

LAKE GRACE TELECENTRE

Produced at the
LAKE GRACE TELECENTRE
Cnr Bishop & Absolon Sts
PO Box 177 Lake Grace WA 6353
Ph (08) 9865 1470 Fax (08) 9865 1471
Email: lakelink@treko.net.au
ABN: 19 498 730 152

8th November, 2007

\$1.10 inc GST

Vol 13 Issue 21

History in Writing



Youth Award winners, Sheridan Fyfe and Nat Curtin

Lake Grace's inaugural Local History Award entries had to be read, dissected and re-read before a decision was able to be arrived at.

It was a family affair in the open section with Lindsay and Michelle Slarke both winning for their respective entries, 'Compromise' and 'Fish in Paddocks' (see pages 30 & 31).

The youth awards proved difficult to decide with some quite entertaining and informative items. The winners were Sheridan Fyfe with 'The History of Fyfe Transport' and Nat Curtin with 'The Toyota Shed'. These will be published in

next fortnights Lakes Link News.

Although there wasn't a huge number of entries, the judging panel were pleased with the quality of the items submitted.

The competition will be run again in 2008 so it is hoped that after reading some of the items submitted, others will feel compelled to put pen to paper. These awards would not have been possible without the generous sponsorship provided by Terry & Lenore Gladish, CBH and the Lake Grace Telecentre.

CONTENTS

Page 3	Editorial	Page 18,19	Art Notes
Page 4	Hardy wedding	Page 20,21,22	Travel Diaries
Page 5	About Town	Page 24	Save Water
Page 6	Weather; Men's Shed	Page 25	Westnet's Satellite Internet
Page 7	Remembrance Day	Page 26	Humour
Page 8	Photo Workshop	Page 27	Science & Stuff
Page 9	YAC	Page 28	Find Thirty
Page 10	Visitor's Centre	Page 29	Crime & E-Commerce
Page 11	Health Page	Page 31	High School Basketball
Page 12	Bogus Bank Email	Page 32	ARC
Page 13	Nightwatch	Page 33	TR Tennis, LG Tennis, Bowls
Page 14	Movember	Page 34	Classifieds
Page 15	Loadnet	Page 35	Town Information
Page 17	Shire Page	Page 36	Calendar

Telecentre Opening Hours

Monday - Friday 9:00 am - 12:30 pm ; 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday, Friday 9 - 5 pm



Advertising Charges

All prices inclusive of GST

1/8 page	\$ 8.80
1/4 page	\$13.20
1/2 page	\$22.00
Full Page	\$41.25
Classifieds	85c /line

We would appreciate your advertisements and articles on disk or emailed if possible.

Please email all material to:
lakelink@treko.net.au.

Deadlines & Editions

All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

Next Deadline: Monday 19th November
Next Edition: Thursday 22nd November

A very BIG thank you

*To the **very** dedicated team who have produced and compiled this edition of the Lakes Link News.*

*Gwen Oliver
Leanne Mahoney*

Thank you also to our many contributors of articles.



DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- Congratulations to our writing award winners and thank you to those who participated. We hope to have more entries next year, yes it's on again, so put pen to paper! Everyone has a story to tell! *Our two Open Winning entries are on pages 30 and 31. We will have the winning youth entries in next fortnights LLN.* Past experience has shown that readers enjoy taking a walk through someone else's life experiences, the popularity of 'Jane's Stories' were proof of that. I can't forget the good old days when we had the bad old printer. The printer would randomly (and unannounced) skip a page. If the blank wasn't spotted during collating - collators may have been engaged in animated conversation (we cover everything from sport to the state of the roads) - it would then make its way into the paper. I would then get a frantic phone call that 'Joe Citizen' had a blank page where Jane's Story was meant to be! Could I fax the necessary page? How could I refuse.
- I know I'm sounding like a stuck record, but there are now only three more Lakes Links before Christmas, so if you are wanting to advertise, or need to get some information out there please give us a call. For those that subscribe we will be putting subscription order forms in the paper that comes out on 6th December. Keep in mind that if you have anything happening in February it would be a good idea to advertise in the December editions as there are no Links over January.
- Is there anyone out there who would like to do a forklift course? If I have sufficient numbers I will try to organise one for February 2008. You must be 18.
- The Telecentre had their AGM last week, not even a hint of a chair shuffle. Maurie Gilson remains our Chairperson and Joe McEncroe is our Vice Chairperson. Committee people are Mary Naisbitt, Trish Medlen, Simone Mahoney and Ollie Farrelly. We always welcome new committee members, the task isn't too onerous with meetings being held every three months.
- The Telecentre will be doing a new run of phone books next week so if you would like your number put in the book or know of any additions/deletions/changes then please give us a call.
- We're on the lookout for a volunteer/s to print the paper as Leanne is unable to continue doing it. This is about five hours every fortnight. Please give me a call if you are able to give some time.

Suzanne Reeves

Thanks to Collators of the Last Edition



Maurie Gilson
Allan Zweck
Leanne Mahoney
Trish Medlen
Mary Naisbitt
Genni Curtin

Beryl Pollard (formerly Beryl Pelham)

Sadly missed by us since you passed away
on 14th November 2006. You will always have a
special place in our hearts.

Ron, Rachel & Family.



Beryl Pollard (formerly Pelham)

Passed away 14th November 2006.

Loving memories of a special
Mum and Nanna.

Stephen & Coral, Kevin, Kaylene & Paul,
Melanie, Emily and Brendon.)

Hardy — Reynolds Wedding



**Congratulations to
Rebecca and Adam Reynolds
who were married on
19th October at
Burswood-on-Swan.**

Photo at Left:

*L to R: BACK: Kym Morton,
Jackie Simkin, Gemma Hardy,
Ben Simkin, Jason Teakle
and Paul Husbands.*

*FRONT: Kara and Abbey Smith,
Rebecca and Adam Reynolds.*

Photo at bottom left:

*L to R: Kym Morton,
Rebecca Reynolds (nee Hardy),
Gemma Hardy and Jackie Simkin.*

Photo below:

*Stealing the show were Kara and
Abbey Smith, cousins of the bride.*



Pink Ribbon Fundraiser

Once again we had a successful fundraiser. Forty ladies attended morning tea in the garden and a total of \$921.30 was raised.

Well done to Jean Seaman who took out 1st and 2nd prize in the raffle.

Thanks again.
Devon.





ABOUT TOWN

- Well done to Meredith Curley (nee Gladish) who along with her staff at 'The Mediterranean' in Mandurah were finalists in the Gold Plate Award under Category 3 Licensed Dining Restaurant—Country. Mystery Diners have been viewing and taking notes over the past month on all aspects of the restaurant from wine staff through to the food presented. Although their restaurant didn't take home the Plate (this was won by Flutes Restaurant in Margaret River) they enjoyed the experience.
- Sincere sympathy to Rosie and Hank Smith and family following the death of Rosie's brother, Brett McWilliam, last week. Our thoughts also go out to Brett's parents, Gordon and Shippey (Oriell) McWilliam, and Brett's other siblings Barbara de Souza and Lindsay McWilliam.
- Condolences also to the family and friends of Normie Oliver who passed away in Bunbury on Friday 2nd November.

HAPPY BIRTHDAY



9th November	Matthew Dowling	15th November	Kevin Seaman
10th November	Jeanette Bennett		Elsie Bishop
	Letty Leo		Chris McEncroe
11th November	Amy Willock	17th November	Clair Cable
	Holly King	18th November	Jessica O'Neill
	Ava Rawlings		Debbie O'Neill
13th November	Royce Taylor	19th November	Quinten O'Neill
	Grant Jenks		Mary Giles
14th November	Lynn Parker	20th November	Trenton King

Fax, email or bring your *About Town* news into the Telecentre. If you would like to share your birthday or anniversary celebrations with us then please fill in the Celebrations book.

Golfing Blind

Collier Park Golf Course was chosen for a very unique and special event. They had been asked to hold the Australian Open Blind Golfing Tournament!

These men and women have 0-10% of their vision and boy are they amazing! They smack the ball 200m down the middle of the fairway, they play better than those who can see.

The players caddies do an exceptional job. They line up their players to the ball, tell them the run of the green and any hazards that stand in their way.

The players would have to have a lot of trust and faith in their caddies. I mean what if they asked for a 7 and the caddy gave them an 8? You wouldn't get away with it as the players know the weight of each club.

I was watching one of the guys hit and as soon as he hit the ball he said, "Terrible shot, way out to the right." Guess what? He was right!

It just goes to show that you don't need your eyes to play golf, all you need is love for the game and a little faith.

Rebecca Reeves

Lake Biddy Xmas Tree

The Lake Biddy Xmas tree will be held on Saturday 15th December, at 5:30pm.

If you are interested for your child/children to be a part of the Xmas Tree celebrations would you like to give Leanne McDonald a ring on 9871 2033.

Also if you have any queries please call. Names must be in by 8th November.

Lake Grace Weather

- Terry Gladish



November Extremes

Highest Monthly Rainfall	130.0mm	1971
Lowest Monthly Rainfall	0.0mm	1966
Highest Number of Rain Days	13	1965
Lowest Number of Rain Days	0	1966
Highest Daily Rainfall	70.4mm	11/11/1971

Date	Min	Max	Rain
24/10	7.8	27.7	
25/10	9.7	30.7	
26/10	13.7	21.3	
27/10	5.0	12.5	1.4
28/10	6.5	16.2	0.6
29/10	2.8	19.0	
30/10	8.5	21.3	
31/10	6.4	21.8	
1/11	6.0	20.2	
2/11	5.4	18.6	
3/11	6.7	23.0	
4/11	8.3	26.2	
5/11	12.2	29.2	
6/11	17.5	28.9	
7/11	13.8		

Proposal for a Lake Grace “Men’s Shed”

The Lions Club of Lake Grace is currently investigating the possibility of constructing a “Men’s Shed” for Lake Grace.

Lions formed a small committee to undertake some preliminary research and the committee recently visited the men’s shed in Darkan. The facility was impressive to say the least.

The Darkan shed and equipment was funded entirely from grants, with the shire providing the land, insurance and some “in kind” works that were costed at around \$20,000.00.

A Men’s Shed is “primarily” built for use by men but in reality it would be usable by the community at large and by supervised children. There are large numbers of men’s sheds in the eastern states and they are now starting to appear in WA. The basic theme behind men’s sheds is to promote men’s health, both physically and mentally and to provide a venue with a non threatening atmosphere for productive and social interaction between them.

The Lions have consulted with the Shire in regard to sites that could be appropriate for such a building.

It is anticipated that a community meeting will be called as early as possible in the New Year to gauge the extent of interest in the proposal. Should there be sufficient interest, a steering committee could be established to move the proposal into the planning stage.

The purpose of this notice is to seek preliminary feedback from the community prior to the community meeting.

Anybody interested in finding out more information or lodging a comment can do so by contacting either of the following:-

Joe McEncroe
Ph. 9865 1863
Fax 9865 1272
Mobile 0427651863
Email: jomac@treko.net.au

Allan Duckworth
Ph 98651235
Fax 98651567
Mobile 04651567
Email: allanduckworth@bigpond.com

The Lakes Link News is Lotterywest Supported!

SAND 'N' SALT

Shop 5, Lakeway Shopping Centre,
22/23 Stubbs Street, LAKE GRACE
Telephone 9865 1465

FASHION FOR THE SALT OF THE EARTH

Rip Curl accessories have arrived!

Eskys, bags, wallets, towels,
lanyards, socks etc.

Come in and have a look.

Early morning

Christmas Remembrance

*Sunday 2nd December
8am at the cemetery*

Bring a chair

Balloons available

Open timeslot for personal input

Tea, coffee, muffins and scones supplied.

*Ring Jeanette Trevenen (9865 1358) or Julie Smith (9865 3058)
if you have any queries.*

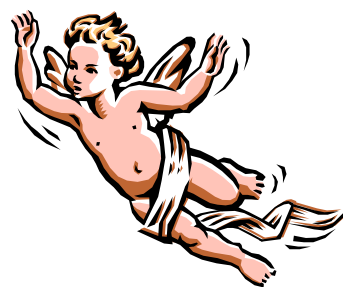


Photo Workshop

On Tuesday 23rd and Wednesday 24th October a group of inquisitive women gathered at the Art Space to learn more about taking better photos with their digital cameras.

How well do we know how to operate our cameras? Do we know our camera and what it can do? It is important to find out what is the minimum focal length. Is it 45cm or a metre? The best way to find out is read the manual something we only do when all else fails and we come to a problem.

The best thing is to play with your camera and get to know what works for you. Very few of us had actually read the manual from cover to cover. Digital cameras are not the best in the dark so we have to be close to the subject we are taking. When we use red eye reduction, it has a small flash before the main photo is taken, let the people know so they realise they have to wait for two flashes before moving off (or pulling a face).

There was discussion about the best lighting, we always put the sun behind the camera (we all know that) but that makes the people in the photo squint. The sun can be at your side when taking photos of people if they are in the shade (so they don't squint), putting the flash on for some light from the front relieves the shadows on their faces.

We all think that our cameras are so smart that we don't change the setting from auto, but it is actually beneficial to get adventurous for that perfect photo. When taking action shots at the sports, use the action setting and for landscape shots use the landscape setting. The camera will then be at its optimum setting to do the best job.

We learnt about focus! Pressing and holding the button half way down enables you to then be able to move the

camera to alter the scope of the shot. This way you choose what's fuzzy in your photo. Focus on a near or far object then move the camera to frame the picture you want, then fully push the shutter.

On Wednesday participants could be seen roaming the streets, cameras at the ready, snapping photos of anything that moved (or didn't). A touch of red, a portrait, a part of, leading lines and a landscape.

After a delicious shared lunch we went through the photos and discussed the lighting, focus, rules of thirds, positioning, and proportions. The best lighting for portraits soft, harsh or front on. Different light gives a different effect.

We all learned something and it was an enjoyable two days. We got more confident with our cameras and will be thinking about what we are taking rather than just using the 'point and shoot' theory as we have done in the past. Thank you to Veana and Coral from Wagin who travelled to Lake Grace for the two day course.



Instructors: Coral Davies and Veana Scott



*Back Left: Jan Roberts, Margaret Dillon, Kerrie Argent, Catherine Hendry, Janine Watson, Jane Bushby, Brock Argent Nicole Argent, Cheryl Chappell, Lyn Whaley,
Sitting Front: Tania Spencer, Veana Scott, Coral Davies, Trish Nicholls.*

YOUTH ADVISORY COUNCIL

On Wednesday 17th October we had a meeting at the Youth Station, with our new Pool Manager Di Rickard in attendance. Di gave us an overview of intended activities at the pool which included Junior Lifeguard Club, Junior water polo and triathlons. Di also showed us some photos and gave a brief outline of 'Awesome Art' a project that she had been involved in previously.

Items that were discussed at the meeting included;

- Youth Week for 2008 is from the 5th to the 13th of April, some activities were discussed and are to be followed up, Awesome Art is a possibility.
- It was decided that for the moment the Youth Station shall continue to be open on Wednesday afternoons and Nadene Owen has volunteered to draw up a roster for the rest of this term.
- Spotlight was suggested for a Friday night activity and will be on Friday the 26th of October to take advantage of those that play basketball being able to attend.
- Members that were involved in welding last term were successful in winning 2nd prize in the 'Tin Horse Highway Competition'. Congratulations to everyone involved, I believe it is on display outside the Kulin Rec Centre so that everyone can appreciate it.

Since the meeting we had an excellent roll up by

members at the Spotlight night, the supervisors were caught by surprise and had to get more food. Many thanks to our supervisors Coralie Pinney, Nadene and Marcus Owen and Kevin Bushby. The next activity will be to make some mosaic mirrors for the pool, this will be done on Wednesday afternoons at the Youth Station.

A decision has been made for Youth Week 2008, there will be a number of activities on during the nine days in April.

Thanks again to Nadene Owen who always seems to make time to fill in for supervisors at short notice, I am sure the members greatly appreciate it, I know I do.

Debby Clarke

YOUTH STATION ROSTER

Every **Wednesday 3:30pm—5:30pm** @ Railway Station Building (excluding school holidays)

14th November	Jane Bushby
21st November	Donna Hendry
28th November	Genni Curtin
5th December	Nadene Owen

END OF SCHOOL YEAR

"Welcome To Christmas"

*A family celebration of
singing and activities*

Sunday 9th December

9:30am

At the

**Uniting Church /
Playgroup Centre**

**All Welcome especially young
and young at Heart**

Morning Tea to Follow



St John Ambulance Association

Annual subscriptions

Annual renewal notices were mailed out last week to all current members. If you have been a member of St. John Ambulance and did not receive a renewal notice in the last few days, then there is every chance that your membership has expired.

Should this be the case then you will need to complete an application form to renew your membership, after which there is a seven day waiting period.

A list of expired memberships and application forms are located at the post office.

Membership fees for 2007/2008 are \$52.00 for a family and \$30.00 for a single. This cost is quite insignificant in comparison to what it may cost you by way of ambulance charges if you are not a member. If you are a member then the cost to you is nothing, even if you or your family needed an ambulance several times in the same year anywhere in Australia.

Your subscriptions go directly to the operation of your local ambulance service. There are no fees sent to head office in Perth. 100% of your money stays locally.

St John Ambulance.....support us so that we can support you and your family.

Lake Grace SJAA

Market Day Wrap up

What a cold winters Day it was on Saturday 27th October for the bi-annual Lake Grace Market Day. However we all rugged up and had an extremely successful Market Day with a total 17 stalls.

Firstly **THANK YOU** from the Tourism Committee and the general community to the Lake Grace Artists Group for allowing us to use the Multi Art Space Centre at such short notice. It was very much appreciated by all who were brave enough to venture out.

Thank you to all the committee members for their help in setting up and running the stalls and cooking delicious scones. Thank you also to Grant Medlen for braving the elements and standing **outside** in the cold, cooking our hot sausage sizzles.

Belinda Bowron for guessing 7050 grains of wheat in a jar and to John deVree for coming runner-up. Each of these winners won a bottle of "Across the Lake" wine. Thank You to Peter and Lyn Taylor for this kind donation.

Also Congratulations to Craig Reeves for guessing 147 frogs in a jar (jelly frogs!!). Glad to hear you are sharing them.

THANK YOU once again to ALL the Stall Holders and Everyone for coming along and supporting the Lake Grace Shire Visitor Information Centre's Market Day.

Our next Market Day will be held in about March 2008. We look forward to seeing you there and are hoping for a bright sunny day!!

Congratulations to the winners of our raffles:

Trish Medlen



Visitors Centre (Stationmaster's House)

Thank you very much to all the volunteers. Any person who can fill the gaps please phone Mary on 9865 1321 or write your name down on the roster. If you cannot do your

specified time please arrange for another volunteer to do your shift. Thank you

On the roster below asterisks (*) denote time slots. The first time slot generally is 10am to 1pm, the second time slot generally is 1pm - 4pm.



Beat the Christmas Rush
Buy your Christmas Gifts at the
Visitor Information Centre TODAY

November 2007 - Roster for Lake Grace Shire Visitors Information Centre

Mon 12	Tue 13	Wed 14	Thur 15	Fri 16	Sat 17	Sun 18
* Bill Jenks *	* *	* Phyl Dunham *	* Henk Doelman * Elsie Bishop	* Trish Medlen *	* *	* *
Mon 19	Tue 20	Wed 21	Thur 22	Fri 23	Sat 24	Sun 25
* Bill Jenks *	* *	* Shirley Altham * Phyl Dunham	* Henk Doelman * Betty Daly-King	* Trish Medlen * Irene McGlinn	* *	* *
Mon 26	Tue 27	Wed 28	Thur 29	Fri 30	Sat 1	Sun 2
* Bill Jenks *	* *	* Phyl Dunham *	* Henk Doelman * Elsie Bishop	* Trish Medlen *	* *	* *

**GET ALL YOUR CHRISTMAS
GIFTS AT THE LAKE GRACE SHIRE
VISITOR INFORMATION CENTRE**



LAKE GRACE HOSPITAL

providing **24 hour emergency health care services** to Lake Grace and the surrounding district

TEL: 9890 2222 FAX: 9890 2202

Rural Men's Health

Wednesday 21st November:

"Men's Health - Working Safely and Fatigue"

7.00pm – 8.30pm

Lake Grace Hospital
Relatives Room



This videoconference is brought to you by Wheatbelt Population Health in Partnership with Wheatbelt Men's Health Inc.

The sessions are provided **free of charge** at Health Department videoconference sites and participating Wheatbelt Telecentres.

The presenter will be well known Men's Health specialist and regional identity **Julian Krieg**, who has been working successfully with rural communities in the Wheatbelt over recent years.

RSVP if possible to ph: 9890 2222

This session will also be recorded if you are interested in watching it at home.

Visiting Allied Health Staff:

Physiotherapist—now visiting lake Grace fortnightly.

We also have the Occupational Therapist , Speech Therapist , Asthma Educator and Dietitian making regular visits.

To make an appointment with any of the above health staff call Narrogin Primary Health on ph: 98810385.

Breast Cancer Awareness

The culmination of Australia Breast Cancer month is Australia's Breast Cancer Day on **Monday 22nd October 2007** which is advertised as "**Pink Ribbon Day**".

Remember you can phone for a **FREE** screening appointment on **13 20 50**—to attend either metro locations or mobile vans in rural locations.



Swimability dates:

The hospital van will travel to Narrogin Leisure Centre on November 12th and 26th November. Call the hospital if you would like to be a part of this hydrotherapy exercise program, so an assessment can be arranged for your eligibility to attend the program.

Immunisation:



Lake Grace

Thursday 29th November

9:30-11:30 am

Lake Grace Medical Centre

Newdegate

Wednesday 5th December

10:00—11:30 am

Newdegate Surgery

NB: Bring your book and Medicare Card.

*For any Child Health queries call
Elizabeth Trevenen ph: 9890 2246 .*

District Health Advisory Committee

Any interested community members are requested to consider joining this committee. DHAC meetings are held in Narrogin bi-monthly.

Further information is available from:

June McEncroe

Health Service Manager

Lake Grace Hospital

Lake Grace Ladies Annual Christmas Concert 2007

Still Looking for a group to host this year....

It is nearly time for the 2007 concert (hosted last year by the Hospital Staff).

* Could any group that is able to host this year please contact the hospital.

* We have all the information required - it really is quite easy!

This is a very enjoyable night, so we are hoping someone out there will take it on.



Bogus Bank Email Warning

The State's Consumer Protection watchdog has itself been the recipient of bulk scam emails from persons representing themselves as major banks, requesting personal account information.

Emails using the corporate identities of major banks requesting account numbers and personal identification numbers (PIN) have also been received by large numbers of consumers in the regional Western Australia.

Your bank will never ask you for sensitive account details via an email.

With each new development in online and telephone banking, criminals are hard at work trying to find 'cyber' ways to defraud people of their money.

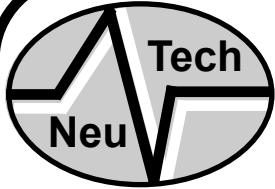
A good rule of thumb is never respond to emails or phone calls asking for your personal banking information. Contact or visit the bank yourself because you then know whom you are dealing with.

These bogus sites look legitimate and ask consumers to enter their personal details on a "log on" panel. Scammers can use this information to break into your account or set up other accounts.

Do not be fooled by the scam operators' warnings that your account will be closed if you fail to confirm your details, instead send the shonky email to us.

- Never give personal information to people calling claiming to be from a bank. Make a note of the incoming number if you have caller-ID and hang up to call the bank yourself to verify;
- Never respond to emails or 'click' on links provided in emails. Always manually type in your bank's web address or use your own address book;
- Do not respond in any way, even to tell them what you think of them, because it confirms your active email address and you can expect more fraud attempts and spam;
- Report suspicious calls and emails to WA ScamNet on telephone 1300 30 40 54 or forward your email to wascamnet@docep.wa.gov.au.

More information on this and other consumer issues is freely available by calling Consumer Protection on 1300 30 40 54 or by emailing asmith@docep.wa.gov.au



NEU-TECH AUTO ELECTRICS

FOR ALL YOUR ELECTRICAL NEEDS

Stubbs Street, Lake Grace Phone: 9865 1164 Fax: 9865 1543



In the last 6-8 years there has been a revolution in lighting with HID worklights/spotlights and LED clearance/marketing lights.

LED stands for Light Emitting Diode which is the key difference between them and a standard globe. A standard globe has a filament which is prone to breakage due to voltage spikes, vibration or fatigue.

LED lights are set in circuit boards, stabilised by resin and sealed in tough polycarbonate housings. Because of this, their service life is greatly increased meaning no more changing globes, tightening holders and cleaning corroded connections. Another major advantage of LED lights is some models are dual voltage, meaning they can be fitted to trailers and connected to a 12V or 24V prime mover.

So as you can see LED lights are a very practical and sensible upgrade for any vehicle or implement requiring improved and reliable visibility. Several different manufacturers are making all different types and styles of LED lights, making them economical to purchase as well. Compact models are available for box and boat trailers which seem to always have one light not working.

Call in and see Ross, Bob, Aaron or Peter and see why LED will save you time and money in the long run.





NIGHT WATCH



Welcome to Night Watch for the fortnight, from midnight Friday 9th November to midnight Friday 23rd November. Astronomy is looking up. Never look at the Sun without the proper solar filters and preferably one that fits over the skyward end as your eyes can easily and quickly be damaged beyond repair. All times are daylight saving.

LEONIDS METEOR SHOWER: The shower is from Wednesday 14th to Wednesday 21st, with the maximum of around 1000 meteors per hour on the morning of Saturday 17th. The constellation of Leo rises at 3am in the east with the meteors in the head of the lion which is shaped like a hand sickle, but is back to front and upside down. The downside of this meteor shower is that it may happen before we see the constellation, but the chance is worth all the trouble if we see it happen.

There will also be meteors in the Taurus constellation of 5 per hour on the Monday 12th. Taurus rises at 10:30pm in front of the Orion Constellation (the saucepan). The meteors happen near the seven sisters open star cluster.

Our local star, The Sun, remains in the constellation of Libra this fortnight and is giving off light at magnitude -26.72 which arrives 8.5 minutes after leaving the Sun. Morning twilight on Saturday starts at 4:31am with evening twilight finishing at 9:10pm. On Friday 23rd, morning twilight starts at 4:20am with evening twilight finishing at 9:26pm.

The New Moon on Saturday will occur at 7:53am in Libra. On Monday 12th in Scorpius, the Moon will be 0.4° (very close), to the red supergiant star, Antares which denotes the heart of the scorpion. The 1st quarter Moon will be at 7:22am on Sunday 18th at magnitude -6.0 in Capricornus.

MERCURY rises at 5:16am on Saturday in the constellation of Virgo in the morning twilight shining at magnitude -0.5 with an 82% disc. On Sunday 18th in Libra, Mercury rises at 5:14am at magnitude -0.7. Mercury on Friday 23rd rises at 5:16am well before the Sun at 5:55am.

The very bright planet **VENUS** in the constellation of Virgo, shines at magnitude -4.3 and rises at 3:57am on Saturday morning. On Friday 23rd Venus, still in Virgo, rises at 3:47am.

MARS the red planet in the constellation of Gemini rises on Saturday at 11:45pm and can be observed until morning twilight on Sunday with a 94% disc and at magnitude -0.8. On Friday 23rd, Mars rises at 10:55pm at magnitude -1.0. Mars now shows several albedo features.

JUPITER, the giant gas planet in the constellation of Ophiuchus (the serpent carrier) sets at 10:17pm on Saturday at magnitude -1.9 in the west. On Tuesday 13th Jupiter will be 5° (about 3 fingers at arms length) north of the Moon. Jupiter sets at 9:38pm on Friday 23rd.

SATURN, the ringed planet in the constellation of Leo at magnitude +0.8, rises at 2:53am sitting just to the right of the sickle asterism between the lions front and rear legs. On Friday 23rd Saturn rises at 2:04am. Saturn's rings tilt at just 7° to our line of sight.

The two gas planets Uranus and Neptune will be too hard to find with the Moon in the night sky. On Saturday 10th the Moon is in Libra at 0% and on 11th at 1% disc, 12th in Scorpius at 3%, 13th in Ophiuchus at 7%, 14th in Sagittarius at 12%, 15th at 19% and 16th at 28%, 17th in Capricornus at 37% and 18th at 47%, 19th in Aquarius at 58%, 20th in Pisces at 69%, 21st at 79% and 22nd at 87%, 23rd in Aries at 94%. This will help you identify the different constellations as the Moon moves into the evening and night sky. The Moon can be very good viewing as the Sun filters through mountains, valley's and craters.

This is the last month to view Jupiter as it will start to sink towards the Sun at the end of the month. On Saturday night the square of Pegasus will be direct north at 9:15pm at around 45° from the horizon.

If you would like to view the Sun, Moon, Nebulae, double stars and galaxies and Constellations pointed out please ring for a time for booking (viewing is free). Also please ring for any information or anything that needs explaining.

Maurice Gilson.

Amateur Astronomer,

16 Clarke Avenue Lake Grace.

Phone: 9865 1516. Email: mgi11687@bigpond.net.au

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
10/11	6:02am	7:39pm	5:45am	8:10pm	17/11	5:58am	7:45pm	11:47am	1:05am
11/11	6:02am	7:40pm	6:21am	9:07pm	18/11	5:58am	7:46pm	12:50pm	1:38am
12/11	6:01am	7:41pm	7:03am	10:04pm	19/11	5:57am	7:47pm	1:54pm	2:09am
13/11	6am	7:42pm	7:51am	10:56pm	20/11	5:57am	7:48pm	2:59pm	2:39am
14/11	6am	7:42pm	8:45am	11:44pm	21/11	5:56am	7:49pm	4:06pm	3:09am
15/11	5:59am	7:43pm	9:44am	D.N.S.	22/11	5:56am	7:50pm	5:17pm	3:42am
16/11	5:59am	7:44pm	10:45am	12:27am	23/11	5:55am	7:51pm	6:32pm	4:18am

It's Movember!

If you notice things are a little hairy around Farmworks you may think the staff have lost their razors, mirrors and minds but they're simply going all out to celebrate MOVEMBER!

Movember is a charity event held during November each year. At the start of Movember men register with a clean shaven face. The Movember participants, known as Mo Bros, then have the remainder of the month to grow and groom their moustache and along the way raise as much money and awareness about male health issues as possible.

But it's not all fun and games, so why the extreme behavior? Which ever way we look at it, men are far less healthy than women. The average life expectancy for men is five years less than for women.

Why is this so? Because men have a 'she'll be right' attitude toward their health and are reluctant to see a doctor about an illness or to go for regular medical checks. The aim of Movember is to change these attitudes, make male health fun by putting the Mo back on the face of fashion and in the process raise some serious funds for key male health issues such as prostate cancer and male depression.

Every year in Australia 2,900 men die of prostate cancer, equivalent to the number of women who die from breast cancer annually. Male depression, a silent

assailant, affects one in six men at any given time, but most don't seek help. Men access health services 30 to 40% less than women. This resistance makes the prevention and early detection of many common diseases far less effective than it could be.

The money raised by Movember is donated to the Prostate Cancer Foundation of Australia and beyondblue - the national depression initiative, which will use the funds to create awareness, fund research and increase support networks for those men who suffer from prostate cancer and male depression.

The Movember Foundation is a registered charity that has Deductible Gift Receipt status approved by the Australian Tax Office. All donations are tax-deductible to the extent permitted by law. A receipt will be sent by email and is available for download.

Currently there are eight staff and clients of Farmworks taking part in Movember, if you would like to sponsor these mo growers, drop into Farmworks, check out the growth and hand over some dollars. If you can't get to town then simply donate online by going to www.movember.com.au and follow the prompts. Your generosity could benefit someone you care about down the road. Participants are Peter Stoffberg, Alex Reeves, Leon Clarke, Dean Carruthers, Mark Pearce, John Hendry, Scott Strevett and Dennis Gittos.

FARMERS CENTRE (1978) LAKE GRACE

**WIN A KIDS
RIDE-ON TRACTOR
WITH AKCELA OIL**



Simply purchase any AkcelA Oil product, for your chance to WIN this genuine CASE IH ride on toy tractor from Farmers Centre (1978) Lake Grace.

AkcelA Products available

- **Hy-tran Ultra**
- **Gear 135H EP**
- **Engine Oil 15W-40**

Also for the kids we are running a colouring in competition where the winner will receive a small scale replica CASE IH toy. The competition is open to all children 10 and under.

So come and grab a form from Farmers Centre Lake Grace. Alternatively we can fax or email one to you!

Phone: 9865 1134 Fax: 9865 1327 Email: fclkg@westnet.com.au

LoadNet - *Quick Workshops*

How to access a LOAD of information during harvest.

Aim/Objective:

Loadnet was created by the CBH Group to provide growers with the ability to access basic load delivery details during harvest via the internet. Since its inception eight years ago, Loadnet has continually developed to provide greater functionality to growers which include features such as grain quality summaries, access to grain payment paperwork, daily grain prices, local CBH site information, an online grain contracting service, warehouse/suspense transfers, grain delivery histories, downloadable forms and documents and loads more.

The CBH Group would like to conduct one hour workshops at local telecentres/schools to demonstrate the features of Loadnet so growers can extract the maximum value out of their grain delivery information in a time efficient manner.

Provider's resources:

The CBH Group will help organise a suitable venue such as a local telecentre/school which will enable each participant to have a computer and internet access so they can logon to Loadnet using their own username and password.

As numbers will be limited to the number of computers available at local venues, 2-3 workshops can be arranged for the same day.

The CBH Group will cover all costs in relation to venue hire, refreshments and any workshop materials.

Grower group's resources:

To provide times and dates for the workshops that are most suitable to their members.

Workshops can be conducted anytime between November 2007 to March 2008.

Contact person:

Name: Jacinta Falconer
Organisation: CBH Group
Phone number: 0429 102 093 or 9237 3759
Fax: 9322 5387
Email: Jacinta.Falconer@cbh.com.au



Do you need housing finance?



Country Housing Authority has been providing housing finance to farmers and businesses for over 30 years.

WE COME TO YOU!

Call our friendly staff on 1800 158 200 or visit www.dhw.wa.gov.au



WILL YOU BE READY

Easter *Saturday 2008*

Note Easter Saturday is 22nd March 2008



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

Farewell

Leaving the Shire this week are CEO, Chris Jackson and Manager of Works, Glen Brigg.

Chris is taking his family north to fairer climes at Broome where he will be taking on a position with the Shire of Broome.

Glen, Kathy and Jesse are returning to Queensland where Glen will be taking on a position within the private sector.

Councillors and staff wish both Chris, Glen and their families the very best in their new ventures.

New Faces

With the mass exodus of senior staff we will have some new faces at the Shire until the positions of Manager of Works and CEO are filled.

Jim Fraser, current Manager Community Services will be taking on Acting CEO.

Lance White, recently with the Shire of Ashburton, will be Acting Manager Community Services and Alan Haslett will join the Shire as Acting Manager of Works and Services.

Dog Registrations

2007 dog registrations expired on 31st October. If you haven't received your renewal notice please contact the Shire office to have one printed.



The **Audit Committee** meeting scheduled to be held in Newdegate on the 28th November has been **postponed** until further notice.

RATES

As you would be aware the due date for the second instalment payments of rates is 9th November 2007.

To those of you who may have misplaced your notice, had the cheque lost in the mail, are suffering financial hardship or simply forgotten to make payment please contact Danielle Robertson at the Shire Office on 9890 2500 as soon as possible to make arrangements for payment.

For any other queries about your rates assessment please don't hesitate to contact the Shire on 9890 2500.

Actions from Last Council Meeting

- Tender for construction of kit homes in Lake Grace and Newdegate accepted.
- CBH Accommodation Units planning approval granted.
- Waste Collection services contract transferred to Great Southern Waste Removals.
- Received minutes of Annual Electors Meeting.
- Ownership of Lake Grace Community Bus transferred to the Shire with the Shire assisting in the funding application for a new bus.

Australia Day Awards 2007

Council invites you to nominate an outstanding individual or group for this year's Active Citizenship Australia Day Citizenship Awards.

Awards will be presented in the following categories:

Australia Day Active Citizenship, Australia Day Young Citizen & Community Event/Group of the Year

Nominations for the 2008 Awards close on Friday 23 November 2007
Nomination forms are available from Jeanette at the Shire ☎9890 2500
or online at www.ausdaywa.com.au



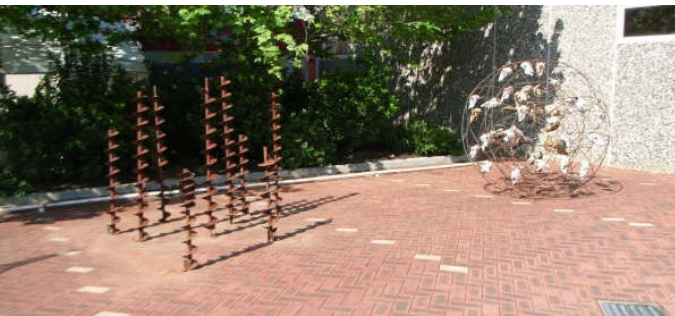
LAKE GRACE ARTIST'S GROUP

We've been very busy this month with a number of events on. Hope you all had a chance to get in and see the Community Exhibition. We had a total of 498 people through the doors in just over two weeks. Visitors from afar are amazed to see such a vibrant community arts centre, and give us great encouragement to keep going. We are beginning to get tour buses stopping at the Artspace now.

This month Master Crocheter, Phyllis Dunham, showed a few of us how to make the transition from the chain stitch to the treble and complete a granny square during our mini workshop on Tuesday 21st October. Phyl's main tip is "Don't despair if you end up with a scrabbly mess, it is so easy to pull undone and start again! From one who is expert at just doing that, I know what she means!

Phyl very patiently guided us through counting stitches and rows, turning corners, telling a double crochet from a treble, and changing colours. Phyl would be interested to teach anyone else who wants to learn to crochet, she has a couple of names so phone her and she will arrange a time.

Visitors to the Royal show may have seen sculptures (pictured below) from Kerrie Argent and Tania Spencer located near the main administration block behind the Photography display building. This is a new venture for the Royal Show and we were privileged to be asked to place work there. The theme was to create works that reflect a rural outlook by materials or subject matter. As the feedback was positive, this possibly will become a larger event in years to come.



The long awaited Photography workshop with Veana Scott and Coral Davies was finally held on the 23rd and 24th October. It was well attended and all participants learnt a great deal. Both Veana and Coral enter professional competitions and showed us many award winning examples of their work. They are also members of the West Australian Photographic Federation and the Western Australian Judges Association, so we were in good hands. If you overhear someone muttering gibberish like "1/3's" or "don't cut limbs off" or "leading lines" while taking a photo, you know they went to the workshop and are applying their newly learned skills and are not quite bonkers yet! The ladies covered a range of subjects from tips about the camera like controlling auto focus, knowing the focal length of your camera to light and your cameras programmed settings. Also covered was composition of landscapes, people/portrait shots and working with large groups. See Cheryl's article (page 8) for more information.

Five members of the artists group were fortunate to gain grants to attend Pulse - the State Arts Conference in Denmark. This is where arts volunteers and professionals go to charge up their creative juices and learn about what is going on elsewhere in the state. It provides us with an opportunity to network, learn, be challenged in our community art practice through a range of workshops in skills, debates, discussions, management practice, cultural strategy and be thoroughly entertained by another arts community. Denmark's specialty is its performance art and we were treated to modern dance against the stunning backdrop of the Wilson inlet one morning and another modern dance with a film background that was choreographed by Chrissie Parrot. We were also entertained by a number of bands and singing groups. Great stuff.



Former Lake King resident, Mark Hewson, had glasswork on display at Torbay while we were at the conference.

The Film and Photography exhibition opened on Friday night and is on for at least the next two weeks, the opening times are 10-4pm including Saturdays and Sundays. Please take the time to pop in and have a look around. We have photos from the Lake Grace Youth Advisory Council (YAC) members from the

LAKE GRACE ARTIST'S GROUP *(CONT.)*

National Youth Week theme "Launch Yourself". These photos were taken with disposable cameras in a workshop with Kerrie Argent in April and cover a range of activities the kids encounter in their daily lives.



Tania Spencer and Debby Clarke at the opening of the Film and Photo Exhibition.



Sandra Richter and Elizabeth Spencer at the opening of the Film and Photo Exhibition.

The YAC students also have their two short films "The Case" and "A Broken Promise" for you to view. These have both been short listed for a worldwide Film Festival in Korea. Visitors are taking great delight in watching these films. Also on show are photos from the general community and the Lake Grace Artists' Group short film, titled "A Pinch of Salt" – Cooking up a Legend. This is a mockumentary based on the Two Fat Ladies Cooking Show and has been short listed for a film festival in Mandurah.



Black and white does not do justice to Greg Meston's sunset over the flood photos.

The November 18th activity is making a stretched canvas to paint on. We are planning an exhibition early next year where these can be exhibited if you want to. The theme and format are yet to be decided on, so please come along, make a canvas and exhibit with us, new members are always welcome. No experience is required as we will teach you all the skills needed. Please phone Anna on 9865 4023 to book. For further information phone Kerrie Argent on 9865 4042 or Tania Spencer on 9865 1339.

Tania Spencer

Lake Grace Sportsman's Club

will be holding a
BINGO night
on

Friday 7th December.
7:30pm start.

Children under the age of 12 are
not permitted to participate.

32

17

45

68

9

Travel Diaries

We continue on from Day 58 of Joe and June McEncroe and Helen and Clem Bennett's travels through Africa, Barcelona and Egypt.

Day 58

It was Saturday and the last day of our tour. The last official venture is to be to the Egyptian museum. Boarded our bus and met up again with Salib who was our guide to the Pyramids of Giza. Salib was an Egyptologist and very passionate about his country and his work. The museum is located in the CBD which isn't a lot of directional help to anyone trying to find it, as Cairo is so huge. The museum is staggering in every aspect. It attracts 125 million visitors a year which means around 45,000 a day in the high season, luckily we were in the low season and there would only be about 25,000 this day – what a relief that it won't be crowded. We were told that there are about 40 million exhibits in the museum and that it would take a person around nine months of continuous viewing to see everything, if he/she allowed one minute for each item. We only had less than three hours to try and do some sort of justice to this magnificent display, so we were lucky to have a guide of Salib's experience and knowledge. He was a veritable fountain of information, continually conveying interesting facts while leading us to many of the absolutely "must see" exhibits. One such exhibit was a 7,000 year old mummy which Archaeologists have recently conducted DNA tests on. They discovered that the man had lived for 88 years and died of natural causes. They also discovered that he had leukaemia at around 40 years of age but of even more interest was the fact that he had recovered from the illness by way of building up a natural immunity. Tests are continuing in the hope that a cure may be found for current day sufferers.

In the years before its decline, the Kings and the High Priests enjoyed a "Love – Hate" relationship. The Kings needed the priests to enable them to enter the after life, while the priests needed the Kings for security. During it's time as a power, Egypt and more particularly the High Priests had an amazing knowledge of Science, medicine and engineering etc. Unfortunately most (if not all) of this knowledge was lost to humanity when one of the kings had all the High Priests assassinated and with their deaths, so ended the Egyptian empire as most people remember it.

There were so many phenomenal exhibits, far too many to describe but there were a few stand outs. The first one was a life size human statue that was carved out of diorite. Normally one would think, "Oh well just another statue amongst hundreds", but when you are advised that diorite is the hardest stone on earth other than diamond, you start to wonder how such a perfect shape could be carved. Only diamonds were capable (as we know it) of cutting this rock and the closest diamonds were located in the extreme south of the African continent – the mind boggles.

Next was the collection of mummies that were on display. These were 11 Kings and Queens ruling Egypt between 1552 and 1069 BC. They are back on display

after 15 years of being hidden away, due to Islamic disapproval to showing the dead.

The last and without doubt the most spectacular, was the special room to exhibit the treasures of King Tutankhamen. Everywhere you looked it was gold, silver, exquisite jewellery and of course there was the famous golden mask. We were told that there was two tonnes of 24 carat gold found in Tutankhamen's tomb with around a tonne of it being part of his casket. This once again begs the question – how did they mine such huge quantities of this precious metal?

With such wealth within the museum walls, the security was massive and after closures a small army of heavily armed security officers would enter the building and patrol it until opening time resumed.

Unfortunately cameras were an absolute "no – no" inside the museum, so everyone will have to take our word for what's been stated, or better still see it for yourselves.

On leaving the museum, 10 of the group elected to wander around the city a little more but this time we were on our own as our tour with the Imaginative Traveller had now officially finished. June was elected the new Tour Leader with her first duty to find one of the restaurants recommended in the Lonely Planet Guide Book – this she did with aplomb.

After partaking in a very enjoyable lunch, the group split and went in separate directions leaving the four Lake Grace-ites to fend for ourselves, something that we had become reasonably adept at over the last 58 days. We jumped into yet another bucket of bolts taxi and headed to the Egyptian Bazaar. We had heard from one of the other couples that it was "the pits" but they must have gone to a different market as what we saw was really good – the girls liked it, so it must have been OK. A couple of hours of feverish last minute shopping ensued and at the same time trying to work out how much Egyptian money we would need to retain to get us through the last of our time in Egypt – lucky they take credit card even in many of the market stalls. Finished the shopping then it was back to the hotel for a brief respite and a change of clothes before our last meal together as a group – minus Meg who had already left the country. It was a great night at a restaurant/night club that didn't finish until well after midnight – lots of dancing, singing, joke telling and very good general merriment.

Day 59

Our last day in Egypt and we started it with a bit of a sleep in which was sorely needed. Met up with a few of the group at breakfast, and then spent the latter part of the morning saying our farewells to those needing to catch flights to other destinations or sadly for them "Back to Work"!! The group has been great and it's quite sad to think that it is very unlikely that any of us will meet again, although there has been a fair degree of emailing taking place along with the inevitable exchange of photos since we split up. Also, during the morning we caught up with our esteemed Tour Leader "Mike", said our farewells and gave him our tip – and it

Travel Diaries *(cont.)*

wasn't "be good to your mother" !!

After all the departures we walked downtown and found an internet café. We then had a lunch of all our left over bits and pieces on the hotel roof – Clem and Joe even managed to find a couple of beers.

That afternoon we decided we would do our last touristy thing and caught a taxi to visit what is called "the Citadel". The building of the Citadel was commenced in 1176 and is basically a massive walled city. It was built on a hill and it was fascinating to try and absorb the sheer size of Cairo when we were looking out from one of the observation areas. It is massive and because of this it sits in a constant haze. While we were taking this all in, the "call to prayer" started to ring out from the multitude of mosques that could be seen everywhere throughout the city – it was quite a surreal experience. It was a like a massive musical stereotype.

Within the walls of the Citadel sits a huge Turkish style mosque, built in the 19th century which dominates the skyline with its four 86 metre high turrets. Also within the walls was a very large military museum which displayed most things that one would expect to be associated with war, including tanks, fighter planes and cannons of all shapes and sizes.

That night we had arranged to go on a boat cruise including a meal and entertainment.

A taxi was organised to take us to the boat and wait to pick us up after the show – you would have to mortgage your house to get that sort of service in Australia.

The meal was a smorgasbord and part of the entertainment was a belly dancer who was a bit disappointing as she didn't have the voluptuous build or enthusiasm to do the dance justice. She spent most of her time posing for photo's with people to create another little money spinner when they would try to sell the photo to you as you were getting off the boat. The other entertainer was a sufu dancer (described in day 49) who was simply fantastic – how anyone can twirl around at a continuous breakneck speed for 15 minutes or so as this guy did is simply astonishing.

The meal and the show from go to wo took around two hours and when we got off there were loads more people waiting to get on for the next show. The crew only had a matter of minutes to get our lot off and then start boarding the next lot.

Day 60

Up at 4.30am to catch a taxi to the airport. Joe left his oldish pair of joggers for one of the porters – you could have been forgiven for thinking that he had given him a new Mercedes, he was so grateful. The drive to the airport was quite quick as the traffic was light at this time in the morning – it certainly wasn't the Cairo we had come to know. The taxi driver was a friendly chap who knew enough English to hold a basic conversation, so that was a nice lasting memory of Egypt.

Impressions of Egypt.

An amazing country, with a staggering amount of history. The topography was at times surreal by way of its extreme contrasts. The people were not as we had expected, in that they were generally friendly. Many had

a sense of humour and spoke enough English to get by. There were obvious cultural and lifestyle differences but this generally made the tour more interesting and made you get out of your comfort zone. All in all a country well worth a visit but from what we have heard not in their summer season, which we were told can get unbearably hot.

Thank you Egypt for a wonderful two weeks it was **Ta-man** (great).

Our flight to Heathrow was about six hours and we arrived late in the morning. We had a 10 hour stopover in London so we grabbed some English pounds from an ATM and exchanged our remaining Egyptian pounds and headed for the Underground to catch a train into the big city. It was Easter Monday so the train was not crowded and it was great to sit back and watch the London suburbs go by. We arrived at Piccadilly station and ventured up to ground level via the multitude of steps and escalators. Clem had picked up a bit of a tummy wog and wasn't feeling too good but he had not been to England before and he certainly wasn't going to let that stop him having a brief look at one of the most famous cities in the world. It was a beautiful sunny day and the Poms were out in force enjoying themselves, some of the guys even had their shirts off – thank heavens we all had our sunglasses.

We walked around for about four hours and saw a few notable things, such as, St James' gardens, Buckingham Palace, Big Ben, the river Thames, Westminster Abbey and much more. Stopped at Covent gardens and took in the markets, then watched a very clever busker do a complicated Houdini trick extricating himself from an impossible situation.

Had a bite to eat and a round of drinks at a London pub - it cost 40 pounds which we thought was OK but when converted it to Aussie dollars it came to \$100.00 and we were only there for a blink of an eye. A great place to visit if you can afford it.



Helen and June at Trafalgar square

Then it was back onto the train to Heathrow to catch our flight home to Perth via Singapore. The flights home were very long but we did manage to get a bit of sleep

Travel Diaries (cont.)

mainly due to having an extra seat to stretch out on!. The last flight from Singapore was with Qantas and June reckons that they are the best airline of any that we travelled with.

Arrived at Perth at 12.30am and although it was great to be home we are disappointed to find that Perth had by far the slowest baggage handling of any airport we had been to. It took us over two hours to collect our baggage, then get through customs and quarantine. You realise just what a sleepy hollow Perth is at 3.00am on a Wednesday morning in comparison to some of the other cities that we had visited.

Holiday impressions

It would be extremely difficult to try to categorise one country or place as the best as there were so many highlights. Each country had its attractions and each held its own fascination with its flora, fauna, topography, religion, cuisine and lifestyle.

Living in Australia which is so remote from the rest of the world, makes it very expensive to travel to virtually every other country on the globe, so if your going to have a look around it made sense to us to take in as much as we could while we had the opportunity and the energy. When you speak to people from England and Europe etc. it is just so easy and cheap for them to travel as they can be in a multitude of different

countries in the time it would take us to fly from Perth to Albany.

Anyhow there endeth the trip notes. It is hoped that they made some sense and that they brought some enjoyment to those having (or taking) the time to read them.

As we close the notes, there is just a faint embryo of an idea evolving for the next place of mystery to visit.

*Until the next time it's Masa Lama from:-
Helen, Clem, June and Joe.*

FREE Skin Checks

Thursday 29th November

Do you have suspicious moles/marks on your skin? Dr Kanodia will be offering free skin checks on the above dates

Please phone the Lake Grace Medical

Centre on 9865 1208 to

make an appointment.

Narelle's BodyWork Massage



A massage that can actually release the tension and aid with emotional and physical ailments. This cutting edge therapeutic massage can help treat anxiety, depression, stress and can assist in healing back pain, various injuries, repetitive strain injury, pinched nerves, sciatica, muscular spasms, aches, pain, stiffness, migraines, arthritis, and some forms of immobility.

Massage can help create a powerful change in lots of peoples lives, young and old because it improves circulation which can help towards maintaining a more supple body. A supple body is a better body because you're more inclined to exercise or be more active. This can lead to higher energy levels and a happier well being.

90 minute full body massage (including abdominal and stimulating foot massage) - \$65.00

45 minute soothing foot massage incorporating basic reflexology - \$35.00

Gift Vouchers Available



To book an appointment call Narelle Bird on

☎ 9865 1119 or 0428 851 852

Everything your sheep need in one easy feed.



Stock Available
NOW
from
Jerramungup
Katanning
Narrogin
&
Welshpool

EasyOne

Maximum weight gain, minimum fuss.

EasyOne is a no fuss performance feed from Milne Feeds that is completely safe and provides the benefits of grain.

EasyOne requires no adaptation – sheep are on full feed from Day 1 and therefore can reach a heavier weight earlier.

No additional roughage is required, adding value by saving time, labour and investment in capital equipment.

The technology used to produce EasyOne makes the stored nutrients more readily available for sheep growth and modifies rumen acidity, ensuring sheep grow faster without the stress from eating traditional full grain rations.

Give your sheep everything they need in one easy feed – feed EasyOne.

Stocks now available from:

Jerramungup - contact Sandy & Allan Forbes, 0447 993 256

Katanning - contact Donna Amato, 9821 2399

Narrogin - contact John & Doreen Patmore, 9883 6080

Welshpool - Dean Maughan on 0419 047 417 for more information

MILNE Feeds

GREAT FEED SOLUTIONS

EasyOne

MILNE FEEDS (A PART OF MILNE AGRIGROUP PTY LTD) 103-105 Welshpool Road Welshpool, Western Australia 6106
Telephone (+618) 9351 0700 Facsimile (+618) 9351 0705 Email enquiries@milne.com.au Website www.milne.com.au

Maximum weight gain, minimum fuss.

Save Water...It's Up to All of Us!

Perth is experiencing its driest years since rainfall records commenced in 1876. This has impacted on stream flows into our dams and the recharge of groundwater aquifers.

In 2001, two-day-a-week water restrictions for the Integrated Water Supply Scheme (IWSS) were put in place to assist the recovery process of the dams.

Since the introduction of the two-day-a-week sprinkler roster around 45 gegalitres (45 thousand million litres) are saved each year. Given this success it was decided that watering rosters should become a permanent feature of scheme water management in Western Australia, and the use of groundwater from private bores should also become more water efficient to conserve our precious resource.

The new water efficiency measures include implementing a permanent watering day roster for scheme water users across Western Australia. The creation of two permanent state-wide watering roster zones – defined by one east-west boundary line on a map of Western Australia below Kalbarri and Kalgoorlie came into effect on **1 October 2007**.

The watering rosters were determined considering a

number of factors including water saving potential, soil types and experience over several years. Garden experts agree that these measures will allow a waterwise garden to remain healthy all year round. Information on waterwise garden case studies in each region will be available to review from 1st December 2007 on the Water Corporation website.

All communities in Western Australia south from Kalbarri and Kalgoorlie are now subject to a two day per week watering roster. Your watering days are determined by the last digit of your house or lot number. The roster is printed on the back page of the Lakes Link News. You can only water your garden ONCE on that day, either before 9am or after 6pm.

Daylight saving time will not affect the allowed garden watering times. Gardens can be watered by reticulation on your allocated days during either the morning (before 9am) or the evening (after 6pm). You may need to adjust your reticulation system if it is set close to these times.

For more information on watering days, visit <http://www.waterwisewaysforwa.com.au>.

Pingrup MAINTENANCE SERVICE

All Types of Paving work

All Types of Brickwork

Colour bond Fencing

Patios

Gyprock Work

Internal & External Painting

Roofing Re-sheeting Tiles off / Tin on

General Improvements & Alterations

Wall tiling

Floor Sanding

Sealing & Polishing

Contact Gib

98 201 090 or 0427 201 094

Bean Woods Chiropractor

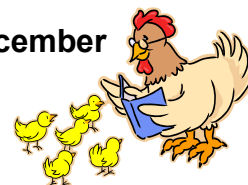
Will be at the
Lake Grace Medical Centre on
Thursday 15th November

Phone 9881 4724
for appointments.

Blechynden's Poultry Tel. 9846 6055

Hens Free Range Isa Brown
\$5 each, 10 for \$45 or 30 for \$105.
Pullets, ducks, AVL

Delivered Friday 14th December
to Lake Grace, Pingrup,
Kulin, Dumbleyung.



Westnet brings Award Winning Customer Service to Satellite Broadband market in Lake Grace region.

Westnet's new two-way satellite broadband plans will waive basic set-up fees for eligible customers that usually cost up to \$2,750. The free basic set-up offer for eligible households is made possible as part of the Federal Government's *Australian Broadband Guarantee* scheme to encourage the uptake of high-speed internet services throughout regional Australia.

Through an agreement with IPSTAR, the satellite broadband wholesaler, Westnet will now provide high speed satellite services to households in regional areas, in addition to certain locations in metropolitan centres not served by ADSL and Wireless.

Two-way satellite broadband is a significantly more reliable and stable service than previous one-way satellite broadband technologies, and no phone line is required. Speeds will be comparable to ADSL services in metropolitan centres, with plans offering download speeds ranging from 512Kbps up to 2Mbps.

The *Australian Broadband Guarantee* program means there will be no basic upfront costs for most customers to get started. "Feedback from previous satellite broadband customers revealed the cost and complexity of installation plus sub-standard reliability, connection speeds and customer service were common negative associations with satellite services. The fact that Westnet can now offer free basic set-up for eligible customers, coupled with our award-winning customer service is a huge win for the consumer," said Westnet Managing Director Peter Brown.

Westnet was also a highly active participant in the Australian Government's previous *Broadband Connect* and *HiBIS* initiatives, which aimed to drive the uptake of broadband services through regional Australia.

"Our company has a long history of outstanding customer service and commitment to internet services in regional areas. By entering the two-way satellite broadband market with this kind of offer, we hope we can make a difference with low cost initial set up, combined with premium customer service," said Brown.

Now is the time for residents to visit with their local Westnet Agent, The Lake Grace Telecentre, to take advantage of this great offer, or by phoning the Westnet Sales Team on 131 960 and quoting Agent Code (A294)

About Satellite Broadband

The service uses a satellite modem and dish installed outside the home which communicates with a satellite positioned thousands of kilometres in space above the Australia/Asia Pacific region. The service is reliable and fast and the installation and set-up is completed by a technician, making it easy for customers to connect to the service.

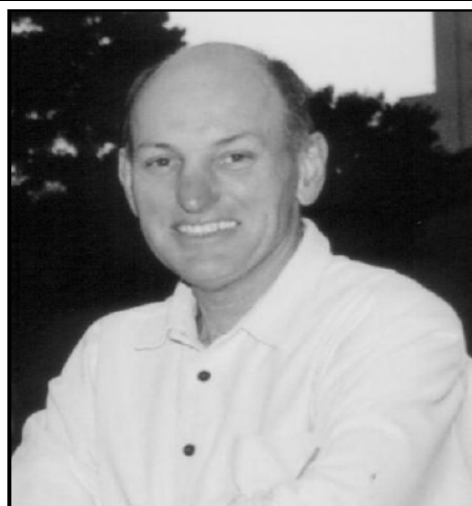
Following an application, Westnet arranges a time convenient to the member where a qualified technician will come to install the equipment and ensure the customer is successfully connected to the service.

Households interested in connecting to satellite broadband can find out if their premises qualify for the service and free set-up incentive by using a *Broadband Service Locator* which will be accessed via the DCITA website (www.dcita.gov.au/).

After entering the required information, individuals will be advised if they are eligible. If so, they will receive a reference number and an eligibility attestation form which must be completed and provided to Westnet to enable the service installation and free set-up. If customers are not eligible, the system will indicate this.

About Westnet

- Westnet is one of Australia's largest privately owned telecommunications service providers with a business model driven by customer service.
- 70% of Westnet's 450 total staff occupy customer facing roles.
- Westnet currently serves approximately 200,000 members.
- Westnet was recently rated best Australian ISP for customer service for the 4th year running in Whirlpool's 2006 Australian Broadband User Survey.



Dr Graham Jacobs MLA Member for Roe

now has an office in Lake Grace at
46 Stubbs St (the old AWB building).
Dr Jacobs will be visiting Lake Grace next on
Monday 12th November.

Please ring Kate on 9865 2290 to make an appointment.

Office hours: Monday and Friday: 9am - 4.30pm
 Thursday: 1pm - 4.30pm

HUMOUR

That's Not It

A general noticed one of his soldiers behaving oddly. The soldier would pick up any piece of paper he found, frown and say, "That's not it" and put it down again. This went on for some time, until the general arranged to have the soldier psychologically tested. The psychologist concluded that the soldier was deranged, and wrote out his discharge from the army. The soldier picked it up, smiled and said, "That's it."

Ethical Dilemma

A lawyer charged a man \$1,000 for legal services. The man paid him in cash with crisp new \$100 bills. After the client left, the lawyer discovered that two bills had stuck together -- he'd been overpaid by \$100. The ethical dilemma for the lawyer: Should he tell his partner?

Successful Marriage

A couple had been married for 45 years and had raised a brood of 11 children and were blessed with 22 grandchildren. When asked the secret for staying together all that time, the wife replies, "Many years ago we made a promise to each other: the first one to pack up and leave has to take all the kids."

Stuffed Pockets

A small boy stunned his parents after church one Sunday when he began to empty his pockets of nickels, dimes and quarters. Finally his mother asked the obvious question, "Where did you get all that money?" "At Sunday school," the boy replied nonchalantly, "They have bowls of it."

A Common Bum

A robust-looking gentleman ate a fine meal at an expensive restaurant and topped it off with some Napoleon brandy, then he summoned the headwaiter. "Do you recall," he asked pleasantly, "how a year ago, I ate just such a repast here and then, because I couldn't pay for it, you had me thrown into the alley like a common bum?" "I'm very sorry sir..." began the contrite headwaiter. "Oh, it's quite all right," said the guest, "but I'm afraid I'll have to trouble you again..."

Keep Your Seat

A radical feminist is getting on a bus when, just in front of her, a man gets up from his seat. She thinks to herself, "Here's another man trying to keep up the customs of a patriarchal society by offering a poor, defenseless woman his seat," and she pushes him back onto the seat. A few minutes later, the man tries to get up again. She is insulted again and refuses to let him up. Finally, the man says, "Look, lady, you've got to let me get up. I'm two miles past my stop already."

Good News and Bad News

An old man visits his doctor and after thorough examination the doctor tells him: "I have good news and

bad news, what would you like to hear first?"

Patient: "Well, let me have the bad news first."

Doctor: "You have cancer, I estimate that you have about two years left."

Patient: "Oh no! That's just awful! In two years my life will be over! What kind of good news could you probably tell me, after this?"

Doctor: "You also have Alzheimer's. In about three months you are going to forget everything I told you."

Eat the watermelons

The farmer thinks of ways to discourage this profit-eating situation. So he puts up a sign that reads: "WARNING! ONE OF THESE WATERMELONS CONTAINS CYANIDE!" He smiled smugly as he watched the kids run off the next night without eating any of his melons. The farmer returns to the watermelon patch a week later to discover that none of the watermelons have been eaten, but finds another sign that reads: "NOW THERE ARE TWO!"

There is a monkey in the bar

A man walks into a bar and orders a beer. He takes his first sip and sets it down. While he is looking around the bar, a monkey swings down and steals the pint of beer from him before he is able to stop the monkey. The man asks the barman who owns the monkey. The barman replies the piano player. The man walks over to the piano player and says "Do you know your monkey stole my beer." The pianist replies "No, but if you hum it, I'll play it."

The Good Old Days

A sales clerk asked his boss how to handle people who complained about the current prices compared to the low prices in the good old days. "Just act surprised and tell them you didn't think that they were old enough to remember them."

Weather Forecast

A film crew was on location deep in the desert. One day an Old Indian went up to the director and said, "Tomorrow rain."

The next day it rained.

A week later, the Indian went up to the director and said, "Tomorrow storm."

The next day there was a hailstorm.

"This Indian is incredible," said the director. He told his secretary to hire the Indian to predict the weather. However, after several successful predictions, the old Indian didn't show up for two weeks.

Finally the director sent for him. "I have to shoot a big scene tomorrow," said the director, "and I'm depending on you. What will the weather be like?"

The Indian shrugged his shoulders. "Don't know," he said. "Radio broken."

SCIENCE AND STUFF

The Possum that sleeps for a year:

A Possum has set an enviable record for doing absolutely nothing. After stuffing itself full of food in a laboratory, one curled up and hibernated for a record 367 days. Some mammals, such as ground squirrels, hibernate for up to six months through winter, while a western jumping mouse (*Zapus princeps*) once hibernated for 320 days in a lab. That record has now been smashed by an Australian eastern pygmy possum (*Cercartetus nanus*) in Fritz Geiser's lab at the University of New England in Armidale, New South Wales (Naturwissenschaften, DOI: 10.1007/s00114-007-0274-7). It used just one-fourtieth of the energy it does while awake, which probably allows the possum to survive lean times in Australia's unpredictable climate, says Geiser.

Deadly Bacteria:

Antibiotic and vaccine-resistant bacteria continue to boom. Strains of streptococcus resistant to childhood pneumococcal vaccine and all seven antibiotics used to treat ear infections in children have emerged in the US. Meanwhile the first estimate of deaths from MRSA in the US suggests it kills nearly 19,000 people a year—more than AIDS (The Journal of the American Medical Association, vol 298, p 1763 and 1772).



Why El Nino makes the Earth spin slower:

El Nino has an immense impact on the weather, so great in fact that the ocean warming phenomenon actually makes the planet spin more slowly. Until now, though, no one knew why. It was also a mystery why the effect did not kick in for several weeks after ocean temperatures reached their peak. Now, Jean Dickey and her colleagues at the California Institute of Technology in Pasadena says that the answer is blowing in the wind. El Nino events warm Pacific surface waters in the tropics, resulting in strong westerly thermal winds. The total Earth system spins with a constant speed, but these winds make the atmosphere spin slightly faster. Due to the conservation of angular momentum the body of Earth then slows to compensate, making the days a little longer. Because the atmosphere dissipates heat slowly, the temperature takes a month or two to reach its peak, explaining the delay in Earth's deceleration (Geophysical Research Letters, DOI: 10.1029/2007GL030846). The effect is slight, says Dickey. "The overall changes of angular momentum between the Earth and atmosphere during El Nino cause a slowdown at the 1 millisecond {per day} level," she says.



Himalayas made by high-speed impact:

It brings a new meaning to the land speed record. After the breakup of the Gondwanan supercontinent 140 million years ago, India sped north at 20 centimetres per year about five times as fast as any landmass in the

recent geological past. The speed of its collision with Asia propelled the Himalayas to the top of the world. Now the secret to India's speed has been found. The mantle plume that broke up Gondwanaland had its most powerful effect on the Indian plate, melting away its deepest levels, which would normally have slowed its pace. The other elements of Gondwanaland – Africa, Australia and Antarctica – retained their solid roots and crept along at the sluggish rate continental plates usually move at. Rainer Kind at the German National Research Centre for Geosciences in Potsdam and colleagues discovered that the thickness of the lithosphere beneath India was just 100 kilometres thick. Most continents are 180 to 300 kilometres deep (Nature, DOI: 10.1038/nature06214). Kinds seismic survey relied on the difference in density between the lithosphere and the hotter, underlying asthenosphere, which reflects seismic waves back to the surface. This is a very accurate technique to determine the lithosphere's thickness," Kind says.

Alive for 100,00 years:

Trapped inside ice crystals under 3 kilometres of snow, microbes can survive for more than 100,000 years. Physicist Buford Price and his graduate student Robert Rohde, both at the University of California, Berkeley, calculated that virtually any microbe can remain alive in ice, resisting temperatures down to -55°C and pressures of 300 atmospheres. The secret is the thin film of liquid water that forms spontaneously around a cell lodged within an ice crystal. Oxygen, hydrogen, methane and other gases would then diffuse into this layer from bubbles nearby. Many bacteria obtain energy from such molecules, and while this wouldn't be enough for them to grow and reproduce, they would still repair any molecular damage and so remain viable for more than 1000 centuries. To test their hypothesis, the researchers examined samples taken at various depths in the Antarctic and Greenland ice sheets. They detected isolated microbes, which must be trapped inside ice crystals as they suggest, rather than in veins of liquid water in between (Proceedings of the National Academy of Sciences, DOI: 10.1073/pnas.0708183104). The study helps to explain why living bacteria have been found in ice samples from more than 3000 metres down. While smaller microbes can live on dust particles and inside thin veins of water, larger ones will be encased in solid ice, waiting to revive.



The Good Housekeeping magazine contains an advert for a new CircoSteam oven. It tells us: "Attention to detail means that Neff's CircoSteam oven doesn't have complicated functions—just simple one-touch controls, including 52 cooking programmes...." Is this a statement that contradicts itself?

Maurice Gilson
(Question everything – be sceptical).

Campaign Targets Physical Inactivity

The Heart Foundation's physical activity campaign 'Find thirty. It's not a big exercise™' is back on air across Western Australia for two weeks from 28 October 2007.

The campaign urges people to find 30 minutes or more of moderate-intensity physical activity on most, preferably all days of the week, for good health.

"Almost half of all adults are not doing enough activity for good health, and more than half of all adults are overweight or obese, so it is important that physical activity campaigns and programs are regularly conducted in Western Australia," Cardiovascular Health Director Trevor Shilton said.

"Find thirty encourages people to take a fresh look at physical activity and how to best incorporate it into their day."

The Find thirty campaign has high levels of awareness in the community, with most people agreeing that it's easy to find thirty. However, time and work commitments are the reasons people regularly give as to why they are not physically active.

One easy way to find 30 minutes of regular physical activity is to walk or cycle instead of driving short distances in the car.

Incorporating walking, cycling and other physical

activity into your daily routine not only provides significant health benefits but also results in a range of benefits for the environment and the community.

"Participating in physical activity encourages family and community connectedness, develops social skills and networks, and can reduce isolation and loneliness," he said.

"Walking and cycling can also reduce car use, resulting in lower petrol costs and less pollution."

Regular moderate physical activity has many health benefits, including lowering your risk of developing coronary heart disease, colon cancer, diabetes and osteoporosis. It will also assist in maintaining healthy weight and improving your mental health.

For further information on the benefits of physical activity and ways to incorporate activity into your day visit the 'Find thirty. It's not a big exercise™' website (www.findthirty.com.au).

To find out information specific to your local area, please contact the following WA Country Health Service health promotion officers.



Lakes District Well Women's Clinic

The next

Well Women's Clinic

will be held at the
Lake Grace Medical Centre

In the Physio's Room

on

Monday 12th November

To make an appointment,

Please phone

Jill Dykes on 9871 9024



Photo ID's

Do you need a photo for an ID pass,
passport, library card or license?



The Telecentre are
able to take and
print your photos.

**\$10 for a set
of four (4)**

Lake Grace Toy Library

Are changing our opening day and time!
NOW opening on the 1st & 3rd Thursday of the
month from 9:00-10:00am

Opening dates for the remainder of 2007

November 8th

November 22nd

December 6th

December 20th

Hope to see some new faces

For more information contact Vynka Lay on 9865
1071 or Tash Strevett on 9871 9058

International Crime Using E-Commerce

Most of us who have been using our computers on-line for emailing, Internet shopping and banking, will be familiar with the irritating and unsolicited emails that have been penetrating the privacy of our electronic mail boxes. The sight of all those unwanted emails downloading when you open up, is much akin to the unwelcoming sight of our home letterboxes oozing unsolicited junk mail as we arrive home at the end of the day.

For a time, our 'in-boxes' were relatively free from any unwanted intrusion, but as those of us who have had the technology for a while will attest, it's gradually become worse. Our privacy is now increasingly violated by unsolicited electronic mail. Not content just to plague us with unwanted sales spiels, some emails are now downright dangerous. In the virtual world, what were once commercial 'approaches', are now sometimes described as 'attacks'.

The word 'attack' seems appropriate when you consider that these emails can possibly delete your files, steal your private information, crash your hard drive and more. Sounding almost biological, the damage is done to your system as it becomes infested with programmes labelled, 'bugs, viruses or worms'.

Unfortunately, that innocent time when we could spend hours happily surfing our way around a virtual web world are gone. System attacks are becoming more sophisticated and virulent. Anyone who now exposes their computer to an on-line environment almost takes it as a given that regularly upgraded anti virus software and firewalls are mandatory. An unregulated world wide Internet has become a virtual jungle where the masters of 'spam' and 'viruses' do battle constantly with legitimate software companies who strive to contain them. The battle almost reads like a super hero story, where once an evil virus is beaten, it metamorphosis's itself into a new creature, already educated by it's previous existence.

Recently, these plunderers of our peace and quiet have found a new strategy, where false emails have led us to

phoney web sites, for all the world looking like our bank and credit card provider 'Home Page's. These are more unscrupulous approaches, attempting to lure from unsuspecting victims, their private bank details, credit card numbers, pass words and so on. The ultimate aim is often to strip the accounts.

This technique of 'trawling' through the virtual world of the Internet for likely victims, has been named 'phishing'.

The originators of these schemes are quite sophisticated as they conceal their activities, using hijacked computer systems from around the world that act as their 'slaves'.

Unbeknownst to their owners, these slave computers have had programmes secretly installed into their systems, again through usually unsolicited emails. These programmes work unnoticed in the background, disseminating the 'phishing' emails to other computers all around the globe. These slave computers form a virtual army and are known as 'bots'.

Regular online users would have noticed that recently, these approaches seemed to have become more prevalent. Recent studies support this view. A popular perception in the past has been that most of the trouble on the Internet was caused by technically astute young 'hackers' who really only created havoc, to prove that they could. Overseas reports are now indicating that organised criminal elements are now becoming involved in on line fraud.

Just as we have had to adapt to the fact that our homes are not as safe as they once were, we must also acknowledge that the Internet is not as safe and innocent as it once was and act accordingly. As we now ensure our homes are locked and secure, we must also now ensure that our computers are locked and our online transactions secure.

More information on this and other consumer issues is available by calling Consumer Protection on 1300 30 40 54 or by emailing consumer@docep.wa.gov.au.

Christmas Lights Competition

The Lions Club of Lake Grace will again be conducting the community Christmas Lights competition this year.

Prizes will be awarded in three categories for,

- (1) the best residential,
- (2) best group of houses,
- (3) non residential display.

Judges will be looking for the best display of lights capturing the real Australian Christmas spirit.

One hundred dollars worth of vouchers will be issued in each category to the lucky winners and will be

redeemable at any Lake Grace retail outlet.

So dig out those old decorations or start with a whole new set and create a new masterpiece for this festive season.

The judging will take place on Friday 21st December 2007 and the list of prize winners will be posted on the Post Office and Plaza notice boards.

To be eligible for a prize in the competition your light display will have to remain on between 9.00PM and 11.30 PM on the 21st December 2007 so our judges can make their choice.

Local History Awards

Compromise

It was a love-hate relationship. I loved it when I first saw it because it was going to be mine to use. After I had used it a few times, I absolutely hated it. Gradually I learned to accept it because there was no alternative. It was a horrible looking twenty-eight inch bicycle.

It had been passed down to me from my elder brother who had soon wised up after using it a few times. What a contrary machine it was.

When I attempted to ride it, I found I was too small (about seven or eight years old) to get over the bar. As it was a fixed wheel, that is, when the rear wheel rotated, the pedals arms went around (none of this holding them with your foot and having a ratchet come into play) it was very difficult for a small boy to negotiate the pedals. I started off riding by putting my leg under the bar and hanging out the side. This was rather dangerous as I kept losing direction.

The next effort was running alongside the bike, jumping on the pedal while moving and allowing the movement of the pedal, as it came round, to jack me up in the air, from which position I tried to get my leg over the back of the bike to sit down on the seat. On the odd occasion that this was successful, I then found that my feet would not reach the pedals. On the occasion when the manoeuvre was not successful, I quickly found what little boys are made of!

When I gained some control of the machine riding sideways, I travelled very gingerly around town. Once, several boys and I decided to ride up the North Road. Alas, the road in those days was sandy gravel corrugations. After about a half mile, umpteen fall-offs and bailouts, I turned around and walked the bicycle home.

Whatever became of the machine I have no idea and do not want to know. I just hope it found a warm bed in the rubbish tip.

Lindsay Slarke

Fish in Paddocks (Flood Chronicle)

Two hundred and thirty three millimetres (more than nine inches) of rain falls in the thirty-six hours from the morning of Thursday 12th January to the evening of Friday 13th. By lunchtime Friday, emergency service volunteers and others have left their work to pump water, make levee banks and help others.

The Shire takes thousands of telephone calls about the roads. With most staff on holidays, they work with a skeleton crew to manage a 'once-in-five-hundred-year' flood. The electricity stays on but mobile telephone coverage in town is lost for ten days.

My 78-year-old aunt calls from Katanning. She has been asked to help Red Cross evacuate the town if necessary.

We drive through the water on Newdegate Road and realise we have to take another way home down Duckworth Road. Boultons are cut off so we drive the long way and out via Beenong Road. A day later it is impassable.

Rushing water carves great gutters in paddocks, through fence lines and under the railway. Run-off and rising waters flood paddocks. Thousands of farm trees are submerged and will later die. Unharvested crops are ruined.

The Cemetery Lake overflow reaches my yard and house. From behind comes the water from Robert's paddocks, shin deep.

Water from Lake Bryde flows through the lake chain and across the Newdegate Road. We watch as the water creeps up the bitumen and later becomes a current. Melaleucas are orange with ladybugs, and all sorts of insects struggle to stay afloat. A young dugite swims into grassy reeds.

The long view from the hill shows the farm lakes joined and flowing into the paddocks, the big salmon gums underwater. The grave of my old dog will be underwater. The paddocks are too soft to drive on. We find the big turkey nest dam blown at the back and two others piped. Bevan has lost six dams.

Two days after the rain, we walk through the water to Cemetery Hill. The water reaches my chest and chains of bubbles rise from the lifting bitumen.

The flood is declared a Natural Disaster and promises are made of '\$3m for Farmers'. It will prove to be political gestures and loans, impractical and inaccessible.

Marcus takes us through the lakes and paddocks of the farm by boat. Ripples mark the car washed into the lake and we float over the Newdegate Road. A week later I walk along that road and the memory has already diminished.

People gather daily at the flooded road's edge to talk. They drive out to floodways and stand around.

In the early hours, my dog throws herself at the back door for three mornings running. The strangeness of it all.

Paper & Card



**Many colours in A4 and A3
We also have metallics
and leathergrains**

**Priced from 7 cents
per sheet.**

At the Lake Grace Telecentre

Local History Awards (*cont.*)

Farmers find fish in paddocks and miniature native crustaceans on floodways. One species of frog sounds like a motorbike starting up. I imitate it to the woman at the shop who thinks I'm strange.

We find the bloated bodies of two bobtails washed up behind the Nurses' Quarters. Then the bare body of what we think is a fox – we hope it is not someone's Jack Russell.

Everyone asks Terry "Is the mail in?" He should put up a sign. I have a proposal due and he gets it out in time. For ten days he drives to Lake King to collect the mail.

Nurses stay at the quarters and work extra shifts for those who can't get to work. So many people are spread thinly. Many people help each other and rescue stranded travellers, some of whom have taken silly risks. No one died.

A man drives his four-wheel-drive around a 'Road Closed' sign and police tape, keeps going despite the water topping fence posts and is swept off the road west of town. Nurses swim out to get him but he has walked back to town. They call it the "Dickhead Factor".

Everyone has a solution to the draining of Cemetery Lake. "In Europe they would have fixed it the first day." An excavator digs a trench from lake to lake through farms to drain the floodwaters. The school buses are cancelled for the first week. Eddie buys a dinghy and ferries children to school and people to work.

The media arrive by helicopter and rely on the formulaic stuff – find an elderly person to say 'not in my lifetime'; take shots of supermarket shelves; don't go out of the townsite; don't take notes of anything people say about the Avon River catchment or the ancient lake systems; ask my father but not my mother.

My cousin tells me a good news story about neighbours arriving in a boat at a moment of despair to help rescue 500 sheep huddled on a piece of high ground.

People launch boats from behind the hospital and Slarke Road. Dean Carruthers and Tommy O'Neill take groceries by boat to Clem and Helen. I walk my dog along the railway line for a swim. People kayak the firebreak past my house.

Water lies in my yard for weeks. My *Eucalyptus spathulata* (drought resistant, salt tolerant) looks dead. The bees are noisy in another big eucalypt that sends out blossom and new leaves, and then sheds the remainder of its leaves.

I discover the yucca has flowered for the first time, sending up a spike of exotic cream bells. The weeds proliferate. I use herbicide for the first time (and then the second). Mosquitos cloud the flyscreen and spiders web every clothes peg on the line. Great green caterpillars as thick as my finger devour the Morning Glory within a week.

My big eucalypts look as if they will die. My parents' garden dies, drowned.

The roads are cut off for weeks – opened/closed, half open, closed to heavy traffic... I drive home late from Perth by West Kuender Road and anxiously count the ten floodways as I cross them. I can tell when I get to Lake Grace Shire because the graders have been.

When the road opens, I walk through the cemetery, the prickles noisy under my thongs. Graves and headstones are sunken and skewed.

The town lakes are starting to smell – at times salty, muddy and sulphurous.

Michelle Slarke

HIGH SCHOOL BASKETBALL

What an interesting night we had at Kulin last Friday. Lake Grace 2, coached by Kevin Bushby, who haven't lost a game all year went into their game without three of their regular players.

This threw their game into disarray despite the best efforts of fill-ins Kayden Chesson, Nick Dunham and Matt McWhirter. LG2 were totally out classed on the night with the final score line reading LG2 6 – Rockets 32.

LG1, coached by Jeanette Trevenen, have improved dramatically over the season. They played two games on Friday night, just losing a close fought game by 3 points to Bulls which had spectators on the edge of their seats.

In the second game they came up against Rockets, the side that beat LG2 so comprehensively. It was a gritty

workmanlike performance with several moments of flair and brilliance by all team members. The girls, Alyssa Posavac and Sheridan Fyfe, inspired one another by showing great courage taking on all Rocket players that came their way.

Brad Lay and Sam Willock rebounded well and set up many good passages of play. Nat Curtin and Ethan Wallace provided the spectators with several breath taking moments as they weaved their magic.

There was only one point in the game at half time and even with 5 mins to go, the game could have gone either way. The final score LG 1 34 to Rockets 28. A truly great game that left every one inspired.

Jane Bushby



Shire of Lake Grace

ARC NEWS & NOTES

PO Box 50 Lake Grace Phone 9865 1105 Fax 9865 1109 Email shire@lakegrace.wa.gov.au

PLEASE NOTE

The Land class O2 has ceased until further notice.

DAY	AM	PM
Monday	9.15 - 10.00 <i>WEIGHT FREE WORKOUT (Sharon)</i>	5.15 - 5.45 <i>INTRO FORCE (Letisha)</i> 5.45 - 6.45 <i>FORCE (Letisha)</i>
Tuesday	9.15 - 10.05 <i>CROSS TRAINER (Letisha)</i>	
Wednesday	9.15 - 10.00 <i>BODY SHAPING (Letisha)</i>	6.00 - 6.55 <i>X 55 (Letisha / Sharon)</i>
Thursday		5.45 - 6.35 <i>FITNESSBALL (Anna)</i>
Friday	9.30 - 10.15 <i>FOREVER FITNESS (Anna)</i>	For further information contact Letisha - Aquatic & Recreation Coordinator Shire of Lake Grace – 9890 2500 or letisha@lakegrace.wa.gov.au

SUMMER FITNESS TIMETA- BLE

**BEGINNING
MONDAY 26TH NOVEMBER
2007**

TARIN ROCK TENNIS CLUB

Lake Grace hosted Tarin Rock on what was near perfect weather for tennis. The day was close with many matches being very competitive. Congratulations to Lake Grace who won the day by two sets. Well done to the Tarin Rock ladies side who definitely played out some excellent sets with rewarding results.

This Saturday social tennis will be at 3pm for junior coaching and seniors after this. Please bring along meat and a salad to share for a BBQ tea. Wendy and Joe are on cleaning roster after Social tennis.

The following week there will be Friday night tennis

from 5pm with a BBQ tea to follow. Pat and Belinda are on cleaning roster. Pennants will be at Kukerin on the 18th of November so **LEON and DANIEL** please mark your calendar and be there or the captain will hunt you down!

Pennant and social subs are due so please pay them to Pat A.S.A.P who is the treasurer. A timetable for pennants is available from the club house and the cleaning/social roster will be available soon.

Sharon Robinson

LAKE GRACE TENNIS NOTES

Lake Grace's pennant season started on a positive note this Sunday with our team defeating Tarin Rock in a cliffhanger 18 sets to 16. Well done all involved, especially Royce Taylor who bagged five sets for the day. Thanks also to Alex Duckworth who filled in the Captain's position in Cameron Lloyd's absence.

It's been a busy September/October but tennis is building up slowly. Midweek ladies tennis has started on Wednesday mornings (approx 9am). Please contact Penny Willcocks for further details or just rock up if you're interested.

Pennant players are having practice on Wednesday afternoons after work (5:30pm), but all are welcome to come and join in. There could be some challenge matches coming up. Linda Hunt and helpers are taking junior tennis after school on Thursdays, so encourage the kids to have a go.

Social tennis this Sunday is straight doubles with a handicap attached. Please invite a partner, same

gender, to avoid an odd numbers. Juniors from year four up can join in or even have their own competition if there are enough. Speaking of junior competitions, keep an eye open for all the junior tournaments that are on from now.

A big thank you to Steve McWhirter and his crew of helpers who have been working steadily towards fencing and lighting the tennis, netball and basketball courts in some pretty testing weather conditions. Our club really appreciated their efforts and I'm sure the new courts will have a positive impact on our sporting and social involvement in the town in years to come.

All players and potential players are reminded of our AGM at the Sportsman's Club this Friday night starting at 7:30pm sharp!! Come and get some fish and chips early, be part of shaping our Club's future and maybe even take on a position.

Ross Bowron

LAKE GRACE BOWLS NOTES

Saturday 27th October Lake Grace had a great win against Newdegate, the score was 7-1. The following week was not so good with a 0-8 flogging by Kulin!

Sunday 4th November Lake Grace played 7UP singles which was sponsored by Ron and Rachel Pelham. The winner was Robert (Uncle Rob) Carruthers with R/UP being Gloria Pelham.

Saturday 10th November, Lake Grace plays Kondinin

at Kondinin. The bus will be leaving at 12:30.

The team for Saturday is:

S Hunt, M Reynolds, G Duckworth, G Seward
R Pelham, S Carruthers, W Trawinski, M Stanton
K Eggers, K Strevett, R Fleay, J McGlinn
C Carruthers, M Carruthers, W Henry, J Griffin

Chris Carruthers



NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE
LAKE GRACE TELECENTRE

CLASSIFIEDS

PUBLIC NOTICES

Shire Council Meetings - 2007

The next Council meeting is
Wednesday 28th November at the
Newdegate Recreation Centre. 9am start.
*Members of the public are welcome to
attend meetings.*

Senior Citizens Luncheons

*First Thursday of every month
December 6th*

The Grand Lodge of Freemasons WAC

The Kulin Lodge No. 160

Meets 7:30 pm

Gordon St. Kulin

3rd Monday of each month

Dedicated to Charity and Support in the Community

NEW MEMBERS WELCOME

Telephone 9880 1360 or 0427 654 090



CWA Meetings

13th November - 1:30pm

Lake Grace Gym Club

Request that everyone who has leotards
please return them to Tania Spencer so they
can get their bond reimbursed.

Leotards need to be returned even if you
plan on using them next year.

Battery Drive

The Lions Club of Lake Grace (Inc.) is still
involved in the collection of used batteries as
a major fund raising project for the local
Health and Medical Services.

The batteries can be dropped at Farmworks
Lake Grace or we will arrange for pick up on-
site.

Please contact Peter on 0428 511 838 or
Neville on 0428 651 841 for more details.

AGM

Lake Grace Playgroup

Tuesday 4th December, 7.30pm at the
Uniting Church. Supper supplied. Any items
for the agenda to Tania Bray
by Saturday 1st December.

AGM

Lake Grace Toy Library

Tuesday 20th November, 10am.

RSL Rooms

All members are encouraged to attend. For
further information contact Vynka Lay on
9865 1071 or Tash Strevett on 9871 9058.

Margaret Cole

Will be available in Lake Grace from Monday
to Friday in the week beginning
12th November 2007.

0427 441 459

colwheat@it.net.au



*The Shire of Lake Grace Kerbside Recycling Collection
- every second Monday in Lake Grace and Newdegate*



Frequently Asked Questions

Why can't broken glass be included - doesn't it get broken as it gets tipped in the truck?

Some glass does get broken in the handling process, and it is only the larger pieces that Warren Blackwood Waste are able to retrieve, therefore the less glass that gets broken, the better. Definitely no pre-crushed glass should be put in the yellow recycling bin.

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker (President)	9865 1241	9865 1921
Ian Chamberlain (Vice President)	9871 6043	9871 6035
Amanda Milton	9865 1960 0429 654 011	
Ollie Farrelly	9865 1180 0427 651 180	9865 1188
John Dunkeld	9871 2059	9871 2094
Jeanette de Landgraft	9838 9062	9838 9041
Royce Taylor	9865 1507	9865 1320
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9890 2222
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	0427 441 459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mrs Shirley Duckworth	ph 9865 1189
Mr Len Elliott	ph 9865 1137
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 0429 654 011

ANGLICAN CHURCH OF LAKE GRACE

Sunday 11th November

Lake Grace 9:00am

Sunday 18th November

Lake Grace 9:00am

Enquiries: Terry Gladish 9865 1022
Wally Perry 0448 795 070

Lake Grace Uniting Church

Wednesday - 7pm

Home Fellowship. Please ring for venue.

Sunday 9th December 9:30 Family Service

Enquiries:

Bob Burbridge 9865 4020
Rev. John Whaley 9865 1377
0429 651 378

LAKE GRACE CATHOLIC CHURCH

Saturday 10th November

Lake Grace 6pm

Sunday 11th November

Kukerin (C/S) 10am

Friday 16th November

Jerdacuttup 7pm

Saturday 17th November

Hopetoun 6pm
Kukerin (C/S) 6:30pm

Sunday 18th November

Ravensthorpe 8am
Varley 10:30am

Queries to Fr Pierre Repuyan on 9865 1248

Seminar room Facilities Available for Hire

\$99 for full day
\$49.50 for half day
\$22 per hour

Fully heated and air conditioned, comfortable seating with kitchen facilities.

Ring the Telecentre on 9865 1470 to book.

COMMUNITY CALENDAR

November

Fri 9	Fish & Chip Night - LGS Club LG Tennis Club AGM—7:30pm
Sat 10	Steak Night - LGS Club Cricket—Newdegate v Lake Grace Pennant Bowls—Kondinin v Lk Grace
Sun 11	Social Tennis—Handicap Doubles Social Bowls
Mon 12	Recycling Pickup Swimability Dr Graham Jacobs MLA in Lake Grace Well Women's Clinic Margaret Cole available
Tues 13	Pingrup Potters Foot Clinic Weight Watchers (6-7pm) Cricket Training — 5:30pm CWA Meeting
Wed 14	Youth Station Open —3:30pm-5:30pm
Thur 15	Pizza Night at Rosie's HACC Transport Available Cricket Training - 5:30pm Beau Woods—Chiropractor Centrelink Employment Expo (Albany)
Fri 16	Fish & Chip Night - LGS Club
Sat 17	Steak Night - LGS Club Quilting & Craft at CWA—11am start Cricket - Lake Grace v Lake King Bowls—Championship Triples
Sun 18	Bowls—Championship Triples Pennant Tennis—LG v Dudinin
Mon 19	LLN Deadline
Tue 20	Pingrup Potters Weight Watchers (6-7pm) Cricket Training - 5:30pm
Wed 21	Rural Men's Health (Working Safely & Fatigue) Youth Station Open —3:30pm-5:30pm
Thur 22	Lakes Link News Pizza Night at Rosie's HACC Transport Available Cricket Training - 5:30pm Lake Grace Toy Library (9am-10am) LG Toy Library AGM—10am

Coming Events

November 22—Lake Grace Toy Library
November 26—New ARC Summer Fitness
Timetable begins.
November 26—Swimability
November 28—Shire Council meeting
November 29—Free Skin Check
November 29—Immunisation

December 2—Christmas Remembrance (p.7)
December 4—LG Playgroup AGM
December 6—LG Toy Library
December 6—Senior Citizens Luncheon
December 7—Bingo at Sportsman's Club
December 7-9—Austswim Swimming Course
December 8—LG Junior Tennis Tournament
December 9—Welcome to Christmas (p.9)
December 9—Mixed Doubles Tennis C/ships
December 14-21—Vacswim Programme
December 20—LG Toy Library
December 21—Business Sponsored Christmas Drinks
December 21—Christmas Lights Judging
February 9 2008—Lake Grace Cricket Club
Reunion (20 year anniversary of premiership)
March 22—Hardy's Fundraiser

Watering Days in Lake Grace

Last digit of your lot or house number	Your two scheme watering days are:
1	Wednesday & Saturday
2	Thursday & Sunday
3	Friday & Monday
4	Saturday & Tuesday
5	Sunday & Wednesday
6	Monday & Thursday
7	Tuesday & Friday
8	Wednesday & Saturday
9	Thursday & Sunday
0	Friday & Monday

You may water only once either before 9am or after 6pm