9th September, 2004

\$1.10 inc GST

Vol 10 Issue 16

Stationmaster's House Make-Over



Painting contractors Trent Dixon and Dale Edgley work on Lake Grace Stationmaster's House

The long process of restoring Lake Grace Stationmaster's House is near completion with contractors painting the exterior walls this week. The heritage colour scheme matches the railway station and is the most visible, and most awaited, sign of the house's transformation. It also means that the property will soon be in use as a visitor centre.

The Stationmaster's House Action Group began, in 2000, working to raise funds and restore the building. Numerous volunteers donated their weekends to refurbish the house and local tradespeople were called in for specialist work. The list of their restoration tasks is lengthy – restumping, re-flooring and

removing obsolete and damaged fixtures. Still to be completed is the interior painting, replacement of the kitchen ceiling and the small finishing touches.

For organiser Lynne Stewart, the experience has been a rewarding and collaborative one. "Local people showed a great willingness to offer ideas and assist beyond expectations," said Mrs Stewart. "Working bees tackled with good humour encouragement, with support and interest from people who could not attend. It made me realise the closeness of our community and how a group of people can make a difference."

Michelle Slarke

CONTENTS

Editor's Dogo	Dogo 22	CDU Madia Dalagas
•	•	CBH Media Release
Stuart Toovey	Page 23	Haymaking & Harvesting Hazard
About Town	Page 25	Recycling
ABCDE	Page 27	YAC; Library News
Early Days at Lake Grace	Page 29	Threatened Species
Science & Stuff	Page 30	Welcome Wall
Shire Page	Page 33	Golf
Hayden Garlick	Page 34,35	Netball
Health Page	Page 36,37	Football
Cadets Update	Page 40	Nightstalk
Weather	Page 42	Classifieds
Nightwatch	Page 43	Town Information
Cooking with Pam	Page 44	Calendar
	ABCDE Early Days at Lake Grace Science & Stuff Shire Page Hayden Garlick Health Page Cadets Update Weather Nightwatch	Stuart Toovey About Town Page 25 ABCDE Page 27 Early Days at Lake Grace Science & Stuff Page 30 Shire Page Page 33 Hayden Garlick Page 34,35 Health Page Page 36,37 Cadets Update Weather Page 42 Nightwatch Page 43

Telecentre Opening Hours

Monday - Friday 9:00 am - 12:30 pm ; 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday, Friday 9 - 5 pm



Advertising Charges

All prices inclusive of GST

1/8 page \$ 8.80 1/4 page \$13.20 1/2 page \$22.00 Full Page \$41.25 Classifieds 85c /line

We would appreciate your advertisements and articles on disk or emailed if possible.

Please email all material to: lakelink@treko.net.au.

Deadlines & Editions

All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

Next Deadline: Monday 20th September Next Edition: Thursday 23rd September

A very BIG thank you

To the **very** dedicated team who have produced and compiled this edition of the Lakes Link News.

Dot Kennedy
Danielle Robertson
Lesley O'Neill
Joan Fleming
Michelle Lay
Alex Reeves



Thank you also to our many contributors of articles.

DISCLAIMER

- 1 No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2 While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4 Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- I'm on the prowl for old photographs or documents relating to the Lake Grace school, works in progress at the school or events that have been held at the school if you have any please let me know. I would also like to be able to scan photographs and documents related to the outlying schools such as Beenong, Tarin Rock, North Lake Grace and Red Schools.
- Not a huge show at the broadband meeting last Tuesday night. I have seven broadband information packages available. With Lake Grace currently undergoing customer confirmation with Telstra, DSL should be a fact of life for Lake Grace in 2005. If you still want to register your interest please ring Mark Burbridge at the Shire on 9865 1105.
- A reminder that staff at the Telecentre can now certify original documents for you on behalf of Centrelink. Rather than send off those precious originals, such as birth certificates and passports come into the Telecentre and get them photocopied (at no cost), stamped and signed.
- The Telecentre will be hosting a F1 Bluecard training course on Monday 27th September, see over the page for more details.
- The Telecentre has purchased a new inkjet printer, therefore its old bubblejet is up for sale. The old printer is colour and can print up to A3. Although it doesn't have good photo quality it is good for posters. The inkjet cartridges are new, feel free to make an offer.
- We will be serialising in the Lakes Link News 'Early Days at Lake Grace' by HF Bishop. This book written in 1973 isn't readily available and is an opportunity for those who haven't read it to truly understand how tedious the trip from Dumbleyung to Lake Grace once was. Once we have a full manuscript (still nagging the typist) we will print up a full copy to be accessioned into the local Library.
- Copies of the applications for the 'Mentoring' and 'Young Leaders' programme are available at the Telecentre. Feel free to ask for a copy.

Suzanne Reeves

Walk Trails Meeting



Do you have ideas for a walk trail in our area?

Need help to plan a walk trail? Need help with funding for a walk trail?

Interested people are invited to meet and share ideas to plan and build a number of walk trails in and around Lake Grace. We want to apply for funding for this project and would like your input.

Thursday 23rd Sept 3:00pm Lake Grace Telecentre

RSVP Lake Grace Telecentre –Tel: 9865 1470, Fx: 9865 1471, e-mail: lakelink@treko.net.au

Cheap Trees

LGDHS P&C Tree Nursery
Contact Ollie on 0427 651 180
and strike a deal!

Living Memories Workshop

YOU would enjoy this

Ring the Telecentre and register your interest.

No dates set as yet.

Thanks to Last Fortnight's



Collators

Dot Kennedy Danielle Robertson Trish Naisbitt Michelle Lay

Stuart Toovey

 \diamond

16th March 1947 - 4th July 2004

There are so many people that we would like to express our gratitude to for the support and friendship that they have shown to Stuart and his family, especially over the last few weeks.

Rather than try to name individuals we would like to sincerely thank the wonderful community of Lake Grace as a whole, you have been truly fantastic. Thank you all so much....

Stew, Stewie, Buff, Buff head, Toov's and Unc were just a few of the names he was affectionately known by, it seemed that each of us had a different one that was as individual as Stuart was to each and every one of us.

No matter what name he went by we all know that he was a great mate who loved to have a good time with his mates. He was full of fun and enjoyed life for what it was and you could be guaranteed that he would always be there to listen to you without being judgemental.

We will all miss the laughter, teasing and his stirring. No matter what the situation he made the time we all spent with him fun.

He might have been a bit of a ratbag, but he was our ratbag and we all loved him very much.

Thank You.

Lake Grace Telecentre will be hosting a

F1 BLUECARD

Training Course

Monday 27th September

9:00am - 12:30pm

We will need your trading name and ABN

Cost - \$154.00

75% refunded by Farmbis (this refund applies to farmers and farm workers only). Paperwork will be completed on the day.



Department of Agriculture





Administrative Officer

If you are interested in working in a small farming community and enjoy working as part of a team, then this is an ideal opportunity for you.

In this role you will deliver quality customer focussed service to our internal and external clients, and provide administrative support to the professional and technical staff of the Newdegate Research Station and Lake Grace District Office. You will be required to provide an excellent reception service, and assist with data entry, records and account management.

Position No: 99000201 Location: Lake Grace

Salary: Level 1 \$14,827 to \$36,068 pa PSGA

Tenure: Permanent

Job Application Package and Further Information:

Can be obtained from our website at

http://www.agric.wa.gov.au (under the 'Job

Opportunities' link at the bottom of the home page) or

phone (08) 9368 3338.

Closing Date: 5.00pm, Monday 20th September 2004. Late, e-mailed or proforma applications will not be accepted.

Suitable applicants, not recommended for the advertised position may be considered for casual, fixed term or permanent appointment, in like positions and like locations during the next 12 months.



ABOUT TOWW

- © Congratulations to John and Nellie Lay on the arrival of a new grandson, Lachlan Jack. Well done to Maurie and Jodie.
- Sympathy to the Jenks family on the loss of Bill's sister Jess.
- A good time was had by local bowlers who competed in the 'Invitation Classic' at Safety Bay last weekend. Due to fierce competition no prizes were brought home...

Lake Grace & Newdegate General Practice

There will be NO DOCTOR

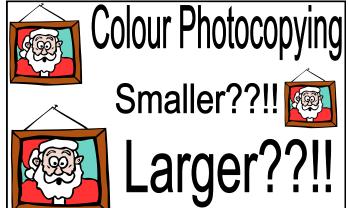
In Lake Grace

From Friday 10th September 12:30pm till Tuesday 14th September 9:00am.

Surgery will be open on Friday and Monday till 1:00pm for ordered medications only.

Sorry for any inconvenience.





\$5.80 per A4 page on glossy photocopier paper at the Lake Grace Telecentre

COPPY BIRTHDAY



10 September Bartholomew Trevenen 20 September Cameron Slarke 21 September Gabrielle Trevenen Garry Leo 12 September Jesse Kingsbury 22 September Jane Bushby **Drew Willcocks** Steven Mortimer Ida Byass Ronald Pelham 14 September 15 September Chloe Ellison Ellie Naisbitt 16 September Lauren Bushby 23 September Marcus Hunt 18 September Jason Robertson **Brock Argent** Nat Fyfe Carly Allen



Colin and Connie Argent - 16th September Ross and Cheryl Chappell - 18th September

Fax, email or bring your *About Town* news into the Telecentre. If you would like to share your birthday or anniversary celebrations with us then please fill in the Celebrations book.







Have you completed an ABCDE survey?

Asset-Based Community Development through Education is a strategic approach to developing better connections between schools and their local communities.

Lake Grace has been selected for this pilot project to investigate community development by using the assets of the community and the school, along with the education process. The strategy aims to recognise and value schools as significant (and in many cases untapped) community assets.

A key part of ABCDE is to create a registry of the skills that exist in our community. The ABCDE survey has the potential to reveal a wealth of skills and talent in our community so let us know what you can do!

What is the survey for?

The survey will create a list of talents, skills and abilities present in the Lake Grace community.

What will happen to the survey results?

The survey results will be collated in an Assets Register for the community to access. At this stage, it is envisaged that the register will placed in Lake Grace Library.

Why should I fill out the survey?

The completed surveys will give the ABCDE reference group and community members a greater understanding of the skills and interests that exist in our community. We can also use the Assets Register to create real benefits for the community

Who should complete the survey?

At this stage, all people 15 years and over are invited to complete the survey.

What if my occupation or skills are not listed?

We have provided extra space for you to record these details.

Will I be asked to volunteer?

The first aim of the survey is to recognize our skills. The survey also includes a section that asks if you are prepared to share your skills. This sharing could vary from a one-off project or regular basis – or whatever way you wish.

How can I help with the survey?

We would appreciate if you could tell your friends and extended family residing in Lake Grace about the survey.

Where can I get a survey form?

Survey forms are available at Lake Grace District High School or Lake Grace Telecentre.

What should I do with my completed survey? Place your completed survey in one of the boxes at the Lake Grace District High School, Post Office or Telecentre.

Thank you for taking the time to complete the ABCDE (Asset Based Community Development through Education) Survey.

Reference Group: Helen Bennett, Stuart Blackwood, Debbie Clarke, Jeanette De Landgrafft (President ICPA *WA*), Grant Draper, Neville Hale, Dr Murray Lake (RREAC), Pam Lannin, Helen McWhirter, Nadine Owen, David Platt (Project Coordinator), Suzanne Reeves, David Singe (WDC), Michelle Slarke.











Shop 5, Lakeway Shopping Centre, 22/23 Stubbs Street, LAKE GRACE **Telephone 9865 1465**

FASHION FOR THE SALT OF THE EARTH

Our Winter SALE is still on 40-50% OFF

Ladies' and Men's Clothing

New Season JUMP and BISCOTE

Ladies' Wear has arrived

Larger Sized SLAZENGER ACTIVE WEAR

to size 26 is now in for summer

Lakes District Well Women's Clinic

A Clinic will be held at the Lake Grace Medical Centre on

Tuesday, 28th September

Free of Charge

To make an appointment please phone
Jill Dykes on 9871 9024 or
Anna Taylor on 9865 1507



The Health Department's Mobile Mammography Screening Service is currently in

Lake Grace

The van is located at the

Lake Grace Shire Hall

from

7th September until 14th September

Appointments can be made by telephoning 13 20 50.

Early Days at Lake Grace by H Bishop

Introduction

For many years young members of my family have been exhorting me to commit to print my recollections of the early days of the settlement of Lake Grace. They appear to have chosen me for this task for several reasons, the most important of which is that I am one of the very few survivors of the really early days and that I have a very good memory. I am doing so with reluctance, being a little tired and more than a little lazy, and there are many happenings of those days — happenings not necessarily included in these notes — from which I can derive no pleasure in the re-living.

If this effort finds its way into print it may be of interest to the descendants of the early settlers and I am sure that my younger sister, who is assisting me with the shorthand, typing and otherwise, is going to derive great pleasure and possibly some excitement as this story unfolds, because she was not born until November, 1918.

It was not my desire or intention to make this my story or the Bishop story but I'm afraid to some extent it was unavoidable.

To me the saga of Lake Grace started on the "Orontes" on April 14th (Good Friday), Bishops, boarding her, bound for Western Australia. Also on the ship, but unknown to them or to each other, were the Franks and the Lawsons. A brief description of these people and their reasons for being on board, as far as they are known, is given:

The Slarkes, Charles and Edith (the parents), their daughter Lizzie aged 10 and two sons, Bert and Fred, aged 7 and 5. The Bishops (Arthur and Nellie), with three sons, Sidney, Jack and Harry, aged 13, 12 and 10, and their daughter Florence aged 7. The Franks (John and Annie), with son Sidney aged 16. The Lawsons (George and Agnes (?)), their daughters Mabel and Gertie, aged about 6 and 5 years.

The Lawsons, who were from Scotland, were a quiet, reserved and very pleasant family, who did not make any great impact on the life of Lake Grace and were the first to leave the district in about 1920, after having built up a very successful farm.

The Franks were from Yorkshire, apparently from fox-hunting country because anything to do with that sport, which Bernard Shaw described as "the pursuit of the uneatable by the unspeakable", was rather more than a religion with John Franks. Sid Franks, who suffered from a speech impediment which rendered communication difficult, was of magnificent physique even at that age.

The Slarkes and Bishops came from the same little town of Towcester in the English Midlands, of about 3,000 inhabitants, 60 miles North of London. Mr. Slarke had been a farmer and was very well equipped with knowledge of animal husbandry and was a first-class butcher. Mr. Bishop had been manager of the Towcester Flour Mill. In passing, I understand that this had entailed a seven-year

apprenticeship. These two, Slarke and Bishop, had been together for 12 months or so in the Yeomanry in South Africa during the Boer War, and from that time had cherished a desire to return to the wide open spaces. After 10 years' deliberation they picked on Western Australia as the place to which to emigrate.

The four families were to take up virgin land within a few miles of each other.

The "Orontes", Royal Mail Steamer, deserves a brief comment, and on this my memory is very clear. A little less than 10,000 tons, she carried wheat from Australia to the United Kingdom, and immigrants on the return voyage, and whilst it was undoubtedly an improvement on the windjammers which brought the earliest settlers, it fell very far short of such liners as the "Himalaya" or the "Oronsay". It included First, Second and Third classes, and the cabins of the Third were fabricated of match boarding on the main hold. These were dismantled and stacked together in order that might be used for wheat on the return Toilets and ablutions were rather primitive and barley adequate, but the food, as I remember it, was reasonably good. The voyage, via the Suez Canel, calling at Marseilles, Naples, Port Said, Suez and Colombo, was of 32 days' duration. One of the most disagreeable features was the coaling, which took place at most – if not all - the ports of call. This entailed a string of native carriers who ran up one plank to the ship, each carrying an open bag of coal of probably about 50 lbs weight. The bags were tipped into a chute, the natives returning to the wharf by a second plank. This operation, which took several hours, had two results.

Firstly, the bunkers were replenished and secondly the whole of the deck space and most of inbetween decks was covered by a thin – or not so

Early Days at Lake Grace (continued)

thin - coating of coal dust.

I am reluctant to mention this, but probably because of the soft white wood cabins, the ship was badly infested with bugs, a nocturnal insect, black, and about the size of a grain of rice, with a vicious bite and an abominable odour.

About three days out of Tilbury I won second or third prize in a ship's sweep on the English Derby. At least the ticket was in my name, but I did not pay for it and neither did I get the prize.

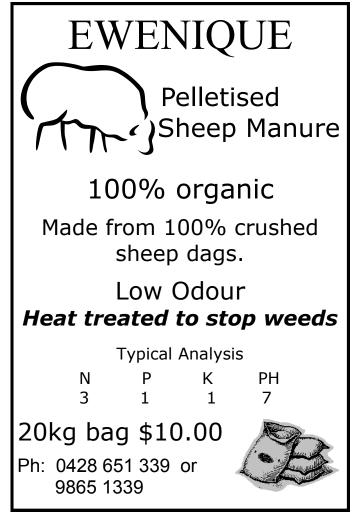
I was very surprised indeed to be shown, quite recently, the ticket on which we, the Bishops, were brought to Australia, and the amount of sterling which was paid for the assisted passage of two adults and four children astounded me. The amount was £72 sterling or £90 Australian, and, using the basic wage of those days and at present as a yardstick, this would amount to in excess of \$2,000 of present day Australian currency. The ticket is reproduced in part on the last page of this booklet.

And so, at first light on the 16th May, 1911, we

were within sight of the coast of Western Australia, and later in the morning we disembarked. I was old enough at that time to sense, and I quite remember, the tension which existed on that ship during the last days of the voyage, and I doubt very much if there was one adult among the migrants who did not wish that he or she was back in the familiar and secure surroundings which they had left 12,000 miles behind.

At that time migrants could use a migrant home for a maximum of three days after arrival, somewhat on the lines of more recent migrant hostels, but, in keeping with the times, not so elaborate. I was compelled, owing to my tender years, to go with the women and children, and I remember a very large hall with beds in serried rows. Food was provided but the migrants provided the work force from amongst their members. One branch of the migrant home, the male section, was situated in James Street opposite the school, and where afterwards and for many years the Police issued or renewed driver and vehicle licences.

Join us next fortnight for the next instalment...





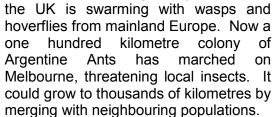
SCIENCE AND 等字的序序

What went bump in the night? Last year something went bang in the night over central Fortunately, the bang left behind its signature in the dense network of seismic stations that dot the country, and scientists analysing the data have now resolved the mystery of the loud boom. The scientists found that 40 seismographs had picked up vibrations caused by the bang on June 16 2003. The instruments are extremely sensitive to ground motion and their clocks are synchronised for accuracy using GPS satellite signals. Working back from the time of arrival of the signals at each station, the researchers calculated that the cone-shaped shockwave had Shockwaves of this ploughed into the earth. shape are caused by meteors speeding through the air, so scientists reason that the sound was that of a space rock slamming into the They estimate that the rock was atmosphere. travelling at 14 kilometres per second and approaching the ground at a shallow angle of 15.5 degrees. Usually such events are visible in the night sky as fireballs but the sky was heavily overcast when the sound was

heard. Only one camera monitoring an underwater volcano saw the streak of light. (Geophysical Research Letters, Vol. 31, p. 14702).



Insect invasion. Africa is plagued by locusts and



Return of the Kid. In the US, expected rain, in Australia drought: El Nino is on the way. In a forecast released on August 5 the Climate Prediction Centre in Camp Spring, Maryland, said that warm surface waters near the equator suggest the El Nino will emerge in the Pacific in the next three months.

Alaska rattled by melting ice. Shrinking glaciers

in Alaska could trigger earthquakes in the region as tectonic plates in the earth's crust move more freely, relieved of the massive weight of ice. Scientists used GPS satellite signals to



study southern Alaskan glaciers and found that many had shrunk or disappeared over the last one hundred years due to rising temperatures and changes in precipitation. For instance, the Muir glacier dramatically disintegrated between 1899 and 2003 as seen in old and new photographs. The scientists argue that melting glaciers may have been behind the 1979 St Elias earthquake in Alaska which reached 7.2 on the Richter scale. A tectonic plate under the Pacific Ocean constantly crushes into the southern Alaskan coast building up pressure. The scientists say enough ice had been lost along a fault since the last earthquake in 1899 to relieve the pressure and trigger the 1979 quake. At the end of the last great Ice Age 10,000 years ago, large earthquakes rattled Scandinavia as glaciers began to melt.

(New Scientist Magazine, August 14).

Crude estimates. Fears about whether enough oil can be produced to keep pace with the world's energy demands caused the price of a barrel of crude to rise. But there may be less of the black gold around than we thought. A leading oil expert



claims there are 300 billion fewer barrels of oil in the world than asserted by OPEC. He says the organisation deliberately overestimated the size of proven oil reserves in the 1980s. "OPEC reserves should be 519 billion barrels not 819 billion," he claims. "Deducting 300 billion barrels from OPEC reserves is equivalent to removing a major oil producer like Saudi Arabia, " he warns. revelation could have a huge psychological impact on a global oil market." The shortfall is also equivalent to the production capacity of five North Seas. The allegations came at a tense time for world oil markets. Concerns over security in Iraq, Saudi Arabia and Venezuela help nudge US oil prices to a 21 year high of \$45.85. The oil expert bases his revised calculations on the likelihood that several oil producing nations deliberately overstated their reserves in 1982 and 1983, when new OPEC rules on quotas made it advantageous to exaggerate reserves. From 1978 to 1992 he says reserves rose by just 20 billion barrels, yet 'suddenly jumped' by 293 billion barrels in the following six years. These were not the result of new discoveries. (Petroleum Review).

Maurie Gilson



COUNCIL NEWS AND NOTES

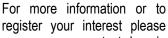
Shire of Lake Grace

PO Box 50 Lake Grace WA 6353 Phone 9865 1105 Fax 9865 1109 email shire@lakegrace.wa.gov.au

EXPRESSIONS OF INTEREST APPRENTICESHIP OPPORTUNITIES

Council will soon be offering two opportunities for apprenticeships and is seeking expressions of interest prior to advertising.

If you are looking for a 'hands on' career in a workshop/ outdoor environment these positions could be perfect for you.



contact Leonie McIIIree on 9865 1105.



REMINDER RATES DUE

First rates installment due next Friday 17 September 2004.

SHIRE OF LAKE GRACE TOWN PLANNING **SCHEME NO 4**

A reminder that the submission period for Town Planning Scheme No 4 is now open to the public.

Plans and documents setting out and explaining the scheme are available for inspection at the Shire Offices. Stubbs St Lake Grace and at the Lake Grace, Newdegate, Lake King and Varley Community Libraries.

Submissions on the Town Planning Scheme are to be in writing on Form No 4 (available at Shire Office & Libraries) and are to be lodged with the Chief Executive Officer by 18 November 2004.

LAST CHANCE FOR COMMENT AA DAM RATIONALISATION PROJECT

By now everyone will have received the follow up mail out information on the Agricultural Area (AA) Dam Rationalisation Project.

If you wish to comment on the proposal this is your last chance.

Fax your comments to the CEO on 9865 1109 by Tuesday 14 September 2004.



MEETINGS

Shire Recreational Planning Committee

Tuesday 14 September 2004 1pm at the Newdegate Indoor Recreation Centre

Local Emergency Management Advisory Committee

Wednesday 15 September 2004

4.30pm at the Lake King Emergency Services Shed

Guest speaker: Ian Chalmers, Agsafe Safety Management Consultant and Training Premises Auditor Topic: Storage and safety of bulk chemicals

ALL INTERESTED PERSONS ARE

MOST WELCOME TO ATTEND

BBQ tea to follow - for more information call Jeanette at the Shire on 9865 1105.

Bushfires AGM

3pm Friday 17 September 2004 Newdegate Indoor Recreation Centre

BBQ to follow - all Fire Brigade Officers welcome.

WORKS UPDATE

The Construction Crew is finishing off the final 2.0 km section of Magenta Rd in preparation for sealing in the new year. Later this week the crew will move on to Newdegate North Road to prepare the final 2.5 km ready for re-sealing in the new year.

Maintenance grading continues on throughout the Shire with good results being achieved.

The Building Maintenance Crew had to respond to an emergency burst pipe at the Lake Grace Sports Pavilion - thankfully everything was guickly repaired with assistance from Simon and Joe Trevenen.

Local contractors are finalising drainage works within Lake Grace townsite funded through the Rural Towns Program and preparing the truck bay on South Road adjacent to the Roadhouse.

Building maintenance is now being finalised on the Newdegate Indoor Recreation Centre to address minor problems arising following last weeks very successful Field Days Event. Everything should be ready for this weekends Football Grand Final.







Statewide Student Parliament

To celebrate the centenary of the Parliament House Building and the 175th Anniversary of the Founding of the Swan River Colony, the State Government organised a sitting of Student Parliament, 22nd to 24th August at Parliament House in Perth. The Student Parliament was previously held in 1990,1993,and 1999.

one students from throughout state represented the members in both the Legislative Council and the Legislative Assembly. Lake Grace District High School year 9 student, Hayden Garlick, was selected to sit as Opposition Whip, to represent the Agricultural Region in the Legislative Council. Hayden presented an Address -in-Reply to Dr Fiona Wood (Director of the Royal Perth Hospital Burns Unit), a speech concerning the decline of rural towns and a Member's Statement commending the Newdegate Community for their dedication to the Newdegate Field Day, as well as taking part in the debate on the Uniform Adulthood Bill currently under consideration and being involved in Question Time. Hayden was linked with the Honorable Bruce Donaldson, Member for the Agricultural Region, Opposition Whip for Legislative Council

and Shadow Minister for Fisheries, with whom he had already had contact. Bruce Donaldson presented Hayden with a memento of a writing pad embossed with the parliament symbol.

Hayden had the opportunity to live a politician's lifestyle for 3 days with ceremonial, political, and social functions to attend. A three hour boat cruise

for lunch, involvement in speech debating presentation, listening to politicians, unplanned experience with the Nurses' Union protest, and mixing with politicians and from students throughout the state gave Hayden an unforgettable experience.









AgWest sell a lot more than just John Deere parts....

We stock a large range of

- * GME two-ways and accessories
- * Exide batteries
- * Spray rig fittings
- * Stihl chainsaws and accessories
- * EvaKool Fridges
- * Loctite Products

- * Nuts and Bolts
- * Kincrome tools
- * A, B, and C "V" Belts
- * 50, 50H, 60, 60H chains
- * Britax mirrors and lights
- * Plus much more....

Call in today and see Derek Stanton for all your supplies.

Go into the draw to win a Kincrome tradesman toolbox (valued at \$215) by simply spending a minimum of \$25 on any non-Deere product between 12/08/04 to 30/09/04.

AgWest Machinery, 66 Absolon St, Lake Grace

Ph: 9865 1100 Fax: 9865 1391



24 HOUR EMERGENCY SERVICE PH: 98651206

HEALTH SERVICE

Parenting Program

(Mothers with newborns to 12 months)

Session 1: 22/9/04 Sleep and settling a baby

Session 2: 29/9/04 Breastfeeding & Bottle

feeding—videoconference (see information adjacent)

Session 3: 13/10/04 Growth & Development

Newborn—12 months

Session 4: 20/10/04 Nutrition: Starting solids

and family nutrition

Time: 9:30—11:30 am

Venue: Conference room at Medical Centre

Refreshments provided

Time for interaction with other parents

RSVP—15th September 2004

to Elizabeth Trevenen on ph: 98651251

Wheatbelt Health Region presents **Stemming the Tide**

Promoting Healthy Families in the Wheatbelt

Breastfeeding & Bottle Feeding

Date: Wednesday 29th September

Time: 9:30—11:30 am

Lake Grace Medical Centre Conference Room

Presenter: Julie Holschier Ngala Family Resource Centre

- Breastfeeding
- Building up your milk supply
- How much is enough
- Warning signs for feeding difficulties and problems
- Bottle feeding
- Myths and facts regarding feeding
- Where to get further help

You are invited to attend ...

The Healthy Lifestyle "Supermarket Tour"

When: Monday 20th September 2004

Time: 10.00 am

Place: Lake Grace Plaza Supermarket

What can you expect?

The Community Dietitian will show you

- how to read labels
- understand nutrition claims
- compare different products for nutrition and cost.

Buy <u>healthy foods</u> for your family AND save money!

To RSVP, please call Primary Health Narrogin on 9881 0385 and speak to Bev or Sue. For more information ask to speak to Tanya

Increasing rate of notification of Whooping Cough (Pertussis) in WA

WA is experiencing the highest level of whooping cough notifications since 1997. Over 400 cases have been notified to the end of August 2004.

Whooping cough is a highly infectious bacterial disease spread by respiratory droplets and causes a persistent cough. Dr Dowse said most cases occurred in adolescents and adults but that the disease posed a major risk for infants, who could contract pneumonia or suffer brain damage as a result.

The current Australian Standard Vaccination Schedule provides free whooping cough vaccination for infants at two, four and six months, and as a pre-school booster at four years. Parents are encouraged to **ensure their children's vaccinations are up-to-date**, and to visit their GP if family members have a persistent cough.



18-25 year olds who are interested in making the Wheatbelt a great place for young people to work, live and play...

Wheatbelt Young Leaders Programme

Take the Challenge and see Where it Leads You!

The Wheatbelt region is looking for a new generation of leaders... you could be one of them!

The Wheatbelt Area Consultative Committee (ACC) is searching for young leaders from all sectors and Shires in the Wheatbelt - including farming sectors, local businesses and the community.

If you are 18-25 you could kickstart the future for yourself and your community.

Extend your influence Expand your network Explore your potential Have your voice heard

There are 50 places available in the Wheatbelt Young Leaders Programme. The strength of this group will be in its diversity...half women, half men, with a huge range of interests and from a whole variety of backgrounds!

If you know someone with great potential, or would like to take up the challenge yourself, apply now! The Wheatbelt Needs You! Let the Journey begin...

If you are selected to participate in the program, you will be taken on a two day adventure. Most of your costs will be covered by the funders of this terrific project, the Department of Family and Community Services.

A small fee of \$60 will be charged to help cover the costs of meals and accommodation - young people may be able to gain sponsorship from Local Government, community groups or businesses to cover this cost, or pay for this themselves.

Proposed Dates - Early October

The program will include: Personal Development Coaching by ARID LEADERSHIP & TRAINING AUSTRALIA; inspirational Speakers; an opportunity to have fun and learn with young, courageous and motivated people, who can provide you with networks and future support; all graduates will receive a 'Certificate of Attainment' to add to their resume and personal credentials.

We would like to remind you that leaders may be people who stand out for their: sense of humour; quiet achievements; strong work ethic; commitment to their family or work.

Often people don't realise how much they inspire or motivate others. We encourage them to step up a gear, and take up the challenge!

Join us for two days and be amazed at what you, your employers and your community will gain!

Please contact Rebecca House for more information:

Phone / Fax - 9622 2726

Email - rebecca.house@wheatbeltacc.com.au



Young Leaders Need Support to Make a Difference

Become a Mentor for the region wide Wheatbelt Youth Leadership Project

Wouldn't it be fantastic if young people throughout the Wheatbelt had the skills and confidence to develop, fund and manage their own youth led projects to completion?

You can help make this a reality!

The Wheatbelt Area Consultative Committee (ACC) has received funding from the Australian Government Department of Family and Community Services (FaCS) to deliver a Wheatbelt Youth Leadership Project. Young people aged 12-25 will be able to participate in leadership workshops that provide them with the skills, confidence and motivation to implement solutions and youth led projects within their Wheatbelt community.

We are seeking mentors who can provide young leaders with support and assist them to make a real difference to the lives of Wheatbelt young people.

Who can be a mentor?

Absolutely anyone can be a mentor. In fact, we would like to create a network of mentors within a whole variety of interests, skills and backgrounds. Mentors will be good listeners who are willing to share their experiences and knowledge with young people who have the potential to be future role models and leaders.

We would like to hear from as many people as possible who would like to consider being a Wheatbelt Youth Leadership mentor, including: parents; local business people; people currently involved with young people teachers, youth group staff, volunteers; Local Government, including Councillors and employees; people involved in sports, the arts, agriculture, organising community activities/events; community organisations including Rotary, Lions and many others; young people who feel they would like to be involved and have knowledge to share with other young people and any interested community members.

What will mentors do?

The role of the mentors will be to: listen; question; offer friendship; help build self-confidence; encourage successful behaviour; share critical knowledge; challenge...

What level of commitment is involved?

Mentors may be involved in the Wheatbelt Youth Leadership project as much or as little as they like. Mentors may meet with young leaders in their community on a regular basis, or may simply be someone the young people can phone when they have a question. Mentoring does not necessarily have to be face-to-face either. Telephone and email are excellent tools to utilise in a mentoring relationship.

Will I receive support as a mentor?

Mentors will be provided with ongoing information and support to assist them carry out their role. A mentors' handbook will be provided, along with regular phone contact and meetings, if requested, with a Wheatbelt ACC staff member. Mentors will also be able to communicate with other Wheatbelt mentors to share ideas and learn from other communities.

Why should I be a mentor?

There will be many benefits from your participation as a mentor. Mentees / young people will benefit from your advice and guidance, learn new skills and be encouraged to pursue their ideas and dreams. Wheatbelt communities will benefit from having motivated and supported young people who are working toward making the Wheatbelt a better place to live and work for all young people. Finally, you will realise many wonderful benefits that come from being a mentor. Young people themselves are amazing teachers and you will learn al lot from working together with them.

How do I get involved?

If you would like to become involved in the Wheatbelt Youth Leadership project, or would simply like further information, please contact Rebecca House via:

Email - rebecca.house@wheatbeltacc.com.au

Phone / fax - 9622 2726

The first workshops are planned for September so please register your interest with Rebecca as soon as possible.

Lake Grace Cadets Update

The Lake Grace Cadets recently completed their fifth and sixth weeks of training, working on 'Australiana', drill and ceremony, and knot tying. During this week our meeting time was temporarily changed to Tuesday between 1730 and 1930 to accommodate specialised First Aid instruction provided by Lois Dickins. During the week beginning 6 September our meeting time will revert to the normal time on Mondays before another temporary change the following week (Wednesday, 15 September between 1730 and 1930) for more specialised instruction.

As previously suggested, during Term 4 we will have two weekend excursions. We have committed to the Boddington Cadets Camp 19th – 21st November and the Mornington Adventure Camp 3rd – 5th December. The Cadets program will cover all costs of both excursions.

The state Unit Coordinator's meeting in Perth provided me with both an indication of what other Cadet units throughout the state are doing and what expectations exist. These expectations will be communicated to the Cadets in due course.

Finally, should you be willing to provide instruction or expertise in activities relating to bush activities, survival, or rescue and safety (radio, knot tying, etc), we would welcome your expertise. As mentioned previously, our meeting time is flexible: given the fact people may be unable to attend a meeting during our normal time, we are more than happy to reschedule to suit interested volunteers. Remember, volunteers are welcome to provide as little as an hour of their time over the entire year. Finally, there is no requirement that volunteers have a child participating in the Cadets program.

Allow me to convey my thanks to Lois Dickins for providing specialised First Aid instruction during this week. Additionally, I wish to convey my thanks to Michelle Slarke for her assistance in putting together the fourteen page LotteryWest grant application.

Cheers Rick Elliott 9865-1207

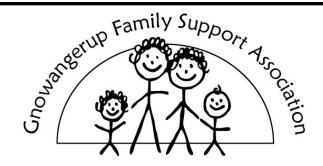


- * Quality range of wood heaters.
- * Convection or Radiant heaters.
- * Inbuilt or free standing.
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- * Stock of flues, cowls, fire bricks and more.
- * We can send you pamphlets with pricing and specifications.

Phil and Pam Jermy will do all we can to ensure that you get the wood heater that best suits your needs.

Licenced Plumbers with over 20 years experience.

Call us now on 98813463 or see us at 12 Ensign St in Narrogin.



Mobile Child Care Service

Onowangerup Family Support Association is a
Not For Profit Organisation providing
Licensed Child Care to remote and rural families
throughout the Great Southern region.

Due to increasing support from the families of
Lake Grace and surrounding areas, we are
now able to offer 3 days of Child Care
each week (during school term).

So if you have children between the ages
of 0-6 years, come along to the Sporting Pavilion

Monday - 9am-3pm Tuesday - 9am-3pm Wednesday - 9am-3pm

and see for yourself just how much fun we have!

For any further information please contact Kim Allen on 0427 271 457.



Country Women's Association Lake Grace Branch

Mrs Irene Hooper AM National President of CWA 1981-83.

"CWA saved my life. It brought me companionship, but most of all it brought mental stimulation. It opened up new vistas for me and I thrived."

Mrs Irene Hooper nee Lay was one of ten children. She became her father's helper on their 2,000 acre property in Lake Grace, helping to drive the horse teams, picking mallee roots and hoeing Afghan thistles until her hands were covered in blisters.

Mrs Hooper trained as a primary school teacher, but eagerly adopted farming when she married and bought, with her husband a property 200 miles northeast of Perth.

Married life started in an old farmhouse with a tumbled in verandah, an Aladdin lamp, one water tank and no phone. Mail was delivered weekly and groceries fortnightly.

Babies were soon on the way and this meant being taken off to hospital in the truck driven by a neighbour's wife.

Mrs Hooper knew of the local CWA, but "it didn't appeal to me much". However, after the birth of her fourth child she joined a newly formed branch and became its President but only after she had been to a CWA leadership school.

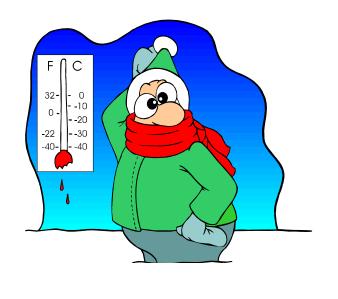
Some years later she trained for her pilots licence, which as National President saved her hours of travelling time when attending branch functions.

A most memorable occasion was in 1974 when she flew the ACCW flag around CWA branches of the outback.

Mrs Hooper has a continuing interest in the education of children in remote areas and she was on the Advisory Committee when the government was establishing AUSSAT- an advance that she believes should enable students immediate feedback and make education stimulating and rewarding. She has served on the Adult Literacy Board and has assisted at Aboriginal Girls Schools conducted by CWA of WA.

Information from "The Many Hats of Country Women"

Lake Grace Weather - Terry Gladish



Date	Min	Max	Rain
26/8	4.7	16.2	0.6
27/8	4.7	13.6	2.2
28/8	1.1	11.0	3.2
29/8	-0.5	12.4	
30/8	-0.4	14.8	0.2
31/8	0.9	14.2	
1/9	1.2	19.3	
2/9	6.2	21.7	
3/9	7.4	21.4	
4/9	9.5	17.3	
5/9	9.4	16.6	11.4
6/9	7.5	12.3	9.6
7/9	4.1	15.4	trace
8/9	6.7		trace



NIGHT





Welcome to Night Watch for the fortnight from midnight Friday 10th to midnight Friday 24th September. Astronomy is looking up!

Equinox, the true start of spring is at midnight Thursday 23rd.

Our local star, the Sun, is in the constellation of Leo until the 16th, when it will have moved into Virgo at -26.7 magnitude.

The New Moon is at 10.19pm on Tuesday 14th in Leo.

On Tuesday 21st the first quarter Moon is, at 11.44pm, in Sagittarius at -6.0 magnitude. On Thursday 23rd the Moon will be at perigee (closest), at 369,589kms from earth in Sagittarius at 5.00am. The Moon this fortnight is in the constellations of Cancer on 11th, Leo on 12-14th, Virgo on 15-17th, Libra on 18th, Scorpius on 19 and 20th, Sagittarius on 21st - 23rd and Capricornus on 24th.

Mercury rises at 5.24am on Saturday, is 4° south of the Moon on Monday 13th and is in Leo all fortnight, slowly sinking back towards the Sun each day.

Venus, at -4.3 magnitude, rises around 3.54am in Cancer and is 7 degrees south of the Moon on Saturday. Venus rises at 3.54am in Leo on 24th.

Mars, in Leo is too close to the Sun to be seen.

Jupiter, is also too close to the Sun to be observed.

The ringed planet, Saturn, rises around 3.24am in Gemini on Saturday and is 7° south of the bright star, Pollux, on Sunday.

Uranus, in Aquarius, sets around 5.40am at 5.7 magnitude.

Neptune, in Capricornus, sets around 4.30am at 7.8 magnitude and is 5° north of the Moon on the 24th, setting at 3.43am.

Pluto, in the constellation of Serpens, sets around midnight.

Magnitude, stellar:- a measure on a logarithmic scale of the brightness of a celestial object considered as a point source. Fainter stars have numerically larger magnitudes. The brightest stars, excluding the Sun, are about magnitude 0. The faintest star visible to the naked eye is about magnitude 6 or +6. A star of magnitude 15 is one-millionth as bright as the half dozen brightest stars of magnitude 0. Stars as faint as magnitude 28 can be seen with powerful terrestrial or spacebourne telescopes.

Light-year:- a unit of astronomical distance equal to the distance light travels in a year: about 10,000,000, 000, 000kms. The nearest star, besides the Sun, is 4 light years away. The centre of our galaxy is about 25,000 light years away. The closest galaxy is about 180,000 light years away.

Maurie Gilson, 16 Clarke Avenue Ph: 9865 1516

Date	Sunrise	Sunset	Moon- rise	Moonset	Date	Sunrise	Sunset	Moon- rise	Moon- set
11 Sept	6.11am	5.56pm	4.25am	2.39pm	18 Sept	6.02am	6.00pm	8.03am	9.53pm
12 Sept	6.10am	5.57pm	5.01am	3.39pm	19 Sept	6.00am	6.01pm	8.39am	11.02pm
13 Sept	6.08am	5.57pm	5.34am	4.39pm	20 Sept	5.59am	6.02pm	9.22am	DNS
14 Sept	6.07am	5.58pm	6.04am	5.40pm	21 Sept	5.58am	6.02pm	10.12am	12.11am
15 Sept	6.06am	5.59pm	6.33am	6.41pm	22 Sept	5.56am	6.03pm	11.00am	1.19am
16 Sept	6.04am	5.59pm	7.01am	7.42pm	23 Sept	5.55am	6.03pm	12.17pm	2.20am
17 Sept	6.03am	6.00pm	7.31am	8.46pm	24 Sept	5.54am	6.04pm	1.27pm	3.14am



Baking With Pamela

One of our daughter's is an Occupational Therapist and she specializes in working with

head injured patients. One of her tasks is to equip them with enough skills to be able to live independently. The recipe below, I know a lot of cooks have it, is a 'favourite' among her patients. It is 'dead easy!

IMPOSSIBLE PIE (Quick Quiche)

1 large onion, finely diced
2 celery sticks, finely diced
1 large capsicum, finely diced
500g bacon, finely diced
1 large zucchini, grated
500g cheese, grated
1½ cup flour
8 eggs
2 cups milk

- * Grease a large oven-proof dish.
- * Sautè onion, capsicum, celery and bacon until cooked (do not brown). Cool.
- In a large bowl, beat into the eggs the milk and the flour until mixture is smooth. Add grated cheese (only half), the zucchini, and salt and pepper to taste. Add cooked (cooled) ingredients and stir thoroughly.
- * Pour into greased dish and sprinkle with remaining cheese. Bake at 160-180°C for approximately 35 minutes, or until a knife inserted into the middle of the custard comes out clean.

Tip: You may choose to replace 3 of the eggs with 6 egg-whites to lower the fat & cholesterol content.

I love lasagne, however they are so fiddly and time consuming to make. They do freeze well so the hint is to make up 3 times the quantity and freeze two meals. I usually freeze them after they have been assembled, before baking.

Another hint is to replace the white sauce in your recipe with ricotta cheese, less preparation time, dishes but still yummy.

The recipe below makes a change from the authentic lasagne and is great for those times when, as at the moment on the farm we have heaps of eggs being laid and masses of spinach growing, must be the spring air!!

Sweet Potato, Spinach and Ricotta Lasagne

- 3 large (orange) sweet potatoes
- 2 bunches spinach, approx 500g
- 3 large red onions
- 1 tablespoon olive oil pinch ground nutmeg
- 2 cloves garlic
- 1 400g tin chopped tomatoes
- 500g ricotta
- 4 eggs
- 1 teaspoons salt
- 25g parmesan cheese
- 8 lasagne sheets
- 2 heaped tablespoons grated cheese

- Peel sweet potato, cut into thin slices and steam until soft OR bake in microwave until soft, peel and slice.
- Wash spinach, cut off the stems, and roughly chop the leaves.
- Peel, then slice 2 onions and dice the third.
- Heat oil in a pan and lightly fry the diced onion. Add the crushed garlic and fry for one more minute.
- Add tin of tomatoes to pan and simmer, for approximately 10 minutes.
- In a large saucepan add the sliced onions and 1 tablespoon of water, cook for 2 minutes while stirring. Add the chopped spinach and cook with lid on until spinach begins to wilt. Add the nutmeg and stir well.
- Whisk the eggs, add ricotta, salt and parmesan, continue beating until smooth.
- Assemble by alternately layering half the spinach, half sweet potato, 4 lasagne sheets, half tomato mixture and half the ricotta. Repeat the process with remaining mixtures. Finally sprinkle grated cheese over the top layer of

ricotta.

 Bake at 180C for 30-40 minutes and the top is browned.

SPEED SHEARS

Saturday 18th September
Lake Grace Sportsman's Club
7:00 pm start

DJ until 12:30 am

Come along and let the shearers entertain you with their skills and ablility to 'de-fleece' a lamb in the quickest time.

Food Available!!!

Hot Lamb Rolls & Hot Chips

There will be no steak teas



Coming Soon....

Quiz Night Friday 29th October



Tables of 6

book your table by ringing Geoff at the Club on 9865 1239 now! Melbourne Cup Luncheon and
Fashion Parade

Tugaday 2nd Navambar

Tuesday 2nd November

More information

soon!!!



New CBH LoadNet Goes Live for Harvest



LoadNet, the CBH Group's secure online service that allows registered growers to track deliveries, payments and transfer grain efficiently, went live earlier today.

The upgraded LoadNet combines CBH and Grain Pool internet services to provide growers one port of call for online transactions with the CBH Group. The service has been improved to give growers increased functionality including the ability to transfer suspense and warehoused loads online and download Grain Pool and AgraCorp Recipient Created Tax Invoices (RCTIs).

Grower Services Manager, Darryl Copestake said LoadNet was re-vamped by the CBH Group after a series of focus groups with growers to discover what they required from an internet services system.

"From growers feedback, we created a new domain for LoadNet with its own address, www.loadnet.com.au, so growers can access the site directly," Mr Copestake said.

"It has been designed with a "no-frills" presentation, with no pictures or logos slowing download speeds to save growers valuable time during harvest.

"Growers who previously utilised the existing LoadNet will be pleasantly surprised at how much faster and easier to use the new LoadNet service is.

"This harvest, LoadNet will be an indispensable tool for growers to keep track of grain deliveries, and payments and transfer grain online, twenty-four hours a day.

"The capacity to monitor deliveries around-the-clock, especially when using contract carters, provides the ability to identify quality issues between loads and adjust their harvesting programs accordingly.

"In addition, the detail available through LoadNet allows for the fast identification of incorrect load information which will assist in avoiding payment delays.

"LoadNet is another way the CBH Group is helping growers grow value this harvest."

Growers can register for LoadNet online at www.loadnet.com.au or by contacting **Grower Services on 1800 199 083** or their local CBH Group District Office.

HNATIONALS



Jane McMEIKAN

Determined to make a Difference

VOTE 1

Ph: 90716135 Fax: 90716136

Mobile: 0417941734 Email: jane.mcmeikan@westnet.com.au

Authorised by M Barrett, Dalyup Road Esperance WA 6450

Hay Making and Harvesting Hazards - Reminder to Farmers

WorkSafe is reminding farmers to assess potential hazards now, before the season starts.

Many deaths and injuries in the farming sector involve heavy machinery, machine guarding, fatigue and improper use of equipment.

The securing of loads is also a potential killer, warned WorkSafe Commissioner Nina Lyhne.

Haymaking machinery operators, drivers and the people who load transport vehicles have an obligation to be aware of their safety responsibilities.

A 28 year old farmer was killed in May this year when a 860kg bale of hay fell from the back of a truck being loaded. The load was overhanging the rear of the truck and while it was being secured, it fell, crushing the farmer to death.

Earlier this year a truck driver was severely injured when a 750kg bale of hay fell from the back of a truck that was being unloaded.

"These two incidences highlight several important lessons for those transporting loads of hay and workers involved in the hay making in general," Commissioner Nina Lyhne said.

"Farmers need to look at all their procedures for hay making and ensure that they have identified potential hazards and taken action to minimise the risk."

Most items of hay making equipment have many moving parts and are extremely dangerous in the hands of inexperienced and untrained people.

Ensuring that equipment is well maintained, properly guarded and serviced regularly and workers are adequately trained in the use and servicing of equipment is crucial.

Designating an exclusion zone around working areas and providing safety training to all workers, to help minimize risks, is also very important.

Piano Tuner



Back by popular demand

Ring Barry Gibb on 9881 4081 for an appointment. "Hay and grain harvesting present many occupational safety and health challenges," Commissioner Lyhne said.

"Farmers should thoroughly review methods of operation, now, before the season starts, to make sure safe working procedures are in place."

WorkSafe resources available include:

- The 15-minute farm safety checklist
- * Guidance Note: Safe movement of vehicles at workplaces.
- * SIS: Truck driver inured by falling bay of hale (8/2004)
- * SIS: Worker fatally injured by hay baling machine (9/2002); and
- * Farm Safety Fact Sheets on manual handling, fire fighting, farm noise, grain movement and storage, electrical, farm chemical, agricultural bike and tractor safety.

For copies go to www.safetyline.wa.gov.au or call 9327 8755.

For information on securing loads, the national Load Restraints Guide is available from Main Roads WA on 9311 8450.



Aerial Spraying

Lindsay & Ann Joyce

P O Box 1318 Albany WA 6331

Phone: 9844 4333 Mob: 0427 206 210 Fax: 9844 4322

Email: naway@wn.com.au



The Sharpening Man will be in Lake Grace on....

Tuesday 21st September

From 1pm - 2pm

Will be parked in Stubbs St Lake Grace Can be contacted on....

Mob **0429 986 234**

lan Squire Pty Ltd Pingaring Chiropractic Uisits Wednesday, September 15th

Please phone Rebecca at lan's office 9842 2322 to make an appointment, specifying that it is for his PINGARING NAY

Lake Grace Hockey Club AGM 2004

At the Lake Grace Sportsman's Club On Wednesday 22nd September From 6.30pm

The Club calls for 'Expressions of Interest' in coaching positions for all grades. Please forward your interest in writing to:

The President, Lake Grace Hockey Club, P O Box 180, Lake Grace 6353 before the 20th September 2004

Any agenda items in to the President at the above address.

All past, present and future members along with any prospective coaches are invited to attend the AGM.



that *cleans* and *refreshes*your carpets and upholstery.



Call Will, Carol or Kris on 9880 1081 anytime for a free quote



LAKE GRACE RECYCLIN

Recycling Quantities for 2003 -2004



Proceeds to Lake Grace Lions Club

Gable topped cartons 47 kilograms

Congratulations Lake Grace a total of 9.12 tonnes of material removed from the waste stream!





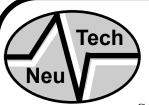
TW & PM Henderson **Road Grader Contractors**







This project is sponsored by the State Government of Western Australia's Waste Management and Recycling Fund.



NEU-TECH AUTO ELECTRICS



Stubbs Street, Lake Grace Phone: 9865 1164 Fax: 9865 1543



Come and see us about your pre-season field work, don't leave it till the last minute otherwise we may be fully booked!

Contact us and get your tractors, trucks and headers professionally assessed/repaired.

Give Ross or Bob a ring on 9865 1164 and let us help YOU!













NEWDEGATE PRIMARY SCHOOL

Situation Vacant Gardner/HandyPerson

A vacancy exists at Newdegate Primary School for a Gardener/Handyperson. The successful applicant will be expected to take up the position in term 4. The position is for 36 hours a fortnight.

The Gardener/Handyperson are employed by the Department of Education and Training to ensure that staff and students are provided with a safe and aesthetic school landscape. The gardener is directly responsible to the school principal and is responsible for the standard of ground maintenance at the school.

Details for Application:

Applicants are asked to provide the following:

- A resume recommended length of no more than one page, including the names of two referees.
- A statement addressing the selection criteria (recommended length of two pages).

SELECTION CRITERIA

1. Relevant Skills and Abilities

Essential: - Communication skills **Desirable:** - Organisational skills

2. Relevant Knowledge

Desirable: - Department gardening policies and procedures.

- Turf management practices.

Landscape principles and practices.Maintenance of horticultural equipment.

- Practical safe use of hand tools and motorised equipment.

- Safe working practices.

- Minor repairs and maintenance.

3. Previous Work Experience

Desirable: - Experience in landscape maintenance.

Mark applications *PRIVATE AND CONFIDENTIAL* and forward to:

Ms Kate Dowling Newdegate Primary School Mitchell St Newdegate WA 6355

By Friday 24 September 2004

All enquires to Kate Dowling on 9871 1600 OR 0409 811 097

YOUTH ADVISORY COUNCIL

Our next rostered activity night 'Self Defence' has been rescheduled to Wednesday 15th from 4.30pm to 6.00pm at the Pavilion. Therefore the Youth Station will be open from 3.30pm to 4.15pm only on that day. There will be no evening meal and therefore no cost. Louise Trevenen will be the supervisor.

The final activity night for the term (sorry to

everyone who actually read last week's notes where I had mistakenly put year) is a girls only night with Penny Willocks.

The supervisor for Wednesday 22nd September at the Youth Station from 3.30pm to 5.00pm will be Louise Trevenen.

Debby Clarke

LIBRARY NEWS - BOOK FAIR

Thank you to everyone who supported our Book Fair.

We were able to purchase **35** new books for the library with the commission made.

WOW! We sold over \$1500 worth of books and the commission made was \$471.85.

You are welcome to come to the library and

check out the new titles bought from the Book Fair.

According to the Ashton Scholastic team our Book Fair was one of the most successful...

Once again thank you for your support.

Marcelle and Sandy

POSITION VACANT

LAKE GRACE & NEWDEGATE GENERAL PRACTICE MEDICAL RECEPTIONIST

Lake Grace & Newdegate General Practice is seeking a full time Medical Receptionist.

Applicants must possess good computer skills and overall office ability plus a strong sense of confidentiality and professionalism.

All enquires please see the Practice Manager.

Applications should be addressed to

Deb de Boer, Area Manager, River Medical Services PO Box 1539, Fremantle W.A. 6959

or

Email: d.deboer@geminimedical.com.au

APPLICATIONS CLOSE: Friday 17th September 2004



BUYING OR SELLING??

FOR ALL YOUR
RESIDENTIAL NEEDS IN
AND AROUND ALBANY

CALL ME TODAY

Ray White

ALBANY

LINLEE PROUDLOVE 0428 441 315 or 9841 0210

Email: linlee.proudlove@raywhitealbany.com.au



Lake Grace Public Art

A Lake Grace Development Association initiative



Introduce a new bloodline to the flock

Lake Grace Development Association invites you to muster support behind the *On the Sheep's Back* public art project.

Sponsor one or more merino sculptures for the town centre.

These are big bodied Lake Grace merinos with:

★ Excellent bloodlines

★ Good conformation

★ Long life-spans

★ Easy care - no drenching or shearing

Sponsorship Options

Superfine Sponsor:

70 sheep sculptures at \$500 each

Fine Sponsor:

15 or more sheep sculptures at \$500 each

Strong Sponsor:

Individual sheep sculptures at \$500 each

Donations are also welcome. Sheep will be identified with the sponsor's ear tags and signage.

Contact Project Coordinators Tania Spencer (9865 1339) or Michelle Slarke (9865 1878).

National Threatened Species Day - 7th September 2004

You Can Help







20 Tips to Help Save Our Threatened Species

- Join a community group and offer to do voluntary work.
- Give your local Threatened Species Network office a call and find out what activities are happening in your area. They may need help with field and office work.
- Participate in local clean-up, tree planting and weed control activities.
- Find out what threatened species live in your area what they look like, what they eat, where they live.
- Plant some native trees in your garden to provide food and shelter for birds.
- Replace your water thirsty lawn with some native grasses.
- Build nest boxes in areas that only have young trees.
- At Easter, eat chocolate bilbies, not bunnies.
- Learn how to care for abandoned or injured wildlife by contacting the RSPCA (they can give you contacts for your local wildlife rescue service).
- Build a frog pond in your back yard.

Mobile:

 De-sex your cat, put a bell on its collar and keep it indoors at night.

- Cut up the plastic collars on your milk and soft drink bottles before throwing them out.
- Report any sightings of unusual animals or plants or feral pests and weeds to your local Parks and Wildlife Service.
- Throw back fish that are too small when you are fishing. Be careful not to lose your nets, lines, hooks and sinkers in the water. These entangle or choke many animals such as whales, fish, birds, platypus and water rats.
- Take some binoculars with you when you go bushwalking and keep notes of the different plants and animals you see.
- Take pictures, not souvenirs.
- Support industries that support the environment.
- Extinguish your camp fires and cigarette butts when you are in the bush.
- Drive slowly at dawn and dusk, and where trees grow near the road. Many native animals get killed on the roadsides at these times.
- Take your own bag shopping.
- Plastics can choke whales, seals and seabirds if they get into the ocean.

LAKESIDE LAUTO ELECTRICS Phone Brent

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the WARITIME MUSEUM WALLS

IMMORTALIZE YOUR HERITAGE

If you, your parents or forebears arrived in Australia through Fremantle Port, you could immortalise your proud migrant heritage by purchasing an engraved listing on the `Welcome Walls' at the Western Australian Maritime Museum. Your (or your relative's) name, year of arrival and ship of passage will be part of a growing historic tribute.

Your listing will also become a part of the `Passages' historic database of arrivals in Western Australia, and will be featured on the `Welcome Walls' website, accessible to friends and family around the world. Registrations received before 4 October 2004 will be engraved on the Welcome Walls before the official launch by the Premier of Western Australia in December 2004.

Registrations received after this date will appear on the walls in early 2005. Bring your family to the launch and celebrate the memories.

Registration fee for wall inscription, database and web listing is \$66.00.

For more information: www.museum.wa.gov.au or telephone 1300 858 438 and a registration form will be mailed to you.

HIGHWALLEY

22nd Annual On-Property Merino Ram Sale Tuesday, September 28th 120 2003 Drop Merino Rams

FIELD DAY

Friday, September 17th from 1pm Sale team fully penned

If you need to put size and carcass value in your flock then consider High Valley Merino sires.

They are large framed, quick maturing with soft handling crimpy wool bred for Wheatbelt conditions.

Ken Gray & Co

TARIN ROCK
Inspection from 10am
Auction starts 1:30pm
For further information phone
Mike Gray (08) 9864 9044 or
Ken Gray (08) 9864 9033



NEWDEGATE PRIMARY SCHOOL

Situation Vacant Education Assistant - (Special Needs)

A vacancy exists at Newdegate PS for an Education Assistant (Special Needs). The successful applicant will be expected to take up the position from Term 4. The position is for 5 days a fortnight and is end dated 16th December 2005.

An Education Assistant supports the Department of Educations main objective of teaching and learning of students through assisting the teacher in delivering planned education programs and encouraging a supportive and inclusive learning environment.

An interim EA may be temporarily appointed while the interview process takes place. This appointment will not be a reflection on the final decision.

A comprehensive job description is available on request from Newdegate PS.

Details for Application

- A resume of not more than one page, including the names of two referees
- A statement addressing the selection criteria (recommended not more than two pages)

SELECTION CRITERIA

- 1. Sound communication skills, including the ability to interact with students and teaching professionals.
- 2. Sound interpersonal skills, including the ability to work as a team.
- 3. Sound organisational skills that will assist in the delivery of effective education programs to students.
- 4. Ability to assist with general health and well being of students.

Mark applications PRIVATE AND CONFIDENTIAL and forward to:

Kate Dowling
Newdegate Primary School
Mitchell St
Newdegate 6355

By 3.00 pm Friday 24 September



NEWDEGATE PRIMARY SCHOOL

Situation Vacant Cleaning Position

A vacancy exists at Newdegate PS for a school cleaner. The successful applicant will be expected to take up the position in Term 4. The position is for 20 hours a week. This position may be job shared if desired.

An interim cleaner may be temporarily appointed while the interview process takes place. This appointment will not be a reflection on the final decision.

A comprehensive job description is available on request from Newdegate PS.

Details for Application

- A resume of not more than one page, including the names of two referees
- A statement addressing the selection criteria (recommended not more than two pages)

SELECTION CRITERIA

RELEVANT SKILLS AND ABILITIES

ESSENTIAL 1. Sound interpersonal skills, including the ability to communicate in the English language, orally and in writing.

cleaning

and

2. Proven ability to use and demonstrate all types of equipment, materials and chemicals.

RELEVANT KNOWLEDGE

- ESSENTIAL 1. Demonstrated knowledge of cleaning methods and procedures, and the safe use and storage of cleaning equipment, materials and chemicals.
 - 2. Demonstrated knowledge of the Occupational Safety Health requirements for cleaners.

Mark applications **PRIVATE AND CONFIDENTIAL** and forward to:

Kate Dowling
Newdegate Primary School
Mitchell St
Newdegate 6355

By 3.00 pm Friday 24 SEPTEMBER 2004

Lake Grace Golf Club

Arctic conditions didn't deter the diehard golfers on Saturday 28th August from playing off for Rex and Karel Walker's trophy.

Men's winner was Mark Cameron with an 80-12-68 while runner-up on a count back from Lindsay McGlinn was Chad Stanton with an 90-19-71.

Ladies winner, also on a count back, was Helen Hunt on 95-19-76, runner-up was Stephanie Lay on 112-36-76.

Winner of the least putts, on yet another count back, was Mark Cameron with 27. Laurie Marshall also had 27 putts.

Nearest the pins were Mark Cameron (4), Andy Young (6), Nick Maalouf (15) and Marcus Owen (18).

The birdy hole was number two and is STILL unclaimed.

The first round of championships has ended with winners being Craig Reeves, Andy Young, Gary Frost and Mike Clark for A grade.

The second round of playoffs are as follows:

A Grade Men

Craig Reeves vs Mike Clark Gary Frost vs Andy Young

B Grade Men

Mark Seaman - bye Kevin Eggers vs Steve Crook

Ladies

Helen Hunt vs results not to hand Michelle Lay vs Stephanie Lay

Craig Reeves

JUNIOR GOLF

Our 2004 season is fast coming to a close with the Club Championships having been run and won. All that is left to do, is wind up the year that was.

Fifteen Juniors participated this year in our clubs major prize. We will announce our winner on closing day, Sunday 12th September.



The format will be the now traditional family fun day. We need everyone including Mums and Dads to be at the course by 8:45 am so we can wind up our season and celebrate another successful year.

Junior Golf Windup

Saturday 12th September 8:45 am start Family Fun Day

Followed by trophy presentations

HIGH SCHOOL BASKETBALL

Our first game will be played at training on Monday 13th September at 3.30pm. Lake Grace 1 will play Lake Grace 2, all spectators welcome.

Training will continue to be on Mondays for this term. We are trying to find the best night to have

training for fourth term that will incur the minimum amount of travel and disruption for parents and members. Parents please let us know your preferred night from Monday to Wednesday.

Debby Clarke

LAKE GRACE/PINGRUP NETBALL

Lake Grace Pingrup Netball **Grand Final at last!**

It's been an interesting couple of weeks for the 'A' Grade netballers. Finals were always going to be a challenge due to the injury levels in their squad along with the loss of key players throughout the season. The goal was to finish in the top two for the double chance (for some of our girls had plans that weekend) which they managed to achieve.

Second Semi Final (1st Vs 2nd) Newdegate (1) Vs Lake Grace Pingrup (2)

Lake Grace Pingrup dominated their previous encounter against the Minor Premiers on their home court in the last game of the round. Being the first win against Newdegate for quite a few seasons it was quite an achievement. But all players knew that it would be a completely different match in the final. Both teams went in with plenty of determination. Neither club wanted to face Jerramungup in the Preliminary Final who had physically dominated Gnowangerup the previous week. Whilst the conditions were not assisting either side (average temperature of 9 degrees combined with constant drizzle, chilling wind, and a spell of hail) the quality of And what a game it was. Lake Grace converted their the game was its usual intense but clean standard first centre pass quickly (something they don't always and the spectators were not disappointed.

Newdegate came out solidly to post a four goal lead at the first change. Some of the Lake Grace players looked rattled and the prepared game plan was nowhere to be seen. The team focused on settling into their positions and through some increased intensity managed to peg back a couple of goals to only trail by two at the major break.

Lake Grace maintained the momentum that they were building in the previous quarter in the beginning of the third. A four goal run in the first few minutes quickly swung the lead and the Lake Grace girls were starting to get on top of Newdegate. But tragedy was around the corner with key centre court player Diana Kuchling minute mark when Lake Grace was dealt a nasty going down heavily with a leg injury and leaving the blow. Maria Taylor - the team's backbone in defence, match. The team made some quick court changes went down with a severe leg injury removing her from but didn't get the chance to move far before the hail the game. Timeout called and a sense of déjà vu and another time-out was called. Unfortunately Lake Grace didn't find their click again coped with an injury last week in the mid court so how fast enough and the lead was soon lost.

of the ball but just couldn't get through the water-tight Newdegate circle defence. Once their goalies found their shooting range in the final quarter there wasn't keeping the players focused on their game plan. much else Lake Grace could do.

However the team were positive after the game and pleased with their performance even though they It's amazing what one can do if they want it badly

for the challenge ahead (with a hot drink and a really nice Pizza).

Newdegate 39 Lake Grace Pingrup 28

Preliminary Final Lake Grace Pingrup (2) Vs Jerramungup (3)

Jerramungup defeated Lake Grace in this match the previous season on their home court and the girls were resolute that it wouldn't be happening again. This year Lake Grace was in the better position having defeated Jerramungup at both their meetings as well as stealing second place on the ladder in the final round of the home and away season. Games between these two teams are never pretty and they are very taxing for the players being that they are generally very close. The tussle is not only physical but mental and depending on which team has the most discipline and determination usually results in who ends up with the win. Netball fans within the Ongerup association were aware of the grudge match about to unfold and it showed with an excellent turnout. The stadium atmosphere was intense long before the first whistle was blown adding to the pressure already felt by the players.

do) and settled their nerves in attack. Jerramungup did the same and the battle was on. Jerramungup defenders were incredibly aggressive against the player and were suitably penalised. The Lake Grace goalies were prepared for the onslaught and worked hard to maintain strong but clean body position to capitalise on the untidy and undisciplined defence with a good conversion rate. The discipline of the Lake Grace girls was reflected all down the court with the players adjusting to the umpires very quickly and giving away few penalties. Scores were practically level at the quarter break with Lake Grace holding a one goal lead. The second quarter continued in much the same fashion until the twelve settled amongst the crowd. Lake Grace had not were they going to deal with this one?

The girls continued to fight hard and had a great deal Coach Cassandra Haskett and Captain Kristie Hobley kept level heads and dealt with the situation putting together a combination no-one expected as well as They managed to continue on and hold a two goal lead at the main break.

were defeated. Focus was soon switched to prepare enough and even more so when a group comes

LAKE GRACE/PINGRUP NETBALL

together for a simple goal. Theresa Naisbitt and Michelle Clifton kept everybody together with their incredible words in the huddle whilst the coach concentrated on the players keeping to the set game plan to combat the Jerramungup mid court zone defence. So far the zone had been a little loose with half the pressure as expected so Lake Grace needed to be prepared.

Diana Kuchling stepped up with Kristie Hobley to maintain the defensive pressure in the circle with Tia Brennan and Kathy Humphreys gaining possession of every tip and loose ball to provide the team plenty of opportunities. The expected pressure in the mid court arrived and the team hung on well despite a few hiccups and only dropped two goals to have scores level going into the final term.

And Lake Grace took off to claim what they believed to be rightfully theirs with a solid team effort in returning the defensive pressure and keeping turnovers to an absolute minimum. Some excellent passing between Helen McWhirter and Tia Brennan assisted in getting the ball to the goalies that shot well under the incredible pressure and creeping fatigue. Jerramungup never gave in and fought hard in the dying minutes to close the gap that had started

to stretch out but it was too little too late and when the timer got up it was Lake Grace in front by two.

Lake Grace Pingrup 40 Jerramungup 38

Note from the Coach:

All the girls want to thank each and every one of the supporters that were there on Saturday that helped us through. We had a very tall mountain to climb and we made it thanks to all of you believing in us. Special thanks to the Lake Grace Hockey Club girls who have been supplying us match practice over the past few weeks — it has been invaluable. Extra special thankyous must go to Ed Naisbitt (our "Manager" with the special jumper) and Julie Hardy for keeping the very important stats on a day that would have been so hard to concentrate.

Hopefully we can take that one step further at the Grand Final in Newdegate on Saturday. We will all be trying our best and we would love to see you all there again flying the Red and Black. Michelle and Maria – this one is for you.

Cassandra Haskett

Lake Grace Cricket Club AGM

The LGCC will be holding their AGM for the upcoming 2004 / 2005 cricket season.

All existing and new players and any supporters are invited to attend.

DATE: Thursday 16th September

TIME: 7pm

VENUE : Lake Grace Sportsman's

Club

Looking forward to seeing you there.



Any further details, please contact Derek Stanton.

Bowls

We will be having a 'warm up roll' for the 2004/05 season on **Sunday 12th September** at **2:00pm**.

Men's and Ladies Casual clothing Everyone welcome!

Men's and Ladies
bowls meeting
(separate) at
4:00pm, this will be
followed by a comb



followed by a combined meeting.

OFA — FOOTBALL

Second Semi-Final - 28th August

League:

Boxwood Hills 14 goals 11 (95) defeated Kent 8 goals 11 (59).

In a game played in cold and windy conditions Kent made a strong start with the wind. Boxwood then held Kent goal-less in the second quarter and a 3 point margin at half time. Boxwood then scored 4 goals into the wind in a tough third quarter and sealed the game by keeping Kent to 1 goal in the final term.

Reserves:

Boxwood Hills 5 goals 4 (34) defeated Jerramungup 3 goals 4 (22).

Juniors:

Ongerup 6 goals 4 (40) defeated Lake Grace - Pingrup 4 goals 9 (33).

Best players for Lake Grace - Pingrup were Michael Trevenen, Reuben Smith and Bodhi Clifton.

Preliminary Final - 4th September

League:

Ongerup 24 goals 19 (163) defeated Kent Districts 12 goals 8 (80).

Both sides were evenly matched in the first quarter with good defensive football. Ongerup were then able to win the ball out of the centre and with accurate passing make the most of scoring opportunities. With a ten goal lead at three quarter time the game was out of Kent's reach.

Reserves:

Jerramungup 8 goals 8 (56) defeated Lake Grace Pingrup 3 goals 7 (25).

Best Players for LG/P - Marcus Trevenen, Les Ball and Kevin Naisbitt.

Juniors:

Lake Grace Pingrup 12 goals 3 (75) defeated Newdegate 2 goals 2 (14).

Best players for LG/P - Michael Trevenen, Sam Curtin and Reuben Smith.

Ongerup Netball Association (Inc.)

Is seeking applicants for the paid position of Secretary/Treasurer For 2005 Season

Applications in writing should be addressed to:

Cherie Carter PO Box 53 Jerramungup WA 6337

Or

faxed to the above mentioned on 9835 1077

by Wednesday 20th October 2004

For further details or enquiries contact Cherie Carter ph: 9835 1555 or Leanne Ganzer ph: 9835 1244

OFA Grand Final

11th September 2004 At Newdegate

Reserves Football starts at 11:00am Boxwood Hill v Jerramungup

Junior Football starts at 12:35pm Ongerup vs Lake Grace Pingrup

League Football starts at 2:10pm *Boxwood Hill vs Ongerup*

B Grade Netball starts at 10:30am Ongerup vs Kent

A Grade Netball starts at 12:30pm Newdegate vs Lake Grace Pingrup

Junior Netball

Newdegate vs Boxwood Hill

Ladies Hockey starts at 2:00pm Jerramungup vs Borden

D GRADE FOOTBALL

Upcoming Events

Well it almost seemed like yesterday when the footy season opened and now we're about to commence the preliminary finals for the 2004 season. So it's not over yet with some wind up celebrations for you to place on your calendar.

Wind Up BBQ and Presentation

When: Sunday 12th Sept 2004

Venue: Sports pavilion Time: 11:00am start Itinerary

11.00am Father and sons game

12.00pm BBQ lunch

D grade to please provide a shared salad

1.00pm AGM

1.30pm Awards and Presentation

2.00pm Afternoon Tea

Nippers to please provide a shared afternoon tea

Players, parents and Sponsors all welcome. Please come and support this great tradition and see the Dad's get a good flogging.

D Grade Quaranup Camping trip

All D Grade members are welcome to a camping trip to Albany

Venue: Camp Quaranup

Time: Friday 17th Sept (after school) till

Sunday 19th Sept

Requirements: Swag

Please place these dates on your calendar today!

Genni Curtin - Secretary

Apologies to Genni for this not having gone in the last edition of the LLN's.

OFA — D GRADE FOOTBALL

ROUND 14 - AUG 14, 2004

Lake Grace/Pingrup 4 goals 14 [38] defeated Newdegate 0 goals 2 [2] 'Fed By Ted' awards went to:

Bodhi Clifton – for consistent attacking football.

Michael Trevenen – for his 'gutsy' four quarter performance.

SECOND SEMI FINAL - AUG 28, 2004

A 'nailbiter' second semi final against Ongerup. With a home ground advantage and scoring well early in the game, Ongerup 6 goals 4 (40) defeated Lake Grace/Pingrup 4 goals 9 (33). Our boys put in a mighty effort to catch up, well done!

PRELIMINARY FINAL – SEPT 4, 2004

A very competitive game against Newdegate with both teams hard at the ball. Lake Grace/Pingrup 12 goals 3 (75) defeated Newdegate 2 goals 2 (14). Goodluck boys in the Grand Final against Ongerup at Newdegate!

Linda Hunt



Half time and some encouraging words for the D Grade team from coach Donald Wallace during last weekends preliminary final clash between Lake Grace Pingrup and Newdegate.

Paper & Card



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COUNCIL NEWS AND NOTES

Shire of Lake Grace

PO Box 50 Lake Grace WA 6353 Phone 9865 1105 Fax 9865 1109 email shire@lakegrace.wa.gov.au

WELCOME TO ARC CORNER

by Letisha Marshall Shire Aquatic & Recreation Coordinator

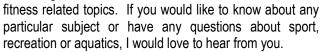
A Quick word

Hi, I'm Letisha, the newly appointed Aquatic and Recreation Coordinator (ARC) for Lake Grace.

My job is to provide you with a range of activities and programs that will suit your lifestyle

throughout the summer season of 2004/05.

During this time I will also be providing articles relating to water safety, infant, child and adult swimming and other recreation and



To give you a taste of what you can look forward to for the summer season, a variety of programmes will be offered throughout the school holidays catering for all ages. Come

and have a go at some activities like beach volleyball, twilight tennis, mixed netball, walking groups, kids play and field fitness. If you would like to register your interest for any of the mentioned activities please me contact at the Shire.



Look out for this page each Lakes Link to see what is happening for you.

AQUATIC AND RECREATION SURVEYS!! HAVE YOU HAD YOUR SAY??

Many thanks to those of you who have completed and returned your survey. The information that has been received has been extremely valuable to facilitating the summer programs.

Closing date for the surveys is Friday 10th September and I know there are still quite a few of you who haven't quite got around to completing your survey.

REMEMBER...THIS IS YOUR CHANCE TO SAY WHAT YOU WANT.

If you did not receive a particular survey please contact the office on 98651105 or copies are also available on the Shire website at www.lakegrace.wa.gov.au

LEVEL 1 COACHING PRINCIPLES COURSE

Level 1 Coaching Principles Courses are designed to provide existing and prospective coaches with theoretical and practical knowledge for:

- Planning dynamic and effective training sessions
- Strategies to keep players motivated
- Communication skills to ensure your message gets across
- Player management
- The latest in injury prevention and management

The Department of Sport and Recreation will be conducting a one-day course. Cost will be \$33.00.

This course may be run on a weekday towards the end of September if there is enough interest. This course is open to anyone who may want to become involved in coaching or who may want to participate for personal reasons.



To register interest or for more information please contact Letisha at the shire.

GREEN LICENCE COACHES COURSE.

Want to get involved in your kids swimming? Maybe want to improve your own technique. A Green License coaching course (Level 1 swimming coach) will be held at the Narrogin Leisure Centre over two days, October 30th and 31st 2004. The cost will be \$242.

For more information contact Letisha at the Shire.

DID YOU KNOW...The Department of Sport and Recreation have a large variety of published material called the 'Club Development Scheme'. Material is available dealing with different aspects of clubs, groups and associations such as money, leadership roles, programming, risk management and volunteer management. These publications are free and available to you. Need more information? Contact Letisha.

For further information regarding any of the above notes or any other enquires you may have, please do not hesitate to contact Letisha at the Shire office on 98651105 or email letisha@lakegrace.wa.gov.au



Get rid of your reactive mind.

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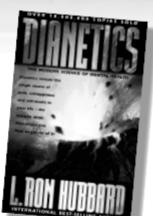
Dianetics is the all-time self-help bestseller.

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TO ORDER: Call 1800 808 560 or order by mail from: Gary Bromwell & Associates, PO Box 1293, East Victoria Park, WA 6981. Website: www.dianetics.net



Dianetics Book: \$17.60 How to Use Dianetics: Video \$32.95, DVD 25.30

Extensive studies for more than 50 years in 150 nations demonstrate that Dianetics can help people from all walks of life. The most commonly reported benefits of Dianetics are increased belief in oneself, self-respect and happier family life. Other gains reported are greater self-esteem and higher IQ. Applying Dianetics to one's life can often result in better relationships, a cessation of negative feelings accompanied by a more positive outlook on life and the achievement of one's goals.

Dianetics is not a positive-thinking fad or feel-better-quick scheme. It's Man's first effective science of the mind.

If you want workable answers to your upsets, worries and unreasonable fears, Dianetics is what you've been looking for. This book is the start of the greatest adventure of your life – the adventure of discovering the real you.

Threatened Fauna in the National Spotlight

across Australia are being urged to take part in a thousands of Australians who take part each year," nationwide fauna survey as part of efforts to help Ms Hunt said. save Australia's threatened native species.

of September.

The nationwide spotlight survey, sponsored by major resource company Tiwest, is coordinated by "All people need to do is organise a spotlight survey Perth Zoo, where threatened native species are in their local area and record the marsupials, other successfully bred for release into the wild.

Great Australian Marsupial Night Stalk partnership with Tiwest was an important national project which provided vital information and raised awareness of Australia's unique yet vulnerable native animals.

of extinction due to feral pests and changing land species already extinct and a further 55 in serious other living species and weaken the web of life. trouble," Ms Hunt said.

conservation agencies planning protection and recovery strategies, and increases the community's understanding about Australian marsupials, their habitats and the major threats they face."

Ms Hunt said Night Stalk was, in effect, a marsupial census, designed to provide a snapshot of species diversity in rural and metropolitan Australia.

"The success of this national survey would not be and conservation agencies.

Members of the public, schools and organisations possible without the support of Tiwest and the

"It is important that we involve everyday people and The sixth annual Great Australian Marsupial Night organisations in community projects to help save Stalk, investigating the diversity and abundance of our fauna and that we increase community marsupials and feral pests across Australia, will understanding about extinction rates and the kick off on 16 August and run through until the end severe decline in species that has occurred in Australia in the past 200 years, particularly in the last 50 years."

native animals and feral pests that they observe.

Perth Zoo Chief Executive Susan Hunt said the "The survey can be completed on any night during in the six weeks of Night Stalk."

> Tiwest spokesman Brett McIntosh said a major benefit of Night Stalk was its simplicity and the opportunity it gave people to become involved in an important research project.

"Australia's marsupials are under increasing threat Ms Hunt said that, as a result of projects like Night Stalk, there was a growing awareness amongst the use, with at least 16 marsupial species or sub wider community that loss of species can affect

"Loss of biodiversity is one of the most serious "The Night Stalk survey provides valuable data for environmental problems we face," Ms Hunt said.

> "Current rates of extinctions and loss of biodiversity are the highest this planet has experienced in 60 million years."

> Data collected during the Great Australian Marsupial Night Stalk is collated and analysed at Perth Zoo. Results are posted on the Perth Zoo web site and the data is made available to wildlife

Australian marsupials are in trouble and need your help!

Sixteen marsupial species or sub-species are already extinct and another 55 are in serious trouble.

You can help conservation efforts

Get a group together and participate in Night Stalk - a national spotlight survey to determine numbers and distribution of marsupials and feral pests. Information collected is provided to conservation agencies across Australia to assist with the management of our wildlife.

Anyone can do it

All you need is a torch. Information for a successful Night Stalk - instructions and your own spotters' log- are available at Perth Zoo's website, just click on the Night Stalk button.

Your survey should be completed on any night/s from 16 August to 30 September.

Night Stalk is coordinated by Perth Zoo and sponsored by major resource company Tiwest.

Night Stalk: 16 August - 30 September 2004

For more information: (08) 9474 0497

Web www.perthzoo.wa.gov.auPERTH ZOO



Emailnightstalk@perthzoo.wa.gov.au





COUNCIL NEWS AND NOTES

Shire of Lake Grace

PO Box 50 Lake Grace WA 6353 Phone 9865 1105 Fax 9865 1109 email shire@lakegrace.wa.gov.au



RAMBO THE AMBO AT THE NEWDEGATE FIELD DAY

A word from the President

Council hosted Rambo the Rambo the Ambo Rally on Wednesday morning of the Newdegate Field Day. Rambo



the Ambo is a WA Local G o v e r n m e n t Association initiative a n d i s a decommissioned St John Ambulance which has been touring the State making the public aware of rural health issues and raising funds through community activities and donations from the public.

The President, Darcy Roberts pictured with WA Local Govt Association Client Liaison Manger Marie-Claire Cull (alias Rambo the Ambo driver) with Rambo at the Newdegate Field Day.

It was very much a lighthearted morning's activities with the CEO being tied up and towed around on a stretcher by Councillors and the President being wheeled around in a wheelchair both shaking donation tins for the cause. Other Councillors shook 'bedpans' and 'potties' and sold raffle tickets, not letting anyone past Rambo without donating.



Cr Lansdell taking off with Cr Roberts around the Field Days

Raffle prizes took the form of 'Scratchies', first prize was \$75 worth of tickets and was won by L Whittington with second

prize of \$25 worth going to B Ness.



CEO Neville Hale is tied to the trolley.



Cr Chamberlain shaking the bedpan for the Rambo cause.

The three hour fun fundraising effort raised the fantastic sum of \$995.00. Funds raised through Rambo the Ambo Rally campaign benefit the Country Medical Foundation and our local country St John Ambulance Sub Centres.

Many thanks to the community for their generosity in supporting the cause.

Many thanks also to all Councillors involved, also to Jeanette Bennett for the work she put in.

Darcy Roberts
President

2004 SHIRE ACQUISITIONAL ART PRIZE

Newdegate Field Day Art Exhibition

Shire President Darcy Roberts pictured next to Council's choice for this years acquisitional art prize.

The painting is titled 'Silken Waters', a pastel by Linda O'Brien of Karrinyup.



CLASSIFIEDS

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Motorbike

1998 Honda XR600 Road/Trail. Licenced.
12,000km. A1 Mechanical. Comes with long range tank, new tyres, pannier bags, workshop manual and asst. spares.
Thrown in: Axo riding boots (sz10), Oneil Helmet (L), Pro Grip light sensitive goggles, pants, top, gloves. Great for the road, trail or around the farm. \$5000.
Call Graham 9865 1205 (w) 9865 2009 (h).

Canon BJC 6500 printer

Colour bubble jet printer that can print up to A3. No good for photos!

Make an offer. Contact Suzanne at the Lake Grace Telecentre for more information

Ph: 9865 1470

AVAILABLE

Music Lessons

Learn piano, guitar, clarinet, saxaphone and percussion from experienced player and teacher.

Call Judith on 9864 9037

Puppy

One male. 8 weeks old. Ready to go. Father - Huntaway kelpie X; mother - elfindale. Free to good home Parents fantastic sheep dogs. Ring Ray & Julie on 9865 3017

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If you are interested in taking part in an accredited training course to attain F1 competency for heavy vehicles then please ring Suzanne at the Telecentre on 9865 1470.

WANTED

Contract Harvesting

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PUBLIC NOTICES

Year 10 Fathers Day Raffle

Winner - Charlene Beggs 2nd prize - Chris Trevenen drawn by Pam Gardiner

Kindergarten/Pre-primary Fathers Day Raffle

1st prize - Pam Gardiner
Drawn by Murray Stanton
2nd prize - Denise Sabourne
Drawn by Donny Gardiner
3rd prize - Ken Kirk
Drawn Pam Gardiner

Thanks to everyone for their support!

Kindergarten Pre Primary will be holding a cake stall on Thursday 16th September.

AGM

Lake Grace Hockey Club
At the Sportsman's Club
Wednesday 22nd September at 6:30 pm
Bring a casserole to share
Past, present and prospective
members encouraged

Dr Jane Spencer

Please note that Dr Jane Spencer will be coming to Lake Grace on Thursday 9th and Friday 10th September Thursday 7th and Friday 8th October Thursday 4th and Friday 5th November Thursday 9th and Friday 10th December

ake Grace Shire Councillors Telephone Councillor 9874 4013 9874 4068 **Darcy Roberts** (President) Andrew Walker 9865 1241 9865 1921 (Vice President) Ian Woods 9872 0011 9872 0050 Royce Taylor 9865 1507 9865 1320 9865 1568 Helen Bennett 9865 1026 9865 1188 Ollie Farrelly 9865 1304 Allan Lansdell 9874 4033 9874 4033 Meighan Stewart 9871 2042 9871 2042

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9865 1206
Ambulance	9865 1444
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention	
Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal	
Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	
Sat - Mon (ph/fax)	9865 1014
Tues - Fri (Evenings)	0427 441459

Gnostic Catholic Church of Take Grace

Sunday 19th September 2004

Enquiries to Mark 9865 1990

ANGLICAN CHURCH OF LAKE GRACE

Sunday 12th September

8:00am Lake Biddy 10:30am Lake Grace

Sunday 19th September

9:00am Lake Grace 5:30pm Pingaring

Enquiries:

Captain Derek McArtney 9865 1064 Deacon Michael Lloyd 9871 2041

Lake Grace Uniting Church

Sunday 12th September

No Service

Sunday 19th September

10:00 am

Enquiries:

Keith and Joan Fleming 9871 9025 Bob Burbridge 9865 4020

LAKE GRACE CATHOLIC CHURCH

Mass Time-Table

Saturday 11th September

6:00pm Pingrup

Sunday 12th September

8:00am Lake Grace

Sunday 19th September

10:30am Varley 6:00 pm Lake Grace

Inquiries: Fr Pierre 9865 1248

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mrs Shirley Duckworth	ph 9865 1189
Mr Len Elliott	ph 9865 1137
Mr Lynn Parker	ph 9865 1217 (wk)
Mr Peter Taylor	ph 9864 9026
Mr Darcy Roberts	ph 9874 4013

commemorate the schools 90th birthday and 60 years

of CWA in Lake Grace.

COMMUNITY CALENDAR

August/September

Fri 10 Fish & Chip Night - LGS Club Fri 17 Bushfires AGM p11 Chase the Ace - LG Hotel Sat 18 Speedshears at Sportsman's Club Dr Jane Spencer Golf - 3rd Round of Championships Narrogin Vet 10:00am at the sportsground Steak Night - LG Sports Club Sat 11 Steak Night - LG Sports Club Mon 20 LLN Deadline Golf - 2nd Round of Championships LGDHS P&C Meeting Winter Sports - Grand Final at Newd Healthy Lifestyle Supermarket Tour p13 Sun 12 Junior Golf Windup Tue 21 Chair/SOYF Aerobics Junior Football Windup Wed 22 Pizza Night at Rosies Mosaic Workshop Hockey Club AGM Bowls Warm Up - 2:00pm at the Club Parenting Program p13 Bowls Meeting - 4:00pm at the Club Thur 23 Playgroup - 9:30 am Mon 13 Tourism and LGDA Meeting Tue 14 Lakes Village Choir — 11:30 am Coming Events: Chair/SOYF Aerobics Mammogram Van leaves LG 28th September - High Valley Merino Ram Sale Shire Rec Planning Comm meeting p11 7th & 8th October - Dr Jane Spencer Wed 15 Pizza Night at Rosies 29th October - Quiz night at the Sportsman's Club Thur 16 Playgroup - 9:30 am 2nd November - Melbourne Cup Luncheon and fashion Kindergarten/Pre-Primary Cake Stall parade at the Sportsman's Club LG Cricket Club AGM - 7:00pm Club 6th November - Spring Ball and Fair at LGDHS to Fri 17 Fish & Chip Night - LG Sports Club

Chase the Ace - LG Hotel

Narrogin Vet 10:00am at the sportsground

High Valley Field Day

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