

1st July 2021

\$1.50 inc GST

Vol 27 Issue 12

Understanding Grief & Loss

Suzanne Reeves



Above: Attending the workshop were Rodney Thornton (Road Safety Officer), Christine Fyfe, Anita de Bruin, Genni Curtin, Lois Dickins, Christine Smith (General Manager - Recovery Support), Suzanne Reeves, Alyson Elari (Recovery Support Coordinator), Lynnette Zweck, Allan Zweck, Maria Taylor and Melissa Nichols (Counsellor). Absent from photo - Jeanette Trevenen. As part of the grant funding the CRC were required to purchase a road safety banner - this will be available for community use.

There were plenty of false starts with this workshop, with the date changing each time there was a COVID incident. But it was third time lucky, with the four hour presentation going ahead last week and I would have to say it was well worth waiting for.

'I'd go again next week' and 'the best workshop relating to grief that I've been to' were just a couple of the comments coming from attendees; an indication on the relationship that the presenters had with the subject matter. This wasn't just a job to them, it was a cause.

Fully funded by the Road Safety Commission, the workshop was presented by Road Trauma Support WA, one of four programmes run by Injury Matters. Road

Trauma Support WA is a free statewide service assisting anyone affected by road trauma regardless of when the incident occurred, or what level of involvement the person had.

Road Trauma Support WA help:

- People bereaved by road crashes
- People injured in road crashes
- Families, friends, work colleagues, unpaid carers of those injured
- Witnesses and first responders including emergency services personnel
- Drivers who cause crashes and their families

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Conditions do apply.

CRC Opening Hours

9:00am - 5pm

Closed from midday to 1pm for lunch when short staffed.

Deadlines and Editions

All articles, news and advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

Next Deadline

Monday 12th July

Next Edition

Thursday 15th July



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Dick Phillips Gwen Oliver

Lee Duckworth Annie Slarke

Thank you also to our many contributors of articles.

DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
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- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

280 copies circulated each fortnight

Editorial

- Now school holidays are just around the corner and we have a couple of great activities on offer; sadly unless we get some names over the next couple of days they will be cancelled - the grant money will be sent back to the Department of Communities and the opportunity will be gone. So please support us so that we can consider running more youth activities in the future.
- Thank you to those who attended the Grief & Loss Workshop, would have to say it was excellent; it's always a little nerve wracking when you organise a workshop, never absolutely certain on either the presenters or the content matter but in this case it was a big thumbs up. If you regret missing out then let me know as funding will come up again perhaps something we could look at holding in another two years. So happy that it was run last week after the COVID developments over the weekend it could have been fourth time lucky!
- Now our forklift ticket workshop has plenty of names - though it's the first six in with their enrolment forms that get a seat. However if you're interested we will continue taking names the great price will remain in place for another 12 months.
- We are taking names for the following workshops

(please understand we can't start organising until we get the minimum (or close to) number of names):

- HC/MC truck driver training and accreditation
- HR truck driver training and accreditation
- Pilot training and accreditation that's for escorting oversize vehicles not for taking to the sky
- Forklift (next one)
- Chemcert
- Telehandler
- Elevated Work Platform
- Don't forget we're always looking for speccy photos to put in as photo stories as well as other interesting material. Sometimes we run out of space for some of our regular features but we can always carry over to the next edition. Extra material is always handy when we are light on for sporting notes. Remember this is your paper, we need your help to keep it relevant.

Suzanne Reeves

Road Safety Awareness

Basic Car Maintenance & Safety

FREE workshop for 16-18 year olds
Lunch provided

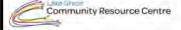
Tuesday 6th July 10am - 2:30pm



Includes:

- Road Safety Officer Safe car ratings, safe driving, planning ahead, understanding signage, looking after your mates
- Police vehicle roadworthiness, infringements, distractions, reporting an accident, what to do around emergency vehicles
- St John procedure when there is an accident
- RSO Insurance & finance
- Mechanical tyre pressure, changing a tyre, topping up water & oil, windscreen wiper replacement, fuses...

Contact the Lake Grace CRC on 9865 1470 or lakegracecrc@westnet.com.au to reserve your place



Supported by the Department of Communities



1:00pm start at the CRC

Followed by burgers and refreshments for all participants and supporters.

Join in with the inaugural 'Amazing Grace' a fun and challenging team race around town for anyone aged 12-18 years as a part of the Youth Engagement grants from the Department for Communities.

Contact the Lake Grace CRC on 9865 1470 to enter.





About Town

- Congratulations to the 'Gray Girls', aka Tahryn Trevenen, Courtney Robinson and Shannon Bradley on their hockey achievements - more info in the hockey notes.
- Well done to Reegan Marshall on winning the Amanda Young award for being recognised as an outstanding team member for 2021 rowing season at Penhros College. Reegan is pictured below with her very proud Mum and Dad, Grant and Letisha Marshall.



 School holidays are now here, we hope everyone enjoys their time off (If you've got any). Stay safe and find somewhere warm to enjoy the time with family.

Anniversaries

8th July Lesley & Bruce Duckworth

15th July Geoff & Denise Sabourne

Happy Birthday

1st July Murray Stanton Isla Jones 3rd July Ashley Mahoney

> Christine Fyfe Jaida Moore (18) Cade Moore (18)

4th July Michelle Slarke

Cobi Stanton Isaac Jones

5th July Tracy Walker

Zari Prater

7th July Grace Penny Tim Penny

8th July Ciara Caffrey 9th July Mark Seaman

Brock Bowron

10th July Judy Fleay Tai Bell

13th July Annie Slarke 14th July Jeff Lay

15th July

Benn Tomkins Molly Duckworth Tamika Cross



To the ambulance crew and hospital staff for all of their fabulous care and assistance after my recent accident.

Dawn and Family



Crochet Workshops

From 10am to midday, most Fridays.

Lake Grace Community Resource Centre

Learners welcome, some hooks available for purchase with a small range of wool to practise on.

Work on Wheelchairs for Kids blankets or your own project Call 9865 1470 if you have any queries.

If you prefer to work on your own project that is okay. Everyone welcome.

Lions Cater for Community Outreach Events

Arthur Slarke

With barely any notice Lions were asked by Rotary if our local Lions Club could provide catering arrangements for a total of four Drought Recovery Events running from the 21st to 23rd June 2021.

Lions President Nick Maalouf immediately swung into action by gaining the opinion of club members whether to take on the task or not. Given the reward on offer Lions decided the opportunity was too good to pass up

Effectively, Lions were subcontracted to provide the service by Rotary who'd normally cater for these events but with no Rotary clubs in the area Lions were asked to step in.

Once formalities were completed Lions purchased sausages and other BBQ requirements in preparation for the three day roll out.

Taking the Lions BBQ trailer to all locations, beginning with Pingrup on Monday 21/6 where we set up beside the Town Hall, trying to shelter from the cold wind. On the 2nd day the team went to Lake King Hall for 10am start. When the 3 hours allocated were up, the crew back tracked to Newdegate for a 3- 6.30 pm session. Tuesday night was an occasion for light relief as the majority of Lions participants and stall holder presenters went to Walkers Hill winery for dinner.

On the final day (Wed) the team setup at the Lake Grace Sports Pavilion in sunnier conditions from 9 am to 1pm.

Stall holders and BBQ providers weren't overly busy, except when the whole school turned up for a sausage at Lake King. The demand picked up at Lake Grace however, after the local contact network spread the word of the benefits of turning up. The main beneficiaries of drought relief were farmers, farm workers and contractors. Lions can be proud of the way

they went about their task in sometimes testing weather conditions. The Club is however, very grateful for the opportunity to provide the service requested. Purchases for the BBQ will be reimbursed by the Government drought relief organisation along with suitable compensation to the LG Lions Club for their efforts.



Above: Cassandra Bull from Vinnies with Max Bird, Robyn Yates, Brian Coffey and Carol Coffey from Rotary.

Below: Lions 'Head Chef' Steve Lankford cooks up a storm on the Lions BBQ Trailer while Wally Perry (far right) has a chat with Brad Middleton from 'Hav-A-Chat' services.



Venus – A Strange World Indeed

Astronomers often refer to Venus as the nearest thing to hell in our Solar System! It is the hottest planet with a scorching surface temperature of about 470°c, even hotter than Mercury which is closer to the Sun!

The thick cloud cover, made of sulphuric acid and carbon dioxide, traps the heat onto the surface, creating a runaway greenhouse atmosphere. The intense pressure of the atmosphere is 90 times that of Earth, so standing on Venus would feel as if you were 900m deep in an ocean.

Venus spins the opposite way to Earth, so the Sun rises in the west and sets in the east. Even more curious, because of its slow rotation, its day is longer than its year! A day on Venus lasts 243 Earth days. A year on Venus lasts 225 Earth days.

Venus is the brightest planet to see in the sky due to that thick cloud cover, reflecting back about 70% of the sunlight striking it.

So, from down here on Earth, Venus appears to be a beautiful and sparkling world!

Diagram Credit: NASA

For more things to see in the night sky visit www.astrotourismwa.com.au.



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Toy Library Reopens Its Doors

Kylie Read

On Friday 25th June the Lake Grace Toy Library re-opened its doors, something the parents and children of the community had been eagerly awaiting for.

The Toy Library has been closed due to covid for over 12 months. Since earlier this year, Joely Slinn and the Toy Library committee have worked hard to get the building back up to standard, reaching out to community groups and business's for

standard, reaching out to community groups and business's for donations toward new toys, signage and other infrastructure.

Since Friday there have been 11 new members sign up, as we are half way through the year membership is half price at \$30. From the start of 2022 membership will be \$60 annually. As there is no roster for parents to have to commit this is a great venture to be a part of.

If you want access to the Toy Library you MUST be a member, contact Joely Slinn on 0477 014 347 for information on how to join. Sam Argent is the Toy Library President and other committee members are Rochelle Earnshaw, Felicity Slarke, Yasmine Smith and Chiara Letter.

The toy library will be open on Tuesdays coinciding with Playgroup. There is a private Facebook page for you to join once membership is paid, here you can nominate for a certain toy. If its unavailable the committee can look into purchasing.

If you have a birthday coming up for your youngster and would like to borrow some toys from the toy library then contact Joely....

The toys range from puzzles right up to bigger items for soft play and outdoors.

If you or your business would like to donate to the Toy Library then please contact Joely or send through an email to lgtoylibrary@outlook.com

The committee would like to thank CBH, Maalouf Ford, Peter and Anke Stoffberg, Ken Clifton and his partner, CCL Hardware And Easton Neston farms for contributing to donations of new toys.







Indigo Sand

Cheryl Chappell

Sunday was an eventful day for some local children, parents and grandparents. A small and intimate group went out to the Jam Patch at 10am Sunday 20 June. Have you ever closed your eyes in the bush taken a few steps with a friend as a guide, taken a snapshot of what you see? We all tried this and it was a measure of trust when you open then shut your eyes try to describe what you saw.

It may have been a little cold but not at all wet, everyone had a great time wandering through the bush in search of leaves, rocks, twigs, nuts and anything that

we could find at least twenty to thirty of the same. Some found mushrooms, feathers so many different shapes of bark, a skeleton of a bobtail, a piece of tin and much more.

Then it was time to make the artpiece, a large piece of rusty tin became the centre, what went around the circle was a group decision, introducing new elements as we moved further out in the circle. When we stood back we could see what a fabulous piece of art it had become. It is still there for others to enjoy.

Lunch was enjoyed at Rosies where it was nice and warm. The performance started at 2pm were we all snuggled into beanbags.

We heard about the tender heart of Tua the whale, the absurd conversation of the three raindrops and listened to the tale of the boastful herring. They were performed with an evocative mix of storytelling, puppetry, acoustic music and visual imagination.

Thank you to Jenny Hill and Sandy McKendrick who engaged the audience's interest the whole day, also to Rave About Arts, In The House, Lake Grace Regional Artspace for the use of the Artspace and the Shire of Lake Grace.



Above: Jet Chappell and Chase Kuchling enjoy the interactive workshop at the Jam Patch.

Below: In the afternoon everyone hunkered down to enjoy the performance.



Lake Grace Artist Group News

Kerrie Argent

Most important news, our meeting day has changed! We have changed it to the 3rd Friday of the month and will go back to a meeting every month as it is too long between if we only have every two months. We will organize an activity for each month and the meeting will only last an hour 12:35-13:30 (hopefully).

The group is remaking our banners that usually fly whenever we have an exhibition or event at the Art Space. These banners signify something is happening and you should drop in for a look. Our present banners have lasted 12 years and are now getting a little bit tatty and faded. I would be looking a little weathered too if I had stood out in the wind, rain and scorching sun like our banners have over the years.

Banner making will occur for the next two meetings, so we have new banners ready for Old Masters Exhibition.

We will be having another polymer clay workshop, we will organize a new date for that maybe for the October meeting when we have finished the banners. If you are interested, please text Kerrie 0447 791 399 or give your contact to Jayne at the post office so we can let you know when.

In April we had Helen Coleman visited Lake Grace for a two-day workshop creating ink, pigments, and dyes from plants, this was well attended and an enjoyable workshop.... now to go and practice.

Phyl Dunham's book launch was a wonderful afternoon, Phyl was kept terribly busy chatting and signing books. She had over 65 people turn up for the book launch, many who bought a signed copy of Phyl's wonderful memoirs, enjoyed a chat and a lovely afternoon tea. Well done, Phyl.

Adele Outteridge's workshop is looming, it is on the 16th, 17th,18th and 19th July. The class is fully booked so that is great.

Adele Outteridge gained her BSc from the University of Melbourne in 1967 then worked as an Experimental Scientist with CSIRO. She studied with the School of Colour and Design in Sydney from 1984-88 and returned as lecturer, tutor. She taught at the Ku-Ring-Gai Art Centre from 1983-89. Adele now travels to all states and internationally lecturing and teaching. Her work in artists' books, printmaking, sculpture and drawing has been exhibited widely, is held in private and public collections and has appeared in major publications in Australia and overseas.

Local Containers for Change ID Numbers

Don't want to collect for yourself but want to give to a local organisation, then here's your chance.

Lake Grace Golf Club - C10455139 Community Garden - C10351926 Lake Grace DHS - C10364782 Lake Grace Sportsman's Club - C10379797 Lake Grace Lions Club - C10477141

EXHIBITIONS

The Pink Exhibition is done and dusted, thank you to everyone whocontributed works, came to the opening, or kept the exhibition open for that time, you are all fabulous. Well done.

The Astro tourism exhibition is also done and dusted.

Vandan McKenzie's Exhibition has also finished. Thanks Vandan for bringing your work out for us to view and enjoy.

The Lake King Tractor Museum display has been installed in our window, our Margaret Carruthers (nee Mclean) even features.

The next up coming exhibition is work related to Old Masters, hope everyone is busy working on their pieces as they are due in at the end of September which is not far away.

Alternative Archive exhibition is still on at John Curtin Gallery so if you are in Perth you could go check it out as we have three members Jeanne Melville, Tania Spencer and Michelle Slarke's work in there.

Creative Kids is ticking away thanks to Cheryl Chappell and Rosie Timperley's hard work; there are more classes to book into in the July holidays. Check out the Lake Grace Create Events Facebook page.

Indigo Sands event was held last weekend, it was fun though sad more children where unable to come. We had great fun out at the Jam Patch making an ephemeral art piece and then going back to the Artspace and enjoying the performance story telling in the afternoon. It had not only the children but the parents and grand parents entranced.

Yuck circus has been and gone, lovely evening out with mixed reactions to the show. Some thought it was fabulous and others not so much, it certainly had some yuck bits in it that made one cringe but it was great to watch their stage performance and appreciate their physical strength and agility. It was a lovely night with lots to eat on the cheese platters which were supplied by the All Abilities Playground committee (well done girls), we hope everyone continues to support these events so we can get more to town for us all to enjoy.

Containers For Change

All Good Refund Depot have a depositary at the Lake Grace Freight Depot and collect each fortnight. Contact All Good Refund Depot on 9861 2500 if you have a bulk pickup.

Please remember the freight depot is a busy workplace with plenty of traffic movement, so tag your bag before you leave home and take the shortest route in and out to drop off.

Bags are available at the Lake Grace CRC.

Apply for a Scheme ID online at Containers for Change.

Tag your bag with your Scheme ID, name is optional but a good back up plan.

Lake Grace Weather

Date	Min	Max	Rain
16th	7.0	16.5	2.0
17th	4.6	17.8	0.2
18th	2.0	16.0	0.2
19th	2.5	16.0	
20th	6.2	11.2	1.4
21st	7.2	9.4	6.6
22nd	4.4	11.9	15.2
23rd	5.1	13.6	0.2
24th	3.1	13.0	
25th	1.3	13.8	0.2
26th	2.6	15.8	
27th	6.0	16.2	0.2
28th	8.6	17.6	0.2
29th	9.6	13.8	2.6

Defibrillator Locations in Lake Grace

Liberty Roadhouse

cnr Stubbs St/South Rd - publicly accessible AED Open 7 days 6:00am - 8:00pm

• IGA - Lake Grace Plaza

Stubbs St (centre of town) - publicly accessible AED Open 7 days 6am-7:45am 8:30am-5:30pm

- St John Ambulance sub centre Stubbs St (accessible 24 hours a day) Contact 000 in case of emergency
- Sporting Pavilion

publicly accessible AED when pavilion is in use

Lake Grace Police Station

Stubbs St (accessible 24 hours a

Stubbs St (accessible 24 hours a day) Contact 000 in case of emergency

• Lake Grace Men's Shed Bennett St.

Open 8:30am to midday every Tuesday Contact 000 in case of emergency

• Lake Grace Swimming Pool Bishop St

publicly accessible AED during opening hours

Lake Grace Sportsman's Club
Stubbs St—Publicly accessible

If you are responsible for a defibrillator or have one in your building be mindful that the pads need to be in date and battery may be running low (may beep). If you have any questions contact Donna Skerris at the Lake Grace Subcentre on a Tuesday or Friday on 0428 110 446.

Seeking casual staff

Catholic Homes has been providing aged care for over 50 years in Western Australia and are looking for people to join our Home Care team.

We are looking for caring and passionate staff to provide transport, domestic, meal preparation, shopping, personal care, respite and social support. A Cert. Ill in Aged Care or similar experience would be great, but we'd also love to hear from anyone interested in a career in home care as we can offer on-the-job training and buddy shifts. You must have a reliable car, current driver's license and police clearance.

We pay casual rates with fuel and travel allowances. Work as little or often as you like. We're flexible and family friendly.



If you would like to discuss call 1300 244 000 or email your CV to homecare@catholichomes.com





Community Focus - Lake Grace Regional Health Advisory Committee

Deb Clarke

The Lake Grace Regional Health Advisory Committee is made up of people with-in the community of Lake Grace that wish to see better health outcomes for our region. Current committee members are; Debby Clarke (Chairman), Amanda Milton (Scribe), Ross Chappell, Mary Naisbitt, Tooey Altham, Suzanne Reeves, Sara Pellant (current Health Services Manager at the Hospital).

We lobby the health department at different levels on behalf of the Hospital staff and the community for improved conditions and much needed maintenance.

Issues that we have had some success in the past are;

- Repairs to the sunroom,
- Most of the improvements funded by SIHI, such as a new Ed, Reduction of the four bed ward to two beds with ensuite, Piped Oxygen to the ED, New hand basins,
- Signage for the Ambulance services,
- Repairs to TV systems so that permanent care patients could watch TV,
- Lights in the car park,
- Palliative care room with facilities for family to stay overnight,

Items that we continue to work on are;

- More rooms for our seniors in care,
- Ensuites for all rooms,
- Improved accommodation for staff,
- More storage in the Hospital,
- An overall plan for the hospital as far as future renovations and improvements are concerned,
- A Seniors Expo, various Departments and Agencies doing presentations so that our community can get as much information as possible at a 'One Stop Shop',

We will be hosting a "Birth Time" Documentary to be held at St John Ambulance building on Sunday the 22nd of July at 2.00p.m.

A quote from the producers "Through the Birth Time platform, we hope to educate, inspire and motivate young women, pregnant women and people, mothers, partners grandparents, family, birth workers, midwives, doctors, policy makers, politicians, organisations and corporations to be the voice for change. When we improve women's experiences around birth, we change the world!"



- Test/Service A/C systems on all automotive vehicles.
- Swap monitors from machinery
- Repair/Service boomspray electrics
- Test alternators and batteries
- Fit dual battery/solar systems to cars, caravans and camper trailers
- Fit/Supply trailer brake systems
- Supply/Fit camera kits eg. Reverse, Truck trailer or chaser bin auger
- Supply/Fit spotlights or worklights for cars, tractors, headers etc.
- Manufacture wiring harnesses
- Install 4x4 accessories eg. LED lights, power sockets, winches
- Any other electrical repairs to automotive systems.

For any questions or queries please ring Aaron Carruthers on 0429 905 452

RTA NO: AU42693 LIC NO: L121418

Lake Grace District High School News

Arts Festival Success

On Friday 18th June, five students from the Year 5/6 class travelled to Dumbleyung to compete against eight other schools in the 2021 Dumbleyung Speech, Drama & Art Festival.

Coming first place in the 'Painting' category was Grace Penney and receiving a high commendation in the 'Drawing' category was Sheree Duckworth.

Picking up a highly commended place in the 'Year 3-6 Choral Speaking' category were Grace Penney, Sheree Duckworth and Hope Lankford.

Ella Gooding, who was competing in the Interschool Cross Country Carnival on the same day, also picked up two high commendation awards for her submissions in the 'Painting' and 'Mixed Media' categories.

Well done to you all.

Top Right: Grace Penney with her winning "Iconic Australia" themed artwork,

Bottom Right: Sheree Duckworth with her highly commended submission).



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Lake Grace District High School News

Interschool Cross Country Carnival

Also on Friday 18th June, 19 students from LGDHS travelled to Kojonup to compete in the annual Interschool Cross Country Carnival. They competed against six schools on a day which was perfect for running.

The day started with Year 4 students and finished with the Year 10s, and the following six students received a medal on the day:

- · Ella Gooding 1st Place
- · Dakota Pelham 3rd Place
- · Zac Matthews 1st Place
- · Morgan Chatfield 2nd Place
- · Aleisha Smith 3rd Place
- · Tyrone Markham 3rd Place

Overall LGDHS finished in 2nd Place for the Handicap Shield and 5th place overall. Congratulations to our winners and all students who competed.

Right: Zac Matthews and Ella Gooding - LGDHS Champions with their 1st place medals.

Below: All of the LGDHS competitors.







From the Archives...July

1996 - Twenty five years ago...

Noel Bairstow achieves milestone of 300 games for Lake Grace-Pingrup Football Club.

LGDHS receive funds to building a covered assembly area.

Phil Franks awarded the National Medal for his role in the Fire Brigade.

2001 - Twenty years ago...

Ongoing drought situations draw WA Premier, Geoff Gallop to Lake Grace on a fact finding tour..

Old Infant Health Centre in McMahon Street demolished.

2006 - Fifteen years ago...

At their annual changeover ceremony Lake Grace Lions celebrate the outstanding service of five of their long term members.



Looking good for their 175 years of community service are I to r: Nick Maalouf (36 years), Len Elliott (34 years), Alan Thiel (36 years), Henk Doelman (34 years) and John de Vree (35 years).

In a bid to stem the flow of youth from regional areas Lake Grace Shire takes on four trainees.

Lake Grace Golf club host a Level 0 Coaching Clinic with Rob Farley.

Shirley Duckworth celebrates 60 years with CWA.

2011 - Ten years ago...

Di Desmond receives her 30 year service medal at the Volunteer Fire Brigade's annual Captain's Dinner.

Winter sports celebrate the centenary with derbies and reunion matches!

CRC receives a \$5,000 grant for an 'Enabling Women' project.

Staff at Lake Grace Library put together a dedicated local history section.



Photo: Acting Deputy Principal, Felicity Sinclair, presents a collection of local history that the year 6 class from Lake Grace DHS completed in 2010, to Library Officer Linda Carruthers.

2016 - Five years ago...

Jo Morgan is the new coordinator of the Visitor Centre.

Bendigo Bank visit Lake Grace to investigate local interest for a community bank.

Luke Bairstow plays his 100th football game for Lake Grace-Pingrup.

Playgroup installs a new bike track at their premises.

CWA receives grant funding to install a reverse cycle air-conditioner.

The Shire of Lake Grace takes receipt of two new Mack prime mover trucks.



Covid-19 Lockdown In Place

Due to the evolving outbreak of COVID-19, the Premier has announced a lockdown for the Perth Metropolitan and Peel regions. This applies to the DFES Perth Metropolitan region.

Visit the Restrictions for Perth and Peel regions page on wa.gov.au for the latest information about restrictions in place.

From 12.01am Tuesday 29 June until 12.01am Saturday 3 July, people in the Perth Metropolitan and Peel regions are required to follow the restrictions in place.

- Masks are mandatory outside of the home unless you have an exemption.
- Volunteers should only attend their brigade, group or unit during the lockdown if it is to respond to an incident or to carry out essential operational activities.
- Anyone who travels to another regional area from the Perth Metropolitan or Peel region must adhere to the restrictions in place.

Volunteers should stay up to date with operational procedures in place during this time on the COVID-19 Interim Operational Procedures page.

Volunteers should not attend work or their brigade, group or unit if they have been to any of the exposure locations updated here.

If you have, you must attend a COVID clinic, get tested and then immediately go home to isolate until a negative result is returned. Visit the COVID Clinics page on the HealthyWA website for locations where you can get tested.

Please also inform your brigade, group or unit leader as soon as practical so we can ensure we can continue to provide essential emergency response to the community.

You can find more information at www.wa.gov.au or by call 13 COVID (13 26843). Information for emergency services personnel will be updated on the DFES Staff Intranet and Volunteer Hub COVID-19 homepage.

Your health is our top priority and I encourage you to follow health guidelines and take care of yourselves, your colleagues, friends and family.

Thank you for your continued cooperation.

Darren Klemm AFSM Fire and Emergency Services Commissioner





POLICE NEWS

LAKE GRACE POLICE STATION
56 STUBBS STREET, LAKE GRACE. 6353
Phone: 9890 2000 Fax: 9865 1429

Email: <u>Lake.Grace.Police.Station@police.wa.gov.au</u>

Personnel: Sgt. Travis Taylor, SC Fiona Main. PC Scott Oatridge

Station News

We welcome Fiona back from her stint at Narrogin, that two weeks went very fast. We now have a two-week period where all Lake Grace staff are actually working in Lake Grace, I know its hard to believe but its true. It is short lived though as Sergeant TAYLOR is next on the list to relieve in Narrogin. Fiona will be acting up over that period.

We unfortunately have a permanent staff transfer back to Perth. Lake Grace will be losing SGT TAYLOR in about six weeks (timings yet to be confirmed). He has been transferred to the Booze Bus (officially known as Breath and Drug bus) to run and develop a shift of 8 probationary constables every 3 months.

Initially though SGT TAYLOR will be temporarily seconded as a Senior Sergeant to the Covid teams at Perth airport for a period of approximately 4 months, before actually arriving at Booze bus.

His reasons for leaving Lake Grace are purely selfish and he is dead to us.

SGT TAYLOR does have a genuine reason but it's still not good enough. You will have to ask him direct. We can assure you that there are some reliable staff who will remain in town for years to come and continue to serve the community. Sgt TAYLOR is however seeking out a suitable replacement.

Crime

No reported crime events or issues were reported throughout the fortnight which is great news.

Not so lucky was nearly every town between Albany and Armadale on the Albany Highway. Crime rampage occurred over the last weekend starting in Albany with several burglaries and stealing's with further crimes occurring in nearly every townsite on the Albany Highway all the way to Armadale.

The suspected vehicle involved was identified and



located in the Armadale subdistrict by their local police as reports were coming in thick and fast. The vehicle was engaged by police to stop and a pursuit erupted ending in the arrest of two suspects with much of the stolen property being recovered. Most of the property stolen was jewellery, cash, handbags and wallets.

Gel Blasters

Did you know that after 3 July 2021 Gel Blasters will become prohibited weapons and they must be surrendered to a Police Station immediately. Any person found in possession, carrying or using these weapons other than to convey them to a Police Station for destruction may be charged with offences under the Firearms Act or the Criminal Code. These are not minor charges and there would be no room for discretion.

Gel Blasters come in various forms including Handguns and Rifles, usually in exact replica form of existing firearms such as M16 Rifles. They fire gel balls normally the size of a small marble.

There have been over a thousand policing incidents in



WA where these weapons have been involved.

If you do not hand in your Gel Blaster then you may be subject to criminal prosecution, including being arrested and facing court.

Unfortunately, there is no buyback programme for Gel Blasters, no provision has been made in the legislation for the payment of any compensation for your loss.

Thankfully two locals have done the correct thing and handed in their prized firearms, if you have one at home or know of any person that may be in possession of a Gel Blaster then please remind them to hand them in to Police.

POLICE NEWS (cont.)

Traffic

No new traffic news as we are still waiting on parts from Germany for the traffic car repair. Hopefully next fortnight.

Reporting crashes

Recently several reports were received that a vehicle had parked itself in a local Salt Lake, unfortunately in doing so two water pipe stanchions associated with the main town water supply line were damaged. Thankfully the driver had no reported injuries and the water pipe remained in one piece. The same could not be said for the car which was a complete write off.

Now the disappointing part was that Police were not notified by the driver at the time of the crash, it was not until the following day when a school bus driver informed us of a car being in the lake and that they reckoned the driver of the car "probably had to change their undies after the crash".

Police enquires were made with the driver who advised us of the circumstances surrounding the crash and the matter was dealt with.

Things to remember about crashes:

- Any crash over \$3000 damage needs to be reported to police.
- Any crash involving damage to property that's not yours has to be reported to police and the owner of that property notified.
- Any injuries that are received by any person as a result of the crash.
- Any adverse causes of the crash are suspected (excessive speed, drink/drug driving, Hooning, unlicensed driving)
- The crash report is important as it is required if any claims are made with the insurance commission of WA due to injury.

If you as a driver fail to report as required then the

Women In Farming AGM

July 13th - 9am
Walkers Hill Vineyard
Meeting will be followed by a
field walk and agronomy talk.

consequences could mean facing a fine, losing your

Please call us, it will make your life so much easier as we do all the paperwork and can sort things pretty quickly, otherwise we may become suspicious as to why the crash isn't reported to us at the time.

Covid update

licence or both.

Currently there is panic everywhere and instructions are coming out hourly for police. Most of them we ignore as they don't apply to us out here just yet. The Perth and Peel regions may go into a full lockdown if things continue to deteriorate. At the moment anyone who has arrived from Perth or Peel districts has to wear a mask, If you travel into the Great Southern or even if you don't. Mask wearing is compulsory in Perth and Peel at the moment. New infection sites are being added regularly as a result of the NT positive case. Contact tracing is being conducted at a feverish pace to try and avoid a total lockdown. Ensure you continue to add your locations when visiting any business you enter, just in case it suddenly does affect us here in Lake Grace.

Have a good fortnight

Regards Lake Grace Police.

Windscreens Replacements

Passengers & Commercial vehicles & trucks

Maalouf ford McMahon st Lake Grace Mob 0427 651 261 office 98 651 261 EMAIL lakegracesmashrepairs@westnet.com.au



Wheatbelt Men's Health

Suicide – You cannot address a problem without talking about it!

It does not matter what the issues are in our life, we must have a conversation and talking to someone about the situations we find ourselves in will relieve pressure and help us to normalise our own response to these issues. The challenge for all of us is to recognise where we are at, and then work through it. As a society we have perhaps become too politically correct about what we talk about and how we talk about it! Conversations around suicide are a classic example of this!

When we consider that 75% of suicides in Australia are men, it is important to develop an understanding of *life problems* in our own lives and in the lives of others around us. Suicide does not have a set of risk factors that you can refer to and suicidal ideation is not necessarily a mental illness. Suicide prevention is everyone's business.

There is a lot to talk about when we are discussing suicide, and it is essential that we all learn more, but three key points summarising what we know about suicide are:

 A distressed (suicidal) person does not want to die. They want to stop the pain;

- It is safe to talk about thoughts of suicide with at risk people;
- Suicide is not usually a complex decision, the reasons (layers) however behind the suicidal thoughts are complex, and usually need professional help.

We also know that a lot of completed suicides are a result of people being under extreme distress (what we call situational distress) and not from a mental illness. We do not have to have a diagnosed mental illness to complete suicide.

People quite often ask, when should I be concerned? Be observant about any changes in a person's situation, anything that is out of the ordinary for that person. Some experts spend all their time talking about indicators of risk, and higher risk groups (men for example). However, we all should be deemed at risk if we have shit going on in our life. Suicide can happen to anyone, anywhere, anytime. Knowing individual human capacity is the unknown factor!

We should never underestimate the power of ordinary people to make a difference and the important role we can have supporting someone through a difficult patch in their life. This can be in the three areas of our life where we often connect with people - our family, workplace and/or community group.

We must always remember a conversation may *change* someone's life. Sometimes this is confused with, a conversation can *save* someone's life (only that person can save their own life).

We do not know if someone is suicidal unless we ask. If we have that gut feel about the person, we must ask. It's not easy, we do not need formal training and our 'language' is up to us. We do however need awareness, empathy and the ability to listen. If the answer is 'yes' put in place an immediate plan for both support and follow up ensuring the safety of all. We need to be prepared to act. There is plenty of help out there (refer to useful contacts below), the local mental health team, local doctor, and other support services in your area. Be prepared by becoming informed. Remember ...before it all gets too much... Talk to a Mate!![®]

When we talk about suicide, it always presents material that some people may find distressing. If you know of someone feeling depressed or suicidal please contact one of the following services:

- Lifeline 13 11 14
- Suicide Call Back Service 1300 659 467
- Mensline Australia 1300 789 978
- In an emergency always call 000

Owen and the Team The Regional Men's Health Initiative delivered by Wheatbelt Men's Health (Inc.) Phone: 08 9690 2277

Email: menshealth@4blokes.com.au www.regionalmenshealth.com.au



Come in and see us for all your meat supplies!
Food for all the family
Custom kills
Cooked chooks available every day





Open Monday - Friday 8:30am - 5.30pm Saturday 8:30am - 12pm

Located in Lake Grace Plaza Contact Dean Sounness: 9865 1225



Bits and Pieces

Kevin Seaman

As indicated in the last edition of the Lakes Link I would possibly print another poem for the readers from my new book.

But situations change, and with the bride and my favourite daughter in law Karen heading off to Perth for a couple of days I needed something to make me smile. Best thing for that is to suss out some jokes and funny stories for the edition, postpone the poem to next edition.

I suppose you have already guessed I don't like being home alone with just myself, the ABC and an empty house. So lets crank up mums trusty computer (And she is getting a new one installed this week) see what we can find to make us happy.

Story line jokes with a good punch line and a good story teller are great but the fast one liners or knock knock jokes that bring a smile to you are also worth telling.

So Here are some examples even the kids can enjoy.

- Knock Knock Who's there?
 Annie , Annie who?
 Annie thing you can do I can do better/
- Knock Knock Who's There?
 Olive, Olive who?
 Olive next door, Hello Neighbour
- Knock Knock Who's there?
 Scold, Scold who?
 Its Scold out let me in please.
- 4 knock Knock Who's there?Needle, Needle who?Need a little help to get in the door.
- Knock Knock Who's there?
 Gladys, Gladys who?
 Gladys the weekend, No home work
- Knock Knock Who's there? Snow, Snow who? Its snow laughing matter
- 7. Knock Knock Who's there? I am, I am who? You tell me
- 8. Knock Knock Who's there? A Little old lady, A little old lady who? Wow I did not know you could yodel
- Knock Knock Who's there?
 Haven, Haven who?
 Haven't you had enough of this knock knock jokes.

Were they getting better or shall we try some animal jokes? Like the good old favourites.

Why did the chicken cross the road? Was it because KFC was on the other side? I don't know that's why I asked you.

Or Why did the rubber chicken cross the road? Was it to stretch his legs..

Why did the dinosaur cross the road? Because the chicken did not exist yet.

Why did the sheep cross the road? Was it to get to the Baa-Baa shop

Did the turtle cross the road to get to the shell shop?

Did the fish cross the ocean just to get to the other tide? Maybe.

And we know the skeleton did not cross the road because he didn't have the guts!

No I don't think they are getting better. So we will return to the good old joke book and leave the computer in lock down!

Its Time To Go

The old fellow was hogging the fireplace, Monopolising the telly and stinking the lounge room with his pipe. Finally, it got too much for the young bride and she whispered to her husband, "Look, dear, Fair's fair. He's been here ever since we were married. Its time your father went home." "My father," He gasped. "I thought he was yours."

Personals Ad

A doting mother wanted desperately to see her 23 year old daughter happily married, so she decided to help matters along by putting an ad in the local paper which read; "Lonely, unattached redhead, 23, good figure, fun loving, uninhabited, seeks male company." A few days later the daughter asked her mother if there had been any replies. "Just one" Said the mother grimly. "From your father!"

Like 'Reel' Life

A Young actor rushed into the house, grabbed his father by the arm and shouted in excitement, "Dad, I've got a wonderful part in a film. It will really test my acting ability as I have to play the part of a man who has been married for 25 years." "That's wonderful, son," Encourage the father. "Keep trying and one day you're sure to get a speaking part"





CBH GROUP HARVEST CASUAL WORK 2021

Applications are now open - apply today!

We are looking for hard working, safety-conscious people to work at our receival points across the WA grain growing region during harvest this year.

We are inviting applications for the following casual positions:

- · Receival Point Operators, including grain sampling, and
- Plant Operators at selected port terminals

Depending on weather conditions, the season will generally commence around October and finishes in December.

No experience? No worries! Full training is provided - no need for qualifications or experience, just a great attitude.

To find out more about the CBH Group, what harvest is like and where to apply, simply scan the QR code below or visit:

CAREERS.CBH.COM.AU



cbh.com.au



Community Newsletter

PO Box 50, Lake Grace WA 6353 Ph; (08) 9890 2500 Fax: (08) 9890 2599 Email: shire@lakegrace.wa.gov.au





From the CEO

Webinar

There was a Webinar in Council Chambers on Thursday 17 June regarding the South West Native Title attended by Cr Armstrong, , Chris Paget DCEO, Craig Elefsen MIS and myself.

The Department of the Premier and Cabinet coordinates the Settlement across the WA Government. The Department, in partnership with WALGA, SWALSC, the Noongar Boodja Trustee and the relevant WA government departments provided an update for Local Government Authorities. The webinar was an opportunity for LGAs to raise questions and discuss elements of interest.

Meeting the Police Superintendent

There was a meet and greet with the new Police Superintendent (Albany District) Ms Kim Travers at the Council Chambers with CEO and Cr Armstrong on Thursday 17 June in the afternoon. Discussion was centred around the satisfaction with police presence in the district and community expectations. Superintendant Travers has a great deal of experience working in the country and appears to be a keen advocate of community policing.

TAFE

A meeting with Ms Diana Fisher from TAFE was held in Council Chambers attended by Cr Armstrong, Cr Chappell, Cr Clark and Cr Marshall and myself on Friday 18 June.

Ms Fisher advised that her role is to identify unmet, new and emerging training demands including the need for new training programs, alternate delivery methods and factors affecting access to training. The purpose is to ensure job ready employees to boost industry productivity for the regions.

Meeting with Dr Olowu

Drs Abiola Olowu and Olayinka Omoniyi met with councillors and myself at the Council Chambers Tuesday 22 June. Dr Abi provided an update on where the practice is at with regards to the accreditation of Dr Olu to attend the Lake Grace Hospital. Unfortunately, it would seem that everytime Dr Olu meets the requirements the goal posts are shifted and further requirements are placed upon him. These requirements are set by the WA Country Health Service and the health authorities. It is hoped that Dr Olu will be able to sit again in July. In the meantime, Drs Olay and Abi are aware of the situation and are endeavouring to do the best they can.

Concerns were raised by some councillors regarding delays and waiting times at the surgeries in both Lake Grace and Newdegate. The Doctors have taken this on board and will give this some attention.

Budget Workshop

The final 2021/2022 Budget Workshop was held on Wednesday 23 June before the Ordinary Council meeting in Council Chambers with Councillors and the Senior Management Team. It is intended to have the Budget adopted at the 28 July Council meeting.

Ordinary Council Meeting June 2021

Mr Llew Withers – Environmental Health Consultant briefed Council about his report on the Health Profile for the Shire of Lake Grace which is the first report in the preparation of the Lake Grace Public Health Plan. The second part will be community consultation sending out an electronic Health and Wellbeing survey through our

Continued over ..

Coming Events

Inflatable Fun Newdegate Wednesday 7 July

Lake Grace Thursday 8 July Check the advertisement for times and ages

Matt Hale

Newdegate Sports Pavilion 6.30pm Thursday 15 July

Creative Kids Events

Colourful Crochet

Lake Grace Regional Artspace Monday 5 July 2pm

Pompom Hedgehogs

Lake Grace Regional Artspace Friday 9 July 10.30am

Pebble Pets

Lake Grace Regional Artspace Tucaday 13 July 10am

Ordinary Council Meeting

An Ordinary Council Meeting will be held on Wednesday 28 July 2021 from 3:30pm at the Council Chambers, Administration Building. The Agenda will be available on www.lakegrage.

Everyone Welcome

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.

Fram the CEO continued

Continued

website and social media outlets. (There will also be hardcopies of the survey made available) the results of the survey will form part of the draft Public Health Plan which will be submitted to Council. The survey is currently being drafted and will be issued in coming weeks.

Resolutions as follows:

- Council's consideration with regards to the Application for Planning Consent for Egg Production (Agriculture -Intensive) at Lot 2569 (No. 622) Holland Track, Mallee Hill.
- The need for the Shire of Lake Grace to participate in a centralised register in relation to the storing of information of temporary and mobile food businesses operating within Western Australia (WA) by signing a Memorandum of Understanding (MOU).
- Council to review the amended Policies 4.7, 4.9, 410 and 4.12 and New Policy 1.19, 1.20, 121, 1.22, 1.23 and 4.13 for 2021 and to adopt the full manual including the proposed additions, amendments and alterations.
- The Corporate Business Plan (CBP) is prepared in accordance with Regulation 19DA of Local Government Administration Regulations 2020 in respect of each

- financial year. The CBP should be reviewed every year and adopted by Council with absolute majority.
- Council nominated their attendance at the Local Government Week Convention and elect voting delegates and proxies for the WALGA Annual General Meeting (AGM).

There are three employment opportunities available at the Shire:

- The Shire of Lake Grace is seeking two (2) experienced Plant Operator / Driver / General Hands to work full time within our Infrastructure Services team. Applications close Monday 5 July at 4:00pm.
- The Shire of Lake Grace is seeking an experienced Manager Corporate Services to join the senior management and lead the Financial Services team in delivering corporate, financial services to the community and coordinating the financial management for the Shire. Applications close on Friday 9 July at 4:00pm.

Check our website for further information: https://

Alan George

Chief Executive Officer

www.lakegrace.wa.gov.au/employment/

Lake King Community Window Exhibit

Lake King, Lake Camm, Varley and Mount Madden areas were established during 1928. It was the start of the vast 3400 farms scheme that extended to Salmon Gums.

Lake King Progress Association has worked to improve the A magnificent tourist attraction on the eastern end of the community since 1930 and many of the facilities are created through their initiative.

Lake King has a very attractive stone fronted Community Church and a tavern built locally from rammed earth with a motel nearby.

In the mid 1970s at the Newdegate Field Days Alan Hewson received the Inventor of the Year Award for his homemade tractor, No 2. At that time Collin Penny thought to himself that one day this machine would hold significance in Lake King's Pioneering History.

Norseman Road is Peak Charles, which rises 480 metres above the surroundings.

Go along to the Lake Grace Regional Artspace to see what Lake King has to offer, and some of the achievements by the small rural community. Thank you to Rachael Winyard and Anita Penny for their work and delivery of the exhibit and Tania Spencer for her artist support in installing the display.



Community Infrastructure Service

After a long wait from the last COVID lockdown in Perth, Aerodrome Management Services with the assistance of Lake Grace Earthmoving and shire staff have started works out on the Lake Grace Airstrip to upgrade the runway lights. Wet weather is making things difficult but work are still on track to be completed by the end of June.



This fortnight our works crew have completed the following roadworks and maintenance;

Roadworks

The Lake Grace Maintenance Grader has carried out grading on:

- Griffin Reward Rd
- · White Dam Rd
- · North Burngup Rd
- · Burns Rd

The Newdegate Maintenance Grader has carried out grading on:

· Taylor Rd

The Lake King and Varley Maintenance Grader has carried out grading on:

- · Norseman Rd
- · Biddy Camm Rd
- Drust Rd

Parks & Gardens

The Parks and Gardens Crew have carried out the following work:

Lake Grace

- · BBQ cleaning at the "rest stop"
- · Whipper snip hockey oval
- Mow Gumtree park
- Weed Stubbs St garden beds
- · Spray White Dam Rd back slopes
- · Mowing sports ground
- · Clear street drains around town
- · Lake King garden maintenance

Newdegate

- · Trim shrubs at Hall and Medical Centre
- · Spray weeds around Country Club

- Spray townsite weeds along roads
- · Service mower and sharpen blades
- · Trim street trees along Witham Rd
- · Clean up fallen tree on Newdegate- Lake King Rd
- Mow lawns Pioneer Park and Skate Park

Buildings

The Building Maintenance Crew have carried out the following work:

- · 8 Wattle Dr roof repairs
- · Pingaring Pavilion flyscreens
- Newdegate Rec Centre door and sign repairs
- · Lake King Pavilion maintenance
- · Lake King Hall maintenance
- Lake King Cemetery
- · Lake Grace Cemetery Niche Wall
- Lake Grace Medical Centre
- Ground preparations for Soft-fall installation Newdegate Adult Gym



Operators

The Machine Operator Maintenance Crew have carried out the following work:

- · Rural Road signs and guide post installation
- Inspection of gravel roads
- · Maintenance to backhoe
- · Carting gravel to North Burngup Rd
- · Carting gravel to Buniche Rd
- Cart sand to Lake Grace Airstrip
- · Return Varley Fire Truck
- Culvert maintenance

Other Works

- Pest treatment of all Shire-owned buildings
- · Lake Grace Airstrip lighting upgrade

Craig Elefsen
Manager Infrastructure Services

Community Information

Office Open Hours

Monday - Tuesday - Wednesday - Friday

8.30am - 4.30pm

Thursday 8.30am - 4.00pm

Staff can be contacted by phone between 8am - 5pm

Transport and Licensing

All licensing payments are to be made in person at the Shire of Lake Grace Administration office, 1 Bishop Street, Lake Grace.

Monday, Tuesday & Wednesday 8.30am - 4.15pm Thursday and Friday 8.30am - 4.00pm

As an agency, we process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications. With every transaction we perform, we try to offer the best service possible.

We do ask all licensing customers to be considerate, even though we are aware of people being 'locals' it does not exempt us from following the rules set by the Department of Transport.

Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 6 August (to be confirmed)

Friday - 3 September (to be confirmed)

Bookings are essential for all Practical Driver's Licence Assessments and we advise booking in advance as there is often a waiting list.

All bookings to be made at the Shire office on 9890 2500 until further notice.

Lake Grace has one assessment day each month held on the first Friday of the month.

For more information go to: ww.transport.wa.gov.au.

Libraries

Lake Grace Public Library School Place Absolon St Monday - Friday 9am - 5pm Closed for lunch 12.30 - 1pm

Newdegate Public Library Collier St Monday - Thursday 8.30am - 4.30pm Closed for lunch 12noon - 1pm Friday 9am - 2pm

Lake King Library Newdegate/Ravensthorpe Rd Tuesday and Thursday 8.30am - 3.30pm



Check our Facebook page
https://www.facebook.com/ShireofLakeGrace/

Town Planner

Planning Officer, David Johnston and Building Surveyor, Gary Bruhn can be contacted through the Shire Office on 9890 2500 or email shire@lakegrace.wa.gov.au.

Environmental Health

The Shire's Environmental Health Officer, Brendon Gerrard. Can be contacted via the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

Tip Times

Lake Grace

Monday & Wednesday 9am - 2pm Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm Saturday 9am - 1pm

Lake King and Varley

Open every day

Recycling Services

Household Waste Collection is a weekly service and collected each Tuesday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace and Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
Tuesday 6 July	Tuesday 13 July
Tuesday 20 July	Tuesday 27 July

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

The recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility. If items which are not recyclable are found the content can't be recycled and the load will be directed to the landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminators in the recycling process. By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.

For more information on Waste Management visit the



Check out our website www.lakegrace.wa.gov.au

Book Review: Honeybee by Craig Silvey

Suzanne Reeves

I hadn't read any of Craig Silvey's books before and I have to say this was a very good read. The subject matter is thought provoking – a misunderstood and overlooked teenager struggling with his sexual identity – but presented in such a way that the reading of the book is an enjoyable journey. Incredibly readable.

Late in the night, fourteen-year-old Sam Watson steps onto a quiet overpass, climbs over the rail and looks down at the road far below.

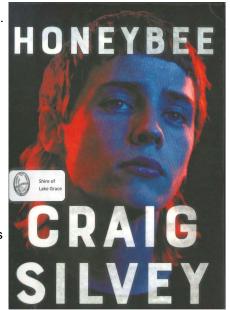
At the other end of the same bridge, an old man, Vic, smokes his last cigarette.

The two see each other across the void. A fateful connection is made, and an unlikely friendship blooms. Slowly, we learn what led Sam and Vic to the bridge that night. Bonded by their suffering, each privately commits to the impossible task of saving the other.

Honeybee is a heartbreaking, life-affirming novel that throws us headlong into a world of petty thefts, extortion plots, botched bank robberies, daring dog rescues and one spectacular drag show.

At the heart of Honeybee is Sam: a solitary, resilient young person battling to navigate the world as their true self; ensnared by loyalty to a troubled mother, scarred by the volatility of a domineering stepfather, and confounded by the kindness of new alliances.

Honeybee is a tender, profoundly moving novel, brimming with vivid characters and luminous words. It's about two lives forever changed by a chance encounter – one offering hope, the other redemption. It's about when to persevere, and when to be merciful, as Sam learns when to let go, and when to hold on.





FOR RENT

Available from late July 3 Wright Place, Lake Grace

Recently painted with new floor coverings being installed. 4 bedroom (the main with ensuite) two bathroom brick and tile home available to rent from late July.

The home includes a large family room with a tile fire and an adjoining small office/informal dining room, an open kitchen with a large dining area and laundry attached.

A front carport, outdoor patio, store room, and having 2 sheds with rear lane access and more car parking area from the back, large enough for caravan.

Perfect location close to schools, shops, all amenities and main street.

For more details please call Ron Dewson 0428 651 213 or Amanda Milton 0429 654 011

Understanding Grief & Loss (cont.)

While the first part of the workshop dealt with road trauma and statistics, the second part dealt with grief and loss – something that everyone has to deal with at some time during their lives. Grief and Loss isn't just about death, it can be related to any form of loss or trauma such as disability, divorce, loss of home, loss of job – the list goes on.

Although it may seem easier to avoid someone who has suffered trauma, it is kinder to take a leap of faith and talk to them. Be empathic enough to understand when to move on and speak from the heart – leave the platitudes at home. Grief is different for everyone and will never entirely disappear but will simply become more manageable as life grows around it. Anniversaries and events however can be a trigger to bring everything back to the surface.

Self-care is important and it is important to:

- Recognise your loss or change, you have been through a stressful event
- Talk to a family member or mate if you're not feeling okay
- Try and maintain healthy routines
- Take your time and postpone major life decisions
- Allow time to adjust to your loss or the event
- Spend time with people who care about you

- Do activities you enjoy
- Seek professional support for your physical, emotional, financial or social worries.

Sadly no one attending the workshop knew of this facility that was available but could think of people who could benefit from their services. Due to the Privacy Act Road Trauma Support are unable to contact people directly but instead rely upon police or the hospitals to refer people to them. They can counsel over the phone, via skype and in person, contact them via 6166 7688 / 1300 004 814 or email admin@rtswa.org.au if you would like to know more.

Feel like volunteering?

Lake Grace Op Shop is in need of volunteers.

You can join as a regular or just fill in as needed.

We're open Tuesday afternoon (1.00-4.00pm) and Friday morning (9.30am-1.00pm).

Contact Michelle Slarke if you can help out - 0488 693 595.

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Monster Mushrooms

Michelle Slarke

The good rains of this winter have provided perfect conditions for all sorts of fungi to pop up around the district. These spectacular fungi are Phlebopus marginatus, also known as the Salmon Gum Mushroom, and grow in eucalypt woodlands after rain.

Phlebopus marginatus is found in Indonesia, Malaysia and Sri Lanka as well as Australia and New Zealand. It is an example of a Gondwanan fungus, found on land masses that were once part of the ancient supercontinent Gondwana which broke apart about 180 million years ago.

The monster fungi is possibly Australia's largest terrestrial mushroom with reports of specimens with a cap diameter of 60 centimetres and weighing in at over 32 kilograms. The specimens pictured, found east of Lake Grace, measure approximately 50 centimetres across - that's my shoe to show scale. I counted 13 under this mallee and there were more nearby.

As Boletes, or pored fungi, they differ to the typical field mushroom found locally or in a supermarket. Rather than having gills on the underside, they are usually spongy with pores. Like those you would buy in the supermarket, they can be edible (reportedly mild tasting or bland) however they are not widely eaten. They also have a propensity to be maggot-ridden.











Puzzles and Stuff

Some words from the 17th June edition of Boggle

Answers for the 17/06/21 edition of Sudoku

Yawningly Yawning Gainly Laying Yawing Gaily Inlay Lying Lanny Inly Wily Yang Yawl Yawn Gwyn Lynn Nagy Wynn

7	8	5	1	3	6	2	4	9
2	9	1	5	4	8	3	7	6
3	4	6	7	2	9	8	5	1
4	1	2	8	6	7	5	9	3
5	6	7	2	9	3	1	8	4
8	3	9	4	5	1	6	2	7
9	5	8	3	1	4	7	6	2
1	2	4	6	7	5	9	3	8
6	7	3	9	8	2	4	1	5

8	3	5	2	4	1	9	7	6
6	2	1	8	7	9	5	3	4
4	9	7	3	5	6	1	8	2
7	8	6	9	3	4	2	1	5
1	4	3	5	2	7	6	9	8
9	5	2	6	1	8	7	4	3
3	6	4	1	9	2	8	5	7
2	7	9	4	8	5	3	6	1
5	1	8	7	6	3	4	2	9

Т	Е	D
Т	V	Α
Е	G	Е

This week's Boggle (Every word must include the middle letter)	

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METRIC HYDRAULIC HOSE ENDS AND ADAPTORS

Lake Grace Golf Club Inc.

Reid Stubberfield

On Sunday the 20th in conjuction with Golf WA and On Course Golf Marangaroo we hosted our second coaching clinic for the year. The clinic was well supported despite the weather conditions with 6 kids and 7 adults taking the chance to learn a few new tricks. Thank you to everyone who attended

After the golf clinic we had a the Strevett- Stanton hidden partner aggregate Stableford. The competition is an individual event but when you finish your score is added together with another players. The pairings are a lucky dip, so sometimes the best scorers of the day might luck out.

Winners for the day were Craig Reeves & Derek Stanton with 58 Points. Best score of the day was Harry Slarke with 33 Points. Thank you to Murray Stanton & Kingsley Strevett for once again sponsoring the day.

The weekly Novelties were
NTP No4 (Elders Insurance) Harry Slarke
NTP No6 (LG Roadhouse) Mark Newton
NTP No15 (LG Engineering) Mark Livall
NTP No18 (LG CRC) Craig Reeves
Long Putt No9 (LG Tyrepower) Chad Stanton
Daily Long Drive No3 (LG Building) Derek Stanton

Sunday the 27th was a Par event sponsored by Di from Leading Appliances Lake Grace. Playing in very testing

Aspiring junior golfers Kyle
Harwood, Alby Stanton,
Mason Newton,
Max Stubberfield,
Sam Stanton and
Zane Harwood with
coach Rob Farley.

conditions the winner was Steve Hunt with -3, and the runner up was Chad Stanton with -6.

The weekly Novelties were NTP No4 (Elders Insurance) Chad Stanton NTP No6 (LG Roadhouse) Harry Slarke NTP No15 (LG Engineering) Justin Wright NTP No18 (LG CRC) Harry Slarke Long Putt No9 (LG Tyrepower) Phil Mickelson Best 2nd shot No12 (LG Building) Craig Reeves

Winner of the Monthly Mug with the best three scores in June was Chad Stanton with 87 Points.





Lake Grace-Kukerin Hockey Notes

Danielle Robertson

Lake Grace-Kukerin Hockey Club were well represented at CBH Country Championships this year with eleven players attending and Jamie Eggers going along to fill our umpiring obligations with Roe Districts Hockey Association.

Our Division Two side did the best of the three teams attending, after finishing on top of the ladder and playing in the grand final on Sunday afternoon. Unfortunately a 1-1 draw at full time meant the teams were straight into one on one shoot outs to determine the result. Not playing these at home on the grass put our girls at a slight disadvantage and were eventually beaten by Bunbury 1-4. An amazing effort by the whole team including local players, Michelle Gooding, Julie Ditchburn, Mel Eynon and Kelsie Harrison.

The Division 4 side, including Tracy Taylor, Trish Leo, Amy King and Jorja Kirby finished third place in their pool and played for 7th position. Unfortunately losing to Eastern Districts HA 2-0.

The Masters Division 1 side finished in sixth place and there were no chances to finish better with only the top two teams playing off for the Grand Final. Representing LGK in this team were Danielle Robertson, Aimee Hall and Rebecca King.

Results from Saturday 26 June v Corrigin

C Grade - 0-3 Award - Lily Hall

B Grade - 0-5 Award - Nanny Trish Leo

A Grade - 4-1

Goals: Chloe Blight (3), Amy

King.

Award: Michelle Gooding

Men - 2-1

Goals: Mitchell Smith, Flloyd

Pryor

Award: Darcy Gordon

Thank you to Ironstone Fabrications for their ongoing support as this week's Gameday Sponsor.

Congratulations to Tahryn Trevenen on being selected in the WA O34 Masters side. Tahryn will be playing alongside her sisters Shannan and Courtney in this side. Well done to all.



Above: Division 2 Team



Above: Division 4 Team



Above: Masters Division 1 Team

Lake Grace-Pingrup Junior Football Notes

George Chircop

Round 8 - LAKE GRACE / PINGRUP V NEWDEGATE Saturday June 19th

The toss won by Newdegate and they elected to go with a very strong breeze and we had to try to do our best to keep Newdegate from scoring too many goals. The defence and midfield worked very hard and at quarter time it was 3 goal 5 points 23 to nil.

Coach Chircop settled the team down and told them to take the game on, kick long at every chance so we could get back into the game. Taj Caruthers dominated in the ruck which gave our midfield every chance to move the ball forward, which we did and if the ball was going towards Newdegate goal the Bull dozer Maddy intercepted the ball and bombed it forward

By half time Lake Grace had scored 2 goals 5 points to only be behind by a goal. As the team were having oranges the game play by the coach was, hunt for the footy, scrap for everything, and give the other team nothing. Every player did their role with Newdegate only scoring 2 points.

The last quarter was just go for it, take the game on don't be afraid to make a mistake just get it forward and give our players a chance to score, and what a game. With 30 seconds left Jordan Markham took a mark, he went back and bombed it straight through the goal then

the siren went and we won the game by one point. Final score LGP 4.9 -33 to NEWD 4.8 -32 it was such a great feeling winning our second game. So proud of everyone there just kept to the game plan and never gave up.

Awards went to Khalen Pitcher, Will Morgan & Max Stubberfield

But like I said before, every player played their role and it was a great effort.

And thanks for all the help Dean, Derek and Jeff

Round 9 - LAKE GRACE / PINGRUP V GNOWANGERUP @ PINGRUP

Saturday June 26th

With the game being played at Pingrup it was a perfect day for a game of footy. We knew it was going to be a very hard game today as we had a lot of senior kids missing so we had to bring up a few more Auskickers.

We had a plan going into the game and the team tried very hard to execute it but with Gnowangerup being a very tall team it didn't quite go to plan, but it didn't stop our team giving thier all. It wasn't our day today we tried so hard to swap our players around in different positions but at the end of the day Gnowangerup were just too BIG.

The score didn't show how hard the kids tried but it didn't matter because we can see so much improvement in every player and with such a young side the future is looking good. It was a very hard choice to pick better player this week because every player gave thier all.

Best on ground went to Madison Chircop who was just everywhere on the ground and was very physical when needed.

Second best was Taj Caruthers, ruck all day against a boy who was way taller than him but he didn't back down

Third best was Levi Argent playing on the wing just scrapped and fought against players twice his size and gave his all. So very proud of how this team is coming together. Coach Towie Signing out

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Lake Grace-Pingrup Senior Hockey Notes

Arlene Irving, Deb Carruthers, Photos supplied by Club

Country Week 2021 18 -20 June

Twenty six girls headed off to Perth for the big event.

Division 2, coached by our very own Yasmine Smith, was a well oiled team with plenty of experience. They started off their campaign playing both games on turf versus Eastern Districts and Roe; coming out with a draw 1-1, finding the goals early on and then following with a loss.

On Saturday it was back to grass v Bunbury (a Division 1 team in previous years, choosing to play Division 2 this year). It was a hard fought game by Ongerup with a lot of the other players umpiring...!



Above & Below: Division 2 coached by Yasmine Smith with Lisa O'Neill, Donna Skerris and Annie Argent



Then it was another turf game v East Avon, unfortunately coming away with 2 losses. Sundays game saw Division 2 play against Central Great Southern and finding the goals! Final score 1-1. All in all Division 2 played some great hockey, and should be pleased with their performance. Yasmine has shown so much growth in her coaching from only a few years ago. She did a fantastic job.

Our Division 5 team coached by Annie Shields, started off on turf against Central Midland Coastal (CMC), neither team were able to find the goals, a few close ones though. We came out with a draw. The 2nd game, versus Donnybrook, again neither team finding the goals. But 2 great games to start us off. Saturday's game saw Division 5 playing Lower Great Southern first off and Ongerup managing to find the goals when an 'old' fullback made a run from the backline and off a short corner, used a trick shot! to get the ball through to the Madster' to put it in the nets! Final score 2-1 to LGS.

Division 5 then played CMC again to secure a spot in the Grand Final, Ongerup scored and hung on until the last minute of the game and CMC got an equalizing but controversial goal off a short corner! Penalty Shoot out was to be the decider as to who was going through to the Grand Final. Our goalie Sophie (Jerry), in her first year of goalie was a tad nervous but did a great job; end result CMC came out with the win. Division 5 played off on Sunday against LGS on turf, did a cracking job and held LGS to a 0-0 draw.

A great weekend of hockey was had by all on and off the field with a great night out on Saturday for dinner and a few frothies! Thanks to all the coaches and managers for their efforts and not forgetting our umpires Mel & Michelle, great job by them.

A wee tip.. did you know that all mouthguards have your mb number on it!ask Lisa (fluffy) O Neill!!

So as for next year....need to find them goals!

Below & Over the Page: Players in Division 5 were Michelle Cameron and Arlene Irving.



Lake Grace-Pingrup Senior Hockey Notes (cont.)

We also had Tahryn Trevenen represent Lake Grace-Pingrup in the Masters Team (photo below). Tahryn and her team went through the competition undefeated and came away with the grand final win. Well done Tahryn.

Tahryn has also been accepted to represent the state in the WA Masters Women's State Team alongside her sisters Courtney Robinson and Shannan Bradley in the over 34s team. Well done Tahryn, Courtney and Shannan. What a fantastic achievement for you all and we wish you the best of luck.





Round 9 - LAKE GRACE / PINGRUP V GNOWANGERUP @ PINGRUP

Saturday June 26th

Score 1-1

We played in Pingrup this week against Gnowangerup. With a couple of players injured and our Goalie sick, we had to make a few changes. Good on Lyn for stepping up and putting on the goalie gear.

We have had nearly 4 weeks off from playing hockey, so we knew it was going to be a tough game with Gnowangerup scoring an early goal in the first quarter. The team really worked well together to defend the ball and pass to the forwards to bring down the field.

An amazing run by Tahryn saw her take the ball all the way into the goal circle, taking on 3 defenders, and scoring a goal. A well played game by everyone on the

field today.

Best on ground: Lisa O'Neill Second best: Georgia Gray Coaches: Michelle Cameron

Goal: Tahryn Trevenen

Lake Grace-Pingrup D Grade Football Profile



PLAYER PROFILE NAME: Will Morgan

JUMPER NUMBER: 18

AGE: 10

WHAT YEAR ARE YOU IN AT SCHOOL? 5
FAVOURITE FOOTY POSITION: Full back

WHO IS YOUR FAVOURITE SENIOR PLAYER? George

because he's my coach

WHAT DO YOU THINK YOU COULD IMPROVE ON? Kicking

FAVOURITE DINNER? Pizza

FAVOURITE AFL TEAM? Freo Dockers

FAVOURITE AFL PLAYER? Nat Fyfe

WHO TRAINS THE HARDEST ON YOUR TEAM? Taj Carruthers

WHICH TEAM MATE IS THE FUNNIEST? Tate Naisbitt

FAVOURITE HOLIDAY SPOT: Rottnest

NAME 3 FAMOUS PEOPLE YOU WOULD INVITE OVER FOR

DINNER: Adam Sandler, Nat Fyfe, Jack Black

WHAT ARE YOU SCARED OF? The day The Simpsons TV

show ends

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Lake Grace-Pingrup Junior Hockey

Karissa Pelham

Round 8 - LAKE GRACE / PINGRUP V NEWDEGATE Saturday June 19th

After a few weeks off, our little hockey juniors played top of the ladder Newdegate. Morgan lead the team out as our Captain today.

My hockey stars played a super strong first half keeping the score 0 all then in the 2nd half Newdegate scored a goal but our kids kept fighting.

We lost 1-0

Thank you to Taj Trevenen for stepping up and playing solid in the goals. Seth playing his first game on the field today was outstanding.

Taj and Alby were solid as always in the backline.

Co-coach Bella Callope was enthusiastic and helped sub the team on, thank you super coach.

Best on ground today- Payton

Coaches award - Tate and Hope

Cant wait for next weeks game.

Round 9 - LAKE GRACE / PINGRUP V GNOWANGERUP @ PINGRUP Saturday June 26th

Travelled to Pingrup for a game against Gnowangerup, Payton leading the team out as our captain today, we fought hard and played an amazing strong first half and kept the game to 1 all, but in the 2nd the opposition scored 2 goals so losing 3-1.

Our kids all played well but Gnowangerup were just the better team on the day.

A SUPERB JOB by our star goalie today.

Best on Ground - Seth Argent

2nd best-Darci Bogward

Coaches- Ella Gooding

The Junior Hockey Parents put on a delicious feed Saturday night, thank you for all your effort, much appreciated..



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Lake Grace-Pingrup Netball Notes

Karen Bairstow (A), Aidan Liddelow (B), Nick Smith (Junior)

Round 8 - LAKE GRACE / PINGRUP V NEWDEGATE Saturday June 19th

A Grade

Played in Lake Grace in fine conditions .First game back after a lot of byes and this showed in our first half.Newdegate challenged us and it was quite a physical game.At half time we had our noses in front by 3 goals.A few positional changes we started to play our style of game and everyone put in a huge effort in the third quarter to outscore the opposition by 12 goals.

A good effort girls to win the game 44 - 21.

BEST ON GROUND: CLAIRE GRAY

2ND BEST ON GROUND: SHENAE PRATER

COACHES AWARD: TENEEKA MORGAN

B Grade

Round 8 saw the return of netball to LGP after a 3-week rest. The girls started out strongly, trying new positions on the court, however Newdegate were too strong, winning the game 45-22.

They showed us that having such a big break from playing causes you to lose some fitness and that it takes a little while to get back into the mindset of the

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game. Some amazing stand outs for the game were, our captain Casey Pinney, playing the whole game in GA which allowed us better access into the attacking third. Gemma Pauley doing an amazing job in defence. Georgie Sanchez doing an stunning job out in centre, away from the familiarity of GD.

The coaches award went to Krystal Pawsey, who played the best game of her season, trying out a new position of GK and making it look like it was second nature. On to next week where hopefully we can keep improving and growing as a team.

Juniors

It feels like forever since we played our last game. The 3 week bye took a toll on the momentum that we had built up. We started the game flat footed and continued playing like that all game. We had no answers for a strong Newdegate who dominated all over the court.

We need to learn from this game and move forward going into next week against Gnowangerup.

Final score LG/P 14 Newdegate 23

Best on Ground went to Payton Callope

Second Best: Morgan Chatfield

Coaches: Kyle Harwood

Round 9 - LAKE GRACE / PINGRUP V GNOWANGERUP @ PINGRUP Saturday June 26th

A Grade

The game was played in Pingrup and as always a big challenge against Gnowangerup. We had a few girls out this week thanks to Vynka and Georgie for helping us out.

We met a very fit and smart Gnowangerup team and we were under pressure to be able to get the ball down the court .The first half we were in the game being 3 goals down at the change.

But the third quarter we had far too many turnovers .Gnowangerup were getting the ball into their goals at ease and we found it very difficult to get it down to our attacking end.

The last quarter was an improvement we managed to get the movement back into our game but the margin was too much to peg back.

Final score; GNP - 42 - LGP 27

Lets make a bigger effort on the training track girls,

This week we play Boxwood in Lake Grace.

BEST ON GROUND; SHENAE PRATER 2ND BEST ON GROUND : CLAIRE GRAY

COACHES AWARD: GEORGIE SANCHEZ

Lake Grace-Pingrup Netball Notes

B Grade

To say round 9 was a game to forget, would be an understatement for the B grade netball side. We were playing against Gnowangerup and even though it was a hard-fought match the score line did not show it with LGPNC going down 63-16.

We were taking it to GNP, but the match became a lot harder when Gemma Pauley, who was playing her best game this season, went down on the stroke of half-time clutching her knee. Injury struck again late in the third quarter when our amazing fill-in Debbie Carruthers went down after hurting her ankle. With the team down to 6 we had to call on Georgie Sanchez to play the last quarter for us as her warmup for playing A grade.

The shining lights to come out of the game were Tayla Stone getting several intercepts, which would have been a lot more if only she got her wish and was a few inches taller. The coaches award went to the newest player to the team Shelley Johnstone, who put her hand up to play a position she has never played before and made it her own, holding up an injury prone defence.

Juniors

We went into this game with only 1 on the bench and a couple of small injuries. It was a fairly close game and towards the end Gnowangerup could sense their first win of the season and kicked it up a gear winning Gnowangerup 17 to LG/P 12

Despite the loss the kids all gave 100% and adjusted to the increase in game time from other weeks.

Best on Ground Sheree Duckworth

Second Best Payton Callope

Coaches Dakota Pelham

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Lake Grace-Pingrup Football Notes

Shane Carruthers

ROUND 8 - Lake Grace-Pingrup vs Newdegate 19/6/2020

The weather was pretty cold with a strong South West wind as forecast. I must make mention that the oval looked a picture despite being the middle of winter, what a difference a bit of rain makes and the great job being done by the Shire curator.

A RESERVES

Newdegate forfeited the match as their numbers were too low even for the usual scratch match to take place.

LEAGUE

The match commenced at 2.15 pm with umpires Cooper and Herbie Hart back after a few health problems

LGP won the toss and elected to kick to the southern end. LGP scored their first goal at the 2 minute mark following a nice pass from Mitch Thornton to Jackson Callope. Karl Fleay kicked another at the 5min mark. Newdegate then mounted a strong attack kicking three goals in succession through Harvey Lynch, Chris Wollaston and Aaron Russell. LGP scored another late in the quarter with a nice passage of play through Tyson Prater to give Karl Fleay his second and even the game at quarter time.

Quarter time score was LGP 3-0-18 Newdegate 3-0-18

Newdegate took control in the second quarter kicking 4 goals in succession to obtain a handy lead. Late goals to Josh Bellve and Jackson Callope pegged back the score a little with a lot of turnovers during the quarter proving very costly for the Bombers. Aaron Russell scored another late in the quarter to give Newdegate a three goal lead at the main break.

Half time scores stood at Newdegate 8-3-51 LGP 5-0 -30

Newdegate continued on in the third quarter with three goals early to Chris Wollaston, Jarrad Offer and Michael Hams. Luke Bairstow and Josh Bellve each scored goals midway through the third to keep in touch. Mathew Dykes scored another for Newdegate late in the quarter to give them a five goal lead at the last change.

Three quarter time scores were Newdegate 12-5-77 LGP 7-1-43

The last quarter was an even contest until the 7min mark when costly turnovers once again saw Newdegate extend their lead four goals in succession to Chris Wollaston, Jarrod Offer and Nelson Kent. LGP scored their first goal at the 24min mark through Jackson Callope.

Final scores were Newdegate 16-9-105 LGP 8-5-53

Award winners were: Best on Ground Jack Trevenen, Best on Ground runner up Bailey McGlinn and the Coaches award went to Will Korosec

ROUND 9 - Lake Grace-Pingrup vs GNOWANGERUP 26/6/2021

The weather was fine after a very cold week. There was little breeze not favouring either end.

A RESERVES

The Bombers managed to field a reserves side with some players, playing both reserves and League. It makes the day so much better and there were many comments on how important it is to keep this competition going. Congratulations to all involved for making the effort.

Gnowangerup Bulldogs who were sitting on top of the ladder were always going to prove hard to beat. The finals scores did not really reflect the game and it was played in very good spirit. Zac Walsh kicking six for the day set up a good win for Gnowangerup.

The final scores were Gnowangerup 9-11-65 LGP 2-6-18

Multiple goal scorer was Zac Walsh with 6 goals.

Awards: Best on Ground Brock Argent, Runner up Best on Ground Aaron Carruthers and the coaches award was awarded to Bevan McDougall

LEAGUE

Commenced at 2.15pm with umpires Brian Lee and Herbie Hart in control. The Bombers managed to get a few back from their long injury list and with a few backing up from the Reserves took to the field determined to give the mighty Gnowangerup side a good contest.

The Bulldogs won the toss and elected to kick to the eastern end kicking 4 goals to LGP's 1 in the first term. Tim House continued on his great form kicking four for the quarter whilst Bodhi Clifton kicked a great dribble goal for the Bombers.

Quarter time score was Gnowangerup 4-4-30. LGP 1-0-6

The Bombers put great pressure on the ball to hold the dogs to another 4 goals for the quarter with Tim House kicking another three and Scott Anderson chiming in with one, whilst the Bombers only managed a single behind for the quarter.

Half time scores were Gnowangerup 8-10-58 LGP 1-1-7

The Bulldogs continued their dominance in the third, piling on a further six goals. Tim House kicking another two and Shane Willmott kicking two. Single to James

Lake Grace-Pingrup Football Notes (cont.)

Culleton and Scott Anderson, Gnowangerup were proving too strong for the depleted Bombers side. Effort could not be questioned by the Bombers. Mitch Thornton kicked a nice goal at the 18min mark.

Three quarter time scores were Gnowangerup 14-11-95 LGP 2-1-13

The Bombers continued to battle hard and to their credit they never gave up all day against what some would say one of the best country sides this year. Tim House added another to his tally to finish with 11 for the game whilst Willmott and Culleton both added one each. Austin Cook scored a good goal at the 12 min mark to add just one more for the Bombers. The margin was great but so was the effort put in all day from the Bombers.

Final scores were Gnowangerup 20-19 – 139 to LGP 3-3-21

Award winners were: Best on Ground Bailey McGlinn, , Best on Ground runner up Josh Bellve and the Coaches award was awarded to Will Cook

This weekend we again host Boxwood Hills due to their ground and pavilion being renovated in time for the opening on "Big Freeze Day".

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Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

First Aid Kits

Are now available for purchase at CCL Hardware Lake Grace.

CWA Bookings

CWA rooms are available for hire. There is a COVID Safety Plan in place that hirers will need to adhere to. Anyone using the rooms must fill in the log book. If you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

Community Bus Bookings

Are to be done through the Lake Grace CRC. Ring 9865 1470 or email lakegracecrc@westnet.com.au The community bus is owned and managed by the community, is available to any individual, group or organization to hire and costs \$1 per kilometre to use. All proceeds go toward the management and running of the bus and toward bus upgrades.

Southern Agcare

This is a free and confidential Family and Individual Counselling Service. Please contact Southern AgCare main office for an appointment. Phone (08) 9827 1552 or

admin@southernagcare.org.au referral forms can also be found on our webpage www.southernagcare.org.au

Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

Dr Linda Haines

Is available in Lake Grace on Monday 26th and Tuesday 27th July. Ring 9865 1208 for an appointment.

Lake Grace Op Shop

46 Bennett Street (Old Church) Tuesday 1:00 - 4:00pm Friday 9:30am - 1:00pm

Expressions of Interest

Pilot training for escorting over sized loads/ machinery. If you would be interested in this training please contact the Lake Grace CRC on 9865 1470 or lakegracecrc@westnet.com.au

Volunteer with St John Ambulance — Lake Grace Sub Centre as an Emergency Medical Responder (Driver)

Are you interested in community based volunteer work? Are you over the age of 18 and hold an unencumbered Australian driver's licence? Role includes hospital to hospital transfers, attending non-emergency and emergency ambulance calls as a driver. Call the Sub Centre on 0428 110 446.

Love Cooking and a Chinwag

CWA is looking for more community groups interested in catering for the monthly Senior Citizens Luncheons. Give Suzanne a ring on 0427 651 310 if you're interested or want more information. Thank you to WIFE who have stepped up to the plate. This is a great community service started nearly 5 decades ago - would be great to keep it happening.

Lake Grace Shire Councilors				
Councillor	Telephone			
Cr Len Armstrong – Shire President	0429 843 785			
Cr Ross Chappell – Deputy Shire President	0428 654 058			
Cr Debrah Clarke	0428 654 041			
Cr Roz Lloyd	0428 711 534			
Cr Allan Marshall	0427 943 291			
Cr Peter Stoffberg	0447 281 181			
Cr Ben Hyde	0428 752 042			
Cr Shane Carruthers	0408 396 432			

Community Clubs and Associations					
Club / Association	Secretary / Contact	Contact Number	Contact Email		
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com		
CWA	Suzanne Reeves	0427 651 310	lakegracecwa@gmail.com		
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com		
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	lakegraceelc@gmail.com		
LIFT Lakes Information and Farming Technology	Lauren Duckworth	0488 559 860	laurenalex@westnet.com.au		
Lions	Arthur Slarke	0429 651 015	arthurslarke@bigpond.com		
Men's Shed	Wally Perry	0448 795 070	allwood93@yahoo.com.au		
Playgroup	Sarah Clarke	0438 634 152	lakegraceplaygroup@mail.com		
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com		
Toy Library	Joely Slinn	0477 014 347			
Winter Sports					
Lake Grace- Pingrup Football Club	Chris Poot	0427 190 827	chris.poot@cbh.com.au		
Lake Grace-Pingrup Netball Club Chloe Bairst			lgpnc@outlook.com		
Lake Grace-Pingrup Hockey Club	Donna Skerris	0429 197 806	donnaaltham@gmail.com		
Lake Grace-Kukerin Hockey Club	Aimee Hall	0407 740 561	lgkhockeyclub@outlook.com.au		
Lake Grace Golf Club	Chad Stanton	0459 110 805	sc.stanton@bigpond.com		

	Crisis Care Numbers						
Doctor's Surgery -9865 1208 Hospital - 9890 2222		Ambulance/Fire/Police - 000	Electricity Faults - 13 13 51				
Rural Link - 1800 552 002	Main Roads - 138 138	Directory Assistance - 1223	Water Faults - 13 13 75				
55 Central Men's Refuge 9272 1333			Lifeline Australia - 13 11 14 www.lifeline.org.au				
	Kids Helpline 1800 551 800 www.kidshelp.com.au	Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au				
Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700	Seniors Information Services 9321 2133 www.cotawa.asn.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au	Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au				
Beyond Blue - 1300 22 4636 www.beyondblue.org.au	Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au	Mental Health Emergency Response Line - 1300 555 788	Poisons Information 13 11 26				
Alcohol and Drug Information Service 1800 198 024 https://www.mhc.wa.gov.au/	Parent Drug Information Service - 1800 653 203	Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	Relationships Australia Fair Programme 9336 2144 https://relationshipswa.org.au 1300 364 277				

Justices of the Peace					
Colin Connolly	0427 858 066				
Ron Dewson	0428 651 213				
Amanda Milton	0429 654 011				
Geoff Sabourne	0429 651 171				

Church Times					
Catholic Church	Anglican Church				
Sunday 4th July - 6pm Sunday 11th July– 8am	Sunday 4th July - 10am Sunday 11th July - No service				
For inquiries and request for home visitation, please contact Fr Abraham Uchenna Chukwu on 9865 1248.	Enquiries: St Johns Albany 9841 5015 Wally Perry 0448 795 070				

COMMUNITY CALENDAR

July

Fri 2 Op Shop - 9am-1pm
Fish and Chips @ Sportsman's Club
Driving Assessor in Lake Grace
Last day of Term 2
Sat 3 Rubbish tip open (9am-4pm)
Craft Group - (afternoon) @ CWA Hall
Steak Teas @ Sportsman's Club
Winter Sports - LG-P v Boxwood Hill
Roe Hockey - Karlgarin/Hyden v LG/Kuk
Golf - Varley Open Day 4BBB Stableford
Sun 4 Rubbish tip open (9am-4pm)
Golf - Stroke Spons by McKenzie Rural

Golf - Stroke Spons by McKenzie Rural
Contracting & McKenzie Concrete Company
Mon 5 Rubbish tip open (9am-2pm)

Creative Kids - Colour Crochet 2pm
Tue 6 Rubbish Collection

Tue 6 Rubbish Collection
Recycling Collection
SOYF Exercises 10am @ Shire Hall
Playgroup 9:30am
Men's Shed (morning)

Men's Shed (morning)
Op Shop - 1pm-4pm
LG/P Football Training - 6pm

Wed 7

Road Safety @ CRC 10am-2.30pm Rubbish tip open (9am - 2pm) LGK Hockey training - Kukerin 6pm

LG-P Hockey Training - 6pm Burger Night @ Sportsman's Club

Thur 8 Men's Shed (morning)
LG/P Football Training - 6pm
LG/P Netball Training
Lions Club Meeting
Sports Inflatable Fun Day

Fri 9 Op Shop - 9am-1pm Fish & Chips @ Sportsman's Club Seniors Fun Day

Winter Sports - Country Football Champs Creative Kids - Pom Pom Hedgehogs

Sat 10 Rubbish tip open (9am-4pm) Steak Teas @ Sportsman's Club Sat 10 Roe Hockey - BYE

Golf - Turkey Day 4BBB Sponsored by

Taylor Family

Sun 11 Rubbish tip open (9am-4pm) Mon 12 Rubbish tip open (9am - 2pm)

Tue 13 Men's Shed (morning) Rubbish Collection

SOYF Exercises 10am @ Shire Hall

Playgroup 9:30am

Women In Farming AGM - 9am

Op Shop - 1pm-4pm Football Training - 6pm

Creative Kids - Pebble Pets 10am

Wed 14 Rubbish tip open (9am - 2pm) Containers for Change Pickup

LGK Hockey Training - Lake Grace 6pm

LG-P Hockey Training - 6pm Burger Night @ Sportsman's Club

Thur 15 Men's Shed (morning)
Football Training - 6pm
LG/P Netball Training

The Amazing Grace @ CRC 9am-1pm

Coming Events

19th July - Term 3 Starts

26th July - Dr Linda Haines in Lake Grace

27th July - Dr Linda Haines 27th July - GenAg @ Kulin 28th July - Shire Council Metting

29th July - Forklift Workshop @ Lake Grace CRC 30th July - Forklift Workshop @ Lake Grace CRC

2nd August - LGDHS P&C Meeting 7pm 6th August - Driving assessor in LG

12th August - LGDHS K/PP Class Assembly

1st September - Newdegate Field Day 2nd September - Newdegate Field Day 3rd September - Driving Assessor in LG

9th December - Harvest Festival

8				4			5
5	9		1				
	6	2			7		
						5	7
				9			2
		1	6		3		
1	5					6	
							1
		9			4	3	

Sudoku

☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.

- □ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.□ You can't repeat
- numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

		8					1	2	7
	6					2	3		5
		9	8						
1		1		6			7		4
	4					3			
		6		7	8				
				1	2			8	9
					3	4	5		6

Hard