

# LAKE LINK NEWS

Produced at the  
LAKE GRACE COMMUNITY RESOURCE CENTRE  
School Place

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13th September 2018

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Vol 24 Issue 18

## That Winning Feeling

Photos Nicole Argent



### Senior Hockey Premiers

**Back:** Lyn Carruthers, Casey Pinney, Shenae Prater, Yasmine Feathersone, Lisa O'Neill, Arlene Sutherland, Laura Ballard.

**Front:** Felicity Young, Donna Skerris, Chloe Pearson, Rosey Chircop, Imogen Taylor, Emma Steele, Tameka Roukens, Karissa Pelham.



### Reserves Premiers

**Back:** John O'Neill, Josh Bellve, Nash Kirk, Ben Tomkins, Aaron Carruthers, Damon Pelham, Brenden Desmond, Chris Trevenen, Patrick Smith, Rohan Willcocks, Tom Dunham, Phil Ventris, Kael Gray, Adam Hunt & Letisha Marshall.

**Middle:** Cade Moore, Grant Marshall, Alistair Hunt, Trivan Davey, Andrew Lewis, George Chircop, Brady McGlenn, Brock Argent & Jackson Callope.

**Front:** Mitchell O'Neill & James McKay.

**Absent from photo:**  
Ryan Mounsey

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*Conditions do apply.*

### CRC Opening Hours

9:00am - 5pm

Closed from midday to  
1pm for lunch when short staffed.

## Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

### Next Deadline

Friday 21st September

### Next Edition

Thursday 27th September



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Annie Slarke

Gwen Oliver

Dick Phillips

Thank you also to our many contributors of articles.

#### DISCLAIMER

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- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

***300 copies printed and sold each fortnight***

# Editorial

- We have reorganised our date for the **safeTALK** workshop, it's on Thursday 20th September from 9:30am. There's plenty of places available so don't hesitate to register if you're interested. It is vital that we have RSVP's, not just for catering but for the packs that the presenter prepares.
- A bit thank you to our volunteers who helped out on the **LDAG stand for the Newdegate Field Day**. We went all out this year and got a site in which we didn't have to stand side on which was nice. We made plenty of contacts with people throughout the day, congratulations to those who won the iTunes vouchers. During the event a GP stopped by our stand to collect pamphlets for her 'stash' as she does a lot of locum work. During the conversation she gave some recommendations of good books to read for those having financial and relationship issues which as we know can begin the slippery slope into mental health issues. They are as follows:
  - The Barefoot Investor, Scott Pape
  - The Five Love Languages, Dr Gary Chapman
  - Love & Respect, Emerson Eggerich
  - Where Did My Libido Go? Dr Rosie King
  - For Men Only, Shaunti Feldhahn
  - For Women Only, Shaunti Feldhahn
- **Do you have some news?** Can you think of something that would be a great addition to our paper. If so we would love to hear from you.
- Is anyone that has a **gopher** wanting a maintenance check to be done? If so please contact the CRC.
- Roadwise will be putting the **Driver Reviver** van out for the long weekend as it coincides with the end of school term. We are always looking for more volunteers, if you would be happy to play host to travellers for two hours then please give us a call.
- For anyone new to town remember we have our **Welcome Packages** available for give away. They're a great introduction to our town and what we have available.
- Are you listed in the **local phone book**? Would you like to be? Please send through your information so it can be included.
- Would you like **independent information in relation to the NBN**? We have an opportunity to take part in a 1.5 hour (10:30am-noon) information session via video conference on September 17th. If you're interested please let us know.
- **Late Night Shopping** will be held on Thursday 13th December and we'll be looking for stalls, catering and activities. If you would like to be involved then please let us know. We have just had notification from the Shire that they will be organising the street closure, big thank you for their support.
- If you would be interested in receiving your Lakes **Link News via email** please give me a call, I'm looking for feedback to take to our next committee meeting. We will always have printed copies also.
- As we may have already mentioned we purchased a **new version of MYOB** prior to the end of the

financial year. We're still discovering some of the idiosyncrasies of this newer version so please forgive us if you have received an invoice without our business information or if you simply haven't received your invoice. If you have any queries please don't hesitate to give us a call.

*Suzanne Reeves*

## What's Happening at the Lake Grace CRC...

**Independent Information on NBN.** FREE.  
Videoconference link up. September 17th.

**safeTALK** - Thursday 20th September. Free. For more information please contact as per below. Registrations are essential.

**Gatekeeper** - Two day workshop designed for emergency services, health professionals and school staff. Suicide awareness with discussion on post-vention. 27th & 28th September. FREE.

**Crochet Classes** - Every Friday, 10am to midday. Everyone welcome. Will run every Friday until late September. There will be NO crochet Friday 28th

**ASIST** - Lake Grace 16th & 17th October. Intensive mental health/suicide awareness 2 day workshop. Registrations are essential. Free. For more information please contact as per below.

**HC/MC Training & Assessment** - March/April 2019. Costs TBA.

**Forklift Training & Assessment** - March/April 2019. Costs TBA.

**Microsoft Office** - One-on-one lessons available. \$15 per hour or \$30 for up to 3 hours (subsidised). Can train in Word, Excel, Publisher and Outlook. Please ring to organise a date and time.

**iPad/iPhone/Samsung Phone** - One-on-one assistance available. \$15 per hour (subsidised). Please ring to organise a date and time.

**Facebook** - One-on-one lessons available. \$15 per hour session. Ring to arrange a date.

If you are interested in any of the above please phone the Lake Grace Community Resource Centre on 9865 1470 or email lakegracecrc@westnet.com.au



## What's Happening?

- Back in town over the weekend was Mrs Pat Watson with daughters Val, Lois and Norma. Pat celebrated her 90th birthday in April with a family lunch held at the Esplanade Hotel in Busselton. All her children, grandchildren, great grandchildren and a niece from Melbourne were present. Pat said she had a wonderful day, her only regret was that Bob was not there to celebrate with her. She was one cheerful bus driver as she, with Mr Bob Watson, ran the North Bus for many years. When they took on the bus there were 53 Students on board, a far cry to today's numbers.



**Above: Dot Kennedy, Joan de Vree and Pat Watson enjoy their catch up.**

- All the best to Fleur O'Neill and her fiancé Scott who will be married this weekend in Port Douglas. There are plenty of Lake Grace people present to help them celebrate.
- The school faction carnival will be held this Friday, all the best to the competitors for a fun day. Hopefully it won't be too cold.

## Happy Birthday



15th September	Kelly-Anne Gooch Mason Newton
16th September	Tyler Argent
17th September	<b>ROSIE TIMPERLEY</b>
18th September	Jason Robertson
19th September	Zachary McPherson
20th September	Cameron Slarke Charli Bell
21st September	Garry Leo Reegan Marshall
22nd September	Jane Bushby Ron Pelham Ellie Naisbitt
23rd September	Brock Argent
24th September	Donald Wallace
25th September	Karen Seaman Joan de Vree
27th September	Greg Argent Holly Stanton

## Anniversaries



15th September	Melissa & Darren Clifford
18th September	Cheryl & Ross Chappell
25th September	Trish & Grant Medlen
26th September	Kelly & John Callope Colleen & Terry Smith
27th September	Naomi & Adrian Duckworth

### LGP Junior Hockey Wind Up

A very sincere thankyou to our trophy donors for our winter sports. Though I would have loved to honour each player our recipients were well deserved:

Fairest and Best – Donated By Lake Grace Cabinet Makers - Lucas Robinson

R U F & B – Donated BY B & J Watson – Luke Clifford

Coaches Award - Donated by B & C Altham – Judd McKenzie

Most Improved – Donated by Mrs G's Catering – Holly Stanton

### LGP Senior Hockey Awards

Fairest and Best  
Tameka Roukens

Runner Up Fairest and Best  
Lynnette Carruthers

Most Consistent  
Yasmine Featherstone

Coaches Award  
Emma Steele

Club Person  
Lynnette Carruthers

# Local Drug Action Group a Success

Rosie Timperley

The Lakes District Local Drug Action Group (LDAG) held a successful stall at the Newdegate Field Day event. With thought-provoking and eye catching posters and information brochures on display about the dangers of drugs and excessive alcohol consumption, the stall holders had many visitors stopping by to enquire about and discuss drug and alcohol information. With Holyoake representatives also in attendance at the stall, drug and alcohol related mental health issues were able to be answered as well. Consisting of alcohol and drug counsellors, Holyoake partner well with LDAG.

A quiz wheel was heavily utilized with players having a chance to win merchandise, including shopping bags (which come in very handy now with the plastic bag-free rule at shops), Frisbees, water bottles, stress balls, slapbands (hugely popular with the children) and many more fun and useful items.

A short quiz was filled out by many, with the chance to win one of five iTunes music vouchers. With the winners being drawn earlier this week, it was shown to be entered by a mixture of both local and state-wide attendees. The successful entrants were Kelly Callope, Hayden Gossage, Django Featherstone, Wade Cook and Jenny Davidson.

The following questions were in the quiz:

- Does cannabis use increase your risk of schizophrenia?
- Does steroid use lead to acne?
- Can ecstasy use lead to heat stroke?
- Is it an offence for anyone to supply under 18's with alcohol in a private setting without parental or guardian permission?
- Does methamphetamine use lead to a range of mental health problems such as anxiety, depression, paranoia and psychosis?

The answer to all the above questions is yes. It was interesting to read the results of the completed quiz as it gave us a wider understanding of what people believe to be true about the use of drugs. This is further proof of



**Above: Holyoake's May Griffiths, Jo Drayton, Eloise Fewster and Genni Curtin had a busy first day at the stall.**

the importance of groups such as LDAG and the education they can provide regarding the dangers of drug use, misuse of prescription medication and the overconsumption of alcohol.

<https://www.medicalnewstoday.com/articles/23207.php>

Repeated use of methamphetamines can have psychological effects. These include:

- anxiety, irritability and aggressive or violent behavior
- hallucinations and paranoia
- psychomotor agitation and compulsive skin picking, leading to skin sores
- repetitive and obsessive behaviors
- restlessness, twitching, and tremors
- abnormal heart rhythm, rapid heartbeat, and palpitations



## FREE WAVE ROCK PASSES

Would you like to take your visitors, family or friends to see Wave Rock?

We have 100 Wave Rock entrance passes available for community members, courtesy of the Shire of Kondinin and the Roe Tourism Association.

Just call in to the Lake Grace Visitor Centre and collect your free pass. Open 9am—5pm Mon—Fri

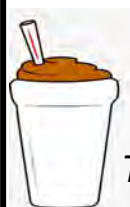
## Caffe Arjo SPECIAL



Hot chips and milkshake \$6 after  
school sports carnival 14th  
September

From 3 - 4:30pm

*Thank you for your support!*



# Examining and Exploring Flora

*Suzanne Reeves*

Examining and Exploring Flora, an exhibition presented by the Lake Grace and Plantagenet Artists Group held its opening at the Regional Art Space on Saturday night with the exhibition opened by Lake Grace Artist Group President, Kerrie Argent.

Considering the clash with the local winter sports windup and a nail-biting Eagles / Collingwood qualifying final the evening was well attended, with a plethora of art in a range of mediums on display.

Ninety eight works from thirty three artists ranged in composition from oil and acrylic paintings, photographs, pottery, patchwork, wire, ceramic, copper sheet and more. The group installed the artworks early last week, giving attendees of the Newdegate Field Day the opportunity to drop in and have a look. This early peek paid off for two artists with two items being purchased by interstate tourists.

The exhibition is open every day between 10am and 4pm, a gold coin donation would be gratefully accepted. Not all of the items are for sale but there are some lovely pieces of work so take the time to go in and have a look.

This exhibition will be open for the remainder of September; on the 22<sup>nd</sup> a second exhibition 'Altered

State' will join this one so it will be two for the price of one!



*Artist Group members enjoy the exhibition opening.*

**Back:** Phyllis Dunham, Jeanne Melville, Judy Stewart & Lenore Gladish

**Front:** Tania Spencer, Jayne Argent and Kerrie Argent.

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# Lake Grace Community Pharmacy

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Phone: (08) 9865 2641  
Fax: (08) 9822 2133

Email: [admin@lakegracepharmacy.com.au](mailto:admin@lakegracepharmacy.com.au)

## Opening hours

Monday to Friday: 9.00 am to 5.30pm

Saturday: 9.00am to 12.00pm

Sunday and Public Holidays closed.

- We are a QCPP approved Pharmacy and provide Prescription services, OTC, Vitamins, Toys, Gifts and Cosmetics.
- Next day delivery is free to Newdegate, Kukerin, Lake King and Dumbleyung customers when the item is readily available in the Pharmacy.
- Most of the Products which are not available can be sourced within the next day when you confirm your item before 2pm every day.
- We are starting the hiring of equipments such as Crutches, Wheelchair, Nebulizer and Rollator etc.



## **We are NDSS Sub agent.**

We as a NDSS access point provide diabetes related products at subsidized prices to eligible patients.

## **Some of our free professional services include**

- We prepare Webster packs for free of cost.
- Witnessing of documents/Stat declarations
- Collecting expired / unwanted medicines
- Blood Pressure Monitoring

# New Ownership for Lake Grace Pharmacy

Shashi Holla

Lake Grace Pharmacy Store is now renamed as **LAKE GRACE COMMUNITY PHARMACY** and is under new ownership.

The current Pharmacist in charge Mr. Shashi Holla will be the new Proprietor of the Pharmacy with immediate effect as the previous owner has transitioned to become a qualified Medical Practitioner at the Fremantle hospital.

Shashi is a practising pharmacist in Western Australia over a decade and is a post graduate in Public Health from Monash university. He is currently the President of local Lions club for the year 2018-19.

Lake Grace Community Pharmacy is QCPP approved (Australian standard 85000-2011) and provides a wide range of pharmaceutical and primary health professional services. The Pharmacy caters to the needs of Lake Grace and its catchment areas like Newdegate, Lake King, Pingrup, Pingaring and Kukerin.

The Pharmacy will be a family business owned by Shashi and his wife Sandhya. (Sandy). Both are committed to provide

continuing quality services to the community as they as live in the town with their daughter Neha who is in Year-8 at the local district High School. The Pharmacy will add some additional features and services in the near future, these will be communicated to the public.



**Above: Sandy and Shashi Holla are enjoying the opportunity to invest in the Lake Grace community. Photo Rosie Timperley.**

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## Free NBN Information Session

You are invited to attend a presentation about the NBN. Mike Hendry has been appointed as the Independent NBN Adviser for the South West region of Western Australia and will be assisting small businesses and communities in their transition to the NBN until Dec. 2018.

**Still confused about the NBN ?**  
**What will happen if I do NOTHING ?**  
**How do I connect to the NBN ?**  
**Connected to the NBN but have PROBLEMS ?**  
**When can I get it?**



**At your Community Resource Centre**  
 via videoconference

**Monday, September 17 2018**

**10:30am - 12noon**





# WIFE Excursion to Harvey Beef

Claire Gray

On the 28<sup>th</sup> of August ten members of the Lakes WIFE branch travelled to Harvey for their annual WIFE excursion.

First up was a full tour of WA's largest beef processor, Harvey Beef. Starting in the packing room where beef is packaged for export and domestic markets which include Coles and Aldi, we made our way through to the kill floor. The tour concluded with an in-depth discussion on beef production and marketing WA produced meat.

In the afternoon we arrived at Ha Ve Cheese for a presentation on cheese production and finished off the day with wine tasting at Harvey River Estate.

On Wednesday we met with Megan Gooding from Three Farmers Quinoa. We learnt about their journey from successfully growing the ancient superfood in the Upper Great Southern, to constructing WA's first large scale quinoa processing plant.

Overall another informative excursion and we are all looking forward to the next one.

The Next Lakes WIFE meeting will be held on **Tuesday the 23<sup>rd</sup> of October** at the Lake Grace CRC.

This meeting will be dedicated to planning the 2019 WIFE seminar so bring your ideas along.

New members always welcome.

Claire Gray 0427 015 721

[lakeswife@outlook.com](mailto:lakeswife@outlook.com)

*WIFE is a not-for-profit group of like-minded women committed to improving their knowledge, decision-making skills and management of their complex farm businesses.*

**Photo: L to R: Lina Varone, Claire Gray, Karen Baker, Jill Fotheringham, Michelle Slarke, Janine Watson, Di Garard, Penny Willcocks, Naomi Duckworth & Paula Carruthers.**



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[www.kojonupvethospital.com.au](http://www.kojonupvethospital.com.au)

[kvc@kojonupvethospital.com.au](mailto:kvc@kojonupvethospital.com.au)



## First Aid Courses at Lake Grace

- Wednesday 10th October - 8:30 am to 4:30 pm

Bookings to be made and paid for prior to class date.

For further information contact Wheatbelt Office on 9621 1613 or email: [firstaidwheatbelt@stjohnambulance.com.au](mailto:firstaidwheatbelt@stjohnambulance.com.au)



## Lake Grace Weather



Date	Min	Max	Rain
29/8	6.1	13.9	2.4
30/8	6.3	13.6	1.8
31/8	6.3	13.3	
1/9	8.6	16.3	
2/9	7.3	18.0	
3/9	2.5	20.7	
4/9	7.0	18.1	
5/9	6.2	13.1	3.6
6/9	0.4	14.1	0.2
7/9	3.2	18.1	0.2
8/9	6.7	18.1	0.6
9/9	6.3	21.9	0.2
10/9	5.9	19.8	
11/9	2.8		

“You know you're in love when you can't fall asleep because reality is finally better than your dreams.”

— Dr. Seuss

## Defibrillator locations in Lake Grace

- **Liberty Roadhouse**  
cnr Stubbs St & South Rd  
Open 7 days 6:00am - 8:00pm  
publicly accessible AED
- **IGA - Lake Grace Plaza**  
Stubbs St (centre of town)  
Open 7 days 6am-7:45am 8:30am-5:30pm  
publicly accessible AED
- **Lake Grace Swimming Pool**  
Bishop St  
Closed as of 30th March 2018  
publicly accessible AED
- **St John Ambulance sub centre**  
Stubbs St  
Contact 000 in case of emergency

## South of Kalbarri & Kalgoorlie Watering Days

Last digit of your lot or house number	Your 2 scheme watering days are:
1	Wednesday and Saturday
2	Thursday and Sunday
3	Friday and Monday
4	Saturday and Tuesday
5	Sunday and Wednesday
6	Monday and Thursday
7	Tuesday and Friday
8	Wednesday and Saturday
9	Thursday and Sunday
0	Friday and Monday

You may water only once each day either before 9am or after 6pm.



# Growing Lake Grace Engineering

Suzanne Reeves



**Above: Cai MacDougall, Dejan Pravdic, Madis Hein, Cooper Earnshaw, Clint Earnshaw, Tracey Earnshaw, Cayson Earnshaw, Rob Glenn (TECOA Presenter)**

**Front kneeling – Barat Saifollahi, Neville Sparkham, Jaco Stols, Arnold Cruz**

**(Absent- Cody Earnshaw & Ken Peterson)**

Lake Grace Engineering started in 1999 with a staff of one, this being Clint. The business grew so quickly that Clint and Tracey were having to employ others to help.

In the last few years as they have branched further into product manufacturing and with the customer base growing rapidly Lake Grace Engineering have had the need to employ more and more staff. They currently have 13 employees, including Clint and Tracey.

As most businesses and organisations have found, it's very difficult to entice people to move to the country areas for work. Couple that with the need to find those with the correct skills for the job and you have a dilemma if you're trying to grow your business.

However they have had great success employing foreign residents through the Skilled Visa program. This has brought new families to the town who want to settle here into the community.

To help their staff further develop their careers and personal lives Clint and Tracey organised a professional development day; although this involved them closing their workshop down for the day they considered it well worth the investment. The all-day workshop provided workplace skills such as customer service, productivity, job costing and time management; the facilitator also touched on general personal finance and the traps to avoid.

With many of their staff having overseas backgrounds, this workshop was a great familiarisation process to help them steer their way through the Australian landscape both professionally and personally.

Looking at celebrating 20 years in business next year Lake Grace Engineering have a solid reputation that is becoming more widely known, having recently sold their first Seed and Super Bin interstate to Tasmania.

## Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

# Planning Your Funeral

Suzanne Reeves

Dying can be a stressful business, not so much for the person who died but certainly for those left behind. Hoping to alleviate some of that stress the lake Grace CRC held an 'Organising Your Funeral' information session with Ben Steicke from Dawsons Funeral Home in attendance.

The most important question is burial or cremation? Sadly many families arrive to organise a loved ones funeral and find that they don't even know the answer to that. From there it can go downhill and Ben recounts that a higher than expected percentage of families are in conflict before their loved one has gone to their final resting place.

Like many funeral homes Dawson's have a booklet that you can prefill. This booklet can be given to Dawson's and they can keep on file; alternatively, you can keep the booklet yourself or give to the family member who's most likely to be organising your final journey. Ben had left a number of these booklets with the CRC, we only have one left at this stage but will be organising more.

So what was the wisdom of Ben?

- Funeral insurance, is it worth it? A big fat no. If you want to put some money aside put it in a high interest bank account and let it build. Ben recounted one gentleman in his 80's who had paid over \$30,000 into funeral insurance; he feels obligated

now to keep on paying it. Another client had paid for years, one payment 18 months prior to their death had not gone through and although the payment for that month and the following 18 months continued the Insurance company refused to honour the claim; instead reimbursing the family 18 months of payments. Quite immoral.

- Funeral Bonds? A good way to go but remember the money is only available once you die. You can open with a minimum lump sum payment of \$500 and continue paying in or you can set up a payment plan (minimum of \$50). If you haven't got pots of money you might be better off reverting to that high interest bank account so that the money is available if you have another emergency.

- Prepaid Funerals? Dawson's don't do these.

Ben presented in a humorous and informative manner, and I'm sure everyone in the room gleaned some information. There wasn't a question off limits, with Ben happy to discuss costings (and how you can lessen these), types of ceremonies, oven temperatures (just checking that you're reading) and private property burials..

Now it's your funeral so why don't you help your family out and plan it!

## Have you told anyone about your funeral wishes yet?



To discuss pre-arranging your funeral or to make an appointment, call the friendly team at Dawsons. If you are unable to come into the Narrogin office, we are more than happy to come to you.

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Web: [www.dawsonsfuneral.com.au](http://www.dawsonsfuneral.com.au)



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- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
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Upcoming safeTALK training

Date: Thursday September 20th from 9:30am

Location: Lake Grace Community Resource Centre

Cost: FREE

To inquire or register, call 9865 1470

or email [lakegracecrc@westnet.com.au](mailto:lakegracecrc@westnet.com.au)

safeTALK works. Learn more and see the evidence at [www.livingworks.net/safetalk](http://www.livingworks.net/safetalk)

# Getting To Know...

By Rosie Timperley

1. Name: *Chad Stanton*
2. Occupation: *Chief Operations Officer at IGA*
3. Where in the world would you love to travel to the most? *Canada and Alaska*
4. Which actor or character would play you in a movie? *Adam Sandler in Happy Gilmore*
5. What is one thing that really annoys you? *Trying to greet a customer at the checkout to serve them while they're on their phone.*
6. If you won \$10 million in the lotto and chose to give some to charity, which one would you choose? *Royal Flying Doctor Service*
7. What is the most likely thing you would be doing in your spare time? *Hanging out with the three special girls in my life - Shelley, Ruby and Holly.*
8. Where would your dream vacation be? *Travelling all through America playing golf.*
9. If you could go forward in time or back in time, which would you choose and why? *Forward to see if they've invented a tablet so we don't need to shop for food.*
10. If you could only listen to the one musician again, which one would it be? *ACDC*



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**E: bevantaylor69@gmail.com**

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# WA Pasture and Livestock Update Lake Grace

## Wednesday 19 September 2018

**Starting at Royce Taylor's farm (17km south of Lake Grace),  
then the Lake Grace Sports Pavilion for lunch and the afternoon session**

The day will start in Royce's paddocks to inspect a range of medic pastures, saltland pastures and a 2014 sown paddock scale trial comprising a large range of annual legume pastures managed in a 1:1 crop:pasture rotation. He will be joined by Chris Poole from ALOSCA (nitrogen fixation in legumes), Angelo Loi from DPIRD (annual legume pastures) and Steve Carr from AgLime (soil pH and pastures). After the farm tour, we will drive to Lake Grace for lunch and the afternoon session.

Speaker	Afternoon topics
Ed Riggall : AgPro Management	Managing for high sheep profits in good & bad years. Chaff carts and sheep
John Young : Farming Systems Analysis Service	Merino Wethers – Prime Lamb, Hogget or Mutton?
Phil Nichols : DPIRD	New varieties of sub clover. Messina for wet and saline soils
Paul Sanford : DPIRD	Red Leaf Clover Syndrome update
Stuart Nagel : SARDI	Growing vetches
Anna-Lisa Newman: Varley Producer	Large scale adoption of serradella
Angelo Loi : DPIRD	Reducing crop fertiliser nitrogen with legume pastures
David Clegg : SeedNet	Tedera – an exciting new perennial legume
TBA	Confinement feeding for better pastures, crops and stock
Sarah Blumer : Murdoch University	Breeding resilient sheep. Boosting lamb survival.
Tim Watts : WALRC	Research and extension priorities for pastures and livestock
John Paul Collins : DPIRD	Livestock technology that saves time & makes money
Drinks	Courtesy of ALOSCA

**Time:** 9.45am for a 10.00 am start. 5.00pm finish.

**Cost:** \$30 (cash or cheque on the day. No credit card facility available)

**RSVP:** Phil Barrett-Lennard, 0429 977 042, phil@agvivo.com.au



Lakes Information &  
Farming Technology



# Charity Starts At Home

Suzanne Reeves

Kiwi (Kevin) Harradine has recently returned from a 8,000km round trip delivering 79 bales of hay to Gunnedah as part of the Rapid Relief Team's 'Operation Drought Relief'.

Established in 2013, by the Plymouth Brethren Christian Church (PBCC), RRT is an on the ground charity that channels their support into four key areas: youth, emergency services, homelessness, health and disability. Currently they're focussed on drought relief in NSW. On top of the 1268 tonnes they have already

donated, RRT has committed to another 100-150T of hay per week for the next 4-5 weeks for drought-stricken farmers in NSW.

Many transporters have donated their equipment and time to help with this initiative. Local freight companies Fyfe Transport and Stevemacs have both done the long haul delivery from WA to NSW.

Along with the farmers, support industries for the rural sector are also struggling with the drought having bitten hard into their bottom line.



*Fyfe Transport's Kevin Harradine enroute to Gunnedah.*

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# LAKE GRACE HEALTH SERVICE



providing 24 hour Emergency Health Care Services  
and Community Care Services to Lake Grace and the surrounding district

Telephone: **9890 2222** Fax: **9890 2202**

## Health and Activity Programs (Hospital, HACC and CHSP)

### Chair Aerobics

Every Tuesday

10.30am

Lakes Village Hall

(suitable for people with limited mobility)

FYI—Extended Care Nurse also attends most weeks

### 4th Friday Activity Day

Friday 28th September

10.00am—1.30pm

Lakes Village Hall

Activities, games, trivia

For catering please ensure you

RSVP by 25th September



### SwimAbility

Hydrotherapy sessions

at Narrogin Leisure

Centre each fortnight

are expected to resume

**Monday 1st October**

Leaving 8.30am from Village Hall



*Call the hospital on **ph: 9890 2222** during  
office hours for more information or to book  
for any of these activities.*

## Child Health Clinic

For all child health or immunisation  
enquiries please call Di Poultney at  
the Lake Grace Clinic

**ph: 9890 2246**

(located in the Medical Centre)



Allied health staff make visits to Lake Grace and  
Newdegate (ie Physiotherapist, Occupational  
Therapist, Speech Therapist, Dietitian)

**Physiotherapist—18th September**  
**Dietitian—18th September**

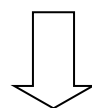
Contact Narrogin Primary Health to make an  
appointment ph: 9881 0385

If you would like to provide feedback on  
your health service experience we  
have **feedback forms** in the foyer that  
can be completed. Alternatively you  
can use the Patient Opinion website

**[www.patientopinion.org.au](http://www.patientopinion.org.au)**

All feedback is important, so we can  
strive to provide the best care  
experience possible for

all our clients.



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## Patient Opinion in 2 minutes



# Bits and Pieces

Kevin Seaman

I suppose after reading Bits and Pieces in the last edition, your comments could have been, "What? No funnies today?" So today's edition will contain a couple of extra jokes to make you LOL. But first as you know, I like to set you a challenge and today it's the game "Take the Older than Dirt Quiz - Do You Remember?" Here it is:

## "Older Than Dirt" Quiz Do You Remember?

1. Drive in movie theatres
2. Candy cigarettes
3. 45 RPM records
4. Party telephone lines
5. Soda pop machines with glass bottles
6. Brylcreem
7. Studebakers
8. Choo choo bars
9. Home economics class in school
10. 5 and dime
11. Metal lunchboxes
12. Books with records
13. Porphyry Pearl
14. Metal ice cube trays
15. Roller skate keys
16. Home milk delivery in glass bottles
17. Wax coke bottle candy

Now here are some funny or different ways of looking at things (or the uncertainty of the English language.)

Two guys were discussing popular family trends on sex, marriage and values. Stud said, 'I didn't sleep with my wife before we got married. Did you?' Leyroy replied, 'I'm not sure, what was her maiden name?'

A little boy went up to his father and asked, 'Dad, where did all of my intelligence come from?' The father replied, 'Well son, you must have got it from your mother because I still have mine.'

'Mr. Clark, I have reviewed this case very carefully,' the divorce Court Judge said, 'and I've decided to give your wife \$775 a week.' 'That's very fair, your honour,' the husband said, 'and every now and then, I'll try to send her a few bucks myself.'

A doctor examined a woman, took the husband aside, and said, 'I don't like the look of your wife at all.' 'Me

neither doc,' the husband replied. 'But she's a great cook and really good with the kids.'

An old man goes to the Wizard to ask him if he can remove a curse he has been living with for the last 40 years. The Wizard says, 'Maybe, but you will have to tell me the exact words that were used to put the curse on you.' The old man says without hesitation, 'I now pronounce you man and wife.'

A blonde calls Delta Airlines and asks, 'Can you tell me how long it'll take to fly from San Francisco to New York City?' The agent replies, 'Just a minute...' 'Thank you,' the blonde says and hangs up.

Two Mexican detectives were investigating the murder of Juan Gonzalez. 'How was he killed?' asked one detective. 'With a golf gun,' the other detective replied. 'A golf gun? What is a golf gun?' 'I don't know. But it sure made a hole in Juan.'

Moe: 'My wife got me to believe in religion.'

Joe: 'Really?'

Moe: 'Yeah. Until I married her, I didn't believe in Hell.'

A man is recovering from surgery when a nurse asks him how he is feeling. 'I'm okay but I didn't like the four letter word the doctor used in surgery,' he answered. 'What did he say?' asked the nurse. 'Oops,' the patient replied.

While shopping for vacation clothes, my husband and I passed a display of bathing suits. It had been at least ten years and twenty pounds since I had even considered buying a bathing suit, so I sought my husband's advice. 'What do you think?' I asked. 'Should I get a bikini or an all-in-one?' 'Better get a bikini,' he replied, 'you'd never get it all in one.' He is still in intensive care.

And there you have it for this edition.



## Do you have a special tree in your life? Does it grow within the Lake Grace town boundary?

Lake Grace LCDC (Land Conservation District Committee) is wanting to find that special dozen. Maybe it's the last of a few locals, perhaps it's a rather special 'newcomer', maybe it gave you shelter while you waited for a friend, it could be pretty....

Email the location of your special tree and why it is special to [lakegracecdc@westnet.com.au](mailto:lakegracecdc@westnet.com.au)

# Moora Saved, Thanks to the Federal Government

Media Release - ICPA

The Isolated Children's Parents' Association of WA (ICPA WA) welcome the news that Moora Residential College will remain open.

State President, Tash Johns said "it is welcome news for the Moora Community and ICPA members throughout the State who were affected by the proposed closure."

"We congratulate all involved, especially the Shire of Moora and The Save Moora College Campaign, for their commitment to finding a working solution that has resulted in sustaining 'educational access and outcomes' for the Central Midlands Senior High School and the Residential College. Thank you to the Federal Government for securing the capital grant, and the State Government for committing to provide the necessary ongoing recurrent funding to keep it open." Ms Johns said.

ICPA WA still have concerns for the future of the five regional camp schools, Landsdale Farm School and the 20% profits removed from the WA Agriculture College Trust Fund. ICPA would like to see a reversal to all Regional Education Cuts announced in December 2017.

With the management of the five regional Camp

Schools still up in the air, families throughout WA are still concerned on the future of these schools and if they will continue to operate as the third school term draws to a close.

ICPA will continue to advocate for regional parents and students in accessing education. Education is a core role of the WA State Government, as such we appreciate their ongoing commitment.

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## Shire of Lake Grace

## Community News



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Email: shire@lakegrace.wa.gov.au

*CEO's Corner*

**Ongerup Winter Sports Association – Newdegate**  
Big congratulations to the Newdegate Community who hosted the Grand Finals on Saturday 1 September, there was a huge crowd and the facilities were well presented. A great effort for all involved. Congratulations also to the local teams that came out winners on the day, a great finish to your season.

**Newdegate Machinery Field Days - 5 & 6 September 2018**

The annual Newdegate Machinery Field Days event was held on Wednesday 5 and Thursday 6 September.

The theme of this year's Shire display hosted by our Councillors and Shire staff was centered on our Community Strategic Plan and our Economic, Environment, Social and Leadership Objectives. It was a great opportunity for our community members to get some 'face time' with our Councillors and staff and we certainly enjoyed meeting and interacting with you all.

Although the weather wasn't great (I still can't get over how cold Newdegate can be) it was a fantastic two days. We would like to extend our compliments and thanks to the Newdegate Machinery Field Days Committee and to all of the volunteers for the hard work and effort that goes into making this such an enjoyable and successful event every year.

Thank you also to all of the Shire staff and contractors involved with the town site maintenance and preparation of our facilities, ensuring that Newdegate was well presented to all of our visitors.

**Art Acquisition Prize... and The Winner is.....**

Congratulations to Judy Stewart who is the winner of the 2018 Shire of Lake Grace Art Acquisition Prize. Cr Peter Stoffberg and Cr Roz Lloyd were our Shire representatives and took charge of selecting our winner on Tuesday 04 September. The winning artwork is now on display at the Shire Office.

**Council****Special Council Meeting – Friday 31 August 2018**

Items of business considered by Council at this meeting included:

- Supply of Bitumen and Sprayed Bituminous Surfacing – Request for Quotation (RFQ 2018-01)
- Supply of Cement Stabilisation and Wet Mixing Services – Request for Tender (RFT 2018-01)

- Maintenance Grading – Request for Tender (RFT 2018-02)
- Gravel Pushing & Stockpiling – Request for Tender (RFT 2018-03)
- Waste Collection Services – Request for Quotation (RFQ 2018-02)
- Supply and Delivery of Aggregate – Request for Tender (RFT 2018-04)

**Special Council Meeting – Wednesday 05 September 2018**

The item of business considered by Council at this meeting was:

- Supply of Preparation Repairs Prior to Road Sealing Services – Request for Tender (RFT 2018-05)

**WALGA Central Country Zone Meeting – Friday 31 August 2018**

On Friday 31 August, Shire President Cr De Landgraftt, Shire Deputy President Cr Hunt and I attended a WALGA Central Country Zone Meeting, hosted by the Shire of Wickiepin. The items of business considered at this meeting included:

- Policy for Restricted Access Vehicles on Roads Not on an Approved Network during Harvest
- Local Government Act Review Phase 2
- Road Safety Audit Requirement for Black Spot Submissions
- Australian Local Government Association Election Initiative Summary
- Department of Water and Environmental Regulation Discussion Paper on a Cost Recovery Approach
- Election Caretaker Period
- Approval Conditions for Roads on the RAV and AMMS Networks

**Road Works**

The Construction Crew and General Maintenance Staff have carried out the following work:

- Lake Grace Tip – tip clean up
- Slarke Road - carting of culverts and plant, cleaning of Slarke Road Pit, back slopes, tree removal, grading and rolling
- Newdegate Recreation Ground Maintenance – tank pad
- Rural Road Signs and Guideposts

*Continued over ..*

Shire of Lake Grace Community News *Cont.**CEO Corner Cont.*

- Biddy Camm Road – cleaning of back slopes
- Carting of gravel to Slarke Street

The Lake Grace Maintenance Grader has carried out grading work on the following roads:

- Biddy-Camm Road
- Slarke Road

Road inspections have also been carried out on the following roads:

- Burns Road
- Green Road

The Newdegate Maintenance Grader has carried out grading work on Shalders Road

**Parks and Gardens**

The Town Maintenance Crew have carried out the following work:

- Lake Grace Swimming Pool – tree branch removal, mowing and blowing
- 3 Clark Avenue, Lake Grace – final clean of yard, mowing of lawns and general garden maintenance
- Town Street Maintenance – tree branch removal, general tidying up of town, mowing, whipper snipping, spraying of laneways and verges and slashing of Stubbs Street verges
- Lake Grace Recreation Ground – whipper snipping, mowing of hockey oval, removal of fallen tree branches from around the ovals and moving of blue metal
- Lake Grace Playgrounds – removal of playground at Morrison Avenue
- Lake Grace RSL Hall Garden – mulching at the back of the Hall
- Lake Grace Railway Building – general garden maintenance and weeding
- Varley Pavilion – general garden maintenance
- Varley Townsite – spraying

**Ordinary Council Meeting**

The next Ordinary Council Meeting will be held:

**Date: Wednesday 26 September 2018**

**Time: 3:00 pm**

**Location: Council Chambers**

**1 Bishop St Lake Grace**

*Members of the public welcome*

A minimum of 15 minutes is set aside for public questions time, giving members of the public an opportunity to ask questions relating to Shire activities.

- Newdegate Field Days – clean and drop off bins and bin collection

**Building & Maintenance**

The Building and Maintenance Team have carried out the following work:

- 6 Banksia Place, Lake Grace – kitchen upgrade
- Lake Grace Swimming Pool – preparation for drainage works, including removal of carpets and paving
- Newdegate Pavilion – maintenance and inspection ahead of Field Day event
- 3 Clarke Avenue, Lake Grace – air conditioner fault and maintenance to tile fire
- Lake Grace Public Toilets – water leak
- Lake Grace AIM – continuation of building movement monitoring

*Denise Gobbart*  
Chief Executive Officer

**Pension and Senior Card Advice**

Under the Rates and Charges (Rebates and Deferrals) Act 1992, the Local Governments are required to periodically review all pensioners.

If any of the details checked do not match, the claim may be rejected and concessions may be amended or cancelled.

Therefore, some things that pensioners and seniors may need to consider and advise the Shire about are:

- Do I hold a Commonwealth Seniors Health Card as well as a Seniors Card and am I only registered at the Shire with my Seniors Card?
- Has my partner also now received a card and we have not completed a joint application yet?
- As I am now not working more than 25 hours per week and am over 60, have I applied for a Seniors Card yet?
- Has the ownership of my property changed recently?
- Have I moved from one property to another and not made a new application for concessions with Water Corporation yet?
- Has my spouse ceased occupation of the property and I have not completed a new application?

If you work more than 25 hours per week, you are no longer eligible to have the Seniors Card and must return the card to Department of Community Services with a note advising them of your situation.

Unfortunately if concessions are cancelled, pensioners/seniors do not get their rebates again until new applications are made.



Shire of Lake Grace Community News *Cont.*

## Office Opening Hours

Monday - Tuesday - Wednesday - Friday

8.30am - 4.30pm

Thursday 8.30am - 4.00pm

Staff can be contacted by phone between 8am - 5pm.

## Transport &amp; Licensing

All licensing payments are to be made in person at the Shire of Lake Grace Administration building.

**Monday, Tuesday and Wednesday 8.30am - 4.15pm**

**Thursday and Friday 8.30am - 4.00pm**

As an agency we process the majority of transactions, including; renewals, transfers, number plate orders, boat registration renewals and new licence applications.

Please ensure you arrive at the counter with sufficient time for your transaction to be completed by closing time, this is because it is necessary for staff to reconcile Department of Transport transactions each day.

Please keep in mind that farm equipment and Learners Permit transactions can take up to 45 minutes or more.

## Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

**Friday - 5 October 2018**

**Friday - 2 November to be confirmed**

Bookings are essential for all Practical Driver's Licence Assessments and we advise that there is a waiting list, so booking in advance is highly recommended.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information visit [www.transport.wa.gov.au](http://www.transport.wa.gov.au).

## Building Surveyor

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

**Tuesday 18 September 2018**

**Tuesday 2 October 2018**

For an appointment contact Josiah on 0438 811 944.

## Environmental Health Officer

For an appointment with the Shire's Environmental Health Officer, Will Pearce, please contact the Shire on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

## Tip Open Hours

## Lake Grace

Monday & Wednesday 9am - 2pm

Saturday & Sunday 9am - 4pm

## Newdegate

Wednesday 9am - 1pm

Saturday 9am - 1pm

## Lake King &amp; Varley

Open Every Day

## Waste &amp; Recycle Pickup

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

**Recycling** is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
17 September	24 September
1 October	8 October

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.

## Office Opening Hours

## Lake Grace Public Library School Place Absolon St

Monday - Thursday 9am - 5pm

Closed for lunch 12.30 - 1pm

## School Holidays

Tuesday & Thursday 9am - 5pm Lunch 12.30 - 1pm

## Newdegate Public Library Collier St

Monday - Thursday 8.30am - 4.30pm

Closed for lunch 12noon - 1pm

Friday 9am - 2pm

## Lake King Library Newdegate/Ravensthorpe Rd

Tuesday and Thursday 8.30am - 3.30pm

*Everyone welcome*



Check out our Facebook page [www.facebook.com/ShireofLakeGrace](https://www.facebook.com/ShireofLakeGrace)



Shire of Lake Grace Community News *Cont.***VACSWIM Enrolments**

VacSwim classes in Newdegate and Lake Grace will be held from:

Saturday 15 December 2018  
until Friday 21 December 2018

Your children can join in the fun of learning to swim for just:

- \$7.00 per child for a five day short program
- \$13.00 per child for all other programs.

It's even cheaper if you have three or more children:

- \$18.00 a family for a five day short program
- \$35.00 a family for all other programs.

The family enrolment discount only applies to three or more immediate family members or a blended family living permanently at the same address (proof may be requested).

Separate entry fees may be required at pool centres for participants and accompanying family members.

**Enrolments Close:** Sunday 4 November 2018

**Community Citizen of the Year Awards**

**The campaign for Community Citizen of the Year Awards 2019 will officially open on 1 September.**

**There are four categories  
Citizen of the Year**

A person you believe has delivered outstanding service to his or her community.

**Citizen of the Year – Youth.**

A young person you believe has delivered outstanding service to his or her community. To be eligible, the person must be under 25 years of age on January 26, 2018.

**Citizen of the Year – Senior**

An older person you believe has delivered outstanding service to his or her community. To be eligible, the person must be over 65 years of age on January 26, 2018.

**Award for Active Citizenship**

A group doing outstanding work or for an event staged in the community during the past year.

**NOMINATIONS OPEN 1 September 2018  
CLOSE 31 October 2018**

**Hirer Responsibility when using  
Shire Public Buildings**

All people, groups, sporting clubs who hire public buildings are responsible for the cleaning of the facility once used.

If tables and chairs are set up by the group they must also be packed away. All rubbish is to be put into bins provided. Hirers are responsible to ensure all stoves are turned off. Hirers are responsible for any damages incurred while hiring facility.

Shire employed cleaners are responsible for the general cleaning of a facility, they are not responsible for cleaning up and putting away tables and chairs after a function by a hirer.

Affiliation fees are set up to help cover some of the costs in maintaining the buildings for the hirers use which includes but not limited to; general cleaning, water and electricity usage.

**Cat Trap Hire**

If you are being kept awake at night by singing cats or ones that are fighting please be aware that the Shire has a cat trap available for hire, \$50 bond which will be returned to you upon the return of the cat trap.

**State Library Online**

Did you know that library members have access to a state-wide collection of eBooks, eAudio, eMagazines and video streaming, all for free?

By signing in with their library card, members can enjoy BorrowBox and OverDrive for a wide selection of bestselling eAudiobooks and eBooks, while RB Digital offers current and back issues of popular eMagazines. Kanopy delivers one of the largest collections of indie films, classic cinema, festival and educational documentaries right to your device or compatible TV!

Please visit the Shire website in the library tag at [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au) for more details on how to access and enjoy these free resources.

**Power Outages**

Customers affected by power outages lasting 12 continuous hours or more, may be eligible for an \$80 service standard payment.

To find out if you are eligible go to: <https://westernpower.com.au/power-outages/make-a-claim/>



Check out our website [www.lakegrace.wa.gov.au](http://www.lakegrace.wa.gov.au)



# Get the Best out of Comparator Websites

*Iris Thomas*

Using comparator websites can seem like the most efficient way to get a good deal when consumers are faced with a wide variety of options to choose from.

But we all need to be aware of how these sites actually work to make sure we do get the best price, because the way the information has been selected and displayed may not be immediately transparent.

Under the Australian Consumer Law (ACL), you have the right to expect that comparator websites will provide truthful and accurate representations, statements or claims.

The Australian Competition and Consumer Commission (ACCC) has instituted proceedings in the Federal Court against trivago N.V. (Trivago) alleging it made misleading hotel pricing representations in its television advertising and website, in breach of the ACL.

The ACCC alleges that from at least December 2013, Trivago ran television advertisements presenting its website as an impartial and objective price comparison service that would help consumers identify the cheapest prices for hotel rooms. However, Trivago's website prioritised advertisers who were willing to pay the highest cost per click fee to the company.

Trivago's website aggregates deals offered by online

travel sites and hotel proprietors for available rooms at a hotel and then highlights one price out of all their advertisers, which the ACCC alleges created an impression that the highlighted price was the best deal. However, in many cases the highlighted price was not the cheapest available at that hotel.

So to get the best out of comparator websites you need to:

- Know what is being compared. The website may not compare all the offers or products in the market, so check what's on offer across a range of comparator sites.
- Check if there's a commercial relationship. The website operators may have commercial relationships with, or receive financial inducements from, listed businesses that can influence recommendations.
- Identify the site owner. Sometimes a comparator website is owned and operated by the same business that owns the products being compared.
- Work out what you need. Before you start searching, decide what non-price factors are

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VEHICLE CHECKS WILL OCCUR

## Get the Best out of Comparator Websites (cont.)

important to you such as hotel location or a direct flight rather than one requiring a stopover.

- Check offer availability on other websites including the service provider's website. Comparator website operators allow service providers to add or remove offers in a number of ways, such as placing restrictions on how many products can be sold in a month on that site.
- Double-check what's covered. Product classification can vary and you may need to check the websites of the service providers for the full details.
- Check the site's privacy policy. Some operators use your information for purposes other than comparing products. Make sure you are comfortable with how your data will be used.
- Work out the total cost. Be aware that these websites may compare the headline price only, with additional fees and charges only disclosed further down the track.

There are a number of comparator websites operated by government agencies. These websites are designed to provide consumers with industry-wide information and they are free of charge.

For more information about your consumer rights visit

our website at [www.consumerprotection.wa.gov.au](http://www.consumerprotection.wa.gov.au), call 98428366 or 1300 30 40 54 or email [consumer@dmirs.wa.gov.au](mailto:consumer@dmirs.wa.gov.au).



### ***Sunday Lunch @ 'The Vineyard'*** ***16<sup>th</sup> September***

#### **MAINS - \$25**

**Bangers 'n' Mash (gf)**

Pork & Fennel Sausages on a bed of mash with apple cider gravy and steamed veg

**Rosemary Marinated Lamb (gf)**

Served with roast potato & steamed veg

**Spinach, Ricotta & Sundried Tomato Lasagne (v)**

Served with side salad

#### **DESSERT - \$10**

**Cherryripe Cheesecake**

**Citrus Tart (gf)**

**Mini Pavlova (gf)**

*Bookings Essential by Friday 14<sup>th</sup> September*

*0447 651 418*



# Reporting of Work-Related Hazards and Incidents

## Media Release

WorkSafe has reminded workers and the community that hazards and incidents in their workplace can be anonymously reported by telephone or in writing.

Reports can also be made online 24 hours a day, seven days a week, but it is necessary to provide contact details – which will not be divulged to the employer - so inspectors can make contact to obtain further information.

WorkSafe WA Commissioner Ian Munns today reassured workers that reports and complaints could be made to WorkSafe in confidence.

“There are a number of ways in which workers can report workplace hazards or incidents to WorkSafe without fear of their identity being disclosed to others,” Mr Munns said.

“WorkSafe encourages a consultative approach in workplaces, and hazards and incidents should initially be reported to the employer or an elected safety and health representative.

“But if consultation does not resolve the issue, or if a worker does not feel comfortable reporting within the workplace, they can report the matter to WorkSafe and request an inspector’s intervention.

“Online reporting allows reports to be made at any time of day or night, from home or any other location if the person feels they need privacy.

“Contact details must be given so an inspector can follow up the report, but the inspector will not divulge the source of the report when they visit the workplace,” he said.

“When contact details are provided, a reference number is given that confirms the report has been made and allows the person making the report to add further information at a later date or speak to an inspector about the progress of an investigation.

“It is sometimes reported that it is not possible to anonymously report hazards or incidents to WorkSafe or to keep a report confidential, but that is not the case.

“We strongly urge anyone in a workplace to report hazards and incidents with confidence that their privacy will be protected.”

Further information on making a report, along with a link to the online reporting service, can be found on WorkSafe’s website at [www.worksafe.wa.gov.au](http://www.worksafe.wa.gov.au).

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# Biosecurity of WA's Agricultural Industries

Western Australian producers and other stakeholders in the dairy, beef, grain/seed, hay, sheep and/or goat industries and respective supply chains are invited to apply for positions on Industry Funding Scheme management committees.

Industry Funding Schemes enable agricultural industries to raise funds to address priority pests and diseases at a whole-of-industry level.

The schemes are industry-driven and overseen by a management committee made up of producers and other stakeholders with appropriate industry knowledge and expertise.

Members of the committees are appointed by the Minister for Agriculture and Food. Support is provided to the schemes and management committees by the Department of Primary Industries and Regional Development.

There are vacancies on the following management committees:

- Cattle Industry Funding Scheme (1 position)
- Grains, Seeds and Hay Industry Funding Scheme (3 positions)

- Sheep and Goat Industry Funding Scheme (2 positions)

Committees meet quarterly on dates agreed by members, and members are remunerated, including sitting fees and travel expenses.

The committee terms of reference, the selection criteria for members of the Industry Management Committees, and guidelines for committee member nominations are available on the Department of Primary Industries and Regional Development website at [agric.wa.gov.au](http://agric.wa.gov.au). Search for 'Industry Management Committee terms'.

The Western Australian Government is committed to ensuring diversity on Government boards and committees, and in particular, increasing the representation of women to 50 per cent by 2019.

Expressions of Interest should consist of a two page letter addressing the [selection criteria](#) in addition to a current resume of a maximum of two pages.

Submit your Expression of Interest for one or more of the management committees to Rebecca Heath by **5.00 pm Thursday 27 September 2018**.

## What's Happening at the Pingrup CRC...

Writing Workshop with Michelle Slarke –  
Thursday, Sept 13th, 9.30 am - 11.30 am

Truck Courses - Week commencing 17th Sept

Paint Pouring Workshop with Boom Gel Stain –  
Sun, Oct 14, 10:30 am – 12:30 pm

Bloom Festival closing event "Bye Bye Bloomin' Goodbye" - Sat, Oct 20th, 2018 (market stalls, family entertainment, Silo art)

Barista Course – Oct 23rd & 24th, 9 am – 3 pm

If you are interested in any of the above please phone the Pingrup Community Resource Centre on 9820 1101

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"To live is the rarest thing in the world.

Most people exist, that is all."

— Oscar Wilde



# Puzzles & Stuff

Some words from the 30th August edition of Boggle

Answers to 30/082018 Sudoku

Not sure if  
anyone noticed  
but I forgot to put  
Boggle in again  
last week! Sorry!



2	9	3	4	7	1	8	5	6
1	8	4	5	2	6	3	7	9
6	5	7	8	9	3	4	1	2
9	3	5	2	1	8	7	6	4
7	6	1	3	5	4	9	2	8
4	2	8	9	6	7	1	3	5
3	1	9	6	4	2	5	8	7
8	4	2	7	3	5	6	9	1
5	7	6	1	8	9	2	4	3

3	5	9	1	8	4	6	2	7
6	1	7	2	3	5	9	8	4
8	4	2	9	6	7	5	3	1
7	6	8	5	2	1	3	4	9
4	9	1	3	7	8	2	5	6
2	3	5	4	9	6	7	1	8
5	8	3	7	4	9	1	6	2
9	2	4	6	1	3	8	7	5
1	7	6	8	5	2	4	9	3

D	N	A
S	A	R
C	L	E

This week's Boggle

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## Trivia Questions

See next week's edition for the answers

- Which worldwide phenomenon just completed one of the most successful Las Vegas concert residencies ever to be held?
- What was Sir Donald Bradman's batting average?
- What Australian company is the largest surfwear manufacturer?
- What animal featured on the 2 cent coin?
- In what year was decimal currency introduced in Australia?
- Which word goes before vest, beans and quartet?
- Where would you find the Sea of Tranquility?
- Which kind of bulbs were once exchanged as a form of currency?
- Name the country where you would find the Cresta Run?
- In needlework, what does UFO refer to?

Answers from 30/08/18

- Moscow
- Zaire
- The ear and its diseases.
- Hamlin
- The Smurfs
- Lanolin
- Gene Kelly
- 2143
- Sydney and Perth
- Mountain goat

## Stay On Your Feet

### Free Seniors Program

Tuesday  
10:00 AM  
At the  
Shire Hall



# Linking Young People With 'Real Facts' on Drug Use

## Media Statement

Public transport, social media and radio will be sharing the message that Drug Aware is Western Australia's source of credible and accurate information when it comes to illicit drugs use and related harms, with a new education campaign set to launch today.

The new Drug Aware 'Real Facts' campaign seeks to increase awareness of the potential health, social and legal consequences of drug use, by linking young people with accurate information about illicit drugs. In 2016, about one in six people aged 14 years or older used an illicit drug or misused a pharmaceutical drug in Western Australia. About one in three young people aged 20 to 29 years reported an increased rate of use.

However, recent data shows that young people are seeking information and increasingly using Drug Aware as a credible source. The McGowan Government is committed to ensuring young people have access to credible information and education on the serious harms associated with alcohol and other drugs as research shows young people are the most at risk of harm, when it comes to drug use, which can impact the rest of their lives.

The campaign is one part of a comprehensive approach in WA that aims to prevent and reduce harmful alcohol

and other drug use, and provide treatment and support to those who need it.

The campaign will run until October 14, 2018. Visit <http://www.drugaware.com.au> for more information or to see the campaign resources.

If you, or someone you know, needs help contact the Alcohol and Drug Support Line on (08) 9442 5000 or 1800 198 024 (Country)

## Comments attributed to Mental Health Minister Roger Cook:

"Drug Aware is Western Australia's factual and credible source of information that highlights what drugs are, what they are made of, and the effects they can have on your mind and body.

"The last thing we want is our young people receiving false or misleading information about drugs, either from friends, or elsewhere on the internet.

"Ultimately, we don't want our young people to be taking illicit drugs at all, and the more we can provide this accurate information to young people, their schools, and their parents, the more likely we are to prevent illicit drug use and minimise harm in the community."

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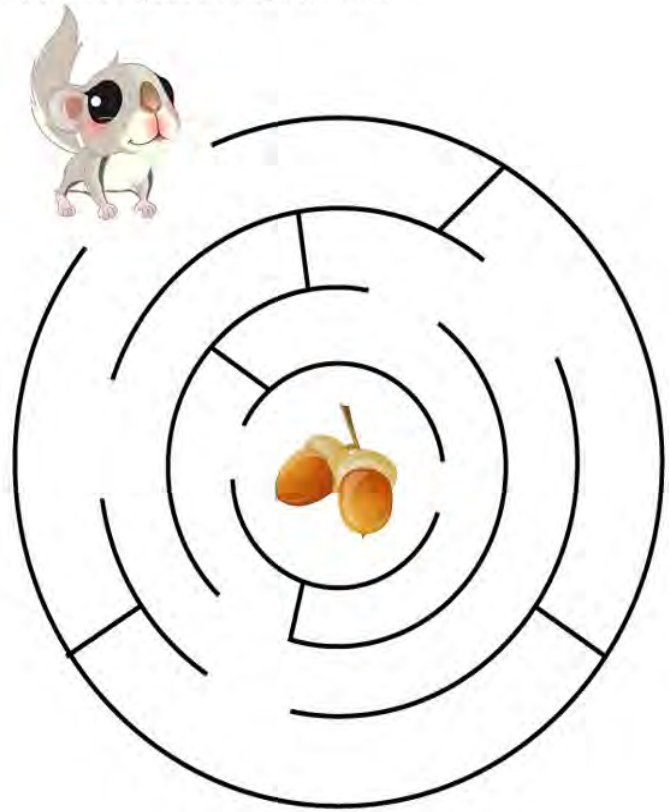
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## Children's Activity Page

HELP THE SQUIRREL FIND THE NUT.



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# It's Swooping Season

[www.abc.net.au](http://www.abc.net.au)

**Forget fake eyes and spiky helmets — if you want to avoid being attacked by magpies, just make an effort to be friends with them.**

Swooping magpies are common in Australia at this time of year, as male birds attempt to protect eggs and chicks in their nests from predators.

Official government websites give tips to avoid being swooped and a crowdsourced online map tracks reports of swooping magpies nationwide. Some people go to great lengths to deter magpies from swooping, wearing fake eyes on the back of their head to fool the birds into thinking they are being watched.

But a magpie "will only swoop when he doesn't know somebody", said Gisela Kaplan, emeritus professor in animal behaviour at the University of New England and author of *Bird Minds*.

"We know that magpies remember and recognise human faces and they will remember them for years," Dr Kaplan told ABC Radio Melbourne's Sami Shah and Jacinta Parsons.

Dr Kaplan said that once a magpie knew you and judged you to be a nice person, you would have earned a friend for life.

"They will form very long friendships, like dogs," she



said.

On the other hand, if you are mean to a magpie it will bear a grudge for a long time.

Schoolchildren and others who wear a uniform may suffer the consequences if someone else wearing the same uniform has attacked the bird or thrown stones at them.

And if you haven't yet had time to make a magpie's acquaintance, you can avoid being attacked this spring by keeping your distance from nesting areas and not running if you are swooped.

It seems that despite their reputation for attacking passers-by, magpies have many fans — and we're not just talking Collingwood supporters.



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[bryce@centralwesttransport.com](mailto:bryce@centralwesttransport.com)



# Beneficial Garden Insects

<https://www.lowes.com/projects/lawn-and-garden/recognize-beneficial-insects/project>

Beneficial insects help manage pest populations in the garden. Greenhouse and orchard operators have used them to control pests for years. The key word is **control** - complete **prevention** of insect pests is not a realistic expectation. Pesticides are efficient; however, spraying eliminates not only the pests, but also the beneficial insects. In addition, pesticides also require regular applications, but a population of good bugs provides ongoing pest control service.

Beneficial insects operate by one of three methods:

1. **Predators** control insect pests by feeding on them. Some predators eat hundreds of pests in a single day.
2. **Parasitic** insects lay their eggs in, on, or near their chosen victim. Their larvae feed on and eventually kill their host. Smaller numbers of pests are destroyed by parasites than predators, but the outcome is the same.
3. **Pollinators**, especially bees, ensure the flowering and fruiting of the garden. Without this group's contribution, there would be no gardens.

## How to Attract Beneficial Insects

You have more good bugs than you imagine in your garden already; otherwise, your garden probably wouldn't be there. If you want more good bugs, attract them with plants. Pollen and nectar-producing plants, especially perennials, offer shelter and food. Some examples include catnip, dill, parsley, yarrow, daisies, alyssum, cilantro, Queen Anne's lace, thyme, clover and goldenrod.

Water is also a welcome addition during hot dry times. A saucer of water with a stone placed in it for insects to rest on is a simple water source. Keep the water fresh to prevent mosquitoes.

Your six-legged mercenaries can also be purchased from specialty insect farms. They're often shipped as eggs or larvae, so don't expect them to pounce on the bad guys immediately. Introducing beneficial insects to your garden is a long-range remedy, not an immediate solution. It may take a few weeks for the newcomers to get busy. Even then, they may eat the pests, then die or fly away. Ideally, they will eat the pests, stick around and raise a family, beginning a resident population.

Follow the supplier's instructions carefully to ensure the most efficient time and method for establishing your new residents.

Beneficial insects help in the battle against garden pests, but don't expect complete eradication of the enemy. In spite of your efforts, occasional spraying may be necessary.

## Common Beneficial Insects

All of the insects listed below are predators except for the Tachinid Fly and Trichogramma Wasp – they are parasitic.

**Assassin Bug:** They earn their pretty cool name by sneaking up on and attacking their prey. Assassins are up to 1 inch long and are identified by their long head and curved beak. They can also inflict a painful bite on humans. Assassin bugs prey on mosquitoes, flies, caterpillars, beetles and anything else that moves.

**Ground Beetle:** Ground beetles are up to 1 inch long, with black or brown shells. They like to hide under yard debris and loose bark. There are many varieties and shapes. They are welcome consumers of cutworms, maggots, snails and slugs.

**Lacewing:** Adult lacewings are about 3/8 inch long. Their delicate wings easily identify them. They eat aphids, thrips, lice and other larvae.

**Ladybug or Ladybeetle:** The larvae resemble alligators and are just as ravenous as the more easily recognized and familiar adult beetles. They eat aphids, thrips, tree lice and other larvae.

**Praying Mantis:** Fascinating to observe, the praying mantis can grow up to four inches long. There is some debate about keeping praying mantis since they will eat anything, including their own kind.

**Soldier Beetle:** About 1/2 inch long, they resemble lightning bugs. Soldier beetles primarily eat caterpillars, bean and potato beetles.

**Tachinid Fly:** Similar to a house fly, only hairier, tachinids tend to stay near plants, not people. They attack moths, bean and potato beetles, grasshoppers, caterpillars and cutworms.

**Trichogramma Wasp:** Don't let the word wasp scare you — this species is too small to see but is a valuable control. This wasp preys on worm larvae, borers, webworms, leafworms and cutworms.

## What's Happening at the Newdegate CRC...

**MoveSmart** - Every Thursday at 9am.

Join us for an hour long Pilates based exercise class. Come along for a cuppa and some morning tea to support this wonderful cause.

**An afternoon with Sabrina Hahn** - 8th October

**Agrimaster Course** - 11 October

**Fermentation and Gut Health Workshop** - 18th October

For more information please call 9871 1791

# Awards Call to Recognise Outstanding Contribution by Rural Women

## Media Release

Leading and inspiring rural and regional women in Western Australia are encouraged to step forward for the 2019 Rural Women's Award.

The prestigious annual award recognises the tremendous role women play in rural industries, businesses and communities.

The WA winner will receive a \$10,000 bursary to drive their project vision, and gains access to professional development and alumni networks.

The Rural Women's Award is an initiative of AgriFutures Australia, supported in Western Australia by the Department of Primary Industries and Regional Development.

Nominations are now open and close on Wednesday October 31, 2018. More information is available at <http://www.agrifutures.com.au/rwa>

## Comments attributed to Regional Development Minister Alannah MacTiernan:

"We have seen many accomplished WA women win this award and go on to be inspiring champions for their industry and community.

"This year's WA recipient, Darrylin Gordon, is a Jaru cattlegwoman from Halls Creek who will compete at the national awards in Canberra next month.

"Darrylin works to empower her people and is using her award bursary to develop a program of work orientation and mentoring at Lamboo Station.

"Darrylin, like many of our recipients, has shown that location is no barrier to making a difference and driving prosperity in regional Western Australia.

"Women in regional Western Australia who are ready to take the next step in becoming future leaders and role models can nominate now for the 2019 WA AgriFutures Rural Women's Award."



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# Old Silos Are The New Sight To See

## Media Release

Western Australia's Wheatbelt and Great Southern regions have major new tourist attractions, after the transformation of three huge grain silos into major works of public art, creating part of the FORM public Silo Trail.

Deputy Prime Minister, Nationals' Leader and Minister for Infrastructure, Transport and Regional Development Michael McCormack said the Federal Government's investment of \$280,000 towards the art trail would help boost tourism in the Wheatbelt and Great Southern.

"These new murals in Albany, Newdegate and Pingrup are in addition to three already-existing works, meaning visitors will be able to follow this tourist trail to discover new artworks and new towns, boosting the numbers of tourists to the Wheatbelt and Great Southern," Mr McCormack said.

"We are committed to ensuring regional areas continue to thrive and investing in the culture and arts of our regions not only improves their marketability but also helps these areas create a new and stronger sense of identity."

Western Australian Minister for Regional Development Alannah MacTiernan, who officially opened the Silo Trail at Newdegate today, said the project had commissioned artists from around Western Australia, in addition to other national and international artists.

tion to other national and international artists.

"This fabulous project is putting this region on the map and along with the murals, a cultural tourism toolkit has been created for these regions to help them market the art trail, including walking maps and promotional materials," Ms MacTiernan said.

"This project has already supported 12 jobs during its initial stages, and we expect it will continue to contribute to the economic prosperity of the Wheatbelt and Great Southern regions." Federal Member for O'Connor Rick Wilson, who attended the official opening event in Newdegate, said the project showcased the stories and voices of community champions, rail workers and grain growers. "Behind each of these fantastic murals is an even more fascinating story of agriculture, industry and the livelihoods behind this beautiful part of the world," Mr Wilson said.

"The project also included the creation of three short films to document and celebrate the project so people can understand how these once-industrial sites have been brought to life."

This project was funded by the Australian Government (\$280,000), Lotterywest (\$190,000), CBH Group (\$320,000) and Western Power (\$100,000)



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# World Clean Up Day

<https://www.worldcleanupday.org/>

Millions of volunteers in 150 countries uniting to clean up the world in a single day. Be part of the biggest civic action in human history, and help launch a cleaner future. On 15 September, volunteers and partners worldwide will come together to rid our planet of trash – cleaning up litter and mismanaged waste from our beaches, rivers, forests, and streets.

A powerful 'green wave' of cleanups will start in New Zealand and end 36 hours later in Hawaii, with millions of people working towards one goal: a clean and healthy planet.

World Cleanup Day harnesses the power of everyday people to achieve incredible things by joining together. Its beauty lies in cooperation and collaboration: building bridges between disparate communities, and including all levels of society - from citizens, to business, to government.

A world changing idea with a humble beginning. The movement was born 10 years ago in Estonia, when 4% of the population came out to clean the entire country of illegally dumped waste, in a matter of hours. This captured the imaginations of people worldwide, who were inspired to follow suit with the same ambitious 'one country, one day' formula.

This was the beginning of a global bottom-up civic movement, Let's Do It! World, which has spread like wildfire around the globe. The movement has grown to be the biggest of its kind in the world - uniting people from all corners of the planet to work together in cleaning the world of trash.

But, the Let's Do It! movement has never been purely about cleaning up trash. It also works to raise global awareness and implement lasting changes to end the global waste epidemic, once and for all.

As Estonia celebrates its 100th anniversary this year, World Cleanup Day 2018 is the country's gift to the world.

"It is spring again. The earth is like a child that knows poems by heart."

— Rainer Maria Rilke

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# Lake Grace Golf Club Notes

*Craig Reeves*

The 2<sup>nd</sup> September 2018 was a stableford sponsored by Lake Grace Tyrepower.

Winner of the day with a very good score of 37pts was Martin Carruthers, r/up with 36pts was Chad Stanton. Best 9 hole score for the day was Phil Young with 22pts. Hardest trier, Kevin Eggers, had a day that he would prefer to forget, managing a score of 22pts.

Ladies winner with a score of 32pts was Sonya McSwain while Helen Hunt provided the backup with 28pts.

NTP: 4 – Sonya McSwain. 6 – Craig Reeves. 15 – Steven Hunt. 18 – Tim Dowdell.

Long Putt on 9 – Kevin Eggers. Men's Long Drive – Steven Hunt. Ladies long drive – Sonya McSwain.

The 9<sup>th</sup> September 2018 was also a stableford, this time sponsored by Elders Insurance, thanks Justin Wright.

Helen Hunt is once again back in the winners circle playing some great golf, scoring 39pts. Sonya McSwain was r/up for the ladies with a score of 32pts.

Men's winner Steven Hunt is enjoying his golf coming in with a fantastic 40pts. R/up Phil Young had a very nice

score of 38pts. Hardest trier for the day was Craig Reeves who would like to redo his round amassing a score of 31pts.

NTP: 4 & 15 – Helen Hunt. 6 – Sonya McSwain. While 18 was taken out by Chad Stanton.

Men's long drive – Martin Carruthers. Long putt on 9 – Sonya McSwain.

Next Saturday is the Josh Joyce day at Kukerin. Sunday is the final round of championships over 36 holes starting at 9am; those not playing championships will have a stableford competition with hit off at 12:15pm.

Good luck to those playing in the shire golf day this week (Thursday and Friday) at Denmark. I'm sure they'll bring home their usual swag of prizes.



Grains, Seeds and Hay  
Industry Funding Scheme



LAKES LOCAL ACTION GROUP  
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## UPDATES FOR SKELETON WEED PROGRAM

- The Annual General Meeting will be held in Kulin on Wednesday the 17<sup>th</sup> of October 2018, commencing at 4.00pm. Venue to be confirmed at a later date.
- The Grains, Seeds and Hay Industry Funding Scheme Committee has endorsed the funding to pay for searching by Contractors/Landholders this coming season 2018/2019 of CODE 3 paddocks to try to clear some of these infested paddocks from the program.
- Please check your emails for Membership Forms (Free) for LAKES LOCAL ACTION GROUP, stay invested in your Industry.

**Any queries or REPORTS to LAKES LOCAL ACTION GROUP, COORDINATOR LYN CARRUTHERS**

**08 9865 2816 or 0455 112 476**

# Lake Grace Pingrup Football

George Chircop



It was excitement plus for the 25 players lining up for the bounce down of the 2018 Reserves Grand Final which was held in Newdegate.

Once again we were facing Boxwood Hill. Although having beaten them in the Second Semi Final, Boxwood had beaten Lake Grace Pingrup twice during the season. Though the mood was confident no one was seeing the game as a sure thing!

Lake Grace Pingrup had a good mix of experienced players and youth with the capability of running for the full game.

The day was overcast and there was no wind advantage. With Newdegate being in the neighbourhood and Lake Grace Pingrup having four teams in the Grand Final there were plenty of supporters on hand to cheer us on.

It was a reasonably tight game but Lake Grace Pingrup were ahead at the end of each quarter. Boxwood Hill got within a goal in the last quarter, however Lake Grace Pingrup retained their composure and cool heads prevailed.

Each player played hard and did what needed to be done. A good team effort ensured that LGP got across

the line. Final score showed a good margin with Lake Grace Pingrup 11.14 (80) and Boxwood Hill on 8.7 (55).

Best Players as judged by the umpires were Mitchell O'Neill, Phil Ventris and Brock Argent.

Goal Scorers were Jackson Callope (4), Patrick Smith (2), Ryan Mounsey (2), Bailey McGlinn, Damon Pelham and James McKay.

Club awards for the Grand Final were as follows:

Best Player – Brenden Desmond  
 Runner-up – James McKay  
 Coaches Award – Jackson Callope

Also important are those that help out and keep the team on track; John Callope and Kane Pinney who have helped out through the year as assistant coach and runner, Kelvin O'Neill over the finals period and Letisha Marshall for strapping, Luke Bairstow for help during training, Reuben Smith and Justin Carruthers for their Team Manager roles.

Thank you also to those who stepped up on the day of the Grand Final to help out and to our many supporters and sponsors who are a vital part of any club.

## LG-Pingrup Football Club Awards for 2018 Season

### League Fairest & Best

*John McMahon / Hugh Carruthers Memorial*  
 Luke Bairstow

### League R/Up Fairest & Best

Jack Carruthers

### League Most Consistent

*Jack Bennett Snr Memorial*  
 Reuben Smith

### League Most Serviceable

Alexander Duckworth

### League Coaches Award

*Greg Hines Memorial*  
 Joseph Duckworth

### Reserves Fairest & Best

*Jim O'Neill Memorial*  
 Jackson Callope

### Reserves R/Up F&B

Aaron Carruthers

### Reserves Most Consistent

Damon Pelham

### Reserves Most Serviceable

*Sam Mason Memorial*  
 Christopher Trevenen

### Reserves Coaches Award

Andrew Lewis

### Most Improved Player

Mitchell Thornton

### Best Clubperson

*Normie Oliver Memorial*  
 Grant Marshall

### Rising Star Award

Mitchell O'Neill

### Reserves Best In Grand Final

Mitchell O'Neill

### LAKE GRACE-PINGRUP FOOTBALL CLUB "100'S CLUB" RAFFLE RESULTS

Permit LS211784718  
 Drawn 8<sup>th</sup> September 2018

### 1<sup>st</sup> Prize = \$5,000 cash for travel

#31 – Jarred Desmond

5 prizes of \$100 each

#29 – Paul Carruthers

#71 – Brent Duckworth

#50 – Julie King

#27 – Dean Carruthers

#32 – Ed Duckworth



# Lake Grace Pingrup Netball

Karen Bairstow



Well it was down to the final game of the year. After winning two grand finals we were into another, what a huge achievement to play in three grand finals in a row. Unfortunately we went down by 2 goals.

Perhaps it may be best described as the one that got away, I thought we clearly had the better team but as we know grand finals are a different game and you have to perform on the day.

Lake Grace/Pingrup had plenty of the play after getting away to a slow start and trailing Gnowangerup by 3 goals at quarter time. But a better second quarter saw our girls outscore them by 3 goals with the game all tied up at half time.

A lot of contact in the third quarter by the opposition. This is the quarter where you win games but we weren't able to get up and trailed by 2 goals. We turned the ball over a bit too much which is something you cant afford to do in a grand final.

At the start of the last quarter Gnowangerup got their tails up and got out to a 6 goal lead and looked like running away with the game but to our girls credit we dug in and got up to a 3 goal lead which was exciting. At this point I thought we could hold on for a win after chasing all day but unfortunately time ran out and we found ourselves losing the game by 2 goals.

It was disappointing to end the season like that after having had a fantastic year. I would like to say how well the girls played all year, they deserved to win that game. but as they say there is next year and I am sure if our players stick together, regroup and come back fit next year we will play in finals again. A chance for revenge, the girls will be hungry to turn the tables around.

I would like to say THANKYOU to my team for their efforts this year, you all supported me and I thoroughly enjoyed being a part of the team. Everyone listened and all tried to improve their game each week resulting in a great year only one game short.

Well done to ALL the award winners and all team members because no one can win awards without their teammates.

Also WELL DONE TO LAUREN winning the ONA F&B a HUGE achievement!!!

Thanks supporters you were fantastic and I had so many positive comments about the whole team it blew me away.

Thank you to Kristie for your efforts this year

All go away have fun over the summer and come back bigger and better next year

SEE YOU ALL NEXT SEASON

## Lake Grace Pingrup Netball Club 2018 Awards

A Grade Fairest & Best

Lauren Duckworth

Sponsored by Max & Jenny Holmes

A Grade Runner-up Fairest & Best

Joely Slinn

Sponsored by Max & Jenny Holmes

A Grade Runner-up Fairest & Best

Sharon Lampard

Sponsored by Max & Jenny Holmes

A Grade Coaches Award

Ellen Trevenen

Sponsored by Lake Grace IGA

B Grade Fairest & Best

Beth Curtin

Sponsored by Max & Jenny Holmes

B Grade Runner-up Fairest & Best

Kadri Siro

Sponsored by Max & Jenny Holmes

B Grade Coaches Award

Sarah Allen

Sponsored by Lake Grace IGA

Juniors Fairest & Best

Leila Lemin

Sponsored by J & TM Bray

Juniors Runner-up Fairest & Best

Sara Bray

Sponsored by Peter & Anke Stoffberg

Juniors Coaches Award

Holly Stanton

Sponsored by Maria Taylor

Juniors Coaches Award

Aleisha Smith

Sponsored by Maria Taylor

Outstanding Contribution to the Club

Joely Slinn

Sponsored by Delys Giles

Outstanding Contribution to Junior Netball

Lisa Pearce

Sponsored by Delys Giles



**OPEN**  
**most days**

Wednesday – Sunday	10am – 4pm
Monday & Tuesdays	CLOSED

*Come & enjoy a tea/coffee with homemade cake*  
 Bookings not essential, but appreciated.  
 Phone: 0447 651 418  
 Facilities not air conditioned

# Winter Sports Award Winners

*Photos Missy Clifford*



**Above: Football Club President John O'Neill is flanked by Runner-up Fairest and Best for the League Jack Carruthers and Fairest and Best Luke Bairstow (right).**



**Above: Reserves Coach George Chircop is flanked with the Reserves Fairest and Best Jackson Callope and Reserves Runner-up Fairest and Best Aaron Carruthers**



**A Grade Netball Coach Karen Bairstow, Kadri Siro (B Grade Netball RU F&B), Lauren Duckworth (A Grade Netball F&B), Sharon Lampard (A Grade Netball RU F&B), Joely Slinn (A Grade Netball RU F&B), Tameka Roukens (Hockey F&B), Lynette Carruthers (Hockey Club Person and Runner-up Fairest and Best).**



# Football and Hockey Grand Finals

Photos Suzanne Reeves

**1 - Patrick Smith**



**2 - Tom Dunham tackles Boxwood Hill's player B. O'Neill.**



**3 - Karissa Pelham keeps Gnowangerup at bay.**



**4 - Emma Steele prepares to tackle Gnowangerup with Donna Skerris backing her up.**



**5 - Imogen Taylor keeps her stick on the ball.**



**6 - Goalie Rosey Chircop deflects a flick.**



**7 - It's a goal for Lake Grace Pingrup.**





# Lake Grace Pingrup Hockey

Lisa O'Neill.



Lake Grace Pingrup V Gnowangerup Grand Final.

We blinked and Grand Final time was here! After an incredible season with a new bunch of girls we were proud to say that we made it to the big game.

The Grand Final was hosted at Newdegate on Saturday 1<sup>st</sup> September. Gnowangerup Hockey Club had been sitting on top of the ladder for most of the season and probably thought this game would be easier after our last encounter at Gnowangerup. We had other ideas.

Nerves were in the air but it didn't stop our girls from giving it their all from the first whistle. We scored early on in the game and maintained control for the majority of play. Sticking to our game plan worked and we had our President Yasmine and Darren running the bench. This allowed super coach Lynnie Carruthers to get fully involved in playing her best hockey (which she did).

At half time we were up 1 nil and held this score until the last 4 minutes of the game. So by the time 70 minutes ended the score was 1 all. We were exhausted and had to face golden goal. This involved 7.5 minutes of game time each way. That's 15 minutes of extra game time which will end the second someone scores. But no one scored.

Moving on to flicks now. Lynnie and Tameka got their flicks in while Sissa, myself and Laura didn't have as much success. Rosey Chircop faced every goalie's worst scenario and handled it like a champ. The crowd supporting us was incredible, I've never heard anything like it before. Rosey stopped 4 of the 5 flicks attempted by Gnowangerup.

And we won!

Lake Grace Pingrup 3 Defeated Gnowangerup 2  
 Best on Ground Lynette Carruthers  
 Best players - Lynette Carruthers, Tameka Roukens, Shannon Cooper, Chantelle Wise  
 Goal Scorers Lynnette Carruthers, Tameka Roukens (2) Rebecca Drake-Brockham, Meghan McGregor  
 Thank you to the supporters who cheered us through 85 minutes of hard fought hockey. A special thank you goes to our Super Coach Lynnie Carruthers. You taught the girls to not only play but to love the game.

This is my final radio call for 2018,

I hope you've enjoyed the ride.

This is your Captain speaking.

## CCL Hardware

8 Stubbs Street  
 Lake Grace WA 6353  
 PHONE: 9865 1104



**GO WHERE THE TRADIES GO**

**The proper hardware store**

### Opening Hours

Monday - Friday: 7:30am - 5:30pm

Saturday & Sunday: 8:30am - 11:30am

### Local Stockists of:

- ☐ Kleenheat Gas
- ☐ Nursery supplies & plants
- ☐ Bulk soils & mulches
- ☐ Tools, hardware, steel & timber

**We will be closing for the  
 long weekend September  
 22-23-24 2018.**

## PUBLIC NOTICES

### Sally Dickinson

Counsellor for Southern AgCare. A free and confidential service. Contact 0427 192 155  
[www.southernagcare.org.au](http://www.southernagcare.org.au)

### Dr Linda Haines

Is available in Lake Grace on  
 Tuesday 25th & Wednesday 26th September  
 Thursday 25th & Friday 26th October  
 Ring 9865 1208 for an appointment.

### Community Midwife

Holly Brockway, the Community Midwife, will be coming to Lake Grace on Wednesday 15th August. Call Narrogin Primary Health on 9881 0385 or Holly directly on 0429 127 917 to make an appointment.

### Lake Grace Op Shop

46 Bennett Street (Old Church)  
 Tuesday 1:00 - 4:00pm  
 Friday 9:30am - 1:00pm

### Lake Grace Lions Club

Meetings every 2nd (dinner meeting) and 4th Thursday of the month at the Men's Shed.  
 Next meeting: 27th September

### Community Bus Bookings

Are to be done through the Lake Grace CRC.  
 Ring 9865 1470 or email  
[lakegracecrc@westnet.com.au](mailto:lakegracecrc@westnet.com.au)

### CWA Bookings

Please be advised that if you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

### LG Cricket Club AGM

Wednesday 26th September  
 7pm  
 At the Lake Grace Sportsman's Club  
 All new and former members and anyone wanting to play cricket welcome.

### Senior Citizens Christmas Luncheon

Lake Grace CWA are looking for a community group that would like to cater for the Senior Citizens Christmas Luncheon.  
 We need a two course meal with a cost of \$30 per head. It will be held on Thursday 6th December.  
 If you are interested, please call Suzanne on 0427 651 310

### Holyoake Community Alcohol and Drug Service

May Griffiths Counsellor/Diversion Officer  
 Ph: 08 9881 1999

Holyoake's counselling service isn't just for the addict but is also for family and friends who are needing support. Funding is currently for one day in our area but due to lack of use in recent months we may lose this facility.

### Senior Citizens Luncheon

Thursday 4th October  
 Catered by Lake Grace Playgroup  
 To RSVP please call Rhiannon Stubberfield on 0428 301 380.

## Crisis Care Numbers

<b>Doctor's Surgery</b> -9865 1208	<b>Electricity Faults</b> - 13 13 51
<b>Hospital</b> - 9890 2222	<b>Water Faults</b> - 13 13 75
<b>Ambulance/Fire/Police</b> - 000	<b>Directory Assistance</b> - 1223
<b>55 Central Men's Refuge</b> 9272 1333	<b>Family Helpline</b> 1800 643 000 / 9223 1100
<b>Sally Dickinson</b> 0427 192 155 <i>Southern AgCare Counselling</i>	<b>Kids Helpline</b> 1800 551 800 <a href="http://www.kidshelp.com.au">www.kidshelp.com.au</a>
<b>Poisons Information</b> 13 11 26	<b>Ngala</b> 9368 9368 <a href="http://www.ngala.com.au">www.ngala.com.au</a>
<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 <a href="http://www.community.wa.gov.au">www.community.wa.gov.au</a>	<b>Wheatbelt Mental Health Service</b> Northam - (08) 9621 0999 Narrogin - (08) 9881 0700
<b>Lifeline Australia</b> - 13 11 14 <a href="http://www.lifeline.org.au">www.lifeline.org.au</a>	<b>Beyond Blue</b> - 1300 22 4636 <a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>
<b>Seniors Information Services</b> 9321 2133 <a href="http://www.cotawa.asn.au">www.cotawa.asn.au</a>	<b>Citizens Advice Bureau</b> 9221 5711 <a href="http://www.cab.wa.com.au">www.cab.wa.com.au</a>
<b>Family Court of WA</b> 9224 8222 / 1800 199 228 <a href="http://www.familycourt.wa.gov.au">www.familycourt.wa.gov.au</a>	<b>Youth Legal Service</b> 9202 1688 / 1800 199 006 <a href="http://www.youthlegalservice.inc.com.au">www.youthlegalservice.inc.com.au</a>
<b>Main Roads</b> - 138 138	<b>Rural Link</b> - 1800 552 002
<b>Mental Health Emergency Response Line</b> - 1300 555 788	<b>Suicide Call Back Line</b> - 1300 659 467 <a href="http://www.suicidecallbackservice.org.au">www.suicidecallbackservice.org.au</a>
<b>Alcohol &amp; Drug Information Service</b> - 1800 198 024 <a href="https://www.mhc.wa.gov.au/">https://www.mhc.wa.gov.au/</a>	<b>Parent Drug Information Service</b> - 1800 653 203
<b>Holyoake</b> Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	<b>Relationships Australia Fair Programme</b> 9336 2144 <a href="https://relationshipsaustralia.org.au">https://relationshipsaustralia.org.au</a> 1300 364 277

# Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
Craft Group	Meet at the CWA Building Saturdays from midday onwards		
CWA	Suzanne Reeves	0427 651 310	lakegracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com
LIFT Lakes Information & Farming	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Lions	Arthur Slarke	0429 651 015	arthurslarke@bigpond.com
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au
Playgroup	Rhiannon Stubberfield	0428 301 380	lakegraceplaygroup@mail.com
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Visitor Centre Committee	Stephanie Clarke-Lloyd	0408 949 759	stephanie.l.clarke@bigpond.com
<b>Summer Sports</b>			
Lake Grace Cricket Club	George Chircop	0417 950 437	swan_district@hotmail.com
Lake Grace Tennis Club	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Tarin Rock Tennis Club	Lisa Pearce	0428 518 026	jenakora@bigpond.com
Lake Grace Golf Club	Mikaela Spurr	0438 926 196	mikaelaknill@hotmail.com

## CHURCH TIMES

### Lake Grace Catholic Church

Sunday 16th September 6pm  
 Sunday 23rd September 10am

For inquiries and request for home visitation, please contact Fr Joseph Sousa on 9865 1248.

### Anglican Church of Lake Grace

Sunday 16th September 9am  
 Sunday 23rd September No service

Enquiries: Father Dave 0427 545 560  
 Wally Perry 0448 795 070

## Justices of the Peace

Colin Connolly 0427 858 066  
 Ron Dewson 9865 1224  
 Amanda Milton 0429 654 011  
 Geoff Sabourne 0429 651 171

## Lake Grace Shire Councillors

Councillor	Telephone	Fax
Jeanette de Landgraft (Pres)	9872 0029	9838 9041
Steve Hunt (Vice Pres)	9865 1650 0427 651 585	
Ross Chappell	0428 654 058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Roz Lloyd	9871 1534	9871 1676
Allan Marshall	9865 3022	9865 3012
Murray Stanton	9865 1329	9865 1223
Peter Stoffberg	0447 281 181 9865 2550	
Mikaela Spurr	0438 926 196	



# COMMUNITY CALENDAR

## September

Fri 14 Op Shop open 9:30am - 1pm  
Fish & Chips @ Sportsman's Club  
Crochet @ CRC  
LGDHS Faction Athletics Carnival

Sat 15 Rubbish tip open  
Craft @ CWA  
Steak Tea @ Sportsman's Club  
Golf - Josh Joyce Day

Sun 16 Golf - Championships & Club Day  
Rubbish tip open  
Sunday Lunch @ the Vineyard

Mon 17 Rubbish Collection  
Recycling Collection  
Rubbish tip open  
LGDHS P&C Meeting  
NBN Information Session

Tue 18 Pilates Classes @ 6pm  
Op Shop open 1 - 4pm  
Men's Shed (morning)  
SOYF Exercise 10am @ Shire Hall  
Chair Aerobics 10:30am @ Village Hall  
Building Surveyor in Lake Grace  
Physiotherapist at Medical Centre  
Dietitian at Medical Centre

Wed 19 Steak Dinners @ Sportsman's Club  
Rubbish tip open  
WA Pasture & Livestock Update

Thur 20 Pilates Classes @ 6am and 9am  
safeTALK workshop in Lake Grace

Fri 21 Op Shop open 9:30am - 1pm  
Crochet @ CRC  
Fish & Chips @ Sportsman's Club  
Lakes Link News deadline  
Last day of school term

Sat 22 Rubbish tip open  
Craft @ CWA  
Steak Teas @ the Sportsman's Club  
Kukerin Creekbed & Burnout

Sun 23 Rubbish tip open  
Kukerin Creekbed & Burnout

Mon 24 Rubbish Collection  
Rubbish tip open  
Public Holiday (Queen's Birthday)

Tue 25 Lego Club @ Art Space 3:30pm  
Pilates Classes @ 6pm  
Op Shop open 1 - 4pm  
Men's Shed (morning)  
SOYF Exercise 10am @ Shire Hall  
Chair Aerobics 10:30am @ Village Hall  
Dr Linda Haines in Lake Grace

Wed 26 Rubbish tip open  
Dr Linda Haines in Lake Grace  
LG Cricket Club AGM

Thur 27 Playgroup 9:30 - 11:30am  
Toy Library Open  
Pilates Classes @ 6am and 9am  
Lakes Link News published  
Lions Club Meeting  
Gatekeeper Workshop

### Coming Events

28th September - HACC Activity Day  
1st October - SwimAbility @ Narrogin  
4th October - Senior Citizens Luncheon  
5th October - Driving Assessor in LG TBC  
6th October - Bowls Opening Day  
9th October - CWA Meeting  
10th October - First Aid Course in Lake Grace  
16th & 17th October - ASIST @ Lake Grace  
16th October - CRC AGM  
20th & 21st October - Garage Sale Trail  
25th & 26th October - Dr Linda Haines  
13th December - Late Night Shopping

2		3				8	5	
			5	2			7	9
6				9		4	1	
		5			8		6	
7		1	3		4	9		8
	2		9			1		
	1	9		4				7
8	4			3	5			
	7	6				2		3

### Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

	5				4			
6				3			8	
	4	2			7	5		
			5				4	9
		1				2		
2	3				6			
		3	7			1	6	
	2			1				5
			8				9	