

LAKES LINK NEWS

Produced at the
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4th June 2009

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Vol 15 Issue 10

Lucky Escape for Tourist



The German backpacker who was driving this car during Thursday 21st Mays inclement weather was incredibly unlucky to have an extremely large salmon gum fall just as she was driving by; however she was very lucky to have escaped the mishap without a scratch on her.

The motorist following behind and first on the scene was pleasantly surprised to find the young lady shaken but unhurt. The accident happened 8km south of Lake Grace.

Lake Grace's Volunteer Fire and Rescue were kept busy with chainsaws clearing the tree off the car

and road. Although the car wasn't in good shape, it actually started and was able to be driven into Lake Grace.

Heavy on promise, the bad weather brought more millimetres of dust than rain.

Following the clearing of the tree, Fire & Rescue repaired the roof on Steve Clunie's work shed after the wind peeled it off.

Well done to all of our volunteers from Fire and Rescue who drop everything to help others in their time of need. *Photo courtesy of Di Desmond.*

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Telecentre Opening Hours

Monday - Friday
 9:00 am - 12:30 pm
 1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday and Friday
 9am - 12:45pm then 1:15pm - 5:00pm
 CLOSED on Wednesday

Deadlines & Editions



All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

Next Deadline
 Monday 15th June
Next Edition
 Thursday 18th June

LAKES LINK NEWS

2009 Advertising Rates

	Non Profit Org.	Business / Personal
Classified	FREE	\$1 per line
Public Notice	FREE	N/A
1/8 page	FREE	\$10.00
1/4 Page	\$10.00	\$15.00
1/2 Page	\$15.00	\$25.00
Full Page	\$25.00	\$45.00
Insert (d/s)	\$20.00	\$30.00
Thank You's	FREE	FREE
Editorial	FREE	FREE

Conditions do apply.

Thanks

To the **very** dedicated team who have produced and compiled this edition of the Lakes Link News.

Elsie Bishop
 Gwen Oliver
 Jayne Argent
 Michelle Dunham

Thank you also to our many contributors of articles.

DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- ☺ Oops! Things got a little tricky with last fortnights Sudoku when I put one of the numbers in the wrong place. Sorry about that but well done for persevering! I'm sure everything is OK with this fortnights.
- ☺ As part of their Belt Up campaign, Roadwise are running a competition where you have the opportunity to win \$1,000 of fuel. If you have your competition slips from last weekends footy budgets then drop them in the box at the Telecentre. There are more competition slips available if you wish to drouble/treble/quadruple your chances.
- ☺ A big thankyou to last fortnights collators as they put in a later afternoon than normal to get the Links finished so I could run my computer course the next day.
- ☺ It has been drawn to my attention that there's not a lot in the football notes about what the B Grade is up to...do we have a potential scribe hiding out there in a red and black jumper? Just need to know who's getting the awards etc as the OFA only send us what the League is up to.

Suzanne Reeves

Lake Grace Sportsman's Club

Will be holding a special meeting on
Friday 5th June
8pm start

The meeting will be held to discuss the Sportsman's Club application for a self supporting loan from the Lake Grace Shire to finance the new bowling green.
Come and have your say!

CWA Luncheon

To celebrate this years CWA country of study we will be holding a Vietnamese luncheon at the CWA rooms.

Tuesday 23rd June at 12 noon

There will be guest speakers and the meal will consist of 3 courses of authentic Vietnamese cuisine at a cost of \$10 per person.

RSVP, for catering numbers, by
Friday 13th June to
Annie Slarke 9865 1170 or
Elsie Bishop 9865 1632

Lake Grace & Newdegate General Practice Ph: 089865 1208

Please note:

There will be **NO DOCTOR**

In Lake Grace

From Thursday 4 June at 6.00am

till Monday 8 June at 9.00am

The Medical Centre will be open

Thursday and Friday from 9.00am till 11.00am

for ordered medications only

Sorry for the inconvenience

In the case of an emergency please telephone the Lake Grace Hospital on 9890 2222



To the Collators of the Last Edition

Allan Zweck

Maurie Gilson

Nola Frost

Craig Reeves

Jayne-Maree Argent

Eileen Mather

Mary Naisbitt

Trish Medlen

Gerty O'Neill Celebrates 80th Birthday

Gerty O'Neill turned 80 on 20th May. She was joined by good friends and family in the Lakes Village Hall for morning tea to celebrate this wonderful occasion.

Her daughter Von travelled down from Perth with a car full of goodies to challenge any appetite. After a fabulous morning where not only Gerty caught up with everyone but Von and I had a chance to chat with a lot of locals and ex locals, Gerty cut her cake. Yum!! Von gave a brief speech to show our gratitude to mum and the community and those who travelled to be with her.

Gerty then went on to Rosie's with the Griffin family for lunch, afternoon tea and I vaguely remember Auntie Pat



Above: Gerty with daughter Yvon and friends to the

Griffin and Gerty sitting in a local shop drinking Champagne.

Home then to catch Maurice Nolan delivering her present from all of the family. That evening saw Gerty heading off with more family

Hotel where she was presented with an OBE (Over Bloody Eighty) by Steve along with another bottle of Champagne. After a fabulous meal with great company we had to call it a night - it was midnight and you can only celebrate turning eighty for 24 hours.

A huge thank you to the wonderful people of Lake Grace and surrounding areas who came in and celebrated this with mum. It was a day to remember

Congratulations Mum, you are one in a million



Above: Gerty O'Neill and Elsie Griffin

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ABOUT TOWN

- Congratulations to Gemma and Daniel Gooding on the arrival of their son Rylan Daniel Gooding. Friday 22nd May at Narrogin Hospital.
- Belated farewell to Clive, Sarah, Rafe and Rose Watkins. Clive and family have transferred to the warmer climate of Leincester.

HAPPY BIRTHDAY



4th June	Rohan Trevenen		Sky Gambuti (21)
5th June	Alistair Hunt		Michelle Dunham
7th June	Florence Watts		Adrian Chesson
10th June	Oliver Farreley	14th June	Shannon Gray
11th June	Joe McEncroe		Geoff Sabourne
	Michaela Hendry		Wendy O'Neill
	Vicky Nolan		Brock Power
	Lynnette Zweck	15th June	Ryshia Bird
12th June	Margaret Fisher		Jacinta Holmes
13th June	Gailene Kennedy	16th June	Anna Naisbitt



HAPPY ANNIVERSARY

14th June Brian & Jenny Bidwell

Lake Grace St John Ambulance

First Aid Kits

A variety of kits are currently on sale from the Lake Grace Medical Centre (previously from Bankwest). There is a range to suit most needs. Contact Heather on 9865 1208 or call in to the Medical Centre.

Lake Grace St John Ambulance offers a restocking service for First Aid Kits. Have your items in your kit expired or have you used items and need more??

Please call Lynda on 9865 1405 to get your kits restocked.

All proceeds from the sale of kits and restocking go to the Lake Grace St John Ambulance

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Sheryl's Corner

Hello Everyone,

Have had a busy week of going to craft and making such things as gift baskets, a rug and tissue boxes made from material and lace.

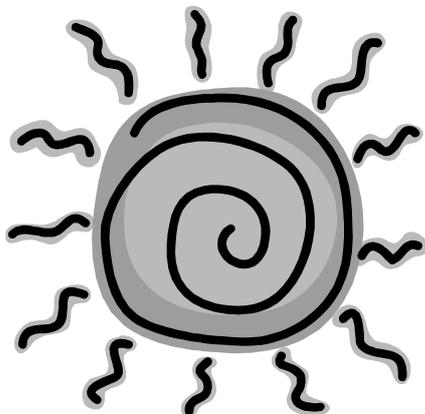
I have been cooking and making a banner for Disability Services Commission. The banner has photos and craft on it and is titled "Your Gifts and Talents". I have been walking, and making a colourful scarf for myself for winter.

Till next time, Sheryl.



Lake Grace Weather

- Terry Gladish



June Extremes:

Highest maximum Temp.	24.3	07/06/1998
Lowest Maximum Temp.	7.8	26/06/1956
Highest Minimum Temp.	15.4	07/06/1985
Lowest Minimum Temp.	-1.4	22/06/1981

Date	Min	Max	Rain
20/5	10.5	23.8	
21/5	13.5	22.5	
22/5	8.9	13.7	3.2
23/5	8.6	14.2	1.0
24/5	5.1	14.8	.2
25/5	2.5	17.3	
26/5	7.8	19.6	
27/5	7.8	19.0	
28/5	8.8	20.0	
29/5	9.5	20.9	
30/5	6.4	20.0	
31/5	9.7	22.1	
1/6	6.5	22.9	2.4
2/6	11.3	19.3	.2
3/6	6.9		

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**Our most
valuable currency
is our people.**

Installation of Mosaic Pavers

What a great event that many didn't know about, the installation of the mosaic pavers over the long weekend by the parents and students from Lake Grace District High School, for fundraising for their Canberra camp.

Sunday afternoon saw the first 7 mosaic pavers installed into the pathway; this was to work out the best way to proceed with the installation, then a further collection of equipment and a ring around to get as many helpers as they could. An early start and they were off and running.

The saying 'many hands make light work' is no exaggeration on this group. They had 7 Mosaic pavers installed on Sunday afternoon and 98 installed by lunch time Monday what a wonderful job.

The mosaics have been decorating the walls of the hospital for the last 3-4 years but have now been installed into the pathway; the shire put this pathway in for us a few years ago.

The hospital looks bare but the pathway looks great. And with a good rain this week (we wish) they should settle in well. So next time you need some exercise or have a need to take visitors somewhere, take them for a wonder up the Penny Path and across Mosaic Garden Gallery pathway and check it all out. Other wise just go and check it out anyway.

This could not have happened if there had not been some wonderful help over the years since the mosaics were finished. Thank you to all the people involved in the installation of the mosaics:

- ♦ Michelle Slarke for her work on the grant to get the money for the installation of the pavers. Lotteries west, for selecting this project as a worthy project to be funded. This allowed us to get a group to install the mosaics.
- ♦ The Lake Grace District High School Canberra camp committee for making the effort to apply for

the challenge of installing the mosaics (including the stress and worry of Wayne Triwinski, Shane Carruthers and Ken Kirk over the last few weeks about how they were going to go about it, though not half as bad as they thought it was going to be).

- ♦ The Lake Grace High school students and John Boyland (Principle) for all their time, effort, frames and help. Jacks pretty good on the broom now we noticed.
- ♦ The mums that kept all the workers at the installation well fed and watered what would we do without them.
- ♦ The Lake Grace Shire for the sand and loan of equipment, other support and the taking away of the excess soil and rubbish.
- ♦ A big 'thank you' to all those that have been involved from the start of this project, the makers and designers of the mosaics.

I don't think there is a big enough thank you to all the people involved in this project, from the first mosaic being made to the installation of the last heart shaped mosaic being installed today, A BIG THANK YOU YOUR ALL, JUST MARVELLOUS. Well done Lake Grace.

There is still two parts of this project to go and hopefully this will not take as long to finish, after seeding we will be installing bollards (arty ones) to stop cars from driving on the path. I will then go back to the school next term and do small mosaics with the students; these will be installed on the bollards. Then last but not least we will get a pamphlet designed to go into visitors centres so the viewing public knows where to go and check it out. And we will be famous for the biggest and best Mosaic Garden Gallery.



*Back: Lyn Carruthers, Shane Carruthers, Adrian Chesson, John Amores, Linda Triwinski, Wayne Triwinski, John Boyland, Ken Kirk.
Front: Kerrie Argent, Caryn Kirk Dervin Dejito, Gerry Amores, Jack Carruthers, Jose Juarillo, Tristan Amores and Siegfred Berdin*



LAKE GRACE DISTRICT HIGH SCHOOL NEWS



This year the Kindy started the year with fifteen students we now have fourteen which comprises of seven boys and seven girls. The children have settled into the Kindy routine and are enjoying their time attending the centre.

We began the year by teaching the children the rules and routines of the centre. We then progressed onto shapes, colours, developing; oral language skills, fine motor skills and social skills. We finished first term with a visit from the Easter Bunny.

The children arrived back to Kindy refreshed and eager to begin second term. The first week and a half we had fun preparing for Mother's Day. We conducted our annual Mother's Day afternoon tea which was well supported and enjoyed by all. At the moment the children are involve in the theme of "Myself and My Family".

At Kindy the children are immersed in many different learning areas. I asked the children to tell me their fa-

avourite activity at Kindy and these are explained in the pictures below.

Ms Stephanie Davey



Troy Murray likes building lots of interesting designs with the blocks.



Violet Jenks loves riding the bikes on our great bike track.



Blake Palmer also enjoys riding the bikes. He can ride really fast.



Kira Pearce enjoys playing in the home corner. Here she is putting the dolls to bed.



Kayne Berglund loves completing the puzzles. He can even finish hard ones.

Lake Grace District High School Kindergarten (Cont).



Left: Jai Clifford has great fun on the swings. He is practicing to swing by himself.



Right: Denica Stoffberg loves having a turn on the computer and is practicing to become a computer whizz.



Left: Paul Nayda enjoys constructing items using the junior engineering set.



Right: Therese Dejito delights in having a swing. She loves going really high.



Left: Paige Zweck enjoys having a turn on the computer. Kids Pics is her favourite program.



Right: Katelyn Hutter has fun painting pictures. She is painting a picture of herself.



Above: Jessica Duckworth really loves painting. She is practicing to become an artist one day.



Above: Josh Giles has fun playing chasey on the bikes. He likes taking Troy on the back while Blake tries to catch them.

Susanne Bond

Mobile Dog Groomer



I will be visiting Lake Grace again on 6th & 7th June, I look forward to seeing you all again!



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Twenty Five Years of Service with the Shire

When Shire truck driver Bill Bolas started work with the Shire of Lake Grace in 1984, the Lake Grace - Newdegate Road was a narrow strip of bitumen with some gravel patches. This month Bill commemorates twenty five years as part of the Shire works crew which has been responsible for transforming this and other roads.

Bill and his wife Val moved to Lake Grace in 1983 for Bill to work for Hannaford's Seed Cleaning. The business closed and Bill began work as a loader driver with the works crew. He later switched to truck driving (he is known for keeping a meticulously clean truck) and also gained his grader maintenance ticket.

In the last twenty five years Bill has worked all over the shire – an area of 10,747 square kilometres - and seen quite a few changes. In the early 1980s, the Shire Works vehicles included up to five graders and six trucks, and most of the roads were unsealed. "We've put twenty to thirty kilometres of bitumen on some roads since then," said Bill. The Shire is now responsible for 440.9 kilometres of sealed roads and 2050 kilometres of unsealed roads.

"Bill is a very dedicated employee with a wide range of skills," said Jim, Shire of Lake Grace Chief Executive Officer. "His contribution to improving the road network throughout the Shire is very much appreciated." "In this day and age," Mr Fraser said, "local government employees are unlikely to remain with one employer and this makes Bill's achievement of 25 years continuous service even more remarkable."



Osteoporosis Solutions

The Osteoporosis Solutions' mobile service will be in Lake Grace on Thursday 16 and Friday 17 July 2009.

Osteoporosis Solutions commits to providing the best possible service of testing and diagnosing Osteoporosis for both men and women of all ages.

A medicare rebate is available for patients who qualify. Patients aged 70+ will be bulk billed under medicare.

Please make an appointment with the Lake Grace Medical Centre to get your referral from the doctor for this service.

You need the referral before you can make an appointment with the mobile service.

Any enquires please phone the Lake Grace Medical Centre on 9865 1208.

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SCIENCE AND STUFF

FROM THE START, BLOOD FLOWS FROM THE HEART:

When the embryonic heart begins to beat, it kick starts the production of blood from cells lining the growing aorta, two independent research teams have shown. As the heart starts pumping a primitive blood-like fluid around the body of an embryo, the change in pressure from the flowing liquid is the cue for cells lining the aorta to change first into blood stem cells, then into all blood cell types in the body. As they multiply and mature, these rapidly replace the initial embryonic "blood", which is composed of embryonic red blood cells in a nutrient-rich serum. Leonard Zon of the Howard Hughes Medical Institute in Boston and his colleagues demonstrated that the pressure of the embryonic fluid is what switches on the production of adult blood in zebra fish and mouse embryos. "The finding answers an age-old question as to why the aorta makes blood stem cells at all," says Zon, whose findings appear in *Cell* (DOI: 10.1016/j.cell.2009.04.023). "The answer is that there must be a cue to start making adult blood cells, and that cue is the onset of circulation and blood flow," he says. The discovery could lead to a source of blood for people with leukaemia who need a transplant but don't have a matched donor, by exposing stem cells to flowing liquid, says Zon. In a separate study, George Daley of the Children's Hospital Boston and colleagues found that blood cells form more readily in cultures of embryonic stem cells if they're exposed to fluids mimicking the usual flow and pressure of blood (*Nature*, DOI: 10.1038/nature08073). They also showed the phenomenon in embryonic aortic tissue from mice embryos engineered to have no heartbeat or circulation. Left alone, the aortic tissue made little blood, but blood production soared when Daley exposed the tissue to flowing fluid.



SATELLITE DELAYS PUT GPS AT RISK: Don't take your satnav for granted. Existing satellites are ageing, and replacements are behind schedule and over budget, according to a report from US Government Accountability Office (GAO). Satnavs and other GPS devices calculate their position by comparing time signals from at least four satellites. To keep that many within range at all times requires a fleet of at least 24. For now there are 31 operating, but 13 of them are more than four years past their design lifetime. The first replacement "block IIF" satellites are not due to launch till November, three years behind schedule, and the GAO predicts a 20 per cent chance that the fleet will drop below 24 at times in 2011 and 2012. That wouldn't cause GPS to shut down, but its accuracy would drop unpredictably.

Plans by the US air force for the next generation of improved "block IIA" satellites, could also fall behind. The GAO calculates that if they slip by just 2 years, there is a 90 per cent chance that the fleet will drop below 24 in 2018. A terrestrial radio navigation system called Loran could provide back-up for GPS, but a draft of the 2010 federal budget suggests shutting down Loran's US component.



GO EASY ON THE SUPPLEMENTS TO BENEFIT FROM EXERCISE: Popping too many vitamin pills might block at least one of the beneficial effects of exercise. Exercise is known to increase insulin activity and so reduce the risk of developing type 2 diabetes. However, it also raises levels of free radicals, highly reactive molecules produced by the body that are thought to contribute to ageing and other ill effects. Michael Ristow at the University of Jena in Germany and colleagues wanted to find out whether the free radicals and increased insulin sensitivity are linked. They asked 40 people to exercise for 85 minutes a day, five days a week for four weeks, and gave half of them 1000 milligrams of vitamin C and 400 IU of vitamin E per day. These vitamins are antioxidants, which are thought to mop up free radicals, and the doses are similar to what you get from some vitamin supplements. After four weeks, there was a twofold increase in free radicals in the muscles of those who had not taken vitamins, but no increase in those who had, which suggested that the vitamins were indeed mopping up the free radicals. The team also found a significant increase in insulin sensitivity in the group who had not taken vitamins, but no increase in subjects who had. They conclude that by mopping up the free radicals the vitamins may interfere with the beneficial effects of exercise (*Proceedings of the National Academy of Sciences*, DOI: 10.1073/pnas.0903485106). Ristow points out that, such high doses of vitamin C and E are not found in all supplements, or in the recommended daily amounts of fruit and vegetables.

PRAIRIE DOGS ISSUE WARNINGS IN GLORIOUS

TECHNICOLOUR: Prairie dogs talk some pretty colourful talk. Not only do their alarm calls tell others about the type and size of the approaching predators, but seems they can also warn of the hue of an imminent threat. Living in the North American grasslands, prairie dogs were previously shown that they produce different alarm calls in response to humans, coyotes, domestic dogs and red tailed hawks. For humans, the calls even vary according to the person's size. They react differently towards each call, all hiding if approached by humans, whereas only nearby animals hide if it is a hawk. In the latest study, a team from the Northern Arizona University in Flagstaff, led by Con Slobodchikoff, recorded the alarm calls as three similar-sized women wearing blue, yellow or green t-shirts walked past the prairie dogs 99 times. They found that the calls were similar for green and yellow t-shirts, but significantly different for blue (*Animal Cognition*, DOI: 10.1007/s10071-008-0203-y). Prairie dogs have dichromatic vision, a form of colour blindness where only two of the three primary colours can be discerned. As they are sensitive to blue and yellow, this explains why they cannot distinguish green. Still, the fact that they can "talk" colour "probably makes this the most sophisticated animal communication system that has been decoded so far," says Slobodchikoff.



Maurice Gilson.



Visitors Centre

(Stationmaster's House)

Thank you so very much to all our volunteers who help out. We really do appreciate all your help and valuable time that you put into the Visitors Centre.

Shop Local and buy all your Gifts at the Lake Grace Shire Visitor Information Centre. Gift Vouchers now available

volunteer group so if you have 3 hours to spare and love to meet new people from all over the world "literally" we would love to hear from you. Either drop in and talk to one of the volunteers today or write your name down in the roster book. For more details please phone Mary on 9865 1321

SALE

- 10% off River-Gum Lavender Skin Products
- 15% off Sophisticake Fruit Cakes
- 30% off Tea Tree Oil

We are constantly looking out for new people to join our

June 2009						
Mon 8th * Bill Jenks *	Tue 9th * Betty Daly-King	Wed 10th *	Thur 11th * Elsie Bishop	Fri 12th *	Sat 13th *	Sun 14th *
Mon 15th * Bill Jenks *	Tue 16th * Betty Daly-King	Wed 17th * Val Whiting	Thur 18th * Henk Doelman * Elsie Bishop	Fri 19th *	Sat 20th *	Sun 21st *
Mon 22nd * Bill Jenks *	Tue 23rd * Betty Daly-King	Wed 24th * Val Whiting	Thur 25th * Henk Doelman * Elsie Bishop	Fri 26th *	Sat 27th *	Sun 28th *

SAND 'N' SALT

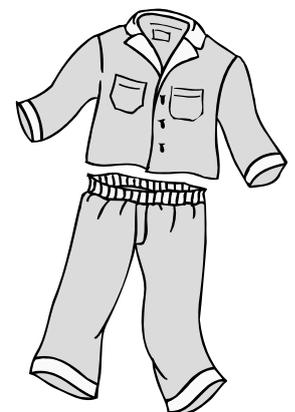


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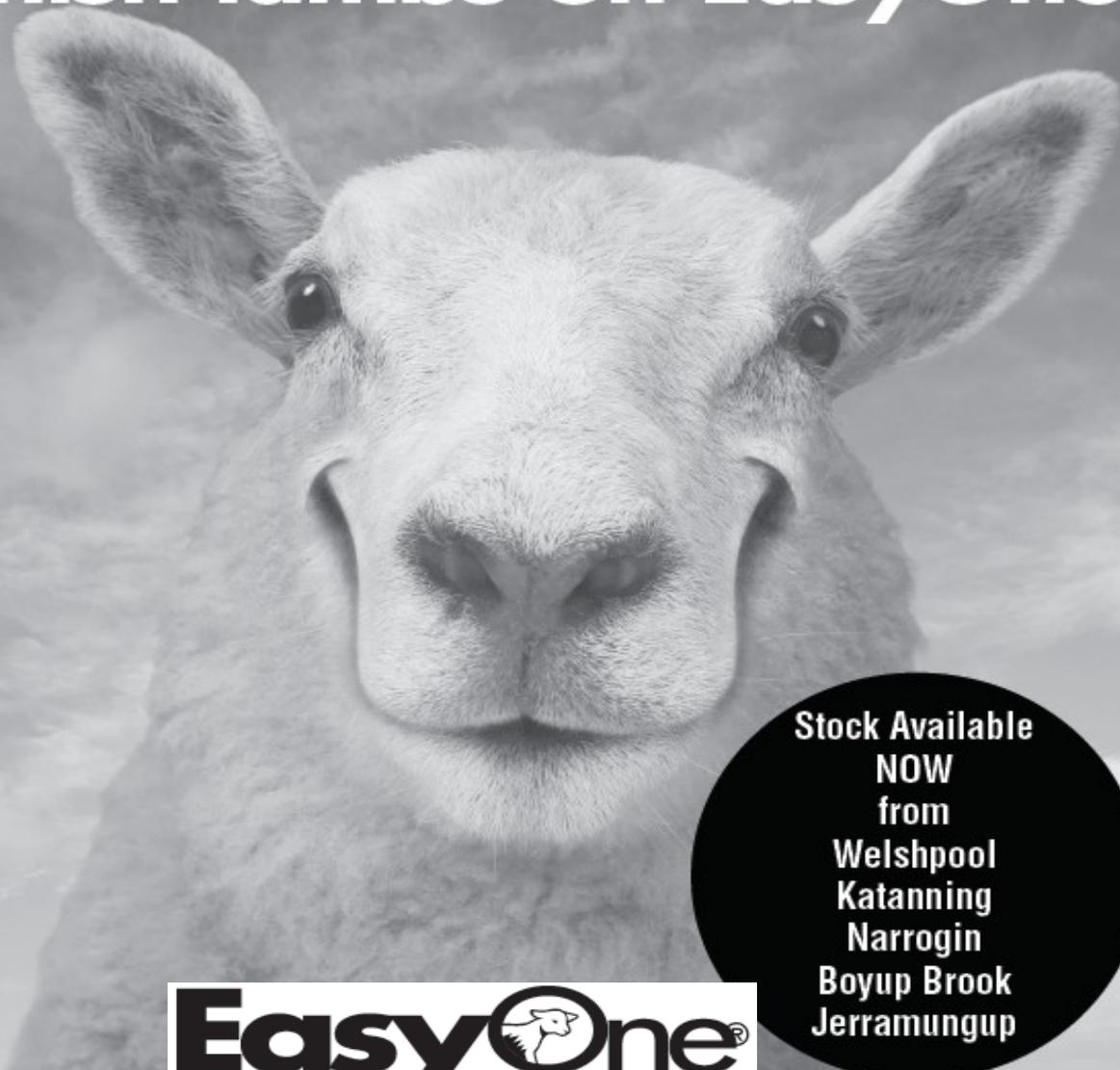
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Street Stall With yummy cakes & lots of raffles

Friday 26th June—from 9:00 am

(until sold)

at the Plaza entrance



This is being held to raise funds for new televisions (LCD flatscreen with inbuilt DVD player) for each of the patient rooms at the hospital.



We are hoping that all the community will help us by supporting our fundraising efforts. It is our aim to raise \$5,000 towards this project. All donations will be gratefully received.

HACC Happenings:



Foot Clinic

Tuesday 9th June 2009

9:00—12 noon

Lakes Village Hall

A falls prevention initiative.

Medications for Seasonal Workers



Farmers & employers:

Please inform your seasonal workers that they need to bring sufficient prescription medications with them, as there is no pharmacy in town and the hospital is not permitted to dispense prescription drugs.

If people need further medications they will need to take prescriptions to the Doctors Surgery or make an appointment with the Doctor for any new prescriptions.

Well Womens Clinic

Next clinic scheduled for

Monday 15th June

Call Jill Dykes 9871 9024 for an appointment



Immunisation

**Lake Grace
Monday 8th June
9:30 am—12 midday**

by appointment only

Call Elizabeth Trevenen on 9890 2246



**Newdegate
First Wednesday of each month
10am—11.30am**

Call Jill Dykes on 9871 9024.

COMMUNITY CONSULTATIONS

What do you see as the future direction of our health services?

Come to one of the community forums held at the Lake Grace Telecentre.

Meeting 1:

**Wednesday 24th June 2009
7pm—8.30pm**

Meeting 2:

**Thursday 25th June 2009
10.30am—12 noon**



Shire of Lake Grace NEWS & NOTES

PO Box 50 Lake Grace

Phone 9890 2500

Fax 9890 2599

Email shire@lakegrace.wa.gov.au

Attention: Ratepayers and Residents

Community Consultation Meetings

LOCAL GOVERNMENT REFORM PROCESS

In February 2009, the Minister for Local Government announced a package of wide ranging local government reform strategies. He invited each Local Government to engage in structural reform and look at the issues of boundary changes, amalgamation, shared regional services and a review of the number of elected representatives (Councillors).

Since that February announcement the Minister has been reluctant to be specific on determining details to guide Local Government. The Shire of Lake Grace has moved promptly and is exploring options it considers most suited to the needs of current and potential residents and ratepayers.

Those alternatives have been shared with the Minister's Office but implementation will not be considered until the communities affected have been consulted and their input received. The alternatives and issues are being considered as the Shire sees them.

Two rounds of community consultation meetings will be held, each round will consist of meetings in Lake Grace and Newdegate. The first round of meetings is scheduled for Thursday 4 June 2009 and the second round

in late June or after seeding, whichever is the latter. Council is being assisted in the process by Mr Tony Cooke.

Final reform proposals from all WA Local Governments including community consultation and comment are to be submitted to the Minister by 30 August 2009.

First Round Meetings

Thursday 4 June 2009

Newdegate Library Telecentre 3.00pm - 5.00pm
Lake Grace Library Telecentre 7.00pm - 9.00pm

Meet Tony Cooke and participate in a briefing which will outline the nature of the Shire's actions and enquiries to date.

Initial comments and reactions from ratepayers and residents will be taken on board but the purpose of the first round of meetings is to set the scene for more detailed consultation with communities once they've had the opportunity to consider the details.

Community members are encouraged to attend and to have your say in the Shire of Lake Grace's future!

For further information contact Jeanette at the Shire Office ☎ 9890 2500

CONGRATULATIONS

Congratulations and thanks to Mr Bill Bolas who has attained 25 years of dedicated service to the Shire of Lake Grace.

We are pleased to announce the appointment of Mrs Jo Morgan as Community Services Assistant. Jo was previously the Customer Services Officer. Shire Councillors and staff congratulate Jo and welcome her to the position.

Audit Committee Meeting Change of Date

Wednesday 24 June 2009
12pm in Shire Council Chambers



Shire of Lake Grace NEWS & NOTES

PO Box 50 Lake Grace

Phone 9890 2500

Fax 9890 2599

Email shire@lakegrace.wa.gov.au

Traffic Counters Stolen

Two traffic counters were recently stolen from sites at North-east Newdegate and Magenta. The thieves cut the chains and padlocks and removed the counters from Old Ravensthorpe and Breed Roads.

Two counters were also stolen from Newdegate in 2007. The replacement cost of each counter is approximately \$3000 and is borne by ratepayers.

The Shire uses the statistics from the counters to get funding to maintain and upgrade local roads, and to plan for future road projects.

Council urges locals in areas with road counters to be alert and report any suspicious behaviour to the police.

WORKS CREW

The Shire Works Crew, with contractors, has been busy working on the following projects:



- Upgraded Lake Grace tip (*please follow the signs*)
- Varley Tip - tidied and dug new excavation pit
- Wattle Drive, Lake Grace - storm water drains completed and road construction primed ready for sealing
- Upgraded Mason Street, Lake Grace
- Installed box culverts at North Newdegate Road, Webb Road and Biddy-Camm Road
- Upgraded Taylor Road intersection, Lake King
- Commenced paving footpath Stubbs Street, Lake Grace
- Widened the shoulders on Norseman Road, Lake King townsite

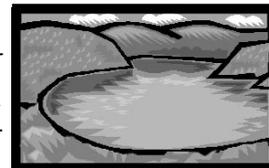
Dog owners—Stoop for Poop

Dog droppings are a source of annoyance to other users of recreation areas. Dog owners are reminded that it is their responsibility to remove and adequately dispose of their dog's droppings if it defecates in a public place.

Carry a plastic bag when walking your dog. Place your hand on the inside of the bag and pick up your dog faeces. Fold the plastic bag back over your hand, remove your hand and tie a knot in the top of the bag, and place the bag in the bin.

New Dam at Sugg Rock

A Department of Water grant will see a new dam, tanks and standpipe built at Sugg Rock Water Reserve.



The Shire of Lake Grace has secured a \$100,000 Community Water Supply Program grant to construct a new dam and improve the catchment at Sugg Rock, 10 kilometres north-west of Lake King.

The existing dam is approximately 50 years old and was condemned after the asbestos roof covering collapsed. The Water Corporation began removing the asbestos last month and the site will be fenced and cleaned up to be environmentally safe.

The project will see a new 10,000m³ dam constructed southwest of the granite rock. The channel leading from the Sugg Rock catchment to the old dam is in good condition and will be diverted to the new dam.

The grant also provides funds for two 60,000 litre tanks, pumps, security shed and a standpipe. The Shire of Lake Grace will improve the access road and construct a turn-around for the standpipe.

The Sugg Rock Community will make significant volunteer contributions to the project including supply and cartage, and providing machinery, equipment and labour. Mr Geoff Fairhead of Ravensthorpe will manage the project with support from the Shire of Lake Grace.

When completed, the project will provide the Sugg Rock community with reliable and quality water for households, gardens and livestock, particularly in times of drought and low rainfall. It will also ensure an emergency water supply for fire control and reduce travel time and water cartage for farmers.



Lake Grace Artists' Group notes



This week don't forget to go and check out the Thomas the Tank Train Exhibition that is on in the Art Space from the 3rd to 12th June, Doug and Val Whiting have set up the display for you to go and check it out from 10am-4pm each day.

We'll be putting the Art 2 Wear costumes up in the Art Space front window after the train exhibition (put up 4-5 costumes at a time and swap them every couple of weeks). So we need to get the costumes dropped off at the Art Space in the next few weeks. So any one who has costumes could they please save them and we will get you to drop them in soon.

We have also been asked by Newdegate Field Day to put the parade on again this year, so any student or adult that made and, or modelled an Art 2 Wear garment please do not trash them, save them for the window display and the field day display.

Phyl Dunham's 80th! birthday is on June 27, so after our June meeting (Tuesday 16) we're having a birthday luncheon for her. Everyone is asked to bring a dish to share. If you are a member or a social member of the art group please come along and join in helping Phyl celebrate this milestone. Phyl is the Keeper of the Art Space and does a wonderful job of keeping it and us organised.

A Banner-making workshop is planned for August 8 / 9. Don't know much more about it than that, other than we need to think about what kind of banners we will want to make for outside the Art Space. So start looking and taking photos, collecting images and of course putting your designs on paper as we need lots of ideas so we can finally design and construct some wonderful banners for the outside of the Art Space and to be part of the wind festival coming up.

We had our paper making workshop held last weekend of the 30th and 31st, and what a great and messy time



Left to right: Jayne-Maree Argent, Phyl Dunham, Anna Strevett, Judy Stuart, Tracey Fisher.
Front: Kate Fisher

was had by all, luckily we had some great plastic aprons that kept us clean and very dry.

With six participants in the group there was plenty of recycled paper, room and equipment, no one had to share, which was wonderful. After blending bucket loads of recycled paper ready to be remade into new paper with a colorful or artistic bent.

Paper is an integral part of our lives today. From the newspaper we read to the packaging we nonchalantly throw away every day. We don't give it a second thought, assuming that paper, like everything else must be the end product of a sophisticated process. Unbelievable as it may seem the basic principle of making paper today is exactly the same as when it was first discovered in China 2000 years ago.

Making paper looks easy, is easy when you know how, but is still a very labour intensive job, so we worked long and hard for the two days. No slacking off for these girls. So if you saw us working hard outside the Art Space enjoying the lovely balmy weather and not making a mess inside you now know what we were doing, definitely something for the environment.



Above: Kerrie Argent and Phyl Dunham

would like to thank Ben for making us a great paper press to use (my mother's day present and very much appreciated) it did a wonderful job, marvellous. Papers strength and durability is in the ability to be able to press the paper well and this did the job very well in about 20 minutes. Now we will have to make more paper so we can use the press more.

We are hoping to have a journal making workshop from these papers in the next couple of months to make good use of our new papers. Even if you haven't got hand made paper you will still be able to come. We are also thinking of having another papermaking get together before then if any one missed out and would still like to learn to make paper. Will let you know if this is happening.

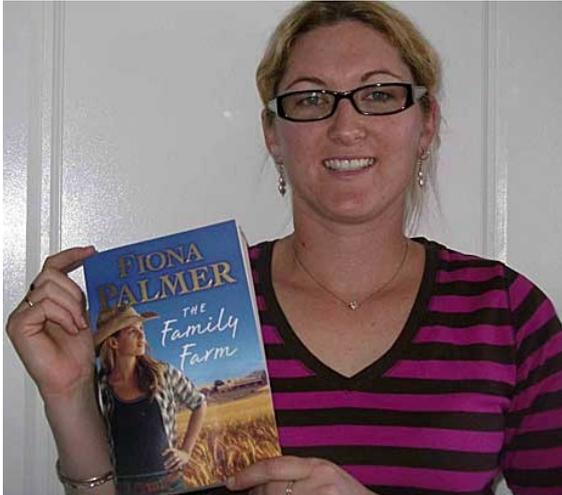
Kerry Argent

The Family Farm

Well done to Fiona Palmer who has published her first novel, *The Family Farm*.

Isabelle Simpson longs to take over the family farm, but her ailing father is locked in a tragedy of the past and won't give her the break she deserves.

The stand-off between them threatens to tear the family apart. Izzy decides to break free and make a new start for herself – even though that means leaving the handsome Will Timmins and all her mixed emotions about him behind.



But when hardship falls on the farm again, Izzy returns with an even greater determination to resolve the family feud. As she gathers with her friends in the close community under the shade of the gum-tree tavern, confessions are made, long-held secrets are revealed and hearts are set free.

Set under the blazing blue skies and in the golden wheat fields of Western Australia, this is a colourful story of family life on the land, and a heartwarming romance about finding true love and following your dreams.

Weight Watchers

Held Every Tuesday @ 6.30pm
Lake Grace Telecentre

New Members Welcome Anytime

For more information please contact
Shelley Stanton on 9865 1865.

Bank Manager Regional Banking – Lake Grace

Now, more than ever, Bank Managers are important to our local community. A Bank Manager that cares about the community, and the hopes and ambitions of local residents and businesses, is a person that the community knows and can trust in good times and bad. At Westpac, we are turning banking upside down by building strong teams at a local level, led by Bank Managers who are close to our customers and empowered to make decisions quickly that make sense for people in that community.

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or contact Sally Farr on 08 9426 2894

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- an eye for innovation
- a passion for delighting customers

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In turn, we offer a great work environment where you'll feel respected and valued. You'll be rewarded with a competitive salary and benefits package and the satisfaction of working with Westpac – helping us help customers better than ever before. Our customer base is diverse and so are the people who work at Westpac, so people from all walks of life are encouraged to apply.

Your attitude and passion are as important to us as your experience. The pay range for this position will be around \$65,000 + superannuation + bonus.

Westpac is
bringing back the
bank manager.



NIGHT WATCH



Welcome to Night Watch for the period from midnight Friday 5th June to midnight Friday 19th June 2009. – International Year of Astronomy which is always looking up.

PHENOMENOM: On Sunday 14th Jupiter and Neptune will be 3° south of the 69% Moon in the constellation of Capricornus, with the Moon rising at 10:57pm and planets at 9:58pm. They will move closer together during the night and will be closest at midnight. Then on Friday 19th Venus and Mars will be 2° apart and may be viewed between 3:45am and 5:40am in the north east.

Our Local star “**THE SUN**” resides in TAURUS all fortnight at magnitude -26.72. Never view the Sun without proper eye protection or not at all as one look may damage your eyesight forever. But if you would like to view the Sun I have proper solar protection with my telescope and viewing is free.

TWILIGHT: on Saturday 6th starts at 5:36am, while evening twilight finishes at 6:38pm. On Saturday 13th twilight begins at 5:37am and evening twilight finishes at 6:36pm. Morning twilight starts at 5:41am on Friday 19th and evening twilight ends at 6:39pm.

The 99% **MOON** on Sunday 7th in Scorpius will be 0.6° North of the red star Antares (the heart of the scorpion). On Sunday 8th the 100% Full Moon in Ophiuchus (the serpent carrier) will occur at 2:04am. The 96% Moon on Wednesday 10th will be at Apogee, furthest from Earth at 405,787 km's at 11:52pm in Sagittarius. The 69% Moon on Sunday 14th will be 3° North of Jupiter and Neptune in Capricornus. On Tuesday 16th the 49% last quarter Moon at 6:07am in Pisces to the North and also 6° South of Uranus (3 fingers at arms length).

MERCURY at magnitude -0.1 in Taurus on Saturday 6th rises at 5:18am on the East/north/east horizon just before twilight. On Saturday 13th at magnitude -0.7 Mercury rises at 5:12am, at its greatest Elongation West at 23° Mercury on Sunday 14th will be at its Greatest Latitude South rising at 5:13am at magnitude -0.9. On Friday 19th Mercury rises at 5:21am. A telescope shows Mercury's crescent phase.

VENUS at magnitude -4.1 in Pisces at its Greatest Elongation West at 5am rises at 3:24am on Saturday 6th in the East/north east. On Wednesday 10th at 3:27am Venus rises in the constellation of Cetus the whale or monster, before rising in Aries on Friday 12th. Rising at 3:29am on Saturday 13th Venus will be at Aphelion, furthest from the Sun at 109 million km's. Venus on Friday 19th rises at 3:34am close to Mars at 2° South in the East/north/east and is easily recognised in the pre-twilight sky.

MARS the red planet shining at magnitude +1.2 in Aries and trailing Venus on Saturday 6th, rises at 3:46am in the East/north/east. On Saturday 13th Mars rises at 3:43am. Mars on Friday 19th rises at 3:40am close to Venus at 2° north.

JUPITER the giant gas planet shining at magnitude -2.5 in the constellation of Capricornus the sea goat rises at 10:29pm in the East/south/east on Saturday 6th. On Saturday 13th Jupiter rises at 10:02pm and on Sunday will be 3° south of the 69% Moon at midnight. Jupiter on Friday 19th rises at 9:28pm

SATURN the ringed gas planet at magnitude +1.2 in Leo is in view until just after midnight and is direct north at 6:45pm just after the end of twilight at 6:38pm. On Saturday 13th Saturn sets at 11:34pm in the west/north/west. Saturn on Friday 19th sets at 11:12pm. More

on Saturn below.

URANUS the blue/green coloured gas planet at magnitude +5.7 in Pisces rises in the east/north/east on Saturday 6th at 12:51am. On Saturday 13th Uranus rises at 12:24pm. Uranus on Tuesday 16 will be 6° south of the Moon. On Friday 19th Uranus rises at 12:01am.

NEPTUNE the grey/green coloured distant gas planet at magnitude +7.8 in Capricornus rises at 10:27pm near Jupiter. On Saturday 13th Neptune rises at 10pm just in front of Jupiter. Neptune like Jupiter on Sunday 14th will be 3° south of the Moon. On Friday 19th Neptune rises at 9:36pm.

Now is a very good time to view the last of Saturn with its ring and Moon system. Titan the brightest of the Moons will be in the east of the planet on the 10th until the 16th and in the west from Wednesday 17th until Tuesday 23rd when it will go back to the east. With your telescope you may find 4 more Moons around the planet, although they are small points of light you can make them out as they are not far from the planet's disc, where, as Titan is further out but fairly bright.

JUPITER is now working its way up in the evening sky and will soon be high enough for evening viewing. If you have not viewed Jupiter through a telescope you will be surprised in what there is to see.

The planet has bands of storm clouds of different colours with the largest being the Great Red Spot and has been around for thousands of years. The spot is only visible for an hour at a time, I will start giving the times in the next paper along with Jupiter's Moons as they cross the planet with their shadows and move behind and reappear on the other side. They may be 4 on one side, 2 on each side. 3 moons on one side and 1 on the other. Any size telescope will do.

If you have not found the emu yet now is a good time as it will be fairly high in the night sky after twilight high in the south sky, from the Southern Cross to Sagittarius following the dark dust and hydrogen lanes. No telescope is needed, just your naked eyes from a dark spot.

For viewers without a telescope and have a pair of binoculars or naked eye sight you can view the bright orange star Arcturus in Boots the herdsman almost in the north. To the east of it is the half circle of stars which make up the Constellation of Corona Borealis, The Northern Crown. (the southern crown is underneath Sagittarius). In the East/south/east you can make out the constellation of Scorpius, the scorpion with 4 stars in a line for the head and a line of stars in a long bend and finishing with the hook for the tail.

In front of the scorpion's head is Libra, which in ancient times represented the scorpion's claws. The main star in Scorpius is Antares, which is the red star along the body and represents the heart.

If you would like to view these or other objects, Viewing at my place is free.

Maurice Gilson.

16 Clarke Avenue Lake Grace.

Phone: 9865 1516 or mobile 04 585 383 88.

Email: ngj11687@bigpond.net.au

Amphetamine (Ice) Epidemic

Emergency department doctor Daniel Fatovich has witnessed first-hand the devastating effects of amphetamine use—and worries we still don't know the worst of their effects.

WA's ice epidemic has hit the headlines recently, with both the State and Federal governments unveiling new plans to tackle the problem and Police Commissioner Karl O'Callaghan crediting increased amphetamine and alcohol abuse with a rise in the severity of violent assaults in Perth.

But Dr Fatovich, who is associate professor of emergency medicine at Royal Perth Hospital, says the problem is more than a headline. He said every week about 12 people sought urgent medical attention at the emergency department relating to amphetamine use. "I think people do not really appreciate the harmful effects of amphetamine use- it is almost socially acceptable but they are dangerous drugs," he said.

"I call them the cigarettes of the 21st century because a lot of people are using it and we don't know much about its long-term effects." The term 'ice' refers to crystal methamphetamine hydrochloride.

It is the most potent form of a group of drugs classed as amphetamines and works by speeding up the messages going to and from the brain. Short and long-term effects of the drug include heightened senses, increased energy and confidence, paranoia, delusions, mood swings, aggression and psychosis.

Statewide amphetamine seizures have jumped 150 per cent from 1998 to 2005.

According to Drug and Alcohol Office executive director Terry Murphy, up to 4500 visits to emergency departments and 450 mental health admissions across Perth every year were as a direct result of amphetamine use.

In the past month the Federal Government has rolled out a series of graphic anti-ice advertisements.

Premier Alan Carpenter also launched a \$16 million package to combat what he called the State's "amphetamine scourge". The plan will mean tougher penalties for drug dealers, especially around children or licensed premises.

There will also be an extra 25 rehabilitation beds for drug treatment centres and more funding for the police's drug and alcohol unit.

Drug and Alcohol Unit Inspector Pryce Scanlan said the extra funds would mean more staff and targeted operations, especially around licensed premises.

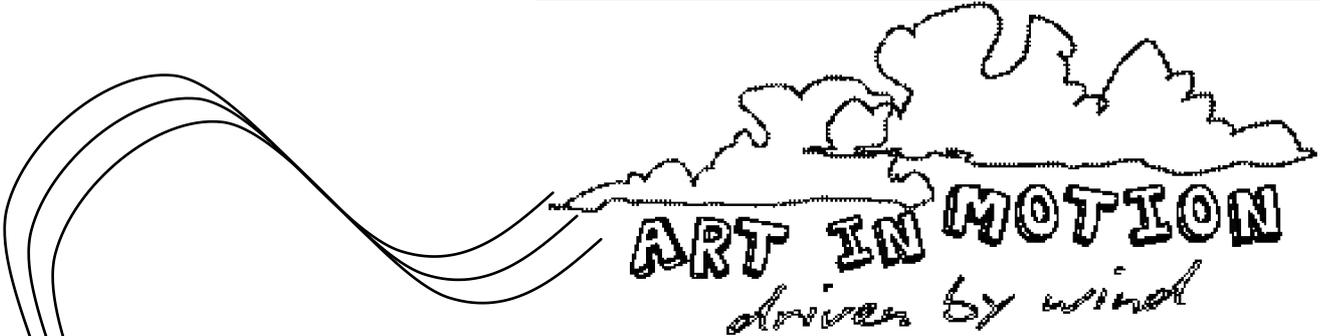
ICE

- 'Ice' is a street name for crystal methamphetamine hydrochloride.
- It is also commonly known as crystal, crystal meth or rock.
- It costs \$350-\$500 per gram, though it is commonly sold in 'points' for about \$100 per one eighth of a gram.
- It can be swallowed, injected, smoked or snorted.
- Short-term effects can include anxiety, panic attacks, increased energy and confidence, aggression, sweating and headaches.

Long-term effects can include paranoia, mood swings, psychosis, mental illness, violent behavior, malnutrition and reduced resistance to infection.

By Kate Emery
Western Suburbs Weekly
Tuesday 04-09-2007

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
6/6	7:03am	5:06pm	3:44pm	5:37am	13/6	7:07am	5:06pm	10:01pm	10:44am
7/6	7:04am	5:06pm	4:29pm	6:35am	14/6	7:07am	5:06pm	10:57pm	11:11am
8/6	7:04am	5:06pm	5:20pm	7:30am	15/6	7:07am	5:06pm	11:54pm	11:38am
9/6	7:05am	5:06pm	6:14pm	8:19am	16/6	7:08am	5:06pm	D.N.R	12:05pm
10/6	7:05am	5:06pm	7:11pm	9:02am	17/6	7:08am	5:06pm	12:53am	12:33pm
11/6	7:06am	5:06pm	8:08pm	9:40am	18/6	7:08am	5:06pm	1:54am	1:04pm
12/6	7:06am	5:06pm	9:05pm	10:14am	19/6	7:09am	5:06pm	2:59am	1:41pm



ART IN MOTION

driven by wind

How would you describe the climate of Lake Grace to a distant friend or relative? Mild summers?—yep. Fairly cold?—fairly often. Windy?—absolutely. Not Geraldton-style windy where you can boast about being Mecca to the world's windsurfers. Sure our cool breeze of a summer evening is great for a good night's sleep, but as for the rest of the year local houses need to be triple-sealed for dust and draughts, outdoor bbq's have a 5pm curfew (or sooner, depending on when you here the roar of the Albany doctor heading your way), and sub-zero wind-proof jackets are considered a wardrobe essential.

However, for centuries people have harnessed the power of wind to do all sorts of amazing things, like generate energy, advance transportation, propel machines, inspire mythology and fuel sport and recreation. The wind also plays an integral role in the workings of our planet, such as seed dispersal, pollination, bird migration (we'll skip over soil migration). So this year, in October in Lake Grace, we're having our own celebration of wind and all the (com)motion it creates, and it's called *Art in Motion: driven by wind*.

We're looking to cover the town in all things wind-driven. We want to see flags in business-fronts, wind chimes on verandahs, streamers on car aerials, windsocks in backyards, and propellers on your caps if you really wish. Anyone can be a part of it, individuals, groups, families, businesses—everyone.

Bring it up at your next get-together with your friends, family and colleagues to discuss how you can get involved. Keep an eye out around town in the coming months for project ideas we'll be displaying to help get you started. If you're keen to get going before then, get on the web and Google any term like Kites, Windsocks, Flags, Wind toys, etc...

For any queries, contact one of the art group members.

Sarah Allen: 9864 9043

Tania Spencer: 98651 339

Michelle Slarke: 9890 2500

Kerrie Argent: 9865 4042



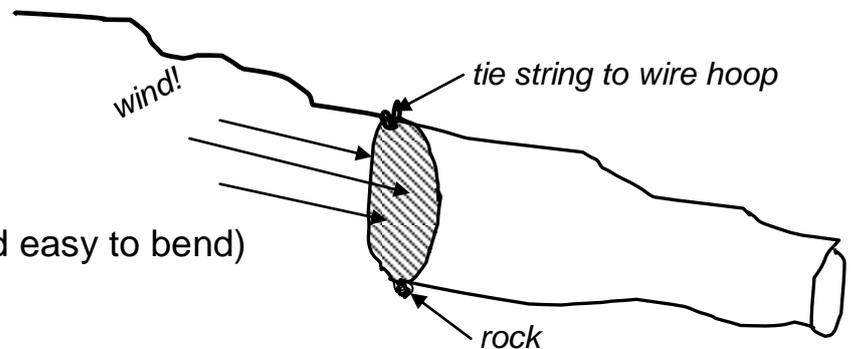
It's windy in Lake Grace—especially in October. So this year we're going to make good use of it. October 2009 will be host to *Art in Motion: driven by wind*, a celebration of the amazing power of wind. So when that Albany doctor roars up in the evening, expect to see kites, flags, windsocks, spinners, streamers and more covering the town—ready to harness that cool breeze (or gale). Anyone can take part. Here's just one idea...



How to: *make a windsock*

MATERIALS

- long sleeve off an old shirt
- needle and thread
- string
- scissors
- wire (make sure its light and easy to bend)
- small rock or weight
-



PROCESS

Cut an arm off an old long-sleeved shirt. Cut off the cuff as well.

Bend the wire into a circle. Make sure it is the same size as the shoulder-end (big end) of the sleeve.

Place the wire into the top end of the sleeve. Take the needle and thread and stitch it in, so the wire will stay in place. This is the mouth of the windsock.

Sew the rock or any small weight into a scrap of cloth, and attach it to one edge of the wire. (You could just sew a couple of washers onto the wire, without the cloth). The rock will keep the windsock facing into the wind.

Tie one end of the string onto the wire, opposite the rock. Tie the other end to a branch where it can move freely.

Want to try something else? Check out other windsock instructions at:

<http://www.kitemonger.com/kiteplan/spinsock/index.html> (sewing machine needed)

<http://jas.familyfun.go.com/arts-and-crafts?page=CraftDisplay&craftid=10298> (good for kids)

<http://www.craftsofchaddsford.com/makewindsock.htm> (hanging fabric windsock)

<http://home.howstuffworks.com/weather-experiments-and-activities1.htm> (intermediate level)

Sarah Allen: 9864 9043 Tania Spencer: 9865 1339
Michelle Slarke: 9890 2500 Kerrie Argent: 9865 4042





LAKE GRACE DISTRICT HIGH SCHOOL NEWS



This semester, the secondary students made tea light holders for Mother's Day. They also painted some floral arrangements.

Mr Moi



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Important Information

Standard & Poor's Rating A-3 (Short Term) BBB- (Long term)

Rates effective from 1 June 2009, and are subject to change without notice.

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LANDMARK

look to us

Minister for Sport and Recreation

More funds and greater flexibility for CSRFF.

The State Government today announced a revamp of the community infrastructure funding program to ensure more money is spent on a wider range of sport and recreation projects.

Sport and Recreation Minister Terry Waldron said the maximum available grant under the Community Sporting and Recreation Facilities Fund (CSRFF) would jump from \$1.8 to \$4million.

“An extra small grants round has been created for projects under \$150,000. The application form and process for this round will be simpler and run twice a year,” Mr Waldron said.

“We have also initiated a Development Bonus scheme. The standard CSRFF grant provides up to one-third of a project’s funding but, through the Development Bonus, an application can receive up to 50 per cent of the total cost of the project if the project satisfies certain criteria.”

The Minister said this would include the achievement of important Government outcomes such as co-location of facilities, increasing participation amongst low participation groups and sustainability initiatives.

Funds will also be quarantined for non-metropolitan pool upgrades (\$750,000) and sustainable initiative projects such as water and energy saving projects (\$1million).

The CSRFF was increased from \$9million per annum to \$20million a year in the 2009-10 State Budget, providing funds for infrastructure such as club rooms, tennis courts and lighting.

“Sport and recreation has an important role to play in building stronger, healthier, happier and safer communities,” Mr Waldron said. “These extra funds will help to ensure that grass roots sport and recreation organisations can provide the context for communities to be active.

“Beyond the social benefits that come from people being involved in sport and recreation together, this increase will provide a boost to local tradespeople, who will build the new and improved infrastructure.”

For more information on CSRFF grants, contact your local Department of Sport and Recreation office.
Media contact: Paul Jarvis - 9213 7200

You can subscribe to have media releases emailed automatically from the Government’s website:
<http://www.mediastatements.wa.gov.au>

Pingrup Maintenance Service

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- All types of brick work
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- General Improvements & Alterations
- Wall Tiling
- Floor Sanding
- Sealing & Polishing

Contact Gib on 9820 4090 or or 0427 201 094

Eastern Wheatbelt Declared Species Group Monthly Report WILD DOG PROGRAMME 3/4/2009 – 2/5/2009

Aerial baiting was carried out on 21st April and doggers continue to have success in destroying dogs. Doggers have been conducting extensive ground baiting to complement the aerial baiting. Reserve systems and Unallocated Crown Land both sides of the Southern Boundary Fence have been targeted. Doggers reported seeing no evidence that baits have been taken by dogs, however foxes are removing the baits and one deceased fox was found on a bait run.

Heavy dog activity in the south was reported with dogs moving in packs of up to five dogs. Due to this activity, the dogger has relocated 16 traps to the area of highest activity.

The dogger visited a Burracoppin farmer who had

lost 20 rams to a dog attack. On investigation the dogger believes that the most likely culprit is a domestic dog or dogs. DAFWA staff, the Merredin Shire Ranger and the dogger will monitor the situation and assist the landholder to resolve this issue.

Reports of wild dog activity are still being received from the Nungarin area. A meeting has been held and the Shire of Nungarin will consider becoming a financial member of the Eastern Wheatbelt Declared Species Group.

**Adrian Chesson, Biosecurity Officer,
Department of Agriculture & Food, WA—Lake
Grace District Office**

Contract Dogger 1 Report: Number of Days: 12

	Private	Unallocated Crown Land
Properties Actioned	2	10
Dogs Sighted	0	0
Dogs Shot	0	0
Dogs Trapped	0	10
Traps Set	0	16
Baits Made / Laid	24	600
Dogs Poisoned (estimate)	0	0
Stock Damage Sighted	2	0

Contract Dogger 2 Report: Number of days 9

	Private	Unallocated Crown Land
Properties Actioned	1	5
Dogs Sighted	0	0
Dogs Shot	0	0
Dogs Trapped	0	3
Traps Set	0	3
Baits Made / Laid	20	1150
Dogs Poisoned (estimate)	0	0
Stock Damage Sighted	20	0

Attacks and Reported Stock Deaths

Timeframe	Attacks	Stock Deaths
July 07 – Apr 08	91	936
July 08 – Apr 09	44	386 - inc 1 calf

Dogs Caught Since July 2008 and Confirmed Deaths from Baits

Area/Department	Dogs caught
EWDSG	62 (4 shot)
EWDSG (trainee)	7
Department Environment and Conservation	140 (to 30/4/09)
Land Holders (confirmed)	7

I encourage all farmers to report any stock attacks to the Lake Grace DAFWA office – 9865 1205



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Thomas the Food Train *"FISH AND CHIPS* *IN THE PARK"*



Playground Park
Carrie Street, Pingrup

Sunday 7th June 2009

4pm - 8pm

Dealing with Anxiety

Anxiety is one of those words that seems to have taken on new meaning in recent times. Like so many things, when anxiety gets too much it can consume our thinking and lives to the point where we lose control.

So what is it? Well all of us experience anxiety on a regular basis. If we are running late for an appointment, held up in traffic on our way to the airport, or looking to the sky for rain, we feel certain emotional responses which can also manifest themselves in physical behaviours.

You know what happens, feeling tense inside, butterflies in the tummy, a feeling of panic, sweaty palms, sharper sense of awareness, all of which is a normal reaction to the particular situation.

Anxiety under these conditions is normal and in fact will help to focus our energies on solving the problem we are experiencing. The problem is that we are

sometimes under stress from a number of quarters which can lead to a person being in this heightened state of anxiety for extended periods, and this is not healthy.

We should be aware of our anxiety level and if we are experiencing some of the above symptoms too often, or almost constantly with even a slight amount of pressure, stop and take stock of your life.

We should be concerned if we experience unexpected or unexplained episodes of panic or a fear of certain things or situations such as social events or crowds. When we notice these things happening question what is causing it.

Some strategies to reduce anxiety are:

1. knowing effective relaxation techniques such as breathing deeply;
2. managed problem solving. Cutting problems into manageable sizes;
3. physical exercise. Taking your mind off your anxiety;
4. learning ways to push through anxious moments.

Remember you don't have to live with anxiety we can all learn ways to master it. There are lots of good books on managing such things and if you feel it's getting the better of you see a doctor. If we let it "get the better of us" it is very debilitating and can lead to other complications.

Julian Krieg

Wheatbelt Men's Health

Email: menshealth@agric.wa.gov.au



Shire of Lake Grace

Job Opportunity **CUSTOMER SERVICE OFFICER**

The Shire of Lake Grace is looking for someone to fill the role of Customer Service Officer.

This is primarily a 'front counter' position and a first point of contact for Shire customers - if you:

- have a good telephone manner
- enjoy interacting with the community
- have good people and communication skills
- are familiar with computers and word processing
- enjoy working in a busy team environment

..... then this job could well be for you. The position also requires proficiency in cash receipting and you will be trained in traffic licensing.

The job is intended to be full time, with hours from 8am to 5pm, one rostered day off per month and a uniform allowance. Other arrangements may be considered.

For enquiries and a copy of the job description and selection criteria call Mark Burbridge, Manager Corporate Services on

☎ 9890 2500 or download a copy from our website www.lakegrace.wa.gov.au.

Applications will be received in writing until close of business on Monday 15th June 2009, addressed to:

Chief Executive Officer
PO Box 50

Lake Grace WA 6353

or via email to mark@lakegrace.wa.gov.au.

Regional Achievement and Community Awards

The search is now on for individuals, businesses and groups who are making a significant difference in their regional communities through leadership, hard work and community involvement.

Nominations are being sought in the following categories:

- RSM Bird Cameron Business Enterprise Award
- Dept of Local Government and Regional Development Local Government Best Practice Award
- Curtin University of Technology Regional Service Award
- LandCorp Sustainability Award
- Water Corporation Water Conservation Award
- Department of Indigenous Affairs Indigenous Service Award
- Horizon Power Leadership & Innovation Award
- CSBP Environment Award
- Australia Post Community of the Year Award

The winner of each category will win a Commonwealth Bank account worth \$2000.

Applications close **5 August 2009**

For more information go to the Awards Australia website or contact Karen Polkinghorne at karen@awardsaustralia.com

Road Safety Around Road Works

The Lake Grace Roadwise Committee and Lake Grace Police wish to remind motorists to take extra care when travelling on roads that are currently undergoing work.

Road workers are trying to improve the quality of our roads and drivers need to recognise the dangers road workers face on the job when motorists don't heed their directions or signage. The measures that are put in place around road works are done to ensure the safety of road workers and drivers. Road Surfaces are often temporarily uneven or unsealed which driver needs to be aware of.

Road works take longer if the road workers have to constantly watch for speeding traffic and people disobeying signage around the road works. Road works can be an inconvenience but drivers are reminded to be patient as the road works are improving the quality and safety of the road for all drivers. The speed limits that are posted at roadworks

are legitimate and enforceable by police and you can be fined for exceeding the speed limit through the road works.

So next time you are approaching road works remember to slow down and obey the signage and road workers instructions to keep yourself and road workers safe.

Elisabeth Hawkins Rural Service Officer

Elisabeth has a mobile office and helps all rural businesses and farming enterprises with their Centrelink enquiries.

If you would like to make an appointment with Elisabeth please give her

a call on 9841 9126

or 0447 891 985.



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TROLL TALES



Round 6 Karl/Hyden v Lake Grace

To accommodate Karlgarin/Hyden's football fixture last week the game times were reversed with the A grade team taking the field first. Some very ordinary play on an incredibly bouncy ground only just saw Lake Grace come away with the win, 2-0. Coach's awards to Fleur O'Neill, Michelle Cameron and supporting player award to Fiona Chatfield. Goals from Anna Taylor and Fleur.

B grade were next and made up for the dismal A grade game! Good support throughout the field and some really nice passages of play saw the team come away with a 5-0 win. Goals from Caitlyn Trawinski, Jaimee Withnell, Shannon Smith and two from Gracie Kirk at inner. Coach's awards to Phoebe Robertson, Gracie and supporting player to Shannon.

With two games under their belt for the day the juniors took on Karlgarin/Hyden's C grade and kept up their level of play that they'd achieved in the senior games. This produced a winning combination and the team walked off the field with a 7-0 win at full

time. Goals from Phoebe Robertson (2), Gracie Kirk (2), Jade Cameron and making their goal scoring debut, Seaton Willcocks and Abbey Trawinski, who we think was pleased, was a bit hard to tell! Coach's award to Abbey.

Tahryn Gray is the proud keeper of the Chook this week and Jodi Pearce gets the RB award.

The long weekend was a bye for Roe Districts but nice to see a number of the girls lending their support to the other Lake Grace sporting teams and singing up a storm!

Car washing roster is Missy Clifford and Lyn Carruthers this weekend (6th & 7th) and Fee Chatfield and Karen Newman for the weekend of the 13th & 14th July. If you can't make your roster, please arrange your own swap. This Saturday's game is against Bruce Rock at home don't forget your afternoon tea.

PINGRUP / LAKE GRACE JUNIOR HOCKEY

LG/P v Borden - May 30th

With Borden 2nd on the Ladder we anticipated a tough game, though as the game progressed it looked a pretty even match.

About midway through the first term Liam Baker took the ball up the field to score a well earned goal. Expecting Borden to come out strong after half time the team did well to hold and prevented them in scoring, thus giving us a deserving win, at 1 – 0. All players showed great determination for the ball.

It was a debut game for 2 players, Brook Marsh kept to position and had plenty of chances in running down the ball. Benjamin Watson went into goals and looked quite comfortable keeping out those goals. Well done, you both played a great game.

Liam Baker played well keeping the play open by passing wide. Juanita O'Neill played a great game, as did Mitchell Smith. Bradley O'Neill showed plenty of determination fighting hard for the ball. Kathleen Naisbitt and Peter Downey were tremendous in the full back line, both worked very hard.

To sum it up - Well done to all the players you truly deserved this win.

Goal scorer: Liam Baker 1

Awards: Top Effort – Benjamin Watson
Best on Ground – Liam Baker

Paper & Card



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At the Lake Grace Telecentre



LAKE GRACE GYM CLUB

Everyone at the gym club would like to say a huge thank you to Matt Power. Matt has been an absolute legend, giving up his precious time and using his UNBELIEVABLE computer skills to produce a disc full of professional quality music for our competitive gymnasts' floor routines. The gym club has been running in Lake Grace for over 20 years, and it is wonderful to have the recognition and support of the community.

Congratulations must go to Diedre Trevenen and Lisa

Pearce, who have recently passed their WG accreditation! We are now one of the few country gym clubs with 5 accredited gym coaches!

Again; a reminder to parents to attend their set up roster. Failure to attend will result in your child being excluded from gym until a \$40 fine is paid. Remember – our coaches are volunteers, and it is unreasonable to expect them to move the heavy equipment by themselves.

Equipment set up roster for the following fortnight:

Monday 8 th June	Alision & Ken Medlen	Karen & Steve Newman	Tineke & Paul Rawlings	Wendy
Monday 15 June	Helen & Peter Watkins	Yvette and Shaun Downey	Natasha & Scott Strevett	Kate

Rudd Giveth – Rudd Taketh Away

Mr Rudd is giving with one hand but taking with the other. Is the rural and remote sector of Australia so far away from Canberra that the Government has completely lost sight of it?

The Government's budget announcements fall far short of helping rural and remote students access a tertiary education. The proposals set out in the May 2009 Budget see changes to student income support that will act as great impediments to these students' ability to access a tertiary education.

Increased parental income thresholds and discounted asset tests for farmers and small business owners are a plus. The majority of rural and remote students however, have to move away from their family home to access tertiary education. In most cases the family cannot financially afford to help and these students often defer for 12 months to take up work in order to meet the criteria for Independent Youth Allowance. This is all about to change – to the detriment of access to higher education for students from rural and remote Australia.

The move to the single criterion for qualifying for independent youth allowance of 30 hours a week work for at least 18 months in a two-year period will have a huge negative impact on students from rural and remote areas. The change comes into effect in January next year. How do students plan for this at such short notice?

Finding part-time work for 15 hours a week in small country towns is difficult enough but 30 hours a week is even tougher to do. In some cases it will be impossible for students to find this in their home town. We will now have students who couldn't afford to relocate for study purposes, having to relocate for employment purposes to hopefully fund the study relocation!

The joint media release on May 12 by Minister Gillard and Minister Ellis stated, "In these difficult economic times, the Government understands the importance of

supporting young people to enhance their skills for the future". Where is the understanding for rural and remote students in the reforms being introduced?

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Venue: Albany Business Centre
222 Chester Pass Rd. Albany WA 6330.

Cost: \$40.00 per head – light refreshments supplied

Time: 6.00pm to 8.30pm Tuesday 16th June 2009

Register: Email

admin@albanybusinesscentre.com.au

Fax 08 98 418 197

Phone 08 98 418 477

RSVP: Thursday 11th June, 2009

LAKE GRACE/PINGRUP FOOTBALL

Round 7 Lake Grace/Pingrup Vs Borden

Round 7 saw the battle of the bottom with the Bombers taking on the Magpies. With Lake Grace/Pingrup going in as labeled as favourites the Magpies came out flying dominating the 1st quarter making the house of pain look like the house of shame.

Things went from bad to worse in the 2nd quarter with sledgehammer Storer going down with an AC tear taking the gun full forward out of the game. This gave Borden a chance to extend their lead while the Bombers struggled to stay in the game. As the quarter progressed Tommahawk Dennis Gittos also went down with a shoulder injury.

This however ended up as a blessing in disguise with super coach Greg Pinney boldly pushing tomahawk Gittos to Full Forward. It seems Tommahawk Gittos has been playing out of position for the past 10 years, kicking his first goal within minutes of going forward.

In the second half the bombers pressed hard getting themselves back into the game with Lake Grace/Pingrups favourite son Chris the Workhorse Trevenen holding strong in defence along with the other 32 Trevenens playing for the bombers. Clint the Cat pounced on every opportunity within incredible pace out of the backline along with deadly Damon and Marcus the Preymantes working hard for the jumper.

In the end it wasn't enough, with the bombers going down unfortunately securing themselves at the bottom of the ladder. The team has had to look deep inside themselves this week and look to get their first win against Ongerup next weekend.

This will be a must win game for the team and we hope that our terrific supporters will make the trip down to watch us play.

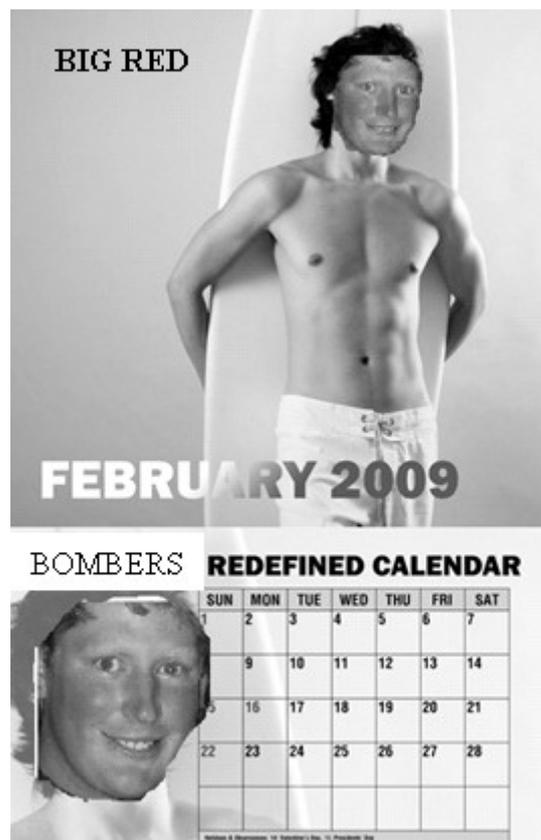
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Limited Edition

Lake Grace/Pingrup Bombers 2009

Calendar

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LAKE GRACE/PINGRUP FOOTBALL

Round 6

League Results:

Ongerup 18 goals 8 (116) defeated Newdegate 10 goals 15 (75)

Borden 18 goals 10 (118) defeated L-Grace/Pingrup 12 goals 12 (84)

Best: Marcus Trevenen, Damon Trevenen, Stevie Smith
Gnowangerup 12 goals 10 (82) defeated Kent 12 goals 8 (80)

Jerramungup 16 goals 19 (115) defeated Boxwood Hills 8 goals 4 (52)

Reserves Results:

Ongerup 16 goals 12 (108) defeated Newdegate 5 goals 2 (32)

L-Grace/Pingrup defeated Borden by forfeit

Gnowangerup 10 goals 19 (79) defeated Kent 10 goals 7 (67)

Boxwood Hills 15 goals 15 (105) defeated Jerramungup 4 goals 2 (26)

Junior Results:

Newdegate 16 goals 11 (107) defeated Ongerup 2 goals 3 (15)

L-Grace/Pingrup 8 goals 7 (55) defeated Borden 1 goal 3 (9)

Gnowangerup bye

Boxwood Hills 12 goals 12 (84) defeated Jerramungup 2 goals 3 (15)

Lake Grace D Grade Football Notes

Lake Grace Vs Borden

We had a general bye and then we played Borden at home. The boys were raring to go, all a bit rusty it the pre game warm up was anything to go by.

No Jock Harrington at fullback this week so Mitchell Smith got the nod and Brock Argent and Jack Downey gave us the numbers to lend two players to Borden.

The first quarter was a bit rusty with too many of our players sitting back in defense when we were trying to run the ball out. One player for Borden had a penetrating left foot and got a major on the board early. Towards the end of the quarter we started to get some more structure and got a reply goal.

A bit of steady instruction (I hope it sounded steady) at quarter time and our guys had the small breeze at their backs. Kicking the ball longer into the forward line proved a winner. Anything not taken as a mark was swooped on by Cent Amores who was playing a blinder, he even had his own cheer squad, great stuff!

The engine room in Angus Hunt, Jack Trevenen, Liam Baker and Peter Downey kept the forward pressure on and as a result we were three goals up at half time.

After a quick reminder about playing into the wind the boys were back on field after half time and steadily worked on another goal or two. A pleasing team effort was capped off with other two or three goals in the final quarter. We ran out winners roughly 8 goals to 1, I stand to be corrected in that one! Morton Boys Award went to Angus Hunt who started to create some run on and Cent Amores for an ----unrelenting attack on the ball.

D Grade Game Report

Lake Grace Vs Newdegate

Time got away from me last issue so I missed getting these match notes in, my apologies. We played Newdegate at home and as they

were down a couple of players, we lent them 2 each quarter. Newdegate didn't have any yr 7s but we know they play an attacking brand of football and don't give in, so we would have a game on our hands.

They didn't disappoint us with a strong start in the first quarter, getting numbers to the ball and kicking to space. Our backline was working overtime with jock Harrington and Travers Wright clearing the ball well. After a couple of forays toward respective goals, quarter time saw the scores virtually even with two goals something each.

After a quick pep talk our guys went out and kept up the defensive pressure, we have started to use the corridor in attack with a bit more effect and Liam Baker, Angus Hunt and Jack Trevenen all put the ball deep into the forward line. Joe Fonda and Ben Watson have been riding on confidence and getting more touch in recent games. At half time we had edges ahead scoring two goals to their one.

No real positional changes at half time, "If it ain't broke don't fix it", a bit more emphasis on talk and shielding our ball carrier and out they went again. The next two quarters were much the same as the first two – tight, tough and only a few scoring shots each. Our shots on goal were mainly from marks which resulted in better accuracy. Final score 8 goals something to 3 goals something (I think). Morton Boys Awards to full back Jock Harrington and rover Liam Baker.

Photo ID's

Do you need a photo for an ID pass, passport, library card or license?



The Telecentre are able to take and print your photos.

\$12 for a set of four (4)

D GRADE PLAYER PROFILES

NAME: Brady Carruthers
NICKNAME: Bradester
AGE: 10
FAVOURITE FOOD: Lasagna
PREFERRED POSITION: Half back flank
PREFERRED SIDE: Right hand/right foot
FAVOURITE TEAM: Geelong Cats
LOCAL IDOL: Luke Bairstow
AFL IDOL: Gary Ablott Jnr
GOAL: To become a well trained footballer.
COACHES COMMENT: Brady gives our team plenty of dash out of defence, he attacks the ball well and has a penetrating kick. Geelong Cays? Some fall by way! Dockers Brady, they're coming good soon I can just feel it.



NAME: Peter Downey
NICKNAME: Pav
AGE: 11
FAVOURITE FOOD: Silverside
PREFERRED POSITION: Ruck
PREFERRED SIDE: Right hand/right foot
FAVOURITE TEAM: Dockers (at last!)
LOCAL IDOL: Dennis Gittos (Hutchy)
AFL IDOL: Matthew Pavlis (Champ)
GOAL: Play at AFL level and be a key position player.
COACHES COMMENT: What a guy! He follows the Dockers (must have a strong heart). Idolises the great man (Pav) and even wears his jumper. All this and he actually likes the ruck position. Peter is a key part of game structure and is dangerous when lurking forward in the corridor. Ready everyone "Freo way to go, hit 'em real hard and send them down below....."



NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE
 LAKE GRACE TELECENTRE
 9865 1470

CLASSIFIEDS

PUBLIC NOTICES

Lake Grace Sportsman's Club

Will be holding a special meeting on
Friday 5th June
8pm start

The meeting will be held to discuss the Sportsman's Club application for a self supporting loan from the Lake Grace Shire to finance the new bowling green.

Come and have your say!

Volunteer Fire Brigade

Next meeting will be held on
 Wednesday 10th June.
 8pm start. All welcome.

Day Care

Due to low numbers on Tuesdays, daycare will close at 12 midday.

Hours of care on Tuesday will be from 8:30am through to midday.

This situation will be reviewed if there is an increase in interest.

WANTED

Work Wanted Lake Grace Area

MC License/ Heavy Machinery
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 Lyn 044 292 923

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The Kulin Lodge No. 160



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- 3 x Black and white females
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- 1 x light ashen grey female
- 1 x light ashen grey male
- 2 x dark grey females
- 1 x chocolate brown and white female

Call Ronni, Colin or Josh Joyce
 08 9864 6017
 0429 646 017

CWA Meeting

Next meeting will be held on Tuesday 9th June, 1.30pm. At the CWA building.
 All welcome.

Guitar Lessons Available

Beginners to intermediates
 Before or after school
 For more details
 Please phone Linda on 9865 1011

AVAILABLE

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Farm house for rent
 Phone 9865 4041.

The Lakes Link News is Lotterywest Supported!

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker <i>(President)</i>	9865 1241	9865 1921
Ian Chamberlain <i>(Vice President)</i>	9871 6001	9871 6035
Amanda Milton	9865 1960 0429 654 011	
Ollie Farrelly	9865 1180 0427 651 180	9865 1188
John Dunkeld	9871 2059	9871 2094
Jeanette de Landgraftt	9838 9062	9838 9041
Royce Taylor	9865 1507	9865 1320
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

CRISIS CARE NUMBERS

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Hospital	9890 2222
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	0427 441 459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mr Len Elliott	ph 9865 1137
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 0429 654 011

ANGLICAN CHURCH OF LAKE GRACE

Sunday 7th June

Lake Grace 9am

Sunday 14th June

Lake Grace 9am

Enquiries: Father Dave 0427 545 560
Terry Gladish 9865 1022

LAKE GRACE CATHOLIC CHURCH

Saturday 6th June

Hopetoun 6pm

Sunday 7th June

Ravensthorpe 8:30am

Kukerin (C/S) 9am

Lake King 10:30am

Lake Grace 6pm

Sunday 14th June

Kukerin 8am

Lake Grace 10am

For inquiries and request for home visitation, please contact the parish office on 9865 1248.

Watering Days in Lake Grace

Last digit of your lot or house number	Your two scheme watering days are:
1	Wednesday & Saturday
2	Thursday & Sunday
3	Friday & Monday
4	Saturday & Tuesday
5	Sunday & Wednesday
6	Monday & Thursday
7	Tuesday & Friday
8	Wednesday & Saturday
9	Thursday & Sunday
0	Friday & Monday

You may water only once either before 9am or after 6pm

COMMUNITY CALENDAR

June

<p>Fri 5 Fish & Chip Night - LGS Club Sportsman's Club Special Members meet'g Driving Assessor in Lake Grace</p> <p>Sat 6 Steak Night at Sportsman's Club Winter Sport - Ongerup vs L/G Pingrup Hockey - Lake Grace vs Bruce Rock Quairading Junior Golf Camp</p> <p>Sun 7 Junior golf - 9:30am Golf - Foursomes (SBM Tyres & Mech) Quairading Junior Golf Camp Netball coaching course at Gnowangerup</p> <p>Mon 8 Recycling Collected Gym Club Immunisation Clinic</p> <p>Tues 9 Physiotherapist HACC Chair Aerobics & Exercises HACC Foot Clinic Weight Watchers Pingrup/LG Junior Hockey Training Netball Training - 6-7:30pm Snr Football Training CWA Meeting Foot Clinic</p> <p>Wed 10 LG Hockey Club Training Junior Netball Training Fire Brigade Meeting</p> <p>Thur 11 Pizza Night at Rosies LG Playgroup - 9:30am—11:30am LG Toy Library - 9am—10am Pingrup/Lake Grace Hockey Training D Grade Football Training 3:30pm-5pm Netball Training - 6-7:30pm Auskick Training LGDHS Newsletter Snr Football Training</p> <p>Fri 12 Fish & Chip Night - LGS Club</p> <p>Sat 13 Steak Night at Sportsman's Club. Winter Sports - Kent vs L-Grace/Pingrup</p>	<p>Sun 14</p> <p>Mon 15</p> <p>Tue 16</p> <p>Wed 17</p> <p>Thur 18</p>	<p>Craft at CWA Hockey - Lake Grace vs Corrigin Junior Golf - 9:30am Golf - Stableford Swimability at Narrogin Gym Club Well Women's Clinic Physiotherapist Weight Watchers Netball Training - 6-7:30pm Pingrup/LG Junior Hockey Training Snr Football Training Art Group Meeting LG Hockey Club Training Junior Netball Training LG Playgroup - 9:30am—11:30am Pizza Night at Rosies Pingrup/Lake Grace Hockey Training D Grade Football Training 3:30pm-5pm Netball Training - 6-7:30pm</p>
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Coming Events

- June 21st - Netball over 30's carnival in Katanning*
- June 23rd - CWA Luncheon*
- June 24th - Community Consultation on Health Services in LG 7pm-8:30pm*
- June 25th - Community Consultation on Health Services in LG 10:30am—12 noon.*
- June 25th - LGDHS Winter Carnival*
- June 26th - LG Hospital Street Stall*
- August 9th - Under 17's Great Southern Junior Netball Carnival in Denmark*

5				7	8	3	6	
			2		3			
	3	8			5			2
9	6					1	5	
7				9				6
	2	1					3	7
3			5			7	1	
			3		4			
	9	5	6	1				3

Sudoku

- The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

	8					5	3	
			5	4				
5	9		8	3			4	
3		9				4	2	
7		4		2		8		5
	2	8				7		3
	3			7	4		5	2
				8	1			
	4	2					8	