

LAKE LINK NEWS

Produced at the
LAKE GRACE TELECENTRE
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ABN: 19 498 730 152

19th July, 2007

\$1.10 inc GST

Vol 13 Issue 13

It's Here.....

Much to the delight of Lake Grace's digital photographers the 'Photo Express' booth has arrived. Within its first week 20 customers took advantage of the printing facilities, printing off their family and holiday snaps.

Images can be printed directly off the memory card, a CD disc or a USB flash drive. The machine can print out the standard 4" x 6" prints or a 6" x 8" enlargement; it can also put your favourite photo on a 6" x 8" calendar. Images can also be downloaded onto a disc.

The machine is very simple to use with an American lady (not sure where she's hiding) telling you what to do, every step of the way. Photo quality is exceptional. The photo booth will be a handy facility for Lake Grace.

With the Telecentre having a high quality scanner that can scan photographs (up to A4) negatives and slides, all photographs will be able to be printed through the booth.

Photos can be cropped on the machine, however it may be simpler to crop these on your home computer. Standard photographs are exceedingly cheap, however there is an initial setup fee. Customers can only print 200 photos on one setup fee, large quantities of photos do take some time to print so be prepared to wait!

For all those with Scottish blood we will be rounding up to the nearest five cents as the Telecentre makes no money from the standard prints. As generous as we are we are unable to subsidise your snaps.



Rysha and Tarnie Bird taking advantage of the photo printing booth.

Photo Printing Costs

4" x 6" standard print - 19 cents per print plus
\$2.99 setup fee (up to 200 prints).
6" x 8" enlargement - \$1.99 per print plus \$2.99
setup fee (up to 100 prints)

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Telecentre Opening Hours

Monday - Friday 9:00 am - 12:30 pm ; 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday, Friday 9 - 5 pm



Advertising Charges

All prices inclusive of GST

1/8 page	\$ 8.80
1/4 page	\$13.20
1/2 page	\$22.00
Full Page	\$41.25
Classifieds	85c /line

We would appreciate your advertisements and articles on disk or emailed if possible.

Please email all material to:
lakelink@treko.net.au.

Deadlines & Editions

All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

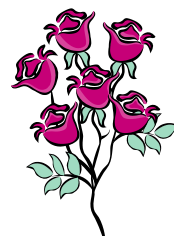
Next Deadline: Monday 30th July
Next Edition: Thursday 2nd August

A very BIG thank you

To the very dedicated team who have produced and compiled this edition of the Lakes Link News.

Gwen Oliver
Rebecca Reeves

Thank you also to our many contributors of articles.



DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- It's here.....and very easy to use. The photo booth that is. Just 19 cents a print plus \$2.99 initial fee. One hundred of those holiday snaps will only cost you \$21.99 (OK \$22). The quality of print is very good. The machine prints out standard (4" x 6") and also does a 6" x 8". Thank you to those who have been in to get some prints done. Lake Grace has six months to demonstrate a need for this machine, unless we can show we are able to meet the quota the machine will be shipped on.
- Lake Grace's **Welcome Package** is available. If you are getting new staff or know of someone who has just moved to town, please let us know so that we can give them one of the packages. We would like to get these packages to recipients within the first week of their arrival. We did receive funding for 100 packages but will make up only a few at a time as the information is likely to change. Packages will contain an information booklet, phone book, history book and local brochures. If you would like business cards or flyers included in the package please contact us. We appreciate any feedback on these packages.
- The Telecentre will be holding a three hour **Excel** course on Monday 6th August from 9:30am to 12:30pm to make up a shortfall in our 2006 First Click funding. This course is free but will be a one-off. We can have five participants, but need names in by Monday 30th July. Have one place left!
- We will also host a three hour **digital camera** course for beginners on Wednesday 22nd August from 9:30am to 12:30pm. This course will also be free and a one-off. The course will cover downloading and editing of images, printing and burning to CD. Have one place left.
- With recent changes in liquor laws anyone selling alcohol, whether it be in a business or a non profit organisation, will need a certificate for '**Responsible Service of Alcohol**'. The Telecentre will host an accredited workshop in the near future. Racing, Gaming and Liquor are aware of the difficulties faced by those 'living in the bush' and have OK'd a DVD and open book examination package that can be completed in four hours. This certificate does not mean you can manage a licensed premises, just that you can serve under the licensee. Cost at this stage is \$50. If you or anyone within your organisation would like to take part in this workshop please contact the Lake Grace Telecentre.
- ***Due to training the Telecentre will be closed on Tuesday 7th August. We apologise for any inconvenience but this training will help us set up a website for the Lake Grace Telecentre. On this website we hope to include our local community organisations.***
- Thank you to everyone for getting their information in so promptly for this fortnights Link. We are on the lookout for some more advertising so if you would like to setup a regular **advertising** campaign please contact the Telecentre.
- We do have some **outstanding accounts** for classified ads, if you have advertised something in recent months could you please drop in and pay your tab. We don't send accounts for such small amounts.

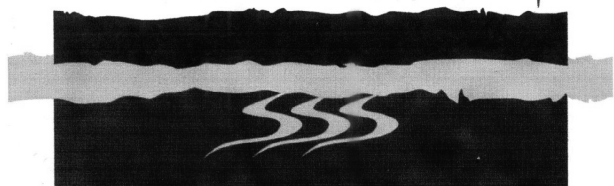
Suzanne Reeves

Thanks to Collators of the Last Edition



Leanne Mahoney
Gabby Trevenen
Eileen Mather
Michelle Lay
Maurie Gilson
Rebecca Reeves
Genni Curtin

SAND'N'SALT



Sale starting
Monday 23rd July.

Up to 50% off
most gear.



LETTERS TO THE EDITOR

Dear John,

On behalf of the Upper Great Southern Football Club, I would like to sincerely thank you and the Lake Grace/Pingrup Football Club for a very enjoyable Colts Carnival.

The players and support staff were very happy with the weekends organisation and their accommodation, it made their stay very pleasant. Our officials who

attended on one or both days, were impressed with the efficiency and planning.

Well done and thank you. We look forward to coming again in 2008.

Yours sincerely
BR Butterworth
General Manager
Upper Great Southern Football League

Dear John,

On behalf of the West Australian Country Football League, I would like to congratulate you and your committee for organizing such a fantastic Great Southern Carnival in Lake Grace a couple of weeks ago.

The WA Country Football League President, Ken Baxter, reported back that the event was an

outstanding success. It was a credit to all the dedicated people from the Lake Grace organising committee and the Great Southern Football Council, who all worked extremely hard in the lead up and during the event to make it such a success.

Yours sincerely
Cameron Knapton
General Manager
West Australian Country Football League



NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE
LAKE GRACE TELECENTRE

GLENDENVALE FRAMING

Has relocated to the old
doctor's surgery near the hall

Julie will be there every
Wednesday afternoon
(except school holidays)



If this time isn't
convenient please ring
for an appointment on
9865 3058 or
0427 516 406

Please feel free to come in for a
browse of the samples

All welcome Tuesday July 24
Gesture Drawing
Multi Artspace, Lake Grace
from 9am
Learn quick & interpretive sketching
& get some life into your drawings.
Bring BIG & small paper & lead pencils,
charcoal, black textas etc.
Call Anna to book: 98 654 023.



ABOUT TOWN

- Congratulations to Monique Trevenen and James Eyres who have recently announced their engagement. Wedding bells should be ringing in April of 2008.

HAPPY BIRTHDAY



21st July
22nd July
25th July

Phoebe Robertson
Blair Watson
Ross Bowron
Brad Hudson
Stephen Chappell
Kate Zweck
Bradley Watson
Irene McGlinn
Vicki Reynolds

29th July

30th July

31st July

1st August

2nd August

Robyn Taplin
Amy Carruthers
Juanita Trevenen
Jason Taplin
All Horses
Bill Jenks
Lyn Taylor
Curtis Edwards



HAPPY ANNIVERSARY

30th July - Geoff and Di Desmond

Fax, email or bring your *About Town* news into the Telecentre. If you would like to share your birthday or anniversary celebrations with us then please fill in the Celebrations book.

Regional Volunteering Small Grants Program 2007

The Regional Volunteering Small Grants (RVSG) Program has been developed by the State Government's Department for Communities to help organisations provide better management and support for volunteering in regional Western Australia.

Not-for-profit, community based organisations located in regional Western Australia are invited to apply for a **one-off** grant of up to \$5,000. Applications close at 5pm on Friday 31st August 2007.

Individuals, commercial enterprises and government bodies are ineligible to apply.

To be eligible for the RVSG Program the applicant's project must:

- Benefit communities in regional WA;
- Help provide better management and support for volunteering;
- Contribute to one or more of the program's intended outcomes; and
- Be completed by 30 June 2008.

For more information, the guidelines and application form can be obtained from the Lake Grace Telecentre..

House Wanted

Anywhere in Lake Grace town.
Ring Tooey on (08) 9842 9538 or
Shirley on 9865 1095.

MY WRITE FOOT
BY MAURICE LOCK IS AVAILABLE
FROM THE LAKE GRACE
TELECENTRE FOR \$25.

Lake Grace Weather

- Terry Gladish

July Extremes

Highest Monthly Rainfall	128.1	1930
Lowest Monthly Rainfall	12.8	1937
Highest number of rain days	23	1946
Lowest number of rain days	5	1970
Highest Daily Rainfall	60.5	04/07/1930



Date	Min	Max	Rain
4/7	8.2	16.8	
5/7	6.5	16.8	
6/7	9.8	17.5	
7/7	5.8	20.3	
8/7	8.7	21.0	
9/7	4.0	16.0	3.0
10/7	5.1	16.3	
11/7	6.5	19.1	
12/7	10.4	20.4	
13/7	7.7	18.1	
14/7	8.1	18.0	
15/7	4.8	18.8	
16/7	4.8	15.6	
17/7	8.2	16.4	Trace
18/7	4.4		

YOUTH ADVISORY COUNCIL

The last activity night was a quiz night on Friday 6th July. Jane Bushby and Nanette Wallace organised the night for the members and by all accounts a good time was held by all.

the 25th of July from 3.30 to 5.30pm, supervisor Genni Curtin.

Debby Clarke

The winning table was Miranda, Nicole and Courtney. It was good to see a few of the older members coming along and enjoying themselves.

Youth Station Roster

25th July	Curtin
1st August	Fyfe
8th August	Pittard
15th August	Bowron

School starts again next week and the Youth Station will be open each Wednesday starting on

Lake Grace Playgroup and Lake Grace Toy Library are planning a

Toy Auction

of donated toys for August/September

Donations of toys and clothes for all ages (in good, clean condition please), would be greatly appreciated.

Why not have that clean out? Help Playgroup and Toy Library raise funds to purchase new resources.

Any unsuitable or unsold toys and clothes will be donated to charity. Toys and clothes can be left at Toy Library (RSL Building), 9:30-10:30am on Wednesdays 1st August, or by arrangement with

Emma Fisher 9865 1580 or Karina Jenks 9865 2067

Changes to Newdegate Veterinary Services

To all my Loyal Clients,

Due to changing clientele and raising overheads, I have made the difficult decision to close down my Thursdays in Newdegate and operate only from home. I will see any sick animal and perform surgery from my farm clinic which is now being registered as a veterinary premise.

This means that surgeries and consultations will be able to be done on other weekdays Monday, Tuesday and Wednesdays. On Thursday I will still be coming into to do my grocery shopping, so will take orders, assimilate products and do limited "dry" consults from the Newdegate Elders building, between 10am— 1pm.

My clinic phone has been disconnected and I will be available on my mobile on Thursdays—the number is 0428 720 003.

Please make sure product orders are placed well in advance, be aware that consults will be limited on Thursdays and any surgery cases will be scheduled for Monday, Tuesday or Wednesday at the farm address 2260 Old Ravensthorpe Rd.

You must ring to make appointments as no walk-ins will be tolerated.

I realise that this shift means extra travel for some of my clients, for which I apologise and can

Do you need housing finance?



Country Housing Authority has been providing housing finance to farmers and businesses for over 30 years.

WE COME TO YOU!

Call our friendly staff on 1800 158 200 or visit www.dhw.wa.gov.au

Desert Challenge

Ryan Hyde of Varley will be taking on the Simpson Desert with his pushbike in early October to raise funds for the Paraplegic Benefit Fund. An annual event, the 'Simpson Desert Bike Challenge' is celebrating its 20th anniversary this year.

The race starts at a little know campsite called Purni Bore, somewhere north east of Oodnadatta and follows old oil exploration tracks constructed by a French oil company in the 50's.

The first stages of the race cross up to 600 sand dunes before the track flattens out through the Gibber plains and salt lake country. The fifth and final day is on the Birdsville track, with the 580km challenge winding up at the Birdsville pub.

Conditions are reported to be extremely arid (average humidity of 20% and less) with daytime temperatures rising to the 40's before plummeting to below zero at nights. There is always a possibility of rain, turning the track into a hellish nightmare.

Aside from the obvious physical challenges, just getting to the start line is proving to be challenging in its own right. All riders need to be fully self sufficient for the duration of the race, including a well equipped support crew and 4WD, plus the ability to carry enough water and fuel to meet the needs of remote travel.

The race is a not-for-profit event, originally created as a fundraiser for the Paraplegic Benefit Fund. As part of his teams entry, Ryan is currently trying to raise funds for the PBF, and his team, either from donations or as support to help setup the crew and equipment. As part of this process Ryan is holding a novelty golf day and information evening at the Varley Country Club on Friday 3rd of August.

The PBF is a non profit organisation, established to assist those affected by spinal cord injuries and to raise awareness of spinal injury prevention.

Apart from all the organising there is some serious training on Ryan's agenda in what is only a short lead up to the race. With bikes, weights, medicine balls, rowing machine and various other contraptions vying for floor space, Ryan's back verandah resembles an adventure playground or obstacle course more so than a relaxing entertainment area.

With Varley having a distinct shortage of hills, training consists of banging out as many kilometers as able, over as much varying terrain

as possible; at the moment anything up to 300 kms a week plus resistance training, stretching and light jogging.

At time of publication Ryan had already attracted a number of sponsors who have made significant contributions; Narrogin Outdoor Solutions, Sinclair Brothers Concrete, Wagin Meats, Waveline Hardware, The Roasted Bean Café in Roleystone (Julie McPhee), Mainpeak outdoor store in Perth, Rockingham Cycle City and South East Petroleum.

Ryan would like to welcome everyone to participate in his novelty golf day at Varley; to register simply ring Ryan or the Varley Country Club. If you would like to support Ryan in some other way he can be contacted on (08) 9875 1068 or 0437 447 335.



Above: Ryan Hyde astride his bike.

Novelty Golf Day

Support Ryan Hyde in his fundraising ride across the Simpsons Desert.

When: Friday 3rd August

Where: Varley Country Club

Call 9875 1068 or 0437 447 335 to register your interest!

SAND'N'SALT

Shop 5, Lakeway Shopping Centre,
22/23 Stubbs Street, LAKE GRACE
Telephone 9865 1465

 FASHION FOR THE SALT OF THE EARTH

Under New Management

*Dot and Vicki would like to announce they have purchased
Sand ' N' Salt from Kate and took over on
Monday 16th July 2007.*

*We look forward to being of service to you and encourage
you to return the survey below!*

Age:

Teen 20 ish 30 ish 40 ish 50 ish 60 ish Mature

Favorite Brands:

Underwear: _____

Ladies wear: _____

Menswear: _____

Children's wear _____

Usual size _____

Your comments would be appreciated: _____

Please drop this into us so we can buy what you want

Enquiries to: Dot Morgan or Vicki O' Neill —Gray, PH: 9865

Regional St John Ambulance Sub Centre's Volunteers Meeting

On Sunday 15th July, St John Ambulance members from local regional sub centres met at Lake Grace to network and discuss factors affecting their sub centres.

The afternoon was professionally facilitated by Amanda Milton, Lake Grace Chairperson, with a great deal of energy and enthusiasm from the floor.

Many areas of Volunteer Ambulance Service Provision were discussed, and ideas and opportunities shared. It was a valuable experience for all in attendance, and it was resolved to meet annually. Next year it is hoped we can draw even more sub centre representatives from all our regional sub centres.

One of the outcomes of the day was the formulation of two pressing concerns that will be presented on behalf of the region to the St John Annual Sub Centre Conference in August.

Firstly that of the Police closures in rural areas. There will be far reaching concerns and consequences for Ambulance volunteers if the proposed services are indeed cut. The role of the Police as the lead agency in any major incident involving unlawful actions, or MVA's or as volunteer back up is imperative for volunteers safety and confidence in pursuing their volunteer

role. The other issue was that of mobile telephone service coverage with the roll out of the next G, there is already less that desirable coverage with CDMA, however with the next G it appears we will lose coverage rather than gain. These questions are being formulated to be put for formal consideration and response to our state body.



Photo L to R: Gary Guelfi (Newdegate), Rusty Lee (Ravensthope/Hopetoun/Munglinup), Amanda Milton (Lake Grace), Heather Bell (Lake Grace), Ann Hyde (Varley), Helen Gooding (Kukerin/Dumbleyung). Absent from photo, Ben Hyde (Varley) and Louisa Dare (Kukerin/Dumbleyung).

LAKE GRACE ARTIST'S GROUP

Hi all,

Tuesday 24th July is a three hour drawing workshop with Sarah Allen at the MultiArtspace. This is for beginners or people with more experience. We encourage you to come along.

All you budding actors, actresses, drama queens, scriptwriters, editors and filmmakers out there **WE WANT YOU!** We are having a short **FILM - MAKING** workshop on 3rd, 4th/5th of August.

This is a 20 hour workshop and will start on the Friday night and run through the Saturday and Sunday. The Youth Group (YAC) did the same workshop last year and had a great time, resulting in two short films. These along with the films we make this time will be shown at an exhibition along with the YAC National Youth Week photography in October. This is professionally run and a very exciting project to be involved in. Again **ANYONE** is welcome, the more the merrier, we could need 'extras'!

The Community Exhibition is coming up in late September (note changed from October) the theme this year is **FACES**. Anyone is welcome to put work in; it is not a judged show, for more information ring Catherine Hendry 9866 8023 or Margaret Carruthers - 9865 1253, entries to Anna Strevett - 9865 4023.

Also this month **Woodwork** with Roley Brooksbank on the 11th/12th of August making - **RUSTIC BUSH FURNITURE** - for the raw beginner or intermediate student.

The **Photography** workshop is at the end of September this is a basic two day workshop for both **digital** and **SLR** camera users. You will learn composition, camera settings, depth of field, special lenses etc with Veanna Scott. She will provide notes as well.

For more information on workshops ring Workshops Coordinator Kerrie - 9865 4042 or to book for either of these workshops ring Anna Strevett 9865 4023.

Tentative Date for the Governance workshop on 27th August.

Tania Spencer

Scanning

Have your family photographs scanned and saved to CD at the Telecentre.

We can also download from your digital camera. Enquiries on 9865 1470.



Visitors Centre (Stationmaster's House)

Thank you very much to all the volunteers. Any person who can fill the gaps please phone Mary or write your name down in the roster book. If you

cannot do your specified time please phone Mary Naisbitt on 9865 1321.

On the roster below asterisks (*) denote time slots. The first time slot generally is 10am to 1pm, the second time slot generally is 1pm - 4pm.

★ **Meeting Monday 20th August @ 3.30pm
EVERYBODY WELCOME**

July/August 2007 Roster for Lake Grace Shire Visitors Information Centre						
Mon 23 * Bill Jenks *	Tue 24 * Wally Perry * Phyl Dunham	Wed 25 * * Leanne Mahoney	Thur 26 * Henk Doelman * Elsie Bishop	Fri 27 * Glenda Slarke * Irene McGlinn	Sat 28 * *	Sun 29 * *
Mon 30 * Bill Jenks *	Tue 31 * * Betty Daly-King	Wed 1 * Kathy Brigg * Kerry Slarke	Thur 2 * Henk Doelman * Elsie Bishop	Fri 3 * Trish Medlen * Irene McGlinn	Sat 4 * *	Sun 5 * *
Mon 6 * Bill Jenks *	Tue 7 * * Betty Daly-King	Wed 8 * * Leanne Mahoney	Thur 9 * Henk Doelman * Elsie Bishop	Fri 10 * * Irene McGlinn	Sat 11 * *	Sun 12 * *



Hi Everyone,

I have at the moment just started a blanket for my bother, it is a Geelong blanket. So far I have made an Eagles, Dockers, Port Adelaide and Adelaide blankets.

This week Deb and I would like to do something different and thank a couple of businesses for their ongoing help and support for all the weight watchers in town.

The first one that we would like to thank is Rosies, where they go out of their way to help us keep in our points target. You can go in there and Lorrie will know how many points there is in what you want to order; if you want some thing that is fried, Val will cook it in the frying pan so you can have it. They keep us in line; no butter, cheese or mayo on our rolls.

The next business is Katie at Sand 'N' Salt. As a reward Katie gives us 10% off our purchases if we lose five kilograms.

We would also like to thank Anna and Letisha for all the exercise classes and pushing us that little bit further.

Last but not least is IGA for getting the weight watcher food in for us, makes it a lot easier to stay on track.

With the support of these businesses, Deb and I have lost 24.3kg. Anyone that wants to lose weight should come to the meetings, they are fun and you will get all the support you need to get to your goal weight. It helps that we have the best weight watchers 'guru', Julie King, who is always there to support you during and out of meeting times. Julies makes us want to come back each week with her happy face, support and encouraging words.

So thank you to all the businesses and the people who have supported us all the way. Remember to keep crafty.

From Sheryl Smith

SCIENCE AND STUFF

HERBAL COLD REMEDY:

A cure for the common cold? Not quite, but the herbal supplement *Echinacea* can help reduce the chances of catching the sniffles by 60 percent, according to a review of 14 studies into its effectiveness. On average, it can also cut the time a cold lasts by 1.4 days (The Lancet infectious diseases, vol 7, p 473).

DEADLY POISONS MEET THEIR MATCH:

Ricin, cholera toxin and shiga toxin, produced by deadly strains of *E. coli*, are the stuff of every poisoner's handbook, because there is no antidote. Now Jose Saenz and colleagues at Washington University of Medicine in St Louis, Missouri, may have found one. These toxins travel backwards through a cell's protein-making pathway, passing through the Golgi network and endoplasmic reticulum before interrupting protein synthesis. Saenz's team screened 14,400 small molecules for compounds that could halt this journey without disrupting normal cell function. They found two such molecules which, if safe, could lead to treatments for these poisons (Infection and Immunity, DOI: 10.1128/IAI.00442-07).



THERE BE GIANTS:

A penguin big enough to look you in the eye is hardly what you'd expect to find in the tropics. But 36 million years ago, giant 1.5 metre penguins roamed the Peruvian coast. Large size in penguins is thought to be an adaptation to conserve body heat. So Mario Urbina of the National University of San Marcos in Lima was surprised to find that the giants, named *Idadypetes salasi*, lived in the tropics at a time when the Earth was much warmer.

The global cooling that covered Antarctica with ice sheets didn't start until about 34 million years after *Idadypetes* had died out. They would have had to have spent most of their time in water (Proceedings of the National Academy of Sciences DOI:10.1073/pnas.0611099104).

VACCINE TAKES ON BLOOD PRESSURE:

People often forget to pop their blood pressure tablets, so could a long-lasting vaccine work better instead? Cytos Biotechnology in Zurich, Switzerland, has created a drug that it claims can reduce blood pressure for months at a time. It works by fooling the body into making antibodies that mop up angiotensin 11, a naturally occurring peptide that raises blood pressure by constricting vessels. In a trial of 72 people, the drug CYToo6-AngQb lowered systolic blood pressure by 25 millimetres of mercury compared with a placebo treatment, and diastolic pressure by 13 mmHg.

Typical targets for a healthy adult are around 120 mmHg systolic and 80 mmHg diastolic, or 120/80. "We can certainly reduce blood pressure, but whether it's enough to be clinically meaningful we can't say yet," says Martin Bachmann of Cytos, who presented the data at a meeting of the European Society of

Hypertension in Milan, Italy on 17th June. The effect was greatest in the morning, which is when most strokes and heart attacks occur. Four months after the shot, only half of the antibodies were left, so people may need a top-up every six months, Bachmann says.

SOLVED, CHILE'S MISSING LAKE:

Scientists said that a lake in southern Chile that mysteriously disappeared last month developed a crack which allowed the water to drain away. A build up of water opened a crack in an ice wall along one side of the lake. Water flowed through the crack into a nearby fjord and from there into the sea, leaving behind a dry lake-bed littered with icebergs scientists told Chilean State TV. "It looks like it's slowly filling up again," said Andres Rivera, a glacier expert who headed a team which recently flew over the lake in a bid to solve the mystery. The lake is situated in the Magallanes region of Patagonia. (BIGPOND News, source: ABC).

IT'S A SMALL WORLD AFTER ALL:

The World is smaller than first thought, German researchers at the University of Bonn say. They took part in an international project to measure the diameter of the World that showed it is five millimetres smaller than the last measurement made five years ago. Dr Axel Nothnagel, who led the Bonn researchers, says the difference was crucial in the study of climate change.

"It may seem a very small difference, but it is essential for the positioning of the satellites that can measure rises in sea level. "They must be accurate to the millimetre, if the ground stations tracking the satellites are not accurate to the millimetre, then the satellites cannot be accurate either." The scientists round the number up to 12,756.274 kilometres for the general public. The system of measurement used by the Bonn geodesists in the two-year project consists of radio waves that are transmitted into space. "A network of more than 70 radio telescopes worldwide receives these waves, because the gauging stations are so far apart from each other, the radio signals are received with a slight lag," Dr Nothnagel said. "From this difference we can measure the distance between the radio telescopes to the preciseness of two millimetres per 1,000 kilometres." The procedure is called VLBI, which stands for "Very Long Baseline Interferometry". The technique can be used, for example, to demonstrate that Europe and North America are moving apart at a rate of about 18 millimetres a year (BIGPOND NEWS: Source: ABC News).



IF anyone would like to discuss any of these stories, or any others please be free to ask. I also am a amateur Egyptologist and study ancient history, weather, and land forms as well as astronomy.

Maurice Gilson



LAKE GRACE DISTRICT HIGH SCHOOL NEWS



Lake Grace Pre-Primary

During Term Two the Pre-Primary children have been enjoying the storybook 'Jumanji' written by Chris Van Allsburg. It is about two children, Judy and Peter who play a mysterious Jungle game they have found. As a result of playing this game many animals visit their house. The Pre-primary children have enjoyed learning about different animals and to finish this theme they have made a wonderful frieze of animals and their habitats.

The children also enjoy "Creative time" which allows them the opportunity to choose between different activities. The photos show a snapshot of the activities which are available for the children to participate in.



Above: Latisha McGlinn, Kara Smith and Michaela Stoffberg.
Latisha, Kara and Michaela are being very creative and designing a city with animals.

Right: Whitney King, James Ward and Keiran Harvey

The play dough table provides the opportunity to make 3-D objects and practise our fine motor skills.



Left: Connor Hawkins, Seaton Willcocks and Walker Zweck

Connor, Seaton and Walker are making animals for our Animal and habitat frieze.



Left: Hannah Clunie and Charlee Earnshaw

Hannah and Charlee are painting up a storm!



Right: Brock Power, Blair Watson, Mikayla McEwan and Jack Downey

Brock, Blair, Mikayla and Jack are using their imagination in the Home corner.



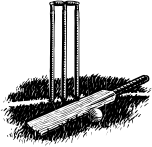
Above: Fletcher Taylor, Cooper Earnshaw and Tayah Medlen

Fletcher, Cooper and Tayah love creating cities and buildings for the animals.



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au

LAKE GRACE SPORTING PRECINCT UPDATE



- The Minister for Sport and Recreation, Hon John Kobelke MLA, has approved the first payment of \$55,000 for Stage One of the development and the funds have been received by Council.
- Materials for the lights are now on hand for the Netball and Tennis Courts. Steve McWhirter is planning a Busy Bee for the weekend of 21st & 22nd July to erect lights on the Netball courts.
- Sports Surfaces have been requested to ensure that the flexi-pave turf for the Netball Courts is in place for the finals campaign on the 25th August.
- The Cricket Club has accepted a quotation from Sports Surfaces to re-surface the practice wickets. This work will be carried out in conjunction with the surfacing of the tennis courts.
- Lake Grace Tennis Club representative Ross Bowron is obtaining quotes to fence the Tennis courts.
- The 2007/2008 Shire budget will be submitted to Council meeting on the 25th July. The budget includes an amount of \$590,000 to continue the Stage One development.

*Thanks to all the Club representatives and members who have assisted with the redevelopment thus far. As this is a community driven project, we look forward to your ongoing support and assistance with the Stage One upgrade. **NOTE:** If your Club wishes to change the details of their Representative/s*

please ring Nadene Owen on ☎9890 2500 or email nadene@lakegrace.wa.gov.au


drumMUSTER
rinse them out, round them up and run them in.

DrumMUSTER is the national program for the collection and recycling of empty, cleaned, non refundable crop production and on farm animal health chemical containers.

The next collection is in September on the following dates:

Lake Grace 19/09/2007 - contact the Shire ☎9890 2500

Newdegate 19/09/2007 - contact Ashley McDonald ☎9871 2023

Lake King 20/09/2007 - Contact Dick Perkins ☎9874 4007

Varley 20/09/2007 - Contact Dick Perkins ☎9874 4007



Do you
value
your
health?



IMPROVING **YOUR**
HEALTH
SERVICES SURVEY


RETURN DATE:
27 JULY 2007



Shire of Lake Grace

NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email shire@lakegrace.wa.gov.au




LOOK UP LOOK DOWN and LIVE

All Emergency Services Personnel and interested community members are invited to a joint presentation by FESA and Western Power to explore the implications of power transmission equipment during emergencies.

Venue: Lake Grace Fire Station Bennett St
 Date: Wednesday 15 August 2007
 Time: 6.30pm
 RSVP: Leonie or Skye at the Shire
 Phone: 9890 2500

Light Supper Provided




Congratulations to **Cale Morton** who played in the victorious Western Australian squad in the Australian Football League NAB 2007 Under-18 Championships.

Western Australia went through the championships undefeated and Cale was awarded the Larke Medal for the best and fairest player in Division One.

COMMUNITY DEVELOPMENT

Michelle Slarke, Shire of Lake Grace Development Officer, is available each Monday and Tuesday to help community groups prepare grant applications for various projects. If you are seeking funding for a particular project, contact Michelle during office hours (Tel: 9890 2500 or MichelleSlarke@lakegrace.wa.gov.au), giving as much notice as possible in order to meet grant deadlines.

CURRENT FUNDING PROGRAMMES:

Healthy Club Sponsorship Program

What could your sporting club do with \$2,500?

In conjunction with Healthway, Sports Medicine Australia manages the Healthy Club Sponsorship Program. This program provides an incentive for sporting clubs to identify and address a range of issues that have the potential to improve the health and safety of their members and supporters.

Incorporated clubs playing in a recognised sporting competition over the 2007/2008 summer season may apply for up to \$2500 for initiatives to make their club safer, healthier and to train and educate volunteers. Funds may also be used for equipment to encourage participation for people with disabilities.

In return for sponsorship, clubs are required to become permanently and totally smoke free in all indoor areas and introduce strategies to address other health issues. Clubs will also need to develop and introduce a Healthy Club Policy addressing the issues of smoking, sun protection, sport safety, alcohol and healthy food choices.

Please note that sporting associations are not eligible for sponsorship. Guidelines and application forms can be obtained from the Sports Medicine Australia website at www.smawa.asn.au or by contacting Sports Medicine Australia on (08) 9285 8033.

Applications close Friday, August 31st, 2007.

LAKE GRACE ARTIST'S GROUP

Workshop News

We are about to get busier as we have more workshops coming up. These are being run by invited artists for all the community to attend. All our workshops are open to every one over the age of twelve (with parent supervision) and up to 100, at least. The workshops are not gender specific, if any of the workshops tickle your fancy you are very welcome to register and come along.

Most of our workshops are subsidised and so come at a much reduced price. We have been very lucky to have had Michelle Slarke successfully apply for grants from Country Arts, therefore allowing our workshops to be between \$30 and \$50 instead of \$250.

Many of these workshops (with visiting artists) will not be held again as Country Arts mostly only funds these artists once for us, so get in there and don't miss out.

Filmbites are coming on the 4th and 5th August and the cost of this workshop is about \$100 per person. Again this is subsidised by about \$350 per head from grant money, so take up this chance to come and work with professional film makers to create your own film.

The workshop covers the total process of making a short film, scripting, filming and editing and producing the film and hopefully being able to convert it into your home movies. **THEY BRING ALL OF THE EQUIPMENT.**

This will be over a couple of hours on Friday evening

and then Saturday and Sunday.

Roly Brooksbank from Esperance is coming on the 11th and 12th August to do a woodworking workshop on **Bush Furniture** (I have seen some of Roly's work and some of his students work at Summer School in Albany and it is really nice).

Very little equipment is needed for this workshop, a Stanley knife, a drill, screwdriver, pencil, chalk and an old piece of timber that could be included in your project.

The cost of this workshop is \$50 each, the other \$150 (per head) is supplied by our Country Arts grant; so once again don't miss this opportunity, register and come along.

We are also trying to organise a photography workshop for young adults and adults in the near future; either 29th and 30th September or the 5th and 6th October. This is still in the pipeline. Check out next links for further information.

Don't forget to check out the monthly workshops run by our local artists, every one is welcome. Become a member so that you can get up to date information and prior warning of the workshops via email.

For further information on workshops contact Kerrie Argent 9865 4042 or kerriearg@hotmail.com

Film making

Lake Grace Artists Group
invites you to a

FILM MAKING
workshop

PROFESSIONAL
FILM MAKERS
"FILMBITES"

Sat 4th+ Sun 5th August
Multi art space
Open to all ages - 12-100

Bookings:

Anna Strevett 9865 4023

Information:

Kerrie Argent 9865 4042

NO EQUIPMENT NEEDED



Woodworking



Lake Grace Artists Group
invites you to a
Bush Furniture
making Workshop

Saturday 11th and
Sunday 12th August

Multi Art Space
Cost \$50

Bookings:

Anna Strevett 9865 4023

Information:

Kerrie Argent 98654042



LAKE GRACE HOSPITAL

providing 24 hour emergency health care services to Lake Grace and the surrounding area

TEL: 9890 2222 FAX: 9890 2202

Immunisation:

Lake Grace

Thursday 9th August

10:00—12 midday

Lake Grace Medical Centre

Newdegate

Wednesday 1st August

10:00—11:30 am

Newdegate Surgery

NB: Bring your book and Medicare Card.

For any Child Health queries call Elizabeth Trevenen ph: 9890 2246 .



HACC Happenings:

4th Friday Activity Day

Friday 27th July—Lunch at Terra Vista

Departing 10:00 am from Lakes Village Hall

Lunch menu = \$25.00 each + \$5.00 travel

Menu details & additional information in HACC newsletter & on Village noticeboard

RSVP essential to 9890 2222

By Friday 20th July



Head Injury

Any head injury should be treated with respect.

Please have a thorough medical assessment if possible, or at the very least take these precautions:

- AVOID ALCOHOL or narcotic drugs for at least 48 hours after a head injury.
- DO NOT TAKE PAINKILLERS unless directed by a health professional

If you have any of the following symptoms, consult your doctor immediately:

- Severe uncontrolled headache
- Persistent vomiting
- Mental confusion or unusual sleepiness
- Weakness or numbness of the arms or legs
- Extreme dizziness
- Unusual drainage from ears or nose

Clinical Waste Disposal Service

All clinical waste is able to be disposed of in special containers at the hospital. This includes safe disposal of diabetic syringes and any old or out-of-date medicines.



Do not dispose of these in the rubbish or down the sink!!

TELECONFERENCE

As part of “Stemming the Tide—Promoting Healthy Families in the Wheatbelt”

“GUIDING CHILD BEHAVIOUR 1-2 YEARS OF AGE”

Topics covered include:

- Hopes and Dreams
- Play
- Behaviours
- Resources for play and behaviour

**Date: Wednesday
25th July 2007**

Time: 9.30am to 11.00am

**Where: Lake Grace Hospital—
Relatives Room**

**Please phone the hospital on
9890 2222 to lodge your interest.**

Council Invites Community Views on Road Safety

The Road Safety Council is inviting all West Australians to have their say on road safety in an online survey.

The feedback from the questionnaire will be included in a public discussion document on the different options for the Western Australian Road Safety Strategy 2008-2020.

Road Safety Council independent chair Grant Dorrington said this was a prime opportunity for everyone in the community to give their views on road safety.

"Road safety is the responsibility of every road user from the roads we travel on and the speeds we travel them, to the vehicles we use and the way we choose to behave on the roads," he said.

"The more feedback the Council gets from the community, the better chance we have of presenting options for the next road strategy that are a true reflection of public concerns.

"This survey is an integral part of the Council's community consultation process. No other state in Australia has ever undertaken such a broad-based approach to community consultation on road safety."

Mr Dorrington said the survey asked for responses to

multiple-choice questions as well as encouraging respondents to raise their specific road safety concerns. The Council and the Office of Road Safety were at the halfway point of supporting more than 20 Members of Parliament in hosting community consultation forums in their electorates across WA, he said.

"The Office of Road Safety has also organised information sharing sessions for special interest groups, business leaders, policy implementers and the Parliamentary Reference Group on Road Safety," Mr Dorrington said.

"All this feedback will be incorporated into a strategy options document based on research by Monash University Accident Research Centre to be released for public comment in mid-October.

"Once the discussion document is released, we will again seek community opinion on the options to further improve road safety before the Road Safety Council finalises recommendations for the strategy to Government next year."

A link to the survey can be found at the Office of Road Safety's home page at <http://www.officeofroadsafety.wa.gov.au>.

Submissions close on 31 July.

CCL HARDWARE

Lake Grace - Ph 9865 1104

Look at this:

Laser Dumpy Level, special price \$449.50, includes staff and tripod!

We have just stocked up on:

- New range of giftware / kitchenware
- Overwidth tie on signs
- New release DVD's
- Winter seedlings
- New stick on velcro range



Hands On Day for Sheep-Handy innovators

Lake Grace farmers Greg and Paula Carruthers will host one of three Sheep Innovator Forums, modelled on the highly successful Merino Innovation Day that was held at The Grange last year during world Merino Conference.

The hands-on day full of demonstrations, equipment and sheep management systems, will take place on Wednesday August 15, from 9.30am to 3pm.

Funded by the Grain and Graze Avon project, the Innovator Forums are designed to fill a long-standing gap in the market place – in order to provide a practical day comprising largely of demonstrations that showcase new technologies and systems for sheep handling and management.

According to project convenor, Eliza Dowling, the Innovator Forums are a 'very different product' to the usual fare that comes with on-farm information days.

"We have deliberately chosen to stage these days on commercial farms and our brief to all those demonstrating products and systems is that it must be interactive and a show and tell story. There's not a powerpoint slide in sight," Eliza said.

"Our aim with these days is that they will encourage people to adopt the new sheep handling technologies that are on offer – and more importantly demonstrate the tangible economic benefits they bring."

The day will start with a single opening formal presentation – delivered by Ian McClelland, chair of the Birchip Cropping Group at Birchip in Victoria – but the remainder of the day will largely be in a field day format, with delegates spending allocated time attending demonstrations throughout the site.

Confirmed presentations include sheep handling demonstrations from Atlex Stockyards and Hecton Sheep Handlers; five-way drafting and automatic identification, walk-over-weighing, mulesing alternatives including the Skin Traction intradermal injection, Bioclip wool harvesting and sheep gene markers to name but a few.

A total of 18 Innovation Stations have been confirmed – and delegates will be able to choose between which presentations they attend, with each lasting for a maximum of 30 minutes.

Intending participants are asked to pre register – as the registration booking will form part of the automatic electronic identification system demonstration – where delegates will wear an electronic tag for the day.

"This will allow us to use delegates – instead of sheep – to demonstrate how the system works in terms of data entry and distribution of relevant information – and is guaranteed to give a good laugh as well," Eliza said.

Catering for the day is being provided by the Lake Grace football club – with delegates able to purchase lunch and refreshments on site. Entry to the day itself is free.

The events are being managed by Esther Price Promotions and all inquiries and bookings need to be made through office@estherprice.com.au or by phoning 9525 2663.

FREE Skin Checks

Tuesday 31st July and
Thursday 30th August

Do you have suspicious moles/marks on your skin? Dr Kanodia will be offering free skin checks on the above dates. Please phone the Lake Grace Medical Centre on 9865 1208 to make an appointment.



*The Shire of Lake Grace Kerbside Recycling Collection
- every second Monday in Lake Grace and Newdegate*



What CAN be placed in Yellow-Topped Recycling Bins?

- ✓ Glass bottles and jars (no china, ceramics, porcelain or broken glass, no lids)
- ✓ Cardboard, newspaper, office paper, magazines and junk mail (flatten boxes)
- ✓ Milk cartons, drink cartons, long life cartons/ tetra type packs (please rinse)
- ✓ Plastic bottles and containers (please rinse, no lids)
- ✓ Steel cans including aerosols
- ✓ Aluminium cans, clean foil and foil trays

Travel Diaries

We continue on from Day 25 of Joe and June McEncroe and Helen and Clem Bennett's travels through Africa and Barcelona.

Day 25 — Washing day – ho hum. Most businesses in Spain have different operating hours to those we are used to. We spent quite some time this morning trying to find a laundromat that we could self operate. When we did find one, we had fun finding out how it worked but we got there in the end. The instructions are quite often a mixture of Spanish and English which can be a bit confusing at times.

Our first real day in the city, so we decided that we would purchase a two day open deck tourist bus ticket to try to get better acquainted with the city. We also decided that each one of us would get to choose something en-route that he or she wanted to see. This wasn't as easy as it sounds as we were soon to find out what a marvellous city we were in and how much there was to see. Many of the attractions revolved around Barcelona's most famous architect "Antoni Gaudi". This name meant little to us before we arrived in the city but we were soon to learn that he was very much a man before his time. Gaudi was born in June 1852 and met an unfortunate death in June 1926 when he was run over by a tram. He was a devout catholic who never married and lived a very monastic life. His extraordinary (some might say controversial) works dominate the architectural city of Barcelona and we were simply in awe of this after viewing quite a number of his masterpieces, although in saying that, there would be many who would see some or even all of his works as non attractive.

The first of Gaudi's creations we visited was the La Pedrera which was completed in 1910. This is a fantastic undulating apartment block featuring a quite bizarre roof and extremely intricate wrought ironwork. Finished the day with more strolling through the ever vibrant city streets, including La Rambla, just absorbing the atmosphere, the buskers and market stalls.

Day 26 — Early start down to a phone booth to make verbal contact with family back home. June sent a group email giving everyone a brief update on our travels to date.

Hopped back onto the tourist bus and headed for the Segrada Familia, another of Gaudi's works. It is virtually impossible to describe this building as it would have to be, arguably the most unusual building in the world.

The building was commenced as a Neo Gothic church in 1882 and became a Gaudi project in 1883 until the time of his death in 1926. We went up in a lift (minus Helen) to get a birds eye view and were totally amazed by the extent of mosaic tiling, venetian glass, the vaulted ceiling and the spires with the intricate mosaic balls on top. It really needs to be seen to be believed.

Construction virtually ceased for over half a century, then re-commenced 1987. The nave and apse are projected to be completed by 2010 but the entire building is forecast not to be finished until 2030 depending on funding, which relies on donations from the public.



The Segrada Familia

Back onto the bus to see yet another of Gaudi's creations – the "Parc Guell". This is a declared UNESCO world heritage site being a brew of architectural wizardry. The park included Gothic archways, fairy-tale pavilions, a serpentine bench and the widely known Gaudi lizard.

Finished the day with a bus trip down to the wharf area where we had a very expensive drink in a Tapas bar, then went looking for a place to listen to some classical Spanish guitar but unfortunately it was the wrong night for such entertainment, so we missed out - bummer.

Day 27 — Today we planned a walking tour so we were underway reasonably early. We followed a guide book that Joe had brought in Perth and with June once again ensconced as the chief navigator we set off to see some of the ancient Roman walls, an aqueduct and the museu d' Historia de la Ciutat (Roman museum). There were many items of interest in the museum, dating back to the 2nd century AD. The museum was actually built over some original Roman ruins and you could still see authentic instances of where they had their laundries, workshops, wineries and many other activity rooms.

By the time we left the Roman museum it had started to drizzle, which we might add was the only time we saw any rain for the whole time we were in Barcelona, so we reckoned we might as well make it a museum day. Thus we headed for the maritime Museum where we spent most of the afternoon. It was an excellent museum, even for those who aren't particularly into boats. All sorts of craft dating back to the BC era. Some were not much more than floating logs. A highlight was a full size replica of a Galleon complete with sound and light effects. The ship was around 60 metres in length and was powered by 200 or 300 oarsmen – three to each oar. The original galleon was commanded by Don Juan and was used in various seafaring battles.

After the maritime museum we stopped at the Mercat de la Boqueria which is a huge food-market selling a fantastic range of every type of food imaginable. All

Travel Diaries (cont.)

kinds of meat, fish, vegetables and fruit were on display - simply amazing. The girls were totally amazed at the confectionery and chocolate stalls which were exquisitely presented and the tastings were to match, needless to say a number of purchases were made!!

While we waited for the rain to stop we found a bar and Helen and June sampled the local Sangria while Joe and Clem had to sample the local beer, of course.

That night we sat out on Clem and Helen's little balcony with a beer or two and a wine and witnessed the comings and goings of the locals which was quite entertaining. Then we had our only home cooked meal of the whole trip, a tasty pasta dish knocked up by June.

Day 28 — This is our last day in Spain so we started by getting some washing done and some preliminary packing for the next day's flight to Casablanca. After the menial business was completed we set off on another self organized walking tour. This walk took us to the "Arc de Triomf" and down a beautiful tree lined avenue to the "Parc de la Ciutadella" which is Barcelona's largest park. It was a beautifully presented park with all the usual garden features and lakes, but it also included two zoos and two museums. From the park we ventured past the Estacio de Franco – the main railway station and then down to the trendy wharf restaurant area.



The "Arc de Triomf"

We completed our walk past a statue of Christopher Columbus set on a very high concrete pylon and of course a last stroll up La Rambla, just couldn't get enough of La Rambla. Finished the day with another very yummy tapas meal.

Impressions of Barcelona. We were advised that if we went to Spain and didn't have a lot of time at our disposal (we only had six days) then to go to Barcelona. Well this turned out to be good advice as it really was a great city with a lot to offer. We were lucky with the weather, as we were only a week outside of the northern winter and the crowds were quite tolerable, so

that went a long way to making our stay most enjoyable. The landscape and planning of the city is fantastic and this mixed with the wonderful buildings just made it a delightful city to holiday in. Would definitely visit again and spend some time seeing some more of Spain.

Day 29 — Morocco

Caught a taxi to the airport and arrived in Casablanca at around 11.00am. This was the start of our 15 day Moroccan tour with an English based tour company called "The Imaginative Traveller". We expected to be met at the airport by a representative of the company but there was a glitch in the system and we had to organize our own taxi from the airport to the hotel which was about an hours drive. There are two types of taxis in Morocco, little red Fiats with roof racks and Mercedes sedans without roof racks and both forms were old and rattly. Because we were four in number and with a reasonable amount of luggage, custom dictated that we use a Mercedes which of course was more expensive. The ride cost us 300 Dirhams which is about \$45.00, so it wasn't too bad really. When we arrived at our accommodation - the Hotel Suisse, and because we were a day early for our tour, we found out that we were not booked in, luckily they had spare rooms or we could have been walking the streets.

The hotel was very close to the sea so after we had settled in to our rooms we went for a walk to the beach and were totally amazed to see hundreds of men and boys kicking soccer balls on the wide, flat beach. We soon found out that you could go to the beach in almost any daylight hour and there they would be hundreds of them practicing. Many of them were very clever and skilful and it's hard to imagine that they are rated as minnows in the world of soccer. We saw very few females and the ones we did see were either tourists or covered in burkas, the traditional female Muslim dress, many of them were so totally covered that we could only see their eyes. Casablanca is a very big city with a population of around 5 million people, although it is not the capital, that honour goes to a city by the name of Rabat. The majority of Moroccans are Muslim and are required by their faith to pray to Allah up to five times a day - they are "called to prayer" by means of loud speakers that are situated on the many mosques throughout the city. Quite annoying at 4.30 am on your first morning in a strange city!!

Our initial impressions of Morocco was the friendliness of the people and surprise at how many of them could speak at least a little English – this was a great help because we didn't know a word of Arabic between the four of us but we did get to learn a few in the coming weeks.

Day 30 — The girls had a sleep in and Clem and Joe went down to the beach. It was a great beach for jogging, walking and soccer but the water was quite murky and we were told it was cold – it must have been as there was no one swimming.

Breakfast was a whole new experience especially for the cereal lovers because it was bye bye cereal and

Travel Diaries (cont.)

hullo to cakes, croissants, sweet pastries, curry soup and lots of fairly bland/dry bread rolls. We did find one redeeming feature of breakfast in Morocco and that was the orange juice as it was almost always 100% freshly squeezed and tasted superb!!.

It was a Saturday and we had the whole day spare so we caught a taxi into a more central part of the city to have a bit of a look around. Stopped at the Hassan 11 Mosque and brought our tickets for a guided tour commencing at 2.00pm, then filled in a couple of hours walking around the streets which weren't anything too pretty e.g. potholes, rubbish and a generally grubby in most places. We did manage to find a great little coffee shop with excellent cakes, so all was not lost.

Returned to the mosque at 2.00pm for our one hour tour. Our group was quite large and made up of many nationalities. We had a vivacious female guide who split us into two groups and addressed one group in French and the other in English. The building was inaugurated in 1993 for King Hassan, who wanted a monument built of very significant proportions. Land was reclaimed from the sea so that it could be built at the extreme west of the Muslim world.

Construction was started in 1986 with around 13,000 craftsmen and labourers working 24/7 for six years to complete the main building. All materials used with the exception of the Venetian glass in the Chandeliers and the white marble in the pulpits came from Morocco. The

outside of the building was amazing but the inside was simply spectacular, if for no other reason than the beautiful marble floor and the hand crafted mosaics which covered every square inch of the walls and columns. The building is equipped with a movable roof and is big enough to accommodate up to 25,000 people at one time in the main prayer chamber. The outside forecourt can hold up to 100,000 people. The mosque has the largest religious minaret in the world which rises to a height of 200 metres and is fitted with a laser beam, visible for around 35 kilometres, which points to Mecca. The inside of the main chamber has two mezzanine floors which are used by the women as they must be segregated from the men at all times during prayer. Prior to attending prayer, muslims were required to be clean, so the mosque includes male and female washrooms. There is also an ablution hall featuring 41 water fountains. These rooms need to be seen to be believed. Our guide advised us that the building was estimated to cost around \$US800 million but if the volunteer hours and donated materials were added in it may well have been two or three times as much. Well worth the \$20 Aussie we paid to see this.

After the mosque we wandered around a little more and found an ATM that worked. Joe then had a very funny visit to a local hairdresser. He sat in the chair while June, Helen and Clem sat behind like a cheer squad while the poor barber did the cutting. No electrical appliances for this guy, everything was carried out with scissors in a very skillful manner at a very rapid pace. The best part was it only cost 40 dirhams, about \$6.00 and he did a great job considering he did not have much to work with.

That night we met Dave our tour leader. Dave was English and turned out to be a great bloke and a great guide. We also met Mike and Chris a married couple from Wisconsin USA who were also in our travel group. After a tour briefing and the obligatory completion of forms and declarations plus the handing over of our hard earned to cover any optional tours, plus putting some funds into a tipping kitty we headed to a nearby restaurant for a meal, a drink or two and a natter - all very pleasant

Note: A tipping kitty is money paid to the tour leader for him/her to disburse on behalf of the group to all manner of people along the way e.g. porters, local guides and anybody he/she believes warrants compensation for effort.

We had a quiet morning as we weren't required to meet Dave and the other group members until around midday. Before catching our taxis to the train station for our trip to the city of Fes we met Liz and Shirley, two English ladies who were the other members of our group. We all seemed to "click" easily as a group, which Dave told us later is a tour leader's dream!!.

Will continue next fortnight.....

Pingrup MAINTENANCE SERVICE

All Types of Paving work

All Types of Brickwork

Colour bond Fencing

Patios

Gyprock Work

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Roofing Re-sheeting Tiles off / Tin on

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Wall tiling

Floor Sanding

Sealing & Polishing

Contact Gib

98 201 090 or 0427 201 094



Shire of Lake Grace

ARC NEWS & NOTES

PO Box 50 Lake Grace Phone 9865 1105 Fax 9865 1109 Email shire@lakegrace.wa.gov.au

Biggest Loser round 2

Have you got what it takes?

Beginning Monday 23rd — Friday 28th September 2007

What its about

The program has been designed for participants to experience the benefits of exercise in their lifestyle, both physically and mentally during the 10 week period.

What's the deal?

You sign a contract with your fitness instructor, agreeing to commit to two arc fitness/group training sessions or one arc fitness/group training session & one sports training session (netball, hockey, football) for ten weeks.

Cost?

\$20 per person (non refundable)
(All registration costs go towards total prize pool)
for further information see your fitness instructor

**Registrations will run during the first week
from Monday 23rd July - Friday 27th July 2007
(attendance is required during registration week)**

“ The biggest Loser”

Round 1

The Winner is?

**Find out Monday 23rd July 2007
at 7.00pm (following FORCE)
at the Lesser Hall**

Attention Recyclers!

All cardboard left at Recycling Station must go in the bins.

HUMOUR

The New Pastor

A new pastor moved into town and went out one Saturday to visit his community. All went well until he came to one house. It was obvious that someone was home, but no one came to the door even after he knocked several times. Finally, he took out his card, wrote on the back "Revelation 3:20" and stuck it in the door. The next day, as he was counting the offering he found his card in the collection plate. Below his message was a notation "Genesis 3:10." Upon opening his Bible to the passage he let out a roar of laughter.

Revelation 3:20 reads: (Pastors note) "Behold, I stand at the door and knock. If any man hear my voice, and opens the door, I will come into him, and will dine with him, and he with me."

Genesis 3:10 reads: "And he said, I heard thy voice in the garden, and I was afraid, because I was naked."

Bad Leg

A man goes into the doctor.

He says, "Doc, you gotta check my leg. Something's wrong. Just put your ear up to my thigh, you'll hear it!"

The doctor cautiously placed his ear to the man's thigh, only to hear, "Gimme 20 bucks. I really need 20 bucks."

"I've never seen or heard anything like this before. How long has this been going on?" The doctor asked.

"That's nothing Doc. Put your ear to my knee."

The doctor put his ear to the man's knee and heard it say, "Man, I really need 10 dollars. Just lend me 10 bucks!!"

"Sir, I really don't know what to tell you. I've never seen anything like this." The doctor was dumbfounded.

"Wait Doc, that's not all. There's more, just put your ear up to my ankle," the man urged him.

The doctor did as the man said and was blown away to hear his ankle plead, "Please, I just need 5 dollars.

Lend me 5 bucks, please, if you will."

"I have no idea what to tell you. There's nothing about it in my books," he said, as he frantically searched all his medical reference books.

"I can make a well educated guess though," he continued. "Based on life and all my previous experience, I can tell you that your leg seems to be broke in three places."

Airline Rage

As a guy takes his seat on an airplane, he is surprised to find a parrot strapped in next to him. After taking off, the flight attendant comes around to serve the passengers on the plane. The guy asks the flight attendant for a coffee and the parrot squawks: "And get ME a coke...NOW!"

The flight attendant, flustered by the parrot's attitude, brings back a coke for the parrot. However, she forgets the coffee for the guy.

As the guy points this out, the parrot drains his glass and screams:

"Get me another coke or I'll really create a scene!"

Quite upset, the attendant comes back shaking, with another coke, but still no coffee.

Irritated at her forgetfulness, the man decides to try the

parrot's approach. "I've asked you twice for a coffee. Go and get it right now, or I'll create a scene that will make HIS look like a Victorian tea party!"

The next moment, both the guy and the parrot are grabbed and thrown out of the emergency exit by two burly security guards.

Hurling towards earth, the parrot turns to him and says: "You're pretty cheeky for a guy who can't fly!"

Looking For Water

A man was walking through the Sahara desert, desperate for water, when he saw something, far off in the distance. Hoping to find water, he walked towards the image, only to find a little old man sitting at a card table with a bunch of neckties laid out on it. The man asked, "Please, I'm dying of thirst, can I have some water?"

The little old man replied "I don't have any water, but why don't you buy a tie? Here's one that goes nicely with your shirt."

The man shouted, "I don't want a tie, you idiot, I need water!"

"OK, don't buy a tie. But to show you what a nice guy I am, I'll tell you that over that hill there, about four miles, is a nice restaurant. Walk that way, they'll give you all the water you want."

The man thanked him and walked away towards the hill and eventually disappeared from view. Three hours later the man came crawling back to where the little old man was sitting behind his card table. He said, "I told you, about four miles over that hill. Couldn't you find it?"

The man rasped, "I found it alright. They wouldn't let me in without a tie."

Wrapping Paper Cowboy

A tall weather-worn cowboy walked into the saloon and ordered a beer. The regulars quietly observed the drifter through half-closed eyelids. No one spoke, but they all noticed that the stranger's hat was made of brown wrapping paper.

Less obvious was the fact that his shirt and vest were also made of paper. As were his chaps, pants, and even his boots, including the paper spurs. Truth be told, even the saddle, blanket and bridle on his horse were made entirely of paper.

Of course he was soon arrested for rustling.

Couldn't Spell

Mrs. Jones was reading a letter at breakfast. Suddenly she looked up suspiciously at her husband. "Henry," she said, "I've just received a letter from mother saying she isn't accepting our invitation to come and stay, as we do not appear to want her. What does she mean by that? I told you to write and say that she was to come at her own convenience. You did write, didn't you?"

"Er, yes, I did," said the husband. "But I, I couldn't spell 'convenience,' so I made it 'risk.'"



*The John Curtin Gallery
invites you
to an exhibition of
new works by*

Tania Spencer
Seeking Insight... Unity?

23 July – 12 August 2007

Meet the artist on Sunday 29th July
between 2-3pm

Opening times

Monday - Friday: 12 - 5pm
plus the following Sundays
29 July and 12 August

Free admission

Artist Statement

Seeking Insight... Unity?

While the earliest origins of true knitting are still debated, the practice known as nalbinding is thought to have been introduced to the rest of Europe through the Arab trade routes. Also known as Egyptian Coptic or single needle knitting, it has been dated back to 3rd century. My work is a blend of this ancient process of nalbinding and more recent knitting techniques.

I have experienced religion as always being on the outer. I have no formal religion but I believe that every person knows instinctively what is just and what is not, and that the goodness within themselves will prevail. Growing up in a small, all European Australian rural town distant from the city, limited my early experience to

diverse cultures and ethnicities. Religion, race and culture other than my own intrigue me. I look intently at the skins, cultural garments and traditions that make each of them unique, as if to absorb how I am different.

This body of work seeks to explore the extent of European Australian knowledge of Islam and investigates some of the principles behind this religion. After Christianity, Islam is the second largest religion in the world. Despite the terrorist attacks of 9/11 by Islamic extremists, Islam is the fastest growing religion in the United States of America today. American culture is sometimes seen as a social barometer for Australia. I have attempted to explore how Islamic culture fits within Australian culture. Through the medium of knitting, I hope to encourage the viewer to look beyond what 'newspaper education' is telling us, to ask questions and consider the philosophies of Islam.

Forklift Operations WorkSafe Certified in Pingrup

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Costs of the course will be \$220 plus \$68 for the Certificate.

All small businesses with a registered ABN number can claim back the first \$100 plus 50% of the balance through the Small Business Development Centre which makes the course cost \$94.00 per person.

To register please contact Diane or Izzy at the Pingrup Telecentre on 98 201 101.

General Farm Security

Property crime on Australian farms is increasing with serious financial and personal losses for farmers. Isolation, ease of access and the portable nature of livestock and equipment make farms an inviting target for thieves, vandals and other criminals.

Primary responsibility for crime prevention on farms rests with property owners and here are some ways you can reduce the risks on your property. Some suggestions may not suit your situation. Use your own judgment to work out what you need to do to avoid the loss, inconvenience and anxiety associated with crime on farms.

The Property boundary

The boundary is the property owner's primary line of defense. The stronger and more noticeable it is, the greater the probability of deterring a thief.

- Secure locks and gates. Gates should be as strong as possible, mounted securely and locked with heavy-duty chains and padlocks.
- Keep your fences and gates in good repair.
- Ditches form a natural barrier. Use locking posts to obstruct large openings to yards.
- Go around your property and look at it through the eyes of a thief.
- Put up Rural Watch signs along the perimeter. 'No Trespass' signs clearly define boundaries, and warning signs about watch dogs, alarms on the premises and identification marks on all equipment will deter some thieves.

Outlying Paddocks

Outlying areas are more difficult to secure. There are some things you can do to protect in remote parts of your farms.

Machinery or equipment left in paddocks

- Park machinery where it can be seen from a neighbour's house
- Remove the keys and if possible, disable machinery by removing the distributor cap, rotor or battery.
- Secure equipment with heavy chains and good quality locks.
- Put lockable caps on fuel outlets to prevent theft.
- Always lock vehicles. Don't leave items or tools in vehicle trays. If a toolbox is attached, secure it with a good quality padlock.
- Mark equipment, vehicles and machinery in at least two places with an identification number or other mark. Removable parts should also be marked.
- Keep fuel tanks, pumps and electric fence units secured and locked. If the fuel supply is electronically operated, consider isolating the power supply.

Livestock:

- Ensure all animals are marked for identification. Photograph or video valuable animals.
- Maintain complete stock records with identification numbers. List the livestock you buy or sell and record births and deaths.

- Use strong chains and locks on all gates, access routes and loading ramps.
- Don't locate stock yards or loading ramps near main roads or access points.
- Regularly check your stock and the paddocks and fences where stock are grazing - daily if possible - especially around sale days. Avoid making checks at a regular time.

Grain Silos:

- Silos should be located within sight of the farm house or a neighbor's house.
- To increase visibility, storage areas should be well lit.
- The storage area should have only one entrance with a secure gate, heavy chains and locks. Protect any other approach with ditches, fences or removable locking posts.
- Render augers or other loading equipment inoperable when not in use.

Central Work Area

Visibility is a key factor day and night to safeguard your property.

- Thieves hate bright lights. Light the house and yard area with security lights operating on time switches or sensors.
- Large machinery and equipment should be grouped and secured in a visible area. Prime targets such as fuel tanks should be easily seen from the house.
- Store machinery, tools and equipment, chemicals and fertilizer in sheds.
- Trees can be a good screen for thieves. Keep windbreaks to just one side of your yard.

General Security

- A good watch dog in the house and yard area, is one of the best security measures.
- Be seen around your property, make it clear you frequently check your property.
- Don't have set times when you leave your property e.g. to go to town.
- Have a plan of your property, showing location of stock and equipment.
- Consider security when designing and erecting new buildings, sheds or stockyards. Ideally, build them in sight of a farm house.
- Construct sheds from strong materials with heavy duty rollers or metal gates at entrances. Use good quality chains and padlocks to lock doors or gates.
- Tell trusted neighbours when you are going away from your property. Suggest they do the same.
- Use metal engravers or stamps to mark all tools, vehicles, machinery and equipment with your driver's licence number followed by 'WA' for your state. Put it in at least two places, one easily visible and another hidden. Or use your properties stock brand.
- Paint an iridescent coloured spot on all equipment and machinery. If stolen goods are found in the same district, police can quickly identify them. You

General Farm Security *(cont.)*

will still need your licence number in a hidden location to link it to you.

- A complete list of property and stock should be maintained with descriptions of the colour, serial numbers, unique markings, ID numbers etc.
- Store chemicals and fertilisers in a separate locked storage area. Keep an inventory of chemicals with the full product name, description of container, formulation type, batch number, manufacture's name and expiry dates. Keep invoices and receipts.
- Stored chemicals, fertiliser and fuel should be kept to a minimum to reduce potential loss. Post warning signs on or near storage facilities containing farm chemicals.

Staff:

- Use word of mouth when employing staff or check their references.
- Before they start employment, talk about your crime prevention measures.
- Keep a good record of past staff especially, if there has been a dispute or sacking.
- Take staff photos. Keep descriptions of employees, specific marks etc.

Be alert to strangers:

- Neighbours working together being each others' eyes and ears and being willing to call the Police, can reduce crime.
- Note down descriptions of strangers or strange vehicles including licence numbers, location, date and time. This will be invaluable to Police if a crime occurs in the area.

Watch out for Good Deals:

- People with deals too good to refuse should be regarded with suspicion.
- Either reject the offer or tentatively accept it, but contact Police immediately.
- Dry up the local market for stolen goods by buying only from legitimate dealers or individuals.
- Farm clearing sales can be a point of sale for stolen goods. Be suspicious of outside vendors wanting to sell goods at a local sale and let Police know.

If a Crime Occurs

What you do after a crime can make a big difference to the success of the Police investigation.

Upon Discovery:

- Immediately notify the Police. No theft is too small to report. It may offer the clue leading to an arrest or the breaking of an agricultural crime ring.
- Accurately answer Police questions and follow their instructions.
- Do not disturb the area or point or entry before the Police arrive.

When the officers arrive:

- Cooperate fully by following Police instructions.
- Provide all information possible (including where purchased) about items or stock taken and about any suspicious people or vehicles.
- If you recall additional information after the officers have gone, contact them immediately.
- Ask the Police what could have been done to avert the crime and implement measures to prevent it happening again.

For more information see www.ruralfutures.une.edu.au or contact the WA Police Crime prevention Division on 08 9356 0555 or email crime.prevention@police.wa.gov.au

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\$22 per hour

Fully heated and air conditioned, comfortable seating with kitchen facilities.

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9865 1470 to book.*

Gymnastics Set-Up Roster - Term 3

Helpers need to be at the Hall, from 12.30pm until approximately 1.30pm. If you are unable to attend, please arrange your own swap or find your own replacement.

<u>Date</u>	<u>Setup</u> 12.30-1.30pm	<u>Date</u>	<u>Setup</u> 12.30-1.30pm	<u>Date</u>	<u>Setup</u> 12.30-1.30pm
30th July	Anke Stoffberg Lulette Harvey	20th August	Julie King Theresa Naisbitt	10th Sept.	Naomi Duckworth Sarah Watkins
6th August	Karen Newman Jeanette Trevenen	27th August	Nicole Argent Julie Hardy	17th Sept.	Tania Spencer Linda Hunt
13th August	Vicki Smith Yvette Downey	3rd Sept.	Vynka Lay Emma Fisher	24th Sept.	Leah Ward Vanessa Seward



Welcome to Night Watch for the fortnight, from midnight Friday 20th July to midnight Friday 3rd August. Astronomy is looking up.

Never look at the Sun without the proper solar filters and preferably one that fits over the skyward end as your eyes can be easily (and quickly) damaged beyond repair. Good solar filters are not that dear and viewing the Sun with a telescope is great as it shows Sunspots and Faculae. There are also filters for the Moon, planets and for different types of nebulae, information is available.

Our local star the Sun resides in the constellation of Gemini on Saturday but returns to Cancer on Sunday. The Sun gives off light at magnitude -26.72.

Morning twilight begins at 5:37am and evening twilight ends at 6:49pm on Saturday, and by Friday 3rd of August are at 5:31am and 6:55pm.

On Sunday 22nd the 1st quarter Moon will occur at 2:19pm in Virgo, reflecting sunlight at magnitude -6, and will also be at Apogee (furthest), at 404,150 kms from Earth at 4:43pm. The Moon will be 0.6° (close), south of the red supergiant star Antares in Scorpius on Thursday 26th. The Full Moon will be at 8:38am in Capricornus on Monday 30th and giving off sunlight at magnitude -12. The Moon will be in Virgo at 35% on 21st, 44% on 22nd and 54% on 23rd, Libra at 63% on 24th and 72% on 25th, Scorpius on 26th at 80%, Ophiuchus on 27th at 88%, Sagittarius on 28th at 94% and 29th at 98%. Capricornus on 30th at 100% and 99% on 30th. In Aquarius on 1st August at 97% and 2nd at 91%, In Pisces on 3rd at 84%.

MERCURY on Saturday rises at 5:38am in Gemini at magnitude +0.1. On Friday 3rd August Mercury will rise at 6:10am, low down on the Eastern skyline.

The bright sister planet Venus in Leo at magnitude -4.7 in Leo sets at 8:06pm in the north/west on Saturday. On Monday 30th in the constellation of Sextans (the sextant), Venus will have a 11.3% disc.

VENUS sets on Friday 3rd at 7:17pm and 6° south of the bright blue star Regulas.

MARS the red planet in Aries at magnitude +0.6 rises at 1:57am on Saturday with a 88% disc. On Sunday 29th, Mars rises in Taurus at 1:52am. Mars on Friday 3rd rises at 1:48am.

JUPITER the giant gas planet in the constellation of Ophiuchus, high in the evening sky, sets at 3:49am on Saturday morning and rises at 1:48pm so as to be above in the evening sky. Jupiter will be 6° north of the Moon on Thursday 26th and shines at magnitude -2.6. On Friday 3rd, Jupiter sets at 2:56am and rises at 12:55pm.

SATURN the ringed planet in Leo sets at 7:26pm Saturday ahead of Venus and shines at magnitude +0.6. On Friday 3rd August, Saturn sets at 6:43pm and will soon be out of the evening sky.

URANUS with the blue/green coloured disc will be 2° (1 finger at arms length) south of the Moon on Thursday 2nd August at magnitude +5.8. A pair of binoculars will be needed.

NEPTUNE with the grey/green coloured disc will be 1.3° (close) north of the Moon on Tuesday 31st at magnitude +7.8. A pair of binoculars and a telescope will be needed.

JUPITER'S red spot can be viewed on August 3rd at around 8:36pm. Also the 4 moons of Jupiter are always good to view, along with the planets colours.

Anyone who would like to learn Astronomy or even the constellations just give me a call.

Maurice Gilson.
Amateur Astronomer,
16 Clarke Avenue Lake Grace.
Phone: 9865 1516 or
Email: mgi11687@bigpond.net.au
for any information or strange sightings.

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
21/7	7:03am	5:23pm	10:42am	11:56pm	28/7	6:59am	5:28pm	3:32pm	5:39am
22/7	7:02am	5:24pm	11:09am	D.N.S.	29/7	6:58am	5:28pm	4:38pm	6:27am
23/7	7:02am	5:25pm	11:38am	12:52am	30/7	6:58am	5:29pm	5:45pm	7:09am
34/7	7:01am	5:25pm	12:12pm	1:50am	31/7	6:57am	5:30pm	6:52pm	7:46am
25/7	7:01am	5:26pm	12:51pm	2:28am	1/8	6:56am	5:30pm	7:59pm	8:19am
26/7	7am	5:26pm	1:37pm	3:48am	2/8	6:55am	5:31pm	7:59pm	8:50am
27/7	7am	5:27pm	2:32pm	4:45am	3/8	6:55am	5:31pm	10:11pm	9:20am

WA Claims Under—18 Title

Brandon Cohen at Casey Fields

Western Australia has claimed its first AFL NAB 2007 Under-18 Championships Division One title in eight years after easily disposing of South Australia by 77 points at Casey Fields on Wednesday.

Western Australia went through the championships undefeated and will fly home to Perth in jovial spirits after a disciplined 20.11 (131) to 8.6 (54) win over South Australia.

Highly-rated WA pair Cale Morton and Rhys Palmer did their prospects of being among the top picks at this year's AFL National Draft no harm with eye-catching displays, while, for the South Australians, Levi Greenwood enhanced his reputation with another solid effort and Brad Ebert - the cousin of Port Adelaide player Brett - put in a workman-like performance.

Morton was a standout with 27 possessions, nine marks and three goals and was a deserved winner of the Larke Medal for the best and fairest player in Division One.

He narrowly pipped team-mate Palmer for the honour, with the nuggetty midfielder having almost identical statistics with 27 touches, three goals and four marks. Palmer also set up numerous goal scoring opportunities, putting the ball inside 50m on six occasions.

David Myers (25 disposals), Matthew De Boer (23) and Steven Browne (22) all dominated their positions, while captain Chris Masten was everywhere with 21 touches and six clearances from the middle.

Matthew Wright was among the Croweaters' best with 18 disposals and a goal, with Ebert picking up 17 possessions and Greenwood 19.

But support was few and far between with Western Australia running away to a 23-point break at quarter-time and a 35-point lead at half-time before slamming on seven goals to one in the third term to set up its win. It was Western Australia's first Division One title since 1999, while Morton is the first WA player to win the Larke Medal since Kepler Bradley won it in 2003.

Meanwhile, the under-18 All-Australian team was announced after the match, with Western Australia players predictably making up most of the numbers. Victoria Country had three players, Victoria Metro had four and South Australia one.

WESTERN AUSTRALIA: 5.1, 9.4, 16.7, 20.11 (131)

SOUTH AUSTRALIA: 1.2, 3.5, 4.6, 8.6 (54)

Goals (WA): Morton 3, Palmer 3, Gourdis 3, McGinnity 2, Sampey 2, Notte 2, Ellard, De Boer, Browne, Yarran, Jacky.

Goals (SA): Staple 3, Wright, Day, Hartlett, Jessen, Carr

Best (WA): Morton, Palmer, Myers, Rich, De Boer, Masten, Browne.

Best (SA): Greenwood, Wright, Staple, Ebert, Petrenko

2007 under-18 All-Australian team: Chris Masten, Rhys Palmer, Daniel Rich, Patrick McGinnity, David Myers, Alex Rance, Cale Morton, Nicholas Naitanui (WA), Brad Ebert (SA), Nick Suban, Scott Selwood, Ben McEvoy (Victoria Country), Matthew Kreuzer, Adam Maric, Michael Hurley, Jack Grimes (Victoria Metro), Craig Bird, Taylor Walker (NSW-ACT), Aaron Joseph, Tom Collier, Aaron Cornelius (Tasmania), Cyril Rioli (Northern Territory).

Morton Tradition Continues at Claremont

Written by Jay Rooney

Cale Morton seems set to continue his family's tradition of producing successful footballers for the Claremont Football Club.

The 17-year-old son of former Claremont champion Noel and younger brother of Mitch (West Coast) and Jarryd (Hawthorn) has already made a big impression despite playing just two colts games for Claremont.

Morton was one of six Claremont players named in the 34-man state 18's squad. "The prospect of representing the state at under 18s level is pretty exciting for me," he said. "I'm hoping to play for the state 18s in a scratch match down at Rushton Park against Peel Thunder. "I think one of the cuts is next week so hopefully I can perform well and survive the first cut."

The Australian Institute of Sport/AFL Academy squad member was dominant in his colts' debut against Subiaco in round one, with 25 kicks and 10 marks. He was outstanding once again in the following round against West Perth with 20 kicks and 11 marks.

Morton said his hard work in the pre-season was the main reason for his great start to the year. "I was playing cricket with the school (Hale) so I didn't get to get down to the colts as much in the pre-season so I had to do a lot on my own," he said. "I learnt a lot about

my body and I just pushed myself really hard because I knew it would pay off in the first couple of matches."

A torn quadricep muscle has kept Morton out of Public Schools Association football, where he is captain of the Hale School first 18 side, but he has recovered in time to train with the state 18s squad. Morton said his father Noel, Claremont league captain during 1984 - 85, had played a big role in his football career.

"He coached me when I was a junior down at Lake Grace when we used to live in the country and he's been a great mentor," he said. "We talk about a lot of things over and over and I don't know what I'd do without him really."

WA state 18s coach Gerard McNeill said he was looking forward to Morton returning from injury. "We're just looking forward to seeing Cale out there so we can see how he stacks up against some of the other boys," he said. "We see that he can probably be fairly flexible and maybe play as a tall forward, across the centre or maybe as a tall defender."

The squad will compete in trial games against the state 20s, combined sides from Peel Thunder and East Fremantle and the WA Country Football League state country team before the final 25-man team is announced.

LAKE GRACE / PINGRUP FOOTBALL NOTES

Round 11 - 7th July 2007

League:

Boxwood Hill 15 goals 12 (102) defeated LG/P 8 goals 8 (56).

Best: James Eaton, Marcus Trevenen, Alex Duckworth

Goal Scorers: Damon Pelham, 2; Tyson Prater, 2. Boxwood used the breeze well in the first and got the jump. Even contest from then on.

Jerramungup 15 goals 9 (99) defeated Gnowangerup 14 goals 12 (96)

Ongerup 20 goals 16 (136) defeated Kent 6 goals 8 (44)

Newdegate 24 goals 17 (161) defeated Borden 10 goals 11 (71)

Reserves:

LG/P 11 goals 4 (70) defeated Boxwood Hill 4 goals 8 (32).

Jerramungup 9 goals 13 (67) defeated Gnowangerup 5 goals 4 (34).

Ongerup 25 goals 16 (166) defeated Kent 6 goals 8 (44).

Borden 20 goals 18 (138) defeated Newdegate 1 goal 17 (23).

Juniors:

L-Grace/Pingrup 9 goals 8 (62) defeated Boxwood Hill 2 goals 3 (15).

Jerramungup 10 goals 10 (70) defeated Gnowangerup 4 goals 8 (32).

Ongerup 9 goals 11 (65) defeated Kent 6 goals 5 (41).

Borden 16 goals 22 (118) defeated Newdegate 1 goal 3 (9).

LAKE GRACE/PINGRUP NETBALL CLUB

Round 11

Lake Grace Pingrup vs Boxwood Hills

B Grade

Boxwood Hills 38 def. Lake Grace Pingrup 10.

Sub Juniors

Lake Grace Pingrup 29 def. Boxwood Hills 11

Round 7

Lake Grace Pingrup vs Kent @ Gnowangerup

B Grade

Kent 38 def. Lake Grace Pingrup 22.

Sub Juniors

Lake Grace Pingrup 56 def. Kent 11

Roster for 21 July - Round 12 (vs Borden)

Canteen: Tash, Misha, Ash, Amanda H

Afternoon tea: Tammy, Delys, Louise, Kendell

Umpiring Juniors: Skye

Roster for 28 July - Round 13 (vs Newdegate)

Umpiring B Grade: Ash

Timing B Grade: Kristie

Timing A Grade: Misha

Umpiring Juniors: Gabby

Ladder after Round 11 (including Round 7)

A Grade	Wins	Losses	Points	%
Jerr'gup	9	0	18	199.27
L.G/Pin	6	2	12	115.15
Newd.	5	3	10	148.74
Gnow'rup	3	5	6	92.59
Ongerup	1	7	2	58.91
Borden	0	7	0	45.06

B Grade	Wins	Losses	Points	%
Ongerup	10	0	20	223.79
Newd.	7	2	14	112.25
B Hills	6	3	12	139.39
Gnow'up	5	5	10	122.52
Jerr'gup	3	6	6	94.12
Nyabing	2	7	4	71.54
L.G/Pin	0	10	0	28.81

Juniors	Wins	Losses	Points	%
L.G/Pin	9	0	18	246.67
Jerr'gup	6	4	12	129.21
Gnow'rup	5	4	10	150.68
B Hills	5	5	10	113.29
Newd.	5	4	10	94.68
Borden	2	8	4	43.20
Nyabing	1	8	2	32.06

100's Club

Tickets are now available!
If you wish to buy a ticket or
reserve your number please
contact Naomi Duckworth
on 9865 3023

LAKE GRACE GOLF NOTES

Last week we played a par competition for the Outback TV trophies. The golf club would like to thank Stubby and Devon for their continued support for the club.

We had 23 players tee off in a strong wind and by the end nearly half had pulled the pin due to getting soaking wet from the rain. Some others just made comments at people putting on their wet weather gear, only to find their own umbrella collapse inside out under the strong winds and their own mismanagement.

The men's winner was Craig Reeves with a plus 1 on a countback from Justin Wright. Rebecca Reeves won the ladies with a plus 3, Bec's handicap is slowly coming down due to all her hard work in Perth.

All three had a visit to the handicapper. Stephanie Lay was the runner up on -5. There were various novelties on the course through out the day. Best 2nd on 3 Craig Reeves, 2nd on 10 Andrew Hunt, best 3rd on 13 Craig Reeves, longest putt no.2 Helen Hunt and long putt on 9 Gary Seward. Thanks to the sponsors for the extra prizes.

The annually sponsored par 3's were, Westpac ball on 4 Chad Stanton, CSBP travel mug on 6 went to Craig Reeves, the Tyrepower bag on 15 went to Chad Stanton and Rebecca Reeves won the LG Hotel ball on 18. Craig Reeves also won the birdy hole on 12 with 6 balls. Yes it does read correctly the Reeves clan had a day out, well done.

Chad Stanton

Rex and Karel Walker sponsored Sunday's day which was played in magnificent conditions, however only three players broke 70 nett.

Steve Crook and Nat Fyfe blitzed the field with nett 62, with Steve winning on a countback 94-32-62 to 89-27-62. Steve appropriately stopped on 69. Ladies winner was Michelle Lay, 95-23-72 and winner of the 'Putt Off' was Kingsley Strevett with 28.

NAGA putts was Alan Stubberfield with 37 while Michelle Lay was winner of the birdie hole (no.18). Nearest the pins were Rex Walker, no.4; Morgan Eggers, no.6; Royce Taylor, no.15 and Michelle Lay, no.18.

Murray Stanton

Next Sunday is the first playoff for the championships (ladies have a bye the first week):

Gary Frost - Rex Walker
Andrew Hunt - Chad Stanton
Craig Reeves - Kingsley Strevett
Steve Hunt - Kevin Eggers

Murray Stanton - Alan Stubberfield
Justin Wright - Marcus Owen
Mark Seaman - Royce Taylor
Trevor Norman - Nick Maalouf

Derek Stanton - Bye
Gary Seward - Steve Crook
Greg Pinney - Peter Lay
Travis Seward - Alex Reeves

Hit off time is 12pm onwards or you can arrange your own time with your playing 'foe'. For all those having a bye or not playing championships there will be a stableford event.

Healthy Club Sponsorship Program

WHAT COULD YOUR SPORTING CLUB DO WITH \$2,500?

In conjunction with Healthway, Sports Medicine Australia manages the Healthy Club Sponsorship Program. This program provides an incentive for sporting clubs to identify and address a range of issues that have the potential to improve the health and safety of their members and supporters.

Incorporated clubs playing in a recognised sporting competition over the 2007/2008 Summer season may apply for up to \$2500 for initiatives to make their club safer, healthier and to train and educate volunteers. Funds may also be used for equipment to encourage participation for people with disabilities.

In return for sponsorship, clubs are required to become permanently and totally smoke free in all indoor areas and introduce strategies to address other health issues. Clubs will also need to develop and introduce a Healthy Club Policy addressing the issues of smoking, sun protection, sport safety, alcohol and healthy food choices.

Please see flyer attached for more information, and note that sporting associations are not eligible for sponsorship. Guidelines and application forms can be obtained from the Sports Medicine Australia website at www.smawa.asn.au <<http://www.smawa.asn.au>> or by contacting Sports Medicine Australia on (08) 9285 8033.

Applications close Friday, August 31st, 2007.

AGM

Lake Grace St John Ambulance

Tuesday July 24th

7:30pm

At the Sub Centre

Everyone Welcome!

LAKE GRACE DART NOTES

Men

Team	Pegs	Points
Lakeside	56	32
Dogs	52	24
Scrapers	46	16
Shire Sharks	43	12

3rd July

Highest Average

Darren Peddler	48
John Gambuti	46.54

Highest Peg

John Gambuti	40
Mike Naisbitt	39

Highest Score

Dave Nayda	140
John Gambuti	134

10th July

Singles Championships

Chad Reynolds

Runner Up

Reid Stubberfield

Women

Team	Pegs	Points
Comets	64	36
Just Us	54	20
BBN	50	22
Bankers	30	10

3rd July

Highest Average

Natalie Gambuti	40.61
Lorraine Seward	40.3

Highest Peg

Natalie Gambuti	40
Fiona Guelfi	34

Highest Score

Helen Hunt	140
Michelle Lay	140
Michelle Lay	100

10th July

Singles Championships

Michelle Lay

Runner Up

Natalie Gambuti

TROLL TALES

Results from Round 9 – Lake Grace v Kukerin 7th July 2007

Junior Boys No game this week

C Grade Kukerin defeated Lake Grace 4-0
Coach's Award: Luke Trawinski

B Grade Kukerin defeated Lake Grace 3-0
Coach's Awards: 2 Courtney Withnell
1 Lynda Trawinski

A Grade Lake Grace defeated Kukerin 2-1
Goal Scorers: Lyn Carruthers
Coach's Awards: 2 Fiona Chatfield
1 Coralie Pinney

Congratulations to Gracie Kirk who played her 50th game for the Lake Grace Hockey Club on Saturday 7th July against Kukerin. It is a fantastic achievement for a 10 year old to have played that many games, so nice one Gracie, hope to see you out there for another 50.

Well done to the boys from Lake Grace, coached by Belinda Bowron, who finished first in the U13 Boys B grade State Championships in Perth last week. Also

to Sheridan Fyfe, who's team finished first in the U13 Girls A grade at the State Championships.

Also representing Roe Districts at the State Championships in the Girls U13 B Grade were, Shannon Smith, Gracie Kirk, Amy Willock and Tina Willock, I'm sure they'll all have new tricks to show us this weekend against Narembreen.

More news from Country Week, belated congratulations to Fleur O'Neill who was selected in the U21 Country All-stars Team.

On car washing this week (21st and 22nd July), are Jenna Taplin and Lisa Chapman, and the following week (28th and 29th July) will be Mae Connolly and Helen Majewski. A reminder to all members, this is a non negotiable contract arrangement, arrange your own swaps if you can't do your turn, but please let me know and make sure there is someone there to do it. There was a new car washing roster handed out recently, changes have been made, contact me if you haven't got one.



Play Hard,
Party Harder.
Danielle Robertson

Government Increases Pensions for Thousands

Wilson Tuckey, Federal Member for O'Connor said the Howard Government's changes to the pensions' assets test will mean from 20 September over 300,000 people will receive increased pensions and tens of thousands more will have access to the pension for the first time.

"As a result of these changes, a large number of people will be able to have increased access to benefits delivered by Centrelink, such as Age and Disability Support Pensions, as well as Carers' Payment and other benefits, such as concession cards," Mr Tuckey said.

"The changes are designed to further increase the incentives for saving for retirement and workforce participation, and are designed to improve retirement incomes. "Around 300,000 people who are currently receiving less than the maximum rate of Centrelink and DVA pensions, due to the value of their assets, will receive an increase in their fortnightly payments as a result of these changes.

From 20 September the assets test threshold limit for part pension for a single homeowner will increase to \$520 750 (up from \$343 750). For couples that own their home, the limit will rise to \$825 500 (up from \$531 000). It is important that people remember that their own home is exempt from the assets test.

"These changes are part of the Howard Government's plan to simplify and streamline superannuation. By relaxing the pensions assets test for those Australians, pensions will only be reduced by \$1.50 per fortnight (rather than \$3) for each \$1,000 of assets above the assets' value at which full pension is paid," Mr Tuckey said.

"Similar changes to DVA benefits will benefit service pensioners and war widow(er)s receiving income support supplement. "Customers currently on these payments who will benefit from these changes will automatically have their rate of payment increased from 20 September - they don't need to do anything to benefit."

For more information about the changes, go to www.centrelink.gov.au or visit your local Centrelink office. For help over the phone, seniors can call **13 2300**, while carers and people with disabilities can call **13 2717**.

For more information about **Veterans' Affairs** payments, veterans and their dependants can visit www.dva.gov.au, their local Veterans' Affairs Network office or phone Veterans' Affairs on 13 3254 or 1800 555 254 (for regional callers).

Need Staff?

Wilson Tuckey, Federal Member for O'Connor has welcomed the launch of a major Welfare to Work campaign aimed at helping local employers fill job vacancies.

The *Need staff?* advertising campaign began on June 17 and will run for five weeks, on television, radio and print and is the third phase of advertising in support of the Welfare to Work reforms.

The campaign was launched in Canberra by the Hon Joe Hockey MP, Minister for Employment and Workplace Relations and Minister for Workforce Participation the Hon Sharman Stone.

'From July 1, more than 220,000 people on parenting payment will be required to look for at least 30 hours of work a fortnight. Placing them in employment is no easy task, which is why the government is spending more than \$10 million on the five week campaign,' Minister Hockey said.

'I am also writing directly to one million businesses, challenging them to be flexible in their work arrangements and give these people an opportunity to move from welfare to work,' Minister Hockey said.

Minister Stone said, 'The campaign encourages employers to look beyond their traditional recruitment channels and highlights how Providers of Australian Government Employment Services can help match employers with suitable job seekers'.

The Australian Government's Employer Hotline connects employers directly to their provider of choice in their area. There are thousands of local recruitment agencies across Australia, including Job Network and Disability Employment Network providers.

Mr Tuckey has encouraged employers in O'Connor to take advantage of the Employer Hotline. 'It is a professional service with staff who are very experienced in providing information and assistance to employers from a range of industries,' Mr Tuckey said.

'With unemployment at 4.2 percent it is becoming increasingly challenging for businesses to find staff. This campaign will provide much needed assistance for local businesses.'

Employers wanting help filling job vacancies should contact the Employer Hotline on 13 17 15 or visit www.australia.gov.au/needstaff.

Medicare

Lodge your claims via direct line
no phone queues, no forms to fill in
At the Lake Grace Telecentre

CLASSIFIEDS

PUBLIC NOTICES

Shire Council Meetings - 2007

The next Council meeting is
Wednesday 25th July at the
Lake Grace Council Chambers.
Meeting starts 1pm.

*Members of the public are welcome to
attend meetings.*

Senior Citizens Luncheons

*First Thursday of every month
August 2nd*

The Grand Lodge of Freemasons WAC

The Kulin Lodge No. 160

Meets 7:30 pm

Gordon St. Kulin

3rd Monday of each month

Dedicated to Charity and Support in the Community

NEW MEMBERS WELCOME

Telephone 9880 1360 or 0427 654 090



Badminton

Thursday afternoons at the Shire Hall.
3:30pm - 4:30pm
Some racquets available.
All welcome.

CWA Meetings

8th August - 1:30pm

LGDHS P&C Meeting

Monday August 20th

7:30pm

Seminar Room at the Telecentre

Margaret Cole

Will be available in Lake Grace in the week
beginning 23rd July 2007.

Although Margaret will not be visiting Lake
Grace in June she will be available via email.

0427 441 459 colwheat@it.net.au

AGM

St John Ambulance
Tuesday 24th July - 7:30pm
At the Sub Centre

Lake Grace Playgroup

The Lake Grace Playgroup are intending to
become incorporated. A meeting has been
scheduled for Thursday August 2nd for
discussion. Any queries please phone
Karina Jenks on 9865 2067 or
Tania Bray on 9865 1412.

Volunteer Fire & Rescue Service Meeting

Wednesday 11th July - 8:00pm
At the Fire Station

Writers Group

Meeting at the Nurses Quarters
Tuesday 24th July
6pm—8pm

FOR RENT

House For Rent

16km south of Lake Grace - \$80 p/w
Call Royce on 0427 652 507

FOR SALE

Telecentre has one old **computer monitor** that
need a new home. If you are interested please
drop in otherwise it will become landfill.
Also have a **1gb SD Fuji memory card** for \$39.

BMI Home Gym

\$200 ono
Ring Warren or Kaye on 9865 1212.

Cleaning Out the Shed

1 x Ryobi electric blower/vac
(v.g.c. hardly used)
1 x mini Malibu surfboard
1 x Coopers Home Brew kit (new in box)
3 x Kinchrome tool boxes (various sizes)
Waeco car fridge (6 pack size)
Cordless Makita 18V drill
90 cm step ladder
Phone Derek on 9865 1324 a/h

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Darcy Roberts (President)	9874 4013	9874 4068
Andrew Walker (Vice President)	9865 1241	9865 1921
Royce Taylor	9865 1507	9865 1320
Helen Bennett	9865 1026	9865 1568
Ollie Farrelly	9865 1304	9865 1188
Meighan Stewart	9871 2042	9871 2042
Ian Chamberlain	9871 6043	9871 6035
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9890 2222
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	0427 441 459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mrs Shirley Duckworth	ph 9865 1189
Mr Len Elliott	ph 9865 1137
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 0429 654 011

ANGLICAN CHURCH OF LAKE GRACE

Sunday 22nd July

Lake Grace 9:00am

Sunday 29th July

Lake Grace 9:00am

Enquiries: Terry Gladish 9865 1022
Wally Perry 0427 519 368

Lake Grace Uniting Church

Wednesday - 7pm

Home Fellowship. Please ring for venue.

Enquiries:

Bob Burbridge 9865 4020
Rev. John Whaley 9865 1377
0429 651 378

LAKE GRACE CATHOLIC CHURCH

Friday 20th July

Newdegate 5:00pm

Sunday 22nd July

Kukerin 8:00am
Lake Grace 10:00am

Sunday 29th July

Lake Grace 9:00am

Queries to Fr Pierre Repuyan on 9865 1248

*Please be aware that
sprinkler restrictions
are in place permanently.*

The only time you are allowed to use
a sprinkler is
**between the hours of
6:00pm and 9:00am**



COMMUNITY CALENDAR

July/August

Fri 20	Fish & Chip Night - LGS Club	Tue 31	Pingrup Potters
Sat 21	Steak Night - LGS Club		Free Skin Check
	Hockey - Narembeen v Lake Grace		Occupational Therapist
	Winter Sports - LG vs Borden (Home Game)		Physiotherapist
	Holland Track Walk & Lunch		Speech Therapist
	Golf - Kukerin Open Day		Weight Watchers (6-7pm)
Sun 22	Junior Golf - 9:30am		Men's Darts
	Golf - First round of championships	Wed 1	Toy Library Open
Mon 23	Recycling Pickup		Ladies Darts
	Swimability		Hockey Training
	Margaret Cole available		Golf - Ladies Open Day Newdegate
	ARC - Biggest Loser Round 2	Thur 2	Lakes Link News
Tues 24	Pingrup Potters		Senior Citizens Luncheon
	St John Ambulance AGM		Playgroup
	Basic Drawing W/Shop with Sarah Allen		Playgroup Meeting (Incorporation)
	Physiotherapist		Pizza Night at Rosie's
	Speech Therapist		HACC Transport Available
	Weight Watchers (6-7pm)		Badminton — 3:30pm—4:30pm
	Men's Darts		
	Writers Group (p.34)		
Wed 25	Paint, Patches & UFO's		
	Shire Council Meeting		
	Hockey Training		
	Ladies Darts		
	Guiding Child Behaviour (p.17)		
Thur 26	Pizza Night at Rosie's		
	Roadwise Meeting		
	Beau Woods Chiropractor		
	HACC Transport Available		
	Playgroup		
	Badminton — 3:30pm—4:30pm		
	LG/P Sponsors and Volunteers for the		
	Colts Carnival Thank You Night		
Fri 27	Fish & Chip Night - LGS Club		
	HACC Christmas in July		
	Health Survey needs to be returned		
Sat 28	Steak Night - LGS Club		
	Hockey - Lake Grace v Corrigin		
	Winter Sport - Newdegate v LG/P		
	Craft at CWA		
Sun 29	Junior Golf - 9:30am		
	Golf - Second round of championships		
Mon 30	LLN Deadline		
	Gymnastics		

Coming Events

August 3—Charity Golf Day at Varley
 August 4—Winter Sports Home Game vs Kent
 August 5—Golf—Championship finals
 August 3-5—Video Workshop
 August 6—Excel Workshop
 August 7—Telecentre CLOSED
 August 8—CWA Meeting
 August 9—Immunisation
 August 11—Golf - Carnival Pingaring
 August 12—LG/P Football Club Vote Count
 10.30am Sportsmans Club
 August 11-12—Rustic Bush Furniture W/Shop
 August 15—Toy Library open
 August 15—Look Up, Look down and Live
 August 20—LGDHS P&C Meeting
 August 22—Digital Camera Workshop
 August 24—LG/P Football Club Busy Bee 12.00
 Pavilion (setup for Preliminary Final).
 August 25—LG hosting Winter Sports Prelim Final.
 August 27—Art Group Governance W/Shop
 August 30—Free Skin Check
 September 5—Toy Library Open
 September 8—Winter sports windup at Hall
 October 12—Community Art Exhibition 'Faces'

The Telecentre will be Closed
on Tuesday 7th August
 Due to training. We apologise for any inconvenience.