

LAKE GRACE LINK NEWS

Produced at the
LAKE GRACE COMMUNITY RESOURCE CENTRE
School Place

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29th September 2016

\$1.20 inc GST

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It's a Wrap Up

Vynka Lay

Lake Grace Gym Club 2016 Season Wraps Up.

On the weekend of 17th and 18th of September, Lake Grace Gymnastics Club finished off a fantastic season by competing in the "Go For 2 & 5" Southern Regional Gymnastics Association (SRGA) Regional Championships. An annual event, the Championships are held over two days in Katanning, with teams competing from Esperance, Narrogin, Dumbleyung (Kukerin), Katanning and Denmark.

Our team of twenty gymnasts (two boys and eighteen girls) were accompanied by their coaches, Lauren O'Neill, Lisa Pearce, Lea Murray and Renae Jury. Some of our gymnasts had never competed in a gymnastics competition, so it was quite daunting to compete in large groups, in a formal gymnastics setting.



First to compete on Saturday morning were our two boys (in Level 3), Troy Murray and Lewis Garard, who competed in a field of 17 male gymnasts in Levels 1-4. Male gymnasts (MAG) compete, and are scored on six apparatus (floor, pommel, rings, vault, parallel bars and high bars) and seeing the boys' strength is always impressive. Their scores on each apparatus are tallied to give each gymnast an overall score and ranking. All gymnasts then receive either a gold, silver or bronze medallion based on their ranking. Troy Murray received a gold medal, and was awarded the "MAG Level 3 Regional Champion" for achieving the highest overall score

Above Right - Level 2 Girls with Coaches.

Front L to R: Amber Furphy, Eliza Jury, Charlotte Orr.

Centre L to R: Stella Dines, Emily Bain, Maddison Steike, Gianna Jury. Back L to R: Lauren O'Neill, Lisa Pearce, Renae Jury.

Right - Level 3 (Junior) Girls with Coaches.

Front L to R: Holly Stanton, Amber Pearce, Tess Stanton.

Back L to R: Lauren O'Neill, Lisa Pearce



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Conditions do apply.

CRC Opening Hours 9:00am - 5pm

Closed from midday to
1pm for lunch when short staffed.

Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

Next Deadline

Monday 10th October

Next Edition

Thursday 13th October



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Dick Phillips

Annie Slarke

Gwen Oliver

Thank you also to our many contributors of articles.

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- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

345 copies printed and sold each fortnight

Editorial

- ☺ Just a reminder that earlier this year the CRC changed their email to lakegracecrc@westnet.com.au I'm still receiving emails on our old address, unfortunately I don't check it as often as I should so if everyone could change over to the new one that would be great.
- ☺ Well thank you to those who helped out with the **litterpick** a couple of weeks ago. We are doing another this Sunday (2nd October) west of town (Tarin Rock). If you're interested please give us a call; we do need registrations for the one along the main road for insurance purposes.
- ☺ In October Keens will be coming to do **HR training**

and assessment. This will only be HR, there will be no HC or MC. If you are interested then please give us a call, we need names for this to go ahead. We do need names for this asap.

- ☺ Don't forget the **Bio Blitz** that is happening in the Tarin Rock nature reserve over the weekend of the 8th and 9th October.
- ☺ Our annual **photo competition** is going to be all about trains. It can be trains, tracks, carriages...anything train related. Photos can be from anywhere, don't have to be only from Lake Grace. The competition will close on Friday 28th October. Entries will be limited to two per person, free entry and once again the prize will be an A2 canvas. If you would like more information then please contact the Lake Grace CRC.

Suzanne Reeves



Expressions of Interest

Bookkeeper

This is a paid position, an average of 3-4 hours per week. More hours could be available for the right person. Work can be done within school hours. Some experience in accounts would be beneficial, training in MYOB would be provided by the CRC.

Trainee

12 month, full time traineeship. 38 hours per week. On completion trainees receive a Certificate III or Certificate IV in Business. Ideal for a school leaver taking a gap year.

If you're interested in either of these positions or would like more information then please call Suzanne Reeves at the Lake Grace Community Resource Centre on 9865 1470.

Committee People

The CRC's AGM is approaching on Tuesday 18th October and we're always on the lookout for new committee people. If you would like to be a part of a community organisation that is constantly working toward providing information, training and social opportunities then we would love to hear from you.

Too Cold to Stop

Suzanne Reeves

There was no respect from the weather Gods for the Driver Reviver volunteers when opening up the van on the Friday of the long weekend. Sunshine dissolved to bitter cold in the blink of an eye and a quick spattering of hail had us blinking in disbelief.

There was no lolling in the outdoor furniture watching the traffic roll by, it was a case of huddling in the van with the door closed.

Saturday showed more promise with the weather and a 'walk in' from four young ladies who were early for their CBH training kicked off the day's trade.

It's always a decision of whether to have the van out for the Queen's Birthday weekend but the general consensus remains, if a motorist stops to have a coffee or tea at the van then the Driver Reviver has played a pivotal role in encouraging that driver to take a break.

The van was open from 2pm to 7:30pm on Friday and from 8am to 2pm on Saturday; only 24 made use of the facilities but there wasn't a lot of traffic movement. Most who stopped at the carpark did come and have a coffee, however the cold weather is definitely a factor in keeping people in their cars.

Thank you to the volunteers who continue to help out: Doug and Val Whiting; Shelley, Ruby and Holly

Stanton; Tyson Bell and Chad Stanton; Kerrie and Jayne Argent; Geoff Sabourne and Dylan Dowling; Deb Clarke and Suzanne Reeves.



Dylan Dowling and Geoff Sabourne at the Driver Reviver van.

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Happy Birthday



29th September	Sandy Gittos
30th September	Danielle Robertson
	Robyn Watkinson
2nd October	Morrie Smith
5th October	Lomas McPherson
7th October	Mitchell Argent
	Jack Downey
8th October	Greg Carruthers
	Grace Warburton
10th October	Ebony Gittos
12th October	Margaret Clarke
	Cooper Earnshaw
	Charlee Earnshaw
13th October	Maleah Westphal

Anniversaries



30th September	Melissa & Matt Cugley
	Nat & John Gambuti
2nd October	Natasha & Scott Strevett
3rd October	Kristie & Derek Stanton
4th October	Cobi & Murray Stanton
7th October	Deb & Justin Wright
	Amy & Richard Jones (10)
9th October	Tracey & Clint Earnshaw
10th October	Coralie & Greg Pinney
	Tameka & Peter Roukens
11th October	Nanette & Donald Wallace
13th October	Karissa & Damon Pelham

The Athlete Travel Subsidy Scheme

The ATSS supports talented athletes to pursue regional, state and national representation. Athletes apply online through the Department of Sport and Recreation website for **Round 1 of 2016/17 from Monday 12 September 2016 to Friday 14 October 2016** for eligible events with start dates from 15 May 2016 to 15 December 2016. (<http://www.dsr.wa.gov.au/funding/individuals/athlete-travel-subsidy-scheme>)

Please refer to the Department's website for further details, the Guidelines and sport specific pathway mapping documents to assist you understanding which of your sport's squads/events are eligible.

Please direct enquiries to Wayde McLean or contact the dedicated ATSS enquiry email: travelsubsidy@dsr.wa.gov.au

Independent Living Centre Visiting Lake Grace

Coming on Monday 10th October.

The ILC is Western Australia's only not-for-profit organisation specialising in information and advice on assistive equipment and technology, enabling people to live independently while completing their daily activities.

Would you benefit from trialling a particular piece of equipment? This could be anything from aids to assist with personal care, mobility, recreation, phones and personal alarms, kitchen gadgets, back supports and cushions and much more.

Please contact **Simone Bunter on 9381 0644** to discuss and ILC will endeavour to bring the item with them.

Letter sent to Pingaring Quiz Night Fundraiser group.

Hi Kathie

You guys are amazing. Thankyou so much for this generous donation from your community.

We were humbled that the community of Pingaring considered our project as one of your recipient donors. The generosity is outstanding.

We had a great night at the Golf Club with the 15 other tables of combatants, what a great job your team did, to keep the night rolling on, and raising funds.

As you know, my husband and I have a family connection to the community of Pingaring so it was a good to catch up with family and friends at the same time.

The funds you have raised will be directed to the outfitting of the building. We are currently raising funds for items such as debrief space furniture, ambulance stores racking and training room furniture such as tables and chairs.

Congratulations again on such a fun night and for the generous donation.

Yours sincerely

Amanda Milton

St John Ambulance WA Ltd – Lake Grace
Project Manger.

Lake Grace Weather

Statistics - September 2016 (so far)

Minimum Mean Daily Temperature4.2
 Maximum Mean Daily Temperature17.0
 Lowest Daily Minimum -0.8
 Lowest Daily Maximum13.2
 Highest Daily Minimum10.2
 Highest Daily Maximum24.5
 Highest Daily Rainfall4.0

Statistics - September 2016 (for comparison)

Minimum Mean Daily Temperature6.6
 Maximum Mean Daily Temperature20.8
 Lowest Daily Minimum1.0
 Lowest Daily Maximum11.7
 Highest Daily Minimum12.1
 Highest Daily Maximum28.7
 Highest Daily Rainfall3.6

Date	Min	Max	Rain
14/09	1.7	14.9	
15/09	1.7	18.8	
16/09	5.0	13.2	2.2
17/09	-0.8	15.6	0.2
18/09	-0.2	18.2	
19/09	4.1	14.5	3.0
20/09	6.8	18.7	
21/09	2.3	22.7	
22/09	3.7	19.8	
23/09	5.3	13.5	1.6
24/09	-0.7	14.8	3.2
25/09	4.2	15.5	
26/09	0.6	18.2	
27/09	7.9	18.0	0.2
28/09	3.5		3.2

Did The Earth Move For You?

Suzanne Reeves

Did you wonder what that loud bang was on Saturday 17th September at 2:47pm? Of course those with more sensitive soles (pun intended) felt the vibrations through their feet.

Lake Grace was the epicentre of an earthquake which was recorded as being 17km underground. Measuring only a magnitude of 2.3 it was easy to see why some passed it off as young blokes messing around with flammable materials or a motorbike starting up.

Interestingly enough there was another earthquake of 1.9 recorded east of Dumbleyung the following day, it was measured at of 12km underground. A further two days later another was recorded at Jerramungup, surface level and a recorded magnitude of 2.4.

After looking at the recorded data on the geoscience website it is surprising to see how many earthquakes are recorded on a daily basis, with many going unnoticed due to their low magnitude.

In Western Australia in the previous 12 months 199 earthquakes have been recorded; the Norseman area seems to be quite a hot spot. In magnitude the earthquakes measured anywhere between 1.6 and 5.6 and were recorded as being on the surface through to 32km underground. Of these earthquakes 20 were recorded as being felt. Having said that the Lake Grace

earthquake has not been recorded as felt but people did. All comes back to someone reporting.

So the next time the earth moves don't give all the credit to the human race; it could simply be mother nature flexing her muscles.

Rosey Chircop

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Lake Grace DHS Faction Athletics Carnival

1st	Orange Falcons	912 points
2nd	Green Eagles	873.5 points
3rd	Purple Hawks	868.5 points



Receiving the trophy on behalf of Falcons (orange) are Emily Younger and Ashley Slater.

Champion Results

Open 800m 12yr & Under	Girl: Jessica Duckworth Boy: Joshua Cameron
Open 800m 15yr & Under	Girl: Hannah Clunie Boy: Brad Clunie
Open 1500m Champion	Girl: Hannah Clunie Boy: Brad Clunie
Sportsmanship Award	Jaida Moore

4/5 Year Girls

Champion	Ella Gooding
Runner-up	Ella Ward

4/5 Year Boys

Champion	Jaycob Trevenen
Runner-up	Roderick Beasley

6 Year Girls

Champion	Bella Callope
Runner-up	Zahlia Reynolds

6 Year Boys

Champion	Matthew Venter
Runner-up	Will Morgan

7 Year Girls

Champion	Payton Callope
Runner-up	Morgan Chatfield

7 Year Boys

Champion	Alex Clifford
Runner-up	Archer Yeates

8 Year Girls

Champion	Mabel Dines
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8 Year Boys

Champion	Lucas Robinson
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Runner-up	Linkin Eaton
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9 year Girls

Champion	Brianna Dale
Runner-up	Holly Stanton

9 Year Boys

Champion	Stefan Venter & Luke Clifford
Runner-up	Judd McKenzie

10 year Girls

Champion	Sara Bray
Runner-up	Ava Leigh

10 Year Boys

Champion	Jake Cameron
Runner-up	Trenton Medlen

11 Year Girls

Champion	Jessica Duckworth
Runner-up	Summer Earnshaw

11 Year Boys

Champion	Jai Clifford
Runner-up	Jonte Robinson

12 Year Girls

Champion	Paige Zweck
Runner-up	Shenae Harradine

12 Year Boys

Champion	Joshua Cameron
Runner-up	Jackson Callope

13 Year Girls

Champion	Ella Leigh
Runner-up	Shaelee Dale

13 Year Boys

Champion	Cody Giles
Runner-up	Lachlan Younger

14 Year Girls

Champion	Hannah Clunie
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14 Year Boys

Champion	Oakley Major
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15+ Year Girls

Champion	Caylah Vlasich
Runner-up	Emily Younger

15+ Year Boys

Champion	Brad Clunie
Runner-up	Ashley Slater

Records broken this year were:

Girls 1500m Open - Hannah Clunie 5:42.22
 Boys 12yrs & Under 800m Open - Joshua Cameron 2:55.31
 Boys 13yrs & Over 800m Open - Brad Clunie 2:21.40
 Girls 13yrs & Over 800m Open - Hannah Clunie 2:42.62
 Boys 13yrs Shot Put - Lachlan Younger 9.57m

Kukerin Family Day Care Wins Regional Award

Media Release

If your children are being cared for by Elspeth Smith they are in good hands.

The Kukerin family day care educator has been named as a regional winner in the 2016 Excellence in Family Day Care Awards.

Elspeth who is registered with Great Beginnings Family Day Care is one of over 25,000 family day care educators providing quality early childhood education and care to more than 227,990 children across Australia. Family day care is an approved early childhood education and care service provided by qualified educators in a nurturing, home-based setting with small educator to child ratios.

This week Family Day Care Australia celebrates the important role its educators play in the lives of families and communities across Australia by announcing regional winners in its annual awards program.

Now in its fifth year, Family Day Care Australia Chief Executive Officer Andrew Paterson says he has been overwhelmed by the heartfelt stories from families across the country about the important role family day care plays in their lives.

"Educators like Elspeth hold a special place in the hearts of the families who nominated them," Mr

Paterson says.

"There is no greater responsibility than to be entrusted with the care and education of a young child, every nomination reflected the importance to parents of the safe, nurturing and educational environment that is family day care.

"To be named regional winner is recognition of Elspeth's dedication to providing quality early childhood education, but also to the wonderful and unique relationship between educators like Elspeth and the children in their care."

Elspeth now goes in the running to be named WA winner.

The 2016 Excellence in Family Day Care national winners will be announced at the Excellence in Family Day Care Awards Gala Dinner in November. As well as the honour of being named best in the business, state and national winners will share in more than \$20,000 worth of prizes including educational resources and training packages.

Family day care is an approved and regulated form of early childhood education and care and has been an integral part of the child care landscape in Australia for more than 40 years.

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To arrange an appointment please contact

Stephen Chappell

0427 651 338 or

Darren Spencer

0428 651 339



What Bugs Litterbugs?

Suzanne Reeves

The one pleasing thing about the townsite litterpick held two weeks ago was that we only picked up a small ute load of rubbish; around 20 bags with some larger debris.

Considering most of the area covered had been picked over in January it's still a sad indictment on those who think it is okay to toss their rubbish rather than find a bin or take it home with them.

For those who had a takeaway picnic around the scoreboard area on the football oval please pick up after yourselves. Takeaway boxes, drinks cans and other rubbish was left exactly where the diners had eaten; they have then got up and left!

With only seven volunteers (some of them only had one speed...fast) a considerable area was still covered. The only areas not picked over were Clark Avenue and the hill. This time we were able to clean up the industrial area.

It's always nice to have a chat to find the most interesting items collected. Alas no money was found this time; some items found were:

☐ An unopened can of premixed scotch;

☐ A second ribbon found at the sporting ground that has gone straight to the pool room;

☐ A mans belt.

What is it about bottle tops and cigarette butts that makes some think they're not rubbish. Unfortunately these are everywhere.

Thank you to those who took part on the day and to those who have adopted areas to keep clean.

Weather permitting we will be holding a litterpick on the main road west of Lake Grace. If you would like to take part then please meet at the CRC at 9am Sunday 2nd October. Bring water (or thermos), gloves and something to nibble. If you would rather work from the Tarin Rock end you are more than welcome to come into the CRC and get some bags.

INVEST IN PLANT TESTING



Call Tony Carew- Reid

0427 766 517

Dumbleyung
Kent
Lake Grace

Plants can tell us what's happening with nutrient supply from the soil.

In some seasons it's difficult because of poor growth (waterlogging, drought, chemical damage)

In a good season like this, rapid growth places demand on nutrients such as copper, manganese and potash.

So this year is a great year to plant test and get a true indication of your nutrient status and back up what we've learnt from soil tests.

Call me and we can work out a time.

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To secure your fertiliser for next season, contact your local CSBP Area Manager or visit csbp-fertilisers.com.au/marketoffers



**Offer 1 / Set
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**Offer 2 / Pay Now,
Collect Later (PNCL)**



**Offer 3 /
Supply Contract**

Terms and conditions apply.



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HACC & MPS Activity Programs:

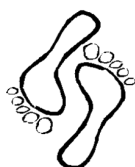
Foot Clinic

Tuesday 11th October

9.00am—12 noon

Lakes Village Hall

(bring your own manicure set)



SwimAbility

Regular fortnightly trips to Narrogin for hydrotherapy exercise sessions

Next trips on and **3rd & 17th October**

Call the hospital to book for this outing.

Chair Aerobics

Every Tuesday @ 10.45am

At the Lakes Village Hall

For people to maintain and improve their mobility and flexibility



Bus Outing

Friday 14th October

Call the hospital to book 9890 2222

Wednesday Morning Tea & Activity

Hospital Activity Room every Wednesday

Time: 10am—11.30am

5th October—Sing-a-long

12th October—Games

All welcome to join in



Call 9890 2222 during office hours
to get further information about HACC
and Hospital activities

For general enquiries regarding Aged Care
call **My Aged Care: 1800 200 422**

Protect yourself and your family by practising good Hand Hygiene!



Most germs are easily spread through hand contact. Make sure you either:

Wash with Soap and Water....

- ♦ When hands are visibly dirty
- ♦ Before you eat
- ♦ Before you prepare food items
- ♦ After touching raw meats
- ♦ After contact with any body fluids
- ♦ After changing nappies
- ♦ After touching animals or pets
- ♦ After blowing your nose or sneezing
- ♦ After going to the toilet

Or use

Alcohol-based hand rub...

when hands are visibly clean but have been in contact with contaminated objects, or before and after contact with sick people.

The alcohol based hand rub can be convenient when you are away from home .

With the prevalence of coughs and colds, it is even more important to be vigilant with your hand hygiene to **STOP THE SPREAD!**

Physiotherapist:

Visiting Lake Grace every fortnight:

- 11th & 25th October



Speech Therapist and Occupational Therapist also available by appointment.

Call Primary Health in Narrogin to make all appointments **ph: 98810 385.**

MEDICARE CARD

Bring your Medicare card to the hospital for every visit and give it to the Admin Staff so they can check your details!

Immunisation:

Appointments are required

Contact Child Health Nurse

Elizabeth Trevenen

ph: 9890 2246



Girls and Their Frenemies

Linda Stade

Linda Stade has worked in various teaching and management roles in education for twenty-five years. She has worked in government and private schools, country and city, single sex and co-ed. Currently she is the Research Officer at [Santa Maria College](#), Western Australia. She has a [Facebook page here](#).

In schools we talk constantly about protecting girls from harm. We teach them about paedophiles, on-line grooming, sexting, and the harm caused by drug and alcohol use. In reality, the more likely destructive influence on an adolescent girl's day to day life is the damage they do to one another in their friendship groups...Relational aggression.

Relational aggression is the psychologist's name for what the rest of us call 'mean girls' behaviour, or straight up 'bitchiness'. It is a pattern of behaviour typically played out by school age girls, but it is not exclusive to them. In fact, where do they learn it if not from their adult role models? Adults are just more subtle about it.

Chances are, you've experienced relational aggression. You know it when it happens to you. It's an emotional slap in the face and you often feel a sense of shame and confusion. What distinguishes relational aggression from just being mean, is that it focuses on damaging a person's sense of social place. I see it as using relationships as weapons.

Relational aggression may include:

- * Exclusion
- * Gossip
- * The silent treatment
- * Belittling (Often hidden behind the expression 'just joking')
- * Conditional friendship

The first four are self-explanatory, but 'conditional friendship' is more difficult. The child knows there are unspoken rules about behaviour and 'going along' with the group. It is why many lovely girls behave very poorly. Inclusion is incredibly important to their developing psyche and they will do anything to remain within the inner circle.

Relational aggression is about power and exclusion and it can be very destructive. It has nothing to do with friendship, yet many people see it as a normal aspect of young girls' relationships. It has become normalised and it shouldn't be. The terminology around it is often softened. It is referred to in schools as 'friendship issues', and in society we say things like, "That's just girls".

Why does it happen?

Part of being an adolescent is finding your place in social networks. Your peers become incredibly

important and there is less focus on parents and significant adults. As a result, impressing and belonging become very important. Traditionally boys have achieved this pecking order with physical strength and humour. Girls use their communication and interpersonal skills.

Girls learn from a very young age that when you create exclusion you create inclusion. If you can knock someone else off balance emotionally, it defines you as balanced. It is an interesting, if not disturbing, phenomena to watch in a school yard. From the cliques of socially elite 'it' girls to the mixed mob of outsiders, there is a power dynamic constantly at play. None of this has anything to do with friendship. Hence the creation of the term 'frenemies'.

Another feature of this form of aggression is that most children get a turn. You can be in the inner circle one day and then for no apparent reason, on the outer the next. Groups also work in formation with one another. If a child has been frozen out of one social group, they are unlikely to be accepted by another. It's like watching a sick game of pinball with a confused hurt child being bounced from one group to another, deflected at every turn until it is their turn to be re-embraced by the 'friendship group'.

[Santa Maria College](#) psychologist, Jane Carmignani, says that children often know that what is happening is wrong, but they don't have the language and confidence to stop it, even when they are the one being the mean girl. She says that in her office, girls will tell her about their mean behaviour and show remorse for it. So why do they keep going? The need to be mean comes from a place of fear, fear of not belonging or not being good enough.

This is not to say that girls don't have genuine friendships, they do. Some children are lucky enough and emotionally literate enough to enjoy relationships with genuine understanding, and empathy. They support one another and spend time sharing common interests. In my experience they are usually involved in a lot of sport, have varied interests and are exposed to a lot of different people of varying ages. The focus is on participating and being involved. However, even they can come face to face with relational aggression from time to time.

How is it managed?

Relational aggression is incredibly difficult to manage in a school. It is hard to see, it's covert, often innocuous looking, and kids will deny it. It is very frustrating when a girl is being charming to you and you know that she is deeply upsetting another child. Sometimes she will lie to your face so often that she starts to believe the lie herself. A simple example is a girl posting an embarrassing photo of a 'friend' on Instagram or Snapchat. When confronted about it she will say, "But I thought she looked pretty". Where do you go with that?

Continued page 29



POLICE NEWS

LAKE GRACE POLICE STATION
56 STUBBS STREET, LAKE GRACE. 6353
Phone : 9890 2000 Fax : 9865 1429

Email: Lake.Grace.Police.Station@police.wa.gov.au

Personnel: Sgt Dave Ellis, SC Tara Spencer & 1/C PC Jacqui Gobby.

G'day all,

Apologies for the mid-winter writer's hiatus in August, but we are back with some news from the station.

I previously wrote about bad driver behaviour in and around towns and our ability to seize vehicles under the Hoon legislation based on information from the public. Well, we have had a couple of reported instances recently where idiots have decided to ruin our streets with their pathetic tyre marks (surely the driving equivalent of not flushing a public toilet after using it?!) and causing a danger to all of us in town.

The green Ford Falcon Ute a few saw doing burn outs near the pub has been identified and the owner has been advised that a notice to surrender his vehicle for impoundment can be issued. That particular individual was most upset that Police were able to call him on his appalling behaviour, and that all it took was for good people to call us and let us know. Now he knows he can lose his car we might see an improvement in his behaviour.

A second incident occurred a few weeks ago, originating from the pub, where another driver decided to "fish tail" his car out of the pub car park and drive like a lunatic around town. That individual was located, thanks to your community support, and has had his vehicle seized and we will be charging the driver with reckless driving (6 months loss of licence and normally an expensive fine) to appear before Narrogin Magistrates Court.

Like I have said in previous newsletters, we just need your help to bring these people to account. In other towns people have videoed their village idiots, and the Police have been able to charge with the video footage alone. It doesn't necessarily mean witnesses going to court to give evidence (if that's what is stopping people from helping) and usually a statement is more than enough. Once a few people have stood up this kind of thing disappears where it belongs – in the past or in someone's paddock miles out of town.

Just for your information, there are a number of cameras located in businesses and locations around town – and all of them are made available to the Police if needed. One such place is the pub, which has a

number of cameras everywhere. So, please be aware that your actions and occasional stupidity are recorded for us to view if it is a criminal matter. As a result one person is now \$500 poorer as a result of that person behaving in a disorderly manner in the pub a few weeks ago – namely tossing a large concrete ashtray into the street so it smashed everywhere. Not acceptable and not clever. We have an infringement system for certain offences, much like the traffic ones, only these are much more expensive generally.

As always we can be visited at the station, contacted via Facebook Lake Grace Buy and Sell page or we can be called on 9890 2000.

Till next time ...

Sergeant David Ellis

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Ambulance Building...Tiling, Painting, Earthworks and Earthquakes!

Amanda Milton

The environment put the new building to the test on Saturday 17th September 2016 with a 2.3 magnitude earthquake. The earthquake was centred in the Lake Grace townsite and was recorded at 14.27hrs at 33.1S and 118.4E (Lake Grace is 33.100S and 118.460E). The sonic crack sound was very loud, and many felt the wave of the earth tremor. The new building passed the test with flying colours, as we would expect, it is one very solid building.

Day 150 of the construction of the New St John Ambulance - Lake Grace Sub Centre and work continues at a reasonable pace. We are behind schedule with the building. Practical completion of the building was planned by AK Homes for the 9th September 2016, but practical completion is still about 2 weeks away. We are on schedule for the outside works as we have commenced these, even though the building is not complete. At this stage we are hoping to make a "soft" entry to the building in the first week of November 2016. Our plan is to operate from the new facility whilst still getting the finishing touches in place (gardens, carpark lining, window treatments etc.) Let's

face it, by then all our thoughts and efforts will be on harvest, me included....my header will not drive itself!

Greg Argent continues to work amongst other trades, trying to get the painting completed in between bouts of the flu. You cannot miss the bright red on the front of the building (this still has at least 2 more coats of red to go). Inside Greg has battled the ceilings, as TigerSpark wrestled with finding all of the power to draw through the gyprock. This difficulty by TigerSpark has lead to holes needing to be fixed in ceilings, and the repairs to be re-plastered. Unfortunately it also lead to the re-painting of previously finished ceilings.

Andrew Lewis of Lewis Building and Maintenance of Lake Grace has done a stunning job of the bathroom tiling. During the annual ambulance dinner (our 70th birthday) we took the party for a walk through of the building at 7pm on a Saturday night. As the 20 odd people looked through the building by torchlight imagine their surprise as they commented on the quality of the tiling, to have the tiler pop his head out and say "cheers, thanks for that". Spontaneous praise Andrew.....you can't ask for more than that!

Carpet Court of Narrogin were in the building late last week to install the floor and wall covering of the "decontamination area". This is a purpose built area off the garage, for cleaning up equipment that is soiled during ambulance cases (blood, soil, vomit etc). The



Left: Greg Argent painting the red feature section at the front of the new ambulance building.

Above: Andrew Lewis busy with the tiling in the wet areas.

Ambulance Building...Tiling, Painting, Earthworks and Earthquakes! (cont.)

area has hospital grade vinyl on the floor and up the walls, an 1800cm stainless steel sink and side boards, a stainless steel mop sink (mopping out vehicles) and room for a cleaning supplies cupboard. Currently we clean up in the same sink we make a cup of coffee out ofyep...yuck!

The biggest visual change for the public has been outside of the building. S & L Trevenen principal, Simon Trevenen has had all of his "toys" out, to get the external works underway. Simon trenched in the power main for AK Homes, so that the area at the front for the carpark could be adequately compacted. Simon then had to work his magic to make sure all of the falls are correct, to have the water flow off. In partnership with the Shire of Lake Grace the gravel required for the layering and compaction was delivered, and Simon skilfully placed, levelled, and rolled, layer upon layer of gravel to get a great result.

If you have driven past lately you will know that AK Homes contractor, DoorSmart of Busselton, have installed the 4 roller doors. This has made a huge visual, and practical difference to the building. Each door can be remotely activated individually (once the power is on), each door has battery backup and each door can be operated manually by chain.

Lake Grace Cabinet Makers principal Nick Trevenen went one step further than supplying and installing the kitchen, and has made up the purpose built, mobilisation workstation for the building. Built to Nick's high standards, the workstation is where we pick up our job faxes, pick up radios or Defibulator batteries etc to go on a callout. Our thanks to Lake Grace Cabinet Makers for the donation of this new mobilisation bench.

Talking about donations. How good was the Pingaring Quiz night. 15 tables of 6 at the Pingaring golf club, and we all had a great time. The new Sub Centre was one of 4 beneficiaries for the evening, and the donation was \$1007. To the team who put on the evening you did a fantastic job, we had a ball, and everything ran so smoothly. Thank you so much for your donation we will put it to good use.

Also on the subject of donations, our thanks to Bevan and Vynka Lay and family for the \$500 donation to the project, and our thanks to the Dan Turner Family Trust for a donation of \$1500. Dan has been the Structural Engineer for the project and clearly a supporter of what we are trying to achieve.

Just when you thought things could not get better, the RAC has joined in our donor list with a donation of \$10,000 in support of the fatigue management rooms. The RAC was very keen to support the project, specifically the management of volunteer fatigue. It is



It's a trial run for the ambulance.

not unusual for volunteers to do a long days work and then at 9pm at night, have a 5 hour transfer to Narrogin, getting back to the sub centre at 2am in the morning. The new bedrooms will allow volunteers to manage their fatigue and not drive home tired. The rooms will be equipped with king single beds, bedside table and lamp, and the rooms will be air conditioned. With fatigue a major contributor to accidents in the Wheatbelt, we welcome RAC on board, to support the fatigue management of our volunteers in this sub centre, and any others who may need to have a break.

This week, Jack of all Trades principal Michael Naisbitt and his tradie Roberto, swing into paving the outside of the building, with near 200m2 of pavers. The pavers were delivered by Lake Grace Transport to site on the 23rd September, and we hope to have them down by the 8th October. If all goes according to plan, we hope to gain Main Roads approval for the crossovers (bit between the road and the boundary) so that S & L Trevenen and Osborne Concrete can get the earthworks done and the concrete crossovers in. Once the crossovers and paving are down, the asphalt can go down, then the kerbing can go in.....all before harvest starts.....Phew!

Last week St John Ambulance Property Services Project Officer Clayton McCarthy was again on site to see the building progress first hand. AK Homes must have impressed St John Management with this build, as they have been awarded the contract to upgrade and extend the St John Ambulance Denmark Sub Centre, so well done to Terry Martin (builder) and his team at AK Homes.

The project continues to encourage you, the community funders of this project, to come and have a look at what your money is building. As usual, please be mindful that this is a building site and painting; paving; plumbing; second fix is going on. Please be safe and announce yourself to the trades on site. Caution..... there is still *Wet Paint!!!*

Commemorating 100 Years of ANZAC

Allan Zweck

Each of the soldiers listed on the Lake Grace Honour Roll will be featured in the Lakes Link News, as close as possible to 100 years from their enlistment. It is now 100 years and 8 days since Isaac Bertram Rose signed up.

ROSE - ISAAC BERTRAM: Born at St. Helens, Lancashire, England he enlisted in the, Australian Imperial Force, on the 19th of September 1916, at the age of 27 years and 4 months. He was 5 feet 7 inches tall, (170cms) and weighed 160lbs (73kgs), had a fresh complexion, blue eyes and dark brown hair and gave his occupation as farmer. As his father was deceased he gave his mother, Mary Elizabeth Rose as next of kin, of St. Helens, England. His training was at Blackboy Hill, which it appears was interrupted while he took "harvest leave," however, on his return to camp came a promotion to Gunner in Artillery, on the 16th of March 1917.

He was then to join with the Field Artillery in Maribynong, Victoria, as part of the 31st Reinforcements, W.A., and on the 9th of November he embarked His Majesty's Australian Transport, *Port Sydney*, at Melbourne, and disembarked at Suez on the 12th of December 1917. On the 5th of January, it is recorded that the troops disembarked at Southampton, and marched in to Hytesbury with the Reserve Brigade Australian Artillery. Later in February Gunner Rose was

charged with obtaining leave under false pretences, and overstaying leave from 6am to 8.20am, for which he was awarded 7 days forfeiture of pay, and he again committed an offence, by "failing to arrange his kit as per diagram on the wall".

On the 25th of July he proceeded overseas to France via Southampton with the Reserve Brigade Australian Artillery, and marched in to Rouelles on the 26th of July, 1918, to the Australian General Base Depot. From there he marched out from Rouelles and was taken on strength with the 14th Field Artillery Brigade on 21/8/1918. With the war coming to an end, there were no further reports of activities of Gunner Isaac Bertram Rose, until the 22nd of February 1919, when he went to the United Kingdom, from France, for early repatriation, whilst on leave.

He reported to the 1st Training Brigade Concern Depot, and ten days later embarked the horse transport, HT *Kildonian Castle* for the return to Australia, disembarking at Fremantle on 5/5/1919. Gunner Rose received the British War Medal and Victory Medal, and gave his religion as Methodist. His service number was 38177.

Soon after his return, "The Argus" recorded, that among the group of soldiers to return to the Dumbleyung district was Bert Rose, as he became known, and the whole district joined in giving the returned soldiers a hearty welcome. It also said, "None of them look very much the worse for their experience". Bert Rose, returned to his farm, "Clifton," which was a 1910 allocation, west of the lake, Lake Grace, within the Tarin Rock district. He became very active in the Lake Grace community affairs, as an early secretary of the Progress Association, as a member of the first Lake Grace Road Board, and was involved on the Board of the Lake Grace Co-operative. After some financial difficulty, he sold his farm in 1926 to Tunney Brothers, formerly owners of the local hotel. He was given a farewell from the district, and it had been his intention to go to the Eastern States, however it is not known if he did, as sadly, newspaper reports of the late 1930s reveal a "sorry chapter" of his life.

After Lake Grace, it appears that he gained employment as a Bank Officer, and he had also become married to Phyllis. After articles he had written in "The Open Forum" in 1938, he was a defendant in an alleged libel suit. The articles "Bertram and the Whales" were considered a reflection of events while a patient at Heathcote, which were felt to be libellous to staff there. From there on his problems became worse. In considering his release from Heathcote after a 6 month stay, he became estranged from his wife, and further events saw the Bailiff move in to possess one of his homes, from which he had resisted eviction, and which was sold at auction to defray unpaid legal costs, and later his furniture and Chevrolet motor car were sold. It appears that a mental illness became a sad beginning to the end of his life, which came on 29/03/1943, at the age of 53 years. Isaac Bertram Rose was buried in the Karrakatta Cemetery.



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Talk to a mate... It will help!

Brenden and the Team - The Regional Men's Health Initiative - Phone: 08 9690 2277 - menshealth@4blokes.com.au

The message that underpins everything we do at the Regional Men's Health Initiative is "before it all gets too much 'Talk to a Mate'. Human beings are fundamentally social in nature, staying connected and feeling valued for who we are is of primary importance to us. Talking to other people about issues in our lives or telling our stories helps us to normalise our experiences and realise we are not alone in having them. As blokes we have a tendency to retreat into ourselves when things are turning pear shaped, 'cave time'. Much to the frustrations of most women this is a normal part of the way men tend to start processing their problems.

Metaphorically stepping into the cave can be helpful to get a handle on things but it is important that we are able to acknowledge and recognise when it is time to step back out and seek the support we need. Having a plan already in place that identifies who our mates are that we can turn to is really important. Without a network of true mates we become susceptible to feelings of isolation and loneliness.

As blokes we can recognise three main categories from where we find and establish real mate ship. These exist usually in the forms of a partner (intimate relationship), a peer (someone around the same age that perhaps has a similar experience of lifestyle and activities to us) and a mentor (an older person who's lived experience we place value upon). A real mate is

more than just an associate, it's someone that knowingly respects and values who we are and is willing to make the time to genuinely listen to us. Think about who you would classify as a mate; and about the blokes you know who perhaps have few or none of these categories in their lives?

Often it is said that blokes in general don't really like to talk about stuff but the reality is quite different. Given the right environment, in which they feel comfortable most men will willingly share their story and talk about issues that matter to them. Being a good mate is about supporting a person in that space and genuinely listening to what they have to say. We don't have to be an expert or necessarily have any of the answers to people's problems, just the ability to listen.

Being a good mate is also about actively looking out for the people we care about and taking action when we recognise that something is not quite right. A simple question like the one proposed by the recent R U OK? Campaign can be a significant step in connecting with someone and giving them the opportunity to chat about what's on their mind. If you have a gut feel that someone you know is not travelling well ask them how they are going and don't be afraid to ask more than once!

Remember, Talk to a mate!! It will help.

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Conversations about Toddlers

For Parents/Carers of Toddlers 1 to 2 years

Lake Grace Community Resource Centre are pleased to provide parents with the opportunity to join this interactive parenting workshop, facilitated by Ngala, Western Australia's leading parenting organisation.

Free Parenting Workshop via Webinar

Sleep Challenges

Toddlers lead a busy life! But may still need help to achieve a good night's sleep. Parents learn how transitions around this age group impact on sleep and settling.

Nutrition Needs

Explores the important elements in a child's daily intake of calories from food and drink now they are depending less on milk and beginning to eat a range of family foods.

Play and Behaviour

How does a toddler's endless drive to play and explore fit in with a parent's plan for the day?. Conflicting agenda's can lead to both challenging and adorable behaviours!

Toilet Time

All toddlers are different in their stages of readiness for toileting. How do parents know when the time is right to initiate the transition from nappies to pants without leaving it too late?.



Date: Wednesday 26th October 2016

Time: 9.30am to 11.00am

Venue: Lake Grace Community Resource Centre
Corner Bishop Street & School Place, Lake Grace WA

Enquiries: To register contact Suzanne Reeves at Lake Grace CRC
on 08 9865 1470 or email lakegracecrc@westnet.com.au

Telephone 9368 9368
or 1800 111 546 (country callers)
www.ngala.com.au

Ngala
Parenting with Confidence

Wheatbelt NRM Annual General Meeting 2016

Making space for the new**Beyond innovation to action****FREE
EVENT****WHEN:** Thursday 27th October**TIME:** 10am - 1pm**WHERE:** Bridgeley Community Centre
91/93 Wellington St
Northam**RSVP:** Please use the website below
or contact Tyanna Jankauskas
on 9670 3100 or email
info@wheatbeltnrm.org.au**This is a FREE event with morning tea
and lunch provided. RSVP is essential.**

Our Wheatbelt community has a robust and enduring connection with this diverse and beautiful region. The community's sense of place and belonging, and its underlying strength of character and resolve, are valuable assets for overcoming the region's current challenges.

At the 2016 Wheatbelt NRM Annual General Meeting, we present to you several innovative opportunities that have developed amidst these challenges. Who is moving beyond innovation to action? What might a smart Wheatbelt look like in the future?

Speakers**Prof Ray Wills****Future Smart Strategies**

Ray's wide-ranging career as researcher, academic, planner, consultant, adviser, manager, executive, and futurist, brings diverse experience and an exceptional understanding of business, commerce and industry, the environment, policy and government, and sustainability. Since 2011, Ray has been internationally recognised as one of the Top 100 Global Leaders in Sustainability.

**Ben Cole****Wide Open Agriculture**

Ben is Managing Director of Wide Open Agriculture. His vision is that in 20 years time, the Wheatbelt towns are full of shops, the landscape is revegetated and people can see the land has more trees and wildlife. Wide Open Agriculture empowers Wheatbelt farmers to transition towards regenerative farming practices, which can deliver both the selection and variety that local and export markets are demanding.

**Ray Wilson****Carbon Neutral**

Ray joined Carbon Neutral as CEO in 2010. He has a diverse background in the agricultural and agribusiness sectors. Ray sees the emerging low carbon market providing significant opportunities for rural communities to generate economic, environmental and community benefits by re-vegetating unproductive farmland to create reforestation carbon credits.

**Mark Grogan****Community Pod**

Mark is an entrepreneur and co-founder of Community Pod, a social enterprise that sells quality coffee capsules/pods and fresh beans to the consumer at home or work. Community Pod is committed to tackling the really big problems in innovative ways — solving the waste problem wherever they can. They have also teamed with Life Cykel to ensure their coffee grounds are reused in mushroom farms.

**Karla Hooper****Wheatbelt NRM Board**

Karla is the recipient of the 2016 Wheatbelt NRM Youth Board Scholarship and is the driving force behind the Toodyay Farmers Market, Northam Farmers Market and recent community garden developments. Karla's background is in the oil and gas industry, sustainability and she is passionate about connecting communities in the Wheatbelt.

www.wheatbeltnrm.org.au/agm16**National
Landcare
Programme****wheatbelt
natural resource
management**



PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599

Email: shire@lakegrace.wa.gov.au



CEO's Corner

Budget 2016/2017

The Shire held a Special Budget Meeting on Wednesday 21 September in the Council Chambers to adopt the 2016/2017 Budget. The budget was adopted with a general rate increase of 2.5%, this is slightly less than the forecast in the Long Term Financial Plan.

Your Specified Area Rates have varying increases dependent on the funding requests made by your various communities. We have kept the rates on the Lake Grace Sewerage Scheme at the same level as the prior year.

The road program has had a significant increase in funding of \$1,355,977 from the Department of Infrastructure and Regional Development. This has led to a substantial road program for the 2016/2017 year. A portion of these works will be put out to contract as we do not have the capacity to undertake the works ourselves. The total of our road funding sources are as follows;

Grants Commission Roads	\$1,219,828
MRWA Direct Grant	\$ 289,773
CSR Hatters Hill Rd 0023	\$ 175,000
RRG Holt Rock South Road 0219	\$ 237,491
RRG Varley Road 0027	\$ 102,509
Roads to Recovery 16/17	\$1,945,150
	<hr/>
	\$3,969,751

In the 2017/2018 and 2018/2019 Financial Years our Roads to Recovery funding will return to the annual contribution of \$589,173.

It is proposed that approximately \$281,000 will be spent on resealing town streets within our four town sites; this includes work on the car park at the Newdegate Swimming Pool.

The major building project is the completion of the Lake Grace Independent Living Units. We are yet to hear the outcome of the National Stronger Regions funding application submitted to undertake the final stage of the Lake Grace Sporting Precinct. It is proposed to complete the resurfacing of the multi-purpose courts in

Lake King and funding submissions have been made for the proposed Newdegate Skate Park facility.

Now that the budget has been adopted your annual Rate Notice will be issued on Wednesday, 28 September 2016. The rate payment due dates are as follows;

Option One

Single Full Payment 3 November 2016

Option Two

First Instalment 3 November 2016

Second Instalment 3 January 2017

Option Three

First Instalment 3 November 2016

Second Instalment 3 January 2017

Third Instalment 3 March 2017

Fourth Instalment 3 May 2017

Progress on Lake Grace units

The building team have finished the roof framing for unit 2. Once this is completed they will then be carrying out the lining of roofs and framing of unit 3. Due to the weather there has been delays in the team being able to carry out some of the tasks.

Road Works

The Shire's road construction team have recently completed works on South Burngup Road and Fourteen Mile Road. They are currently carrying out road patching and will then move onto Holt Rock South Road.

The Lake Grace road maintenance grader has been currently working on Wolseley, Dunham, Walker, Robertson, Burns, Argent, Duckworth and Biddy Camm Roads.

The Lake King grading contractor is currently working east of Lake King. Our Newdegate grading contractor is currently on Mt Vernon Road.

Continued over ..



Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: shire@lakegrace.wa.gov.au

CEO's Corner continued

Maintenance

The maintenance crew have removed trees from the Lake Grace Recreation Dam Catchment and are currently undertaking works at our landfill sites to ensure compliance with our licence conditions.

New Local Doctor

Dr Timothy Taulke-Johnson will be officially commencing on Monday 3 October 2016. The Shire's medical business support service providers, First Health have been unable to get a locum during this interim period therefore the Medical Centre has been closed. Our apologies for any inconvenience this may have caused.

Denise Gobbart

Chief Executive Officer

Bushfire Officer Meeting

The Bushfire Advisory Committee meeting to be held at

Newdegate Recreation Centre

Wednesday 5 October at 3.30pm



Restricted Burning

Restricted Burning Period (Permit Required)

19 September - 31 October

Permits are required to burn during this period.

Firebreaks must be in place from the
1 November to the 30 April.

Expressions of Interest

Newdegate Town Maintenance Contract

36 hours per week

The Shire of Lake Grace is seeking written expressions of interest from parties interested in taking on the Newdegate Town Maintenance Contract.

Duties include maintenance of Newdegate townsite parks and gardens, oval, tennis club, Country Club and the cemetery.

Quality of work to be in accordance with the strategic objectives and requirements of the Shire of Lake Grace.



For further information and a detailed description of the required tasks please contact
Acting Manager Infrastructure Services, Bob Edwards on 9890 2500 or email mis@lakegrace.wa.gov.au

Expressions of Interest to be marked 'Confidential' and addressed to;
Chief Executive Officer, Shire of Lake Grace, PO Box 50 Lake Grace WA 6353

Expressions of Interest close 4:00pm Friday 14th October 2016

Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: shire@lakegrace.wa.gov.au

Lake Grace and Newdegate Pools

The Leisure Institute of WA Aquatics has received funding from the Royalties for Regions and Department of Sport and Recreation to provide a Photometer Water Test Kit to Newdegate and a Sealed Inflatable Device for Lake Grace aquatic facilities.

George the Caterpillar is a sealed inflatable animal. This sealed inflatable pool toy has been designed with handles which makes him extra fun for all ages to hold on tight as they float around the pool. The kids just can't wait to jump on and ride!



Vacswim Dates

Newdegate

Saturday 17 December to

Friday 23 December 2016

Over 7 days

9am – 12pm

Entry \$2 per student

Spectator free

Lake Grace

Tuesday 3 January to

Monday 13 January 2017

Over 9 days

12.30pm – 3.10pm

Entry \$1 per student

Spectator fee

Citizen of the Year

Previously known as the Premier's Australia Day Active Citizenship Awards these awards have been rebranded as the **Citizen of the Year Awards**.

Her Excellency the Governor of WA is the new Patron of the awards and her signature will be on each certificate. The Australia Day WA, Citizen of the Year Awards are presented by Local Government within local communities across Western Australia on Australia Day.

The Awards reward and recognise individuals and organisations making a notable contribution during the current year, and/or to those who have given outstanding service over a number of years.

There are four categories

Citizen of the Year

A person you believe has delivered outstanding service to his or her community.

Citizen of the Year – Youth

A young person you believe has delivered outstanding service to his or her community and to be eligible, the person must be under 25 years of age on January 26, 2017.

Citizen of the Year – Senior

An older person you believe has delivered outstanding service to his or her community and to be eligible, the person must be over 65 years of age on January 26, 2017.

Award for Active Citizenship

A group doing outstanding work or for an event staged in the community during the past year.

Garage Sale Trail
Saturday 22 October 2016

AUSTRALIA'S BIG DAY of GOOD STUFF

Have you got goods laying around that you are wanting to get rid of?

Register in the National Garage Sale Trail, 22 October 2016, registering is simple!

Register at www.garagesaletrail.com.au and make a fun day out of it.

The local contact person for the Garage Sale Trail is the Lake Grace Visitor Centre Coordinator, Jo Morgan on ☎ 08 9865 2140.



Shire of Lake Grace Community News

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: shire@lakegrace.wa.gov.au

Office Opening Hours

Monday - Tuesday - Wednesday - Friday
8.30am - 4.30pm

Thursday 8.30am- 4.00pm

Staff can be contacted by phone between 8am - 5pm.

Licensing Opening Hours

Monday, Tuesday and Wednesday 8.30am - 4.15pm

Thursday and Friday 8.30am - 4.00pm

Tip Opening Hours

Lake Grace

Monday & Wednesday 9am - 2pm

Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm

Saturday 9am - 1pm

Lake King & Varley

Open Every Day

Waste & Recycling Pick up Dates

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
3 October	10 October
17 October	24 October

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.



Check out our Facebook page
www.facebook.com/ShireofLakeGrace

Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 7 October 2016

Friday - 4 November 2016—to be confirmed

Please contact the Shire's Customer Service Officer for an appointment.

You can now book your PDA online. For more information visit www.transport.wa.gov.au

Building Surveyor

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

Tuesday 4 October 2016

Tuesday 18 October 2016

To make an appointment please contact Josiah on ☎0438 811 944.

Environmental Health Officer

Shire Environmental Health Officer Barry Smith is available.

For Barry's availability please contact the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au

Ordinary Council Meeting

The next Ordinary Council Meeting will be held:

3:00 pm Wednesday 26 October 2016

**Location: Council Chambers
Bishop St Lake Grace**

Members of the public welcome.

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.

Agendas and Minutes available on Shire website.



Check out our website
www.lakegrace.wa.gov.au

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Come dressed in your Cabaret best!

Free bus will be leaving from

Lake Grace Village Hall at 9.30am

RSVP's Essential:

Booking to Cheryl at the Shire office ☎ 9890 2500



Department of
Local Government
and Communities



Search for Western Australian Arts Star

Media Release

Western Australia residents are being encouraged to nominate a local artist, designer or performer in their local community to receive a 2017 Queensland Young Achiever Award – in The Coffee Club sponsored Fashion and Arts category.

The annual Young Achiever Awards acknowledge, encourage and most importantly promote the positive achievements of all young people up to and including 29 years of age.

The Coffee Club Arts and Fashion award celebrates the diversity, innovation and excellence of artists in the community and recognises that the artist's way is not always an easy path to walk.

The Coffee Club Director, John Lazarou, said The Coffee Club was delighted to continue its long-standing sponsorship of the Awards and the Fashion and Arts category.

"With youth often leading the way in fashion, design, textiles, visual and dramatic art and dance, it is important to applaud their achievements in what is often a fast-paced, stressful and success-driven environment," he said.

"Through the Arts and Fashion Award, recognition is given to those who strive for excellence, creativity and success."

The Arts and Fashion award highlights the importance of the Arts Industry and rewards the next generation of artists who are making an important contribution to their local community.

The winner of the Arts and Fashion category will receive \$2,000 and a trophy.

To submit a nomination, simply go online to www.bit.ly/wayaa and select 'Nominate Now.' Nominations close Wednesday, 1 February 2017.

Last year, Mount Lawley resident, Kathryn Osborne, won the Fashion and Arts category in the West Australian Young Achiever Awards.

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Funding Rollout for Wheatbelt Environment

Media Release

Nearly 50 Wheatbelt landholders will share in \$550,000 to help protect native bush land and control feral animals including cats, foxes and rabbits.

The Australian Government has released the funds through its National Landcare Programme.

Natural resource management group Wheatbelt NRM will help coordinate the roll out of the grants to 49 families in the region.

The group's program manager for biodiversity Rowan Hegglin said the money would be used to fence remnant vegetation and bait and trap feral animals.

"Landholders applied for the grants so they could have the support to carry out this type of environmental work," Rowan Hegglin said.

The grants will result in 210 kilometres of fencing and the re-vegetation of 165 hectares of farmland with nearly 130,000 seedlings planted.

"Because the grants are going directly to the community, we're also extending our footprint of feral animal control over 23,000 hectares," Rowan Hegglin said.

"We've already seen how successful controlling feral animals can be through a baiting and trapping program in the Granite Belt, just south of Kellerberrin.

"This intensive, 12-month program resulted in a jump in the population of the threatened black-flanked rock wallaby after the removal of 105 feral cats and 200 foxes through 14 months of sustained management.

"By working with landholders we can improve the survival chances of native animals threatened by these feral animals."

The 49 families that will share in the \$550,000 are spread throughout the Wheatbelt including Brookton, Dumbleyung, Merredin, Yilgarn and Goomalling.

For more information, contact: Rowan Hegglin, Wheatbelt NRM, (08) 9670 3100, rhegglin@wheatbeltnrm.org.au



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Murdoch Attracting Top Rural Students by Easing the Financial Burden

Media Release

Murdoch University is pleased to announce the extension of The George Alexander Foundation (GAF) Scholarships program until 2021. This successful scholarship program has attracted top rural students to Murdoch University since 2008.

The extension of funding brings the total amount awarded to nearly \$1.5 million supporting students from all over regional Western Australia in their pursuit of higher education. Each year Murdoch University awards six George Alexander Foundation scholarships worth up to \$24,000 over a three or four-year degree to students needing to relocate from regional or remote areas to study at Murdoch.

Murdoch University Development Officer, Clara Millet, said these scholarships addressed one of the most critical factors affecting university education for rural students, the distance between home and university. "Murdoch is extremely appreciative of the support from the George Alexander Foundation for their significant contribution to such a dedicated, talented group of students," she said. "It is very challenging for regional students to adjust to living in the city while also trying to find their feet in a new university environment. "Easing

the financial burden for these students gives them the freedom to focus on their studies."

More than 50 high achieving students from regional and rural areas have already benefited from the GAF scholarships during their studies at Murdoch. GAF scholar Josette Fretton, who moved from Albany to study veterinary science at Murdoch University, said the support has been invaluable. "Receiving the GAF scholarship has provided me with a level of independence not often available for rural students in the city," she said. "Last year, I spent a month gaining work experience on a cattle station in Central Queensland, which was a truly phenomenal experience that introduced me to many aspects of the beef cattle industry that will be applicable to my future as a vet."

George Alexander Foundation CEO, Craig Connelly said the GAF scholarships were an important investment in the future of young Australians and their ongoing contribution to the broader community. "The Foundation has renewed the scholarship partnership with Murdoch three times – in 2010, 2013 and again in 2016," he said. "Murdoch University has proven to be a strong partner of the Foundation, managing and promoting a successful scholarship program resulting in significant demand for the scholarships. It is for these reasons that the Foundation has extended this program for another three years."

The total value of the new partnership renewal is \$432,000 and will be supporting 18 regional Murdoch University students who demonstrate high academic achievement, strong community involvement and leadership skills. The George Alexander Foundation supports scholarship programs at 11 higher education institutions across Australia, but Murdoch University is the only one in Western Australia. Applications are now open for the scholarships. More information and application details are available here <http://our.murdoch.edu.au/Student-life/Finances/Browsescholarships/UG_George-Alexander/>



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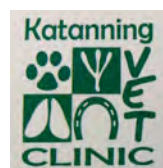
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Girls and Their Frenemies (cont.)

Making girls feel personally responsible is about the most effective technique that is used in schools. If the girls can sit with a psychologist or suitably equipped adult, as a group, and discuss what is happening and how it is making each person feel there is a chance that it can be resolved. If not the cycle just keeps on going.

What can parents do?

It isn't all hopeless. This is learned behaviour and learned behaviour can often be unlearned. But there are commitments that need to be made by adults. We need to:

Make friendship cool. Modelling by adults is the most powerful way of doing that. Talk about the great qualities of your friends to your children. Too often we niggle at our friends' weaknesses instead of verbally celebrating their greatness.

Explicitly teach kindness, compassion and empathy. We know young people have the capacity for these qualities. They are often evident at home or with people of different ages, but they are not being engaged in their relationships with peers.

Explicitly teach emotional intelligence. Help children recognise who is loyal and who is safe. Talk to them about relational aggression. They should be able to

recognise it and name it.

Teach Young People to be:

Upstanders – These are people who stand up for victims. It's been proven that if you can stand up to a bully for 8 seconds, they are likely to back down. Some children are stronger than others. We need to make it cool to be strong and able to defend others.

Distracters – It is important that children be able to recognise when a mean moment is coming and distract participants away from it. It's a skill that adults eventually learn themselves, but if children are given instruction on how to do this it can be learnt more quickly.

Supporters – Children can be encouraged to do something as small as make eye contact with a victim while aggression is happening. That shows the victim that the behaviour is seen and acknowledged. It makes the victim seen and acknowledged. They aren't alone.

Carefully manage on-line activity. A lot of relational aggression happens out of school hours, in cyberspace. Young people need a break from their friendship groups.

Create opportunities for children to meet lots of new people outside of school and get to know them well. I love sport for this reason and many more. Team mates are people you have to understand and communicate with. Assumptions about people get tested.

Please.... Never say, "That's just girls", or "boys will be boys" for that matter. We can be better than that. Or at least we can try.



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Puzzles & Stuff

Some words from the 15th September edition of Boggle

Underline
Underlie
Redline
Relined
Unlined
Denier
Dinner
Eluder
Endure
Indene
Inured
Lender
Lieder
Lierne
Linden
Nereid
Reined
Relied
Reline
Ruined
Rundle
Runnel
Undine
Unreel
Diner
Eider

Elder
Elide
Elude
Endue
Ennui
Enure
Idler
Inner
Inure
Lined
Linen
Liner
Lured
Renin
Riled
Ruled
Under
Urine
Deer
Dine
Dire
Duel
Dune
Idle
Leer
Lien

1	5	7	9	3	2	8	4	6
2	4	3	6	8	5	7	1	9
9	6	8	1	4	7	5	3	2
6	7	9	8	5	4	3	2	1
5	8	2	3	1	9	4	6	7
3	1	4	7	2	6	9	5	8
4	2	1	5	9	8	6	7	3
7	9	5	2	6	3	1	8	4
8	3	6	4	7	1	2	9	5

M	T	D
O	O	I
R	E	N

Answers to 15/09/2016 Sudoku

5	4	2	1	7	6	8	9	3
8	7	9	3	4	2	1	6	5
1	6	3	8	5	9	7	4	2
9	2	8	4	6	5	3	1	7
3	5	7	9	1	8	6	2	4
4	1	6	2	3	7	5	8	9
6	3	4	7	2	1	9	5	8
2	8	5	6	9	3	4	7	1
7	9	1	5	8	4	2	3	6

This week's Boggle

Census Wrapping Up

Media Release

The Australian Bureau of Statistics (ABS) wrapped up the formal collection period for the 2016 Census on Friday 23 September.

Head of the 2016 Census Program, Duncan Young, said people can still contact us if they have questions, and receive a paper form if they need one, once the online system has closed.

"Paper forms will continue to be accepted as they make their way back via return mail," Mr Young said.

"Around 95 per cent of households have completed the Census," he said.

"Census data influences Federal funding to States, Territories and local governments.

"Your participation is essential to the future of your community. Without this information, the government, organisations and community groups aren't able to plan and provide vital services for you, your community and your area.

"Census data is used to inform decision and policy making in every area across Australia. It shows population growth and demographics to help plan investment in schools and day care facilities for children, aged care services for the elderly, hospitals and transport.

"Importantly, Census data shows how we are changing as a society and where we are heading so we can plan appropriately to support our future."

The Census is compulsory for everyone who was in Australia on Tuesday August 9, Census night.

For assistance complete the Online Inquiry form on census.abs.gov.au or call the Census Inquiry Service between 8.00am and 8.00pm daily on 1300 214 531.

Scholastic Book Fair

*Running from Monday 24th October
to Thursday 3rd November*

Lake Grace Community Library

Monday—Thursday * 9am—5pm

All purchases benefit our school

New Meth Helpline provides free 24/7 support

Media Release

The State Government has launched a dedicated, free Meth Helpline to expand the fight against methamphetamine use in Western Australia.

Member for Wagin Terry Waldron MLA said the important service was another initiative of the \$14.9 million Western Australian Meth Strategy announced in this year's State Budget.

"It is very concerning to me that people in the Wagin electorate and other regions across the State are being negatively affected by this devastating drug," Mr Waldron said.

"I encourage people with meth-related issues to call the Meth Helpline and talk with the professional counsellors about the treatment and support services available to them."

The Mental Health Commission has allocated \$300,000 over two years for this dedicated helpline to provide telephone counselling, information and referral services for anyone concerned about their own, or another person's meth use.

Mr Waldron said Minister for Mental Health Andrea Mitchell had heard the "desperate stories of parents and others at public forums across the State in recent months, asking where to get help and information".

"The helpline is the place they can get the assistance they need and access services that may potentially be life-changing," Mr Waldron said.

"Helpline counsellors are professional and non-judgemental and will work with people who are concerned about their own meth use, or that of someone else."

Mr Waldron said parents, families and friends were encouraged to get support through the helpline.

"Helpline counsellors can link parents and other family members to a network of trained parent volunteers who have experienced their own child's alcohol or drug use," he said.

The Meth Helpline also provides support via email and the live chat online messaging service.

The Western Australian Meth Strategy includes funding for 60 dedicated meth withdrawal and rehabilitation beds, a specialist meth clinic, placement of specialist nursing resources in hospital emergency departments and expanded school drug education.

Nationals WA candidate for Roe Peter Rundle urged locals to get help.

"This drug is devastating local families and communities on a daily basis. Just call the helpline now, it might be one of the most important decisions you ever make," Mr Rundle said.

For meth help call 1800 874 878 or visit <http://drugaware.com.au>

Photo Competition

The Lake Grace Community Resource Centre is hosting a photo competition.

'Trains' is the subject and photos must be brought into the CRC by 4pm Friday 28th October. Trains can include tracks, carriages...anything train related....

- Photos must be 6" x 8"
- To be mounted on black card with 1" surrounds around the photo.
- Judging to be done by peoples choice.
- Entrants to supply a digital copy of the photo at high resolution if requested.
- The Lake Grace Community Resource Centre reserves the right to use photos entered in future promotions.
- Limit of 2 entries per person.
- The winner will receive a voucher to print an A2 canvas of any photo of their choice.

For any more information please call the Lake Grace CRC on 9865 1470.





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It's a Wrap Up (cont.)

in Level 3. Well done to Lewis Garard on achieving a Bronze medal.

Next to compete were our four Level 1 girls - this being their first competition, the nerves were running high! With the theme for the march on being "The Olympics", the girls looked fabulous carrying the flags of Olympic nations which they had made. Girls compete on four apparatus - vault, bars, beam and floor. In a field of 23 gymnasts, the girls did a great job, receiving the following medals: Gold - Isabelle Orr, Bronze - Mabel Dines, Grace Penney, Torah Robertson.



Level 3 (Senior) Girls with Coaches

Front L to R: Arianah Bain, Sara Bray, Maisey Lay, Kira Pearce
Back L to R: Lisa Pearce, Lauren O'Neill

By mid afternoon it was time for the Foundation Levels 2 girls to compete. We had seven girls in a field of 37 gymnasts. After brushing off their initial nerves, the girls showed off the skills they have been working on all season, and should all be very proud of their achievements. They received medals as follows: Gold - Eliza Jury; Silver - Gianna Jury, Charlotte Orr; Bronze - Amber Furphy, Emily Bain, Stella Dines, Maddison Steike.

Due to the addition of Trampolining and Tumbling to the competition this year, the last artistic session for the day didn't begin until 5pm. This was the Level 3 (Senior) and Level 4 girls, and we had four Level 3 gymnasts in a very competitive field of 24. Again, our gymnasts did very well, receiving the following medals: Gold - Arianah Bain, Silver - Sara Bray, Bronze - Kira Pearce, Maisey Lay.

With the last session of the competition on Sunday morning, it was an early start for our Level 3 (Junior) girls. Well done to Amber Pearce, Holly Stanton and Tess Stanton on receiving Bronze medals and rounding

off an awesome weekend of gymnastics!

Congratulations also to the winners of our 2015 Club Awards: Most Improved Male Gymnast - Lewis Garard, Most Improved Female Gymnast - Maisey Lay, and Coaches Awards - Maddison Steike, Kira Pearce and Charlotte Orr, for being enthusiastic gymnasts with a positive attitude, listening to their coaches and supporting their teammates.

So many people contribute to the success of a club and we have a group of very dedicated parents. Thank you to our Head Coach, Lauren O'Neill for all her hard work and patience with our kids throughout the gym season. Also thank you to Lisa Pearce (President and Coach),



Level 1 Girls with Coach Lauren O'Neill

L to R: Mabel Dines, Torah Robertson, Isabelle Orr and Grace Penney



Coach Lea Murray with our two male gymnasts, Troy Murray and Lewis Garard

It's a Wrap Up (cont.)

and Lea Murray and Renae Jury - our coaches in training. Many thanks also to Tahryn Trevenen for running a fantastic Kindergym program in Term Two.

A huge thank you to our Treasurer, Holly Korosec who has been doing a fantastic job keeping our finances organised.

Special thanks to all the parents who, due to nature of gymnastics equipment and our shared use of the hall, are required to set up and pack up the gymnastics equipment each week and when the hall is booked for other functions. This is a huge undertaking, and without their help gymnastics in Lake Grace would not be possible.

Now that gym is finished for 2016, we would like remind all gym parents that our AGM will be held in about six weeks (watch Lakes Link for date). We request all parents, from Kindergym through to Competition, to please attend. The future of gymnastics in Lake Grace depends on assistance and commitment from all parents. We look forward to seeing you at the meeting!



Above: Lake Grace Gym Club Level 2 girls march on led by coach Lauren O'Neill

Below: Lake Grace Gym Club Level 2 girls (third team from left) - March on with Olympic theme

Thank You!

A huge thank you to

Peter Stoffberg

who generously put many hours into the production of a video for us to use in a grant application. Peter's expertise and generosity is greatly appreciated by us all!



Thank You Bankwest!!!



Lake Grace Gym Club were thrilled to recently receive a grant of \$1000 from Bankwest. This will be used to help us purchase a six metre "Air Tumbl Trak" floor mat. Gymnasts and parents are extremely grateful to Bankwest for their investment in our club!

Junior Tennis News

Sharon Robinson

Junior Tennis News

Last season was very busy with many of our Junior Tennis players taking part in tournaments, receiving coaching and representing our area in inter zone challenges.

Coaching

Keith O'Brien and Brad Rundle ran coaching sessions throughout the season in Lake Grace and also at Tarin Rock. We had participants who supported this from Tarin Rock, Lake Grace, Newdegate, Kukerin and Dudinin.

Women in Tennis Foundation Cup & The D'Arcy Slater Cup

We had some juniors who represented our area and zone make the trek to Geraldton in early November to play on their fabulous grass courts in the Women in Tennis Foundation Cup & the D'Arcy Slater Cup. The representatives from our area were Kaitlyn O'Neill, Jack Faulkner, Josh Pearce & Jonty Robinson. The juniors were exposed to some fantastic tennis and loved socialising with their team mates. I learnt some new skills being the team manager for the Great Southern Boys Team! The term "get organised" does not exist in the vocab of 9-13 year old boys! Kaitlyn O'Neill progressed well in her singles matches and was given the opportunity to attend a Regional Talent Development Program in Darwin.

CBH Tennis West Road Show

During March Tarin Rock was invited to host a CBH Tennis West Road Show to promote the WA Country Championships held in Perth. This event involved two representatives from Tennis West visiting our club and running some coaching clinics for the juniors. It was great to see junior and senior players from Tarin Rock, Lake Grace, Kukerin and Dudinin come along to support this event. The senior players also had some games and coaching which was delivered at quite a frantic pace leaving us all feeling our age! Brett Marshall and Paul Oldfield from Tennis West were very impressed with our facilities and the skills and sportsmanship of the group that attended. Thanks to CBH and Tennis West for this grass roots initiative.

CBH Country Week Championships

In April a small group headed to the CBH Country Week Championships in Perth. Our area was represented by; Kaitlyn O'Neill, Bradley O'Neill, Kira Pearce, Josh Pearce, Jonty Robinson, Jack Faulkner and our newbies Lucas Robinson, Jason O'Neill, Amber Pearce and Claire Faulkner. Jonty Robinson & Jack Faulkner won the 12A Teams Event, Jonty Robinson won the 10/Under Consolation, Claire Faulkner was the winner of the 10/Under Main Draw, Kaitlyn O'Neill teamed up with Brianna Page and was runner up in the team event, Bradley O'Neill teamed up with David Hallam to win the 16/under

Above Right: Jack Faulkner and Jonty Robinson.

Below Right: Lucas Robinson and Jason O'Neill.



Junior Tennis News (cont.)

team event. Congratulations to the representatives who went, as their tennis behaviour, sportsmanship and desire to play well was pleasing for spectators to watch.

4th July, 2016.

Kaitlyn O'Neill made it to the 14&U Singles Quarter-Finals Consolation Round.

Regional Talent Development

Tennis West gave eight athletes living in regional Western Australia the opportunity to travel to Darwin as part of the, Regional Talent Development (RTD) program, supported by the Department of Sport & Recreation.

Five athletes, aged between 12 and 13 years old, accepted the invitation on the subsidised tour. These were: **Grace Fisher** (Beverley), **Kaitlyn O'Neill** (Tarin Rock), **Isabelle Plowman** (Kojonup), **Kennedy Taylor** (Wagin) and **Scott Tuia** (Donnybrook) who travelled with Brooke Koenig and Paul Oldfield (Tennis West).

All athletes competed in both singles and doubles events, across two AR tournaments; 2016 NT Age Championships and 2016 Darwin Age Titles from the 24th June –



Regional squad that travelled to Darwin, Kaitlyn O'Neill is second from the left.

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Roll Up

Suzanne Reeves

Winter may not have disappeared but the winter sports have all wrapped up and it is time for summer sports such as bowls to crank up.

In readiness for the start of the bowling season Lake Grace Bowling Club hosted four national level coaches over the weekend of Saturday 6th and Sunday 7th August as part of the Country Coaching Enhancement Scheme. Six courses were held around WA.

Two players from each association within the South Central Arunga Zone attended the two full days of coaching, local bowler Wayne Trawinski represented Lake Grace over the weekend. These courses are held each year around the state with Lake Grace electing to host one this year. The two days focussed on a variety of skills, training and the tactics needed to hone your bowling skills.

Bowls in Lake Grace will be officially starting on Sunday 2nd October with the club's annual Cancer Council fundraiser. It will be social mixed event to accommodate beginners while gently swinging the more experienced bowlers into the new season.

Participants can wear casual dress but footwear mustn't have heels. Names in by 12:30pm for a 1pm start. Hamburgers and chips will be available for sale that evening.



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Come & enjoy a tea/coffee with homemade cake
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Cancer Council Fundraiser



'Bowl Over Cancer'

Sunday 2nd October from 12:30pm.

Social day and fun for all (everyone welcome).

Prizes & raffles.

All monies raised in support of Cancer Council WA.

Members please bring a plate of afternoon tea.

Hamburgers & chips available in evening (after event).



Want or need to get your HR Truck License?

Keens will be in Lake Grace on Thursday 20th and Friday 21st October.

Assessments are \$475 and training is \$130 per hour.

Truck is supplied by Keens.

To book your spot please contact the Lake Grace Community Resource Centre on 9865 1470 or by emailing lakegracecrc@westnet.com.au



Lake Grace Golf Club Notes

Craig Reeves

Sunday 18th of September event was an Irish Stableford sponsored by Saltbush Inn.

Perhaps it was the weather as only a small field turned out to play. As the afternoon progressed the weather held off and actually turned out to be quite a reasonable afternoon for golf. Eventual winners for the day were Craig Reeves and Kevin Eggers with a score of 99 points. Runners-up were Stephanie Lay and Murray Stanton on 55 points.

Novelties for the day:

Kevin was having a day out today taking three of the four nearest the pins and Craig taking out nearest the pin on number six. The long drive for the men on number 10 was taken out by Martin Carruthers, the long drive for the ladies on number three was once again Helen Hunt. Longest putt on number nine was taken out by Stephanie Lay. Birdie hole was spun and up came number eight. It jackpots again. Birdie nest did not go off at all this year so will be a rather large number of golf balls for someone whenever it does. Perhaps next year.

Saturday 24 September was closing day, three-person Ambrose sponsored by Stephen and Helen Hunt from Lake Grace Communications and Computers.

Quite a good field turned up for this event the weather held off and it was a very enjoyable afternoon. Winners for the day were Murray and Chad Stanton along with Kevin Eggers having a score of 74 10 1/3 63 2/3. Kevin is probably wishing that the season continued as his form continues to improve being in the winning side for the past three games. Runners-up were Anton Kuchling, Nick Maalouf and Martin Carruthers with an 82 15 1/2 66 1/2.

Novelties for the day:

NTP: 4 was won by Huddo, NTP 6 was won by Eddy Naisbitt, NTP 15 was won by Helen Hunt, NTP 18 was won by Phil Young.

Longest putt on number 9 was won by Steve Hunt, long drive for the men on 7 was won by Anton, long drive for the ladies on 13 was again Helen. It would seem that Helen is taking out most of the ladies long drives for the year so she should have a good collection of golf balls.

I would like to take this opportunity to thank the many sponsors for the year. This includes Justin Wright from Elders insurance who sponsored nearest the pin number 4, Lake Grace Roadhouse sponsors of nearest the pin number 6, Lake Grace Post Office sponsored nearest the pin number 15, Lake Grace Community Resource Centre sponsored nearest the pin number 18,



Nett winner for 2016 Matthew Spurr with Gross winner Craig Reeves. Photo Suzanne Reeves.

Lake Grace Tyre Power sponsored longest putt number 9, Lake Grace Home Improvements sponsoring the men and ladies long drive every weekend, seasonal long drive sponsored by Martin Carruthers. Other sponsors included Fyfe Transport, Wagin Earthmoving, Elders Lake Grace, Great Southern Fuels, Craig Reeves, Lake Grace Meat Supply, Neu-Tech, Royce and Bevan Taylor, Best Office Systems, Rex Walker, Lake Grace Plaza, Maalouf Ford, Lake Grace Farmers Centre, Landmark Lake Grace, Murray Stanton, Murray Stanton and Kingsley Strevett, CCL Hardware, Leading Appliances, Outback TV, Rob Farley from Marangaroo Golf Club, Lake Grace Tyre Power, Lake Grace Freight, Saltbush Inn, Lake Grace Communications and Computers.

A barbecue tea followed the day's play with the presentation of trophies and awards.

This year we changed the championship format to just having a Gross and a Nett winner.

Gross winner for the year went to Craig Reeves, Nett winner for the year went to Matthew Spurr. Men's yearly long drive also went to Matthew Spurr. Ladies yearly long drive went to Helen Hunt. The eclectic this year was a close affair with the eventual winner being Chad Stanton while Helen Hunt won for the ladies. Murray Stanton was presented the golf ball which he used to achieve his hole in one. Many thanks to all on the committee this year for once again running a successful golf season. The AGM for golf will be held at the Sportsman's club at 7:30pm on Thursday, 20 October.

Lake Grace Cricket Club INC

PO BOX 10

Lake Grace WA 6353



President	Reid Stubberfield	0429 651 069	Secretary	Rebecca Reynolds	0417 923 284
Vice President	Shaye Bowron	0428 652 556	Treasurer	Kael Gray	0429 019 833

Training has begun, every Thursday afternoon at 5pm so if anyone is wanting to join the club as a player or just wanting to keep up fitness, the boys would love to see you there.

Our pre-season, annually run, Mallee Root Cup will be an exciting format this year, to be held Saturday 8th October. Four Teams will compete in a day of Super 8's matches before ending in a steak tea at the Sportsman's Club. All funds from the steak tea and distributed tin's will be going to Cure For MND Foundation (Motor Neurone Disease). This is the charity our Lake Grace players have chosen this year.

This year we will be running In2 Cricket for ages 5-10, Registration Day will be 13th October at 3.45pm at the Pavilion. Please call Brayden Reynolds with any queries 0410 514 462.

"Sheep Poo 4 You" bags are still available at CCL Hardware. There are now limited numbers left, however the boys are going to do another run soon. If you'd rather home deliveries we can arrange this.

A new cricket pitch has been ordered and should be installed soon, pictures to come soon.

Our Great Raffle has been finalised and tickets can be purchased from any of the players or committee members that are mentioned at the top of this page. The raffle is drawn just before Christmas and would be an awesome bonus. \$20 buys you a ticket (only 250 tickets available) to be in the draw to win:

1st prize "Home Maintenance Kit" (Victa Lawnmower, Stihl Chainsaw, Stihl Whipper Snipper, Stihl Blower Vac, Wheelbarrow, Rake, Shovel, Spade and Pruners) RRP\$1556

2nd Prize Home Entertainment Kit (Patio Heater & BBQ) RRP\$794 and

3rd Prize (\$150 IGA Voucher)

Thank you to Leading Appliances, AFGRI, CCL Hardware and Lake Grace IGA for their support with this raffle, we really appreciate it!

LGCC Inc Sponsors

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CCL Hardware

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Tom O'Neill

Lake Grace Hotel

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GSFS

Outback TV

LG Communications & Computers

Kael Gray's Mobile Welding

McKenzie Rural Contracting

NeuTech

Lake Grace Meats

S & L Trevenen

AFGRI

Lake Grace IGA

Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

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Lake Grace a Part of Great Southern Grand Final

Janine Watson

Last Weekend a number of Lake Grace Residents participated in the Great Southern League Grand finals in Mt Barker, with a quite a number of locals in the crowd it almost felt like we were on home ground.

First up in the U17's Mitchell O'Neill was playing for Albany Railways who won easily over the minor Premiers Albany Royals to take the 2016 shield. Final Score 7.5 (47) to 2.0 (12). Mitchell as usual making his mark on the game, put in a great effort in support of his team. No love lost between good mates as Blair Watson (Royals) gave it his all and was named one of the best players on the day. He received a Claremont Jacket from Darrell Panizza along with Royals F & B award on the day, (it appears he might be taking his mother for coffee at the Dome).

Five ex-Ongerup Assoc. Juniors played in the Colts Grand Final for Albany Royals. They enjoyed the win over the North Albany Kangaroos. It was beginning to look like a difficult task, the Lions trailed by 6 points at half time but with 3 quick goals in succession the team soon gained momentum to hold the Roos and take the Flag. 10.7 (67) to 7.5 (47). Thomas Baldwin (Jerry) named player of the match winning the Panizza Brothers Medal, Cent Amores also a major player in the game.

GSFL teamed up with Albany Retravisio to find the most outstanding player in each division for the Finals series. Nominating a different player each week, Ben Watson received nomination after the 1st semi for winning plenty of the ball in the middle and lifting in the 3rd quarter when his team needed him most, not to mention the long bomb kick scoring a goal to take the team over the line. On Thursday Regional Development Manager Tom Moir announced Ben the winner for the Colts collecting a prize pack consisting of a BOSE speaker, Football and WAFL 2017 Membership.

In the league Marcus Trevenen played an important part being outstanding on the last line of defence for his team North Albany. North's had a nail biting win over the favourites Mt Barker Bulls. 8.13 (61) to 7.16 (58).



Above: Royals 5 ex Ongerup juniors holding the shield: Andrew Bell, Cent Amores, Ben Watson, Thomas Baldwin and Zhane Robertson (Photo: Richard Poulish)

Below: Ben Watson receiving award at Albany Retravisio (Photo Tom Moir)



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PUBLIC NOTICES

Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

First Aid Courses

Anyone wanting to register for a First Aid course will need to call 9621 1613 to enrol.

CWA Bookings

Please be advised that if you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

Lake Grace Pingrup Netball Club AGM

Wednesday the 12th of October at 6:30pm at the Lake Grace CRC. All welcome.

Lake Grace Community Men's Shed Inc. AGM

Date: Tuesday, 18 October 2016

Time: 9:45am

Where: Lake Grace Community Men's Shed – 25 Bennett Street, Lake Grace.

Sausage sizzle to be held afterwards.
For more details, please contact Phil Clarke 0427 651155.

Lake Grace Golf Club AGM

Thursday 20th October
7:30pm
Lake Grace Sportsman's Club

Sally Dickinson

Counsellor for Southern AgCare.
A free and confidential service.
Contact direct: 0427 192 155
www.southernagcare.org.au

Community Midwife

Sandy Snee the Community Midwife will be coming to Lake Grace the first Tuesday every month until further notice. Call Narrogin Primary Health on 9881 0385 to make an appointment.

Senior Citizens Luncheon

Thursday 6th October at the CWA Hall
Catered by Lake Grace Playgroup. Contact Amy Jones to RSVP on 0400 206 321.

There's a 60's theme!

Lake Grace Community Resource Centre AGM

Tuesday 18th October
6:30pm at the Lake Grace CRC

CHURCH TIMES

Anglican Church of Lake Grace

Sunday 2nd October

Lake Grace (prayer service only) 9am

Sunday 9th October

Lake Grace No Church

Enquiries: Father Dave 0427 545 560
Wally Perry 0448 795 070

Lake Grace Catholic Church

Sunday 2nd October

Lake Grace 6pm

Sunday 9th October

Lake Grace 8am

For inquiries and request for home visitation, please contact Fr Joseph Sousa on 9865 1248.

Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
<i>Artist Group</i>	Tania Spencer	0429 041 063	spencertania@hotmail.com
<i>Camera Club</i>	Nicole Argent	0428 315 773	knargent@bigpond.com
<i>Craft Group</i>	Meet at the CWA Building Saturdays from midday onwards		
<i>CWA</i>	Irene McGlinn	08 9865 1148	irenemcglinn@bigpond.com
<i>Early Learning Centre (Daycare)</i>	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com
<i>Development Assoc</i>	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
<i>Men's Shed</i>	Phil Clarke	0427 651 155	philclarke@westnet.com.au
<i>Playgroup</i>	Amy Jones	0400 206 321	lakegraceplaygroup@mail.com
<i>School</i>	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au
<i>Sportsman's Club</i>	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
<i>Toy Library</i>	Lauren Duckworth		laurenalex@westnet.com.au
Summer Sport			
<i>Lake Grace Cricket Club</i>	Rebecca Reynolds	0417 923 284	rleigh80@yahoo.com.au
<i>Lake Grace Bowls Club</i>	Claire Pelham	0457 207 749	richie21claire@yahoo.com
<i>Lake Grace Tennis Club</i>			
<i>Tarin Rock Tennis Club</i>			

Crisis Care Numbers

Doctor's Surgery - 9865 1208	Electricity Faults - 13 13 51
Hospital - 9890 2222	Water Faults - 13 13 75
Ambulance/Fire/Police - 000	Directory Assistance - 1223
55 Central Men's Refuge 9272 1333	Family Helpline 1800 643 000 / 9223 1111
Sally Dickinson 0427 192 155 <i>Southern AgCare Counselling</i>	Kids Helpline 1800 55 1800 www.kidshelp.com.au
Poisons Information 13 11 26	Ngala 9368 9368 www.ngala.com.au
Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Relationships Australia <i>Fair Programme</i> 9336 2144 www.wa.relationships.com.au 1300 364 277
Lifeline Australia - 13 11 14 www.lifeline.org.au	Beyond Blue - 1300 22 4636 www.beyondblue.org.au
Seniors Information Services 9321 2133 www.cotawa.asn.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au
Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au
Main Roads - 138 138	

Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	9865 1224
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Jeanette de Landgraft (<i>Pres</i>)	9838 9062	9838 9041
Steve Hunt (<i>Vice Pres</i>)	9865 1650	
Len Armstrong	9871 1334	9871 1317
Ross Chappell	9865 4058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Allan Marshall	9865 3022	9865 3012
Murray Stanton	9865 1329	9865 1223
Roz Lloyd	9871 1534	9871 1676
Andrew Walker	9865 1241	

COMMUNITY CALENDAR

September

Fri 30	Fish & Chips @ Sportsman's Club Crochet Workshop @ LG CRC
Sat 1	Craft Group at CWA 12 noon onwards Rubbish tip open Steak Tea @ Sportsman's Club Kulin Bush Races Opening Day of Bowls
Sun 2	Rubbish tip open Litterpick west of Lake Grace
Mon 3	Rubbish Collection & rubbish tip open Recycling Collection Swimability in Narrogin
Tue 4	Men's Shed 9.30am-12 noon Chair Aerobics 10:45am at Village Hall SOYF Seniors Program—10am @ Shire Hall Building Surveyor in Lake Grace Weight Watchers
Wed 5	Rubbish tip open HACC Activity & Morning Tea 10-11:30am
Thur 6	Cricket Training
Fri 7	Fish & Chips @ Sportsman's Club Crochet Workshop @ LG CRC Driving Assessor in Lake Grace
Sat 8	Rubbish tip open Craft Group at CWA 12 noon onwards Steak Teas @ Sportsman's Club Bioblitz at Tarin Rock Cricket Club Mallee Root Cup Tarin Rock Junior Tennis Tournament
Sun 9	Rubbish tip open Bioblitz at Tarin Rock
Mon 10	Rubbish Collection & rubbish tip open Lakes Link News Deadline
Tue 11	Men's Shed 9.30am-12 noon Chair Aerobics 10:45am at Village Hall SOYF Seniors Program-10am @ Shire Hall Physiotherapist in Lake Grace Weight Watchers Foot Clinic
Wed 12	Rubbish tip open HACC Activity & Morning Tea 10-11:30am GS Chiropractic in Lake Grace

LGP Netball Club AGM
Thur 13 Lakes Link News Published
Cricket Training

Coming Events

14th October - HACC Bus Outing
17th October - Swimability in Narrogin
18th October - Building Surveyor in Lake Grace
20th October - HR Training / Assessment
21st October - HR Training / Assessment
22nd October - Garage Sale Trail
25th October - Physiotherapist in Lake Grace
26th October - Shire Council Meeting
26th October - Ngala Conversations About Toddlers
27th October - Wheatbelt NRM AGM
30th October - Muresk 90th Celebrations
4th November - Driving Assessor in Lake Grace TBC
9th November - Seniors Cabaret (p.25)
16th December - Christmas Festival
3rd Jan—13th Jan - Vacswim

Lake Grace Pingrup Netball Club AGM

Wednesday the 12th of October at 6:30pm at
the Lake Grace CRC. All welcome.

If you have any queries please email:
lgpnc@outlook.com.au

We look forward to seeing you there.

		3	6		5	7		
9		8		4		5		2
	7	9				3	2	
5	8						6	7
	1	4				9	5	
4		1		9		6		3
		5	2		3	1		

Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

			1		6		9	
8	7							5
1		3						
				6		3		
	5		9		8		2	
		6		3				
						9		8
2							7	1
	9		5		4			