plan in place that hirers will need to adhere to. Anyone using the rooms must fill in the log book. If you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

### Community Bus Bookings

Are to be done through the Lake Grace CRC. Ring 9865 1470 or email [LakeGracecrc@westnet.com.au](mailto:LakeGracecrc@westnet.com.au). The community bus is owned and managed by the community, is available to any individual, group or organization to hire and costs \$1 per kilometre to use. All proceeds go toward the management and running of the bus and toward bus upgrades.

### Southern Agcare

This is a free and confidential Family and Individual Counselling Service. Please contact Southern AgCare main office for an appointment. Phone (08) 9827 1552 or [admin@southernagcare.org.au](mailto:admin@southernagcare.org.au) referral forms can also be found on our webpage [www.southernagcare.org.au](http://www.southernagcare.org.au)

### Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed. Batteries can be left at the Men's Shed or you can contact Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

### Dr Linda Haines

Is available in Lake Grace on Monday 12th and Tuesday 13th December Ring 9865 1208 for an appointment.

### First Aid Kits

Are now available for purchase at CCL Hardware Lake Grace.

### Volunteer with St John Ambulance — Lake Grace Sub Centre as an Emergency Medical Responder (Driver)

Are you interested in community based volunteer work? Are you over the age of 18 and hold an unencumbered Australian driver's license? Role includes hospital to hospital transfers, attending non-emergency and emergency ambulance calls as a driver. Call the Sub Centre on 0428 110 446.

### Senior Citizens Lunch

Thursday 1 December @ Lakes Village Hall  
Catered by Mrs Gs Catering.  
Traditional Christmas Fare—3 course meal.  
12:15pm sit down for a 12:30pm serve  
\$35 per head - would be helpful if you have correct change on the day.  
RSVP to Nat Gambuti on 0429 793 973

### Swimming Club

Will start on the 14<sup>th</sup> of November 2022 – from 3.30pm at the Lake Grace swimming pool. This will be the open day – all about filling out enrolment forms and getting wet. If wanting any information, please contact Annie Argent 0427 569 834

### For Sale

Pioneer camper trailer. Hard floor, rear flip over. New tyres, annexe. Always shedded. 3.5t rated off-road oz hitch. Pull out kitchen. Double bed, plenty of storage. 2003 model. Perfect for a couple of single. \$10,000. Ring/text Craig on 0429 511 310.

### For Sale

The Lake Grace CWA would like to rehome some surplus shellback chairs. Happy to take a donation. Ring Suzanne on 0427 651 310 for more information.

### Save The Date

Lake Grace CWA will be holding their Zucchini Day on Saturday 18th March 2023 so if you haven't yet planted your zucchinis, now is the time to do it. Hint: we will be looking for some weighty pumpkins also so get into the vegie patch and do your best.



## Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
CWA	Suzanne Reeves	0427 651 310	LakeGracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	LakeGraceelc@gmail.com
Lions	Steve Lankford	0429 917 805	lglionsec@gmail.com
Men's Shed	Wally Perry	0448 795 070	allwood93@yahoo.com.au
Playgroup	Sarah Clarke	0438 634 152	LakeGraceplaygroup@mail.com
Sportsman's Club	Mathew Hobbins	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Joely Slinn	0477 014 347	lgtoylibrary@outlook.com
Summer Sports			
Lake Grace Cricket Club	Aidan Liddelow	0466 440 441	aidan.liddelow@gmail.com
Lake Grace Swimming Club	Annie Argent	0427 569 834	annette.argent@bigpond.com
Lake Grace Tennis Club	Natalie Livall	0428 258 188	lakegracetennisclub@gmail.com
Lake Grace Basketball Club	Amber McPherson		lakegracebasketball@outlook.com
Lake Grace Bowls Club	Lynda Trawinski	0429 651 403	lyndaandwayne@bigpond.com
Lake Grace Gymnastics Club	Debbie Carruthers	0438 895 101	lakegracegymclub@gmail.com

## Crisis Care Numbers

<b>Doctor's Surgery</b> -9865 1208	<b>Hospital</b> - 9890 2222	<b>Ambulance/Fire/Police</b> - 000	<b>Electricity Faults</b> - 13 13 51
<b>Rural Link</b> - 1800 552 002	<b>Main Roads</b> - 138 138	<b>Directory Assistance</b> - 1223	<b>Water Faults</b> - 13 13 75
<b>55 Central Men's Refuge</b> 9272 1333	<b>Family Helpline</b> 1800 643 000 / 9223 1100	<b>Ngala</b> 9368 9368 www.ngala.com.au	<b>Lifeline Australia</b> - 13 11 14 www.lifeline.org.au
<b>Wheatbelt Mental Health Service</b> Northam - (08) 9621 0999 Narrogin - (08) 9881 0700	<b>Kids Helpline</b> 1800 551 800 www.kidshelp.com.au	<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 www.community.wa.gov.au	<b>Citizens Advice Bureau</b> 9221 5711 www.cab.wa.com.au
<b>Beyond Blue</b> - 1300 22 4636 www.beyondblue.org.au	<b>Seniors Information Services</b> 9321 2133 www.cotawa.asn.au	<b>Youth Legal Service</b> 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au	<b>Poisons Information</b> 13 11 26
<b>Suicide Call Back Line</b> - 1300 659 467 www.suicidecallbackservice.org.au	<b>Parent Drug Information Service</b> - 1800 653 203	<b>Family Court of WA</b> 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	
<b>Alcohol and Drug Information Service</b> 1800 198 024 https://www.mhc.wa.gov.au/	<b>Mental Health Emergency Response Line</b> - 1300 555 788	<b>Holyoake</b> Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	<b>Relationships Australia Fair Programme</b> 9336 2144 https://relationshipsaustralia.org.au 1300 364 277

### Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	0428 651 213
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

### Church Times

Catholic Church	Anglican Church
Sunday 13th November 8am Communion service	Sunday 13th November No Service
Sunday 20th November 8am Communion Service	Sunday 20th November 10am
For inquiries please phone 9865 1248.	Enquiries: St Johns Albany 9841 5015 Wally Perry 0448 795 070

# COMMUNITY CALENDAR

## November

<p>Fri 11 Op Shop - 9:30am-1pm Fish &amp; Chips @ Sportsman Club Crochet @ CRC—10am Remembrance Day</p> <p>Sat 12 Rubbish tip open (9am-4pm)- Craft @ CWA (look for flag) Bowls—Men's Pennants Karlg v LG Bowls - Ladies LG v Kondinin Steak meals @ the Sportsman's Club Cricket—Lake Grace v Wandering</p> <p>Sun 13 Rubbish tip open (9am-4pm) Roast Night @ LG Hotel</p> <p>Mon 14 Rubbish tip open (9am-2pm) Parmi &amp; Pint Night @ LG Hotel Swimming Club Open Day</p> <p>Tue 15 Rubbish Collection Playgroup 9:30am Art for Seniors @ Village Hall - 9:30am Men's Shed (morning) Op Shop - 1pm-4pm</p> <p>Wed 16 Rubbish tip open (9am - 2pm) Men's &amp; Women's Basketball 6pm &amp; 7pm</p> <p>Thurs 17 Men's Shed (Morning) Bowls Practise @ 5pm Sportsman's Club AGM @ 6:30pm</p> <p>Fri 18 Crochet @ CRC—10am Op Shop - 9:30am-1pm Fish &amp; Chips @ Sportsman Club</p> <p>Sat 19 Rubbish tip open (9am-4pm) Craft @ CWA (look for flag) Steak meals @ the Sportsman's Club Bowls—BYE International Men's Health Day event @ Men's Shed</p> <p>Sun 20 Rubbish tip open (9am-4pm) Roast Night @ LG Hotel</p>	<p>Mon 21 Rubbish tip open (9am-2pm) Parmi &amp; Pint Night @ LG Hotel Lakes Link News deadline</p> <p>Tues 22 Rubbish Collection Recycling Collection Playgroup 9:30am Men's Shed (morning) Op Shop - 1pm-4pm</p> <p>Wed 23 Rubbish tip open (9am - 2pm) Containers for Change pickup Shire Council Meeting @ 3:30pm Men's &amp; Women's Basketball 6pm &amp; 7pm</p> <p>Thur 24 Lakes Link News published Men's Shed (morning) Bowls Practise @ 5pm Barefoot Bowls @ 6:30pm</p>
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### Coming Events

- 25th November—New menu @ Sportsman's Club
- 26th November—Burgers @ Sportsman's Club
- 1st December - Senior Citizens Luncheon
- 2nd December—Burgers @ Sportsman's Club
- 2nd December—Driving Assessor in Lake Grace
- 2nd December—Wheel Chairs for Kids Blanket Presentation @ 10 am
- 3rd December—New Menu @ Sportsman's Club
- 8th December—Harvest Festival
- 14th December—LGDHS Concert Night
- 6th January - Driving Assessor in LG—TBC

5	2			8		6		
	7		1	3			5	4
					2	9	8	3
		1		7	4			
4		2				7	9	
			6	9		1		
3	1	8	5					
9	6			4	3		2	
		4		6			7	8

### Sudoku

- The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

		4			7	3	8	
		7				1	6	
	5			1	9			
	4		7					
2	8						3	7
					6		2	
			1	7			9	
	9	2				7		
	1	8	6			2		