

# LAKE LINK NEWS

Produced at the  
LAKE GRACE TELECENTRE  
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17th July 2008

\$1.10 inc GST

Vol 14 Issue 13

## CWA's International Day

Celebrating International Day on Tuesday 8<sup>th</sup> July, Lake Grace CWA focused on the Pacific Islands. With nine nations to talk about, CWA members set forth to garner information, create flags and find recipes that symbolized Samoa, Tonga, Fiji, Tuvalu, Kiribati, Niue, Christmas Island, Solomon Islands and Papua New Guinea. Thirty enjoyed the meal made up of a mix of dishes from each of the nations; which was then followed by a talk from guest speakers Genni Curtin and Robyn Slarke. While palm trees, white sand, blue skies, grass skirts and the soothing sounds of a ukulele come to mind, Genni and Robyn pushed aside this vision, giving instead a glimpse of a lifestyle quite different to that experienced within the 'village' of Lake Grace.

It was as a newlywed that Genni Curtin embarked on a two year (1988 & 1989) stint with Australian Volunteers Abroad (now called Australian Volunteers International) to the Solomon Islands with her husband Steve. They lived in the village of Arohane which was in the province of Makira; one of the nine provinces that make up the Solomon Islands. Two thousand kilometres north east of Queensland, the Solomon's are made up of the nine main islands, which are surrounded by hundreds more. Over 120 languages are spoken; the main one being Pidgin English. Five languages were spoken on Makira alone.

It was a step back in time with Genni and Steve bunking down in a bush hut; raised off the ground the hut was made from bush timber and leaves. Although having a mattress in their hut, they made use of a grass sleeping mat while travelling (has about 3mm of cushioning). At night the rats were a



*Guest speakers Robyn Slarke and Genni Curtin*

common reality of life and were known to chew the calluses off the feet of the Islanders while they slept; Genni and Steve had the luxury of a mosquito sleeping net which at least kept the rats off them. The Islanders toilet facilities were at times as simple as 'boys to the left' and 'girls to the right' or as precarious as having to perch atop a log suspended 50m over nature's own long drop.

Genni and Steve with their nursing and agricultural science backgrounds volunteered as Development

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## Telecentre Opening Hours

Monday - Friday

9:00 am - 12:30 pm

1:30 pm - 5:00 pm

## Library Opening Hours

Monday, Tuesday, Thursday and Friday

9am - 12:45pm then 1:15pm - 5:00pm

CLOSED on Wednesday

## Advertising Charges

All prices inclusive of GST

<b>1/8 page</b>	<b>\$ 8.80</b>
<b>1/4 page</b>	<b>\$13.20</b>
<b>1/2 page</b>	<b>\$22.00</b>
<b>Full Page</b>	<b>\$41.25</b>
<b>Classifieds</b>	<b>85c /line</b>

We would appreciate your advertisements and articles emailed if possible.

Please email all material to:  
**lakelink@treko.net.au.**

## Deadlines & Editions



All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

**Next Deadline**

Monday 28th July

**Next Edition**

Thursday 31st July



To the **very** dedicated team who have produced and compiled this edition of the Lakes Link News.

Elsie Bishop

Allan Zweck

Thank you also to our many contributors of articles.

## DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

# EDITORIAL

- We have had a good response to the genealogy workshop, there are only two places left in the beginners workshop and three left in the intermediate workshop. Please ring up if you are interested, once we have a full class I will start looking at arranging dates. It definitely won't be before late September.
- We have quite a few small accounts outstanding for classified adverts, I don't send out invoices for these as the amounts are too small. If you sent your ad via email you will have got an email in return with the amount outstanding; if you have advertised something for sale, for free etc. in the last six months and aren't sure if you have paid or not please drop in or give us a ring.
- The Telecentre is (attempting) to organise on behalf of the Lake Grace Land Conservation District Committee an information day, which will be combined with the LCDC's AGM, on Wednesday August 6th (this was originally set for July 23rd). Time of day has not yet been set, but will likely be about 1pm. At this stage we have someone coming to talk about trees, and we should have someone coming to talk about grants. If you are interested in attending then please ring the Telecentre to book in, you don't have to be a member of the LCDC committee, nor do you have to be a farmer. These grants are available to community groups and small business.

Suzanne Reeves

## Are you a new resident?

### Welcome to Lake Grace.

To pick up your welcome package please bring this card to the Lake Grace Telecentre (cnr Bishop St and School Place).

*Packages include detailed information on Clubs and Associations within Lake Grace, brochures, community newspaper, local phone directory and much more.*

*This package has been possible due to funding from the Foundation for Rural and Regional Renewal and the Lake Grace Telecentre*



# Thanks

To

Allan Zweck	Addie Curtin
Kim Hawtin	Eileen Mather
John Curtin	Nat Curtin
Beth Curtin	Trish Medlen
Mary Naisbitt	



## Magnus Falconer Reid

24th September 1920 — 6th June 2008

Dorothy, Devon, Nicki and families would like to thank everyone for their cards, phone calls, visits and support offered after the passing of Magnus. It was very much appreciated.

Thank you.



## Basketball Course with the Perth Redbacks

On Monday the 14<sup>th</sup> July, Jarred and Josh (two basketball players from the SBL Perth Redbacks team) came to the Freebairn Recreation Centre in Kulin for a basketball clinic. The clinic was part of the school holiday program supported by the Roe District Be Active Coordinator and staff at the Freebairn Recreation Centre.

Twenty kids participated in many skills and drills and physical challenges. The kids enjoyed themselves as they learnt how to bounce the ball in-between their legs and run while dribbling with either hand. A lot of energy was needed by the younger ones as they were practicing their shooting and concentration was necessary.

The day was sponsored by the Department of Sport and Recreation, Healthway, Be Active and supported by the local Drug and Action Group. Thanks must go to Jarred and Josh for coming down from Perth to teach the kids. Thanks also to Karen Lovejoy for organising the day, as it was a big success.

The Redbacks would also like to invite everyone to come and watch their last game to be played on the 26<sup>th</sup> July 2008 at the Oasis in Belmont on Abernethy Road. The Ladies game begins at 6:00pm and the men's game starts at 8:00pm. It is a free event so come down and support them. You can also checkout the Redbacks

website at [www.perth.basketball.net.au](http://www.perth.basketball.net.au) for more information about the team and check out when the next round of rural camps will be held in the Roe District.



*Patrick Wyatt of Pingaring takes part in the Redback Basketball Clinic held at Kulin's Freebairn Centre.*



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# ABOUT TOWN

- There is a few belated farewells...its goodbye to Gary and Lorraine Seward, we wish them well for Hopetoun; goodbye and good luck also to Simone Mahoney who has got a transfer with CBH to Kwinana. I'm sure we'll see them all quite regularly as they come back to Lake Grace to visit family.
- Farewell and all the best to Don and Pam Gardiner who will now be city dwellers....gone to the dark side they have.

## HAPPY BIRTHDAY



17th July

Helen McWhirter

29th July

Irene McGlinn

18th July

Rebecca Bushby

Vicki Reynolds

Shane Giles

Robyn Taplin

21st July

Phoebe Robertson

30th July

Juanita Trevenen

22nd July

Blair Watson

Amy Carruthers

25th July

Ross Bowron

31st July

Jason Taplin

Brad Hudson

Toron O'Brien

26th July

Stephen Chappell

Kate Zweck

17th July

Bradley Watson (?0)



## HAPPY ANNIVERSARY

30th July - Geoff &amp; Di Desmond

Fax, email or bring your *About Town* news into the Telecentre. If you would like to share your birthday or anniversary celebrations with us then please fill in the Celebrations book.



### A Bushy Tale

As you all know, a sly fox has been wandering our streets over the past 12 months, finding feathery treats at all hours of the night.

Two weekends ago, it tried to feast once again; this time on Absolon Street, but was chased away three times....only to snaffle someone else's chook between visits! Ooops!!

A plan was put in place. Our friendly neighbour came to our help with a cage trap and appetiser...an irresistible duck!! With a blessing of the trap, it was time for some anxious bed rest. The sun soon rose and so did we with constant pestering from our 3 year old, saying "We've caught a fox, I want to see the fox". With disbelief, we sleepily looked out the window, only to see...a big bushy tail, and chooks clucking, "sucker!!!!"

Our thanks to "Curly" for some fun and keeping our chooks safe.

### A Not So Bushy Tale

The not so hairy pair, Danielle Robertson and Caryn Kirk, who succumbed to the clippers last month have done the final fundraising tally and are pleased to say that not only is their hair growing back but they have raised \$3,198 for a very worthy cause, WA's Cancer Council. Well done Caryn and Danielle.

Both Danielle and Caryn would like to thank everyone who supported by making a contribution.

Danielle's also pleased to say that her Stepfather had been misdiagnosed and is going to be fine, so good things do come.

### A Tall Tale

Apologies to the Lake Grace Hockey Club for the McDonalds GWN media release that went in the last Lakes Link. McDonalds GWN purported to have granted more than \$1,500 toward the cost of new uniforms for the junior hockey club. The new shirts (which have now arrived) were only partially funded by the McDonalds GWN Junior Sports Trust and the remainder of the funding came from Elders Lake Grace and Rex & Karel Walker.

## Lake Grace Weather

- Terry Gladish



### July Extremes

Highest Monthly Rainfall	128.1mm	1930
Lowest Monthly Rainfall	12.8mm	1937
Highest Number of Rain Days	23	1946
Lowest Number of Rain Days	5	1970
Highest Daily Rainfall	60.5mm	4/7/1930

Date	Min	Max	Rain
2/7	3.0	16.6	
3/7	6.1	17.2	
4/7	5.0	17.2	
5/7	6.5	13.7	
6/7	-0.3	14.3	0.2
7/7	0.3	15.3	
8/7	2.5	17.1	
9/7	6.2	14.5	0.6
10/7	7.5	13.7	6.4
11/7	8.5	14.0	2.0
12/7	4.0	13.3	
13/7	2.4	14.6	
14/7	6.0	16.5	Trace
15/7	5.5	16.7	
16/7	4.7		15.8

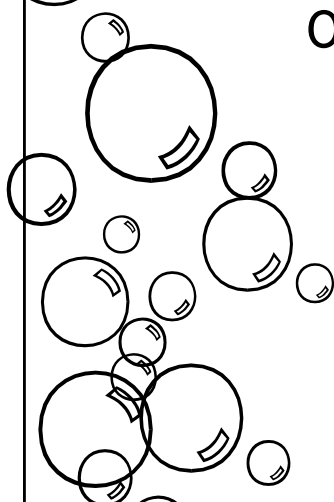
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## Ladies Christmas Concert in July

We decided to give it a go seeing as everyone is so busy in December and see what happened. Although the numbers were down on previous years it was great to see so many ladies brave the freezing weather and support the Playgroup with this venture.

All present were rewarded with lots of laughs and anecdotes throughout the evening. I think I can safely say Nicole Kidman isn't in any danger of being ousted out of Hollywood! We also introduced a mini quiz, which showed that most of us do know what is going on about our quiet little town and it's history. Well done to the youngest ladies in the audience who won the quiz.

Congratulations to our raffle winners of the evening Kelly Gooch, Penny Willcocks and Shirley Altham.

All prizes were donated by local businesses, these being – Tameka's Total Beauty, Lakeway Hair Salon, Lake Grace Health & Beauty, Lake Grace Meat Supply, Sand 'n' Salt, Lake Grace Cabinets, Lake Grace Garden Supplies, Narelle's Bodywork Massage, Keturah's Hair Studio, CCL and Lake Grace Plaza. Thank you to you all for the donations you gave us.

The proceeds of the raffle, which raised \$174.10, went to the Royal Flying Doctor.

As an incentive for groups to take on the running of the night it was decided that the gold coin donation entry will go to the group hosting the evening. This raised \$110 for Playgroup.

A \$10 donation is asked of local groups to go toward the running of the night, this generated

\$50. **If your group is interested in hosting next year's concert give Tania Bray 9865 1412 a call.** Everything is written down for you to copy, not real hard.

We did a small survey to ask what time of the year would be a good time to hold the concert. It was pretty much unanimous that July is definitely too cold, December too busy, so maybe the end of October early November would be a good time.

Thank you to all the Playgroup mum's who made the night possible, everyone who braved the elements to come along, the local businesses for donations, all the performers who made us laugh or not and Paula Carruthers and Alyshia Hardy for doing their small bit. It was greatly appreciated!

Last but not least come on ladies lets keep this tradition going, lets not let it disappear. Put your hand up to host next year.

*Tania Bray*

### Osteoporosis

A mobile scanning unit is visiting Lake Grace on the 21st August

A comprehensive bone density assessment that provides diagnoses of osteoporosis.

Phone Lake Grace General Practice on 98651208 for an appointment

Medicare rebates may apply

**Rosies  
No Pizzas  
available  
From the  
24th July to  
4th Sep-  
tember**



## The Wallace Girls

*Miranda and Rhiannon Wallace are currently working in the United Kingdom and have sent us an email of what they have been doing.*

Well G'day all from Up Over. Can't say the weather's been all that marvellous here but I'm sure you guys wouldn't mind the rain. It hasn't been doing it often in Scotland but enough to remind us we're on the other side of the world.

So I suppose you're all wondering what the Wallace girls have been up to these days. Well I can't say it's been boring. We flew out on midnight the day of my birthday and spent a lovely nine hours on the flight to Tokyo accompanied by a screaming child the entire way. Poor dear wasn't doing too well but that didn't stop either of us grumbling in our seats about the lack of sleep. Forty five minutes in Tokyo though soon saw us on our next flight and off to London. I was not only pleased to ensnare a window seat but also five hours of sleep. Not much but it made a difference by the time we reached Heathrow and discovered Rhiannon had misplaced her wallet. If it were me I would have just about cried, thankfully it turned up on the plane we had just vacated and then we hopped on the next one to Glasgow. An hour or so later we arrived and by ten that evening on May 5<sup>th</sup>, the pair of us were snuggled up in bed and out like a light. So thankfully, neither of us was forced to suffer much of the dreaded jet lag syndrome.

Having not heard much of Glasgow before arriving, we were quite surprised to discover it was nothing like we were expecting. For one thing, the UK seems to have a severe lack of skyscrapers. Glasgow was also quite small and came across more as a large town than one of the two biggest cities in Scotland. Still, the lack of size most likely has something to do with the rain I suspect. It seems that the city size and a great many other things here have had their growth stunted or maybe they've just got hobbits running about somewhere?

Whatever the case, nobody has anything bigger than a buzz box here. The roads are tiny and often in the country side, only wide enough for one vehicle at a time. I still have yet to sleep in a bed where my feet don't hang off the end or shower in a shower where I'm not standing in a 60 x 60cm box and handed a hose.

Still you do get by and whatever the UK lacks in size, it makes up for in beauty. The Scottish highlands are amazing as we soon discovered on the train as we journeyed from Glasgow. Our destination was the Ardanais Hotel about 30 minutes drive from the seaside town of Oban. The hotel itself is actually an old manor built in the 1830's which used to belong to the Campbell clan. It's in a beautiful location situated on the shores of Loch Awe (sorry but I haven't seen any Loch Awe monsters) and it's quite often subjected to visits from the likes of Orlando Bloom or someone who happens to be flying past in a sea plane or a helicopter. It's a bit hard to get used to a chopper landing on your back lawn but a cool experience anyway.

So we arrived late the next day, discovering as we did it was a three mile hike to the nearest pub or bus station. Thankfully the buses are quite frequent for such an isolated area so it's not too hard to get up at 6:30 in the morning, walk the three miles and catch the bus at 8. OK, I admit it – it is hard for two girls who like their sleep! But we managed.

We've been here about six weeks now and have made a whole variety of friends. We've got people from the Czech Republic, Hungary, Sweden, Poland, England, New Zealand, Wales and South Africa just to name a few. Yesterday a new Polish girl arrived to begin work in the restaurant. We're also expecting an American and an Italian. Due to the isolation, not only have we saved money but we've all become rather close. There's a lot of partying together and hanging out at one another's caravans or the staff house. Thus it'll be sad to leave as we soon discovered when it came time to look for our next job.

Still, we're here for another week yet so we're enjoying it while we can before we catch up with our cousin Bek. The plan is to do the Glasgow night scene for a few nights with her and then go to Edinburgh to begin a three day tour of the highlands. We haven't had much of an opportunity to get out and see the country side yet so a week or two off between jobs is the perfect opportunity. The tour takes us in a loop around Scotland



*The Front of the Hotel*



## The Wallace Girls *(cont.)*

with stop overs at Loch Ness and one of the Wallace monuments in the area.

Many of you back home might also be interested to note some of the major differences between here and Oz. Well first I guess the biggest one is the midgies. OK, they're small but the big difference is they bite...often. If you don't look like you've got a case of chicken pox while you're here then there's something wrong with you. Of course, another big one is lochs. They're everywhere! But at least now we know who's been hogging all the rain. Whiskey - need I say more? The stuff is huge over here. Everyone drinks it and out of the four shelves we have in the bar, three of them are loaded with whiskey so if you ever feel like a nice drop or two, Scotland's the place to go. Of course, let's not forget the hills. Sure they're great to look at but if you've ever tried walking all over them, you'll realise you'd much rather do without.

I could go on of course but I think I'll have to leave it here for today. Take care everyone and we'll keep you posted.

*Cheers,  
The Wallace Girls*

P.S. We'll try mail you back some rain. They don't seem to need it!



# Do you need housing finance?



Country Housing Authority has been providing housing finance to farmers and businesses for over 30 years.

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# What Could Your Sporting Club do With \$2,500?

## Healthy Club Sponsorship Summer 2008/09

In conjunction with Healthway, Sports Medicine Australia manages the Healthy Club Sponsorship Program. This program provides an incentive for sporting and motor sport clubs to identify and address a range of issues that have the potential to improve the health and safety of their members and supporters.

Incorporated clubs (sports and motor sports) playing in a recognised sporting competition over the 2008/9 Summer season may apply for up to \$2500 for initiatives to make their club safer, healthier and to train and educate volunteers. Funds can be spent on a range of items including first aid equipment, safety equipment, coaching courses and shade structures.

In return for sponsorship, clubs are required to become permanently and totally smoke free in all indoor areas and introduce strategies to address other health issues. Clubs will also need to develop and introduce a Healthy Club Policy addressing the issues of smoking, sun protection, sport safety, alcohol and healthy food choices. Sports Medicine Australia provides assistance to clubs throughout the sponsorship period to develop their policy.

Guidelines and application forms are attached and can also be obtained from the Sports Medicine Australia website at <http://www.smawa.asn.au/extra.asp?id=421&OrgID=120> or by contacting Sports Medicine Australia on (08) 9285 8033.

## Book Fair Bash

Join the Party!

Lake Grace Library

Monday 28th July

*for two weeks only*

## Narelle's BodyWork Massage



1 hour and 40 minute full body massage  
(including abdominal and stimulating foot massage)  
\$75.00

1 hour and 10 minute massage  
(suitable for acute and sporting injuries)  
\$65.00

45 minute soothing foot massage incorporating  
basic reflexology  
\$40.00

## Gift Vouchers Available

For an appointment call 9865 1119  
or 0428 851 852

**Narelle Bird** Qualified Deep Tissue  
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## There is more than one reason to consider indulging in a massage

- Massage calms the nervous system and relaxes the muscles.
- It appeals to the senses, restores your calm and makes you feel good.
- It improves the supply of oxygen to your heart and brain, helping them function better.
- It lifts your mood by stimulating the release of brain chemicals.
- It increases blood flow through your muscles, rebuilds and strengthens the muscles and helps them work more efficiently.
- It breaks up scar tissue, reducing fibrosis and adhesions from old injuries.
- It can also manipulate the body into correct alignment and balance, soothing away pain.
- Recover fast from injury or illness! Increases its natural ability to heal, boosts the immune system. Recovery time can often be cut in half.
- It helps prevent future health problems even heart disease.
- Improves your digestive system increasing red blood cells and paves the way for a good nights sleep.

# LAKE GRACE HOSPITAL

providing **24 hour emergency health care services** to Lake Grace and the surrounding area

TEL: 9890 2222 FAX: 9890 2202

## Diabetes

It is National Diabetes Week July 13th-19th 2008, and Diabetes WA will be launching their new online program "**My Healthy Balance**".

My Healthy Balance includes:

- Healthy eating information and skills
- Practical information on getting and staying physically active
- Motivational emails
- Life skills
- Goal setting
- Quick tips
- Links to helpful resources and recipes

My Healthy Balance is a *free* program that will help you:

- Achieve and maintain a healthy weight
- Reduce your risk of type 2 diabetes and other chronic conditions
- Make healthy behaviour changes that can last a lifetime
- Feel great

The website goes online on 14th July!  
[www.myhealthybalance.com.au](http://www.myhealthybalance.com.au)

## X-Ray Facilities



For your information please note:

- ♦ The x-ray machine at Lake Grace Hospital is fully operational and available to take x-rays (when requested by the doctor) whenever necessary.
- ♦ We are able to take x-rays of chests and extremities (arms, legs, hands, feet) only.
- ♦ We have several qualified x-ray operators on staff. Any x-rays that our staff are not trained to take will be referred to a radiographer (closest one at Narrogin).
- ♦ All patients presenting for an x-ray must have a referral form from their Doctor.
- ♦ Urgent x-rays will always be taken immediately, all non-urgent x-rays should be booked prior to ensure an x-ray operator is on duty.



## Well Women's Clinic



The next clinic will be on  
**Monday 4th August 2008**  
 (held at the Lake Grace Medical Centre)  
 Call Jill Dykes for an appointment on  
 ph: 9871 9024.

## Watching Your Weight

**Each Tuesday evening  
 6:30—7:30 pm**

in the Lake Grace Telecentre

\$5 fee to cover cost of venue and incidentals

**All welcome!**

*For further information call June McEncroe  
 or Paula Carruthers at the hospital.*



## Lake Grace—Immunisation

**Thursday August 14th 2008**

9:30-11:30 am

Lake Grace Medical Centre

**NB:** Bring your book and  
 Medicare Card.

Any child health or immunisation queries call  
 Julie Ditchburn on 9890 2246 or for after hours  
 health queries call the Hospital on 9890 2222.

## HACC Happenings:

### *Seniors Christmas in July*



Trip to Terra Vista, Hyden  
 on Friday 25th July

**Cost:** \$25 for 3-course meal  
 + \$5.00 for bus

(further details available in HACC newsletter  
 or call the office staff at the hospital)

RSVP essential by Monday 21st July  
 ph: 9890 2222

## Foot Clinic:



**NB: Change of Date for August**

Please note that this will be held on  
 the 2nd Tuesday = **12th August**  
 (not the 5th as previously advised).



# More Funding Needed for Telecentres

*There has been some publicity in recent weeks of the need for more government funding for WA's Telecentres. At this stage each Telecentre receives \$20,000 per annum which goes toward wages. Naturally the more hours you are open the more money for wages you need, in turn some commissions such as Centrelink are reliant on you being open as many hours as possible. It is a balancing act that can leave the bottom line looking a little grim. Equipment is mostly purchased via successful grant applications while general running costs and the remainder of the wages is met by income generated from sources including the Lakes Link News, computer hire, membership, workshops, photocopying, desktop publishing, secretarial services and commissions we receive from Centrelink, ATO, Medicare (all Federal departments) and the Wagin Argus.*

Set up in 1991, Telecentres originated from moves to improve access to adult education and technology in rural and remote areas. Lake Grace formed a steering committee in 1994 and then became the 25<sup>th</sup> member of West Australia's Telecentre network.

Lake Grace Telecentre is very well supported by the local community and the shire, we are lucky in that we do not have to pay rent or have a great deal in the way of overhead costs like a lot of the other Telecentre's are subject to. Having said that, there is enormous pressure to watch every dollar, the untimely breakdown of equipment brings on an almighty feeling of dread and a wondering of how we are going to cover costs.

The Telecentre is a valuable part of the community, providing a great deal of support and information for which in many cases there is no financial gain. Although owned and managed by the community some believe that the Telecentre is a government department. Telecentre's have many of the responsibilities of a government department in terms of reporting, statistics and business plans but little of the financial security. This is a reflection of the hoops that the TSB (Telecentre Support Branch) has to jump through to retain their positions and the limited finance that is then doled out to the individual Telecentre's.

Funding comes in the form of two \$10,000 payments, six months apart. It has been that amount since 1991. By the end of the six months there is a juggling act happening with the Telecentre in desperate need of the money, but not quite sure when the government coffers are going to spit it out. When originally set up it was thought that after three years, Telecentre's would become financially independent; seventeen years down the track it has been realized the reality is far removed from the dream.

There is too much reliance on Telecentre's being able to find volunteers to help them get jobs done, this is all very well in terms of job training with many people happy to help out in the short term. Unfortunately in

today's economic climate people can't afford to help out indefinitely, they need to support their own families and receive financial recompense for their labours.

In many Telecentre's, staff aren't receiving adequate wages, often only being paid for half the hours they put in; this is a situation that the Government is taking advantage of by not raising the funding in keeping with cost of living. Although Lake Grace Telecentre staff are paid for the majority of hours they do, their wages would be on the lower end of the pay scale within the community (however we would be in the upper end within the Telecentre network). A lack of breathing space financially means that some opportunities for our community are missed as staff have to make a decision as to whether or not they have the time to pursue that opportunity.

Missed opportunities, low wages and a feeling of futility have resulted in a high turnover of staff for Telecentre's throughout the state. Anyone who has been employed at a Telecentre for more than five years is a veteran, ten years and you're an oddity. The veterans stay because they enjoy the diversity and challenge that the job offers, and believe that what they do is important to their community. At this year's state conference (held every second year), the bulk of attendees will be new faces once again.

Telecentre's are one of the many victims of a lack of government support of rural areas, most in the metropolitan area wouldn't even know what a Telecentre is but would assume it is something to do with telemarketing. It is only the unflagging support of our community and the success of our local newspaper that keeps the Lake Grace Telecentre financially in the black.

## *Your Centrelink Access Point Is the Lake Grace Telecentre*

If you need documents photocopied, sighted or faxed please drop into the Lake Grace Telecentre.



Also have a selection of forms and phone access (to ring Call Centre only). This is a **free** service.

## Nationals Pursue Telecentre Funding Increase

Nationals Deputy Leader and Local Member for Wagin Terry Waldron has called on the State Government to increase its annual funding of Telecentres across WA.

"The current funding of \$20,000 per annum has been in place for over ten years and surely it is time for the Government to recognise this funding has not kept pace with Telecentre costs and what they provide to our communities and they should increase the annual funding substantially," Mr Waldron said.

"Our Telecentres provide a wonderful service to our local communities, tourists and the general public and it is critical they are funded adequately to continue to carry out their important role," he said.

Mr Waldron, who has been visiting Telecentres across the region, stressed that while Telecentres generated some income and are generally well supported via their local Shire councils their base State Government funding is inadequate.

"Our Telecentres have become a real hub in our local communities carrying out varied community roles and providing many services.

We therefore must ensure their financial base and properly support our Telecentre staff," he said.

Mr Waldron said that Nationals Leader Brendon Grylls and Member for Greenough Grant Woodhams had also

met with Northern Wheatbelt Telecentres recently where the same issues were identified.

"We will continue to pursue this issue in the Parliament when it resumes next month and we are determined to see this funding increased to a realistic level." Mr Waldron said.

"Former Leader of the Nationals Hendy Cowan set up our Telecentre network and it is imperative we ensure it remains strong," he said.

### Photo ID's

Do you need a photo for an ID pass, passport, library card or licence?



The Telecentre are able to take and print your photos.

\$10 for a set of four (4)

### FORD FALCON BA 2002/3

Powerful roomy sedan with twin airbags, ABS, tiptronic auto, a/c, power steering, CD player, electric front windows, cruise control etc. etc.

Ideal family car with good tyres and service history.

Offers around \$11500

Contact Steve or Karen on 9865 2247 or 0458 652 248

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Sale**





Shire of Lake Grace

# NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)

## New Community Notice Boards

New community notice boards have been installed in Varley and Lake Grace thanks to an Office of Crime Prevention grant.

It became evident during the January 2006 flood that each town needed a central point to display notices about community safety, emergencies and road closures/conditions.



The new boards are located at Lakeway Shopping Centre and Varley Store—the sites most visited by local people and travellers in those towns. Newdegate and Lake King already had community noticeboards in place.

Safety awareness, emergency risk management and RoadWise information will be displayed on the boards. The notice boards will also be used to display information about shire business and by community groups for public notices for meetings (eg AGM) and events, and in the community consultation process. The notice boards would not be used for general notices, such as 'For Sale' advertisements.

## Licensing—Trade Local

As a commitment to the community, the Shire of Lake Grace subsidises the vehicle and driver's licensing service. These additional funds come from rates.

If you send or pay your licence renewal at the Shire office, the shire will receive a commission. If you send your renewal to the Department of Planning and Infrastructure or pay online, the shire will not receive this commission. We encourage you to pay your licence fees locally to cover the costs of this service and to keep local people employed.

## Banners in the Terrace — Local Government Week

Lake Grace Artists' Group has been busy creating a Shire banner for one of the State's largest community arts projects. The popular *Banners in the Terrace* competition is widely acknowledged as being the most colourful and vibrant city display. In 2008 the banners will be flown along the St Georges and Adelaide Terraces from Sunday 27 July to Saturday 9 August as part of the annual Local Government Convention. Local councillors will attend the convention.

## Lake Grace Floodplain Study

GHD engineering consultants recently met with Lake Grace Shire Council to discuss the Lake Grace Floodplain Study. The study, which will be formalized this year, will give councillors the opportunity to prioritize works required for water management around Lake Grace townsite. Council is collaborating with Avon Catchment Council through the *Rural Town Liquid Assets* project and consulting with other agencies such as Westnet Rail, Main Roads WA and Cooperative Bulk Handling for the project.



## Lake Grace 100 Years Celebrations

The Lake Grace 100 Years committee has been meeting regularly to plan the centenary celebrations for 2011. Melissa Cugley is the selected logo designer and is now finalising the logo design. The logo will be used on Lake Grace 100 Years promotional material including banners, posters, medallions and badges.

Lake Grace 100 Years events will include a weekend reunion festival with entertainment and displays, centenary ball, street parade and smaller celebrations throughout 2011. The committee is asking local community groups to host centenary themed events during 2011. These could be a centenary event as part of your annual calendar (for example 100 Years art exhibition, sporting event with traditional uniforms) and/or a regional event or convention (e.g. State Sand Greens, Lions Club Conference).

Community groups, families and workplaces can also plan reunions throughout the year and during the weekend festival. Other planned activities include:

- Lake Grace 100 Years publication
- Map/model of district farms and schools
- Memorial to past Residents
- Newsletter and webpage
- Crop art and farm art
- Local History collection (documents, buildings, residents)

The committee asks community members and groups to begin thinking about how you might contribute to the program and for groups to start scheduling events for 2011. Any interested people can attend the meetings. The next meeting will be held on July 22<sup>nd</sup> at 7.00pm in the Shire Chambers.





Shire of Lake Grace

# NEWS & NOTES

PO Box 50 Lake Grace • Phone 9890 2500 • Fax 9890 2599 • Email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)

## Structured Workplace Learning at the Shire Office

Local Year Twelve student Nicole Chappell joined us again this month for her Structured Workplace Learning. Nicole, who attends Narrogin Senior High School, worked with the Shire's Community Service Department, helping with the Science Road Show, community news and planning youth projects.

"The Shire of Lake Grace is pleased to be involved in the Structured Workplace Learning program," said CEO Jim Fraser. "We are happy to see businesses around town providing similar support to local students, and students coming home to get a career start in Lake Grace."

## Help Us to Help Tell You Where to Go



### Are you confused about directional signs at key locations throughout Western Australia?

Do you have ideas on how to improve directional signs?

The State Government receives regular comment from the community about directional signs, these signs being service signs (blue with white writing), tourist signs (brown with white writing) and guide signs (green with white writing).

Examples of different directional signs:

**SERVICE SIGNS:** airports, emergency hospitals, parking/information bays, caravan parks

**TOURIST SIGNS:** national parks, wineries, lookouts, heritage sites, museums

**GUIDE SIGNS:** freeway entries and exits, town locations along highways, major intersections

The Government wants to engage the community in identifying the main problems with directional signage and is asking for your help to identify areas for improvement.

To lodge a comment go to [www.mainroads.wa.gov.au](http://www.mainroads.wa.gov.au) and click on "Signage— Have Your Say" or telephone 138138 to have a survey posted.



**Attention!** all lovers of sport.

You are invited to...

### *An Evening with Neale Daniher*

The Department of Sport and Recreation, with the Narrogin Hawks Football Club, is offering you the opportunity to spend an evening with NEALE DANIHER. Neale is a former Essendon player, captain and Fairest and Best winner who played 82 games. Neale became an assistant coach in the 1990s, working for both Essendon and Fremantle Dockers before coaching the Victorian State of Origin team. In 1998 he was appointed senior coach of the Melbourne Football Club, a position he held for 9 years. Neale lead his side to the Grand Final against Essendon in 2000. More recently he coached the 2008 All Stars team to victory in the EJ Whitten match.

**When:** Monday 21st of July 2008  
**Time:** 6:30pm- 9:00pm  
**Where:** John Higgins Centre  
 Clayton Rd, Narrogin  
**Cost:** \$10 person (inc finger food)  
 A cash bar will be available

Tickets can be purchased by ringing Vicki on 0408 951 643 or Sports First, Edgerton St, Narrogin.

This is a great opportunity to hear first hand from a true champion - and not to be missed.

Please contact Karen Lovejoy (0419 905 997) for any further details.



## SWIM TEACHERS

2008 SwimWEST Conference

**Saturday 16<sup>th</sup> and Sunday 17<sup>th</sup> August**  
 Challenge Stadium, Mt Claremont, Perth

**Presented by Julie and Deny Zancanaro,**  
**Clint Vawser, Ross Gage and WA Locals**

**Saturday - Management topics**  
**Sunday - Learn to Swim, Infants & Strokes topics**



# SCIENCE AND STUFF

**TEEN CANCER RISING:** Some bad news for teenage girls: While the incidence of cervical cancer is falling in the over-25s, in teens it seems to be on the rise. Lillian Birch at the University of Manchester, UK, and colleagues analysed data from across England and found that between 1979 and 2003, the incidence of cervical cancer had on average increased 6.8 per cent per year amongst those aged 15 to 19, and 1.4 per cent per year in those aged 20 to 24. In the over 25s, however, the incidence fell over the same period. Despite this, cervical cancer remains extremely rare in young women.



In the US there were just 114 cases between 1998 and 2002 among the under-19s. With so few cases, the US Centres for Disease Control and Prevention in Atlanta, Georgia, say the trends "cannot even be calculated". Birch, who presented her results at a conference of the Teenage Cancer Trust in London on 9 June, says her findings are worrying nonetheless. Cervical cancer tends to develop faster in younger women, making it less likely that it will be detected early enough to be easily treatable. Birch also suspects the disease might develop in a different way in young women.

**SNORING DIABETICS:** Snore a lot? Maybe you have diabetes. People with sleep apnoea, who briefly stop breathing and snort themselves awake, often also have type 2 diabetes-and vice versa. In fact, the evidence of a link is so strong that the International Diabetes Federation (IDF) is urging doctors treating patients with one condition to test for the other. "There's no question about the link," says Paul Zimmet, co-chairman of the IDF's task force on epidemiology and prevention, based in Melbourne, Australia. The IDF says that 40 per cent of patients with apnoea have diabetes, while about 23 per cent of diabetics have apnoea (Diabetes Research and Clinical Practice, DOI: 10.1016/j.diabres.2008.04.025). Identifying both diseases saves lives, says Zimmet.



Sleep apnoea is the commonest treatable cause of both high blood pressure and heart failure. Meanwhile, type, type 2 diabetes can also be fatal but is easily managed with right diet and insulin. The race is now on to identify all patients who have both and to investigate the cause of the link.

**FACT AND FICTION FROM THE BIBLE:** Israel Finkelstein is an archaeologist who argues that many Old Testament tales are fictitious, while remaining an advocate for the Jewish state in the Holy Land who observes Jewish traditions. Over the past decade Finkelstein an award-winning professor of archaeology has spearheaded a movement in biblical archaeology that flies in the face of the interpretation of the Bible as a largely historical document. He argues that the traditional dating of



many archaeological finds relating to biblical events is out by up to one-and-a-half centuries. His conclusion is uncompromising: many famous biblical stories are probably pure fiction.

The exodus of the Israelites from Egypt never happened, and Joshua never attacked Jericho, let alone brought its walls down. "There is no evidence that Jericho even had city walls at that time," Finkelstein says. David and Solomon were not great kings who ruled over the ancient land of Canaan in the 10<sup>th</sup> century BC from a palace in Jerusalem, as the Bible portrays; at best they were minor chieftains of some small-time tribe in that area. Their memory was later inflated and mythologised in the 7<sup>th</sup> century BC to serve particular political and military agendas, he says. Finkelstein has arrived at these conclusions by studying biblical texts and comparing them with archaeological evidence unearthed at Megiddo in northern Israel. The site, which has been excavated for over a century, is an archaeological gold mine containing the ruins of more than 30 cities from different times.

**WATCHING EVOLUTION:** Evidence of the evolution of complex traits has been caught in action by "scrolling back" through 44,000 generations of *Escherichia coli* bacteria grown over 20 years. Around the 31,500<sup>th</sup> generation, descendants from one of the original colonies began metabolising citrate, something natural *E. coli* can't do (Proceedings of the National Academy of Sciences, DOI: 10.1073/pnas.0803151105).

**IF YOU PLAN A BIG FAMILY, GO TO CHURCH:** Why do people go to church? According to Jason Weeden at Arizona State University, Tempe, it is to go forth and multiply. After analysing questionnaire responses from more than 22,000 Americans, Weeden and his colleagues found that factors related to sex showed the strongest links to churchgoing. These include marital status, number of children, preferred family size, and moral views on topics like cheating and contraception. Other variables that have often been linked to religiosity such as age, gender or conscientiousness failed to explain church attendances, after controlling for differences in sexual and family values (Evolution and Human behaviour, DOI: 10.1016/j.evolhumbehav.2008.03.004). Weeden suggests that looking for partners within a religious community reduces the risk of adultery in couples and other family saving ideals in marriage.



Maurice Gilson. (Be sceptical – Question everything).

## Lake Grace and Newdegate General Practice

### Payment Levels

All consultations during office hours are Bulk Billed by Medicare.

Private, overseas visitors and patients without current Medicare cards, will be billed at the private rate.

- For a short visit (5 minutes) with the Doctor the fee is \$26 private, with a rebate of \$14.70.
- For standard visit (15minutes) with the Doctor the fee is \$45 private, with a rebate of \$32.10.
- For a long visit (more than 15 minutes) with the Doctor the fee is \$70.00 private, with a rebate of \$60.95.
- Medicals for Pre-employment and Commercial Drivers Health Assessment are charged at a standard rate of \$77.00.

### Lake Grace and Newdegate General Practice Dispensing Policy

Our policy is that medications must be checked by the Doctor before they can be dispensed to the patient.  
This is a Gemini Medical Services Policy, staff do not have discretion in this matter.

We apologise for any inconvenience this may cause.

Management  
Gemini Medical Services

### Lake Grace and Newdegate General Practice

*Please notify the receptionist of your arrival.*

Provide the receptionist with your:

- Medicare card
- Health Care Card
- Pensioner Concession Card
- Veterans Affairs card

when visiting the Doctor and requesting Pharmacy, to receive your full entitlements.

# CCL HARDWARE

**Lake Grace - Ph 9865 1104**

*New products in store*

- **Tommy Tape** – *Silicone Rubber Wrap, 101 uses!!*
- **Eccopanel** – *425w wall mounted panel heater, Easy to install, inexpensive to run, ideal for Asthma and dust allergy sufferers*
- **Gerni** – *high pressure cleaners, two models*

***Come check it out!!***



Call in and see Mark, Chrystal, Allan, Rita, or Robyn for your needs.





# LAKE GRACE DISTRICT HIGH SCHOOL NEWS Year 5/6 Technology & Enterprise



Throughout Terms 1 and 2, the year 5/6 students have been working on a Technology and Enterprise assignment about cereals. They were required to research different cereals and survey students to find out which ones were the most popular. They then worked in groups and used this information to create their own cereals. The most involved part was designing and constructing their cereal packages and finally putting together an advertisement to promote

their cereal creations. They thoroughly enjoyed this task and all worked well in their teams.



Above: Sarra Middleton, Harmony Moore, Reece Lay, Kathleen Naisbitt, Phoebe Robertson and Angus Hunt advertising Mr Nutty's Apple Oats.



Above: Elle Trevenen, Laura Saunders, Juanita O'Neill, Tenika Chesson, Peter Downey, Luke Trawinski and Mitchell Smith advertising Fruity Crunches.



Above: Brooke King, Jade Cameron, Carrie Taylor, Beth Trevenen, Bodhi Power, Jordy Medlen and Travers Wright advertising Sunny Hunny Crumbs.

Above left: Ryan Carruthers, Cody Earnshaw, Brooke Marsh, Michaela Hendry, Liam Baker and Meagan Zweck advertising Flip'O Fruit.

## Lake Grace and Newdegate General Practice

### Appointments

Lake Grace and Newdegate General Practices operate an appointment system for consultations. To book, cancel or change an appointment either come in to the surgery or phone Debbie or Heather on 9865 1208 (Lake Grace) or 9871 1528 (Newdegate).

- The time period per consultation is approximately 10 minutes. If you think you require longer, please inform the receptionist and they will happily extend your appointment.
- If you are unable to attend your appointment, please inform us as soon as possible so we can offer it to someone else.
- If more than one member of your household needs to be seen, make sure each has a separate appointment. **One Patient- One Appointment— this will cut down waiting periods for the Doctor.**

### Results

For those patients making appointments for results regarding:

- X-rays
- Ultrasounds
- Specialists

Please inquire whether the results have arrived at the surgery first.  
Some results can take up to 1-2weeks .

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## CWA's International Day (*cont.*)

Officers, their task on behalf of the Solomon Island Development Trust was to provide a balanced message of development to the Islanders. The people of the Solomon Islands are not a culture driven by money, quite content with their subsistence lifestyle.

A matriarchal society, the land is owned by the women; who also do bulk of the work. When a woman marries there is often a "Bride Price" which includes some fattened pigs and shell money. Pigs are a valuable commodity in their culture and are able to roam freely around villages. It is also a 'one tok' society where what belongs to one person is also the property of the rest of the extended family. In the villages they are a self reliant people, existing on what they catch from the sea and rivers and what they grow in their gardens. Gardens are still cleared from the jungle for garden beds, with the women selling excess produce from their gardens at local markets.

Many of the villages were situated along rivers, a source of water for drinking, cooking, washing, fishing and bathing (men upstream, women downstream). Logging companies were interested in using the river as a means of transportation of heavy machinery up stream and logs downstream. Little consideration was being given to the long term negative impact this could have on the villagers who relied on the river on a daily basis. Steve and Genni encouraged the people to do the logging themselves, which would then provide them with some income. Genni enjoyed her time in the Solomons but became aware that after two years she was no closer to

understanding the Islander's way of thinking.

Robyn Slarke, an International Human Rights Advisor and Activist, spoke of the ups and downs of helping the women of Papua New Guinea. A background in literature, Robyn has a Masters degree in International law and has won several awards in recognition of her intellectual and activist work. She has worked as a volunteer with overseas aid agencies and community groups for the past twenty years.

Many of these years were spent in situations of civil conflict; where the violence towards women was extreme. For the past decade, she has been the only person training Village Court Magistrates in the highland provinces of PNG. She has rare experience working with customary laws and international conventions, from the grassroots right through to the most senior levels of government.

There are 5.8 million people in PNG, with nearly 1000 different languages and cultures; individual tribes have been brought together as a democratic nation, a concept that has proven quite complex. With the breakdown in tribal structure; violence that would have been dealt with under old custom is now spiraling out of control.

The benefits of progress and development have bypassed women in particular, with domestic violence and gender based violence being an increasing problem. Health problems, poverty and high infant mortality are other issues that PNG's women face on a daily basis. Children

aren't named until their first birthday as there is no guarantee they will survive, often succumbing to illnesses that could quite easily be treated with antibiotics or prevented with a better understanding of hygiene. One hundred thousand Papua New Guineans have HIV/AIDS, in ten years this is projected to escalate to one million; lack of resources, education and a belief in polygamy has not helped.

Most of PNG's 15,000 village court magistrates have no training with most unable to read or write and therefore not having a clear understanding of PNG's constitution. Robyn has been instrumental in righting this wrong, instructing the village court magistrates in basic human rights



*Items of interest from the Solomon Islands*

*Continued page 21*



## CWA's International Day *(cont.)*

and PNG's constitution. Women aren't well represented at a political level with only one of PNG's 109 MP's being a woman; times could be changing though as 100 nominated at the last elections.

display of articles, mostly supplied by Genni and Robyn.

Both Genni and Robyn spoke of the contrasts in both physical appearance and personalities that make up the people of both the Solomon Islands and Papua New Guinea; with some provinces being of a more gentle nature while others were more 'warlike'; there was also great disparity in height and facial characteristics between the regions.

Having lived with remote highland communities for many years, Robyn feels that she is only just now, beginning to understand the complex interplay between traditional and modern tribal life. CWA has for many decades been supportive of women's groups in PNG.

Following the talk those attending were invited to take a look at the wonderful



*Display items and newspaper clippings from Papua New Guinea*

## For Sale – Public Auction

### 39 Absolon Street, LAKE GRACE

This well presented 4 bedroom, 2 bathroom home is situated on a large 1065m<sup>2</sup> block (enough room for another house) in a central location close to schools and shops.

Three of the bedrooms have built in robes and carpets. There is a kitchen, lounge and dining room with reverse cycle air-conditioning and open fire place, study, detached sleep-out, full width covered outdoor area with built in BBQ.

Huge backyard that has laneway access. This is a great family home on a block with development potential.

**AUCTION DATE:** Saturday 16th August 2008 on site at 11:00am.

For details contact Ron Dewson on 0428 651 213.



## Visitors Centre

(Stationmaster's House)

Thank you very much to all our volunteers who help out. We really do appreciate all your help and valuable time that you put into the Visitors Centre.

Any person who is interested in joining or helping out please phone Mary on 9865 1321 or

alternatively write your name down in the roster book at the Visitors Information Centre. Thank you.

We are constantly looking out for new people to join our volunteer group so if you have three hours to spare and love to meet new people from "literally" all over the world, we would love to hear from you. Drop in or talk to one of the volunteers today.

### JULY / AUGUST 2008 - Roster for Lake Grace Shire Visitors Information Centre

<b>Mon 21</b> * Bill Jenks *	<b>Tue 22</b> * * Betty Daly-King	<b>Wed 23</b> * *	<b>Thur 24</b> * Henk Doelman *	<b>Fri 25</b> * *	<b>Sat 26</b> * *	<b>Sun 27</b> * *
<b>Mon 28</b> * Bill Jenks *	<b>Tue 29</b> * * Betty Daly-King	<b>Wed 30</b> * Shirley Altham *	<b>Thur 31</b> * Henk Doelman * Elsie Bishop	<b>Fri 1</b> * Trish Medlen *	<b>Sat 2</b> * *	<b>Sun 3</b> * *
<b>Mon 4</b> * Bill Jenks *	<b>Tue 5</b> * * Betty Daly-King	<b>Wed 6</b> * *	<b>Thur 7</b> * Henk Doelman * Elsie Bishop	<b>Fri 8</b> * *	<b>Sat 26</b> * *	<b>Sun 27</b> * *



## Development Officer Lake Grace *3 month contract*

Interested applicants are invited to submit an "Expression of Interest" to work full time or part time on a three-month contract as a Development Officer based at the Department of Agriculture and Food's Lake Grace District Office.

Preference will be given to anyone with experience in cattle and sheep, although cropping knowledge is also an advantage. Applicants need to have a minimum of a three-year agriculture degree. In this role you will visit and survey farmers while analysing production and marketing opportunities and/or issues for farming enterprises in the district.

Written applications should be received by 13<sup>th</sup> August detailing qualification and agriculture experience, as well as your resume and details of two referees.

Please post to "Development Officer Position" Department of Agriculture and Food, 50 Stubbs Street, Lake Grace 6353.

For more information phone Keith Devenish, District Manager, Narrogin on 9881 0222.

## Science Road Show Visits Lake Grace

There was plenty of excitement at the Lake Grace Shire Hall on Wednesday the 9<sup>th</sup> July as 50 children were shown the fun side of science by Elisa McGowan and Nij Lal from Scitech. The Shire of Lake Grace organised the Science Road Show to visit Lake Grace as a School Holiday Program, funded by Roe Be Active and Healthway.

In the morning Elisa McGowan entertained and taught 22 children about air. How do we know that air is actually there? By using the senses of sight, hearing, touch and smell they discovered the properties of air; feeling the air around you and the way it moves fast and slow. The children divided into groups and made parachutes; creating them from paper, felt and plastic. They had an experiment to work out which one landed first, the paper, felt or plastic and why. They then had three different size plastic parachutes, large medium and small, which one landed first?

The afternoon was presented by Nij Lal, to a group of 30 children learning about flight. Why do planes fly and what powers a rocket? They experimented with the build up of gases and what happens when there is no more room for the gas to expand.

After each show cordial and healthy snacks were provided and prepared by Shire staff. The children not only learnt things about air and flight they had fun doing

the activities, there was plenty of laughter with objects flying through the air and things going pop and bang.



*Mitchell Thornton, John Curtin and Kemp Thornton*



*Presenters Nij Lal and Elisa McGowan*



*Meagan Zweck, Bianca Zweck and Sally Thornton*



### Mulesing Available

### Craig Patterson

### Full team if required

### Ph 9882 7071

### Mob 0427 747 045





# HUMOUR

## Life After Death

"Do you believe in life after death?" the boss asked one of his employees.

"Yes, Sir," the employee replied.

"Well, then, that makes everything just fine," the boss went on. "After you left early yesterday to go to your grandmother's funeral, she stopped in to see you."

## A Special Cure

A man went to see his doctor because he was suffering from a miserable cold. His doctor prescribed some pills, but they didn't help.

On his next visit the doctor gave him a shot, but that didn't do any good.

On his third visit the doctor told the man, "Go home and take a hot bath. As soon as you finish bathing throw open all the windows and stand in the draft."

"But doc," protested the patient, "if I do that, I'll get pneumonia."

"I know," said the doctor, "I can cure pneumonia."

## Timed Medicine

A pharmacist is going over the directions on a prescription bottle with an elderly patient. "Be sure not to take this more often than every 4 hours," the pharmacist says.

"Don't worry," replies the patient. "It takes me 4 hours to get the lid off".

## Corruption

At the height of a political corruption trial, the prosecuting attorney attacked a witness. "Isn't it true," he bellowed, "that you accepted five thousand dollars to compromise this case?"

The witness stared out the window as though he hadn't hear the question.

"Isn't it true that you accepted five thousand dollars to compromise this case?" the lawyer repeated.

The witness still did not respond.

Finally, the judge leaned over and said, "Sir, please answer the question."

"Oh," the startled witness said, "I thought he was talking to you."

## Slow vs. Fast

Dentist: I have to pull the aching tooth, but don't worry it will take just five minutes.

Patient: And how much will it cost?

Dentist: It's \$90.00.

Patient: \$90.00 for just a few minutes work?

Dentist: I can extract it very slowly if you like.

## Unsuitable Steak

A waiter brings the customer the steak he ordered with his thumb over the meat.

"Are you crazy?" yelled the customer, "with your hand on my steak?"

"What" answers the waiter, "You want it to fall on the floor again?"

## Fisher of Men

The Walton's invited their new neighbors over to dinner. During dinner Mr. Walton was asked what he did for a living.

Eight years old Brian Walton jumped in and said, "Daddy is a fisherman!" To which Mrs. Walton replied, "Brian, why do you say that. Your daddy is a stockbroker, not a fisherman."

"No mum. Every time we visit dad at work and he hangs up the phone he laughs, rubs his hands together and says 'I just caught another fish'."

## We Got It!

Three statisticians went out hunting, and came across a large deer. The first statistician fired, but missed, by a metre to the left. The second statistician fired, but also missed, by a metre to the right.

The third statistician didn't fire, but shouted in triumph, "On the average we got it!"

## In the Confession Box

A drunken man staggers in to a Catholic church and sits down in a confession box and says nothing. The bewildered priest coughs to attract his attention, but still the man says nothing.


The priest then knocks on the wall three times in a final attempt to get the man to speak.

Finally, the drunk replies, "No use knocking, there's no paper in this one either."

## Everybody

This is a story about four people named Everybody, Somebody, Anybody, and Nobody.

There was an important job to be done and Everybody



**Aerial  
Spraying**

**Lindsay & Ann Joyce**

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Albany WA 6331

Phone: 9844 4785  
Mob: 0427 206 210

# HUMOUR

was asked to do it. Everybody was sure Somebody would do it. Anybody could have done it, but Nobody did it.

Somebody got angry about that, because it was Everybody's job. Everybody thought Anybody could do it but Nobody realized that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

## Good Question

If a train station is where the train stops and a bus station is where the bus stops, what is a work station?

## Document Theory

Never walk down the hall without a document in your hands. People with documents in their hands look like hardworking employees heading for important meetings. People with nothing in their hands look like they're heading for the cafeteria.

People with the newspaper in their hands look like they're heading for the bathroom. Above all, make sure you carry loads of stuff home with you at night, thus generating the false impression that you work longer hours than you do.

## Hugs

So this computer scientist is like a real uptight guy, uncomfortable in his own skin.

He has a hard time relating to people, you know the type, right?

So he's in a bookstore, sees a book called "How to Hug", so he thinks, "Yes, this could really help me."

So he buys it, takes it home, starts to read it, and darned if isn't volume eight of an encyclopedia!

## Churchill's Nap

A lady who was known as Churchill's main rival in parliament was giving a speech. Churchill, with his usual enthusiasm for his rival, dozed off while the lady was speaking.

She stopped her speech and awoke Sir Winston by yelling, "Mr. Churchill, must you sleep while I talk?"

Churchill sleepily replied, "No, ma'am. I do so purely by choice."

## Separation

A man is waiting in line for a hit movie. Behind him are two women. The usher comes along and says that he has two seats together. Seeing the problem, the usher says to the man. "Let them go first. You wouldn't want to separate a woman from her mother, would you?"

The man says, "No, sir. I did that once, and I've been sorry ever since."

## Lake Grace Sportsman's Club

will be holding a  
**BINGO** night

on

Friday 15th August.  
7:30pm start.

Children under the age of 12 are  
not permitted to participate.

32

17

45

68

9

## Quiz Night

At the Lake Grace Sportsman's Club

**Friday 29th August**

**7:45pm start**

**\$3 a head - 8 to a table**

**11 tables only so book early**

**Fish & Chip meals**

**Available - kitchen taking  
orders from 6pm.**

*Come along and give your brain a workout.*

*Congratulations to the  
AusBrits (Taylor's,  
Hutter's and Newman's) for  
their win at the last  
quiz night.*

*Well done also to Justin &  
Debbie Wright, Lindsay &  
Jackie McGlinn, Kelly Stewart  
& Debbie Bell for coming  
runner-up.*

*Who said those hours watching TV were wasted?*







# LAKE GRACE DISTRICT HIGH SCHOOL NEWS

## Year 7



On the 23rd and 27th of June our class performed their school plays called 'Never Kill an Agana' and 'Rapunzel Uncut'. They performed these plays because they wanted to raise money for the Royal Flying Doctor Service and they will deliver all of the donations to the RFDS base on their Kalgoorlie camp in Term 3.

The first time they performed their plays was in the Undercover area at school and it ran really smoothly apart from the fact that the audience couldn't hear very well. Otherwise it was very good. 'Rapunzel Uncut' was a little bit louder than 'Never Kill an Agana' but most

people could work out what was being said.

At the Lakes Village the sound acoustics were a lot better as it was an enclosed area and there wasn't so much space between the performers and the audience. Both plays were performed at a lot better standard because they had performed it before.

Overall, I thought that both times we performed the play we did it to the best of our ability.

By Fraser Hunt



### **Above Right:**

Melanie Naisbitt, Darren Boulton, Shannon Smith, Tom Taylor and Jamie Bell in 'Never Kill an Agana'.

### **Above:**

Thomas Gambuti, Shaye Bowron, Michael Hardy, Jaimee Withnell, Caitlyn Trawinski and Cayson Earnshaw in 'Rapunzel Uncut'.

**Right:** the whole cast (year 7 class)





## Interschool Chaplain's Cup

The Chaplain's Cup exists to encourage good student behaviour, inspire good sportsmanship, and to build interschool relationships.

This semester's Chaplain's Cup was held on Thursday 3rd July between Kulin, Corrigin, Quairading and Lake Grace; it encourages healthy competition and the development of new friendships. The Cup promotes school Chaplaincy and the positive values and support that Chaplaincy provides in our schools.

Supported by Perth Glory, eight teams from four schools (a primary and senior team from each school) within the Roe District battled it out on the soccer field. The over all Chaplains Cup champions of the day from the Primary School teams was Kulin DHS, followed by Lake Grace while the Corrigin Primary team came third in front of Quairading.

The High School Team Chaplains Cup trophy was taken home by Lake Grace followed closely by Corrigin with only 1 goal difference between the two teams. Brody George lead his team to come second against this very competitive Lake Grace. Following Corrigin was Kulin in third while Quairading took fourth place.

Throughout the day one player was chosen by our umpires to be awarded the fairest and best player of each game. From Lake Grace Melanie Naisbitt and Nat

Curtin received special mention from the umpires for their outstanding play and sportsmanship. They were chosen out of the 30 plus players on the field in their games to be the fairest and best on ground. Well done guys!

Many parents and friends supported on the day and thought that they would like to get out there and play themselves. Organiser Ryan Hill would like to encourage you to put a team together and teach these whipper-snappers a thing or two.

Ryan would like to thank all the competitors, sponsors and volunteers for making the Chaplain's Cup such a fun day. He looks forward to the next Chaplain's Cup which will be a mixed floor-ball competition held in Kulin during December of this year.

*Below : Bradley Lay and Courtney Withnell with the Chaplaincy Cup.*

*Bottom: A victorious Lake Grace DHS team with Corrigin's Chaplain Ryan Hill.*

### Photo ID's

Do you need a photo for an ID pass, passport, library card or license?



The Telecentre are able to take and print your photos.

\$10 for a set of four (4)





# NIGHT WATCH



Welcome to Night Watch for the fortnight from midnight Friday 18th July to midnight Friday 1<sup>st</sup> August. Astronomy is looking up.

Our local star "The Sun" rises in the constellation of Gemini on Saturday morning 19<sup>th</sup> and then will rise in the constellation of Cancer on Monday 21<sup>st</sup> for the rest of the fortnight.

On Saturday morning twilight begins at 5:40am and at 5:33am Friday 1<sup>st</sup> August. Evening twilight finishes on Saturday at 6:50pm and at 6:57pm on Friday 1<sup>st</sup> August.

The Moon on Sunday will be 0.9° (close) south of the planet Neptune at 9pm in Capricornus. On Thursday 24<sup>th</sup> in Aquarius, the Moon will be 4° (2 fingers at arms length) south of the planet Uranus. At magnitude -6 in Aries on Saturday 26<sup>th</sup> the last quarter Moon will be at 2:31am in Aries. On Wednesday 30<sup>th</sup> at 7am in Taurus, the Moon will be at Perigee (closest) to Earth at 363,883 kilometres distant. The New Moon will be at 6:02pm on Friday 1<sup>st</sup> August in Cancer.

**MERCURY** will be too close to the Sun to observe.

**VENUS** in the constellation of Cancer at magnitude -3.9 moves into Leo on Thursday 31<sup>st</sup> July low down in the evening. Twilight sets on Friday 1<sup>st</sup> August at 6:40pm one hour after sunset.

**MARS**, the red planet at magnitude +1.6 sets at 8:51pm on Saturday in Leo. In the north / west on Friday 1<sup>st</sup> August Mars will set at 8:37pm.

**JUPITER** the giant gas planet in the constellation of Sagittarius at magnitude -2.8 will be in the sky all night for the fortnight. Jupiter rises in the south/east and will move overhead and set in the west/south/west in the morning around 6am.

**SATURN** the ringed gas planet in the constellation of Leo at magnitude +0.8 sets at 8:28pm on Saturday. On Friday 1<sup>st</sup> August Saturn sets at 7:44pm.

**URANUS** the blue/green gas planet in the constellation of Aquarius at magnitude +5.8 rises on Saturday at 9:35pm. Uranus will be 4° south of the Moon on Wednesday 23<sup>rd</sup>. On Friday 1<sup>st</sup> August Uranus

rises at 8:47pm.

**NEPTUNE** the grey/green coloured planet in Capricornus on Saturday at magnitude +7.9 rises at 7:23pm in the east. On Sunday at 9pm Neptune will be 0.9° (close) south of the Moon. Neptune rises at 6:35pm on Friday 1<sup>st</sup> August.

**METEORS:** During the morning of Tuesday 29<sup>th</sup> there may be some meteor activity in the constellation of Capricornus which will be above at 12:30am with 4 meteors per-hour.

The Moon will be in the constellations of Capricornus on Saturday at 100% visibility, Sunday at 98% and Monday at 95%, Aquarius on Tuesday at 89%, Pisces on Wednesday at 82%, Thursday at 73% and Friday 25<sup>th</sup> at 63%, Aries on Saturday 26<sup>th</sup> at 51% and Sunday 27<sup>th</sup> at 40%, Taurus on Monday 28<sup>th</sup> at 29%, Tuesday 29<sup>th</sup> at 19% and Wednesday 30<sup>th</sup> at 11%, Gemini on Thursday 30<sup>th</sup> at 4% and 1<sup>st</sup> August 0% (FM).

Jupiter and Saturn are very good viewing as is the Milky Way with telescopes and also your binoculars which is the best way to start viewing the night sky. Binoculars give a good wide view and a great help in finding star clusters and gases in the arms of the galaxy. If you look around where Jupiter is, you will find a very good lot of clusters and also nebulae as the tail of the scorpion and the head of the teapot is around the centre of the galaxy. Along the body of the scorpion is some very large bright open clusters near the curve.

Maurice Gilson, Semi Professional Astronomer.  
16 Clarke Avenue Lake Grace. Phone: 9865 1516.  
Email: [mgi11687@bigpond.net.au](mailto:mgi11687@bigpond.net.au)  
Clearance to work with children (number 277357).

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
19/7	7:05am	5:20pm	6:15pm	7:41am	26/7	7:01am	5:24pm	12:29am	11:12am
20/7	7:05am	5:20pm	7:15pm	8:13am	27/7	7:01am	5:25pm	1:39am	11:15am
21/7	7:04am	5:21pm	8:16pm	8:43am	28/7	7am	5:25pm	2:50am	12:45pm
22/7	7:04am	5:21pm	9:17pm	9:11am	29/7	6:59am	5:26pm	4am	1:45pm
23/7	7:03am	5:22pm	10:19pm	9:38am	30/7	6:59am	5:27pm	5:05am	2:53pm
24/7	7:03am	5:23pm	11:22pm	10:06am	31/7	6:58am	5:27pm	6:26am	4:06pm
25/7	7:02am	5:23pm	D.N.R	10:37am	1/8	6:57am	5:28pm	6:46am	5:19pm



Shire of Lake Grace

# ARC NEWS & NOTES

PO Box 50 Lake Grace Phone 9865 1105 Fax 9865 1109 Email [shire@lakegrace.wa.gov.au](mailto:shire@lakegrace.wa.gov.au)

## COULD YOU BE LG'S BIGGEST LOSERS FOR 2008?

## HAVE YOU GOT WHAT IT TAKES?

MONDAY 21st JULY — FRIDAY 26th SEPTEMBER 2008

### THE COMPETITION HAS CHANGED...

ENTRANTS HAVE THE CHOICE OF COMPETING AS A SINGLE OR IN A PARTNERSHIP.

### BIGGER RESULTS, BETTER CHANCE TO WIN

**(Winners will be chosen by greatest amount of fat loss)**

The winner/s will receive \$\$\$\$ Plus a 12 Month Land/Water ARC Membership (Valued at \$150)

### WHAT'S THE DEAL?

YOU SIGN A CONTRACT WITH YOUR FITNESS INSTRUCTOR, AGREEING TO THE FOLLOWING FOR 10 WEEKS:

**SINGLE ENTRANTS** - attending TWO ARC fitness/group training sessions or one ARC session and one sports training session (netball, hockey, football).**PARTNERSHIP** - between the two of you attending THREE ARC fitness group training sessions or two ARC sessions and one winter sports training session.

### COST?

- \$20 for a **SINGLE** entry
- \$30 for a **PARTNERSHIP** (non refundable)

NEW TIMETABLE STARTING MONDAY 21st JULY 2008

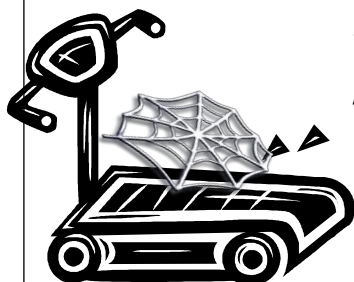
## HELP US HELP YOU

**Do you have an *exercise bike*, *treadmill* or maybe even a *crosstrainer* sitting unused at home?**

**Do you need some motivation to use it?**

ARC would really like to hear from you.

To avoid this equipment from collecting any more dust please contact Letisha at the Shire on 9890 2500 or email [letisha@lakegrace.wa.gov.au](mailto:letisha@lakegrace.wa.gov.au)





# LAKE GRACE GOLF NOTES

Last week we played a stroke event (count your putts) which was sponsored by Rex and Karel Walker. The golf club would like to thank Rex and Karel for their continued sponsorship at the club in season 2008. The ladies winner was Helen Hunt with 93-17-76. Nick Maalouf was the men's winner with 92-25-67. Justin Wright was the men's runner up from Craig Reeves on a count back. Stephen Hunt won the putting competition with 26 putts. Well done to all the winners.

*Chad Stanton*

The Westpac ball went to Michelle Lay, Trevor Norman won the CSBP ball, Michelle Lay won the Hotel ball and Justin Wright won the Tyrepower bag. Marcus Owen won the Bankwest longest putt on 9. Long putt on 8 went to Tania Bray and on 13 Mark Cameron.

This week we played Turkey Day, a big thank you to Bevan, Maria, Royce and Anna Taylor for continuing to sponsor this prestigious event. The men's winners were Gary Frost and Graham Milton with 50 points. Helen Hunt and Stephanie Lay were the ladies winners with 47 points. The men's runners up were Murray and Chad Stanton. The visitors trophies went to Stuart Hobley and Derek Stanton with 49 points.

Stephanie Lay won the Westpac ball, Chad Stanton won the CSBP ball on 6, Helen Hunt won the Hotel ball on 15 and Milton Reynolds won the Tyrepower bag on 18. Meg Marshall won the Bankwest ball for the longest putt on 9 and Marcus Owen won Rosies Cafe placement ball on 12. Graham Milton and Stuart Hobley won the birdies nest receiving 14 balls each. Thank you to all the visitors who came back for the day, hopefully all enjoying themselves.

This week we will be playing a par competition sponsored by Elders and Elders Insurance. The following week is our first round of championships, can you please let me know if you're unavailable or don't want to be a part of it.

*Photo L to R Back: Winner of the feathers, Justin Wright and Rex Walker with sponsor Bevan Taylor and winner Graeme Milton.*

*Roosting at Front: Other half of the winning pair, Gary Frost.*

*Winners of the turkeys....(Back) Helen Hunt and Stephanie Lay (third year in a row). (Front) Graeme Milton and Gary Frost, also their third year in a row.*



## LAKE GRACE JUNIOR GOLF NOTES

Conditions at our last two Sundays of junior golf have been a little on the cool side again, but it doesn't appear to be a setback at all as our numbers continue to be steady.

The girls seem to be in their element at the moment as Izzy, Jade, Jamie and Bianca once again accounted for the boys by two shots. Well done girls.

The Rhynie award winners were Reece Lay and Adam Hunt. Our Lake Grace Sportsman's Club player of the day was the pocket dynamo Brendan Bell.

The junior golf raffle, a golf bag kindly donated by Kevin Eggers, was drawn after Turkey Day by long time pa-

tron Peter Taylor. Ironically Spud drew his own ticket, winning the bag.

As we speak the annual T.I.D. is in full swing today and tomorrow with long standing coach Wade Clatworthy and new coach Andy Gott conducting the clinic.

At a senior level, directly following the TID on Friday 18th, commencing at 2.00pm, there is a FREE adult coaching clinic sponsored by HOLDEN. Andy Gott will stay behind and run this event, a great opportunity for some to brush up on their game and others to learn more about their game. Please feel free to give me a call on 0429 651 094 or even just turn up on Friday.

*Yours Truly, one of the gobbler champs.*

# LAKE GRACE/PINGRUP FOOTBALL NOTES

Round 9 — July 5, 2008

## League:

Gnowangerup 22 goals 13 (145) defeated Lake Grace 5 goals 7(37).

Best: Luke Bairstow, Damon Pelham, Alex Duckworth

Goal Scorers: Karl Fleay 2.

Good game in freezing conditions

*Boxwood 21 goals 23 (149) defeated Ongerup 9 goals 10 (64).*

*Kent 17 goals 8 (110) defeated Borden 15 goals 18 (108).*

*Jerramungup 17 goals 16 (118) defeated Newdegate 6 goals 7(43).*

## Reserves:

Lake Grace/Pingrup 22 goals 14 (146) defeated Gnowangerup 4 goals 3 (27).

*Ongerup 12 goals 20 (92) defeated Boxwood Hills 0 goal 2 (2).*

*Borden 8 goals 12 (60) defeated Kent 3 goals 4 (22).*

*Newdegate 8 goals 12 (60) defeated Jerramungup 5 goals 7 (37).*

## Juniors:

Lake Grace/Pingrup 10 goals 16 (76) defeated Gnowangerup 2 goals 4 (16).

*Boxwood Hills 16 goals 16 (112) defeated Ongerup 3 goals 1 (19).*

*Kent 10 goals 8 (68) defeated Borden 8 goals 11 (59).*

*Jerramungup 17goals 11 (113) defeated Newdegate 0 goals 3(3).*

# PINGRUP JUNIOR HOCKEY NOTES

**Round 9:** Lake Grace Pingrup v Gnowangerup  
Lake Grace/Pingrup won 2 goals nil

It was a well deserved and decisive win for the team this week, with Lake Grace/Pingrup seizing control of the game from the very first centre pass.

Gnowangerup didn't have a chance, with the ball hardly passing the halfway line. Our fullbacks even had to call for jumpers, because they just weren't getting any action at all. Liam Baker and Kathleen Naisbitt scored a goal each in the first half, taking the pressure off the team,

and allowing us to juggle players' positions, enabling all our players to have a good run.

The 100% award was won by Angus Hunt, (though eaten by Paige at some point during the game!), for his attacking and dominating play on the left wing, and Imogen Taylor won the team player award for creating space by leading well as centre forward.

Kate Zweck

# LAKE GRACE/PINGRUP NETBALL

## Round 9

### Lake Grace vs. Gnowangerup (at Pingrup)

Thank you to all of the supporters who braved the cold and wet conditions in Pingrup to cheer on the netball teams.

### A Grade:

The A Grade girls continued their great form and came away with a win, 53 to 35.

Coaches Award: Nikki Anderton.

Best Player: Tameka Knill.

### B Grade:

The girls played much better as a team this week but unfortunately we went down by 12 points.

Coaches Award: Tineke Conlon.

Best Player: Sandy Johnson.

Thank you to the Pingrup Sailors Arms Hotel for the sponsorship of our coaches' award each week. Thank you also to Landmark Pingrup for their sponsorship of the best player awards for round 9.

Remember to keep Saturday 16 August free for the Olympic Games Night. This will be held at the Pavilion and run by the netball club. Watch this space for more

details in the coming weeks.

Good luck to all Winter Sports teams for the Derby on 19 July against Newdegate.

Amanda Poots



# CLASSIFIEDS

## PUBLIC NOTICES

### Shire Council Meetings - 2008

The next Council meeting is  
Wednesday 23rd July, 1pm at the  
Shire Council Chambers.  
*Members of the public are welcome to  
attend meetings.*

### The Grand Lodge of Freemasons WAC The Kulin Lodge No. 160

Meets 7:30 pm  
Gordon St. Kulin  
3<sup>rd</sup> Monday of each month  
Dedicated to Charity and Support in the Community  
**NEW MEMBERS WELCOME**  
Telephone 9880 1360 or 0427 654 090



### Senior Citizen's Luncheon

Thursday 7th August—Hospital Auxiliary  
Thursday 4th September—CWA

### Busy Bee

Saturday 26<sup>th</sup> July  
10am onwards  
Preparation of bowling green for  
laser leveling.  
All hands on deck please!

### CWA Meeting

12th August - 1:30pm

### AGM

Lake Grace Tennis Club will be holding their  
AGM on Friday 1st August. 7:30pm start.  
At the Lake Grace Sportsman's Club.  
More details next issue.

## WANTED

### Volunteers

Lake Grace Sportsman's Club is  
once again looking for volunteers to  
help with steak nights over the winter  
months. If you don't mind helping out please  
give Suzanne a call on  
9865 1310 a/h or 9865 1470 w/h.

## FOR SALE

### Camping mats

50mm thick, perfect for children.  
2 of. \$10 each.  
Phone Craig or Suzanne on 9865 1310.

## AVAILABLE

### Roses.

10 of. Dig them up yourself.  
Phone Cheryl on 9865 4058.



The Shire of Lake Grace Kerbside Recycling Collection  
-every second Monday in Lake Grace and Newdegate



#### What CANNOT be placed in Yellow-Topped Recycling Bins?

- ✗ Thin plastic wrappings & packets (eg. Gladwrap, 6-Pack wrappers), Small Plastic lids
- ✗ Polystyrene and Foams
- ✗ Rubber and Leather
- ✗ Plastic shopping and garbage bags (do not use these to contain other products)
- ✗ Crockery, porcelain, ceramics, plate glass and broken glass
- ✗ Bubble Wrap



## Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker (President)	9865 1241	9865 1921
Ian Chamberlain (Vice President)	9871 6043	9871 6035
Amanda Milton	9865 1960 0429 654 011	
Ollie Farrelly	9865 1180 0427 651 180	9865 1188
John Dunkeld	9871 2059	9871 2094
Jeanette de Landgraft	9838 9062	9838 9041
Royce Taylor	9865 1507	9865 1320
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

### CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9890 2222
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	0427 441 459

## Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mr Len Elliott	ph 9865 1137
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 0429 654 011

## ANGLICAN CHURCH OF LAKE GRACE

### Sunday 20th July

Newdegate	8:00am
Lake Grace	10:00am

### Sunday 27th July

Lake Grace	9:00am
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Enquiries:	Terry Gladish	9865 1022
	Wally Perry	0448 795 070

## LAKE GRACE CATHOLIC CHURCH

### Saturday 19th July

Hopetoun (C/S)	6pm
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### Sunday 20th July

Ravensthorpe (C/S)	8am
Kukerin (C/S)	9am
Varley (C/S)	10:30am
Lake Grace	6pm

### Sunday 27th July

Kukerin	8am
Lake Grace	10am

Queries to Fr Pierre Repuyan on 9865 1248

## BOTTLE HOUSE CREATIONS

Devine Hand Crèmes, Body Lotions,  
Foaming Liquid Soaps all made in a  
House made of Beer Bottles!



Now available at the  
Lake Grace Visitor Centre.

## Seminar room Facilities Available for Hire

\$99 for full day  
\$49.50 for half day  
\$22 per hour

Fully heated and air conditioned, comfortable  
seating with kitchen facilities.

Ring the Telecentre on 9865 1470 to book.

# COMMUNITY CALENDAR

## July

Fri 18	Fish & Chip Night - LGS Club LG Junior Golf TID Clinic
Sat 19	Steak Night at Sportsman's Club Hockey - Lake Grace v Corrigin Winter Sports - Newdegate v LG/P Golf—Nyabing Open Day
Sun 20	Junior Golf Golf - Par
Mon 21	Recycling Collected Gym Swimability ARC—LG Biggest Loser starts (p.29)
Tues 22	Watching Your Weight Chair Aerobics Pingrup Potters Physiotherapist
Wed 23	Ladies Darts Hockey Training Shire Council Meeting
Thur 24	HACC Transport Available Playgroup Pizza Night
Fri 25	Fish & Chip Night - LGS Club Seniors Christmas in July (p.11)
Sat 26	Steak Night at LGS Club Hockey—Kulin v Lake Grace Winter Sports—LG/P v Jerramungup Quilting & Craft at CWA—11am start
Sun 27	Junior Golf Golf—First Round of C/Ships
Mon 28	Lakes Link News Deadline
Tue 29	Chair Aerobics Watching Your Weight Physiotherapist Pingrup Potters
Wed 30	Hockey Training Ladies Darts
Thur 31	HACC Transport Available Pizza Night Playgroup Lakes Link News LG Toy Library Roadwise Meeting

### Coming Events

August 1—Tennis Club AGM  
 August 4—Well Women's Clinic  
 August 5,6 - Ladies Golf Carnival at Lake Grace  
 August 6—LCDG AGM & Information Session  
 August 7—Senior Citizens Luncheon  
 August 12—Foot Clinic  
 August 14—Immunisation Clinic  
 August 15—Bingo at the Sportsman's Club  
 August 16—Art2Wear event  
 August 18 - LGDHS P&C Meeting

August 29—Quiz Night at the Sportsman's Club  
 September—RSA Workshop  
 September—Genealogy Workshop



## Shire of Lake Grace

### PUBLIC NOTICE

### Change of Date 24 July 2008

#### Lake Grace Library, Resource & Telecentre Committee Meeting.

The Lake Grace, Resource & Telecentre  
 Committee Meeting, originally  
 scheduled to take place on Thursday  
 24 July 2008,  
 has now been rescheduled to take place on  
 Thursday 21 August 2008 at the Lake  
 Grace Library.

Jim Fraser  
 CHIEF EXECUTIVE OFFICER

### Watering Days in Lake Grace

Last digit of your lot or house number	Your two scheme watering days are:
1	Wednesday & Saturday
2	Thursday & Sunday
3	Friday & Monday
4	Saturday & Tuesday
5	Sunday & Wednesday
6	Monday & Thursday
7	Tuesday & Friday
8	Wednesday & Saturday
9	Thursday & Sunday
0	Friday & Monday

You may water only once either before  
 9am or after 6pm