

# LAKE LINK NEWS

Produced at the  
LAKE GRACE COMMUNITY RESOURCE CENTRE  
School Place

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**30th August 2018**

**\$1.20 inc GST**

**Vol 24 Issue 17**

## Souths Taste Victory

*Danielle Robertson & Suzanne Reeves*



What an amazing result for our club!

Four of four teams in the Grand Final for Roe District's Women's Hockey Association and Greater Wheatbelt Men's Hockey Association.

The 2018 Association office bearers, KK Vipers, hosted the Grand Final in Kulin. With such good representation from Lake Grace-Kukerin there were plenty of supporters on hand to encourage the players.

First game of the day was C Grade. The kids gave their all and played fantastic hockey, unfortunately bested by the minor Premiers Corrigin. Final score 0-2.

It was then time to swivel our camping chairs and focus on the other oval as B Grade ran out to the cheers of their supporters. Third placed Souths (Lake Grace-Kukerin) were up against top of the ladder Vipers (Kulin-Kondinin). It was a close game with plenty of great

competition that kept supporters on the edge of their seats. Although Souths were in the mix for the whole game they were regrettably beaten by the minor premiers 0-1.

By now the sunscreen was being brought out again, the canteen was doing a roaring trade and the 'lost men's tent' was fielding a few enquiries. Nerves were jittery and hearts were hammering; and that was just the spectators. Who knows what was going through the heads of the A Grade players as they jogged onto the ground.

Souths hadn't lost a game all season but that didn't mean it was in the bag. The second placed Vipers came out fighting and put the first score on the board early in the first half. Late in the first half Tahryn Trevenen scored for the Souths.

*Continued page 33*

# CONTENTS

• Page 1,33,34	Souths Taste Victory
• Page 5	Please Slow Down
• Page 6	Kerrie Weaves Some Magic
• Page 7	A Boy Named Cash
• Page 8	CRC Hacks
• Page 9	Arthur's Gone Fishing
• Page 10	NDIS Fake Calls
• Page 11	Police Page
• Page 12	FAS
• Page 13	Hospital Page
• Page 14	Faulty Goods
• Page 15	Bits & Pieces
• Page 16-18	St John Annual Report

Page 19	Retirement Villages
Page 20	Wheatbelt Men's Health
Page 21-24	Shire Pages
Page 26	Getting To Know
Page 27,28	Puzzles & Stuff
Page 29	Art Notes
Page 30	Reading is Good For You
Page 31	LG Golf Notes
Page 35	LGP Junior Hockey
Page 36	LG/P Senior Hockey
Page 37-39	LG/P Netball
Page 40,41	LG/P Football
Page 42	Classifieds

## LAKES LINK NEWS 2018 Advertising Rates

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Insert (d/s)	\$33.00	\$33.00	\$44.00
Thank You's	FREE	FREE	FREE
Editorial	FREE	FREE	FREE
Colour	\$165.00	\$165.00	\$200.00

Conditions do apply.

### CRC Opening Hours

9:00am - 5pm

Closed from midday to  
1pm for lunch when short staffed.

## Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

### Next Deadline

Monday 10th September

### Next Edition

Thursday 13th September



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Elsie Bishop

Gwen Oliver

Dick Phillips

Thank you also to our many contributors of articles.

#### DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

**300 copies printed and sold each fortnight**

# Editorial

- It turns out that no one is immune from the flu. Our presenter for the **safeTALK** workshop was unable to carry through so we have postponed it. We will be following up with prospective dates with those we had on our list but if you would like to take part please contact me at the CRC. It is vital that we have RSVP's, not just for catering but for the packs that the presenter prepares.
- Both Rosie and I will be out at the Newdegate Field Day doing shifts on the **LDAG stand**; feel free to drop in and say hello.
- **Do you have some news?** Can you think of something that would be a great addition to our paper. If so we would love to hear from you.
- Is anyone that has a **gopher** wanting a maintenance check to be done? If so please contact the CRC.
- Roadwise will be putting the **Driver Reviver** van out for the long weekend as it coincides with the end of school term. I will be sending out an email to our regulars but if you would like to do a shift we would love to hear from you.
- For anyone new to town remember we have our **Welcome Packages** available for give away. They're a great introduction to our town and what we have available.
- Are you listed in the **local phone book**? Would you

like to be? Please send through your information so it can be included.

- Would you like **independent information in relation to the NBN**? We have an opportunity to take part in a 1.5 hour (10:30am-noon) information session via video conference on September 17th. If you're interested please let us know.
- **Late Night Shopping** will be held on Thursday 13th December and we'll be looking for stalls, catering and activities. If you would like to be involved then please let us know.
- If you would be interested in receiving your Lakes **Link News via email** please give me a call, I'm looking for feedback to take to our next committee meeting. We will always have printed copies also.

*Suzanne Reeves*



Contribute to the drumMUSTER

Double Bonus

Clean up Spray Sites AND

Donations are made to

LGDHS P & C

**Lake Grace drumMUSTER**

Wednesday 12th September

9am-12noon

Lake Grace Rubbish Tip

Enquiries / Appointments

Phone Brad Watson

0427 906 441



## What's Happening at the Lake Grace CRC...

**safeTALK** - Date TBA. Free. For more information please contact as per below.

**Crochet Classes** - Every Friday, 10am to midday. Everyone welcome. Will run every Friday until late September. There will be NO crochet Friday 28th

**Independent Information on NBN. FREE.** September 17th.

**ASIST** - Lake Grace 16th & 17th October. Free. For more information please contact as per below.

**HC/MC Training & Assessment** - March/April 2019. Costs TBA.

**Forklift Training & Assessment** - March/April 2019. Costs TBA.

**Microsoft Office** - One-on-one lessons available. \$15 per hour or \$30 for up to 3 hours (subsidised). Can train in Word, Excel, Publisher and Outlook. Please ring to organise a date and time.

**iPad/iPhone/Samsung Phone** - One-on-one assistance available. \$15 per hour (subsidised). Please ring to organise a date and time.

**Facebook** - One-on-one lessons available. \$15 per hour session. Ring to arrange a date.

If you are interested in any of the above please phone the Lake Grace Community Resource Centre on 9865 1470 or email lakegracecrc@westnet.com.au



## What's Happening?

- Congratulations to Harley and Kiara Pittard on the arrival of their son, Bailey Michael. Bailey arrived on the 23rd August at SJOG in Subiaco and weighed in at 7lb 6oz.
- Sympathy to John O'Neill and family following the passing of Johnno's mother, Maxine on the 19th August.
- Passing away on the 13th August was ex Lake Grace resident, David Feely.



To the following who received recognition from the OFA (Ongerup Football Association).

### **F&B Landmark Championships**

Luke Bairstow (Lake Grace / Pingrup)

### **OFA's 2018 State Representatives**

Luke Bairstow (Lake Grace / Pingrup) {one of four}

### **WA Country Football League OFA Volunteer-of-the-Year**

George Chircop (Lake Grace / Pingrup)

### **Goal Umpire-of-the-Year**

Geoff Sabourne

### **OFA Rookie-of-the-Year**

Mitchell O'Neill (LG / Pingrup)

## What's Happening at the Newdegate CRC...

**MoveSmart** - Every Thursday at 9am.

Join us for an hour long Pilates based exercise class. Come along for a cuppa and some morning tea to support this wonderful cause.

For more information please call 9871 1791

## Happy Birthday



30th August	Ryan Carruthers (21) Christopher Kizhakkakara Emily Younger (18)
31st August	Jason O'Neill Cambell Chatfield
1st September	Ed Naisbitt
2nd September	Vicki Smith
5th September	Trelise Jones
6th September	Ken Medlen Josh Willcocks Jessica Chircop
9th September	Grant Osborne Sheree Duckworth Lacy King
10th September	Bart Trevenen Gabrielle Trevenen Levi Argent
11th September	Lynette Carruthers
12th September	Teneeka Morgan

## Anniversaries



5th September	Lindsay & Tahlia Willock
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## What's Happening at the Pingrup CRC...

**Children's Book Week** - author visit with Davina Bell - Aug 31st, 9.30 am - 11.30 am, Pingrup CRC

**Writing Workshop** with Michelle Slarke - Sept 13th, 9.30 am - 11.30 am

**Truck Courses** - Week commencing 17th Sept

**Pingrup Pop-Up Market** - Oct 20th, 2018, more information coming soon.

If you are interested in any of the above please phone the Pingrup Community Resource Centre on 9820 1101

# Please Slow Down

*Suzanne Reeves*

We all want to keep our kids safe and Lake Grace Roadwise is no exception. We have recently taken delivery of wheelie bin stickers that have the 'Please slow down, consider our kids' message; these were funded by the Lake Grace Roadwise committee and Wheatbelt South Road Safety Officer Rodney Thornton.

They are available for pickup from the Shire and CRC in Lake Grace and also the CRC in Newdegate. If there is enough demand, we may look at ordering more and include the town sites of Lake King and Varley.

We only have enough for one bin per household so if everyone could stick it to their rubbish bin rather than their recycling one. Give the side of the bin a bit of a clean and that should help them stick and please adhere to the side of the bin facing the oncoming traffic.

This year Roadwise has funded a four metre Belt Up banner to be used during sporting events, has contributed to the Belt Up Round winter sports budget and are currently applying for funding for localised road safety messages. We will be putting the Driver Reviver van out over the long weekend also, so if you would like to volunteer we would love to hear from you.

Messages like the wheelie bin stickers are just a

reminder to ourselves to have good driving habits. It is very easy to make a simple mistake and then have a lifetime of regret. Please drop in to get your sticker and remember only one to every household.



**Above: Roadwise Representatives Rodney Thornton (RSO), Suzanne Reeves (Secretary/Treasurer), Jason Lip (Shire of Lake Grace), Cameron Hobson (Lake Grace Police) and Kerrie Argent (Lake Grace Hospital).**

## FYFE TRANSPORT

### NEW

### Liquid Fertiliser Service

Consider us when ordering  
your liquids.

Phone

David 9865 1129

Liam 0417 915 314



# Kerrie Weaves Some Magic

Suzanne Reeves. Photos Kerrie Argent.

Kerrie Argent recently had a four day residency at Houghtons Winery and Gallery in the Swan Valley. She was invited to create a sculpture from the grape vine pruning's.

Normally pruned by machine Houghton's had especially hand pruned a selection for Kerrie to work with. By doing this by hand the prunings were able to be a lot longer than normal, ideal for weaving.

With five big piles of prunings, Kerrie had plenty to work with. Set in picturesque environment Houghtons boasts a menu that includes café style, catered dining and also picnic baskets. The lush, green gardens are full of birds; restful in the mornings but busy with people as the day went on.

Kerrie had planned a large sculpture but with limited time to create the works settled for a more moderate size. With the help of daughter Jayne and others dropping in to help they were able to create ten burst grape sculptures, the largest being 156cm with other varying sizes.

Thursday they worked inside the gallery because of the weather; cold windy thunderstorms with a dash of hail!. The rest of the time they worked in the gardens so people could come and watch or have a go, which they

did. As the sculptures grew in numbers and size the visitors were interacting with those and photographing each other with the forms.

The Gallery has organised workshops before but Kerrie is sure this is the first artist in residence using their vine prunings.

The sculptures will remain at Houghtons and be installed in their garden landscape, which is lovely.



Kerrie With one of her sculptures

## Have you told anyone about your funeral wishes yet?

To discuss pre-arranging your funeral or to make an appointment, call the friendly team at Dawsons. If you are unable to come into the Narrogin office, we are more than happy to come to you.

## We are also your local Monumental Agents

New Work, Granite & Marble, Repairs & Restorations, Bronze & Engraved Plaques

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 Phone: (08) 9881 1161 • Fax: (08) 9881 3644  
 Email: [support@dawsonsfuneral.com.au](mailto:support@dawsonsfuneral.com.au)  
 Web: [www.dawsonsfuneral.com.au](http://www.dawsonsfuneral.com.au)



**DAWSONS**  
 FUNERAL HOME



# A Boy Named Cash

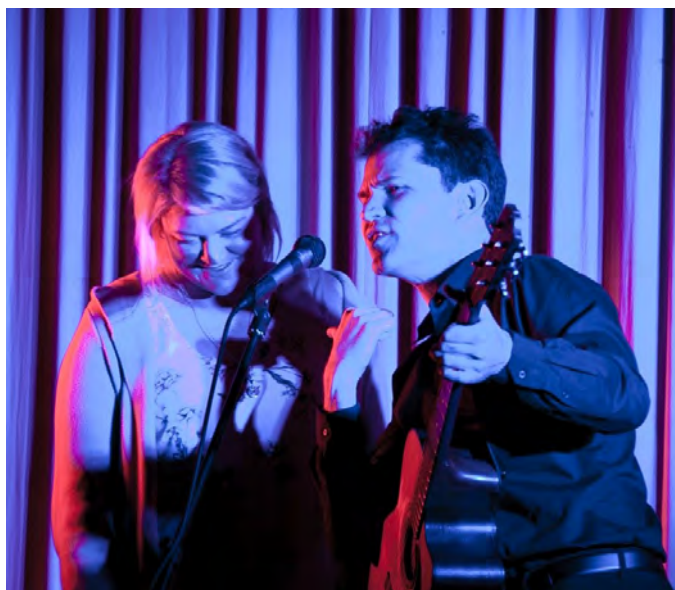
*Cheryl Chappell*

Everyone loves Johnny Cash and that was evident when 'A Boy Named Cash' arrived in Lake Grace on the 15<sup>th</sup> August. With bookings abundant organisers had to stop selling tables as it was going to be hard fitting everyone in.

The Shire Hall was abuzz as the crowd descended for a 7:30pm start. The Lake Grace Artists Group hosted the 'Show on the Go' with local band members Linda Vlasich and Stephen Chappell running the bar. Artist, Monty Cotton, did the tribute justice with all 152 of the audience enjoying the evening's entertainment.

Monty plucked old favourites from the Man in Black's songbook and proceeded to put his own twist to them drawing the locals into the show. A Boy Named Doodle is possibly not going to make top 10 but was a sell-out on the night. Monty's guitar playing was excellent, as was his ability to engage with the audience.

It wouldn't be a Cash tribute if Johnny wasn't going to Jackson, for that Monty needed a partner. After putting out the call for a singing partner Ashley Sutherland answered his request and helped round off a perfect rendition.



**Above:** Ashley Sutherland and Monty Cotton are 'Going to Jackson'.

**Above Right:** Dejan and Ana Pravdic, Justin and Tash McHugh

**Right:** Syd Walker and Gary Guelfi.



**Above:** Les Fisher, Ross Murray, Lorna Murray, Iris Dillon, Kath Garard and Joan Fisher.



**Above:** Roz Lloyd, Bridget Michell, Sandra Guelfi and Jo Marwick.





# McGowan Labels CRC Employees “Hacks”

*Media Release - National Party*

The ignorance of Mark McGowan has again been laid bare after the Premier labelled Community Resource Centre employees “hacks” who did not earn their position.

The Premier’s comments came after The Nationals questioned his Government’s decision to spend \$38,000 of taxpayer money on a report which concluded that CRCs were vital community infrastructure in regional WA.

“We do want to move away from the model the National Party had when they just put National Party hacks and friends into CRCs,” the Premier said on Wednesday afternoon.

“You give a mate a job, you give a friend a job, you give the branch president’s husband or wife a job in the CRC. That was the National Party model. We’re going to move away from it being National Party placement zones.”

The Nationals WA Leader Mia Davies said she was shocked and appalled at the Premier’s unsubstantiated outburst.

She demanded an apology on behalf of the hundreds of CRC employees across the State.

“A few months ago the Premier caused great offence when he told Parliament that CRCs were redundant because everyone in the bush had a smartphone – now he has gone even further,” Ms Davies said.

“Not only did the Premier label the hardworking and dedicated staff of our 105 Community Resource Centres ‘hacks’, he has insinuated that they had not secured their employment on merit alone.

“The Premier should apologise for these hurtful and offensive comments.

“As a Leader of the State he should know better.”

Regional Development Minister Alannah MacTiernan later refused to back the Premier’s comments.

“As Minister responsible for our regional communities I am calling on the Minister to denounce the Premier’s dreadful comments,” Ms Davies said.

“This is Ms MacTiernan’s chance to show regional communities she cares.

“Ever since this Labor Government came to power CRCs and regional communities at large have been under constant attack – whether it be verbal barbs or funding cuts, it’s clear that Labor hates the bush.”



**Crichton Vale Merino Stud**

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**5 year flock average – 20.4 micron**  
**Merino & Poll Merino Rams**

SP111's progeny will be on sale for the first time this year. He is a big, plain bodied ram with outstanding wool and has passed these traits on (he must be good, as many of the major studs in WA have used or sought semen from him). Sons of the heavy cutting, good woolled SP908 will be on sale again, along with Crichton Vale's outstanding Merinos & Poll Merinos.

Lambs from the East Mundulla top-priced Merino are on the ground and are looking good.

**Soft white heavy cutting, well defined crimp wool.**

For more information contact:

Bill Cowan (Stud Principal)	0428 616 012
Colin Ogilvie, Elders Narembreen	0429 165 395
Nathan King (Stud Classifier)	0488 582 455

**On-Property Field Day & Sale Tuesday, 4 September 2018**  
 Viewing 11am, Sale begins at 2pm - Inspections welcome anytime  
 3564 Wogarl East Road, NAREMBREEN



# “Barra 64” - A Northern Territory Fishing Experience

Arthur Slarke

Getting away from the southern shivers is the wish of many folk during the cold winter months.

This very opportunity presented itself to my wife and I for a period three weeks, July into August when we visited family living in Humpty Doo. The Muntzs, comprising our daughter Emma, husband Steven and five year old grandson Alby, have a small holding there, where they live and run a business. With the weather being idyllic, there were no barriers to the range of activities we could undertake.

Many “Top Enders” are keen fishermen, our hosts being no exception. Owning a boat and a 4WD to tow it is almost mandatory equipment in the NT. Possessing both, Muntzy took us to the popular fishing spot known as Corroboree Billabong on the Mary River, about an hour’s drive S-E of Darwin. The billabong in fact is a large water expanse which needs to be viewed from the air to fully appreciate its scale and make up.

From the boat ramp most fishermen travel several kilometres to their favourite trawling spots. Out on the water there are house boats to be seen, hired by groups for an overnight stay - or more.

Apart from the fishing there is much to see in the way of birdlife, crocodiles and native vegetation which consist mainly of pandanus, paperbark and lotus lilies. On either side of the water way is station country where cattle or buffalo can sometimes be seen in the distance.

On our first trip, our fishing lines weren’t cast into the water until after midday. Steady trawling close to the river bank and especially near the lily pad fields is the normal procedure. Several small fish were caught at first. Glenda pulled in a cat fish and Alby a small barramundi, which Emma helped him pull in.

An hour and a half into the day’s outing WHACK - a HIT! Arthur’s line tightened, the rod bows dramatically, a fish leapt to the surface 35 metres from the boat then dived back under! The instruction from the skipper was

“KEEP THE LINE TIGHT, DON’T TRY TO PULL HIM IN TOO HARD”.

Doing the right thing I gradually reeled the fish closer to the boat with great anticipation and hope, wondering whether the fish would stay hooked. The excitement was building and everyone was shouting their encouragement.

Finally the fish was in reach of the long handled scoop net. Steven reached out, gathering it up then landed the gyrating beauty into the boat. The Barramundi was sizable, with 55-90cm being the size range allowable to keep. Laying the fish over the measuring rule, stuck to the bottom of the boat Skipper Steve revealed the Barra was 64 centimeters long. “Great, we’ll take this one home”.

Barra 64 being the only REAL catch of the day was put on ice until our return home. Steven duly filleted by slicing the slabs of flesh from both sides from the backbone to the belly, close to the ribs.

Keeping on the job, he turned half into seasoned taco nuggets which was eaten as a main course while still fresh. The remainder was sliced into strips, smoked and eaten as snack food with evening drinks the following night. Both preparation techniques were employed to reduce the potential muddy taste of a fish caught from fresh waters.

Several days later, another fishing event was undertaken by Steven and friends from Corrigin WA on the Adelaide River where a good catch of saltwater mud crabs was brought in. There being enough for 12 people to engorge themselves with delight - and regret in one case.

For more information and illustration, interested readers can Google: Corroboree Billabong fishing; then follow the links of interest.

If you are now thinking of taking a trip to Darwin next year to beat the cold weather and if you decide to go fishing on the rivers, remember to keep your limbs inside the rim of the boat, crocodiles are present in practically all waterways in the far north. Cheers!

**Left: Glenda, Emma and Alby enjoy their fishing adventures.  
Below: Arthur brings home the winning catch! What a fish!**



# NDIS Fake Calls

## Media Release - Scam Watch

Be aware of callers claiming to be from NDIS (National Disability Insurance Scheme).

If you are contacted by someone asking for personal information over the phone - be aware they may not be who they say they are.

These are phishing calls attempting to gain your:

- personal information
- bank details

They request personal information including date of birth and address of the person with the disability in the household. The next day they may call back asking for banking details.

NDIS will never request banking details over the phone.

As scammers are becoming cleverer, it is wise to check for an organisation's correct details by searching directories and checking the official website.

For more details on [phishing scams](#) and tips to avoid scammers, visit [WA ScamNet](#).

## Defibrillator locations in Lake Grace

### Liberty Roadhouse

cnr Stubbs St & South Rd

Open 7 days 6:00am - 8:00pm

publicly accessible AED

### IGA - Lake Grace Plaza

Stubbs St (centre of town)

Open 7 days 6am-7:45am 8:30am-5:30pm

publicly accessible AED

### Lake Grace Swimming Pool

Bishop St

Closed as of 30th March 2018

publicly accessible AED

### St John Ambulance sub centre

Stubbs St

Contact 000 in case of emergency

## Lake Grace Weather



Date	Min	Max	Rain
15/8	2.9	15.7	0.4
16/8	3.8	16.9	
17/8	8.1	13.6	1.0
18/8	-0.5	15.1	
19/8	3.4	21.1	
20/8	7.1	25.8	
21/8	9.3	17.6	0.4
22/8	5.0	12.9	3.4
23/8	6.1	16.2	0.4
24/8	3.3	14.8	0.2
25/8	4.0	19.3	0.2
26/8	4.7	21.7	
27/8	3.7	20.4	
28/8	8.8		0.2

## South of Kalbarri & Kalgoorlie Watering Days

Last digit of your lot or house number	Your 2 scheme watering days are:
1	Wednesday and Saturday
2	Thursday and Sunday
3	Friday and Monday
4	Saturday and Tuesday
5	Sunday and Wednesday
6	Monday and Thursday
7	Tuesday and Friday
8	Wednesday and Saturday
9	Thursday and Sunday
0	Friday and Monday
You may water only once each day either before 9am or after 6pm.	





# POLICE NEWS

LAKE GRACE POLICE STATION  
56 STUBBS STREET, LAKE GRACE. 6353  
Phone : 9890 2000 Fax : 9865 1429

Email: [Lake.Grace.Police.Station@police.wa.gov.au](mailto:Lake.Grace.Police.Station@police.wa.gov.au)

Personnel: Sgt Dave Ellis, SC Tara Spencer, S/C Cameron Hobson

G'day all,

I have been off from work for a couple of weeks with a stubborn chest infection, but I'm back in the fray again and things have been getting a bit busier the last couple of weeks.

Firstly, our attention has been drawn to Newdegate again for a number of reasons not least the latest "wild west saloon brawl" at the Newdegate Pub. After the shenanigans of last summer, the pub installed some excellent CCTV in a number of locations in the pub and four or five people will be getting a date with a Magistrate courtesy of Lake Grace Police. Infringements have been handed out in recent times, however the nature of this incident means a court appearance is the only way to get the message into some rather thick heads. Another plonker decided to punch and smash the window of the pub so he is going to join the other idiots at court as well.

We have also been getting some helpful community information in relation to those persons driving cars around town with no number plates attached. It is pretty safe to assume that if there is no number plate then the car is probably unregistered as well so it shouldn't be on the road. We have directed more patrols that way and have dealt with one individual by way of court summons (incidentally seen by one of the officers from here off duty in Newdegate) for driving without a licence. As usual a photo or video clip is always helpful so keep it coming!

The school Principal and the team from the school have spoken to me about an incident that occurred over the school holidays recently. The incident itself was reported to Police, however we also just wanted to reiterate that no one is allowed on school grounds during the school holidays, other than authorised staff and contractors. The school has good security and there is usually someone around, but it isn't a public place and there isn't a right of access just because you attend the school or your kids do.

Which brings me neatly to a funny story about a similar issue. A few weeks ago I came to work to discover that Lake Grace Police station had been gifted a motorbike! No, we haven't been lucky enough to acquire a new "Scooter Pig" but in fact an unnamed person thought it would be ok to leave an abandoned motorbike in our back yard. No note was left or a phone call made to let us know a pile of junk was in our back yard. Not a dicky bird as they say. A bit of 'detective' work located the well-meaning miscreant and the offending bike was promptly removed. On a serious note, the Police Station is not public property (I thought that went without saying, but clearly not) and anyone discovered on our

grounds is liable to be charged with trespass. Of course visiting during working hours or knocking on the door is reasonable, but entering a gated compound is not.

Finally, it wouldn't be a newsletter without some sage traffic advice. Wear your seatbelts. There, I've said it. Need a reason why? It stops you from getting killed and getting a massive fine and demerit points. I understand people are tucking them under their arms in an attempt to look safe and secure and some just aren't bothering. So, you have been warned but there is a State wide crack down happening and this is a real issue given the number of deaths on the road in recent weeks – and some of them have had a contributing factor of not wearing a seatbelt.

As always we can be contacted at the station on **9890 2000** and in the case of an emergency dial **000** as per normal. If you get Albany Station a message can be left for us with them – please be patient!

Till next time,

Sergeant David Ellis

## KUKERIN SHADE SHEDS



- Shade sheds for vehicles, caravans, boats etc.
- Shade stables for horses
- Dangerous goods storage sheds
- Chemical sheds
- Quickshade and Canvacon products

[www.shadesheds.com.au](http://www.shadesheds.com.au)

Contact Damion & Susi Leo on

0427 646 043 for more information.



# Operation Christmas Child

Genni Curtin

If members of our community would like to contribute to filling a shoe box (Boxes can be picked up at Chaplain's Office at the school) to be sent to a developing country so a child receives a gift this Christmas please follow the instructions below.



Very simply fill the shoe box with 1 or 2 of these six items listed below.

- Something to love e.g. Teddy bear, soft toy doll.
- Something for school e.g. Pencils, books, exercise book, sharpener.
- Something to wear e.g. T- shirt, cap, shorts, thongs, dress, beanie.
- Something Special e.g. Bangles, necklace, stickers, carry bag,
- Something to play with e.g. balls, Skippy rope, marbles, finger puppets.
- Something for personal Hygiene e.g. Toothbrush, hair brush, soap.

## Need to state if it's for: Please circle

- Boy or Girl – 2-4 yrs
- Boy/ Girl -5-9 yrs
- Boy/ Girl- 10- 14 yrs

Then return filled box to the Chaplains (coordinator at old principal's office) by the end of school Term 3, 21<sup>st</sup> September 2018.

Thankyou

## Introducing the new face of Summit in your local area.



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# LAKE GRACE HEALTH SERVICE



providing 24 hour Emergency Health Care Services

Telephone: **9890 2222** Fax: **9890 2202**

## Health and Activity Programs

### SwimAbility

Hydrotherapy sessions  
at Narrogin Leisure  
Centre each fortnight

**Monday 3rd September**

Leaving 8.30am from Village Hall  
Call the hospital on 9890 2222 to book



### Chair Aerobics

**Every Tuesday**

**10.30am**

Lakes Village Hall  
(suitable for people with limited mobility)



### Foot Clinic

**Tuesday 11th September**

**9.00am—12 noon**

Lakes Village Hall  
(you must supply your own  
manicure set)



*More information about the services we  
provide are in the newsletter sent to  
clients who access our activities programs*

## Physiotherapist

Visiting from Narrogin Primary Health  
Tuesday 11th September  
**ph: 98 810 385**

Other allied health staff make occasional visits to  
Lake Grace and Newdegate (eg Occupational  
Therapist, Speech Therapist, Dietitian)

Contact Narrogin Primary Health to make an  
appointment ph: 9881 0385

## Child Health Clinic



For all child health or immunisation  
enquiries please call Di Poultney at  
the Lake Grace Clinic

**ph: 9890 2246**

(located in the Medical Centre)



## Well Women's Clinic



**Tuesday 11th  
September 2018**

at the Lake Grace Medical Centre  
Call Anna Taylor to make an appointment  
on 9865 1507 or 0428 652 507

## CRUTCHES

Do you have crutches at  
home that you no longer  
require?

**Please bring them back  
to the hospital a.s.a.p.**

As our stocks are  
getting low!



## My Health Record

### Do you have questions?

We have brochures at the Hospital  
that have details about this new way  
of recording your health information

Please feel free to come up and get one of  
the brochures from the foyer!

- If you do nothing a secure My Health Record will be created for you by the end of 2018 if you have a Medicare or Department of Veterans' Affairs card.
- If you don't want a My Health Record, let them know by 15 October 2018 by visiting the website or calling the Help line

Website: [www.MyHealthRecord.gov.au](http://www.MyHealthRecord.gov.au)  
Help line: 1800 723 471

# Know Your Rights When Goods are Faulty

Mark Ing - (08) 9026 3250

Shopping smart doesn't only mean bagging a great bargain but also applies to knowing your rights under the Australian Consumer Law, especially when it comes to refunds, repairs or replacements for faulty products because sometimes businesses get it wrong.

A nationwide Australian Competition and Consumer Commission (ACCC) investigation recently resulted in 21 Australian Football League (AFL) and National Rugby League (NRL) clubs making changes to their returns and refunds policies in relation to merchandise sales.

Like all consumers, if football fans buy a piece of merchandise that has a major failure then they are entitled to a choice of a refund or replacement. The ACCC's investigation showed that from at least April 2018, the 21 clubs made claims in their returns and refunds policies which were misleading.

These claims included that items must be unworn, purchased at full price and returned within a specified timeframe to qualify for a remedy. Some of the clubs also told consumers they had to provide the original proof of purchase when seeking a remedy.

In fact, the ACL does not mandate an original receipt be presented by consumers when exercising their rights. You need to prove the item was purchased from that business but if you don't have the cash register receipt

then you can show a credit card statement, a lay-by agreement, or even a confirmation or receipt number from a phone or online purchase.

Rights to a remedy are also not limited to a specific time period, nor are discounted items or used products excluded from the consumer law guarantees.

These guarantees include that items will be free from defects, fit for their intended purpose, match the description in any advertising and are safe to use. The type of remedy available will depend on the problem.

Under the ACL:

- ☐ Retailers cannot refuse to give you a refund, repair or replacement for a faulty item because you bought the item on sale or at a clearance store, unless they brought the fault to your attention before you bought the item.
- ☐ Signs stating 'no refunds' or 'no refunds or exchanges on sale items' are misleading and unlawful, and do not alter your rights under the ACL for faulty products or prevent them from applying.
- ☐ Retailers cannot restrict the period in which you can get a remedy for faulty products. You have a right to a remedy for a reasonable amount of time after buying the item. This period can last longer than any express warranty period given to you when you purchased the item.

But remember that retailers do not have to give you a refund, or exchange, or any other remedy if you have simply changed your mind about a purchase.

Our iShopWA app can help to keep you informed about your consumer rights. It puts all of the information at your fingertips plus it lets you store photos of receipts and set reminders to use gift cards before they expire.

The app is a free download from both the Apple store and Google Play.

If you need further advice you can contact Consumer Protection on 1300 304 054 or send an email to [consumer@dmirs.wa.gov.au](mailto:consumer@dmirs.wa.gov.au). More information is also available on our website at [www.consumerprotection.wa.gov.au](http://www.consumerprotection.wa.gov.au).

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Lake Grace Visitor Centre

Open Saturday & Sunday in September

10 am until 4pm

Devonshire Tea available on Sundays.



# Bits & Pieces

Kevin Seaman

To get this edition underway I thought I would delve into that unlimited well of wicked wisdom, namely my funny, (sometimes) corrupt, (sometimes) thought provoking pit of intelligence I seem to possess. Believe you me, it sometimes frightens me as to realise what is being stored in this computerised mind I seem to possess after being on this earth for nigh on 78 years.

Let me pass onto you some interesting facts which you may or may not know. But by expressing them in front of others may give the listener the idea you are a more intelligent person than they think you are.

1. Pteronophobia Is the fear of being tickled by feathers. It is also a fear of feathers themselves. The word 'ptero' is the Greek word for feather and phobia is also Greek, meaning fear.
2. Snakes can help predict earthquakes. They can sense a coming earthquake from 75 miles (121km) up to five days before it happens.
3. There is a McDonalds on every continent except Antarctica.
4. Snails have 14,000 teeth and some can even kill you.
5. Bullfrogs do not sleep.
6. The human nose can remember 50,000 different scents.
7. Viagra, when dissolved in water, can make cut flowers stay erect for up to a week longer than they usually would. Try it!
8. In 2002 alone, more people in the US were killed by dogs than in shark attacks in the past 100 years.
9. A flock of crows is known as a murder, does than mean a group of only two crows is an attempted murder.

After absorbing these important bits of trivia it makes you wonder how you coped without knowing it.

No funnies this time but a story with an inspiring message.

It will take just 37 seconds to read this and change your thinking.

Two men, both seriously ill, occupied the same hospital room. One man was allowed to sit up in his bed for an hour each afternoon to help drain the fluid from his lungs. His bed was next to the room's only window. The other man had to spend all his time flat on his back.

The men talked for hours on end. They spoke of their wives and families, their homes, their jobs, their involvement in the military service, where they had been on vacation.

Every afternoon, when the man in the bed by the window could sit up, he would pass the time by describing to his roommate all the things he could see outside the window.

The man in the other bed began to live for those one hour periods where his world would be broadened and

enlivened by all the activity and colour of the world outside.

The window overlooked a park with a lovely lake. Ducks and swans played on the water while children sailed their model boats. Young lovers walked arm in arm amidst flowers of every colour and a fine view of the city skyline could be seen in the distance.

As the man by the window described all this in exquisite details, the man on the other side of the room would close his eyes and image this picturesque scene.

One warm afternoon, the man by the window described a parade passing by. Although the other man could not hear the band, he could see it in his mind's eye as the gentleman by the window portrayed it with descriptive words.

Days, weeks and months passed.

One morning the day nurse arrived to bring water for their baths only to find the lifeless body of the man by the window, who had died peacefully in his sleep. She was saddened and called the hospital attendants to take the body away.

As soon as it seemed appropriate, the other man asked if he could be moved next to the window. The nurse was happy to make the switch, and after making sure he was comfortable, she left him alone.

Slowly, painfully, he propped himself up on one elbow to take his first look at the real world outside. He strained to slowly turn to look out the window beside the bed.

It faced a blank wall. The man asked the nurse what could have compelled his deceased roommate who had described such wonderful things outside this window.

The nurse responded that the man was blind and could not even see the wall. She said 'Perhaps he just wanted to encourage you'.

Epilogue: There is tremendous happiness in making others happy, despite our own situations. If you want to feel rich, just count all the things you have that money can't buy. Today is a gift, that is why it is called the present.



# St John Ambulance WA Ltd - Lake Grace Sub Centre

## Annual Chairperson Report Summary

Amanda Milton - Chairperson

It is my pleasure to present the 72nd Annual Chairman's report for St John Ambulance - Lake Grace Sub Centre.

### YEAR IN REVIEW

This year we saw a 10% decrease in total job load (inclusive of public duty), with our case load reaching 91 for the year. This figure is 38% less workload than our record year of 2015/16, and it is driven by decreased hospital statistics, including jobs being completed by other sub centres when Lake Grace could not supply a crew i.e. Narrogin and Kukerin.

Community Paramedic Earl Stamp became our 4th Community Paramedic in August of 2017 and his tenure finished in January of 2018. Murray Parker became our 5<sup>th</sup> Community Paramedic in April of 2018.

### BENEFIT FUND & GOVERNANCE

Benefit membership as at the 30th June was 210 (down 36) financial members and 50 un-financial (up from 31) members. There were 115 families (down 24) and 84 singles (down 14) that were sent renewal notices.

The rates for 2018/19 are \$91 for families and \$55 for singles as set by St John Ambulance Western Australia Limited each year.

Over the last twelve months there have been 5 general meetings and one Annual General Meeting making us compliant with the guidelines of sub centre operations.

### ACHIEVEMENTS

We have had another year with many achievements.

## First Aid Courses at Lake Grace

- Wednesday 12th September - 8:30 am to 4:30 pm
- Wednesday 10th October - 8:30 am to 4:30 pm

Bookings to be made and paid for prior to class date.

For further information contact Wheatbelt Office on 9621 1613 or email:

firstaidwheatbelt@stjohnambulance.com.au



- Awarded Australia Day Community Event of the year for 2017 for the opening of the new St John Ambulance WA Ltd Lake Grace Sub Centre.
- Celebrated 12 months in the new building. The building is working exactly as designed.
- For the third time in 15 years we did not have a representative at the 2017 State Conference.
- Ongoing operation of the First-Aid Kit restocking service.
- CCL Hardware providing our point of sale for first aid kits and they are selling the kits with no commission payable.
- Completion of the Annual Audit of the Mass Casualty Kit.
- Upgraded 10 Laerdal Annie mannequins to QCPR (Quality CPR)
- Purchase of a Laerdal Fully Body QCPR with Airway mannequin.
- Purchase of a second hand, fully electric emergency department bed for practicing of patient transfers.
- Assisted with the operation of the Driver Reviver Van.
- Loaned vehicle to Pingrup for Pingrup Races
- Attended Lake King for two Kart Competitions to assist the Lake King Sub Centre, each competition 2 days.
- Attended Blazing Swan Festival at Kulin to assist Kulin Sub Centre for 3 nights.
- Attended Kulin Bush Races to assist Kulin
- Attended the Kukerin Mud Bash and Burnout Competition to assist Kukerin Sub Centre
- Attended the Newdegate Machinery Field Days to assist the Newdegate Sub Centre
- Attended the Great Southern Football Carnival in Kulin - 1 crew for 2 days.

### ACKNOWLEDGEMENTS

#### **Committee and Office Bearers 2017/18**

Chairperson: Amanda Milton  
 Vice Chairperson: Lois Dickins  
 Secretary: Christine Fyfe  
 Treasurer: Lauren Caffrey  
 Committee Members: Keith Higgs, Joseph Sousa, Grant Medlen, Ross Chappell, Ollie Farrelly.

To Lois Dickins (LEMC and Roadwise Delegate) we say thank you for their efforts over the 12 months.

I also wish to thank Ray Gosling, Paula Carruthers, Christine Fyfe, Lauren Caffrey, Lois Dickins and Councillors Deb Clarke and Ross Chappell for their participation in the Building Sub Committee. As the



## St John Ambulance Annual Chairperson Report (cont.)

building is now completed and has had its 12-month inspection, all building accounts are now closed except for the Asset Management Fund where \$10k each year will be deposited into the account for long-term management of the building.

### Total Volunteer Numbers

We currently have nine officers at Level 2 level (Jade Cameron, Paula Carruthers, Ross Chappell, Debrah Clarke, Christine Fyfe, Raymond Gosling, Grant Medlen, Amanda Milton, and Joseph Sousa). We currently have four Level 1 Officers in Mike Barnes, Lois Dickins, Keith Higgs and Graham Milton. We currently have one Senior First Aid Recruit in Annie Argent, and there are four members holding administration roles in Lauren Caffrey (Treasurer), Ollie Farrelly (First Aid Training Co-Ordinator), Helen Bennett (Facilities Manager) and Trish Medlen (Assistant Treasurer and Social Media Co-ordinator).

In summary, 14 active qualified officers, four administrative personnel for a total of 18 active volunteers (up two from 2016/18).

### Job Numbers & Training

We have completed 91 ambulance jobs taking a total of 2821 hours to complete, which is 33% less job time than last year. 66 of these jobs were medical/ trauma or inter hospital transfers and there were 25 public duty events.

Of the 91 jobs in 2017/18, 20 jobs (down from 25) were trauma cases, 37 (down from 41) were medical cases, 9 (equal) were cardiac patients and 20 (down 6) were classed as other (event standbys, sporting events, etc).

There have been 724 hours of training this year over 26 separate training events with 185 attendances for an average attendance of 7.1 volunteers/ training session.

Working with WA Country Health Service and the Royal Flying Doctor, we continue to provide a service from the hospital to the airstrip and hospital to hospital. This service makes up 80% of our current work load (up significantly from 57% in 2015/16 and 67% in 2016/17).

There were 18 RFDS jobs in 2017/18 which is a decrease of 3 jobs from 2016/17

Transfers to WACHS facilities continues to fluctuate significantly from 48 transfers in 2015/16 to 23 transfers in 2016/17 and has bounced back to 33 transfers in 2017/18 (including transfers to Albany and Kondinin)

### Response Times

Response times are measured from time of departing the depot to arriving on scene. The longer response time for Priority one jobs (lights and sirens) is directly related to some long transport times to Pingrup, Harrismith and Kulin to attend Priority 1 jobs.

### First Aid Training

First aid training for 2017/18 continues to be co-ordinated by John Ambulance WA Ltd from the Northam Regional Office. We ran 5 courses for 46 students in 2017/18, and we plan to run 4 or 5 or Provide First Aid courses in 2018/19.

### Finances

All figures quoted in this section are to the end of June 2018. The 2017/18 accounts were externally audited by St John Ambulance WA Ltd and passed.

### Income Vs Expenditure

As at the 30/06/2018 the financial records system for the 2017/18 financial year recorded an income of \$101,499.04 and expenditure for the year of \$154,636.04 for a net loss of -\$53,137.00 for the year from the cashbook.

Donations of \$25,000 to the Newdegate Sub Centre and \$30,000 to the Dowerin Sub Centre for capital infrastructure contributed substantially to the loss.

Outstanding debtors as at the 30/06/2018 total \$409 with \$0 to become "debt not recovered". This is the lowest amount of carryover debtors ever and is a testament to the work that the Regional Finance team from Albany are doing with us to manage debt. In 2014 nearly \$17,000 was outstanding as at June 30.

### Vehicles

We currently have one 2012 and one 2013 ambulances that were brought into service in Lake Grace in December 2017. These vehicles will be set for changeover in 2019/20.

### Social Networking

This is our second year of using social media specifically Facebook. Our thanks to Trish Medlen for the administration of our Facebook page.

### Priorities and Goals for the next year

- Finalise building outstanding items. i.e. installation of donor tree leaves and ground artwork.
- Investigate purchase of a Crash Kelly mannequin- Estimated \$20K
- Upgrade 19 Ipad's. – Estimated \$12K
- Recruit 4 more active volunteers and get them trained to Level 1 within 3 months of joining.
- More external interactive training sessions in and around town with other organisations.
- Host 4 to 5 First Aid Training Courses
- Host the Lake Grace and District Local Health Advisory Group (WACHS Committee) Meetings
- Investigate floor painting at the Patient Transfer Facility at the Airstrip.
- Continue to use Social Media to promote our actives to the wider community.

### Closing

As I look back at nearly 15 years with St John Ambulance, I continue to be amazed at the rate of change in the organisation, and acknowledge the desperate need for even more change as we strive to deliver a premium service in a challenging volunteer environment.

## St John Ambulance Annual Chairperson Report (cont.)

The retirement of CEO Tony Ahern will not doubt lead to more change as Michelle Fyfe takes over the role as CEO of organisation later in the year.

Out thanks to the Staff of the Lake Grace Hospital, the various doctors we have worked with, the members of the Lake Grace DFES, and members of the Lake Grace Police Service, for the ongoing partnerships we share, and teamwork we rely on, to provide the best service possible in peoples' time of need.

The volunteer role with St John Ambulance is unique. Each experience changes us, and the fragility of the life is constantly reinforced.

In closing, this has been a year of settling and stability. A year to take stock of the last 7 years effort to achieve a new facility, and a year to catch our breath.

In this our 72nd year of service to our community, we are stronger, more focused, more skilled, more resourced than ever before. But we must always strive to be the best we can be.

As a sub centre we have gifted forward \$85,000 (GST return from our building) to three new projects (Newdegate, Dowerin and Cranbrook) to help them achieve their new/refurbished building needs in 2018. We also plan to assist Varley Sub Centre in 2018/19.

As a community should be very proud that the "internal

crowd funding through the St John Family" model that Lake Grace started, is gaining momentum in the organisation, and that volunteer facilities are being upgraded around the state at an unprecedented rate because of that.

As change is inevitable, a healthy sub centre needs a change of leadership from time to time, and now it is time for someone else to drive the sub centre with new ideas, and to put their own brand of leadership on this team.

So, with 13 years as Chairperson and one as Vice Chairperson, I will vacate the chair for the final time at this Annual General Meeting, and welcome incoming Chairperson Lois Dickins.

I plan to continue as a Volunteer Ambulance Officer and to mentor the team with Grant Medlen as your Volunteer Development Officers.

It has been a privilege to serve the sub centre and the community "in the service of humanity".

## CCL Hardware

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**We will be closing for the  
long weekend September  
22-23-24 2018.**



# Understanding Retirement Village Contracts

Iris Thomas - (08) 9842 8366

Thinking of moving into a retirement village? Before you sign on the dotted line, make sure you understand matters set out in the contract. Much of the detail about how a village is managed and run is contained in the residence contract – and they can vary greatly.

Also be aware that there are three common options for retirement living - retirement villages, residential parks and strata title units. Even though they may have similar sounding names each of these options is classed differently and come under different laws.

When it comes to retirement villages in Western Australia the majority are lease villages, meaning residents never own the premises but simply purchase a lease granting them the right to live there. Finding out if you will be a **lease owner** or **owner resident** is important as it will affect your rights and obligations once you have moved in.

Be sure to get a copy of the **village rules** as there could be limitations on pets, visitors, noise and nuisance and use of common areas, parking or gardening.

In a recent case, a couple found out the hard way that pets were prohibited. They had already paid a \$2,000 deposit on a unit and were looking forward to moving in with their beloved dog Nancy when the sales representative informed them that although he had verbally agreed to their dog living in the unit with them, the operator had informed him that pets were not allowed. The couple got their deposit back but were obviously disappointed.

Financial matters also need to be clarified. You need to be aware of the monthly charges and what they cover and if you will be charged special levies on top of **recurrent charges**. Ask for details about **Capital Maintenance and Replacement** and who pays for the various costs of maintaining or replacing items of capital in the village.

While you can hopefully look forward to many years in your new home, do not forget that many retirement villages have substantial fees that are payable when you leave, often known as **exit fees**, deferred facilities fees, deferred management fees or deferred payment.

These fees will be determined by the contract you have entered into with the operator and how long you have lived in the village.

In one case, a resident who had vacated his retirement village after living there for three years and 11 months was forced to pay an extra \$10,000 in exit fees because it took 13 months for his unit to be re-leased.

When you move out the operator may determine a renovation is in order to get the best sale price. To make sure you are not paying excessive **refurbishment fees**, check the refurbishment arrangements in your contract.

Asking the right questions during the pre-contract disclosure and contract stage is essential and could save

you heartbreak and money down the track. If an operator is not providing clear answers to your questions, ask yourself if this is really the village for you?

As part of pre-contract disclosure retirement villages are required to give you a summary of what the village offers and what the costs will be. This summary is in a standard form and can be used to help you compare villages.

More information about retirement villages and other housing options for seniors is available at [www.consumerprotection.wa.gov.au](http://www.consumerprotection.wa.gov.au) or by calling the Seniors Housing Advisory Centre on 1300 367 057. Alternatively, email your query to [seniors.housing@dmirs.wa.gov.au](mailto:seniors.housing@dmirs.wa.gov.au).

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# Bowel Health – It's Worth Giving a S\*it!

Wheatbelt Men's Health (Inc.) Phone: 08 9690 2277 Email: [menshealth@4blokes.com.au](mailto:menshealth@4blokes.com.au)

The bowel is an important part of our digestive system, but what is it, and what should we be aware of when weighing up our overall bowel health?

The bowel is made up of three parts:

- The *small intestine* is around 6 metres in length and is the narrower (small) section of the bowel. It absorbs the nutrients in the food we digest.
- The *colon* and rectum make up the larger intestine, it is much shorter but thicker. Its role is to reabsorb fluid and process the waste material.
- Finally, the *rectum* is where the waste material is stored until we go and *drop a log* so to speak.

What comes out and the frequency of our bowel movement is something else we should take note of. Our poo or stool should be soft, sausage shaped and should not require too much effort to pass. The frequency can depend on individual habits, changes to our diet, but the main thing to remember here is a sudden change in your poo routine could indicate other issues.

So, what's *not* normal?

**Signs of Blood:** Bright or fresh signs of blood on the toilet paper could be a result of haemorrhoids (usually a result of constipation or straining too hard) or wiping too hard and frequently can cause small cuts/tears on the anus. Blood in the poo (especially darker blood) could mean bleeding further up the bowel and should be discussed with a doctor immediately.

**Constipation:** Dry or hard poo sometimes associated with cramping or bloating in our lower abdomen (something we have all probably experienced) can often be resolved with some lifestyle changes ie. drinking plenty of water, eating a diet high in soluble fibre (fruit/vegies/oat bran/lentils/beans) and an increase in physical activity.

**Diarrhoea:** We have all probably had a mean curry that has caused us to frequent the loo, but diarrhoea is

usually caused by our intestine becoming inflamed and irritated affecting the reabsorption of water from the waste material. This can be caused from numerous factors such as: illness/infection, food poisoning, drinking contaminated water, ulcers, stress and certain food intolerances.

**Leakage:** Accidental leakage or incontinence can be associated with severe diarrhoea but can also be caused by weakness or damage to the muscles around our bowel and anus. Bladder and Bowel Health WA, (previously The Continence Foundation of WA) is a great resource to get assistance, advice and support if you are affected by incontinence.

If any of these issues is having an effect for more than 2-3 days a visit to the doctor is recommended. A prominent cancer is bowel cancer and can remain undetected until well advanced.

Remember good bowel health and our digestive system is often compared to being just as important as brain function, just at the other end of the body. So, remember it is worth giving a s\*it about!!

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[kvc@kojonupvethospital.com.au](mailto:kvc@kojonupvethospital.com.au)







PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599

Email: [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)



## CEO's Corner

### Souths - Hockey

What a fantastic day it was for hockey on Saturday in Kulin, great company and the bonus of the Souths Hockey club having teams in all four Grand Finals. They were successful in winning the Ladies A Grade and Men's Premiership. This is the first year they have had the Men's team and to win the Premiership first up is a great credit to all involved. It was great to see so many out in support of the club. The Ongerup Winter Sports Association is holding the Grand Finals in Newdegate on Saturday. Good luck to all of our local teams playing on the day.

### Flooding Event

The past week has seen our first sector completed, with Newdegate Grading & Plant Hire having finished all designated work in the North sector. By October the West sector will also be finished. The contractors are estimated to have completed 60% of outstanding works, it is anticipated that we will have all works finished by December.

There are a number of roads on which the remediation works have now been completed, if you have any concerns with the completed works, please let us know and the quality of work can be inspected and repaired if required.

As this work is being carried out, the Shire would like to remind road users to be courteous and slow down within the areas that crews are working, this will allow them to do their job in a safe manner and complete it sooner. Unfortunately we continue to have had a number of reports of vehicles speeding through the road works.

### 2018/2019 Budget Adoption

The 2018/2019 budget was adopted by Council last Wednesday, there will be a 2.5% increase in General Rates and the Lake Grace Sewerage Rates. Lake Grace & Newdegate SARS remain at a similar level to last year. With Lake King & Varley having a slight decrease in their SARS rates. It is intended that the rates billing will be issued by Wednesday 12 September.

Townsite Gross Rental Values remain the same as last year, with the Rural Unimproved Values increasing by 1.79%. Given this is the case, there will also be variances greater or less than the 2.5% average rate increase. Comments from the District Valuer were;

"Overall 'broad area' unimproved values have remained unchanged with the exception of minor increases along

the Eastern fringe of the Shire as part of the mass valuation process.

Some changes to individual assessments may have occurred either as a product of the mass valuation process or where records have been amended or corrected for more up to date information about soil types etc."

### Council

#### Ordinary Council Meeting – Wednesday 22 August 2018

Items of business considered by Council at this meeting included:

- Development Application – Proposed change of use to Lot 276 (No.21) Mason Street, Lake Grace
- Secondary Freight Route Project
- Transfers to Reserve – Unbudgeted
- 2018/2019 Budget Adoption

The date of the next Ordinary Council Meeting is Wednesday 26 September 2018.

#### 4WDL Meeting – Tuesday 14 August 2018

On Tuesday 14 August, Shire President Cr Jeanette De Landgraff and I attended a 4WDL meeting hosted by the Shire of Wagin. The topics for discussion during this meeting included:

- Puppy Farming Legislation
- Royal Commission into Institutional Responses to Child Sex Abuse
- Digital Census Progress
- Public Health Act – Action Plan for Communities
- Electricity Costs
- Kwinana Industrial Area and the Western Harbour Alliance

#### Community Resource Centre Funding Restored!

The State Government announced it's 'backflip' on the Community Resource Centre funding cuts on Friday 10 August 2018 and confirmed that it would continue to provide CRCs with the full funding of \$13million per year, rather than the proposed \$8million. This is fantastic news for rural communities across WA, as our CRCs provide an invaluable and essential service. A big "well done" to all of those involved in the campaign to prevent these cuts, this is a great outcome!

#### 'A Boy Named Cash' – Wednesday 15 August 2018

On the evening of Wednesday 15 August 2018, the Lake Grace Artist Group hosted the Shows on the Go presentation of 'A Boy Named Cash',

*Continued over ...*

## Shire of Lake Grace Community News *Cont.*

### CEO Corner *Cont.*

at the Lake Grace Hall. Monty Cotton, a seasoned performer and musician, took centre stage as 'The Man in Black' and showcased some of Johnny Cash's greatest hits. Having sold 152 tickets, the hall was packed out and what a fantastic evening it was. Thank you to everyone that was involved in bringing this show to Lake Grace, it really is great to see these events bring the community together and I look forward to attending more in the future.

### Dogs - Please keep your dogs on leads!

I ask that all dog walkers keep their dogs on a lead when walking through town, this also applies to dog walkers on bikes. The penalty for having a dog off the leash or untethered is \$200. As complaints have been received the Rangers have been notified and will be paying attention to this matter.

### Dogs - Please pick up after your Dog!

It is also a \$200 offence under the Shire of Lake Grace Dogs Local Law if a dog excretes on any thoroughfare or other public place or any land which is not a public place without the consent of the occupier. The person liable for control of the dog at the time commits an offence if they don't pick up after the dog. The Shire does provide dog litter bags for the purpose. If you see this happening take a photo and report the incident.

### Speeding through Back Lanes

It has been brought to my attention that there have been a few incidents of people speeding through laneways. Back lanes have limited visibility, to ensure the safety of anyone in the area, speeding vehicles are not acceptable. If this behavior is to continue we will be forced to install engineered devices that will restrict the speed of vehicles.

This is your community, and you need to ensure the safety of others from your actions. If an incident were to occur there is the potential for prosecution under the provision of the Road Traffic Act. If you witness someone speeding in the laneways, note down their vehicle details and report them to us.

### Road Works

The Construction Crew and General Maintenance Staff have carried out the following work:

- Mallee Hill Road, (near Fourteen Mile Road – carting of gravel to upgrade, widen and re-sheet from slk 23.0 to slk 25.0);
- Plant Maintenance;
- Installation of Rural Roads Signs and Guideposts;

The Lake Grace Maintenance Grader has carried out grading work on the following roads:

- Griffin Reward Road

The Lake King Maintenance Grader has carried out grading work on the following roads in Lake King and Varley:

- Holt Rock Road

- Winchcombe Road
- Dempster Rock Road
- Purnta Road
- Pickernell Road
- Broombush Flat Road

The Newdegate Maintenance Grader has carried out grading work on the following roads:

- Haig Road
- Shalders Road

### Parks and Gardens

The Town Maintenance Crew has carried out the following work:

- Tool and Plant Maintenance
- Lake Grace Recreation Ground – fixing and re-fitting of tennis court shade cloth, spraying of weeds around tennis court, cleaning up and blowing around the pavilion, moving of blue metal to the sports complex and double cut of the football oval;
- Lake Grace BBQ Area – mulching of bbq area and car park garden area;
- Lake Grace Town Street – mulching of garden beds, unblocking and clearing of drains, removal of tree branches;
- Lake Grace RSL – general garden maintenance;
- Lake Grace public toilets – general garden maintenance;
- Stubbs Street, Lake Grace – mowing of lawns;
- Lake Grace Depot – unblocking and clearing of drains;
- Lake Grace Medical Centre – general gardening maintenance and spraying of roses;
- Lake Grace Swimming Pool – general garden maintenance including spraying of weeds, pruning, cleaning, blowing and mowing of lawns;
- 6 Blackbutt Way, Lake Grace – general garden maintenance and rose pruning;
- Lake Grace Hall – mowing of lawn;
- 3 Clark Avenue – general garden maintenance and mowing of lawns.

### Building & Maintenance

The Building and Maintenance Team has carried out the following work:

- Varley Hall - large water leak over kitchen;
- Varley Public Toilets – replacing of toilet roll holders;
- Newdegate Golf & Bowls Club - glass washer removed for repair and gutter cleaning;
- Newdegate Public Toilets – cleaning of gutters;
- Newdegate Medical Centre – cleaning of gutters;
- Lake Grace Hall: set up for breast cancer van;
- Shire of Lake Grace Office - fluoro light repair and clean air conditioner filters;
- Lake Grace AIM – monitoring of building movement.

*Denise Gobbart*  
Chief Executive Officer



Shire of Lake Grace Community News *Cont.*

## Office Opening Hours

Monday - Tuesday - Wednesday - Friday

8.30am - 4.30pm

Thursday 8.30am- 4.00pm

Staff can be contacted by phone between 8am - 5pm.

## Transport &amp; Licensing

All licensing payments are to be made in person at the Shire of Lake Grace Administration building.

**Monday, Tuesday and Wednesday 8.30am - 4.15pm**

**Thursday and Friday 8.30am - 4.00pm**

As an agency we process the majority of transactions, including; renewals, transfers, number plate orders, boat registration renewals and new licence applications.

Please ensure you arrive at the counter with sufficient time for your transaction to be completed by closing time, this is because it is necessary for staff to reconcile Department of Transport transactions each day.

Please keep in mind that farm equipment and Learners Permit transactions can take up to 45 minutes or more.

## Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

**Friday - 7 September 2018**

**Friday - 5 October 2018 to be confirmed**

Bookings are essential for all Practical Driver's Licence Assessments and we advise that there is a waiting list, so booking in advance is highly recommended.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information visit [www.transport.wa.gov.au](http://www.transport.wa.gov.au).

## Building Surveyor

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

**Tuesday 4 September 2018**

**Tuesday 18 September 2018**

For an appointment contact Josiah on 0438 811 944.

## Environmental Health Officer

For an appointment with the Shire's Environmental Health Officer, Will Pearce, please contact the Shire on 9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au).

## Tip Open Hours

## Lake Grace

Monday & Wednesday 9am - 2pm

Saturday & Sunday 9am - 4pm

## Newdegate

Wednesday 9am - 1pm

Saturday 9am - 1pm

## Lake King &amp; Varley

Open Every Day

## Waste &amp; Recycle Pickup

Household Waste Collection is a weekly service and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

**Recycling** is a fortnightly service and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
3 September	10 September
17 September	24 September

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

For more information on Waste Management visit the Shire's website.

## Office Opening Hours

## Lake Grace Public Library School Place Absolon St

Monday - Thursday 9am - 5pm

Closed for lunch 12.30 - 1pm

## School Holidays

Tuesday & Thursday 9am - 5pm Lunch 12.30 - 1pm

## Newdegate Public Library Collier St

Monday - Thursday 8.30am - 4.30pm

Closed for lunch 12noon - 1pm

Friday 9am - 2pm

## Lake King Library Newdegate/Ravensthorpe Rd

Tuesday and Thursday 8.30am - 3.30pm

*Everyone welcome*



Check out our Facebook page [www.facebook.com/ShireofLakeGrace](https://www.facebook.com/ShireofLakeGrace)



Shire of Lake Grace Community News *Cont.*

# What's Recyclable What's Not!



## What's Recyclable:



- \* Plastic bottles
- \* Newspaper
- \* Cardboard (clean)
- \* Paper Grocery bags
- \* Egg Cartons
- \* Magazines, junk mail, stationery and envelopes
- \* Glass bottles and jars
- \* Milk & Juice cartons
- \* Aluminium/tin cans, foil, trays
- \* All plastic food containers
- \* Empty aluminium aerosol cans

## What's Not:



- \* Plastic wrap
- \* Plastic bags
- \* Styrofoam (including disposable coffee cups)
- \* Paper towels, napkins, tissue paper
- \* Paper plates, soiled paper
- \* Fast food wrappers
- \* Food waste
- \* Cups, plates, wine and drinking glasses
- \* Light bulbs
- \* Batteries
- \* Green Waste

## Recycling Services

Recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility.

If items which are not recyclable are found the content can't be recycled and the load will be directed to landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminants in the recycling process.

Please remember to rinse out cups, cans, jars etc. before throwing them in the bin.

By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.



Reduce

Reuse

Recycle

VACSWIM

## VACSWIM Enrolments

VacSwim classes in Newdegate and Lake Grace will be held from:

Saturday 15 December 2018  
until Friday 21 December 2018

Your children can join in the fun of learning to swim for just:

- \$7.00 per child for a five day short program
- \$13.00 per child for all other programs.

It's even cheaper if you have three or more children:

- \$18.00 a family for a five day short program
- \$35.00 a family for all other programs.

The family enrolment discount only applies to three or more immediate family members or a blended family living permanently at the same address (proof may be requested).

Separate entry fees may be required at pool centres for participants and accompanying family members.

**Enrolments Close:** Sunday 4 November 2018

**WAGIN & DISTRICTS STUD STOCK BREEDERS' ASSOCIATION INC.**

# **WAGIN RAM SALE**

**WEDNESDAY  
12<sup>th</sup> SEPTEMBER 2018**

**Wagin Showgrounds**

***\*NEW\** Sale Time**

**12.30pm**

**Rams penned 10am**

.....  
**FEATURING**

**WILLOO POLL MERINO & MERINOS**


**KINGUSSIE MERINOS & POLL MERINOS**

**SUNNY VIEW POLL MERINOS**


**YOW YOW POLL DORSETS**

**KANTARA WHITE SUFFOLKS**

**DUMBLEDEE POLL DORSETS**



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# Getting To Know...

By Rosie Timperley

1. Name : Symone McKenzie (Reynolds)
2. Occupation: Stay at home mum / Business Owner of McKenzie Rural Contracting
3. Where is your favourite place to holiday? Bali
4. Which actress would play you in a movie? Rebel Wilson
5. Which 3 famous people would you invite to a dinner party? Rebel Wilson - she is an absolute laugh , James Cordon because who doesn't love a sing-a-long - instead of carpool karaoke it would be dinner table karaoke! Also Curtis Stone so he can cook us our meal
6. What is one thing that irritates you? Bad manners and poor customer service
7. If you could go back in time or forward in to the future for just a short while, which way would you choose and why? I wouldn't choose any of these because If I go back to the past and change one thing, then I wouldn't be where I am today. There are regrets and there are mistakes in the past, but I have learnt something from them. It made me stronger, through these lessons. Everything happens for a reason. So Just learn, Accept and Move on!
8. If you won \$10 million in lotto and chose to give some to charity, which one would it be and why? Most definitely Cerebral Palsy Alliance Australia because our 2 year old son has just recently been diagnosed with CP.
9. Do you have any pets? We have a new blue heeler puppy , named Duke.
10. Do you prefer Summer, Autumn, Winter or Spring? Most people hate it, but me I love Winter. Being able to wear layer upon layer of clothing and sitting by the wood fire is the best.



## lake grace engineering

### **\*Hydraulic Hose Crimping & Fittings**

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Email: [adminlge@bigpond.com](mailto:adminlge@bigpond.com)

# KUKERIN CREEKBED & BURNOUT COMPETITION

CHECK OUT OUR WEBSITE [www.kukerincreekbedandburnoutcomp.com](http://www.kukerincreekbedandburnoutcomp.com)

**SATURDAY  
SEPT 22**  
SMOKE FOR DOUGH  
CREEKBED PRACTICE  
HEATS 3-5PM

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**SUNDAY  
SEPT 23**  
MAIN EVENT  
CREEKBED RACING  
BURNOUT COMP  
FROM 9AM-5PM

**GLASS FREE EVENT**  
VEHICLE CHECKS WILL OCCUR




Central West Transport provides the Central West and Great Southern regions with a reliable and efficient service at competitive prices. Services offered include general freight, Wool, oversize and short term storage for the Building & Construction, Mining, Agriculture and Retail industries to the following towns.

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**For any pricing and enquiries please contact:**

Michael Bryant 0427 398 162

[michael@centralwesttransport.com](mailto:michael@centralwesttransport.com)

Ellie Sharrock/Bryce Maisey 0457 398 127

[pickups@centralwesttransport.com](mailto:pickups@centralwesttransport.com)

[bryce@centralwesttransport.com](mailto:bryce@centralwesttransport.com)

# Puzzles & Stuff

Some words from the 16th August edition of Boggle

Answers to 16/082018 Sudoku

Boatnecks	Bones
Beacons	Canes
Beckons	Cents
Octanes	Cones
Absent	Knots
Ascent	Necks
Atones	Notes
Batons	Onset
Canoes	Scent
Enacts	Snack
Oceans	Snake
Stance	Sneak
Tokens	Stone
Aeons	Taken
Bacon	Ante
Beans	Neat

9	5	4	6	3	7	2	1	8
8	1	6	2	9	5	3	4	7
3	2	7	4	8	1	9	6	5
7	6	8	9	2	4	5	3	1
2	9	3	5	1	6	7	8	4
1	4	5	8	7	3	6	9	2
4	7	9	3	5	8	1	2	6
5	8	2	1	6	9	4	7	3
6	3	1	7	4	2	8	5	9

6	4	1	5	3	7	9	8	2
8	9	3	4	2	1	5	6	7
7	5	2	9	8	6	1	3	4
1	7	8	6	5	4	2	9	3
9	3	5	1	7	2	6	4	8
2	6	4	3	9	8	7	5	1
3	2	6	8	1	9	4	7	5
4	8	7	2	6	5	3	1	9
5	1	9	7	4	3	8	2	6


*This week's Boggle*

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## Trivia Questions

See next week's edition for the answers

- Which Russian city was famous for its State Circus?
- What African country and its currency have the same name?
- An otologist studies what?
- The Pied Piper played where?
- Which cartoon characters are described as being three apples high?
- What is the sticky wax obtained from sheep?
- Who was Singin' n the Rain in 1952?
- How many languages of Africa are there?
- The Indian Pacific rail service travels between which two cities?
- What type of animal is a Chamois?

*Answers from 16/08/18*

- Mars
- Potato
- Venus
- Light Emitting Diode
- From 7 - 10 days
- Persephone
- Gin, as they got too drunk
- Hot-air balloon
- Top hats
- Petunia

## Stay On Your Feet

### Free Seniors Program

Tuesday  
10:00 AM  
At the  
Shire Hall





# Lake Grace Artist Group News

*Kerrie Argent*

How exciting, two exhibitions and a workshop this month. You'll need to shake out your glad rags for two exhibition openings.

We will be installing "Exploring Flora" on Monday and Tuesday ready to be opened on Wednesday for travellers passing through to the Newdegate Field Days, with the official opening on Saturday evening at 6.30 pm; please come and join us for the official opening and enjoy the art. Plantagenet artists have once again joined us in this exhibition, so we should have a wonderful variety of works for you to view. All are for sale.

Then on the 22nd Sept we have the opening of the ALTERED STATE exhibition by WAFTA (West Australia Fibre Textile) group.

Next week we have a Book Binding / Journal Making workshop on the weekend of the 8th & 9th September. This is open to anyone, cost is \$60 for the two days ..

Contact Jayne Argent at [jaynearg@gmail.com](mailto:jaynearg@gmail.com) to book in or if you would like further information.

Thanks to everyone who made the effort to come to The Boy called Cash. 153 people, what a wonderful

effort. A bus load from Newdegate, some from Kulin and lots from Lake Grace...awesome. Thanks to the band Stephen Chappell and Linda Vlasich for your great effort at running the bar. And a fabulous effort by the boys in the local band for your music and giving us a chance to dance for a couple of hours....What an awesome night.

Lake Grace is part of the Southern Art Trail again this year, we are venue number 89. Catalogues for the whole art trail will be available at the art space from next week if you need to plan your next tour for this year's Southern Art trail.

Our next meeting on the 17th September will be starting at 10am at the AIM Hospital Lake Grace. Bring something for a shared morning tea; tea and coffee will be supplied. We are hoping Elsie Bishop and Helen McDonald will join us to share their stories of times working in the hospital, this is for the creative grid exhibition. Anyone interested in participating in this exhibition should come along and join us at 10am, we will then have the general meeting at 12.30 at Lake Grace Art space.

More news next fortnight.

## *Expression of Interest* SHIRE CATERING



The Shire of Lake Grace is seeking expressions of interest from local catering/hospitality providers, to provide an efficient and high quality catering service for Shire meetings, functions and events. As our catering service provider, you will be able to demonstrate previous experience of providing catering/hospitality services for clients: including menu creation, sourcing and purchasing of ingredients locally, food preparation, presentation and clean up. You will also have an excellent understanding of food health and safety requirements and procedures.

If you are passionate about catering/hospitality and are committed to your community, we would like to hear from you.

**For more information or to request an application form, please contact:**

**Cheryl Cavanagh, Executive Assistant on**

**9890 2500 or email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)**

**Expressions of interest close on: Friday 31 August 2018 at 4.00pm**

*The Shire of Lake Grace is an equal opportunity employer*

# Why Is Reading Important?

[www.letsread.com.au/](http://www.letsread.com.au/)

**Almost half (46%) of Australians over 15 lack the literacy skills they need to meet the demands of everyday life and work.**

Literacy is one of the most important foundations for success in school and life. It is well documented that an individual's literacy levels affect their opportunities in life for education, employment, income and wellbeing

We also know that:

- **The building blocks for literacy start very early in life** – well before a child starts school or pre-school. The years from birth to age five are critical for building the emergent literacy skills that precede learning to read and write and a child's early literacy skills are a predictor of later literacy and academic achievement.
- **Not all children arrive at school ready** to take advantage of the learning opportunities provided at school. In Australia 22% of 5 year old children are developmentally vulnerable in one or more domains of development
- **Those who don't arrive ready sometimes never catch up**, even with appropriate intervention. Currently our primary school children are some of the worst performing internationally in literacy – Australian Year 4 children are ranked 27<sup>th</sup> out of 45 countries in reading.

- **The early home learning environment makes a difference** for children's later academic and literacy success, particularly for children in disadvantaged circumstances.

**Many families are not aware of the importance of early literacy or how to foster its development.** For this reason, community services and the Early Childhood Education and Care (ECEC) sector have an important role to play in working with families to support children's emergent literacy development.

**Sharing stories from birth gives children a great start to life**

The best way to equip children for their future is by helping them build a solid early language and literacy foundation well before school. Reading with children helps protect them from later reading problems, supports vocabulary and cognitive development and facilitates adult-child bonding.

**Sharing books from birth helps children become better readers for life**

Children are born ready to learn and the best learning occurs within nurturing relationships. Establishing the building blocks for literacy starts very early in life and a child's early literacy skills are a predictor for later literacy and academic achievement. An individual's literacy levels affect their opportunities in life for education, employment, income and well-being.

Book week might be over but don't let that stop you from coming in to the library and selecting a book for your child and yourself.

## Lake Grace Sportsman's Club



Need something to eat after the Newdegate Field Days? We have scrumptious steak, chips and salad dinners available on the Wednesday 5th September.

\$12.50 per meal

Business booking (if invoices are required) to Claire Pelham 0457 207 749



**Pirate Vicki Reynolds makes a selection of books to use at the Daycare.**



# Lake Grace Golf Club Notes

Suzanne Reeves

There was no golf in Lake Grace over the weekend of the 18th and 19th August as the Lakes District Men's Carnival was held in Hyden for the first time since they joined the association. No glory to report from the Lake Grace representatives that attended, just a fun weekend of golf.

Sunday 26th August was the Stanton/Strevett Day, a 4BBB hidden partners with everyone vying for their share of the sheep.

Winners on the day with 81 points were Chad Stanton and Stephanie Lay. Runners-up were Kevin Eggers and Craig Reeves with 80 points.

The birdy hole (No.2) has jackpotted for another week.

Winners of the novelties were:

NTP No. 4 (sponsored by Elders Insurance) Helen Hunt

NTP No.6 (sponsored by Lake Grace Roadhouse)  
Kevin Eggers

NTP No.15 (sponsored by Lake Grace Engineering)  
Steve Hunt

NTP No. 18 (sponsored by Lake Grace CRC) Phil Young.

Longest putt No.9 (sponsored by LG Tyrepower)  
Stephanie Lay.

Sunday 2nd September is a stableford competition sponsored by Lake Grace Tyrepower. The following weekend is???



**OPEN**  
most days

Wednesday – Sunday	10am – 4pm
Monday & Tuesdays	CLOSED

*Come & enjoy a tea/coffee with homemade cake*  
 Bookings not essential, but appreciated.  
 Phone: 0447 651 418  
 Facilities not air conditioned



## Garage Sale



**MOVING HOUSE SALE**

To name just a few....

- Tupperware
- Kids toys
- Kitchen ware
- Books
- Lots of odds & ends
- Freebies
- **HAPPY TO NEGOTIATE—ALL MUST GO**

Sunday September 2nd 2018

8 to 11 a.m.

**CLIFFORDS HOUSE**  
54 Griffin St Lake Grace



## NarrogenUltrasound

**119 Federal St Narrogen 6312**  
**9843 2186**

[www.narrogenultrasound.com.au](http://www.narrogenultrasound.com.au)  
 Email: [info@narrogenultrasound.com.au](mailto:info@narrogenultrasound.com.au)  
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ENVIRONMENT BY EXPERT  
ACCREDITED SONOGRAPHERS**



**LAKE GRACE-PINGRUP WINTER SPORTS****WINDUP DAY & EVENING****Saturday 8<sup>th</sup> September 2018**

- 9.30am Junior Football vs Parents
- 10.30am Junior Netball vs Parents
- 10.45am Junior Football & Auskick AGM (Sportsman's Club)
- 12.30pm Lunch.



Steak &amp; Salad \$10

Sausage sizzle for kids FREE

Presentations to follow for netball, hockey and football

**All involved families to supply 1 salad and 1 sweet plate please.****RSVP to Sym McKenzie. Any enquires please contact Sym - 0437 430 093****Lake Grace-Pingrup Winter Sports****Awards & Presentation Evening****Saturday 8<sup>th</sup> September****Lake Grace Sports Pavilion****5.00pm – midnight**

- 5.00pm Arrival & pre-dinner drinks
- 5.30pm Vote count and Awards presentation commences

**\$65.00 per person****Entertainment and Meal provided****Dress Code: Cocktail****RSVP essential by 1<sup>st</sup> September to your respective club contacts****Winter Sports Grand Final****Saturday 1st September @ Newdegate****Lake Grace-Pingrup are represented in the following****Reserves Football - 11am****A Grade Netball - 12:30pm****B Grade Netball - 10:30am****Senior Hockey - 2:10pm**

## Souths Taste Victory (cont.)

After some serious pep talk Souths came out with a vengeance for the second half. The crowd were back in the game and went wild when Mel Ogilvie scored two awesome goals that sealed the win. The final score was 3-1 and a jubilant team captained by Shaylah Medlen accepted the trophy, pennant and players medallions. Best on ground was Kelsie Adams.

The last fixture of the day was the Men's final with Souths pitted against the top placed Corrigin. Although having equal points on the ladder, the Corrigin team had a far higher goal scoring average. The game was very physical and fast with the well matched teams both being scoreless at full time. Following two period of extra time there was still no score. Tension was high as the teams went to penalty strokes; after the first five the score was 3-3. From there it was golden goal, Jamie Eggers drilled in the first goal for Souths. when goalie Cameron Bushby successfully deflected Corrigin's attempt the crowd went wild.

Goal scorers for the men were Floyd Pryor, Jared Nenke, Ben Hall and Jamie Eggers.

Fantastic result for our first year men's team. The improvement through the season has been tremendous.



**Above: Fiona Chatfield & Kelsie Adams.**

**Below: Julie Ditchburn & Fiona Chatfield.**



**Above: Danielle Drummond-Hay and Amber McPherson.**

**Below: Robyn Ogilvie, Di Desmond and Amy Hall.**



**Above: Mitchell Smith and Damian Trevenen.**

**Right: Jared Nenke.**





## Souths Taste Victory (cont.)



*A jubilant Tahryn Trevenen (arm raised) after scoring Souths first goal in the A Grade womens game. Photo Lois Dickins.*



*The Men's team flooded goalie Cameron Bushby after he blocked Corrigin's goal. Photo Nicole Argent.*



*Left: And it's a goal. The golden goal shot by Jamie Eggers that got Souths Men across the line. Photo Nicole Argent.*

*Below: A fearless Seth Argent, the goalie for Souths Junior Hockey team prepares for Corrigin's attack, while Gabrielle Nenke prepares to assist.*





# Lake Grace Pingrup Jnr Hockey Club

Janine Watson

## 1<sup>st</sup> Semi Final V's Newdegate

With one player out thanks to Chicken Pox, and another couple out of school with colds during the week, I was a little concerned we wouldn't have a full team. Luckily we did, despite Michael wanting to spend the entire game on the bench, his mean ole mother made him play. It also meant that our Yr 4's Alby and Payton were able to enjoy a full game.

With the first 5 or so minutes in our defence I was beginning to worry, however the ball soon went up the other end and our little winger Alby helped get the ball into the D. Our first goal followed very soon after.

Lucas Robinson managed to get his stick onto 2 further goals in the second half. Despite the score everyone on the team had to work and Newdegate came into score in the last minute of the game.

Lucas was named Best on Ground by the Umpires and I gave Top Effort to Alby Stanton on his efforts during the game.

## Preliminary Final V's Boxwood Hill

We finished the season 1 point behind Boxwood on the ladder, and we had a pretty even competition with them all year. This game could go either way, however, we needed to win to get through to the final Bonus game our Grandy. We certainly had a chance with the whole team on deck.

With the kids scheming up their short corner variations in Chinese they had their chance to put it to the test in the first couple of minutes. Holly pushing out beautifully Michael was able to connect and belted the ball back in for our first goal. I turned away in excitement, and wiped the sweat off the brow, however by the time I turned back the ball was at the opposite end and Boxwood soon followed up with their first, it was certainly game on. Boxwood soon followed with their second and Lucas managed to score our second, all before half time.

Second Half – I'm not sure what happened to the Chinese but their line ups weren't what we practised, luckily there's another year of Mandarin before next finals.

Luke and Judd were so very solid in defence with young Alex

**Back: Luke Clifford, Michael Watson, Holly Stanton, Tess Stanton, Linkin Eaton, Lucas Robinson, Coach Janine Watson**

**Middle: Cambell Chatfield, Judd McKenzie, Payton Callope, Jaspar Marshall**

**Front: Alex Clifford, Amber Pearce, Griffin Naisbitt, Alby Stanton**

backing them up in goals; we held Boxwood in the second half to no further score. Newcomer to hockey Griffin was amazing in half back along side Cambell and Holly. On our front, our inners Lucas and Michael had their work cut out and ran all game, (well between the coughing for Michael). Amber in our centre-forward also played a great game and we shall miss her. Our wings Tess and Jaspar fought hard to move the ball forward, Jaspar at one stage lost his shoe but still kept the fight up. On our bench Payton and Alby - I really wish we could play 13 on the field as these 2 certainly earn their keep/lollies on the field and I look forward to watching them both next year.

Our game finished at 2 all which brought on extra time, 5 minutes each way. Boxwood just need to defend to go through, where as we needed that goal. Fighting very hard we were unlucky not to score as we had a few chances. The game finished in a short corner. With our confused full backs moving up to help back up the ball and keep it in the D we were still unable to produce the goods required, just wasn't meant to be our day.

**Best Players:** Lucas Robinson, Cambell Chatfield and Luke Clifford.

In summary, this really is a great bunch of kids, they listened well all year and happy to take advice. We had 5 players with no previous experience in hockey and watching them it would be hard to pick who they were. In my eyes they're a little team of champions who all absolutely tried their heart out.

We'll lose possibly 3 players for next year. Amber, Luke and Alex. We wish you well, I'll be looking out for news on your hockey endeavours, and we will miss you.

My thanks go to Missy for your support and helping out at trainings and games. To our senior group, umpiring and supporting our Juniors - Thankyou! And good luck in the Grand Final, we will be there cheering you on!

And importantly our parents for your support and enthusiasm towards this sport and of course the oranges and lollies!



# Lake Grace Pingrup Hockey

Lisa O'Neill.



The Semi Final was held at Jerramungup on Saturday the 25<sup>th</sup> August 2018. It was a high pressure game between us, the Lake Grace Pingrup Hockey Club and our friendly rivals, the Newdegate Hockey Club. Both teams were determined to land a place in the Grand Final so it was sure to be a hard game.

The game was also a significant milestone for Karissa Pelham who played her 200th game, congratulations to Karissa.

Our girls left last week's game against Gnowangerup behind us and started the game with maximum intensity and drive to score goals.

Shenae Prater set the ball rolling with our first goal, another reverse stick goal for Shenae! Newdegate responded with a goal of their own and we were tied once again.

Half time came and we were feeling eager to leave it all out on the field.

We started the second half and had a field day. I scored the next two goals after Tameka hit the ball across the circle. Tameka then decided she should score a goal as well.

The whole team lifted as we could feel a victory was

closer than ever. Newdegate managed to sneak an impressive goal in but Lynnie quickly responded with a goal of her own.

At full time the score was 5 – 2 LGPHC wins.

Best on Ground: Karissa Pelham

Coaches Award: Rosey Chircop

The umpires voted the following

Best Players: Lynnie Carruthers  
Lisa O'Neill  
Imogen Taylor

Goal Scorers Shenae Prater  
Lisa O'Neill (2)  
Tameka Roukens  
Lynnie Carruthers



**LGP Hockey Club President Yasmine Featherstone with Karissa Pelham.**

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Tracy - 0447 759 246

rexwalker70@gmail.com

## Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.



# Lake Grace Pingrup Netball

Lisa Pearce. Photos Joely Slinn.



## First Semi Final - 19th August

### Juniors

Lake Grace-Pingrup were *defeated* by Boxwood Hill 23-19.

### Best On Ground:

Holly Stanton  
Leila Lemin

Junior girls ended the season third on the ladder and played Boxwood Hill in the first semi-final in a nail biter game.

The girls played hard creating some great passages down the court to our goals. Our defenders, as we asked, stuck like glue turning over play after play. At the end of the last quarter the score was 16 goals each leading to over time, in which Boxwood Hill crept ahead winning in the end by 4 goals.

On a hot day the girls put 110% into their game and even though we lost in the end I am super proud of all the girls and how far they have come. Best players for the day were Leila Lemin and Holly Stanton who were a force to be reckoned with in defence.

The following Thursday instead of training the girls enjoyed pizza and milkshakes at Arjo's to celebrate their season. Thanks to the B grade netballers for donating their awards and to the netball club for their donation providing enough food and drinks for all.

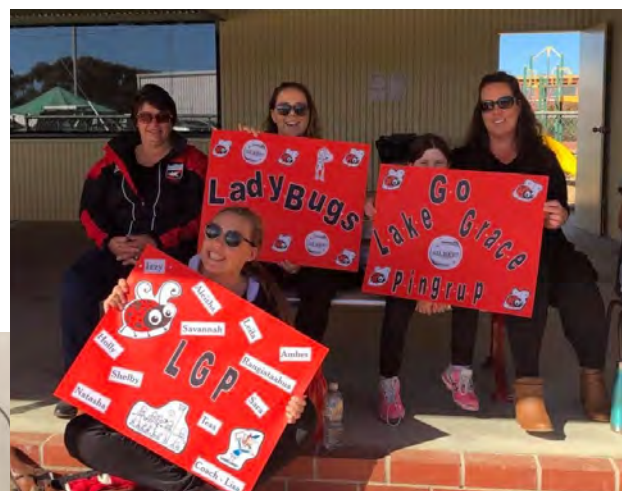
Joely was there to present Holly, Tess and Amber with a certificate and chocolates for their amazing efforts each home game in selling tickets for the \$100 raffle. Thanks to the team and the netball club for my gift and flowers they were lovely. A final thanks to Kristie for all her help this year, and to all of the parents filling rosters and driving their girls all over the country side.



**Lake Grace Pingrup Ladybugs:**

**Shelby Newton, Leila Lemin, Tess Stanton, Lisa Pearce (Coach), Amber Pearce (holding mascot Izzy), Natasha Down, Sara Bray.**

**Front: Aleisha Smith, Holly Stanton, Savannah Trevenen, Rangiatuahua Down.**



**Above: Cheering on the ladybugs were:**

**A grade coach Karen Bairstow, B Grade Representative Rebecca Clark, Chloe Smith and Leonie Smith.**

**At front is club president/hair dresser/sign maker Joely Slinn.**

**Left: Vote count results for the Ongerup Netball Association.**

## 2018 ONA Fairest & Best Vote Count Results

### B GRADE

Ellie Stone	28
Teneeka Morgan	26
Lisa Ness	25
Beth Curtin	20
Hayley Wisewould	18
Wendy Brown	18
Kendall Osborn	17
Kadri Siro	16
Brodie Melchiorre	14
Jesse McDonald	13

Congratulations to

**2018 B Grade ONA Fairest & Best:**

Ellie Stone (Boxwood Hill)

**2018 B Grade R/Up Fairest & Best:**

Teneeka Morgan (Lake Grace/Pingrup)

### A GRADE

Lauren Duckworth	33
Rebekah Dunkeld	25
Cassandra Cheetham	23
Sharon Minitier	20
Kelsie Hooper	20
Isobel Fay	17
Maryann McLeod	17
Sharon Lampard	16
Joely Slinn	16
Simone Parsons	14

Congratulations to

**2018 A Grade ONA Fairest & Best:**

Lauren Duckworth (Lake Grace/Pingrup)

**2018 A Grade R/Up Fairest & Best:**

Rebekah Dunkeld (Newdegate)

### JUNIORS

Caroline Minitier	39
Leila Lemin	36
Indianah Minitier	23
Xanthe O'Neill	21
Zoey Brown	20
Sara Bray	16
Amelia Harley	16
Macayla Maslij	14
Taheke Clark	14
Lucinda Pollard	10
Elise Walker	10
Carly Lester	10
Elsie Wright	10

Congratulations to

**2018 Junior ONA Fairest & Best:**

Caroline Minitier (Gnowangerup)

**2018 Junior R/Up Fairest & Best:**

Leila Lemin (Lake Grace/Pingrup)



# Lake Grace Pingrup Netball

Karen Bairstow, A Grade; Sarah Allen. B Grade



## A Grade

### Second Semi Final - 18th August

As always when you play Gnowangerup at Gnowangerup it is going to be a hard task. The girls knew what was needed and they played an awesome

first quarter getting out to a six goal lead. That set the tone for the game but we knew Gnowangerup would come at us.

I was very proud of the way the girls played, setting to the jobs that were required and we were able to come away with a great win by 10 goals.

The attack of Sharon and Ellie got on top because the centre court in Loz and Jemma provided great run and passes into the goal third. The shooters held well and played in front and had the defenders following them. The shooting was good to watch.

Our defence in Chloe, Shenae and Imogen were great setting up a great wall outside the circle and combined well with Joely who was great in rebounding and working Sharon Minter around the circle.

It was a fantastic team effort which is what is needed in finals, but the job is only half done with a huge effort needed this week out at Newdy in the Grand Final.

Let's train hard this week and enjoy the week and go out from the very first minute with the same attitude. GOOD LUCK GIRLS

The awards this week went to A WHOLE TEAM EFFORT!!

**FINAL SCORE LGP 55 - GNOW 45**

## B Grade

### Second Semi-Final - 18th August

**Boxwood Hill: 44 defeated Lake Grace Pingrup: 28**

Best on Ground, First: Felicity Young  
Best on Ground, Runner up: Teneeka Morgan  
Coach's Award: Tuscany Dew

We experienced a hard loss this week against our strongest competitors, Boxwood Hill, going down by a hefty 16 goals.

Though the team became more confident and settled in the second half, drawing scores with Boxwood each quarter, it wasn't enough to make up the ground we lost in the first half. Despite some great work in defence, we just couldn't find our rhythm in attack and Boxwood was able to take advantage of this, scoring from every turnover they made. Their shooters were exceptional and their tight one-on-one defence across the court was a real strength for them.

Having said that, we had players like Rebecca Clark and Tuscany Dew who showed exceptional perseverance and grit at times when it would have been easy to drop heads. Tuscany earned the Coach's award for this attitude, as well as her ability to adapt to different strategies feeding into the circle. Flick Young also made some exceptional passes to our shooters and continued to open up space in the mid-court and turn over the ball with her sneaky intercepts – earning her Best on Ground for the day.

Runner up Best on Ground (and one of the ONA's best players of the match) Teneeka Morgan helped turn the game around in the second half, bringing a calm, determined presence to the court, which lifted the team. She created space in the goals and worked the backline hard to outsmart her tall defenders – and her shooting was spot on. Unfortunately, she wasn't quick enough to avoid her own team mate, Flick, who steam-rolled her and left her with a blood nose.

Best news of the day though, was All-Star Teneeka polling 26 votes in the ONA's Fairest & Best comp, placing her as B-grade Runner Up for the 2018 season. Backing this up were Beth Curtin in 4<sup>th</sup> position on 20 votes and Kadri Siro in 8<sup>th</sup> with 16 votes. What a great representation girls!

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# Lake Grace Pingrup Netball (cont.)



So we'll be back training harder than ever this week, in preparation for our Preliminary final against Jerramungup at their home ground. Should be a tough game, but I think we've got what it takes to get to the Grand Final.

## Preliminary Final - 25th August

### Lake Grace Pingrup: 47 defeated Jerramungup: 22

Back to form this week, with a solid win against Jerramungup at their home ground. The girls came to the game with a calm determination to play to their strengths and it paid off, outscoring Jerry in every quarter.

Our defence over the ball was tight and resulted in some great turnovers, which our shooters were able to capitalise on every time. Beth Curtin in Goal Attack and Casey Pinney in Goal Shooter both had outstanding games and were nominated by the ONA as Lake Grace -Pingrup's two best players of the match. Beth ran hard in GA, often taking the centre pass then finding her way back to the circle to either shoot or provide space for her Goal Shooter. No one would have known that Beth had been away for a few weeks – her speed, quick hands and accurate shooting were no match for the Jerry defence. Casey Pinney also had one of her best games yet. Her shooting percentage was high from close and mid-range and she was able to command space in the circle, whether holding her player to demand some great short feeds or providing Beth with the space to drive to the post. They were a great combination.

At the other end, our rotation of players through the defensive positions (five girls rotated through the GK, GD and WD) provided depth and variation that Jerramungup couldn't keep up with. Deb Carruthers had a great run GD and GK, using her strength as a zone defender to really rattle the Jerry shooters.

So this week we head into two light trainings where we'll consolidate our win from the weekend, and think

about how we tackle this tall, strong Boxwood side. We look forward to seeing all our supporters in Newdegate. We've got this!

*Sarah does the write ups about all players and never gives herself credit. As the President I thought it was time she also got a little credit. Well done to all B Graders on recovering the grand final.*

*Second Semi - Sarah Allen for me and the side line cheer squad was the stand out player of the day. She had the best game I have ever seen her play, Sarah's outside arm deflections have got stronger and more frequent as the year has gone on. Her determination to never let the girls drop their heads shined so bright this game, constantly willing them on and yelling encouragement not to give up. A truly deserving vice captain.*

*Pre lim - Sarah Allen is always asking questions and wanting to improve her game, so this week we focused on blocking the shot, and keeping her wandering eyes off her own feet and at the ball at all times. She went out firing ready to implement these new skills, and came out with some excellent rebounds in her time at GK. Then moving into WD and helping her mid courters down the court. A great effort yet again by the vice captain.*

*President Joely Slinn.*

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### Message from the President,

*I am so proud of the players, we are the only club in the association that came out with winners in each division of the ONA vote count. How awesome is that? Congratulations to Lauren Duckworth for winning the A Grade Fairest and Best and to Teneeka Morgan for winning Runner-up Fairest and Best in the B Grade and Leila Lemin for winning Runner-up in the Juniors.*

*Well done to everyone who polled in the top ten and to all our players who may not be on the list, this is a team effort!*

*Good luck to the A and B Grade teams in this week-ends Grand Final in Newdegate.*

*Joely Slinn*



# Lake Grace Pingrup Football

George Chircop & Suzanne Reeves. Photos Vanessa Holmes-Hatton.



## Second Semi Final - 18th August

### Reserves Football

Lake Grace-Pingrup 15.10 (100)  
defeated

Boxwood Hill 4.5 (29)

**Goals:** Damon Pelham (3) Trivan Davey (3)  
Nash Kirk (2) Jackson Callope (2)  
Joshua Bellve (1) Patrick Smith (1)  
Benn Tomkins (1) James McKay (1)  
Mitchell O'Neill (1)

**Best On Ground:** Trivan Davey

**Second BOG:** Mitchell O'Neill

**Coaches Award:** Brady McGlinn

The pressure was on, Boxwood Hill hadn't lost all year and Lake Grace Pingrup were keen to break the trend. We came out with a few nerves before settling down and playing good pressure football.

The whole team played their role, we went out with a plan and everyone did their bit

At the end of every quarter Lake Grace Pingrup were in the lead, but we didn't take the pressure off and kept our heads.

At the end of the third quarter, coach George told the players not to look at the score board and to keep playing with the same grit and determination.

In previous encounters we had close games lost to Boxwood Hill by 8 and 18 points respectively; on both those encounters we lacked a bench. This week it was good to have a few on the bench giving players fresh legs.

The team has worked well for the 2018 season, a good mix of age, youth and experience has helped our players grow their game and mesh as a team.

George was surprised to win by so much, but it was great to have the result we had, well worked by the boys.

Following Gnowangerup's loss to Boxwood Hill in the Preliminary Final the Lake Grace Pingrup Reserves will face Boxwood Hill in the Grand Final at Newdegate on 1st September.



*Chris Trevenen has his eye on the ball.*



*It's two against one for James McKay.*



*'You can't catch me', Brady McGlinn keeps an eye on the opposition.*



*It's a team effort from Damon Pelham, Brock Argent and Nash Kirk.*



# Lake Grace Pingrup Football

Grant Marshall. Photo Missy Clifford



## First Semi Final - 19th August

### Junior Football

Lake Grace-Pingrup 3.0 (18)  
 Were defeated by  
 Boxwood Hill 10.11 (71)

Goals: Lucas Robinson (3)

**Best on Ground:** Myles Borgward

**Second Best on Ground:**

Lucas Robinson

Luke Clifford

**Coaches Award:** Madison Chircop

The kids finished off their season with determination and true Lake Grace / Pingrup / Tarin Rock grit. As we have practised throughout the years their marking kicking and attack at the ball was excellent and although we couldn't quite get there, it was a team effort to the end. Well done Junior Bombers.



**Back:** Lucas Robinson, Luke Clifford, Michael Watson, Linkin Eaton, Reece Duckworth, Jasper Marshall, Griffin Naisbitt.

**Middle:** Madison Chircop, Seth Argent, Ali-Rose Chircop, Alby Stanton, Michael Claffey, Myles Borgward, Cambell Chatfield, Jack Willis, Rylan Gooding,

**Front:** Judd McKenzie, Alex Clifford.

**Far Back:** Adrian Duckworth (Team Manager/Runner), Darren Clifford (Assistant Coach), Grant Marshall (Coach).



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## PUBLIC NOTICES

### Sally Dickinson

Counsellor for Southern AgCare. A free and confidential service. Contact 0427 192 155  
[www.southernagcare.org.au](http://www.southernagcare.org.au)

### Dr Linda Haines

Is available in Lake Grace on  
 Tuesday 25th & Wednesday 26th September  
 Thursday 25th & Friday 26th October  
 Ring 9865 1208 for an appointment.

### Community Midwife

Holly Brockway, the Community Midwife, will be coming to Lake Grace on Wednesday 15th August. Call Narrogin Primary Health on 9881 0385 or Holly directly on 0429 127 917 to make an appointment.

### Lake Grace Op Shop

46 Bennett Street (Old Church)  
 Tuesday 1:00 - 4:00pm  
 Friday 9:30am - 1:00pm

### Lake Grace Lions Club

Meetings every 2nd (dinner meeting) and 4th Thursday of the month at the Men's Shed.  
 Next meeting: 13th September

### Community Bus Bookings

Are to be done through the Lake Grace CRC.  
 Ring 9865 1470 or email  
[lakegracecrc@westnet.com.au](mailto:lakegracecrc@westnet.com.au)

### Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

### First Aid Kits

Are now available for purchase at  
 CCL Hardware Lake Grace.

### CWA Bookings

Please be advised that if you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

### Holyoake Community Alcohol and Drug Service

May Griffiths Counsellor/Diversion Officer  
 Ph: 08 9881 1999

Holyoake's counselling service isn't just for the addict but is also for family and friends who are needing support. Funding is currently for one day in our area but due to lack of use in recent months we may lose this facility.

### Senior Citizens Luncheon

Thursday 4th October  
 Catered by Lake Grace Playgroup  
 To RSVP please call Rhiannon Stubberfield on 0428 301 380.

## Crisis Care Numbers

<b>Doctor's Surgery</b> -9865 1208	<b>Electricity Faults</b> - 13 13 51
<b>Hospital</b> - 9890 2222	<b>Water Faults</b> - 13 13 75
<b>Ambulance/Fire/Police</b> - 000	<b>Directory Assistance</b> - 1223
<b>55 Central Men's Refuge</b> 9272 1333	<b>Family Helpline</b> 1800 643 000 / 9223 1100
<b>Sally Dickinson</b> 0427 192 155 <i>Southern AgCare Counselling</i>	<b>Kids Helpline</b> 1800 551 800 <a href="http://www.kidshelp.com.au">www.kidshelp.com.au</a>
<b>Poisons Information</b> 13 11 26	<b>Ngala</b> 9368 9368 <a href="http://www.ngala.com.au">www.ngala.com.au</a>
<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 <a href="http://www.community.wa.gov.au">www.community.wa.gov.au</a>	<b>Wheatbelt Mental Health Service</b> Northam - (08) 9621 0999 Narrogin - (08) 9881 0700
<b>Lifeline Australia</b> - 13 11 14 <a href="http://www.lifeline.org.au">www.lifeline.org.au</a>	<b>Beyond Blue</b> - 1300 22 4636 <a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>
<b>Seniors Information Services</b> 9321 2133 <a href="http://www.cotawa.asn.au">www.cotawa.asn.au</a>	<b>Citizens Advice Bureau</b> 9221 5711 <a href="http://www.cab.wa.com.au">www.cab.wa.com.au</a>
<b>Family Court of WA</b> 9224 8222 / 1800 199 228 <a href="http://www.familycourt.wa.gov.au">www.familycourt.wa.gov.au</a>	<b>Youth Legal Service</b> 9202 1688 / 1800 199 006 <a href="http://www.youthlegalservice.inc.com.au">www.youthlegalservice.inc.com.au</a>
<b>Main Roads</b> - 138 138	<b>Rural Link</b> - 1800 552 002
<b>Mental Health Emergency Response Line</b> - 1300 555 788	<b>Suicide Call Back Line</b> - 1300 659 467 <a href="http://www.suicidecallbackservice.org.au">www.suicidecallbackservice.org.au</a>
<b>Alcohol &amp; Drug Information Service</b> - 1800 198 024 <a href="https://www.mhc.wa.gov.au/">https://www.mhc.wa.gov.au/</a>	<b>Parent Drug Information Service</b> - 1800 653 203
<b>Holyoake</b> Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	<b>Relationships Australia Fair Programme</b> 9336 2144 <a href="https://relationshipsaustralia.org.au">https://relationshipsaustralia.org.au</a> 1300 364 277



# Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
Craft Group	Meet at the CWA Building Saturdays from midday onwards		
CWA	Suzanne Reeves	0427 651 310	lakegracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com
LIFT Lakes Information & Farming	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Lions	Arthur Slarke	0429 651 015	arthurslarke@bigpond.com
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au
Playgroup	Rhiannon Stubberfield	0428 301 380	lakegraceplaygroup@mail.com
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au
Visitor Centre Committee	Stephanie Clarke-Lloyd	0408 949 759	stephanie.l.clarke@bigpond.com
<b>Winter Sports</b>			
Lake Grace Pingrup Football Club	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
LGP Junior Football Club	Taryn Borgward	0429 205 267	lgpjfc@gmail.com
Lake Grace Pingrup Netball Club	Joely Slinn	0477 014 347	lgpnc@outlook.com
Lake Grace Pingrup Hockey Club	Donna Skerris	0429 197 806	tameka_knill@yahoo.com
Lake Grace Kukerin Hockey Club	Tash Bowman	0407 987 293	lgkhockeyclub@outlook.com.au
Lake Grace Golf Club	Mikaela Spurr	0438 926 196	mikaelaknill@hotmail.com

## CHURCH TIMES

### Lake Grace Catholic Church

Sunday 2nd September 6pm  
 Sunday 9th September 6pm

For inquiries and request for home visitation, please contact Fr Joseph Sousa on 9865 1248.

### Anglican Church of Lake Grace

Sunday 2nd September 9am  
 Sunday 9th September No service

Enquiries: Father Dave 0427 545 560  
 Wally Perry 0448 795 070

## Justices of the Peace

Colin Connolly 0427 858 066  
 Ron Dewson 9865 1224  
 Amanda Milton 0429 654 011  
 Geoff Sabourne 0429 651 171

## Lake Grace Shire Councillors

Councillor	Telephone	Fax
Jeanette de Landgraft (Pres)	9872 0029	9838 9041
Steve Hunt (Vice Pres)	9865 1650 0427 651 585	
Ross Chappell	0428 654 058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Roz Lloyd	9871 1534	9871 1676
Allan Marshall	9865 3022	9865 3012
Murray Stanton	9865 1329	9865 1223
Peter Stoffberg	0447 281 181 9865 2550	
Mikaela Spurr	0438 926 196	

# COMMUNITY CALENDAR

## September

Fri 31 Op Shop open 9:30am - 1pm  
Fish & Chips @ Sportsman's Club  
Crochet @ CRC

Sat 1 Winter Sports - Grand Final @ Newdegate  
Rubbish tip open  
Craft @ CWA  
Steak Tea @ Sportsman's Club

Sun 2 Golf - Tyrepower Day  
Rubbish tip open

Mon 3 SwimAbility @ Narrogin  
Rubbish Collection  
Recycling Collection  
Rubbish tip open

Tue 4 Pilates Classes @ 6pm  
Op Shop open 1 - 4pm  
Men's Shed (morning)  
SOYF Exercise 10am @ Shire Hall  
Chair Aerobics 10:30am @ Village Hall  
Building Surveyor in Lake Grace

Wed 5 Steak Dinners @ Sportsman's Club  
Rubbish tip open  
Newdegate Field Day

Thur 6 Pilates Classes @ 6am and 9am  
Newdegate Field Day

Fri 7 Op Shop open 9:30am - 1pm  
Crochet @ CRC  
Fish & Chips @ Sportsman's Club  
Driving Assessor in Lake Grace

Sat 8 Rubbish tip open  
Craft @ CWA  
Steak Teas @ the Sportsman's Club  
Winter Sports Windup

Sun 9 Rubbish tip open

Mon 10 Lakes Link News deadline  
Rubbish Collection  
Rubbish tip open

Tue 11 Lego Club @ Art Space 3:30pm  
Pilates Classes @ 6pm  
Op Shop open 1 - 4pm  
Men's Shed (morning)

Tue 11 SOYF Exercise 10am @ Shire Hall  
Chair Aerobics 10:30am @ Village Hall  
LGDHS Board Meeting  
Well Women's Clinic  
Foot Clinic  
CWA Meeting @ 1:30pm

Wed 12 Rubbish tip open  
First Aid course in Lake Grace  
Wagin Ram Sale  
Drum Muster at LG Rubbish Site

Thur 13 Pizza Night @ Sportsman's Club  
Playgroup 9:30 - 11:30am  
Toy Library Open  
Pilates Classes @ 6am and 9am  
Lakes Link News published  
Lions Club Meeting

### Coming Events

14th September - LGDHS Faction Athletics Carnival  
17th September - LGDHS P&C Meeting  
18th September - Building Surveyor in Lake Grace  
18th & 19th September - ASIST @ Newdegate  
25th & 26th September - Dr Linda Haines  
4th October - Senior Citizens Luncheon  
5th October - Driving Assessor in LG TBC  
10th October - First Aid Course in Lake Grace  
16th & 17th October - ASIST @ Lake Grace  
20th & 21st October - Garage Sale Trail  
25th & 26th October - Dr Linda Haines  
13th December - Late Night Shopping

2		3				8	5	
			5	2			7	9
6				9		4	1	
		5			8		6	
7		1	3		4	9		8
	2		9			1		
	1	9		4				7
8	4			3	5			
	7	6				2		3

### Sudoku

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

	5				4			
6				3			8	
	4	2			7	5		
			5				4	9
		1				2		
2	3				6			
		3	7			1	6	
	2			1				5
			8				9	