

LAKE LINK NEWS

Produced at the
LAKE GRACE TELECENTRE
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ABN: 19 498 730 152

2nd December, 2004

\$1.10 inc GST

Vol 10 Issue 22



Since its tender beginnings as part of a Lake Grace Development project the Telecentre has integrated itself as an essential part of the Lake Grace landscape.

Although backed by the Telecentre Support Unit (which is part of the Department of Local Government and Regional Development), Telecentre's are the responsibility of their town. The success of any Telecentre is directly proportionate to the support of its local community.

Lake Grace Telecentre recently held its AGM, with existing committee members remaining in place. Telecentre's without a functional committee are not eligible for their \$20,000 wages grant.

All other funds for wages, equipment and general running costs have to be raised.

Telecentre's are not a government department and do not have a budget allocation.

Building premises and some infrastructure costs are covered by the Shire.

The flagship for the Telecentre is the Lakes Link News, a medium to not only push our own barrow but also to push yours. Volunteers are vital to the ongoing success of the Lakes Link News which continues to grow in circulation. At present we print 315 copies, 12 months ago it was 285.

Services offered by the Telecentre are mainly on a secretarial basis, we are also a conduit for Medicare, ATO and Centrelink.

So thank you to everyone who supports us, you're ensuring our ongoing future.

Suzanne Reeves

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Telecentre Opening Hours

Monday - Friday 9:00 am - 12:30 pm ; 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday, Friday 9 - 5 pm



Advertising Charges

All prices inclusive of GST

1/8 page	\$ 8.80
1/4 page	\$13.20
1/2 page	\$22.00
Full Page	\$41.25
Classifieds	85c /line

We would appreciate your advertisements and articles on disk or emailed if possible.

Please email all material to:
lakelink@treko.net.au.

Deadlines & Editions

All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

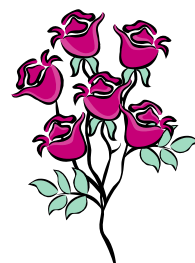
Next Deadline: Monday 13th December

Next Edition: Thursday 16th December

A very BIG thank you

To the very dedicated team who have produced and compiled this edition of the Lakes Link News.

*Dot Kennedy
Lesley O'Neill
Danielle Robertson
Joan Fleming*



Thank you also to our many contributors of articles.

DISCLAIMER

- 1 No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2 While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3 No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4 Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- 1 While going through the old LGDH School Morrisons we discovered that there is no copy of the first edition, if you have a copy of the 1963 Morrison could you please bring it in so it can be photocopied.
- 1 The Telecentre will be doing up another edition of the Lake Grace and Districts Telephone book over January, so if you know of any alterations, additions or deletions please let me know.
- 1 We will also be starting on a local business and services/clubs register over the January break - we'll be wanting details on opening hours and contact details for businesses and meeting times and places and contact details for service and sporting clubs.
- 1 If there are any dates you want promoting over the January break or early February please get them in, remember there is no LLN over the January holidays.
- 1 If there's anyone out there who would like to volunteer two to three hours a fortnight either computing or proof reading could you please give me a ring on 9865 1470.
- 1 We still have those student memberships happening, \$22 for 6 months membership if you are a student attending Lake Grace DHS. Could be good with school holidays looming!
- 1 Please remember only one more paper to go so send in your Christmas wishes. The first paper for 2005 will be February 10th.

Suzanne Reeves



Thanks to Last
Fortnight's
Collators

Danielle Robertson
Dot Kennedy
Phyllis Dunham



Looking for the *perfect* Christmas present?

How about something colourful, inspiring and affordable?*

Far Site - Women of the Salt Lake Country

tells the life stories of the 48 women pictured on the Lake Grace mural.

This is a wonderful collection of stories of the lives of women from the shire of Lake Grace. It is a heart-warming acknowledgment of the vital (and often unrecorded) contribution of rural women.

Fiona Stanley, Australian of the Year 2003

Just \$20

*(it's also compact for posting)

Available at Lake Grace Telecentre, Post Office, Rosie's or from Michelle Slarke (9865 1878)

Thank You

Milton, Shane, Anne, Craig and families would like to thank Dr Avron Moffson; the Lake Grace Ambulance and Hospital; the Flying Doctor and Royal Perth Hospital. Thanks also to everyone for their kind wishes and support on the loss of our beloved Rhonda.

Ladies Christmas Concert 2004

The 41st Annual Ladies Christmas Concert was a very successful night, with approximately 150 ladies in attendance. Due to the fact that only secret women's business goes on at these functions, we can only tell you we have some very talented ladies in our community.

We successfully raised \$241.95 for the Rice Bowl Appeal, \$287.60 for the Royal Flying Doctor Service and \$238.40 from the raffle towards our local St John's Ambulance Service. The winners of the evening were June McEncroe with the door prize and Wendy Abrahall taking the rose raffle. Well done girls.

The cutting of the Christmas cake was a highlight of the evening with Mrs Marj Hogan (Eileen Mather's Mum) aged 93, doing the honours. A big thank you to Mrs Pam Lannin for the donation of the cake.

For any Ladies groups who are still to donate the \$10 towards the running of the evening please forward your money to Danielle Robertson.

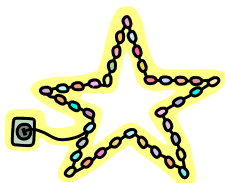
Well done to the Tarin Rockers who have volunteered to host the evening next year.

Penny Willcocks

Have you completed an **A B C D E** survey?

**Forms available from Lake Grace Telecentre
and District High School**

Lake Grace Christmas Lights Competition



The Lions Club of Lake Grace will be conducting the Christmas Lights Competition again this year.

Prizes will be awarded for the best residential and non-residential display.

\$300 worth of vouchers will be issued to the lucky winners to be redeemed at any Lake Grace retail outlet.

This is a reminder to dust off the decorations and be in it to win it.

Judging will take place before 17th December 2004 and the prize winners announced at the Business Sponsored Christmas drinks.

Lakes District Well Women's Clinic

The next
Well Women's Clinic
will be held at the
Lake Grace Medical Centre
Tuesday, 7th December
Free of Charge

To make an appointment,
Please phone

Jill Dykes on 9871 9024





- Sympathy to the Reynolds family on the recent passing of Rhonda.
- Congratulations to Allen and Karina on the arrival of Violet Ann Jenks on Wednesday 1st December, Violet weighed 7lb 6oz and is a very welcome arrival.
- Condolences to Alison Medlen and family on the sudden passing of her brother.
- A belated welcome home to Magnus and Dorothy Reid after their extended trip to New Zealand. Rumour has it that they had a wonderful time.
- Also safely home from their trip to the German Beerfest are Sam Stubberfield, Leon Morgan and Brent Duckworth. *What! No alcoholic poisoning???*
- It is a pleasure to welcome Rob and Pat Williamson, now of Tasmania, back to their farm for a while. Rob is an ex-local. With them is Pat's cousin, Nancy Atchinson, who enjoyed Ladies' Night with the locals.
- Nice to see Bevan, Vynka and Clancy Lay back from their five week's ramble which took them as far as South Australia.
- Mark Walker is back in town for a few weeks from Sydney. Nice to see you around, Mark!
- Well done to ex-resident Kate McKee who was nursing graduate of the year for 2004.
- Congratulations to the Shire on their forward thinking in employing Letisha to take fitness classes, they are great fun. The 'Mistress of Torture' is determined to get Lake Grace fit.

Tylah Kennedy

Fred and Letty Leo

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YOUTH ADVISORY COUNCIL

We wish to thank Sebina and Ian Wyatt for the donation of a lounge which just fits in perfectly at the Youth Station. Thanks to Leon, Lomas, Thomas and Ethan for being the furniture removalists.

There will be no more activity nights for this year as everyone is so busy. Wednesday, 8th December, will be the last Wednesday that the Youth Station will be open this year.

The supervisor for Wednesday, 1st December, will be Cheryl Chappell and for Wednesday, 8th December, it will be Debby Clarke.

A very big thank you to all the parents, big brothers or sisters that have given up their time to supervise the various activities and also to those that have been available Wednesday afternoons at the Youth Station.

Debby Clarke

Rhonda Reynolds

Ladies bowls won't be the same without Rhonda, an avid player and tireless worker. Past Ladies Bowls President and multiple winner of many bowling titles and past committee person for the Lake Grace Sportsman's Club. Heartfelt condolences to Milton, Shane, Anne, Craig and families. From the Ladies and Men's Bowling Club and members, staff and committee of the Lake Grace Sportsman's Club



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Steve Hunt at Lake Grace Computers

08 98651585 - Mobile: 0428 912 923

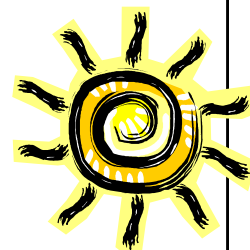
Email: lgcomputers@bigpond.com

SAND'N'SALT



Shop 5, Lakeway Shopping Centre,
22/23 Stubbs Street, LAKE GRACE
Telephone 9865 1465

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selection of gear.

Summer school dresses - navy/white check \$20

Summer sandals from \$45 (stock available immediately)

Kids bathers, rashys and suits 0-14.

Holden giftware now - look out for Ford soon.

New Ripcurl watches - men's, ladies and kids

Layby now for Christmas



Early morning

Christmas Remembrance



Sunday 5th December
7.30 am at cemetery



Balloons available

Breakfast to follow, provided at the cemetery

Open timeslot for personal input

**Ring Jeanette Trevenen (9865 1358) or Julie Smith
(9865 3058) if you have any queries**

Early Days at Lake Grace *by H Bishop*

Welcome to the final instalment.....

During this time of depression the West Australian Government commenced building the railway line to Karlgarin and, although this is hardly a part of the early days of Lake Grace, it must be mentioned as it brought to the fore two residents for whom my admiration is unbounded. They were not permanent residents either, but they happened to be exactly the right men in the right place at a time when the talents they had could be used to the full. They were the Rev. B Earl, Anglican and Missioner S Lewis, Methodist. The year that work commenced on the new line was the wettest and coldest ever experienced in the district and the camp of the workers was situated about two miles to the North-East of the township on the top of a rocky hill, in a most exposed position. Preference was given to married men with families and according to the size of the families the men worked and were paid, for a proportion of their time. In many cases, this was work for three weeks and stand down for one week. Their homes were tents and their cooking and washing facilities were open fires.

Messrs. Lewis and Early were Good Samaritans and Fairy Godmothers combined to the women and children. Their cars, T-Ford and Ford-A respectively, ran an almost continuous shuttle service back and forth to the camp with visits to the doctor and chemist, etc., and they were unsparing in their efforts to make life a little easier for these people who needed sympathy and help so much.

This may well be the only written record of the work of two unselfish and dedicated men, faithful to their profession. I am confident the Recording Angel will have another.

For a short time Lake Grace was crowded with men seeking work on this project, without success in most cases, and eventually it was found necessary to send a special train to take them away.

It should be noted that during the depression the unemployment dole for a single man was 7/-d. (70 cents) per week.

The depression, like everything does, came to an end, but it was many years – in fact not until the high wool returns of the 1940's – that the majority of farmers could again be called prosperous.

With regard to the period around the Second World War, one could say of Lake Grace and quoting Winston Churchill after the battle of El Alamein – 'This was not the end, it was not the beginning of the end, but it was the end of the beginning'.

My active participation in Lake Grace life terminated in March 1935 and connection with the district was severed completely in 1946.

Another acute water shortage occurred in 1944; perhaps the most serious of all as by this time there were many thousands of sheep for which water must be provided. Even the White Dam dried up and the only local supply was a well some 12-15 miles on the Newdegate road. Once again, the rains came and the crisis passed.

There is no moral to this story and no conclusions can be arrived at. It cannot be used as a guide for future settlement of similar areas, for similar areas do not exist any longer, and with motor transport, 4-wheeled drive and otherwise, Flying Doctor Service, radio, helicopters, etc., conditions such as I have described could not again be obtained anywhere. Presumably the fathers and mothers (or perhaps only the fathers) of this era were doing what they wanted to do, but the children were prevented from entertaining any ideas of entering trades or professions until they were too old to engage in these by normal procedures. All forms of culture were completely absent, and it is impossible to say how much latent talent died for the lack of cultivation. Undoubtedly some at least, among the people who were young at the time under review, were quite contented, and these were the happiest ones; others probably suffered from feelings of frustration, merely from not having a choice.

There is much that I would not like to experience again but I would like to plant a crop and see the little green spikes emerge in the straight lines of the drill marks. I would like once more to drive a tandem sulky team and an 8-horse wagon team, and I would like more than anything to wake up in the morning and find a dam, empty the previous night, full of water.

Water was the key note for many years and is the note on which I will end.

Shire of Lake Grace Preserves its Oral History

The Shire of Lake Grace has received \$3,300 towards preserving their documentary heritage collection with the assistance of the 2004 Community Heritage Grants Program.

The grants were announced by Federal Minister for the Arts and Sport, Senator Rod Kemp, at a ceremony held at the National Library of Australia.

The Shire of Lake Grace will use the grant to engage a local contractor to transcribe twenty-one oral history interviews from audio tapes. In 1988 the Shire commissioned two historians to interview senior community members in an effort to record the early European history of the Shire. The interviews, conducted with 10 men and 11 women born from the late 1800s to the late 1930s, relate to the early settlement of this area. Interviewees include a cross-section of community members from throughout the Shire. The interview transcripts will be printed and placed in the Shire libraries for borrowing.

Senator Kemp said, "All over Australia, community organisations such as local historical societies, public libraries and archives and Indigenous and migrant community groups hold vital documentary heritage collections of photographs, sound recordings, books, letters, posters, maps and manuscripts."

"This material is irreplaceable and in some cases deteriorating quickly. The Community Heritage Grants Program ensures that significant accounts of the nation's history will be preserved and made accessible for future generations," he said.

Grants of up to \$8 000 are awarded annually to community organisations to preserve locally owned, but nationally significant, documentary heritage materials.

Jan Fullerton, Director-General National Library of Australia said, "The Community Heritage Grants program is one of the most important community-based initiatives that the Library is involved in each year.

"Together with our partners we are able to assist communities to collect, preserve and provide access to heritage materials so they can define their unique part in Australian history .

This year fifty-five community organizations were awarded a total of over \$200,000 to preserve diverse collections that make up Australia's wealth of documentary heritage.

The grants can be used by the groups to meet the particular needs of their collections such as collection assessments, preservation surveys, conservation treatments, preservation training, digitisation, and purchasing quality storage material or environmental monitoring equipment.

The program is jointly funded and supported by the Australian Government through the Department of Communications, Information Technology and the Arts, the National Library of Australia, the National Archives of Australia, the Australian Film Commission and the Department of Immigration and Multicultural and Indigenous Affairs.

Federal Minister for the Arts and Sport, Hon. Rod Kemp presents a 2004 Community Heritage Grant certificate to Michelle Slarke who represented the Shire of Lake Grace at the National Library of Australia. Ms Slarke will transcribe the Shire's oral history interviews.



Mosaic Madness - Last Chance

As I said in the last Lakes Link News this is your **last chance** to get your mosaic pavers done. The demolition people have been down and checked out the building, and I strongly suspect they will be back in the very early New Year. So we need to finish our mosaic pavers off quickly.

There are about 12 cement slabs left so, if you want to do a paver, you will need to get in and do one as soon as possible, in the next couple of weeks.

There are still plenty of tiles left, not a huge number of bright colours but there is still enough to do one. Could people that have started one please make a concerted effort to get back and finish their's off (there was one paver started a while back that had tree trunks or bamboo on it with most of the tiles ready to stick, then when I came back on Sunday they had all been chucked in a bucket. I don't know who's paver this was but it is a shame as it looked really good. I would have stuck it for you if necessary).

If you are new in town and would like to learn how to mosaic and be part of our project just give me a ring or leave a message (9865 4042) and I will organise a time to get you started.

If you are a local, and haven't got around to doing your paver, this is your very last chance to have a go. Once we lose this building it will not be so convenient as we will not have a place to do the mosaics and leave them in place while they are being done. They are too heavy to lug around. I would also like to wind this part of the project up, and work out a day for grouting, but we do need all pavers finished and bought back in.

I will be up in the old building in the hospital on Friday, 3rd December, from 10am if anyone wants to do a mosaic. Otherwise catch up with Phyllis Dunham as she is there most days. See you there.

WANTED - CEMENT DRAINAGE PIPE - about 12 -20 inch diameter that could be donated to us. Any length as I want to make some mosaic totems along the pathway to give it a more three dimensional image and add extra interest. Please ring me if you have some. I am happy to pick up (but of course you could drop it off if you like). PLEASE, PLEASE ring me ASAP if you have any cement pipe. That would be great

Kerrie Argent

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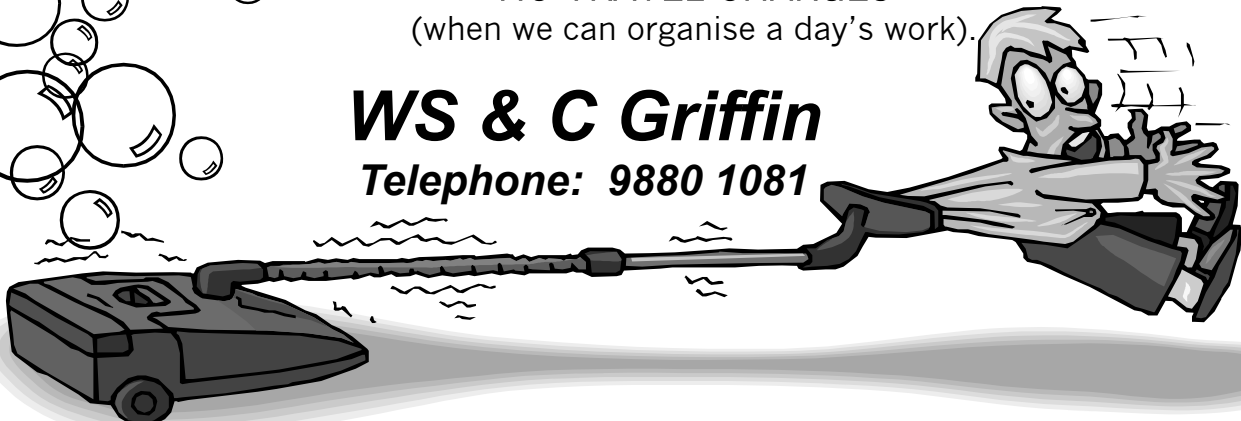
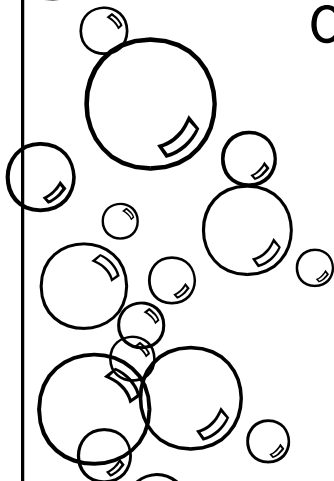
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WS & C Griffin

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Call Will, Carol or Kris on 9880 1081 anytime for a free quote



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LAKE GRACE & DISTRICTS HEALTH SERVICE

GARDEN FENCING PROJECT

An area of the hospital garden will be made secure with pool fencing early in the new year.

This has long been identified as a priority, to enable us to cater for clients with dementia who enjoy being in the garden but are at risk of wandering away.

The Lions Club will be assisting with the erection of the fence, with materials being purchased with Hospital Bequest and Donations Funds and other donations.

BreastScreen Results

Mobile Mammography visit to Lake Grace in September 2004

Total number of women who attended = 118

- *number of women 50-69 years = 87*
- *Number of women in other age groups = 31*

*It is estimated that 58% of the target
population (50-69 year olds) in the Lake Grace
area have attended screening.*

Childbirth and Parenthood Education Classes

If you are interested in attending antenatal education sessions with Jill Duckworth, please phone the Hospital (98651206) and leave your name and contact details!



Let's get Physically Active!

If you need some extra physical activity in your life (as almost everyone does) how about joining the great sessions on offer at the moment with the Lake Grace Shire Recreation Coordinator!

The range of sports is great at this time of the year (swimming, tennis, cricket, walking) and with the longer days you have more time to fit in some extra activities!

Health Services:

Well Womens Clinic 7th December
for Pap Smears and any other Women's Health issues contact Jill Dykes ph: 98719024 or Anna Taylor ph: 98651507

Physiotherapist 7th December
attending every fortnight, contact Primary Health ph: 98810357

Asthma Educator
contact Primary Health ph: 98810357

SOYF Aerobics Every Tuesday
Held in the Shire Hall at 10 am

Home Care Events:

Lions Christmas Party 3rd December
phone if you require transport to this event

Foot Care Clinic 7th December
1st Tuesday each month, 9am—12 noon

Chair Aerobics Every Tuesday
Held in the Village Hall at 11 am

Home Care Christmas Party 16th December
Luncheon at the Hotel for \$10.00 each
** RSVP by 13th December**

Staff Training

As part of our continuing staff training program, staff have recently participated in the following courses and training workshops:

- Wound Management
- Defibrillation competencies
- Falls Prevention for Older People

Wearable Art – or what to do with all those plastic bags

Garments made from plastic bags, patchwork, clothes pegs and baling twine are all possibilities in the first *Art 2 Wear* project. An exciting and colourful new take on wearable art, *Art 2 Wear* invites young people and other community members to design and create wearable art for a parade and exhibition planned for 2005.

Lake Grace Youth Advisory Council will collaborate with the Lake Grace Artist's Group and Lake Grace District High School to facilitate *Art 2 Wear* during National Youth Week 2005.

There is something for everyone and many ways to be involved. Beginning soon are the *Art 2 Wear* workshops, run by the Artist's Group, where you can explore, design and create costumes from new and recyclable

materials. All local people are invited to join the workshops.

Other ways to be involved include providing music or designing sets to feature in a performance showcasing the costumes. Local dance teacher Emma Fisher will work with participants to create the performance and LGDHS media students will document the project and final event. The documentation, costumes and sets will then be exhibited in the new art space.

If you are interested in creating costumes, music or sets (as an individual or collaborating) for *Art 2 Wear*, an information night will be held on Wednesday, 8th December at 7.00pm in the former 4 Square building. (See page 23)



THE NATIONALS

Jane McMEIKAN

Candidate for Roe

Building a Stronger Future

Ph: 90716135

Mob: 0417941734

Email: jane.mcmeikan@westnet.com.au

Authorised by M Barrett, Dalyup Rd Esperance



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace Phone 9865 1105 Fax 9865 1109 Email shire@lakegrace.wa.gov.au

HARVEST SEASON AND ROAD MAINTENANCE

Council is endeavouring to maintain all roads to the best standard possible during harvest. We request your patience and advise all major problems will be attended to as soon possible following notification.



SHIRE OFFICE CHRISTMAS TRADING ARRANGEMENTS

The public is advised of the following Christmas trading arrangements at the Shire Office:

CLOSING 1 PM – Friday 24 December 2004

RE-OPENING – 8.15 AM Wednesday 29 December 2004

CLOSING 1 PM – Friday 31 December 2004

RE-OPENING – 8.15 AM Tuesday 4 January 2005

EMERGENCY CONTACTS DURING XMAS

In the event of an emergency during the Christmas break, for all works related issues please phone Council's Manager of Works & Services:

Mr Ian Bartlett A/H 9865 1127

Mobile: 0427 651 127

LOCAL CONTACTS A/H

Dave Evans 9865 1236

Bill Bolas 9865 1125



Public Notice

IMPOSITION OF FEES & CHARGES

The Shire of Lake Grace intends to impose the following fees and charges not imposed as part of its budget:

Newdegate Indoor Recreation Centre

Meeting	\$ 50.00
Private Event	\$150.00
Bond	\$200.00

It is proposed that these fees and charges will apply on and from 1 December 2004.

WR Bond

ACTING CHIEF EXECUTIVE OFFICER

NOTICE OF MEETINGS 2005



In accordance with section 5.25(g) of the Local Government Act 1995, Ratepayers and Residents of the Shire of Lake Grace are advised of the following meeting arrangements for 2005.

MONTH	TIME	VENUE
January 2005	N/A	Annual Break
23 February 2005	1.00 pm	Council Chambers Lake Grace
23 March 2005	9.00 am	Council Chambers Lake Grace
27 April 2005	1.00 pm	Varley Recreation Centre
25 May 2005	1.00 pm	Newdegate Recreation Centre
22 June 2005	1.00 pm	Council Chambers Lake Grace
27 July 2005	1.00 pm	Council Chambers Lake Grace
24 August 2005	1.00 pm	Lake King Town Hall
28 September 2005	1.00 pm	Council Chambers Lake Grace
26 October 2005	1.00 pm	Council Chambers Lake Grace
23 November 2005	9.00 am	Newdegate Recreation Centre
21 December 2005	1.00 pm	Council Chambers Lake Grace

Members of the public are welcome to attend meetings. A minimum of fifteen (15) minutes is allowed at each meeting at the above-mentioned designated time or times for questions from the public.

WR Bond

Acting Chief Executive Officer

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**For further information call Justin Wright at Elders Lake Grace
on Phone 08 9865 1001 Fax 08 9865 1271
or email justin.wright@elders.com.au**



Elders Insurance Limited and other general insurers issue these insurance products. Product Disclosure Statements for the products are available from Elders Insurance Limited and Elders Limited. You should consider the Product Disclosure Statements in deciding whether to acquire, or to continue to hold, the products. Elders Insurance Limited AFSLN 237756, Elders Limited AFSLN 237757, Head Office: 27 Currie Street, Adelaide SA 5000.

EIN234008 11/04

Police Post



Lake Grace Police Station
Stubbs Street:

Ph: (08) 9865 1007

Fax (08) 9865 1429

LAKE GRACE COURT APPEARANCES

On 24/11/2004 we welcomed our new JPs to the Justice system with the largest court listing at Lake Grace for five years. Charges heard and dealt with went something like this:

Stealing x 2 - fined

Speeding - adjourned for legal advice

Using unlicensed trailer - fined

Reckless driving - fined, license cancelled for 18 months

Bench Warrant (reckless driving) - fined, license cancelled for six months.

The facts of the reckless driving are particularly outstanding and warrant special attention for their sheer idiocy. Anyone who saw or heard a vehicle drive from the speedway into town, along the MAIN ROAD, using a BONNET as a spare front wheel (the former having been ripped off while doing 'doughnuts') will know what I am talking about. For those who don't, just think about the potential for disaster through this ridiculously dangerous act.

Many thanks to the numerous people who were quick to report the matter.

On 27/11/2004 Police responded to a noisy party in Stubbs street where a large number of young people had decided to gather in the parking bay/rest area opposite CBH and drink alcohol. Not content with this, some of the party have decided to 'cut up' in the parking bay. A random breath test on the driver of the first car seen saw him face court on 1/12/2004, charged with driving under the influence. He was fined \$800 and has lost his license for six months.

If you drink and drive, you will be caught.

FAMILY VIOLENCE

We have been kept busy with several instances of domestic violence in recent weeks, resulting in the issue of two violence restraining orders. Unfortunately, one order was breached and resulted in the offender being arrested and conveyed to Narrogin Lockup where he spent the night prior to facing court before the Magistrate the following morning.

Family violence is a serious matter and should not be tolerated. Recent amendments to the Bail Act and Restraining Orders Act have seen penalties increased substantially in order to protect the innocent.

If you are a victim of family violence we are here to help you. Call us at the station on 9865 1007 where your complaint will be handled with the strictest confidence.

BLUELIGHT BASKETBALL

A special thanks to Clint at Lake Grace Engineering for his kind donation in providing and installing new basketball backboards for the kids.

POLICE SURVEY

As has been noted in previous Police Posts, offenders names have been omitted to prevent embarrassment.

We would like to hear from **YOU** regarding thoughts as to whether names should be published. "**Name and Shame**". If we receive sufficient response we will publish the names of the offenders and their crime.

Phone: 9865 1007
Fax: 9865 1429

Ashleigh in Belgium

Marcel Proust once said...

"The real voyage of discovery consists not in seeking new landscapes but in having new eyes"

I honestly can't express how my year has been, so amazing and enlightening. I don't deny at all that we still have those *I can't get out of bed days* ... it's normal, but Proust's quote definitely explains how I feel at the end of my exchange.

The definition for a procrastinator is me! It has been a decent amount of time since I last updated you on the Belgian Aussie, but it has become a difficulty to think in English when I am so used to thinking, speaking and dreaming in French... Never thought I would say that, pretty cool hey!

So what is a tourist?

THE TOURIST PRAYER

Oh, Heavenly Father, look down on us your humble obedient servants, doomed to travel this earth taking photographs, mailing postcards and walking around in drip-dry underwear.

We beseech thee oh Jesus to see that our plane is not hijacked, our luggage not lost and that our overweight baggage goes unnoticed.

Protect us from unscrupulous taxi drivers, porters and unlicensed English speaking guides.

Give us this day, divine guidance in the selection of our hotels, that we may find our reservations honoured, our rooms made up and hot water in the taps.

We pray that the telephone works and the operators somewhere speak English and that there is no mail waiting for us from loved ones needing money.

Lead us, oh God to good inexpensive restaurants where the food is good, the waiters are friendly and the wine is included in the price.

Give us the wisdom to tip correctly in currencies we don't understand and forgive us for under tipping out of ignorance and over tipping out of fear.

Make the natives love us for what we are and not for the worldly goods we bring them.

Give us the strength to visit museums, cathedrals, palaces and castles listed as a must in the guide books.

And if perchance we take a nap after lunch or skip an historic monument, have mercy on us as our flesh is weak.

Please God, keep our wives from spending sprees, and protect them from bargains they do not need or can afford. Lead them not into temptation for they know not what they do.

Almighty Father keep our husbands from looking at foreign women and comparing them to us. Save them from making a fool of themselves in cafes and nightclubs.

Above all do not forgive them their trespasses as they know exactly what they do.

And when our travels are over and we return to our loved ones, grant us the favour that someone will look at our videos and listen to our stories so that our lives as tourists will not have been in vain.

Amen.

Ok, so that tickled my fancy!

I excitedly think about seeing you all again, after a whole year, wondering whether things have changed or not... but I would be lying if I didn't say that I am a little scared as well! Knowing that university will be hard after a year on holidays, doing little work (scholaire)! yet having learnt so much, what it will inspire, guide or motivate me to do... and most importantly, hoping not to be lost after leaving something that has become routine. Therefore in itself, next year is also going to be a new experience, one with many new challenges and experiences, but one that will hopefully be amazing also.

In August, we impatiently waited the arrival of our new family. That is to say that, the new exchange students were coming to join forces in our little land of beer and chocolate lovers. A welcoming weekend with Rotary was held, and I was invited to come along to translate and welcome these scared little rabbits. I have no idea why, and those who know me don't laugh...but they titled me "Godmother" of all the exchange students in Belgium, so here I was at 11 o'clock at night talking to the 'big boss' of Rotary and he asks me if I can whip up a speech for the next day!! stress factor to the max...this was in front of lots of people...and not in my maternal language! However, I managed to enjoy myself and crack a few laughs which helped.

The next weekend I hit the waves at Holland, to try my luck at wind-surfing. I couldn't believe how uncoordinated I actually am! My host-family took me for a weekend to the flattest "beach" I have seen in my life. Great experience, lovely people but no hot surfers! One of the first things I am going to do on arrival is plonk my white body on the beach at Cottesloe and soak in the Australian sun... with UV sunscreen protection of course! You know, a lot of people ask me what a common sickness is in Australia and I thought perhaps skin cancer would be the most common! its amazing how each country has their own common 'maladie' (we say in French) and a lot of the time it is a cause of the temperature. Funny question, but it definitely makes you think!

I found myself frantically wading through piles of mess in my room the day after my weekend wind-surfing...why I say this is because Good Ol' Ronners was coming the next day. After having spent two days with an old workman of Dad's in Germany and tasting all the German delicacies, they arrive at my home, *En Belgique!!* ... get out the tissues.. it was a teary reunion, having them there felt like I was in a dream, so I woke the next morning ran downstairs and pinched dad...lets



Welcome to Night Watch for the fortnight from midnight Friday 3rd to midnight Friday 17th December.

Highlights this fortnight are the closeness of Mars and Venus, the earliest onset of twilight, and the meteor shower in Gemini all of which will happen in morning skies.

The **Sun** is in the Constellation of Ophiuchus all fortnight, with the earliest twilight at 3:24am on the 9th.

The **Moon**, on Sunday, at 8:43am will be at its last quarter phase. The new Moon is at 9:19am on Sunday 12th. On Monday 13th at 5am, the Moon will be 357,983kms from Earth at Perigee (closest). The Moon is in the Constellations of Leo on 4th and 5th, Virgo on 6th, 7th and 8th, Libra on 9th and 10th, Scorpius on 11th, Sagittarius on 12th and 13th, Capricornus on 14th and 15th, Aquarius on 16th and 17th.

Mercury, sets at 7:18pm in the evening twilight in Ophiuchus and will be at Inferior Conjunction (between the Sun and Earth on Friday 10th and then will move into the morning sky.

Venus, in the morning twilight, rises at 3:23am in Libra on Saturday at magnitude -4.0 and on Sunday will be 2.3° north of Mars. On Friday 10th, Venus will be 4° north of the Moon, and rises at 3:24am in the Constellation of Scorpius.

In Libra, **Mars**, close to Venus, rises at 3:22am at +1.7 magnitude, and is 2° north of the Moon on Friday 10th. Mars rises at 2:59am on Friday 17th.

Jupiter in Virgo, rises on Saturday at 1:54am at magnitude -1.8, and on Tuesday 7th will be 0.3° south of the Moon. Jupiter rises at 1:08am on Friday 17th.

Saturn, in Gemini, rises on Saturday at 9:58pm at magnitude -0.1, and rises at 9:05pm on Friday 17th.

Uranus, in Aquarius, sets around midnight and is 4° north of the Moon on Friday 17th.

Neptune, in Capricornus, sets on Saturday at 10:57pm, and will be 5° north of the Moon on Wednesday 15th at +7.9 magnitude. On Friday 17th Neptune sets at 10:10pm.

The small planet, **Pluto**, is too close to the Sun, and is at Conjunction on Tuesday 15th.

Gemini rises in the east around 9:30pm just north east of the saucepan (Orion). Meteors, at around 120 per hour should be seen in Gemini on Wednesday 15th early in the morning sky.

Comet Linear, at +5.3 magnitude, is in the morning sky not far from the Southern Cross.

When the Moon clears from the evening sky around the 13th, you can see the two Magellanic Clouds high in the southern sky, with the small galaxy to the west of the large galaxy cloud in the Constellation of Tucana (the Toucan). Also high in the southern sky is the 10th brightest star in the night sky called Achener which is the start of the Constellation of Eridanus, the river and is 143 light-years away. To the north is Cetus the whale, Triangulum and Aries. On the eastern horizon is Taurus, Orion, Lepus, the hare, Columba, the dove and Canis Major, the hunting dog. High in the north east is the bright open star cluster the Pleiades or the seven sisters, which is the oldest eye-test known. So how many can you see, 7 or 9?

Canis Major has the brightest star in the night sky called Sirius, the dog star, at 8.6 light-years away at magnitude -1.47. The bright star in the south east is the second brightest star in the night sky, Alpha Carina or Canopus at magnitude -0.72 at 330 light-years away. The Orion arm of the galaxy is where our Solar System is situated. We call Orion the saucepan.

Maurie Gilson, a member of the Astronomical Society of WA. 16 Clarke Avenue, Lake Grace. Ph:9865 1516.

Date	Sunrise	Sunset	Moonrise	Moonset	Date	Sunrise	Sunset	Moonrise	Moonset
4th Dec	4:53 am	7:01 pm	D.N.R.	10:58 am	11th Dec	4:54 am	7:06 pm	3:44 am	6:29 pm
5th Dec	4:53 am	7:01 pm	12:31 am	11:55 am	12th Dec	4:54 am	7:07 pm	4:35 am	7:42 pm
6th Dec	4:53 am	7:02 pm	12:58 am	12:53 pm	13th Dec	4:54 am	7:07 pm	5:37 am	8:50 pm
7th Dec	4:53 am	7:03 pm	1:26 am	1:53 pm	14th Dec	4:55 am	7:08 pm	6:47 am	9:47 pm
8th Dec	4:53 am	7:04 pm	1:54 am	2:56 pm	15th Dec	4:55 am	7:09 pm	8:01 am	10:35 pm
9th Dec	4:54 am	7:05 pm	2:25 am	4:03 pm	16th Dec	4:55 am	7:09 pm	9:14 am	11:15 pm
10th Dec	4:54 am	7:05 pm	3:01 am	5:14 pm	17th Dec	4:55 am	7:10 pm	10:23 am	11:48 pm

Market Update

**AWB**
LIMITED

2004 has seen record world wheat production of 616 million tonnes, due to good growing conditions around most of the world. The EU and Ukraine were responsible for the largest increases.

This is also the biggest year-on-year increase in production since 1959. Although world stocks are still at historical lows, this is the first time in 5 years that world production will exceed world consumption.

These factors, combined with the Aussie dollar rising from 69 to nearly 80 US cents in the last 6 months, are putting pressure on wheat prices.

The quality issues in the recent Canadian harvest (50-60% downgraded to Feed) mean there is a low supply of high protein wheat around the world.

This quality premium is being reflected in the Golden Rewards bonuses for protein, screenings and moisture.

Harvest Tip: Keep the Golden Rewards matrices handy to help you calculate net prices.

Copies of the matrices are available from our office (9865 1670), or from the AWB website (www.awb.com.au).

These examples (using the current matrices) will give you an idea of how important your protein, screenings and moisture increments are to your returns:

If you deliver a load of AH at 13% protein, 2% screenings and 9.5% moisture, your Golden Rewards bonus will be \$24.50/t (on top of the AH base price).

With the same protein (13%) and moisture (9.5%), an AH load that has 6% screenings will be binned as AGP. However the AWB National Pool pays you on the Varietal Grade, not the binning line. In this example you will be paid the AH base price, plus a Golden Rewards bonus of \$14.50/t.

Best wishes for harvest.

Mae Connelly
Grain Marketer, AWB – Lake Grace Office.

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Michael Swain – 0419 422 881

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Help us to help you by booking now

Chasing the Kitty

In a bid to stave off the effects of declining numbers of bowlers, local players have been giving lessons to students from the Lake Grace District High School.

Lake Grace Bowls President, Peter Taylor, liaised with Deputy Principal, Stuart Blackwood, in a bid to organise a training programme that would fit in with the school's physical education programme.

Stuart, a keen bowler himself, says "like anything, the younger you learn something the easier it is". It is hoped that the students will carry this experience with them and perhaps in future years take up the game.

Students have been surprised at how much they have enjoyed themselves, thinking it was a game for 'old people'. Once out on the green the realisation has struck that it's not as easy as it looks.

These training sessions slot rather nicely into the recently launched ABCDE programme, where there is an increased connection between the community and the school. Organisers are hoping that this will lead into an interschool bowls competition.

None of this would have been possible without the school's enthusiasm and volunteer coaches, so well done to Peter and Lyn Taylor, Geoff Sabourne, Steve Hunt, Jean Seaman, Kevin Eggers, Chris Carruthers, Stuart Blackwood, Davina Reid and the high school students.



Year 10 student Gerard McCartney bowling under the watchful eye of Kevin Eggers while Jamie Smart waits his turn.



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Catholic Agricultural College Bindoon Awards

On Friday evening, 5th November, at a twilight ceremony held in front of the Bindoon's magnificent heritage-listed buildings, twenty Year 12 students graduated, with Certificates in Equine Industry Cert. II, Agriculture Cert. II, Hospitality Cert. II and Automotive Cert. I.

All of the graduating students have chosen their career paths, with three students taking up apprenticeships, two aiming for Teacher Training at Notre Dame University, some to work in the Hospitality Industry, some in the Equine Industry, some to Curtin University's Muresk Institute of Agriculture and others have jobs waiting for them in Agricultural areas

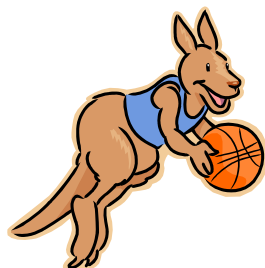
Catholic Agricultural College Bindoon is a Registered Training Organisation, with students working in small groups, with a lot of hands-on, one-to-one training.

Graduating student Mara Farrelly, from Lake Grace, obtained Certificate II in Equine Industry and Certificate I in Automotive.


Additionally, Mara was awarded The Principal's Award by the Principal, Mr Bradley Hall.

Christine Dawes

On The Road Again




The Lake Grace Community Bus Committee are please to announce that the **bus is now available for hire.**



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Enquiries and Bookings - Tel: 9841 5792 Mob: 0427 415 792

Email: southern.skirmish@bigpond.com

SCIENCE AND STUFF



WHAT PRECEDED SEEDS? The ancestors of plants that use seeds to reproduce began diverging from other plants around 385 million years ago. When land plants appeared about 450 million years ago they reproduced by releasing

spores. The oldest known seeds date from 365 million years ago, but several types are known, so they must have evolved earlier. Now a new examination of a little-known, 385-million-year-old plant fossil called *Runcaria* has helped pin down when this occurred. A report that *Runcaria*, which is a centimetre long and a few millimetres wide, has a central column with a phallus-shaped tip that caught wind-blown pollen. Filaments spiral down from the tip to the base like streamers on a maypole, with four lobes protecting an enlarged megaspore at the base, which the pollen fertilized.

The whole structure is a precursor of later seeds, because in later plants the filaments fused and evolved into the seed coat that protects the embryo from drying. While *Runcaria* was not a true seed because it lacked a sealed coat, but it was a pioneering breakthrough in reproduction potential for land plants.

(Science, vol 306, p 856).



EAT A TOXIC BEETLE TO BECOME A POISON FROG.

Poison dart frogs and some tropical bird species become poisonous by eating beetles that are laced with toxins, new research suggests. Some frog species, such as those belonging to the South American genus *Phylllobates*, are notoriously toxic. Their skins produce poisons called

batrachotoxins that cause powerful burning and numbing sensations and are deadlier than the well known poisons carare and strychnine. Also it has been discovered that the skin and feathers of colourful Pitohui songbirds in Papua New Guinea are also laced with batrachotoxins. But the origin of the toxins has remained an enigma, as neither the frogs nor the birds make them. Now an analysis suggests melyrid beetles are the source. Beetle specimens that have been collected contain batrachotoxins, leading the researchers to suggest that they were eaten by the birds as do the frogs by eating beetles closely related to the others, (Proceedings of the National Academy of Sciences, vol 101, p 15857).

A GIANT AMONG SNAKES.

Snakes big enough to eat elephants, or at least their ancestors, slithered around Egypt some 40 million years ago. By comparing the fossil vertebrae of a snake called *Gigantophis* to those of the largest modern snakes, it



has been estimated that the extinct snake could grow to 10.7 metres in length, more than 10 per cent longer than its largest living relatives. They may have preyed on basil proboscidiens, the ancestors of modern elephants. (New Scientist 13th November.)

DO THE MATHS

300 million: the number of cells in your skin, your largest organ. The outer layer, the epidermis, is constantly being renewed and replaces itself about once every 75 days. There are an average of 10 hairs, 100 sweat glands and 1 metre of blood vessels in each 3 square centimetres.

31 million: the neurons you lose from the main part of your cerebral cortex every year - about 1 per second.

25 billion: the average number of red blood cells in your body (about 5 billion per litre of blood). 25 million (or 1 per cent) of them die every day, which works out roughly 300,000 a second. A red blood cell can circumnavigate the entire body in less than 20 seconds.



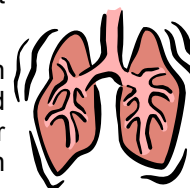
100 million: the number of bacteria per square centimetre of a sweaty armpit by the end of the day.

1000 grams: the mass of bacteria currently living in your gut. You will defecate your own weight in bacteria every year and play host to some 500 different species in your intestine.

20-20,000 hertz: the hearing range of a young adult. This shrinks dramatically to 50 to 8000 hertz in old age. Sounds become painful at about 130 decibels (near a plane taking off), but prolonged exposure to anything above 90 decibels (a tractor engine) will permanently damage hearing.

1 litre: the average amount of sweat lost in a day.

300 million: tiny air sacs or alveoli in each adult lung. If these were spread out, their total surface area could cover a tennis court. The major airways in each lung are tilted at different angles. This means that if you ever inhale a peanut, it nearly will always lodge in your right lung.



2.5 billion: the average number of heartbeats in a lifetime. At rest your heart pumps about 5 litres per minute, during exercise its output can reach 30 litres. Most people's hearts lie to the left side of the chest, but in people with a condition called situs inversus totalis (1 in about 8500) it lies to the right, and the orientation of all their other organs is switched too.

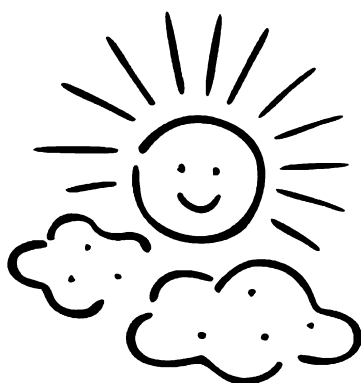
Maurie Gilson.

Lake Grace Weather

- Terry Gladish

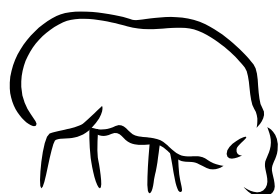
Temperature Extremes for December

Highest Maximum	43.2	23/12/1997
Lowest Maximum	15.7	18/12/1964
Highest Minimum	24.6	9/12/1982
Lowest Minimum	4.5	2/12/1973



Date	Min	Max	Rain
18/11	4.7	21.5	trace
19/11	5.6	25.0	
20/11	9.3	29.7	
21/11	12.5	32.2	
22/11	16.2	34.6	
23/11	22.2	36.1	
24/11	21.8	32.0	2.0
25/11	15.5	24.2	
26/11	13.7	27.1	
27/11	15.0	30.7	
28/11	16.7	33.3	
29/11	12.8	24.5	
30/11	9.0	22.5	
1/12	6.9		

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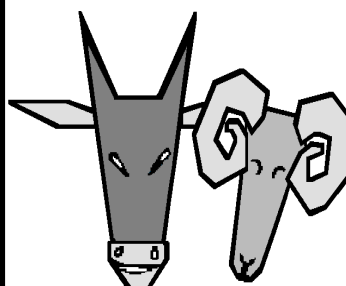
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LAKE GRACE ARTISTS' GROUP

The Lake Grace Artist's Group is busy making plans for next year. Even though we appear to have had a quiet year, there has been a lot of activity in the planning stages for 2005.

First off, we have our **Christmas party** and meeting next Tuesday, 8th December, at 11.00am in the old Four Square building. If anyone would like to join the Artist's Group they can start by coming along to the Christmas party meeting. We always welcome new members.

We have a very busy year planned, with three exhibitions, five workshops, an *Art 2 Wear* show and exhibition and regular get-togethers on the third Tuesday of every month. (So if you have children you can still come as the crèche is open Tuesdays). The Artist's Group is not restricted to just women – men are also very welcome.

We have the **mosaic under the town clock** to complete and the sculptures for the ***On the Sheep's Back*** to cast in the New Year and, of course, still fit our study in. Yes, it sounds a lot but it will be interesting!

We are looking at hosting a **fabric dyeing workshop** in the last week of January. This will cover rainbow-dyeing, painting with fabric dyes to create images and designs on your fabrics and dyeing synthetic fabrics for recycling. Catherine Jensen will be coming down from Mt

Magnet to run the class. Her business is dyeing fabrics for designers so she has a good skill base and is generous with her knowledge. The cost will be about \$100 each. If you are interested, please let me know (tel: 9865 4042) so we have the numbers. This workshop is being organized especially to support the *Art 2 Wear* project so we can recycle fabrics or paint our fabrics with our design. This workshop is open to anyone who would like to have a go. Experience is not necessary.

Art 2 Wear (see page 12)

We will run a couple of technique workshops over the Christmas holidays to share skills for creating *Art 2 Wear* costumes. Check out the next Lakes Link News, the Plaza notice board or the windows of the 4 Square for details.

An Information Night about *Art 2 Wear* will be held on Wednesday, 8th December, at 7.00pm in the old 4 Square building. We will show two videos and slides so that you understand what we mean by *Art 2 Wear*. We are beginning now so that everyone can understand what the project is about and to give you time to collect recycled material and create. The parade and exhibition is in early April – that is not far away, so we need to get everyone started now (even if you are busy thinking about Christmas and harvest).

Kerrie Argent

FABRIC-DYEING WORKSHOP

New ART SPACE
Old 4 Square
Lake Grace

About \$100.00 each

ART 2 WEAR projects
TUTOR: Catherine Jensen

This is for
artists, craftspeople,
patch workers.....

Please ring Kerrie on 9865 4042 ASAP so we have numbers to go ahead with this workshop



Mobile Child Care Service

Gnowangerup Family Support Association is a Not For Profit Organisation providing Licensed Child Care to remote and rural families throughout the Great Southern region. Due to increasing support from the families of Lake Grace and surrounding areas, we are now able to offer 3 days of Child Care each week (during school term).

So if you have children between the ages of 0-6 years, come along to the Sporting Pavilion and see for yourself just how much fun we have!

Monday - 9am-3pm
Tuesday - 9am-3pm
Wednesday - 9am-3pm

For any further information please contact
Kim Allen on 0427 271 457.

Heat Stress Risk Should Be Minimised

Workers should take extra care during the summer months to avoid the risk of heat stress, or the more serious risk of heat stroke.

WorkSafe WA Commissioner Nina Lyhne said today that either heatwave conditions or exposure to constant high temperatures in the workplace could result in heat stress.

"As we enter into the summer season and the hot weather is now with us, all precautions need to be taken to avoid illnesses caused by extreme heat," Ms Lyhne said.

"Workplace safety laws require an employer to provide a working environment in which workers are not exposed to hazards and – as far as is practicable – to protect employees from extremes in temperature.

"Heat causes increased sweating which depletes the body's fluids and can lead to tiredness, irritability, inattention and muscular cramps – these are the symptoms of heat stress.

"Apart from the obvious discomfort of these symptoms, they may increase the risk of workplace incidents causing injury, and this is of major concern."

Those working in an extremely hot environment can lose a litre of fluids per hour – it is most important to replace lost fluids.

Heat stress can be avoided by taking simple steps such as drinking at frequent intervals, having rest pauses in a cool place, helping sweat evaporate by increasing air circulation and maintaining a healthy lifestyle.

The type of clothing worn is also very important – loose clothing allows air to circulate, improving the evaporation of sweat.

Heat stroke is a far more serious condition which must be treated immediately.

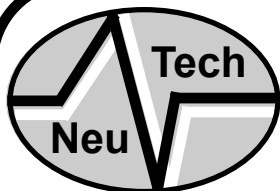
The signs of heat stroke are cessation in sweating, high body temperature and hot and dry skin. Confusion and loss of consciousness may occur.

If heat stroke is suspected, the person should be treated by a doctor as soon as possible.

Until medical treatment is available, cool the person down as quickly as possible by a method such as soaking clothing in cold water and increasing air movement by fanning.

"The effects of extreme or sustained heat can seriously affect a worker's concentration levels, and the consequences can be tragic," Ms Lyhne said.

"Guarding against heat stress and heat stroke is part of providing a safe and healthy workplace, and I urge employers to ensure that preventative measures are in place now that the hot weather has started."



NEU-TECH AUTO ELECTRICS

FOR ALL YOUR ELECTRICAL NEEDS

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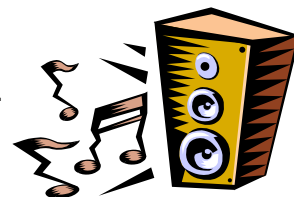


Just arrived in stock and on display are in-car DVD players and systems, monitors and accessories. These entertainment packages are very price competitive and transferable from one vehicle to another.

Anyone who has been on a long road trip with children would know how tiring it can be if the kids aren't settled.

Units come with a handy carry bag available, also mounts for monitors, and infra red headphones mean no messy cables laying around.

Do yourself a favour for Christmas and drop in and have a look. We also have a large range of Kenwood car stereo items in stock.



Tenants Can Expect a Fair Go

Some common misconceptions about maintenance of domestic rental properties have led to repeated conflicts between landlords and their tenants. Provisions set out in lease agreements are regulated by the Residential Tenancies Act 1987, so any contract that seems unusually harsh or unfair can certainly be questioned with Consumer Protection.

The type of maintenance issues most commonly raised by tenants, include concerns about faulty plumbing such as leaks, continually running toilet cisterns and failure of the hot water service. These are all maintenance items and are therefore generally the responsibility of the landlord to rectify. Damage caused to tenants belongings by leaking pipes may also be the landlord's responsibility, as is damage caused by a leaking roof.

The message to landlords is clear; regular maintenance is important to avoid problems.

While it is not the responsibility of the landlord to ensure that security screens, security systems or dead locks are fitted; if they are, they should be maintained in good working order. Likewise external doors and windows should all lock properly.

The walls and floor of the bathroom should be constructed of impervious materials and all tiling should be maintained. Leaking bathrooms sometimes allow

water to soak through walls and can cause damage in adjoining rooms with or may lead to excessive mould or mildew. This is the landlord's responsibility.

It is not the landlord's responsibility to supply or install phone lines or smoke detectors but if they are supplied with the property they must be maintained and operate properly.

It is the responsibility of the landlord to ensure that a rental property has a properly operating cook top and stove. A landlord does not have to supply a heater or an air conditioner. But again when fitted, they must be maintained properly.

The standards to which 'dwelling houses' their plumbing, gas and electrical items should all be maintained are clearly set out in the Local Health By-Laws. Copies of these regulations are available from the local council. In addition, Consumer Protection has a free booklet entitled *Renting a Home in WA* which tenants may find very handy.

More information on this and other consumer issues is available by calling Consumer Protection on 1300 30 40 54, emailing consumer@docep.wa.gov.au or visiting www.docep.wa.gov.au.

**Allan Smith Senior Regional Officer,
Goldfields/Esperance**

PRE-PAID INTERNET

1 month pre-paid internet	\$25.95
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6 months pre-paid internet	\$134.95
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Wedding Dress Parade
to be held
March 12, 2005
Ladies and Girls only



We need as many
bridal gowns, bridesmaid and flower girl's
dresses as possible for a Wedding
Extravaganza!

Suits, photos, anything to do with
weddings from as early as we can get up
until today.

Please call **Nanette Wallace on 9865 3048.**

This is a Canberra Camp Fundraiser

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Visiting Lake Grace for the last time in 2004,
Wednesday December 8 – appointments filling fast
For bookings please ring our Albany Amber Gaia Wellness

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- general health issues

You can also consult with Anne=Maree Downing and Associates at
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We have weekend and after hours appointments available, open over Christmas/
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- Amber Gaia Wellness – Zest for Life™ also available
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Call us today to hear how we can help you... information packages can be mailed.

Upcoming Workshops in Albany

Reiki – One and Two

Feed Your Kids Right

Flower Essences for Children

Live the Life You Want = Goal setting and Dream Charting



Anne-Maree Downing and Associates
at Amber Gaia Wellness take this
opportunity to wish all clients past, present and future a Joyous
Christmas Season and Abundance and Happiness for 2005.

LAKE GRACE DEVELOPMENT ASSOCIATION

The November meeting was held immediately following the AGM for the Tourist Promotions Group in the Shire Chambers. Congratulations to those office bearers who have been returned to their positions: Mary Naisbitt - President; Jeanette Bennett - Secretary and Rita Marshall - Treasurer, also to Trish Medlen for taking on the Vice-President's position.

Various members gave reports and other items were discussed. These include:

Ian Menzies' Report included an update from the 'Golden Outback', also on the joint tourism meeting initiated by the Shire of Kondinin, Wheatbelt Tourism and Mallee Fowl Preservation Group. There is a vacancy for a local government representative on the Golden Outback board. Ian also reported on other groups that he is now working with within the Shire.

On The Sheep's Back. Flyers have been sent out to every household to enable locals to have the maximum amount of ownership of the project before businesses are contacted. A suggestion was made to auction one of the sheep at the next Wagin Woolarama. Artist Rhys Tonkin will be in Lake Grace next year to make the final mould (that would be the seventh) so that we can all start busily making sheep.

Stationmaster's House Action Group will be meeting in the near future to formalise an agreement between the group and the Tourism Promotions Group on the running of the visitor centre.

Tourism. There was a very enthusiastic report given by those who attended the 'Visitor's Centres Annual Conference'. Following this was a report on the meeting held in Dumbleyung regarding the Lakes Drive Brochure and the Australia's Golden Outback photo shoot (17th and 18th October). The group are still pursuing the inclusion of a wildflower register on the Shire website.

Walk Trails. It was decided that, to do this project justice, to ask the Shire to take on the management of the walk trails with support from various interested groups.

Youth Advisory Council. The use of the Youth Station has dropped off this term with Wednesdays also being the day for Tennis, Basketball, Swimming Club and music lessons. The activity nights have still been well attended although it has been difficult to fit them in around the other sporting and social commitments of the members. The members will be soon be starting 'Art 2 Wear'

culminating with a parade and dinner during Youth Week 2005.

RoadWise. The new officer based in Narrogin is Nadine Hendry and her first meeting with the Lake Grace group will be on Thursday December 16th.

Bus Committee. The bus has been out of action due to an altercation with a kangaroo. (*Now available for hire. Ed.*)

Recycling Group. The recycling depot is still waiting to be relocated.

Accommodation Committee. The Shire has called for tenders for the area - this will be open for about a month.

The December meeting will be on Monday, December 13th, and will be a dinner meeting in the restaurant of the Hotel. People attending are asked to place their orders before the start of the meeting at 7.00p.m. (Please note this is half an hour earlier than normal).

Debby Clarke

Ian Squire Pty Ltd
Pingaring Chiropractic
Visits
Wednesday, December 15th

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Tougher controls for tobacco sales and promotion will help protect kids

The Smarter Than Smoking Project said that the health of Western Australian children would be protected by tougher penalties for selling cigarettes to kids and new restrictions planned for tobacco promotion in retail outlets.

Fiona Edwards, Smarter Than Smoking Project Coordinator, said the new measures announced today by Health Minister Jim McGinty were a step in the right direction.

"The restrictions on point-of-sale promotion will help protect children from the powerful influences and inducement to smoke through colourful and appealing advertisements."

"We hope the tougher penalties for selling cigarettes to minors will also be a deterrent to retailers who currently flout the law and are prepared to make money by selling cigarettes to kids," Ms Edwards said.

"It is also very positive to see controls placed on the sale and promotion of herbal cigarettes and

lollies and toys that look like cigarettes."

Ms Edwards said that while these new measures were a great start, more needed to be done to ensure children were no longer the target of the tobacco industry's deceptive methods for side-stepping legislation to promote its products.

"The removal of retail displays of tobacco products along with licensing of tobacco retailers would further strengthen the legislation."

"We need to remember that more than 15,000 young Western Australians are regular smokers. Half of these school aged smokers will become long term addicts and half of those will die prematurely. This is too great a price to pay just so that the tobacco industry can promote its deadly product."

Ms Edwards has called on the Opposition parties to support the changes to the Tobacco Control Act.



Dr Graham Jacobs

Promise to the people of Roe

If elected as your Member of Western Australia's Legislative Assembly I promise to be a diligent and decisive local representative who will:

- **Fight** for adequate health services
- **Promote** economic development
- **Wage** war on crime
- **Always** speak up strongly for all local residents

THIS TIME LIBERAL, THE RIGHT MEDICINE



Roe Campaign Contact Details

Unit 2 Centre Seven, 71 Dempster Street ESPERANCE WA 6450 Tel: 9071 6555 Fax: 9071 6788
E-mail: gjacobs@grahamjacobs.com.au Website: www.grahamjacobs.com.au

Authorised by Paul Everingham, 640 Murray Street West Perth WA 6005

Ashleigh in Belgium...continued

just say, it was real, they were there! he he! I felt like a little kid at Christmas, and the thought of how much I actually missed them had not occurred to me until this moment....

Sure enough Ronners and Ash were arguing that morning about the state of my room and clothes and well.. nothing had changed really! luv you mum!

What gives one a better excuse to try the 500 different types of Belgian beer than when BOSSHOG COL steps foot on the premises! I can't say he got through 500, but he gave it a good attempt. Now he thinks he is a pro! Congrats Dad, am proud of you! I am sure they have recounted many wonderful experiences that we shared together during the three weeks they came to visit me. They tell us that it is not necessarily a wise idea for our parents and family to come during our year of exchange, focusing on the idea of isolation, and adapting alone as our goals. It is the way that we adapt that determines our exchange, but what can I say, I think I have done the best I can in that department after having almost everyday something new and better than the last. I will say though that I found having my parents here was an absolute pleasure! All year I have been recounting all the amazing stories, and people I have met, and for the three weeks that they were here, they were able to sample and share this experience like it was there own.

If I can just recount one story I will.... one night we were invited to the house of a family that I stayed with maybe two nights, but have been wonderful to me. At this house, lives a lady who came from Russia who's mother was Russian and her father was Belgian, and they met in a concentration camp in Germany during the war, *et voila*, it was there that she was conceived! Back to the point, we ate a lovely three course meal, and shared in the traditional Russian way of life by making mum and dad drink white wine, red wine and then vodka shots. The way that this is done is by crossing arms with the person next to you.. who can't be your husband and wife.. taking the shot and then kissing your partner on the lips. Well Dads arm was crossed with the **BIG RUSSIAN LADY**, who took a liking to Dad and arm wrestled, pulled his ears, and ate his nose.. but as a friendly gesture of course. It definitely had Dad scared, but he could not stop laughing! Here is this stranger who can not speak English, and the my folks *ne parle pas français non plus* (don't speak French either) but were bound by laughter, and friendliness. It was circumstances like those that provoked the great experiences that my parents were able to share.

So there we were, the three musketeers Col, Ron and Ash who voyaged Europe in 10 days. This meant not a lot of sleep (actually a cause of the incredibly LOUD snoring of BOTH my parents).. *just warning you to never sleep in the same room as them! We visited Amsterdam, and no matter what it was Dad that wanted to visit the sex museum! (luv you Dad!)* After we visited Munich, went up the famous Rhine river of Germany, passed through the Austrian Alps, headed down to

Venice and Florence in Italy passed back up through Switzerland and had a bit of a yodel (and I was the pro-Swiss horn player, bit like a didgeridoo really) and then the city of romance, Paris! I apologise to my folks who couldn't really enjoy the romantic city without "point three"! and, of course, the grand finale! was the ever so famous, OKTOBERFEST!! the biggest beer festival in the world, held by the biggest beer drinkers in the world, the makers of the BMW, the Bulvarian Germans!! What a culture.. it is here, I am sure this is where table dancing was introduced, however, it is mixture of square dancing and waltzing! I will never forget the giant pretzels, and chickens that we ate! It was a memorable moment!

The next holiday was with my third family, where we discovered the South of France; Another amazing destination, (feels like I'm promoting 'Getaway') and yet so different to the other countries I had visited. They have a holiday house at Provence, which is not far away from Marseille, for all you French enthusiasts, you must go! The house was very close to the Gorges of Verdon, which is meant to be the second biggest canyon in the world, after the "Grandy" of course! It was at Provence that I was able to fly.. literally, My host father took me paragliding. It was great, a little scared at first knowing I was only attached by a bag, but definitely a challenge and I would love to do again!

I am sorry this excerpt has proven to be somewhat long, my typing hands get so excited when I remember back to my last couple of months. thankyou to all of my friends and family who remembered my 18th birthday, I really appreciated it! I had a wonderful birthday, a surprise party with all my best friends and host families. I have definitely begun the 18th year of my life well, and can't wait to see you all and share the rest of it with you.

Knowing I am leaving all these wonderful people in five weeks is hard to accept, but there is a reason why these extraordinary people have come into my life, and I look forward to seeing them all in the future, in Australia, Mum, I definitely think you should turn the old house at Norm's farm into a Bed and Breakfast! A very Merry Christmas and Happy New year to you all...

See you the 5th of Jan!!

Gross Bisous à tous

Ashleigh, the Belgian Aussie

Medicare

Lodge your claims via direct line.....

....at the Telecentre!!!

Direct phone line with a real
person on the other end

Lake Grace Leads the Way in Accessing Broadband

The Lake Grace community has secured the agreement of Telstra Countrywide to provide ADSL broadband (high speed internet) services to Lake Grace township.

Department of Industry and Resources (DoIR) WA Broadband Broker Jamie Robertson said the agreement would provide broadband access to many of the town's 600 residents and 50 local businesses. "According to Telstra, the process of including Lake Grace in the ADSL roll out schedule is well underway and the town should gain access to ADSL in the first half of 2005" Mr Robertson said.

Although Telstra will install the ADSL infrastructure, customers of the new service will retain a choice of Internet Service providers.

"The provision of ADSL Broadband Internet in Lake Grace will have many immediate benefits to the community," said the Shire of Lake Grace Acting Chief Executive Officer Bill Bond.

"Local residents and businesses are increasingly using the internet for communication and as a source of information. Unfortunately, slow dial-up connections have been inhibiting the usefulness and productivity of taking such options. The availability of ADSL is set to change that."

This announcement follows a concerted effort by the local community to promote the installation of broadband technology within the Shire.

Working with the local Telstra Countrywide office, the community actively promoted a broadband demand register, collecting the names of potential broadband customers as evidence of local demand for broadband.

At a recent town meeting, Mr Robertson said ADSL technology would only provide access to broadband to customers within a 4km (cable-distance) of the Lake Grace exchange.

He said the alternative for those outside the range of ADSL would be the subsidised Broadband Satellite products offered under the Commonwealth's Higher Bandwidth Incentive Scheme (HiBIS).

Using a combination of ADSL in the Lake Grace township and satellite technology in the surrounding communities, broadband will soon be made available to businesses and households in the Shire at competitive prices.

"This is a great achievement that demonstrates the effectiveness of local community advocacy," Mr Robertson said.

Prior to the installation of ADSL, Mr Robertson will provide information in local community publications to assist business and households with the selection of broadband products.

Under the Demand Aggregation Broker Program Mr Robertson is currently targeting regional areas where affordable broadband is currently unavailable.

The Australian Government, under the Demand Aggregation Broker Program, and the Western Australian Government are jointly funding the Western Australian Broadband Demand Aggregation Broker.

Mr Robertson's primary role is to meet with business and community representatives in the Mid West, Gascoyne, Wheatbelt, Pilbara, Kimberley and Great Southern regions to raise awareness of the benefits of broadband, and aggregate community demand for the service. The South West, Peel and Goldfields-Esperance regions are serviced by their own community-based brokers.

For further information on broadband demand aggregation please contact DoIR's Jamie Robertson on 9222 5322.

Need your digital photos printed???

The Telecentre can print them for \$4.00 an A4 page
The size of the photos is your choice



Contact Sheet - 35 images

Wallet size - 9 images

9cm x 13cm - 4 images

10cm x 15cm - 3 images

13cm x 18cm - 2 images

20cm x 25cm - 1 image

All done on 190gsm glossy photo paper



Shire of Lake Grace

POOL NEWS & NOTES

PO Box 50 Lake Grace Phone 9865 1105 Fax 9865 1109 Email shire@lakegrace.wa.gov.au

POOL HOURS

6.30 - 7.30 AM

11.00 - 6.00 PM

WEATHER PERMITTING



'SWIM TO ROTTO'

ITS NOT TOO LATE TO JOIN IN
FOR MORE INFORMATION SEE KEVIN
AT THE POOL

TRIAL PERIOD

During the warmer weather the swimming pool hours may extend to 7.00pm weather permitting.



This decision will be made on a daily basis by the Pool Manager and the Aquatic and Recreation Coordinator.

Patrons wishing to enquire if the pool will be open that evening, can do so by contacting the Shire Office on 9865 1105, each afternoon.

NOTICE BOARD

During January, for updated information on current ARC programs, activities or classes please check at;

1. The pool notice/black board
2. The plaza notice board
3. The notice board at the Shire Office



Or feel free to contact Letisha at the Shire office on 9865 1105 or by email letisha@lakegrace.wa.gov.au

POOL LAP LANE

Over the next two weeks, pool management is trialing usage of a lap swimming lane being roped off and permanently available to lap swimmers.

Following this trial will be another two week trial where the lane rope will not be permanently in the water but will be available by request.

Following this four week trial period, a decision will be made regarding the permanency of a lap lane to lap swimmers.

Patrons and parents please note:

THE LAP LANE IS FOR LAP SWIMMERS ONLY.

Please show consideration to lap swimmers especially during peak times.

Supervision of children around lane ropes would be greatly appreciated.



WATER AWARENESS SWIM CLASSES FOR PRE SCHOOLERS

LAKE GRACE SWIMMING POOL FEB 2005 – TEN (10) HALF HOUR SESSIONS

Between 12 noon - 3pm Monday to Friday

IN CONJUNCTION WITH INTERM SWIMMING LESSONS
IN FEBRUARY 2005

AGES 4 & 5 YEAR OLDS – COST \$25 FOR 10 LESSONS

The limited number of teachers available will determine student numbers

FIRST IN FIRST SERVED – PARENTS MUST ATTEND WITH THEIR CHILD

For further information or registration contact Kevin Seaman, Lake Grace Pool Manager on 9865 1144 or at the pool between 11am and 6pm each day.





Shire of Lake Grace

ARC NEWS & NOTES

PO Box 50 Lake Grace Phone 9865 1105 Fax 9865 1109 Email shire@lakegrace.wa.gov.au

SHORT & SWEET

- * All classes and activities will cease after Thursday 23rd of December and will resume Tuesday 4th January 2005.
- * All classes, programs and activities will continue to run by the current timetable up until Christmas.
- * **If you have a two or three year old child and are interested in 'mums & toddlers' swimming lessons please contact Letisha at the Shire.**
- * Look out for Sunday fun days throughout December & January.
- * Boxing Gear - Do you have any that you would like to lend to Letisha for fitness training, if so please contact Letisha at the Shire.
- * **GUYS, GUYS - Most welcome to attend all Aqua classes. Guys specific classes will be available from early January to wear off that extra Christmas cheer. Keep a look out.**
- * *For information regarding any programs, activities, or recreational issues please don't hesitate to contact Letisha at the Shire - 9865 1105.*

NEW CLASSES

AQUA - FAT BURNER – Designed to provide exercises that assist the body to use fat as a major energy source. Incorporates hi/lo aerobic moves, circuit stations, muscular strength building and endurance.

ENERGISER – 40 minute light weights session incorporating circuit and strength building exercise. Great for anyone. Lite Intensity

KEEN TEENS – Designed specifically for teenagers 12-17, a 45 minute moderate intensity fun class incorporating music, cardio, fitness and circuits. Will alternate between land and water.

AQUA - ABC'S – A great class for those who want a cardio-respiratory workout plus specific abdominal and butt toning and strengthening incorporating some circuit work. Lite/Mod/High Intensity.

AQUA DEEP WATER ATTACK – Designed to work against your own resistance with the use of buoyancy equipment. Fantastic for cardio, toning and an all over workout. Must be able to swim.

AQUA - LITE PACE – Designed for lite intensity workout, encouraging movement, agility and strength. Great way to end the week. Lite/Moderate Intensity.

AQUA - COMBO – Every 1st and 3rd Saturday of the month beginning 4th December

A great class for women of all ages from 12 and up, offering a combination of cardio to music, aqua weights, deep water and endurance. All intensity levels catered for.

Bring your daughter-bring your mum.

CURRENT FITNESS TIMETABLE

Classes are subject to change without notice

DAY	AM	PM
Monday	9.10–9.50 am LITE PACE WALK Meet at Pool Car Park 10.00–10.50 am AQUA - Fat Burner Male & Female	6.20 pm MIXED NETBALL
Tuesday	6.20 – 7.00 am ENERGISER Lite Weights Lite/Mod Pace Meet at Football oval Male & Female 9.30–10.30 am FIT CHICKS 1 Meet at Pool Car Park	4.30–5.15 pm KEEN TEENS - Fun Cardio & Circuit Mod/High Impact Meet at Pool Carpark Age12-17 Male & Female 5.50–6.50 pm AQUA - ABC's Male & Female
Wednesday		6–7.15 pm FIT CHICKS 2 - Terminator Meet at Football Pavillion
Thursday	6.20–7 am QUICKWALK Mod/High Pace Meet at Pool Car Park Male & Female	ACTIVE KIDS 3.30 pm–4 pm Ages 4-6 4.05 – 4.40 pm Ages 7-12 4.45 – 5.25 pm Age 13-15 5.30 pm <i>1st & 3rd of the month</i> 5.30 pm onwards SOCIAL TENNIS <i>Unsupervised</i> 5.50-6.40 pm AQUA -Deep Water Attack Male & Female
Friday	6.00–7.00 am FREAKY FRIDAYS Mod / High Pace Meet - pool car park 9.00-9.45am AQUA - Lite Pace	
Saturday	9.00–10.00am AQUA - Combo Combination of deep water, circuit and cardio Light/Moderate/High intensity. <i>1st & 3rd of the month</i>	4.00 pm 15+ SOCIAL BEACH VOLLEYBALL <i>Unsupervised</i>

Remembrance Day Service - 11th November 2004

Lake Grace District High School held a Remembrance Day Service as part of their Parent Assembly.

Student Councillors, cadets and staff were actively involved in the ceremony held to remember those that fought and died for their country.



Lowering of the flag by cadets Caitlyn Beggs and Miranda Wallace

The laying of the wreath was performed by Year 10 student Daniel Trevenen and Year 1 student Phoebe Robertson.



*Community Members who attended the ceremony.
Back L to R: Mrs Pat Strevett, Mr Bill Jenks, Mrs Shirley Duckworth and Mrs Dorothy Jenks.
Front L to R: Mrs Shirley Elliott, Mr Len Elliott, Mrs Gert O'Neill and Mr Gordon Pelham.*

ODE TO THE FALLEN

*They shall grow not old,
as we that are left grow old:
Age shall not weary them,
nor the years condemn.
At the going down of the sun and
in the morning
We will remember them.*

In May 1915 Lieutenant-Colonel John McCrae of the Royal Canadian Army Medical Corps was working in a dressing station on the front line to the north of Leper, Belgium, when he wrote 'In Flanders Fields'.

*In Flanders fields the poppies blow
Between the crosses, row on row
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.
Take up our quarrel with the foe;
To you, from failing hands, we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

In 1918 American Moira Michael wrote a poem in reply, 'We shall keep the faith', in which she promised to wear a poppy 'in honour of our dead' and so began the tradition of wearing a poppy in remembrance.

It was French YMCA Secretary, Madame Guerin, who in 1918 conceived the idea of selling silk poppies to help needy soldiers.

Poppies were first sold in England on Armistice Day in 1921 by members of the British Legion to raise money for those who had been incapacitated by the war.

The practice began in Australia the same year, promoted by the Returned Sailors' and Soldiers' Imperial League of Australia (now known as the Returned Services League of Australia - or RSL).

In the lead-up to 11th November each year, the RSL sells red poppies for Australians to pin on their lapels, with proceeds helping the organisation undertake welfare work.

Since 1921 wearing a poppy has enabled Australians to show they have not forgotten the 102,811 Australian servicemen and women who have given their lives in wars and conflicts during the past 100 years.

Flanders poppy seeds may be grown in Australian gardens. By planting the seeds in April, the poppies bloom in November, in time for Remembrance Day. They serve as a visual reminder of those Australians who have died in war.

Courtesy LGDHS

on the sheep's back

**Lake Grace
Public Art**

**Lake Grace Development Association
invites you to muster support behind the
On the Sheep's Back public art project**

Introduce a new bloodline to the flock

Sponsor one or more merino sculptures for the main street

These are big bodied Lake Grace merinos with:

- ★ **Excellent bloodlines** ★ **Good conformation**
- ★ **Long life-spans** ★ **Easy care** - no drenching or shearing

Sponsors will be identified by ear tags and signage.

Donations are also welcome.

For more information contact Project Coordinators
Tania Spencer (9865 1339) or Michelle Slarke (9865 1878).

***If you have expressed interest, please complete a form to confirm your support.**

A Lake Grace Development Association initiative



Name:

☐ Address:

I wish to sponsor sheep sculpture/s @ \$500 each \$GST inc

Name on ear tag (limit 2 lines of 9 letters/spaces):

— — — — —
— — — — —

I wish to make a donation

\$

Signed:

Date:

Ambo's in Boot Pit Extraction Exercise

On the 14th November 2004, three Lake Grace Ambulance Officers, Julie Bushby, Lisa Parker and Amanda Milton travelled to Corrigin to take part in a mock accident at the CBH site at Corrigin.

Hosted by CBH Corrigin, the mock accident involved the extraction of an injured person from a "boot pit".

So what is a boot pit? When a truck dumps grain through the grid (at ground level) the grain travels about 5 – 8 meters down into a shaft where a grain elevator transports the grain (vertically) out onto conveyers then onto the stack. The shaft that the vertical elevator is housed in is called a boot pit. These are very narrow concrete shafts that are accessed by ladders attached to the walls of the shaft. There is just a 1.5m clearance on 3 sides of the vertical elevator for access.

Our exercise was to remove a person who had injured themselves by slipping on the ladder and falling into the pit. Our casualty had landed on his behind when he fell and was suffering spinal injuries.

With just two Corrigin FESA volunteers and two Corrigin St John Volunteers (who were late due to having to transfer a maternity patient to Narrogin that morning), the Lake Grace ambo's got involved.

The space is very narrow to work in and it took time to work out how to best use the St John and FESA equipment in harmony to get the best result.

We got our casualty to the surface with minimal movement and he made a full recovery once we let him out of the carry harnesses.

After the exercise we investigated the other hazards around CBH sites and climbed up and down some of the areas where accidents have been known to occur so we have a real feel for how difficult accessing some areas are to treat a patient.

Our thanks to CBH, FESA and St John Corrigin for the invitation to participate; we gained a wealth of knowledge from the exercise.

Amanda Milton



Ready to head to the surface



Stabilising the patient

Harnessed and ready to lift



He's out

Grain Drive for New Ambulance

St John Ambulance Lake Grace has embarked on the significant task of raising \$50,000 towards the purchase of a new ambulance.

The current 1992 Mark IV model has served us well over the last 12 years, however the time has come for a change.

Over the next 2-3 years we hope to raise the necessary funds for a new ambulance. The current cost of a new ambulance is \$131,000 unequipped. Most of the equipment from the existing ambulance can and will be transferred to the new ambulance when the time comes.

Lotteries funding of \$30 - \$50,000 dollars will make up one part of the funding jigsaw. Part two comes from the fundraising and careful budgeting by Sub Centre personnel over the years. However we will still need a further \$50,000 to make a new ambulance a reality.

St John Lake Grace is asking all grain growers to consider donating some grain to this cause. CBH have grain delivery cards for the Lake Grace, Kuender, Tarin Rock, Pingaring, Buniche and Hollands Rock bins. You can donate any amount from any load. Just let the CBH staff know what you want to do when you get to the sample hut.

All donations for this public benevolent institution are a tax deduction. We can provide the ATO

certificate to you for your financial records upon request.

We have already received some generous donations in grain deliveries and in cheque form to date, but we need your help.

Help us to provide the best ambulance service possible for your time of need. Please consider your donation to the St John Ambulance Lake Grace – New Ambulance Fundraising Appeal.

Amanda Milton



Subscribers to Ambulance Save

St John Ambulance has operated in Lake Grace since 1946. Over that time the volunteers have worked tirelessly to provide the best service possible.

It is not unusual for volunteers to contribute 70 – 150+ hours per year to the sub centre in training, management, equipment servicing and fundraising. We complete between 25 and 50 jobs per year, and so far for 2004 we have completed 30 jobs.

Your local sub centre does not receive any direct financial support to provide this service to you. All costs must be funded through two main areas:

1. The Ambulance Benefit Fund (yearly subscriptions); and
2. Through fundraising/donations.

Every bandage, oxygen cylinder, fuel, rates, uniforms etc must be provided by the sub centre.

For the cost of just \$42 per family and \$23 per single you can support your local ambulance service and potentially save yourself a substantial bill if you need care and are not a benefit fund member.

You don't have to live in Lake Grace to be a member here, and you are covered all over the state. We have many people who no longer live in Lake Grace who maintain their memberships here. It helps us and they are covered for this vital service

Currently we have 360 benefit fund members. You could be one more.

Simply call in at the Post Office and ask about being a member, it is that easy.

Amanda Milton





Business Sponsored Christmas Drinks

6pm start

Hot beef rolls and chips available

Winner of the Christmas Lights competition
will be announced

All patrons of local business welcome!

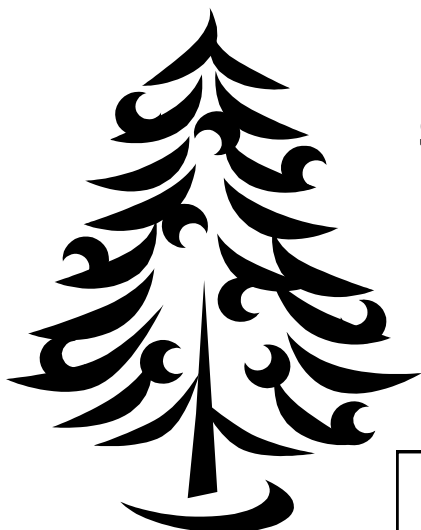
The Time is Fast Approaching
Community Christmas Tree
Saturday 18th December



Everyone Welcome - Young and Old
Please bring a Shared Tea and Sweet
BYO Drinks

Father Christmas will arrive at 7pm
Santa's Helpers need 'delivered items' to the
value of \$15 left at the
Ag Department by 15th December
(in family bags)

Enquiries to Belinda on 9865 1298
or Natalie on 9865 1186



There will be *Mystery Raffles*

Donations would be appreciated - can be left at Sand 'N' Salt

TARIN ROCK TENNIS

Social tennis was again well attended despite a host of other social engagements on the same evening.

Great to see so many Tarin Rockers supporting the Dumbleyung Ladies tournament, which was, as always, superbly run and heaps of fun; we managed to beat the winners in our division but cannot lay claim to any of the wonderful trophies; I guess you have to beat more than one set of competitors! Great to see two of our beginners at their first tournament. Thank you Dumbleyung.

Condolences from all club members to Alison Medlen on the sudden and tragic loss of her brother. Our thoughts are with you and your family.

Last Sunday saw us take on our old rivals, Kukerin, in fairly warm conditions. We all had a great day finishing with a close result of 19 sets, 167 games to Kukerin's 15 sets, 151 games. Thank you to all players for providing such an excellent spread.

A few men enjoyed a social evening (men only) while the ladies trod the boards in Lake Grace and entertained a full house with three

items – our usual club written musical item, a beautifully sung Christmas carol by Jess O'Neill and the closing number "A Load of Rubbish" which was a resounding hit, it was good to escape from the rubbish bins!

Thank you to all the ladies who gave their time, energy and imagination to make these items happen and to Karissa for providing the venue to meet.

The Tarin Rock ladies will be running the Ladies Christmas Concert next year and have the onerous task of following the Lake Grace Hockey Girls – what a stupendous success they made of the evening, truly a memorable night; thank you.

On cleaning roster this week before Friday night tennis are the de Vrees. Social tennis is again at 6pm sharp plus bring a shared salad for a barbecue tea. PLEASE REMEMBER your donation for the Christmas hamper, the Christmas tree is only 2 weeks away! Make sure you are all financial members to help our secretary balance her books.

Belinda O'Neill

LAKE GRACE TENNIS RACQUET

The warmer weather was not enough to deter the committed group of social tennis players on Sunday.

It's been very heartening to see regular good numbers and so many juniors! Hope you had a good hit and we look forward to seeing you again this Sunday.

Social Tennis will start at 2:00pm. Pauline Taylor and Grant Marshall are on set-up roster, with Linda Hunt and James Eaton on clean-up. Steak Teas are on again for the Tennis Club this month. Those on roster are Grant and Letisha Marshall, Nita Gooding and Cameron Lloyd.

Pennants is only a week away so keep up the practice and don't forget the Mixed Doubles Championships on Sunday, 19th December.

The Lake Grace Junior Tournament will be held on Saturday, 11th December, so give Michelle Slarke a call and volunteer your services to help things run smoothly on the day.

Ross Bowron

Fixtures

5th December	Social Tennis (theme) 2:00 pm
11th December	Lake Grace Junior Tournament
12th December	Pennants v Newdegate at Lake Grace – 1:00 pm Social tennis at 4:00 pm
19th December	Mixed Doubles Championships Christmas Wind-up.

School holiday break - self arranged tennis only

\$3.00 ball fees

LAKE GRACE BOWLS

Men's Bowls

It was a dark day for our club with the loss of one of our well respected lady bowlers, Rhonda Reynolds. Our deepest sympathy to Milton and family.

We tried very hard for a win but just failed to get over the line against Kulin, winning one rink, a draw and losing on the other two rinks. Overall 6½ points to 1½ points.

There are no pennants this week but social bowls on Sunday for everyone. New members welcome.

Pennant sides to play against Kondinin the following Saturday at home will be chosen after social bowls Sunday afternoon.

Ladies Bowls Notes 29th November 2004

Pennants against Kulin on Saturday was a very sad day after losing one of our most respected and valued members. It was a terrible shock you leaving us like that, Rhonda, and you will be sadly missed for a long time. I don't know who will keep us in order and up to scratch. It is going to be hard to find someone to take your place. Our heartfelt condolences to the Reynolds family, Rest in peace Rhonda.

Results

We did win against Kulin. Jenny skippered Rhonda's team and had a good win, 23 to 14, after being behind for the first half of the game. Jenny did say she thought Rhonda was looking after her. Jean's team had a neck and neck tussle resulting in a draw, 16 all, so we finished with 4.5 points and Kulin 0.5.

Fixtures

Next Saturday, 4th December, is a bye with the Mixed Pairs Championship being played on

Sunday, 5th. This should be a good day, so polish up your bowls and show those men we are worthy partners.

Kevin will organise social bowls on Saturday for anyone wishing to play.

League Pairs will be played in Kondinin on Wednesday 8th with Jean and Dorothy representing Lake Grace. All the best to Jean and Dorothy.

Newdegate have moved their Gala Day so members can attend Rhonda's funeral. It will now be on Thursday, 9th December. We are sending two teams.

Pennants

The next pennant game will be against Kondinin on Saturday, 11th December, in Lake Grace. After the game we will entertain Kondinin to drinks and a steak night tea to celebrate Christmas and fellowship.

Kevin Eggers and Lyn Taylor

Birds of the Central Wheatbelt

What do they look like?

Where do I find them?

An attractive 48 page booklet available from Greening Australia (WA). Complete with colour photographs, calls, likely habitat and conservation status. Only \$8. A great gift idea.

*Copies available from Avon Catchment Council,
PO Box 311, Northam WA 6401 or phone
(08) 9690 2250*

LAKE GRACE HOTEL

**Lounge bar and kitchen will be closed on
Saturday 11th December
for a Private Function**

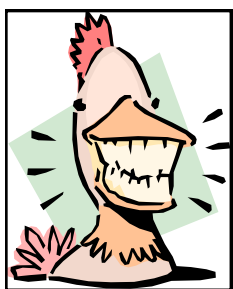
HIGH SCHOOL BASKETBALL

Friday 26th November was the last game of the season for both teams. The finals are on next Friday, which is when many of our team members will be on their Cadet camp. Fortunately, or unfortunately neither of the Lake Grace teams will be in the Finals. On Friday night both teams played very well, with Lake Grace One having many moments of brilliance. Unfortunately Kulin Yellow experience showed and they played a very consistent game. The final score was Lake Grace One 22 to Kulin Yellow 53.

Meanwhile on the other court Lake Grace Two were playing Kulin Black. This game was very close all the way through with lead changing a number of times. Lake Grace Two ended up being the victors with the score being Lake Grace Two 35 to Kulin Black 28, well done.

Any members that would be interested in going to Country Week Basketball next year please let me know as names have to be in very soon.

Debby Clarke



Going somewhere!!! Need a passport photo?

The Lake Grace Telecentre can produce a photo suitable for passport or ID in just 10 minutes for \$8.00.

Lake Grace Junior Round Robin 2004 Tennis Tournament

Singles and Doubles

11 years and under
13 years and under
16 years and under

Saturday 11th December

- ✓ \$5 per event per player
- ✓ Lunches for sale
- ✓ Starting time 8.00am sharp

Nominations can be made by phoning:
Michelle Slarke on 9865 4024 or fax 9865 4080

Nominations close by 8th December

CLASSIFIEDS

FOR SALE

1997 Hyundai Excel Classic

3 door hatch, 5 speed
Air-conditioning, new tyres
1 owner, \$5,500 ono
Contact Letisha on 9864 9030

Horse For Sale

Appaloosa gelding
Registered, 8 years old
Approximately 16 hh
\$1,000.00
Ph Jacinta on 9866 8068

House For Sale

11 Bennett Street
3 bedrooms, 1 bathroom
Large kitchen
Lockup garage, large patio
Phone 9831 0007 for more information

WANTED

Good Homes Needed

For two puppies - Kelpie X Border Collie
Both working dogs
1 x male - 1 x female
Ready to go in 4 weeks
Phone 9865 3046

FOUND

Brown Kelpie Dog

Has chain collar with yellow ear tag
attached to collar.
Ear tag stamped with 076 and wool coring.
Dog wandered onto farm on Mallee Hill road
43 kms SE Lake Grace on Sunday or
Monday. Please phone 9871 9025.

Challenger Pram

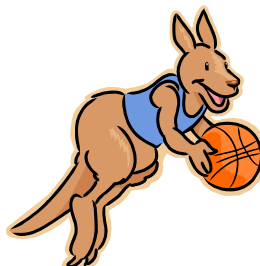
Pneumatic tyres
Black and grey
Excellent condition. \$200.00.

Safe 'N' Sound Car Seat

"Royale" - 5 point restraints
Suits new born to 18kg. \$110.00
Contact Leesa 0428 651 347

PUBLIC NOTICES

On The Road Again



The Lake Grace
Community
Bus Committee
are please to
announce that the
***bus is now
available for hire.***

Graduation Disco

Disco will be held after Year 10
graduation between
9pm - 11pm on
Saturday 11th December.

Year 7-10
students are
welcome to
attend.

\$3 door charge.

Cooldrinks and
nibbles available
for purchase.



Lake Grace Shire Councillors

Councillor	Telephone	Fax
Darcy Roberts (President)	9874 4013	9874 4068
Andrew Walker (Vice President)	9865 1241	9865 1921
Ian Woods	9872 0011	9872 0050
Royce Taylor	9865 1507	9865 1320
Helen Bennett	9865 1026	9865 1568
Ollie Farrelly	9865 1304	9865 1188
Allan Lansdell	9874 4033	9874 4033
Meighan Stewart	9871 2042	9871 2042
Ian Chamberlain	9871 6043	9871 6035

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9865 1206
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	
Sat - Mon (ph/fax)	9865 1014
Tues - Fri (Evenings)	0427 441459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mrs Shirley Duckworth	ph 9865 1189
Mr Len Elliott	ph 9865 1137
Mr Lynn Parker	ph 9865 1217 (wk)
Mr Peter Taylor	ph 9864 9026
Mr Darcy Roberts	ph 9874 4013
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 9865 1205

ANGLICAN CHURCH OF LAKE GRACE

Sunday 5th December

9:00am Lake Grace

Sunday 12th December

8:00am Lake Biddy

10:30am Lake Grace

Enquiries:

Captain Derek McArtney 9865 1064
Deacon Michael Lloyd 9871 2041

Lake Grace Uniting Church

Sunday 5th December

10:00am

Sunday 12th December

No Service

Enquiries:

Keith and Joan Fleming 9871 9025
Bob Burbridge 9865 4020

LAKE GRACE CATHOLIC CHURCH

Mass Time-Table

Sunday 5th December

10:30am Lake King
6:00pm Lake Grace

Saturday 11th December

6:00pm Pingrup

Sunday 12th December

8:00am Lake Grace

Tuesday 14th December

7:00pm Lake Grace

Advent Reconciliation

Sunday 19th December

10:30am Varley
6:00pm Lake Grace

Friday 24th December

6:00pm Hopetoun
Christmas Vigil Mass

Saturday 25th December

8:00am Ravensthorpe
10:30am Lake King
6:00pm Lake Grace

Sunday 26th December

9:00am Kukerin
Holy Family

Inquiries: Fr Pierre 9865 1248

COMMUNITY CALENDAR

December

Fri 3	Fish & Chip Night - LGS Club High School Basketball Mosaic Workshop Senior Citizens Christmas Luncheon	Sat 11	LGDHS Year 10 Graduation Bowls - Pennants LG v Kondinin Have-A-Go Cricket
Sat 4	Steak Night - LG Sports Club Have-A-Go Cricket	Sun 12	Tennis - Pennants LG v Newdegate Tennis - Social Tennis @ 4pm Bowls - Social 1pm
Sun 5	Tennis - Social Tennis @ 2pm Bowls - Mixed Pairs Championship Christmas Remembrance Service Cricket - North LG v Newdegate Cricket - Kukerin v Lake Grace	Mon 13	LGDA Meeting
Tue 7	Chair/SOYF Aerobics Well Women's Clinic Footcare Clinic Margaret Cole - Southern AgCare LG Sports Club Meeting	Tue 14	Chair/SOYF Aerobics LGDHS Presentation Night Lakes Village Choir — 11:30 am
Wed 8	Pizza Night at Rosies Margaret Cole - Southern AgCare Art 2 Wear Information Night Naturopath - Anne-Maree Downing	Wed 15	Pizza Night at Rosies
Thur 9	Music Students Recital	Thur 16	Last day of school for 2004
Fri 10	Fish & Chip Night - LG Sports Club	Coming Events:	
Sat 11	Steak Night - LG Sports Club Junior Tennis Tournament	17th December - Business Sponsored Xmas Drinks	
		18th December - Community Christmas Tree	
		13th February 2005 - Narrogin SHS 50th Anniversary	
		19th February 2005 - Quiz Night (Canberra Camp)	
		12th March 2005 - Wedding Dress Parade	
		19th March 2005 - RFDS Fundraiser - Terry Hardy	
		29th March 2005 - Sharpening Man in Lake Grace	

SPENCER WOOLS

Agent for WESTCOAST WOOLS Pty Ltd

For all your wool selling needs...

Clips on consignment – thru Auction or Private

Nett Price on Farm Forward Selling Options

Oddments – On Spot Payments

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