

## 2nd July 2015

## \$1.20 inc GST

Vol 21 Issue 12

## Getting In a Knot at the CRC

Suzanne Reeves



It was all quiet as everyone concentrated on their hooks and yarn. L to R. Maudie Down, Leanne Mahoney, Mary Naisbitt, Gwen Oliver, Lois Dickins, Elly Ferrari, Sandy Carruthers, Danielle Robertson, Alison Dines (obscured), Linda Carruthers, Mary Giles, Alison Furphy and Sheryl Smith.

What do you call a room full of crocheters? It's a knot. And some were getting in a knot trying to work out where to put their hook and how to hang on to the wool as they took part in the Lake Grace CRC's crochet workshop last Friday.

Believed to have originated in Europe, crochet first appeared in the early 19th century. While seemingly more complicated than knitting, crochet has the advantage of having only one stitch open at a time, therefore avoiding the agony of discovering a dropped stitch 5 rows back.

With the craft having become quite trendy in recent years, crocheters no longer have the fear of being pushed into the dorky corner and can now freely flaunt their affection for the artistry involved. Materials used can range from 12 ply wools through to the finest of cottons used in filet crochet.

The lure of crocheting a beanie brought forward a dozen people interested in learning crochet technique, however like everything you must learn to crawl before you walk. Therefore the first lesson centred around four of the most used stitches; chain, slip stitch, double crochet and treble, that form the base of many projects. Where crochet was once centred on doilies, blankets and baby clothes; creative minds have brought forward many new ideas and it's these new ideas that have brought a resurgence in interest in the craft.

Having said that, the Lake Grace knot of crocheters will be arriving at the CRC every Friday to practise

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**CRC Opening Hours** 9:00am - 5pm Closed from midday to 1pm for lunch on Mondays.

## Deadlines & Editions

All articles, news & advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

## <u>Next Deadline</u> Monday 13th July

<u>Next Edition</u> Thursday 16th July



To the **very** dedicated team who have volunteered their time to this edition of the Lakes Link News.

Dick Phillips Elsie Bishop Gwen Oliver

Thank you also to our many contributors of articles.

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## 335 copies printed and sold each fortnight

## Editorial

- What a wonderful time we've been having with our crochet hooks and yarn at the CRC. Having been an avid crocheter for over 40 years it was a nice opportunity to be able to share some of my knowledge, the best thing is that is has pushed me to try some new ideas and patterns. It's always good to get out of your rut and try something new and different. The workshop runs from 10am to midday every Friday and we will continue to run it through the cooler months.
- Welcome to our new trainee Alison Dines. Although having already spent a day with us, Alison will start her traineeship in earnest following the school holidays. I know that Alison will be a productive member of our team and has plenty to offer the CRC.
- Our workshop on scams and your rights as a consumer has been put back to Thursday 20th August. The reason for this is that the Albany Legal Service were keen to come along and do a presentation on wills. We shall keep you posted on times etc as we get the workshop sorted.
- We have a writing workshop coming up on Wednesday 22nd July, this will centre around improving your capacity to write articles and media releases. A wonderful opportunity for our many contributors to the Lakes Link News and for anyone wishing to promote their own business or perhaps a community group they're involved in. The workshop is FREE. Don't hesitate to book in.
- Our forklift workshop is set for Tuesday 21st July, at this stage we may have enough names for running a second one on the 22nd July. If you're interested

## Workshop Calendar...

**Crochet for Beginners** - 26th June, 3rd July, 10th July & 17th July. 10am to midday. FREE. Please book in so that we have enough materials.

**Forklift** - 21st July 2015. Cost \$265.42 (non concession) and \$172.22 (concession). Limited places so get in quick to reserve your spot. If you would be interested in doing this then please give us a call.

**News Writing for Beginners** - 22nd July 2015. FREE for anyone submitting material to the Lakes Link News.

**MC Licensing Training & Assessment** - 14th September 2015. Cost is \$1,200 plus \$150 p/h for training.

If you are interested in any of the above please phone the Lake Grace Community Resource Centre on 9865 1470. please contact us for the enrolment forms otherwise you may miss out.

- We have managed to secure an awesome guest speaker for our 'International Day of Rural Women' Sundowner that we will be celebrating on Tuesday 13th October, so save the date.
- As per below Noel Coward's Blithe Spirit will be being broadcast on Westlink on Saturday 1st August.

#### Suzanne Reeves



## **Managing Your Ferals**

Suzanne Reeves

With our native fauna under continuous threat from feral predators the Natural Resource Management's 'Fighting Back Against Wheatbelt Ferals' was an ideal opportunity for landowners and community members to share pest management successes (and failures) with other farmers.

Held on Wednesday 17<sup>th</sup> June the workshop not only covered vertebrate pest management but also weeds in bushland and 1080 accreditation. Feral control isn't just about protecting livestock; it plays a vital role in improving bushland and ensuring that the Wheatbelt's unique native plants and animals are there for future generations to enjoy.

Project Delivery Officer, Jacquie Lucas discussed current control methods which include toxins, trapping, shooting, habitat modification, revegetation with poison bush, aversion, exclusion fencing and bio control. Feral cats are thriving in the Wheatbelt

bushland and are notoriously difficult to trap and bait. It is hoped that the new sausage baits that are currently being trialled will help in the fight.

Cage trapping has the advantage of giving non-target captures a second chance however success does take some practise. Jacquie did say it was advantageous to have the wire base covered with soil, making it more



Above: Presenter Jacquie Lucas with one of the plate style cage traps.

natural on the feet of the target and that it was important to use bait that the target really wouldn't be able to ignore. Traps are available from the Lake Grace Shire and can also be accessed through NRM grant programmes.

If you would like more information about managing feral flora or fauna then please contact Jacquie Lucas on **9670 3100.** 

## **Recyclables Wanted!**

For recycled sculpture project at the Lake Grace District High School

Yr 7/8 have designed and are creating several recycled sculptures and murals to be placed around the school.

#### We need

Aluminium cool drink cans, Milk bottles, cooldrink and juice bottles, coloured plastic bottles, containers and lids, small plastic toys of all kinds (doesn't matter if it is broken), computer parts, old phones and excess cords, CD & DVD's, remnant house paint, interesting and odd bits and pieces

#### Some plastics suggestions are:

Coloured ice cream containers, sauces, bottles from deodorant, powder, floor cleaners, pine-o-cleen, toilet duck, dynamo, cold power, preen, cordial, juices, finish dishwashing detergent, car polish, kids snack containers, staminade, vitamins, coloured cool drink bottles. Lids from vegemite & honey vinegar, milk–fresh and long-life, sauces, aerosols and spray paint cans shampoo/conditioners, coffee, bottled fruit –any plastic lids

These are only some of the recyclables you will have around your home, when you start looking items to reuse are everywhere! We need basically anything coloured that is of no use to you to make some fantastic brightly coloured sculptures. Please rinse all containers so they are safe for the kids.

Items can be dropped off in the coloured bin outside the Artspace, at the School or left on the verandah at my place 27 Bennett St Lake Grace.

If you cant drop off, please call me and I will pick them up as the more we collect the more colourful our sculptures will be!

For more information please email me <u>spencertania@hotmail.com</u> or ring Tania Spencer on 98651339 or mob 0429 041 063. Thankyou for your help

## Happy Birthday

3rd July	Ashley Mahoney Christine Fyfe
4th July	Michelle Slarke
	Cobi Stanton
	Bill Walker
9th July	Mark Seaman
	Brock Bowron
10th July	Judy Fleay
11th July	John Bennett
13th July	Annie Slarke
14th July	Jeff Lay
15th July	Benn Tomkins
-	Mabel Dines
16th July	Ben Argent
-	Chad Stanton



## What's Happening?



- Congratulations to Sam Stubberfield and Jennie Roche on the arrival of their daughter Eve Elizabeth Stubberfield (pictured above) on Sunday 21st June.
- Also blessed with their first child are Felicity Sinclair and Peter Cowan after the arrival of Alfred 'Alfie' William Robert Cowan on Friday 19th June.
- Sympathy to the family and friends of Bob Watson who passed away on Sunday 28th June. Bob was a long term resident of Lake Grace, retiring to Busselton around 1992. Mr Watson is survived by his wife Pat and children Lois, Val, Norma and Jeffrey.
- A wonderful time was had by all who attended Phil Frank's surprise 80th birthday that was held Sunday 21st June.

**Thank You To Ollie and Lucy Farrelly** for the 29 years of service that Ollie has provided to the Lake Grace St John Ambulance sub centre.

Ollie has recently submitted his resignation and will be missed at the Sub Centre.



Anniversaries



8th July Lesley & Bruce Duckworth

## Eastern Wheatbelt Biosecurity Group Inc.

Landholders asked to help control wild dogs.

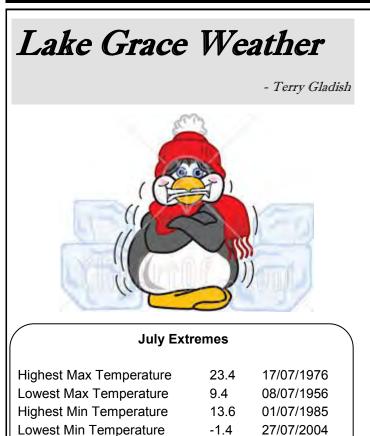
The Eastern Wheatbelt Biosecurity Group (EWBG) Inc. has been assisting the sheep industry to manage wild dog predation in the Eastern Wheatbelt for over 10 years. Current shire members of the EWBG are Kondinin, Kulin, Lake Grace, Merredin, Mt Marshall, Mukinbudin, Narembeen, Westonia, Yilgarn and Nungarin (hereafter known as the Shires).

The EWBG is also supported financially by Western Areas LTD, The Department of Agriculture and Food, and the State Governments Royalties for Regions program.

As a landholder it is your **responsibility** and **obligation** to **report** all Wild Dog sightings and stock attacks.

These reports can be made to the Eastern Wheatbelt Biosecurity Group's Executive Officer:

> Lisa O'Neill 0427 484 812 ewbg@outlook.com



Date	Min	Max	Rain
17/06	8.1	13.2	
18/06	9.7	14.8	1.4
19/06	11.7	18.1	26.4
20/06	12.3	20.4	0.4
21/06	12.9	16.4	12.2
22/06	7.3	13.0	2.0
23/06	2.2	12.8	0.2
24/06	2.7	15.5	0.2
25/06	2.3	16.1	0.2
26/06	5.5	15.6	0.2
27/06	8.8	16.4	
28/06	7.1	16.6	
29/06	3.4	18.9	
30/06	4.1	18.8	
1/07	9.6		

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## **CBH Group Supports AED Installation in Lake Grace**

#### Danielle Robertson

For every minute a person waits for defibrillation, the chance of survival decreases by 10%.

You may have noticed a new Automated External Defibrillator (AED) *(pictured right and below)* located at the Lake Grace Plaza IGA. Generously funded by CBH's Harvest Mass Management Scheme (HMMS) it is one of two to be installed in Lake Grace. The other will be installed at the Roadhouse during July.

The CBH Group donated \$153,000 to charity through the (HMMS) for the 2014-15 season.

The HMMS was developed by the CBH Group in conjunction with Main Roads Western Australia and allows trucks that are loaded above their legal tolerance limits the option to forfeit the overloaded tonnes. Forfeited grain is then sold and the proceeds donated to charities working in regional WA.

CBH Group Chairman Wally Newman said, "This year nine organisations were selected because of their work helping rural communities and families. The money is





distributed based on recommendations from CBH employees. The charities were chosen because they support the grain growing regions of WA."

This year the HMMS will support Ronald McDonald House, St John Ambulance, Wheatbelt Men's Health, Australian Men's Shed Association, SolarisCare, Princess Margaret Hospital Foundation Charity, Camp Kulin, Red Cross and Youth Focus.

Through the donation to St John Ambulance, with the proviso being that the money was spent in grain growing areas, there were six AED's purchased to be installed in the communities of Lake Grace, Beacon, Dumbleyung, Dowerin, Tambellup and Perenjori.

The Plaza was selected as it is a high traffic area and open for trading 6 ½ days per week. The AED is in a visible location just inside the main entrance near the fruit and vege section. Training is not required to use the machine as it will instruct you as you go and will not work if the patient doesn't need defibrillation.

## **ATTENTION: Lake Grace-Pingrup Netball Club**

Please be advised that on Thursday the 23<sup>rd</sup> of July at 5:30pm, the LGP Netball Club will be holding a General Meeting at the Lake Grace Sportsman's Club and would love to see as many members there as possible!



If you have any items that you would like to put on the agenda prior to the meeting, please email your request to

## lgpnc@outlook.com.au

We look forward to seeing you there!

## Thank You RAC

#### Suzanne Reeves

RAC Western Australia is not just about insurance, finance and roadside assistance; it is also an advocate for WA motorists, representing them on such issues as road and vehicle safety, fuel pricing, road funding, transport planning, energy and the environment. RAC's vision is that by 2020 they want Western Australians to rate them as their most valued organisation.

As a part of its community commitment RAC have a comprehensive sponsorship and community grants programme. It was through RAC's community sponsorships programme that Lake Grace's Roadwise group were able to receive a grant of \$1,800 in funding to produce and print 350 copies of the budget for the recent Colts Carnival.

Specifically aimed at the under 19 yo's that would be playing, eight pages of road safety messages were inserted into the booklet. With the Wheatbelt having the dubious honour of the worst rate of 'Killed and Seriously Injured' in road accidents in WA, it was a golden opportunity to capture the attention of a large audience of young people.

As an added bonus the Elephant in the Wheatbelt was also brought to town; visiting

the Lake Grace Shire Council and also the local school before settling in at the sporting precinct for the Saturday of the Carnival. The Elephant became a talking point, bringing forth memories of recent and not so recent accidents and the catastrophic affect that it had on not just the victim but also the family and friends.

Lake Grace Roadwise is made up of representatives from the emergency services, shire, school, main roads, WALGA and health services. It is a community based organisation with a focus on road safety primarily within the Lake Grace townsite and its



## Crochet Workshops

From 10am to midday Friday 3rd July, 10th July and 17th July. Lake Grace Community Resource Centre Everyone will be learning how to make 'Granny Squares' Hooks and wool will be supplied - no charge. Call 9865 1470 to book in.

If you already know how to crochet come along anyway. Granny squares will be put together for a blanket for Wheelchairs for kids charity. Once confidence has increased we will look at how to crochet a beanie.



Daniel Newman (RAC's Campaign Coordinator - Advocacy) speaks about road safety at a morning tea hosted by the Lake Grace Shire.

surrounds but is happy to focus on any issues within the Shire. Its flagship is the Driver Reviver van but the group also look at other concerns such as signage, pedestrian/gopher access while also generating road safety messages through the community newspaper. One concern that has arisen recently is parking and how to educate the community on not blocking access ways (footpaths). However none of this would be possible without support from funding bodies such as the RAC.





# Giving back to the community

We've supported the RAC Rescue helicopter to fly more than 4000 missions since 2003.

The service, which is managed by the Department of Fire and Emergency Services (DFES), flew more than 70% of its missions to regional WA in 2014.

## Visit rac.com.au/sponsorship



## Lion Len

#### Suzanne Reeves

Forty Lions members, family and friends gathered at the Commemorative Wall at the Lions rest stop east of Lake Grace to unveil the plaque for long term Lion, Len Elliott.

Held on Saturday 20<sup>th</sup> June, prior to the Lions Changeover Dinner, it was an opportunity for all present to reflect on the contribution of Len in the 40 years that he'd been a member.

Len was very community minded so it was no surprise when in 1972 he elected to join the Lions Club, by 1980 Len had become Club President. Although only taking office for one year he was a director in various capacities over his years with the Lions.

In the era Len was President the Lions were a driving force behind:

- The Miss Australia Quest
- The project of building the terminal shelter at the airstrip for the RFDS transfers
- · Working with the Aero club to install community funded lighting at the strip
- Fundraising using the chocolate wheel. Regular events they attended were the Kukerin Show and the Newdegate Field Day where Len regularly sold tickets while John Yzerman spruiked and spun
- A one year cropping lease with P Trevenen
- AIM Hospital restoration

Right: Outgoing Lions President Chris Harvey (left) and Incoming Lions President Arthur Slarke (right) watch on as Len Elliott's daughters Lois Dickins, Wendy Johnston, Lenore Gladish and Glenda Leverington unveil the plaque.

Below: Peter and Wendy Johnston, Graeme and Glenda Leverington, Terry and Lenore Gladish and Lawrie and Lois Dickins in front of the Remembrance Wall. Photos Trish Medlen



# THE LIONS CLUB OF LAKE GRACE REMEMBRANCE WALL





# **CBH HARVEST CASUAL WORK 2015**

Applications now open at careers.cbh.com.au

Positions available include:

- Receival Point Operators (Plant Operators at Port Terminals)
- Grain Samplers (including weighbridge duties)

CBH are looking for people to work at our grain receival points across the state for the harvest period commencing from early October. If you don't have industry experience, training will be provided before you start.

To find out more information or to apply – visit the Careers section on our website today.

Applications close 31 July, 2015

www.cbh.com.au

## **Commemorating 100 Years of ANZAC**

Allan Zweck

Each of the soldiers listed on the Lake Grace Honour Roll will be featured in the Lakes Link News, as close as possible to 100 years from their enlistment. It is now 100 years, 3 months and 3 weeks since David Leonard Elliott signed up.

Born at Port Germaine, the small seaside town of South Australia, where there is one of the longest jetties in the Southern Hemisphere. He enlisted in the Australian Imperial Force on the 12<sup>th</sup> of March 1915, and trained at Blackboy Hill, where he was assigned to the 1<sup>st</sup> Reinforcement / 28<sup>th</sup> Battalion. At a height of 5 feet 10 inches, (178cms) and weighing 155 lbs, (70.5kgs), he was of dark complexion with brown eyes and dark hair.

He was a farm hand, at Cartmeticup, where he worked for an uncle - William Henry Hobart, or better known as Uncle Harry. His mother, Edith Hobart, of Purpledowns Station, Port Augusta, South Australia, was given as next of kin. David was the eldest of a family where he had four half brothers and four half sisters and as much of his growing up years were spent at his Uncle Harry's place near Katanning, Western Australia, some of his siblings from South Australia never got to know him, or even knew of him.

He was an unmarried man when he enlisted, though during the war, he met and married his wife, Helena Louise, nee Rawlings in England, who then became next of kin. Before his enlistment, he had already acquired a farm south east of Lake Grace, taking over the property originally selected by a Mr Filmer, but the onset of war delayed the progress of its development.

Private Elliott embarked the *Geelong* on the 5<sup>th</sup> of June, 1915, at Fremantle. After a further period of several months training near Cairo, he joined his Unit and reembarked the Ivernia with his Battalion for Gallipoli, on the 4<sup>th</sup> of September, 1915, landing there on the 10<sup>th</sup> of September. (The Australians landed at what became known as ANZAC Cove, where they established a tenuous foothold on the steep slopes above the beach). On the 28<sup>th</sup> of October he was admitted to hospital. having to be transferred to Gibraltar with Enteric fever on 7/11/1915, and later was transferred to England by Hospital ship. (Soon after this, the AIF began evacuating troops from Gallipoli, and after reorganizing Infantry divisions, were progressively transferred to France, beginning March 1916).

When Private Elliott arrived at Portsmouth he was admitted to the 5<sup>th</sup> General Hospital where he was declared temporarily unfit, and it was June before he was able to march in to the Training Depot.

On the 7<sup>th</sup> of August, he proceeded to France, rejoining his Unit, the 28<sup>th</sup> Battalion. Three months later Private Elliott was again admitted to hospital, though rejoined his unit two weeks later. It would seem as though another six months elapsed in the Field, in France,



Private David Elliott at Blackboy Hill Training Camp.

before he was again hospitalised. While being kept under observation, he was then moved through several Casualty Stations before being transferred back to England, his sickness being described as Trench Fever. On recovery, Private Elliott was entitled to 3 Blue Stripes.

On resumption of duty, he was detached from his Unit for temporary duty with the Anzac Provost Corps. This was a voluntary organization, made up of 'injured' Anzac soldiers, and they performed similar duties to Army Police. He was later taken on strength and returned to the 28th Battalion, the transfer being effective 9/9/1917.

A year later Private Elliott was married to Helena Louise Rawlings, at St Paul's Church, Salisbury, Wiltshire. On the 4<sup>th</sup> of October 1918, Private Elliott proceeded back to France, and shortly after, the war was over. However, it was another nine weeks, on the  $18^{\mbox{th}}$  of January 1919, before he returned to England from the Australian Infantry Base Depot. On his return in February, he was promoted to

Continued page 32

#### LAKES LINK NEWS

#### 2nd July 2015



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## Dash 8 Plane With 31 on Board Crashes at Cosmic Boy Mine

Amanda Milton

At least that is what the news headline would have been, if this was real and not a training exercise.

On Wednesday the 17th June 2015 four of the Lake Grace Ambulance Team (Fr Gayan Thamel, Aileen Winchester, Diedre Trevenen and Amanda Milton) made the two hour drive to the Western Areas Nickel Mines of Cosmic Boy, Spotted Quoll and Flying Fox. The mines lie approximately 50km east of Varley beyond the Rabbit Proof Fence.



Crash victims escaping the site as DFES volunteers try to extinguish the flames. Photo: Aileen Winchester

Western Areas employ

approximately 300 people at the mines, and workers are encouraged to fly in/fly out versus drive in/drive out. Employees come from as far afield as Geraldton to work at the mine.

As the mine has planes regularly arriving and departing, it is part of their annual safety protocol to run a disaster exercise to test their skills, systems and processes.

This is the second year that the St John Ambulance Lake Grace Sub Centre has been invited to attend, joining Community Paramedic David Allen, and crews from Hyden and Varley. DFES and Silver Chain volunteers from Hyden also attended to complement the Emergency Response Team (ERT) members of the skills, communication and how to mesh mine rescue protocol with "outside" emergency services protocol.

On such a bitterly cold day with rain, the exercise was undertaken in a large sandpit with no protection, so the emergency responders had earned their lunch by the time the exercise ended.

Our thanks to Western Areas in allowing our participation in the exercise and to St John Ambulance Hyden Sub Centre for Co-ordinating our attendance. We look forward to August next year for the next training exercise.

mine site. In all approximately 60 people participated in the exercise with 10 patients, command centre and emergency teams.

The exercise simulated a Dash 8 plane crashing with 28 passengers and 3 crew on board. A simulator was brought in to allow the ERT crew to actively fight a fire, whilst extracting crash victims from the fuselage of the plane. The patients were made up to simulate real injuries complete with severe burns and badly broken limbs, or with significant un-survivable traumatic injury.

Any exercise like this is valuable, and there was some key learning around



DFES volunteers fighting the fire at the simulation. Photo: Aileen Winchester

## Getting In a Knot at the CRC (cont.)

their craft; and as part of their practise they will be making Granny (or Afghan) Squares. These squares will then be sewn together to create



Above: Some items made from crochet include a tablecloth (4ply cotton), beanie (12 ply wool), basket (8ply synthetic) and table runner in filet (No.20 cotton). All items are predominantly treble stitch except the basket which is entirely double crochet.

blankets for the Lake Grace CWA's 'Wheelchair for Kids' blanket drive that they do each year. Granny squares may seem a bit dreary, but it's the

continual practise of the stitches that will cement the craft in place, thereby allowing the participants to take on other projects.

Below: Alison Dines and Linda Carruthers are determined to get a handle on crochet.





## Lake Grace CRC Wednesday 22nd July 10am - 3pm

- What makes interesting news
- The structure of news stories (and how they differ to creative or feature stories)
- How to write a media release for your community group or business
- Technical requirements of a media release
- How to sell it to the media

Please RSVP to the CRC on 9865 1470

This workshop is FREE for current and potential contributors to the Lakes Link News. A minimal charge will apply to all other attendees.



# LAKE GRACE HOSPITAL - Multi Purpose Service

providing 24 hour Emergency Health Care Services and Community Care Services to Lake Grace and the surrounding district

## CONTACT DETAILS = TELEPHONE: 9890 2222 FAX: 9890 2202

## HACC & MPS Activity Programs:

#### **Foot Clinic**

Tuesday 7th July 9.00—12 noon All seniors welcome (please provide your own manicure set)



**Chair Aerobics** Every Tuesday @ 10.45am At the Lakes Village Hall \*Exercises for people with limited mobility\*

#### Morning Tea & Activity

Hospital Activity Room every Wednesday Time: 10am—11.30am

8th July—puzzles 15th July—pamper All welcome to come and join in belong (bus transport available)



**Bus Outing** Friday 10th July 2015 approx. 9.30am-11.30am

#### **SwimAbility**

Trips to Narrogin for hydrotherapy exercise sessions at the indoor leisure centre: Next trips will be on 6th July and 20th July Call the hospital to book a place on the bus.

## 4th Friday Activity

Friday 24th July Activities / Games /Trivia 10.00 am—1.30pm Lake Village Hall RSVP 21st July for catering



## Call 9890 2222 during office hours

to get further information about HACC and Hospital services

## **Hospital Redevelopment News**

Our temporary kitchen is now in use, so please access this building from the road to the north side of the building.

The main entrance into the hospital has now been blocked off. All members of the public are asked to access the hospital through the northern end, "Outpatients". If



you require nursing staff please ring the bell. If you need administration, please continue down the corridor to the administration area. If you wish to visit an inpatient, please call into the administration office to alert us of vour presence.

We are doing everything in our power to keep the hospital running as smoothly as possible . If we do encounter the odd problem, please bear with us.

Visitors are reminded that they are not permitted in construction areas.

#### Physiotherapist:

Cameron will be visiting Lake Grace every Tuesday from now on.



Call Primary Health in Narrogin to make an appointment ph: 98810 385.

If you require an X-ray, blood tests or dressings, it is always a good idea to ring first to try and arrange a time. We endeavour to attend to you straight away but this is not always possible. At times the nurses can be occupied in A & E. This can take considerable time, especially when we are relying on remote medical assistance. We dislike keeping you waiting but sometimes it is unavoidable.

Please bring your **Medicare Card** for all visits to the hospital



## Lake Grace District High School News

# Year 3/4 Assembly 25.6.15 ANTARCTICA









Have a great holiday! See you all next term. REMEMBER School resumes Monday 20th July.

## Working With Warriors - Understanding Anxiety

Tim and the Team - The Regional Men's Health Initiative

Anxiety is an umbrella term for feelings of fear, nervousness, apprehensiveness or worry such as negative thoughts and seeing potential threats where they don't exist.

Everybody gets anxious at times and some anxiety actually helps us to function well BUT anxiety can become a problem when:

- It happens too often;
- It goes on for a long time;
- it stops us from doing things that we want to do.

Symptoms can be *psychological* (feeling frequently worried, tired, irritable and weepy with difficulty concentrating) and/or *physical* (including rapid breathing, rising blood pressure and pounding heart, a sense of restlessness or feeling on edge, muscle tension, sleep disturbance and nausea/sickness).

There is no single cause for anxiety but there are several factors that may contribute to its development:

- Brain Chemistry most strongly implicated here are imbalances of serotonin and dopamine that regulate thought and feeling makes for feeling depressed and anxious;
- Heredity anxiety disorders run in families. Children are at higher risk if parents have an anxiety disorder- learned behaviour;
- Life Experiences any distressing or traumatic experience may be grounds for the development of anxiety. Exhaustion and certain medications can also be triggers for anxiety;
- Drug Use stimulant drugs like amphetamines and caffeine can trigger anxiety. Prolonged amphetamine use can cause feelings of panic and anxiety that last for years after the drug is stopped.

Some tips that may help you deal with your anxiety include:

- Self-awareness identify the symptoms early. Ask yourself "what is making me feel this way?" You may be able to change the "anxiety-making circumstances" but if not you can deal with it better if you acknowledge it;
- Interpret it positively anxious about a situation? Instead of viewing as threatening put a positive interpretation which will reduce the anxiety to a more manageable level;
- A little anxiety is a good thing too much is damaging but too little can mean you may not perform to your best ability. View anxiety as a resource you can manage;
- Diet the gut flora can get out of balance eg. use more probiotics and omega3 foods. Research has shown maintaining a balanced diet can reduce anxiety symptoms.
- Exercise boosts levels of vital brain chemicals like serotonin, dopamine and norepinephrine that may

reduce stress and anxiety.

- Relaxation and meditation programs can help reduce stress, anxiety and depression. You can find many resources for these online eg. progressive muscle relaxation.
- Therapy there are some good programs that are offered by psychologists/counsellors that help to re-program those unhelpful and negative ways of thinking that underpins anxiety.

Situations, or life events, can come from many places including relationship issues, financial burden, physical health, trauma, or just dealing with difficult times. As these situations develop we need to take steps to reduce anxiety for ourselves and for those close to us. *Remember …before it all gets too much… Talk to a Mate!* 

## Dongolocking Plumbing & Gas Malcolm Roberts

- M: 0429 232 987
- F: 08 9863 7250
- E: malcolmroberts@westnet.com.au

PL8240

GF014549



Where a Royal Flush is better than a

Full House

## Wheatbelt Blueprint Outlines a Bright Future

Media Release

Growing the Wheatbelt region into an economic powerhouse will involve expanding current agricultural opportunities and investing in diverse industries such as alternative energy and manufacturing, according to the Wheatbelt Regional Investment Blueprint released today.

Regional Development Minister Terry Redman today launched the blueprint - the first of the State Government's Regional Investment Blueprints - and said it identified growth and development opportunities for future investment to build on the region's and the State's economy.

Mr Redman said the Wheatbelt already had a strong economy valued in excess of \$4 billion and opportunities existed to further diversify the region's wealth.

"The Wheatbelt is ideally positioned to expand its agriculture in the areas of broadacre, horticulture and livestock production and increasing supply chain value through food processing activities," he said. "There has been a significant increase in the region's mining industry that has played a major role in diversifying the economy and services to both these industry sectors continue to grow.

## OBORNE Concrete



Chemical Sheds \* Boomspray Pads House Pads \* Silo Pads \* Driveways Super Sheds \* Workshops

Tip truck and bobcat also available for any type of site works. Small and Large Loads

Grant Oborne - Lake Grace Ph/fax: (08) 9865 1367 Mobile: 0427 651 367 "Beyond this primary industry base, there is a considerable opportunity for the Wheatbelt - because of its proximity to Perth and global markets - to grow transport and logistics, aged care and tourism services.

"This Royalties for Regions initiative will help the Wheatbelt realise its full potential through future investment from State and private investors adding value to the region and its economy."

The vision laid out in the Wheatbelt blueprint is the result of months of consultation between more than 200 stakeholders, including State Government agencies, local government, the private sector and the community.

Each of the nine regional development commissions across the State has been tasked with putting together a Regional Investment Blueprint based on their development aspirations and forecast population growth.

The Regional Investment Blueprint initiative is supported by \$362 million of Royalties for Regions funding. For more information on the Wheatbelt Regional Investment Blueprint, visit <u>http://www.wheatbelt.wa.gov.au</u>

## **Men's Shed Battery Drive**

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.



#### LAKES LINK NEWS



PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: shire@lakegrace.wa.gov.au



CEO's Corner

The end of financial year has arrived and Council is soon to adopt its 2015/16 Budget. The main focus for the coming year will be the roads programme given that we have received an additional \$527,000 under the Roads to Recovery programme. Hand in hand with this focus will be some Plant renewal, in particular a new replacement grader and change-over of two of the heavy trucks. The final determination of this year's rate increase will not be made until late July, once all of the end of financial year accounts have been calculated.

Council, at its 24 June 2015 Ordinary Meeting considered the following matters:

- Request for a Road Name Change A request has been received to rename a portion of Kent Road to Crook Road, and Council has agreed to advertise the proposal and request submissions.
- Planning Application Proposed Storage Shed at 68 Absolon Street, Lake Grace - Council has approved this application subject to a number of conditions.

In addition to the above, Council resolved a number of administrative matters including the write-off of unrecovered debts amounting to \$14,888, appointed its Bushfire Control Officers for the 2015/16 season, including Chief Bush Fire Control Officer Brad Watson and Deputies (Lake Grace) Doug Dunham, (Newdegate) Wes Hall and (Lake King) Richard Metcalf.

Furthermore, Council completed a review of its Policy Manual, Delegation of powers to the Chief Executive Officer and appointment of required Authorised



persons. Each of these can be found in the minutes of Council's 24 June 2015 Ordinary Meeting.

#### Local Laws Review

Over the past eighteen months, Council has undertaken a review of its local laws which has resulted in proposed new local laws, the amendment of some existing local laws, and is proposing to repeal the existing Pest Plants Local Law. At its 24 June 2015 Ordinary Meeting, Council approved the giving of state-wide public notice of the local laws to seek public comment. The formal notice will be published in next fortnight's edition.

#### 2015 Local Government Elections

The election will be held on Saturday, 17 October 2015 and whilst that it still some time away, it is opportune to remind everyone to ensure their enrolment details are up to date. Remember, you may be eligible to vote in more than one Ward or as a nominee of an enterprise. If you are unsure, please contact Peter Dittrich, Manager Corporate Services, at the Shire on 9890 2500. The close of enrolment is 5:00pm on 28 August 2015.

If you are considering nominating for Council, the first day for candidates to lodge completed nominations, in the prescribed form, with the Returning Officer is 3 September 2015. Nominations close seven days later on 10 September 2015 at 4:00pm. Further details regarding these matters will be made available over the coming weeks by the Returning Officer, Mr Terry Gladish.

Nevílle Hale

**Chief Executive Officer** 

## 2nd July 2015



## **Shire of Lake Grace Community News**

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: shire@lakegrace.wa.gov.au

## **Banners in the Terrace 2015**

Pictured is this year's Shire banner entry into WALGA's 'Banners in the Terrace' Competition. The banners will be on display along St Georges and Adelaide Terraces in Perth CDB during Local Government Convention in August.

The theme for 2015:

Local Government Switched On

Well done and thank you to the students and staff from Lake King Primary School who have produced the banner that represents the Shire of Lake Grace.

The banners will be on display from Sunday 26 July to Saturday 8 August, if you're in the city take a drive down the terrace and look at the wonderful display of Shire banners from all over the state.



Lake King Primary School students presented the banner to Shire Councillors Deb Clarke and Ross Chappell on Monday 29 July on their way to school camp. Holding the banner is teacher Peter Bartley and Principal Kaye Brownley.



KidSport enables Western Australian children to participate in community sport and recreation, no matter their financial circumstances. Eligible youth aged 5–18 years can apply for financial assistance to contribute towards club fees. The fees will go directly to the registered KidSport clubs through their participating local government.

Applicants must be aged 5-18 years and have a Health Care or Pension Concession card or be referred by a recognised referral agent. Primary place of residence must be in the local government area that they are applying to.



## **Ordinary Council Meeting**

The next Shire of Lake Grace Ordinary Council Meeting will be held:

Wednesday, 22 July 2015, 3.00pm

Location

**Council Chambers Lake Grace** 

## Can you Help?

#### WANTED - OLD PHOTOGRAPH

The Shire has received a request to re-instate a water fountain and plaque that was previously located at the Lake Grace Roadhouse in celebration and recognition of the opening of South Lake Grace Water Pipeline Project.



Both the water fountain and plaque formerly located at the cnr of Stubbs St and South Rd were removed at the time of the truck bay improvements and now unfortunately cannot be located.

The Shire is looking to replicate the water fountain and plaque and is seeking community assistance in finding a photo or information to help with the process.

Is there anyone out there with a photograph of the official opening or knows of someone with a photo?

We would love to hear from you. Please contact Jeanette Bennett at the Shire Office on 289890 2500 if you can help.

Thank you.

## LAKES LINK NEWS



## **Shire of Lake Grace Community News**

PO Box 50, Lake Grace WA 6353 | Ph: (08) 9890 2500 | Fax: (08) 9890 2599 | Email: shire@lakegrace.wa.gov.au

## **Office Opening Hours**

Monday to Friday 8.30am - 4.30pm

#### Wednesday 8.30am- 4.00pm

Staff can be contacted by phone between 8am - 5pm.

## **Licensing Opening Hours**

Monday, Tuesday and Thursday 8.30am - 4.15pm Wednesday and Friday 8.30am - 4.00pm

## **Tip Opening Hours**

#### Lake Grace

Monday, Wednesday, Saturday & Sunday 7am - 6pm

#### Newdegate

Wednesday 9am - 3pm Saturday 8am - 12pm

#### Lake King & Varley

Open Every Day

## Waste & Recycling Pick up Dates

Household Waste Collection is weekly and collected each Monday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is fortnightly and alternates between Lake Grace & Newdegate. See below for the upcoming recycling collection dates.

**Please Note:** There is no kerbside recycling collection service in Lake King or Varley.

Lake Grace	Newdegate		
13 July	6 July		
27 July	20 July		

For more information on Waste Management visit the Shire's website.



Check out our website www.lakegrace.wa.gov.au

#### **Driving Assessor**

The Practical Driving Assessor will be at the Shire of Lake Grace Office on:

Friday 3 July 2015

#### Friday 7 August - to be confirmed

Please contact the Shire's Customer Service Officer for an appointment.

You can now book your PDA online. For more information visit www.transport.wa.gov.au

## **Building Surveyor**

Shire Building Surveyor, Josiah Farrell will be available at the Shire Office on the following dates:

#### Tuesday 13 July 2015, Tuesday 27 July 2015

To make an appointment please contact Josiah on 0438 811 944.

## **Bulk Kerbside Collection**

The Shire of Lake Grace would like to acknowledge the Bulk Kerbside Collection.

There were very few people who used the opportunity in Lake Grace on the 23 June. There were no pick ups required at Lake King, Varley and Newdegate on the 24 June.

The Shire would like to advise there will be another collection held in late October/ early November 2015.

#### We want your photos

For people who always have their camera at hand the Shire is looking for photos to promote our area.

If you have any photos of events, infrastructure or landscape please email, with a description, to shire@lakegrace.wa.gov.au.

Your photos will be used to promote the area on our website, Facebook page and publications.

Please ensure you have permission from the people who are captured in the photo.

## 2nd July 2015



**Shire of Lake Grace Community News** 

PO Box 50, Lake Grace WA 6353 I Ph: (08) 9890 2500 I Fax: (08) 9890 2599 I Email: shire@lakegrace.wa.gov.au

## 0 NTERACTIVE ONLINE TRAINING



Food Safety - Are you ALLERT?

Do you and your staff have the skills and knowledge required to ensure safe food for your customers?

Food Safety is your Business. It is the responsibility of a Food Business to ensure that all food sold is safe and suitable.

This information package has been developed by qualified and experienced Environmental Health professionals and is equivalent in scope to a two-day consultant delivered course.

The interactive, logical and easy learning format will assist you and your staff to develop the skills and knowledge required to ensure safe food for your customers and to comply with your obligations under the Food Safety Standards for Australia and New Zealand.

Most sections include an interactive quiz. Upon completion of the program, a training

HEALTH

AUSTRALIA

acknowledgement form can be printed and filed as part of your food safety records. **Course Index** 

- Overview
- Foodborne Illness
- · Potentially Hazardous Food
- · Contamination of Food
- Temperature Control
- · Food Handling Skills and Knowledge
- Food Receipt
- Food Storage
- Food Processing
- · Food Display
- Food Packaging
- Food Transportation
- Food Disposal
- Food Recall
- · Health of Persons Who Handle Food
- · Hygiene of Food Handlers
- · General Duties of Food Businesses
- Cleanliness
- · Cleaning and Sanitising of Specific Equipment
- Structure, Design and Maintenance
- Temperature Measuring Devices



- Animals and Pests
- Management Control Techniques (HACCP, Food Safety Programs) Food Safety is your Business. It is the responsibility of a Food Business to ensure that all food sold is safe and suitable.

#### **Minimum System Requirements**

 Internet Connection (Broadband Recommended)

- · Adobe Flash Player version 6 or higher
- Adobe Reader version 5 or higher
- Pentium II 400MHz Processor
- 32MB of System Memory
- 256 Colour VGA Monitor
- Screen Resolution of 640 x 480
- Sound Card & Speakers (or Headphones)
- Printer





www.roeroc.imalert.com.au and follow the simple on screen instructions to complete your training

ENVIRONMENTAL www.roeroc.imalert.com.au

RoeROC

Roe Regional Organisation of Councils Corrigin - Kondinin - Kulin - Narembeen

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RoeROC

## That's Legal

Adam Hornsey

In the coming months, Adam Hornsey, a solicitor working in the Great Southern, will be presenting a Q&A column for readers to address common legal issues.

With five years experience in the Australian Taxation Office, as well as at the Australian Prudential Regulation Authority (superannuation) and a community legal centre (tenancy and social security law), Adam also specialises in Wills and Probate, mediation, some criminal matters, and drafting and dispute resolution in relation to contracts and other specialised documents.

He can be contacted on 0459 467 796, at adam@springdalelegal.com.au or PO Box 179 Denmark WA 6333.

Adam offers a regular service to Lake Grace and surrounds.

## We welcome your input and invite you to send your questions to Lakes Link or to Adam directly.

## Can you give me information on landlords' rights to remove tenants?

For many reasons, a landlord/property owner/ manager may wish to remove a tenant from their property. There are a few factors which influence how this can be done.

For a periodic tenancy (this is a more 'ad hoc' agreement which continues indefinitely, rent can be payable at any increment of time), unless landlord and tenant agree to end the tenancy, notice of termination of the tenancy must be in writing and in the correct Notice of Termination form as

required by the *Residential Tenancies Act 1987* (WA). Three forms exist; Form 1A: Notice of Termination for Non-Payment of Rent (where notice has been given to the tenant of breach due to non-payment of rent); Form 1B: Notice of Termination for Non-Payment of Rent (where no such notice has been given); Form 1C: Notice of Termination (if the property has been sold [requires 30 days notice], destroyed [7 days], if tenant has not remedied a breach [such as drastic



Phone: 0447 651 418

uncleanliness] which has been brought to their attention in writing, within at least 14 days, or no reason [30 days notice]).

An owner may issue a termination notice if a tenant is in rent arrears, but this is not an eviction order – a tenant may only be evicted under a court order (a tenant can avoid this order by, for example, paying rent arrears one day before court hearing).

For a fixed term tenancy, the agreement ends on the date given on the agreement, and tenants must vacate the property on that date if alternative arrangements have not been made.

Owners must be cognisant that, even if their property is managed through an estate agent, they are ultimately liable for the tenancy and may be liable for wrong actions of the agent. If the tenant lodges an action regarding the property, it will name the owner rather than the estate agent.

This is a very brief overview of some applicable rules. Further information should be sought about specific circumstances. For general advice, you can consult the Tenants Advice Service WA.

# Lake Grace Transport

Twice weekly freight service to and from Perth

- Secure depot in Perth to drop freight off
- For all your wool and general freight
- Forklift to load wool on farm
- Accreditation to load at Midland Brick
- We also cart bulk grain, fertilizer, lime, gypsum and firewood
  - Your friendly local operator nothing is a problem, only too happy to be of service.

For all your freight needs call: Rex on 0429 649 021 or Darren on 0428 651 339



## Changing of the Guard

#### Suzanne Reeves

Following on from the unveiling of deceased Lion member Len Elliott's plaque, members adjourned to the Lake Grace Hotel for the annual Changeover Dinner.

Outgoing President, Chris Harvey, presented his report which included a full year's itinerary of hosting Curtin Volunteers, Australia Day Breakfast and the regular fundraising activities of cakes, calendars, footy gate and mint sales.

Aside from volunteering their assistance with the Driver Reviver van they also helped out at the recent Colts Carnival. With the valuable assistance of community member, Mike Naisbitt, members are also taking on some tree pruning. Lions also hosted the Hearing Van at the Newdegate Field Day.

Chris thanked his Secretary, Jacquie Garrett and Treasurer Neville Moulden for their assistance; lamented the loss of member Len Elliott and congratulated the incoming Office Bearers, all of whom have taken on roles for a second or third time. Neville will remain in his Treasurer role while Arthur Slarke will be taking on the Presidency and Nick Maalouf will be secretary.

Lions welcome a new member, Wally Perry, visiting Zone Chairman Greg Rutherford performed the

The Lake Grace Community Resource Centre in partnership with the Lake Grace Camera Club will be hosting a.....

## Digital Photography Workshop For youth On Tuesday 7th July 9:30am - midday

Participants will take a 'photography tour' of Lake Grace looking at ways of extending their boundaries to get that 'perfect' shot while being schooled on technique.

Following the tour they will return to the CRC to download their photos, have a critique session with their peers and Camera Club members.

This workshop is working toward more youth involvement in the Youth Photo Competition that

will be held in August. Ring the CRC on 9865 1470 to book in. Child must have access to a digital camera. No cost involved.



induction. Other presentations were a '30 Year Milestone Chevron' to Phil Clarke and a '45 Year Milestone Chevron' to Nick Maalouf.



Incoming President Nick Maalouf (left) and Zone Chairman Greg Rutherford (right) with new Lion Wally Perry. Photo Neville Moulden.

## **Accredited Forklift**

## Workshop

## 1 day workshop

## **Tuesday 21st July**

Cost - Non-concession \$265.42, Concession \$ 172.22

Please phone the Lake Grace Community Resource Centre on 9865 1470 to book in.

Must be 18 years of age to take part.





Bringing you a unique opportunity to experience the epicurean delights of Spain and Marrakesh



Chef Sophie Budd has more than 20 years experience working with some of the best chefs in the world and wants to pass on all of that knowledge and passion to you!

#### TAPAS TEMPTATIONS

Chef Sophie Budd, owner of Taste Budds Cooking Studio (www.tastebudds.com.au) will be teaching you how to make tapas dishes from Spain that are sure to impress your next dinner guests. Recipes include Potato and onion tortilla with homemade aioli, Chorizo with romesco sauce and dates, Albondigas, Jamon Croquette.

#### MOROCCAN MORSELS

Sophie takes you on a journey through the streets of Marrakesh. In this hands-on cooking class she will teach you some of these classic Moroccan recipes: Chermoula Fish Tagine, Briouats, Tagine l'ghanmi b'tamra, jewelled cous cous' & M'hanncha.

#### Session one: TAPAS

When:Monday August 24Where:Kulin Freebairn Recreation CentreTime:12-3pm sessionCost:\$170 per personIncluded:Fresh ingredients, all cooking utensils,recipes and loads a culinary fun!

# BOOKINGS ESSENTIAL! Limited to 20 students per class. All bookings to the Kulin Community Resource Centre P:9880 1021 E:kulin@crc.net.au Pay one class before Monday June 22 and receive an Early Bird Discount of \$12 \*Book both classes and pay only \$300. A Saving of \$40

## Session two: MOROCCAN

When: Monday August 24
Where: Kulin Freebairn Recreation Centre
Time: 5-8pm session
Cost: \$170 per person
Included: Fresh ingredients, all cooking utensils, recipes and loads a culinary fun!



## **Community Grants to Support Local Landcare Projects**

#### Media Release

Are you a community group or individual wanting to improve your local environment? Do you have a project that has a landcare focus? Then the South West Catchments Council's (SWCC) Community Groundworks Grants may be the opportunity you have been looking for.

There is still time to apply for funding for community Landcare projects as part of the Community Groundworks Grants which are funded through the Australian Government's National Landcare Programme.

Community Groundworks aims to engage local communities in the south west to protect biodiversity, support the adoption of sustainable agricultural practices and to increase the skills and knowledge of the local community in natural resource management.

The funding offers grants between \$5,000-\$15,000 to community groups and individuals to address local natural resource management and Landcare priorities.

Federal Member for O'Connor Rick Wilson MP said the Australian Government's National Landcare Programme aims to support local communities to deliver simple, local and long term solutions to improve



# Poolwise Living is looking to be a more regular fixture in the Lake Grace Community and surrounding areas.

Our Pool & Spa Mobile Service division has recently gained 6 clients in Lake Grace and we would like to increase that number to help keep the cost to a minimum.

We have a dedicated service division with qualified technicians waiting to help with all your swimming pool needs. We offer a range of services from:

Regular or One Off Maintenance
 Green Pool Cleans

•Equipment Sales, Repairs & Installations •Sand Changes & Filter Servicing

For more information or to join our growing list of Lake Grace Clients, contact Mary on 9276 1074 or email her at psms@poolwiseliving.com.au

WE ARE HERE TO HELP

their environment and to support sustainable agriculture.

"The SWCC Community Groundworks Grants will help local groups look after their patch and support work they know will make a difference," Mr Wilson said.

Activities that produce tangible environmental or sustainable agricultural on ground outcomes will be a central part of all successful projects.

"We are looking for projects which engage the community, while providing real outcomes for the local environment" said Damien Postma, SWCC CEO.

These can include activities such as tree planting, fencing off remnant bushland, on ground demonstration of sustainable agricultural practises, restoring a local wetland and erosion management.

Federal Member for Forrest, Nola Marino said that building awareness and engaging community members to understand the value of our natural areas and sustainable agriculture will also be a key component of the funded projects.

"Projects that increase local community involvement and understanding create ownership and empower the community. They act as a catalyst for further ideas, projects and community action," Ms Marino said.

Applications for Round One close on 17 July 2015.

In addition to Community Groundworks, more than two million dollars have also been committed over the next three years to Strategic Groundworks Grants. These larger scale projects will be delivered by Landcare and Catchment Groups across the region such as GeoCatch and the Wagin Woodanilling Landcare Zone. These strategic projects will achieve a range of environmental outcomes based on local Landcare priorities that include protecting biodiversity in the wheatbelt and restoring habitat along coastal waterways.

For more information about SWCC's South West Community Groundworks Grants, please visit the SWCC website at <u>www.swccnrm.org.au</u> or call Rebecca Walker on 9881 0202.

This grant funding is provided by the South West Catchments Council, through the Australian Government's National Landcare Programme.

## **Bits & Pieces**

I had the occasion a few weeks ago to be blessed with a visit from some of the family. When they get to gather the amber fluid starts to flow and disappears as if there is no tomorrow. Yours truly being a non-drinker (reformed drinker according to they) passed comment on their drinking habits and was immediately put in my place by their explanation.

"The reason we drink, especially XXXX Gold stubbies, is to educate ourselves so as to become as intelligent as you, dear Father."

"How do you come to that conclusion?" I asked.

" by removing the top from the stubby, look inside and you will see a question, mostly about something Australian and the answer."

To whit I did and seeing what they said was true, I crawled back in my hole (with a handful of caps) to see how many questions I could answer correctly.

I won't tell you my score, but see how you go on the following test - no cheating.

- 1. What does giant Aussie mining company BHP stand for?
- 2. Bufo Marinus is the Latin name for which Australian Pest?
- 3. Which country receives the most Australian export products?
- 4. What is Hobarts main river called?
- 5. How many species of Goanna are found in Australia?
- 6. Why do black sheep eat less than white sheep?
- 7. What is the lowest recorded temperature in Australian history?
- 8. Who wrote 'The Man From Snowy River'?
- 9. Which state was the first to grant women voting rights?
- 10.What do you call a boomerang that doesn't come back?
- 11.No longer in circulation an Australian two cent coin featured which animal?
- 12.What is the name of the corner where Queensland meets South Australia?
- 13. Which Australian city was founded as a penal colony in 1803?
- 14.In which year did Shane Warne bowl the so-called 'ball of the century'?
- 15.How many medals did Australia win at the Sydney 2000 Olympics?
- 16.What is the team song of the Australian Cricket Team?
- 17.Where do sheep get their hair cut?
- 18.Which early Australian explorer discovered the Brisbane River?
- 19. Are Echidnas only found in Australia?

20.What is the highest recorded temperature in Australian history?

How did you rate? Answers on page 34. If you didn't do so well on your Australian history and feel a little depressed, here are the funnies to cheer you up.

A few years back when Australia rode on the sheep's back and wool cheques could be counted on to provide a few meagre luxuries, a squatter arrived in London at the start of his annual continental tour. But, before embarking for Monte Carlo, he paid a call on the Rolls-Royce people to order a new motor car.

They showed him a handsome model priced at £50,000, but he wanted something a little finer.

"This model here is perhaps just what sir has in mind," the salesman purred over an elegant grey model bearing a price tag of £100,000.

No. The squatter had in mind something even better. So they unveiled their latest super, super deluxe model priced at a modest £300,000.

"Yes, this one will do," said the squatter, and began writing out a cheque. "But there's just one thing. Can you install one of those press-button glass windows between the front and back seats?"

The salesman looked a little puzzled, but assured his customer that of course it would be done and would be ready in three weeks.

So in three weeks the squatter returned to take delivery, but the salesman hovered. He was obviously curious and could no longer contain it.

"Sir," he said, "would you mind explaining one thing? We're all extremely interested in your request for the installation of a chauffeur's window. They've been out of fashion for some time now in this country and we didn't think you Australians went in for that sort of thing."

"Ah," said the squatter, "yes, I can understand your puzzlement. I guess none of you have ever had the back of your neck licked by a sheep on the way to market."

Did you hear about the Irishmen who built a bridge over the Nullarbor Plain? They had to pull it down because too many Australians were fishing from it.

And it seems it's cricket time again...The local cricketer was having a hate session about the captain. "he has me fair snouted," he complained. "He always puts me in to bat in the middle of a hat-trick..."

Finally...

Knock, knock

Who's there?

Ann

Ann who?

Ann other Australian wicket falls.



## **Puzzles & Stuff**

Some words from the 18/06/2015 edition of Boggle

Leek Lien Like Line nine

Kenneling
Kneeling
Keeling
Keening
Kenning
Kneeing
Engine
Kennel
Eking
Genie
Ingle
Inkle
Kneel
Liege
Liken
Linen
Geek
Gene
Glee
Glen
Keel
Keen
Kine
Knee

9	3	1	7	4	2	8	6	5
5	6	4	8	1	9	2	7	3
7	8	2	5	3	6	4	9	1
2	7	3	1	9	8	6	5	4
6	1	5	3	2	4	7	8	9
8	4	9	6	5	7	3	1	2
4	5	7	9	6	3	1	2	8
1	2	8	4	7	5	9	3	6
3	9	6	2	8	1	5	4	7

Answers to 7	18/06/2015	Sudoku
--------------	------------	--------

7	8	2	6	5	3	9	4	1
6	9	5	2	1	4	7	3	8
3	4	1	9	8	7	2	6	5
4	2	8	3	9	1	5	7	6
5	3	9	8	7	6	1	2	4
1	7	6	5	4	2	3	8	9
9	6	7	4	2	5	8	1	3
2	5	4	1	3	8	6	9	7
8	1	3	7	6	9	4	5	2

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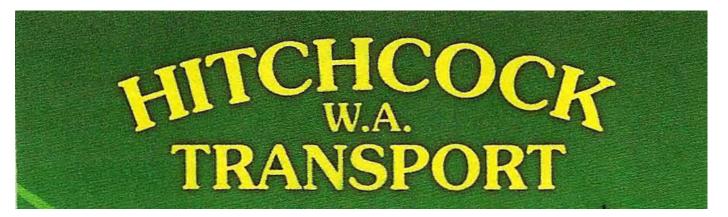
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## Commemorating 100 Years of ANZAC (cont.)

Lance Corporal, his duties continuing for several more months. Six months later he embarked the *Prinz Ludwig*, with his wife and their child for the return trip to Australia, and disembarked at Fremantle on the 3<sup>rd</sup> of September 1919. He received the 1914-15 STAR Medal, the British War Medal and the Victory medal, and later, by request of his wife, he received the Anzac Memorial Medal. This medal was issued to surviving Anzac Veterans, by request, 50 years later in 1967.

This medal was instituted by the Prime Minister of Australia, Mr Harold Holt. Private Elliott gave his religion as Baptist.

After the war, on return to his farm, David found that a shed he had purchased had been stolen, however, a more immediate requirement was to build a home for his wife and family, who remained with their Uncle Hobart, near Katanning until it was built. Their home was built of bricks, made at a brickworks a mile or two away. David Elliott became a very distinguished citizen in the area, serving the Roads Board from 1925 to 1958, eight years as Vice Chairman and 23 years as Chairman, guiding its development through early ng 7. Below: The two faces of the Anzac Memorial Medal that David Elliott received in 1967.

resident at a Seniors Village in Bunbury.

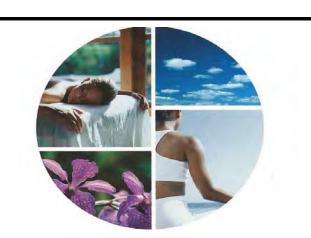
years, and he became the first Honorary Freeman of

the Shire - an honour later bestowed on his son Len.

David and Helena had four more children; Audrey, Len,

Daphne and George. Joan, the eldest, who came from

England, is the only one surviving at this date and is a



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## Lake Grace Pingrup Football Club

Allan Marshall

**Round 7** - Lake Grace-Pingrup vs Borden played at Pingrup on Sat 20th June 2015

Thank you to our sponsors for this week who were: Lake Grace Sportsman's Club, Lake Grace Tyrepower, Pelham Enterprises and Tiger Spark Electrical.

#### LGPFC A RESERVES

Borden could not field a team so LGP won the 4 points on forfeit.

#### LGPFC JUNIORS

The LGP Juniors won their game 11-12 (78) defeating Borden 6-6 (42)

Fed by Fyfe awards went to Harry Strevett and Lewis Garard.

#### LGPFC LEAGUE

Umpires for the game were Chris Norton and Ian Norrish.

The weather was overcast with a light North Westerly breeze and a few light showers about.

The game commenced at 2.15pm with Borden winning the toss and electing to kick to the Eastern end of the ground, taking the wind advantage which was blowing diagonally across the ground.

Marcus Argent was the first to score for the Bombers having marked a kick from Luke Bairstow in the goal square and finishing with an easy kick for the 6 points. Both teams were evenly matched around the ground right from the start with the feeling that the Bombers had the slight edge on Borden given that the Magpies had the breeze advantage and LGP were fumbling the ball too often.

Quarter time scores were LGP 2-4 (16) to Borden 2-3 (15)

The second term continued in an even manner with the Bombers being one point in front at half time, the same margin as the quarter time break. The breeze had moved around to the north during the second term so there was no advantage for most of the quarter.

The half time scoreboard read LGP 4-6 (30) Borden 4-5 (29)

The third quarter saw the tight struggle for supremacy continue but the goal scoring upped the ante with the Bombers adding 4 goals 4 behinds to the Magpies 3 goals 4 behinds giving LGP a seven point advantage, the highest so far in the match.

Three quarter time scores LGP 8-10 (58) Borden 7-9 (51)



The Bombers went into the final term looking like they were going to win the game, moving the ball with ease and scoring goals with little contest. In reality it appeared that Borden had run out of puff and were not getting to the ball as they had earlier in the match, which had been an aspect of their game for season 2015. Tyson Bell booted his third goal for the match late in the final quarter to finish off a good day for him. Luke Bairstow was hard all day, as usual, considering that he had played in a state representative game at Mandurah the night before. Jack Carruthers had a good day on the park, making himself available and getting plenty of possessions and delivering the ball effectively. All other players contributed like they wanted to win and it was pleasing as a spectator to witness the commitment displayed.

#### Final score Lake Grace Pingrup 12-16 (88) Borden 7-11 (53)

Major goal scorers for LGP were Tyson Bell 3, Luke Bairstow 2 and 7 other single goal scorers.

Better players at full time were Jack Carruthers, Luke Bairstow, Alex Duckworth, Rob Enright, Tyson Bell, Ashton Gray, Reuben Smith and Justin Carruthers.

Award winners for LGP: Jack Carruthers Best on Ground, Reuben Smith BOG runner up and Coaches award went to Alex Duckworth.

Congratulations to the Pingrup community for hosting another well prepared LGPFC Pingrup 'Home game' with the grounds and canteen services being first class. Also great to see some of the locals that we don't often see at Saturday winter sports. The recent good rainfall had also added some cheer to the day.

Next week, June 27th round 8 we travel to Gnowangerup. Round 8 has been designated **'Purple Bra'** day which is to recognise the impact of breast cancer in our communities

**Round 8** Lake Grace Pingrup vs Gnowangerup played at Gnowangerup on 27/6/2015

Thanks to our Sponsors for this week who were CSBP (Greg Pinney), Landmark Lake Grace, Farmers Centre Lake Grace and Great Southern Fuel Supplies.

The weather was fine, partly overcast with a light North Easterly breeze.

#### LGP A RESERVES

Quarter time LGP 1-0 (6) Gnowangerup 4-7 (31)

Half time LGP 1-0 (6) Gnowangerup 7-13 (55)

Three quarter time LGP 1-0 (6) Gnowangerup 13-14 (92)

The final scores were LGP 1-1 (7) defeated by Gnowangerup 16-20 (116)

Continued page 34

## Lake Grace Pingrup Football Club

#### Allan Marshall

The single goal scorer for the Bombers was Brendon Desmond.

Better players for LGP were Darren Clifford, Grant O'Neill, Grant Marshall, Aaron Dunham and Nick Smith.

Awards: Best on Ground Grant O'Neill.

#### LGP JUNIORS

In the Juniors game LGP defeated Gnowangerup by just 5 points in a closely contested match. The Junior Bombers displayed a great team effort throughout the contest in which they were 10 points behind at the third quarter break.

LGP 5-6 (36) defeated Gnowangerup 4-7 (31)

Fed by Fyfe awards went to Josh Pearce and Jai Clifford.

#### LGP LEAGUE

Commenced at 2.15pm with umpires Craig Morrison and Bill Schloith in charge of today's match.

Gnowangerup are emerging as the team to beat in season 2015 and consequently the Bulldogs were hard right from the first bounce. The Bombers had two new players in the side with Tyson Prater and Tim Shalders signing up for the rest of season 2015. Rohan Trevenen and Chris Trevenen were out for this week. The first quarter was fairly evenly matched but Gnowangerup were better in their forward 50, scoring five goals to LGP's two.

Quarter time score was LGP 2-2 (14) Gnowangerup 5-2 (32)

The second term was all Bulldogs with them adding six goals three to the Bombers just two behinds.

Half time scores stood at LGP 2-4 (16) Gnowangerup 11-5 (71)

During the third term the Bombers battled back in a hard fought display which showed what they were capable of, adding five straight goals to the Bulldogs four goals three behinds. LGP were very impressive in their attack from the back line, moving the ball freely with players making themselves available forward of

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LAKES LINK NEWS

the ball and creating options. Luke Bairstow was magnificent with his energy all over the ground and bringing other players into the contest.

Three quarter time scores were LGP 7-4 (46) Gnowangerup 15-8 (98)

The final term saw the Bulldogs pull away from the Bombers, probably due to their superior fitness but the midfield play was still competitive by the LGP side. If coach Damon Pelham can tune up the Bombers on a game by game basis then I am sure that we can beat some of the other teams in the competition to at least play in the finals in 2015. Having said that, players will have to put the work in on the track to achieve that.

Final scores were LGP 8-4 (52) defeated by Gnowangerup 21-13 (139)

Goal scorers for LGP: Tyson Bell 3, Kane Pinney 2, Jack Carruthers, Nick Dunham and Luke Bairstow 1 each.

Better players were Luke Bairstow, Kane Pinney, Alex Duckworth, Jack Carruthers, Rob Enright, Chris Poot, Tyson Prater, Nick Dunham, Tyson Bell, Ashton Gray and Justin Carruthers.

Award winners were: Best on Ground Luke Bairstow, Best on Ground runner up Ashton Gray and Coaches award went to Rob Enright.

#### Answers to Bit's & Pieces from p29

- 1. Broken Hill Proprietary
- 2. Cane toad
- 3. Japan
- 4. The Derwent
- 5. 25
- 6. Because there aren't as many
- 7. -23° C
- 8. Banjo Paterson
- 9. South Australia
- 10. A Stick
- 11. Frilled Neck Lizard
- 12. Haddon Corner
- 13. Hobart
- 14. 1993
- 15. 58
- 16. Under the Southern Cross I Stand
- 17. At the Baa-baa shop
- 18. John Oxley
- 19. No, also in Papua New Guinea
- 20. 53° C

## Lake Grace Golf Club Notes

#### 7<sup>th</sup> June 2015 Stableford Sponsored by Outback TV

Men's winner Derek Stanton with 43 points, on a count back from runner-up Matthew Spurr with 43 points. Ladies winner was Helen Hunt with 36 points from Stephanie Lay with 32 points.

#### Novelties

NTP No. 4 - Alan Stubberfield NTP No.6 - Peter Lay NTP No.15 - Kingsley Strevett NTP No.18 - Morrie Smith Longest Drive No.1 -Longest Drive No. 10 - Helen Hunt Longest Putt No. 9 - Gary Frost

Extra novelties put on by Outback TV were Longest Putt No. 2 - Stephanie Lay Longest Putt No.12 - Kevin Eggers

Longest Putt No. 17 - Kingsley Strevett Best 2<sup>nd</sup> No.3 - Peter Lay Best 3<sup>rd</sup> No.5 - Matthew Spurr Best 2<sup>nd</sup> No.14 - Kevin Eggers

#### 14<sup>th</sup> June 2015 4B Aggregate Stableford Sponsored by Home Hardware

Winners were Gary Frost and Helen Hunt with 75 points. Runners-up were Anton Kuchling and Scott Strevett with 70 points.

Novelties NTP No. 4 - Tim Dowdell NTP No.6 -NTP No.15 - Craig Reeves NTP No.18 - Tim Dowdell Longest Drive No.1 - Mathew Spurr Longest Drive No. 10 - Michelle Lay Longest Putt No. 9 -

Extra novelties put on by Home Hardware were Longest Putt No. 2 - Kevin Eggers Longest Putt No. 12 -Longest Putt No. 17 - Steve Overall Best 2<sup>nd</sup> No.3 -Best 3<sup>rd</sup> No.5 - Tim Dowdell Best 2<sup>nd</sup> No.14 - Gary Frost

#### 21<sup>st</sup> June 2015 Stroke event sponsored by Great Southern Fuels.

In wet conditions with a sprinkling of hail winner for the day was Craig Reeves with 81-13-68 while Matthew Spurr was runner-up. No other results available at time of print.

#### 28<sup>th</sup> June 2015

Par Sponsored by Tyrepower

Mens winner with a +7 was Kingsley Strevett, runner-up was Kevin Eggers with +2. Ladies winner was Stephanie Lay with -1, runner-up was Helen Hunt with a -7. NAGA's for the day had a -9 for the men and -8 for the ladies respectively.

#### Novelties

NTP No. 4 - Alan Stubberfield NTP No.6 - Morrie Smith NTP No.15 -NTP No.18 - Helen Hunt Longest Drive No.1 - Chad Stanton Longest Drive No. 10 - Michelle Lay Longest Putt No. 9 - Nick Maalouf



Kevin Eggers, Alan Stubberfield, Nick Maalouf and Milton Reynolds are lined up with their wheels.

#### Coming up on the Golfing Calendar

Saturday 4th July - Nyabing Open Day Sunday 5th July - Stroke, sponsored by President/Lake Grace Freight Thursday 9th July - Varley Ladies Open Day Saturday 11th July - Turkey Day (4BBB Stableford) sponsored by the Taylor Family. Meal to follow.

Thursday 16th July - Corrigin Ladies Open Day Saturday 18th July - Kukerin Open Day

## Roe Districts Win Division Two at CBH Women's Country State Championships

Danielle Robertson

Lake Grace-Kukerin Hockey Club had nine playing representatives, two trainers and one coach attend the CBH Women's Country State Championships from the 19<sup>th</sup>-21<sup>st</sup> June in Perth. Under the Roe Districts (RDWHA) banner a very successful campaign was waged against the other country associations who attended. Roe Districts entered teams in Division Two, Division Four and Division One Masters.

After winning Division Two in 2005 RDWHA has had a team play in Division One, the highest level since. For the last four or so years this team has played and won the 'relegation game' at the end of the tournament where the

loser is put down to the next division. Fronting this year with a very young team (five players U18) and not having a number of the more experienced players the executive in conjunction with the coaches decided to nominate in Division Two. Turns out to be the best decision ever made!

With only a single goal win during the pool games against Geraldton and draws against Central Wheatbelt and Central Great Southern, the team was ecstatic to finish top of their pool which brought them face to face with Ongerup on Saturday afternoon for the crossover game. A well fought out game with three goals scored in Roe's favour meant the girls would play the Final on Sunday against Esperance. Although the weather was gettin progressively worse throughout the game the players never wavered in their commitment and were not deterred from their goal and finished a fantastic hard fought game with a -0 win. Goals to Gabby Cowan (2) and Chloe Rogers.

Both the Masters and Division Four teams finished in fifth position.



Pictured above are the Division Two winning team.

From left back: Gabby Cowan (Captain), Letisha Marshall (Trainer), Natalie Browning (Coach), Bev Gangell, Kaitlyn Taylor, Karen Rogers (Manager), Molly Foss, Sharni Chiswell, Hallee Collard, Krystal Bell, Julie Ditchburn, Carly Bradford.

Front: Cait	tlyn Smith,	Cordie Parsons,	Phoebe Roberts	on, Chloe Rogers,
Mel Ogilvie	e.			

Brace         Corrigin         7         2         0         21         6         +15         21           Ander Ander Ander Ander Ander         Karl/Hyden         5         4         0         27         15         +12         15           Narembeen         5         4         0         20         23         -3         15           Narembeen         5         4         0         17         20         -3         15           Bruce Rock         2         7         0         11         23         -12         9           Corrigin         K         Vipers         5         4         0         11         23         -12         9           Corrigin         7         0         7         23         -16         6           Won         Lost         Draw         For         Aget         Ave         Point           Corrigin         7         1         1         24         8         +16         22           Narembeen         5         3         1         29         29         +0         16				Won	Lost	Draw	For	Agst	Ave	Points
Bruce Rock         2         3         3         10         12         -2         9           Corrigin         1         7         1         8         30         -22         4           Description         Von         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         2         0         21         6         +15         21           Karl/Hyden         5         4         0         27         15         +12         15           Narembeen         5         4         0         20         23         -3         15           Bruce Rock         2         7         0         11         23         12         9           Corrigin         7         2         7         0         11         23         15         15           Bruce Rock         2         7         0         7         23         16         6           Won         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         1         1         24         8         +16         22			KK Vipers	7	2	0	30	9	+21	21
Bruce Rock         2         3         3         10         12         -2         9           Corrigin         1         7         1         8         30         -22         4           Description         Von         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         2         0         21         6         +15         21           Karl/Hyden         5         4         0         27         15         +12         15           Narembeen         5         4         0         20         23         -3         15           Bruce Rock         2         7         0         11         23         12         9           Corrigin         7         2         7         0         11         23         15         15           Bruce Rock         2         7         0         7         23         16         6           Won         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         1         1         24         8         +16         22		A	Karl/Hyden	4	2	2	26	14	+12	14
Bruce Rock         2         3         3         10         12         -2         9           Corrigin         1         7         1         8         30         -22         4           Description         Von         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         2         0         21         6         +15         21           Karl/Hyden         5         4         0         27         15         +12         15           Narembeen         5         4         0         20         23         -3         15           Bruce Rock         2         7         0         11         23         12         9           Corrigin         7         2         7         0         11         23         15         15           Bruce Rock         2         7         0         7         23         16         6           Won         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         1         1         24         8         +16         22		Gra	LG-Kuk	4	4	1	17	19	-2	13
Bruce Rock         2         3         3         10         12         -2         9           Corrigin         1         7         1         8         30         -22         4           Description         Von         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         2         0         21         6         +15         21           Karl/Hyden         5         4         0         27         15         +12         15           Narembeen         5         4         0         20         23         -3         15           Bruce Rock         2         7         0         11         23         12         9           Corrigin         7         2         7         0         11         23         15         15           Bruce Rock         2         7         0         7         23         16         6           Won         Lost         Draw         For         Agst         Ave         Point           Corrigin         7         1         1         24         8         +16         22		Ide	Narembeen	4	4	1	13	20	-7	13
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B       GO       GO       5       4       0       27       15       +12       15         h       Narembeen       5       4       0       20       23       -3       15         Narembeen       5       4       0       17       20       -3       15         Narembeen       5       4       0       17       20       -3       15         Bruce Rock       3       6       0       11       23       -12       9         LG-Kuk       2       7       0       7       23       -16       6         Won       Lost       Draw       For       Agst       Ave       Point         3       Corrigin       7       1       1       24       8       +16       22	ι			Won	Lost	Draw	For	Agst	Ave	Points
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Bruce Rock       3       6       0       11       23       -12       9         Index       LG-Kuk       2       7       0       7       23       -16       6         Won       Lost       Draw       For       Agst       Ave       Point         Corrigin       7       1       1       24       8       +16       22	h	er 5	Narembeen	5	4	0	20	23	-3	15
Bruce Rock       3       6       0       11       23       -12       9         Index       LG-Kuk       2       7       0       7       23       -16       6         Won       Lost       Draw       For       Agst       Ave       Point         Corrigin       7       1       1       24       8       +16       22		Ide	KK Vipers	5	4	0	17	20	-3	15
LG-Kuk       2       7       0       7       23       -16       6         3       Corrigin       7       1       1       24       8       +16       22			Bruce Rock	3	6	0	11	23	-12	9
3 Corrigin 7 1 1 24 8 +16 22			LG-Kuk	2	7	0	7	23	-16	6
5				Won	Lost	Draw	For	Agst	Ave	Points
C         KK Vipers         6         1         2         45         11         +34         20           Narembeen         5         3         1         29         29         +0         16           Vart/Wedge         4         5         2         2         2         10         10	3		Corrigin	7	1	1	24	8	+16	22
Narembeen         5         3         1         29         29         +0         16           Vert/Wedge         4         5         0         02         10         11         10	е	C	KK Vipers	6	1	2	45	11	+34	20
		G	Narembeen	5	3	1	29	29	+0	16
Kari/Hyden 4 5 0 32 18 +14 12		Ide	Karl/Hyden	4	5	0	32	18	+14	12
LG-Kuk 3 6 0 7 24 -17 9			LG-Kuk	3	6	0	7	24	-17	9
Bruce Rock 0 9 0 1 48 -47 0			Bruce Rock	0	9	0	1	48	-47	0

## Lake Grace - Kukerin Hockey Club

Danielle Robertson.

v Bruce Rock 27<sup>th</sup> June 2015

#### **C Grade 1-0** Goal: Claire Faulkner Award: Cambell Chatfield

**B Grade 0-1** Awards: Chloe Robertson, Natalie Lee

#### A Grade 2-2 Goals: Michelle Gooding Awards: Phoebe Robertson, Kaitlyn Taylor

Only one game to report this paper as we had a general bye for the CBH Women's Country State Championships on the weekend of the 20th June.

The long drive to Bruce Rock was made much more enjoyable by taking the bus, a great opportunity for some team bonding (or the chance for some to catch up on some sleep).

The C Grade played really well and it is heartening to see the team coming together so well under the tutelage of coach Fiona Chatfield. Our little players are growing in confidence each week and our more experienced are learning how to be play makers and leaders in the team. B grade had a few fill-ins this week which boosted our numbers and added another dimension to the team. With plenty of play we were unlucky not to score a goal throughout the game. Natalie Lee played an absolute pearler, showing herself to be a game changer. It's great to see some of the skills she acquired at country week being employed.

The A grade side was almost at full strength with only a couple of regular players out. A perfect goal from Bruce Rock in the early stages of the game strengthened the team's resolve and finally a great reply from Michelle Gooding from a penalty corner evened the scores. Bruce Rock scored again early in the second half and another response of a fantastic field goal from Michelle evened again. LGK had the majority of the play from then on but unfortunately ran out of time to score again.

Thanks to the Lake Grace Sportsman's Club and the Kukerin Hotel for your ongoing support.

This week's game is in Lake Grace and a clash with the footy so promises to be a good day out. Our game will be played on the western field. Afternoon tea at the Sportsman's Club to follow.

# <section-header><section-header><section-header><section-header><section-header>

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## Lake Grace Pingrup Netball Notes

Joely Slinn

#### Round 7 - Away game at Borden.

#### B Grade

The girls faced Borden who are  $2^{nd}$  on the ladder this week and the team wasn't going to let that bother them. In cold and windy conditions the girls got off to a slow start in the first quarter, some excellent defence by Sarah and Sonia and some beautiful work through the centre court led to some awesome ball feeds into the goal circle to result in some goals. The 4<sup>th</sup> quarter is where the B grade girls really shone, outscoring Borden with a massive 16 goals. Unfortunately LGP went down with the final score ending in Borden 40 – LGP 33, to only lose by 7 goals in all. Coach Sym McKenzie is so proud of each player. Well done team!

**Best On Ground** went to Sym McKenzie with strong leads in the shooting circle, and having confident shots and rebounds, which put her girls on the scoring board.

**Coaches Award** this week went to Jayde Steele who played a very strong centre for the team with tremendous feeds and interceptions. Confident in her passes and her fitness was great.

#### Juniors

A very enjoyable game for the girls this week. At half time LGP was too many goals ahead so we gave Borden our year 7 girls to even it up a bit. The final score was 26 - 13. Coach Wendy O'Neill is very proud of her girls for showing such positive attitude to the Borden side.

**Best on Ground** went to Emilee Eaton who played GS and GA, her shooting was excellent.

**Coaches Award** went to Paige Zweck for fantastic defence and sound leads. Well done to all.

#### Round 8 - Away game at Gnowangerup.

#### A Grade

The ladies went out with such great determination this game; unfortunately the score didn't reflect how the game was played out ending in Gnowangerup defeating LGP. There were some excellent set plays throughout the match. The feeding into the shooting circle was spot on.

**Best On Ground** went to Teneeka Morgan, who played her best game this season, her shooting was spot on and being the shortest player in the circle she also got some superb rebounds. Well done Teneeka for attacking your leads tremendously.

**Coaches Award** went to Shannon Morton who worked extremely hard in her Wing Defence bib. Never giving up and showing immense support on the transit line for her attackers.

#### B Grade

The girls unfortunately couldn't beat Gnowangerup, with final score 48 - 24. Awesome attitude from every single girl on court this week. No one gave up and even

though the shooting for Gnowangerup was outstanding the defence didn't let the ball get in there easily. Well done to Tiana Garlick for her first time as Goal Shooter, she did a fantastic job.

**Best On Ground** went Sarah Allen as Goal Keeper who's constant hold on the Goal Shooter put doubt into the feeder's mind to put the ball in. Her rebounds were fantastic and backing up her players to the goal third line was excellent.

**Coaches Award** this week went to Sonia Harris as Goal Defence who's team work with Sarah Allen is outstanding, the pair work so hard together in the defensive circle. Sonia's spirit towards the team is impeccable, voicing her encouragement to the girls throughout the whole match.

#### Juniors

A great game for the juniors this week. The year 6 and 7 girls stepped up and ran the whole game out. The year 5 girls played a full game as four juniors were absent – Well done girls, your leading and defending was top notch. It's so good to see such improvement in your skills.

**Best on Ground** went to Camryn Furphy in Goal Defence for excellent intercepts turning the play around for the girls to convert into goals.

**Coaches Award** went to Kira Pearce as Goal Shooter and Goal Attack for good leading and passing into the circle. Fabulous shooting too. A special thank you to Ruby Stanton and Reegan Marshall for stepping up from Net-Set-Go's to fill in for us. They did a great job.



Kaitlyn O'Neill takes her shot defended by Gnowangerup players and watched by Kira Pearce (GS) and Ruby Stanton (WA).

## Waldron Welcomes Regional Sheep Update in Katanning

#### Media Release

Local MP Terry Waldron has welcomed news that one of four Regional Sheep Updates, to be held throughout regional WA in July, will take place in Katanning.

Mr Waldron said representatives from the sheep industry would come together between 27-30 July for the updates, which would focus on the latest in the sheep industry.

Katanning (July 29), Moora (July 27), Merredin (July 28) and Ravensthorpe (July 30) will play host to sheep industry representatives, providing them with the opportunity to discuss the sector's future and examine the latest research and market trends.

"With positive signs for the industry and recent wool prices strong, I'm pleased that producers, investors, consultants and researchers will have the chance to share information to help build the State's wool and sheep meat industries," Mr Waldron said.

He said the Regional Sheep Updates were being delivered by the Department of Agriculture and Food's \$10 million Sheep Industry Business Innovation project, which is based in Katanning, and funded through Royalties for Regions. Regional Development Minister Terry Redman said Royalties for Regions was investing in the future of Western Australia's sheep industry to capitalise on rising global demand.

"I encourage all those in the sheep industry to attend the forums, get empowered and deliver greater transformational change in our regions," Mr Redman said.

Topics will include the economics of feed lotting, lifetime ewe management, optimising pastures to maximise profit and genomics - what it is and how it can improve genetic gain. And the latest sheep production research and development will also be available.

Guest speakers include Chris Wilcox, a leading analyst and commentator on the global wool industry; Geoff Lindon (Australian Wool Innovation); Lynne Bradshaw (RSPCA); Hayley Norman (CSIRO) and Ben Patrick, a Peter Westblade Scholar who will give his perspective on the challenges and opportunities for young people in the industry.

Registrations are now open.





776 Freeman Drive, Bremer Bay Office: 08 98 374 770 Deb 0408 236 094/Jeni 0419 517 597 sales@allsouthrealty.com.au

## CLASSIFIEDS

## **PUBLIC NOTICES**

## **CWA Meeting**

Held the second Tuesday of the month at the CWA rooms. 1:30pm start. *Next Meeting - 14th July* 

## Vish's Fish & Chips

There will be no fish and Chips available at the Sportsman's from Friday 3rd July through to Friday 24th July. We will recommence on Friday 31st July. Sorry for any inconvenience.

## **CHURCH TIMES**

## Lake Grace Catholic Church

#### Sunday 5th July

Ravensthorpe Varley Lake Grace 8:30am 11:00am 6:00pm

#### Sunday 11th July Lake Grace Kukerin

8:00am 10:00am

For inquiries and request for home visitation, please contact Fr Gayan Thamel on 9865 1248.

## Anglican Church of Lake Grace

Sunday	<b>5th July</b> Lake Grace	9:00am
Sunday	<b>11th July</b> Lake Grace	9:00am
Enquiries:	Father Dave Terry Gladish	0427 545 560 9865 1022



## For Public Comment

Kent Road - Road Name Change Proposal

Council, at its June 2015 Ordinary Meeting, considered an application to change the name of a portion of the road currently known as Kent Road to Crook Road.

Kent Road is located approximately 4km southeast of Pingaring and runs southeast from North Burngup Road to a T-junction with Holme Road, then continues at right angles back into T-junction with North Burngup Road. The portion of the proposed name change is from the northernmost intersection with North Burngup Road to Holme Road.

As its first step in considering the road name change proposal, Council agreed to advertise within the Pingaring community and surrounds to:

- Seek historical information on the road named Kent Road; and to;
- Seek comment on the renaming of the road to Crook Road.

Comments are invited in writing by Friday 31 July 2015 to be addressed to:

CEO, Neville Hale Shire of Lake Grace PO Box 50 Lake Grace WA 6353

or via email to shire@lakegrace.wa.gov.au The report presented to Council at its June 2015 meeting can be accessed via the Shire's website www.lakegrace.wa.gov.au, follow the links to the June Council Meeting minutes refer Item 11.1.

For further enquiries please phone Rohan Bishop at the Shire Office on 29890 2500

## Raffle Winners Lake Grace Sportsman's Club

1<sup>st</sup> Prize (Patio heater) D.Souness

2<sup>nd</sup> Prize (Hahn Super Dry Esky) K.Strevett

3<sup>rd</sup> Prize (Hahn Super Dry CTN) B.Desmond

# **Community Clubs and Associations**

Club / Association	Secretary / Contact Contact Number		Contact Email	
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com	
Camera Club	Nicole Argent	0428 315 773	knargent@bigpond.com	
Craft Group	Meet at the CWA Bu	ilding Saturdays	from 11am onwards	
CWA	Irene McGlinn	08 9865 1148	irenemcglinn@bigpond.com	
Early Learning Centre (Daycare)	Joanne Wells	08 9865 2568	lakegraceelc@cssu.org.au	
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com	
Men's Shed	Phil Clarke	0427 651 155	philclarke@westnet.com.au	
Playgroup	Amy Jones	0400 206 321	amjones@email.com	
School	Registrar	08 9865 1207	lakegrace.dhs@education.wa.edu.au	
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com	
Toy Library	Amanda Trevenen	0488 216 601	amanda.harrower@hotmail.com	
Winter Sport				
Lake Grace Golf Club	Gary Frost	0429651094	golfclub@lakegrace.wa.au	
Lake Grace Gymnastics Club	Vynka Lay	0429 651 072	bvlay@bevanlayspreading.com	

	Oury 1103t	0423031034	gonolub@lakegrace.wa.au	
Lake Grace Gymnastics Club	Vynka Lay	0429 651 072	bvlay@bevanlayspreading.com	
Lake Grace-Kukerin Hockey Club	Natalie Lee	0427189827	lgkhockeyclub@outlook.com.au	
Lake Grace/Pingrup Football Club	Paula Carruthers	0499616070	ghpmcarr@bigpond.com	
Lake Grace/Pingrup Hockey Club	Taryn Borgward	9820 1049	taryn@pingruptraders.com	
Lake Grace/Pingrup Jnr Football	Missy Clifford	0407 190 177	lgpjfc@gmail.com	
Lake Grace/Pingrup Netball Club	Vynka deVree	0427 774 024	joelvynk@dodo.com.au	

# Crisis Care Numbers

Doctor's Surgery - 9865 1208	Electricity Faults - 13 13 51
Hospital - 9890 2222	Water Faults - 13 13 75
Ambulance/Fire/Police - 000	Directory Assistance - 1223
<b>55 Central Men's Refuge</b>	<b>Family Helpline</b>
9272 1333	1800 643 000 / 9223 1111
<b>Sally Dickinson</b>	<b>Kids Helpline</b>
0427 192 155	1800 55 1800
<i>Southern AgCare Counselling</i>	www.kidshelp.com.au
<b>Poisons Information</b>	<b>Ngala</b> 9368 9368
13 11 26	www.ngala.com.au
<b>Crisis Care WA</b> - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Relationships Australia Fair Programme 9336 2144 www.wa.relationships.com.au 1300 364 277
Lifeline Australia - 13 11 14	Beyond Blue - 1300 22 4636
www.lifeline.org.au	www.beyondblue.org.au
Seniors Information Services	Citizens Advice Bureau
9321 2133	9221 5711
www.cotawa.asn.au	www.cab.wa.com.au
Family Court of WA	Youth Legal Service
9224 8222 / 1800 199 228	9202 1688 / 1800 199 006
www.familycourt.wa.gov.au	www.youthlegalservice.inc.com.au
Main Roads - 138 138	

## Justices of the Peace

Colin Connolly Ron Dewson Amanda Milton Geoff Sabourne 0427 858 066 9865 1224 0429 654 011 0429 651 171

# Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker (President)	9865 1241	9865 1921
Len Armstrong	9871 1334	9871 1317
Ross Chappell	9865 4058	9865 4051
Debrah Clarke	9865 4041	9865 4032
Jeanette de Landgrafft	9838 9062	9838 9041
Steve Hunt	9865 1650 0427 651 585	
Allan Marshall	9865 3022	9865 3012
Dean Sinclair	9874 7045	9874 7005
Murray Stanton	9865 1329	9865 1223

Rubbish Collection & rubbish tip open

Chair Aerobics 10:45am at Village Hall SOYF Seniors Program-10am @ Shire Hall

HACC Activity & Morning Tea 10-11:30am

Men's Shed 9.30am-12 noon Weight Watchers @ Village Hall Primary Health Physiotherapist in LG

Physio (Jenna M) in Lake Grace

22nd July - News/ Media Release Writing Workshop

7th August - Driving Assessor in Lake Grace TBC 20th August - Pizza Night at the Sportsman's Club 24th August - Tapas & Moroccan cooking w/shops at

16th September - Linda Bettenay Book Launch 13th October - International Rural Women's Day

19th December - Pingaring 90th Christmas Tree

Lakes Link News Published Playgroup (9:30am—11:30am)

Pizza Night at the Club

27th July - Building Surveyor in Lake Grace

17th July - Crochet Workshop at CRC

21st July - Forklift Workshop

22nd July - Shire Council Meeting

5th August - Camera Club meeting

10th September - Talking Soil Health 11th September - Talking Soil Health

24th October - Garage Sale Trail

Recycling Collection Lakes Link News Deadline Building Surveyor in Lake Grace

CWA Meeting

Rubbish tip open

# COMMUNITY CALENDAR

Mon 13

Tue 14

Wed 15

Thur 16

Kulin

**Coming Events** 

Fri 3	Meals available at the Sportsman's Club
	Physio (Jenna M) in Lake Grace
	Dr Linda Haines in Lake Grace
	Crochet Workshop at CRC
	Driving Assessor in Lake Grace
Cat 4	
Sat 4	Craft Group at CWA 11am onwards
	Rubbish tip open
	Meals at the Sportsman's Club
	Hockey - LG/Kuk v Karl/Hyden
	Winter Sports - LG/P v Newdegate
	Golf - Nyabing Open Day
Sun 5	Rubbish tip open
	Busy Bee at the Jam Patch
	Golf - Stroke (President's Day/LG Freight)
Mon 6	Rubbish Collection & rubbish tip open
	Swimability in Narrogin
Tue 7	Chair Aerobics 10:45am at Village Hall
	SOYF Seniors Program-10am @ Shire Hall
	Men's Shed 9.30am-12 noon
	Weight Watchers @ Village Hall
	Foot Clinic
	Digital Photography Workshop for Youth
	Primary Health Physiotherapist in LG
Wed 8	Rubbish tip open
	HACC Activity & Morning Tea 10-11:30am
	Physio (Jenna M) in Lake Grace
Thur 9	Playgroup (9:30am—11:30am)
	Toy Library (9:45am) at RSL
	Golf - Ladies Open Day
Fri 10	Meals available at the Sportsman's Club
	HACC Bus Outing
	Crochet Workshop at CRC 10am
Sat 11	Rubbish tip open
	Craft Group at CWA 11am onwards
	Meals at the Sportsman's Club
	Hockey - Women General Bye
	Winter Sports - BYE
	Golf - Turkey Day
Sun 12	Rubbish tip open
Sun 12	

## High Tea at LG Regional Artspace

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2		8		6			5	7
4						6	1	
		2			6	7	3	1
	4		7		5		6	
6	7	9	2			8		
	6	1	4					2
8	5			2		3		4
			5	9	7		8	
Page 42							Hard	

## Sudoku

The Sudoku grid of rows and columns is divided into individual 3x3 boxes.

The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.

You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

					ļ			
		3				8		1
1			4					
				6			5	
			5			9	7	6
2	3	7			8			
	1			8				
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6		9				2		