

LAKE GRACE TELECENTRE

Produced at the
LAKE GRACE TELECENTRE
School Place
PO Box 177 Lake Grace WA 6353
Ph (08) 9865 1470 Fax (08) 9865 1471
Email: lakelink@treko.net.au
ABN: 19 498 730 152
Website: lakegrace.wa.tc

14th August 2008

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Vol 14 Issue 15

Happy Birthday!



Enjoying a hot cuppa before heading out to do battle are Kath White (Corrigin), Judy Walker (Newdegate), Barbara Bunworth, Debra Robins & Trish Tyson (Kulin), Yvonne Harvey (Newdegate), Michelle Lay (Lake Grace), Di Hughes (Hyden) and Jeanette Bennett LG.

There was a celebratory mood on the Lake Grace Golf Course last week as the Eastern Great Southern Ladies Golf Association celebrated its 20th birthday with three days of golf, torture for some but fun for others. The Association is made up of Newdegate, Lake King, Varley, Pingrup, Nyabing, Kukerin, Harrismith, Hyden, Kulin, Kondinin, Corrigin, Pingaring and this year's hosts, Lake Grace. Being such a significant EGSLGA milestone Lake Grace's lady golfers went into hyperdrive to get the Clubhouse looking as spiffy as possible for the three day event. A blitz attack saw the club house receive a fresh paint job and new blinds, definitely worth the effort as the end result was terrific!

Thirty six women played a 4BBB Stableford on the Tuesday, joined by eight ladies from Wagin and two from Dumbleyung who accepted the invitation to join their neighbours for a lighthearted round of golf. Tuesday's winners were Hyden duo, Di Hughes and Carol Chilcott; following hot on their heels in the runner-up position Lake Grace's very own Helen Hunt and Michelle Lay.

According to Michelle, Helen carried her for 18 holes – well done ladies.

Wednesday and Thursday it was time for the serious golf, a 36 hole Championship Event with 18 holes being played each day. At the end of the two days Corrigin's Jeannie Szczecinski and Pingrup's Kerrie O'Halloran were on a tied score so a 3 hole play-off was needed to decide the winner. Jeannie just came out on top winning the 3 hole play-off by one shot including a great birdie on the second play-off hole.

It was an evening of festivity on Wednesday as everyone put on their party hats, tucked into some fine food and wine before getting into the party games. Pinning the tool on the donkey brought roars of laughter from the participants. The community bus, chauffeured by Marcus Owen, was on hand to deliver the ladies back to their 'sleeping quarters' in time to get some well earned rest before returning the following morning. Best party hat prize on the night was won by Debra Robins from

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Telecentre Opening Hours

Monday - Friday

9:00 am - 12:30 pm

1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday and Friday

9am - 12:45pm then 1:15pm - 5:00pm

CLOSED on Wednesday

Advertising Charges

All prices inclusive of GST

1/8 page \$ 8.80
1/4 page \$13.20
1/2 page \$22.00
Full Page \$41.25
Classifieds 85c /line

We would appreciate your advertisements and articles emailed if possible.

Please email all material to:
lakelink@treko.net.au.

Deadlines & Editions



All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

Next Deadline

Monday 25th August

Next Edition

Thursday 28th August



To the very dedicated team who have produced and compiled this edition of the Lakes Link News.

Jane Bushby
 Gwen Oliver
 Cheryl Chappell

Thank you also to our many contributors of articles.

DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- At our recent LCDC meeting Antony Crum, a Farm Forestry Development Officer, spoke about farm forestry. If you have an interest in learning more about this then there is a two day workshop coming up that you could attend (11th & 12th September, see page 14). Also on hand at the meeting was Glenice Batchelor who spoke about the Wallatin / O'Brien Catchment Demonstration Initiative, a project that looks at different initiatives in the battle against salinity. If you are interested in doing a bus trip to the Wallatin Catchment, just east of Kellerberrin, then please let me know at the Telecentre. Funding to cover costs could be available.
- Well I'm off on a holiday and Cheryl will be at the helm for the next four weeks. If you are available to help with proofreading, typing, printing or collating then please let Cheryl know, she will be grateful for your assistance.
- Volunteering WA held a meeting on Monday night and need your help! Won't take long! They're doing a study into what regional organisations need to do to attract and retain volunteers. Once they have the information they will be back out here to run workshops to address the issues that are of greatest concern. Quite obviously they're a bit hamstrung when it comes to population and bureaucracy. The questionnaire can be done online, if you don't have internet or a computer then come in and use ours. If you would prefer a hard copy then give Volunteering WA a ring (numbers on page 34) or give Michelle Slarke a call at the Shire, she may have some copies at her disposal.
- The Photo Booth is back to normal, thank you for the patience of those who had to wait. Unfortunately when something goes wrong we have to wait for a replacement machine to be shipped from the Eastern States.
- For anyone using the pavilion please remember that you are only meant to access it in the time slots you have nominated. If you have hired it for a private purpose then you must pick up a key from the Telecentre and make payment prior to the event. No one should be lending keys out, nor should they rely on 'Joe Bloggs' down the road having a key. We do ask that everyone cooperate as this facility is for the whole of the community and it is nice if everyone follows the rules.
- Do you have any news or notes that you would like to have put in the paper? If so we would love to have them so please forward them in. We have been caught up in the snap election this fortnight and inundated with lots and lots of emails so I will apologise if anything was lost in the flood and inadvertently left out.

Suzanne Reeves

AVAILABLE

To Let

Three bed brick and tile house in
Lake Grace town.
Enquiries 0429 987 120.

Glasses Wanted

The Lions of Lake Grace are collecting used
glasses to recycle.
The receival box is at the
Lake Grace Post Office.
Thank you.

Thanks

To

Eileen Mather

Mary Naisbitt

Trish Medlen

Joan de Vree

Maurie Gilson

Cheryl Chappell

Big Morning Tea and Daffodil Stall

Will be held at the Lake Grace
Artspace.

Friday 22nd August, 10am.

Donations of saleable items
most welcome.

'Please price your own produce'



Fresh daffodils
for sale.

Contact Devon on
9865 1092.

Book Fair Bash

Linda and Lois at the Lake Grace Library would like to thank teachers, children, parents and the public for their wonderful support of the Scholastic Book Fair.

From the commission of sales we have been able to purchase 70 exciting new books.

We look forward to seeing you when our new books are on display.

Some of our new titles are:

- Fidgety Fish
- Superpotamus
- Hannah Montana
- I'm Hungry, Let's Cook
- The 7 Wonders of the World!
- Safari Animals
- Sharks
- Two Tough Teddies
- Cat Kid
- Year of the Tiger
- Cars
- Antarctica
- Space
-

St Anne's Celebrates 50 Years

You are invited to join in celebrating on the 17th of August at 10am the 50th Anniversary of St. Anne's Anglican Church Lake Grace.

After the service we hope to have a bring and share memories, memorabilia and lunch. So please bring photos, wedding certificates, baptism certificates etc as well as a lunch to share. Please also invite old friends who have left Lake Grace to join us for the service and to share their memories etc.

It seems to me that the Church in Lake Grace is at least two things. Firstly it is a sign and reminder to us all of God's love and presence with each of us always. Secondly the church is the people who gather to respond as best we can to this love of God.

The church is the people who gather together to give thanks for all that the God who gives life allows us to experience. The church is the people who gather to pray for the welfare of the people of the Lake Grace community and for the peace and well-being of the peoples of the world. The church is always in need of more people to join us in this work.

I sometimes think of the church being like a footy team valiantly trying to play a game but having only half of its team present. So it would be great for our 50th anniversary to have more of the team present. I hope to meet you there. God bless all the peoples of Lake Grace.

Dave Russell

CCL HARDWARE

LAKE GRACE PHONE

9865 1104

NEW STOCK

RICHGROW– Red Gum MULCH \$10.75

**MUMBALUP– Drought Buster Water
Saving MULCH 100% Organic \$9.45**

FRESH SUPPLY OF GARDEN PLANTS



ABOUT TOWN

- Congratulations to Dean and Belinda Wyatt from Pingaring on the arrival of their little girl, Jade Kendall who weighed in at 8lb 5oz. Jade was born in Narrogin on Wednesday 6 August and is a little sister for Bree.
- Well done also to Helen Beaton and Peter Watkinson (also of Pingaring) on the arrival of their little girl Jessica Bronwyn, 5lb 11oz, who arrived at Lake Grace Hospital on Wednesday August 6th. Jessica is a little sister for Robyn.
- It's a belated but none the less enthusiastic welcome to Dr Sam Irekpolo who arrived at the Lake Grace surgery in June. Dr Irekpolo graduated from the university of Jos, Nigeria in 1997, working in Nigeria and Botswana until 2005. Sam then moved to Broken Hill Hospital in December of 2005 working there until making the shift to Lake Grace. Sam is looking forward to his wife Grace and children David and Amy joining him in Lake Grace this month. Sam's time in Lake Grace has been pleasant and memorable so far and he and his family are looking forward to their time in Lake Grace.
- Congratulations also to Lisa and Steve Lynch of Mt Barker on the arrival of Thomas Jeffrey, at 8pm on 8.08.2008 (just in time for the opening ceremony of the Olympics). A grandson for Anne and Lynn Parker.
- Gnowangerup Day Care is viewing the possibility of accessing funding to place a permanent day care building within the boundaries of the current kindergarten. This building would be dual purpose in that it could also be used by the Playgroup. It would be quite separate from the kindergarten facilities. The benefits are that it would provide a safer and more pleasant environment for the children, would be purpose built and would therefore meet all criteria. It would also free the pavilion up for sporting bodies and the school when they hold carnivals and would provide another meeting place within the community. What do you think? Do you think this is a worthwhile exercise for our community? Contact Gaillene Kennedy or your local Shire Councillor if you would like to offer your opinion.

HAPPY BIRTHDAY



14th August	Kevin Bushby	23rd August	Symone Reynolds
	Justin Wright		Chelsea Walker
15th August	Doug Clarke		Connie Argent
	Josh Pearce		Terry Smith\
16th August	Leon Clarke	24th August	Matthew McWhirter
	Kingsley Strevett		Brady Carruthers
	Murray Hardy	26th August	Madeline Walker
17th August	Tahryn Gray	27th August	Alex Duckworth
18th August	Emma Marshall		Sam Curtin
	Dylan Dowling		Louise Trevenen
19th August	Lisa Clarke		Mandy King
	Sam Stubberfield	28th August	Gary Frost
20th August	Colin Argent		Diana Kuchling
21st August	Merv Spurr		Shelby Newton
22nd August	Michelle Marshall		Eibhlis Newman



HAPPY ANNIVERSARY

16th August - Arthur & Glenda Slarke
19th August - Jason & Penny Willcocks

Fax, email or bring your *About Town* news into the Telecentre. If you would like to share your birthday or anniversary celebrations with us then please fill in the Celebrations book.

Lake Grace Weather

- Terry Gladish



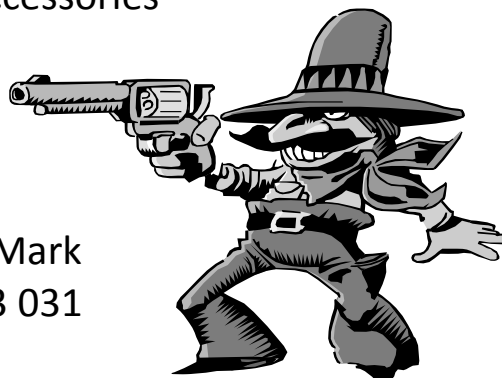
August Extremes

Highest Maximum Temperature	28.7	29/08/2006
Lowest Maximum Temperature	8.4	28/08/1992
Highest Minimum Temperature	15.5	07/08/2006
Lowest Minimum Temperature	-1.7	17/08/1956

Date	Min	Max	Rain
30/7	8.9	13.9	10.0
31/7	3.0	12.5	1.4
1/8	1.0	13.3	
2/8	4.8	13.7	1.8
3/8	2.8	14.0	
4/8	7.7	14.5	
5/8	1.4	16.4	
6/8	3.5	17.2	0.2(D)
7/8	4.5	13.6	
8/8	2.2	15.5	
9/8	4.5	15.5	
10/8	6.1	15.7	
11/8	3.6	15.8	Trace
12/8	2.2	16.3	
13/8	2.7		

Cameron Firearms

- Firearms
- Ammunition
- Re-loading equipment
- Accessories



Contact Mark
0429 653 031

D/L 9993869



Mulesing Available

Craig Patterson

Full team if required

Ph 9882 7071

Mob 0427 747 045





Lake Grace Art Notes



Shortly our **Thin Red Line artworks** are heading **Moora** for a two-week exhibition, beginning August 22. Don't forget Kerrie's planning a road trip to Moora to hang and open the exhibition, and then possibly swinging via Perth on the way home to see Art in Bloom at the Art Gallery WA. As always, the more the merrier, so if you're interested in going or can lend a hand then contact Kerrie on (08) 9865 4042.

Later in the month we'll be opening the **Wax & Wipe exhibition** – a show of works that have resulted from the encaustic and painting workshops held earlier in the year. So if you attended one or more of these workshops and have somehow neglected to put the finishing touches on your pieces, then you've but a few days to do it. Nothing like a deadline to get people going. The exhibition will open on August 29, but to allow for hanging time among busy schedules, **works need to be into the artspace for the meeting on Tuesday 19th.**

Keep in mind also, that the **Community Exhibition is coming up in mid-October.** Everyone is encouraged to enter any art, craft or other creative endeavour they've been secretly working on – be it painting, woodwork, quilting, writing etc. By all accounts the

photo-booth has had a hell of a workout since arriving at the Telecentre so there ought to be some cracker photos floating about town, just waiting for display. If you've any queries about submitting work, or you need some help to get your piece ready for exhibiting then contact one of the art group members.

But don't fret. If visual arts is just not your bag, then performing arts is also on the horizon. The art group is looking to facilitate the **reformation of the Lake Grace Drama Group.** A workshop is being planned for later in the year to help get things started. Remember a drama group needs not just performers, but writers, directors, designers and more. So if you or anyone you know would be interested in taking part, or at least finding out more then contact Michelle Slarke at the shire on (08) 9890 2500 or at home on (08) 9865 1878.

Lastly, don't forget our **monthly meeting is on next week, Tuesday August 19, at 10am** at the Multi-Artspace. The sunshine is slowly returning and there's nothing that a hot cuppa won't fix, so no more excuses for staying indoors – see you there.

Country Midwife Still Got What It Takes

Peter, Helen, Robyn and Jessica Watkinson would like to say a huge thank you to all the staff at the Lake Grace Hospital.

On the August 6th at 1.38 am Jessica Watkinson (5lb 11oz) was brought into the world by Jill Duckworth, however not without complications. Jill worked to resuscitate Jessica for six minutes. Born very blue and seemingly lifeless it was touch and go, the huge effort from this remarkable lady saved our little girl's life.

Our sincere thanks also go to Heather Bell and Amanda Milton for aiding and assisting in what was a traumatic few minutes, all remaining calm and composed.

Ice and support was offered readily from Kerrie Argent and Pauline Taylor who also cared for five year old Robyn throughout an emotional time.

Thankyou doesn't seem enough although rest assured no-one will be forgotten for their efforts on 6.8.08 at the Lake Grace hospital.



Jessica Bronwyn Watkinson



NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE
LAKE GRACE TELECENTRE

Wee Bonny Scotland

Continuing the trip from Miranda and Rhiannon Wallace in Scotland.

The glorious summer days of liquid sunshine stretched on throughout the highlands causing the woods to blossom even more and the ground to squelch beneath your feet. On days when the liquid drained away and just the sun shone, the loch glistened in the morning air over wee bonny Scotland. Sadly though, this was soon to come to an end, as leaving Ardanaisieig Hotel became a sad affair. Friday 26th June we packed our bags, said our sad good byes to the people we'd come to care for and climbed into the taxi.

Glasgow! The city of the largest shopping mall in the United Kingdom! We arrived at the Jurys Inn Hotel a scant 2 minutes after our cousin Bek so we all checked in together and sat around and caught up, Bek telling us about her Contiki tour while we told her about life at Ardanaisieig (pronounced: Ar-dan-i-seg). After 3 days of shopping and nights out at the pub getting sloppy kisses from drunken Scotsmen, Bek set off for the train station to make her way down to Wiltshire, England while we grabbed the bus to Edinburgh. If this city could get any more beautiful it'd be heaven. Once we'd checked in to the Belford Hostel (I definitely recommend this place to the youthful traveller) we trudged in to town to be greeted by the site of Edinburgh Castle standing above the city. The next day we went to check it out, had to pay a whopping price of 12 pounds to get in (that's over \$24) but it was worth it. There's been a castle of some sort standing upon those hills for more than 2000 years. Think it looks invincible? Think again. Once Edinburgh castle had been attacked a few times it was torn down to build a bigger, better one, which a handful of men managed to make years later.

We then treked the Royal Mile, so named because the street from Edinburgh castle to Holyrood Palace is about a mile long. There are so many souvenir shops down that road I lost count. Once we reached the bottom of the hill we were to learn that the Queen was in town and having a tea party which hordes of people were decked out in fancy gear for and lined up half way up the Royal Mile to get in.

The next day began day one of our Haggis tour. Now this tour was amazing! Definitely for the youthful but just excellent. For those of you who don't know what haggis is, it's the offal of whatever cooked up inside a stomach. Yum! Black pudding's even worse, essentially being a giant scab as the main ingredient next to the offal is blood. It's actually really nice but the thought just makes you gag. Anyway, we checked in for our tour and climbed on to the bus. Our tour guide Allen then proceeded to introduce himself and our other tour guide Colin, whom he described quite accurately as ruggard and boyishly handsome. Both funny.

Our first stop was the Wallace monument. You'd want to be fit to see this one as it happens to be at the top of a very steep hill because the Scots liked to run down hills

swinging their claymores, wreak havoc then disappear back into the hills. Once you get to the monument, which is a massive tour, it's a very steep winding climb to the top where I lost count of the number of steps.

We waited for two blokes for more than half an hour because they were waiting for everyone to catch up at the top of the tour, we had to skip Stirling castle, which if you were able to, you controlled all of Scotland since it was based between the lowlands and highlands, we continued on to lunch. Along the way and throughout the course of the entire journey we were entertained with folktales of faeries and of battles old. We stopped at Glen Coe to see the scene of the Campbell Massacre where the MacDonalds were slaughtered by the betraying clan. We were also educated in Gaelic. Glen means valley, Ben means mountain and loch means lake, which you probably already knew.

Moving on we stopped in a little village on the edge of Loch Ness for the next two nights. Before checking in though we got to meet wild and sexy Ken with his chiselled knees. The way Colin dressed him up for us we were all expecting a big brute of a man with a thick red beard. Instead we were introduced to a skinny little man with glasses and a very light Scotch accent. He told us all about the traditional highland way of life, some not pleasant. He then showed us the traditional kilt and dressed Jason up as a real man and me as a bonny lass. My bum was the biggest therefore I was the bonniest. It's quite a task getting dressed if you're a Scot.

Later on, all keen as mustard we headed out to the local pub, the Bothy, for a friendly round of drinks. A Scotsman was playing live music there and I soon got yacking with him, which lead to me having a quiet twang on his guitar which lead to an old bloke trying to shove a microphone up my nose which ended with me playing a few songs for the entertainment of the locals. Apparently I have a huge musical career ahead of me.

The next day saw us off to Skye. What they say is true, it's beautiful though a real rugged beauty not a soft



Above: Miranda and Rhiannon Wallace

Wee Bonny Scotland (Cont.)

beauty. Crossing the River Forth we were told the tale of a MacLeod lass who was betrothed to a MacDonnell lad though on her wedding day she came galloping across the bridge when she was thrown from the beast and she smashed her face on a rock. Eye hanging out she pulled her veil down and went to get married though her betrothed was humiliated when he saw her face. Crying her eye out on the river bank a faerie came and told her to hold her face under the water for 7 seconds and eternal beauty would be granted her. "Now I dinna know wha' tha' smell is, but I'm sure it's no' the river. Now who wants eternal beauty?" says Colin.

That evening we raced down town to the quay where we climbed onto the Loch Ness ferry cruise. The crafty lot got little Nussy monsters stuck on the window. Movies work great as well, looks like it's swimming. Although we didn't see any real monsters we had a good yak with the Aussie behind the bar. The next day we drove the entire length of Loch Ness and got some great photos not to mention stopping in at the greatest gift shop in the world! Our last stop was the battle field Culloden. This is where Allen and Colin got really serious and you completely understand why the Scots hate the English. Bonny Prince Charlie had conquered a great deal of England while they were away in France fighting another war. Had he kept going and conquered London then the world today would be a very different

place, but he went back into the highlands where the English caught up with him, and just to make sure the Jacobites wouldn't rise again every man women and child was slaughtered after the battle, after the English had already broken their word and fired their cannon an hour before the battle was supposed to take place. After that the Scots were forbidden to wear their tartan, they were forbidden to speak their language, they were forbidden to be Scottish. They left in droves for the colonies and became Americans and Australians.

It was sad to see the tour come to an end but that it did. After making sure our fellow travellers were all on Facebook, we trudged back to the Belford Hotel where we got better acquainted with the people staying here. I laughed my head off when Mark, a gorgeous little American bloke, asks "Do either of you know anything about potatoes?" David, who I was talking to goes "I'm Irish! Of course I know about potatoes" and damn me if he didn't.

But now we've headed down to Oxford, which is a lovely little city North West of London, for a spot of Earl Grey after some croquet while we listen to re-runs of the Queen's coronation on the wireless. Haw-haw! Splendid

Rhiannon Wallace

Narelle's BodyWork Massage



1 hour and 40 minute full body massage
(including abdominal and stimulating foot massage)
\$75.00

1 hour and 10 minute massage
(suitable for acute and sporting injuries)
\$65.00

45 minute soothing foot massage incorporating
basic reflexology
\$40.00

Gift Vouchers Available

For an appointment call **9865 1119**
or **0428 851 852**

Narelle Bird Qualified Deep Tissue
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There is more than one reason to consider indulging in a massage

- Massage calms the nervous system and relaxes the muscles.
- It appeals to the senses, restores your calm and makes you feel good.
- It improves the supply of oxygen to your heart and brain, helping them function better.
- It lifts your mood by stimulating the release of brain chemicals.
- It increases blood flow through your muscles, rebuilds and strengthens the muscles and helps them work more efficiently.
- It breaks up scar tissue, reducing fibrosis and adhesions from old injuries.
- It can also manipulate the body into correct alignment and balance, soothing away pain.
- Recover fast from injury or illness! Increases its natural ability to heal, boosts the immune system. Recovery time can often be cut in half.
- It helps prevent future health problems even heart disease.
- Improves your digestive system increasing red blood cells and paves the way for a good nights sleep.



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

2008/09 Rates

Rates were issued on the 1st August 2008 for the financial year 1st July 2008 to 30th June 2009.

If you have not received your rates notice please contact the Shire office immediately to ascertain it's whereabouts. If the address or owner details are wrong please fill in the slip on the back of your notice and return to the Shire.

For ratepayers wishing to use the BPoint bill payment option please be aware that the biller code should be **000304** not 0000304 as printed on your notice. We apologise for any inconvenience caused by this error.

For any rating enquiries please contact Danielle Robertson at the Shire office on 9890 2500.

Proposed Lake Grace Residential Land Development Plans

Council is currently considering subdivision design options to develop residential housing lots at the eastern end of Lake Grace townsite. Councillors have made site visits and staff will have further discussions with Council's town planning consultant.

The public comment period will close at 5pm, this Friday 15th August 2008.

PUBLIC NOTICE—PLANNING PROPOSAL PLANNING & DEVELOPMENT ACT 2005

The Shire of Lake Grace has received an application to use and/or develop land for the following purpose and public comments are invited:

Lot 3 Maley St Newdegate

The application proposes to operate a 'storage yard' from Lot 3 Maley St Newdegate for the purpose of storing various items such as pallets and vegetable crates in association with the adjoining Newdegate General Store.

Details of the proposal are available for inspection at the Shire's Administration Centre, Bishop Street, Lake Grace.

Any person who wishes to comment on the proposal may do so by writing to the undersigned by no later than 4.00 pm Friday 22 August 2008:

Chief Executive Officer, Shire of Lake Grace,
PO Box 50, Lake Grace WA 6353

Jim Fraser
Chief Executive Officer

Lake Grace Horse Yards

A reminder to parents to ensure their children do not play around or enter the Horse Yards at Lake Grace Oval. Horse owners have reported children disturbing the horses and entering the yards. The owners are concerned about the safety of both the children and the horses.

Calendar of Events

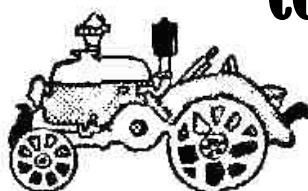
18 August	6:30pm, Have Your Say 'Spring Fling' Meeting, Newdegate Telecentre
19 August	7:00pm, Julian Krieg, Boys Night Out—Men's Health, Lakes Village Hall
20 August	8:30am, 100 Year Meeting Council Chambers, Lake Grace
21 August	11:00am, Lake Grace Library, Resource, Telecentre Meeting, Lake Grace Library
27 August	1:00pm, Council Meeting, Lake King Town Hall

COME & SEE US AT THE NEWDEGATE FIELD DAYS

Wednesday 3rd & Thursday 4th September 2008

*Talk to Councillors and Staff, have your say
and check out our Shire community projects.*

We'll be located on the left, just inside the main doors of the Pavilion.





Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

Heywire



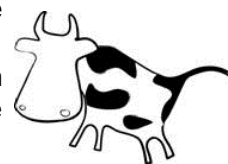
Heywire 2008 is here! The Heywire competition is up and running & **entries are open until September 5.**

Winning Heywire has helped lots of regional and rural students 'tell it like it is' to the rest of Australia with great impact and influence. This year selected Heywire stories will become features on **ABC RADIO, ONLINE** and/or **TELEVISION**. Heywire competition winners will also travel to Canberra for the Heywire Youth Issues Forum in February 2009 with approximately 40 young people from all corners of Australia. It is a fantastic opportunity, for many even life-changing.

HEYWIRE IS MULTI-MEDIA

Heywire is about young people telling their story in the best format for them. They can choose any of the following:

- **AUDIO:** a written piece up to 400 words in a style suitable for radio - or an MP3 up to 3 mins long
- **VIDEO:** up to 4 minute video. It could be shot on the best camera possible, or on a mobile phone. The quality does not matter. It is the idea and how that is conveyed
- **TEXT:** up to 1500 words in-depth piece to be published in our zine and on our blog
- **STILL SHOTS / ART:** a series of 25 images/photos which tell a story



FOR PEOPLE WHO ARE NEW TO HEYWIRE:

Young people from regional and rural Australia 16-22 years of age are invited to submit a story in text, audio, pictures or moving images about their life issues and experience. Winning stories are selected from each of approx 41 ABC regions around Australia. These stories are produced by the ABC and broadcast either on national ABC Radio, ABC Online and/or ABC TV.

Winners are invited to take part in the all expenses paid Heywire Youth Issues Forum, to be held at the Australian Institute of Sport in Canberra in February 2009.



The ABC will work alongside the winners to help produce the pieces that will finally be broadcast on the ABC, so Heywire is not about being the best writer or media maker. Heywire is absolutely about being passionate about issues and ideas and communicating them in such a way that people will take notice.

And what's classified as regional for Heywire? EVERY part of Australia outside Sydney, Melbourne, Brisbane, Adelaide and Perth.



Win an MP3 Player

Answer the following question correctly and you can go into the draw to win a Laser Mini Mate MP3 player worth \$60!

Circle the correct answer and take this slip to the Shire and place it in the box.

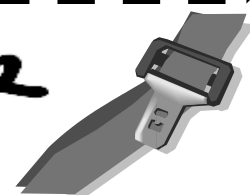
What is the fine for a driver not wearing a seat belt?

\$50

\$100

\$300

\$500



Name: Ph:

The competition is for ages 6-15 years and will be drawn on August 22nd.

Winners will be contacted and published in the next community news.



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

COMMUNITY DEVELOPMENT

Michelle Clarke, Shire of Lake Grace Development Officer, is available to help community groups prepare grant applications for various projects. If you are seeking funding for a particular project, contact Michelle during office hours (Tel: 9890 2500 or michelle@lakegrace.wa.gov.au), giving as much notice as possible in order to meet grant deadlines.

CURRENT FUNDING PROGRAMMES: FRRR HELPING HANDS PROGRAM

Helping Hands is a source of funds up to \$50,000 to assist small rural communities to implement or complete projects that will ensure their economic sustainability.

Who can be funded?

- Not-for-profit organizations can apply for projects and activities that offer clear public benefit for communities living in small rural and remote locations in Australia, contributing to their development in social and community welfare, economic, environmental, health, education or cultural areas.
- Applications from communities with a population of 10,000 or less will receive preference.
- Grants will be made in amounts up from \$10,000 to \$50,000.
- Multi-year funding applications will be considered.
- To be eligible, projects must be for a charitable purpose (benefit the whole community).

What can be funded?

- Capital infrastructure such as sheds, tourist sites, community halls & meeting places.
- Building maintenance and repairs
- Materials & resources such as furniture, office supplies, education, health, cultural resources
- Tools and equipment such as trailers, toys, emergency services, training, books, heating/cooling.
- Information Technology

Preference will be given to projects that support:

- Community Infrastructure
- Health or Community Services
- Environment and Adaptation to climate change
- Provision of Education or Training
- Innovative Community Based Business Ventures

Helping Hands Closing dates:

6 August 2008 – 27 October 2008

FRRR Small Grants for Small Rural Communities

A small grants program for small rural Australian communities will offer about \$850,000 a year in grants to benefit people in rural and remote communities. Applications that support the following areas of interest will be given preference:

- Community hardship in drought effected areas
- Retention of young people in Rural and Regional Australia.
- Resettlement of immigrants in rural Australia
- Community Infrastructure

Closing dates 30 September 2008.

Grant seeker enquiries can be made on freecall 1800 170 020 or e-mail: info@frrr.org.au. Download Application Forms & Guidelines www.frrr.org.au

WHAT COULD YOUR SPORTING CLUB DO WITH \$2,500?

Healthy Club Sponsorship Summer 2008/09

In conjunction with Healthway, Sports Medicine Australia manages the Healthy Club Sponsorship Program. This program provides an incentive for sporting and motor sport clubs to identify and address a range of issues that have the potential to improve the health and safety of their members and supporters.

Incorporated clubs (sports and motor sports) playing in a recognised sporting competition over the 2008/9 Summer season may apply for up to \$2500 for initiatives to make their club safer, healthier and to train and educate volunteers. Funds can be spent on a range of items including first aid equipment, safety equipment, coaching courses and shade structures.

In return for sponsorship, clubs are required to become permanently and totally smoke free in all indoor areas and introduce strategies to address other health issues. Clubs will also need to develop and introduce a Healthy Club Policy addressing the issues of smoking, sun protection, sport safety, alcohol and healthy food choices. Sports Medicine Australia provides assistance to clubs throughout the sponsorship period to develop their policy.

Guidelines and application forms are attached and can also be obtained from the Sports Medicine Australia website at

www.smawa.asn.au/extra.asp?id=421&OrgID=120 or by contacting Sports Medicine Australia on 9285 8033.

SCIENCE AND STUFF

BABIES BOOST THEIR WORKING MEMORY JUST AS ADULTS DO:

Ever suffer from memory overload? It's a common problem because adults can only hold three things in their working memories at a time. We expand this pitiful capacity by grouping things into hierarchical categories – we remember phone numbers in clusters of numerals, for instance. You might think we learn this technique as we mature. Not a bit of it. Babies also remember only three things at a time, and they get past the limitation by categorising. Lisa Fergusson and colleagues at John Hopkins University in Baltimore, Maryland, showed 14-month-old babies four toys, then hid them in a box where the baby could retrieve them, hiding one in a secret compartment out of reach, the baby retrieved the three toys then kept looking, remembering there was one left.



But with toys the babies were less familiar with and couldn't categorise – shrimps and tanks – they didn't look for the fourth toy. However, if the researchers helped the babies group these toys – either by initially presenting the shrimps and tanks, or even identical toy balls, in spatially separate groups, or naming them with different nonsense words – then the babies remembered when there were more than three and kept looking (Proceedings of the National Academy of Sciences). "This shows for the first time that babies use the same mental organisation as adults," says Fergusson.

EARTH'S HUM REVEALS QUALE DANGER SPOTS:

The faint sound of crashing waves can travel across the continents through Earth's rocks. Now it seems this ambient hum can be harnessed to help predict how destructive an earthquake will be. Estimating the degree to which the ground will shake during a quake of a given magnitude is tricky because seismic waves can be muffled or amplified by geological structures en route from the epicentre, such as sedimentary basins. According to Gregory Beroza and German Prieto of Stanford University in California, you can predict these effects using measurements of the ambient hum. They were able to see how the underlying geology affected waves travelling through the Earth's crust when they correlated measurements of the hum, taken near the town of Big Bear on the San Andreas fault, with corresponding readings at four seismic stations across Los Angeles. Their analysis shows that seismic waves are trapped and amplified on this route, probably by a bowl of sedimentary rock under Los Angeles. That is borne out by a 2001 earthquake close to Big Bear with a magnitude of 4.6, which shook LA more intensely and for longer than it should have for its magnitude (Geophysical Research Letters).



FREEZING EMBRYOS FOR IVF DOES MORE GOOD THAN HARM:

Frozen embryos do better than fresh. That's the surprising conclusion of a study of children conceived by IVF which set out to address concerns that freezing might harm embryos. Anja Pinborg of Copenhagen University Hospital in Denmark studied more than 1200 children born in the country between 1995 and 2006 as a result of IVF using frozen embryos and compared them with almost 18,000 children born after conventional IVF using fresh embryos. The frozen embryos produced babies of roughly normal birth weight, while those from conventional IVF were on average about 200 grams lighter, Pinborg told the European Society of Human Reproduction and Embryology meeting in Barcelona, Spain, on 8th July.



Freezing an embryo shortly after fertilisation is unlikely to improve its viability, though. An alternative explanation, Pinborg argues, is that embryos able to survive the freezing and thawing process are likely to be healthier. "There's selection," she suggests. What's more, women who have eggs frozen for later use tend to be younger and in better physical shape. And unlike women given conventional IVF, they will not be trying to establish a pregnancy immediately after being given hormone treatment to harvest their eggs – which it is thought could impair the process of implantation. Pinborg's team also found that babies from frozen embryos were no more likely to suffer birth defects or neurological problems than conventional IVF babies.

UNDERWATER ERUPTION SUFFOCATED LIFE:

A vast submarine eruption 93 million years ago may have suffocated life in Earth's oceans. In the middle of the Cretaceous period, the planet's oceans spent nearly half a million years starved of oxygen, which caused the extinction of 27 per cent of marine invertebrates. Such "anoxic events" have happened several times in the past, usually when soaring atmospheric carbon dioxide levels spark rampant global warming and a rise in ocean bioproductivity. This creates extra organic matter that is then consumed by aerobic bacteria, which remove oxygen from the water to do so. It has long been thought that the eruption of massive flood basalts injected all that carbon dioxide, but it has never been proved. Steven Turgeon and Robert Creaser of the University of Alberta, in Edmonton, Canada, believe they have found the smoking gun: osmium isotopes. Osmium has two isotopes: osmium-187 and osmium-188. Seawater contains roughly equal numbers of each, but magma has more osmium-188 which was found in sedimentary rocks deposited during the mid-Cretaceous, suggesting lavas altered the chemical signature of the water (Nature, vol 457774, p 323). Hoping you enjoyed these articles.

Maurice Gilson. (Be sceptical – Question everything).

Integrating tree crops as part of your production system? Come along as see working examples.

You're invited to attend a two-day Avon farm forestry introductory field tour to find out some answers.

The aim of the tour is to introduce farmers and land managers to the spectrum of issues involved in farm forestry from planning and design, through to implementation, management, harvesting and marketing. There is a strong emphasis during the tour on how farm forestry links with natural resource planning, management and agriculture in the Avon.

WHEN: Thursday 11th and Friday 12th September
WHERE: starting at Bencubbin Recreation Centre
TIME: 8:45am for a 9am start
COST: Free of charge
FINISH: 3pm Friday Bencubbin

- Industry updates and field visits to sandalwood, broombush, casuarina obesa, oil mallees and eucalypt sites.
- The role of farm forestry in production systems and landscape scale vision.
- National Trust update on Centre of Excellence in Desert Timbers at Merredin.
- Discuss the on-farm benefits of oil mallees, harvesting, oil extraction and other byproducts with renowned farmer Ian Stanley, at Kalannie.
- Meet some innovative farmers who are keen to share their farm forestry experiences.
- Dr Geoff Woodall will walk us through some exciting sandalwood plantations.
- View a practical demonstration with Dustin McCreery on planting trees in drier years.

Thursday night dinner and accommodation will be provided at the Wongan Hills Hotel at **no cost** to participants. Register your interest with **Antony Crum**, Farm Forestry Development Officer, on **0427 779 216** as soon as possible before **Friday 29 August 2008** as places are limited and bookings need to be confirmed.

Integrating tree crops as part of your production system is an initiative of the Farm Forestry Education Project and proudly sponsored by: Avon Catchment Council; Avongro; Government of Western Australia; Forest Products Commission Western Australia.



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We also stock Rabbit, Guinea Pig, Chicken and
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LAKE GRACE HOSPITAL

Providing **24 hour emergency health care services** to Lake Grace and the surrounding area

TEL: **9890 2222** FAX: **9890 2202**



A Telehealth Conference for rural and remote women

Women & Anger

This Telehealth session will cover the particular problems women encounter with anger. Dianne Rickman, Psychologist from Women's Health Services will talk about how to identify anger cues early, assertiveness, self-care and practical steps to use anger in a healthy way.

Thursday August 14th 2008
6:30 pm for a 7 pm start
At the Lake Grace Hospital



This is a free videoconference session brought to you by Women's Health Services and King Edward Memorial Hospital.

Please call to register your interest in attending on 9890 2222.

(Light refreshment provided while waiting for videoconference to start)



Lake Grace—Immunisation

Thursday August 14th 2008

9:30-11:30 am

Lake Grace Medical Centre

(Next clinic due on Thursday **September 11th**)

NB: Bring your book and Medicare Card.

Any child health or immunisation queries call Julie Ditchburn on 9890 2246 or for after hours health queries call the Hospital on 9890 2222.

Watching Your Weight

Each Tuesday evening 6:30—7:30 pm

at the Lake Grace Telecentre

\$5 fee for room hire and incidentals

All Welcome!

WA Country Health Service - Wheatbelt

presents

Stemming the Tide

Promoting Healthy Families in the Wheatbelt

Session 4: Introduction to Solids

Presented by: Libby Matthew - Senior Dietician
 Avon & Central Wheatbelt Primary Health Service

Information to be covered includes:

- ◆ When and why solids need to be introduced
- ◆ How to introduce solids
- ◆ Drinks for babies
- ◆ Allergies and intolerances
- ◆ Feeding behaviours



Delivered: Via videoconferencing at the hospital

Date: **Wednesday 20th August 2008** Time: **9.30-11am** (please arrive by 9.15am)

RSVP: Please contact your local Child Health Nurse—9890 2246 or the Hospital—9890 2222

Regular visits by Allied Health Staff:

Physiotherapist, Podiatrist, Speech Therapist, Dietician

Call Primary Health in Narrogin for an appointment with any of these visiting staff on 9881 0385

(A referral is not always required for access to services.)

HACC Happenings:

Bus Outing

Thursday 28th August

Leaving at 9 am from the Lakes Village

Trip on the community bus to Karlgarin and Hyden; visiting Tressie's Museum, Bush Bakery and Gumnut Tree Cottage.

See Home Care Newsletter for full details.

RSVP essential by Thursday 21st August

ph: 9890 2222

(All regular activities are on at the Lakes Village).

Please be aware that Lake Grace Hospital cannot provide an adequate Obstetric service.

We are extremely limited by our resources (both staff and equipment) to provide care for any normal / emergency deliveries. All imminent births presenting to our Accident and Emergency Department are transferred to another fully equipped hospital as soon as possible.

We do not want to see you putting mother and baby at risk.

If you have any queries please call the hospital for clarification (Anna Taylor A/HSM ph: 9890 2216)



Steve Martin

Liberal Candidate for Wagin

Your Liberal Candidate Who Will Deliver

Currently Wickepin Shire President, I have been endorsed as the Liberal candidate for Wagin for the upcoming State election. I have been a councillor on the Wickepin Shire for the past seven years and Shire President for the past three years.

I also represent the Central Country Zone of local governments on the State Council of the WA Local Government Association.

I am a 45-year-old farmer and committed to building a strong local plan to ensure the people of Wagin enjoy the dividends from the current resources boom.

Rural and regional Western Australia has been forced to endure a continuing slide in services and infrastructure over the past eight years under Labor.

Despite the biggest mining boom in a generation and record budget surpluses, we have seen police stations closing, doctor shortages and basic infrastructure such as roads, water and electricity under-funded in this region. Changes to the electoral boundaries have made it vital for the people in the seat of Wagin to consider their vote carefully at the election.

People in the country are facing the most important State election in decades. Labor's one-vote, one-value changes mean a massive reduction in the number of MPs from the country. The Nationals' decision to abandon the coalition means voters in the Wagin electorate have a real choice to make at this election.

The real die-hard National voters would have to question the Nationals' announcement to give their voting preferences to the Greens and Labor parties ahead of the Liberals. **To defeat Labor – people must vote Liberal.**

**THE LIBERAL PARTY IS THE ONLY PARTY THAT CAN DELIVER
ON POLICIES THAT WILL HELP RURAL AND REGIONAL
WESTERN AUSTRALIA.**



**VOTE
STEVE MARTIN**



Authorised by B Morton, 640 Murray Street, West Perth 6005



Visitors Centre

(Stationmaster's House)

Thank you very much to our volunteers who help out. We really do appreciate all your help and valuable time that you put into the Visitors Centre.



Next Meeting Tues 2nd September at 3.30pm

Any person who is interested in joining or helping out please phone Mary on 9865 1321 or alternatively write your name down in the roster book at the Visitors Information Centre. Thank you

We are constantly looking out for new people to join our volunteer group so if you have three hours to spare and love to meet new people from "literally" all over the world we would love to hear from you. Drop in and talk to one of the volunteers today.

AUGUST / SEPTEMBER 2008 - Roster for Lake Grace Shire Visitors Information Centre

Mon 18 * Bill Jenks *	Tue 19 * * Betty Daly-King	Wed 20 * Val Whiting *	Thur 21 * Henk Doelman * Elsie Bishop	Fri 22 * *	Sat 23 * *	Sun 24 * *
Mon 25 * Bill Jenks *	Tue 26 * * Betty Daly-King	Wed 27 * Shirley Altham * Val Whiting	Thur 28 * Henk Doelman * Elsie Bishop	Fri 29 * *	Sat 30 * *	Sun 31 * *
Mon 1 * Bill Jenks *	Tue 2 * * Betty Daly-King	Wed 3 * *	Thur 4 * Henk Doelman * Elsie Bishop	Fri 5 * *	Sat 6 * *	Sun 7 * *

Do you need housing finance?



Country Housing Authority has been providing housing finance to farmers and businesses for over 30 years.

WE COME TO YOU!

Call our friendly staff on 1800 158 200 or visit www.dhw.wa.gov.au



The pilgrimage of a lifetime



A reflection on the recently concluded World Youth Day 2008 in Sydney

Seventeen pilgrims from Maria Regina Parish, Lake Grace joined hundreds of thousands of pilgrims who flocked to Sydney for the World Youth Day (WYD 08) on July 15-20, 2008. Pilgrims of the world heeded Pope Benedict XVI's call to gather in Sydney to celebrate what media refers to as the 'Catholic Olympics.' Young pilgrims did not disappoint the Pope neither did they disappoint Sydney. They travelled from different parts of the world, including China and Burma amongst the estimated 170 nations which took part in the event, to share and celebrate their faith with fellow pilgrims. "Sydney had never seen like it" commented *The Sydney Morning Herald* in its front page report of the Opening Mass which was celebrated by George Cardinal Pell, Archbishop of Sydney and was attended by around 150,000 pilgrims at Barangaroo, Sydney. And this was just the beginning. In the days following, Sydney and the whole world witnessed the power of faith of our world's youth pilgrims.

immediate accommodation. Around 150,000 registered pilgrims will arrive in Sydney that day and have been provided accommodation either in parish halls, school classrooms or home stays in hundreds of parishes around Sydney district. One of the airport WYD 08 volunteers was an American nun who, despite arriving in Sydney only just few days ago and has never been down under, was addressing pilgrims' queries on the use of the City Rail train system! She assisted Lake Grace pilgrims in getting to their one-night stay at the Olympic Park dubbed by the press as the 'Pilgrims' Park' where an estimated 10,000 pilgrims were to be accommodated. The nun was spot on – Lake Grace pilgrims made it to the Olympic Park with ease though struggled to drag their luggage up and down the staircases at various train stations.

The atmosphere at the Olympic Park was joyfully electric. In the several huge halls prepared for WYD 08 participants, pilgrims were treated with non-stop lively praise singing and dancing by enthusiastic pilgrims



Lake Grace pilgrims with Sydney friends at Barangaroo, after the WYD 08 Opening Mass, July 15, 2008:
Front row (L-R): Katrina Sidamon, Bianca Watkins, Vicky Nolan, Kathy Nolan, Verity Trevenen, Dan Serratore;
Back row (L-R): Fr Pierre Repuyan, Andrew Howle, Matthew O'Neill, Addie Curtin, Daniel Trevenen, Marcus Trevenen.

Lake Grace pilgrims arrived in Sydney in the early Sunday morning of July 13. The level of activity at the airport – the continuous surge of pilgrims – made it apparent to pilgrims that World Youth Day 08 will be a huge event. WYD 08 volunteers were noticeably early birds at the airport assisting pilgrims with their queries and directing them where to go for their



Lake Grace pilgrims in front of their accommodation site at Olympic Park, Sydney.

from different countries. Lake Grace pilgrims were housed in Hall 4 where pilgrim groups from New Zealand and Malaysia sang their hearts out to everyone's content. They took turns in singing and dancing while everyone gathered around them in great admiration. Their beautiful voices filled every corner in the sleeping hall providing a soothing lullaby to tiring bodies ready to hit the sack after a long plane trip. When bed time came, everyone found comfort lying on the concrete floor with the supplied thin black mattress providing a little cushion to pilgrims. As in all

Continued page 19



Post WYD 2008 Reflections *(cont.)*

past World Youth Days, a little bit of sacrifice makes the event truly a worthwhile event. Needless to say, many pilgrims made it to Australia the hard way. Many had to raise money through various forms of fundraising and



Lake Grace pilgrims pose for a snapshot at Circular Quay Station on their way to attend WYD 08 festival events around Sydney area. At the background is the Sydney Harbour Bridge where pilgrims walked through to the Southern Cross Precinct, Randwick Racecourse for the WYD Final Mass on July 20, 2008 celebrated by His Holiness, Pope Benedict XVI.

not to mention those who bravely left their country in secrecy just so to share and celebrate faith in Christ with fellow pilgrims from all over the world. They came to Sydney as proud pilgrims of Christ and they undoubtedly turned Sydney into a holy ground!

After a memorable night at the Olympic Park, Lake Grace pilgrims made their way to the Our Lady, Star of the Sea Parish in Miranda situated south of Sydney, 30 minutes via City Rail from the airport. The parish adopted nearly 500 pilgrims and Lake Grace pilgrims were billeted out to three different families. Miranda became Lake Grace pilgrims' home for the next five days enjoying the humble hospitality of Miranda parishioners.

From July 16 to 18, three days leading up to the Papal Mass, catecheses were held in different sites around Sydney. Bishops from all around the world gave inspirational and formation talks on various topics relating to Church teachings. Holy Masses culminated the catechesis. The Sacrament of Reconciliation (Confession) was also celebrated during these days. The queue of pilgrims going for confession was very impressive. It can actually rival the queue at MacDonald's! In the afternoons right through the evenings, various events were staged all around Sydney such as symposia, vocation expo, musical concerts, workshops etc. There wasn't a day without anything to do and pilgrims made the most of what was offered.



Pilgrims walked around Sydney in throngs to get to their designated area for the Stations of the Cross held on Friday, July 18, 2008.

The Stations of the Cross held on Friday July 18 around different points in Sydney was very moving. Lake Grace pilgrims were at the Domain for the Stations. It was very inspiring to pray the Stations of the Cross with the spectacular Sydney Harbour sunset at the background. There were a number of pilgrims brought to tears as they recalled the great sacrifice Christ gave for all humanity.

The atmosphere at night time in Sydney was unbelievably invigorating. Pilgrims and non-pilgrims alike joined in dancing and singing in front of concert stages with Australian and international performers. Pilgrims were everywhere offering their friendship to everyone. Some of them were even carrying sign boards hanging around their necks saying "free hugs" or "kiss me – I'm Irish!" "Sydney had never seen like it." Joy was evident in Sydney and pilgrims were instruments of this joy. They came to Australia in the name of Christ and showered Sydney with joy.

The much awaited 10.4 km Pilgrimage Walk from North Sydney Train Station to Southern Cross Precinct, Randwick Racecourse was highly anticipated by many. The thought of walking on the Sydney Harbour Bridge was so enticing. The bridge was closed from normal vehicular traffic from 5am until 2pm to let pilgrims walk through. It was a beautiful sight to behold - a sea of humanity making their holy pilgrimage to meet the Pope at Randwick Racecourse. With continuous beating of drums, chanting, singing, playing of bagpipes, waving of flags, the walk captured the sacrifice many made just to get to the WYD 08. They are our prophets of today unequivocally evangelising the world that there is joy in sacrifice and that sacrifice gives joy to the human heart and the heart of God.

At the Southern Cross Precinct, pilgrims began their vigil for tomorrow's Final Mass. Sleeping under the magnificent Sydney night skies, pilgrims prayed, danced, made friends and exchanged memorabilia with fellow pilgrims. The night was evidently very cold but this did



Post WYD 2008 Reflections *(cont.)*



PILGRIMAGE WALK. Fr Pierre Repuyan about to cross the Sydney Harbour Bridge. Tens of thousands of pilgrims crossed the bridge to get to Randwick Racecourse to be with Pope Benedict XVI for the WYD 08 Final Mass.

afraid to extend their friendship to everyone they meet in the name of Christ; and they were not content to keep their faith to themselves. They have committed themselves always ready to proclaim the Good News to everyone that 'God is love.'

Pope Benedict XVI has called upon our youth to be prophets in these modern times. They have already begun in Sydney and now have been blessed by the Pope to continue on being Christ's instruments of love to the world. Our youth have got something to say...let us listen to them. Charged by their love for Christ, they are our prophets of today who bear the keys to our future.

Thank you to the youth of the world – you've taught us that there is joy in Christ and there is a God who loves us no matter what.

Fr Pierre Repuyan

not deter the pilgrims from coming to Randwick. Pilgrims kept coming from different entry points around the racecourse and by the time the Papal Mass was about to commence, there were around 400,000 pilgrims at Randwick.

The Papal Mass was a wonderful celebration of faith – a celebration of the universal church as one family of God. The youth love the Pope very dearly shouting "Benedetto!", "Viva il Papa!" amidst the cheering from everyone who holds the same affection towards the Pope. They certainly love Christ who calls Pope Benedict XVI to lead the Catholic Church and the world into communion with God. The atmosphere was very endearing and one can't help but marvel at the power of the faith of our youth! They have shown to the world that with faith, you can't go wrong. They have told the world how proud they are of their faith: they were not embarrassed to shout in the streets of Sydney that they love Christ; they were not



PAPAL MASS. Pope Benedict XVI celebrates the Final Mass of WYD 08 at Randwick Racecourse on July 20, 2008 attended by around 400,000 pilgrims.

Post WYD 2008 Reflections



Pilgrim Matthew O'Neill walks the streets of Sydney with fellow pilgrims. He offers us below his personal reflection on his pilgrimage to World Youth Day 2008 in Sydney.

MATTHEW O'NEILL: "World Youth Day 2008 was an amazing experience for me, much greater and more powerful than I expected. The atmosphere in Sydney was something you had to be amongst to believe, so much life and spirit from so many different people, from all over the world praising the same God. Walking among the pilgrims was an experience within itself, from joining in with smaller groups singing and praising in their foreign languages, to chanting 'Benedicto' in crowds of over 100,000 people. Being at World Youth Day was a real eye opener to how strong our religion is, and will be with so many youth embracing our God and carry it on to the next generation. To me, the week in Sydney felt like you were in a small country town, except for with a thousand times more people. There was no hesitation walking up to a stranger and giving a hug, or having a chat. It was hard to skip the "free hug"

Continued page 21

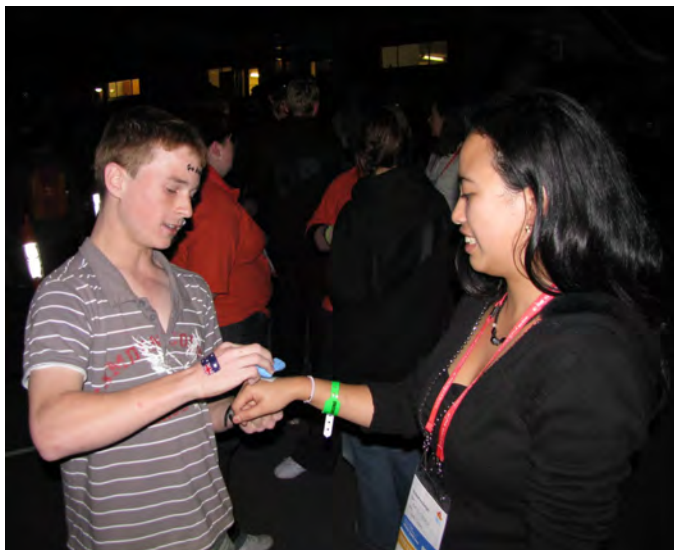


Post WYD 2008 Reflections *(cont.)*

peaceful was the fact that everyone knew they were part of one family, and treated each other accordingly. World Youth Day 2008 was so much more than I thought it was going to be, and I would definitely consider attending the next one. It has given me a great outlook on life, showed me where I want to be and how I want to live the remainder of my wonderful journey through life.

KATRINA SIDAMON: "Apart from the many experiences that will continue to inspire me for the rest of my life, seeing Pope Benedict was just great! I felt like the atmosphere was changed when we saw him. Seeing him was like making yourself getting closer to God's presence. I don't know how to describe my emotions that time. It was intense, but I felt excited, blessed and there was this great feeling of joy - a feeling that does not happen all the time. So it was really a great opportunity to see him.

When I got back to Perth, blessings just kept on coming! My shift at work was good so I saved a lot of money to pay fees at uni. Then the next day I got a call from the laboratory where I did my work experience and they offered me a job! I did not even have to apply for that position! They just called me up and asked if I want to work there. This was the prayer I have been asking but before it did not match my timetable so I did not get in.



Pilgrim Katrina Sidamon receives a tattoo on her right hand from a fellow pilgrim at Miranda Parish, Sydney.

So now, I am working in the lab and at the same time, I can keep my old job. Isn't it amazing So to everyone who gave donations and supported all the fund raising projects that the parish did for me and other pilgrims, for those people who gave me pocket money, for my parents who paid for my package fee for WYD, and for Father Pierre who made a lot of effort to make this happen and for also choosing me to become part of WYD, I take this opportunity to give all of you my sincerest gratitude and love! Personally, I can assure all

of you that the experience I had from WYD was worth all the pennies and support you gave. It was not just an opportunity for me to see another part of Australia but also to have this exciting, amazing, and spiritual pilgrimage that I will forever cherish. So hopefully, in 2011, I will be part of this event again, but this time it will be in Madrid, Spain!

Photo ID's

Do you need a photo for an ID pass, passport, library card or license?



The Telecentre are able to take and print your photos.

\$10 for a set of four (4)

WAX & WIPE

exhibition

showing ARTworks from encaustic & painting workshops

LAKE GRACE ARTSPACE

Daily 10am-4pm Aug 29-Sept 12

OPENING 7.30pm

Friday August 29th

ALL WELCOME



Lake Grace Men's Shed Proposal

The Lions Club of Lake Grace is currently investigating the possibility of constructing a Men's Shed in Lake Grace. The idea was proposed for the Lake Grace Flood Recovery package and prioritised by various community groups for a grant application to Lotterywest. The grant funds will be used to develop an operation/business plan for the Men's Shed.



The Lions formed a small committee which is supported by the Shire of Lake Grace as a Committee of Council. The committee will undertake preliminary research and has recently visited other men's shed. The Lions have consulted with the Shire and suggested a site located on the recreation ground for the building.

The aim of Men's Sheds is to promote men's physical and emotional health and social well-being by providing a gathering place for men to talk, share skills, swap ideas, solve problems, make friends or just discuss life in general. Men's sheds also offer opportunities to distribute health information and to address issues of isolation, loneliness and depression. While the focus is on men, the facilities can be utilised by all community members and become a community asset.

There are large numbers of Men's Sheds in the eastern states and they are now starting to appear in WA. Men's sheds and activities are many and varied: woodwork, metal work, restoration of old cars, portable sheds or mobile sheds for remote country areas. The membership is diverse too. Men from all backgrounds, ethnic and social mixes can enjoy a Men's Shed, bringing their unique cultural characteristics to enliven the activities. Sheds can offer fully equipped and supervised workshops with tools and materials for the men to tackle diverse projects. Some uses include:

- One-off Group or Community projects
- Member's personal projects and hobbies
- Designing/ making items (eg toys) for sale/ donation
- Vehicle, machinery or heritage restoration projects
- Metal work and fabrication
- Wood work, carpentry, designing and making or repairing furniture
- Odd jobs and repairs
- Gardening and growing Bush tucker
- Helping men with their businesses or to start a new business
- Kitchen and dining facilities (basic)
- A place to mentor the younger generation

Further information can be found at www.mensheds.com.au



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- All types of brick work
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- Floor Sanding
- Sealing & Polishing

Contact Gib on 9820 1090 or or 0427 201 094

We invite
you to



A BOYS' NIGHT OUT

featuring

Julian Krieg

Wheatbelt Men's health

Men's Health through a Men's Shed Perspective

**Julian Krieg will speak about Men's Health issues
and the proposed Lake Grace Men's Shed**

Julian works specifically in men's holistic health and suicide awareness. He has developed a successful range of programs and strategies for rural men, their families and communities to counteract some of the negative effects of drought and declining terms of trade in agriculture.

Tuesday 19th August - 7:00pm - Lakes Village Hall

FREE Entry Supper provided



Julian Krieg Wheatbelt Men's Health

Julian Krieg travels the Wheatbelt talking to and supporting rural men. During his Lake Grace visit, Julian will speak about encouraging men to talk about what they can do to help each other and to encourage them to seek help before they reach crisis point. He will also speak about and establishing a men's shed in Lake Grace and the health and social benefits for the community

Julian Krieg is the son of a farmer, a husband of one wife, father of three sons and grandfather of eight and last of all father-in-law to three independently spirited women. In spite of this, he maintains a relatively independent spirit and has a passion for improving the opportunities for people to understand and cope with their changing circumstances. Currently Julian and Glenys reside on a one-acre block on the outskirts of York where they are enjoying the country lifestyle.

Julian has a background in education (he was Director of Agricultural Education for many years). He has extensive experience working with people and has a wealth of experience in educating and understanding boys and men.

Currently employed by Wheatbelt Men's Health (Inc) as a Community Educator, Julian's programs provide community people with skills and information to recognize signs and triggers associated with despair and information about who to contact regarding intervention strategies. Julian also conducts programs specifically for men (and their partners) about men's health and how to better understand boys and their needs.

Julian was recognized for his work in drought affected WA in 2007 by being awarded the Royal Agricultural Society Rural Achiever of the Year in Western Australia.

TIARRI PRIME SAMM

Invites you to our first Field Day on the 27th of August, commencing at 1pm.
Available for inspection: Award winning Stud Ewes and Sires, Sale Rams
— Lambs, F1 Wooly Ewe Hoggets and Commercial Statistics.



Tiarri

Prime SAMM Stud

STUD NO 103
LAKE GRACE, WA



MR 06 0391 – bought at Rockdale 2007 on-property sale for sale top price \$6250.



KMD 070027 – Champion Prime SAMM ram, 2008 Wagin Woolorama.



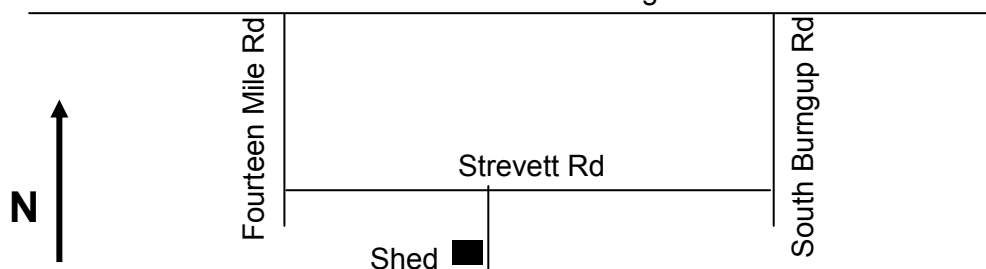
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PERTH ROYAL SHOW
September/October
2008

**NEWDEGATE
FIELD DAYS**
September 2008

2008 Tiarri sale rams.

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Ross Taylor: Ph (08) 9871 9040 • www.tiarri.com.au

Lake Grace - Newdegate Rd



Wild Oats Music Festival 2008

Wild Oats Music Festival will see Australian Rock legends Spiderbait join with Gyroscope to play this fully licensed outdoor concert, only one hour from Perth.

Having already conducted two extremely successful tours in support of their number one album 'Breed Obsession', Gyroscope will take to the road to deliver a 36 date national tour. The Australia tour celebrates the release of the bands third single, fittingly titled 'Australia' and is the largest tour ever undertaken by the band. Wild Oats will be the last stop of this tour, promising a 'must see' finale.

Wild Oats will be Spiderbait's only show on this visit to WA. These Australian rock heavyweights have proven to be one of the nation's favourite live acts. With crowd favourites such as 'Black Betty' and 'Buy me a Pony', Aussie powerhouse Spiderbait are sure to rock this event.

There is a huge supporting line up with Geelong's Magic Dirt, who are kicking off a massive National tour in August, Perth's own Abbe May and the Rockin' Pneumonias, WAMI (Western Australian Music Industry) Best Female Vocalist 2007 and Northam's The Novocaines rounding out a solid five and a half hour show.

Wild Oats is on October 4 with gates opening at 5pm. The Show will finish at 11pm with a licensed bar and food available. Camping is available by calling 9622 5153 or 9622 2100.



Tickets are limited so be quick not to miss out on what will be a huge night. Tickets on sale now from Heatseeker, Mills Records, Star Surf Shop, Planet Video or calling 9622 5153.

GREAT SOUTHERN FUEL SUPPLIES

ADMINISTRATION OFFICER

Great Southern Fuel Supplies has a permanent full time/part-time position, available for an Administration Officer in the Lake Grace office. On the job training will be provided. The position involves processing of invoices, delivery dockets, stock control, daily bankings, post, account enquiries and processing.

Hours and remuneration are negotiable, could possibly suit person interested in working school hours or job sharing.

Please forward applications to:

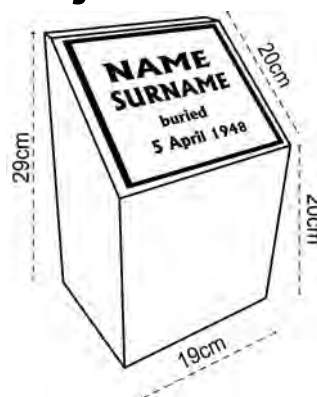
Helen McWhirter
Great Southern Fuel Supplies
P.O. Box 122,
Lake Grace WA 6353

For further information phone Helen or Geoff on 9865 1221.
Applications close 18th August, 2008

Lake Grace Cemetery Restoration Project

The Shire of Lake Grace has received a Lotterywest grant to improve the Lake Grace Cemetery. The project will include installing simple grave markers, as shown in the example at right, on the unmarked graves of people buried before 1998. The etched granite markers (grey with black lettering) will state the person's name and date of burial and be placed at the relevant grave site. We have obtained the information from the Shire cemetery records. If you have other plans for a family member's gravesite or know of former residents whose family gravesite is unmarked, please contact Michelle Slarke or Lee Trevenen at the Shire office (9890 2500).

Some of the older records have limited detail (see **marked entries below*). If you can fill in any of the missing details, if any of the names are mis-spelt or incorrect please contact us. The list is also posted on the shire website (www.lakegrace.wa.gov.au).



Please forward any information to the Shire before 19th September 2008.

We will then order grave markers for all those listed, unless a family requests otherwise.

UNMARKED GRAVES (Pre 1998)

Surname	Given Names	Burial Date	Surname	Given Names	Burial Date
Adams	Alfred Thomas	27/01/1930	*Eckersley	Kenneth	
Argent	Tim & Brett	16/04/1968	Edwards	Elizabeth	22/04/1949
Armour	Malcolm	28/10/1970	Edwards	Raymond	6/03/1941
Arthur	Williamina	16/02/1936	Eerbeek	Jacobus	11/11/1992
Auld	Aurelain	2/09/1974	*Eggers	Baby	7/01/1962
Beattie	Dorothea	24/06/1941	Elms	Audrey Mary	8/12/1936
Beck	John	27/07/1944	*Feely	M D	4/03/1955
*Bevan	Geordie	1944	Fourte	Alfred	30/07/1942
*Blackbourne		3/12/1940	Fuller	Ernest George	19/10/1924
Brown	Robert	24/11/1941	Garner	Edward	20/09/1929
Burroughs	Benjamin	13/08/1950	Gray	Beverley Joan	30/11/1938
Campbell	A.A. (Alec)	23.11.1954	Green	John Holland	9/09/1930
Camponi	Antonio	30/03/1932	*Griffin	Bob	31/08/1942
Carruthers	Robert John Murray	15/12/1994	Hale	Frederick	19/07/1946
Carruthers	Hayden Ernest	16/10/1961	Hart	Diane	23/08/1956
Carruthers	John	11/09/1978	Hayes	Edwin Felix	2/12/1924
Carruthers	John	31/05/1944	Height	John S	16/04/1925
Carruthers	Jean	4/08/1939	Hepple	James H	10/09/1947
*Carter	Mrs	1/02/1928	Holmes	Eric Frank	26/09/1932
Clarke	Laurence	17/09/1966	Holmes	Herbert	28/01/1961
Clarke	Harold E	26/09/1952	Irving	Thomas Alexander	15/10/1984
Clarke	Agnes	5/06/1955	Irving	Dorothy	9/12/1985
Clayfield	Peter	17/06/1958	*Jaensch	Baby	16/07/1948
Clow	William	24/05/1956	Jefferies	Theonie Margaret	20/01/1931
Clow	Mary Bell	21/08/1950	Johnston	Arthur	10/04/1952
Clow	Robert	15/06/1953	Kelly	Roger	3/08/1932
Cochrane	James	23/03/1978	Kent	Colin Henry	11/06/1951
Connell	Malcolm	7/01/1930	Kilmarten	John	2/04/1955
Connolly	Patricia Rita	21/07/1931	Kingston	Alfred	11/05/1925
*Cunneen	J (male)	22/09/1941	Knight	Kenneth	27/03/1937
Darby	Gilbert	8/06/1940	Kuln	John Paul	5/08/1947
Drummond	Lillian	16/01/1954	Lomassey	Ada	9/11/1941
Dynes	Phillip	10/12/1942			

Continued next page

Lake Grace Cemetery Restoration Project

UNMARKED GRAVES (Pre 1998) *Continued from previous page*

Surname	Given Names	Burial Date
Mate	Joseph	9/03/1957
McCulloch	Heidi	25/06/1960
*McGlinn	Baby	12/05/1962
McKay	Constance	9/07/1941
McKellar	Malcolm	21/05/1949
McQuillan	James	29/07/1944
O'Hara	Isabella Jane	26/08/1931
*O'Neill	K (Baby)	25/03/1959
O'Neill	Christopher William	1939/1940?
*Parker	(male)	20/06/1941
Parkin	Henry G	26/05/1955
Paterson	James N	14/04/1927
*Penrath	Baby	22/02/1925
*Piff	F C	3/05/1963
Podger	Grace	21/09/1935
*Podger	George	
Pring	William	23/11/1938
Reeves	Arthur	10/09/1941
Robertson	Horace Raymond	15/03/1927
Robinson	Lynda Jane	15/05/1957
Rollo	Archibald	12/07/1924
Sandells	Maxwell	19/01/1938

Surname	Given Names	Burial Date
Smith	William A	10/04/1940
Stalker	Blanche Alvina	14/02/1931
Stidworthy	Lucy	2/08/1943
Taylor	George	9/10/1947
Taylor	Arthur	15/03/1947
*Thomson		2/10/1937
Tombs	William	6/08/1936
Trethewey	Clifford	20/11/1956
Webb	Kathleen Mary	30/12/1943
Williams	Thomas	27/09/1925
Willock	Irene	7/01/1946
*Willoughby	Baby	1/02/1938
Wilson	William Dewar	26/08/1935
Wilson	John	21/03/1947
Yule	John	3/01/1953

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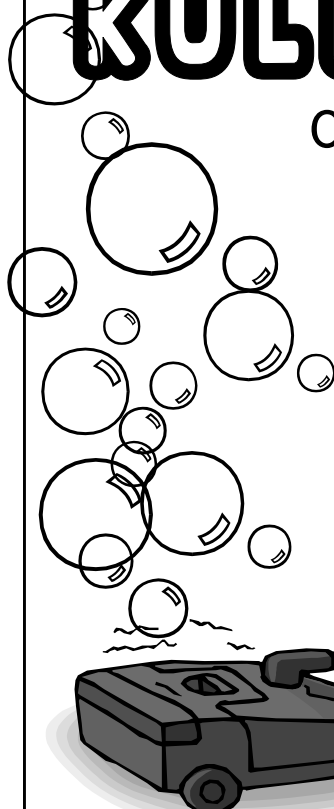
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State General Election

Saturday 6th September 2008



Where do I vote?

Most electors will vote at their nearest polling place on polling day. Polling places will be advertised on or just before polling day and are open between 8.00am and 6.00pm. Premises used as polling places are usually schools, halls and court offices.

Do I have to vote?

Yes, voting is compulsory in Western Australian State elections. You may be fined if you do not vote. You must vote if you are enrolled and 18 years of age or over.

Why should I vote?

How do you get to have your say in such things as health care, unemployment and the environment? You can have a say in all important issues by voting! In a democracy, voting is your way of choosing who will represent you in Parliament, and who will make sure your views on these issues are heard.

How do I vote?

Voting in your electorate:

- Polling places are open from 8:00 a.m. until 6:00 p.m. on Election Day.
- When you approach the polling place, supporters will usually be handing out 'How to Vote' cards for their candidates. These cards show the candidate's suggested preferences that support their interests. See below for links to more information about voting systems.

- The issuing officer will ask you for your full name, if you have voted before in this election and confirm your electoral district.
- They will look up your name on the electoral roll.
- The electoral roll will be marked to ensure that you only vote once.
- At a State election, you will be issued with two ballot papers - one for your Legislative Assembly district and one for your Legislative Council region. At a by-election, you will be issued with a single ballot paper for the district in which the vacancy exists.

When you cast your vote:


- proceed alone to a vacant voting screen
- read the instructions printed on the ballot papers
- fill in the ballot papers
- fold the ballot papers to conceal the vote
- put each ballot paper separately in the appropriate ballot box.

If your name is not on the electoral roll but you believe it should be, you will be issued with a declaration vote.

If you are unable to or have difficulty writing or you do not understand the process, ask the Polling

Place Manager for assistance.

<http://www.waec.wa.gov.au/>




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Albany WA 6331

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Mob: 0427 206 210

Interested in



DRAMA?

The Lake Grace Artist's Group is looking to help
**reform the Lake Grace
Drama Club.**

Remember, a drama group needs not just
performers
but **writers**
directors
de-
signers
and more

A workshop is planned for later in the year, to help get the ball rolling.....

Until then, if you're interested taking part or just finding out more, contact Michelle Slarke at the Shire on 08 9890 2500 or



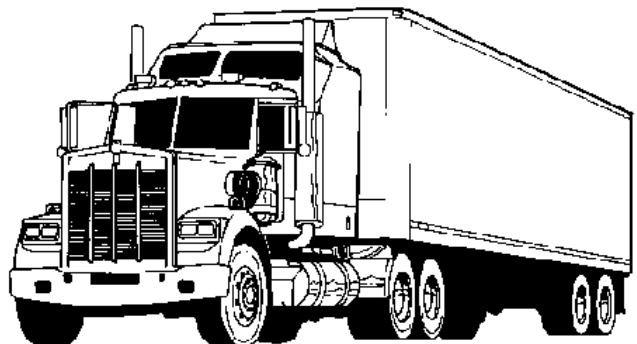
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Time 2 – 5pm

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For further enquiries, please contact

Trenton & Rachel Browne

ph 98221571

fax 98221576

mob 0428221571

trentonandrachel@activ8.net.au

Murray Drage

ph 98444778

fax 98444780

mob 0428253033

amuri1@bigpond.com



LAKE GRACE DISTRICT HIGH SCHOOL NEWS



Year 2/3 Assembly - 'The Honeybees Sting'

Our assembly for this year was based upon our term 2 theme: Mini-beasts. We created and performed a play called 'The Honeybees sting'. We had lots of fun learning our lines and practising our acting. Our parents did a fantastic job making our wonderful costumes. Although we were a bit nervous at first, we really enjoyed performing our play in front of everyone.





VOTE

LIBERAL



**Steve
Martin**

Candidate for Wagin

Your Liberal Candidate Who Will Deliver

THE AGRICULTURAL REGION - LEGISLATIVE COUNCIL TEAM



Hon Brian Ellis MLC
Member for the
Agricultural Region



Jim Chown
Endorsed Candidate



Chris Wilkins
Endorsed Candidate



Jane Mouritz
Endorsed Candidate



Jamie Falls
Endorsed Candidate

Supporting

Steve Martin
in the Wagin Electorate

Ask the Experts for help with Bullying

Are you one of the thousands of young West Australians who has or is experiencing a form of bullying? Not sure who to talk to or where to go? The good news is you are not alone and you can get help.

One in five young people have been the victim of cyber bullying (Australian Democrats Youth Poll, 2007) and figures from Queensland University of Technology suggest that nearly all teens will experience some form of mobile phone bullying by the time they graduate, with boys more likely to be exposed.

With bullying, particularly cyber bullying, on the rise, **headspace** – the National Youth Mental Health Foundation – understands how difficult it is for young people and that it is hard to find someone to talk to.

That's why **headspace** is running an online 'Ask an Expert' featuring a panel of leading bullying experts to offer advice and hope to young people experiencing bullying. The online '**Ask an Expert**' will run on **Thursday 21st August between 4.30pm and 6.30pm AEST** and will feature leading psychologist Andrew Fuller and 16 year-old cyber bullying advocate Tom Wood.

Trish Travers (Project Coordinator) **headspace** Great Southern, explains 'Ask an Expert' is one of **headspace's** new website initiatives giving young people, parents and the community an opportunity to ask questions to a panel of professionals and get real-time answers. "At **headspace** we realise that you can't always find the exact answer to all of your questions. 'Ask an Expert' is a great forum for the community to receive advice on the issues that are affecting them."

"Cyber bullying in particular, is a very real issue which is affecting young people in substantial numbers. In today's technology age, the use of mobile phones and the internet is fast overtaking the school yard as the most used means of bullying. **headspace** is thrilled to have Girlfriend Magazine's 'cyber-columnist' Tom Wood as well as leading Clinical Psychologist Andrew Fuller on our panel of experts.

"Over the past couple of months bullying has consistently been an issue young people have been writing to us about, with over 25 per cent of stories received through our website mentioning some form of bullying" said Trish Travers.

Tom Wood who has not only been a victim of bullying himself but also came into the media spotlight by cracking the Government's porn internet filter, is a specialist in the area of 'cyber bullying' and is passionate about giving young people practical advice and strategies to overcome their issues.

"Over the years I have seen hundreds of teenagers who have been struggling with bullying. Bullying can affect a young person's self esteem, mental health and outlook on life and is a serious issue. **headspace's** Ask

an Expert forum will offer young people the chance to ask us advice on how to deal with bullying and to share their stories," said Mr Fuller.

headspace's 'Ask an Expert forum' on Thursday 21st August will be open to website visitors who register before the start time of 4.30pm AEST, visit www.headspace.org.au to register now. You can also pre-submit a question for the panel by emailing askanexpert@headspace.org.au

Tom's tips to prevent and resolve cyber bullying are:

- 1. Don't respond** to the bully AT ALL (It will make it worse, trust me;)
- 2. Save the evidence**, whether it is text, images or websites
- 3. Block and Delete** the bully from the service
- 4. Report Abuse to the Admins** of the service
- 5. Tell trusted people**, which may be friends, adults, teachers, parents and police if necessary - as it is a criminal offence

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Volunteering WA

Wheatbelt Community Organisations Survey

Volunteering is strongly recognised as a key factor in the building and maintenance of strong viable communities especially in regional and remote communities.

The Wheatbelt Development Commission has provided funding to Volunteering WA to undertake the Better Connections Project. This project aims to help strengthen community volunteering in the region.

Volunteering WA is the peak body for volunteering in Western Australia. As a part of the Better Connections Project, Volunteering WA is conducting a survey of Community Organisations in the Wheatbelt.

Completing the Wheatbelt Community Organisations Survey will enable Volunteering WA to identify key issues facing rural and remote Community Organisations. We will then be able to work with community groups to assist in developing and implementing strategies to make positive changes.

The survey can be completed on line. Please follow the links for the Wheatbelt Project on the Volunteering WA website.

The survey can also be completed by hard copy. Please contact Volunteering WA for the survey and a reply paid envelope.

Please contact Janette Spencer, Senior Manager of Projects, at Volunteering WA for further information.

Volunteering WA
City West Lotteries House
2 Delhi Street
West Perth WA 6005
t. 9482 4333 / 1800 678 114
f. 9482 4334
E. info@volunteeringwa.org.au
W. www.volunteeringwa.org.au

All responses will remain anonymous and confidential. No individuals will be identified.

The closing date for completion of surveys is 31st August 2008.

Thank you for participating in this survey.

If you would like to do it online but don't have access to a computer then come and do it at the Telecentre, you can use our computers free of charge.

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0428 859 166

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Office: (08) 9881 6514
Fax: (08) 9881 6512

Quiz Night

At the Lake Grace Sportsman's Club

Friday 29th August

7:45pm start

\$3 a head - 8 to a table

11 tables only so book early

Fish & Chip meals

Available - kitchen taking
orders from 6pm.

*Come along and give your
brain a workout.*



Reclaiming our Guinness World Record is just a walk in the park.

The **Giant** walk

Australia's Guinness World Record Attempt

In 2006, WA broke a Guinness World Record
when 100,915 people
took part in WA's Giant Walk.

Last year the pesky Canadians did it better.

Now we are taking the walk across Australia
at 12 noon on Monday 1 September.

Get involved

Meet at Playgroup—Bennett St
11:30am to register

For enquiries contact
Melissa Clifford: 9865 2324

Here's our event details:

thegiantwalk.com.au

be active wa
Western Australia's Physical Activity Partnership

Healthway



Sunday Times
perthnow.com.au



ABC
Local Radio

LAKE GRACE MARKET DAY Saturday 18th October 2008

Individuals and community
groups are welcome
Fantastic for Fundraising!!!

\$10 per stall, please
bring your own tables

For information or bookings please
contact the Visitor Information Centre
lgvisitorscentre@westnet.com.au

THANK YOU

Awesome Arts is coming.....

8 - 19 September 2008

Awesome Arts 2008 Creative Challenge is
a regional residency program that will run
from 8-19 September.

We are pleased to announce that artists
Marnie Orr and Amanda Barrett Hayes will
be working with students to meet this
years challenge 'Feast'.

Marnie and Amanda will assist students
to explore and express our local
community through a food installation
art work that will be displayed on a
local level and culminate in a large display
of works in the Perth CBD.

We are delighted that the Multi Artspace in
Lake Grace will host a series of workshops
for the Creative Challenge 'Feast'.

For more information please contact Lake
Grace District High School or

HOME, GARDEN & OUTDOOR SOLUTIONS

Come see us at NEWDEGATE FIELD DAYS 3RD & 4th September 2008

- Limestone Place – ½ Price Pottery – Qualup Bell Garden Gallery -

LIMESTONE BLOCKS

available Plain or Bevelled

1000 x 350 x 350
1000 x 350 x 175
500 x 350 x 240
500 x 350 x 200
500 x 350 x 120
500 x 245 x 190
350 x 350 x 165
400 x 300 x 190
290 x 162 x 90
350 x 200 x 165
500 x 165 x 245
500 x 245 x 165
500 x 160 x 90
500 x 245 x 90

RETAINING WALLS

Concrete Panel and Post

- 3 colours
- 150, 300 or 450 mm panels

Interlocking Blocks

- Full size blocks
- ½ size blocks
- End blocks
- Capping
- 4 colours
- No mortar required

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Florence Paving

- 200 x 200 x 60
- 1 finish
- 6 colours available

Crystaluna Stone Paving

- 400 x 400 x 40
- 400 x 400 x 60
- 2 textured finishes
- 9 colours
- 3 feature borders
- Inside Corner Bullnose
- Outside Corner Bullnose
- Double Bullnose
- Pool Edging

OTHER

Pier Caps

Treated Pine Sleepers

½ Wine Barrels

Terracotta & Glazed Pots

Bird Baths

Outdoor Settings

Sandstone

- Mailboxes
- Planters

Ornaments

Metal work

Water features

Pond care

Giftware

Tubestock

Natives

Ornamentals

Fruit Trees

Roses

Indoor Plants

Potting Mixes

Fertilisers

Bug & Weed Controls

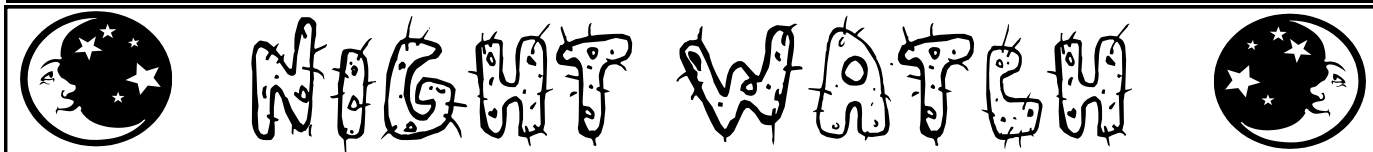
Lawn

Landscaping

***If you have
a problem,
then we have
the solution!***

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ngnos@bigpond.com www.limestoneplace.com.au*





Welcome to Night Watch for the fortnight from midnight Friday 15th August to midnight Friday 29th August. Astronomy is looking up.

On Sunday morning of the 17th there will be a partial eclipse of the Moon starting at 2:23am and will finish when the Moon sets at 6:45am. The moon turns reddish and visible to the naked eye.

Mercury in the south and Saturn will be very close together low down on the west/north/west horizon on this Saturday evening. On Saturday 23rd Venus in the north and Mercury in the south will be close at 1.2° on the west/north/west horizon low down in the evening twilight.

Our Local star "The Sun" located in the constellation of LEO all this fortnight shines at magnitude -26.72 from 150 million kilometres away.

Morning twilight begins on Saturday at 5:21am and on Friday 29th at 5:08am. Evening twilight ends on Saturday at 7:05pm and at 7:12pm on Friday 29th.

The Full Moon will occur at 5:08am on Sunday 17th along with an Eclipse in Capricornus and also 0.8° (close) north of Neptune at 5:08am. On Tuesday 19th the Moon will be 4° (2 fingers at arms length) north of Uranus. The last quarter Moon will occur at 7:41am on Sunday 24th in Taurus. On Tuesday 26th at 11:49am the Moon will be at Perigee (closest), at 368,696 kilometres from Earth.

MERCURY the closest planet to the Sun sets in Leo on Saturday at 6:59pm in the evening twilight shines at magnitude -0.5 and will be 0.7° (close) south of Saturn. On Saturday 23rd at magnitude -0.3 and 1.2° south of Venus will set in the west/north/west at 7:24pm. Mercury will rise in Virgo on Tuesday 26th. On Friday 29th, Mercury sets at 7:42pm at magnitude -0.1.

VENUS sets at 7:08pm on Saturday in Leo at a bright -3.8 magnitude in the west/north/west. On Saturday 23rd Venus will be 1.2° north of Mercury. Venus on Tuesday 26th rises in Virgo. On Friday 29th in Virgo, Venus sets at 7:32pm.

MARS the red planet at magnitude +1.7 in Virgo sets on Saturday at 8:22pm. On Friday 29th, Mars sets at 8:10pm.

JUPITER the giant gas planet in Sagittarius at a bright -2.7 magnitude on Saturday remains in the night sky all this fortnight and setting in the next morning.

SATURN the ringed planet is now setting in the evening twilight and is now hard to view.

URANUS the blue/green coloured planet at magnitude +5.7 in the constellation of Aquarius rises on Saturday at 7:46pm and remains in the night sky all this fortnight. On Tuesday 19th Uranus will be 4° south of the Moon.

NEPTUNE the grey/green coloured gas planet in Capricornus at magnitude +7.8 will remain in the sky all night this fortnight.

The Moon on Saturday will be in the constellation of Capricornus at 98% illumination, Sunday 17th at 100%, Aquarius on 18th at 99%, Pisces on 19th at 97%, 20th at 91%, 21st at 84% and 22nd at 75%, Aries on 23rd at 65%, Taurus on 24th at 54%, 25th at 42% and 26th at 31%, Gemini on 27th at 21% and 28th at 12%, Cancer on 29th at 6%.

For telescopes Jupiter's red spot is visible for an hour on 21st at 7:25pm, 23rd at 9:06pm, 25th at 10:46pm, 26th at 6:37pm, 28th at 8:17pm. The shadow of Jupiter's Moon crosses the disc on 22nd starting at 6:50pm to 9:35pm and again on 29th at 9:26pm to after midnight.

The constellation of Scorpius body will be above at 7pm on 16th and the tail at 7pm on the 24th as well as in the south the constellation of ARA (the Altar) and in the north will be the constellation of Ophiuchus (the serpent carrier), while north of that is Hercules (the hero), there is good viewing in this area.

For more information on any thing astronomical on the above and other please call.

Maurice Gilson, Semi Professional Astronomer.

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
16/8	6:43am	5:38pm	5:06pm	6:14am	23/8	6:35am	5:43pm	D.N.R.	9:53am
17/8	6:42am	5:39pm	6:07pm	6:45am	24/8	6:34am	5:44pm	12:40am	10:40am
18/8	6:41am	5:40pm	7:09pm	7:14am	25/8	6:33am	5:44pm	1:50am	11:35am
19/8	6:40am	5:40pm	8:11pm	7:42am	26/8	6:31am	5:45pm	2:54am	12:39pm
20/8	6:38am	5:41pm	9:15pm	8:10am	27/8	6:30am	5:46pm	3:52am	1:49pm
21/8	6:37am	5:42pm	10:21pm	8:40am	28/8	6:29am	5:46pm	4:40am	3pm
22/8	6:36am	5:42pm	11:30pm	9:14am	29/8	6:28am	5:47pm	5:21am	4:10pm



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Come and talk to us about how being a part of our Carbon Capture Program™ can help support the long-term sustainability of your broad-acre property both financially and environmentally. We're developing long-term diversification for WA farmers. You'll find us at Stand 79c at the Newdegate Field Day.



carbonconscious

Getting Your Child to Unplug and Play

Much of the time that children once spent playing outside is now taken up with TV, electronic games and the Internet. With overweight and obesity in 7 to 15-year-olds more than doubling since 1985, the Southern Wheatbelt Primary Health Service is supporting the Heart Foundation to encourage parents to get their children to unplug and play in a new campaign.

Children need at least 60 minutes of moderate-to-vigorous physical activity every day for good health, and the time spent with electronic entertainment should be limited to less than two hours a day.

While TV, electronic games and the internet can be fun for children, they involve a lot of time spent sitting. Watching television for more than two hours a day is associated with a higher risk of being overweight, poor fitness and increased social problems and may be associated with lower school achievement.

Having certain times when electronic entertainment is not allowed, using an alarm clock to monitor usage and making your child's bedroom a screen free zone, are all easy ways to decrease electronic entertainment use. Many families choose to set agreements or rules.

Physical activity is necessary for children's growth and

development and it often involves interaction with friends, family and neighbours.

With a little encouragement and creativity, physical activity can be a fun alternative to electronic entertainment. Provide your child with a bike and some basic active play equipment such as hula hoops, balls and skipping ropes. Indoor activities can include dancing to the radio or doing jobs around the house.

To find out more visit www.heartfoundation.org.au/parentcampaign

Department of Health, Government of
Western Australia, WA Country Health
Service



BOTTLE HOUSE CREATIONS

Devine Hand Crèmes, Body Lotions,
Foaming Liquid Soaps all made in a
House made of Beer Bottles!



Now available at the
Lake Grace Visitor Centre.

For Sale – Public Auction

39 Absolon Street, LAKE GRACE

This well presented 4 bedroom, 2 bathroom home is situated on a large 1065m² block (enough room for another house) in a central location close to schools and shops.

Three of the bedrooms have built in robes and carpets. There is a kitchen, lounge and dining room with reverse cycle air-conditioning and open fire place, study, detached sleep-out, full width covered outdoor area with built in BBQ.

Huge backyard that has laneway access. This is a great family home on a block with development potential.

AUCTION DATE: Saturday 16th August 2008 on site at 11:00am.

For details contact Ron Dewson on 0428 651 213.

TROLL TALES



19th July Lake Grace Vs Corrigin

C grade 3-0 to Lake Grace

Good win today great team work girls and boy. Great to see the older players passing the ball and encouraging the younger ones.

Coaches' Award: Jade Cameron

Goal scorer: Gracie Kirk 1, Jade Cameron 1,
Caitlyn Trawinski1

Junior boys did not have a game.

B grade 2-0 to Corrigin

B grade fought hard today in the very cold windy conditions. Unfortunately the ball would not go in the goals.

Coaches' Award: 2 Sheridan Fyfe
1 Lynda Trawinski

Goal scorer: no one

A grade 2-2 draw

Despite the freezing cold the game was very hot, hard and fast. The girls combined well trying Darren's new tactics. The game was very even and the draw was deserved by both sides. Lynda stepped up today to have a go in goals. Despite her thoughts and feelings Lynda played an awesome game and is capable.

Coaches' Award: 2 Lynda Trawinski
1 Belinda Bowron

Goal scorer: Jodi Pearce 1, Lyn Carruthers 1

26th JULY Kulin Vs Lake Grace

C grade 2-0 to Lake Grace

C grade had a great win today. The team combined well through the mid field to feed the ball out wide. All team players put in a good effort and lots of talking was heard. Goals were scored with skillful team passing in the circle. Well done kids.

Coaches' Award: Caitlyn Trawinski

Goal scorers: Gracie Kirk 2

Junior Boys 2-0 to Kulin

The team only played with 10 players today but combined well and showed a lot of determination and grit. Lake Grace had a lot of the attack but were unable to convert.

Coaches' Award: Ryan Smith
Stefan Greyling

Goal scorer: No one

B grade 0-0 draw

B Grade displayed excellent fighting hockey today. The game was evenly matched with the ball down one end one minute and down the other the next. I feel we had a lot of attack but just couldn't knock one in.

Coaches' Award: 2 Aunty Di
1 Belinda Bowron

Goal scorer: No one

A grade 3-2 to Lake Grace

This game was not an easy game. Kulin put up a strong fight and saw them equalize the score at 2 all during the second half. But it was great to see our side stay positive and put one more goal in to secure the win.

Coaches' Award: 2 Jodi Pearce
Michelle Cameron

Goal scorers: Lyn Carruthers 1, Danielle Robertson 1,
Anna Taylor 1.

2nd August Lake Grace Vs Kondinin

C grade 2-0 to Lake Grace

C grade had another great win today in very cold conditions. The team put up strong tackles and combined well as a team. Keep up the good work and lets see you all carry it through to the finals.

Coaches' Award: Maddy Walker

Goal scorers: Gracie Kirk 1, Shannon Smith 1

Junior Boys had no game today

B grade 3-0 to Kondinin

B Grade couldn't buy a goal today. It was good to see every one trying and thinking before they delivered the ball. I'm pretty sure I saw snow at some stage but perhaps that was just wishful thinking for it being so bone chilling cold.

Coaches' Award: 2 Penny Willcock
1 Zoe Cameron

Goal scorer: No one

A grade 4-2 to Kondinin

We knew this game was going to be hard but this was a game we needed to gauge our finals campaign on. As Darren stated when we are switched on we can take on any side and win. The problem is we only seem to do it for 15 minute spurts, does this sound like a Perth AFL footy side you know. Coach Mark Harvey.....no I mean Darren has asked for us to dig deep and really start to focus on the basics. None of us want to be known as the hockey Dockers!!!!

Coaches' Award: 2 Michelle Cameron
1 Anna Taylor

Goal scorer: Danielle Robertson 1, Anna Taylor 1

MILESTONES

Congratulations to John Hendry and Amber McPherson for achieving 50 junior games on the 26th July. Well done to you both. Amber began playing as young 8 yr old and has blossomed into an attacking A grade player. John began playing as an 8 year old and has grown stronger over the years becoming an important member of the junior boy's side. Lake Grace hockey

Continued page 41

TROLL TALES



club would like to thank these players for their commitment and hope to see them continuing playing hockey.

The 5th July saw 2 senior players reach a huge milestone. Congratulations to Belinda Bowron and Jackie McGlinn on reaching 200 games. God you two must be old or started when you were in nappies. We thank you two for your year in year out commitment to our club.

9th August Bruce Rock Vs Lake Grace

C grade 1-0 to Bruce Rock

We did the big hike up to Bruce Rock today. C grade fought hard but were unable to put a goal in. Well done to the side for making it to the finals. Go kids.

Coaches' Award: Abbey Trawinski
Goal scorers: Nil

Junior Boys 3-1 to Lake Grace..... but they played Nareembeen at Kondinin

The boys had a very early start today at Kondinin playing their 3rd round. I heard they played well and congratulations to the team and Belinda, for finishing on top of the ladder. Well done. LGHC is very proud of the junior boys side.

Coaches' Award: Cameron Bushby, John Hendry
and Brad Lay.
Goal scorers: Luke Trawinski 1, Brodi Cameron 1,
Beau Bowron 1.

B grade 3-1 to Bruce Rock

B Grade played the ladder leaders today. They put up a gallant battle against a side that is very strong. We had to score today to stay in the 4 and a goal by Lyn secured the position.

Coaches' Award: 2 Penny Willcocks
1 Aunty Di
Goal scorer: L. Carruthers

A grade 3-2 to Bruce Rock

First of all the A grade side would like to wish Michelle Cameron a hasty recovery. Michelle took on a cocky gate and the gate won!! Stay well as we want you back asap. Basically the whole team played poorly and we need to lift our standard if we want to be a force in the finals. Be prepared for a hard training. We have made the finals so well done girls. Congratulations to Bin for not playing on the field.

Coaches' Award: 2 Belinda Bowron.
For just being on the field!!!!
1 Penny Willcocks
Goal scorer: Lyn Carruthers 1, Anna Taylor 1

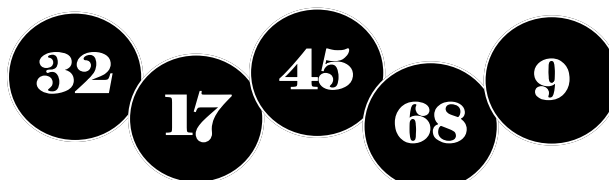
I would like to thank all the coaches for getting all our sides' through to the finals. This is an amazing achievement and we should all be proud. Let's lift our standard for the finals and I hope to see us all playing at home on the Grand final day.

Anna Taylor

Lake Grace Sportsman's Club

will be holding a
BINGO night
on
Friday 15th August.
7:30pm start.

Children under the age of 12 are
not permitted to participate.



To all Artists & Photographers

Time has come again to enter your artwork for the Newdegate Field Days Art exhibition.

The Exhibition has an open theme this year so it is even easier to enter, and there is heaps of prize money to be won.

People travel far and wide to see an exhibition this large and diverse, so lets see if we can make this years even better! I'm sure we'd all love to see the talented local artists be the stars of the show.

Any queries: 9871 9080

Happy Birthday (cont.)

Kulin while Margaret McLean from Lake King was recorded as next best. There were some commendations for other head gear, including one for Marcus Owen (meat and two veg) who wore his special apron while waiting on tables.

Results for the Championships were as follows:

Championship winner: Jeannie Szczecinski (Corrigin)

Champion Runner-up: Kerrie O'Halloran (Pingrup)

Bronze Championship: Michelle Waddell (Newdegate)

Runner-up: Barbara Bunworth (Kulin)

Silver Division (36 hole nett): Julie Dall (Kulin)

Runner-up: Anne Bishop (Newdegate)

Bronze Division (36 hole nett): Barbara Bunworth (Ku)

Runner-up: Michelle Waddell (Newdegate)

Wednesday Gross (18 holes): Helen Hunt (L Grace)

Wednesday Nett (18 holes): Kath Garard (Pingaring)

Thursday Gross (18 holes): Ann Dolan (Nyabing)

Thursday Nett (18 holes): Leonie James (Hyden)

Veteran: Margaret O'Brien (Corrigin)

36 Hole Stableford Competition: Coralie White (Cor)

Gross Teams Event: Newdegate

Nett Teams Event: Kulin

Players were blessed with good weather, great company and a course that was in exceptional condition. It was a very enjoyable and fun filled three days of golf with ex Lake Grace resident and Lake Grace Golf Club Life Member Jan Mason attending on the Tuesday. Mick Mason was also on hand to help the other men do the dishes. The Golf Ladies would like to very much thank the generous sponsors and the golf club members who helped pull it all together.

The Ladies would like to thank their corporate sponsors:

- Summit Fertilisers
- Grainpool
- Dyson Wools
- Country Housing Authority
- Landmark
- Wesfarmers Insurance
- LG Communications & Computers
- Planning Enterprises
- Roe 'Be Active' Scheme

*Right: Waiter extraordinaire Marcus Owen with Shirley 'Can Can' Reynolds.
Far Right: Nyabing's Ann Dolan cuts the birthday cake.*



Championship winner Jeannie Szczecinski of Corrigin with Shirley Reynolds (WGWA representative).



Debra Robins of Kulin and Margaret McLean of Lake King put plenty of work into their headwear.



Newdegate ladies Trish Tonkin, Yvonne Harvey, Michelle Waddell and Anne Bishop are pleased with their win in the gross teams event.



LAKE GRACE GOLF NOTES

Last week was our second round of the 2008 club championships. Gary Frost defeated Kevin Eggers and Craig Reeves defeated Stephen Hunt in the men's A Grade. In the men's B Grade Marcus Owen won in a walk over and Nick Maalouf defeated Trevor Norman.

Four golfers ventured out to Lake King for their Open Day on the Saturday. Stephen Hunt was in the winner's team and Gary Frost had the best individual score on the day.

This week was the final for our club championship's. The men's A Grade was a very good contest with Gary Frost holding on to defeat a fast finishing Craig Reeves on the 35th hole. Helen Hunt defeated Michelle Lay in the Ladies A Grade final in another good contest. Both ladies agreed when they had finished, they had played enough golf this week. The men's B Grade final was won by Marcus Owen, Nick Maalouf said his game was not consistent enough to apply the pressure required. Derek Stanton defeated Peter Lay in the men's C Grade final. Both agreed it was nice to watch the finish of the

men's A grade with a cold one once they finished. Congratulations to all the winners for the 2008 club championships, best of luck to the runners up next year, and a big thank you to everyone else who played throughout the championships. Last but not least the caddies on the final day.

This week end is the Men's Lakes District Golf Association Carnival hosted by Newdegate Golf Club. The following week end the Clayton Cup is on at Kulin Golf Club Saturday 23rd. At home on Sunday we will be playing a stableford competition sponsored by Outback TV. Thank you to Stubby, Devon and Reid for their continued support.

Chad Stanton

There will be no junior golf this weekend due to the Men's Carnival in Newdegate.

Junior Golf Championships will be held over two weekends, Sunday 24th and 31st August.
9am start, names to be in by 8:45am.

2008 Golf Club Championships

Lake Grace Golf Club Championships are done and dusted, the pressure is off and this year's runners-up are already looking forward to clearing a spot on the mantel piece in 2009. It was a 35 hole slog out for the Men's A Grade contestants, Gary Frost and Craig Reeves, before Gary out golfed Craig on the 35th hole. It was a good comeback for Craig who was seven down after the first 18 with Gary showing some blistering form on his morning round of the course.

Perhaps Gary ate too much lunch and that slowed him down or maybe Craig's caddy gave him the boot up the bum he needed, either way it definitely became less one sided the second time round the course. While Gary had the experienced professionalism of caddy Graham Milton at his fingertips plus the soothing

support of wife Nola, Craig had to contend with an inexperienced (but enthusiastic) Suzanne who was there for the exercise.

Rabbits were startled as golfers went off fairway (apparently a clearing in the bush doesn't equate to being in the clear), while shouting and calling the ball names had limited positive impact on the quality of play. Once Craig has his bush experience out of the way it was Gary's turn to go wayward, with (brave) caddy Graham voicing what others would only think, telling Gary that he was only in the bush because he aimed there.

Helen Hunt added to her trophy collection with a win over Michelle Lay, the fifth time that Helen has been A Grade Ladies Champion. The ladies were all golfed out with their three days of competition earlier in the week. Helen won on the 29th hole being 8 up with 7 to go.

Men's B Grade was won by a jubilant Marcus Owen, his first B Grade championship win. Marcus was three up after the first 18; however his opponent, Nick Maalouf staged a fight back getting to within one down. However Marcus upped the ante, being four up after 27 before defeating Nick on the 31st hole, 6 up with five to go.

Derek Stanton is back to back Men's C Grade Champion. Derek defeated Peter Lay on the 26th hole (not quite the furthest point from the club house) being 11 up with 10 to go.

The men are now all limbered up in time for the Association's Carnival which will be held at Newdegate this weekend.



Photo: Club Champions Gary Frost, Helen Hunt, Marcus Owen and Derek Stanton.

LAKE GRACE/PINGRUP FOOTBALL NOTES

Round 12 July 27th 2008

Round 13 August 9th 2008

League:

Borden 19 goals 9 (123) defeated Lake Grace/Pingrup 13 goals 13 (91).

Best: Luke Bairstow, Stephen Chappell, Matthew Trevenen

Goal Scorers: Matthew Trevenen 5, Glen Medlen 3, Joel Duffy 2.

Ongerup 16 goals 10 (106) defeated Newdegate 13 goals 12 (90).

Jerramungup 10 goals 19 (79) defeated Kent 5 goals 9 (39).

Gnowangerup 16 goals 15 defeated Boxwood Hills 17 goals 8 (110).

Reserves:

L Grace/ Pingrup defeated Borden by forfeit.

Ongerup 13 goals 8 (86) defeated Newdegate 10 goals 10 (70)

Kent 11 goals 6 (72) defeated Jerramungup 2 goals 9 (21).

Boxwood Hills 8 goals 10 (58) defeated Gnowangerup 3 goals 10 (28)

Juniors:

Lake Grace/Pingrup 11 goals 8 (74) defeated Borden 0 goals 5 (5)

Newdegate 5 goals 8 (38) defeated Ongerup 1 goal 3 (9).

Jerramungup 16 goals 12 (108) defeated Kent 3 goals 14 (32).

Boxwood Hills 14 goals 12 (96) defeated Gnowangerup 0 goals 1 (1).

League:

Ongerup 16 goals 14 (110) defeated L-Grace/Pingrup 2 goals 5 (17)

Best: Luke Baristow, Matthew Trevenen, Glen Medlen

Goal Scores: Jason Robertson 1, James Eaton 1.

Good fast game of footy played in perfect conditions.

3/4 time Ongerup 13.10 L-Grace/ Pingrup 10.9

Head count and L-Grace/Pingrup lost their score

Jerramungup 20 goals 22 (142) defeated Borden 5 goals 8 (38).

Newdegate 9 goals 18 (72) defeated Boxwood Hills 9 goals 8 (62).

Gnowangerup 34 goals 21 (225) defeated Kent 5 goals 5 (35).

Reserves:

Ongerup 20 goals 15 (135) defeated L-Grace/Pingrup 2 goals 2 (14).

Jerramungup defeated Borden by forfeit

Boxwood Hills 8 goals 4 (52) defeated Newdegate 2 goals 12 (24).

Gnowangerup defeated Kent by forfeit.

Juniors:

L-Grace/Pingrup 17 goals 15 (117) defeated Ongerup 4 goals 5 (29).

Jerramungup 15 goals 14 (104) defeated Borden 2 goals 3 (15)

Boxwood Hills 15 goals 16 (106) defeated Newdegate 2 goals 2 (14).

Gnowangerup 8 goals 9 (57) defeated Kent 2 goals 5 (17).

PINGRUP JUNIOR HOCKEY NOTES

Round 12: Lake Grace/Pingrup v Borden

Round 13: Lake Grace Pingrup v Ongerup

Lake Grace Pingrup defeated Borden 2 nil

Ongerup defeated LGP, 3 goals to 2 goals

What great team spirit this week! LGP played well and had an easy win against Borden, with Liam Baker and Fergus Hunt scoring goals in the first half (dare I mention that both goals were scored by our halfbacks?!). Our forwards ran hard, chasing the ball, with some solo runs for goal. Borden struggled to get the ball through our defence, so great tackling from the backs. Anna Hunt won the Team Player award – she has been improving every week, and played fullback to perfection this week. Juanita O'Neill won the 100% award for not giving up; as an inner, she ran hard and tackled strongly all game. Well done everyone – a great team effort, and a win to be proud of!

Both teams needed a win this week to keep their finals dreams alive, so it was a fast and well fought game from start to finish. It was very rewarding to see some of the skills we practice at training being put to use. Those 16 yard hits out to wing and the consequent passing between wing and inner were wonderful to see. Once again, Liam Baker was our goal scorer, scoring a goal in each half. I gave out two 100% awards this week - Briana Mcwhirter, (who demonstrated the effectiveness of wearing a mouthguard - they really do save your teeth!), won the 100% award for her tenacity, and Liam Baker won the second 100% award for his whole game effort. Being such a team effort I couldn't single out any one person for the Team Player Award, so congratulations to everyone for playing a great game.

Medicare

Lodge your claims via direct line
no phone queues, no forms to fill in
At the Lake Grace Telecentre

Kate Zweck

LAKE GRACE PINGRUP NETBALL NOTES

Round 12

Lake Grace vs. Borden

Thank you to all the supporters who came to cheer us on at Pingrup.

A Grade:

The girls had a hard fought game this week and came away with a 6 point win. The final score was 34 to 28.

Best Player: Tammy Holmes.

Coaches Award: Tameka Knill.

B Grade:

The B grade girls played a great game and came away with their second win of the season!! The final score was 36 to 22.

Best Player: Gabbie Trevenen.

Coaches Award: Kaden Chesson.

Thank you to The Lake Grace/Pingrup Football club for sponsoring the awards for Round 12.

Thank you also to the Pingrup Sailors Arms Hotel for the sponsorship of our coaches' award.

Round 13

Ongerup vs. Lake Grace

A Grade:

After a slow start, the A grade girls played a fantastic game against Ongerup, the final score was 31 to 47. The girls are awesome to watch and it would be great to see as many supporters as possible cheering them on next week at home against Boxwood. We have high hopes for them in the finals.

Best Player: Annie Kuchling

B Grade:

B Grade had no game this week.

Thankyou to the sponsors, Fyfe Transport, for the best player awards for Round 13.

Thank you to everyone who has contributed to the success of the netball club this year; whether it be playing, spectating, coaching or doing a duty. *Just a quick reminder: Could everyone please make a special effort to bring afternoon tea on the 16th, it's our last home game!*

Good luck to all winter sports teams for the final round against Boxwood Hills. Good luck to the teams who will be participating in the finals in the coming weeks. GO BOMBERS!!!

Amanda Poots

Dates to Remember

August

Thur 14th

Sat 16th

Final day to pay for Netball/Hockey trip

Lake Grace vs Boxwood (last game for the season)

Sat 16th

Olympiana Night @ Pavilion

September

Sat 13th

Sun 14th

Winter Sports Grand Final @ Ongerup

Lake Grace Winter Sport vote count at the Sportsman's Club

Sat 20th

Sat 27th

Winter Sports Dinner @ Town Hall

Netball jackets *should* arrive

October

Fri 3rd – Sun 5th Netball / Hockey end of year trip



Lake Grace Pingrup Netball Club
Presents

The 1st Ever



Winter Sports Olympics

Saturday 16th August

Lake Grace Pavilion from 8pm

Theme/ dress: All things Olympics

Make your teams on the night

All players, supporters and spectators welcome!

Games, medals & prizes * Medal Count & Tally

Bar Facilities * Live Band

LAKE GRACE/PINGRUP JUNIOR FOOTBALL NOTES

2nd August – Lake Grace/Pingrup home match against Borden was held at Pingrup on a breezy cold day, the breeze blowing straight across the ground. Borden had quite a few smaller kids, the bigger kids were effective gatherers though and disposed of the ball quite well considering the conditions. Our guys had plenty of shots on goal but accuracy was a problem with the wind pushing plenty of shots even out of bounds.

After the change at quarter time the boys found the going a lot harder kicking up the ground against such a stiff breeze. Borden managed a couple of points but couldn't find the major opening, Carrie Taylor and Bart Trevenen cleared the ball out to the pockets and flanks on several occasions. The forwards drifted up the field a bit trying to get into the game and managed a couple of goals into the wind.

At the half time break, players were swapped around a bit to bring them into the game and Angus Hunt and Jack Trevenen were involved in several passages of play, more shots on goal followed with the accuracy improving somewhat but we were still having shots from the 'dead' side of the oval. Brock Bowron and Leighton Smith took turns in playing for Borden and tried hard with tackling and a couple of kicks. A see-saw battle in the last quarter saw Borden desperate for a goal but our defence was too miserable. Lake Grace ran out comfortable winners.

9th August – Lake Grace Pingrup travelled to Ongerup

to play the second last match of the qualifying rounds. Conditions were superb with only a slight easterly blowing straight across the ground. Lake Grace/Pingrup got off to a good start with Darren Boulton getting early touches in the centre and it wasn't long before Jack Trevenen slotted through a nice goal. Shaye Bowron, Liam Baker and Regan Smith got in on the action with goals a piece and things were looking good. Ongerup were moving the ball forward under pressure though and managed a couple of goals before quarter time.

After a "Bevan" tune up in the huddle, the team put their heads down and dominated the second quarter. Fraser Hunt was once again sweeping well across half back and Fergus and Tom were working well in the ruck contests. Thomas Gambuti worked through the packs well and provided plenty of opportunity for the forwards, Nash Kirk featured around the goal square bagging a couple of opportunistic goals. Carrie Taylor had a change of ends and nearly took a mark in goals. Ongerup never gave up but our ball winners were relentless in pursuit and used the ball well when they had it in their possession.

In the last quarter Fraser and Regan went over to play for Ongerup which gave them a bit more control over the centre. Lake Grace/Pingrup ran out comfortable winners and look forward to the challenge of Boxwood at home this week.

Ross Bowron



Australia's unique biodiversity is under threat and needs your help.

Now in its tenth year, Tiwest Night Stalk is on again from 1 September to 16 October with the aim of getting members of the community out into nature to do some spotlighting for wildlife.

Tiwest Night Stalk is easy, fun and something everyone can do. All you need is a torch and the Spotter's Log.

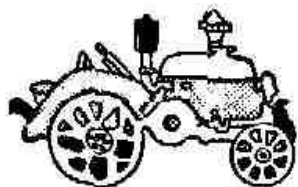
The information will be collated and sent to conservation agencies to help determine the number of animals still living in the wild, especially near urban areas, to better direct conservation efforts. This regular monitoring can provide a valuable record of changes to the distribution of animals over time.

Tiwest Night Stalk is a great way to become involved in community conservation action and to learn about our native animals, their habitat and their threats.

TO REGISTER FOR THE NIGHT STALK PLEASE CONTACT



Nadene Owen - Shire of Lake Grace
Email: nadene@lakegrace.wa.gov.au
Phone: 9890 2500



NEWDEGATE MACHINERY FIELD DAYS

Wednesday 3rd & Thursday 4th September 2008

THE GREAT SOUTHERN'S
"FAMILY FRIENDLY FIELD DAYS"

HUGE DISPLAYS OF MACHINERY – TRACTORS, TRUCKS, SPRAY RIGS, TILLAGE EQUIPMENT, PRESS WHEELS, G.P.S. & NAVIGATION EQUIPMENT, MOTOR BIKES, SILOS, FIELD BINS, STOCK YARDS, SHEEP & CATTLE DISPLAYS

ASSOCIATED INDUSTRIES – FILTERS, ADDITIVES, ROO BARS, 4WD ACCESSORIES, AUDIO & SOUND EQUIPMENT

LEISURE - SPORTING EQUIPMENT, FISHING, BOATING & CAMPING, NURSERIES, OUTDOOR FURNITURE, HELICOPTER RIDES

FAMILY INTERESTS - COMPUTERS, EDUCATIONAL DISPLAYS, WINERIES, FASHION, SCRAPBOOKING, INSPIRATIONAL DISPLAYS, ART & PHOTOGRAPHY COMPETITION & DISPLAY, COMMERCIAL DISPLAYS, FASHION PARADES, NATURAL FIBRE FASHION AWARDS

ENTERTAINMENT - SOUTH WEST BOUNCY CASTLES, TWISTED BALLOONS, CONNY THE CLOWN, JO BOLTON'S SUITCASE CIRCUS, DEB PERRY – SPOONS LADY, MOBILE LASER SKIRMISH, GWN'S DOOPA DOG, LEE FORSTER BAND & WHIPCRACKER, DEJA BLU

EWE HOGGET COMPETITION – Thursday 4th – sponsored by Dyson Jones W.M.S., Landmark(Lake Grace), Newman's Seedworks, Farmworks(Lake Grace), Elders(Newdegate), Wagin & Districts Stud Stock Breeders Assoc Inc. and Stud Merino Breeders Of WA.
Presentations immediately after judging on Thursday.

FLEECE COMPETITION – Wednesday 3rd – in "Dyson Jones Wool & Sheep Pavilion" sponsored by Dyson Jones W.M.S. and Elders – Lake Grace. Presentations Thursday 4th 11:30am.

ART DISPLAY & COMPETITION sponsored by **Shire Of Lake Grace, Swan Brewery, C.B.H. Group, Filters Plus, Palis Sound & Lighting, Lindandrew, Albany Toyota, Keetlen Valley Poll Merino Stud, Mosa Austral Asia, Plastics Plus, Newdegate Veterinary Services, Chaos Olives, Gary Russell Photography, Jacksons Drawing Supplies.**

"Dyson Jones/Westpac Bank" FASHION PARADES

NEWDEGATE NATURAL FIBRE FASHION AWARD – The judging process encompasses Design Concept, Manufacturing Process and General Appeal; with a \$1000 for the Best Garment Award, sponsored by **FarmWorks of W.A.**; \$200 for Best Accessory Award, sponsored by **Kindelka Samms Stud – Newdegate**; \$250 for Best Secondary Student Designer Award, sponsored by **C.W.A of W.A.** These presentations will be held on Wednesday evening with a gala parade starting at 7pm.

KID'S ENTERTAINMENT – South West Bouncy Castles – many shapes and sizes, Twisted Balloons, Conny the Clown, Jo Bolton's Suitcase Circus, Zorb Roller Ball, Mobile Laser Skirmish, GWN's Doopa Dog (sponsored by many **LOCAL BUSINESS HOUSES FROM NEWDEGATE and LAKE GRACE**)

DEB PERRY - SPOONS LADY off Australia's Got Talent will be teaching young and old how to make those spoons sound so entertaining.

LIVE ENTERTAINMENT – Lee Forster Band, and one of Australia's best whip crackers, will play throughout the day. Check out the website www.leeforster.com.au and Deja Blu on Tuesday evening in the Pavilion.

ESPERANCE HELITOURS – step outside your comfort zone and take a scenic ride – from 5 minutes to half an hour – check out the farm lands and the amazing lake system that surrounds Newdegate.

ICPA's famous Doughnuts – found on walkway between Family Interest Display Area and the Machinery Site.

St John Ambulance Showbags available from front foyer of Family Interest Display Pavilion – check out the huge selection.

Tune in to "Midalia Steel Radio 93.1FM" – this station is alive for the fortnight leading up to and including the field days.

GATE PRIZES – Windsor Motel-Como, Hyden Wave Rock Resort-Hyden, Trade Winds-Fremantle, The Peninsular Apartments-Perth, Balneaire Resort-Albany, Perth Ambassador Hotel-Perth, Goodearth Hotel-Perth, Mercure Hotel-Perth.

Plenty of food and drink outlets around the grounds.
COME AND ENJOY A GREAT DAY OUT WITH THE WHOLE FAMILY.
ENQUIRIES: Secretary – Alison Spencer Phone 9871 1655 or Fax 9871 1659

CLASSIFIEDS

PUBLIC NOTICES

Shire Council Meetings - 2008

The next Council meeting is
Wednesday 27th August, 1pm at the
Lake King Shire Hall.
*Members of the public are welcome to
attend meetings.*

Senior Citizen's Luncheon

Thursday 4th September— CWA
Thursday October 2nd - Red Cross

CWA Meeting

9th September - 1:30pm

ATTENTION

Narrogin Senior High School Parents
Hostel Parents, Past & Future Parents.

An **open** invitation to all concerned parents to come and meet Mr Tim Martins - Principal from Narrogin Senior High and Mr Steve Lally Acting Manager of Narrogin Residential College for a discussion on anything that you may have concerns with. This will be a friendly and hopefully constructive meeting on how we can improve our children's schooling and living arrangements.

To be held at Doug & Michelle Dunham's farm.
701 West Kuender Road, North Lake Grace.
Monday 8th September 2008. 10.30am.

Please ring Michelle 0429 653003 or
Doug 0427 653054
for numbers and any questions.

Lake Grace & Newdegate General Practice. Ph 9865 1208

We have once again been able to secure the services of the RFDS visiting Female Doctor (Dr Linda Haines) for Lake Grace. She will be available for pap smears, breast examinations and other female related issues.

The dates for this year are:
4 & 5 September
9 & 10 October
13 & 14 November
18 & 19 December

Please phone the surgery to make an appointment.

Margaret Cole

Clinical psychologist / counselor for Southern AgCare will be on leave for August. My next visit will be the week beginning 15th September. In my absence people could contact Ellie Cameron on 0488 548 588 or elliecameron@gmail.com

WANTED

Cleaner

Can work to suit school hours.
One day per week.
CCL Hardware 9865 1104.

Childs Car Seat

Call Lenore on 9865 1022.

FOR SALE

Cyclone Portable Sheep Yards

20 double panels.

Very good condition. \$4,000.00

Electric Pencil Auger

Very good condition. \$250.00

Lister Shearing Grinder

On stand. Comb Bright Boy kit. Back Aid.

Very good condition. \$600.00

Sheep Feeder

\$300.00

Call 9865 1011.

Skidsteer Loader Thomas 153.

50HP. Kubota Engine. 1692 hrs.

Good tyres. Excellent condition.

\$25,000.00 inc. GST

Call 9865 4014.

2002 VX Holden

Commodore Wagon

VGC, 6 MTHS REGO.

Economical and Spacious.

Ideal Family Car. 130,000KM'S

\$11,500 ONO. PH: 0429 120 020

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker (President)	9865 1241	9865 1921
Ian Chamberlain (Vice President)	9871 6043	9871 6035
Amanda Milton	9865 1960 0429 654 011	
Ollie Farrelly	9865 1180 0427 651 180	9865 1188
John Dunkeld	9871 2059	9871 2094
Jeanette de Landgraft	9838 9062	9838 9041
Royce Taylor	9865 1507	9865 1320
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

ANGLICAN CHURCH OF LAKE GRACE

Sunday 17th August

Newdegate	8:00am
Lake Grace	10:00am

Sunday 24th August

Lake Grace	9:00am
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Enquiries:	Father Dave 0427 545 560
	Terry Gladish 9865 1022
	Wally Perry 0448 795 070

LAKE GRACE CATHOLIC CHURCH

Friday August 15th:

Jerdacuttup	7pm
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Saturday August 16th:

Hopetoun	6pm
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Sunday August 17th:

Ravensthorpe	8:30am
Kukerin (C/S)	9am
Varley	11am
Lake Grace	6pm

Sunday August 24th:

Kukerin	8am
Lake Grace	10am

Queries to Fr Pierre Repuyan on 9865 1248

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9890 2222
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	0427 441 459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mr Len Elliott	ph 9865 1137
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 0429 654 011

Watering Days in Lake Grace

Last digit of your lot or house number	Your two scheme watering days are:
1	Wednesday & Saturday
2	Thursday & Sunday
3	Friday & Monday
4	Saturday & Tuesday
5	Sunday & Wednesday
6	Monday & Thursday
7	Tuesday & Friday
8	Wednesday & Saturday
9	Thursday & Sunday
0	Friday & Monday
You may water only once either before 9am or after 6pm	

COMMUNITY CALENDAR

August

Fri 15	Fish & Chip Night - LGS Club Bingo at the Sportsman's Club	Sat 23	Steak Night at LGS Club Hockey—Preliminary Finals at Narembeen
Sat 16	Steak Night at Sportsman's Club Hockey - Semi Finals at Corrigin Winter Sports - LG/P v Boxwood Hills Golf—Men's Carnival at Newdegate Olympic Night—Winter Sports	Sun 24	Junior Golf—1st Rnd of C/ships Golf—Stableford
Sun 17	NO Junior Golf Golf - Men's Carnival at Newdegate Pony Club Rally	Mon 25	Lakes Link News Deadline
Mon 18	Recycling Collected Gym Swimability LGDHS P&C Meeting	Tue 26	Chair Aerobics Watching Your Weight Physiotherapist Pingrup Potters Grain Marketing Workshops
Tues 19	Watching Your Weight Chair Aerobics Pingrup Potters Physiotherapist Men's Health with Julian Krieg (p.23) Red Cross Meeting Art Group Meeting	Wed 27	Hockey Training Ladies Darts Shire Council Meeting Tiarri Prime Samm Field Day (p.24)
Wed 20	Ladies Darts Hockey Training Introduction to Solids (p.15) Centenary Meeting (p.10)	Thur 28	HACC Transport Available Playgroup Lakes Link News LG Toy Library HACC Bus Outing (p.15)
Thur 21	HACC Transport Available Playgroup Bone Density Van in Lake Grace LG Library, Resource & Telecentre Building Meeting		
Fri 22	Fish & Chip Night - LGS Club		

Coming Events

August 29—Quiz Night at the Sportsman's Club
 August 29—Wax & Wipe Workshop (Artists Group)
 August 30—Roe Districts Hockey Grand Final at Lake Grace
 August 30—Lake Grace Hockey Club Windup
 August 31st—Final Round of Junior Golf C/Ships
 September 1—Giant Walk
 September 2—Tourism Meeting
 September 3&4—Newdegate Field Day
 September 4—Pizza Night back
 September 4—Immunisation Clinic (not the 11th as stated on Hospital Page)
 September—RSA Workshop
 Sept 4& 5—Dr Linda Haines in Lake Grace
 September—Genealogy Workshop
 September 8-19—Awesome Arts (p.35)
 September 13—Winter Sports Grand Final
 September 14—Winter Sports Vote Count
 September 20—Winter Sports Windup
 October 4—Wild Oats Musical Festival
 October 6-10—Newdegate TC Celebrations
 October 16—Community Art Exhibition
 October 18—Lake Grace Market Day
 October 23—24—Mental Health Workshop
 November 4—Grant Writing Workshop
 November 5—Introduction to Project Planning Workshop
 November 13—LGDHS Art Exhibition



Shire of Lake Grace

PUBLIC NOTICE

Change of Date 24 July 2008

Lake Grace Library, Resource & Telecentre Committee Meeting.

The Lake Grace, Resource & Telecentre
 Committee Meeting, originally
 scheduled to take place on Thursday
 24 July 2008,
 has now been rescheduled to take place on
 Thursday 21 August 2008 at the Lake
 Grace Library.

Jim Fraser
 CHIEF EXECUTIVE OFFICER