

# LAKE LINK NEWS

Produced at the  
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## A Night With Estelle

Suzanne Reeves



**Estelle signs copies of her books.**

Estelle Blackburn held her audience captivated as she talked about her journey as an investigative journalist at the CRC's 'International Day of Rural Women' Sundowner. The sundowner was an opportunity to celebrate what rural women have achieved and with the funds raised going toward the refurbishment of the women's mural it was an acknowledgement of the hard yards put in by the many women who have come before us.

Describing a career journey beginning at the West Australian Estelle spoke of her early years of

working, European holidays and living life to the fullest. As the years rolled by Estelle started to feel she hadn't made her mark and when by chance the story of John Button, his numerous appeals and lack of justice fell into her lap she made her move.

It was a six year journey as Estelle gave up full time work and spent six years researching and writing the book *Broken Lives*, published in 1998. The volume of research was enormous and Estelle's knowledge of shorthand came to the fore when having to copy police files (photocopies weren't

*Continued page 30*

# CONTENTS

Page 1,30	A Night With Estelle	Page 20	Employee in profile - Arnold Cruz
Page 4,39	Lake Grace is on the map	Page 21-25	Shire Pages
Page 7,27	Donations for Ambulance Centre	Page 29	Heard about LVF products?
Page 8,9	Obituary - Fr Michael Naisbitt	Page 32	October Gardening
Page 10	Lake Grace Art Group Notes	Page 33	Dispute with financial service providers
Page 11	Lions host Curtin University Students	Page 34	Coeliac disease
Page 12	Phoebe's new look	Page 35	The bush has a new bird in town
Page 13	LGDHS News	Page 37	It's time to talk
Page 14,15	Celebrate 10 years for Visitors Centre	Page 40,41	TR Tennis junior tournament
Page 17	LG Hospital Page	Page 42	The Wrong Bias - Bowls Notes
Page 18	Famers Centre demonstrate their latest	Page 43	LG Kukerin Hockey Notes
Page 19	Bits & Pieces	Page 45	LG Cricket Club Notes

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### CRC Opening Hours 9:00am - 5pm

Closed from midday to  
1pm for lunch when short staffed.

## Deadlines & Editions

All articles, news & advertisements  
are to be submitted to the Lake  
Grace Community Resource Centre  
by 3pm on Monday of paper week.

**Next Deadline**  
Monday 2nd November

**Next Edition**  
Thursday 5th November



# Thanks

To the **very** dedicated team who have  
volunteered their time to this edition of the  
Lakes Link News.

Elsie Bishop

Gwen Oliver

Thank you also to our many  
contributors of articles.

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***340 copies printed and sold each fortnight***

# Editorial

- What a night we had last week with our Sundowner, Estelle was convinced that no one would want to come along and see her after having Nat Fyfe in town...but we proved her wrong. A big thank you to everyone who came along. Estelle was funded with by the CRC, of the door charges \$5 was kept by the CRC to cover the cost of refreshments while the remainder went to the Art Group for them to put toward the refurbishment of the women's mural. So thank you, your attendance has gone to a good cause.
- Apology to Sam Stubberfield as I got my Stubby's mixed up in last fortnights Driver Reviver photograph. It was actually Sam who was on roster, not Reid!
- It's a full house on Friday mornings for Alison's hand patchworking class, we're all learning a new skill but it has become evident that it doesn't matter how old the students are there's always a naughty one in the class.
- Apologies but I haven't yet sorted the youth photo competition, the results will be posted soon.
- On the subject of photos we will be holding an open photo competition, entries need to be in by Friday 30th October.
- There's plenty of AGM's happening over the next month, if you're not sure of dates then have a look at the calendar on the back page, in the public notices and in some cases scattered throughout the paper. The CRC will be holding their AGM on Tuesday 27th October...don't be frightened to come along because at this stage all positions are filled!
- A big thank you to everyone who has got their news and notes in, great to see summer sport on board. It certainly helps make the paper more interesting.
- It's a big paper this fortnight and with so much last minutes stuff coming in it has been a little slower coming off the printer.
- Late Night Shopping will be here before we know it (see page 18). We're very interested in anyone who wants to hold a stall. We want locals to have as much opportunity as possible to get their stuff out there.

Suzanne Reeves

## Christmas Remembrance

### Friday Evening

27th November

5.30pm start

At the Lake Grace Cemetery



*Open section for your Songs - Poems - Stories*

*Following the service, Fish & Chips will be available at  
the Lake Grace Sportsman's Club*

*For enquiries or to add to the program please ring  
Jeanette Trevenen on 9865 1358 or 0427 099 964*

# Lake Grace is on the Map

Suzanne Reeves

There's no excuses for not knowing where Lake Grace is following Nat Fyfe's success winning the 2015 Brownlow medal.

His homecoming on Wednesday 7th October was well attended with fans coming from as far afield as Perth, Albany, Esperance and anywhere in between. How many were there? Hundreds was the best guess, either way the caterers had enough sausages to keep everyone happy. Live footage and photos from the day were broadcast Australia wide, a publicity coup for Lake Grace.

Following landing on the oval Nat was greeted by his parents, Christine and David Fyfe and the co-presidents of the Lake Grace Pingrup Football Club John O'Neill and Royce Taylor. With officialdom out of the way Nat was able to spend time with his youthful and not so youthful fans, taking plenty of time to sign merchandise and pose for selfies.

Following the meet and greet, a sausage sizzle was held at the Sportsman's Club and Nat talked about his football journey so far. The Brownlow medal was passed around the room with everyone having a once in a lifetime opportunity to have their photo taken wearing Australia's highest football (AFL) accolade.

*More photos page 39*



***Almost there. The Channel 7 helicopter comes in to land on the hockey oval.***



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## Happy Birthday



23rd October	Shaye Bowron Steve McPherson
24th October	Grant O'Neill
25th October	Paige Zweck
26th October	Sam Willock Connor Bray Kayla Newton
28th October	Paula Carruthers
30th October	Thomas Gambuti
1st November	Ava Leigh Ned Leigh
2nd November	Kael Gray Reece Duckworth
5th November	Jo Morgan Nicola Kuchling

## What's Happening?

- Congratulations to Melissa Drew and Daniel Atkins who were married on Saturday 3rd October. Both the ceremony and the reception were held at Carille Estate, Herne Hill. We wish Mr and Mrs Atkins all the best for a long and happy future together (photo below).



## Anniversaries



23rd October -	Stephanie & Matt Lloyd Jade & Andrew Penny
25th October -	Vynka & Joel de Vree
2nd November -	Tahryn & Damien Trevenen

## What's Happening?

- There's plenty of farewells at the moment. We say goodbye to Martin Downey, Francois & Henriette Jacobs and Gayan Thamel. We wish you all the best in your future endeavours; you will all be missed.



- Congratulations to Leanne and James Trevenen on the addition of a new baby to their family. Heath Matthew Trevenen (pictured left) arrived on 18th October. He weighed in at 3.27kg (7lb 3oz) and was 53cm long. A new little brother for Caleb and Bryce.
- Well done also to Jarred and Amanda Desmond (nee Poots) for the arrival of their baby girl, Amelia Grace. Amelia weighed in at 8lb 1oz and was 51cm long and is the first child for Jarred and Amanda and the first grandchild for Geoff and Diane Desmond.
- It was wedding bells last Friday for Nicole Chappell and Liam Chesson who were married in Perth. I'm sure there'll be a photo to put in the Links at some stage.

# Lake Grace Weather

- Terry Gladish



## October Extremes

Highest Monthly Rainfall	85.4	2014
Lowest Monthly Rainfall	0.0	1944
Highest Number of Rain Days	14	1989
Lowest Number of Rain Days	0	1944
Highest Daily Rainfall	42.8	18/10/1995

Date	Min	Max	Rain
7/10	6.8	24.9	
8/10	10.2	31.0	
9/10	9.7	35.1	
10/10	14.9	34.0	
11/10	12.2	25.8	
12/10	10.5	33.6	
13/10	14.3	34.7	
14/10	11.6	22.3	
15/10	9.0	20.5	
16/10	6.1	23.7	
17/10	9.5	33.8	
18/10	14.5	25.8	3.0
19/10	9.6	22.1	
20/10	6.3	25.8	
21/10	10.3		



**Poolwise Living is looking to be a more regular fixture in the Lake Grace Community and surrounding areas.**

Our Pool & Spa Mobile Service division has recently gained 6 clients in Lake Grace and we would like to increase that number to help keep the cost to a minimum.

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# Unprecedented Donations Following Lotterywest Grant Announcement for Local Ambulance

*Amanda Milton (Chairperson - Lake Grace Sub Centre Project Manager)*

Following the announcement of the successful Lotterywest Grant on the 6th October 2015, the unbridled generosity of the local communities and individuals has been unleashed.

If we ever had any doubt on how important the Lotterywest Grant announcement was for the project, it has never been more evident until now. The donations prove that the project transcends communities and has broad community support.

Since the \$197,417 Lotterywest Grant Announcement an unbelievable level of financial support has been donated.

Imagine how good your day is when two days after the Lotterywest announcement the phone rings and an additional \$25,000 is pledged to the project. Well it happened, just like that. St John Ambulance WA Ltd - Newdegate Sub Centre have pledged a donation of \$25,000 to the project. Somehow the words "thank you" just don't seem enough. Over the last four or five years the Lake Grace Sub Centre has supported the

Newdegate Sub Centre, by providing an additional ambulance and volunteers over the Newdegate Machinery Field Days. We have also supplied vehicles and/or volunteers for football games.

Newdegate Sub Centre has played a pivotal role in the financing of this project. Without their generous offer to fund the shortfall in the Royalties for Regions grant (\$132K) we don't believe that Lotterywest would have looked at the project as favourably. However, as the shortfall was deemed by St John Ambulance WA Ltd as a loan, and St John has a no debt policy, the offer was also not able to be accepted. Instead St John Ambulance WA Ltd has offered an interest free loan for any reasonable outstanding balance to allow the project to proceed. Well done Newdegate for making this happen.

As if the day was not already awesome enough, it got even better. We were getting some information together for the St John Ambulance Fleet Department, when Christine Fyfe told a story. Christine said that her son Nat had won the Fox Sports AFL Footballer of the year Award, (well done Nat), and that Nat had decided to donate the prize to charity. A conversation between mother and son ensued where various charities were discussed. It was then that Nat gave his mum a nudge and said "We need a new ambulance sub centre don't we mum, how about I donate to that". As if the story is not good enough....the donation is \$10,000. Well done Nat for considering a local, lifelong project to support. We are proud of you.

But the day did not stop there. It is always sad when local organisations decide to wind up. To date this new building project has been supported through the windup of the Lake Grace Speedshears Account, the Old Time Dance Account and the Lake Grace Festival Account. The project will now also be the beneficiary of the windup of the Lake Grace Pony Club Account which is anticipated to be in the order of \$3,000.

In this one day, the outstanding funds needed for the project dropped by \$38,000! Talk about a good day.

Well as it turned out the day has rolled into 2 weeks of more donations.

On the 19th October St John Ambulance WA Ltd - Narrogin Sub Centre pledged \$10,000 to the project. Two of the Lake Grace Volunteer Ambulance Officers Aileen Winchester (whilst studying to become an enrolled nurse) and Alysha Hardy (whilst studying to finish her degree in Paramedical Science) have been doing volunteer roster shifts in Narrogin over the last two months to help Narrogin. Well done girls, and good on you Narrogin.

*Continued page 27*

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# Fr Michael James Naisbitt

13/10/1938 - 28/9/2015

Father Michael was born in the Lake Grace Inland Mission Hospital in 1938. He was the sixth in a family of nine children, one of whom died as a baby.

The family was very isolated, living on a farm at Tarin Rock. His mother milked the cows and made her own bread and butter as well as doing many farm duties. She also educated the older children by correspondence as there were no schools nearby.

Michael was a happy child. He enjoyed reading when books were available. Family would often hear outbursts of laughter from him. Especially when he got his hands on a "Saltbush Bill" comic.

He also enjoyed the farm freedom, playing cricket, climbing trees, trying to shoot parrots with a ging and setting rabbit traps. At the age of seven, Michael claimed to have killed his first snake. His mother, believing that he never told a lie, was quite surprised to hear this. Later she discovered a four foot snake on the ants nest.

The rosary was said each night with the family kneeling around the kitchen table. In the early days Mass was very infrequent. The horse and cart was the only mode of transport until his eldest brother took over the running of the farm and purchased a Chev truck

When mass was more regular, the family of ten would be seen travelling to Lake Grace with most of the children sitting on the back of the truck. This was the beginning of Michaels desire to say mass, as he would come home and make his own altar out of an old wooden fruit box and pretend to say mass. Mumbling the words, pretending it was Latin. On Sundays when there was no mass, their mother would gather the family together and read them articles from the catholic messenger.

When Michael was twelve years old he went to boarding school in New Norcia. Due to his age he was put into Grade Six, which was well above his correspondence year. His mother was extremely honored when he became Dux of the class that year.

During his school holidays, Michael would help his brothers with farm work. He would drive tractors, cart grain, pick mallee roots and help make mallee root chains. Michael and his brother Herb had an agreement with the other brothers that they would pick the mallee roots on a 72 acre block and in return, they could sell the grain that came off it. The season wasn't a good one and they managed to get 139 bags from the 72 acres. This may have been the turning point when Michael realized that farming wasn't for him.



He entered St Charles Seminary in Guilford to study for the Priesthood in 1957. Four years later he went to South Australia to further his studies. Due to ill health, he was unable to complete his studies and had a number of years back at the farm.

He became a Deacon in 1966 and was stationed at Bunbury as the Bishop's secretary. In May 1971 he was ordained to the priesthood by Bishop Myles McKeon and celebrated his first mass in Lake Grace.

The parishes he worked in were:

Bridgetown / Donnybrook  
Albany / Gnowangerup  
Lake Grace  
Bunbury- Carey Park  
Bunbury- Cathedral

While in Bunbury he would travel to Gelorup each day to celebrate mass with the Carmelite Sisters. He did this for over twenty years until his ill health made this no longer possible. He spent some time in The Ocean Star Nursing Home in Bunbury and then moved to Hubery House in Perth, where he would spend the rest of his days until his final calling from God last week.

RIP Father Michael

**Pat O'Neill (nephew)**



# Fr Michael Naisbitt *(cont.)*

My name is Ed Naisbitt...

I, like Pat, am one of Fr Michael's nephews. I currently farm the land which Uncle Michael grew up on. I was lucky to have my grandparents live next door when I grew up, so I got to see Uncle Michael when he came to visit his Mum and Dad.

My earliest memories of Uncle Michael are of his car parked behind the squatter's tank. This is a large water tank situated next to his parents' house. I can't remember what the car was, perhaps an EK Holden. I remember it had fins down each side with the tail lights in them. I think it was an early model Bat Mobile. When seeing the car you knew Uncle Michael was home.

Uncle Michael was meticulous in whatever he did. Everything was neat and tidy, not a thing was out of place. This was never more evident to me than waiting for Uncle Michael to finish his breakfast. Armed with a bread and butter knife, he could have toast with jam and cream, eating the lot without leaving a single crumb. I remember thinking that you could put the plate away without washing it.

My Uncle Michael was affectionately known to his brothers and sisters as George. Anyone who has any aviation experience would know that George is the name given to the autopilot. The auto pilot is something that is always awake. When his brothers would come home late at night after a long day's work on the farm, Uncle Michael would always be awake. It is believed he was actually awake one year when Father Christmas came.

Another interesting story occurred when Grandma went to town one day. Before leaving she told Michael and Herb not to set any rabbit traps, or they may get hurt. So Herb and Mike decided they would set some traps on the haystack anyway to catch parrots. Starting from the bottom, Mike would set them and Herb would throw the next trap up to him, until they reached the top. Mike then decided to slide down; he lost his balance and caught his hand in one of the traps. As he was doing something he shouldn't have been, he was unable to

tell his mother how he had hurt himself.

I believe that I have a lot to be grateful to Father Michael for, for his hard work on the farm that I now run. In the early days, he was a great help to his brothers in helping clear the land of mallee roots. He assisted my father in making the mallee root chains and earlier, when Uncle Joe was away at boarding school, Uncle Michael was my father's right hand man.

Uncle Michael used to come home to visit his parents fairly regularly once he was a priest. And that meant daily masses at Grandma's house. I remember Uncle Michael would take it very seriously and he would be dressed with a little altar set up in the lounge room where we would all gather to listen to him celebrate mass.

In conclusion, I would like to read the last verse from a poem penned for Father Michael's 25<sup>th</sup> ordination celebration written by Pat O'Neill.

Now the family gathers round  
The Lord will have him blessed  
To fill you Mike, with lot of cheer  
And wish you all the best.



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# Lake Grace Art Group

Kerrie Argent

Fabulous food, what a great job every one did making all that delicious food for the Rural Women's Sundowner event with Estelle Blackburn, last week. You did a marvellous job, the food looked fabulous and tasted even better.

For those that don't know, the Lake Grace Art Group is trying to raise money to get our mural repainted, but this doesn't happen without a lot of hard work and commitment.

All the food was donated by the members and hopefully we have earned another \$1000 towards our goal. We need to save \$14,000 so any support, donations or just turning up to one of our events would be good as all the money goes towards the mural. So if you are feeling a little flush or would simply like to donate we would love your money to go towards this fund.

Our next fundraising event is the GIANT GARAGE SALE this weekend Saturday morning 24th October we are having a white elephant stall (donations accepted) and Devonshire teas so come along to support our endeavours.



## WORKSHOP

Fabulous Ferrous: a rusting paper workshop is planned for the 7th and 8th of November. Check out the poster in the Link or on the window at the art space or on Facebook for further information. Anyone is welcome to come and experiment and play (not suitable for children).

Exhibition: the final leg of the BLACK and WHITE exhibition is being installed in the gallery this week opening night is Friday evening 23rd October (tomorrow night). All welcome.

If anyone is interested in joining us you would be very welcome. You don't have to be a fabulous artist, just having an interest in the arts is okay and you are very welcome. New members are very welcome as well as returning past members. Meeting the 3rd Tuesday of the month at 1 pm but we do try to get there by 11am. All welcome.

*You are invited to Newdegate CRC*

## SHOPPING DAY

Join us for a day of retail therapy at the Community Resource Centre!

*Thursday 3rd December 2015*  
*9.30am - 4pm*

\$5 entry fee includes morning tea, afternoon tea, raffle ticket & a gift bag.

We're bringing some great new products & services to Newdegate!  
Get your Christmas shopping done early or spoil yourself with something special....and support small business!

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. Intimo . Your Inspiration at Home . Scentsy . Tupperware .  
. BodyShop . Christine Beauty Therapy for Women . Avon .  
. 4Paws Pet Care . Illuminate Bodycare . and many more





# LIONS Host Curtin University Students

*Arthur Slarke. Photo Nick Maalouf*

The John Curtin Weekend volunteers visited Lake Grace, 2-4<sup>th</sup> October 2015.

Each year Lions and the Lake Grace Shire have managed to come up with worthwhile tasks to aid our local community.

The main project this year for the 13 young volunteers was the re-sealing of the 5 rammed earth town entry statements. The importance of preserving these pieces of art has been identified by the community, with the Shire providing the Raw Emulsion used as the sealant. It is anticipated this job will need to be done every few years.

A second job found for the volunteers, this time materials supplied by LG Lions was the repainting of the sign at the Visitor's Park at the east end of town. The frame is now painted with the old favourite colour of Mission Brown. The lettering is newly highlighted in Brilliant White. This was the fiddly job which a few of our female visitors persisted with until the job was done properly. Good work!

The long serving volunteer bus driver David Lord, helped by carrying the paint can for a time to assist his young charges.

The catering and accommodation was much the same as last year with Lucy and Ollie Farrelly housing the students for the two night stay. The Lakes Village was the centre of attention for breakfast and morning tea and for Sunday BBQ lunch prior to their departure back to Perth.

Saturday evening, the group went to the hotel for dinner where they chose their individual preference from the board. A number of Lion Members and partners were there also, to mingle with our guests.

Sunday morning was busy with events of interest. Once the breakfast was over with the students walked the streets, firstly taking in the messages on historical plaques, Fyfe's Brownlow banner, The Art Space and the buildings around a section of the town.

As a group the students then enjoyed the hospitality of Lyn and Allan Zweck, where at their home refreshments were provided and Allan gave

everyone the opportunity to look through his model MV collection giving as much explanation as time allowed.

The AIM hospital was the next stop, thanks to Elsie and Neil Bishop. Elsie gave the students a guided tour with much interest being shown by the group of an important piece of our history.

Finally they returned to the Village for the last time, where lunch was combined with many thanks and well wishes all around. The tradition which began last year of all the students autographing one of their orange T-shirts was continued. Lions President Arthur presented group leader Aislinn Kowald with a Lions Club bannerette in return for a package of mementos' which included the orange shirt and a plaque which is being displayed in the wall cabinet in the CRC foyer.

Thanks go to the available Lions members and partners for putting in a great effort to host the John Curtin students- Super effort guys, thank you!

Whilst boarding the bus for their trip home the students were treated to a rousing rendition on Wally Perry's CD player of Andrea Bocelli's Say Goodbye. This was very effective in the moment.

Lastly, there was one more place for the JCW volunteers to visit on their way home. That being the Smiths' shearing shed 40 kms NW of Lake Grace. Thanks to Darren Spencer for creating this opportunity and to Hank and his brother for allowing this group of fine young men and women to experience a typical farming activity in the WA Agricultural region.



**Arthur Slarke with Curtin University students.**

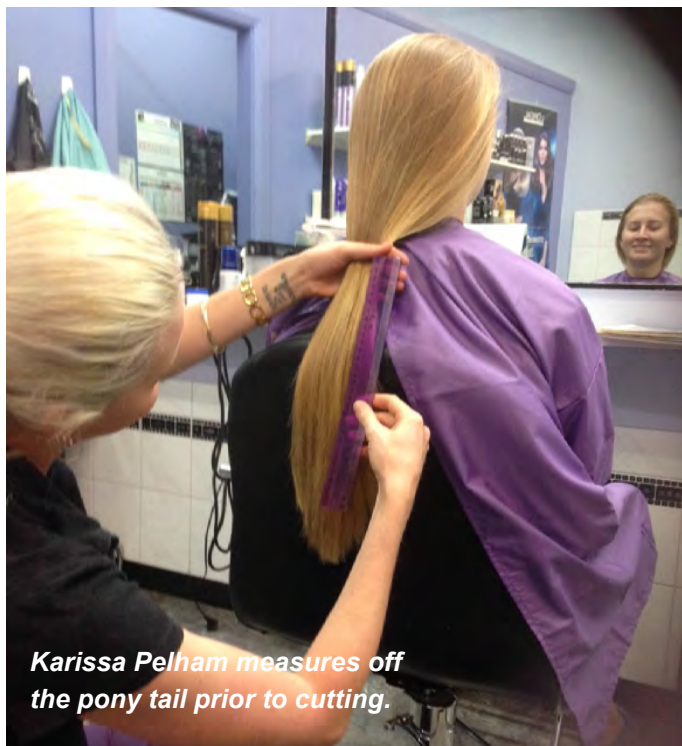


## Phoebe's New Look

Thank you to everyone who has donated and supported me in my fundraiser for Telethon. With your help I have raised over \$1300 with still more to come!

My hair is in the mail and on its way to Variety to be turned into a wig for young children suffering from Alopecia.

Thank you especially to Karissa Pelham at Lakeway Hair Salon who cut off my pony tail and fixed me up with a fresh new hairstyle :)



*Karissa Pelham measures off the pony tail prior to cutting.*



*Phoebe Robertson's new hair do*

## EXPERIENCED GENERAL FARM HAND PINGARING

An experienced General Farm Hand is required on a mixed property in Pingaring, Western Australia. Pingaring is well positioned between many small towns such as Kulin, Lake Grace, Newdegate, Hyden, Wave Rock and Varley. Pingaring offers a warm, friendly community environment.

They have a great working environment which offers a good work-life balance and is open to singles, couples and families.

Working alongside the owner and up to four others during the busy periods, you will be responsible for operating and maintaining machinery at seeding and harvest time, help oversee casual staff, spraying, fencing, servicing machinery and other general farm hand duties.

Should a partner be interested/capable of working on the farm, there may be some assistance required during the busy seasons and other on-farm work.

The successful person will have the following:

- Farming background;
- Seeding and/or harvest experience;
- Boom spraying experience;
- Ability to work livestock in a calm manner;
- Be able to operate and maintain both new and older machinery with diligence and care;
- Be a practical and lateral thinker;
- Ability to work on your own and be self motivated;
- Have a passion for the industry and a thirst for knowledge!
- GPS knowledge and truck licence (HC/MC) are highly desirable.

**Start date:** Any time from now, or after harvest.

**Accommodation:** Depending on your family situation, there are two options. One is a large 4 bedroom homestead on the farm which has been re-fenced, has a new driveway and polished wooden floor boards! The other option is a 3 bedroom house recently refurbished, located in the town of Pingaring.

Pingaring has a rural merchandise outlet, general store with liquor outlet and a Post Office

**Schooling:** Many primary school options in each town with Lake Grace having a District High School. There are school bus routes past the front gate of both accommodation options.

**Package:** Salary is negotiable depending on experience and skills. Accommodation and work vehicle are also provided.

**Machinery:** A mix of new and older machinery, all well maintained gear with GPS.

Contact 0428 668 085 or [burnsidefarms@bigpond.com](mailto:burnsidefarms@bigpond.com)





# Lake Grace District High School News

## Cadet Camp 24th—25th September WAVE ROCK



Cadet students surfing the Wave, Poch Amores, James Ayers-Dillon, Hannah Clunie, Charlee Earnshaw, Cooper Earnshaw, Georgia Garard, Cody Giles, Whitney King, Clancy Lay, Ella Leigh, Latisha McGlinn, Rory Murray, Kaitlyn O'Neill & Josh Pearce.

Thank you to Mrs Sharon Clunie & Mrs Lea Murray for assisting teachers, Miss Vicki Nolan & Mrs Megan Nenke, on this wonderful overnight camp.

The students thoroughly enjoyed the experience.





# Lets Celebrate 10 Years for the Lake Grace Visitor Centre!

*Elle McPherson*

The Lake Grace Stationmaster's House, located on Stubbs Street in the centre of Lake Grace, was originally built in 1924 as a residence for the Station Master. Following the closure of the railway in 1987, the building fell into a state of disuse and disrepair. Western Australian Government Railways initiated transfer of ownership of the building to the Shire of Lake Grace in 2002, and the Lake Grace Development Association formed plans to convert the building into a Visitor Information Centre.

The Stationmaster's House Action Group volunteers

***The opening of the Station Masters House as a Visitor Centre.***

***Photo Trish Medlen.***

actively restored the building and grounds over the next few years. In 2005, Lake Grace Development Association opened the building as the Lake Grace Visitor Information Centre. This project would not have



## TREVENEN

### Building & Glass

GLASS SERVICES

24hr glass repair service

Aluminium windows & doors

Glass splash backs

Fireplace glass

Fly screens & other screen doors

Shower screens, mirrors

Glass supply & cutting

Window & door repairs

**0437 577 214**

**34 Bennett Street, Lake Grace**  
**trevenenbuilding@hotmail.com**



## Lets Celebrate 10 Years for the Lake Grace Visitor Centre! (cont.)

been possible without the funding provided by Lottery West, who contributed \$6,500 toward the Conservation Plan and \$19,500 for restoration and renovation works.

The Wheatbelt Area Consultative Committee, through the Town Centre Project, also funded \$7,500 for restoration works and provided funds for a feasibility study.

Today the Visitor Centre is a hub of activity, open 5 days a week from 9.30am - 4.30pm with locals and visitors both utilising the centre to information, events and just as a fantastic setting for lunch!

If you are coming through Lake Grace on your travels, call in to see us and say hello. While there find

out more about things to do and see around town and where to stay and eat!

*The Station Masters House from the rear prior to the building being renovated. Photo Greg Meston.*



## Lake Grace Pharmacy

- Webster Packs are a great medication management tool. For a limited time we are offering to new clients free Webster packing service for the first four weeks. Offer concludes at the end of November.
- 50% OFF YOUR SECOND VITAMIN PRODUCT. Equal or lesser value, offer valid till 14<sup>th</sup> November 2015



Trading Hours – Monday to Friday 9.00am to 5.30pm, Saturday 9.00am to 12.00pm

E-mail: lakegrace.pharmacy@gmail.com



The Wembley Theatre Company Presents

# *The Adventures of Dick Whittington & His Cat*

A pantomime written by Tony Nicholls  
Directed by Bryce Manning

**NEW 4PM START TIME!**

Saturday 7th November  
Kulin Memorial Hall

Adults \$15 Children \$10  
tickets available from Kulin Community  
Resource Centre or on the door

Refreshments & Snacks for Purchase  
Prize for Best Dressed Fairytale Character

for more information contact Kulin Community Resource Centre  
PH 08 9880 1021 or [E.crccounter@kulin.wa.gov.au](mailto:E.crccounter@kulin.wa.gov.au)





# LAKE GRACE HOSPITAL – Multi Purpose Service

providing **24 hour Emergency Health Care Services**  
and **Community Care Services** to Lake Grace and the surrounding district

Contact details = Telephone: **9890 2222** Fax: **9890 2202**

## HACC & MPS Activity Programs:

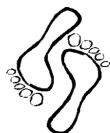
### Foot Clinic

Tuesday 10th November 2015

9.00—12 noon

All seniors welcome

(please provide your own manicure set and ladies can bring along a favourite nail polish for a special treat this month!)



### Chair Aerobics

Every Tuesday @ 10.45am

At the Lakes Village Hall

\*Exercises for people with limited mobility\*



### Morning Tea & Activity

Hospital Activity Room every Wednesday

Time: 10am—11.30am

**4th November — Singalong**

**11th November —**

**Remembrance day**

**18th November Pamper, Movie**

**25th November— Sunshine**

**Friends Puzzles**

All welcome to come and join in  
(bus transport available)



### Bus Outing

Friday 13th November 2015 (approx 9.30am to 11.30am) Call the hospital to book.

### SwimAbility

Trips to Narrogin for hydrotherapy exercise sessions at the indoor leisure centre:

Next trip will be on **2nd November**

Call the hospital to book a place on the bus.

### 4th Friday Activity

**Friday 27th November**

Activities / Games / Trivia

10.00 am—1.30pm

Lake Village Hall

Please RSVP for catering by

20th November!



**Call 9890 2222 during office hours**

to get further information about HACC  
and Hospital services

## Hospital Upgrade Progressing Well!

The foyer is completed, so please use the Main Entrance to come into the hospital.

Please remember to:

\* **Look for signs** to direct you, and

\* **Please use the INTERCOM outside the Main Entrance** to call for staff to assist you

\* Do not enter construction areas

The old Outpatient Entrance is now blocked off as work is starting in that area next.

The temporary admin office is down the hall (follow the signs) while there is work going on in the Administration area

The kitchen upgrade is progressing well and should be operational by next week.

Work is progressing at the southern end of the building (behind a temporary wall) to install an ensuite bathroom adjoining the two bed room.



The refurbished foyer at the main entry to Lake Grace Hospital is now operational.



And remember to stay well **hydrated** as the days are getting warmer.



# Farmers Centre Demonstrate Their Latest

Gary Frost

Farmers Centre 1978 Pty Ltd are very pleased to be able to present to the Lake Grace community the very latest combine harvester from CASEIH. The new 40 series combine will be demonstrated next week, on the 29th and 30th October.

The demonstration will be at the community crop on Willcocks Road. Farmers Centre will have the 8240 combine which features a new non EGR T4 compliant 13L engine with 555 max hp.

Other features include:

- A larger 510 bushel grain tank (11.5t) with grain tank cross auger shut off for ability to empty unload auger (4 bu/sec unload rate).
- Grain tank lids raise and lower from cab
- Auger extension folds around for easy storage
- Rear spreader adjustable from cab
- New more efficient straw chopper
- 10,075 square inch cleaning area

- A larger, quieter cab with CASEIH pro 700 auto steer function and a FRIDGE

We welcome anyone and everyone to come along and have a drive of the latest combine while we harvest the Lake Grace community canola crop. This is an ongoing commitment from Farmers Centre to the people and community of Lake Grace.



Living Communities are hosting

## Late Night Shopping

on Friday 11th December

The main street will be closed and we are looking for stalls. If you would like to set up on the evening then please call the Lake Grace CRC on 9865 1470 and book in.

We are looking for food stalls, baked goods, craft stalls, displays, face painting etc. to add to those who have already registered. If you have an idea then please contact us, preferably as soon as possible so we can include you in the advertising.

Currently needing a jolly man who loves wearing red!



## Bits & Pieces

By the time you read this, the bride and I will be celebrating our belated 49th wedding anniversary at The White Rose Resort in Bali. (Any excuse to go on another holiday!)

I cannot tell you a lie, we have come to Bali to witness the wedding of our first grandchild Jessie to a wonderful chap Callum, and help them celebrate the start to a long and happy marriage.

But while I am relaxing by the pool I don't want you to go slack on me so here are a couple of teasers to keep your mind active.

### Can you meet this challenge?

I've seen this with the letters out of order, but this is the first time I've seen it with numbers. Good example of a Brain Study: If you can read this OUT LOUD you have a strong mind. And better than that: Alzheimer's is a long, long way down the road before it ever gets anywhere near you.

7H15 M3554G3 53RV35 7O PR0V3 H0W 0UR M1ND5  
C4N D0 4M4Z1NG 7H1NG5! 1MPR3551V3 7H1NG5!  
1N 7H3 B3G1NN1NG 17 WA5 H4RD BU7 NOW, ON  
7H15 LIN3 1F Y0UR M1ND 1S R34D1NG 17  
4U70M471C4LLY W17H 0U7 3V3N 7H1NK1NG 4B0U7  
17, B3 PROUD! 0NLY C3R741N P30PL3 C4N R3AD  
7H15. I C4N R34D 7H15, C4N U?

Following on from that, my selected strange-minded friends, see if you can read the following paragraph. Only great minds can read this one. It is weird, but interesting! *If you can read this, you have a strange mind too. I cdnuolt blveiee taht I cluod aulacly uesdnatnrd waht I was rdanieg The phaonmneal pweor of the hmuan mnid Aoccdrnig to rscheearch at Cmabrigde Uinervtisy, it deosn't mtttaer in waht oredr the ltteers in a wrod are, the olny iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit a porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Amzanig huh? Yaeh, and I awlyas thought slpeling was ipmorantt.* Could you read it? Apparently only 55 people out of 100 can.

### And here are some more unbelievable facts for you to digest.

Did you know:

- Fish cannot live in the Dead Sea because it has too much salt in it.
- The blue whale is the largest animal on earth. The heart of the blue whale is as big as a car and its tongue is as long as an elephant.

Now for some facts about the human body:

- Your brain is like a computer and controls your entire body.
- Your heart beats about 70 times a minute and each time it beats it pumps about a cupful of blood.
- There are 206 bones in your skeleton and about half of the bones in your body are located in the hands and feet.

- Your muscles make up about half of your body weight.
- If you were to remove your skin, it would weigh as much as 5 pounds (2.27 kilos).
- About 70 percent of your body weight is water.

### Inertia, Mass & Force, Action & Reaction

Did you know that objects and people move and obey three basic laws of motion: inertia, mass and force, action and reaction? Isaac Newton discovered the laws of motion more than 300 years ago.

**Inertia:** the first law of motion, states that objects that are at rest tend to stay at rest unless acted upon by some outside force. For example, a ball will not move unless someone kicks it.

**Mass and Force:** the second law of motion deals with the mass (the amount of matter in an object) and force (the action on an object). For example, a ball does not speed up or down all by itself because it takes a force to move it or slow it down. How the ball moves depends upon the object that is used to move it, the force used to move it and the direction of the force.

**Action and Reaction:** the third law of motion, action and reaction, states that for every action there is an equal and opposite reaction. For example, a person on a skateboard pushes back to accelerate and his push back on the ground sends him forward on his skateboard.

### A win for the little ones....

Little Zachary was doing very badly in maths. His parents had tried everything: tutors, mentors, flash cards, special learning centres. In short, everything they could think of to help his maths.

Finally, in a last ditch effort, they took Zachary down and enrolled him in the local Catholic school.

After the first day, little Zachary came home with a very serious look on his face. He didn't even kiss his mother hello. Instead, he went straight to his room and started studying. Books and papers were spread out all over the room and little Zachary was hard at work. His mother was amazed.

She called him down to dinner. To her shock, the minute he was done, he marched back to his room without a word, and in no time, he was back hitting the books as hard as before. This went on for some time, day after day, while the mother tried to understand what made all the difference.

Finally, little Zachary brought home his report card. He quietly laid it on the table, went up to his room and hit the books. With great trepidation, his Mum looked at it and to her great surprise, little Zachary got an "A" in maths. She could no longer hold her curiosity. She went to his room and said, "Son, what was it? Was it the nuns?" Little Zachary looked at her and shook his head, no.

"Well, then," she replied, "Was it the books, the discipline, the structure, the uniforms? WHAT WAS IT?"

Little Zachary looked at her and said, "Well, on the first day of school when I saw that guy nailed to the plus sign, I knew they weren't fooling around!"





## Employee in Profile - Arnold Cruz

*This is the second 'employee in profile' item to go into the Lakes Link. Next time you see Arnold say hello!*

I was born in the Philippines near Manila in Bulacan Province. Population of over 4 million! Our community was quite poor.

I am the eldest sibling and I have 2 sisters and 2 brothers. My parents had both been unwell for some time so I need to help with their living costs and medication, so I moved to Australia to have a better income to support my family. Earlier this year my mother passed away and it was a very sad time for me. I was able to fly home for 6 weeks to be with my family. My mother was always my inspiration to work abroad so I could make a better life for her. Now my other sibling helps with my father at home and I support them by working in Australia. As the eldest sibling this is my duty.

Growing up I enjoyed playing basketball, volleyball and fishing.

In the Philippines I attended school and college then got a traineeship in Machining. In this company in Manila we do not get paid a wage while we are doing our apprenticeship but if we work for a good company we are lucky to get an allowance for meals and travel during our traineeship. My dream was to be a Civil Engineer but I didn't have the funds to attend University.

Because of the high population in the Philippines there is a lot of competition for finding employment. Jobs can be hard to get especially as you get older.

I moved to Western Australia on a 457 Working Visa. I spent 2 years in Cunderdin then moved to Lake Grace. I have been working at Lake Grace Engineering now for 1 year and I love living here. It is very peaceful and safe and people are friendly.

Working conditions in Australia are much safer and the environment much cleaner. The salary is much higher too. The work is different from the places I worked in the Philippines. The companies I worked for were large and dealt in mass production.



Here at my job we have something different every day and you have to think on the spot and don't have time to work through a drawing and production process. Work has to be completed quickly if it is for a breakdown and the client needs to get going urgently. This is the main difference in my work as well as trying to speak and understand English better!

I have travelled and seen some of WA in my time here and hope to see much more. I have been as far as the Pinnacles and also down to Margaret River and Busselton. It is all very nice. I would really like to go to Bremer Bay and catch fish next!

I may seem quite shy but I love talking to others and can handle myself and adapt easily to situations. So if you see me around be sure to say hello.

### CARAVAN FOR SALE

Coromal Family 616S

Rear Queen Bed, Folding Bunks,  
Shower/Toilet, Gas/electric HWS,  
New Aircon, 12 Volt deep cycle battery,  
Large fridge, microwave, awning and  
full annex

EXCELLENT COND. \$37,000 ono

Alex Jones 0429 361 034 (Gairdner)

# Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)



## CEO's Corner

Congratulations to Councillor Stephen Hunt who was re-elected to Council as representative of the Lake Grace Town Ward at Saturday's Local Government elections. Voting packages totalling 326 were distributed; Councillor Hunt received 135 votes with Mr Mark Walker receiving 19 of the 154 valid votes returned.



**Above: Returning Councillor Steve Hunt with Returning Officer Terry Gladish at the conclusion of the vote count.**

Due to a lack of nominations for the Rural Ward there will be an extraordinary election held with nominations opening early November. The election will be held on

Wednesday 23 December 2015 with postal ballots delivered to electors in the last week of November.

Farewell to Dr and Mrs Jacobs who will be leaving us at the end of the month. There is a gathering for Francois and Henriette at the Sportsman's Club on Wednesday 21st October where the community will have the opportunity to say their goodbyes.

Council have engaged First Health to manage the medical practice and recruit a replacement doctor. First Health is currently working with Dr Jacobs arranging the transition and a locum doctor is in place from 9 November 2015.

Best wishes also to Sergeant Martin Downey who will be leaving Lake Grace to take up a position in Perth. Martin has been an asset to our community and shows the benefits of good community policing, he will be sorely missed.

In response to concerns raised by the Varley community the Shire is in negotiation with Main Roads to implement a speed limit reduction on the Hyden-Lake King Road through the Varley townsite from 110 to 80 km/h. We are hopeful that Main Roads will agree to the reduction and it can be implemented prior to the harvest period.

*Neville Hale*

**Chief Executive Officer**

## Premier's Australia Day Active Citizenship Nominations

**Nominations close Friday**

**27 November 2015.**

Application forms are available by contacting the Shire of Lake Grace on 9890 2500 or [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)





## Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)

### Office Opening Hours

Monday - Tuesday - Wednesday - Friday

8.30am - 4.30pm

*Changed to*

**Thursday 8.30am- 4.00pm**

Staff can be contacted by phone between 8am - 5pm.

### Licensing Opening Hours

Monday, Tuesday and Wednesday 8.30am - 4.15pm

Thursday and Friday 8.30am - 4.00pm

### Tip Opening Hours

#### Lake Grace

Monday & Wednesday 9am - 2pm

Saturday & Sunday 9am - 4pm

#### Newdegate

Wednesday 9am - 1pm

Saturday 9am - 1pm

#### Lake King & Varley

Open Every Day



### Waste & Recycling Pick up Dates

Household Waste Collection is weekly and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is fortnightly and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
2 November	26 October
16 November	9 November

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.



**Check out our website**  
**[www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)**

### Driving Assessor

The Practical Driving Assessor will be at the Shire of Lake Grace Office on:

**Friday - 6 November 2015**

**Friday - 4 December to be confirmed**

Please contact the Shire's Customer Service Officer for an appointment.

You can now book your PDA online. For more information visit [www.transport.wa.gov.au](http://www.transport.wa.gov.au)

### Building Surveyor

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

**Tuesday 3 November 2015**

**Tuesday 17 November 2015**

To make an appointment please contact Josiah on ☎0438 811 944.

### Prohibited Burning Times

Prohibited burning times has been moved forward due to the dry season:

**Sunday 18 October 2015**

Firebreaks must be in place from the 1 November to the 30 April.

### Dog Micro Chipping Deadline



From 1 November 2015 it is compulsory for dogs to be microchipped

For more information visit the Department of Local Government and Communities' website at [www.dlhc.wa.gov.au/cats](http://www.dlhc.wa.gov.au/cats) and [www.dlhc.wa.gov.au/dogs](http://www.dlhc.wa.gov.au/dogs)



## Shire of Lake Grace Bulk Kerbside Collection



**From Tuesday 27 October 2015**

**Lake Grace / Newdegate / Lake King / Varley**

The collection is ideal for bulky items such as discarded white goods, furniture and electronic equipment. There are some limitations:

- all items of rubbish must be capable of being loaded by two employees.
- loose items must be boxed.
- garden refuse must be bagged or bundled with twine.

### Accepted Material:

- ✓ Household appliances and Whitegoods
- ✓ Furniture & mattresses
- ✓ Bagged & boxed items
- ✓ Bric-a-bac
- ✓ Garden Refuse (bagged or bundled)

\* To comply with disposal requirements, the doors of refrigerators must be removed prior to being put on verge for pickup.

\* The removal of motor vehicle bodies will require prior notice to Shire staff.

### NOT Accepted:

- × Batteries, tyres, oils, petrols, etc.
- × Gas bottles, oil filled heaters, flammable items
- × Asbestos (fibro) soil, stones or sand
- × Chemicals or paint (tins must be empty)
- × Heavy materials – i.e. items not capable of being loaded by two employees
- × Fire extinguishers and flares
- × Glass
- × Tyres, car parts or building materials such as bricks, tiles & concrete
- × Food scraps and household garbage

**Items are not to be placed earlier than 10 days prior.**

All enquiries should be directed to the Shire of Lake Grace on: (08) 9890 2500.

## Pool Season Opening Soon

The pool is being prepared for the 2015/16 season. Below are the pool hours for the beginning of the season and may change when the weather becomes warmer.

Early morning swimming will be Tuesday, Wednesday Thursday and Friday 5.30am – 7.00am

Midmorning - Tuesday, Thursday and Saturday 10.30am – 11.30am

Afternoons - Monday to Friday 2.00pm to 6.00pm

Saturday and Sunday 1.30pm to 6.00pm

**Season Tickets** are now available for purchase:

(dependent child is 16 years of age or younger)

Adult (16 years and over)	\$77.00
Child, Student, Senior, Pensioners	\$60.00
Family with 2 dependent children	\$155.00
Family with 3 or more dependent children	\$185.00

To register for SMS please contact the Shire of Lake Grace on (08) 9890 2500.

Keep an eye on the Lake Grace Pool Facebook page for regular updates.

## Rubbish Disposal Costs

As a consequence of the amended Licence conditions applied to the Shire's waste facilities it has been necessary to man the Lake Grace and Newdegate sites. This requirement should improve site management, ensure appropriate segregation of waste and reduce contamination from inappropriate dumping of oil, tyres, treated timber and other hazardous waste.

The cost for disposal of some items are:

Used Oil per litre	.15c
Build/Commercial building waste per tonne	\$40.00
Bulk/ commercial building waste per trailer	\$30.00
Contaminated Soil (up to Class 2 threshold only) per tonne	\$100.00

\* The Shire will be seeking feedback from users and is open to any suggested change of hours within its budget capacity.





## Be Safe & Aware of Shire Maintenance Vehicles on Your Roads Over Harvest

All grain cartage contractors, land owners, and other road users be aware of shire maintenance vehicles on roads in your area throughout harvest.

Dust impairs vision increasing the risks of accidents.

Abide by road signs and do not speed.

Vehicles seen driving without caution will be reported.

Shire road works:

Biddy Camm Rd between Lake Grace Tip & Duckworth Rd

Burns Rd

Dunham Rd

Holt Rock South Rd



**Road works are subject to change for emergency repairs, be aware at all times.**



## Bushfire Bulletin

2015-2016 Fire Season



Bushfires are a part of every Australian summer. They can start suddenly, move quickly and affect large areas. They can be devastating and have a lasting impact on communities. People have been killed or seriously injured, and homes destroyed during bushfires.

- Have a bushfire survival plan
- Prepare a bushfire survival kit
- Prepare your property, including creating a 20 metre asset protection zone
- Know and understand bushfire warnings

[Prepare](#) your family, home or business. Know your bushfire risk and develop a bushfire survival plan.

[Act](#) on the fire danger ratings. Put your preparations into action, do not wait and see.

[Survive](#) by monitoring conditions if a fire starts. Know the bushfire warning alert levels and what you will do if you are caught in a fire.

### Harvest and Vehicle Movement Ban SMS:

To register please contact the Shire of Lake Grace on (08) 9890 2500.

**Please Note:** Do not reply to the harvest ban notification SMS message

More information on fire protection requirements can be found in the Shire's Firebreak Notice, a copy of which should have been placed in your mail box.

If you have not received a copy please contact the Shire office and we can mail one out to you. Alternatively the firebreak notice can be viewed on the Shire website [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

**PROHIBITED BURNING TIME**  
**Sunday 18 October to 31 January**  
**STRICTLY NO CAMPFIRES**



## Shire of Lake Grace

### PUBLIC NOTICE RESULTS OF ELECTION

Results of the local government election held 17 October 2015

Candidate	Number of Votes	Candidate	Number of Votes
<b>Lake Grace Ward</b>		<b>Rural Ward</b>	
WALKER, Mark	19	CLARKE, Debrah	Elected Unopposed
HUNT, Stephen	135	MARSHALL, Allan	Elected Unopposed
<b>Total Valid Votes</b>	154	Therefore the following people are elected as councillor(s) for the Rural Ward.	
<b>Informal</b>	1	<b>Name</b>	<b>Expiry of Term</b>
<b>TOTAL VOTES</b>	155	CLARKE, Debrah	19 October 2019
<b>Formal Ballot Papers</b>	155	MARSHALL, Allan	19 October 2019
Therefore the following person is elected as councillor for the Lake Grace Ward.		The councillor will hold office until the date set out next to his or her name.	
<b>Name</b>	<b>Expiry of Term</b>		
HUNT, Stephen	19 October 2019		

Neville Hale  
Chief Executive Officer



#### McKenzie's Garage Sale 43 Absolon Street, Lake Grace

Camping gear, household items, tools, treadmill,  
clothes/shoes

#### Happy Chappy's Sale 11 Morrison Avenue, Lake Grace

Baby items, clothes, prams, kitchen items, furniture

#### Trish & Grant - 43 Bennett Street, Lake Grace

Treadmill, BBQ, photo frames, Royal Albert crockery,  
souvenirs, kids books/games/toys

#### Trash 'N' Treasure & Devonshire Teas, 25 Stubbs Street, Lake Grace

Books, bric-a-brac, homewares, clothing, dehydrator,  
furniture & dryer, Devonshire Teas from 10am to 2pm

**Group Sale, 19 Stubbs Street (Visitor Centre lawn)**  
Preserved Delights, Hayden McGlinn, Annie's Crafts,  
Odds & Bobs, Playgroup Bake Sale and Sausage  
Sizzle

**Henk Doelman's**  
**2 Waratah Ave**  
Household

**Auction of Collectables & Vintage Machinery**  
**Stubbs Street Car Park - near Visitor Centre**  
Kerosene can boxes, enamel & galv pots/buckets etc,  
stationary motors (not working), vintage furniture and  
general vintage tools & items.

**Tahlia Watters, 14 Mitchell Street, Newdegate**  
Clothing, toys, plants, eggs, handmade hair accessories  
& household items.

**Lake King Boot Sale**  
**Behind the Goods Shed, Lake King**  
Four Boot Sales, cupcakes, sausages sizzle, pre loved  
clothing and toys.



# October is Pink Ribbon Month and 'Girls Night In'

Karen Hansen, | Regional Education Officer Wheatbelt | Cancer Council WA

Every day in Australia, around 50 women are told they have breast or a gynaecological cancer day and sadly around 12 Australian women will die from a women's cancer.

**Breast cancer** is the most common cancer for women. Breast cancer can occur at any age. It is more common in women aged over 60 but nearly one-quarter of women are younger than 50. In WA in 2012, 1569 women were diagnosed with breast cancer (31% of all cancers in women).

**Gynaecological cancers.** In WA in 2012, 461 women were diagnosed with a gynaecological cancer (9% of all cancers in women). The most common gynaecological cancers are Uterine (womb), Ovarian and Cervical cancer. Cervical cancer is the most preventable due to the National Cervical Screening Program.

## Signs and symptoms of breast and gynaecological cancers

- ☐ Abnormal vaginal discharge or bleeding, (particularly after menopause)
- ☐ Pain after or during sexual intercourse
- ☐ Nipple sores, nipple discharge or turning in

- ☐ Skin of the breast dimpling, rash or red swollen breasts
- ☐ Unusual lumps or changes such as severe itchiness, lump or changes such as burning, soreness, swelling,
- ☐ New lumps or thickening in the breast or under the arm
- ☐ Changes in bowel/bladder function ie, constipation, diarrhoea, need to urinate more often
- ☐ Excessive tiredness/fatigue
- ☐ Indigestion
- ☐ Leg pain or swelling
- ☐ Low back pain, abdominal or pelvic pain
- ☐ Menstrual irregularities
- ☐ Lower abdominal swelling and/or discomfort (pressure, bloating, feeling full even after a light meal,)

If you have had any of these signs or symptoms, tell your doctor. It doesn't mean you've got cancer – usually they turn out to be something less serious. But it's important to tell your doctor and get them checked.

*Remember, if it is cancer, the earlier it's found, the earlier it can be treated.*

For more information and/or to book a talk about the prevention of women's cancer for your community please ring 9622 4326 or email [khansen@cancerwa.asn.au](mailto:khansen@cancerwa.asn.au)

## For Sale

**Kimberly Kamper 2009 Platinum**  
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**0427 712 057.**



## Lake Grace Community Library BOOK FAIR

**Mon 26/10/15 - Wed 04/11/15**

**9am - 5pm**  
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## Unprecedented Donations Following Lotterywest Grant Announcement for Local Ambulance (cont.)

On the 20th October St John Ambulance WA Ltd - Kulin Sub Centre pledged \$10,000 to the project, and highlighted the Community Paramedic Office as a specific part of the building they wished to support. Thank you Kulin. The Lake Grace Sub Centre has supported Kulin Sub Centre at the Kulin Bush races in 2014 and 2015, Blazing Swan in 2015 and the Great Southern Colts Carnival in 2014.

Additionally we also acknowledge the personal donation from the Stanton Family of \$1,000, and the donations in lieu of flowers from Mr Doelmans ' funeral of \$100. Lest We Forget.

The donation tins around town are also gaining some momentum. The two donation tins banked to date are for the Lake Grace Roadhouse of \$170.55, and the Lake Grace Hotel for \$46.40, If you have some spare change please consider dropping it in a tin.

We are also waiting on the ratification of another significant donation that is planned to be pledged to the project. Once due process has been followed we hope to make that announcement, so watch this space.

In all it has been a very humbling and uplifting couple of weeks.

Thankyou to everyone who has donated to the project and is not listed here. Your donations are recorded for addition to the wall of recognition planned for the new building.

As a project update, at the moment we are finalising the funding agreements with the Wheatbelt Development Commission and Lotterywest. We also working on the building tender documents and we hope to go to tender next week.

Oh.....and the signs will be back due to popular request.....with some amendments. So keep an eye out for that.

# **HENDERSON'S EARTHMOVING**

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**Ring Max Henderson 0428 915 528**



Varley – Half completed



Lake King after cleanup



Varley – Last drums going into compound

## drumMUSTER relaunched in Lake King and Varley

Lake Grace Shire and **drumMUSTER** have combined resources to tidy up **drumMUSTER** compounds at Lake King and Varley in preparation for the relaunch of the service.

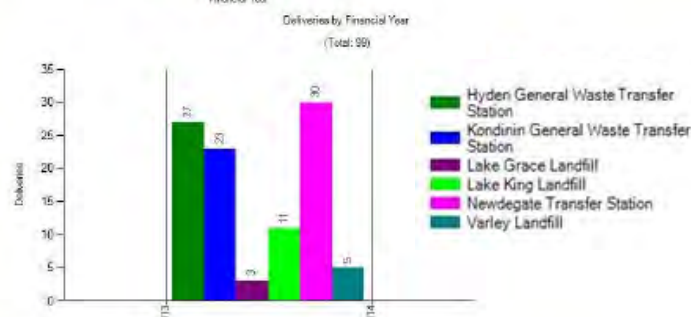
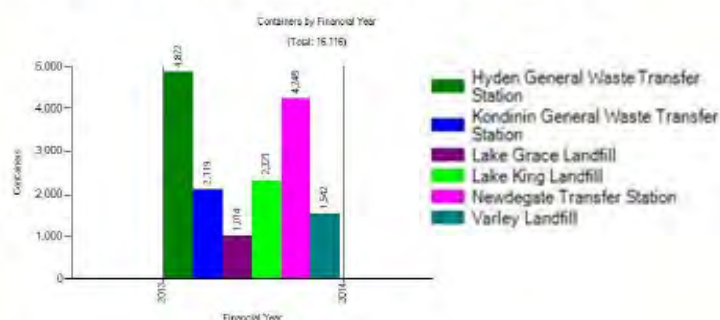
The Lake King and Varley Progress Associations have agreed to a 12 month trial with Lake Grace Shire and **drumMUSTER** to provide year-round access to both compounds with the support of local resellers.

Dumping has been a significant issue in the past and unfortunately, if it continues, the **drumMUSTER** service may be withdrawn completely.

Graeme Passmore, **drumMUSTER** Regional Consultant for Western Australia, hopes the trial will improve farmer participation and increase fundraising for local communities.

“Strong community support and involvement can significantly lift farmer participation in **drumMUSTER**,” he said.

“Over the past four years, deliveries in the Esperance Shire have increased from 6,000 to nearly 18,000 drums per year. This is during a period when estimated drums being sold by resellers have halved. Farmer deliveries also increased from 29 to 120 and community groups working with **drumMUSTER** in Esperance received close to \$4,000 to support their activities in 2014.”



During the 2013–14 financial year, Lake Grace, Lake King and Varley underperformed against comparable communities of Hyden and Newdegate:

1. Lake Grace 6%
2. Varley 11%
3. Lake King 24%
4. Kondinin 51%
5. Hyden 53%
6. Newdegate 60%

Contacts: Andy Frost (Lake King) on 0428 380 035,  
Kurt McPhee (Varley) on 0427 887 994  
or Graeme Passmore on 0429 933 307 if you require further information



FOR MORE INFORMATION, LOG ON TO [WWW.DRUMMUSTER.COM.AU](http://WWW.DRUMMUSTER.COM.AU) OR GIVE US A CALL ON 1800 008 707



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Elle McPherson

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All the products (apart from the Desert Lime Sensitive Face Cream) have both lavender and fragonia essential oils in them. They are complemented with other Australian essential oils and bush extracts.

So if you like natural and you love quality products that smell great then get into the Visitors Centre today and check out the range we are now stocking.



## Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

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## A Night With Estelle (cont.)

allowed); tracking down Cooke's many victims was also a challenge.

Due to the lack of a publisher Estelle self-published the first 10,000 copies; only after this success did a publishing company come forward to then publish later editions. Her book is now used within the education curriculum and Estelle frequently gives talks at schools. The book reopened the cases of John Button and Daryl Beamish and with two lawyers taking on the cases pro bono, the end result was the longest standing convictions in Australia to be overturned.

More than 55 people attended the evening at the Regional Artspace; hosted by the CRC. A complementary drink was provided for all and the fabulous catering was put on by the Art Group. There has been nothing but positive feedback from everyone who attended, with many saying Estelle could have kept on talking and they would have been happy to keep on listening.

Copies of 'Broken Lives' and 'The End of Innocence' were available for purchase on the night, with Estelle taking the time to sign copies. All of the books were sold but the CRC is arranging for more copies of Broken Lives to be delivered to them, if you would like a copy (\$25) then please let us know and we will hold for you. Unfortunately Estelle's second book, The End of Innocence, is no longer in print.

Estelle donated a copy of a children's book, 'Amazing Grace, an Adventure at Sea'; a book which details the adventures of Grace Bussell as she rescued people from the steamship Georgette after it ran aground near Margaret River in 1876.

The door is open for Estelle to return to Lake Grace to talk about some of her new investigations, hopefully it won't be in the too distant future.



*Enjoying the Sundowner are Betty Naisbitt, Anna Naisbitt, Estelle Blackburn, Annie Slarke, Genni Curtin and Lindsay Slarke.*

## Lake Grace Transport

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# Milestone for Innovative Regional Health Service

Media Release

## 500th patient referral for Health Navigator service

Five hundred people across the Wheatbelt and Great Southern have now received help from the innovative Health Navigator service, the free telephone and video-conferencing scheme offered by the WA Country Health Service and the Silver Chain Group since 2013.

Health Minister Kim Hames said the service offered crucial support for medical staff and patients in rural areas, where rates of diabetes and heart disease were often higher than in the metropolitan area.

"In the Wheatbelt, 7.5 per cent of adults have diabetes of some form, compared with 6.3 per cent of adults State-wide. Complications from diabetes account for 3.8 per cent of all deaths among Wheatbelt residents, compared with the Western Australian average of one per cent," Dr Hames said.

"The Wheatbelt also has one of the highest rates of heart disease, with 26.5 per cent of adults experiencing some form, significantly higher than the national average of 21.5 per cent."

Dr Hames said the 500th patient referral was an elderly

man from the eastern Wheatbelt with heart failure and a long-term lung condition. He said the success of the Health Navigator service was its approach to involving all aspects of health care and understanding the need to remain connected with the local community.

"With the patient's permission, clinical information can be shared between their GP and any other health provider involved in their care to ensure everyone is working towards the same health outcome. This means the patient has the chance of being treated without hospitalisation," he said.

Regional Development Minister Terry Redman said the Health Navigator was developed and introduced as part of the State Government's Southern Inland Health Initiative made possible by Royalties for Regions.

"Health Navigator does what the name suggests: it works with local GPs to map a multi-layered treatment pathway for patients with chronic disease, which includes understanding the benefits of staying in the community where possible," Mr Redman said.

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# October Gardening

*Taken from the Yates webpage*

## Keep Your Natives Looking Fresh

Many native plants can start to look a bit straggly as they age. The best way to keep natives looking fresh and tidy is to regularly trim them back after flowering. However this can be challenging when many natives have beautiful flowers almost all year!

Pick a time when there are the least flowers and give natives a prune back (don't cut into hard, leafless wood). You might lose a few flowers but the plant will put on new fresh growth, look much neater and ultimately give you a better flower display.

After pruning, feed with a specific native plant fertilizer, this will encourage lots of healthy new foliage and flowers.

## It's Salad Time!

Plenty of summer vegies can go in now from seed, including cucumber, salad greens, zucchini and quick crops like Asian Greens.

To get your summer vegies off to a great start incorporate a few handfuls of Dynamic Lifter into the soil or potting mix. Don't forget to protect your young plants with some slug/snail pellets.

Keep liquid feeding leafy vegie crops for strong healthy growth and improved yields, a fast acting liquid fertiliser is taken up through both the leaves and the roots. Stronger, healthy plants are more likely to resist attack from pests and diseases.

## Tender Loving Rose Care

It's important to keep up regular deep soakings at the base of rose plants and remember to deadhead spent flowers as they fade. This will keep the plants tidy and promote more flowers. Towards the end of the month feed roses with Dynamic Lifter to encourage another flush of growth and new blooms in around six weeks time.

## Basil – The tomato's best friend

Basil is a perfect flavour partner for vine ripe tomatoes, but it can also be beneficial grown together with tomatoes in the garden. This tasty herb is an effective companion plant for tomatoes, repelling whitefly and other insect pests.

Sow some basil seedlings at the base of your tomato crops or combine them together in pots. You could plant a collection of basil varieties including Thai, Lemon, Cinnamon, and Purple Basil for great colour.

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Email: adminlge@bigpond.com

# Help for People in Dispute with Financial Services Providers

Media Release

The number of people bringing problems to the Financial Ombudsman Service (FOS) Australia for resolution remained steady in 2014-2015, according to the FOS Australia Annual Review.

FOS Australia provides an independent dispute resolution service in which people can place their confidence and trust. FOS helps resolve disputes between consumers and its 14,107 members, who are financial services providers. The service is free to consumers.

The 2014-15 Annual Review shows that FOS received 31,895 disputes, 1% more than the 31,680 disputes received last year, and more than 210,000 people called FOS for assistance.

The biggest area of complaint concerned credit issues, followed by general insurance issues.

A focus for FOS during the year was working to improve dispute resolution procedures to speed up the time it takes to resolve disputes. As of 1 July this year, a faster, more efficient process has been introduced to expedite the resolution of disputes.

## Numbers at a glance:

- 31,895 disputes received, 34,714 disputes closed
- Biggest issue -12,601 credit disputes accepted – no significant change
- 6,780 general insurance disputes accepted – up 1%
- 4,134 financial difficulty disputes accepted – down 12%
- 1,332 investment disputes accepted – up 13%

FOS refers consumers with problems with their banks, insurer, financial planner or any other financial services provider to first approach their provider for a resolution of any problem, however, if it is not resolved by the provider, then FOS works to resolve disputes in a cooperative, efficient, timely and fair way.

## CCL Hardware

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Lake Grace WA 6353  
PHONE: 9865 1104



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Don't forget we have bearings, housings, pulleys and chains, jockey wheels and stands, tow balls, hitches and a range of ag pins, grub screws, grease nipples and guns, keyways, O-rings, and latches. Plus HT and mild steel bolts in zinc and black. Bulk orders and COCKY BAGS made to order. We order most days during the busy season but are more than happy to overnight if for you.

Our steel truck comes every Tuesday. If you need anything from flat to round, gal tube and gal pipe, RHS and angle and lots in between. A quote first and on farm delivery, nothing's too hard!



# Coeliac Disease

*Taken from wa.coeliac.org.au*

## What is coeliac disease?

In people with coeliac disease (pronounced 'seel-ee-ak' and spelt celiac in some countries) the immune system reacts abnormally to gluten (a protein found in wheat, rye, barley and oats), causing small bowel damage. The tiny, finger-like projections which line the bowel (villi) become inflamed and flattened. This is referred to as villous atrophy. Villous atrophy reduces the surface area of the bowel available for nutrient absorption, which can lead to various gastrointestinal and malabsorptive symptoms. Symptoms can also be caused by inflammation in other parts of the body.

## Who gets coeliac disease?

Coeliac disease affects people of all ages, both male and female.

You must be born with the genetic predisposition to develop coeliac disease. The most important genes associated with susceptibility to coeliac disease are HLA DQ2 and HLA DQ8. Either one or both of these genes are present in the majority of people with coeliac disease. While 30% of the population carry one or both of these genes, only 1 in 30 of these people (approximately) will get coeliac disease.

A first degree relative (parent, sibling, child) of someone with coeliac disease has about a 10% chance of also having the disease. If one identical twin has coeliac disease there is an approximate 70% chance that the other twin will also have coeliac disease (but may not necessarily be diagnosed at the same time).

Environmental factors play an important role in triggering coeliac disease in infancy, childhood or later in life.

## How common is the condition?

Coeliac disease affects on average approximately 1 in 70 Australians. However, approximately 80% currently remain undiagnosed. This means that approximately 330,000 Australians have coeliac disease but don't yet know it.

More and more people are being diagnosed with coeliac disease. This is due to both better diagnosis rates and a true increase in the incidence of coeliac disease.

## Can coeliac disease be cured?

People with coeliac disease remain sensitive to gluten throughout their life, so in this sense they are never cured. However, a strict gluten free diet does allow the condition to be managed effectively.

A strict, lifelong gluten free diet is currently the only recognised medical treatment for coeliac disease. By removing the cause of the disease, a gluten free diet allows the small bowel lining to heal and symptoms to resolve. As long as the gluten free diet is strictly adhered to, problems arising from coeliac disease should not return. Relapse occurs if gluten is reintroduced into the diet.

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## Coeliac Awareness Presentations

### Bunbury

Monday 2nd November - 2pm-4pm  
Bunbury City Library, 1 Parfield street

### Busselton

Tuesday 3rd November - 9:30am-11:30am  
Busselton Community Resource Centre, 21 Cammilleri St

### Albany

Thursday 5th November - 10am-12pm  
Albany Library, 221 York Street

### Narrogin

Friday 6th November - 1pm-3pm  
Narrogin Library, 89 Earl Street



# The Bush Has a New Bird in Town

Kate Bishop

And that little quirky bird comes in the form of a retro vintage cafe that would rival any of its city cousins in class and quality.

Pingrup residents and surrounding communities were all a flutter with excitement for opening day on Sunday, with owner and cafe manager Kate Furphy declaring the day a huge success.

*'I feel very lucky to have such wonderful friends and family and you can't find a better community to start a small business in than Pingrup', said Kate.*

The Bird in the Bush and Co is an initiative by Kate who is a local and no stranger to running her own small business.

As well as being a local farm business owner Kate also runs her own recruitment agency AgRecruit, which she will now manage from her new office in the Cafe.

Chef Andrew Goodwin and barista Ros Shiner will be kept busy over the next few weeks with a number of community events already booked in.

The Bird in the Bush will be hosting its first large scale function for Ladies Night Out on Pink Ribbon Day, Monday October 26.

Coordinated by Pingrup Community Resource Centre manager Kate Bishop said 'we are looking forward to the Bird and the Bush opening as we feel that this is a huge asset to the town,' said Kate.

'Pingrup is a small rural community of about 85 people so the opening of a new business is a huge deal.

Ladies Night Out will be a great opportunity to showcase the famous small country town spirit of Pingrup, brought to life by the Bird in the Bush and Co'.

The cafe will be open from Monday to Thursday from 7.30am to 3.30pm for breakfast and lunch, Pizza Night on Thursday nights from 4.30pm to 7.30pm and open for brunch on Sunday from 10am to 2pm.

The Bird in the Bush and Co will be open for dinner bookings of ten or more people on certain nights and bookings for functions and catering are welcome.

## Community Invitation

You are invited to join us and to farewell Fr. Gayan at our parish picnic at Silver Wattle Hill on **Sunday 25th October 2015**

Mass: 10:30am

Lunch: Approx 11:30am

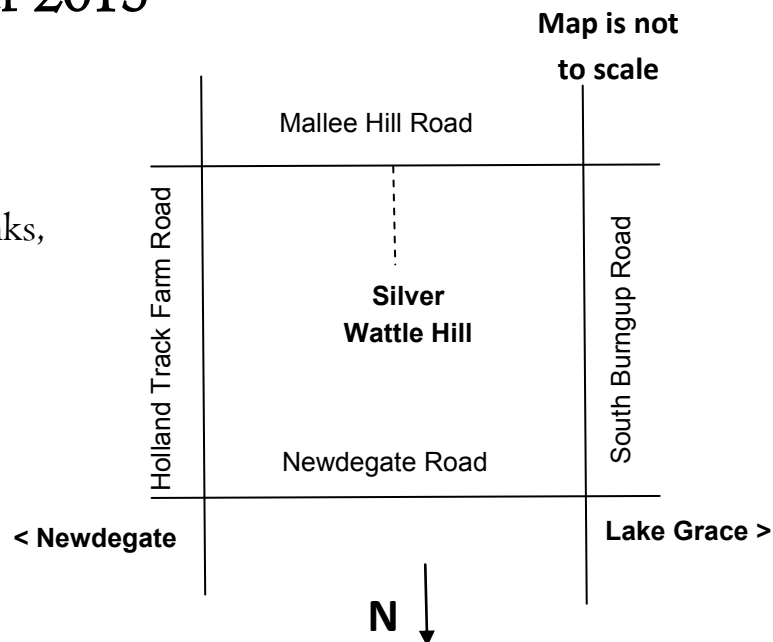
BYO: Everything! Chair, meat/drinks, salad and sweet to share

BBQ's / tea / coffee provided

Enquiries: Phone Nick Trevenen

0427 651 358

Unsure on directions? Follow the balloons!



# Champions 2 Country

## Join us for some afterschool fun!

Come along to a **FREE** sports afternoon with Olympic and Commonwealth Games athletes as part of the 2015 **"Champions 2 Country" Wheatbelt Regional Tour.**

**Date:** Monday 26 October 2015

**Where:** Narrogin Leisure Centre

Clayton Road Oval (Home of the Hawks), Narrogin

**Time:** 4:00pm – 5:00pm

**What:** Join in the fun as athletes run some drills on the oval or listen as they talk about the importance of staying healthy and active.

**Bring:** Sport shoes, water & hat

This is a great chance to get up close and meet some champion athletes that have represented Australia.

Don't forget to bring your camera to take some snaps!

**Everyone is welcome!**

Contact DSR Northam Office on 9690 2400 for more information.

Heavy Vehicle Services

## Regional Industry Information Session

November 3 Albany 9:30am – 12:30pm MRWA Office  
2-6 Kelly Street, Albany

### Topics covered

1. Accredited Mass Management Scheme (AMMS)
2. Accreditation
  - Accreditation Mass Management Module Standards
  - Accreditation – Dimension and Loading Module

Please RSVP your attendance one week prior, with your preferred location and attendees via email at

hvo@mainroads.wa.gov.au or call us on 138 HVO (138 486).

## Swimming Club AGM and Registration

Thursday 5<sup>th</sup> of November 2015

Time - 1pm

At the Lake Grace Community  
Resource Centre

## For Sale

*Farm machinery on behalf of  
J & J Bennett*

Brereton field bin 25t, hyd jack lift. \$5,500 inc GST ono

Sherwell field bin 25t, \$4,400 inc GST ono

Wool press-eckersley-horizontal w/- hyd power pack - make an offer

Wool table-pipe roller type. \$220 inc GST

Shearing grinder w/- discs & clamp. \$165 inc GST

Proline post hole digger manual operated. \$330 inc GST ono

Contact Allan Marshall mob 0427 943 291  
Email amarshall4@bigpond.com



## Lake Grace Pingrup Football Club (Inc)

### Annual General Meeting

Thursday 19th November 2015

Lake Grace Sportsmans Club

@ 8.00pm

Election of office bearers for 2016

Season 2016—update & discussion

All current and prospective players, sponsors, volunteers  
and supporters are welcome to attend

Enquiries or apologies to: ghpmcarr@bigpond.com

Royce Taylor / John O'Neill (Co-Presidents)

# It's Time to Talk

Kate Bishop

Ladies, on Monday evening Oct 26 make dinner for the hubby and put the kids to bed or make dinner for the kids and put the hubby to bed – whichever way around in your household – and make your way to the Bird in the Bush for a great Ladies Night Out!

We all need a girl's night every now and then, it's good for your physical and mental well being.

There is a lot of media attention given to talking about blokes health (and rightly so) but women often brush things off too. Women are great talkers, that's no secret, but are we talking about 'those issues'?

We encourage the menfolk to go to the doctor and talk about issues so it's time women took their own advice.

It's time to talk.

When it comes to health, every woman has an elephant in the room. We often don't take the time to ask questions, seek out credible information and work out a sound plan of action.

Women's Health Week 2015 was officially back in September but as there was a special event for Men's Health Week in June this year the Pingrup Lions Club

and the Pingrup CRC have again partnered to organise a special night out for the girls that also highlights women's health.

Coinciding with Pink Ribbon Day Ladies Night Out will be on Monday October 26 at the newly opened Bird in the Bush Cafe, Pingrup.

Doors will be opening from 7pm and the evening will be facilitated by Pingrup Community Resource Centre Manager Kate Bishop. The night is all about connecting with other women, lots of talking and fundraising for a great cause.

So come dressed in your best vintage pink outfit, grab your tickets from the Pingrup CRC for \$25 beforehand or \$35 at the door, bring all your BFFs and lets talk!

50% of proceeds from tickets will be donated to the Breast Cancer foundation.

For more information contact Kate Bishop, Pingrup Community Resource Centre - [pingrupcsrc@gmail.com](mailto:pingrupcsrc@gmail.com) or 9820 1101

## Hyden Gospel Festival

We invite you to join us on  
Sunday 1st November  
for our Gospel Festival.



2pm in the Salmon Gum lounge at  
the Hyden Hotel.

Great music - favourite songs of  
praise, Simply Joy, the Hyden Choir  
and other artists. Afternoon tea at  
the conclusion of the program for a  
gold coin.

Anyone wishing to present an item is  
welcome.

Contact Val 0429 805 049

## OLD TIME DANCE

**November 14th at the Hyden Hall**

**7pm - 11pm**

Theme: Football dress - from cheer squad to dress  
for the Brownlow!!

or come as a supporter.

Entry \$10

Great music with Charlie Lee.

A fantastic night of enjoyment  
and good exercise.

Prizes, lucky spot, door prize and raffle.

A plate of supper would be appreciated.

For accommodation contact

Tony on 9880 5052  
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For further information  
contact Val

0429 805 049





Queensland Theatre Company presents

# Black Diggers

A Queensland Theatre Company and Sydney Festival co-production

FINAL  
SCREENINGS

Through a series of vignettes, the cast of male actors tell of the hundreds of dispossessed Aboriginal soldiers who heard the call to arms and stepped up to fight for Australia on the battlefields of Europe.

An introduction based on *They Served With Honour*, a book published by the Department of Aboriginal Affairs, will provide a unique historical perspective of the Western Australian Aboriginal soldiers who fought at Gallipoli in World War I.

The book is available for free download on the DAA website, at [www.daa.wa.gov.au](http://www.daa.wa.gov.au)



'Black Diggers' ©Branco Gaica.

EXCLUSIVE TELECASTS ON WESTLINK

WEDNESDAY 11 NOVEMBER AT 1PM

SATURDAY 14 NOVEMBER AT 7.30PM

Westlink is the Western Australian Government's Satellite television station, managed by the Department of Regional Development. Westlink is available to everyone who receives their free to air TV via satellite, on Channel 602.

**Lake Grace CRC will be telecasting Black Diggers on Wednesday 11th November. Drop in to the CRC to watch, or alternatively watch on channel 602 at home.**

Supported by





## Lake Grace is on the Map (cont.)



**Above Left:** Nat Fyfe, complete with moon boot, chats to his audience.

**Above Right:** Wearing her team colours Morgan Chatfield with the Brownlow Medal. Photos Jeanette Bennett.

**Right:** Having the height advantage kept Nat visible in the crowd.



**The helicopter was another attraction for the children.**



# Hot Competition Kicks off Junior Tennis Season

Sarah Allen

Fifty-five kids from around the region battled the unseasonal heat at this year's Tarin Rock Junior Tennis Tournament, resulting in a strong and successful competition.

In recent years, the annual Junior Tournament was moved from January to October to avoid the excessive heat of summer. Unfortunately, entrants still had a tough time of it at this year's event on October 10, as the day peaked at 35 degrees.

As a result, the kitchen staff were run off their feet with icy-pole and fruit salad & icecream orders, and Joe O'Neill's ceiling-mounted water misters on the verandah were brought out of retirement.

As always, Tarin Rock Tennis Club was well represented and our kids displayed excellent sportsmanship and strong skills on court. In fact, the 10-and-under boys singles competition boiled down to a great final between two Tarin Rock brothers, Jonty and Lucas Robinson.

Tournament conveners, Wendy O'Neill, Lisa Pearce and Theresa Naisbitt did a stellar job of coordinating the day, and noted the competition was solid in both the singles and doubles competitions.

And, as proof that good things come to good people, our quiet-working club

*Continued next page*



**Above: Kitchen volunteers Kristie Stanton, Jo Morgan and Sharon Robinson prepare the 100-odd lunches that were required on the day.**



**Above: Amber Pearce and Tess Stanton (her first tournament) were pretty happy with their efforts in the Girls 10/U doubles competition.**

**Right: Tarin Rock's Kaitlyn O'Neill (13/under girls runner up) performed solidly all day, and also umpired some of the junior matches.**

**Below Left: Junior club members Griffin Naisbitt (centre) and brother Tate (left) were too young to compete, but it didn't stop them being part of the day.**

**Below Right: Brad O'Neill played a hard-fought match in peak heat to take the Runner Up 16/U boys singles trophy.**





# Hot Competition Kicks off Junior Tennis Season (cont.)

member, Betty Naisbitt, was the winner of both raffles on the day. One, for a weekend's accommodation in Albany, donated by Mark & Lisa Pearce, and the other, a one-hundred dollar cash prize, donated by East Mundalla Stud.

The Tournament, which is such an important experience for our younger players, couldn't happen without the support of our many sponsors, and the hard work of our club members. It goes without saying that the Tarin Rock Tennis community is ever-grateful to all those who contribute to the day.

## Tournament Results

10/U Girls singles runner up, donated by Betty Naisbitt: Kira Pearce

10/U Girls singles champion, donated by Spencer Shearing Services: Paige Kirk

10/U Boys singles runner up, donated by Pelham Enterprises: Lucas Robinson

10/U Boys singles champion, donated by Great Southern Fuels: Jonty Robinson

13/U Girls singles runner up, donated by Jenakora & Tom O'Neill Spraying: Kaitlyn O'Neill

13/U Girls singles champion, donated by Neu Tech Auto Electrics: Eliza Murray

13/U Boys singles runner up, donated by R & G deVree: Brady Argent

13/U Boys singles champion, donated by Elders: Michael Cowcher

16/U Girls singles runner up, donated by Lakeway Hair Salon: Jorja Kirby

16/U Girls singles champion, donated by Lake Grace Roadhouse: Anna Hunt

16/U Boys singles runner up, donated by Elders & AT & D Morgan: Brad O'Neill

16/U Boys singles champion, donated by Jenakora: David Hallam

10/U Girls doubles runner up, donated by Farmworks: Taylah Mason & Neisha Mason

10/U Girls doubles champion, donated by Lake Grace Home Improvements: Paige Kirk & Olivia Clifton

10/U Boys doubles runner up, donated by P & M Cameron:

Darcy Kirby & Orson Bairstow

10/U Boys doubles champion, donated by PR & DM Gooding

Jason O'Neill & Jonty Robinson

13/U Girls doubles runner up, donated by Kukerin Rural Services:

Amelia Beaton & Jasmine Bradshaw

13/U Girls doubles champion, donated by Lake Grace Health & Beauty:

Kaitlyn O'Neill & Abbey Strevett

13/U Boys doubles runner up, donated by SBM Tyres: Michael Cowcher & Brady Argent

13/U Boys doubles champion, donated by P&M Cameron & LG Sportsmans Club: Josh Pearce & Josh O'Brien

16/U Girls doubles runner up, donated by P&B O'Neill: Emma Naisbitt & Anna Hunt

16/U Girls doubles champion, donated by Lake Grace Plaza:

Emma Wilson & Eliza Murray

16/U Boys doubles runner up, donated by R & C Willock:

Mitchell Shalders & Jack Pearce

16/U Boys doubles champion, donated by Mary Williams:

Brad O'Neill & David Hallam

**Right: Tarin Rock club members Mark Pearce, Kevin Naisbitt, Ed Naisbitt, Jo O'Neill and Ross Robinson manage to coincide their umpiring breaks .**



# The Wrong Bias

Sonya McSwain

The bowls season is on us again. Our first roll-up was for our Opening Day and the Cancer Foundation day, on the 10th October, and what a good roll-up it was. There were lots of players, old, new and visitors came and had a lovely day in the sunshine. Lots of people did some very strange things and got fined for their efforts. All-in-all it was a really fun day.

We must say good-bye to Martin Downey and Chris Carruthers, who are going to be playing for a couple of Perth teams. We wish them all the best with their new teams.

Corporate Bowls had their first roll-up on Wednesday the 14th October at evening time, and by all accounts it was a really good turn out and everyone had a really good time. Now they want to play every fortnight, which is really good. If anyone else would like to put in a team, you are more than welcome to.

Now to the Pennants, which was held on the 17th October. We had a home game against Kulin, and once

again the Men shone brightly, and the Ladies were not so bright. One day someone will turn the switch on for the Ladies.

## The Calendar

October

22nd - Training at 5.30pm

24th - Pennants. Home game against Newdegate at 1.00pm

25th - Social afternoon at 4.00pm.

27/28th - Men's Classic Kokerin

28th - Corporate Bowls at 6.00pm

31st - Pennants at Karlgarin. Be at the Club at Noon.

November - 1st - Social afternoon at 4.00pm.

The Last Bit.

We are doing steak teas, so could everyone please bring a salad.

Anyone that is interested in marking, measuring or umpiring can you please come and see me.



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than a  
Full House*

# Lake Grace Kukerin Hockey Notes

*Danielle Robertson*

Russell Woolf from the ABC entertained the crowd of around 120 at the Lake Grace-Kukerin Hockey Club, Dumbleyung Hockey Club, Dumbleyung Netball Club and Kukerin-Dumbleyung Football Club combined windup where each club honoured their outstanding members both on and off the field.

The Cougars (KDFC) kicked off the evening with the presentation of Life Memberships to Troy Leo and Karl West after which the vote count for B grade football and hockey took place.

Lake Grace-Kukerin Hockey Club B grade awards were

Fairest & Best – Jack Faulkner

R-Up F&B – Claire Pelham

Most Improved – Megan Nenke

Coach's Award – Di Desmond

The A grade vote count for all sports followed the main course and the award winners for LGKHC were

Fairest & Best – Michelle Carew-Reid

R-up F&B – Kaitlin Taylor

Most Improved – Phoebe Robertson

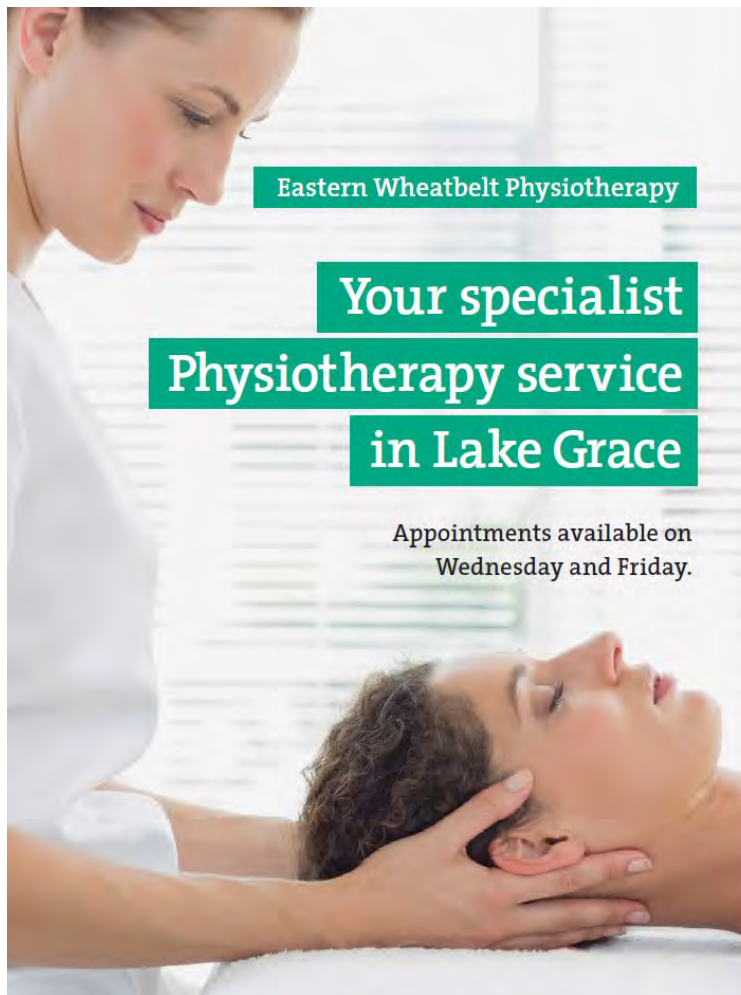
Coach's Award – Anna Taylor

The final awards for the evening were the Club Person awards for each club with Briony Adams being recognised for her efforts in the hockey club.

A great evening, well organised by Pippa Gooding, Katrina Gray and their team was enjoyed by all.

The hockey club would like to thank our sponsors for the season. Our weekly awards are provided courtesy of the Kukerin Hotel and the Lake Grace Sportsman's Club, thank you to both for your support.

The other awards are sponsored by Wendy Davidson, The Lake Grace Sportsman's Club, Jodi Pearce, Diane Desmond, Graeme Taylor, Trish Leo, M & C Stanton (Lake Grace Plaza IGA), K & M Gooding (Kukerin General Store) and F & K Chatfield (Chatfield Ag Spreading). We thank all our sponsors for their support and look forward to a successful 2016.



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- > Whiplash

Please contact Jenna Mouritz at Eastern Wheatbelt for further details and to schedule an appointment.

HICAPS Services are available for on the spot claiming with your private health fund.

Lake Grace Medical Centre

T: 0428 619 078

E: ewphysio@gmail.com





# Puzzles & Stuff

Some words from the 8/10/2015 edition of Boggle

Blatherer	Haler
Breather	Hater
Latherer	Heart
Blather	Lathe
Breathe	Lethe
Leather	Rathe
Aether	Rehab
Bather	Thebe
Bertha	There
Bethel	Three
Breath	Baht
Halter	Bath
Healer	Beth
Hearer	Blah
Heater	Hale
Herbal	Halt
Lather	Hare
Rather	Hart
Rehear	Hate
Reheat	Heal
Bathe	Hear
Berth	Heat
Earth	Heel
Ether	Herb

8	6	9	7	4	1	3	2	5
7	3	5	8	6	2	4	1	9
4	1	2	9	5	3	8	6	7
9	8	1	5	7	4	2	3	6
2	5	4	1	3	6	7	9	8
6	7	3	2	8	9	5	4	1
1	2	8	3	9	7	6	5	4
5	9	6	4	2	8	1	7	3
3	4	7	6	1	5	9	8	2

Answers to 8/10/2015 Sudoku

5	4	6	1	8	2	3	9	7
7	9	2	5	6	3	1	8	4
1	3	8	4	9	7	6	5	2
2	5	9	7	3	4	8	1	6
6	1	7	9	2	8	4	3	5
3	8	4	6	1	5	2	7	9
4	2	5	8	7	1	9	6	3
8	6	3	2	5	9	7	4	1
9	7	1	3	4	6	5	2	8

G	L	A
R	E	R
Y	L	U

This week's Boggle

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# Lake Grace Cricket Club (Inc.) News and Notes

*Reid Stubberfield - President LGCC Inc.*

Welcome to the 2015/16 cricket season. We have gotten off to a busy start of the new season with a new look committee taking on the challenge. I would like to thank Jeff McKenzie, Rebecca Reynolds, Kelly Callope and Warrick Millar for their efforts last year and for helping with the transition into this season. I would also like to congratulate Matthew Trevenen on being named this seasons captain with Shaye Bowron and Stephen Korosec as vice captains.

The cricket clubs main aim for this season will be fundraising so that we will be able to replace our cricket pitch before next season. We have already gotten off to a great start with a large busy bee held at Grays farm on Sunday the 18<sup>th</sup> of October. Thank you to the players for attending especially Jackson Callope and Ned Leigh who showed a few of the older blokes up. The cricket club is planning to sell bagged sheep poo throughout the season so watch this space for when it is available. We are also on the lookout for other fundraising opportunities so if you have a job you think we might be capable of please don't hesitate to contact me (0429 651 069) and we can look into it.

Cricket got underway on the 10<sup>th</sup> of October with a road trip to Hyden. The day began with Lake Grace bowling out Hyden for 148. The chase started well but in the 16<sup>th</sup> over with Lake Grace on 2/68 the heavens opened up

and the game was declared a washout. Brayden Reynolds took 5/12 and Aidan Marks was catlike in the field with some great efforts. The Hyden game also saw the return of Lomas McPherson to the cricket field after a couple of years away.

The second game of the year was a home game against Karlgarin/Pingaring. Lake Grace batted first and were bowled out for 149. The total seemed a bit low but the team defended well and wickets continued to fall until Karlgarin/Pingaring were dismissed for 128. It was a great win by the boys against a very good side. Garry Leo (35) and Kane Pinney (31) both batted well. Jack Carruthers returned to cricket with a great game and snared three wickets and Trent Kings debut saw him end up with two wickets. It is great to see a few new faces around the cricket club and also a few familiar faces returning.

This Saturday is a home game against Newdegate we are playing a 20/20 format starting at 2pm so come along for an exciting afternoon of cricket. Cricket training is every Thursday with Junior (K-10yo) cricket from 4pm-5pm (no cost) and Senior training from 5pm please feel welcome to come along. We also have a Facebook page (Lake Grace Cricket Club) so you can join up to follow what is happening around the club and also score updates during the matches.

## Department of Water Public Consultation

### Lake Grace Sewerage Scheme

The Department of Water is proposing to introduce a class exemption under the Water Services Act 2012 for small local governments who provide sewerage services and/or non-potable water services to fewer than 1,000 connections.

This consultation is to inform the public interest assessment of such an exemption. The exemption, if introduced, would be for an initial period of five years and reviewed at the end of that period.

Further information regarding the proposal can be obtained on the Shire's website [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)

Submissions can be addressed to:

Dr Ursula Kretzer,

Manager Water Industry Governance

Water Industry Policy

Department of Water

PO Box K822, PERTH WA 6842

or emailed to: [water.industry.policy@water.wa.gov.au](mailto:water.industry.policy@water.wa.gov.au)

Submissions would be appreciated before COB on Monday 26 October 2015



# Mister Manners

## Mobile Phone Etiquette



Clearly there's a lack of understanding of what is and isn't acceptable in terms of mobile phone etiquette. Smart phones are used in everyday life these days and for so much more than just contacting people.

Respect those who are with you. When you're engaged face-to-face with others, either in a meeting or a conversation, give them your complete and undivided attention. If a call is that important, apologise and ask permission before accepting it. Let voicemail do its job and handle non-urgent calls.

Especially important when dining with others, keep your phone out of sight and on silent. Don't make wait staff wait. Always make yourself available to the waiter. Making waiters and other patrons wait for you to finish a personal phone call is never acceptable. It also seems to be a habit these days to post to Instagram or Facebook every facet of our lives....don't make people wait to eat while you take a photo of their meal to post.

Did you know on average a person talks three times louder on a mobile phone than they do in a face-to-face conversation? Always be mindful of your volume and keep arguments under wraps. Nobody can hear the person on the other end. All they are aware of is a one-sided screaming match a few feet away. This brings us to respecting the personal space of others. When you must use your phone in public, try to keep at least three metres between you and others. And don't forget to filter your language. If you wouldn't walk through a public place with a particular word or comment printed on your T-shirt, don't use it in phone conversations within earshot of others.

Always make the person on the other end of the phone aware if you have them on speaker. This will help prevent any embarrassing comments being made.

The theatre, church, library, cinema, meetings and

funerals are universal quiet zones. It is beyond inappropriate to use your mobile phone in these instances, just turn them off. Also seen quite often these days is the recording of concerts on mobile phones. Why pay good money to see a band or show if you are going to look at it through a tiny screen. You might as well just buy the DVD.

If you are using your mobile for entertainment whilst on public transport or in waiting rooms, keep the volume turned down. It is discourteous to irritate the other passengers with continual pings, dings and whistles from Candy Crush or whatever other game you are playing.

Don't ever text and drive. Apart from it being illegal, there is no message that is so important that you need to risk your life and the lives of other road users.

Good mobile phone etiquette is similar to common courtesy. Mobile phone use has a tendency to distract people from what's happening in front of them, live in the moment and put your phone away for five minutes.

Have you witnessed any mobile phone bad behaviour? Are there tips we have missed? Let us know.

## Lions Christmas Cakes

Will be available soon. Small & Large.

Will be available at usual outlets.

Call Wally on 0448 795 070.



60 Absolon Street, Lake Grace

Phone: 9865 1291 or 0437 204 909 (Paul)

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# Auction Items for J & J Bennett at Lake Grace Visitors Centre Saturday 24th October 10:30am

**ITEM****COLLECTABLES & VINTAGE**

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 MEAT SAFE-WOODEN FRAME-LARGE  
 MEAT SAFE-WOODEN FRAME-LARGE  
 TILLEY LAMP & TILLEY IRON-BOTH IN ORIGINAL BOX  
 KEROSENE WICK LAMPS  
 QTY OLD CROCKERY ITEMS  
 RETRACTABLE MOVIE SCREEN IN ORIG CONTAINER  
 QTY OLD ENAMEL/GALV POTS & BUCKETS ETC  
 VINTAGE STONE SLAB TOP WASH BENCH  
 COMMODE  
 JARRAH DRESSER WITH MIRROR-80-100 YRS OLD  
 JARRAH WARDROBE W/- MIRROR-80-100 YRS OLD  
 OLD WOODEN TABLE-WOOD-PAINTED  
 APPROX 32 OLD KEROSENE 4 GAL CAN BOXES-VARIOUS BRANDS  
 QTY OLD GLASS BOTTLES-APPROX 12  
 OLD SACK TRUCK-STEEL WHEELS  
 QTY OLD MATTOCKS-PICKS-SHOVELS ETC  
 QTY OLD WORKSHOP TOOLS  
 VINTAGE PEDESTAL DRILL-MANUAL-BOLTS ON POLE  
 VINTAGE GRAIN PICKLER-GALV  
 CHEST DRAWERS-BLONDE WOOD  
 CHEST DRAWERS-JARRAH PAINTED WHITE  
 2 ELECTRIC FANS-MODERN  
 CLOCK IN WOODEN CABINET-1998  
 PIPE BENDERS-HYD  
 SACK TRUCK-RUBBER TYRES  
 VICE ON STAND-HOME MADE  
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Contact Allan Marshall mob 0427 943 291 or email [amarshall4@bigpond.com](mailto:amarshall4@bigpond.com)

## PUBLIC NOTICES

### Lady Doctor

Dr Linda Haines will be in Lake Grace on the 5th and 6th November; and the 3rd and 4th December. Please call the Lake Grace Surgery on 9865 1208 for appointments.

### Community Midwife

Sandy Snee the Community Midwife will be coming to Lake Grace the first Tuesday every month until further notice.

### AGM

**Lake Grace Community Men's Shed Inc.** will be holding their AGM at 10am on Tuesday, 27 October 2015 at the Men's Shed (LGDHS, Betham St). For further information, please contact Phil Clarke – 0427 651155.

### Lake Grace Sportsman's Club

Will be running a meat raffle, \$2 per ticket, sold at the bar. Run on Friday night and drawn on Saturday night.

### AGM

**Lake Grace Community Resource Centre**  
Tuesday 27th October  
4:30pm @ the CRC.

### Lake Grace Gym Club AGM

Wednesday 18th November 1.30pm  
CRC Conference Room  
Enquiries Vynka Lay  
Phone 0429 651 072

### Lake Grace Library & Resource Centre Building Meeting

Tuesday 3rd November  
11am at the Library

### Sally Dickinson

Counsellor for Southern AgCare.  
A free and confidential service.  
Contact direct: 0427 192 155  
[www.southernagcare.org.au](http://www.southernagcare.org.au)

### Swimming Club AGM and Registration

Thursday 5<sup>th</sup> of November 2015  
Time - 1pm  
At the Lake Grace Community Resource Centre

## WORK WANTED

Work Required at Harvest  
Bin Chaser or Truck Driving With MC  
Licence, willing to live in Farm  
Accommodation or will be located at Lake  
Grace. Please Phone Marco 0410 46 46 45.

## FOR SALE

### Garage Sale

3 Absolon Street. 10am - 1pm.  
Sunday 1st November 2015

## CHURCH TIMES

### Anglican Church of Lake Grace

#### Sunday 25th October

Lake Grace 9:00am

#### Sunday 1st November

Lake Grace 9:00am

Enquiries: Father Dave 0427 545 560  
Terry Gladish 9865 1022

### Lake Grace Catholic Church

#### Sunday 25th October

Parish Picnic, Silver Wattle Hill 10:30am  
(off Mallee Hill Rd). All welcome

#### Sunday 1st November

Ravensthorpe 8:30am  
Varley 11:00am  
Lake Grace 6:00pm

For inquiries and request for home visitation, please  
contact Fr Gayan Thamel on 9865 1248.

# Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
Camera Club	Nicole Argent	0428 315 773	knargent@bigpond.com
Craft Group	Meet at the CWA Building Saturdays from midday onwards		
CWA	Irene McGlinn	08 9865 1148	irenemcglinn@bigpond.com
Early Learning Centre (Daycare)	Chloe De Frenne	08 9865 2568	lakegraceelc@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au
Playgroup	Amy Jones	0400 206 321	lakegraceplaygroup@mail.com
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Amanda Trevenen	0488 216 601	amanda.harrower@hotmail.com
<b>Summer Sport</b>			
Lake Grace Bowling Club	Claire Pelham	0457 207 749	richie21claire@yahoo.com
Lake Grace Cricket Club	Shaye Bowron	0428 652 556	shayebowron97@gmail.com
Lake Grace Swimming Club	Anke Stoffberg	0439 903 411	stoffberg@westnet.com.au
Lake Grace Tennis Club	Kristie Stanton	0427 973 206	kristiehobley@hotmail.com
Tarin Rock Tennis Club	Kevin Naisbitt	0427 649 043	jenakora@bigpond.com

## Crisis Care Numbers

<b>Doctor's Surgery</b> - 9865 1208	<b>Electricity Faults</b> - 13 13 51
<b>Hospital</b> - 9890 2222	<b>Water Faults</b> - 13 13 75
<b>Ambulance/Fire/Police</b> - 000	<b>Directory Assistance</b> - 1223
<b>55 Central Men's Refuge</b> 9272 1333	<b>Family Helpline</b> 1800 643 000 / 9223 1111
<b>Sally Dickinson</b> 0427 192 155 <i>Southern AgCare Counselling</i>	<b>Kids Helpline</b> 1800 55 1800 www.kidshelp.com.au
<b>Poisons Information</b> 13 11 26	<b>Ngala</b> 9368 9368 www.ngala.com.au
<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 www.community.wa.gov.au	<b>Relationships Australia</b> <i>Fair Programme</i> 9336 2144 www.wa.relationships.com.au 1300 364 277
<b>Lifeline Australia</b> - 13 11 14 www.lifeline.org.au	<b>Beyond Blue</b> - 1300 22 4636 www.beyondblue.org.au
<b>Seniors Information Services</b> 9321 2133 www.cotawa.asn.au	<b>Citizens Advice Bureau</b> 9221 5711 www.cab.wa.com.au
<b>Family Court of WA</b> 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	<b>Youth Legal Service</b> 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au
<b>Main Roads</b> - 138 138	

## Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	9865 1224
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

## Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker ( <i>President</i> )	9865 1241	9865 1921
Len Armstrong	9871 1334	9871 1317
Ross Chappell	9865 4058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Jeanette de Landgraft	9838 9062	9838 9041
Steve Hunt	9865 1650 0427 651 585	
Allan Marshall	9865 3022	9865 3012
Dean Sinclair	9874 7045	9874 7005
Murray Stanton	9865 1329	9865 1223



# COMMUNITY CALENDAR

## October / November

Fri 23	Fish & Chips at the Sportsman's Club Physio (Jenna M) in Lake Grace Hand patchwork workshop at CRC Sportsman's Club AGM Opening of Black & White Exhibition	Sat 31	Bowls - Karlgarin v Lake Grace
Sat 24	Garage Sale Trail Craft Group at CWA 12 noon onwards Rubbish tip open Meals at the Sportsman's Club Cricket - Lake Grace v Newdegate Bowls - Lake Grace v Newdegate	Sun 1	Rubbish tip open Hyden Gospel Festival (p.37)
Sun 25	Rubbish tip open Farewell to Gayan Thamel Social Bowls	Mon 2	Rubbish Collection & rubbish tip open Recycling Collection Lakes Link News Deadline Swimability in Narrogin
Mon 26	Rubbish Collection & rubbish tip open	Tue 3	Chair Aerobics 10:45am at Village Hall SOYF Seniors Program-10am @ Shire Hall Men's Shed 9.30am-12 noon Weight Watchers @ Village Hall Library & CRC Building Meeting Building Surveyor in Lake Grace Primary Health Physiotherapist in LG Building Surveyor in Lake Grace Community Midwife in Lake Grace
Tue 27	Chair Aerobics 10:45am at Village Hall SOYF Seniors Program-10am @ Shire Hall Men's Shed 9.30am-12 noon Weight Watchers @ Village Hall Primary Health Physiotherapist in LG LG Community Men's Shed AGM Lake Grace CRC AGM Bulk kerbside rubbish collection Bowls - Men's Classic at Kulin	Wed 4	Rubbish tip open HACC Activity & Morning Tea 10-1:30am Physio (Jenna M) in Lake Grace
Wed 28	Rubbish tip open HACC Activity & Morning Tea 10-11:30am Physio (Jenna M) in Lake Grace Shire Council Meeting Bowls - Men's Classic at Kulin Corporate Bowls at 6pm	Thur 5	Lakes Link News Published Dr Linda Haines in Lake Grace Swimming Club AGM & Registration Cricket Training
Thur 29	Playgroup (9:30am—11:30am) Toy Library (9:45am) at RSL Intimo Pop Up Shop Cricket Training	<b>Coming Events</b> 6th November - Dr Linda Haines in Lake Grace 6th November - Driving Assessor in Lake Grace 7th November - Dick Whittington (Kulin) 7th November - Ferrous Workshop (p.10) 8th November - Ferrous Workshop 10th November - Foot Clinic 11th November - LG Gym Club AGM 13th November - HACC bus outing 14th November - Old Time Dance @ Hyden (p.37) 17th November - Building Surveyor in Lake Grace 18th November - Lake Grace Gym Club AGM 19th November - LGP Football Club AGM 27th November - Christmas Remembrance 3rd December - Dr Linda Haines in Lake Grace 3rd December - Shopping day at Newdegate	
Fri 30	Fish & Chips at the Sportsman's Club Hand patchwork workshop at CRC Photo competition closes		
Sat 31	Rubbish tip open Craft Group at CWA 12 noon onwards Meals at the Sportsman's Club		

9		5				6		3
7		1	6	5			8	
				9				
	1	2	3					
	3						1	
					2	3	7	
				3				
	7			4	9	5		2
3		9				4		1

### Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

					1	7	2	
	3	2		7				
9					5		6	3
1	5					9		
		7					3	1
6	9		4					2
				3		5	9	
	4	5	8					