

9th June 2022

\$1.50 inc GST

Vol 28 Issue 11

Chilling Out at the Big Freeze

Suzanne Reeves



Pleasant weather during the afternoon did nothing to mask the frigidity of the water as 15 participants put on their costumes and flung themselves down the slide for the sixth Big Freeze event. It was Lake Grace-Pingrup's turn to host and the final whistle had barely been blown when the slide was driven onto the grounds and setup. Hot on its heels was the water truck and the freezer trailer loaded with bags of ice.

Gleeful would be an apt description of those setting up, most knowing from previous slides how warm and accommodating the water isn't. Hosted annually by the two Bombers teams from the Ongerup Football Association this is an opportunity for the community to raise funds for MND (Motor Neurone Disease), a terminal illness that has struck in both Boxwood Hill and Lake Grace a number of times.

For a couple of small towns there was a huge number of children vying for front row; although pushed back from the splash line their determination shone through as they joggled for a good view and a face full of icy water. It became apparent that the sliders wanted the spectators to have as much fun as they were.

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	Standard	Members	NFP	NFP Members			
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Conditions de such							

Conditions do apply.

CRC Opening Hours

9:00am - 5pm

Closed from midday to 1pm for lunch when short staffed.

Deadlines and Editions

All articles, news and advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

> <u>Next Deadline</u> Monday 20th June

<u>Next Edition</u> Thursday 23rd June



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News. Thank you also to our many contributors of articles.

Dick Phillips

Gwen Oliver

Lee Duckworth

Annie Slarke

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280 copies circulated each fortnight

⁵⁾ The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

Editorial

- It was wonderful to be able to get away and catch up with other CRCs last week. The one day conference was held in Mandurah last Thursday and as great as it is to listen to guest speakers; the favourite for all of us is to network and find out what is happening at other CRCs.
- One item that did come up at the conference was the extension of what we will be able to do with our Service WA app and how more state government departments will come onto the app making it a one stop shop. Anyone listening or reading the news this week will know that Fuelwatch is the first of those facilities that will be on there.
- It's full steam ahead for our tree planting busy bees as everything is coming together; our tree orders as well as the tree guards have made it to Lake Grace. The first busy bee is this Sunday, 12th June. The meeting point is the corner of Wattle Drive and Griffin street at 9am. Please be on time as there will be instructions to get us on our way.
- The mandates may be lifting but it is still important to look after yourself and those around you. We still have RATs available and also plenty of masks. If you would like any of these then please drop into the CRC.

- Theresa Lee From Business Local will be in Lake Grace on Thursday 23rd June and is keen to have a chat with any small businesses to find out if they're having any issues and how she can help. She will also be running a (free) CANVA course from 10am to midday on that same day. All you need to bring is a laptop or tablet to work on. Please call the CRC to register your interest. Numbers are limited.
- Don't forget if your group or organisation is needing funds the Community Crop Community Grants could be an opportunity for you. Drop into the CRC to pick up an application form or email and we can send through to you.
- This fortnights paper is a little light on for news, amazing how a long weekend (and possibly COVID for some) can knock us off our axis. I'm sure we'll be back on track next fortnight with a full complement of sporting notes.
- It's all go over the next fortnight with the tree planting busy bees, Colts Carnival and Jo Darbyshire's exhibition opening. If you haven't dropped in to see Jo she would love to catch up, I'm sure all of us know of something that's disappeared from our lives.

Suzanne Reeves

Community Crop Community Grants

Funding now available

Small - under \$1,000 Medium - \$1,000 — \$5,000 Large - over \$5,000

Drop into the Lake Grace CRC or email them on LakeGracecrc@westnet.com.au for an application form.



Lake Grace LCDC is planting 3,700 trees and shrubs in townsite bush this winter.

WE NEED YOUR HELP.

When: Sunday June 12th and 19th

What can I do? We need volunteers to 'unpot', plant, carry and stake seedlings. It won't be hard labour- there's a job for all ages and abilities.

Contact Suzanne Reeves 9865 1470

lakegrace@crc.net.au or

Michelle Slarke 0488 693 595 if you would like to join the busy bees and for more information. Help us protect and regenerate our town bush.



About Town

- A belated congratulations to Chloe Robertson and Charlie Taylor who got engaged earlier this year. All the best to both of them for a bright and happy future.
- Congratulations to all of those junior hockey players who attended the South West Junior Hockey Carnival that was held in Bunbury last weekend. Started in 1991 with a handful of volunteers this carnival has grown to be one of the biggest in Australia. Over 140 teams travelled to Bunbury to participate in the 3 day event. Ongerup Hockey Association took 84 players with many kids returning home from boarding school to take part! Originally, more than 100 were headed to the Carnival but it was cut back due to COVID. Great effort!

Happy Birthday

10th June 11th June 12th June 13th June 14th June	Ollie Farrelly Lynnette Zweck Seth Argent Michelle Dunham Geoff Sabourne
16th June 17th June	Wendy O'Neill Anna Naisbitt Joel de Vree Dot Kennedy
20th June 21st June	Linkin Eaton Simon Trevenen Steve Hunt
22nd June 23rd June	Bevan Lay Eve Stubberfield Neil Bishop Lee-Anne Trevenen Geraldine de Vree Shaylah Medlen

Peter Rundle MLA Member for Roe

Narrogin Office

PO Box 378 Narrogin WA 6312 Ph 08 9881 1225 Fax 08 9881 3082

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Boots on for Bushcare Busy Bees

Michelle Slarke

After two years of planning, the time has come to put seedlings into soil. The first planting busy bee for the Lake Grace Bushcare Project is scheduled for this Sunday and preparations are well underway. The seedlings have arrived and Shire staff and contractors have ripped the sites and sprayed for weeds.

The project will see a variety of native plants planted over six sites around the town. Another community busy bee is set for Sunday 19th July while LGDHS students will also help out later this month.

We will be planting the following seedlings:

Jam Wattle (*Acacia acuminate*) - Shrub or small tree

Tan Wattle (Acacia hemiteles) - Medium shrub

Marsh Saltbush (Atriplex paludosa) - Low shrub

Blueberry Lily (Dianella revoluta) - Low shrub

Round-Leaved Pigface (*Disphyma crassifolium*) – Groundcover succulent

Barrier Saltbush (Enchylaena tomentosa) - Low shrub

Kondinin Blackbutt (*Eucalyptus kondininensis*) - Tree

Red Morrel (Eucalyptus longicornis) - Tree

Lake Grace Mallee (*Eucalyptus loxophleba subsp. gratiae*) - Mallee

Small Fruited Gum (Eucalyptus myriadena) - Tree

Swamp Mallet (Eucalyptus spathulata) - Tree

Coral Gum (Eucalyptus torquata) - Tall shrub or tree

Gorada (Melaleuca lateriflora) - Medium shrub

Boree (Melaleuca pauperiflora) - Tall shrub

Currant Bush (Scaevola spinescens) - Medium shrub

It won't be hard labour – there are jobs for all ages and abilities. We will need volunteers to:

- Remove seedlings from trays and pots
- Plant seedlings (sites are ripped so no digging)
- Carry seedlings to the people planting
- Place and stake tree guards

What do I need to bring?

We will have Pottiputki planting tools (more welcome if you have one) and morning tea. Come dressed in your gardening clothes and wear closed shoes. Please bring a water bottle, a hat and sunscreen.

Do I need to RSVP?

Yes. Please RSVP: Suzanne Reeves – Tel: 9865 1470, lakegrace@crc.net.au or Michelle Slarke – Tel: 0488 693 595, mslarke@hotmail.com

This will help us with planning, catering and keeping you



Above: Contractor Warren Shalders ripping bush site for planting.

up to date in case there are any last minute changes.

Can my children help?

Yes – everyone is welcome! You will need to supervise your children.

Where will the planting busy bees take place?

The first busy Bee will be at sites at the east end of town. Meet at the corner of Wattle Drive and Griffin Street at <u>9.00am</u>. Please arrive on time as there will be a briefing at the start of the busy bee.

The Bushcare project is funded by a Community Stewardship Grant and led by Lake Grace Community Resource Centre and Lake Grace Land Conservation District Committee. Thanks to the Shire of Lake Grace for site preparations works.

ALKERS HILL	OPEN most days				
Wednesday – Sunday	10am – 4pm				
Monday and Tuesdays	CLOSED				
Come and enjoy a tea/coffee with homemade cake Bookings not essential, but appreciated. Lunch and evening meals available by booking. Phone: 0447 651 418					
Phone: 0447 651 418 Facilities not air conditioned					



wheatbelt natural resource management

Community Feral Animal Control Funding

Are foxes, cats and rabbits having an impact on your bottom line?

Feral animals impact Wheatbelt farms and take out large numbers of native species.

Our Healthy Bushlands program offers pest control support to anyone wanting to reduce the effects these animals are having on native species in bushland on, or adjacent to, their property.

If you require more information contact Alex Griffiths on 9670 3102 or email agriffiths@wheatbeltnrm.org.au



To apply scan the QR code or visit:

wbrnm.your2cents.com.au/community-feral-animal-control







wheatbelt natural resource management

This project is supported by Wheatbelt NRM through funding from the Australian Government's National Landcare Program

Local Exhibition: Rural Utopia/Radical Disappearance

All are welcome to the opening of Rural Utopia / Radical Disappearance at 2.30pm on Saturday 18th June at the Regional Artspace

Welcome to country and talk about Aboriginal history by Willmen man Grant Riley from Dumbleyung at 2.30pm.

Open Sat 18th and Sunday 19th June, 1 pm - 5pm Exhibition dates 19 June-3 July, everyday 10-4pm

The community is invited to be involved in contributing to an art installation/ exhibition with artist Jo Darbyshire, who can be found every afternoon in the Artspace. The theme of the exhibition is Radical Disappearance - and asks the community 'what has disappeared or is disappearing from Lake Grace?'

Local police Constable Oatridge's answer was "a sense of humour!"

The title comes from Tony Hughes d'Aeth's book *Like Nothing Else on this Earth - a Literary History of the Wheatbelt* (2017) in which he says that 50 million acres of bush were cleared by 1970 and that only 7 percent of original vegetation remains.

The exhibition includes artworks, found objects, personal collections, natural materials, photographs, texts and documents. It will explore many aspects of the theme- including Aboriginal history of the area.

Come along and have a look as the exhibition progresses and everyone is welcome to the opening on Sat 18.

This project was commissioned by International Art Space as a part of the spaced 4: rural utopias program 2019-2022. Spaced.org.au, #spaced4ruralutopias, jodarbyshire@gmail.com



Above: Work in Progress, Lake Grace Regional Artspace



Photo Above: Stone Tool for cracking Sandalwood Nuts, courtesy Greg Hunt, Photo Jo Darby shire

Photo Below: A Kylie (boomerang) found buried in Lake Grace lake bed c. 1915 and given to WA Museum. Photo Brett Nannup





Save the Date

Lake Grace Rural Supplies hosts one for the Ladies

"Crops & Cuppas"

Tuesday the 2nd of August 2022 At Walker Hill Vineyard Lake Grace From 9:00am to approx 2:00pm

An open invitation to all women involved in Agriculture in any capacity

9:00am - Morning Tea

Georgia Trainor from Intergrain

"Where does my seed come from"

An insight into the breeding and development of varieties and seed production

Dani Whyte from Synergy Consulting

"What's the paddock waffle mean" Weather dependent – Crop inspection or presentation and the stages of growth

Tyson Bell from Afgri Lake Grace

"What's the Screen mean" Understanding the mapping, GPS and Precision data

12:00noon – Lunch

Hayley Dawson from The Rural Naturopath

"Filling the lunchbox and the Soul Cup" How to find the balance to run with a full glass

Dr Alex Maslen - (TBC)

"What's normal"

Women's health and an overview of what normal is and how to prevent the unnormal *** This is a child friendly event however supervision will not be provided and remains the parent/caregivers responsibility ***

> RSVP or further information please contact: 9865 2973 admin@lgrural.com.au



More Trees Please

Steve Lankford

The incoming Lions Lake Grace President, Chris Harvey, and some merry men started the tree planting season with a tree arbour along Wattle Drive.

With some refreshments from Mrs Joan de Vree to spur them along, everyone was able to get a little dirt under their nails and bask in the sunshine.

If you would like to become a member and get involved in some of the Lions projects then you are more than welcome. The group meet on the 2nd and 4th Thursday of the month with one month being a dinner meeting at the Hotel.





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If you would like more information then please give Chris a ring on email the Lions Club on Iglionsec@gmail.com

Photos: Lions at work planting trees.





Lake Grace Development Association Inc General Meeting

Monday 13th June @ 7:30pm

Men's Shed Admin Building

All Welcome

	Lake Grace Weather								
	Date	Min	Max	Rain					
Ē	25/5	8.7	19.1	1.8					
	26/5	6.2	19.6	0					
	27/5	4.9	21.1	0					
	28/5	4.9	21.0	0					
	29/5	6.6	14.0	0					
	30/5	5.1	16.3	0					
	31/5	9.0	14.4	0					
	1/6	8.7	15.9	0					
	2/6	6.7	17.2	0					
	3/6	1.4	15.5	0					
	4/6	7.8	15.1	0					
	5/6	7.8	15.1	0					
	6/6	5.4	13.1	0.4					
	7/6	7.4		0					

Lake Grace

Sportsman Club

250 Stubbs Street Phone 9865 1239

Upcoming Meals:

Please note changes for Colts Carnival

Friday 10th June: Fish and Chips

Saturday 11th June: Steak Tea

COLTS CARNIVAL WEEKEND

Friday 17th June: Steak Meal Available

Saturday 18th June: Fish and Chips

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Tips for Integrating Work and Family Life

The Regional Men's Initiative - Tel: (08) 9690 2277 - menshealth@4blokes.com.au

One of the main issues that confront families and relationships is trying to achieve a balance between work and home life. The word *balance* tends to indicate a 50/50 arrangement, however that's a big ask. It's more appropriate to talk about *work and home integration* to ensure we don't get too out of balance.

There is no one *perfect* balance because every family is different, and every work place requirement is different. When machinery is not balanced it will wear and break, this can be the same consequence for family and couple relationships. All work and no play are problematic. Those busy times are necessary and explainable, but we need to ensure we have **a catch-up**.

So, what happens when we are not integrating work and home life in a balanced way?

- A disconnect can start to occur with our wife/ partner, dad, kids, friends and relatives;
- Physical and mental well-being can be affected by issues like stress, anxiety, depression and fatigue;
- Resentment starts to infiltrate as perceived inequalities are felt around home duties, workload, parenting and intimacy;
- Feelings of disrespect, being ignored, being taken for granted, even feeling unloved may arise that can erode the quality of healthy family and couple relationships.

How do we get the balance right?

- Make couple time to communicate how you are each feeling;
- Keep a tab on work time verses home/family hours;
- Talk to your wife/partner/kids about your challenges of transitioning from work to home, so they can see your perspective and for you to see

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things from theirs;

- Talk/communicate with your partner about the type of parents you both want to be;
- If you are a new dad, take time off to help care and know your baby, help at night with feeding, dressing and that awful job of changing nappies;
- Allocate *dad time*, this can be every-day routines like taking/dropping kids off at school, the bus stop or sport. This will help develop and maintain connection with the kids by showing interest in their lives;
- It is also very important to leave some regular time for yourself.

How do I switch from work to home mode?

- Arrange your day to do the most difficult tasks first instead of at the end;
- Consider if it might be worth staying a little longer at work to finish up a task instead of bringing it home with you;
- Develop a ritual or routine to help you move from work mode i.e. change out of your work clothes and shower when you get home;
- Switch your thinking to the kids and home as you leave work, putting work to rest.

Being stressed and tired from a hard day's work can contaminate the time you spend with your children. The family will know if you are present with them or if your head is elsewhere.

If your wife/partner/kids feel second best, feelings about their own self-worth can be affected.

To finish here are a couple of questions you might like to ask yourself: 1. *what good memory would you like your children to have of you? 2. when comparing your own upbringing what would you do differently as a dad?*





Free Skin Cancer Screening Saturday 23rd July 2022

Lions Cancer Council Institute Inc.

The Lions Cancer Institute (LCI) will be providing a free Skin Cancer Screening in Lake Grace on Saturday 23rd July (behind the driver reviver van on Stubbs Street). This free

service provides for the early detection of skin lesions and where a lesion is identified a referral is made to your GP for further investigation. For booking information contact 0429 917 805.

The LCI is a project of the Lions Clubs of Western Australia. Since early 1990's LCI has been providing full body skin screening clinics throughout Western



Australia, with an emphasis on Screening the remote and rural areas of the state.



From humble beginnings the Volunteers of LCI have screened over 80 000 patients and our records show that with the annual rate of referrals to a GP is in the order of 27% (21,600) and lesions suspected of being life threatening are at 6% (1260). Early detection of lesions will save lives and lessen the need for invasive surgery.

LCI's screening program is supported by qualified

volunteer Dermatologists, Plastic Surgeons, Dermoscopists and GP's.

Funding for LCI's screening programs and research grants is provided by donations from Lions Clubs of WA, Business and from the public.

We are currently raising funds to replace our two ageing screening units with one purpose built unit. Donations can be made to The Lions Cancer Institute at **WESTPAC BANK, BSB 036-107 ACCOUNT 218 557.**

All donations over \$2.00 are Tax Deductible

Visit LCI website www.lionscancerinstitute.org.au

Chilling Out at the Big Freeze (cont.)

Luke Bairstow emceed the slide event, introducing the participants before they took the plunge – one of the sliders being ABC WA weather presenter Tyne Logan. Of the sliders Steve McWhirter appears to have raised some serious dollars, apparently contacting everyone he has ever know to encourage them to donate...and donate they did! Once the fifteen volunteers had finished with the slide it was a stampede from the children to get on board and have a go, one can only hope they had a change of clothes!

Throughout the day merchandise such as beanies and socks were being sold as well as raffle tickets; food in the evening was supplied by a couple of food trucks, giving the volunteers a break.

Following the slide, it was time for the auction. With 30 years under his belt as an auctioneer, Tiny Holly had little trouble entertaining the crowd and garnering more money with every bid. The most profitable item auctioned was a share in a racehorse for \$5,500; the children's art from Lake Grace District High School also went well with the pieces in total bringing in \$6,400.

Over \$90,000 has been raised in this years Big Freeze, a monumental effort that well and truly takes the fundraising over the last six years past the \$400k mark.

Everything went well on the day, the organisers would like to thank everyone who donated, sponsored, helped out or came along. Couldn't have happened without you!



Dean Carruthers makes it down the slide in his kilt.



Tyne Logan and Steve McWhirter high five.



Lyn Carruthers and Georgia Gray discovered how cold it was.



Rambo (Kelvin Holmes) doing a round with Clive Palmer (Matt Bowen).

TEDDY BEAR KNITTED PATTERN

Wheelchairs for kids

Ideal size for packing with blanket

Pattern courtesy :Jan O'Neill from Ionians

- No 4mm needles 8ply or DK , wool use various colours be creative!
- If using thinner Acrylic —use size 3.75 mm needles (old 9)
- Stuffing

Cast on 14 stitches, "for legs"

Stocking stitch 26 rows. Hold those stitches on needle. Break wool.

On same needle: Cast on 14 stitches for second leg. Stocking stitch 26 rows.

Knit across both lots of 14 stitches = 28 stitches for body

Purl next row.

Repeat the previous two rows.

Change colour for "jumper"

***** Garter stitch 4 rows.

Stocking stitch 22 rows.

Garter stitch 4 rows

Change colour for head

Stocking stitch 50 rows Change colour for jumper

***** Repeat rows as per jumper

Change colour for legs.(28 stitches)

Stocking stitch 4 rows. Divide for legs — leave extra stitches on needle holder 14 stitches each leg

Stocking stitch 26 rows, then cast off. Repeat second leg in the same way.

Fold in half. Sew seams of head only.

Turn out. Sew across corners for ears.

Open body.

For arms: Pick up 12 stitches along body either side of head seam = 24 stitches-

Garter stitch 3 rows, stocking stitch 6 rows

Garter stitch 4 rows stocking stitch same colour as head for hands, stocking stitch. 10 rows—cast off. Repeat this for other side.

Right sides together sew arms, legs & one side. Leave other side open for stuffing. Turn out— stuff sew up gap

Using wool same colour as head, Create a gathering

stitch around neck picking up every second stitch pulling firmly to shape the neck. Finish off. Loose ends inside.

Using black wool: work eyes, nose and mouth





Print your photos at the Lake Grace CRC!

- Print from Apple and Android smartphones
 via wireless or cable
- Print direct from your social media on the screen
- Print from Compact Flash, SD, Micro SD, Memory Stick, MS Micro, xD, and USB port
- Panoramic Prints: supports 6x14" and 6x20" sizes
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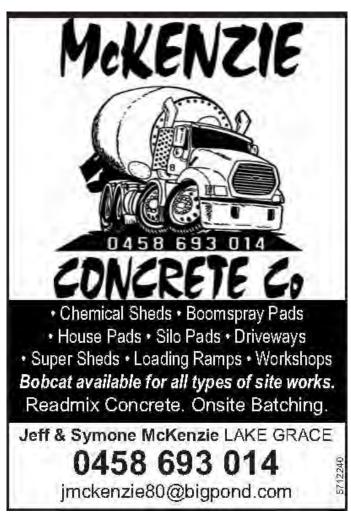


STATION NEWS

Scott and Wade have recently undergone their yearly Active Armed Offender training, this is a requirement for all operational front-line Police Officers in Western Australia.

The training has evolved over the years and is now dynamic in its delivery, involving room clearances and moving through open ground as safely and expediently as possible, chuck into the mix "members of the public" requiring various states of medical attention whilst also dealing with an armed offender, it certainly becomes an eventful days training.

Scott also spent a day in Albany requalifying in the use of the Stations AR-15 Armalite Rifle It doesn't often see the light of day for obvious reasons, but training in its use is still required just in case it's needed.



ONLINE SAFETY

We spoke in the last issue about cyberbullying but wanted to expand more about online safety. After our recent school talk we identified a concerning trend whereby the kids have group chats on an app, let's say Snapchat. The group chats contain people they know and more concerningly, a person they didn't. Of the group we spoke to no one knew one particular individual who was on several of chat groups. This individual was "known" to all of them as a friend of a friend however no one could name the friend who knew him personally. No one had met him and all that was known about him was what he had told people.

We grew up being told that we should be wary with strangers and this is still true, the modern "stranger danger" is more nefarious and children can be targeted in their own homes. A study by Australian's eSafety Commission showed one in four young people have been contacted by someone they don't know online.

Criminal offenders are highly skilled at exploiting new modes of communication to gain access to children and young people, and children and young people can easily access adults-only material if there are no protective mechanisms in place.

We were involved in one investigation where a 7 year old child was contacted and groomed into sending intimate images of themselves. From first contact to reporting what had happened to their parents was less than an hour and a half. The parents thought the child was watching kids shows on YouTube and were completely unaware.

Online safety is often used interchangeably with terms such as internet safety, cybersafety, internet security, online security and cyber security, although these terms can relate to different aspects of online engagement. For example, the risk of using computers, mobile phones and other electronic devices to access the internet and social media is that breaches of privacy may lead to fraud, identity theft and unauthorised access to personal information. Other risks for children and young people include imagebased abuse, cyberbullying, stalking and exposure to unreliable information or illicit materials.

These situations can place a child or young person's emotional and physical wellbeing at risk. This is particularly the case where little or no attention has been paid to monitoring use, communicating with children or young people about use or securing the device being used. In these cases, online safety is a child protection issue.

While online safety is important for protecting children

POLICE NEWS (cont.)

and young people from dangerous and inappropriate websites and materials, this does not mean that parents should discourage their children from using digital technology. The challenge is to help children and young people enjoy the benefits of going online while having the skills and knowledge to identify and avoid the risks.

Monitoring a young person's online activities includes checking that websites are appropriate for a child's use and keeping an eye on the screen. If parents are willing to provide children and young people with access to mobile phones and computers, then a responsibility to understand, model appropriate behaviour and communicate the basics of good digital citizenship should come with the access.

Advice on monitoring often focuses on keeping the device in a shared family area, yet in the age of wireless connections and internet-enabled smartphones this is increasingly difficult. Similarly, young people may control their own online details, such as passwords and web browser histories. Parents can address these difficulties in the following ways:

Develop a plan about internet use in partnership with family members. This can include:

- details of appropriate online topics;
- privacy setting checks
- physical locations for internet use and parental monitoring (looking over the shoulder or line of sight supervision);
- limits on screen time;
- limits on when wireless internet connections and/ or mobile devices will be available; and
- what may be identified as inappropriate posts on online profiles.

An internet-use agreement may be useful to develop



Lake Grace CRC is a Department of Human Services Access Point

DHS Customers are able to:

- Access a self service terminal
- Print off documents
- Use the telephone / fax
- Access Internet

All free of charge for DHS business

with older children.

Take an active role in discussing the benefits of online activities with children and young people, and what strategies they may use to respond to cyberbullying, other negative online behaviours or if they unintentionally access adult content. Discussions can include how these rules apply wherever they are online, including at home in their bedroom and when they are outside the home, for example at a friend's place.

Lastly, we recommend every parent go to www.esafety.gov.au. The website has a large amount of resources and information on this and other subjects.

Please take care and stay safe.

Regards

Lake Grace Police







Open Monday - Friday 8:30am - 5.30pm Saturday 8:30am - 12pm

Located in Lake Grace Plaza Contact Dean Sounness: 9865 1225

State Budget Securing the Wheatbelt

The McGowan Labor Government is setting the Wheatbelt up for the long-term - diversifying the economy and creating jobs, boosting regional health and mental health investment, and providing important cost-of-living relief for local households.

The 2022-23 State Budget includes a record \$12 billion investment in regional infrastructure - only eight per cent of which is being delivered through Royalties for Regions.

Royalties for Regions expenditure is more than \$4.2 billion over the next four years, and includes \$263 million in regional election commitments and other new initiatives.

Western Australia's strong financial position also gives the State Government the capacity to boost regional health and mental health investment by \$158.3 million in addition to \$1.6 billion of State-wide COVID-19 response and recovery measures, including free RATs for regional communities.

Cost of living support includes the \$400 Household Electricity Credit for WA households across the State, which will see household fees and charges decline by 3.8 per cent - the third consecutive year fees and charges have been kept below projected inflation.

More than \$2 billion will be invested to keep regional water and electricity costs in line with what metropolitan users pay.

Hon Shelley Payne MLC

Member for the Agricultural Region

92 Dempster Street, Esperance WA 6450

9072 1786

shelley.payne@mp.wa.gov.au

ShelleyPayneMLC

Your voice in the Ag Region

Page 18

A total of \$541.3 million will be invested to continue to fund regional school bus services around the State, with \$48.6 million to establish the Regional Digital Connectivity Program to improve mobile and internet coverage in the country.

About \$1.5 billion per year will be invested to provide regional students with access to quality education - including \$349.2 million for refurbishments, upgrades and new builds at country primary and secondary schools over the next four years.

Regional WA TAFEs will share in around \$200 million a year for vocational education and training, career and employment advice, and TAFE support services.

To keep the community safe, over \$410 million a year will be invested in WA Police's regional districts.

The State Government is also this year delivering on a \$200 million joint State (\$40 million) Commonwealth (\$160 million) funding package to boost WA's regional rail network.

This includes progressively reopening the Tier 3 Narrogin-Kulin rail line to service grain and other potential customers in the Narrogin-Wickepin area - as well as rail siding extensions at Moora, Brookton, Cranbrook, Broomehill, Avon, Kellerberrin, Dowerin, Konnongorring, Ballidu, Mingenew, and Perenjori North, and upgrades to the Midland Line Main Line.

The 2022-23 Budget continues efforts to diversify the economy, create local jobs and support tourism, and includes:

- \$80 million boost to the Investment Attraction Fund, increasing it to \$180 million to support diversification proposals to create local jobs in new and emerging industries;
- \$50 million increase to the Industrial Land Development Fund, increasing it to \$100 million to unlock private sector investment and spark new growth opportunities;
- \$25 million will establish the new Western Australian Agricultural Collaboration to grow agriculture research and development in WA;
- \$21.1 million boost to Tourism WA's destination marketing to encourage tourists to come to WA and travel into the regions;
- \$17.7 million for Tourism WA to develop new tourism experiences in national parks;
- \$12 million for the WA-Array seismic survey to unlock new mineral deposits and job-creating opportunities around the State;
- \$6 million to the Minerals Research Institute of Western Australia to pursue strategic research opportunities, including critical minerals and clean energy technologies;
- \$4.5 million boost to the Local Capability Fund to assist local businesses to increase their capability

State Budget Securing the Wheatbelt (cont.)

and competitiveness; and

 Bringing regional road maintenance jobs in-house to Main Roads, securing 490 jobs in regional WA, including upgrading the Northam and Narrogin depots.

The State Budget's significant investment in regional health and mental health is delivering:

- \$30.1 million for 18 additional paramedics and six ambulances across regional WA, delivering on an election commitment;
- \$18.5 million to expand Child and Adolescent Mental Health Services across regional WA;
- \$5.1 million to continue the Mental Health Emergency Telehealth Service to ensure regional residents can access mental health services;
- \$5 million for upgrades to health staff accommodation, including in the Wheatbelt; and
- \$6.1 million funding boost to the Preventing Foetal Alcohol Spectrum Disorder project.

The State Budget also includes important investment in education and training in the Wheatbelt, including:

- Up to \$1.6 million as part of the Disaster Recovery Construction Training Grant incentive to support training of construction workers engaged in reconstruction following Cyclone Seroja;
- \$113.1 million of fee reductions will be achieved in regional WA through the successful Lower fees, local skills initiative;
- \$4.5 million for a new tool rebate to support building and construction apprentices and trainees in their purchase of trade-related tools and safety equipment;
- \$2.4 million to attract international students to live and study in regional WA, addressing skills needs in aged care, disability services, childcare, hospitality and tourism; and
- \$42.5 million for State-wide COVID-19 measures in schools, including enhanced cleaning programs, mask and PPE supplies, and Rapid Antigen Test (RAT) distribution.

The 2022-23 State Budget brings continued investment in local roads and transport projects, including:

- \$120 million Moorine Rock to Mount Holland road upgrades to support the Covalent lithium mine;
- \$250 million Great Eastern Highway upgrades at Coates Gully between Walgoolan to Southern Cross and between Ghooli to Benari;
- \$10 million Chidlow-York Road and Forrest Street intersection;
- An additional \$159 million to the Regional Road

Safety Program, now totalling \$828 million, which has already delivered upgraded shoulders and installed audible edges to more than 996 kilometres of Wheatbelt roads;

- Around \$200 million for the Resealing Program in regional WA;
- \$146 million for the Safer Roads and Bridges Program in regional WA; and
- \$1.5 million to expand the Wheelchair Accessible Vehicle (WAV) taxi service grant scheme, including for a new Regional WAV Taxi Service Grant Scheme to expand taxi services to people of all abilities in regional WA.

The 2022-23 State Budget will ensure Wheatbelt communities are kept safe and strong, with important investment in:

- \$11 million for a Large Air Tanker to be permanently based in regional WA during bushfire season for the first time;
- \$4.2 million in additional funding for disaster recovery efforts, including for Cyclone Seroja;
- \$15.9 million upgrade to the Emergency WA website to ensure critical information in emergency situations is more easily accessible;
- \$3.9 million to upgrade the Direct Brigade Alarms Network across WA;
- \$3.1 million for the Bushfire Framework Review to improve bushfire preparedness;
- \$99.4 million investment in Government Regional Officers' Housing (GROH) across regional WA;
- \$2 million to Community Resource Centres across regional WA; and
- \$2.5 million towards Operation Regional Shield to tackle youth crime in regional WA.

For more information, visit <u>https://</u> www.ourstatebudget.wa.gov.au

Scanning

The Lake Grace CRC can now scan up to A0

A0 - \$5 A1 - \$4

A2 - \$3 A3/A4 - \$2.50

Discounts for members.

Drop in with your maps, plans etc and we can

do up a digital (or hard) copy for you.

9865 1470 LakeGracecrc@westnet.com.au

Bits and Pieces

Kevin Seaman

Ever get a word that pops into your thinking and for the next day or two you wonder why? Well, it happened to me recently. So, I thought I would pass it onto you and see what you can make of it.

The word "hypothetical" and how often are we put to the test to solve a hypothetical question. The definition of such a question is: It is a question based on imaginary scenarios. They are used to explore possibilities; get you thinking in new directions or leave you totally confused.

So the following hypothetical questions are yours to test your imagination:

If you were the emperor of Earth, what would be the first rule that you would make?

If you were a dog, what dog breed would you be?

What would be your perfect first date and with whom? You can choose anybody and anywhere on the planet.

If you could only eat one kind of food for the rest of your life, what would it be?

If when you die, someone takes the VR headset off your head and asks you how the virtual life was, what's the first thing you say?

What animal would you choose to fight against Iron Man?

If you could immediately solve any unsolved mysteries in history, what mystery would you choose and why?

If you could pick a topic to have an in-depth documentary made, what topic would you pick?

If you had infinite money, where would you live? What kind of lifestyle would you have?

If Planet Earth was in a science fair competing with other planets around the universe, what would be Earth's best option to showcase?

If you could make any animal or monster from any video game or movie as your loyal pet forever, which would you choose?

If happiness has a flavour, what would it taste like?

If you weren't related to your brothers and sisters, would you still be friends with them? Why or why not?

If you could permanently delete any invention from history, what would it be?

If your life had its own national anthem, what would it be?

If your brain was a room, what would it look like inside?

You have 10 minutes to hide a paperclip in your home. A detective will come and will look for it during the next 24hours, if they don't find it, then you win a certain amount of money. Where would you hide it?

If you suddenly woke up 15 years in the past, your child/teenage self once again, but you kept your current memories and experiences. What would you do?

If you had to choose between being the tallest or the shortest person on the planet, which would you choose and why?

If you could choose one thing from science fiction to exist in the real world, what would it be?

If cars could have any shape or form, what kind of cars would you like to see in the streets?

If someone tole you "say a movie quote!", what is the first thing that comes to your mind?

Another word which also penetrates my thinking was a monologue, it reminds me of the time just after I got married and found out what I was to be confronted with over the coming years.

After realising what I had let myself in for, I wrote this little monologue.

A Little Monologue

By K. B. Seaman

They took:

The Vanity from a peacock

The Cunning from the fox

The brains from a jackass

The jawbone from the ox

The sting from the bee

The venom from the viper

Put them into my Jeannie,

And married her off to me.

(and Jeannie says "And if you see Kev next week with two black eyes??")



9th June 2022



PO Box 50, Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599 Email: shire@lakegrace.wa.gov.au



From the CEO

Ordinary Council Meeting 25 May 2022

- Council authorised the Shire Administration to open up submissions for road name proposals for 30 days for the new road to be constructed between Lake Grace-Newdegate Road and Biddy Camm Road on existing land Lots 101 and 12 Kulin-Lake Grace Road.
- Council has authorised additional works at the Newdegate Town Hall and authorised the withdrawal of \$70,000 from the Newdegate Town Hall Reserve to undertake works to the internal of the hall.
- At the Ordinary Council meeting on Wednesday 27 April 2022, the Chief Executive Officer received a resignation letter from Councillor Shane David Carruthers as Councillor. To replace Cr Carruthers, the Shire with the assistance from the WA Electoral Commission (WAEC) will conduct an extraordinary election within 80 days from Council Resolution. In accordance with section 4.20(4) of the Local Government Act 1995, the Electoral Commissioner to be responsible for the conduct of the extraordinary election. In accordance with section 4.61(2) of the Local Government Act 1995 that the method of conducting the election will be as a postal election.
- Local Governments are required to provide an annual report on the progress of their Disability Access Inclusion Plan (DAIP) strategies and outcomes to the Minister of Disability Services which is tabled in Parliament each year. Council accepted the 2021/2022 Disability Access and Inclusion Plan (DAIP) Progress Report as presented.

The annual CEO Performance Review was carried out by Council recently and at the Council meeting of 25 May 2022 Council resolved to extend my contract until June 2024. I thanked Council and the community for it's continued support and look forward to the next few years as there is still a lot of things to do.

Craig and myself have been in discussions with the Department of Water and Environmental Regulation Rural Water Planning Division regarding our further plans and ideas for the capture and storage of water across the Shire. DWER is very supportive of our ideas and have indicated that further funding applications for grants will be given viewed favorably.

In other water news DWER have purchased a large quantity of CBH tarps that they will be running out on dam catchments to improve water capture into the dams rather than it soaking into the ground first. A fair bit of money has been laid out for this and it should prove very beneficial.

The Newdegate Town Hall is looking good after a well deserved spruce up and as mentioned above we will now give the internals a paint and a clean up to finish the job off for the upcoming centenary celebrations.

The annual Lake Grace/Pingrup vs Boxwood Hills Winter Sports Big Freeze took place in town on the weekend of the 28th May. The fundraiser which supports FightMND, always gets a big crowd and this year was no exception. The days sports are rounded off with an auction, live band, and lots of brave souls heading down the slide into a pool of icy cold water. This years event has already raised in excess of \$80,000. Which is a absolutely fantastic achievement for all those involved.

Alan George Chief Executive Officer



Coming Events

Great Southern Football Carnival Lake Grace Fri 17 Sat 18 & Sun 19 June

Men's Health Week 13 - 19 June 2022

Newdegate Annual Mum's & Bud's Walk Thursday 23 June 9.30am at CRC

Newdegate Machinery Field Days Wed 7 Thurs 8 September

> Keep Australia Beautiful Week 15 - 21 August 2022

Ordinary Council Meeting

An Ordinary Council Meeting will be held on Wednesday 22 June 2022 from 3.30pm at the Council Chambers, Administration Building.

The Agenda will be available on

Everyone Welcome

A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities.



We had a few interesting day last week with the weather incidences causing havoc on our road verges trees.

Our staff carried out the following works:

Roadworks

The Lake Grace Maintenance Grader has carried out grading on:

- Old Ravensthorpe Rd
- Lake Grace area road maintenance grading

The Maintenance Grading has continued in Newdegate, Lake King and Varley areas.

Parks & Gardens

The Parks and Gardens Crew have carried out the following work:

Lake Grace

- Lake Grace parks and gardens
- Lake Grace Sporting Precinct lawn and garden maintenance

Newdegate

- Check around town
- Clean up and cut back at Pioneer Park
- Mow ovals
- Spray around ovals
- Green waste to tip
- Mow Pioneer Park lawn

Lake King

- Lake King oval maintenance
- Lake King parks and gardens

Varley

- The Varley Gardeners have been busy raking, burning and mowing in the last few weeks.
- Varley Cemetery maintenance

Buildings

The Building Maintenance Crew have carried out the following work on the following facilities:

- Newdegate Indoor Recreation Building
- Newdegate Public Toilets
- Staff housing inspections
 - o 5 Banksia
 - o 10B Gumtree Dr
 - o 36 Bennett St
 - o 1 Quondong Ct
 - o 10A Gumtree Dr
 - o 23 Absolon St
 - o 8 Wattle Dr
 - o 5 Banksia Pl
 - o 54A Bennett St
 - o 3 Clark Ave
- Varley Public Toilets
- Lake King Library
- Lake Grace Sports Pavilion
- Sewage maintenance
- Administration building maintenance
- Lake Grace Shire Hall

- Lake King Pavilion Septic up-grade
- Dunn Rock Tennis Building
- Lake King Public Toilets
- Lake King Fire Station Building
- Lake Grace Old Sport Pavilion
- Newdegate Depot building maintenance

Operations

- Old Ravensthorpe Rd
- Equipment repairs and maintenance
- Lake King toilets
- Newdegate Parks and Gardens
- Repair/replace road signs

The Building Maintenance Crew have been busy out at the Jam Patch installing a new Fire Pit and seating area.





Strong winds and heavy rain made for difficult road conditions recently with trees down around the Shire.

Luckily no one was hurt and the roads were open again quickly.





Office Open Hours

Monday - Friday 8.30am - 4.00pm

Staff can be contacted by phone between 8am - 5pm

Licensing Payments

All licensing payments are to be made in person at the Shire of Lake Grace Administration office, 1 Bishop Street, Lake Grace.

Monday to Friday from 8:30am to 4:00pm

As an agency, we process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications. With every transaction we perform, we try to offer the best service possible.

We do ask all licensing customers to be considerate, even though we are aware of people being 'locals' it does not exempt us from following the rules set by the Department of Transport.

Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 17 June (Only C class PDA's, the usual Driving Instructor isn't available)

Friday - 8 July (to be confirmed)

Bookings are essential for all Practical Driver's Licence Assessments and we advise booking in advance as there is often a waiting list.

All bookings to be made at the Shire office on 9890 2500 until further notice.

Lake Grace has one assessment day each month held on the first Friday of the month.

Libraries

Lake Grace Public Library School Place Absolon St Monday - Friday 9am - 5pm Closed for lunch 12.30 - 1pm

Newdegate Public Library Collier St Monday - Thursday 8.30am - 4.30pm Closed for lunch 12noon - 1pm Friday 9am - 2pm

Lake King Library Newdegate/Ravensthorpe Rd Tuesday and Thursday 8.30am - 3.30pm



Check our Facebook page https://www.facebook.com/ShireofLakeGrace/

Building Surveyor

Building Surveyor, can be contacted through the Shire Office on 9890 2500 or email <u>shire@lakegrace.wa.gov.au</u>.

Town Planning & Building

The Shire's Town Planner consultant Joe Douglas, can be contacted via the Shire on 9890 2500 or email <u>shire@lakegrace.wa.gov.au</u>.

Environmental Health

The Shire's Environmental Health Officer, Brendon Gerrard. Can be contacted via the Shire on 9890 2500 or email <u>shire@lakegrace.wa.gov.au</u>.

Tip Times

Lake Grace

Monday & Wednesday 9am - 2pm Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm Saturday 9am - 1pm

Lake King and Varley Open every day

Recycling Services

Household Waste Collection is a weekly service and collected each Tuesday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace and Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate	
Tuesday 21 June	Tuesday 14 June	
Tuesday 5 July	Tuesday 28 June	

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

The recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility. If items which are not recyclable are found the content can't be recycled and the load will be directed to the landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminators in the recycling process. By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.

For more information on Waste Management visit the Shire's website <u>www.lakegrace.wa.gov.au</u>.



The Lake Grace All Abilities Playground project continues slowly but surely despite the enormous challenges of Covid -19, labour shortages and global supply chain disruptions.

The finalised concept and layout plans were completed in the first quarter of this year, softfall colour schemes selected, and manufacturing and acquisition of the large climbing fort structures and all other play equipment has now commenced in Perth. The first truckload of gear will be ready for shipping to Lake Grace in coming weeks which is very exciting.

Because of the delays caused by the pandemic, funding approvals and also because of the huge amounts of Australian Government economic stimulus money provided to local governments to carry out projects like this one, WA based playground designers and contractors have significant pipelines of work all over the state meaning we are in the queue awaiting completion of some of these other works before our construction and installation phase can commence.

At this stage the Shire anticipates it is likely to occur in the September quarter but is doing everything it can to facilitate a start time as soon as possible, with the view to completing it all in one mobilization before the onset of summer.

> Chris Paget Deputy Chief Executive Officer





Have you been looking for work? Maybe you are after a change in industry.

Here are a list of jobs currently available in Lake Grace

- Lake Grace Post Office Part time / casual - counter service Contact Jayne at the post office for more information.
- GS Mobile Mechanical Services Heavy Duty or Light Duty Mechanic Trade Assistant / Tyre Fitter Full Time Permanent Positions Contact - 9865 1291 Email - gsmobilem@bigpond.com
- AFGRI Full Time Service Manager Contact - tbell@afgri.com.au Tyson Bell 0427 890 058
- AFGRI Full Time Service Technician/s Contact - tbell@afgri.com.au Tyson Bell 0427 890 058
- AFGRI Full Time Parts Sales Representative Contact - tbell@afgri.com.au Tyson Bell 0427 890 058
- Spencer Shearing
 Shearers & Shedhands 2 x full time positions
 Contact Darren Spencer 0428 651 339
- Farmers Centre Salesperson Contact Malcolm 0429 651 094 malcolm@farmerscentre1978.com.au
- Farmers Centre Technician x 1 Contact Malcolm 0429 651 094 malcolm@farmerscentre1978.com.au
- Lewis Building & Maintenance Full time/Permanent position Trade s Assistant Contact Andrew Lewis 0429 160 497 lewisbuilding25@gmail.com
- Lake Grace Early Learning Centre Part time position 2 days per week. 8am—5pm For any information please call 9865 2568









For all your domestic, rural and industrial electrical installations and repairs.
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With over thirty years experience in Lake Grace and surrounding areas contact Stubby or Reid anytime.

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 Office 9865 1092 all hours
 Fax 9865 1328

 LIC NO :EC004197
 RTA NO :AU29828

Some words from the 26th May edition of Boggle

Puzzles and Stuff

Answers for the 26th May edition of Sudoku

Impacting	Magic		9	7	5	8	3	6	2	1	4		4	8	3	7	9	1	6	2	5
Camping	Panic		8	6	1	5	4	2	9	3	7		1	9	7	5	2	6	4	8	3
Acting	Cain		3	4	2	7	1	9	8	6	5		6	2	5	3	8	4	1	9	7
Catnip	Camp		6	8	7	4	9	5	1	2	3		5	1	9	2	6	3	7	4	8
Impact	Cant		5	1	3	2	6	7	4	9	8		3	6	2	8	4	7	5	1	9
			2	9	4	1	8	3	7	5	6		7	4	8	9	1	5	3	6	2
Macing	Nica		1	5	6	9	7	4	3	8	2		8	3	6	4	7	9	2	5	1
Manic	Pact		4	3	9	6	2	8	5	7	1		9	7	4	1	5	2	8	3	6
Pacing	Inca		7	2	8	3	5	1	6	4	9		2	5	1	6	3	8	9	7	4
Acing	Pict	C	C		ī		C	5	Th	is we	ek's E	Boggl	e (Ev	ery w	ord m	iust i	nclud	e the	middi	le lett	er)
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INDEPENDENT SUPPORT WORKER Employment Opportunity

Seeking expressions of interest from community members in Newdegate, Lake Grace, Kulin and Hyden.

Support worker required for NDIS Participant.

\$60.00 per hour, travel negotiable.

8 - 16hrs per week, direct supports.

<u>Have you heard of the NDIS?</u> In communities where disability support agencies may be lacking, selfmanaged and plan-managed NDIS participants may purchase supports through private arrangements. Self-directed support also allows people the choice and control to lead their own lives.

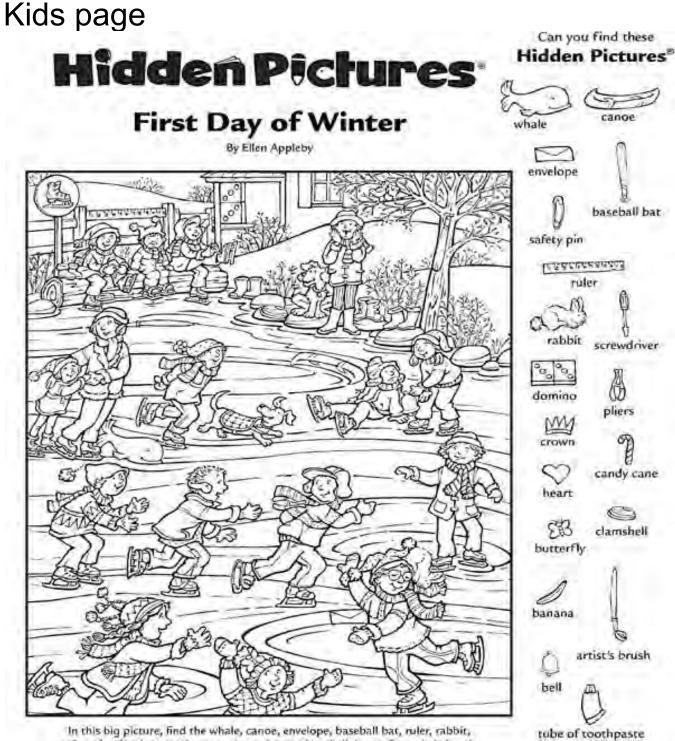
Being an Independent Support Worker requires you to have an Australian Business Number (ABN). You are also responsible for managing your own insurance, tax and superannuation.

Disability support workers are committed to meeting the needs of people with a disability within the community by providing supports in relation to their NDIS goals.

For more information relating to this employment opportunity, please contact:

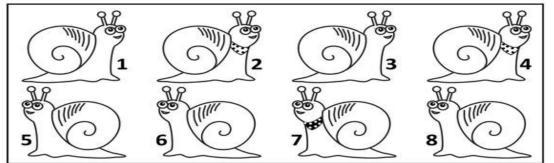
Donna Lane: 0429 805 004

Maven Support Solutions: 0475 154 414



In this big picture, find the whale, canoe, envelope, baseball bat, ruler, rabbit, safety pin, domino, candy cane, crown, heart, clamshell, butterfly, artist's brush, banana, bell, tube of toothpaste, screwdriver, and pliers.

SPOT THE ODD ONE OUT Can you find the picture that is unique?



Lake Grace/Pingrup A Grade Netball

Karen Bairstow

Round 6—28th May LG-P v Boxwood Hill Big Freeze

A great day for sport with lots of people around for the big freeze. We had worked on a few things at training leading into the game and it showed in the game of netball the girls played this week.

It was a great team effort against Boxwood as everyone contributed to the win. Although we didn't score as many goals in the last quarter as we did in the other three quarters the girls held on to win the game.

We changed a few players around this week. Well done to Chloe McDougall, who played in goas then went to defence for the last three quarters.

Also to Joely, who played wing defence.

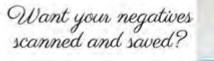
Final score: LGP—59 to Boxwood—17.

Best on ground—Tuscany Dew. Great game at WA, she ran hard all game and delivered the ball beautifully into the goal shooters.

2nd Best On Ground - Brianna Brookes. She played in goals this week and had great confidence in shooting and had good movement around the circle.

Coaches Award—Debb Carruthers. Played in WA and gave good avenues out of our defence and put pressure on the pass going into the goal circle.

A few weeks break from games but lets keep training so we take that form into the game against the Newdegate girls on June 25th.





How about your slides?

The Lake Grace CRC is able to scan your negatives, slides and

photographs. They can then be saved to disc for future use or printed.

Enquiries to 9865 1470



Terms and Conditions apply, *excludes bulk fertiliser, grocery, alcohol and tobacco products. Information provided should be reviewed by your legal advisor, tax agent or accountant before proceeding.

Lake Grace/Pingrup B-Grade Netball Notes

Teneeka Morgan

Not the best game we have played, but at least we can pin point areas we need to improve on as a team at training.

Best on Ground - Kelly Callope. Always our reliable GD working tirelessly to run the whole 60 minutes out. A great reader of the play which gives us more opportunities down the court. Well done Kelly.

2nd Best on Ground - Jennie Roche. Our loudest proudest cheerleader the club as ever had. Always willing to learn and improve her netball skills, which she brought to the game on Saturday. Well done on an outstanding performance Jen.

Coaches Award - Courtney Withnell. She stood tall in GS, and made a lot out of nothing with the passes coming

into her. Never took the smile off her face and is always encouraging others. Unfortunately went down with an injury, but we hope to see you back on court soon.

TIME YOU ENJOY WASTING

IS NOT WASTED TIME.

Rosies Café & Bakery

Opening Hours

Monday - Friday 7am - 3pm - kitchen closed @ 2:30pm Saturday & Sunday 8am - 2pm - kitchen closed @ 1:30pm Evening Meals {put on hold for the time being} Phone: 6801 7090 / 0456 390 205

Marthe Troly-Curtin

CCL Hardware

8 Stubbs Street Lake Grace WA 6353 PHONE: 9865 1104



The proper hardware store

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Monday - Friday: 7:30am - 5:30pm

Saturday & Sunday: 8:30am - 11:30am

Local Stockists of:

- Kleenheat Gas
- Nursery supplies & plants
- Bulk soils & mulches
- □ Tools, hardware, steel & timber
- ONEGAS Welding Gas

If you don't see it in store, please ask, we are happy to source and get in for you.

Lake Grace/Pingrup Senior Hockey Notes

Danie Drummond-Hay

Round 6—28th May LG-P v Boxwood Hill: Big Freeze

With a home game and a full team for the Bombettes, they set off to make their mark scoring the first goal in the first quarter and went on from there, winning the game 3×0 .

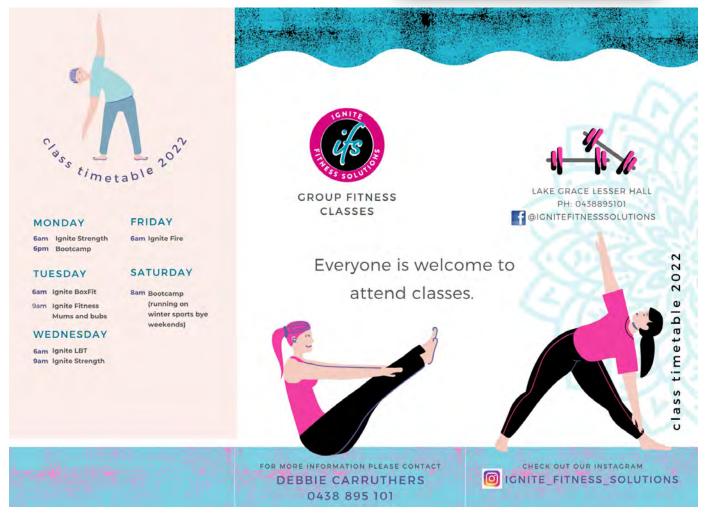
The goals scorerd this week came from Claire Tynan, Anna Taylor and Shaylah Medlen!

The awards for Round 5 went to: Best on ground - Shaylah Medlen Second best - Georgia Gray Coaches award - Claire Tynan

What a great win for the Bombettes!

A big thanks to Georgia Gray and Lynette Carruthers for volunteering to go down the slide for such a great cause!





Lake Grace/Pingrup Junior Hockey Notes

Sissa Pelham

Round 6—28th May LG-P v Boxwood Hill: Big Freeze

First game all year we had all our year 6 and 7s, so all the kids warmed up feeling confident. Started the game strongly with skill used on the field as we practiced at training. Kids playing a very strong team game was exciting to watch.

Tyler scored our first goal in the first 1/4, then Dakota scoring her first ever goal not long after. The kids were pumped and fought hard all game.

We won 2-0

Awards for Round 6:

Best on ground - Tyler Argent

2nd best - Khalen Pitcher

Coaches - Kyal Harwood

Containers For Change

All Good Refund Depot have a depositary at the Lake Grace Freight Depot and collect each fortnight. Contact All Good Refund Depot on 9861 2500 if you have a bulk pickup.

Please remember the freight depot is a busy workplace with plenty of traffic movement, so tag your bag before you leave home and take the shortest route in and out to drop off.

Bags are available at the depot and at the Lake Grace CRC. There are currently heaps of bags at the depot, some already have names on.

All Good Refund Depot will be doing a pickup on:

- Wednesday 22nd June
- Wednesday 6th July

Apply for a Scheme ID online at Containers for Change.

Tag your bag with your Scheme ID, name is optional but a good back up plan.

Aged Care clinical staff wanted

Catholic Homes has been providing aged care for over 50 years in Western Australia and are looking for people to join our Home Care team.

We are looking for caring and passionate clinical staff for our aged care residences and home care services across Western Australia.

Our Care with Purpose people-centred care model promotes dignity, respect, privacy and independence.

As a not-for-profit organisation, we are inclusive and welcome all faiths and backgrounds.

We offer competitive hourly rates, casual loading and superannuation. We have both permanent and casual roles available now.



If you would like to discuss further call 1300 244 000 or email your CV to homecare@catholichomes.com



care with purpose

LAKES LINK NEWS

Classifieds

Rural West Financial Counselling

A free service available to regional small businesses, primary producers, not-for-profits and community clubs. For more information contact Donna Spurgeon by email Donna.Spurgeon@ruralwest.com.au or phone 0408 107 326. Alternatively you can contact the information line on 1800 612 004.

Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

CWA Bookings

CWA rooms are available for hire. There is a COVID Safety Plan in place that hirers will need to adhere to. Anyone using the rooms must fill in the log book. If you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

Community Bus Bookings

Are to be done through the Lake Grace CRC. Ring 9865 1470 or email LakeGracecrc@westnet.com.au The community bus is owned and managed by the community, is available to any individual, group or organization to hire and costs \$1 per kilometre to use. All proceeds go toward the management and running of the bus and toward bus upgrades.

Southern Agcare

This is a free and confidential Family and Individual Counselling Service. Please contact Southern AgCare main office for an appointment. Phone (08) 9827 1552 or

admin@southernagcare.org.au referral forms can also be found on our webpage www.southernagcare.org.au

Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed. Batteries can be left at Phil Clarke's shed or you can contact Phil on 0427 651 155 or Allan Duckworth on 0427 651 567 if you require them to be picked up. Thank you for your ongoing support.

Dr Linda Haines

Is available in Lake Grace on Thursday 30th June and Friday 1st July Ring 9865 1208 for an appointment. First Aid Kits

Are now available for purchase at CCL Hardware Lake Grace.

Defibrillator Locations in Lake Grace

- Liberty Roadhouse cnr Stubbs St/South Rd publicly accessible AED Open 7 days 6:00am - 8:00pm
- IGA Lake Grace Plaza Stubbs St publicly accessible AED
- Open 7 days 6am-7:45am 8:30am-5:30pm **St John Ambulance sub centre -** Stubbs St (accessible 24 hours a day)
- Sporting Pavilion
- publicly accessible AED when pavilion is in use Lake Grace Police Station - Stubbs St
- (accessible 24 hours a day) Lake Grace Men's Shed - Bennett St.
- (accessible 24 hours a day)
- Lake Grace Swimming Pool Bishop St publicly accessible AED during opening hours Lake Grace Sportsman's Club - Stubbs St
- (accessible 24 hours a day) Lake Grace Caravan Park - Mather St
- accessible 24 hours a day) Lake Grace CRC - School Place
- (accessible 24 hours a day)
- AFGRI Absolon Street (accessible 24 hours a day) Saltbush Inn - Griffiths St (accessible 24 hours a day)

Dial 000 for emergencies.

If you are responsible for a defibrillator or have one in your building be mindful that the pads need to be in date and battery may be running low (may beep). If you have any questions contact Debbie Carruthers at the Lake Grace Sub Centre on a Tuesday or Friday on 0428 110 446.

Lake Grace Shire Councilors					
Councillor	Telephone				
Cr Len Armstrong – Shire President	0429 843 785				
Cr Ross Chappell – Deputy Shire President	0428 654 058				
Cr Shane Carruthers	0408 396 432				
Cr Deb Clarke	0428 654 041				
Cr Ben Hyde	0428 752 042				
Cr Roz Lloyd	0428 711 534				
Cr Anton Kuchling	0427 206 030				
Cr Jeff McKenzie	0458 694 014				
Cr Steve Hunt	0427 651 585				

Community Clubs and Associations							
Club / Association	Secretary / Contact	Contact Number	Contact Email				
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com				
CWA	Suzanne Reeves	0427 651 310	LakeGracecwa@gmail.com				
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com				
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	LakeGraceelc@gmail.com				
Lions	Craig Shaw	0427 519 400	cshaw@lgrural.com.au				
Men's Shed	Wally Perry	0448 795 070	allwood93@yahoo.com.au				
Playgroup	Sarah Clarke	0438 634 152	LakeGraceplaygroup@mail.com				
Sportsman's Club	Claire Pelham	08 9865 1239	lgsportsmansclub@bigpond.com				
Toy Library	Joely Slinn	0477 014 347	lgtoylibrary@outlook.com				
WinterSports							
Lake Grace /Pingrup Hockey	Lisa O'Neill	0427 828 357	lgphc.president@outlook.com				
Lake Grace /Pingrup Football	Shane Carruthers	0408 396 432	lgpfootball@outlook.com.au				
Lake Grace /Pingrup Jnr Football	Sarah Allen	0407 650 819	lgpjfc@gmail.com				
Lake Grace /Pingrup Netball	Chloe Trevenen	0439 324 434	lgpnc@outlook.com				
Lake Grace Golf Club	Chad Stanton	0459 110 805	golfclub@lakegrace.wa.au				
Lake Grace Gymnastics Club	Debbie Carruthers	0438 895 101					

Crisis Care Numbers								
Doctor's Surgery -9865 1208	Hospital - 9890 2222	Ambulance/Fire/Police - 000	Electricity Faults - 13 13 51					
Rural Link - 1800 552 002	Main Roads - 138 138	Directory Assistance - 1223	Water Faults - 13 13 75					
55 Central Men's Refuge 9272 1333	Family Helpline 1800 643 000 / 9223 1100	Ngala 9368 9368 www.ngala.com.au	Lifeline Australia - 13 11 14 www.lifeline.org.au					
Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700	Kids Helpline 1800 551 800 www.kidshelp.com.au	Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au					
Beyond Blue - 1300 22 4636 www.beyondblue.org.au	Seniors Information Services 9321 2133 www.cotawa.asn.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au	Poisons Information 13 11 26					
Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au	Parent Drug Information Service - 1800 653 203	Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au						
Alcohol and Drug Information Service 1800 198 024 https://www.mhc.wa.gov.au/	Mental Health Emergency Response Line - 1300 555 788	Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	Relationships Australia Fair Programme 9336 2144 https://relationshipswa.org.au 1300 364 277					

Justices o	of the Peace	Church Times						
Colin Connolly	0427 858 066	Catholic Church	Anglican Church					
Ron Dewson	0428 651 213	Sunday 12th June 9am Sunday 19th June 9am	Sunday 12th June No Service Sunday 19th June TBA					
Amanda Milton	0429 654 011		Enquiries:					
Geoff Sabourne	0429 651 171	For inquiries please phone 9865 1248.	St Johns Albany 9841 5015 Wally Perry 0448 795 070					

COMMUNITY CALENDAR

June

Fri 10	Op Shop - 9:30am-1pm		Colts Carnival
	Fish & Chips @ Sportsman Club	Sun 19	Golf—Stoke & Count Your Putts
	Crochet @ CRC—10am	Mon 20	Rubbish tip open (9am-2pm)
	Movie afternoon @ Village	Tues 21	Rubbish Collection
Sat 11	Rubbish tip open (9am-4pm)		Recycling Collection
	Craft @ CWA (look for flag)		Playgroup 9:30am
	Steak Teas @ Sportsman Club		Men's Shed (morning)
	Golf—Turkey Day		Op Shop - 1pm-4pm
	Winter Sports—BYE		Football Training @ 6pm
Sun 12	Rubbish tip open (9am-4pm)	Wed 22	Rubbish tip open (9am - 2pm)
	LCDC Tree Planting Busy Bee		Containers for Change pickup
	Golf Coaching Clinic	Thur 23	Lakes Link News published
Mon 13	Rubbish tip open (9am-2pm)		Junior Football Training
	LGDA General Meeting @ 7:30pm		CANVA Workshop 10am @ CRC
Tue 14	Rubbish Collection		Business Local in Lake Grace
	Playgroup 9:30am		Football Training @ 6pm
	Art for Seniors @ Village Hall - 9:30am	_	
	Men's Shed (morning)	Coming E	
	CWA Meeting 1:30pm @ CWA		Senior Citizens Luncheon
	Op Shop - 1pm-4pm	8th July -	Driving Assessor in Lake Grace
	Football Training @ 6pm		
Wed 15	Rubbish tip open (9am - 2pm)		
Thurs 16	Men's Shed (Morning)		
	Football Training @ 6pm		
Fri 17	Steak Meal avail @ Sportsman Club		
	Crochet @ CRC—10am	Local Co	ontainers for Change ID Numbers
	Op Shop - 9:30am-1pm		t to collect for yourself but want to give to a
Sat 18	Driving Assessor in Lake Grace Rubbish tip open (9am-4pm)		organisation, then here's your chance.
	Craft @ CWA (look for flag)	Lake Gra	ce Golf Club - C10455139
	Fish & Chips @ Sportsman Club	Lake Gra	ce DHS - C10364782
	Exhibition Opening 2:30pm @ Regional		ce Sportsman's Club - C10379797
	Art Space		•
	Colts Carnival		ce Lions Club - C10477141
Sun 19	Rubbish tip open (9am-4pm)	R.F.D.S -	C10336670
	LCDC Tree Planting Busy Bee		

	1			4		8		3
			2	9		7	4	
5	9					2		6
2					6	1		
8	7		5		3		6	4
		9	4					8
1		7					5	9
	6	3		5	2			
4		8		3			7	

Sudoku

- □ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- □ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.

□ You can't repeat numbers in a row. column or 3x3 box and you can't change the numbers already in squares.

2							3	7
	8			7	4			
5					2		6	1
	5		2					
	6	9				2	1	
					3		9	
6	7		3					9
			7	2			4	
9	4							2