

LAKES LINK NEWS

Produced at the
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CWA Cultural Exhibition



CWA members Sandra Richter, Irene McGlinn, Margaret Carruthers, Elsie Bishop, Margaret Sullivan and Esme Lane with Shire President Andrew Walker.

More than sixty people turned out for the Cultural Exhibition which was hosted by the Lake Grace CWA branch on Monday 16th July. Community members, as well as members of the thirteen branches who were part of what was once called the Central Great Southern Division were invited to exhibit a variety of work. Branches were also asked to decorate a table of 'yesterday's memories'.

Lake Grace branch were pleasantly surprised by the volume of items that were brought in for display. Judges Helen Grainger from Cuballing and Betty Wurm and Roma Pedlar (both from Pingelly) perused the eleven displays giving their vote of approval.

Branch President Esme Lane welcomed everyone present before inviting Shire President Andrew Walker to open the event. Mr Walker commended the exhibitors on their workmanship and said it was wonderful to see CWA making their presence felt.

The judges were thrilled that Lake Grace had taken the initiative to organise this Cultural Display, the first one that had been held for 12 years. Betty Wurm commented that Lake Grace was inspirational and that they would encourage other CWA's to take the step to organise a similar event themselves. She also commended the interesting groupings (displays), some of which all three of the judges had never seen before.

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CRC Opening Hours

Monday - Wednesday & Friday

8:30am - 5pm

Thursday (closed for lunch)

9am—12:30pm then 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday and Friday

9am - 12:45pm then 1:15pm - 5:00pm

CLOSED on Wednesday

Deadlines & Editions



All articles, news & advertisements should be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

Next Deadline

Monday 30th August

Next Edition

Thursday 2nd September

LAKES LINK NEWS

2010 Advertising Rates

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Classified	FREE	\$1 per line
Public Notice	FREE	N/A
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1/4 Page	\$10.00	\$15.00
1/2 Page	\$15.00	\$25.00
Full Page	\$25.00	\$45.00
Insert (d/s)	\$20.00	\$30.00
Thank You's	FREE	FREE
Editorial	FREE	FREE
<i>Conditions do apply.</i>		



To the **very** dedicated team who have produced and compiled this edition of the Lakes Link News.

Michelle Dunham
Jane Bushby
Gwen Oliver
Elsie Bishop
Lorelle Houston

Thank you also to our many contributors of articles.

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- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
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- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

350 copies printed and sold each fortnight

Editorial

- It's been very, very quiet out there.....would anyone like to come and help collated the paper or do some proofreading on an occasional basis. We are always looking for new volunteers. Most of the time we chug along quite nicely but every now and then one (or more) of the volunteers flits off for a holiday...and why not!!! We would especially like some help with the next paper, or at least Cheryl will, as Jayne and I will be at the State Conference in Perth.
- We are taking names for the RSA and Liquor Licensing Workshop, won't have a date until the end of this week. We do need 10 people and so far I only have about 5.
- Thank you to everyone for keeping the Centrelink people busy last Friday, I have given them the date for our Centenary event next year and they will try to schedule it in their itinerary.

Suzanne Reeves

Licensed Manager's Accreditation Workshop

Lake Grace CRC will be running one of these in October, it will be on a weekend.

Please register your interest by calling the CRC on 9865 1470. More details above (in the editorial).



To the Collators of the Last Edition

Maurie Gilson	Allan Zweck
Mary Naisbitt	Christine Fyfe
Sandra Richter	Craig Reeves

Thanks

Elizabeth, Pauline, Edward, Sheryl and Judith would like to extend our thanks to the many people who sent cards, made phone calls and to those who attended the funeral of our Dad, Horace.

The support you gave us is appreciated.



Julie, Donna, Simon and Matthew Wright and families wish to thank all those who attended the funeral for our dearly loved Ted. Our grateful thanks for all the love and support by way of cards, flowers and phonecalls. We feel very privileged to have had the love and support from so many of you over the period of Ted's illness. Sincere thanks.

The Wright family

Letters to the Editor

Multi Peril Crop Insurance Scheme

WHO DO YOU TRUST?

For a long time grain growers nationally and in particular this state have pushed for a much needed Multi Peril Crop Insurance Scheme (MPCI).

Many countries have MPCI schemes to help protect their most needed food producers against drought, frost, fire and hail. Some countries protect their farmers against low commodity prices as well.

This form of insurance costs more than farmers can afford and would have to be subsidised in a similar way as other countries do.

At present Australian farmers have no MPCI scheme, simply because Governments believe that farmers should not be subsidised. It is time for politicians to look more closely at the security and stability of the Agricultural Industry and not just from the farmer's perspective but for the whole agricultural community and the flow on effects it has to the cities.

At present there are many businesses and their staff as well as farmers who are being thinned out. It is not just farmers who would benefit from such an insurance policy. The exodus of country people moving from the farms and country towns to the cities has resulted in empty houses, school closures, loss of doctors, medical facilities and so on.

Country facilities in regional Australia are being underutilised and cities crowded. The real cost to Government is much higher than a subsidised MPCI scheme. If nothing is done we will see food costs rise in Australia.

It is heartening to see both Mr Tuckey and Mr Crook are promising to push for this most overdue MPCI scheme, I might add a scheme I have fought for since 1998.

The problem is who do we trust Mr Tuckey or Mr Crook?. I am sure most country people would remember that Mr Tuckey promised to support a single desk marketing arrangement. With up to 90% of wheat growers wanting the Single Desk why did Mr Tuckey go against his constituents? It has been stated by a market analysis that on average farmers have lost about \$30.00 per tonne each year for the past two years with deregulation. Far more than the subsidy would amount to for the MPCI scheme.

Mr Crook's statesmanship approach to issues and his extensive participation with the Royal Flying

Doctor Service (RFDS), serving as chairman of the RFDS Western Operations Board and the RFDS National President puts him in good stead as member for the O'Connor electorate.

Mr Tuckey you have had ample opportunity to push for an MPCI scheme during the previous three elections. Is this push just a vain political promise to repair some of the damage you have inflicted on country people? I am sure the electorate will judge you.

Yours faithfully
Mr Bob IFFLA

Royalties for Regions

We've heard criticisms of The Nationals plan to Reverse the Rip-off by matching Royalties for Regions. Labor and Liberal MPs have been decrying this plan as unconstitutional. Unsurprisingly, the people creating this scuttlebutt have the most to gain by undermining The Nationals.

The Nationals have advice from the Commonwealth Parliamentary Library and respected Political Analyst Harry Phillips that dispel any concerns regarding these claims.

Even if the major parties wanted to support the plan, their Eastern States dominated Party rooms would never agree.

Matching Royalties for Regions would cost approximately \$2.7 billion over 3 years. The Federal Government is spending \$3.2 billion on the construction of a new urban rail route in Victoria alone.

Don't be distracted by the noise from the major parties. The Nationals are the only Party with a plan to get a fair share Federal funding for regional WA

Hon Colin Holt MLC

The Nationals

Bowler backs R for R

Every time the Liberal and Labor Parties try to attack Royalties for Regions I smile, because R for R is the best government policy ever in regional Western Australia and nothing would be better than to do to Canberra what we've done to Perth.

John Bowler MLA
Independent Member for Kalgoorlie



ABOUT TOWN

- Congratulations to Nikki Anderton and Andrew Lewis who became engaged on the 7th August while on holiday in Melbourne.
- Congratulations to Chris and Amanda Trevenen on the birth of their baby girl Paige Elizabeth who was born in Albany hospital on Friday the 6th of August weighing 6pound 14 (3.15kg) and 48cm long surprisingly the same weight and length as Savannah her older sister.
- Congratulations to Kelly Hawtin and Mark Newton on their engagement while on holiday in north Queensland on the 8th August.
- Sympathy to the family Jeanette Sander (nee Carruthers) who passed away on Thursday the 12th August. Our thoughts go out to Gary, Maureen, Sharon, Debbie, Shane, Peter, Kevin and families.
- Sympathy to the Coad family on the passing of Helen Flynn (nee Coad) who passed way on Tuesday the 10th August at Narrogin. Our thoughts are with husband Dave and family.

HAPPY BIRTHDAY



19th August	Lisa Clarke Sam Stubberfield	28th August	Gary Frost Diana Kuchling Shelby Newton
21st August	Matthew Spurr	29th August	Justine Carruthers
23rd August	Symone Reynolds Chelsea Walker Terry Smith	30th August	Ryan Carruthers Emily Younger
24th August	Matthew McWhirter Brady Carruthers	31st August	Jason O'Neill
26th August	Madeline Walker	1st September	Ed Naisbitt
27th August	Alex Duckworth Samuel Curtin (18) Louise Trevenen Mandy King	2nd September	Magdalen Trevenen Vicki Smith



HAPPY ANNIVERSARY

19th August - Jason & Penny Willcocks

The Anglican Church welcomes Bishop Allan Ewing into the Diocese of Bunbury. Bishop Allan will visit the Lake Grace Parish on Sunday 29th August for his first service on the area.



Lake Grace 100 Years Book

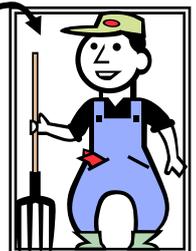
We don't want this!

We need photos of **REAL** farmers for the Lake Grace 100 Years book:

- **Standing in/showing off crops**—bumper crops, alternative crops, trail crops, summer crops, old and new crops, etc.
- **Working with stock**—sheep, sheep dogs, cows, horses, pigs, etc.

Photos can be from any era.

Take your photos to Lake Grace Telecentre to be scanned. Email digital photos to Michelle Starke, Development Officer, Shire of Lake Grace: michelle@lakegrace.wa.gov.au by **20th August.**



Lake Grace Weather

- Terry Gladish



August Extremes

Highest Monthly Rainfall	104.3m	1955
Lowest Monthly Rainfall	5.2	1995
Highest Number of Rain Days	24	1942
Lowest Number of Rain Days	4	2008
Highest Daily Rainfall	61.3	15/08/1976

Date	Min	Max	Rain
4/8	9.1	19.7	
5/8	3.5	21.7	
6/8	5.1	13.7	
7/8	7.2	15.7	
8/8	6.0	13.6	
9/8	4.0	16.3	
10/8	4.4	17.7	
11/8	6.1	20.7	
12/8	11.5	14.4	1.2
13/8	9.0	16.2	6.0
14/8	7.2	13.5	.8
15/8	3.7	18.3	
16/8	6.5	18.1	
17/8	4.1	18.1	
18/8	4.5		

Caffé Arjo

Do you want somewhere that is warm, comfortable and has an Italian style theme? Do you want a place to drop in and enjoy a good coffee, with a bite of something delicious to eat? Do you want a good place to unwind or to catch up with friends? That's what Amy and Richard Jones are hoping to create in their new café which is opening on our very own main street!

The big question being asked is when their new café will be open? The answer is as soon as possible, probably late September.

Richard and Amy will be introducing fresh, new, exciting and delicious food for a set and rotating menu. During the first week that Caffé Arjo is operating, coffee and cake will be on the menu to introduce the new business. After a grand opening, Richard, as cook, will introduce the new menu.

Caffé Arjo will be situated on the eastern side of the Multi-Art Space.

Opening hours will be Monday to Friday from 8am to 5pm and Saturday 9am to 1pm. These hours are subject to change due to the demand of the local community.

After getting established in their business, Amy and Richard are hoping to get into catering, evening meals

and possibly a mobile van.

Amy and Richard are looking for warm and friendly staff to help make Caffé Arjo successful. Please ring 9865 2451 if you are interested in being part of this exciting new venture.

Below: Amy and Richard Jones



Friday 27th of August 2010 is *Daffodil Day*

If you have a mother, father, sister, brother or best friend, there's every chance your life will be touched by cancer. No matter whom you are, Daffodil Day is for you.

Research is the key to finding answers to our questions about cancer - what causes cell damage, why cells turn cancerous, how cancer grows and spreads and how we can most effectively attack it.

Cancer Council is the leading funder of independent cancer research and related activities in Australia. Research is Cancer Council's largest single investment, with \$47 million granted to cancer research, research scholarships and fellowships in 2010. Our commitment to research is only made possible through the support of donors and fundraisers.

In 2009, an estimated 111,000 people were told they have cancer – a diagnosis that can create distress, uncertainty and confusion. Providing support for cancer patients, people living with cancer, their families and carers is a key service of Cancer Council.

Information and emotional support services play an important role in the treatment and recovery process of cancer patients. It is the cancer support services - funded almost entirely by fundraising - which help

patients, their families and friends deal with the immediate and long term emotional, psychological and social impact of a cancer diagnosis.

Support services available through Cancer Council and its members include:

- **Cancer Council Helpline (13 11 20)**, which is often the first point of contact for people seeking information about cancer and further support services.
- **Confidential telephone and face-to-face counselling** - provided by both volunteer and trained oncology professionals.
- **Transport and accommodation services** - particularly for patients in rural areas needing to travel for cancer treatment.
- **Cancer Connect**, which link patients with others who have, or have had cancer and can share experiences, hard earned wisdom and empathy.





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Contact Gib on 9820 4090 or or 0427 201 094

Edward Max (Ted) Wright

30th May 1943 - 4th July 2010



Delivered by Jeffrey Arthur Sidney Mews on 9 July 2010.

My full name is Jeffrey Arthur Sidney Mews. I am Ted's brother-in-law, as a result of his marriage to my favourite sister. Over time he has variously addressed me as Jeffrey, Jeff, Arthur, Sid but more generally 'ya bastard'. I came to learn that that was address used by Ted for males generally. It is a term of endearment; most of you men here will have experienced it.

It was on Thursday 17 June at St John of God Hospital that Ted asked me to do this. I had hoped he was giving me more notice. He asked me to restrict it to 3 hours.

Edward Max Wright, he was born in Busselton on 30 May 1943. He did his primary schooling in the Busselton area and then completed his secondary education at Wesley College. There is a story there that I never heard but it seemed to end pretty quickly. He went to a dairy and beef farm with his parents and then on 23 March 1960 the family moved to Bimbadeen at South Lake Grace to undertake broad acre farming. A few years later they purchased some more land. They all worked very hard clearing some new land and improving the established land. Ted also did some shearing and other work for other farmers in the district.

Sport was a very big part of Ted's life. There is insufficient time to detail all that he did. The sports that he participated and helped in included tennis, basketball, cricket, bowls (he was president of the bowling club for 2 years), football and golf. He was not only a participant in sport he was also an office holder and an administrator. He was a league delegate for just about everything. He was also very instrumental in sporting facility construction and participated in fundraising for sundry community projects. As time passed he focussed mainly on juniors. He was the juniors' football coach for some time and president of the Lake Grace Junior Football Club. He sponsored 'well fed by ted' which was an award of 2 lunches at the canteen each week for notable players. I bet it wasn't always just for best players because Ted would have made sure all of the kids got a go.

Ted married on the 15 March 1968 and that's when our family visits to the farm started. The real reason I went down there was to give my sister some relief, primarily from opening gates. When I was there I could sit in the front of the ute on the passenger's side and open the gates for him as we went around the sheep and everything. As usually happens kids started to arrive and Donna was born followed just a year later by Simon and later Matthew. In 1974 Ted gave up active participation of physical sports of football and cricket following the death of his father and an unfortunate road accident involving his brother. With new responsibilities and maturity Ted entered local government.

I pause to mention that I was not briefed on this but I

can personally remember that all was not rosy financially. There was drought, depressed prices and there were rural reconstruction loans available. I

can remember Ted and Julie undertook debt and thankfully ultimately won through. But back to local government, I understand he was on all committees, he was deputy president of the Lake Grace Shire for the 1989 and 1990 years and he withdrew from the opportunity to be president due to a situation that arose with Matthew at school in Perth. Now don't worry. Matthew was to be appointed school captain of Christchurch Grammar School and they thought that a bit more parental support might be needed and Ted and Julie willingly gave it.

As I said sport and community events were a part of Ted's life. There were hay carts, crutching busy bees, grassing of the footy oval and construction of the recreation pavilion. And Ted was very good at those projects. Haycarts were his specialty. There is a story about a truck rollover after a hay cart one time, but Brian Bidwell who I am sure is here can tell you more about that. Then he did it in spades. His mother-in-law and grandmother-in-law were visiting from the city and Ted was at a hay cart. He was naturally keen to race home and see them when he was stopped for a faulty head lamp. A few tests later resulted in 6 months without a driver's licence. That punishment was nothing compared to getting home and facing our mum and grandma. Mum's here by the way she turns 90 on Sunday week.

Through these years we were periodically visiting the farm. It was wonderful for our city children. They learned about wheat and sheep; they learnt to drive, shoot and become skilled at shed language. I continued to open and close gates, and was promoted to tractor and truck driving.

As well as sporting and local government Ted was an inaugural member of the Lake Grace Hospital Board. He had many meaningful community achievements but I will refer to just three. They were life changing for his country community. He made it very clear to me though that he did not do this alone. Ted always gave credit to others - funny how he was always there though! Early in their time they got the automatic telephone system replacing the manual exchanges (boy did they give the telephone a workout). Then there was the SEC power grid. Ted was president of the South Lake Grace / Pingrup Group. Then after a lot of lobbying scheme water was reticulated throughout the Lake Grace area. Ted was instrumental in this and he earned the nickname "tricklepipe".

Edward Max (Ted) Wright

The esteem in which in Ted was held is evident in the notices which many of you have placed in the West Australian in recent days. He was always helping others. Even in passing there is an opportunity to help. Alan Holmes referred to Ted in his tribute as a quietly spoken man. Alan clearly needs a hearing test!

As time went by as well as opening and closing gates I was further promoted to actually seeding the crop. Barry Walsh did the night shift and I did the days. Pom Harrison also helped out from time to time. Ted did the spraying and supervision from the warmth of the house. We were known locally as dad's army. This was serious stuff though for me. There were big four wheel drive tractors plus 2 implements behind with the wide seed drill. One day I took the corner a little too sharply and hooked the seed drill into a gate. Ted had to come out from the warm house to back it out. I was a *useless b*****d*. I was embarrassed. The previous day I had driven the truck over a small step ladder which was worth about \$75 add to this the damage to the gate and I was up to about \$76.50. But there is a god. A day or so later we had to change to the newland with a new variety of wheat. We folded up the plant with the big wings folding up. Ted drove the tractor and plant out to the newland. I drove the ute and had to go and get some spanners from the shed which I did, from the gravel floor of the shed. Now on the matter of spanners I did ask Ted in his last week if he had made provision for the disposition of his spanners and small hand tools. He grinned and said, "*Ya b***d, finders keepers.*" Simon has hired a metal detector already. I also asked him if he'd ever actually opened a gate. I got the usual response. But I'll bet you no one here has seen him open a gate because if you were with him you'd have had to do it yourself.

Returning to where I was. I drove with the spanners out to the paddock where Ted was. I noticed something wasn't quite right. Upon completion of the cleaning Ted was keen to get moving. He told me to drive ahead and open the relevant gate. Oh his way out Ted had managed to drive over a gate which was tangled up under the tractor. Together we untangled it and then I said, "*I'll go ahead shall I?*" He said to wait and grabbed me by the collar, "*Now listen not a word about this back at the house*". What an optimist!

Ted and Julie left Lake Grace on 23 March 2001, forty-one years to the day after he arrived. The children did not wish to pursue farming. Donna went into teaching, further education mainly in Sydney and then Human Resources. I understand Nigel would have loved to have had a farm but he was either too late or too slow. Simon chose another career and is now a clothing manufacturing magnate. Matthew, a man of depth, intellect, class, charm, wit and wisdom followed his uncle into accountancy. Ted was diagnosed with bowel cancer after a colonoscopy in 2003 and underwent major surgery. Despite ill health he managed major house renovations and even did some travel. The last seven years have seen hospitals, operations, tests,

doctors' visits, chemotherapy and whatever else. He never lost spirit. Despite the tough times he saw his children marry and settle. He saw the arrival of his grandchildren. All of these things were so important to him. The only time I saw his spirit break was just a few weeks ago when Richmond beat the Eagles.

His last instruction to me, written and verbal, was *Don't forget my utmost love for Julie my rock, children, partners and grandkids*. We all know of Julie's total dedication and heroic efforts over the past years but I will refrain from mentioning them here. They are understood and admired.

There is just one more thing Ted. When you get up there, which I know you will, and meet St Peter at the pearlys see if you can resist the temptation to say, '*Open the gate, ya bastard*'.

Rest peacefully my friend.

Delivered by Simon Wright at the memorial service for Ted Wright held at Christchurch in Claremont on Friday 9 July 2010.

My Father Mr Ted Wright

Good morning everyone . It is a great show of respect that you all have travelled from near and far and it is my absolute pleasure to be talking to you today to celebrate a big hearted old bloke who has fought a long hard fight , Julies husband, our Dad and your mate.....Ted.

Edward, Ted ,Teddy, Big Ted, Darky, Wrighty, Lefty, Wagyl, Trickle Pipe, Panic, the Mayor and quite a few other names which I had better not mention in this particular space has put in a grand innings and has headed back to the clubhouse for a long earned rest. It is an innings which we are all strongly proud of and I stand here with my head held high and proudly can say that Ted Wright was my old man.

Ted was a farmer. A man of the land. And both Ted and Julie both worked hard to provide the family with all that was ever needed or required. The gate at our farm Bimbadeen, which was known by others as maggot flats, but referred to by Ted as 'paradise', was always open and a fresh cuppa or cold beer could always be had by passing friends at any time of day or night.

He relished these moments and these refreshments were always served with an accompanying banquet of freshly cooked treats by a great woman who's physical stature is in no way indicative of the size of her strength, support and characterour mum Julie. We love you Julie. Julie and ted were a Team...they were the Team from Bimbadeen.

And whether you were at our house, or at a function there was one thing that you were sure to get with Dad

Continued next page

Edward Max (Ted) Wright

and that was a good serve of laughter. You see there were many great roles that Dad had in his life but the one that he played to perfection was that of being a cheeky bugger.

And if its true that 'Laughter is the Best' medicine ... then maybe this is what kept him going for so long. For wherever he went laughter followed and surrounded. I have so many fond memories of our dad in a group of people acting the goat, having a dig or making a light hearted comment at someone and then everyone bursting into laughter. I think this is why he married Mum. Because with his jokes...and mums laugh...there would not be too many people who could resist joining in the laughter as well.

He was a great farmer...a very talented one too. He is the only cocky that I know that has ever attempted to drive a header with his eyes closed.....He often said to me that he would have succeeded if only Julie had not shifted that bloody field bin into his way.

In fact the people of South Lake Grace did not have to tune into any comedy hour on the ABC...nor blow the dust off their Kevin Bloody Wilson or Col Elliot tapes....of which Ted had the complete selection..... They would just have to turn their two way radio to channel 13 and listen to the banter between Ted and Julie and a laugh was more than guaranteed. And Alas this day is a very sad day for we will never again hear the famous call of....."Juliiieeeeeee !!!!

Ted had many admirable traits but his most endearing was clearly his big heart. It was a huge heart and it housed everyone of us here today and many more. Ted would always help those in need and as Jeff has just said he was a strong worker and supporter in the community. He was always there to lend a hand to whoever needed it.

In his efforts to get things done he worked selflessly and whilst he was sometimes a bit short on diplomacy he was never, ever short on integrity. And while Ted has always been there to assist others he never did believe in burdening people with his own problems.

Whenever Ted was asked 'how are you mate' you would always get a response 'as good looking as ever thanks' or 'what? Are your eyes painted on...just have a look at me I'm bloody magnificent' or something as cheeky and positive. He never lumbered his problems on others. Even towards his end he always remained positive and never complained about his situation.

Dad's greatest role in life was to make people happy....and this was executed in a fashion, well, that maybe only that this cheeky old fella could ever get away with. With a wry smile and some quick wit he took most situations and he made light of them. This was our greatest gift from Ted.

He loved good company and this is verified by all of yourselves being here today. He mostly saw the good

in people. Whether you were from the bush or the city Ted welcomed you in and included you in his life. This was evident in his famous 'coffee groups'. You see as Ted became more unwell something totally unbelievable happened.....he didn't like to drink alcohol anymore. And as we all know good friends and a drink go hand in hand.....so Ted swapped a beer for a coffee and the Thursday coffee group was formed.

This is a group of blokes from all walks of life and the only credentials that were needed was that you had to be fair game for a bit of light hearted humour. Ted lived for these meetings and even when he was so ill he could not even do up his shoes he would still insist on going, because for Ted good friends were everything. This grew from Thursday to Wednesday to Friday and Saturday. So long as he could get in the car he would attend. His friends, a catch up and a laugh is what defined our dad.....he treasured you all.

Now for myself on a personal level. As I reflect. and then think to the future without the old boy around..... I sometime ponder and think how I will ever get on with out again hearing 'you useless bastard'. I know I am not alone in hearing this term of reference, as this, for Ted, was a term of endearment. You wouldn't change him for the world....and lets face it....you couldn't.

And as I look around here today I see a sea of familiar faces and I guess its time to let you in on a big secret. As I have said he loved you all....and whenever he was relaying a story in which you were included, he would quickly jump into character and usually imitate you. I have seen some of the best shows in town.....he did very good Marcus Maroni, and an impressive Angus Matiske, and I think he did a better Helena Dixon that was more convincing than what Helena could ever do herself.

These were always followed by a cheeky smile and a laugh and a comment how they 'were a bloody good mate' or a 'good friend that meant well'. He really did hold so many of you in his big old heart.

So in writing this I had to think, what is the best monument to build for this Old Fella from South Lake Grace and I came across the suggestion that next time you are with a group of friends and you are all sharing a drink and at that moment when you are all appreciating a joke and a hearty laugh....please raise your glass and toastTo Ted. Because at that moment you can be rest assured if he is not laughing with you, then sure as hell the cheeky old bugger will be laughing at you.

Ladies and Gentlemen.

To Ted!!

We love you mate.

First Communion at Kukerin

On Sunday 8-8-2010, Adele Smith, Carissa West and Jared Nenke received their First Holy Communion at a special Mass celebrated by Father Gayan.

The ceremony was followed by morning tea and the cutting a cake, made especially for the occasion.

Families, visitors and the local community gathered in St Thomas A'Beckett Church to participate in the ceremony and celebrations

Below left: Father Gayan, Adele Smith, Carissa West and Jared Nenke



Need a Rubber Stamp?

To place an order or obtain a quote contact the Lake Grace Community Resource Centre.



Self inking, range of sizes and some colours available.

*Open 6 days a week for all your floral requirements,
Call Lucinda and Daren Pedlar.*



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& Gift Centre*

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W: www.lesmurdieflorist.com.au
E: lucinda@lesmurdieflorist.com.au

Flowers for all occasions, Gift hampers, School Balls and Weddings

*Over Night Delivery from
Lesmurdie to Lake Grace.*

Community Chest Funds for Gym

The Lake Grace Gymnastics Club were thrilled to receive \$600 in funding from the IGA Community Fund Chest on Monday 2nd August. Chad Stanton presented the cheque which will be used to purchase equipment, including a floor bar which is used to help gymnasts practise and gain confidence performing skills before moving onto the uneven or parallel bars.

Gym Club President, Wendy O'Neill, said the club was grateful for this financial boost and that it was wonderful to have local businesses recognising and supporting the gym club.

IGA's Community Chest is a way that IGA and community members can support local organisations hand in hand. If you purchase an item from the Lake Grace Plaza that displays an IGA Community Chest tag, a percentage of that sale item is diverted to the community chest. The Stanton family are then able to direct that money into a local organisation that they believe will benefit from those funds.

Over the last four years that the Lake Grace Plaza has been participating in the Community Chest programme they have handed over \$1,800 to local community groups. An added reason to shop local!



From front: Chad Stanton, Emilee Eaton, Abbey Strevett, Jacob Strevett, Jessica Duckworth, Kira Pearce, Paige Zweck, Jess Walton.
 Front: Amber Pearce, Denica Stoffberg, Kate Zweck
 At Back: Blake Palmer, Jason O'Neill, Wendy O'Neill, Harry Strevett, Bayly O'Halloran.

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LAKE GRACE HOSPITAL

providing **24 hour emergency health care services** and **community care services**
to Lake Grace and surrounding district

TEL: **9890 2222** FAX: **9890 2202**

Immunisation Clinics:

Lake Grace
Thursday 9th September

By appointment only
at the LG Medical Centre
Call Elizabeth Trevenen
on 9890 2246



Newdegate
Wednesday 8th September

From 10 am—11.30 am
at the Newdegate Hall / Surgery
Call Jill Dykes on 9871 9024

BreastScreenWA

The Pink BreastScreen Van will be in
Lake Grace for the week of
16th Sept—24th Sept 2010

You can make an appointment
from 26th August (3 weeks prior)
Women **over 40 years** should all have
a regular screening mammogram
ph: 13 20 50

Newdegate Field Days

September 1st & 2nd 2010

Theme: Women in Agriculture



*We invite ALL WOMEN
to come along to the
“Women in Agriculture”*



tent

*to visit our helpful staff at the
Womens Health Check-Up point
for a complete health check
and proceed to the “Check-Out”!!*

The Well Womens Clinics will be held
twice in September as a follow-up:

Monday 13th September

Tuesday 21st September

Held at the Lake Grace Medical Centre

Contact Jill Dykes on 9871 9024
to make an appointment

Last Call!

Carpet Tiles for Tender

Heuga carpet tiles
(brown, hair, 48cm square)
Very hard wearing, fully washable.

If you are interested, please call the
hospital for a “Form of Tender”.
Please state how many you would like
(just nominate on your form).

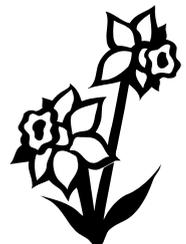
NB: Tenders will be
finalised on Tuesday 24th
August.



HACC Happenings

4th Friday Activity

Friday 27th August
Activities, games, trivia
Daffodil Day Theme
10.00 am—1.30pm
Lakes Village Hall
Cost: \$6.00



Sing-a-long

Wednesday 1st September
10.00 am—11.30 am
In the Hospital Activities room
All welcome!



TIARRI PRIME SAMM STUD.

Invites you to our Inaugural On Property Ram Auction
 Tuesday the 24th of August, Commencing at 1pm
 Available for inspection at 11am.

100 2009 drop Rams,

With EMD Micron & Weight Stats. Brucellosis Ovac. No. 467
 Food & Drinks Provided

Contact, Ross Taylor: 08 9871 9040, Kelly Gooch 0419 719 706 or
 Graeme Taylor (Elders) 0428 642 004

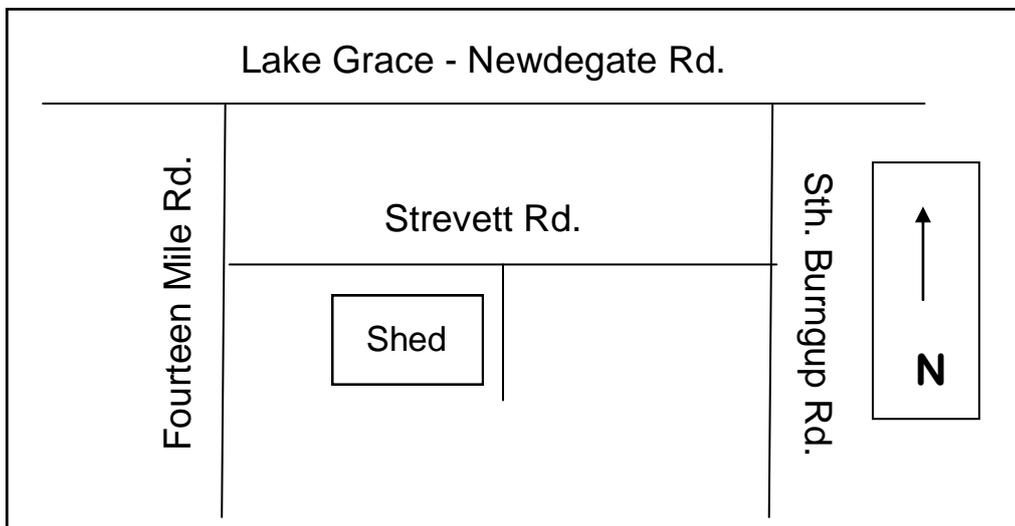
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 Wagin
 Woolarama
 2010**



PHOTO COURTESY FARM WEEKLY



Early Detection of Breast Cancer is Your Best Protection

Women aged 50-69 years are urged to take advantage of the FREE screening mammography service in Lake Grace. The Health Department's mobile van will be located at Lake Grace Shire Hall, Bennett Street from 16/09/2010 to 24/09/2010.

The Service will then be moving to Dumbleyung and Wagin.

Routine screening mammograms every two years for women aged 50 to 69 can significantly increase the chance of a woman surviving breast cancer and reduce the amount of treatment required. Current medical evidence shows that screening is most effective for this age group. More than 70% of breast cancers occur in women over the age of 50.

BreastScreen WA's Medical Director Dr Elizabeth Wylie, said screening mammography was the most effective method for early detection of breast cancer.

"One in 9 women in Australia will develop breast cancer in their lifetime".

"The biggest risk factors for breast cancer are being a woman and being over 50 years of age".

"Screening every two years is vitally important to

increase the chance of a cancer being detected when it is too small to feel or be noticed. Finding a cancer at this early stage often means that the breast cancer is small and can be more effectively treated".

"Breast cancer does not choose who it affects - all women are at risk of developing it, regardless of their family history".

Screening mammograms can detect up to 90% of breast cancers.

Any woman with a persistent change in a breast should see her doctor immediately.

An appointment for a free screening mammogram can be made by calling 13 20 50. Early detection is your best protection.

Scanning

Have your family photographs scanned and saved to CD at the Lake Grace CRC.

We can also download from your digital camera.

Enquiries on 9865 1470.

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ABN: 83 801 233 573

EMAIL : helgeskerris@gmail.com



Shire of Lake Grace NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

From the CEO's Desk

GP Update

A number of options are firming up for the provision of a GP to the Shire of Lake Grace. At this point the developing options include:

- Provision of a doctor from a medical practice from either Albany or Narrogin with the service provider running the practice and the pharmacy;
- Possibility of a group scheme with the Shires of Corrigin, Kondinin, Kulin and Lake Grace supported by the Wheatbelt GP Network;
- A doctor provided by the Wheatbelt GP Network including this organisation running the practice and the pharmacy;
- Support by the State Government for the provision of doctors to key areas including Lake Grace as a sub-regional centre.
- The Shire recruiting and then either running or handing the practice over. Rural Health West is assisting the Shire with this option. However, as explained previously this is now quite difficult to achieve and would be at great expense to the Shire.

The Deputy President (Cr Chamberlain) and myself attended a State wide forum on finding a solution for Local Government and the Health system regarding the doctor shortage. The forum was arranged at the request of the Shire of Lake Grace and the Shire of Kondinin. As such the forum was attended by over 100 representatives from local governments and health professionals from across WA. A platform or model(s) will now be developed by the WA Local Government Association to take to the State and Commonwealth Governments.

Local Government Reform

The Minister and Departmental officials recently announced part two of the Reform process. Part One involved structural reform i.e. amalgamations, the setting up of regional transition groups and regional collaborative groups (in the north and remote areas only). The Shire did not opt for any of these options. However, Part Two is not optional and includes the implementation of integrated strategic planning i.e. the development of a community plan, forward capital works plans, human resources plan, asset management plans and long term financial plans.

Council Meeting Dates - 25th August 2010 Lake Grace 22 September 2010 Lake King

Building Surveyor:

Attendance at the Lake Grace Shire Office

- Wednesday 1 September
- Wednesday 22 September

Environmental Health Officer:

Attendance at the Lake Grace Shire Office

- Tuesday 24 & Wednesday 25 August
- Tuesday 21 & Wednesday 22 September

Shire Building Surveyor Darryle Baxter and Environmental Health Inspector Maurice Walsh will be available at the Shire Office on the above dates.

Should you wish to meet with either Darryle or Maurice we recommend you contact our office to make an appointment—9890 2500.





Shire of Lake Grace NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

Public Presentation on The Great Western Woodlands

A global treasure in our backyard

Free event; Tea & Coffee Provided

Where: Lake Grace Sportsman's Club Stubbs St
When: 7pm Thursday 16th September
RSVP ph. 6460 4936 or email jessica.chapman@wilderness.org.au, www.gww.net.au



The Great Western Woodlands Collaboration invites you to join us for a presentation on this amazing region and the conservation initiative.

FREE INFORMATION SESSIONS with Dr Ian Lillico

Dr Ian Lillico is an international consultant in gender, boys' education and middle schooling.

Parenting WA will be hosting 2 free sessions in Narrogin with Dr Ian Lillico as follows:

DIGITAL KIDS - technology, cyber bullying & children's wellbeing

- How to adapt parenting styles to fit with perceptions of the 'real world'
- Practical strategies to engage, understand & communicate effectively with today's 'digital kids'
- Effect of cyber bullying & strategies to combat growing problems
- Impact of mobile phones, internet and social networking on bullying

Thursday 26 August 2010

5.00pm – 7.00pm

Narrogin District Education Office Grey Street

Open Discussion Opportunity

Dr Ian Lillico will be available to offer suggestions and support related to his experience with:

- Gender in the classroom
- 'The Boy Code'
- 'Supporting Our Sons'
- Behaviour management
- Understanding kids/adolescents
- School engagement
- Bullying (cyber/physical)
- Societal changes & their impact

Friday 27 August 2010

3.15pm onwards

Narrogin Senior High School Library
Grey Street



Government of Western Australia
Department for Communities

RSVP by Monday 23 August to Parenting WA -

Centrelink Mobile Office - Financial Information Service

Centrelink's Financial Information Services Officer, Elisabeth Hawkins will be at the

Newdegate Machinery Field Days on 1 & 2 September 2010

Between 9.30am and 4.00pm each day.

If you would like to make an appointment to have a confidential interview on these days please ring Elisabeth on 0457 771 030.





Shire of Lake Grace NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

Great Job Opportunity PLANT OPERATOR X 2



Are you looking for an interesting and rewarding job opportunity ?

- Do you have experience with machinery ?
- Are you a self motivated and enthusiastic person?
- Do you enjoy working within a team environment?
- Do you have a current HR driver's licence?

This position requires a self-motivated team member to carry out the operation of plant items and equipment along with general labouring tasks as required.

If you have answered 'Yes' to all of these questions, then the Plant Operator role may be the right job for you. Further information regarding the position can be obtained from the Works Overseer on 0427 651 127.

To apply for this position a job description and application package can be obtained from Mrs Lee Trevenen at the Shire Office, Tel: 9890 2500 or by emailing lee@lakegrace.wa.gov.au.

Applications to be marked 'Confidential' and addressed to

Chief Executive Officer
Shire of Lake Grace
PO Box 50
Lake Grace WA 6353

Applications for the position close 4.00pm Friday 27 August 2010

Great Job Opportunity CUSTOMER SERVICE OFFICER LICENCING



Are you looking for an interesting and rewarding job opportunity ?

- Are you a self motivated and enthusiastic person?
- Do you have good customer service skills?
- Are you familiar with computers and have word processing skills?
- Do you enjoy working within a team environment?
- Do you enjoy working for your community?

This position is primarily a 'front counter' role and is the first point of contact for Shire customers. Applicants will have previous experience in a customer service role, as well as proficiency in cash handling, good communication and time management skills.

For any further information and to apply for this position a job description and application package can be obtained from Mrs Lee Trevenen at the Shire Office Tel: 9890 2500 or by emailing lee@lakegrace.wa.gov.au.

Applications to be marked 'Confidential' and addressed to

Chief Executive Officer
Shire of Lake Grace
PO Box 50
Lake Grace WA 6353

Applications for the position close 4.00pm Friday 27 August 2010



Shire of Lake Grace NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au



Mental Health First Aid Course

Lake Grace Community Resource Centre

9th & 10th September 2010
8:45 am – 4:30 pm

Facilitators:
Andrea Preece & Margaret Cole

Course Costs per person:
(inc Morning Tea & Lunch)

Community Members / Health Dept Employees - \$50

Other Government Depts / Private & Non-Profit organisations - \$100

For further details or to register please contact:
Jo Drayton – Rural Community Support Services

- Ph: 9881 0790
- Mobile: 0408 670 007
- Fax: 9881 0725
- Email: jo.drayton@health.wa.gov.au



Crossing The Line

Sometimes people make choices and do things which are unmistakably crossing the line.

When it comes to healthy relationships, there are a few important things to consider to ensure you are always on the right side of the line. Like trust, respect and open communication.

The Line campaign is managed by the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA).

It's aimed at helping teenagers and young adults through a difficult time in their lives.

To find out more go to: <http://www.theline.gov.au>

Driving Assessor

The Driving Assessor will be at Lake Grace Shire Office on **Friday 20 August 2010** to conduct Practical Driving Tests. Please call Jordie or Nicole on 9890 2500 to make an appointment.



STAFF PROFILE

Name: Letisha Marshall
Job Title: ARC Coordinator



Best part about job: I do what I love and I get to share it with other people and watch them see the benefits of their efforts

Funniest person at the Shire? Can't decide—everyone wants to be the funniest person

Where were you 5 years ago? Right here
Favourite Football team? Freo

Favourite holiday destination? Coral Bay

Best thing about living in the Shire of Lake Grace?
My family and the space they get to grow up with

Community Housing available within the Shire of Lake Grace

- Lake Grace
- Lake King
- Varley

For further enquiries please contact the Shire office on 9890 2500



CRIME STOPPERS
1800 333 000

www.crimestoppers.com.au



NEWDEGATE MACHINERY FIELD DAYS

Wednesday 1st & Thursday 2nd September 2010



The Shire of Lake Grace is a major sponsor of the 2010 Newdegate Field Days.

We will again be on site over the two days - drop in and talk to your local Councillors, Shire staff and the CEO.
We are located at Site 33 - just inside the main doors of the Pavilion

SCIENCE AND STUFF

AN UNPALATABLE TRUTH: More energy is wasted in the perfectly edible food discarded by people in the US each year than is available for oil and gas drilling off the nations coastlines. Recent estimates suggest that 16 per cent of the energy consumed in the US is used to produce food. Yet at least 25 per cent of food is wasted each year. Michael Webber and Amanda Cuellar at the Center for International Energy and Environmental Policy at the University of Texas at Austin calculate that this is the equivalent of about 2150 trillion kilojoules lost each year. That's more than could be gained from many popular strategies to improve energy efficiency. It is also more than projections for how much energy the US could produce by making ethanol bio-fuel from grains. Dairy foods and vegetables are the greatest culprits, with around 466 and 403 trillion kilojoules lost as waste each year, respectively (Environmental Science and Technology, DOI: 10.1021/es100310d). The numbers are likely to be conservative, the team says, as they are based on food waste figures from the US Department of Agriculture from 1995-the latest available. Since food prices have dropped and waste is likely to have increased. What's more, the figures do not take into account waste on farms and from fishing. Estimates suggest between 8 and 23 % of fish caught worldwide are by-catch, and often thrown dead or dying back into the sea.



STEER BY THE SUN: It's the trailblazer of solar sailing. Japan's IKAROS spacecraft has used "smart glass" technology to steer using only the pressure of sunlight was a first for solar sails. IKAROS launched in May and soon after became the first solar sail to be fully propelled by sunlight. Now liquid crystal devices along the outer edge of the sail have been used to steer the craft. The devices control the reflectivity of the outer sections of the sail: switching one on creates a mirror-like effect, allowing sunlight to push more on those parts of the sail. "With this we can control both the orbit and the attitude using only sunlight," says Yulchi Tsuda of the Japan Aerospace Exploration Agency. Still the new technology may not win solar-sail races any time soon. Compared with thrusters, which remain the main method of steering the spacecraft, the effect of the reflecting devices is slight. The sail can only change its attitude by about 1 degree a day, Tsuda says, and it gets less effective the faster the sail spins.

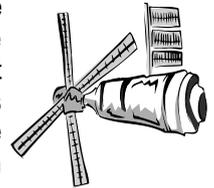
Why dogs and their owners are so alike:

Dog owners are said to resemble their pets – and perhaps with good reason. It seems dogs naturally match human gestures in a phenomenon known as automatic imitations. People unconsciously copy the gestures of those around them. For example, a yawn will induce yawning in an observer, and a person looking skywards encourages passers-by to do the same. Friederike Range of the University of Vienna, Austria, and colleagues wanted to see whether dog's actions, too were influenced by humans. They trained dogs to open a sliding door with either their paw or mouth. One group of dogs was rewarded when they used the same method as their trainer, another when they used a different method to the trainer. The team found that the second group took more attempts to get the task right,



suggesting that dogs are indeed subject to automatic imitation (Proceedings of the Royal Society B, DOI: 10.1098/rspb.2010.1142). The findings support the idea that social animals automatically imitate others. However, some are not convinced because of the training.

SPACE STATION to host super-clock: The International Space Station will soon host the most accurate clock ever sent into space. It will allow for better synchronisation of clocks on Earth and also probe exotic physics. The experiment, called Atomic Clock Ensemble in Space (ACES), will be built by EADS Astrium and is scheduled to fly to the space station in 2014, the European Space Agency announced in July. It will keep track of time by measuring the frequency of microwaves absorbed by cooled caesium atoms. On Earth, the accuracy of caesium clocks is limited by gravity. The atoms are cooled by using lasers to slow them down, then tossed upwards into a cavity where measurements are made to determine the precise frequency of microwave radiation that they absorb and emit, in microgravity, the atoms linger in the cavity, allowing for longer and more accurate measurements, explains John Prestage of NASA's jet Propulsion Laboratory in Pasadena, California, who is not involved in the project. ACES should be at least 100 times as accurate as the clocks on GPS satellites, adds Prestage. Using the space-station clock as a common point of reference, ground based atomic clocks could be more accurately compared with one another. What's more, variations between atomic clocks could reveal if a physical constant called alpha-which governs the electromagnetic force – is not constant after all.



GIANT RAT FOUND: The remains of the largest rat ever found have been unearthed in a cave in East Timor. The monster rodent, part of the genus *Coryphomys*, weighed 6 kilograms, and was found alongside 12 other species of large rodent, it died about 2000 years ago (Bulletin of the American Museum of Natural history, vol 341, p1).

Beer good for arthritis: Frequent drinking of alcohol may ease arthritis. In a study of 873 people with arthritis, those who drank on more than 10 days per month had less damage to joints and 30 per cent less pain and inflammation than teetotal people. Alcohol may act as a mild analgesic and dampen the immune system (Rheumatology/, DOI: 10.1093/rheumatology/keq202).

Smelling Whales: We may have underestimated whales – not their size, but their senses. Dissections of bowhead whale brains point to a fully developed olfactory system, questioning assumptions that the largest animals on Earth have a lousy sense of smell (Marine Mammal Science).

SPACE, next time: Virgin Galactic VSS Enterprise, which shares a name with the famous ship from Star Trek, has reached the stratosphere with a crew on board. Eventually, the rocket will fly in an arc that reaches space for a few minutes. But it's not yet ready to leave the nest: this time the VSS Enterprise remained attached to the carrier, VHS Eve.

Maurice Gilson.

**Make extra profit from your sheep with a Dohne
*Definitely worth a look!***



Inspection & Ram Sale

Monday 13th September

Nyabing Ram Selling Complex

Inspections welcomed from 10.30am
Sale at 1pm

Offering 120 AA & A rams

60 Private Selection rams available by appointment

Trenton & Rachel Browne
Ph 9822 1571
trentonandrachel@activ8.net.au

Murray Drage
Mob 0428 253 033
amuri77@bigpond.com



Know Who Your Mates Are

As a father of three sons (all now adults) I was reminded recently of one particular aspect of male behaviour that we can take for granted, yet often influences our behaviour in difficult circumstances.

I was watching a young man teaching his young son, probably about four years old, to ride a bike. Dad was doing his best to keep the little fellow upright chasing after him, holding onto the bike seat etc. as anyone who has children has experienced. What struck me, and brought back memories was the little boy's reaction, "Let me go Dad I can do this for myself!"

As I watched this familiar scene it crossed my mind that we men often carry this attitude right through into our adult life. "I'm a bloke, I'm a warrior, I don't need any help, I'll work it out for myself!"

While this has some very positive effects on our ability to succeed in life if we always have this attitude it can be detrimental in that with complex problems we end up having committee meetings of one, ourselves. This means we limit the range of potential solutions to our very narrow personal views and we can't see outside the square.

As men, we are often very stubborn when it comes to seeking other opinions about problems we experience,

just like a boy learning to ride a bike. It is critically important to realize that there are often times when we will need some moral support and even a different perspective on a problem.

One of the important things to do is identify who we can talk to without being afraid that by sharing a problem our disclosure won't be abused or exploited. All men need to identify who it is in their lives they can turn to when the going is a bit tough.

For most men they don't work out who this is, and when a crisis arises they can feel very alone. There is good evidence that for most men they need to identify three key people to turn to, a mate about the same age going through a similar phase of his life, an older man with some wisdom to share, and a woman who can help us understand our emotions (women have so much more understanding of expressing emotion).

As men if we identify these people in our lives it takes a lot of the fear out of situations we confront. It is often said a problem shared is a problem halved and it's true. Work out who the people are that you can talk to, and also which people you could also listen to if the need arises. For all it will happen sometime so be prepared.

Julian Krieg
View from the Shed

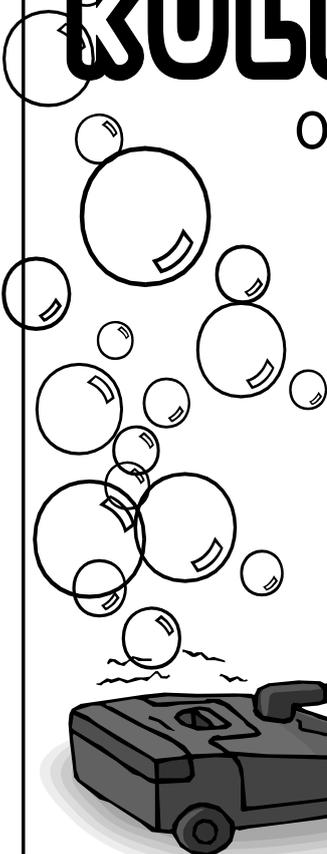
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Mental Health First Aid

Does your work involve contact with people, do you have someone close to you who is affected by a mental health issue, or as a community member would you like to further your first aid skills?

Mental Health First Aid is the help provided to a person developing a mental health problem or in a mental health crisis. The first aid is given until appropriate professional treatment is received or until the crisis resolves.

The Mental Health First Aid course is a 12 hour course usually run over 2 days. It is designed to give all participants whether you are a service provider or community member some basic skills to support a person who you think may be developing a mental health problem or experiencing a mental health crisis.

Based on the same idea as a First Aid course it breaks down the stigma and gives positive step-by-step tools that can be used in early intervention of a mental health problem as well as dealing with mental health crises. It does not qualify the participant as a counsellor but rather promotes first aid, giving practical skills until professional help is sought.

This is a great course which has experienced success running both nationally and internationally. (Mental Health First Aid has been adopted by the Scottish government as a national approach to suicide prevention.)

Its rigorous evaluation of its effectiveness sets it apart from other educational approaches, and it is this research that has resulted in a

recommendation that the Mental Health First Aid training become a prerequisite for practice in certain occupations which involve increased contact with people having mental health problems, such as teachers and the police.

Help your community:

Learn how to give Mental Health First Aid – Adults supporting Adults Course

Lake Grace Community

Resource Centre

9th & 10th September 2010

(Thursday & Friday)

8:45 am - 4:30 pm

If you would like to obtain further details on the course or register your attendance please call Jo Drayton, Project Officer, on (08) 9881 0790 or 0408 670007, or email: jo.drayton@health.wa.gov.au.

All trial, evaluation and more in-depth course content information are available on the Mental Health First Aid website: www.mhfa.com.au.

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Call in to see us at 92 Chester Pass Road Albany

For further information call Mario on 0447 412 777

The Great Western Woodlands

Australia boasts the largest intact area of Mediterranean woodland habitat in the world - the Great Western Woodlands.

Mediterranean ecosystems are found in five main regions: the Mediterranean Basin, and portions of California/Baja California, South Africa, Australia and Chile. Over 30% of Mediterranean ecosystems have been lost or modified.

Less than 5% of the remaining habitats are protected. As a consequence, Mediterranean ecosystems consistently emerge as a global priority for biodiversity conservation.

For a general overview of the GWW and regular updates, go to: www.wilderness.org.au/gww

For the report "The Extraordinary Nature of The Great Western Woodlands" go to: www.wilderness.org.au/campaigns/great-western-woodland/files/the-great-western-woodlands-report.pdf

For a summary of the Australian National University (ANU) Green Carbon report, go to: www.wilderness.org.au/pdf/the-great-western-woodlands-report.pdf

Want to know more?

You can contact us at: **(08) 6460 4936**

wayne.osullivan@wilderness.org.au Project Director

peter.price@greatww.org Corporate Relations Manager

jessica.chapman@wilderness.org.au Communications Director

LOOKING FOR A GIFT FOR FATHER'S DAY???

New range of Ross Ramm's Wood Work now available at the Lake Grace Shire

Visitor Information Centre.

Bottle Openers, Letter Openers, Key Rings,

Pens & Pen Holder Sets, Calendars, Clocks PLUS much much more



CONCRETE CONSTRUCTIONS

- Concrete pads for houses, sheds & silos.
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Get Your Fire Extinguisher Checked and Learn How to Use It

People with fire extinguishers in their home, car, boat or caravan are urged to make sure they are in working order in case of a fire.

Knowing how to use the fire extinguisher in an emergency may save their life..

FESA Safety Training Officer Tom Goodlich said like most safety equipment, fire extinguishers should be checked regularly to ensure they are in working order.

The warning follows several cases in which adults and children accidentally set off the fire extinguisher in their work or family car making it useless in the event of a fire.

"It's not uncommon for someone to knock a fire extinguisher causing it to leak and then forget to tell someone about it or simply install a fire extinguisher and leave it for years without giving it a second thought," Mr Goodlich said.

"But unless it's in date and in working order you won't be able to rely on it during a fire.

"You must also make sure everyone in your home or car understands how to use the fire extinguisher beforehand as trying to work it out during a fire will cause panic."

There are many fire extinguishers on the market designed to fight

different types of fires.

FESA recommends:

- You seek professional advice from a reputable fire equipment supplier on the best size and type of extinguisher to suit your situation
 - Ensure it meets Australian Standards
 - Ask the supplier to show you how to use your extinguisher
 - Check it once a month to ensure it has not been accidentally set off
 - Have it professionally serviced every six months
 - Gently rock the extinguisher from side to side to see if the contents have settled and become hard, if they have then gently tap the base with your hand to loosen them
- If you travel long distance install an extinguisher in your car in easy reach

Mr Goodlich said for general use in the home, car or caravan FESA recommends a dry chemical powder extinguisher as it is useful for most small fires

"As everyone's situation is different it's important you get professional advice to make sure you have the right type of extinguisher for your needs," he said.

INVITATION

"Spirituality and well-being"

Life is often a struggle. We have all kinds of challenges to face. Keeping a balance and perspective can be difficult; but is essential for our well-being. This presentation will explore the place of spirituality in our lives, and how we can develop a deeper sense of peace and hope in troubled times.



When : Wednesday 8th September

Where : Village Hall, Lake Grace

Time : 7.00 - 8.30pm

Presenter : Fr Tony Chiera, Tony Chiera is a Catholic Priest working for 28 years in Parishes in the South-West. He has studied in Australia and Ireland.

ALL WELCOME

Humour

Uncle Leo

Tom is applying for a job as a signalman for the local railroad and is told to meet the inspector at the signal box.

The inspector decides to give Tom a pop quiz, asking: "What would you do if you realized that two trains were heading towards each other on the same track?"

Tom says: "I would switch one train to another track."

"What if the lever broke?" asks the inspector.

"Then I'd run down to the tracks and use the manual lever down there", answers Tom.

"What if that had been struck by lightning?" challenges the inspector.

"Then," Tom continued, "I'd run back up here and use the phone to call the next signal box."

"What if the phone was busy?"

"In that case," Tom argued, "I'd run to the street level and use the public phone near the station".

"What if that had been vandalized?"

"Oh well," said Tom, "in that case I would run into town and get my Uncle Leo".

This puzzled the inspector, so he asked, "Why would you do that?"

"Because he's never seen a train crash."

Physics

A college physics professor was explaining a particularly complicated concept to his class when a pre-med student interrupted him.

"Why do we have to learn this stuff?" the young man blurted out.

"To save lives," the professor responded before continuing the lecture.

A few minutes later the student spoke up again. "So how does physics save lives?"

The professor stared at the student for a long time without saying a word. Finally the professor continued.

"Physics saves lives," he said, "because it keeps certain people out of medical school."

Donkey Raffle

A Cajun named Jean Paul moved to Texas and bought a donkey from an old farmer for \$100.00. The farmer agreed to deliver the donkey the next day. The next day the farmer drove up and said, "Sorry, but I got some bad news. The donkey died."

"Well then, just give me my money back."

"Cain't do that. I went and spent it already."

"OK then, just unload the donkey."

"What ya gonna do with em."

"I'm gonna raffle him off."

"Ya cain't raffle off a dead donkey!"

"Sure I can. Watch me. I just won't tell anyone he's dead."

A month later the farmer met up with the Cajun and asked, "What happened with the dead donkey?"

"I raffled him off. I sold 500 tickets at \$2.00 apiece and made a profit of \$898.00."

"Didn't no one complain?"

"Just the guy who won. So I gave him his \$2.00 back."

Went to a Fortune Teller

During a recent publicity outing, Jennifer sneaked off to visit a fortune teller of some local repute. In a dark and hazy room, peering into a crystal ball, the mystic delivered grave news. "There's no easy way to say this, so I'll just be blunt: Prepare yourself to be a widow. Your husband will die a violent and horrible death this year." Visibly shaken, Jennifer stared at the woman's lined face, then at the single flickering candle, then down at her hands. She took a few deep breaths to compose herself. She simply had to know. She met the fortune teller's gaze, steadied her voice, and asked her question.

"Will I be acquitted?"

Very Hostile Farmer

A farmer and his brand new bride were riding home from the chapel in a wagon pulled by a team of horses, when the older horse stumbled.

The farmer said, "That's once."

A little further along, the poor old horse stumbled again.

The farmer said, "That's twice."

After a little, while the poor old horse stumbled again.

The farmer didn't say anything, but reached under the seat, pulled out a shotgun and shot the horse.

His brand new bride yelled, telling him, "That was an awful thing to do."

The farmer said, "That's once."

The Art Collector

A famous art collector is walking through the city when he notices a mangy cat lapping milk from a saucer in the doorway of a store. He does a double take.

He knows that the saucer is extremely old and very valuable, so he walks casually into the store and offers to buy the cat for two dollars.

The storeowner replies, "I'm sorry, but the cat isn't for sale."

The collector says, "Please, I need a hungry cat around the house to catch mice. I'll pay you 20 dollars for that cat."

And the owner says "Sold," and hands over the cat.

The collector continues, "Hey, for the twenty bucks I wonder if you could throw in that old saucer. The cat's used to it and it'll save me from having to get a dish."

The owner says, "Sorry buddy, but that's my lucky saucer. So far this week I've sold sixty-eight cats."

Walking Across Water

A rabbi, a priest and a pastor were all in a boat together fishing. The pastor said to the others, "I think I am going to go over to that shore and sit down." So, he gets out of the boat, walks across the water and sits down on the shore.

Then, the priest says to the rabbi, "I think I going to go over there to join him." So, he does the same as the pastor and sits next to him on the shore. The rabbi thinks to himself, "Well, if they can do it, so can I!" So, he climbs out of the boat, but he falls in the water.

The pastor says to the priest, "Do you think we should of told him where the rocks were?"



The Howe

Poll Dorset Stud

Lake Grace

On property sale

Tuesday 28th September 2010

Inspection from 11am - Sale starts at 1 pm

60 Poll Dorset Rams

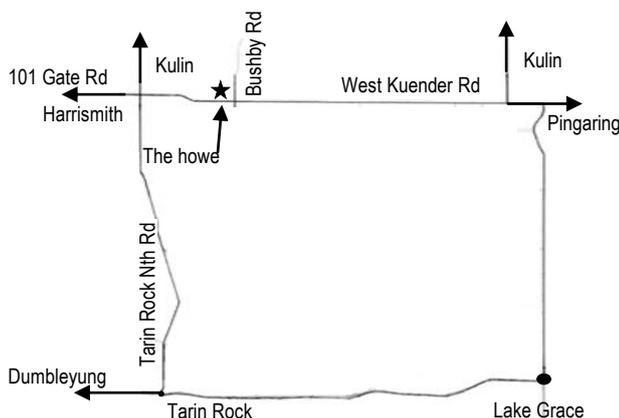
10 White Dorper X Poll Dorset Rams

10 White Dorper Rams

Lambplan tested

Light lunch available

Enquiries to Kevin and Jane Bushby 9889 8041 mob 0427 041 875
or Graeme Taylor mob 0428 642 004





NIGHT WATCH



Welcome to Night Watch for the period from midnight Friday August 20th to midnight Friday September 3rd 2010. Night Watch is a guide to where you can find and view objects in the day and night sky with the naked eye (NE), binoculars (Bin) or telescope (Tele). Astronomy is looking up.

PLANETS: Venus on Tuesday 24th will be 2° south of Mars in the West/north/west at twilight end.

Our Local star "**THE SUN**" shining at magnitude -26.72 from 151.3 million km's on Friday September 3rd will rise in the Constellation of Leo. In the East-north-east and set in the West/north/west and never view the Sun with the naked eye or an optical instrument without a proper Solar Filter and read the instructions carefully if you must do so.

TWILIGHT on Saturday August 21st begins at 5:17am with evening twilight ending at 7:07pm on Saturday 28th morning twilight begins at 5:09am with evening twilight ending at 7:11pm. Morning twilight on Friday September 3rd begins at 5:02am and evening twilight ending at 7:14pm.

The 100% Moon on Tuesday August 24th in Aquarius will be 5° north of the planet Neptune at 6pm.

The 100% FULL MOON will occur at 12:57pm on Wednesday 25th, when it will also be at Apogee, furthest from Earth at 406,389 km's in Aquarius. On Friday 27th in Pisces, the 95% Moon will be 6° north of Uranus and also 7° north of Jupiter in Pisces and in view after rising at 8:10pm. The 47% Last Quarter Moon on Thursday September 2nd will occur at 1:14am in Taurus in the East/north/east.

MERCURY: On Saturday 21st in the Constellation of Sextans at magnitude +1.3 may be found at the end of twilight in the West/north/west before setting at 7:24pm with a telescope. On Friday September 3rd Mercury will be at Inferior Conjunction between the Sun and Earth and out of viewing sight.

VENUS: The very bright planet shining at magnitude -4.3 in Virgo may be found high in the West/north/west at 7:30pm before setting at 9:21pm in the west. On Tuesday 24th Venus will be 2° south of the red planet Mars in the evening sky. Venus on Saturday 28th will set at 9:24pm and on Friday September 3rd at 9:26pm at magnitude -4.4 from 86 million km's away from Earth and a telescope is best for viewing as it is getting closer to Earth and brightening at 42 % of the planet in view using a filter.

MARS: the red planet found in the West/north/west after the end of twilight near Venus in Virgo shining at magnitude +1.5 on Saturday 21st and will set in the west at 9:18pm. On Tuesday 24th Mars is just north of Venus. Mars on Saturday 28th will set at 9:11pm and at 9:06pm on Friday September 3rd from 323 million km's from Earth and is now only a small red disc with no features as it moves further away.

JUPITER: the giant gas planet shining at a bright magnitude of -2.9 in the Constellation of Pisces rises at 8:16pm on Saturday 21st on the East/north/east horizon. On Friday 27th at 8pm Jupiter will be 7 ° south of the 95% Moon in the east. Jupiter rises at 7:45pm on Saturday 28th and at 7:18pm on Friday September 3rd at 599 million km's from Earth and with its Moons Jupiter is a great view while in the sky all night.

SATURN: the ringed gas planet found in the north/west at 7:15pm

in Virgo shines at magnitude +1.2 will set in the West/north/west at 8:25pm on Saturday 21st. On Saturday 28th Saturn will set at 8:01pm and at 7:40pm on Friday September 3rd at 1.56 billion km's from Earth and will soon be gone out of view.

URANUS: the blue/green gas planet at magnitude +5.7 in Pisces rises on Saturday August 21st at 8:05pm in the East/north/east in front of Jupiter. On Friday 27th Uranus will be 6° south of the 95% Moon. Uranus on Saturday 28th will rise at 7:37pm and on Friday September 3rd at 7:12pm from 2.86 billion km's from Earth and is best viewed through a telescope.

NEPTUNE: the grey/green coloured gas planet at magnitude +7.8 in Aquarius on Saturday 21st rises at 5:33pm in the east. On Tuesday 24th Neptune will be 5° south of the near full Moon, but too close to view. Neptune on Saturday 25th will rise at 5:05pm and on Friday September 3rd at 4:40pm and in near the border of Aquarius and is 4.34 billion km's from Earth. A telescope is needed to find Neptune.

After the Moon starts rising later in the night sky you will find the Constellation of Sagittarius is now high above in the north sky. Sagittarius is called the teapot asterism and has a lid in the north, the handle is in the east with the spout in the west you will also find the teaspoon asterism in the North/north/east. Sagittarius has some very good viewing with lots of open and globular star clusters plus some very good bright nebula. Also in the north is the Constellation of Lyra with the bright blue star Vega. Just south/east of Vega you will notice two stars and if you have a telescope and look almost in the middle of them you will find the famous ring nebula which looks like a small smoke ring. Anywhere along the gas and dust lanes to the north of the Milky Way is very good viewing as there are lots of star clusters as well as other star asterisms such as the "Coat Hanger" and "The Arrow" which are on the north/west side of the dust and gas lane just passed the Constellation of Aquila the Eagle which is identified by the three stars that are close together. If you find the arrow there are two orange stars close together and if you follow a line north of them you will find the "Hourglass" nebula. The stars on the north horizon belong to the Constellation of Cygnus "The Swan", also known as the Northern Cross. In front of Sagittarius to the west is Scorpius which is easily recognized. In the north at 9pm on Saturday 28th and Sunday and 29th with binoculars and a telescope you will find a double star called Albireo the tail of the swan. One star is blue and the other orange. The Constellation of Capricornus will be high above in the north at 10pm on Friday September 3rd, with Jupiter in the North/north/east below the square of Pegasus the flying horse. High above in the East/south/east is the Constellation of Grus "The Crane" which is a line of double stars close together forming the tail to the north and the head to the south denoted by a small triangle of stars. The wings are the bright star to the west and two stars to the east.

Viewing through my 8 inch LX50 Schmidt telescope at my house is free of charge. Observations of the Sun during the day with the Moon day or night and at night the viewing of star clusters and nebula, also the pointing out of Constellations and the planets in view.

Maurice Gilson.

16 Clarke Avenue Lake Grace.

Phone: 9865 1516 or mobile 0458 538 388.

Working with children number 277357.

Email: mgi11687@bigpond.net.au



Isolated Children's Parents' Association of WA (Inc) STATE COUNCIL

*"Working together to gain access to choice of appropriate educational opportunities
for all rural and remote Western Australians."*

Wonganoo Stn
Leonora WA 6438
kathyboladeras@bigpond.com

Reference: Federal Conference in Perth

Date August 2010

A brief summary:

The Isolated Children's Parents' Association (ICPA) is like a national P&C for all rural & remote families seeking access to affordable and appropriate choices in education. If this is you, please consider joining and adding your voice. To lobby effectively, ICPA needs to know what and where the problems are.

The Association headed to Fremantle last week for its annual Federal Conference.

WA was out in force, with all but one of its 16 branches represented.

His Excellency the Hon Dr Ken Michael AC, Governor of WA, opened the conference with a resounding endorsement of the work of ICPA, with which he shares a dedication to equity in access to education for all rural and remote students.

Changes to Youth Allowance eligibility criteria were the major focus of motions and discussions. New requirements that students must work an average of 30hrs/week over 18 months, or at least 15 hrs/week over 2 years to qualify for the Independent YA, have excluded many rural and remote young people from a tertiary education. ICPA (Aust) continues to lobby for a Tertiary Access Allowance, the purpose of which is to help students relocate from home to the tertiary facility of their choice.

The forthcoming closure of Swanleigh Residential College at the end of the year prompted a motion from the Pilbara Branch asking ICPA (Aust) to lobby the Federal Government for more hostels to be built for country students. Although the motion was lost on the grounds that state governments are responsible for providing student accommodation in their own states, the lengthy discussion that ensued was quite revealing. It appears that WA parents are not alone in this situation.

If you would like to know more, please contact State Secretary Jacquie Henggeler
on 9161 4346 or Email: WASecretary@icpa.com.au

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
21/8	6:38am	5:41pm	2:39pm	4:17am	28/8	6:29am	5:46pm	9:05pm	7:48am
22/8	6:37am	5:42pm	3:36pm	4:56am	29/8	6:28am	5:47pm	10:02pm	8:18am
23/8	6:36am	5:43pm	4:32pm	5:29am	30/8	6:27am	5:47pm	11:01pm	8:51am
24/8	6:34am	5:43pm	5:27pm	5:59am	31/8	6:26am	5:48pm	D.N.R	9:28am
25/8	6:33am	5:44pm	6:22pm	6:27am	1/9	6:24am	5:49pm	M/N	10:12am
26/8	6:32am	5:45pm	7:16pm	6:54am	2/9	6:23am	5:49pm	1am	11:02am
27/8	6:31am	5:45pm	8:10pm	7:21am	3/9	6:22am	5:50pm	1:18am	12:01pm

Funding available through the Wheatbelt NRM SCIP

Round 3 of the Soil Conservation Incentives Program is open to farmer groups or individuals in the Avon River Basin from July 12-August 30 2010. \$5 000 - \$50 000 is available for implementing recommended farm management practices that protect the soil resource from wind erosion.

Three main categories of project are available from which single or multiple management strategies can be selected:

- Integrating tree crops into farm systems
- Trial or demonstration of recommended grazing management practices
- Trial or demonstration of recommended cropping management practices

Applications will be assessed on the suitability of proposed works to manage wind erosion and the applicant's commitment to sharing skills and knowledge about the project with their local community. Projects will be supported up until the end of 2012 to maximize learning about the costs and benefits of incorporating the practice into a

farm enterprise.

If you would like to apply for this program please contact:

Marcus Owen
SE ARB Sub-Regional Co-ordinator
Shire of Lake Grace
98 902 500
nrm@lakegrace.wa.gov.au

Photo ID's

Do you need a photo for an ID pass, passport, library card or license?

The Lake Grace CRC are able to take and print your photos.

\$12 for a set of four (4)



2010 Annual General Meeting

The AGM for the Kulin Junior Basketball Club will be held on Tuesday 24th August 2010 at 1.00pm at the Freebairn Recreation Centre

Agenda

1. Election of office Bearers Secretary, Canteen & Aussie Hoops Co-ordinators
2. Start and Finish Dates
3. Subs
4. Distribution of Funds
5. General Business

If you are unable to attend the meeting or have any queries please contact Katheryn Wilson on 9880 1298 or Tracey Noble 9880 1394

Media Editorials – August 2010

The 2010 Boyup Brook Country Music Festival may be fading into a pleasant memory for most of the community but the BBCMC Committee is not resting on its laurels. As well as being busy acquitting funding that made this year's Festival possible, they are preparing for next year's huge event. And one very important component is the extremely prestigious WA Country Music Awards held each year in Boyup Brook.

In the past the 'Awards' have proved to be the stepping stone for several Country Music performers who are currently enjoying a successful music career, including the Sunny Cowgirls, Ronni Rae Rivers, Chelsea Basham, Conni Kis Andersen, Debbie Beckett, and Terry and Jenny Bennetts to name just a few.

Every year it seems the standard is being raised, with many talented musicians vying for the accolade of winning what is fast becoming a very recognised competition in the Australian Country Music industry.

The Country Music Club of Boyup Brook also encourages younger performers and new comers to enter with Award categories that include Best New

Talent, Best Teenage Artist (under 18) and Best Sub-Teen Artist (under 13) so there is something for every aspiring and accomplished Country Music performer resident in WA.

It is advised that those interested in entering apply sooner rather than later because although applications officially close at 5pm on the 30th September 2010 entries must include Biographies (promoting your career and your music), Photos and a CD of the applicant's entries.

So dust off those banjos, tune those guitars and lubricate the vocal chords and enter the 2011 WA Country Music Awards. Finalists of some categories and winners of the others will be expected to appear at the Awards Showcase on Friday 18th February 2011.

Applications can be downloaded at www.countrymusicwa.com.au or printed copies obtained from the Country Music Club (08) 9765 1657.

Sportsman's Club

*Newdegate Field Day Steak Night
Wednesday 1st September 6.30pm, bookings appreciated*

*Father's Day Roast
Sunday 5th September, bookings essential via fax 9865
1214.*

More details to follow in next link

Quiz Night - 9th October

*Caterers Wanted for Melbourne Cup Luncheon
Enquires Julie Hardy 0429 652 227*

Holiday Raffle is still on

*Don't forget about our Sunday Trading hours,
open from midday*



Visitor Centre

(Stationmaster's House)

Thank you to our wonderful volunteers who, week in week out, return to the Visitor Centre to volunteer their time. Without your dedication, support and enthusiasm, our Centre would not be able to operate as it does. Your valuable contribution is very greatly appreciated.



There are lots of exciting things coming up—and with September just around the corner, the Newdegate Field Days will soon be upon us.

Some of our wildflowers are just starting to show their faces, and very soon, we will see increased visitation from travellers returning to, or passing through town to admire this season's blooms.

If you would like to know more about what is happening at the Visitor Centre, please drop in and pay us a visit. You are very welcome.

AUGUST/SEPTEMBER 2010

Mon 16th * Lulette Harvey *Bill Jenks	Tues 17th * Jayne Argent *Betty Daly-King	Wed 18th * *	Thurs 19th * Henk Doelman * Elsie Bishop	Fri 20th * Cheryl Chappell * Annie Slarke	Sat 21th	Sun
Mon 23rd * Lulette Harvey *Bill Jenks	Tues 24th * Jayne Argent *Betty Daly-King	Wed 25th * *	Thurs 26th * Henk Doelman * Elsie Bishop	Fri 27th * Cheryl Chappell *	Sat 28th	Sun
Mon 30th * Lulette Harvey *Bill Jenks	Tues 31st * Jayne Argent *Betty Daly-King	Wed 1st * *	Thurs 2nd * Henk Doelman * Elsie Bishop	Fri 3rd * Cheryl Chappell *	Sat 4th	Sun

Nurse Practitioners for Regional Towns

Wilson Tuckey and the Liberals will take real action to improve regional health services by introducing **\$10,000 annual bonuses** to Nurse Practitioners. It is envisaged that the bonus will be provided to Nurse Practitioners who choose to practice in remote communities that have no resident medical practitioner.



Wilson
TUCKEY MP

Liberal for O'Connor



This material has been produced by Wilson Tuckey MP using his printing and communications entitlement. Authorised by Wilson Tuckey MP, Federal Member for O'Connor, Unit 5, The Link Centre, St Emile Way, Albany WA 6330.



Coming to Lake Grace this June
Wednesday afternoons
Call 9821 7999
for appointments

GREAT SOUTHERN Chiropractic

complete community care

Blechynden's Poultry

Hens - Isa Brown

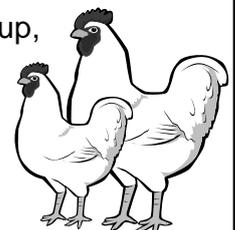
\$6ea, 10 for \$50

Pullets 12 wks - \$14

Delivery Date: Wednesday 1st September

Deliver to Lake Grace, Pingrup,
Lake King and Newdegate

**Phone Blechynden's
on 9846 6055**



Mobile Office visits Lake Grace

Centrelink's Mobile Office was in Lake Grace on Friday 13th to offer easy access to a wide range of government payments and services. With eight staff on board locals made the most of the opportunity with the semi trailer being well patronised throughout the day.

The Mobile Office will cover 6,000 kilometres visiting 23 towns and attending field days on its seven week journey around Western Australia. Mobile Office Team Leader Kathy Sack said the mobile office is particularly useful for people who don't have easy access to a Centrelink office. "Staff on board the Mobile Office live and work in rural communities and can provide information, assistance and support to seniors, students, families, farmers and farm-dependent small businesses."



Photo: L to R: Standing in front of Centrelink's Mobile Service Unit are Social Support Officer Andrea Parker, Mobile Customer Service Officer Adam Sullivan and Mobile Team Leader Kathy Sack.

The Centrelink Rural Service Officers and Rural Social Workers on board assisted people with a wide range of services, including:

- new claims for a wide range of Centrelink payments, including Farm Family Support and Farm Exit Support delivered by Centrelink as part of the pilot of drought reform measures in Western Australia
- counselling and referrals under the Farm Social Support pilot measure
- updating Centrelink customer information
- confirming customer documents and supporting information
- information on how financial matters may impact on Centrelink payments
- payment and service options to suit individual circumstances
- social work support and referrals

Information and application forms for other measures part of the Western Australian pilot, were also be available on board the Mobile Office.

Kathy said the Mobile Office is custom-built to provide flexibility and space to assist a broader range of customers at different stages of their lives. "The vehicle has a small waiting area, two separate interview rooms, three service desks, wireless technology that allows the laptops on board to access the Centrelink customer mainframe, and self-service facilities. "The floor inside the Mobile Office is completely flat, even when the side is extended, and a special ramp at the rear of the vehicle means it's wheelchair accessible.

"All communities all have different needs, and the

Mobile Office initiative recognises that a style of service delivery that works well in one area may not necessarily work well in another. "The versatility of the Mobile Office means we can adapt the services we offer to suit the specific needs of the community and its people. Centrelink staff were pleased with the positive response from the Lake Grace community.

Since taking to the road late last year the Mobile Office has visited around 200 towns and travelled more than 32,000km with its staff seeing more than 11,000 customers.

Market Day

Lake Grace Shire Visitor Information Centre

Saturday 16th October

More information coming soon

For queries or bookings contact the centre on
9865 2140 lgvisitorscentre@westnet.com.au
or Trish on 9865 1120
ghpjmedlen@bigpond.com

CWA Cultural Exhibition

Helpful hints were forthcoming from the judges, like make sure your ends are finished off with sewing work. Yes they do turn the items over. But all three encouraged everyone not to be put off by 'the local legend in the kitchen', that everyone could have a go and participate. There were a few wry smiles when Roma Pedlar mentioned that there would have been a few cakes made before the 'right one' was chosen to be entered.

Numbers and age have been a threat to all CWA branches; Jo Addis of Nyabing spoke of their branches good fortune in gaining the membership of a young woman who was compelled to join rather than have Nyabing lose their branch. At a youthful 32, Alison Cooper is unable to attend meetings as she works during the day but is always willing to lend a hand. Alison was the recipient of the Outstanding Exhibit award with her cross stitch. Nyabing also took home the award for best table display. Overall section winners were Lake Grace's very own Irene McGlenn and Sandra Richter.

Janet Robinson from Wagin won the raffle while Suzanne Reeves of Lake Grace won the door prize. Past State President, Margaret Sullivan, organised the schedule and was on hand to help with presentations. Following the awards Lake Grace Artist and guest speaker Tania Spencer did a presentation. None of this could have run as smoothly as it did without the hard work of Margaret Carruthers, Elsie Bishop, Annie Slarke, Esme Lane and Mary Naisbitt who organised the displays. Well done Lake Grace CWA for putting on such a fabulous display.



Andrew Walker presents Jo Addis of Nyabing with their prize while Margaret Sullivan looks on.



Jean Morrell, Nellie Lay and Dot Kennedy admire Lake Grace Craft Group's exhibit.



Betty Daly King, Dorothy Reid and Gwen Oliver admire the exhibits.

Lakeway Hair Salon

Specials x 3 packs - worth
\$77.00 now \$50.00

Dare styling iron \$195 on
special \$180.00

Organic range and texture
expert \$5.00 off

Great specials on good
quality hair dryers

Men's shampoo also \$5.00

Quick specials wont last long

Karissa and Tania 9865 1056

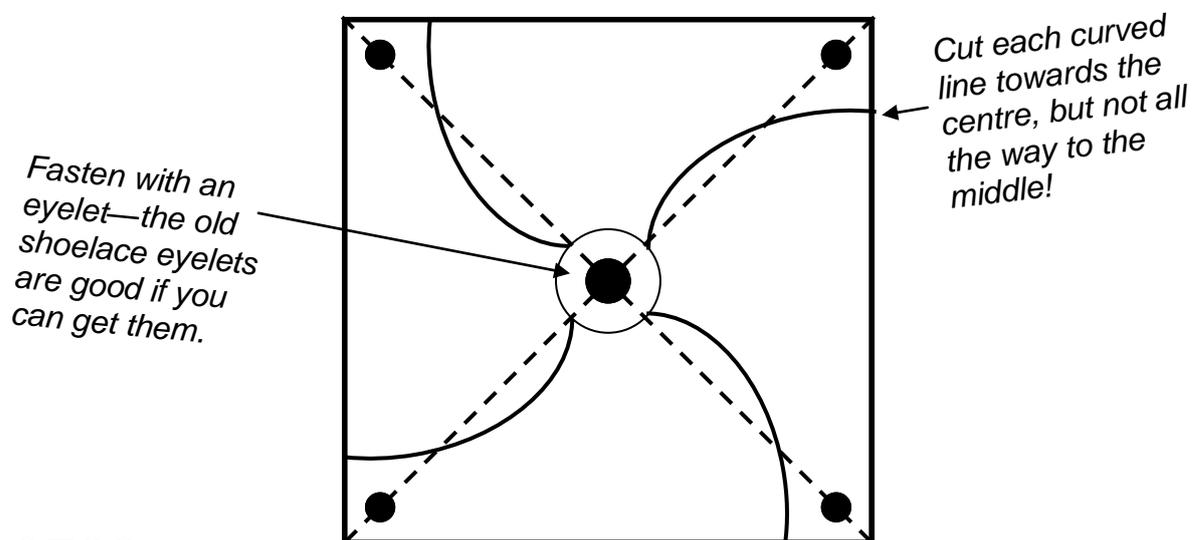
It's windy in Lake Grace—especially in October. So this year we're going to make good use of it. October 2010 will be host to *Art in Motion: driven by wind*, a celebration of the amazing power of wind. So when that Albany doctor roars up in the evening, expect to see kites, flags, windsocks, spinners, streamers and more covering the town—ready to harness that cool breeze (or gale). Anyone can take part. Here's just one idea...



How to: *make spinners*

MATERIALS

- Scissors
- Pencil or marker
- Square of paper, cardboard or plastic etc (that holds its shape when bent)
- Wire or string
- An eyelet (or something similar to pin it with)



PROCESS

Cut the square of paper on the four solid curved lines, as shown (the dotted lines are drawn from corner to corner just to help with the placement of the curves). Fold in the corners and fix together with an eyelet or something similar. Thread it (and many more) onto some string, wire or fishing line and wait for them to catch the breeze.

Sarah Allen: 9864 9043 Tania Spencer: 9864 9339
Michelle Slarke: 9890 2500 Kerrie Argent: 9865 4042



Lake Grace District High School News

Year One Excursion

On Friday 30 July, the Year One class went on an excursion to Whale World in Albany. The Year One's were very well behaved and we all had a fantastic day. Thank you to Mr Boyland for coming with us and for driving the bus. Thank you also to Mr Dines, Mrs Bray and Mrs Fletcher for staying behind to help clean the bus at the end of the day. We really appreciated their help.

Below are some of the Year One's recounts about our excursion. They have all done a fantastic job, as we are just learning how to write recounts.

The excursion at Whale World

On Friday 30th July the Year One's and Miss Poots went to Whale World because we wanted to learn more about whales.

First the Year One's went to the whaling station then we saw the engine. Then we watched the 3D movie. Then we saw the boat that they got the whales. Then we went to McDonalds. Next we went home.

I had the best day ever.

By Ava Rawlings.

Whale World

On Friday 30th July 2010 the Year One's and Miss Poots went to Whale World because we are learning about sea creatures.

First we got on the bus. Then we got to Whale World. We saw the engines and we saw the chopping board. Then we saw the crusher. Next we saw a skeleton. Then we saw 3D movies. We went on the Cheynes IV boat. Then we got back on the bus. Then we went to McDonalds. Then we went home.

I had a great time because we had a fun day.

By Joshua Cameron.



Above: The Year One class standing in front of WINny whale

From Left: Cade Moore, Josh Cameron, Jayman Chesson, Brady McGlenn, Jacob Strevett, Connor Bray, Jaide Moore, Abbey Strevett, Emilee Eaton, Jackson Callope, Shenae Harradine, Harry Strevett, Ava Rawling, Jonathon Fletcher, Drew Willcocks and Mackenzie Palmer

Lake Grace District High School News

Year One Excursion (cont).

The Year One Excursion

On Friday the Year One's and Miss Poots and Mr Boyland went to Whale World because we are learning about whales.

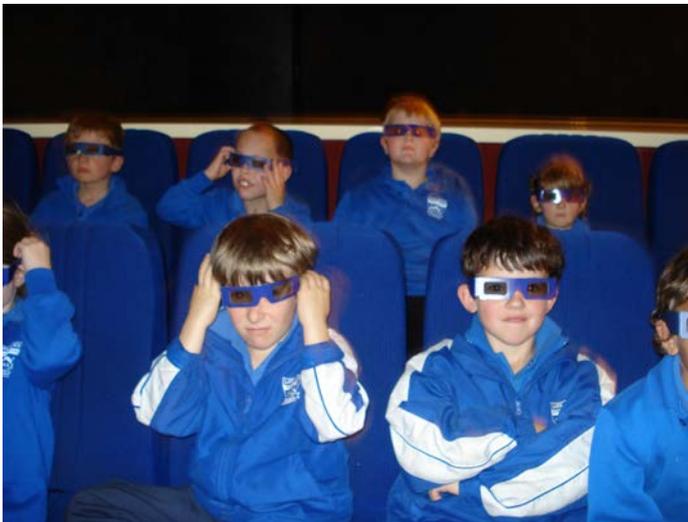
First we went on the bus. Then we went to Whale World. The Year One's went to the engine and the chopping board. Next we saw the pictures. Next we saw the movie. Next the Year One's went to McDonalds. The Year One's played on the playground. The Year One's went home.

It was a good day. I liked the 3D movie.

By Jackson Callope.



Above: The Year One class standing in front of a Pygmy Blue Whale skeleton.



Above: Harry Strevett, Cade Moore, Jonathon Fletcher, Shenae Harradine, Connor Bray and Jayman Chesson waiting for the 3D movie.

The Whale World Excursion

On Friday 30th July 2010 the Year One's and Miss Poots and Mr Boyland went to Whale World and it is in Whale World because we are learning about whales.

First we went on the bus. Then we went to Whale World. After that we went to see the photos. Then we went to see the skeletons. Next we went to see the movies of whales and sharks. Then we went on the ship and then we went to McDonalds. Next we went back to school.

I liked the bit when we went on the ship.

By Emilee Eaton.



Above: The tour guide talking to the Year One's about Whale World.



Above: Jonathon Fletcher, Shenae Harradine, Jackson Callope, Joshua Cameron and Jacob Strevett waiting to watch the 3D movie.

Lake Grace Golf Club

There are still plenty of rounds of golf left in the Lake Grace course; however the 18 holes have had a good workout over the last two weekends with club championships.

Following the first and second rounds being played out on Sunday 1st August, the final round was played off on Sunday 8th August (8 is a lucky number for some) in very chilly conditions. For A Grade Men it was Chris Carruthers versus Gary Frost, for the B Grade Men it was Alan Stubberfield versus Nick Maalouf; while for the fairer sex it was Helen Hunt versus Michelle Lay.

By lunchtime the trophies were still anybody's but the very frosty conditions were making the wood fire in the clubhouse look far more attractive than another eighteen holes of golf. By 4:30 it was all over. Chris Carruthers is Lake Grace's Club Champion with 5/4, while Alan Stubberfield had his first win in B Grade with 9/4. Helen Hunt who was 4 up at lunchtime had Michelle snapping at her heels during the afternoon but got across the line with 2/1.

Eleven went to the Lakes Carnival last weekend which was hosted by

Pingrup Golf Club. Craig Reeves was runner-up in the gross on the Saturday. Lake Grace scored well with the veterans with Trevor Hobleby winning and Gary Frost runner-up. Murray Stanton won the Calcutta having purchased the winning nett team.

Winning the championships were Chris Carruthers (A Grade men), Helen Hunt (Ladies) and Alan Stubberfield (B Grade Men)



Lake Grace Junior Golf

It was very encouraging to see quite a few of our juniors out practicing for the championships on Sunday 14th. The winners were Adam Hunt, Brendan Bell, Jamie Bell and Caitlyn Trawinski. The Rhynie winner this week was Josh Pearce.

Last Sunday was the Pingrup carnival so we had a lay day but this Sunday 22nd August is the first round of the club championships so we will need everyone there by 8.45am please. This will allow us do up the draw and hit off at 9.00am.

Look forward to seeing all our juniors participate in this very special event.
Gary



Junior Golf Championships

Be in it to win it!!

*Sunday 22nd August (1st Round)
and Sunday 29th August (2nd Round)*

*Names in by 8:45am
for a 9am hit off*

TROLL TALES



Round 14 07/08/10

Lake Grace v Kulin

C Grade 2-0

Goals: Jade Cameron, Harmony Moore

Coach's Award: Harmony Moore, Elizabeth Spencer

B Grade 0-0

Coach's Awards: Phoebe Robertson,
Caitlyn Trawinski, Di Desmond

A Grade 6-0

Goals: Lyn Carruthers (2), Amber McPherson (2),
Fiona Chatfield, Fleur O'Neill

Coach's Awards: Lisa Chapman, Gracie Kirk, Kate
Zweck

The C Grade played a fantastic game against third placed Kulin. We say goodbye to Phoebe Robertson and Harmony Moore who will be too old for C Grade next season. Harmony has been a club member for four seasons and played 30 games for Lake Grace and Phoebe has been a member for eight years and played 86 games with the C Grade team. We appreciate the effort that these girls have put into the club and wish them well in their hockey future. A milestone for a junior player against Kulin, Michaela Hendry played her 50th junior game for Lake Grace, well done Michaela.

The end of the road for our kids team and the B Grade after the Kulin game. B Grade needed to win (they didn't) to be in with a chance and rely on another team losing their game (they didn't either) to be able to finish the season in the top four. They finished the season a respectable fifth.

The A Grade needed to win against Kulin to cement their position in the four. As it turned out we finished third on the premiership table. With the coach off holidaying in a tropical setting (thanks Michelle for filling in) and four regular A grade players also absent there was the small chance that we might not have been able to pull it off! Thank you to Gracie and Kristie who stepped up to A grade forgoing their usual B grade game to give us the strongest team possible. A goal early in the game set the scene for the rest of the match with everyone pushing forward to play an attacking and open game not giving an inch for Kulin to retaliate. Yet another milestone for our senior players with Jodi Pearce playing her 250th game for Lake Grace. Congratulations Jodi.

First Semi Final 14/08/10

A Grade

Lake Grace 4 - Kukerin 1

Goals: Lyn Carruthers (2),
Anna Taylor(1), Tahryn Gray(1)

Roe Districts play all their semi finals on the same day with Lake Grace taking the field in the A Grade against fourth placed Kukerin. Kukerin got off to a head start scoring the first goal early in the game. In what I must say was a beautiful break away and goal from Association Fairest and Best, Deb Doney. That is all the praise they are getting! Lake Grace fought back and at half time were up 2-1. The second half saw both teams come out like a bull at a gate and the remainder of the game was closely contested. Lake Grace coming away winners and living to fight another day.

In the A Grade second semi final Kondinin faced Narembeen and were 2-2 at full time. Kondinin were defeated 3-2 in the first period of extra time. Narembeen will have a week's rest before the Grand Final.

Lake Grace will play Kondinin in the Preliminary Final at Kukerin this Saturday the 21st August. Scheduled time for A Grade is 2.15pm. We would love to see some black and red supporters out there.

Good luck to all the other Lake Grace / Pingrup teams playing in their Second Semi Final this weekend.

The Lake Grace Hockey Club will hold their Wind Up and Trophy Presentation on Friday 3rd September. Invitations have been sent, please make sure you RSVP to Michelle Cameron for catering purposes.

Regards,
Danielle Robertson

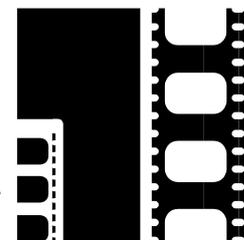
Want your negatives scanned & saved?

How about your slides?

The Lake Grace Community Resource Centre are able to scan your negatives, slides or photographs.

They can then be saved to disc for future use or printed.

Enquiries to the Lake Grace CRC on 9865 1470.



NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE
LAKE GRACE TELECENTRE

Lake Grace/Pingrup Hockey Club

7th August - Vs Gnowangerup

Started the game off tough, playing against the top side, with two key players out with injury and losing to Gnowangerup 5-1 last time, we had nothing to lose.

In the first 10 minutes, our team scored the first goal, we knew we had a long way to go. We were not doing what we did last week. Our 11 players on the field all gave 100% and we wanted to win so badly. We didn't stop fighting. Everyone used their skill and passed the ball to each other.

Girls training has really paid off. I am so proud of each and everyone of you. My parents both said that was the best game they have ever watched.

Winning the game 1-0. we deserved it so much.

Goal scorer: Jade de Vree

Awards: Jade de Vree and Natalie O'Neill

First final vs Newdegate in Ongerup 14th August. We were all a bit nervous being our first final in 9 years,

very tough game. Newdegate scoring first goal in the first half. Wanting the ball more than us, second half we scored a goal, good team effort. It was a draw at full time. The game going to sudden death. Newdegate scored. So that's it. Losing 2-1. we wanted to win so badly, it was devastating. There is always next year, I guess.

Thank you to all the girls for the year. We put in the hard work. Luck just wasn't on our side.

Senior ladder		Junior Ladder	
Team	Points	Team	Points
Boxwood Hill	33	Borden	37
Gnowangerup	32	Pingrup	33
Newdegate	28	Jerramungup	32
Pingrup	24	Boxwood Hill	16
Jerramungup	12	Newdegate	14
Nyabing	10	Gnowangerup	14
Borden	8	Nyabing	10
Ongerup	8	Ongerup	6

Congratulations Karissa Pelham 100 Games

We travelled to Ongerup to play in our first final for 9 years a buzz in itself but that grew greater once we learned it was to be Karissa's 100th game.

Though a disappointing result we witnessed another fantastic game from our centre half back. Week in week out Karissa gives 110%. Karissa plays like she coaches with enthusiasm and inspiration, not to forget the great level of skill.

Coaching for the last 3 years (2 along side Donna Altham) Karissa is always well prepared and full of energy at each training session. Having Karissa's present on the field is always uplifting and rubs off throughout the team.

Awesome effort Sis, sorry we couldn't win on this memorial game hopefully we can make up by winning around the 116th game.



Above: Karissa Pelham



2 bedroom unit
Griffin Street



Ph Ollie Farrelly 0427 651180

Lake Grace / Pingrup Junior Hockey

V's Ongerup - July 24th

We had almost our full contingent of players back it felt great to have someone on the interchange bench. The game started with two quick goals with the boys on the forward line working well moving the ball up the field. Ongerup's defense went up a notch our goals kept coming though we had to work harder for them.

Jordy Medlen played a terrific game in half back, her positive and strong attack on the ball was commendable. Bradley O'Neill had to start on the field at late notice. He also took on half back and used advice given to him. Anna Hunt was our Goalie this week, looking a little worried at the beginning of the game. She had a quiet first half, but it was a good save in the second.

Liam Baker's team work needs to be mentioned, various goal assists plus passing to team members throughout the game, well done Liam. Angus having a brilliant run at Centre forward scored three on goals. Ben Watson scored a goal while running briefly on wing. Peter Downey also had a terrific game on the wing, also scored a goal. Carrie Taylor and Beth Curtin were our fullbacks this week and after an extremely quiet first half both had a run at Inner during the second where Beth managed to sneak in a goal and Carrie almost scored as well.

Well done on playing a great team game, improvement on tackling this week with fewer reverse stick tackles

was great to see keep it up. Final score 7 – 0.

Goal Scorers: Angus Hunt 3, Peter Downey 1, Mitchell Smith 1, Beth Curtin 1, Ben Watson 1.

Best on Field: Jordy Medlen
Top Effort: Bradley O'Neill

V's Gnowangerup Round 14

Last game of the rounds before finals. First half of the game the team fought well but couldn't get the goals up into the circle in order to convert. A small change of positions during half time saw Angus Hunt scoring 2 goals in the second half.

Final score 2-1.

Best on Field: Mitchell Smith
Top Effort: Carrie Taylor

Last Tuesday at training Donna Altham ran through a couple of drills with the kids, great to have some outside input, Thankyou Donna for your time I think the kids benefited from it.

After a terrific season we managed to remain 2nd on the ladder therefore this Saturday we are in the 2nd Prelim against Borden. Best of luck to you all on Saturday and also to those playing in the Netball and "D" grade finals.

Lake Grace/Pingrup Netball Club

An 18 goal win over Gnowangerup cemented the A Grade netball team in third spot on the ladder. The final game of the season was the physical match it was expected to be, (I'm sure Kristie and her swollen lip were glad to see the end of the game!) but the players worked hard to keep Gnowangerup at bay. Congratulations to Michelle Clifton, awarded LGP's best player for some top shooting.

The first semi final was against Ongerup on their home court. At times our nerves got the better of us and our game became messy with turn overs costly. However we steadied and played the game on our terms, victorious by 10 goals at the final whistle. With hard work coming from all 9 players, best player was awarded to the whole team. Coach's award went to Shannon Morton.

Our next clash will be out of Jerramungup or Newdegate following their second semi game this weekend. It will be a tough match with either team. Like Maggie said after our game against Ongerup, we are going to need to improve at least 25% to beat either team. This means we are all going to need to put in a 125% effort into training because how you prepare is how you play.

It was great to have so many supporters on the sideline at Ongerup. We would love to see you all again at our preliminary final in Newdegate in a fortnight.

Commiserations to the league footballers and the hockey ladies on your losses at the weekend. You had a great season and we're confident you can take it even further next year. All the best to the Reserves footballers and the junior netballers on your games this weekend.

Netball Club Windup and Clubperson Vote

Sunday 29th August

12noon - 4pm

The Jam Patch Kuender, Hyden Rd
(near the lake)

All Senior, Junior and Netta players and families
welcome

BBQ and cool drinks provided

Please bring:

Senior players a salad to share

Junior/ Netta players a dessert to share

BYO Chairs and 'other' drinks



Aquatics and Recreation in the Community NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

DAY	AM	PM
Mon	6.00 - 7.00 FORCE (Sharon)	5.45 - 6.45 FORCE 25 (Anna / Melissa)
Tues	9.20 - 10.10 BASIX (Letisha)	6.00 - 7.00 MENEZES PILATES (Tahryn) 7.15 - 8.15 MENEZES PILATES BEGINNERS (Tahryn)
Wed	6.00 - 7.00 MTT BOOTCAMP (Letisha)	
Thurs	9.30 - 10.10 FOREVER FIT (Sharon)	6.00 - 7.00 MENEZES PILATES (Tahryn)
Fri	6.00 - 7.00 FORCE (Sharon)	

MTT - TRAINING AT HOME

60:40:20

Total Body Strength & Power

All over body work out at medium intensity level. Session goal is muscular power and endurance. Complete each activity for the timeframe of 60secs, 40 secs, 20 secs, allowing the same amount of time for rest.

SET 1

1. Shoulder Press / Bicep Curl Combo
2. Push up into plank
3. Squat jump
4. Cardio i.e. skip, mountain climbers, step

SET 2

1. Shoulder Press / Squat combo
2. Push up into Plank
3. Alternating Lunge
4. Cardio i.e. skip, mountain climbers, skip

ARC PARTICIPANTS PLEASE NOTE AT THE BEGINNING OF THE CLASS PLEASE INFORM YOUR INSTRUCTOR OF ANY HEALTH ISSUES YOU MAY HAVE

- Classes are designed to cater for all levels of fitness unless otherwise informed
- Please bring water bottles, a towel and correct footwear to all classes
- Please bring a hat, sunglasses and sunscreen to outdoor classes.
- Due to participant safety, please arrive at classes on time. Participants will not be permitted to join class if more than 5 minutes late.
- **For the comfort of all ARC participants please bring a towel to all classes**
- ***Classes may be cancelled due to unforeseen circumstances, where possible notice will be given.***

Want to keep up to date with ARC classes and news?

Register your mobile number for our SMS service

Contact Letisha at the Shire Office
Tel: 9890 2500 or email
letisha@lakegrace.wa.gov.au





Aquatics and Recreation in the Community NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

WHAT MAKES A GOOD MTT TRAINING SESSION?

- Muscular endurance
- Cardiovascular endurance
- Strength
- Speed
- Will power
- Motivation
- **SUCCESS**

Experience boxing, interval training, tabata, weights, speed, fitness and challenges.

Every class you can think of, combined to make a solid workout.

EXPECT THE UNEXPECTED
ARC caters for all levels of fitness, discuss this further with your ARC Health & Fitness Instructor.

MENEZES PILATES

Tuesdays: 6.00pm & 7.15pm

Thursdays: 6.00pm



**ARC
ITS ABOUT YOU!**

COMMUNITY CONSULTATION

Over the next 2 months I will be meeting with ARC participants and members to find out what YOU want and how ARC can best serve you.

This will include;

- talking about what times and days are best,
- what types of classes are preferred and
- how can ARC improve its service to keep you coming back to class.

I will be relying on your feedback both verbal and written.

I also intend speaking briefly to participants before classes. So don't be alarmed if you see me walk through the door, chances are I'm there just for a quick chat.

If you do not attend ARC class and would like to talk or have an idea or for ARC I would love to see you.

I can be contacted at the Shire 9890 2500 from Monday-Wednesday or email letisha@lakegrace.wa.gov.au

**HELP US HELP YOU
YOUR OPINION IS GOLD**

*Thanks
Letisha*

Keep Australia Beautiful Week: - Recycling When You're Out And About

With only just over half the total 43.5 million tonnes of waste Australians produce each year being recycled, we all need to find ways to help increase the amount of waste we reuse and recycle instead of simply throwing it away.

Whilst around 90% of households have access to kerbside recycling and 99% of people say they are participating in some form of re-use or recycling at home, we continue to produce waste at unsustainable levels.

A major challenge for us all is to find ways that we can recycle more when we are away from home. By recycling more when we are out and about, it means our rubbish can instead be recycled into new products.

Many councils, venues and businesses are introducing public place recycling bins.

Keep Australia Beautiful will be announcing the recipients of the Beverage Container Recycling Grants, funded by the Coca-Cola Foundation, during this year's campaign.

Tidy Towns

These awards encourage, motivate and celebrate the achievements of rural and regional communities across Australia. Originally focussed on litter reduction and civic pride they now address the environmental, social

and economic sustainability of local rural communities.

Sustainable Cities

All states and territories take part in the Australian Sustainable Cities Awards which are presented each year in October. These awards encourage, motivate and celebrate the local sustainability achievements of urban communities across Australia.

Clean Beaches

The Clean Beaches Awards are open to communities that care for their coastal and inland waterways and beaches. These awards encourage, motivate and celebrate the local sustainability achievements of communities across Australia and will be presented in March 2010.

Beverage Container Recycling Grants

Keep Australia Beautiful is able to offer financial assistance for local communities wishing to improve beverage container recycling. This financial assistance is made possible thanks to a Coca-Cola Foundation Community Recycling Grant.

Keep Australia Beautiful Week

Keep Australia Beautiful Week (KAB Week) is held at the end of August each year, and was developed by Keep Australia Beautiful to remind people about the simple things they can do in their daily lives to reduce their impact on the environment and encourage individual action.

CCL HARDWARE



LAKE GRACE

PHONE 9865 1104



THRIFTY LINK FATHER'S DAY SALE

Starts Wednesday 18 August until

Sunday 5 September

Check out bargains in the catalogue and in store for

'THE HARD TO BUY FOR FATHER'

Fresh spring seedlings in store now
strawberries, combo lettuce, celery, capsicum
6 punnet basket salad mix bistro blend
and baskets of colour burst



Call in and see Mark, Allan, Rita, Mark and Robyn

Lake Grace Pingrup Football Club

ROUND 14

League

7 August 2010

Gnowangerup 27 goals (179) defeated

L-Grace/Pingrup 10 goals (67)

Best: James Eaton, Alex Duckworth,
Ashley Hope

Goal Scorers: Joel Duffy 2, Peter Burbridge 2,
Stevie Smith 2, James Eaton 2

Leading Goal Scorers:

Craig Webster (Gnowangerup) 70; William
Parker (Jerramungup) 53; Karl Fleay (Lake

Grace/Pingrup) 50; Glynn Verbruggen (Kent) 49;
Simon Cugley (Newdegate) 43; Clint Pocock
(Jerramungup) 38

Reserves

L-Grace/Pingrup 16 goals 10 (106) defeated
Gnowangerup 7 goals 2 (44)

Juniors

L-Grace/Pingrup 9 goals 10 (64) defeated
Gnowangerup 4 goals (28)

LEAGUE PREMIERSHIP TABLE

TEAM	PLAYED	WON	LOST	DRAWN	FOR	AGAINST	POINTS	%
JERRAMUNGUP	14	13	0	1	2233	710	54	314.51
GNOWANGERUP	14	11	2	1	1859	938	46	198.19
L-GRACE/PINGRUP	14	8	6	0	1405	1268	32	110.80
ONGERUP	14	8	6	0	1285	1356	32	94.76
NEWDEGATE	14	6	8	0	1186	1155	24	102.68
BOXWOOD HILLS	14	4	10	0	806	1376	16	58.58
KENT	14	4	10	0	989	1894	16	52.22
BORDEN	14	1	13	0	882	2061	4	42.79

RESERVES PREMIERSHIP TABLE

TEAM	PLAYED	WON	LOST	DRAWN	POINTS
L-GRACE/PINGRUP	14	13	1	0	52
BOXWOOD HILLS	14	11	2	1	46
GNOWANGERUP	14	10	4	0	40
JERRAMUNGUP	14	8	5	1	34
ONGERUP	14	6	8	0	24
NEWDEGATE	14	3	11	0	12
KENT	14	2	10	2	12
BORDEN	14	0	12	2	4

JUNIORS PREMIERSHIP TABLE

TEAM	PLAYED	WON	LOST	DRAWN	POINTS
GNOWANGERUP	12	11	1	0	44
L-GRACE/PINGRUP	12	9	2	1	38
NEWDEGATE	12	8	4	0	32
JERRAMUNGUP	12	6	6	0	24
BOXWOOD HILLS	12	3	9	0	12
BORDEN	12	2	9	1	10
ONGERUP	12	2	10	0	8

ONGERUP FOOTBALL ASSOCIATION - FIRST SEMI FINAL

14 AUGST 2010 - ONGERUP

Reserves:

**Ongerup 14 goals 13 (97)
defeated Lake Grace/Pingrup 8
goals 12 (60)**

Best Players: Grant O'Neil,
Michael Trevenen,

GET THE WORD OUT THERE!!!

The Grand Final Powder Puff is on again
for the 3rd year in a row!!! Proceeds go to
the RFDS and we have raised about \$1000
each year - AWESOME.

Peta O'Neill is the organising guru yet again
so if you want to strut your stuff on the
field on GF day at Borden PLEASE contact
Pete (9828 5048 Mob: 0427 285 048).

Hope to see all you girls there, showing the
boys how the game is played....

CLASSIFIEDS**PUBLIC NOTICES****Shire Council Meetings 2010**

The next council meeting is Wednesday 25th August 2010, 1pm at the Council Chambers. Members of the public are welcome to attend meetings.

Margaret Cole

Clinical psychologist / counsellor for Southern AgCare comes to Lake Grace regularly. A free and confidential service. Contact direct: 0427 441 459 or margaretmcole@iinet.net.au

Lady Doctor

Dr Linda Haines will be in Lake Grace on Thursday 26th & Friday 27th August; Thursday 30th Sept and Friday 1st October; Thursday 4th and Friday 5th November & Thursday 2nd and Friday 3rd December. *Appointments available.*

First Aid

Date to be decided. Do you need a Senior First Aid Certificate? Register your interest with Terry at the Post Office or phone Ollie on 0427 651 180.

Craft at CWA

Lake Grace Craft Group are now going to meet WEEKLY at the CWA from 11am until 5pm every Saturday. Small fee of \$2, BYO Lunch. All Welcome: Craft, cross stitch, quilting, card making, Scrap booking, any new craft welcome.

Wanted**Barbie dolls**

Barbie dolls and accessories for five enthusiastic nieces
Phone: Nat Gambuti 9865 4068

AGM

Lake Grace Amateur Swimming Club
Thursday 26th August 2010
3.00pm at the Pool then
3.30 at the Pavilion
Information Yvette 9865 3046

Lake Grace Junior Winter Sports Wind-up

Sunday 5th September
11.00am
Sausage sizzle lunch (salad by Junior Footy)
Afternoon Tea by Netball & Hockey

Workforce Development Centre Visits

Vicki Webb visits Lake Grace regularly to provide free career guidance, help with employability skills and training information. For an appointment contact Vicki on 0438 506 577 or vwebb@directionswa.com.au or leave your contact details at the Community Resource Centre.

FOR RENT**Cheap House for Rent**

15 km from town.
Call Royce Taylor 0427 652 507

FOR SALE

Ford Fairmont AU11 (2000) auto, Navy Blue
electric windows, climate control, woodgrain interior, 6 CD stacker and more.
Excellent Condition
Price: \$5500
Phone: 0428 191 083

Pea Straw

Great Garden Mulch available
\$8 on Farm or \$10 delivered per bale
Phone Colin or Ronni Joyce
08 9864 6017 or 0429 646 017

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker (<i>President</i>)	9865 1241	9865 1921
Ian Chamberlain (<i>Vice President</i>)	9871 6001	9871 6035
Amanda Milton	9865 1960 0429 654 011	
Ollie Farrelly	9865 1180 0427 651 180	9865 1188
Len Armstrong	9871 1334	9871 1317
Jeanette de Landgraftt	9838 9062	9838 9041
Ross Chappell	9865 4058	9865 4051
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

Justices of the Peace

Neil Bishop - 9865 1632
 Colin Connolly - 9865 1010
 Ron Dewson - 9865 1224
 Geoff Sabourne - 9865 1171
 Amanda Milton - 0429 654 011



Anglican Church of Lake Grace

Sunday 22nd August
 Lake Grace 9am

Sunday 29th August
 Lake Grace 10am
 Bishop Allan visit lunch to follow

Enquiries: Father Dave 0427 545 560
 Terry Gladish 9865 1022

Lake Grace Catholic Church

Sunday 22nd August
 Kukerin 8am
 Lake Grace 10am

Sunday 29th August
 Lake Grace 9am

For inquiries and request for home visitation,
 please contact the parish office on 9865 1248.

CRISIS CARE NUMBERS

Doctor's Surgery - 9865 1208	Electricity Faults - 13 13 51
Hospital - 9890 2222	Water Faults - 13 13 75
Ambulance/Fire/Police - 000	Directory Assistance - 1223
Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Kids Helpline - 1800 55 1800 www.kidshelp.com.au
Margaret Cole - 0427 441 459 Southern AgCare Counselling	Family Helpline - 1800 643 000 / 9223 1111
Relationships Australia - Fair Programme 9336 2144 www.wa.relationships.com.au	Ngala - 9368 9368 www.ngala.com.au
55 Central Men's Refuge - 9272 1333	Poisons Information - 13 11 26
Lifeline Australia - 13 11 14 www.lifeline.org.au	Family Court of WA - 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au
Seniors Information Services - 9321 2133 www.cotawa.asn.au/	Citizens Advice Bureau - 9221 5711 www.cab.wa.com.au
Beyond Blue - 1300 22 4636 www.beyondblue.org.au	Youth Legal Service - 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au

COMMUNITY CALENDAR

August

Fri 20 Fish & Chip Night—LGS Club
Driving Assessor in Lake Grace

Sat 21 Steak Tea at the Sportsman's Club
Craft at CWA
Hockey - Preliminary Final Kukerin
Winter Sports - Second-Semi at Boxwood Hill

Sun 22 Junior Golf - First Round of C/Ships
Golf - Stableford - Fyfe Transport

Mon 23 Rubbish Collection
Gym

Tue 24 HACC Chair Aerobics & Exercises
SOYF Aerobics
Pingrup Potters
Weight Watchers - 6:30pm at CRC
Environmental Health Officer in L Grace

Wed 25 LG Hockey Club Training
Dr Bryan Fleming in Lake Grace
Environmental Health Officer in L Grace
Shire Council Meeting
Great Southern Chiropractic

Thur 26 Pizza night at Rosies
LG/P Football Club training
Drawing Group—3:30pm—5:30pm
Playgroup - 9:30-11:30am
Swimming Club AGM
Dr Linda Haines in Lake Grace
Lake Grace CRC Committee Meeting
Golf - EGSLGA Foursomes at Varley

Fri 27 Fish & Chip Night—LGS Club
Dr Linda Haines in Lake Grace
Physio/Podiatrist Craig Cheney in L Grace
HACC Activity Day

Sat 28 Steak Tea at the Sportsman's Club
Craft at CWA
Winter Sports Preliminary Finals - Newdegate
Hockey - Grand final Corrigin

Sun 29 Junior Golf - Second Round of C/Ships
Netball Windup
Golf — Bisque Par - Sponsor Elders

Mon 30 Rubbish Collection
Recycling Collection
Gym
Lakes Link News Deadline 3pm

Tue 31 HACC Chair Aerobics & Exercises
Pingrup Potters
Weight Watchers 6:30pm at CRC
SOYF Aerobics
Childcare Committee Meeting

Wed 1 LG Hockey Club Training
Dr Bryan Fleming in Lake Grace
Newdegate Field Day
Building Surveyor in Lake Grace

Thur 2 Pizza night at Rosies
LG/P Football training
Drawing Group—3:30pm—5:30pm
Playgroup - 9:30-11:30am
Newdegate Field Day

Coming Events

September 5th - Junior Winter Sports Windup
September 5th - Junior Golf Windup
September 8th - Immunisation Clinic Newdegate
November 17th - Shire Audit Committee Meeting

				2			8	
		3				9		
	2		8		9	3		4
			5			2	7	6
				9				
1	8	7			6			
2		1	3		8		5	
		4				1		
	6			5				

Sudoku

- The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

				5		4		
	5	6					9	
4		7	3			2	8	
			5		4	8		
8								1
		4	2		1			
	8	1			7	6		4
	6					7	5	
		2		6				