

LAKE LINK NEWS

Produced at the
LAKE GRACE TELECENTRE
Cnr Bishop & Absolon Sts
PO Box 177 Lake Grace WA 6353
Ph (08) 9865 1470 Fax (08) 9865 1471
Email: lakelink@treko.net.au
ABN: 19 498 730 152

3rd November, 2005

\$1.10 inc GST

Vol 11 Issue 20

Visitors Centre Officially Open

Lake Grace has a new Visitor Centre and what must be a tireless army of volunteers. On Saturday October 22, Lake Grace Development Association hosted a day of celebration for the official opening of the Lake Grace Shire Visitor Centre and completion of the town clock. Lake Grace Development Association chairperson Debrah Clarke and Lake Grace Shire President Darcy Roberts spoke of the significant contributions volunteers give to our community. Mrs Mary Nenke of Caminata Yabbies followed with an inspiring speech about the spirit that links our towns and region, and cut the ribbon to declare the Visitor Centre open.

Both the Visitor Centre and clock are testament to the major roles volunteers play in Lake Grace. In 2001, Lake Grace Development Association decided to bring together a number of its main street initiatives as the Town Centre Development Project. The project included the restoration of the former Stationmaster's House, *On The Sheep's Back* Public Art project, a landscaping plan for the Main Street, a Tourism Development and Marketing Strategy and the Town Clock.

The project, with Shire of Lake Grace collaboration, has transformed the appearance of Lake Grace and was key to the Development Association winning the Ninth Annual Community Service Industry Award for 'strengthening rural and remote communities' in 2003.

The historic Stationmaster's House was saved from demolition by an enthusiastic and dedicated sub-group of LGDA, the Stationmaster's House Action Group. In late 2000 Westrail began divesting its properties in Lake Grace and Lake Grace Shire Council sought expressions of interest "from local community groups wanting to redevelop the Station



Mary Nenke speaks at the opening of the Visitors Centre, Genni Curtin, Dr Graham Jacobs and Mrs Jacobs are in the background.

Master's House". Westrail proposed to demolish the building 'due to its poor state of repair' and Council estimated the cost of repairs at \$40,000.

Not all were in favour of keeping the building. The 'burn it' and 'bulldoze it and bituminise' views were put forward; Council was advised to support the demolition of the House and request that the vacant land be transferred to the Shire of Lake Grace. The

Continued page 15

CONTENTS

Page 3	Editorial	Page 20	Ladies Christmas Party
Page 4	Local Business	Page 21	Science & Stuff
Page 5	About Town	Page 24	Teen Reads
Page 6	Youth Advisory Council	Page 29	Art Exhibition
Page 7	Well Women's Clinic	Page 30	David Rhodes Chain Letter
Page 8	Weather	Page 32,33	ARC
Page 9	Happy Chooks	Page 34	H/S Basketball; LG Cricket
Page 10,11,26	Shire Pages	Page 35	TR Tennis; Ladies Bowls
Page 12	Vi Barham Award	Page 36	LG Tennis; Men's Bowls
Page 13	Health Page	Page 37	Pool Opening
Page 14	Nightwatch	Page 38	Classifieds
Page 16,17	VP Day Archives	Page 39	Town Information
Page 19	Breast Cancer Awareness	Page 40	Calendar

Telecentre Opening Hours

Monday - Friday 9:00 am - 12:30 pm ; 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday, Friday 9 - 5 pm



Advertising Charges

All prices inclusive of GST

1/8 page	\$ 8.80
1/4 page	\$13.20
1/2 page	\$22.00
Full Page	\$41.25
Classifieds	85c /line

We would appreciate your advertisements and articles on disk or emailed if possible.

Please email all material to:
lakelink@treko.net.au.

Deadlines & Editions

All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

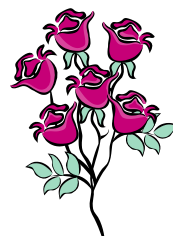
Next Deadline: Monday 14th November
Next Edition: Thursday 17th November

A very BIG thank you

To the very dedicated team who have produced and compiled this edition of the Lakes Link News.

Allan Zweck
Dot Kennedy

Thank you also to our many contributors of articles.



DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- ☺ Thank you to everyone for getting their articles and advertising in so promptly this fortnight, I know it has made the paper production a lot smoother.
- ☺ As it's not economically feasible to send small accounts out, could anyone wanting to place a classified ad please drop in and pay for it at the time of submission.
- ☺ Still looking for names for another forklift accreditation course, if you are interested please ring the Telecentre and put your name down. If the numbers are right we will be able to run another one in late February 2006.
- ☺ Due to the success of the excel (spreadsheets) computer course I ran last week, and the demand for another, I may be able to squeeze one in in early December. The course is 3 hours long and will be held in the morning.
- ☺ Our ATO consultant, Sam Soliman, will be in town on Tuesday 6th December. He is interested in sharing his wisdom while he is in town. If you have any tax, GST, superannuation etc. etc. queries then please give a ring and book in. On the other hand if you can think of some topical subject that Sam could talk about in a group setting please feel free to let me know. **Haven't had any response to this yet. Would appreciate some ideas, don't want Sam going away thinking we don't like him!**
- ☺ The First Click courses that will be run during the day have had to be put back two weeks and will now start on Thursday 17th November and end on Thursday 8th December. At this stage we only have one place available. The terms of the First Click funding are that if we don't have full classes then we will have to give a portion of the money back. Therefore if classes aren't full we will have to postpone them till a later date.
- ☺ We are looking at doing another print run of the local telephone book, if you have any additions or deletions could you please let me know.

Suzanne Reeves

Thanks to Collators of the Last Edition



Danielle Roberson
Craig Reeves
Trish Medlen
Allan Zweck

For your interest.....the following email was received by Lyn Taylor from a friend in England.

Just been thinking of you as I read this month's Garden magazine (published by the Royal Horticultural Society) In the letters section it shows a photograph of the paving outside the entrance of the local hospital in Lake Grace. It shows the paving slabs decorated with broken tiles to form a mosaic pattern. What a lovely idea and what a cheerful and colourful sight that must be. The lady who wrote the letter is inspired to do a similar thing on her patio, how about that for sharing ideas across the world! The Garden magazine recently did a feature on Australian plants which was interesting. How are things in your garden at this time of year? I am having to do a lot of cutting back and clearing up, but some plants like the roses are still flowering quite happily. ➡

Bye for now

Lyn's friend scanned the letter and photograph from the magazine and emailed it to us.

Artist's patio

Picture No.10 of paving at BBC Gardeners' World Live (News, Aug, pp554-5) reminded me of some in Lake Grace, Western Australia that were decorated with broken kitchen and bathroom tiles (below). A local artist had inspired people to create designs on paving slabs for the entrance and garden of the local hospital. They were remarkable. We are thinking of doing similar with our patio slabs.

MRS B STEEL
Northamptonshire



The Lakes Link News is.....

lotterywest
supported

Lake Grace Businesses Change Hands

Lake Grace is currently witnessing a commercial reshuffle with new owners taking over businesses and old premises being revived.

Lake Grace Rural became a Farmworks branch in July this year. Previously owned by Lynn and Anne Parker, the business has undergone various transformations and seen numerous employees since 1982. Lynn and Anne opened the Lake Grace Gas Centre in one of Fred Slarke's buildings (now a vacant block) in Stubbs Street. They sold gas stoves and hot water systems, welding equipment and music cassettes, rented videos and were an agent for BOC and LP gas. The business soon grew too large for the premises however, so they moved next door to what is now Rosie's Coffee Shop, only to find they needed both premises. They diversified into rural merchandise and moved to the present site in 1994 as Lake Grace Rural, taking up three blocks. Considering themselves too young to retire, Lynn and Anne Parker brought CCL Thrifty Link in 2000 and now specialize in hardware and gardening supplies.

Branch Manager Athol Kennedy and administration/accounts clerk Debbie O'Neill remain at Farmworks, joined by new merchandise sales staff Peter Stoffberg and Ashley Peczka. For Athol, a farmer's son from North Lake Grace who began as sales/store-person in 1994, the business will remain a long-term commitment. "We intend to stay here for a long time and will continue to be a one-stop farm shop and deliver our high standard of service."

Farmworks, with branches and agencies throughout the state, is a West Australian owned company based in Osborne Park. The Lake Grace branch will expand its role to include buying and selling livestock and also offer farm finance.

Kate Dowling-Burbridge (below) begins her new life as owner/manager of Sand 'n' Salt with a Melbourne Cup fashion parade of the latest summer fashions. In at the deep end! Former school principal and teacher, Kate is passionate about Lake Grace and says she will continue to provide the Lake Grace district with the great Sand 'n' Salt service. "It's a vibrant place and



Kate Dowling-Burbridge

because of the town and people, the business opportunity was too good to refuse."

Outgoing owner Tania Spencer started the store in 1993 as Country Style in the old bakery shop in Bennett Street. After moving to the former Wesfarmers building in Stubbs Street during the mid 1990s, Tania soon included children's wear.

Like many local business people, Tania has experienced the ups and downs of the agricultural crises over the last decade. "A lot of businesses had put their faith in the town, and renovated and developed their premises, to be hit by the effects of the drought." So the move across the street to Lake Grace Plaza complex in 2001 could have been a gamble. Using a local builder, Tania outfitted the shop, employed local graphics artist Melissa Cugley to design new signage and the signature mural on the streetscape, and re-launched her clothing store as Sand 'n' Salt.

The main street will be the work place of Lake Grace Cabinet Maker Nick Trevenen, who has moved his business into town. Nick's son Marcus will complete an apprenticeship with Nick, who will continue to make robes, vanities, and kitchen and office cupboards. They will also sell a small selection of furniture in the showroom. Nick previously worked at a workshop at his home and has more than twenty years' experience. "Tradesmen in the country need to be versatile – you can not survive on one thing".

The move will make good use of what has come to be known as the 'Pink Barn', and yes, in time the building will receive a facelift.

Diversifying is also the secret to the success behind Pam and Kim Lannin's gourmet food line Sophisticake. The Lannins were recently selected and sponsored to show their Sophisticake produce at the inaugural Fine Food and Beverage Trade Fair and Awards. Over three days, thousands of international guests attended the event at the Perth Convention Centre and tasted the Sophisticake range of cakes, desserts and edible gifts. "We picked up clients all over Australia and are presently negotiating with importers from Singapore and Dubai," said Pam.

Pam and Kim began producing edible gifts in their home kitchen in August 2004, while running Darean Farm Bed and Breakfast. Kim was farming and Pam had retired as a teacher (beginning in Home Economics), and made cakes for special events. Demand soon meant Pam and Kim were involved full-time however, and they now employ three people. The Sophisticake team is now busy baking to keep up with orders, including Christmas cakes for West Australian restaurants.

Michelle Slarke



ABOUT TOWN

- ★ Congratulations to John Kellow on celebrating his 80th birthday recently. Family and friends gathered together to commemorate the occasion.
- ★ Well done to all those students who won awards at the recent Narrogin Residential College Presentation Day.
- ★ Congratulations to Ross Ramm for celebrating his 30 YEAR milestone with the Department of Agriculture. His career has been spent at the Lake Grace District Office and the Newdegate Research Station.
- ★ Well done to Michelle Timms and partner Roman who are celebrating the arrival of a baby boy. Jamie Gabriel arrived on 29th October and weighed 3.7kg.
- ★ A good time was had by year 7 students and staff who went on their Kalgoorlie camp last week.

Lake Grace & Newdegate General Practice



There will be **NO DOCTOR**
In Lake Grace from
Thursday 3rd November at 5pm till
Monday 7th November at 9am.

Surgery will be open Friday 4th November
8:30am to 1pm for ordered medication only.

Sorry for any inconvenience.

Lake Grace Christmas Lights Competition

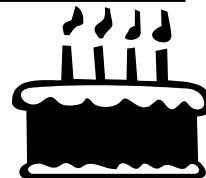
The Lions Club of Lake Grace will be
conducting the Christmas Lights Competition
again this year.



This is a reminder to dust off
the decorations and be in it to win it.

Information regarding prizes and 'time of
judgement' will be in the next LLN.

HAPPY BIRTHDAY



November 6 John Curtin
Harley Pittard
November 7 Kirsty Battison
November 8 Jayne-Maree Argent
Debby Clarke
November 9 Mathew Dowling
November 10 Jeanette Bennett
Letty Leo

November 11 Amy Willock
Holly King
REMEMBRANCE DAY
November 13 Royce Taylor
Grant Jenks
November 14 Lynn Parker
November 15 Kevin Seaman
Elsie Bishop
Chris McEncroe



HAPPY ANNIVERSARY

November 6 - Neville and Maureen Moulden

Fax, email or bring your *About Town* news into the Telecentre. If you would like to share your birthday or anniversary celebrations with us then please fill in the Celebrations

YOUTH ADVISORY COUNCIL

For the activity on Friday 21st of October, members made and completed items of pottery with Mrs Lay. There were many great works of art and members could either take their work home or Mrs Lay could take it to be fired in Pingrup by the pottery group.

This Friday, 4th of November, the activity is Water Polo from 3.30 to 6.00p.m. There is a \$6 fee to cover the cost of the meal. Entry to the pool is at members own expense. Should the weather be unsuitable members will play volley ball instead.

Our next Activity was to be on Friday the 18th, however the Cadet Camp date has been changed to this weekend. There will be a short meeting with members on Friday the 4th of November to decide if they wish to reschedule this activity.

Debby Clarke



Professional
Spray-On Tan

designed with

you
in mind

- Incredible natural colour
- Odourless
- Done & dry in 5 minutes
- No Streaking
- The world's purest tanning solution with natural bronzers
- No alcohol, perfumes or artificial preservatives

Sam Jenks

Ph: 9866 8018 or 0427 668 018

Call us for an appointment today
You will love the results!

Global Professionals in Spray-on Tanning Systems
www.sunfx.com.au

Massage

Sports ☺ Swedish ☺ Huna (Hawaiian)

Massage for relaxation, stress release, to de-tox, rejuvenate and revitalise



Appointments Essential

Mornings, afternoons or evenings available.
Monday to Sunday

Call Marion Price on 9882 4062 or 0427 824 062
Shop 3, Church Square, Fortune Street, NARROGIN WA

Vouchers available for anniversaries, birthdays, Christmas and other special occasions.

Mmmmmm Massage!

SAND'N'SALT

Shop 5, Lakeway Shopping Centre,
22/23 Stubbs Street, LAKE GRACE
Telephone 9865 1465

FASHION FOR THE SALT OF THE EARTH

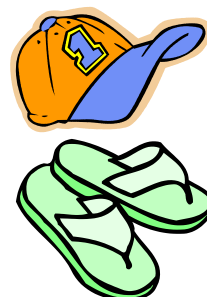


Now that the weather is warming up,
it is time for you to check out the
summer stock.



We have tops, shorts and
bathers in store for all ages and sizes.

In Ripcurl we have:
Girls denim shorts and thongs
Boys boardies and caps



Desperately Seeking

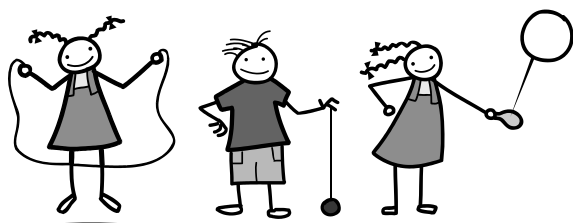
Babysitter/nanny for the
summer holidays.

9 December - 23 December

3 January - 30 January

3 kids, short hours, remuneration
negotiable

Contact Danielle
0427 676 025



Lakes District Well Women's Clinic

Attention all women aged 18-70 years.

Have you had a pap smear in the
past 2 years?

Cervical cancer is one of the most
preventable cancers and easily detected by
regular pap smears. So please do yourself a
favour and have a pap smear with your local
GP, the visiting female GP (ph 9865 1208) or
us. Our next clinics are on

Tuesday, 15th November

Tuesday, 6th December

These clinics are FREE

To make an appointment, Please phone

Jill Dykes on 9871 9024 or

Anna Taylor on 9865 1507

Lake Grace Weather

- Terry Gladish

Temperature Extremes for November

Highest Maximum Temperature	41.7	22/11/1962
Lowest Maximum Temperature	10.5	10/11/1971
Highest Minimum Temperature	24.9	13/11/2003
Lowest Minimum Temperature	1.1	01/11/1968



Date	Min	Max	Rain
20/10	6.9	28.4	
21/10	10.2	21.7	
22/10	9.3	21.0	3.2
23/10	10.1	26.4	
24/10	14.2	26.3	
25/10	7.7	17.7	0.4
26/10	6.9	19.7	0.2
27/10	9.4	21.8	
28/10	10.6	24.5	
29/10	7.5	25.6	
30/10	10.0	25.6	
31/10	7.6	19.0	
1/11	5.3	15.2	
2/11	4.0		5.6

Walk to Cure Diabetes

Once again our loyal team of walkers set off to Perth for the 'Annual Walk to Cure Diabetes' at Burswood on Sunday 16th October.

We had 15 walking plus a dog and a roo in our group.

In magic conditions we joined 12,000 other enthusiastic walkers to help find a cure for juvenile diabetes.

It is an amazing sight to see that amount of people walking around the river and makes you realise how many young people have been touched by this disease. We had two in our group.

We would like to thank the people of Lake Grace for their support. Gerty did most of the fundraising and we made over \$700. Thanks Gerty and thank you Lake Grace.

LAKE GRACE TOURISM PROMOTIONS GROUP ANNUAL GENERAL MEETING

3.00 pm Monday 14 November 2005 at the Stationmaster's House Visitor Centre

All Welcome!

One of the main topics for discussion will be the running of our new Visitor Centre. We are looking for volunteers to help out with manning the Centre - if you are interested, enjoy chatting to people and have a few hours a month to spare please pop into the Centre and let us know. Prior to the AGM Ian Menzies, Tourism Consultant, will run a training session for Visitor Centre volunteers about dealing with tourists, promoting our region and other aspects of volunteering at the Visitor Centre. All volunteers are welcome to attend. The session will start at 1pm and end at 3pm. If you wish to attend, please come in to the centre or contact the numbers below.

For information call Mary on ☎9864 9043 or Jeanette at the Shire on ☎9865 1105

Happy Chooks = Better Eggs

We all know that a battery hen's life is not a happy one, but suffice to say we keep that knowledge in the dusty recesses of our brain as we put the carton of eggs in the trolley on shop day.

However, we as consumers, can now shop guilt free - as far as the eggs go anyway - with Lake Grace Plaza now stocking free range eggs. Not only are they free range but they're locally laid!

Lyn Smith, proprietor of Chooks Everywhere, has reared pullets for 21 years and recognised the natural opportunity to expand into free range eggs. Lyn became aware 12 months ago of the impending deregulation of the Egg Industry, but seasonal conditions delayed her plans.

Lyn's show bird pets were sold and the numerous yards have been stocked with egg laying hens. The 150 hens in residence, live in veritable luxury. Penned in lots of 10-12 to prevent overcrowding, disease and to keep the pecking order problems to a minimum, the hens look forward to a diet of home grown grains, a dirt bath whenever the feeling takes hold and scratching in the wide open spaces. On alternate days hens have the opportunity to leave their yard and roam their surrounds.

"During the drought, greenery yards were introduced and these will be doubled to access all girls to a healthy green pick during dry spells. This is important for the yolk, and taste of the egg", said Lyn. Lyn takes great pride in offering a home grown product and is quite thrilled with the packaging. Local artists Maureen Jenks, then Melissa Cugley, developed all Lyn's stationery over the years. "In this product label Melissa has excelled herself", says Lyn, "I just adore it".

In an economic environment such as ours, where the rights of animals cannot compete against the cost of production, it is refreshing to know that our local consumers have the opportunity to support a local

industry that is compassionate about the welfare of its 'workers'. With new laws in several European countries banning battery hen farms, Australian producers are facing reality that these bans may eventually extend down under.

For a hen destined to a battery existence, life is not so pleasant. Destined to live in a cage until around 72 weeks of age - when productivity decreases and there is a rise in age-related disease - hens are subjected to beak clipping, limited room to move and extended hours of artificial light. When their time is up they're taken away, slaughtered and processed for pet food.

With 150 hens giving their all, Lyn expects to be able to maintain a supply of 75 dozen eggs per week to her customers. 'Eggs Everywhere' has the ability to be able to house up to 200 egg layers, which would bring production up to 100 dozen - however, Lyn can not see a need for her business to extend beyond these production limits.

\$3.99 is a small price to pay to support both local business and our feathered friends. On top of the feel good effect, your cooking will look and taste better - which for some of us is nothing short of a miracle!



Chooks

12wk - \$11, 16wk - \$12.50,
22wk - \$14, excess 40wk - \$10
Ready Now!

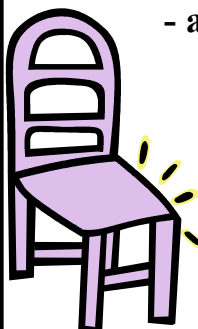
Phone/Fax Lyn Smith - 9865 3039
Mobile - 0427 653 039



'Pen With A View'

Chairs Wanted

- any material, any condition,
(non-returnable).
For use in an art project.



Please leave at the
Multi-Arts Space or contact
Michelle Slarke
(9865 1878).



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9865 1105 • Fax 9865 1109 • Email shire@lakegrace.wa.gov.au

SHIRE OF LAKE GRACE RECEIVES FUNDING FOR LOCAL PHYSICAL ACTIVITY PROJECT

The Shire of Lake Grace has recently been awarded \$7000 funding for a new project “**Active Mum’s**”. It is one of 17 physical activity projects around the State that Premier Geoff Gallop recently announced under the Physical Activity Taskforce’s Local Activity Grants Program. The Shire of Lake Grace will match the funding.

The State Government, through a Lotterywest grant has provided \$218,808 in the second round of funding for the projects, which are coordinated by Local Government.

Shire President Darcy Roberts said the Local Activity Grants Program was aimed at encouraging communities to become more physically active.

“We are very excited about receiving this Local Activity Grant funding to support our Active Mums project,” said Councillor Roberts. “Everyone needs to find 30 minutes a day to be active for health benefit and this project will help make it easier for our community to be active.”

The program is for mothers of new born to pre school age children which will encourage social interaction, physical activity, self confidence, assistance in weight management and lifestyle change.

The program will focus on promoting and supporting participation by this particular high risk group through education, motivation, easy and conventional ways for women of this sector to join in developing a healthy lifestyle.

The environment created will be family friendly, non-intimidating and will cater for mums to exercise with their children present. The program will be designed to encourage easy accessibility, flexibility, variety and affordability.

Local Activity Grants form part of the Premier’s Physical Activity Taskforce’s target to increase the proportion of Western Australians who undertake sufficient physical activity to gain a health benefit by five per cent (from 58 to 63 percent) by 2011.

The Physical Activity Taskforce Local Activity Grants program is jointly administered by the premier’s Physical Activity Taskforce and the WA Local Government Association.

Councillor Roberts said that developing and implementing physical activity strategies required a multi agency approach.

“If community groups and Local Government work together with the assistance of the State Government we can succeed in encouraging people to be more active,” he said.

“Together we can develop new physical activity programs and build on facilities and resources which already exist in local communities.”

The fifth round of funding under the Local Activity Grants program will open in March 2006.

For further information on the grant program including projects that have been funded is available by ringing 9382 5929 or 9382 5980 or from the website at <http://www.patf.dpc.wa.gov.au/>

Contact Letisha Marshall at the Shire of Lake Grace on 9865 1105 or email letisha@lakegrace.wa.gov.au for more information on the courses offered.



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9865 1105 • Fax 9865 1109 • Email shire@lakegrace.wa.gov.au

DOG REGISTRATIONS



are due on 31st October, reminders have been sent. If you did not receive yours please contact Betina at the Shire office on 9865 1105.

All dogs over 3 months of age are required to be registered.

Next council meeting

Newdegate Indoor Recreation Centre

9.00am on Wednesday 23rd November

This meeting is open to the public and community members are encouraged to attend. Public question time 9.00 - 9.30am

Fire Extinguisher Course



Tuesday 8th November
9.00 am – 12.00 noon
Council Chambers

RSVP to Leonie at the Shire on 9865 1105 for catering purposes by Friday 4th November

A light lunch will be provided.



australia day

Premiers Australia Day Active Citizenship Awards

Nominations closing November 11th
Contact Jeanette Bennett at the Shire for more details.

Lake Grace Swimming Pool



Open from
12pm to 5.30pm until
Saturday 5 November
Then from 11am to 6pm daily,
barring inclement weather
Season passes available from the
Pool Manager or the Shire Office.

Family pass - 2 adults, 2 children	\$121.00
Family pass - 2 adults, 3+ children	\$137.50
Adult (sixteen years + over)	\$ 55.00
Child, Student, Senior, Pensioner	\$ 44.00

"In the book of life, the swers aren't in the back".
Charlie Brown



Expressions of Interest

Are called for the demolition and salvage of all structures located on the property at 5 Bennett Street, Lake Grace. Letters expressing an interest are to be received at the Shire office by Friday 11 November 2005.

Enquires are to be directed to Chief Executive Officer, Chris Jackson at the Shire

Awards Night Highlights Excellence

One hundred and fifty nine people attended the nineteenth annual Narrogin Education District Awards Night at Narrogin on Friday evening, 21st October. Master of Ceremonies, Karl Palinkas, Principal of Pingelly District High School, welcomed students, community members and staff from schools representing the Upper and Central Great Southern Regions of the state.

The Awards night ended a very successful **Education Week 2005**. The evening was a most appropriate way to acknowledge the Education Week theme of "Outstanding people at your local public school". Ms Jan Workman, District Director, Narrogin Education District, said, "Awards Night highlighted three important aspects that contribute to the excellence of education in this district. They are the quality of our students, the strong community support we receive and the dedication of our staff." The evening also provided an opportunity to celebrate excellence in the standard of musical talent of students attending schools in the Narrogin District, with students from Williams Primary School and Narrogin Senior High School entertaining the audience.

The evening began with the presentation of the *Vi Barham Award for Excellence*; a scholarship to the value of \$1,500 presented to a Year 7 student, demonstrating the qualities of academic excellence, community involvement and sporting achievement. Twenty-three schools nominated fifty-two Year 7 students, who subsequently underwent a rigorous testing program. A panel nominated by the Vi Barham Committee then interviewed the top ten achievers. The winner was the young person with the highest aggregate score over both the test and interview.

Mr Joseph Leong, Chairperson of the Vi Barham Trust, and Mr Greg Day, Vi Barham Board member, read citations and presented certificates and book awards to the ten finalists.

The winner of the Vi Barham Award for 2005 was Emily Taylor, from Lake Grace District High School. Emily was interstate with her family and so could not attend the evening. However, her award was accepted on her behalf by the Lake Grace District High School principal, Mr Grant Draper.

The other Year 7 finalists were:

Alex Higgins and Cameron Bailey from Boddington District High School
Hannah Marsh from Karlgarin Primary School
Emma Pegrum from Kondinin Primary School
Jack Wilson and Valerie Griffiths from Kulin District High School
Kaine Rogers from Narrogin Primary School
Tamara Wallis from Wagin District High School
Monty Harding from York District High School

Telstra Countrywide has been a long-term sponsor of the Awards evening. Mr Ray Philips, Area Manager for Telstra Countrywide and Ms Workman presented the individual Community Awards. The awards go to

people with a high level of involvement in the school and community, a high level of interpersonal skills and commitment to Government school education. These qualities truly reflected the Education Week theme of "Outstanding People at your Local School".

The Community Award Winners were:

David White from Beverley District High School
Tom Pearce and Max Lee from Dumbleyung Primary School
Karen Haynes from Katanning Senior High School
Joanne Grover from Narrogin Primary School
Delys Pritchard from Narrogin Primary and Narrogin Senior High Schools
Valda Geyer from Pingrup Primary School

Mr Terry Waldron, MLA for Wagin addressed the group. He acknowledged the achievements of the student finalists and also commented on the high standard of education that he believes is provided in rural districts, especially at small rural schools. Mr Waldron also acknowledged the importance of community involvement prior to assisting Ms Workman present the individual Staff Awards. These awards go to staff members with a high level of professional competency, a high level of interpersonal skills and a commitment to professional development.

The Staff Award Winners were:

Christine Robertson and Wendy Moore from Boddington District High School
Nadine Kiddle and Teresa Woosnam from Corrigin District High School
Don Leopold from Darkan District High School
Aaron Ward from Katanning Primary School
Trevor Carruthers and Yvonne Hales from Katanning Senior High School
Megan Bacon and Marie Hartfield from Kulin District High School
Brian Lange from Narrogin Senior High School
Susan Smith from Pingrup Primary School
Pamela Prowse from Williams Primary School.



Emily Taylor, the 2005 recipient of the Vi Barham award.

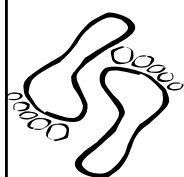


**24 HOUR EMERGENCY
SERVICE PH: 98651206**

LAKE GRACE & DISTRICTS HEALTH SERVICE

What is PATS?

PATS (Patients Travel Assistance Scheme) offers financial assistance for people needing to travel more than 100 km to access specialist medical services. If you need to see a specialist make sure you ask your doctor or local health service PATS clerk for further information about this scheme.



Walk 4 Your Health

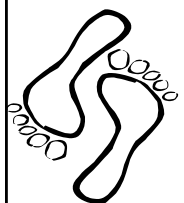
Get Active while enjoying the social benefits of walking in a group

Did you know:

- 7.42 million Australians are overweight and 7.27 million are not sufficiently active enough to achieve health benefits.
- Walking for recreation is the most popular physical activity in Western Australia.

'Walk 4 Your Health' is a Wheatbelt Walking Program, encouraging Wheatbelt residents to get active and enjoy the social benefits through walking in a group.

The program includes an education session on developing and maintaining a walking group, quarterly newsletters and incentives for walkers.



If you would like to start a walking group in your town or more information on the program contact Tracey Fuhrmann on ph:9622 4328.

Health Services Calendar:

Immunisation

Newdegate:

**Wednesday 2nd November
12:00—1:00 pm**

Newdegate Child Health Clinic



Lake Grace:

**Thursday 10th November
12:30—1:30 pm**

Lake Grace Medical Centre

Contact Elizabeth Trevenen with any queries or advice about immunisations on ph: 9865 1251.

Visiting Allied Health Staff:

- Physiotherapist (15th & 29th November)
- Occupational Therapist
- Podiatrist
- Speech Therapist
- Dietitian

Information on when visits are scheduled and appointments for all of these health professionals can be made by contacting Primary Health Narrogin ph: 98810385

Home Care Events:

Foot Care Clinic

Tuesday 8th November

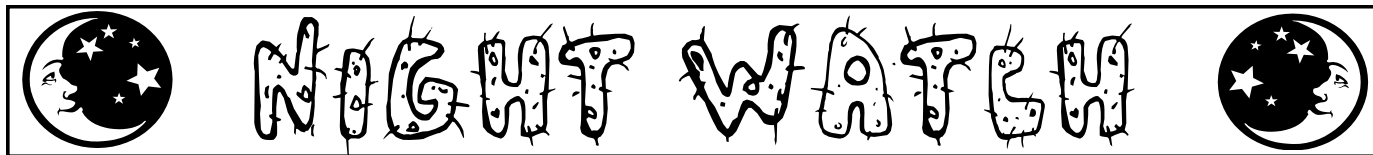
9am—12 noon in the Lakes Village Hall

Chair Aerobics and Choir will also be held on this day.

More information is available in the Home Care Newsletter or from Lorelle Houston, Activities Coordinator—call the hospital on 9865 1206.

UPDATE ON THE NEW HOSPITAL TELEPHONE SYSTEM!

The new telephone system is excellent—staff are all becoming familiar with the new phones. Many added features are available with this system, including several cordless phones for staff to carry with them and extensions to all inpatient beds in the ward area.



Welcome to Night Watch for the fortnight from midnight Friday 4th November, to midnight Friday 18th of November. Astronomy is looking up. Never look at the Sun without the proper equipment.

Our local star, the Sun, at magnitude -26.72 resides this fortnight in the Constellation of Libra and spends from 12 hours to 12 hours 2 minutes crossing from East to West, and from morning to evening.

The first quarter Moon will be at 9:47am on Wednesday 9th. On Thursday 10th at 8am, the Moon will be at Perigee (closest), at 370,010 kms from Earth. The Full Moon will be at 8:47am on Wednesday 16th. The MOON will be in Scorpius on 5th, Sagittarius on 6th, 7th and 8th, Capricornus on 9th, Ophiuchus on 10th, Aquarius on 11th and 12th, Pisces on 13th and 14th, Aries on 15th and 16th, Taurus on 17th and 18th.

Mercury in the Constellation of Scorpius, on Saturday, sets at 8:32pm, shining at magnitude -0.3. On Tuesday 8th, Mercury will have moved into the Constellation of Ophiuchus, and sets on Friday 18th at 8:27pm, shining at magnitude +0.1.

The very bright sister planet Venus, reflecting sunshine at magnitude -4.3, residing in Sagittarius, sets at 10:26pm on Saturday evening and is 1.4° (thumb at arms length), north of the Moon on Sunday evening. On Friday evening 18th, VENUS sets at 10:27pm at magnitude -4.5, 0.2 degrees south/west of the blue star Sigma in the handle of the teapot.

Moving through the sky from sunset to sunrise in Aries, Mars, shines at magnitude -2.4. On Monday 7th at 4pm, Mars, will be at opposition, opposite side of the Sun to the Earth. On Tuesday 15th, Mars, will be 3° (two fingers at arms length), south of the Moon, and sets at 4:18am on Friday 18th.

The giant gas planet, Jupiter, in Virgo, rises in the early morning twilight on Saturday at 4:40am, shining at magnitude -1.7. JUPITER rises at 3:57am on Friday morning 18th.

Saturn, the ringed planet in Cancer, shining at

magnitude +0.2, rises on Saturday morning at 12:49am, and rises at 11:58pm on Friday 18th.

The blue/green planet, Uranus, sets on Saturday morning at 2:13am in Aquarius, shines at magnitude +5.8. URANUS, on Thursday 10th, will be 3° (two fingers at arms length), north of the Moon.

On Friday 18th, Uranus, sets at 1:22am.

The grey/green planet, Neptune, sets at 1:15am on Saturday morning and shines at magnitude +7.9 in Capricornus. On Wednesday 9th, Neptune, will be 5° (three fingers at arms length) north of the Moon. On Friday 18th, Neptune, sets at 12:15am.

The small distant planet Pluto, in the Constellation of Serpens Caput, sets on Saturday at 9:17pm and on Friday 18th at 8:32pm, reflects sunlight at magnitude +14:0 and a large telescope and dark site needed.

Meteors, can be seen in Taurus on Saturday morning and also on Saturday morning 12th. The Leonard Meteor shower of up to 1000 per hour, is on Thursday morning 17th, if they happen at the right time.

On Sunday 13th at 9pm, the smallest of the 88 Constellations, the Southern Cross (Crux) will be due south and below the horizon.

Saturn's Spokes - First spotted in Voyager images 25 years ago, Saturn's mysterious ring "spokes" are back. The Cassini spacecraft has recently imaged some of these spokes in the planet's B ring, covering an area roughly 3,500 by 100 kilometres. The spokes are strange, inconstant patches that sometimes appear running across parts of Saturn's rings. When looked at from one side of the rings they appear light; from the other side they look dark.

Maurice Gilson

A member of the Astronomical Society of WA. 16
Clarke Avenue Lake Grace. Ph: 9865 1516
Email mgi11687@bigpond.net.au

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
5/11/05	5:06am	6:35pm	7:04am	10:15pm	12/11/05	5:01am	6:41pm	2:50pm	2:34am
6/11/05	5:05am	6:36pm	8:02am	11:15pm	13/11/05	5:00am	6:42pm	3:56pm	3:04am
7/11/05	5:04am	6:37pm	9:08am	DNS	14/11/05	5:00am	6:43pm	5:01pm	3:34am
8/11/05	5:04am	6:38pm	10:18am	12:08am	15/11/05	4:59am	6:44pm	6:08pm	4:07am
9/11/05	5:03am	6:38pm	11:28am	12:52am	16/11/05	4:58am	6:45pm	7:15pm	4:43am
10/11/05	5:02am	6:39pm	12:38pm	1:30am	17/11/05	4:58am	6:46pm	8:19pm	5:23am
11/11/05	5:01am	6:40pm	1:45pm	2:04am	18/11/05	4:57am	6:47pm	9:20pm	6:10am

Visitors Centre Officially Open (cont.)

Stationmaster's House Action Group and supporters however, could see the potential of the building and recognized its heritage significance.

Volunteers and people such as Lynne Stewart and their great passion for the project has been the key to its success, said Project Coordinator Michelle Slarke. "Lynne brought her renovating skills, ability to organise, and a team of very skilled people with equal passion."

Mrs Stewart, with Project Coordinators Jeanette Bennett and Michelle Slarke, was backed up by a substantial number of volunteers who gave their time at numerous working bees – scraping, painting, repairing, digging, removing, alterations and rebuilding. Local contractors gave their services at a reduced rate and also joined the volunteer force.

The group secured almost \$40,000 in funding through grants from Lotterywest and Department of Family and Community Services grants, and was pleased to achieve its aim of spending the majority of the funds locally.

The Town clock is Lake Grace Development Association's gift to, and acknowledgment of, community volunteers such as these. In 2001, Jill Duckworth and Debby Clark suggested that Lake Grace Development Association construct a town clock for the International Year of Volunteers. They then secured

funding from International Year of Volunteers/ Department of Family and Community Services and Community Arts Network WA.

Lake Grace Engineering built the clock tower. The mosaic, which reflects the line and colours of our salt lakes, was designed by Kerrie Argent and created by Phyllis Dunham and community members. The signage reads "A Lake Grace Development Association initiative to honour the many hours contributed by community volunteers".



Stationmaster's House Action Group Project Coordinators Jeanette Bennett and Michelle Slarke, with Shire President Darcy Roberts and Mary Nenke who officially opened the house.

Recent Statistics about Volunteers in Australia

- There is a clear **upward trend** in volunteering rates in Australia and volunteers can be found in all areas of the community - from arts to welfare, sports, health, schools, the environment and more.
- By 2002, **more than a third of all Australians** volunteered through an organisation over the year. **4.4 million Australian adults volunteer each year (32% of the population)**. There are **700,000 non-profit organisations** in Australia, many dependant on volunteers.
- According to the 1997 Australian time-use survey, the hours purported to be spent on **informal volunteering is nearly three times as large** as formal organised volunteering.
- Australian volunteers **donated 510 million hours** to community organisations in 1997. By 2000 this had risen to **704 million hours per year**. Almost 429,000 Western Australians, around one-third of the population are volunteers and they contribute over 70 million hours a year, worth an estimated \$800 million dollars.
- When the value of volunteer work is added to the contribution made by the non-profit sector (3.3% of GDP) our national economy is \$29.7 billion dollars better off (4.7%) - a contribution larger than the mining or agriculture industries.
- 33% of women living in Australia volunteer compared to 31% of men. Rural Western Australian recorded the highest volunteering rate in Australia with 45% of the population involved in volunteering.
- Almost half (48%) of all Western Australian volunteers had been volunteering for more than 10 years.
- In both 1995 and 2000 the most common reason West Australians gave for being a volunteer was to 'help others/community' (49% in 2000 and 41% in 1995). The next most common reason was 'personal satisfaction' (41%).

Lake Grace has an estimated 60 formal volunteer organizations. More than forty volunteers were involved with the restoration of Stationmaster's House and volunteers continue to be involved in its maintenance and operations.



Lake Grace Development Association Chairperson and Town Clock Project Coordinator, Debby Clarke

VP Day Archives



To many of our senior residents, James Lyall was a person they well remember, having worked in the local Co-op before enlisting in the Air Force. He was popularly known as Jim or Jimmy and he and his wife Lill used to live in the house opposite the Methodist Church, (now Uniting), and Lill believes he was the second of our local men to go away on active service. Sergeant James Lyall was awarded a rare Air Force Medal, (only six having been awarded), and his wife has kindly sent a copy of **his citation** for the Lakes Link. Mrs Lyall said that while they were in England in 1973, they saw an advertisement in the paper, wanting to buy a medal such as James's owing to its rarity, and she still has the cutting.

No.16638 Sergeant LYALL, James Smith, Fitter 11E,
No. 1 Aircraft Depot, LAVERTON, Vic.

Sergeant Lyall enlisted in the Citizen Air Force on 30th May, 1940 as a technical trainee. After completing his recruit course, he was posted to a school of Technical Training and, subsequently, to No.1 Engineering School, where he underwent a fitter course. On completion of his fitter course, he was remustered as a FITTER 11A and, on 10th February, 1942, was posted for duty at No.1 Aircraft Depot where he rendered faithful and efficient service, and was subsequently promoted to the rank of Sergeant.

In August, 1941, Sergeant LYALL in the ordinary course of his duty, was detailed as a member of an Anson aircraft crew on a ferry flight from LAVERTON to GERALDTON, Western Australia. After taking off from FORREST, in the course of this flight, Sergeant LYALL was instructed by the captain of the aircraft to wind up the undercarriage. When promptly executing this order and with the gear approximately half wound, the winding handle suddenly became slack and then jammed. Upon examination, Sergeant LYALL discovered that the intermediate shaft on the starboard side had snapped inside the sprocket socket leaving both landing wheels immovable in half raised position. Sergeant LYALL thereupon removed a link of the primary chain and wound down the starboard leg inch by inch by pulling on the secondary chain with wire loops improvised to effect a grip. Upon endeavouring to wind down the port leg in a similar fashion, Sergeant LYALL found that the loose end of the broken chain had slid back and was jamming the landing gear. In these circumstances it became necessary for him to make a hole in the floor of the cockpit in order to free the jammed chain. This he successfully completed and then wound down the winding gear.

The time occupied in effecting this repair in the air was approximately 90 minutes and, during most of the time, Sgt. LYALL was forced to lie in a prone position with both arms and his head partly in the fairing. As the flight at the time was made in extremely bumpy conditions, which are always likely to be encountered in that part of the Commonwealth, the prevailing conditions considerably accentuated the difficulties with

which Sgt. LYALL had to contend. By his resources and ingenuity under extremely trying conditions, Sergeant LYALL undertook and completed successfully a task by which a probable crash was happily averted. Sergeant LYALL'S skill as a fitter and the devotion to duty displayed by him whilst flying have been of great value in sustaining the keenness and morale of his fellow airmen.



Sergeant James Lyall

MEMBERS OF THE FORCES

CANBERRA, June 10. – His Excellency the Governor-General (Lord Gowrie) has received advice that His Majesty the King has been pleased to confer the following Commonwealth birthday honours:

Air Force Medals: No 16638 Cpl James Smith Lyall, RAAF.

[This is how the Newspaper of June 10, 1942 announced the honours – Cpl James Smith Lyall, RAAF, was the last listed of 26 other honours. Though it is not stated in the citation, Mrs Lyall told how it was necessary for crew to be holding James by the ankles for the 90 minutes while he was effecting repairs, with his body partly suspended outside of the plane. Mrs Lyall has also sent a description of the Air Force Medal. In 1947 the Lyalls left Lake Grace for Tambellup to manage the Co-op. They made other moves to Bunbury, then Katanning, before Mrs Lyall returned to Tambellup where her daughter lives. We thank her for obliging us with the citation and photo of James and further information!]

VP Day Archives (cont.)

AIR FORCE MEDAL

Description. – The Air Force Medal shall be silver and oval-shaped bearing the Effigy of the Sovereign on the obverse and on the reverse within a wreath of laurel the date 1918 and a representation of Hermes mounted on a hawk in flight bestowing a wreath. The whole ensigned by a bomb attached to the clasp and ribbon by two wings.

Ribbon. – The Air Force Medal shall be worn on the left breast pendant from a ribbon one inch and a quarter in width which shall be in color red and white in alternate diagonal stripes of one sixteenth of an inch in width running at an angle of 45degrees downwards towards the wearer's left.

Abbreviated Title. – The award of the Air Force Medal shall entitle the recipient to have the initials A.F.M. appended to his name.

Information gathered by Allan Zweck

THE WAR BRIDES SHIP.

Following the VP Day story of the last issue, are some items of interest about the War Bride Ship. It was one of Britains most famous fighting ships, the air craft carrier, HMS VICTORIOUS that took the Australian War Brides to England. The huge hangar had been converted to sleeping compartments for 750, complete with a mess hall (dining area), and lounge, work which had been completed by West Australian workmen. In Sydney, further conversions for comfort and convenience were made, such as a completely equipped beauty parlour, and on the flight deck, two swimming pools, an ice cream and soda fountain and another lounge. Special fans and lights were fitted for use in the tropics. There was also a cinema and internal broadcasting system, as well as a hospital staff of doctors and a dentist.

The VICTORIOUS sailed from Sydney to Fremantle on the first part of the journey, with 605 War Brides on board, and they experienced "mountainous seas" across the Great Australian Bight, so much so that it delayed her arrival, which then delayed her scheduled departure to the following day. At Fremantle a further 50 War Brides had assembled, including Doreen Buckland (Lynnette Zweck's mother), who then had to wait around all day for their ship to come.

By the time the VICTORIOUS berthed, the West Australian contingent were very weary and anxious only to get on board and settle in, whilst those on board were anxious to come ashore, due to the roughness of the passage, and many were seen "giving loving pats to the firm earth as they stepped ashore". A most noticeable thing about them was their extreme youth, the youngest being 15½ years, while most were younger than 21 years. Another was a bride of 1½ hours before her husband sailed, and she had not seen him for eight months.

For Doreen Buckland, it was not the "fairytale family farewell" one could envisage, as it was their kind neighbour who drove her and her mother to Fremantle,

her parents having never owned a car. For many it was a lonely farewell, due to the delayed departure, and Doreen's mother was only able to see her to her cabin. However, the paper did record "To Mrs Buckland the trip to England is a return to her homeland, although she left London as a child [5 month old baby] 20 years ago. Now it is to London she is returning".



Al and Doreen Buckland in Trafalgar Square, London.

A large crowd assembled at Plymouth to meet the War Brides, though for Doreen her husband had to be given special dispensation from the hospital, where he had been suffering a bad bout of tonsillitis.

The paper wrote, "Hundreds of relatives crowded the docks early today and as the first of the parties of brides went ashore they were smothered with affectionate kisses by husbands and relatives". On the flight deck, the Lord Mayor of Plymouth addressed the brides, and in part said, "...Their coming to Britain would strengthen the ties of friendship still further and they would find a hearty welcome throughout the country".

On the voyage, one bride was widowed, having received the news at Aden after passing through the Suez Canal, that her husband was "reported missing after taking off in a Spitfire". Another two brides wanted to return to Australia, one having a change of mind and the other stating that her mother was ill, though they did talk the matter over with their husbands. The fare to England for the War Brides was 5 pounds! In England, living at that time was very difficult, said to have been worse than during the War, as England was obliged to share her food with both Germany and Poland.

In May of 1948, Al and Doreen Buckland with 11 month old baby Lynnette returned to Perth aboard the Asturius. Of interest is that on board as a 7 or 8 year old boy, was the "to become" well known quiz master of "Sale of the Century", Tony Barber. Though he was not identified at the time, it is believed he was amongst the many children who always played together, including Lynnette, aboard the ship.

Information from the West Australian, June & August 1946, researched by Allan Zweck.

Have Your Say on the Future of the Marron Fishery

A favourite Western Australian recreational pastime - marron fishing - is under review.

Recreational Fisheries Program Manager Nathan Harrison said the marron fishery was fragile and current management arrangements were being reviewed to ensure the fishery was sustainable.

Mr Harrison said that interim management controls had been successful in stabilizing the catch and protecting breeding stocks since 2003, however, a long-term strategy was now required to improve the quality of the fishery.

The Department of Fisheries has released a draft management paper for public comment outlining proposals designed to form the basis of a five-year management plan for the fishery. The paper was developed by the Recreational Freshwater Fisheries Stakeholder Sub-committee.

Key proposals of the discussion paper include:

- ★ Increasing the length of the marron season;
- ★ Timing of the season (January or Easter);
- ★ Merits of a change in minimum size limits;
- ★ Possession limits; and
- ★ Managing certain areas as 'trophy waters'.

"Factors such as declining rainfall, land management practices, predation by introduced fish such as redfin perch and fishing pressure have an ongoing impact on stocks in many popular 'marroning' locations," Mr

Harrison said.

"In addition, recreational fishers have lost access to many of the State's once popular reservoirs, as they have been progressively brought on-line as drinking water supply dams.

"We know there are a lot of Western Australians who enjoy marron fishing and want to be able to do so in the future, so it is important that we have effective management arrangements in place for the available places people can fish, to protect the future quality of this important fishers."

Fishing for marron is a unique experience to Western Australia, as marron are not found in any freshwater systems outside of the State's South West. In 2005 about 5,000 dedicated marron fishing licences were issued by the Department of Fisheries.

Mr Harrison encouraged people to have a say in the future of this fishery and formally make a submission.

Copies of *Fisheries Management Paper No. 198 'A Quality Future for the Recreational Marron Fishers'* are available on the Department of Fisheries website at www.fish.wa.gov.au or by contacting 9482 7333. Submissions close on 16 December 2005.

A final decision on management arrangements will be made by Fisheries Minister Jon Ford in time for the 2007 marron season.

Farmers - Do You Need Finance for Housing Renovations or Repairs

The Country Housing Authority is a State Government Agency supporting rural and remote communities by providing access to housing finance.

We provide housing finance to farmers, retired farmers, rural employers, the self employed and local governments to provide flexible home loans that suit the needs of local communities.

You can use your Country Housing Authority loan to build, buy, add or modernise your home. Our loans have no application or loan management fees and competitive interest rates. Repayments can be made on a monthly, quarterly, or half-yearly basis or tailored to your cash flow. The loan terms are 20 years.

For further information phone 1800 158 200 (free call) visit our web site www.dhw.wa.gov.au, email us at cha@dhw.wa.gov.au or pick up a brochure from local Shire Office, Telecentre or Business Enterprise Centre.



Department of Housing and Works
Government of Western Australia



Supporting Pink Ribbon Day



Left to right:
Katie Vaux, Claire Eaglestone and
Dr Avron Moffson 'in the pink'

Balloons, banners, ribbons and pink, pink, pink greeted those attending the medical centre on Monday 24th October - Pink Ribbon Day - an annual Australia-wide awareness day to raise funds and awareness in the fight against breast cancer.

- × Breast cancer is the most common cancer (excluding non-melanocytic skin cancer) in Australian women.
- × It is also the most common cause of cancer death among Australian women.
- × One in 11 Australian women is likely to have breast cancer.
- × In 2000, 11,314 women were diagnosed with breast cancer and 2,521 women died. 86 men were diagnosed with breast cancer, and 21 died of the disease.
- × The cause of breast cancer is unknown; major risk factors include age and family history.
- × Every woman is at risk: only 5-10% of all breast cancers happen because of inherited genetic mutations.
- × If breast cancer is detected early, while still localised in the breast, chances of five-year survival are around 90%.
- × The risk of developing breast cancer increases with age.
- × Between 1982 and 1996, about 28 per cent of women with breast cancer were aged under 50 years, 44 percent were aged between 50 and 69 years, and 28 per cent were aged 70 years and over.
- × Men also get breast cancer, but it's uncommon. Less than 1% of all breast cancer occurs in men.

Position Vacant

Administrator / Sales Person

We are seeking a self motivated, well organised and flexible person who is computer literate to join our team.

Sound communications skills are essential

Duties include:

- × Data Entry
- × Accounts Payable
- × Invoicing
- × Customer Service
- × General Office Tasks

This is a full time position.

Send a covering letter with current CV marked confidential to:

The Manager
CCL Hardware
PO Box 21
LAKE GRACE WA 6353

Applications close 5pm Friday 18th November.

Ladies Christmas Concert 2005

Ahoy! All ladies 15 years and older, this is your captain calling you to dust the cobwebs from your glad rags and polish up your skits, oil your vocal chords, tune your instruments for another hilarious evening of feminine skill, humour, and Christmas cheer!

I've contacted many ladies' clubs and talked to many more individuals, so if you haven't been cornered yet, look out, your talents are needed for this night to be a success.

Tarin Rockers are your hosts for this year, and "WE WILL ROCK YOU!" Monday November 21st, doors will open at 7:30pm, with the show starting at 8pm sharp. We will follow the same seating arrangements as last year, with tables and some rows of seats. Please organise your tables and book ahead; remember your own nibblies and a plate of supper to share.

Clubs have been asked to donate \$10:00 towards the cost of the evening, which can be left with Vicki O'Neill Gray at "Sand 'n' Salt", or mailed to Tarin


Rock Tennis Club. Your gold coin entrance donation will go towards the Rice Bowl Appeal. We are hoping to make this a BYO occasion and will confirm this in the next Lakes Links.

The Theme for this concert will be "RED and GREEN with maybe a COLOUR in between!" - all designed to add to the atmosphere of this amazing night.

Please, can clubs and individuals send me their skits, duets, musical ensembles, choirs, plays, operas, solos, cirque du soleil attempts, etc by Friday 18th November, to give me time to put this mind blowing programme together! I can be faxed on 9864 9129, maybe (if you're very lucky) rung on 9864 9029 or better still, for some of you, emailed on pboneill@westnet.com.au, table bookings taken too.

Looking forward to having my email box full and the fax jammed

Ever optimistic.
Belinda O'Neill



**Flies been
getting
in your eyes?**



See us

We are your one stop fly
solution shop



We have:

**Fly Traps, Fly Zappers, Fly
Swats & Insecticides**
Ph 9865 1217



EWENIQUE Weed Free Pelletised Sheep Manure

- ✓ 100% organic
- ✓ Low Odour
- ✓ Heat treated

Made from 100%
crushed sheep dags

20kg bag \$12

Ph: Darren Spencer
0428 651 339
or 9865 1339



SCIENCE AND STUFF

THE NOODLE:

Who invented the noodle? The Italians, Arabs or Chinese? Well they all stake a claim.

But the discovery of a pot of thin yellow noodles preserved for 4000 years in yellow river silt may have tipped the bowl in China's favour. It suggests that people were eating noodles at least 1000 years earlier than thought, and many centuries before such dishes were documented in Europe. The noodles were buried 3 metres deep in flood-plain sediment at Lajia in north-eastern China. The noodles came from two species of millet grass grown in north-eastern China at that time. *Nature* (vol 437, p 967).



17 million sites were added to the web in the year to October, according to the internet company, Netcraft.

WILDLIFE CRIME ARRESTS:

Police in London made their first arrest under a new wildlife law designed to punish those who trade in material from endangered species. Officers arrested a woman at a shop in central London supplying Chinese medicine, seizing hundreds of products which turned out to contain traces of tiger, bear, rhino and musk deer.

Type 'google' into Google and you will find that one of the hits is a new Madagascan ant [Proceratium google](#). It was described and named by entomologist Brian Fisher of the California Academy of Sciences in San Francisco. The ant eats spider eggs. So like its namesake, it excels at locating juicy nuggets.

HELIUM:

Helium is strange stuff by anyone's standards. At temperatures where most other elements just freeze into lumps, liquid helium can flow straight up and over the side of a cup on its own. Stir some chilled helium in a coffee cup and it will continue to swirl around effortlessly forever; it is not slowed by viscosity the way ordinary liquids are. Such renegade liquids are called superfluids. Both of helium's isotopes, helium-3 and helium-4, morph into superfluids when the thermometer dips within a few degrees of absolute zero. Helium is two electrons orbiting the nucleus of the neutral atom.

ARTIFICIAL HIPS GET BUG-BUSTING COAT:

Bacteria looking to make a home on medical implants such as replacement hips are in for a shock. Researchers at Jefferson Medical College in Philadelphia have chemically bonded the antibiotic vancomycin to the metal titanium for the first time. They hope it could pave the way for infection-proof implants. The antibiotic is bonded to titanium via silicon-containing silane molecules. If clinical tests are successful the bacteriocidal implants could be in use within five years. Tens of millions of people a year have

medical implants, and 6 per cent of these develop life-threatening infections as a result. (*Chemistry and Biology*, vol 12, p 1041).

TEKTITES:

Farmers and other people around Lake Grace find tektites on roads and in the bush when walking. If you put them up to the light, they are coffee coloured. These tektites are made from sand from an impact area thought to be in Indo-China, on the Cambodian border and are very hard glass, rating from 3 to 5. They are found all the way to Tasmania. The tektites found around the bottom half of Western Australia are called "normal", and made from silica between 65% and 82% and have almost total lack of water. Other components of tektites found in other parts of Australia include aluminium oxide, iron oxide, magnesium, calcium, potassium and sodium and minor amounts of titanium and manganese. If anyone wants to know more, I have the latest book on them.

If anyone would like to have a look at the Geological Survey Maps of the area, I have them from Williams down to Jingalup and through to Mylies Beach, up to Hyden and Gibb rock. The Dumbleyung map covers from Williams across to Burngup, down to Jingalup and across to Ongerup. The booklets that go with the maps show all the types of trees, rocks and sediments as well as the age of the lakes and rocks found in the area and where all the types of minerals are found.

EARTH'S COOL PAST:

Meteorites preserved in Antarctic ice are providing baby-snaps of the newly born Earth. Soon after Earth formed, 4 to 5 billion years ago, a Mars-sized object smashed into it, chipping off the moon and changing the Earth's chemical make-up. All history of primitive materials would have been wiped out as the temperatures soared to above 1500°C. So to find out what Earth was like before then, scientists examined 29 meteorites from the Antarctic, of the type known as chondrites, which are believed to have formed in the same gas cloud as Earth. They analysed them for elements such as cadmium, thallium and indium, which evaporate at high temperatures. Their concentrations suggest that early Earth was around 500°C, which is about 200°C cooler than previous estimates. (*Environmental Chemistry*. Vol 2, p 215).

BADGER BRUSHES:

The last thing a man wants to think of in the morning, is that the shaving brush he is using, is made from the hair of protected Eurasian badgers. Tests have found that the hair in shaving brushes are only supposed to come from the South-East Asian hog badger.



Maurie Gilson.

HARVEST CLEAN

MELBOURNE STREET (NEAR BGC) - MOORA

Manufacturers of mobile/fixed grain cleaners, screens for any existing machines for all types of grains and other post harvest technologies.

INTRODUCING THE NEW

GEBERT_R 4

GRAIN CLEANER

WITH "FOUR" BIG ROTATING SCREENS

BIG*STRONG*FAST

Up to 45 tonnes per hour for wheat and 30 tonnes per hour for barley.



**VIEW AT THE FACTORY AND ASK
ABOUT OUR SCREEN DEALS FOR
YOUR CROP NEEDS**

Proudly manufactured in Regional WA

DAVID GEBERT PH: 0438 413182

WWW.HARVESTCLEAN.COM.AU

SPENCER WOOLS

Agent for WESTCOAST WOOLS Pty Ltd

For all your wool selling needs...

Clips on consignment – thru Auction or Private

Nett Price on Farm – Forward Selling Options

Oddments – On Spot Payments

Tel: DARREN SPENCER – 9865 1339 or 0428 651 339

Warning on Harvest Time Dangers

Western Australia's agriculture industry has one of the state's highest rates of work-related injuries and fatalities, prompting a call from WorkSafe to farmers to take all possible safety precautions as the harvesting season gets under way around the State.

WorkSafe WA Commissioner Nina Lyhne said today hazards and risks are particularly high especially when farmers are facing great pressure to get the harvest done quickly," Ms Lyhne said. "In these circumstances it is especially important they pay attention to their safety responsibilities.

"Many deaths and injuries in the farming sector involve machinery, machine guarding and fatigue.

"Ensuring that equipment is well maintained, properly guarded and serviced regularly and workers adequately trained in the use and servicing of equipment is crucial. Of the 18 tractor related fatalities in WA since 1988, WorkSafe believes half may not have happened if tractors had been fitted with roll-over protective structures or protective cabs."

Ms Lyhne said it was also important to make sure that machinery operators have adequate rest

breaks in order to reduce the risk of fatigue. Long working hours and the associated fatigue are significant occupational safety and health issues that require particular attention during harvest time.

The Occupational Health and Safety Commission is currently developing a working hours code of practice.

In order to support farmers in developing safe systems at work the Government has provided funding for independent rural safety advisers who are currently working in the rural community. They are holding farm walk throughs, doing demonstrations to highlight best safety practices as well as conducting risk assessments.

These services are offered free of charge under the Government's farm safety strategy introduced last year by Consumer and Employment Minister John Kobelke.

For further information on farm safety and farm machinery regulations call WorkSafe on 9327 8777 or visit the website on www.safetyline.wa.gov.au

GREAT SOUTHERN TOYOTA

Your local Toyota Dealer



155 CLIVE ST, KATANNING



Come in and see our FULL RANGE OF NEW and USED VEHICLES or, we will drive to you!

Landcruiser, Prado, Kluger, Avalon, Camry, Rav 4, Corolla, Echo and the all new Toyota Hilux.
Finance Available!

GENUINE TOYOTA PARTS

We carry an extensive range of genuine Toyota Parts and accessories, and can have them delivered to you.

SERVICE DEPARTMENT

Our technicians have the experience and equipment to carry out all maintenance and repairs on your vehicle.

Phone us today on (08)9821 7100

Brad Byrne – Manager/Car Sales

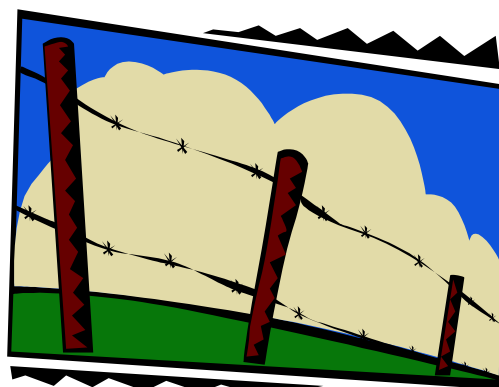
Noel Shepherd – Parts Manager

David Allan – Service Manager

Keep the feeling! TOYOTA

Genuine parts ☐ Quality Service

MATT ARGENT Fencing



Lake Grace and Beyond

Phone 9865 1456

Good Reads for Teens

Borderland by Rosanne Hawke

Borderland is a wonderful book, but I have to say it makes you cry. It's about a girl named Jaime Richards who has just moved to Australia from Pakistan. She was brought up to be a Muslim and wants to stay one. She was born in Australia but she is still treated differently from everyone else, just because she's Muslim. I really recommend you read this book.

Walk in My Shoes

Walk in my shoes is a book about an escape from a perilous and terrifying war in Afghanistan. Gulnessa and her family find themselves in Australia after escaping from the Cold War, but find that their struggle isn't over yet. They are confined behind barracks in a detention centre for asylum seekers and forced to prove their refugee status. As time goes by Gulnessa stays strong to keep her family together. She fights for her friend Abdul, with whom she has fallen in love, and doesn't give up hope for a second chance at life and the opportunity to build a future in the new land.

Someone Like Me by Elaine Forrestal

Someone like me is a book about a boy named Thomas Alexander St John Kennedy. What a mouthful! His nickname is Tas and life is pretty normal, that is until a girl named Enya moves into the farm next door. She's a pretty cool chick but has a mysterious family, and brings more trouble with her than Tas could've expected. The violence of Enya's cruel world she was brought up in catches up with Tas. BANG! I'll leave you with that so you can ponder what it is all about.

Rebecca Reeves

* All the books featured are available at the Lake Grace Library



Free Supply - Free Installation
10 x Faster

COMDEK

Broadband Internet Supplied and Installed Free

If you live on a farm or remote area you will probably qualify for a 2 way satellite internet system FREE of charge.

To find out more contact your local installer:

Steve Hunt at Lake Grace Computers

08 9865 1585 - Mobile: 0428 912 923

Email: lgcomputers@bigpond.com

Annual Ryegrass Toxicity Moves Northwards

The first case of Annual Ryegrass Toxicity (ARGT) for the year has been detected - 50km north of the usual 'risk areas'.

Until recently the danger area ranged from Three Springs and Perenjori in the North, down through Northam and Merredin and all the way down to Cranbrook. There have also been cases reported in the Esperance area previously.

The presence of ARGT in previously "clean" areas is a warning to producers who are grazing sheep, cattle and other stock including horses on pasture paddocks containing annual ryegrass throughout the state. A farmer north west of Morawa has recently lost 20 calves and 10 adult breeder cows.

Farmers should be aware that ARGT can be spread by machinery and hay movement. Running water and strong summer wind can also move the bacterium that causes ARGT.

Producers are advised to implement a biosecurity plan to minimise the risk of this disease and other pests, weeds, seeds and diseases being introduced onto their farms.

Producers should also be alert for the signs of ARGT in stock. Affected animals will develop nervous signs from four days to 12 weeks after the start of grazing on affected paddocks.

Initially stock may not want to move, or if they do move, they walk with a stiff-legged gait, they can collapse and convulse when driven. Once you stop driving them they can settle down and appear to have recovered. When they are resting they may stand with their legs wide apart, swaying and drooling from the mouth. Muscle twitching may also be apparent. Animals can die from the convulsions, although some mildly affected animals can recover.

Affected stock should be moved at their own pace into a known safe paddock providing fresh water and good quality hay. Sick animals can be drenched with water to avoid dehydration. After moving stock into the safe paddock the problem should decrease after seven days. If it is not slowing down then producers should check for continued exposure to toxic plant material within the safe paddock.

Producers should be on the lookout for ARGT from early October in the Northern Region and from late October, early November in the Southern Region. A second wave can also occur when animals are introduced onto infected stubble paddocks. Producers should also be aware that ARGT can occur at any time of the year when feeding toxic hay or fodder to stock.

Producers are advised to test paddocks for ARGT. Test kits are available from the Department of Agriculture and there is a subsidy for testing conducted before 18 November which will reduce the cost to approximately \$30.

Advice on long-term strategies to prevent ARGT can

also be obtained from DAWA and the stockguard sheep health and biosecurity plan is online at www.agric.wa.gov.au or can be picked up at the local DAWA office.

Workshops will be conducted in the Three Springs or Mingenew areas in March 2006 to plan for next year and to assist growers develop a year round control program. To register your interest in attending or to obtain further information on ARGT contact Marnie Thomas at the Department of Agriculture in Geraldton 08 99568555.



The Sharpening Man will be in Lake Grace on....

Monday 7th
November
From 1pm - 2pm

*Will be parked in Stubbs St Lake Grace
Can be contacted on....*

Mob 0429 986 234

Community Christmas

Tree

Satur-

17th

cember

Any queries
Bowron
or Natalie



on 98651186

day

De-

to Belinda
9865 1298
Gambuti



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9865 1105 • Fax 9865 1109 • Email shire@lakegrace.wa.gov.au

Licensing Services at the Shire

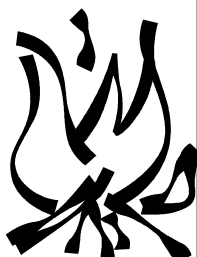
As an online agent of the Department of Planning and Infrastructure it is predetermined that the licensing service provided at the Shire closes at 4.30pm daily. It is not possible for us to process any licensing documents after this time.

If you are applying for a drivers licence please ensure that you have the correct identification documents to enable your application to be processed. There is a list in the back of the Drive Safe Handbook that states the documents required or if you have any queries please contact Betina at the Shire on 9865 1105.

Restricted burning period

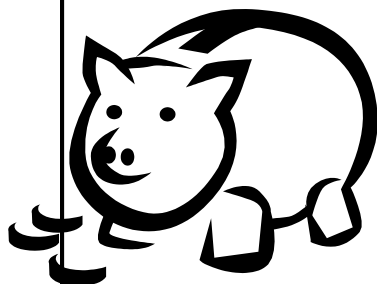
The restricted burning period for the Lake Grace Shire has been extended until 14 November 2005.

Permits are still required, any enquiries to your local fire control officer.



REMINDER

Those of you who have chosen to pay your rates by four installments please be aware that the second installment is due to be paid on **11 November 2005**.



If you are experiencing difficulties in making your rates payments please don't hesitate to contact Danielle at the Shire and we can try to arrange a mutually acceptable payment plan.

Roadworks Update

- Sealing of Magenta Road to commence on Wednesday 2nd November
- Sealing of Newdegate North Road commencing on Friday 4th November
- Gravel sheeting on Old Ravensthorpe Road and Lake Biddy Road has been completed
- 5km gravel sheeting work has commenced on Hatters Hill Road

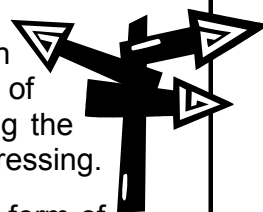
Most of the effort over the next fortnight will be fixing flood damage to the following roads:

Kean
Burngup North
Hilton
Willcocks
Cummings
Burns
Griffin Reward
Slarke



Rural Street Addressing

The Shire of Lake Grace, in conjunction with the Department of Land Information, are undertaking the mammoth task of rural street addressing.



Rural Street Addressing is a new form of addressing which supplies a uniform address number to every rural or semi-rural property in Australia. Reflective number plates are erected at the entrance to each address. Watch for more information about the program in the mail shortly.

Council is interested in hearing from any local community or sporting groups eg; Bush Fire Brigades, to assist in erecting the signs throughout the shire. Please contact Mark Burbridge at the Shire office on 9865 1105 to express your interest.

SAND 'N' SALT

Shop 5, Lakeway Shopping Centre,
22/23 Stubbs Street, LAKE GRACE
Telephone 9865 1465

FASHION FOR THE SALT OF THE EARTH

Tania, Darren, Elizabeth
and staff wish to thank their
customers and the community
for their loyalty and support of
Sand 'N' Salt over the
last 12½ years.

You have enabled the business to be
the success that is.

Please welcome Kate Dowling as
the new owner and pop in and see
all the new stock that has arrived.

Kate would love to see you!



**Multi-Arts Space
and Main Street**

CONTRACT SOIL SAMPLING

Private operator
Over 25 years experience
GPS recording of sites
Competitive rates
CSBP or Summit kits

Contact Trevor Hobley
ph 9837 4346,
mobile 0427 374 346,
fax 9837 4066
email trehob@wn.com.au.

In Lake Grace contact Kristie
or Derek on 9865 1324
after 6.00 pm.

Enter the 2005 Cutest Child in the West Competition and see your *Portraits instantly on screen!*



- ❖ Choose from our Fantastic NEW Range of Exclusive Props and Costumes from our Catalogue or Website.
- ❖ Select Colour, Black and White, Sepia or any combination.
- ❖ Select your own images for your discounted package with easy payment terms.

WIN

Free family portraits
Valued at over \$200.00



Photo
Keyrings &
Magnets only
\$10 each

**PORTRAITS
FOR YOU**
With Love [.com.au](http://wn.com.au)

Lake Grace Plaza
Tuesday 8th November
9:00am - 11:30am
Book today on 9865 1108

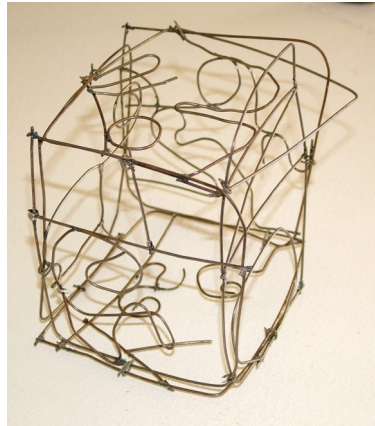
**DIGITAL
MOBILE**

Annual Exhibition Turns Five

Shire of Lake Grace CEO Chris Jackson opened the fifth annual community exhibition on Friday 21st October to celebrate a wonderful year in our new arts space. Hosted by Lake Grace Artists' Group, the exhibition features the work of 27 local artists and craftspeople. Media include paint, digital prints, metal (cans, wire and plough disks) and textiles. Lake Grace Craft Group gave us an insight into their Saturday afternoons with a display of beautiful patchwork quilts. The exhibition is open daily 10:00am to 4:00pm until November 4th.



'The Ones that Don't Need' - Helen Bennett



*Above: 'Decision Cube' -
Lisa Clarke
Right: Coffee Table -
Anthony Jenks*



*Left: 'Invasion of the
Masks' - Jayne Maree
Argent
Right: 'Frog' - Annie
Slarke
Below left: 'Breaker' -
Margaret Carruthers
Below right: 'Global
Chaos' - Kerrie Argent*



David Rhodes Chain Letters

The "David Rhodes" chain letters are doing the rounds again!

Consumer Protection issued a public warning early in 2004 about a chain letter telling how Perth man, David Rhodes, claimed to have turned \$218 into \$78,000 in just 60 days!

As a result of the publicity in 2004, concerned members of the public sent around 17,500 of these chain letters to Consumer Protection. West Australians, who participated in the scheme, received formal warnings to cease all involvement or risk prosecution.

The David Rhodes letter is a scam. Consumer Protection has seen the same scam, promoted under different names including Edward L Green, Paul Collins and David Stein, doing the rounds since the mid-1970s. It is amazing that the same scam has been around for 30 years.

This how it works:

A four-page letter is either faxed to you or arrives in the mail telling you 'not to bin this immediately' and to 'think about it for a few days'. David Rhodes, a fictitious identity, uses all the best scam-triggers by appealing to our desire to provide well for our family, have more money, be successful and get it all quickly by doing very little. Sounds too good to be true, doesn't it? Well, it is!

He tells you that it is a 'perfectly legal business opportunity' and here is all you have to do:

- Send \$10 to the person with a number #1 next to

their name on a list of five that arrived with your letter

- Delete that person and move everyone else 'up' the list, putting your own name and address at number #5
- Copy 200 of 'new' letter and send out to 200 people you have found through the phone book or other source

Do this within 60 days and your \$70,000 will start rolling in!

Mr. Rhodes also notes that if you decide not to participate, then you should pass the letter onto someone else and watch him or her succeed.

Some obvious concerns consumers should have are:

- Prosecution for participating
- Having your name and address widely distributed
- Alienating your family & friends if you involve them

Chain letters requesting money, even if disguised as a 'gift' like in this one, are illegal in much the same way as pyramid frauds are and participants can be prosecuted. The maximum penalty is \$20,000.

You should not bin this letter if you get it. Simply contact Consumer Protection on 1300 30 40 54. Alternatively, you may send it to *WA ScamNet*:* Reply Paid 64772, Locked Bag 14, Cloisters Square, WA, 6850, (Fax) 9282 0862.

More information on this and other consumer issues is freely available by calling Consumer Protection on 1300 30 40 54 or by emailing asmith@docep.wa.gov.au

KULIN CARPET CARE

Offering a professional carpet cleaning service
that *cleans* and *refreshes*
your carpets and upholstery.

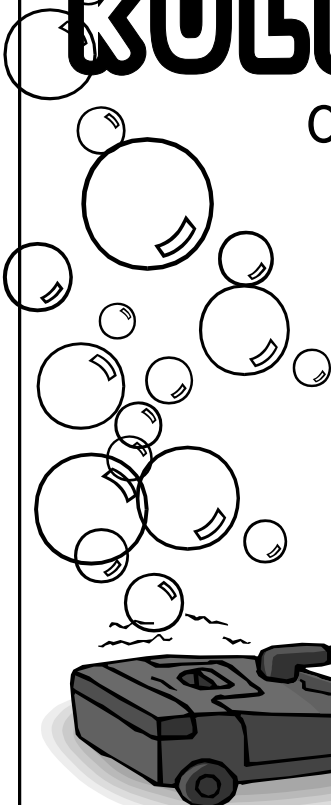
All prices include deodorising and disinfectant.

NO TRAVEL CHARGES

(when we can organise a day's work).

WS & C Griffin

Telephone: 9880 1081



Call Will, Carol or Kris on 9880 1081 anytime for a free quote

**AgWest Machinery**

WAGIN — LAKE GRACE



JOHN DEERE

SITUATION VACANT

Dealership Manager

AgWest Machinery is a progressive company committed to delivering a high level of service to their customers. It provides sales and service for a range of equipment from leading suppliers John Deere, Bourgault, Horwood Bagshaw, Hardi and Croplands.

We are seeking a suitable person with leadership skills to manage our Dealership at Lake Grace. Located in the South of Western Australia, Lake Grace is a small vibrant community whose residents enjoy modern sporting, health care and education facilities.

You will be responsible for budgets as well as the development and implementation of business plans for the branch. To succeed in this role you will be a "hands on" sales orientated person with the ability to grow the business. You will enjoy working with a committed team who understand our customer needs.

Ideally, you will have experience in management with a sound knowledge of the agricultural industry along with relevant business, communication and motivational skills.

Our Dealership is equipped with state of the art tools to help achieve your goals. Our salary is competitive in accordance with experience and qualifications.

For further information contact Dealer Principal:

Brenton Aughey, 109 Tudhoe Street, Wagin. WA 6315

Ph (08) 9861 0000. Mob 0429 425 475 E-Mail manager@agwest.com.au

Or visit our website: www.agwest.com.au

Bushys Garden Nursery

CLOSING DOWN



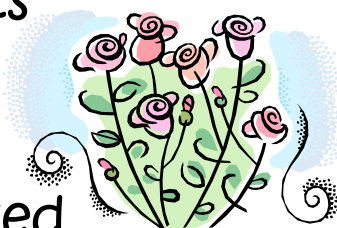
Bird Baths * Statues * Pots

REDUCED

Roses less 10%

Selected stock prices as marked

Saving \$\$\$



Come and grab a bargain before its all gone!!

....**SALE**....

All enquiries to Julie Bushby

Phone 9865 3017 - North Lake Grace



Shire of Lake Grace

ARC NEWS & NOTES

PO Box 50 Lake Grace Phone 9865 1105 Fax 9865 1109 Email shire@lakegrace.wa.gov.au

It is great to see the classes picking up in numbers and it is fantastic to see new faces having a go. There's nothing like summer to inspire one to get active and you will be happy to know that the beginning of Aqua fitness is only weeks away. So get your togs out, and get ready for a great new season of Aquatic fitness.

*Wishing you
good health
-Letisha-
ARC*



ACTIVE MUMS

This program has been designed for mothers of newborn to preschool age children to encourage social interaction, physical activity, self confidence, assistance in weight management and lifestyle change. The program will consist of a variety of activities that will include pram walks, aqua with babies, fitness workouts with baby, learning baby massage and much more. The best part of the program is your baby will play a big part in your workout. You can expect lots of fun and social interaction.

KEEP A WATCH OUT ON THE TIMETABLE FOR THE STARTING DATE FOR ACTIVE MUMS

**RETURNING FOR 2005/06
AQUA CLASSES
MONDAY 21ST NOVEMBER**

Current class explanation

GI JANES

Boot camp type class for those looking for a challenge, will involve hard, physical work using all different types of physical training and equipment. Great way to achieve complete exhaustion.

Beginners - Advanced (work at your own pace)

FITNESSBALL

A unique and effective class using your own fit ball to sculpt and tone every muscle.

BYO FIT BALL

TTT – TRIM, TAUT & TERRIFIC

A 45 minute workout using free weights, balls and barbells for upper and lower body toning.

COMMANDO JOES

Boot camp type class for those looking for a challenge, will involve hard, physical work using all different types of physical training and equipment. Great way to achieve complete exhaustion.

Beginners - Advanced (work at your own pace)

GROUP TRAINING

A variety of training using weights, cardio and boxing equipment. Aimed at improving strength, fitness and focus.

TBW – TOTAL BODY WORKOUT

A weight training class to improve tone, fitness and strength in a motivational and fun environment.

No experience required..

XPRESS BALL

An express workout with your own fit ball, combining core stability, weights and balance, while working against the clock.

BYO FIT BALL

COMBO BALL

A low impact workout incorporating your own fit ball to tone muscle, improve posture, flexibility and core stability.

BYO FIT BALL

*"Thirty minutes of medium-intensity activity
a day can help improve your social life"*

Shire of Lake Grace
NEW FITNESS TIMETABLE
Beginning 26th October 2005

Day	AM	PM
MONDAY		5.30-6.20pm (Anna) GI JANES Meet at football oval 6.30-7.15pm (Anna) FITNESSBALL Meet at Lesser Hall
TUESDAY	6.00-6.40am (Hayley) GROUP TRAINING Meet at pool carpark 9.15-10.00am (Anna) FITNESSBALL Meet at Lesser Hall	2.00-2.45pm (Hayley) TTT- TRIM, TAUT & TERRIFIC Meet at football oval 7.00-7.50pm (Hayley) COMMANDO JOES + WEIGHTS Meet at football oval
WEDNESDAY	9.30-10.15am (Hayley) TBW – TOTAL BODY WORKOUT Meet at Lesser Hall	6.30 pm MIXED TOUCH FOOTBALL Meet at football oval
THURSDAY	6.00-6.40am (Hayley) XPRESS BALL Meet at Lesser Hall 8.50-9.25am (Anna) XPRESS BALL Meet at Lesser Hall	6.30-7.15pm (Anna) COMBO BALL
FRIDAY		

All classes are subject to change without notice

For further information contact:

Letisha - Aquatic & Recreation Coordinator

Shire of Lake Grace – 9865 1105 or

letisha@lakegrace.wa.gov.au

- × Meeting places may change without notice, see Fitness Instructors for more information (in the case of wet weather unless otherwise stated all group fitness classes will be held in the Lesser Hall except GI Janes & Commando Joes)
- × For safety reasons there is no entry 5 minutes after a class commences
- × Always bring a sweat towel and water bottle to classes; suitable footwear must be worn at all times
- × Classes are designed to cater for all levels of fitness unless otherwise informed
- × Please inform your instructor of any health concerns you may have at the beginning of the class.
- × Teenagers are welcome to all classes.
- × The fit ball can also be known as an anti burst ball, fitness ball etc

HIGH SCHOOL BASKETBALL

The home game played between both of the Lake Grace teams was a very exciting one to watch, and definitely played with more intensity than the training games. The day was quite hot and with Lake Grace Two having two subs, they had the advantage over Lake Grace One with only one sub. Lake Grace Two led at the start of the game with some fast breaks, at half time the score was Lake Grace Two 14, to Lake Grace One 9.

In the second half Lake Grace One out scored Lake Grace Two, Lake Grace One had a late player arrive which definitely helped with the subbing, allowing players to have a rest. Unfortunately for them it was not enough to record a win. The final score for the game was Lake Grace Two 22, to Lake Grace One 19.

Friday 28th October, we travelled to Kulin for Lake Grace One to play against Kulin Black, at 7.00pm. This game was of a very high standard, clean, with very few fouls on either team. Unfortunately both teams had trouble scoring and at the half time break the score was 6 all. The second half was a different

story, although the game was still very clean. Lake Grace One were the victors with the final score being 27 to Kulin Black 22.

Lake Grace Two played Kulin White at 7.50pm. Lake Grace Two put on a wonderfully accurate display for all of the spectators, and had a considerable lead at half time. In the second half Kulin White lifted their game, and were extremely competitive. However it was too late, with Lake Grace Two recording another win with a score of 47 points to 24.

Just a reminder to players that there are still some outstanding fees for the Kulin Rec Centre of \$8. All fees were paid last week, therefore the outstanding payment should be paid to me. The bus leaves from the Lake Grace basketball courts this Friday at 6.30pm as both games are at 7.50pm. Any parents that wish to travel on the bus are welcome to do so, although we do have limited seating so please book your seat with me on 9865 4041.

Debby Clarke

LAKE GRACE CRICKET

The Lake Grace boys kicked off the 2005/06 cricket season hosting Karlgarin/Pingaring at home on 22 October. It looked like they would be in for a long afternoon in the field when Captain Karl Fleay lost the toss and Karlgarin/Pingaring elected to bat. The Lake Grace boys looked good in the field though and quickly had the opposition 2/14, thanks to some excellent bowling and a great reflex catch by Derek Stanton. Derek continued the good work, snaring an unsuspecting Gavin Argent by deflecting the ball back onto the stumps at the non-strikers end, catching the batter short of his crease. Steve Eaglestone and Mark Burbridge then proceeded to tear the batting line up apart, taking 3/16 and 3/19 respectively. Karlgarin/Pingaring was eventually all out for 92.

The Lake Grace batting line up always looked pretty shaky on paper, though the side was pretty confident of reaching the required target of 93 to win the match. Unfortunately for Lake Grace, the low scoring trend was to continue into the home side's innings. Kael Gray top scored for the Lake Grace side, with just 15 runs, whilst no other batter reached the double figures. Lake Grace all out for 48, an effort that will threaten the record books at the wrong end of the scale.

Saturday 29 October saw the boys pile on to the bus and return to the scene of the crime - Lake King - where the pre-season super8s competition had been held a few weeks before. Memories of that messy

weekend must have put captain Karl Fleay off, as he proceeded to lose the toss again, (has he ever won one?), and Lake Grace were again out in the field first. Lomas McPherson opened the bowling, and while he struggled early to find line and length, he soon fired up and finished up with the excellent figures of 2/14 of 11 overs. Derek Stanton also proved devastating with the ball, finishing his spell with 4/38 off his 11 overs. Karl Fleay and Steve Eaglestone chipped in with 1/33 and 2/16 respectively, whilst Gray-Balls (Kael Gray) needed 10 balls in his one and only over to pick up his wicket. Lake King were all out for a very achievable 110.

With no in-form opener (let alone batsmen) in the side, the job was handed to Steve Eaglestone to face the new ball - unfortunately he lasted just 2 deliveries, caught to a sharp slips catch. Derek Stanton cemented his spot at the top of the order, with a determined 43 that almost got the boys over the line. Karl Fleay got a start with 13 before falling LBW. Lomas McPherson managed 6 (off one scoring shot) before falling caught behind. None of the other batters got much of a start and the side was all out for 81, falling 30 runs short of victory. Not to worry, off to the pavilion to do what the boys do best, a few quiet (or not so quiet) drinks. A big cheer to Strevy for putting up with us and driving the bus home!

Mark Burbridge

LAKE GRACE LADIES BOWLS

The pennant season opened Oct 22nd with Lake Grace playing at home and having a win against Kondinin. Both games were very close with Jean's team winning 18 to 15, and Jenny's team losing 19 to 21, so we won the overall by 1 shot. It was good to renew acquaintances with the Kondinin ladies and we had a good time in the club afterwards.

On Sat 29th we traveled to Karlgarin on the bus. There was a tricky wind but it wasn't hot, so playing conditions were pleasant. Jean's team had a hard tussle almost catching up on the last end, but we lost by 2 due to a good bowl by Karlgarin skipper Laurel Trestrail, who played very well, as did the rest of her team. Final score was 17 to 19. Jenny's team kept ahead for most of the game but bolted towards the end winning 26 to 11. Well done ladies, so again we won the overall.

It was interesting to talk to the Karlgarin ladies and

catch up on the news from out their way, where sadly quite a few people are leaving the district. The trip home on the bus was interesting with not many compliments being paid, but we all arrived safe and sound, and again had a good night at the club. Thank you to the drivers Stuart Blackwood and Robert Carruthers who did a sterling job.

Next week Sat Nov 5th Round 3, Lake Grace play Kukerin at home. The following week, Sat Nov 12th Round 4, is against Newdegate at Newdegate. Kondinin Gala Day is on Thursday 10th November, we have one team going.

Social bowls will be held every Sunday during November. Starting time is 1.00pm and green fees are \$5 so it is a good time to join in and have a roll.

Till next time keep bowling.

Lyn Taylor

TARIN ROCK TENNIS CLUB NOTES

This weeks pennants was played at Kukerin in very windy and challenging conditions. The games were close and both clubs enjoyed the competition. It was great to see some different faces playing in both the Tarin Rock side and the Kukerin team. Tarin Rock won the day by 6 sets. A big thank you to the O'Neill boys for coming back from Perth to play for us and also to the other members who helped make up the team.

This week there will be Friday night tennis starting at 6pm. Please bring a salad to share for the BBQ after tennis. Pennants is in Lake Grace starting at 1pm this Sunday. Please let Ross Robinson know if you are unavailable to play this weekend. The Robinsons are on cleaning roster this week after Friday night tennis.

Sharon Robinson

Are YOU the next Gilchrist or Lee??

Get along to Junior Cricket

Friday's 4.30pm - 6.00pm

Starting November 4th

At the Town Oval

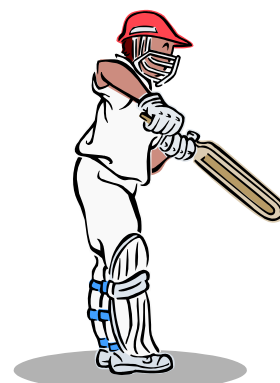
Join in the FUN!!

Primary School ages

Parents are encouraged to stay and watch, umpire or score.

For more information call Justin Wright 0427 936 345 or Lyn Carruthers on 9865 2138

C'mon Aussie C'mon



LAKE GRACE TENNIS NOTES

Once again there was a good turnout on Saturday afternoon for social tennis. Things are looking up! Even this early in the season you can see some steady improvement.

Pennants on Sunday at home against Dudinin was a windy affair with lots of mishits and complete misses. I know my service game is in tatters after it anyway. Unfortunately I don't have the score sheet to list any five set winners etc. but everyone did perform very well. In a close finish after going into the mixed doubles on even sets we went down 18 sets to 16 which has been our best performance in a while. Well done to everyone and thanks for staying on and enduring some freezing

conditions in the clubhouse.

Social tennis will be on Saturday again this week because of pennants on Sunday.

Pennants this week is against Tarin Rock at home so please be there by 12 o'clock and bring afternoon tea and nibbles for after. Thank you. Names into Anna Taylor and Cameron Lloyd.

Junior tournaments are coming around soon, the first is probably the Wagin Junior Tournament on Saturday 12th November

Ross Bowron

LAKE GRACE MEN'S BOWLS

On Saturday 8th October we played a Mixed Triples competition, playing for the Lake Grace Communications and Computers trophy. Thank you to Steve and Helen Hunt for your sponsorship.

Good to see some eastern states bowlers having a game with us, with one of them happening to be in the winning team. Great to also see young and talented bowler Aaron Carruthers coming up to have a game.

Winners of the day: Aaron Carruthers
Dorothy Reid
Basil

Runners-up: Audrey Evans
Brian Bidwell
Steve Hunt

Saturday 15th October were the Consistency Singles, sponsored by John and Elsie Griffin. Thank you to John and Elsie for their continued sponsorship.

Winner:	Chris Carruthers	232 shots
Runner-up:	Kevin Eggers	222 shots
Third:	Ron Pelham	217 shots

Great to get a lot of comments from participating bowlers saying what a great day they had.

On Saturday 22nd October we hosted Kondinin for the first round of pennants. This is a day that most of us would like to forget, however your Captain will not let that happen, as he will remind you all at the selection table. We lost 7½ to ½.

On Sunday 23rd October the Triples Championships, sponsored by Lake Grace Crutching Service, were contested. Thank you to Shane Reynolds and Chris Carruthers for their support.

Winners: John Griffin, Milton Reynolds and Kevin Eggers.

Runners-up: Ron Pelham, Brian Bidwell and Chris Carruthers.

There was a lot of good bowls during the day and a couple of lucky ones as well. Well done to the champions.

On Tuesday and Wednesday (25th and 26th October) we had a side go to Kukerin; Geoff Sabourne, Peter Taylor, Neil Bishop and Milton Reynolds; in very bleak and windy conditions. They had a bit of trouble handling the conditions. On Wednesday the team was a bit different with John Griffin and Kevin Eggers taking over from Geoff and Neil and winning the day. Well done men! We know what days to pick.

Saturday 29th October was the second round of pennants. We travelled to Karlgarin, defeating them 8-0. Well done men, a great team effort after last week. A great fight back by Alex and his team after a slow start, getting across the line on the last couple of ends.

Teams for Saturday 5th November against Kukerin at home.

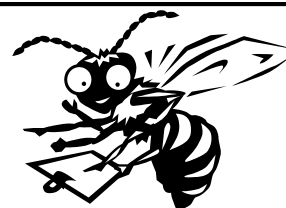
A Burt	M Reynolds	R Carruthers	H Doelman
C Carruthers	K Eggers	M Carruthers	B Bidwell
G Taplin	R Pelham	N Bishop	J Griffin
S Hunt	P Taylor	S Blackwood	G Sabourne
Reserve: G Duckworth			

Kevin Eggers



To our President, John McGlinn,
we wish you a speedy recovery.
All the bowlers are thinking of

BUSY BEE
9:00am
Saturday
5th November.
All players to attend.



Pool Opens for Summer

The anxiously awaited day for the start of the swimming season arrived on Sunday with ideal weather conditions.

With the temperature peaking at 26.4°C, and no breeze, the pool warmed to a manageable 20°C by 3pm. In the week previous the water temperature was a chilly 16°C. Although the Mums and Dads were keen to leave their togs in the wardrobe, the kids were showing no reluctance to enter and stay in the water.



Jean Seaman and Leonie McIlree 'cooking up a storm' while being protected from the sun under the new shelter.

With the Shire donating sausages, Jean Seaman and Leonie McIlree were in charge of the sausage sizzle, taking advantage of the new shelter shielding the BBQ area from the sun. Eighty-one people came through the gate, a great start to the year.



Reece Lay is enjoying the slide.



Bianca Kennedy reckons the water temperature is perfect.

With the weather warming up, and water aerobics starting in mid November, Pool Manager Kevin Seaman is looking forward to everyone making the most of a wonderful swimming facility that is both family and fitness orientated.

The pool will be open every day from midday until 5pm until 5th November; the hours will then revert to 11am until 6pm. Season tickets are available from the pool or the Lake Grace Shire office.



Zhane Robertson making the most of some relaxing 'time-out'.

Season Pass Prices

Season passes available from the Pool Manager or the Shire Office.

Family pass - 2 adults, 2 children	\$121.00
Family pass - 2 adults, 3+ children	\$137.50
Adult (sixteen years + over)	\$ 55.00
Child, Student, Senior, Pensioner	\$ 44.00
Non-Swimmer	\$ 33.00

CLASSIFIEDS

FOR SALE

Yamaha 350cc 4 Wheeler

Banshee Model - Year 2000
Great Condition
\$ 4,500.00 ono - ph: 9865 1765

2 x 3 Seater Leather Couches

Good Condition
\$850 for both ono

Jarrah Entertainment Unit for TV/Stereo

Heaps of storage space for cd/s/dvd's/videos
(and even those big black things called records!)
Very Good Condition. \$600.
Ph: 0408 936 586 for further information.

House - 6 Wright Place

Weatherboard with iron roof. Two large bedrooms with upstairs loft. Lounge room, living room. New split system a/c. New polished floor boards. Large garage/shed.
Exterior recently painted.
New aluminium windows and security screens.
\$100,000. Ph 9535 5849, mob 0419 011 705

Assorted Goods

- Tarps all sizes and conditions
 - Sampling equipment
- Contact CBH Office: 9865 1106

Puppies

Two pure bred Jack Russell puppies, female.
Have had first vaccines. \$300 each.
To good homes only.
Ph Royce or Anna on 9865 1507



PUBLIC NOTICES

The next Lake Grace Volunteer Fire and Rescue Service Meeting is....

November 9th
at the station - starting at 8:00pm
New members always welcome

Senior Citizens Luncheons 2005

First Thursday of every month
December 1st - Lions Ladies



AGM

Lake Grace Hockey Club

Date: 11/11/05
Venue: Belinda Bowron's
9 Elliott Street Lake Grace
Time: 6:00pm

Expressions of interest for coaching positions to be forwarded to President prior to meeting.
Please contact Belinda on 9865 1298 if you have any agenda items or apologies.
All past, present and future members welcome.

BBQ to follow. BYO.

Dr Annie Irvine

Will be coming to Lake Grace on.....
Thursday 17th
and Friday 18th November
Please ring the Surgery on
9865 1208 for appointments

WANTED

Truck Driver

Lake Grace Area - HC Licence
For harvest - approx 4-5 weeks
Apply to Chris on 9865 1275 (home)
or 0429 651 275 (mobile);
or Andrew on 9865 1241 (home)

Old Unwanted Imitation Flowers

Any condition or colour, dusty or not.
I need them for an art project.
Thank you!
Ph Tania on 9865 1339 or leave at Artspace.

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Darcy Roberts (President)	9874 4013	9874 4068
Andrew Walker (Vice President)	9865 1241	9865 1921
Royce Taylor	9865 1507	9865 1320
Helen Bennett	9865 1026	9865 1568
Ollie Farrelly	9865 1304	9865 1188
Meighan Stewart	9871 2042	9871 2042
Ian Chamberlain	9871 6043	9871 6035
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9865 1206
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	
Sat - Mon (ph/fax)	9865 1014
Tues - Fri (Evenings)	0427 441459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mrs Shirley Duckworth	ph 9865 1189
Mr Len Elliott	ph 9865 1137
Mr Lynn Parker	ph 9865 1217 (wk)
Mr Peter Taylor	ph 9864 9026
Mr Darcy Roberts	ph 9874 4013
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 9865 1205

ANGLICAN CHURCH OF LAKE GRACE

Sunday 6th November

9:00am Lake Grace

Sunday 13th November

8:00am Lake Biddy

9:00am Lake Grace

10:30am Lake Grace - Sunday School

Enquiries:

Revd Captain Derek McArtney 9865 1064

Lake Grace Uniting Church

First Sunday of each month - 10:00am

See notice board for changes

Enquiries:

Bob Burbridge 9865 4020

John Whaley 9865 1377 0429 651 378

LAKE GRACE CATHOLIC CHURCH Mass Time-Table

Sunday 6th November

Ravensthorpe 8:00am

Lake King 10:30am

Lake Grace 6:00pm

Saturday 12th November

Pingrup 6:00pm

Sunday 13th November

Lake Grace 8:00am

Kukerin 10:00am

Inquiries: Fr Pierre 9865 1248

Scanning

Have your family photographs scanned
and saved to CD at the Telecentre.

We can also download from your digital
camera. Enquiries on 9865 1470

COMMUNITY CALENDAR

November

Fri 4	Fish & Chip Night - LGS Club YAC - Water Polo (p.6)	Mon 14	Tourism Promotions AGM (p.8) LGDA Meeting 7:30pm
Sat 5	Steak Night - LGS Club Tennis - Social Tennis 3pm start Bowls - Pennants LG v Kukerin Cricket - Nth LG v Kukerin Cricket - Lake Grace BYE	Tue 15	SOYF Aerobics - Village Hall 10:00am Physiotherapist (p.13) Art Group meeting - 11:00am
Sun 6	Tennis - Pennants LG v Tarin Rock Bowls - Social 1pm	Wed 16	Pizza night at Rosie's
Mon 7	Diabetic Clinic	Thur 17	Lakes Link News
Tue 8	SOYF Aerobics - Village Hall 10:00am Village Choir - 11:30am Foot Care Clinic (p.13)	Coming Events 21st November - Ladies Christmas Concert 21st November - AQUA Classes return 21st November - P&C Meeting (last one for 2005) 29th November - Physiotherapist 1st December - Anglican Stall 3rd December - LGDHS Year 10 Graduation 6th December - LGDHS Awards Night 8th December - Last day of school year 10th December - Lake Grace Junior Tournament 17th December - Community Christmas Tree 18th December - Mixed Doubles (tennis) Champs 25th March 2006 - Terry Hardy Fundraiser Please register your events with us at the Telecentre or write them in the diary at the Post Office, this will hopefully prevent a double up of events.	
Wed 9	Pizza night at Rosie's		
Thur 10	Immunisation Clinic (p.13) Bowls (Ladies) - Kondinin Gala		
Fri 11	Fish & Chip Night - LGS Club LG Hockey Club AGM		
Sat 12	Steak Night - LGS Club Cricket - Lake Grace v Hyden Cricket - Lake King v Nth Lake Grace Bowls - Pennants Newdegate v LG		
Sun 13	Tennis - Social Tennis 2pm start Bowls - Social 1pm		
Mon 14	Lakes Link News deadline		

Changes to Lisa's Dance Classes

Tuesdays

Dancercize 3 - 5 year olds 5.30 - 5.50

Kids Funk Year 1 - Year 3 6.00 - 6.30
Year 4 - Year 12 6.30 - 7.30

