

LAKE LINK NEWS

Produced at the
LAKE GRACE TELECENTRE
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11th September 2008

\$1.10 inc GST

Vol 14 Issue 17

Junior Boys Grand Final Winners 2008



The Team from back: Nat Curtin, Belinda Bowron, Cameron Bushby, Brad Lay, Stefan Greyling, Beau Bowron, Ryan Smith, Brodi Cameron, John Curtin, Zoe Cameron.

Middle: Luke Trawinski.

Front: John Hendry, Aná Greyling

5-0 against Kulin

Congratulations to Belinda and the junior boys on becoming the Premiers for the 2008 hockey season. This was the best team game played and it reflected in the score.

The day started off with beautiful weather and the magnificent banner made by the fantastic mothers set the scene for a great day.

Each player stepped up to the plate and put in 110%. The team displayed excellent basic skills and defence was equally as strong as attack. The defenders stopped the fast running play Kulin displayed the week before and Cameron in goals saved numerous.

The attackers worked well together linking up to place 5 in the nets. The goal scorers were Nat 3, Stefan 1 and Brodie 1. This win was well overdue and it is a credit to Belinda and the team for such a convincing win.

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Telecentre Opening Hours

Monday - Friday

9:00 am - 12:30 pm

1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday and Friday

9am - 12:45pm then 1:15pm - 5:00pm

CLOSED on Wednesday

Deadlines & Editions



All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

Next Deadline

Monday 22nd September

Next Edition

Thursday 25th September

Advertising Charges

All prices inclusive of GST

1/8 page \$ 8.80

1/4 page \$13.20

1/2 page \$22.00

Full Page \$41.25

Classifieds 85c /line

We would appreciate your advertisements and articles emailed if possible.

Please email all material to:
lakelink@treko.net.au.



To the **very** dedicated team who have produced and compiled this edition of the Lakes Link News.

Jane Bushby
Michelle Dunham
Dot Kennedy
Elsie Bishop

Thank you also to our many contributors of articles.

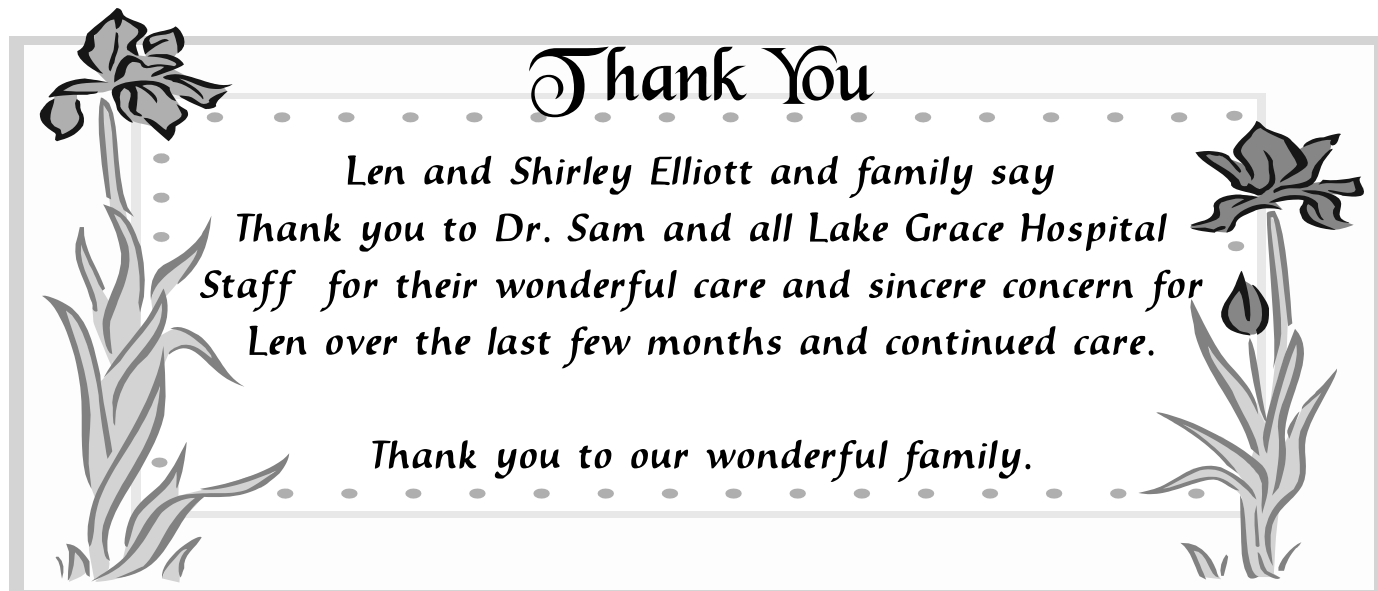
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- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- Thank you very much for the volunteers Michelle Dunham, Jane Bushby, Dot Kennedy and Elsie Bishop for their wonderful help and support in getting out this weeks paper.
- Suzanne will be returning to work next week. I have really enjoyed working full time and have being kept busy.
- If anyone can spare an hour or two on Wednesday afternoons to help with collating the paper, it would be greatly appreciated as with only a few people it is a mammoth task.

Cheryl Chappell



Customer Service Representative – Level 1



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08 9321 0666. Alternatively for a
confidential discussion contact
Kathy Leech on 08 9323 0291**

our most
valuable
currency is
our people

Lake Grace and Newdegate General Practice Dispensing Policy

Our policy is that medications must be checked
by the Doctor before they can be
dispensed to the patient.
This is a Gemini Medical Services Policy, staff do
not have discretion in this matter.

We apologise for any inconvenience this may cause.

**Management
Gemini Medical Services**



To the Collators of the Last Edition

Trish Medlen

Mary Naisbitt

Helen Hunt

Eileen Mather

Adam Hunt

Nanette Wallace

Gabbie Trevenen

Junior Boys Grand Final Winners 2008 *(Cont.)*

Now you must all defend the shield next year. Thank you Belinda, for all your time and effort in coaching the team and congratulations on a superb win. This team has represented Lake Grace Hockey Club well.

C Grade Runners Up For 2008.

What a courageous game. The kids displayed the ultimate in sportsmanship, losing to Bruce Rock in time on with a golden goal. This game was exciting to watch. The kids went out displaying once again how hockey

should be played. A goal to Jade, scored by a lot of teamwork, had Lake Grace in front, but Bruce Rock fought back to even things up. This led to time on, with a golden goal to win the game. The first 5-minute saw neither side scoring. In the second half with about 1 minute to go Bruce Rock scored. Even though our kids were very disappointed they can hold their heads up high as they put in 100% and made all parents and supporters proud. Next year guys, go and get them. To Caryn well done on getting the kids this far and thanks for all your time and effort.



Team From back: Candice Smith, Shannon Smith, Gracie Kirk, Caitlyn Trawinski, Jordy Medlen,
Front: Jade Cameron, Michaela Hendry, Phoebe Robertson, Elizabeth Spencer, Emma Taylor, Beth Curtin, Luke Trawinski, Travis Hutter, Abbey Trawinski.

A big thank you to all club members for the huge effort throughout the day. We put on an excellent grand final and represented our club well. Thank you to Belinda for organising the canteen. As if you didn't have enough on your plate, thanks again for your time, effort and support to the club.

Thank you to the Lions club for manning the gate and to Wayne Trawinski for your help when ever asked. Michelle Cameron thanks for all the work you did, we know how time consuming it was and we can't thank you enough. The day ran smoothly and congratulations to all winners and the Lake Grace Hockey Club for a home ground Grand Final.



Above left: Nat Curtin going for goal backed up by Brodie Cameron and Aná Gleyling

*Above:
Candice Smith taking a swing*

Left: Shannon Smith with the ball

Far left: John Curtin coming down the wing





ABOUT TOWN

- Gaillene Athol, Stephen, Janice and Arthur are very pleased to announce the engagement of Matt Brown and Skye Gambuti on the 30th August 2008. Congratulations and all the best for your future together.
- Good to see Len and Shirley Elliot home again. Len has been in Hollywood Hospital and is pleased to be home in Lake Grace. His leg is getting better under Dr Sam and staff's care.
- Congratulations to Tameka Knill and Pete Roukens, for their engagement on the 28th August. Pete chose the ring by himself.
- Congratulations to Kavita and Sanjay Karodia and big sister Honey on the arrival of Sunny, 4th September. Sunny weighed 2.810kgms.

HAPPY BIRTHDAY



12th September

Drew Willcocks

23th September

Marcus Hunt

14th September

Ida Byass

Brock Argent

16th September

Lauren Bushby

Carly Allen

17th September

Wendy Saunders

Marty French

18th September

Jason Robertson

24th September

Magnus Reid

Nat Fyfe

Donald Wallace

20th September

Cameron Slarke

25th September

Jayman Chesson

21st September

Garry Leo

John A Hendry

22nd September

Reegan Marshall

Ta-Leah Humphreys

Jane Bushby

Karen Seaman

Steven Mortimer

Joan deVree

Ronald Pelham

Ellie Naisbitt



HAPPY ANNIVERSARY

15th September - Melissa and Darren Clifford

16th September - Karina and Allen Jenks

16th September - Connie and Colin Argent

18th September - Cheryl and Ross Chappell

Congratulations to the "A" Reserves team on making the grand final!

I would like to congratulate my boys on successfully winning their way into the Grand Final played at Ongerup this Saturday. To achieve this honour they have beaten highly fancied rivals Gnowangerup (on their home ground), and Boxwood Hills at Borden.

In both games, after a closely fought three quarters, my boys have swamped the opposition in the last, amassing an incredible 19 goals in the combined last quarters! This pays tribute to the mental and physical fitness of this exciting young team, they have worked extremely hard to be prepared to the minute for this important game, and are hitting their peak at just the right time.

It has been 8 years since the reserves played in a grand final and 21 years since winning one, so they all know the enormity of the task ahead, and will accept nothing less than victory.

This team boasts a combination of some of the most exciting young players ever to play in a reserves team for Lake Grace, and I urge all supporters to attend training Thursday night at 6pm to watch their final hit out and final team selection.

Come along and lend your support, you are all a part of this excitement!

Damon Pelham

Lake Grace Weather

- Terry Gladish



August Extremes

Highest Monthly Rainfall	104.3mm	1955
Lowest Monthly Rainfall	5.2mm	1995
Highest Number of Rain Days	24	1942
Lowest Number of Rain Days	4	1956
Highest Daily Rainfall	61.3mm	15/08/1976

Date	Min	Max	Rain
27/8	7.7	17.1	
28/8	9.0	19.4	1.2
29/8	10.3	15.0	
30/8	5.0	12.8	1.2
31/8	1.5	15.0	
1/9	7.3	17.6	.2
2/9	7.8	20.8	
3/9	4.9	23.6	
4/9	4.9	22.0	
5/9	8.0	18.5	
6/9	5.0	14.0	
7/9	4.5	16.0	
8/9/	5.3	19.6	
9/9	3.0	23.8	
10/9	5.6		

SAND'N'SALT

Shop 5, Lakeway Shopping Centre,
22/23 Stubbs Street, LAKE GRACE
Telephone 9865 1465

FASHION FOR THE SALT OF THE EARTH



Winter Clearance

Up to 50% of winter clothing.

Bargain racks.

Winter shoes on sale.

Get in and grab a bargain off the \$10 and \$20 racks

Wax & Wipe Opening

Wax and Wipe, an exhibition of unusual painting methods, opened last Friday night at Lake Grace Multi-Artspace. The exhibition title comes from two painting workshops held this year.

Tania Spencer welcomed everyone and introduced local artist, Michelle Slarke, to open the exhibition. Ms Slarke said the workshops helped local artists to challenge their ideas. "They make us think differently about our own art practice, to experiment and take more risks", she said. "We hope that, in turn, these artworks broaden our audience's experience of art".



Above: Michelle Slarke and Tania Spencer

Listed on the gallery entry wall are words describing aspects of the local environment. Artists used these as starting points in the workshop with Perth artist, Michele Theunissen, who taught about the application of texture, colour and marking the canvas to create images with patterns.

Helen Seiver's encaustic workshop explored using wax as a painting medium, layering the wax and paint to create a 3D effect within a painting. Encaustic art has seen an increase in popularity since the 1990s with people using electric irons, hotplates and heated stylus on a variety of different surfaces. The iron makes producing a variety of artistic patterns easier, when the wax is cooling moving an iron round will create a

different pattern. This way of painting is not limited to just abstract design; it can also be used to create complex paintings, such as oil and acrylic.

Lake Grace Artists' Group hosts three or four art workshops each year, inviting professional artists to teach new skills and art techniques. Local artists and craftspeople also run art workshops at the group's monthly meetings. The exhibition shows the public what the Artists' Group is learning and encourages artists to show their work and the new techniques learnt.

The Wax and Wipe exhibition will be open daily (10 am – 4 pm) until 12th September.

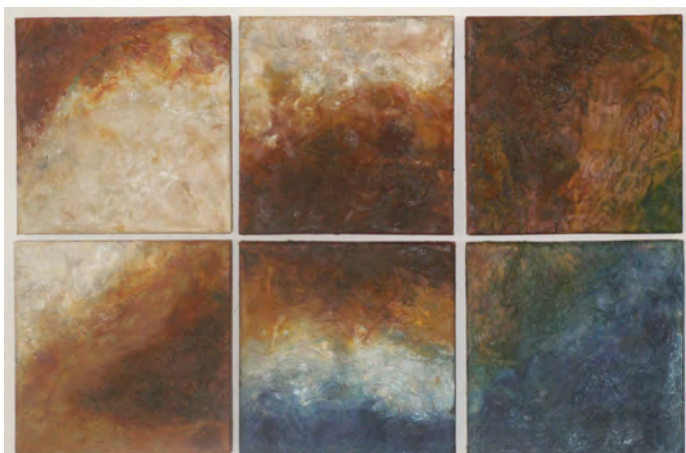


*Above: Phyllis Dunham
Sandy Richter
and Dot Kennedy*

*Right:
Lisa Clarke
showing and
explain art works
to her father
Doug Clarke*



*Left:
'Salty Edges' by
Kerrie Argent
Medium, Acrylic,
Oil, Wax.*



Judges Unable to Choose at Natural Fibre Fashion Awards

Joint Winners have been chosen at this year Natural Fibre Fashion Awards held Wednesday night. Rachel Collins of Cadoux and Lindy Frayne of Perth have both taken out the Farmworks' Best Garment in Natural Fibre Award, each winning \$500 at the Newdegate Field Days. At the presentation evening the judges announced the winners of all categories in the Newdegate Natural Fibre Fashion Awards.

The competition, run by the Newdegate Machinery Field Day Committee, consists of three awards. Best Garment Category offers \$1000 for the best garment made of a minimum of 70% natural fibre. There is also the Kindelka Prime Samm Best Accessory Category – awarding \$200 and the inaugural Country Women's Association of Western Australia – Best Garment from a Year 11 or 12 Designer.

Rachel Collins, joint winner of the Formworks' Best Garment Category, says this event is a fantastic opportunity for amateur and ambitious designers trying to improve their skills and market their designs using natural fibres. Rachel's garment was made from tea dyed silk, silk satin and hand made fabric. Joint winner Lindy Frayne used an unusual technique of fungi dye – whereby mushrooms are boiled and cooled into which her 50% silk and merino felted fabric is immersed. Her accessory shawl won the Kindelka Prime Samm Best

Accessory Category.

Farmworks' Australia were proudly again the major sponsor of the competition and John Smith – General Manager, who presented the award at Newdegate, said he is looking forward to watching the competition evolve as it is a great way to celebrate the fact that our region contributes to Australia's most iconic natural fibre- wool- in such a big way.

The Newdegate Field Days have created a great event for designers to use as a platform into their design careers says one of the Judges, 'Kerry Argent' a textile and design artist from Lake Grace. "The garments this year were of outstanding workmanship and design and a credit to all entrants".

Shannon Higginson (16) of Borden was the winner of the inaugural Country Women's Association of Western Australia Best Garment from a Yr 11 or 12 Student in Natural Fibre. Shannon created a 100% cotton summer dress during her involvement with the Albany Open Access Youth Art Studio whilst boarding at Albany Senior High School. CWA WA's extension officer, Mrs Judy Scott handed out the award and said CWA were proud to offer this award category to the competition as they hoped to encourage young aspiring designers to incorporate wool and other natural fibres in their designs.



Above from Left: Rachel Collin's garment
Formworks' General Manager
John Smith
and Lindy Frayne's garment

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- ◆ 2 Bathroom
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- ◆ Close to Town Centre & School

Superb outdoor Patio area, finished with limestone garden beds.

**GREAT FOR ENTERTAINING
ALL YEAR THROUGH.**

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Fully
Automatic
Reticulated
Garden
12m x 9m
Lockable
Back Shed**

**For more details
phone
Ken Medlen
0429 651 930**



Inter School Debating

Lake Grace High School Students hosted the Wagin, Corrigin, Lake Grace Inter School Debating on Tuesday 2nd September. The year 8 students have written how they felt on the day.

Heart pumping with excitement, but nerves starting to erupt!! The feel of cold palm cards ready to be read out... the silence of people listening carefully as I speak. Feeling the cold, gentle breeze come through the room, then, the sudden cheerful clap of around 70 people. Feeling relieved that its over and the thought of people actually enjoying it! Being in the inter-school debate, it has helped my confidence to speak and it was a great experience for me!

Stephanie Marsh

The eyes of about 70 people staring you up and down, the sound of whispers and giggles in the room, the cold nervous chill that goes down your spine, as the chair person pronounces your name. The aroma of food wafting through the door, (morning tea!), the horrible feeling of your stomach turning - you stand up and start your speech. You feel like running away, but you don't, you don't want to look up, but you do, because you have practiced and practiced so much that you are not willing to throw this out the window.

Kaden Chesson

Shaking legs, sweaty palms, but his voice is strong, steady, logic flowing. This is all a part of Interschool Debating in Lake Grace. I think Interschool Debating is good because it gives us an opportunity to speak in front of a large crowd.

Jack Carruthers

'It is better to investigate the sea than space.' The year

Right: Kaden Chesson, Ross Young, Stephanie Marsh. Below right: Jack Carruthers, Lucy Trevenen, Aná Gleyling.

8 team two's debate topic. I was the second speaker for the affirmative team. I was nervous but I got through it. My content was good. I think that debating makes me better in public speaking. I was nervous but it was the second time that I did it so it wasn't that bad

Ross Young

The coldness of the paper sheets brings a tingle to your spine. It's quiet in the room, it feels like every one is waiting for you to speak - then the fear hits you like a lightning bolt just as the syllables come from your tongue. You mumble, until you get it right.

John Curtin

Everyone waiting nervously for their turn to speak, their hearts pounding. There is one short deep breath and up they go for their turn to speak, yes this does sound like the Interschool Debate. My experience in being in the Interschool Debate is that it is very 'nerve racking' when you have 60 'odd' people staring at you and listening. Although most people are glad when it's all over.

Being in the Interschool Debate helps me to know what it feels like if I were to have to speak in front of 100+ people for a business meeting or something else. Being in the Debate team helps me to prepare for the future.

Lucy Trevenen

Smartly attired, confident in their presentations, the Yr 9/10 Lake Grace Debating teams rose to the occasion! Says Ms Wilson their teacher.

"LGDHS students were awesome. Their debating skills were brilliant." Commented the Corrigin DHS staff. The Lake Grace DHS Yr 8 teams also did very well.



Left: Ryan Smith dressed and ready for the debate. Sheridan Fyfe getting ready to rebut

Above: Gabby Trevenen reading from palm card during the debate

LAKE GRACE HOSPITAL

providing **24 hour emergency health care services** to Lake Grace and the surrounding area

TEL: 9890 2222 FAX: 9890 2202

WA Country Health Service - Wheatbelt presents

Stemming the Tide
Promoting Healthy Families in the Wheatbelt

Session 5: Relationships and Parenting

Presented by: Relationships Australia



Delivered Via videoconferencing at the hospital

Date: **Wednesday 17th September 2008**

Time: **9.30-11am** (please arrive by 9.15am) RSVP: to the Child Health Nurse on 9890 2246 or the Hospital on 9890 2222.

HACC Happenings:

Bus Trip to Hopetoun

Friday 19th September

(leaving 8:00 am from the Lakes Village Hall
returning by 6:00 pm)



For further information see the HACC Newsletter
or call the Hospital during office hours.

RSVP essential: phone 9890 2222

by Tuesday 16th September

Foot Clinic:

Please note there will be no clinic in October
Next clinic 2nd Tuesday of November.



Lake Grace—Immunisation

Thursday October 2nd 2008

9:30-11:30 am

Lake Grace Medical Centre

NB: Bring your book and Medicare Card.

Any child health or immunisation queries call
Julie Ditchburn on 9890 2246 or for after hours
health queries call the Hospital on 9890 2222.

Employment Opportunity **Patient Care Assistant**

This is a Support Services position at the
hospital, to provide general assistance, covering
all aspects of client comfort.

**Please see the advertisement in this
newsletter for further details on how to
apply.**

Call Anna Taylor or Judy Walker on 9890 2222
for information or assistance.

Watching Your Weight **Each Tuesday evening 6:30—7:30 pm**

Lake Grace Telecentre

\$5 fee **All Welcome!**

Regular visits by Allied Health Staff:

**Physiotherapist, Podiatrist, Speech Therapist,
Occupational Therapist, Dietician,
Mental Health, ACAT, etc.**

Call Primary Health in Narrogin for an
appointment on 9881 0385



Newdegate Field Day

"You don't have to be sick to see your GP"

A successful health promotion activity was run at
the Field Days, with 120 people coming in over
the two days to have their Blood Pressure, Blood
Sugar Level and spot Cholesterol checked and
to discuss health issues with our staff.

Remember: Everyone needs to take the time to
see their GP for regular health checks;
prevention is always better than cure!



Accident and Emergency



Weekend and After-Hours services are available at the Lake Grace Hospital.

We are fortunate to be able to provide a 24 hour service for the benefit of all the communities in our district. However please be mindful of the need to determine the severity of your complaint and the treatment you may be offered before presenting at the A&E Department.

All presentations at the Hospital will be assessed by the Registered Nurse on duty.

If your condition is a minor one, you may be advised to wait until the next working day to make an appointment at the surgery, as the Doctor will not be called to attend you unless the nurse deems it necessary. If you are in doubt you can call the hospital on 9890 2222 for further advice, especially if you have a long drive to get here.

Year 1 Excursion to Albany

On Friday 29th August 2008, the Year One class, Mr Boyland and Miss Poots went on an excursion to Whale World in Albany. We went there to learn more about whales and the former whaling industry.

We left school at 7.30am and finally arrived at Whale World at 10.40am (after being asked many times, 'are we there yet?'). Unfortunately it was raining quite heavily when we got there. However we still managed to see everything. On our tour of Whale World we saw various parts of the former whaling station, visited the shed with the whale bones, watched various movies including a 3D movie and went on the former whaling ship.

After we left Whale World we headed to McDonalds for lunch. We all enjoyed our happy meals, played on the playground and had a free ice-cream!!

We arrived back to school at about 5.30pm, very tired but happy to see our parents. Overall we had a great day and we would like to thank Mr Boyland for driving the bus for us and for helping Miss Poots on the excursion.

Amanda Poots
Year 1 Teacher



Back: Miss Amanda Poots
Middle: Brock Power, Bradley Saunders, Hannah Clunie, Keirnan Harvey, Seaton Willcocks, Jack Downey, Michaela Stoffberg, Charlee Earnshaw, Mikayla McEwan.
Front: Tayah Medlen, Blair Watson Walker Zweck, Cooper Earnshaw, Kara Smith, Latisha McGlenn, Whitney King.

2008 Community Art Exhibition

THURSDAY, OCTOBER 16

Anyone and everyone is encouraged to enter works for this year's Community Art Exhibition. So if you've been painting, woodworking, writing, photographing, quilting or other throughout the year, the whole town is keen to see.

Alternatively...

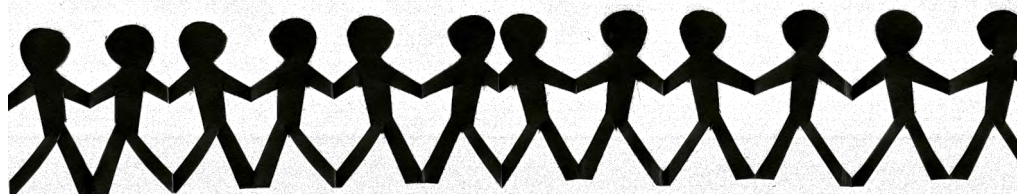
If you want to be part of the exhibition and are in need of some inspiration,

we've nominated the humble BEANIE as our theme.

We want to see beanies of every colour, size and shape imaginable. Don't worry, you don't have to knit (but you can, by all means), just get creative and build or fashion a beanie from anything you can get your mittens on.

So get cracking.

For any queries, contact Kerrie Argent on 98 654 042.





Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

AUGUST COUNCIL MEETING AT LAKE KING

The August 2008 Ordinary Meeting saw Councillors and Staff head to Lake King for the full day's proceedings.

A workshop to determine our input into the Wheatbelt South Roads 2025 Regional Road Development Strategy was the first task for the day followed by a community consultation meeting with the Lake King community to develop a strategy for residential and commercial land development in the Lake King townsite.

Mr Tim Cattle spoke on behalf of the Lake King community and put forward their ideas on the best locations for residential, commercial and rural lifestyle blocks. With that information Council will now develop a draft first stage development plan for consideration.

The Council Meeting commenced at 1.00pm with a citizenship ceremony for Hilary Noakes being conducted during the afternoon tea break. Congratulations to Hilary on becoming an Australian Citizen.

ROAD TRAINS USING RESIDENTIAL STREETS

During the meeting it was brought to Council's attention that the town streets leading off the Lake King Norseman Road are being used as a short cut for road trains to access the industrial lots via The Crossing with the result that bitumen seals within the townsite are starting to break up. Councillors took the opportunity to have an onsite inspection of the affected streets and a road train was noted parked up on one of the newly laid kerbs.

Lake King residents are reminded that road trains are not permitted to use the residential streets - the bitumen surface and kerbing is not strong enough to take the weight of heavy road trains and the surface will break up.



Shire of Lake Grace

Review of Wards & Representation

PUBLIC NOTICE

The Shire of Lake Grace is conducting a review of its wards and representation and invites public participation in the review.

Ward boundaries and the number of offices of Councillor for each ward will be reviewed against the following factors:

- Community of interest
- Physical and topographical features
- Demographic trends
- Economic factors
- Ratio of Councillors to electors in the various wards

A discussion paper is available outlining the current situation and several alternative structures.

Public submissions are invited and must be submitted to the Shire of Lake Grace at:

Shire of Lake Grace
1 Bishop St
PO Box 50
Lake Grace WA 6353
Fax 9890 2599
email shire@lakegrace.wa.gov.au

by 10.00am on Wednesday 15 October 2008



For further information and a copy of the discussion paper, please contact Jeanette Bennett at the Shire on '9890 2500. Alternatively you can download the information from our website at: www.lakegrace.wa.gov.au

drumMuster

NEWDEGATE Rubbish Tip

Wednesday 17 Sept 8.00am to 10.00am

Please call Roz Lloyd ☎ 9871 1534 to book



LAKE GRACE Rubbish Tip

Tuesday 23 Sept 7.30am to 4.00pm

☎ Shire of Lake Grace 9890 2500

VARLEY Rubbish Tip

Thursday 2 October

Please call Dick Perkins ☎ 9874 4007 to book

LAKE KING Rubbish Tip

Thursday 2 October

Please call Dick Perkins ☎ 9874 4007 to book



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

CONGRATULATIONS

to the Newdegate community
on another successful and very well
run Machinery Field Days Event.



Aerial view of last Thurs-

The Shire of Lake Grace's
**Disability Inclusion and
Access plan** is available for
public comment at the Shire
Office, Public Libraries and via
the Shire website.



POSITION VACANT PART TIME CLEANER

Lake Grace Sports Pavilion and Shire Depot

Council is seeking to employ a cleaner on a part time basis to carry out cleaning duties at both the Lake Grace Sports Pavilion and Shire Depot.

It is preferred that applicants have a current "C" (Car) class driver's licence and access to their own vehicle, though applicants without these will still be considered.

Written applications will be received until **4:00pm Friday 26 September 2008**. Applications are to be addressed to:

Manager, Community Services
Shire of Lake Grace
PO Box 50
Lake Grace WA 6353

For further information, including a detailed Job Description Form, contact Council's Manager, Community Services, Mr Lance White, on 9890 2500 during office hours.

COMMUNITY DEVELOPMENT

Michelle Slarke, Shire of Lake Grace Development Officer, is available to help community groups prepare grant applications for various projects. If you are seeking funding for a particular project, contact Michelle during office hours (Tel: 9890 2500 or michelle@lakegrace.wa.gov.au), giving as much notice as possible in order to meet grant deadlines.

CURRENT FUNDING PROGRAMMES:

VOLUNTEER GRANTS PROGRAM 2008

The Volunteer Grants Program 2008 which provides funds to eligible organizations whose volunteers are actively working in the community. Eligible not-for-profit organizations are invited to apply for up to \$5000 to support the work of their volunteers. This funding will enable organizations to purchase small equipment and sporting items and to contribute to their volunteers fuel costs. The Application Form and Application Guidelines are available at www.fahcsia.gov.au or telephone the hotline on 1800 183 374.

Applications close FRIDAY 17 OCTOBER 2008.

FRRR SMALL GRANTS FOR SMALL RURAL COMMUNITIES

A small grants program for small rural Australian communities will offer about \$850,000 a year in grants to benefit people in rural and remote communities. Applications that support the following areas of interest will be given preference:

- Community hardship in drought effected areas
- Retention of young people in Rural and Regional Australia.
- Resettlement of immigrants in rural Australia
- Community Infrastructure

Applications close 30 September

FRRR HELPING HANDS PROGRAM

Helping Hands funds up to \$50,000 to assist small rural communities to implement or complete projects that will ensure their economic sustainability.

What can be funded?

Capital infrastructure such as sheds, tourist sites, community halls & meeting places.

Building maintenance and repairs

Materials & resources such as furniture, office supplies, education, health, cultural resources

Tools and equipment such as trailers, toys, emergency services, training, books, heating/cooling.

Information Technology

Preference will be given to projects that support:

Community Infrastructure

Health or Community Services

Environment and Adaptation to climate change

Provision of Education or Training

Innovative Community Based Business Ventures

Closing dates: 6 August 2008 – 27 October 2008

Freecall 1800 170 020, e-mail: info@frrr.org.au or download Application Forms & Guidelines www.frrr.org.au

Local Winery Wins Trophy at Sheraton Wine Show

"Across the Lake Wines" received a silver trophy for their newly released 2007 Shiraz, with the gold trophy going to Kalgan River Wines of Albany. Peter and Lyn were overjoyed with the latest win after winning their 1st Gold award at last year's Qantas Wine Show for their 2005 Shiraz.

The trophy was presented to our outgoing chief wine maker, Dr Diane Miller who has resigned from Vintage Wineworks after being at the helm since 2002. Diane is studying for her Masters in wine making as well as spending more time with her family. Greg Jones, who has been second in command for five years, takes over the top job with the Taylor's best wishes.



*Left: Peter and Lyn Taylor
with the Senior Wine Maker Greg Jones.*

Scanning

Have your family photographs
scanned and saved to CD
at the Telecentre.

We can also download from your
digital camera.

Enquiries on 9865 1470.

Narelle's BodyWork Massage



1 hour and 40 minute full body massage
(including abdominal and stimulating foot massage)
\$75.00

1 hour and 10 minute massage
(suitable for acute and sporting injuries)
\$65.00

45 minute soothing foot massage incorporating
basic reflexology
\$40.00

Gift Vouchers Available

For an appointment call **9865 1119**
or **0428 851 852**

Narelle Bird Qualified Deep Tissue
and Therapeutic Masseuse

There is more than one reason to consider indulging in a massage

- Massage calms the nervous system and relaxes the muscles.
- It appeals to the senses, restores your calm and makes you feel good.
- It improves the supply of oxygen to your heart and brain, helping them function better.
- It lifts your mood by stimulating the release of brain chemicals.
- It increases blood flow through your muscles, rebuilds and strengthens the muscles and helps them work more efficiently.
- It breaks up scar tissue, reducing fibrosis and adhesions from old injuries.
- It can also manipulate the body into correct alignment and balance, soothing away pain.
- Recover fast from injury or illness! Increases its natural ability to heal, boosts the immune system. Recovery time can often be cut in half.
- It helps prevent future health problems even heart disease.
- Improves your digestive system increasing red blood cells and paves the way for a good nights sleep.

The Giant Walk

"In 2006, WA broke a Guinness World Record when 100,915 people took part in WA's Giant Walk. Last year the pesky Canadians did even better with 231,635." On Monday 1 September at 12 noon it was time to take the walk across Australia! And Lake Grace was all prepared to help.

The Giant Walk was an attempt to break the Guinness World Record for the most number of people walking simultaneously for at least 1km.

The meeting place was at the Playgroup on Bennett St, names were taken and numbers given, all very official! What a great turn out, we had 139 people, all keen to participate in the 1km walk. 12 noon soon arrived and off we went, up Bennett St, right onto Bishop St to the Shire corner and then down Stubbs Street. The next turn was at the Post Office then onto the home stretch back to the Playgroup. Too easy!

Everyone then enjoyed a sausage sizzle, kindly donated by the Shire, while the kids still had energy to play. I would like to thank Diane Rickard for her help with registering and taking photos, the Shire for providing the sausage sizzle, Tineke for manning the BBQ whilst everyone was walking and to those who offered

to help. A huge thank you must go to Peter Dines and all the school children and staff for supporting our effort to break the record.

And of course a very 'big thank you' to all those who walked. Your time and effort is very much appreciated

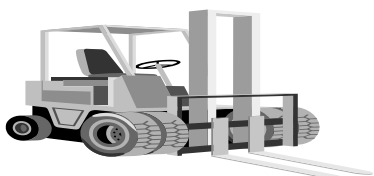
Let's just hope Australia broke the record.

Melissa Clifford

Below: Community members ready to head off on the Giant Walk

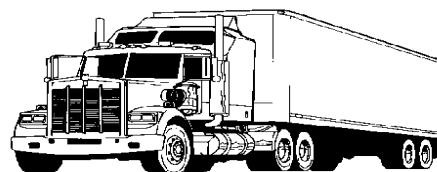


Spencer Wools Transport



Wool and General Freight
Weekly Service to and from
Perth every Thursday.

Depot in Perth (Welshpool)





Welcome to Night Watch for the fortnight from midnight Friday 12th September to midnight Friday 26th. Astronomy is looking up.

PHENOMENA: The three planets Mercury, Venus and Mars reside in the west in the constellation Virgo. On Saturday 13th Mercury (south) and Mars (north) are close together and again on Friday 19th.

On Monday 22nd at 11:38pm the Sun will be on the Equator which denotes the Vernal Equinox and the true start of spring.

Our local star "THE SUN" resides in the constellation of Leo until Wednesday 17th when it rises in Virgo. The Sun shines at magnitude -26.72 from Twilight times: Morning twilight on Saturday 13th starts at 4:49am and on Friday 26th at 4:21am. Evening twilight ends on Saturday at 7:21pm and at 7:35pm on Friday 26th.

THE MOON: On Saturday 13th in Capricornus, the Moon will be 0.8° (close) south of the planet Neptune. The Full Moon will be at 5:05pm in Aquarius on Monday 15th at magnitude -12.0. On Saturday 20th in Aries the 78% Moon will be at Perigee (closest) at 368,888 Kilometres from Earth at 11am. The last quarter Moon will be at 12:56pm on Monday 21st at magnitude -6.0.

MERCURY: In the constellation Virgo on Saturday 13th shining at magnitude +0.1 sets at 8:05pm 3° south of Mars (thumb at arms length). Then on Friday 19th Mercury will be 4° south of Mars (two fingers at arms length) setting at 8:01pm. Mercury sets at 7:38pm on Friday 26th. Mercury's disc is half on 12th and slowly dwindles to a thin crescent at month's end.

VENUS: In the constellation of Virgo at a bright -3.8 magnitude sets at 7:59pm on Saturday 13th. On Thursday 18th setting at 8:08pm Venus will be 3° north of the bright star Spica. Venus on Friday 26th sets at 8:23pm in the west. Check this planet out with your telescope as it gets higher.

MARS: The red planet in Virgo at magnitude +1.6 sets on Saturday 13th at 7:56pm 3° north of Mercury at +0.1.

On Friday 19th Mars is 4° north of Mercury setting at 7:51pm. Mars on Wednesday 24th will be 2° north of the star spica. Mars on Friday 26th sets at 7:46pm.

JUPITER: The giant gas planet in the constellation of Sagittarius at a bright -2.5 magnitude is now high above at night and sets in the next morning around 2:30am all this fortnight.

SATURN: The ringed planet in Leo rises in the morning twilight but not in view.

URANUS: The blue/green coloured gas planet in the constellation of Aquarius at magnitude +5.8 rises on Saturday 13th at Opposition (opposite side of the Earth to the Sun) at 5:51pm and remains in the sky all night all this fortnight. On Monday Uranus will be 4° south of the Moon.

NEPTUNE: The grey/green coloured gas planet in the constellation of Capricornus at magnitude +7.9 will rise with the Moon Saturday evening at 0.8° south and will also set in the late morning sky this fortnight.

The constellation of Lyra (the harp) is near the northern horizon and is easily recognised by the bright blue star Vega and the two stars to the south/east in which lies the ring planetary nebula. Above is Sagittarius and to the east is Capricornus shaped like a large fat boomerang. On Saturday 20th to the north will be Aquila (the eagle) found by finding three close stars in a line, Altair, Tarazed and Alshain.

Anyone wishing to learn astronomy please give me a call. Astronomy is a great hobby or something more if you are interested. Know the sky by the stars and view the hidden treasures of the sky.

Maurice Gilson. Semi Professional Astronomer.

16 Clarke Avenue Lake Grace.

Phone: 9865 1516 or mobile 0458538388.

Email: mgi11687@bigpond.net.au

Clearance to work with children number. 277357.

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
13/9	6:08am	5:57pm	3:53pm	4:44am	20/9	5:58am	6:01pm	11:42pm	8:38am
14/9	6:07am	5:57pm	4:56pm	5:14am	21/9	5:57am	6:02pm	D.N.R	9:31am
15/9	6:05am	5:58pm	5:59pm	5:43am	22/9	5:56am	6:02pm	12:48am	10:32am
16/9	6:04am	5:58pm	7:03pm	6:11am	23/9	5:54am	6:03pm	1:47am	11:39am
17/9	6:03am	5:59pm	8:10pm	6:42am	24/9	5:53am	6:04pm	2:37am	12:49pm
18/9	6:01am	6pm	9:20pm	7:15am	25/9	5:52am	6:04pm	3:19am	1:58pm
19/9	6am	6pm	10:31pm	7:53am	26/9	5:50am	6:05pm	3:55am	3:04pm

Honors for the Community Service Programme



Back: Ms Wilson, Clare Cable, Sheridan Fyfe, Amber McPherson, Nat Curtin, John Hendry, Ryan Smith, Bradley Lay

Front: Harley Pittard, Courtney Withnell, Gabbie Trevenen, Stefan Greyling, Krystal King.

Elizabeth Gilbert visited Lake Grace District High School to meet the students who put so much work into the Community Service Programme in 2008.

Early next year the Lake Grace School Community Service Programme will be on the Curriculum Council Website

The 'Save a Life' evening, held on the 25th June 2008 by the year 9 and 10 students, in conjunction with the St John Ambulance, is one of the six best Community Services conducted in the state.

The students presented Elizabeth with a presentation and video explaining how they went about organising and advertising the event. They also shared with her the positive feedback from Lake Grace Community and how successful the evening had been.

The benefits the students felt they achieved out of teaching CPR were:

- How to organise events in the future
- Revised CPR from a previous course held at the school.
- Passing on the knowledge to others.
- Communication skills, in approaching businesses and carrying out a telephone survey.
- From English class oral presentations, the students have learnt public speaking which they have transferred to communicating with the public.
- Knowledge that they were helping people, demonstrated by the fact that the skills were used three days later by an enrollee in the course, using the knowledge to help save a life.
- Helping the community and receiving positive feedback.
- Good challenge for some first time public speakers.

Is Your Community Group Looking for a Fundraiser?



We are planning an event in Newdegate in early November.

We need a group or groups to:

- organize and run a bar
- cater (simple food, e.g. lamb rolls)

If your group is interested, please contact Michelle Slarke, Development Officer, Shire of Lake Grace - Tel: 9890 2500

LAKE GRACE ART NOTES



We had a good turnout for the opening of the Wax and Wipe exhibition. Michelle Slarke opened the exhibition and gave an explanation on the participants activities in the encaustic workshop with Helen Seiver and the Painting/Markmaking workshop with Michelle Theunissen. The results are on the wall. The exhibition is open daily from 10-4pm.

The September meeting date is changed to the 23rd September 9.00am at the MultiArtspace. This is our 2009 programming meeting so bring all your ideas to the table for an exciting bunch of activities for next year. This is an open meeting and anyone is welcome, you don't have to be a member to come. Alternatively if you can't make it and have ideas contact one of the art group members or scribble it out and send to Tania Spencer on fax 9865 1467 or email spencertania@hotmail.com and it will get brought to the table, the more the merrier!

Afterwards around 10.30 we will do some work on our beanies or whatever you want to do for the **Community Exhibition**. All welcome, come along and join in, and remember a beanie doesn't have to be knitted or crocheted, can be large or small, can have cockatoos on the top, made of breadbags, or straw, the wackier the better!

In case you are wondering what is going on at the Artspace for the next two weeks – well Awesome Art has come to town. The Lake Grace District High school students are making art from food! This is a fantastic opportunity and will be part of the bigger Awesome Arts Festival in Perth.

Lake Grace and Newdegate General Practice

Payment Levels

All consultations during office hours are Bulk Billed by Medicare.

Private, overseas visitors and patients without current Medicare cards, will be billed at the private rate.

- For a short visit (5 minutes) with the Doctor the fee is \$26 private, with a rebate of \$14.70.
- For standard visit (15minutes) with the Doctor the fee is \$45 private, with a rebate of \$32.10.
- For a long visit (more than 15 minutes) with the Doctor the fee is \$70.00 private, with a rebate of \$60.95.
- Medicals for Pre-employment and Commercial Drivers Health Assessment are charged at a

CCL HARDWARE

LAKE GRACE 9865 1104

*SPRING SALE COMMENCING SOON-
BROCHURE VIA POST*

*FRESH SUPPLY OF GARDEN PLANTS AND
VEGETABLE SEEDLINGS*

SEE MARK, ALLAN, RITA, CHRYSTAL OR ROBYN.

**GOOD LUCK TO ALL SPORTING TEAMS
REPRESENTED IN THE GRANDFINAL
ON SATURDAY**

WA COUNTRY HEALTH SERVICE**WHEATBELT****Patient Care Assistant Recruitment Pool**

LHMU Level 3/4
\$37,942 - \$39,816 pa pro rata
Casual positions available
Position Number: Pool Ref CH256
Located in Lake Grace

Pool Recruitment: Suitable applicants will be placed in a pool from which appointments may be made when similar vacancies occur. The pool will operate for six (6) months from the date of the initial selection in the pool.

JOB DESCRIPTION:

We are seeking to appoint self motivated individuals to join the Support Services Department at Lake Grace Hospital, Wheatbelt.

This position provides general assistance, where needed throughout the Health Service, covering all aspects of client comfort under direct supervision of the Registered Nurse, HACC Coordinator and Senior Administration Assistant.

This position is subject to a Working With Children (WWC) Check. For further information please refer to the WWC website at: <http://www.checkwwc.wa.gov.au/default.htm>

FURTHER INFORMATION:

Enquiries are encouraged and should be directed to Anna Taylor or June McEncroe on (08) 9890 2222.

Application Instructions: Applicants are requested to apply online at www.jobs.wa.gov.au or an application kit can be sent to you by calling **(08) 9480 9307**.

Applicants are advised to write and attach their statement addressing the selection criteria. Applicants should have their current resume/curriculum vitae and application addressing the selection criteria complete and ready to attach, prior to clicking on the "Apply for Job" button. You will be asked three questions during this process, and to then attach your documentation, so it is recommended to allow enough time to complete these requests.

Alternatively you can request for an application kit to be sent to you by calling **(08) 9480 9307**.

PLEASE BE AWARE THAT PROFORMA, EMAILED AND LATE APPLICATIONS CANNOT BE ACCEPTED.

CLOSING DATE: 4:00pm Monday 22nd September 2008

The WA Country Health Service is an equal opportunity employer and supports flexible work practices. The Department of Health supports an entirely smoke-free work environment across all of its premises, grounds and vehicles.



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

Lake Grace Cemetery - Unmarked Graves Project

The project will install simple grave markers on the unmarked graves of people buried before 1998. We have obtained the information from the Shire cemetery records. Some of the older records have limited detail, so if you can fill in any of the missing details, know the families or if any of the names are mis-spelt or incorrect please contact us.

Thank you to all those people who have given information about the unmarked graves. Listed below are the graves for which we have the least details. The full list of unmarked graves can be viewed at the Shire Office, the community notice board at Lakeway Shopping Centre and on the Shire website (www.lakegrace.wa.gov.au).

If you have other plans for a family member's gravesite or know of former residents whose family gravesite is unmarked, please contact Michelle Slarke or Lee-Anne Trevenen at the Shire office (9890 2500).

Please forward any information to the Shire before 19th September 2008. We will then order grave markers for all those listed, unless a family requests otherwise.

Surname	Given Names	Burial Date
Bevan	Geordie ?	?1944
Blackbourne	(name? Digby?)	3/12/1940
Carter	Mrs (name? May?)	1/02/1928
Cunneen	J (name?)	22/09/1941
Eckersley	Kenneth	date?
Feely	M D (name?)	4/03/1955
Griffin	Bob (?Robert)	31/08/1942
Jaensch	Baby (name? Gail?)	16/07/1948
McGlinn	Baby (name?)	12/05/1962
Parker	(name? male?)	20/06/1941
Penrath	Baby (name?)	22/02/1925
Piff	F C (name?)	3/05/1963
Thomson	(name?)	2/10/1937
Willoughby	Baby (name?)	1/02/1938

Lake Grace—Where Food becomes AWESOME Art!

AWESOME's regional program Creative Challenge kicked off in Lake Grace this week with FEAST,

a food art project for young people. AWESOME artists-in-residence Amanda Barrett Hayes and Marnie Orr will work with Lake Grace students to create stunning sculptures from food materials and recycled or found objects. Their culinary creations can be viewed at a community celebration next week.

FEAST Exhibition opening
Thursday 18th Sept @ 3.30pm

Lake Grace Multi-Artspace

Also Open Friday 19th Sept

All Welcome



TOWNSITE BULK RUBBISH COLLECTIONS

LAKE GRACE **Tues 30th Sept**

NEWDEGATE & LAKE KING **Wed 1st Oct**

VARLEY **Thur 2nd Oct**

Please stack items for collection on the road verge in a way that does not obstruct traffic or footpaths or allow the wind to carry any loose material. Items can include garden prunings, scrap steel or tin.

No domestic waste or items such as batteries, furniture or recyclables should be included.

Please put out items for removal prior to these dates. All waste must be capable of being lifted by two men into a truck.

Kulin Bush Races

a great family fun weekend !!!



Friday

Official Opening, Art & Craft Show,
Live Entertainment, Licensed Bar, meal and
entertainment at the track.

Saturday

Dawn Service Camp Hart, Gymkhana, Art & Craft
Show, Horse Races, Fine Wine, Country Cuisine,
Kid's Activity Tent, Old McDonald Farm, Bouncy
Castle, Sheep, Dog & Foot Races, Fireworks, Two Up.

Sunday

Great Aussie Revival Breakfast
Art & Craft Show 9am—11am

Experience the
excitement of a
day's racing beneath
the majestic
Jilakin Rock
and surrounding
Jilakin Lake

LIVE BANDS
-Flyte-
-Felix-
-Lauren Brede-

Fireworks
Two Up

Adults \$25.00
Kids (13-17) \$5.00
No Concession
Photo ID Required (18+)

NO Dogs No BYO
EFTPOS Available
Ph: 9880 1021
E: resourcecentre@kulin.wa.gov.au

3-4-5— October 2008

SPONSORS:



HUMOUR

Most Wanted

Little Johnny's kindergarten class was on a field trip to the local police station, where they saw pictures of the 10 Most Wanted men tacked to a bulletin board.

One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person.

"Yes," said the policeman. "The detectives want him very badly." So Little Johnny asked, "Why didn't you keep him when you took his picture?"

A Healthy Life

Grandpa John was celebrating his 100th birthday and everybody complimented him on how athletic and well-preserved he appeared. "Gentlemen, I will tell you the secret of my success," he cackled. "I have been in the open air day after day for some 75 years now."

The celebrants were impressed and asked how he managed to keep up his rigorous fitness regime.

"Well, you see my wife and I were married 75 years ago. On our wedding night, we made a solemn pledge. Whenever we had a fight, the one who was proved wrong would go outside and take a walk."

Before Computers

An application was for employment

A program was a TV show

A cursor used profanity

A keyboard was a piano!

Memory was something that you lost with age

A CD was a bank account

And a floppy disk was something

Terribly wrong in your back.

Compress was something you did to garbage

Not something you did to a file

And if you unzipped anything in public

You'd be in jail for awhile!

Log on was adding wood to a fire

Hard drive was a long trip on the road

A mouse pad was where a mouse lived

And a backup happened to your commode!

Cut - you did with a pocket knife

Paste you did with glue

A web was a spider's home

And a virus was the flu!

I guess I'll stick to my pad and paper

And the memory in my head

I hear nobody's been killed in a computer crash

But when it happens they wish they were dead!

Pingrup Maintenance Service

- All types of paving work
- All types of brick work
- Colourbond fencing
- Patios
- Gyprock Work
- Internal and External Painting
- Roofing Re-sheeting (Tiles off / Tin on)
- General Improvements & Alterations
- Wall Tiling
- Floor Sanding
- Sealing & Polishing

Contact Gib on 9820 4090 or or 0427 201 094

Art Studies

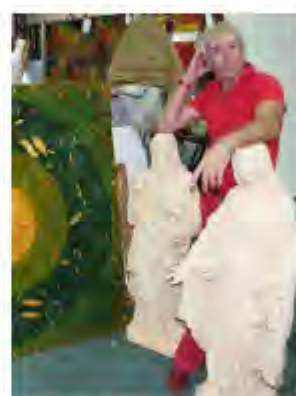
**Places are still available in our
nationally accredited
full or part time art courses.**

Certificate II in Visual Arts and Contemporary Craft CUV30103
Certificate III in Visual Arts and Contemporary Craft CUV30103
Certificate IV in Visual Arts and Contemporary Craft CUV40103
(must have completed Certificate III)

These are just a few of the many interesting units available



- Learn techniques in Drawing
- Learn techniques in Painting
- Produce Sculpture
- Learn techniques in fibre Textiles
- Learn techniques in Printmaking
- Mixed Media
- Art History
- Community Art Projects
- Mosaic



TAFEWA
c.y. o'connor

Wondering where to head with sheep?



Annual Ram Sale

Monday, September 15, 2008

**Nyabing Ram Selling Complex
Inspections welcomed from 10.30am**

Sale starts at 1pm

Offering

**110 AA & A rams
60 Private Selection rams
available by appointment**

For further enquiries, please contact:

Trenton & Rachel Browne
ph 9822 1571
fax 9822 1576
mob 0428 221 571
trentonandrachel@activ8.net.au

Murray Drage
ph 9844 4778
fax 9844 4780
mob 0428 253 033
amuri1@bigpond.com



Visitors Centre

(Stationmaster's House)

Any person who is interested in joining or helping out please phone Mary on 98651321 or alternatively write your name down in the roster book at the Visitors Information Centre.

Thank you very much to our volunteers who help out. We really do appreciate all your help and valuable time that you put into the Visitors Centre.

We are constantly looking out for new people to join our volunteer group so if you have 3 hours to spare and love to meet new people from all over the world "literally" we would love to hear from you. Drop in and talk to one of the volunteers today.

Thank you, Trish



*Next Meeting is our AGM on Tues 7th October
Commencing with afternoon tea at 2.30pm
EVERYBODY WELCOME*

SEPTEMBER / OCTOBER 2008 - Roster for Lake Grace Shire Visitors Information Centre

Mon 15 * Bill Jenks *	Tue 16 * * Betty Daly-King	Wed 17 * Phil Dunham *	Thur 18 * Henk Doelman * Elsie Bishop	Fri 19 * Trish Medlen *	Sat 20 * *	Sun 21 * *
Mon 22 * Bill Jenks *	Tue 23 * * Betty Daly-King	Wed 24 * Shirley Altham *	Thur 25 * Henk Doelman * Elsie Bishop	Fri 26 * *	Sat 27 * *	Sun 28 * *
Mon 29 * *	Tue 30 * * Betty Daly-King	Wed 1 * *	Thur 2 * Henk Doelman * Elsie Bishop	Fri 3 * Trish Medlen *	Sat 4 * *	Sun 5 * *



Gnowangerup Training Centre



Department of
Education
and Training

Expressions of Interest

Possible LOWER SECONDARY AGRICULTURAL SCHOOL in Great Southern

The current Gnowangerup Training Centre (located 3km from Gnowangerup townsite) is investigating the possibility of becoming a Lower Secondary Agricultural School (Years 8 – 10).

IT IS ONLY A PROPOSAL AT THIS STAGE

If it did occur, it would be co-educational and cater for residential and day students.

We are seeking expressions of interest from parents who have students currently in years 6 – 9 who are interested in attending such a school.

Please contact Michael Smith (Site Manager) on 9827 2333 or
0427 087 829

High School Students Talk with Mark Muller

"There he is! Yeah, we can see him and he can see us!"
On Thursday 4th September at 11.00a.m. the Yr 9/10 students were invited to have a video conference with Mr Mark Muller, the editor of the Outback Magazine.

In Term 2 the students were introduced to the various writing techniques and skills that writers such as Lee Kernaghan, Slim Dusty, Banjo Patterson use. They then tried to apply these skills with their own creative ideas in writing some bush poetry.

Ms Wilson contacted Mr Muller and asked if he would be willing to provide some feedback to the students on their work. The Outback Magazine includes a bush poetry section twice a year. Despite his very busy business schedule, he was very willing to do so, and suggested a video conference be arranged so that he could speak to the students. This is a really generous offer by Mark and a great opportunity for the students! With Mrs Cheryl Chappell, Stephen Chappell and Mr Mark Burbridge all helping in regard to the computer technicalities required for such a link – up, the video conference went ahead!

How was it? FANTASTIC!!!!

Ms Wilson

"The sound of a motorbike on a cool summer's day
And the sound of the sheep as they munch on the hay
The crunch of the gravel under the wheels
We had just woken up and had our first meal.

After the cold night the sheep are still weak
And in the shed floorboards creak..."

(Extract from Bradley Lay's bush poem
'Loading the Sheep')

"As the bull's sweaty scent was wafting here and there
With noise from the speakers bouncing everywhere
the dust was very threatening, as the sun beats down
And the rooky cowboys were sitting on the crown

Noise all around me like a never ending track

As rider 104 had – 'Oh what a stack!'

'105 Rohan Trevenen this young rooky from Lake Grace

Was all ready with this Brammon bull running from the race..."


(Extract from Gabbie Trevenen's bush poem
'Boddington Rodeo')

"It's a corrugated iron shed
and work boots on a backdoor step
scones in the oven and preserves in jars
talking prices at the saleyards
it's long straight roads and one horse towns
and sheep dogs bringing the mob around

(Bush Poetry with melody! Extract from
Lee Kernaghan's 'That's the Way it is')



Above: Year 9/10 students talking with Mark Muller



Aerial Spraying

Lindsay & Ann Joyce

P O Box 1318
Albany WA 6331

Phone: 9844 4785
Mob: 0427 206 210

Lake Grace and Newdegate General Practice

Please notify the receptionist of your arrival.

Provide the receptionist with your:

- Medicare card
- Health Care Card
- Pensioner Concession Card
- Veterans Affairs card

when visiting the Doctor and requesting
Pharmacy, to receive your full entitlements.

HIGHVALLEY

26th Annual On-Property Merino Ram Sale

Tuesday, September 23th

Commencing 1:30pm.

Inspection From 10:00am

80 2007 drop Merino Rams

NO on Property Field Day this Year

*If you need to put size and
carcass value in your flock
then consider
High Valley Merino sires.
They are large framed,
quick maturing with soft
handling crimp wool.
Bred for Wheatbelt conditions.*

Ken Gray & Co

TARIN ROCK

Inspection from 10am

Auction starts 1:30pm

For further information phone

Mike Gray (08) 9864 9044 or

Ken Gray (08) 9864 9033

SCIENCE AND STUFF

QUIETING THE BRAIN: Aiming at tinnitus's roots: Twelve million Americans seek medical relief from the perpetual whooshing, ringing or roaring noise of tinnitus, but there is currently no cure. Treatments such as electrical shocks, pills and sound therapy have had only limited success. But as researchers learn more about the causes of tinnitus – and its devastating emotional toll – they are discovering better options.



Researchers at Neuromonics in Bethlehem, Pa., have developed a new ipod-like device called Neuromonics Oasis, which tackles each tinnitus sufferer's unique combination of emotional and auditory symptoms. The portable music player delivers New Age and baroque tunes, which serve a double purpose: the music provides psychological relief from the agony of hearing phantom noise, and it addresses the complex neurological roots of tinnitus. When ear damage or normal aging mutes certain sound frequencies, some experts believe the brain becomes hyperactive as it strains to hear those missing data. "The brain wants a signal," explains neuroscientist Richard Salvi of the University at Buffalo, "so it starts turning up the volume." The Neuromonics system boosts the intensity of musical frequencies at which a user has poor hearing, fulfilling the brain's need for input. The device also attempts to train users to tune out their tinnitus-like humming fridge by slowly lowering the music's volume over several months of treatment. As the music transitions from continuously covering up the "brain static" to intermittently obscuring and revealing it with sonic peaks and troughs, the brain gradually habituates by ignoring the tinnitus as well as the repetitive music accompanying it. The Neuromonics device has been successful in more than 2,000 tinnitus patients so far, but it is not without critics. Neurologist Jack Wazen, who is conducting clinical trials with the device at the Silverstein Institute in Sarasota, Fla., noted that only half his tinnitus patients can afford its US\$3,500 to \$6,000 price tag. And as with other treatments Neuromonics is not for everyone as it does not work for musicians. (From Scientific American Mind Magazine volume 19, Number 3, June/July 2008). www.sciammind.com

OPPOSITES MAY NOT ATTRACT AFTER ALL: When it comes to relationships, we are often told that opposites attract. Now, a study suggests couples stay together longer if they share some common ground.

Beatrice Rammstedt of the Centre for Survey Research and Methodology in Mannheim, Germany, and Jurgen Schupp of the German Institute for Economic Research in Berlin looked at the "big five" personality traits in 6000 couples in



Germany. They found people choose partners who are similar to themselves in terms of agreeableness, conscientiousness and openness, while extroversion and emotional stability were unrelated to partner choice (Personality and Individual Differences, DOI:10.1016/j.paid.2008.06.007). People in long-lasting marriages had particularly similar levels of agreeableness and conscientiousness, suggesting that couples with these traits in common are more likely to stand the test of time. According to Schupp, if you differ in this respect you are more likely to separate. Fear not if your partner's personality clashes with your own, though. Sanjay Srivastava, a psychologist at the University of Oregon in Eugene, offers an alternative explanation: "perhaps the longer couples stay together, the more they grow alike."

HUMPBCKS BACK: Four decades after hunting them was banned, humpback whales seem to have swum clear of extinction. They might be heading straight for another danger zone though, as their comeback could be the green light that Japan and other pro-whaling countries need to reintroduce hunting. The latest red list of Threatened Species, issued by the International Union for Conservation of Nature (IUCN), no longer deems the humpback to be at a high risk of extinction. It estimates that there are 40,000 mature adults, up from less than 1500 before the ban, though still pitifully low compared with the estimate of 240,000 in pre-whaling days. Japan is likely to push hard to end the hunting ban, says Thilo Maack, Greenpeace's cetacean expert. Of course others say different.



VAMPIRE DEATH RIDDLE: Deaths of at least 38 members of the remote Warao tribe in Venezuela have been blamed on rabies, transmitted by bites from vampire bats. But although the symptoms broadly match those of rabies, the bats seldom bite humans and the victims have no reported bite marks, so some hitherto unidentified disease may be to blame.

WHO'S A CLEVER APE? Wild orang-utans have been seen self-medicating for the first time, in Central Kalimantan province, Indonesia. The apes were spotted chewing Commelina leaves, which they made into a balm and rubbed on their limbs. The naturally occurring anti-inflammatory drugs found on the leaves are used by local people to treat aches and pains.

BEE MINUS: Commercially maintained bumble bees may be to blame for the recent decline in native bees in North America and elsewhere. Bees used for pollinating vegetables in greenhouses can escape and infect wild bees with the parasite Crithidia bombi.

Maurice Gilson. (Be sceptical – Question everything).

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Hockey Troll's Windup 2008

After a day spent hosting the grand final all trolls headed for our annual wind up and trophy presentation at the Sportsman's Club with a theme of cocktails. Thanks to the Sportsman's Club for the yummy dinner and to Kevin and Heather for the cocktails.



Trish and Zoe Cameron

It was great to see every one dressed up and I must say we are a good looking bunch when out of tracky pants and ugg boots. I would like to thank all the trophy donors and we appreciate your ongoing support.

Winners on the night were:

A GRADE Fairest and Best: LYN CARRUTHERS
donated by life member Jan Mason

A GRADE RUNNER UP: TARHYN GRAY
donated by Retravision

B GRADE F&B: DI DESMOND
donated by M & C Stanton

B GRADE RUNNER UP: CARYN KIRK
donated by the Hunt family

MOST IMPROVED: LYNDA TRAWINSKI
donated by the Dickens family

BEST CLUB PERSON: MICHELLE CAMERON
donated by life member Pauline Taylor

COACHES AWARD A GRADE: ANNA TAYLOR
donated by sportsman club

COACHES AWARD B GRADE: DI DESMOND
donated by Sportsman's Club.

The night proceeded with a lot of dancing and cocktail drinking. We were lucky enough to have an on the spot guest appearance of the spoon playing troll that just added to the music coming out of the juke box.

After such a big day it was nice when we finally got asked to leave as I could finally relax and get off my feet. Thanks to all club members for making the night so enjoyable and I look forward to seeing you all again next season.

It was great to see the B grade in a final. Well done to you all and I hope to see you back next year.



Karen Kirk and Leonie Carruthers



Missy and Darren Clifford

*A Grade and
Association
Fairest and best*

Lyn Carruthers



Anna Taylor

URALLA

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Rachael Jensen

Ph- 9866 8114

Mobile- 0428 843 884

2008 Community Art Exhibition

Need inspiration for the 2008 Community Art Exhibition coming up in October? We've nominated the humble beanie our theme. We want to see beanies of every size, colour and shape imaginable. Don't worry, *you don't have to knit* (but you can, by all means), just get creative and build or fashion a beanie from anything you can get your mittens on. To get you thinking...

According to Wikipedia, the term beanie probably comes from the early 20th-century slang term "bean", meaning head (makes sense). The original beanie cap was made of felt and popular among school boys from the 1920s-early 1940s. But by the mid-40s they gave way to cotton visored caps (some suspect they fell from grace after some bright spark decided to put a geeky propeller on the crown of one).

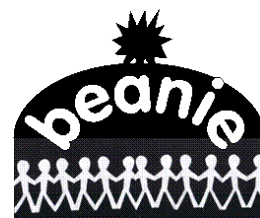
However the beanie is now enjoying a resurgence. The understated head-cover has been propelled to stardom through Alice Springs' Beanie Festival — in fact Alice is now considered the beanie capital of the world (beat that for a shire plate motto). And just be thankful you live in Australia, where a beanie is called a beanie, not a watch cap, skull cap, boggan, toque or monkey cap, like in other queer countries.

Now, traditionally a text-book beanie is made from felt, yarn, fleece or other fibre and is "commonly worn during

winter to keep ones head warm" (no surprises there) - but there's no reason why you can't push the boundaries. You might want to weave a beanie from string, plastic bags, or some god-awful invasive vine you've got in your backyard. And there's no reason why it has to keep **your head** warm. A teapot, topiary tree or your pet kelpie has just as much right to feel the snug fit of a beanie as your own noggin. The possibilities are endless. So get amongst it.

If you've got any queries or need help getting your idea off the ground, then contact one of the Art Group members. They'll be only too happy to help. And remember, if beanies don't burst your bubble, you can definitely submit any other art or craft piece you've been working on.

The Lake Grace 2008 Community Art Exhibition opens October 16.



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LAKE GRACE PONY CLUB



Pony Club held their September rally this weekend, Sunday September 7 (Sorry about that, Dad!).

Many thanks to Nicole Argent who did a superb job as the only coach available on the day. Nicole took all levels in one class and they had a fantastic time. In the morning they did flatwork and it is great to see the kids gaining more confidence, with many cantering with control now. They did some fantastic formation riding which was great to watch. Everyone was very careful about watching everyone else and controlling their ponies to synchronise with each other.

After a delicious lunch, with thanks again to Nicole and Pauline Taylor, it was on to the afternoon's activities. The kids practiced their skills with games and then finished the day with a great round of jumping. Again, confidence was the order of the day with everyone doing a great job even over the higher jumps.

The day finished on a positive note with our budding riders making plans to enter shows and even the State Tetrathlon! Watch out Sonia Johnston!

October will be a busy month for Pony Club, as we will be supporting the Newdegate Debbie Spencer Certificate School on October 7 & 8, and hopefully some Lake Grace riders will enter the Newdegate Gymkhana on October 9.

Following that our last rally and wind-up day will be held towards the end of October – contact Donna on 9866 8025 or Nicole on 9866 8106 to find out the date. This will be a fun day with lots of games and some presentations to wind up the season – visitors welcome.

Our AGM will also be held towards the end of October, to enable us to get plans in place for a flying start to next year! Watch this space for details...

PS: check out our website www.lakegracepc.com



Michaela Hendry and Tessa

Donna Hendry

LAKE GRACE GOLF NOTES

Last week we played a par competition, sponsored by Fyfe Transport. The golf club would like to thank David and Christine Fyfe for their continued sponsorship. The men's winner was Justin Wright with a very good score of plus 7. Gary Frost was the men's runner up with plus 6. It's good to see a few golfers visiting the handicapper again. Helen Hunt was the ladies winner with -1. Well done to all the winners.

The Westpac ball, CSBP ball and Hotel ball all went to Milton Reynolds and Justin Wright won the Tyrepower bag. Chad Stanton won the Bankwest longest putt on 9 and Andrew Clarke won Rosies café placement on 12. A big welcome to Andrew and Jackie Clarke to the club.

This week-end we played a stroke competition sponsored by Farmworks Lake Grace. The golf club would like to thank you Peter, for organizing a fantastic array of great prizes. All the men and lady winners were thrilled to bits with their trophies.

The men's winner was Marcus Owen with a very good score of 85-20-65. Steve Crook was the men's runner up on a count back with 99-29-70. Third went to Justin Wright with 89-19-70. The ladies winner was Helen Hunt with 89-17-72. Michelle Lay was the runner up with 96-21-75. The gross went to Gary Frost with 82 off

the stick. Justin Wright won the putting competition with 26 putts.

Jared Bray and Stephanie Lay won the long putt on 2 and 10, best second on 8 Craig Reeves and 14 Chad Stanton, long drive men Craig Reeves, ladies Helen Hunt.

The Westpac ball went to Stubby, CSBP ball went to M Owen, Corey Lee won the Hotel ball and the Tyrepower bag went to S Crook. Bankwest longest putt went to Tania Bray and M Owen won the Rosies placement on 12.

Next week is a stableford competition sponsored by Neu-Tech Autos. Thank you Ross and Belinda for continuing your support for our golf club. The following week is closing day, we will be playing a three person ambrose sponsored by Lake Grace Communications and Computers. Organise your own team or rock up and get placed in one.

There will be a bbq tea to follow, so please bring a salad.

Chad Stanton

GYMNASTICS



Monday, 15th September, is the last day of our Gymnastic season!! For the last day, session 1 and 2 children will combine for a 'Team Challenge'. This will run between 2.30 and 3.45pm.

Children from the 3rd session will be required to assist in the 'Team Challenge'. Following this they will have their session.

The coaches wish to thank you for your assistance and support during the season. We hope your children benefitted and enjoyed the season.

Thursday, 18th September, at 5.00pm is the major pack-up. Please attend as this is a BIG job!!! (Those people rostered on set-up for the rest of the season are no longer required for set-up as we have been able to leave the equipment out, but everybody will be needed at the pack-up.)



Our AGM will be held early in Term 4. We are looking for new committee members, so please start thinking about it. Unfortunately, if nobody comes forward at the AGM, the club will have to go into recess until such time as we do get somebody to take on the positions.

The following is a list of extra competition sessions (for those children in the competition only!!):

- | | |
|----------------|---|
| Thursday, 4th | - Level 1 boys, 3.30-4.15pm |
| Monday, 8th | - Normal gym |
| Tuesday, 9th | - Level 1 & 2 girls, 3.30-4.15pm |
| Thursday, 11th | - Level 3, 4, 5 girls, 3.30-4.30pm |
| Monday, 15th | - Team Challenge, 2.30-3.45pm
Session 3 children, 3.45-5.30pm |
| Thursday, 18th | - Level 1 & 2 boys, 3.30-4.15pm
Level 1 & 2 girls, 4.15-5.00pm |

Major pack-up, 5.00pm

Wendy O'Neill

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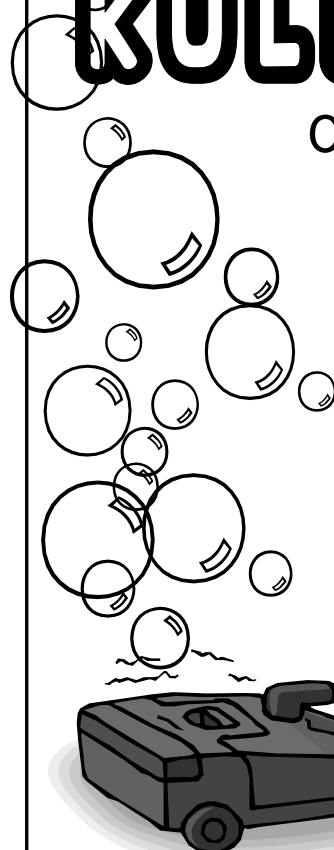
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MINI TROLL TALES

On Tuesday 2nd September the C Grade from the Lake Grace Hockey Club were treated to a game of Laser Tag at the Jam Patch for their end of season wind up.

Laser Tag enables participants to develop their coordination, teamwork and tactical skills as well as being a great fitness exercise, amazing how fast you run when someone is trying to shoot you!

Thanks to Karen Lovejoy, Roe Be Active Coordinator, for arranging the games for us and to Caryn Kirk, coach extraordinaire, for the tucker and drinks.

Mums and Dads were invited to join in and as one mother said, 'It's very therapeutic, getting to shoot your kids!' Hard to tell who had the more fun, parents or kids. Some parents took a little coaxing to join in but had a ball once they started.

A sausage sizzle followed with certificate and runner up medallion presentations to the kids in response to a great season of hockey.

Danielle Robertson



Back: Gracie, Caitlyn, Shannon, Maddy, Candy
Middle: Luke, Phoebe, Beth, Jade, Jordy, Michaela, Travis
Front: Fletcher, Abbey, Elizabeth, Eibhlis, Shaylah, Emma.



Above: Michaela Hendry.

Right: Anna Taylor, getting in some therapy!

Below left: Shannon Smith, taking cover.

Below right :
Roe Be Active Gunslingers



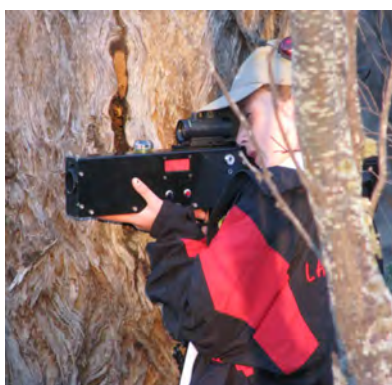
Karen Newman, no coaxing required!



Zhane Robertson and Nash Kirk



Above: Wayne Trawinski, decked out in his camo gear, no one saw him coming!



Lake Grace/ Pingrup Junior Sports Wind-up

Sunday 14th September at the Oval

11.00am Adults Vs Kids Footy and Netball

Sausage Sizzle Lunch (steaks available \$10 each)

2.00pm Junior Footy AGM

Followed by Footy, Hockey and Netball Awards

D Grade please bring a salad

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Junior Golf Championships and Windup

The Lake Grace Junior Golf Season wind up was on Sunday 31st August with the completion of the championships and presentation of trophies.

A very big thank you to our major sponsors Lake Grace Concrete for their ongoing commitment to the Lake Grace Junior Golf Championships. Mark and Trish have been long standing sponsors of our juniors and we can't thank them enough for their very generous contribution.

The Championship winner for 2008 is: Reece Lay
 Runner/up – Brendan Bell
 Most Improved – Kendrick Harvey
 Consistency – Jamie Bell
 Coaches' award- Jade Cameron

Rhynie awards went to Abbey Trawinski and Brendan Bell, thanks again to John and Jeannette Bennett for this very popular and sort after award that is presented each week.

Novelty winners sponsored for the first time by Gary Seward and very well received and appreciated by our winners were:

1	Longest Putt	Caitlyn Trawinski
2	Best 3 rd Shot	Ben Watson
3	Girls long drive	Jamie Bell
4	Nearest Pin	Kendrick Harvey
5	Best 4 th Shot	Reece Lay
6	Nearest Pin	Travis Wright
7	Best 3 rd Shot	Reece Lay
8	Longest Putt	Adam Hunt
9	Long Drive Boys	Ryan Carruthers

Thanks once again Gary.



Above: Champion for 2008
 Reece Lay

Our other two participation awards went to Izzy Seward and Luke Trawinski.

Other Sponsors we must acknowledge are Kevin Eggers for donating the golf bag and Milton Reynolds for donating the putter. Milton always comes up with something for our juniors, much appreciated guys.

Another popular weekly award was the golfer of the week and this was generously sponsored by the Lake Grace Sportsman's Club, thanks very much to them.

We had 20 registered juniors this year about the same as last year. It is pleasing to see the new members taking on the game and the improvement shown by them already is encouraging. The T.I.D was another outstanding success although down a little in numbers (31 attended) on previous years the coaches Wade Clatworthy and Andy Gott were very impressed with the progress of many of our juniors.

In closing I would like to thank my co-coaches in Marcus Owens and Steve Hunt who have both grasped the coaching concept very well and have been great acquisitions to our junior program. Also to Helen Hunt who has taken on the role vacated by Stephanie Lay a very big thank you and to Heather Bell for ably assisting Helen.

To all the Mums and Dads for bringing your kids to our Sunday morning sessions thank you. Without you, we obviously couldn't have a junior golf club. Last but by no means least, to all our juniors that attended this year we hope you have enjoyed yourselves and learnt plenty from the experience and if you want to learn more and be better just turn up next year.

Until then happy golfing.

Gary Frost



Back: Gary Frost, Marcus Owen
 Middle: Caitlyn Trawinski, Jade Cameron, Jamie Bell, Adam Hunt,
 Brendan Bell Reece Lay, Ben Watson, Travis Wright.
 Front: Izzy Seward, Abbey Trawinski, Kendrick Harvey, Luke Trawinski



The Howe

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Tuesday 30th September 2008

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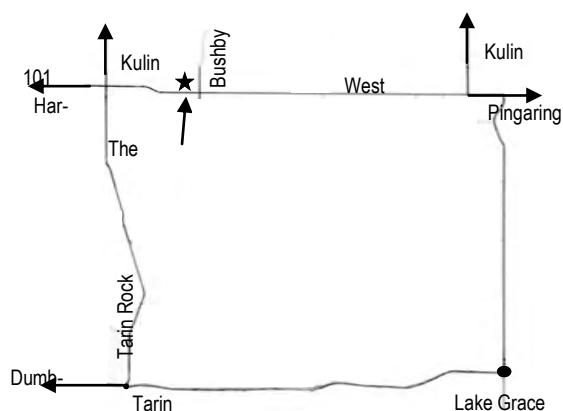
8 White Dorper x Poll Dorset Rams

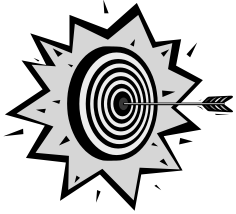
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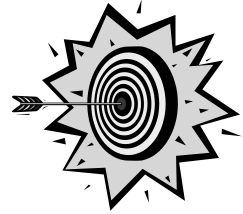
Enquiries to Kevin and Jane Bushby 9889 8041

Graeme Taylor mob 0428 642 004





Lake Grace Ladies Darts



18/6/08

Just Us def Rejects
Comets def Stingers
Highest Avg - Christine Fyfe 38.68
Highest Score - Christine Fyfe 140
Highest Peg - Toni 54

25/6/08

Just Us def Stingers
Comets def Rejects
Highest Avg - Lorraine Seward 32.52
Highest Score - Kim Chesson 134
Highest Peg - Kelly Stewart 60

2/7/08

Stingers def Rejects
Comets def Just Us
Highest Avg - Kelly Stewart 39.19
Highest Score - Steph Davey 138
Highest Peg - Lorraine Seward 50

23/7/08

Just Us def Rejects
comets def Stingers
Highest Avg - Lisa Nenke 37.33
Highest Score - Kim Chesson 140
Highest Peg - Vanessa Seward 89

30/7/08

Just Us def Stingers
Comets def Rejects
Highest Avg - Helen Hunt 38.52
Highest Score - Kim Chesson 135
Highest Peg - Christine Fyfe 43

6/8/08

Just Us def Comets
Stingers def Rejects
Highest Avg - Christine Fyfe 33.81
Highest Score - Nat Gambuti 125
Highest Peg - Nat Gambuti 46

13/8/08

Rejects def Just Us
Stingers def Comets
Highest Avg - Kelly Stewart 38.07
Highest Score - Vanessa Seward 121
Highest Peg - Vanessa Seward 61

20/8/08

Stingers def Just Us
Comets def Rejects
Highest Avg - Kelly Stewart 45.44
Highest Score - Kelly Stewart 180
Highest Peg - Kelly Stewart 32

Well done to Kelly who cleaned up for the night and scored the first and only 180 for darts on the last game of this season.

5/9/08

Grand final winners 2008 were the STINGERS
Congratulations to Kelly, Delys, Debbie, Tineke and Chrystal.

A great night was had by all and well done to the Comets for getting into the final.

Thank you to all the ladies who played this year and hope to see you all next year with some new faces to join us

Vanessa Seward



*Stingers: L-R Crystal Keys, Kelly Stewart, Debbie Bell
Delys Giles, Tineke Conlon*

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LAKE GRACE/PINGRUP JUNIOR FOOTBALL NOTES

It's been a busy couple of weekends for Junior Football with a second semi final, Junior carnival and Preliminary final all being played since my last lot of notes.

I will briefly talk about the second semi final between the two top sides, Jerramungup and Boxwood Hills which was played at Newdegate on the 30th August. Although our boys were not involved directly, we had to play the loser the following Saturday so it was in our best interest to go and have a look.

It was worth the trip out because we were treated to a corker of a game. Boxwood kicked into the breeze in the first quarter and moved the ball forward through their bigger players, scoring a couple of times to go into quarter time with a handy lead. Paul Hislop from Jerry revved his players up and the boys took to the field with vigour. The pressure on the ball carrier was strong and Jerry outscored Boxwood in the second quarter to draw at half time.

Darren Baum from Boxwood urged his charges to keep playing in front and create opportunities to put pressure on the score board. At this point we knew it was going to be a close finish and although Boxwood outscored Jerry in the third quarter, the wind had dropped and Jerry would come home with a wet sail. A final pep talk and the boys took the ground for the final quarter. The pressure and skills on display was fantastic and everyone was playing for keeps. My highlight for the match was the young fells that took a courageous overhead mark right in front of the pavilion. The shock look on his face when he realised he had the ball in his hands was priceless.

Play had been going for 10 minutes or so in the last quarter when Jerry's goal leveled the score and after furious play (and a point each end I think) the siren went. Making it a Draw. A further 5 minutes to steal the game by a solitary point. It was a great match worthy of the finals. That left us to play Jerry at Borden the following Saturday.

Tambellup U/13 Junior Football Carnival 31st August

The following day, the Ongerup Association took two sides to Tambellup for a U/13 Carnival. The Ongerup Swans were made up from Boxwood Hills, Borden, Jerramungup and Newdegate. The Ongerup Bombers were made up from Ongerup, Gnowangerup, Nyabing and Lake Grace. Both teams had five games to play, which were split into 2x5 minute halves. The Bombers lost their first game against Mt Barker by 2 points, as they kicked a goal right on the siren. Ongerup Swans won their first game against one of the Albany sides. Bombers had a break and then played the other Albany side and we had a win. The Swans played Mt Barker and also had a win. The Bombers had a break and then played the second Albany side (Dockers colours) and we went down by a couple of points. The Swans had the toughest match of their day when they played Tambellup/Wagin and scrapped other the line by less than a goal. The Bombers had to play Tambellup/Wagin Magpies straight after the Dockers match and although we were competitive we were starting to tire towards the end of the match. The Magpies ran out comfortable winners. The Bombers last match was against the other Ongerup side, the undefeated Swans.

The Swans moved the ball forward with a bit more purpose than us and scored several times. Our players were tiring as this was the third match in a row but to their credit they didn't give up. We kicked a few goals but not enough to trouble the Swans who ran out winners comfortably. The Ongerup Swans won the carnival, so well done to the boys and coach Darren Baum. Thanks to Tim Walter, the Swans team manager, David Curtin who coached the Bombers and to Morris Curtin and Laurie Bagnall who umpired for our teams. Lake Grace were represented by Michael Hardy, Fergus Downey, Fraser Hunt, Shaye Bowron, Thomas Gambuti and Regan Smith.

The whole Ongerup outfit was a credit to our association as the boys were extremely well behaved and willing to try their hardest on the field. I enjoyed doing the managers job and hope it's on again next year as it was a great day. Congratulations to Tambellup for running an excellent day.

Ross Bowron

LAKE GRACE/PINGRUP FOOTBALL NOTES

Second Semi Final 30th August - Newdegate

League

Gnowangerup 15 goals 9 (99) defeated Jerramungup 14 goals 14 (98).

Reserves

Ongerup 13 goals 16 (94) defeated Boxwood Hill 7 goals 5 (47)

Juniors

Boxwood Hills 10 goals 8 (68) defeated Jerramungup 9 goals 13 (67).

Preliminary Final 6th September - Borden

League

Jerramungup 14 goals 11 (95) defeated Newdegate 9 goals 3 (57).

Reserves

Lake Grace/Pingrup 14 goals 14 (98) defeated Boxwood Hill 5 goals 8 (38).

Juniors

Jerramungup 8 goals 10 (58) defeated Lake Grace/Pingrup 4 goals 5 (28)

Footy Vote Count

The Lake Grace Sportsman's Club played host to the Lake Grace/Pingrup Football Club when they held their Fairest and Best Vote Count on Sunday the 7th September.

Fairest and Best for the League was Luke Bairstow with 84 points. Dennis Gittos was runner-up with 78 points. Alex Duckworth was third in place with 67 points.

Lake Grace/Pingrup League side under Shane Carruthers could not have finished the year off better. Beating Boxwood Hills the League front runners by a massive six goals and things are looking good for the next year.

The Reserves Fairest and Best was Benn Tomkins, runner up John Callope with 38 points. Rohan Bishop in third place with 37 points.

Lake Grace/Pingrup Reserves coached by Damon Pelham, have had an outstanding year and are to play in this weekends Grand Final at Ongerup. The side has unbelievably talented youth and the future of the Lake Grace Football Club could not look any brighter.

Best of Luck boys!

The Fairest and Best Vote count was a fun day had by all. With plenty of drinks and laughs. The super kick competition which was held in groggy conditions was taken out by the newly found sharp shooting forward Sam Stubberfield.



Above: John O'Neill (President) Luke Bairstow (fairest and Best), Dennis Gittos (Runner-up and Captain), and Shane Carruthers (Coach).



Right: Benn (Princey) Tomkins Reserves Fairest and Best.

A Grace Fairest and Best Vote Count	
Bairtow Luke	84
Gittos Dennis	78
Duckworth Alex	67
O'Neill Grant	57
Trevenen Daniel	55

Reserves Fairest and Best	
Tomkins Benn	46
Callope John	38
Bishop Rohan	37
Desmond Brendon	31
Carruthers Kyal	27



Above: John Callope (Runner-up and Captain), and Damon Pelham (Coach)

LAKE GRACE/PINGRUP NETBALL NOTES

2nd Semi Final- Lake Grace vs Jerramungup

The A Grade girls had a hard fought game last week against Jerramungup and won by 6 points, the final score was 39 to 33. This win means that the girls are straight through to the grand final, congratulations girls!!

Congratulations also to Junior Netball who have also made it through to the grand final.

The Lake Grace Pingrup Netball Club is very proud of both teams and your efforts this season. We wish you all the best for the grand final.

The grand final will be held in Ongerup on 13th September at 12.30pm. It would be great if people could make the trip down to Ongerup to cheer the girls on.

Amanda Poots

LAKE GRACE PINGRUP JUNIOR NETBALL

It's show time for the juniors as they take on Newdegate in the 2008 GRAND FINAL this Saturday down in Ongerup.

After losing only one game in the home and away season the juniors finished on top of the ladder and booked a berth in the Grand Final with a strong win over Newdegate in the Second Semi Final a fortnight ago.

It was an inspiring team performance with every player finding an extra gear and digging deep to overcome the polished Newdegate outfit. Bart Trevenen played the game of his life showing fantastic aggression and refusing to be intimidated by Newdegate's defence, combining brilliantly with Melanie Naisbitt in goals to keep the score board ticking over.

Jaimee Withnell showed how far she's come this season with a dynamic performance in Goal Defence that shook Newdegate's attack, with her ability to read the play and those long arms picking off many intercepts and creating turn-overs for Lake Grace. Combined with Tom Taylor in Goal Keeper, the duo created a formidable defensive unit.

Briana McWhirter ran all day and proved a vital link all the way down the court with strong passing and powerful drives offering a safe and reliable target for the team. Her ability to run from the opposite side of the court to grab an intercept kept team spirits high.

Laura Saunders did her job to perfection in Wing Attack, running into space and offering strong, decisive leads while Kathleen Naisbitt, Juanita O'Neill, Elle Trevenen and Carrie Taylor held their own and showed their maturity by staying calm and displaying good decision-making skills under pressure. When not on the court they also proved to be ferocious cheer-leaders!

So this is it, kids...the big one that you've all been working so hard for all season!

And as the song says, "Let's see how far we've come" and find one more gear for just one more game and see if we can make it back-to-backs!!!

GO LAKES!!

P.S. Bart...please remember your BLACK shorts this time and make them lucky one's too!

Best of Luck to Our A Grade Netballers as they take on Jerramungup

Maria Taylor

Lake Grace and Newdegate General Practice

Appointments

Lake Grace and Newdegate General Practices operate an appointment system for consultations. To book, cancel or change an appointment either come in to the surgery or phone Debbie or Heather on 9865 1208 (Lake Grace) or 9871 1528 (Newdegate).

- The time period per consultation is approximately 10 minutes. If you think you require longer, please inform the receptionist and they will happily extend your appointment.
- If you are unable to attend your appointment, please inform us as soon as possible so we can offer it to someone else.
- If more than one member of your household needs to be seen, make sure each has a separate appointment. **One Patient- One Appointment— this will cut down waiting periods for the Doctor.**

Results

For those patients making appointments for results regarding:

- X-rays
- Ultrasounds
- Specialists

Please inquire whether the results have arrived at the surgery first.

Some results can take up to 1-2weeks .

CLASSIFIEDS

PUBLIC NOTICES

Senior Citizen's Luncheon

Thursday October 2nd - Red Cross
November 6th - Playgroup

CWA Meeting

14th October - 1:30pm

Lake Grace & Newdegate General Practice. Ph 9865 1208

We have once again been able to secure the services of the RFDS visiting Female Doctor (Dr Linda Haines) for Lake Grace. She will be available for pap smears, breast examinations and other female related issues.

The dates for this year are:

9 & 10 October
13 & 14 November
18 & 19 December

Please phone the surgery to make an appointment.

Cricket AGM

Will be held at Sportsman Club
Tuesday 16th September at 7.30pm.
All new and existing
supporters/players welcome.

Visitors Centre AGM

Tues 7th October 2008
At the Visitors Centre

Margaret Cole

Clinical psychologist / counselor for Southern AgCare will be in Lake Grace for the week beginning Monday September 16th 2008. A free and confidential service. Contact direct: 0427 441 459 or colwheat@westnet.com.au

FOR SALE

2.2 cu.ft Easymix electric mixer
good condition \$200 ONO.
Contact Derek on 0409 685373.

AVAILABLE

To Let

Three bed brick and tile house in
Lake Grace town.
Enquiries 0429 987 120.

Medicare

Lodge your claims via direct line
no phone queues,
no forms to fill in
At the Lake Grace Telecentre

Seminar room Facilities Available for Hire

\$99 for full day
\$49.50 for half day
\$22 per hour

Fully heated and air conditioned,
comfortable seating with kitchen facilities.
Ring the Telecentre on 9865 1470 to book.

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker (President)	9865 1241	9865 1921
Ian Chamberlain (Vice President)	9871 6043	9871 6035
Amanda Milton	9865 1960 0429 654 011	
Ollie Farrelly	9865 1180 0427 651 180	9865 1188
John Dunkeld	9871 2059	9871 2094
Jeanette de Landgraft	9838 9062	9838 9041
Royce Taylor	9865 1507	9865 1320
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

ANGLICAN CHURCH OF LAKE GRACE

Sunday 14th September

Lake Grace 10:00am
Bishop David's visit share lunch

Sunday 21st September

Newdegate 8:00am
Lake Grace 10:00am

Enquiries: Father Dave 0427 545 560
Terry Gladish 9865 1022
Wally Perry 0448 795 070

LAKE GRACE CATHOLIC CHURCH

Sunday September 14th:

Lake Grace 8am
Kukerin 10am

Saturday September 20th:

Hopetoun 6pm

Sunday September 21st:

Ravensthorpe 8:30am
Kukerin (C/S) 9am
Varley 11am
Lake Grace 6pm

Sunday September 28th:

Kukerin 8am
Lake Grace 10am

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9890 2222
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	0427 441 459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mr Len Elliott	ph 9865 1137
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 0429 654 011

Watering Days in Lake Grace

Last digit of your lot or house number	Your two scheme watering days are:
1	Wednesday & Saturday
2	Thursday & Sunday
3	Friday & Monday
4	Saturday & Tuesday
5	Sunday & Wednesday
6	Monday & Thursday
7	Tuesday & Friday
8	Wednesday & Saturday
9	Thursday & Sunday
0	Friday & Monday

You may water only once either before 9am or after 6pm

COMMUNITY CALENDAR

September

Fri 12 Fish & Chip Night - LGS Club
 Sat 13 Steak Night at Sportsman's Club
 Winter Sport - Grand Final Ongerup
 Sun 14 Golf - Stableford
 Mon 15 Recycling Collected
 Gym
 Swimability
 Tues 16 Basket Ball Training
 Cricket AGM
 Tourism Meeting
 Watching Your Weight
 Chair Aerobics
 Pingrup Potters
 Physiotherapist
 Wed 17 Relationships & Parenting
 Thur 18 Playgroup
 Immunisation Clinic
 Pizza Night Back
 Fri 19 Fish & Chip Night - LGS Club
 Bus Trip to Hopetoun
 Sat 20 Steak Night at LGS Club
 LG/Pingrup Winter Sport Wind/up
 Quilting & Craft at CWA—11am start
 Sun 21 Golf - Closing day - 3 person ambrose
 Mon 22 Lakes Link News Deadline
 Tue 23 Drum Muster Lake Grace
 Chair Aerobics
 Watching Your Weight
 Physiotherapist
 Pingrup Potters
 Wed 24 Shire Council Meeting
 Thur 25 HACC Transport Available
 Playgroup
 Lakes Link News
 LG Toy Library

Coming Events

September —RSA Workshop
 September —Genealogy Workshop
 October 2 —Senior Citizens Lunch
 October 2 —Immunisation
 October 7 —Visitors Centre AGM
 October 7-8 —Pony Club
 October 9 —Gymkhana Pony club

October 22—Breast Van Due
 October 4 —Wild Oats Musical Festival
 October 6-10—Newdegate TC Celebrations
 October 9-10—Dr Linda Haines
 October 14 —CWA Meeting
 October 16 —Community Art Exhibition
 October 18 —Lake Grace Market Day
 October 23-24 —Mental Health Workshop
 November 4 —Grant Writing Workshop
 November 5 —Introduction to Project Planning Workshop
 November 13—LGDHS Art Exhibition



Pingrup Patchwork Exhibition and Market Day

Thursday 23rd
October 2008

Stalls Raffles
Fashion Parade

Lunches, Morning and
Afternoon Teas

Proceeds of the day to
Multiple Sclerosis &
Diabetes WA. Australia



NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE
LAKE GRACE TELECENTRE